

Common Faulty Feeding Practices Leading to Malnutrition

Malnutrition in children is a major concern, 47% children under 3 years are under weight, 33% of all babies born are low birth weight. Exclusive breastfeeding rates is only 19.4% at 6 months and 54.2% at 3 months only and 33% children are being provided timely complementary feeding. Following faulty feeding practices contribute to malnutrition.

- Late initiation of breastfeeding.
- Giving babies other fluid and milks before breastfeeding is initiated.
- Starting artificial feeding before six months.
- Early start of complementary feeding before six months
- Late introducing of complementary foods.

**Your work to improve feeding practices will help
reduce malnutrition in the country.**

Affix
stamp
here

To, National Coordinator
Breastfeeding Promotion Network of India (BPNI)
BP-33,
Pitampura,
Delhi 110 088

Infant and Young Child Feeding Update IV – Feedback form

Dear Friends,

Thank you for your continuous feed back which has being guiding us on the usefulness of the reading material in your education, training & clinical activities. We are also encouraged by your responses about usefulness of material, for your advocacy, policy & community outreach activities. We will request you to kindly continue sending us your suggestions for improvement.

Our next issues will be focusing on:

- Problems – Breast Conditions
- Feeding During Illness
- Nutrition of the young child & growth monitoring during the first two years
- Nutrition and care during pregnancy, adolescence and lactation
- Commercial versus homemade infant foods

Please fill free to advice send us your suggestions on the TOPICS of your interest in our next issues.

FEEDBACK FORM

Do we have the correct information for you? A large number of undelivered copies of the update come back to us. We want to have a correct list please send.

Name: _____ Title _____ Organization _____

Address: _____

City _____ State _____ Postal Code _____

Phone _____ Fax _____ Email _____

(city or area code) number

(city or area code) number

Questionnaire: Please take a minute to answer these questions. Thank you.

1. In your opinion what more could have been included in this update?

1. _____

2. _____

2. What solutions you suggest for 'Not Enough Milk' problem to your patients?

3. BPNI is planning to start a BPNI Certified Lactation Consultant (BCLC) programme through a distant learning (theory) and 5 days practical training course. Would you like to subscribe this course? ☐ Yes ☐ No

4. Would like to deliver lectures on appropriate infant and young child feeding in schools in your area for children of x-xii classes)? ☐ Yes ☐ No