

PHA-Exchange&gt; When the guardian devours the constitution

**Subject: PHA-Exchange> When the guardian devours the constitution****Date: Sat, 5 Oct 2002 08:10:16 +0530****From: "Mathura P Shrestha" <mathura@healthnet.org.np>****To: <Undisclosed-Recipient:@mailhost.healthnet.org.np;>**

Dear All

Nepal's constitution provided uniquely honorable place for the constitutional monarchy as the guardian of the constitution. When that honor and respect is misused the resulting misadventure will not only destroy the constitution but also the very fundamental tenets of democracy, human rights, trust of the people, and in fact the very justification (Auchityata) of monarchy. Nepal has returned to the stifling of democracy in 1905/51 (2008 BS) when the promised constitutional assembly and democratic processes were unconstitutionally buried. Recent undigestible and queries activities of foreign bigwigs in Nepal also indicate that there may be foul play to turn Nepal into another Sikkim in addition to the destruction of the constitution, democracy, political parties and leadership. In fact, long before this time many ass-lickers, revivalists, reactionaries, plotters and 'rakamis' were ganging up to destroy the constitution by calling it an un-reformable document and by juggling the words and letters in constitution to destroy the very spirit and tenets of the constitution. I was one of the 11 signatories as the ministers in the Interim government to put life to the present constitution. I want to remind my speech in a mass meeting in Open-air Theater in Tundikhel immediately after the signing ceremony - "The constitution is the best in SE Asia as far as human rights and people's democratic rights are concerned. But it is not a perfect document in can not be. As there are already some fallacies in it, can be called only a contract of compromise which may be appropriate for the time being. If the constitution is not put to the test constantly and reformed or changed with the needs and aspiration of the people it will remain only a scratch of paper. Unpragmatic and inflexible traits will kill the constitution".

That feared catastrophic event came unexpectedly though surprisingly yesterday. In such difficult time I appeal all to remain in solidarity and committed for human rights and democracy.

Regards,  
Mathura.

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RN  
7/10/02  
Jm.

RN  
8/10

TN → we must express  
our solidarity  
Jm 8/10

Bangladesh to head WHO for a year

**Subject: Bangladesh to head WHO for a year**

**Date:** Wed, 9 Oct 2002 15:41:41 +0600

**From:** "bala" <bala@haiap.org>

**To:** "Qasem Chowdhury" <gksavar@citechco.net>, "Zafrullah Chowdhury" <gk@citechco.net>, "Ravi Narayan" <sochara@vsnl.com>

Dear Friends,

We have the good news that Dr Khandaker Mosharraf Hossain, Health Minister Bangladesh will head the WHA forum from May 2003. This is a prestigious assignment. I wonder whether it will be possible for PHM to get an appointment with the Minister during our meeting in November.

This will be a courtesy call and we can make use of the opportunity for PHM to get a technical briefing session at the next WHA.

Please think about this and let me know.

Regards,

bala

---

Dr K Balasubramaniam  
Advisor and Co-ordinator  
Health Action International Asia - Pacific  
5, Frankfurt Place, Colombo 4, Sri Lanka  
Tel: (94 1) 554353  
Fax: (94 1) 554570  
E-mail: [bala@haiap.org](mailto:bala@haiap.org)

RM  
10/10/02  
RM

RM  
10/10



Subject: PHA-Exchange> UN Resolution

Date: Sat, 9 Nov 2002 08:59:08 +0530

From: "Mathura P Shrestha" <mathura@healthnet.org.np>

To: <"Undisclosed-Recipient:"@mailhost.healthnet.org.np;>

Dear All

With new UN resolution the threat of war remains as possible as ever. Some people are already talking of 'New Third World War' or 'New kind of war'. War rhetoric and threats are the worst kinds of pinches in the hearts and minds of people as these rob peace and freedom from them and make them subject to compulsions of inhuman dimensions. I hope that those responsible to make decisions on aggression will have senses and the war will never happen. But as the war affects all of us directly or indirectly to prevent war is also the problem of us all. We need to have solidarity to prevent it and I think that we all can act to prevent it. If nation states are not responsible the people in streets should take up the responsibility to prevent war by organized voices and demonstrations.

With regards,

Mathura P. Shrestha

President, Physicians for Social Responsibility, Nepal (PSRN).

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*RP*  
*11/11/02*  
*RP*

*RP*  
*11/11/02*

*RP*  
*11/11/02*

**Subject:** PHA-Exchange> Error in my yesterday's message - Alleged murderer was wardwd.

**Date:** Sat, 19 Oct 2002 07:54:40 +0530

**From:** "Mathura P Shrestha" <mathura@healthnet.org.np>

**To:** <Undisclosed-Recipient:@mailhost.healthnet.org.np;>

Dear All

In my yesterday's message, "Assault on Democracy" I inadvertently quoted CPJ as the source of information. The correct source id "Reporters Without Border". According to its published report the journalist Krishna Shen was murdered in Mahendra Police Club on May 28, 2002 after eight days of 'interrogation'. The body was then taken to Birendra Police Hospital where he was declared dead. The post mortem of an 'unidentified' body with height of 1.7M, 70 Kg, Mongolian built, and thin moustache conducted on 30 May, 2002 fitted well with that of Mr. Krishna Shen. The cause of death was two bullet wounds fired in close range. The perpetuer/ murderer was alleged to be Deputy Superintendent of Police, Mr. Bilram Thapa. The latter was awarded "Total Peace Award" for "bravery and exemplary duty". This can be called mockery to the concept of peace and justice.

Mathura.

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RN  
22/10/02  
Sri

PHA- Nepal

RN  
22/10



Subject: PHA-Exchange> Assault on Democracy in Nepal  
Date: Fri, 18 Oct 2002 20:24:05 +0530  
From: "Mathura P Shrestha" <mathura@healthnet.org.np>  
To: <Undisclosed-Recipient:@mailhost.healthnet.org.np;>

Dear All

To sad! Democracy in Nepal once again became a pray to a third degree coup. However democracy can not be subdued. Those who play nasty game against the people will find their own fate that will not be rectified even by repentance.

Two more bad news:

A police officer who murdered one imminent journalist of Nepal in police custody (According to CPJ) was awarded. Belgium still intends to sell arms to a government which is neither elected (or constitutional) nor democratic.

Regards,  
Mathura.

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RW  
22/10/02  
Sm

RW  
22/10

PHA-Nepal

HA-Exchange> Present take over - is it...between the government and the Maoists?

**Subject: PHA-Exchange> Present take over - is it a dead end for the possible dialogue between the government and the Maoists?**

**Date: Sun, 27 Oct 2002 19:53:06 +0530**

**From: "Mathura P Shrestha" <mathura@healthnet.org.np>**

**To: <"Undisclosed-Recipient:"@mailhost.healthnet.org.np;>**

Dear All

Although there are news and news about the possibility of dialogue I am not so optimistic. Excluding the political process and the constitution can any one hope for the dialogue for peace? Even if there is a dialogue the question of how and for what will remain unanswered. Will the other political parties participate or remain aloof? What will be the constitutionality of the process if the very constitutionality of the present picked up government is questioned? What will be the credibility if the people have to loose the gains of 1990 movement? Is it going to be dialogue for the shake of dialogue? Unless the major parties would participate and unless a new elected government is established the perspective of successful dialogue will remain a distant hope. Both options appear not possible. The first because of the obstinacy of royal palace and second the free and fair election will remain impossible without the consent of Maoists.

Mathura

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RM  
29/10/02  
sm

PHM Nepal →

RS  
29/10



**Subject: PHA-Exchange> Solidarity against war-mongers and prescribers of death**

**Date: Sat, 26 Oct 2002 20:31:45 +0530**

**From: "Mathura P Shrestha" <mathura@healthnet.org.np>**

**To: <Undisclosed-Recipient:@mailhost.healthnet.org.np;>**

**Dear All**

I shall be out of Kathmandu to visit Terai of Eastern and Central Region for Nepal Human Rights Action Plan workshop from October to November 2. 2002. Kindly circulate following messages:

The world is once again at the brink of a major escalated or trans-national war. Overwhelming majority in all countries does not approve the war in Iraq or any other war. It is beyond common sense of any thinking human to comprehend or digest the purpose of the threatened war, let alone justify that.

War has always brought untold misery in terms of loss of life, disability, environmental destruction and catastrophe of all sorts. It is especially true of modern, high-tech war. War destroys and buries civilizations, and force the surviving generation to start anew.

Free without wars people and world would have done better and solved almost all human problems. With the obvious freedom from fear many diseases, psychological and social problems would have existed in this world. People and countries would have squandered resources on arms or preparation for war. Military expenditure if diverted no one would have experienced poverty and hunger. People all over the world hoped and dreamt with the twenty-first century that all sorts of wars and related ills like violence, subjugation, exploitation would eventually outdated and outlawed, and relation between the peoples and countries would be based upon love and mutual respect. In stead, strong nations are all out to destroy that hope and dream.

I think that we the people all over that should not remain indifferent or resigned. It is our problem first and we should have united and organized voice to solve this problem. We can solve the problem if we are really determined. Our solidarity would certainly discourage those in the business of war preparations and war rhetoric.

**To all suicide bombers or would-be ones,**

To be ready even to die for the benefit of all is glorious. But to die to kill and destroy others, especially the innocent civilians and human gains is nonsense, ignominious generating extreme aversion among all who could think. Do not shame yourself and human conscience by destroying yourself to destroy others or to bring about terror and atrocities. In Nepal we call the tendency to kill oneself to kill others is to mortgage one's own conscience to the stupid. I hope that people would no longer be susceptible to such nasty mind-set.

Self-emulation in Vietnam in 60s was effective to force the public opinion in US to become sensitive to reason, peace and non-aggression. That emulation did not bring about death of others or atrocities. Even that episode was unfortunate and non-justifiable. With a greater faith on the solidarity of the people in the world would be as much effective.

In Nepal too, about a hundred years ago, the great first revolutionary Guru, Lady Yog Maya, jumped over the swirling river with a slogan, "It is a shame to become subject in a country ruled by despots who force injustices -slavery, inequality and untauchability". Although she advised her followers not to imitate her sacrifice 63 of her followers including her doughtier jumped. All except one died. The survived one (female) continued to live for 90 plus years but as deranged person. That episode although remembered by many as heroic deeds only helped the same despots to rule longer against which she sacrificed and the rulers continued their rule with greater cruelty living the people further terrified and helpless.

In this context we strongly condemn the Chechen rebels taking hostage of innocent people in Moscow. Shame to those terrorists and deepest sympathy to the innocent victims.

Sincerely,

Professor Mathura P. Shrestha,  
President, Physicians for Social Responsibility, Nepal; and  
Chairperson, People's Health National Coordination Committee, Nepal.

*PM*  
*20/10/02*



**Subject: Re: PHA-Exchange> When the guardian devours the constitution**

**Date: Fri, 11 Oct 2002 18:15:31 +0530**

**From: Community Health Cell <sochara@vsnl.com>**

**To: Mathura P Shrestha <mathura@healthnet.org.np>**

Dear Mathuraji,

This is to express our concern and solidarity with you all in the time of constitutional crisis in Nepal and the stifling of democracy. We are with you in your own efforts to recommit Nepal to democracy and Human Rights. In Hyderabad in January 2003(3-6th). We are all involved in the Asian Social Forum which will have a series of workshops and meetings. If you and others can join the ASF event it will be an opportunity to discuss the Nepal situation and think of collective support initiatives. Also there would be an occasion to share all that is happening in Asia after PHM - Dhaka - December 2000. Also we plan a small group brainstorming on 25 years after Alma Ata (anniversary) at ASF if many of the pioneers like you and others can make it.

In solidarity,

Ravi Narayan  
CHC / PHM

Mathura P Shrestha wrote:

> Dear All  
> Nepal's constitution provided uniquely honorable place for the  
> constitutional monarchy as the guardian of the constitution. When that honor  
> and respect is misused the resulting misadventure will not only destroy the  
> constitution but also the very fundamental tenets of democracy, human  
> rights, trust of the people, and in fact the very justification (Auchityata)  
> of monarchy. Nepal has returned to the stifling of democracy in 1950/51  
> (2008 BS) when the promised constitutional assembly and democratic processes  
> were unconstitutionally buried. Recent undigestible and queries activities  
> of foreign bigwigs in Nepal also indicate that there may be foul play to  
> turn Nepal into another Sikkim in addition to the destruction of the  
> constitution, democracy, political parties and leadership. In fact, long  
> before this time many ass-lickers, revivalists, reactionaries, plotters and  
> 'rakamis' were ganging up to destroy the constitution by calling it an  
> unreformable document and by juggling the words and letters in constitution  
> to destroy the very spirit and tenets of the constitution. I was one of the  
> 11 signatories as the ministers in the interim government to put life to the  
> present constitution. I want to remind my speech in a mass meeting in  
> Open-air Theater in Tundikhel immediately after the signing ceremony - "The  
> constitution is the best in SE Asia as far as human rights and people's  
> democratic rights are concerned. But it is not a perfect document in can not  
> be. As there are already some fallacies in it, can be called only a  
> contract of compromise which may be appropriate for the time being. If the  
> constitution is not put to the test constantly and reformed or changed with  
> the needs and aspiration of the people it will remain only a scratch of  
> paper. Unpragmatic and inflexible traits will kill the constitution".  
>  
> That feared catastrophic event came unexpectedly though surprisingly  
> yesterday. In such difficult time I appeal all to remain in solidarity and  
> committed for human rights and democracy.  
> Regards,

PHM Nepal →

RN  
16/10



**Subject:** ASF 2003

**Date:** Tue, 14 Jan 2003 09:47:30 +0530

**From:** Community Health Cell <sochara@vsnl.com>

**To:** Mathura P Shrestha <mathura@healthnet.org.np>

Dear Mathuraji,

Greetings from Community Health Cell!

We missed you at the ASF but hope we will get a chance to meet at some other opportunity soon. There was a large number of students from Nepal and also a strong dalit / indigenous people contingent. Your paper was not received but please do send it even now since we will distribute it to all these who attended the PHM health workshop particularly the one on war, disaster and conflict. In solidarity with your struggles to reestablish democracy and pro human rights environment in your country.

Best wishes,

Ravi Narayan  
Coordinator,  
PHM Secretariat,  
CHC, India

PHM Nepal →





RN  
14/1/03



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**From:** Community Health Cell <sochara@vsnl.com> [Add to Address Book](#)  
**To:** narayantravel@rediffmail.com  
**Subject:** [Fwd: ASF - JSA]  
**Date:** Thu, 02 Jan 2003 11:17:47 IST

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P

I shall send my paper on 'Conflict transformation in Nepal's context', although I will not be able to attend.. Please distribute the paper to the Forum participants. Mathura.

*RN*  
*3/12*

13/1/03

Dear Mathuraj,

We missed you at the ASF but hope we will get a chance to meet at some other opportunity soon. There was a large number of students from Nepal and also a strong delit/indigenous people contingent. Your paper was not received but please do send it even how since we will distribute it to all those who attended the PHM health workshop particularly the one on war, Disaster and Conflict. In solidarity with your struggles to reestablish democracy and pro human rights environment in your country.  
 Best wishes

*sent*  
*14/1/03*  
*RN*

*Ravi Narayan*  
*Coordinator*  
*PHM Secretariat, CHC, India*



PHM Secretariat

From: PHM Secretariat <phmsec@touchtelindia.net>  
 To: Mathura P Shrestha <mathura@healthnet.org.np>  
 Sent: Thursday, April 17, 2003 7:02 PM  
 Subject: Re: PHA-Exchange> Baghdad diaries Belgian doctors

Dear Mathuraji,

Greetings from People's Health Movement Secretariat at CHC, Bangalore!

We have been getting all your mails including the last one to Dr. Belder. In spite of your deep involvement in the Democracy movement, which is so crucial to "Health of Nepal", how is PHM progressing in Nepal and what are your plans for the Alma Ata Anniversary year? As the new coordinator of the PHM Global Secretariat, are there any ways that I can support you in your plans and initiatives? I have just returned from Sri Lanka after attending their PHM public meetings on 9<sup>th</sup> April (for WHO day) and also had discussions on a PHM Resource Center they want to set up for Sri Lanka. We are all using the strategic opportunity of the next World Health Assembly in Geneva (starting from 19<sup>th</sup> May) to organize a PHM Geneva event on 16<sup>th</sup> and 17<sup>th</sup> of May at World Council of Churches. Have you received the communications? Can one person from PHM - Nepal attend? Since you are so busy, can you depute someone who can report on PHM - Nepal and the Nepal situation? Let me know soon since I will have to try and raise some travel support unless you can find a local sponsor or some funds yourself to cover the travel. With World Social Forum moving to Mumbai in January 2004, we must keep closer in touch to ensure your presence there. We met many Nepali groups in Hyderabad at the ASF in January 2003, who knew you well!

With best wishes,

Ravi Narayan  
 Coordinator, People's Health Movement Secretariat(global)  
 CHC-Bangalore  
 367 "Srinivasa Nilaya"  
 Jakkasandra 1st Main, I Block Koramangala  
 Bangalore-560034

Join the "Health for all, NOW" campaign in the 25th anniversary year of the Alma Ata declaration visit [www.TheMillionSignatureCampaign.org](http://www.TheMillionSignatureCampaign.org)

PHM-Nepal

Ravi  
 2/14

----- Original Message -----

From: Mathura P Shrestha

To: Bert De Belder

Cc: Thomas Achard ; Dr Svetlana Akimova (PhD) ; PHECT ; WORT-FM Community Radio ; anna dehavenon ; David E. Kapell ; Prof. Arun and Jamuna Sayami ; Dr. Upendra Devkota ; Dr. Bhogendra Sharma ; Ian Harper ; bosti@civict.org.np ; gael@mos.com.np ; SBeach@cpj.org ; Manasarowar ; Bert De Belder ; Dr. Mahesh Maskey ; mdesche@emory.edu ; gk@citechco.net ; Stephen Mikesell ; paras mani ; Stephen Bezruchka ; South-South Solidarity ; VHA1 ; kmenon@cpj.org

Sent: Tuesday, April 08, 2003 6:39 AM

Subject: Re: PHA-Exchange> Baghdad diaries Belgian doctors

4/21/03







PHM Secretariat

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From: PHM Secretariat <phmsec@icuchtelindia.net>  
To: Mathura P Shrestha <mathura@healthnet.org.np>  
Sent: Tuesday, May 27, 2003 5:00 PM  
Subject: Re: PHA-Exchange> Civil action for democracy and retrogression

Dear Mathuraji,

Greetings from People's Health Movement Secretariat (Global) at CHC, Bangalore!

We missed you at the PHM Geneva meetings and the World Health Assembly – where 75 PHM delegates from 32 countries participated. We hope you can join us at the World Social Forum in Mumbai, January 2004 and at the next People's Health Assembly at Porto Alegre, Brazil in July 2004. We are in complete solidarity with your pro-democracy and pro-peace efforts and we hope you and your campaign colleagues can join us at one or both of these events so that we can express our solidarity with all your significant efforts. Please send us names and emails of all those of your colleagues who should be put on PHM – mail and PHM Exchange so that they are in touch with PHM initiatives and events

in solidarity,

Ravi Narayan  
Coordinator, People's Health Movement Secretariat(global)  
CHC-Bangalore  
#367 "Srinivasa Nilaya"  
Jakkasandra 1st Main, I Block Koramangala  
Bangalore-560034

27/5/03

Join the "Health for all, NOW" campaign in the 25th anniversary year of the Alma Ata Declaration visit [www.TheMillionSignatureCampaign.org](http://www.TheMillionSignatureCampaign.org)

----- Original Message -----

From: Mathura P Shrestha  
To: [John Loretz](mailto:John.Loretz@psr.org) ; [Andy Kanter](mailto:Andy.Kanter@psr.org) ; [response@psr.org](mailto:response@psr.org) ; [Shyam Teegla](mailto:Shyam.Teegla@idpd2001@yahoo.com) ; [idpd2001@yahoo.com](mailto:idpd2001@yahoo.com) ; [Tipu Sultan](mailto:Tipu.Sultan@communityeducationcentre.org) ; [Dr. Kurve](mailto:Dr.Kurve@communityeducationcentre.org) ; [Community Education Centre](mailto:Community Education Centre)  
Sent: Wednesday, May 21, 2003 3:07 PM  
Subject: PHA-Exchange> Civil action for democracy and retrogression

Dear All

NGO Federation of Nepal having more than 2200 NGOs and CBOs as its affiliates/members and 17 Human Rights organizations of Nepal participated today at the interaction program in NGO Federation building, Kathmandu on the social roles of civil societies on the monitoring of human rights violation, monitoring of peace process and dialogue including follow-ups on code of conducts, and our response to the United Peoples Movement for democracy, progress, human rights and against political retrogression. The consensus was developed on the following aspects:

1. The principle role of the civil societies and human rights activists is to present ourselves before the people as conscience keepers and watchdogs to defend democracy, civil rights and social justice.
2. To take people's movement and peace dialogue as aspects of same purpose. We must expose and counter the hidden ploys of unauthorized elements not related to dialogue but up to foil the outcomes of dialogue and peace.
3. People should be empowered to be concerned about and to direct the people's movement against retrogression reaction, for peace and for progressive sociopolitical changes.



PHM Secretariat

From: Mathura P Shrestha <mathura@healthnet.org.np>  
 To: John Loretz <jloretz@ippnw.org>; Andy Kanter <AKanter@imo-online.com>;  
 <response@psr.org>; Shyam Teegia <mohansn23@yahoo.com>; <idpd2001@yahoo.com>;  
 Tipu Sultan <stsultan@hotmail.com>; Dr. Kurve <lipdep@nagpur.dot.net.in>; Community  
 Education Centre <cec@sltnet.lk>  
 Sent: Wednesday, May 21, 2003 3:07 PM  
 Subject: PHA-Exchange> Civil action for democracy and retrogression

Dear All

NGO Federation of Nepal having more than 2200 NGOs and CBOs as its affiliates/members and 17 Human Rights organizations of Nepal participated today at the interaction program in NGO Federation building, Kathmandu on the social roles of civil societies on the monitoring of human rights violation, monitoring of peace process and dialogue including follow-ups on code of conducts, and our response to the United Peoples Movement for democracy, progress, human rights and against political retrogression. The consensus was developed on the following aspects:

1. The principle role of the civil societies and human rights activists is to present ourselves before the people as conscience keepers and watchdogs to defend democracy, civil rights and social justice.
2. To take people's movement and peace dialogue as aspects of same purpose. We must expose and counter the hidden ploys of unauthorized elements not related to dialogue but up to foil the outcomes of dialogue and peace.
3. People should be empowered to be concerned about and to direct the people's movement against retrogression/reaction, for peace and for progressive sociopolitical changes.

Following decisions were made unanimously:

1. To condemn the Royal decree of October 4, 2002 as unconstitutional, illegal and reactionary.
2. Full support to the peace dialogue and discourage breakdown by any.
3. To monitor the dialogue for successful outcomes/ conflict transformation and resolution.
4. To integrate struggle for peace and united peoples' movement for democracy, peace, human rights, progress and against retrogression.
5. To search actively the progressive resolution of the present crisis.

The group also decided to organize a mass hunger strike and peaceful, silent demonstration tomorrow (22 May, 2003) from 2.00-5.00PM in front of Democracy Wall (The place will be known as Democracy Avenue hereafter and as Rama park). This will be followed by a peaceful rally around the Tundikhel. Following 6 slogans were approved for the demonstration and rally by the group.

1. YES TO DEMOCRACY; NO TO TYRANNY ( or DEMOCRACY YES. AUTOCRACY NO.
2. DOWN WITH RETROGRESSION; WE ARE IN SOLIDARITY WITH THE UNITED PEOPLES' MOVEMENT.
3. NO TO THOSE WHO INTEND TO FOIL PEACE DIALOGUE; NO MORE WAR.
4. WE ARE COMMITTED TO DEMOCRACY, HUMAN RIGHTS AND SOVEREIGN RIGHT OF THE PEOPLE.



- 5. OBSERVE CODE OF CONDUCTS BY SPIRIT AND LETTERS.
- 6. SUPPORT PEOPLE'S CAMPAIGN FOR CIVIC SOLUTION.

The above version is translated (by me) from the Nepali.

Please disseminate this. All are requested to participate in tomorrow's demonstration and rally

With regards  
Mathura P. Shrestha

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DGS - Was this sent to Claudio?

RN  
26/5/03

Loul  
27/5/03

Dear Mathuraj,

We missed you at the PHM Geneva meetings and the World Health Assembly - where 75 PHM delegates from 32 countries participated. We hope you can join us at the World Social Forum in Mumbai, Jan 2004 and at the next Peoples Health Assembly at Porto Alegre Brazil in July 2004. We are in complete solidarity with your pro-democracy and pro-peace efforts and we hope you and your campaign colleagues can join us at one or both of these events so that we can express our solidarity with all your significant efforts. Please send us names and emails of all those of your colleagues who should be put on PHM-mail and PHM exchange so that they are in touch with PHM initiatives and events.

In solidarity  
 Roni Nurgan, Coordinator, PHM secretariat (Global)



PHM Secretariat

From: PHM Secretariat <phmsec@tuchelindia.net>  
 To: Mathura P Shrestha <mathura@healthnet.org.np>  
 Sent: Friday, August 01, 2003 4:32 PM  
 Subject: Re: PHA-Exchange> We are committed to rescue ceasefire and dialogue processes in Nepal

Dear Mathuraj,

Greetings from PHM Secretariat (Global)!

Our solidarity is with you in this time of great crisis in Nepal. We also hope that the United Movement for Democracy will be effective soon leading to restoration of democracy and constitutional processes. We just concluded PHM - India meeting and Zafrullah (Bangladesh) and Bala (Sri Lanka) joined us in a spirit of South Asian Solidarity. Nepal is in our thoughts. Hope you can join the International Health Forum - VSP - Mumbai on 14<sup>th</sup> / 15<sup>th</sup> January 2004. Perhaps we can have a session on Democracy and Health for All - where a Nepal experience / case study can be presented for us to understand the links.

In solidarity,

Ravi Narayan  
 Coordinator, People's Health Movement Secretariat(global)  
 CHC-Bangalore  
 #367 "Srinivasa Nilaya"  
 Jakkasandra 1st Main, 1 Block Koramangala  
 Bangalore-560034  
 Join the "Health for all, NOW" campaign in the 25th anniversary year of the Alma Ata  
 declaration visit [www.TheMillionSignatureCampaign.org](http://www.TheMillionSignatureCampaign.org)

PHM-Nepal

RN  
 5/8/03

----- Original Message -----

From: Mathura P Shrestha  
 To: <mailto:Undisclosed-Recipient@mailhost.healthnet.org.np>  
 Sent: Tuesday, July 22, 2003 8:27 AM  
 Subject: PHA-Exchange> We are committed to rescue ceasefire and dialogue processes in Nepal

Dear All

Political situation in Nepal has taken a dangerous turn. There is an eminent threat of breakdown of ceasefire. Military and the government agents provoked too much and too many times often out of the way and out of common sense. Maoists too have provoked quite often though much less compared to the so called government (not democratic or constitutional) initiated misadventures. Chauvinists in the government don't have wisdom, ability or capacity to fight off Maoists but they probably tend to bank on the 'gun money', foreign military aid or loans as any corrupt henchmen in ruling class do in any part of turbulent world. Human rights groups are still optimistic to save the dialogue process are becoming active to press the 'government', security personnel and Maoists to restrain, save the ceasefire, to productively engage in dialogue and be honest in their commitment to previously agreed agenda and codes of conduct.

We also hope that the current United Movement for Democracy will be effective very soon leading to the restoration of democracy and constitutional processes, both of which is hijacked by the revivalist reaction in the palace. The current movement will provide direction and solution, hope and aspiration in the current turmoil brought about by suppression of democratic and constitution processes illegally, unconstitutionally and dishonestly. I hope that the United Parties in the movement and the Maoists will solve their differences and join hands to intensify the movement to oust the regression to reinstate normalcy in democratic terms and to realize people's sovereign power. Dialogue between government out of parliamentary process and the Maoists will lead to realistic and effective resolution of present conflict.

With regards



PHM Secretariat

From: Mathura P Shrestha <mathura@healthnet.org.np>  
To: <Undisclosed-Recipient@mailhost.healthnet.org.np>  
Sent: Tuesday, July 22, 2003 8:27 AM  
Subject: PHA-Exchange> We are committed to rescue ceasefire and dialogue processes in Nepal

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With regards  
Mathura P. Shrestha.

PHA-Exchange is hosted on Kabissa - Space for change in Africa  
To post, write to: PHA-Exchange@lists.kabissa.org  
Website: http://lists.kabissa.org/mailman/listinfo/pha-exchange

*New  
1/8/03*

*International Health Forum  
at WSF - Mumbai on 14/15  
January. Perhaps we can have  
a session on Democracy and  
Health for All - where a Nepal  
experience/case study can  
be presented for us to  
understand the links.  
In solidarity  
Raj Narayan  
coord. PHM sec  
Global*

*RM  
24/7/03*

*PHM - Nepal*

Dear Mathuraji: Our <sup>PHM</sup> Solidarity is with you in this time of grave crisis in Nepal. We also hope that the United Movement for Democracy will be effective soon leading to restoration of democracy and constitutional processes. We just concluded our PHM India meeting and Zafarullah (Bangladesh) and Balu (Sri Lanka) joined us in a spirit of South Asian Solidarity. Nepal is in our thoughts. Hope you can join the



**PHM Secretariat**

**From:** PHM Secretariat <phmsec@touchtelindia.net>  
**To:** Sanjeeb Sapkota <sapkota@messi.uku.fi>  
**Sent:** Thursday, August 14, 2003 6:28 PM  
**Subject:** From PHM Secretariat

Dear Sanjeeb,

Greetings from PHM Secretariat (Global)!

Double congratulations on completing your MPH and being accepted for Epidemiology training in CDC.

You can visit the CHC website [www.sochara.org](http://www.sochara.org) and the PHM website [www.phmovement.org](http://www.phmovement.org) to get an update on all our activities. Since April 2003, I am full time coordinator of the PHM Global Secretariat, which moved from GK Savar, Bangladesh to CHC, Bangalore in January 2003. Dr. Qasem (GK) and I were coordinators for 3 months and then I took over fully.

Since April 2003, CHC has also started a new Community Health Fellowship scheme whereby 4 undergraduates and 2 postgraduates can spend 6 months and one year respectively with CHC gaining skills / capacity in Community Health. It's a month each at the beginning and the end with CHC and rest of the time with one of the NGO involved with CHC in the scheme (for field level experience). If you had not joined CDC, you could have considered joining me for a year as Technical Officer of PHM Secretariat to help me organize the International Health Forum (14<sup>th</sup> / 15<sup>th</sup> January 2004) at Mumbai and the second People's Health Assembly at Porto Alegre, Brazil in July 2004.

However while you are in the USA, you can be an active member of PHM – USA and their circles. Zafrullah, Thelma and I spent 3-weeks in USA at the request of PHM – USA, visiting 10 cities and 6 universities, giving formal / informal sessions on PHM and the Charter. PHM – USA has now picked up. Get in touch with Sarah Shannon of Hesperian Foundation ([sarahs@hesperian.org](mailto:sarahs@hesperian.org)) for details.

We look forward to keeping in touch with you and perhaps see you in Mumbai and or Porto Alegre. Will you be visiting Nepal before that? Are you in touch with IFMSA? We lost contact after the Geneva meeting in 2002. But I believe there has been a change again. Please put us in touch with them so that I can plan workshops with IFMSA at Mumbai and Porto Alegre. Will you help? Do respond soon.

Best wishes from both of us and the PHM Secretariat team,

Ravi Narayan  
 Coordinator, People's Health Movement Secretariat(global)  
 CHC-Bangalore  
 #367 "Srinivasa Nilaya"  
 Jakkasandra 1st Main, 1 Block Koramangala  
 Bangalore-560034  
 Join the "Health for all, NOW" campaign in the 25th anniversary year of the Alma Ata declaration visit [www.TheMillionSignatureCampaign.org](http://www.TheMillionSignatureCampaign.org)

PHM-USA / (Nepal) (IFMSA) <sup>Also</sup>

RN  
 18/8/03



Main Identity

From: <sapkota@messi.uku.fi>  
To: "Community Health Cell" <sochara@vsnl.com>  
Sent: Sunday, August 10, 2003 7:27 PM  
Subject: Regards from Atlanta

Dear Dr. Ravi and Dr. Thelma.  
I hope this message finds you well. Let me start with the good news that I have been accepted for two years training programme in epidemiology in CDC, Atlanta. With this training I hope to be a good epidemiologist. I have recently completed my MPH from University of Kuopio, Finland. I would soon send you my new address. I wish to be updated of activities of community cell and also PHM. Kind regards, Sanjeeb

(D)

We look forward to keeping in touch with you and perhaps see you in Mumbai end or Porto Alegre. Will you be visiting Nepal before that? Are you in touch with IFMSA? We lost contact after a US student visit over - But I believe there has been a change after a US student of Mumbai end. Please put I can plan workshops with IFMSA or Mumbai end. Please put will you help? Do respond soon.  
Best wishes from both Ravi and Thelma  
PHM sec

13/8/03  
Dear Sanjeeb  
Double Congratulations on completing your MPH and being accepted for Epidemiology training in CDC. You can visit the CHC website www.sochara.org and the PHM website phmovement.org to get an update on all our activities. Since April 2003 I am full time coordinator of the PHM Global Secretariat which moved from GK Saver, Bangladesh to CHC Bangalore in Jun 2003. Ravi and I were coordinators for 3 months and then I took over fully. Since April 2003, CHC has also started a new Community Health Fellowship Scheme whereby 4 undergraduates and 2 post-graduates can spend 6 months and one year respectively with CHC gaining skills/capacity in CH. It's a month at the beginning and the end with CHC and rest of the time with one of the NGOs involved with CHC in the scheme (for field level experience). If you had not joined CDC I would have invited you to join me for 2 years as

Technical officer of PHM Secretariat to help me organize the International Health Forum (14/15<sup>th</sup> Jan 2004) at Mumbai and the Second Peoples Health Assembly at Porto-Alegre Brazil in July 2004. However while you are in the USA you can be an active member of PHM USA and then circles. Zofarullah, Thelma and I spent 3 weeks in USA at the request of PHM-USA visiting to cities and 6 universities giving formal/informal sessions on PHM and the charter. PHM-USA has now picked up GK in touch with Sarah Shannon of Hesperian Foundation for details (email of Sarah)



PHM Secretariat

From: Mathura P. Jurestina <mathura@healthnet.org.np>  
To: PHM Secretariat <phmse@touchtelindia.net>  
Sent: Saturday, August 30, 2003 12:54 PM  
Subject: Re: PHA Exchange> ROUND TABLE CONFERENCE ON CONFLICT TRANSFORMATION - PEOPLES' AGENDA

Dear Ravi Narayan,  
Thanks for your response and for your excellent article "1. Why Alma Ata Anniversary. We are also arranging an interaction on the occasion of 25th Anniversary of Alma Ata in collaboration with RBCPHET. We will circulate your paper. If you complete other series please send to us.  
Regards  
Mathura

119103 for

PHM - Nepal

RJ  
119103



## PHM Secretariat

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From: PHM Secretariat <phmsec@touchtelindia.net>  
 To: Mathura P Shrestha <mathura@healthnet.org.np>  
 Sent: Thursday, August 28, 2003 3:20 PM  
 Subject: Re: PHA Exchange> ROUND TABLE CONFERENCE ON CONFLICT TRANSFORMATION - PEOPLES' AGENDA

Dear Mathuraji and Dr. Arjun Karki

This communication comes from the People's Health Movement Global Secretariat (Bangalore - India) in solidarity with your efforts on Conflict Transformation and the People's Agenda.

We are all looking forward to hearing about the Round Table Conference and the timetable for Peace Process and Conflict Transformation that you would have proposed after it.

The objectives of the round table are very inspiring and all of us in PHM are in full solidarity with it.

"To save the peace process, to pressure the conflicting parties to continue dialogue and to conclude peace process with conflict transformation addressing root causes of conflict, social violence and social inequity and injustice, and by bringing about socio-economic and political transformation with which the people of Nepal could be assured of their sovereign rights to assert their rights and to prevent despotism, autocracy and violation of human rights"

May your courageous efforts bear fruit. Please do join us at the International Health Forum, 14<sup>th</sup> - 15<sup>th</sup> January 2004 and the World Social Forum, 16<sup>th</sup> - 21<sup>st</sup> January 2004, in Mumbai, where we all could hear about your concerns, your efforts and express global solidarity with it.

In solidarity,

Kavi Narayan  
 Coordinator, People's Health Movement Secretariat(global)  
 CHC-Bangalore  
 #367 "Srinivasa Nilaya"  
 Jakkasandra 1st Main, 1 Block Koramangala  
 Bangalore-560034  
 Join the "Health for all, NOW" campaign in the 25th anniversary year of the Alma Ata declaration visit [www.TheMillionSignatureCampaign.org](http://www.TheMillionSignatureCampaign.org)

PHM-Nepal

RN  
 29/8/03

----- Original Message -----

From: Mathura P Shrestha  
 To: Saro, Dhital, Prof. Arun and Jarnuna Savami, paras mani, Manasarower, Hugh Moffatt, Gale Robertson, Dr. Upendra Devkota, Dr. Sharad Onta, Dr. Mahesh Maskey, Dr. Svetlana Akimova (PhD), Bharat Pradhan, Bai Krishna Thapa, Arun Dixit, WOREC, Shanti Adhikari, RRN, Rev. Ananda, Public Interest Law Firm, Padma Ratna, Nepal Medical Association, KUMS, komal, Khagendra Sangroula, Kamal Krishna Joshi, Interaction, INSEC, INHURED/HimRights, Ganga Kasaju, Federation of Nepalese Journalists, Facilitators, Dr. Hemang Dixit, CWIN, CVICT, B Kalyan Parauli, Anil Bhattarai, recohec, Neenu Chapagain, Kalyan Dev Bhattarai, Hari Phuyal, Daman Nath Dhungana, Alliance for HR and SJ  
 Cc: Thomas Achard, Anil Bhattarai, PHANetwork, ashok gurung, Lucia de Vries, WORT-FM, Community Radio, anita devasayan, David E. Kappel, Avamika Regmi, Arun Mitra, Nick Killick, Community Education Centre, Kamrul Hasan Khan, Peace Trust, Kavita Menon, Michiko Ito, Mari Suzuki, Sophie Beach, Ian Harroer, Edeline de la Paz, Iphita (ITE), Dr. Kurve, anjana mangalagiri, Bert De Belder, Mary Des Chene, gk, Stephen Mikosell, Stephen Bezruczka, DBanerjee, Judith Patigrew, South-South Solidarity, sirno, Feyzi Ismail, VHAJ, Ziauddin Tariq Ali  
 Sent: Friday, August 22, 2003 8:08 PM



PHM Secretariat

From: Claudio <awira@netnam.vn>  
To: pha-exch <pha-exchange@kabissa.org>  
Sent: Tuesday, August 26, 2003 9:28 AM  
Subject: PHA-Exchange> CONFLICT -PEOPLES' AGENDA IN NEPAL

From: "Gik" <gik@citechco.net>  
To: "Mathura P Shrestha" <mathura@healthnet.org.np>; Subject: Re: YOUR ROUND TABLE CONFERENCE ON CONFLICT TRANSFORMATION -PEOPLES' AGENDA

- > Dear Mathura,
- > Keep up the hard struggle-this is an uphill task. I am sure you all will
- on the battle for democracy, not a fake democracy but real democracy for the people.
- > Best wishes,
- > Zafullah

PHA-Exchange is hosted on Kabissa - Space for change in Africa  
To post, write to: [PHA-Exchange@lists.kabissa.org](mailto:PHA-Exchange@lists.kabissa.org)  
Website: <http://lists.kabissa.org/mailman/listinfo/pha-exchange>

RN  
26/8/03 Jm

PHM - Nepal

Was this on exchange?

RN  
26/8





**PHM Secretariat**

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**From:** Mathura P Shrestha <mathura@HEALTHNET.ORG.NP>  
**To:** <Undisclosed-Recipient:@mailhost.healthnet.org.np;>  
**Sent:** Sunday, September 14, 2003 7:36 AM  
**Attach:** Mathura P Shrestha.vcf  
**Subject:** PHA-Exchange> Masked Security Personnel Yet another examples of grosshuman rights violence.

Dear All

At about 11 AM on the 9th September, 2003 succession of loud knocks from the front door of Daman Nath Dhungana terrified the family and neighbors. When Mr. Dhungan's son opened the door one masked plainclothes army personnel accompanied by several unmasked plainclothes army personnel forced themselves in and declared that they have come to search the house and its contents. They didn't have search warrant or any identity. 'However, one could easily detect they were from army personnel from the army vests and other clothing that were visible' - said Mr. Dhungana. As Mr. Dhungana had severe bout of Acute Peptic Ulcer Syndrome with high fever and sleeping with an advise of bed rest from his doctors, Mrs. Bhuwan Dhungana, wife of Mr. Daman Nath Dhungana came downstairs and gave the identity of Mr. Dhungana who had presided the first democratically elected parliament following the 1990 People's Movement for Democracy, an active member of 1990 Constitution Drafting Commission, one of the important facilitator during the both Dialogue for peace between the government and the Maoists and the one who have been active for the cause of democracy and human rights since 1950 revolution. 'Why you want to search the house of such a high profile public figure?', she asked. 'It is the order, and we will search all rooms, including the bed rooms, scrutinize all suspicious papers and articles, and seize any thing that will be necessary' - said the army personnel. Mrs. Bhuwan Dhungana then said that Mr. Dhungana is ill with fever and sleeping. He should not be awakened or disturbed. Apparently they agreed and proceed to search the house starting from the bedroom of Mr. Dhungana. However with the light and noise Mr. Dhungana woke up and ask for identity and of course search warrant. They identified as army personnel but failed to produce search warrant. They ransacked all cupboards and all corners of the room. Even the notebooks and papers under his pillow were searched and contents scrutinized. Following this they searched every thing in the house. They got hold a draft of Mr. Dhungana's article in the library and asked several questions to Mr. Dhungana in rather a harsh tone, 'Why he wrote such article?' She replied that the article was already public and duly published in journals and daily papers. After that the security personnel searched neighborhood. 'Compared to rough behavior that could be inferred from loud knocks, voices with slurs', said Mr. Dhungana, 'the army personnel presented themselves in my house in a much *civilized* manner'.

Earlier, another active democrat since 1950 revolution and ardent human rights activist, Miss Shanta Shrestha, 70 years of age, was searched in the middle of night by the similarly masked army personnel and abducted without any warrants or even explanations. Her whereabouts and condition are not known yet. Army has not made her arrest or abduction public.

There are too many human rights violation from the state side. Even the independent inquiry commission set by National Human Rights Commission (NHRC) found the Doramba massacre in Ramechhap was unalled for and murder after the arrest of unarmed Maoists assembled for a meeting during the ceasefire. NHRC document totally refutes the versions of the army and the government broadcasted in TV and radio or printed in media as government statement.

Maoists too are engaged in gross human rights violation with several cases of abductions, torture and brutal killings of unarmed persons.

I hope that the solidarity and organized voice of the civil societies, human rights activists and thinking population over Nepal and the world against such atrocities, uncivilized behaviors and human rights violation will ultimately book these perpetrators against humanities, and force both the state party and the Maoists to shed their barbarism and revive the ceasefire and peace talk again. I also hope that both the government and the Maoists will take the Timetable set in the People's Plan of August 9 during the national conference of NGOs and civil societies on conflict transformation and peace. They have got to come to senses. Let all of continue to voice for human rights and social justice.

I also hope that the political process in Nepal will discard retrogradation and restore democracy.

Regards

Professor Mathura P. Shrestha

RN  
23/9/03 9/16/03







Main Identity

---

From: PHM Secretariat <secretariat@phmovement.org>  
To: <matnura@healthnet.org.np>  
Cc: <prem\_john@vsnl.net>; <hariprem@eth.net>  
Sent: Saturday, June 05, 2004 5:44 PM  
Subject: Re: [pna-ncol] CMP on Health

Dear Mathuraji,

Greetings from PHM Secretariat (Global)!

I just returned from WHA Geneva, leading a delegation of 30 PHM members from 15 countries. A detailed report will follow.

The Election results were an unexpected surprise, but very powerful brake on Religious fundamentalism and 'Bharat's - the (poor and marginalized) message to India's middle classes that Development had to reach them as well, if India had to shine and current economic policies were doing the reverse. The Common Minimum Programme evolved quite soon and is a good mix of long and short term goals.

Ekbal and I are going to Pakistan next month at the request at the request of PHM Pakistan Chapter to promote South Asian solidarity. They may plan a National health Assembly in December 2004 at which representatives from Bangladesh, Nepal, India, Sri Lanka would be expected.

Do you think the new PM in Nepal will move towards a people oriented solution? If you are organizing any event - a few PHM persons from other regions would attend in solidarity.

Best wishes

Ravi Narayan

Ravi Narayan  
Coordinator, People's Health Movement Secretariat(global)  
CHC-Bangalore  
#367 "Srinivasa Nilaya"

PHM-Nepal

RN  
7/6/04



**Main Identity**

From: Mathura P Shrestha <mathura@healthnet.org.np>  
To: <"Undisclosed-Recipient:,"@smtpin.touchtelindia.net>  
Sent: Saturday, May 15, 2004 4:35 AM  
Attach: Mathura P Shrestha.vcf  
Subject: PHA-Exchange> Congratulation India

Dear Prem, Hari, Alok and All

I wish that the new and upcoming government of India will not fall in the trap, as in the past, of "glittering development model" prescribed by the West and MNCs to suit their own purpose at the expense of the peoples and nations in the so called developing world. I also hope that the leaders in the new government will see through the mistakes of the past governments including those of Congress and BJP. Development can not be a product of a rat race of 'expert' or 'technocrat' Pandits who see 'stars' or alien models or market rhetoric but not the ground realities upon which they stand and have to stand. Now is the time that they learn from the past mistakes of patch works in political and economic maneuvering but manage holistically with determination to bring about political, economic, social and cultural transformation to benefit All without distinction of any attributes or discrimination against any. Now is the time for any government to stop to prescribe, under any pretext, a process that makes the rich richer and the poor poorer.

I venture to write this as I think that India has to govern not only its peoples and places along with their development needs and problems but also its image. We in neighboring countries have a lot of expectations as well as fears from it.

Mathura P. Shrestha

---  
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Website: http://lists.kabissa.org/mailman/listinfo/pha-exchange

*cc Prem/Hari*

*RM*  
*Do you think the new PM is Sepel or people oriented event - a few PHM persons from other regions would attend in solidarity. Best wishes Ron Naraj*

*Please send Mchuraji a copy of the CMP or atleast the Health section circulated by Anur*

*3/6/12*

*(P)*

Dear Mchuraji

Greetings from the PHM Secretariat.

I just returned from WHA - <sup>Geneva</sup> leading a delegation of 30 PHM members from 15 countries. A detailed report will follow.

The Election results were an unexpected surprise but very powerful brake on Religious fundamentalism and 'Bhoraks' - The (poor and marginalised) <sup>message</sup> India's middle classes that Development had to reach them

as well, if India had to show <sup>5/18/04</sup> current economic policies were doing the reverse. The Common Minimum Programme evolved quite soon and is a good mix of long and short term goals

*Ekbol and I are going to Pakistan next month at the request of PHM Pakistan Chapter to promote South Asian solidarity. They may plan a National Health Assembly in Dec 2004 at which representatives from Bangladesh, Nepal, India, Sri Lanka would be invited.*



PHM-Secretariat

---

From: "PHM-Secretariat" <secretariat@phmovement.org>  
To: "UNNIKRISHNAN PV" <unnikru@yahoo.com>  
Sent: Friday, September 03, 2004 5:31 PM  
Subject: Re:

Dear Unni

Greetings fromk PHM Secretariat (Global)!

Did you see Mathuraji's communication on PHM Exchange about People's Constitution? I am copying my reply to you. If you can meet him, we could think of sending out a press release supporting this idea. But please consult him if this would be useful in any way to the process and building International visibility to it. Try and get him to suggest a PHM contact point locally, who can be more easily contacted by email. He is too involved in this large process

Best wishes

Ravi

----- Original Message -----



PHM-Secretariat

From: "UNNIKRISHNAN PV" <unnikru@yahoo.com>  
To: "PHM-Secretariat" <secretariat@phmovement.org>, <prem\_john@vsnl.net>  
Sent: Tuesday, August 31, 2004 5:49 PM  
Subject: Re:

Dear Ravi and Prem

Greetings from a politically hot Kathmandu, Nepal!

I am in Bangalore definitely on 6th and 7th.

Prem, how about 6th OR 7th?

Regards

Unni

- PHM-Secretariat <secretariat@phmovement.org> wrote:
- > Dear Prem / Unni
- >
- > Greetings from PHM Secretariat (Global)!
- >
- > We need to meet at PHM Secretariat, urgently before

1/9/04

Ravi + Unni

7th is better. Am  
keeping the whole day  
booked for our  
discussions

Best wishes  
Ravi

2/9/04

Dear Unni

Did you see Mathurajis  
communication on PHM Exchange  
about Peoples Constitution? I am  
enclosing my reply. If you can  
meet him we could think of  
sending out a press release  
supporting this idea. But please  
consult him if this would be  
useful in any way to the process  
and building International  
visibility to it. Try and get  
him to suggest a PHM  
contact point locally who can  
be more easily contacted  
by email. He is too involved  
in this larger process

9/1/04

Best wishes

Ravi

1/9/04



PHM-Secretariat

From: "Mathura P Shrestha" <mathura@healthnet.org.np>  
 To: <"Undisclosed-Recipient;"@smtpin.touchtelindia.net>  
 Sent: Saturday, August 28, 2004 3:18 PM  
 Attach: Mathura P Shrestha.vcf; New Constitution for Nepal.rtf  
 Subject: PHA-Exchange> New constitution for peace in Nepal and People's participation in its development

Dear All  
 Kindly peruse the following document. Any comment or advice is welcome. I have also attached the document.  
 With regards,  
 Mathura.

### Writing a New Constitution for Nepal:

#### Peoples Participation in the Process

Mathura P. Shrestha

Professor and Chair of Physicians for Social Responsibility Nepal (PSRN) and Coordinator of Civic Solidarity for Peace (CSPeace)

Almost all recognizable political parties, groups and individuals are now convinced that a new constitution is to be rewritten anew to replace the existing one to solve the present conflict with its political, socioeconomic and cultural transformation. The flaws in the existing constitution are mainly related to its discriminatory and unchangeable provisions amounting to bar political progression. Constitutional Assembly (CA) or parliamentary process with referendum is suggested or voiced to formulate the new constitution. The CPN (Maoists) have clarified their position that although the CA is not their purpose for which they waged armed resurrection they are ready to come down to CA as a principle bottom-line for conflict resolution by dialogue. Although the Nepal's government and other major political parties have not put their bottom-lines explicitly they are ready to discuss on CA along with other possible alternatives. Many of them have even made public statements that they are ready to accept CA if that would solve the current conflict and bring about a lasting peace.

Whatever the process of constitution development, following eight basic tenets are to be followed and implemented to guarantee the sovereign rights of the people and democracy particularly the participatory democracy:

#### 1. Peoples' participation in the development of constitution.

People need to own the constitution by their free will. In the present context of Nepal prescribed document from any quarter can not be suitable for such ownership. Too many prescribed provisions with overt protection of vested interests of dominant classes have directly and indirectly eroded peoples' livelihood and interests in too many different ways and for so many centuries in the past. People have every right to participate in the development of the constitution including the process of its research and need assessments, drafting and interactive dialogue towards its maturation, ratification and public endorsement, implementation procedures, follow ups and ongoing legal reformation including rewriting of it, protection of it, and interpret wholly and part of it. The final say about and on it should be reserved with the peoples by way of referendum. People also need to participate in the development of laws, bylaws, and normative and behavioral culture according to the spirit of the new constitution so developed by the people.

The question, how these be realized, may appear difficult or even impractical. But it is the political and social or moral responsibility of all concerned including the state party to assure inclusive public participation in the constitution development. It is the obligation of the state and all concerned players (stakeholder) to develop a system together that would empower and motivate all peoples of all region and class, including ethnic minorities and indigenous population, women, deprived, socially excluded, *madhesis*, *dalits*, disabled, to participate in it. following steps are suggested:

1. Political decision on constitution assembly or the parliament empowered to write constitution by two-third majority followed by public ratification through a referendum. Either way, representation of all peoples of all region and class, including ethnic minorities and indigenous population, women, deprived, socially excluded, *madhesis*, *dalits* and disabled must be assured politically, and explicitly.
2. Development of people-oriented, transparent constitution and legal information system dedicated to keep the

1.5  
1/9/04



PHM-Secretariat

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From: "Mathura P Shrestha" <mathura@healthnet.org.np>  
To: "PHM-Secretariat" <secretariat@phmovement.org>  
Sent: Monday, September 06, 2004 9:05 PM  
Subject: Re: PHA-Exchange> New constitution for peace in Nepal and People's participation in its development

Dear Ravi Narayan

Thank you for the comments to my paper. I have just sent a new edited version. I shall have to reedit again. your comments are acceptable to me. It is a great encouragement to have your comments. Thanks again.  
Mathura

----- Original Message -----

From: PHM

RN  
7/9/04

RN  
2/10/04

Peace - Nepal



PHM-Secretariat

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From: "PHM-Secretariat" <secretariat@phmovement.org>  
To: "Mathura P Shrestha" <mathura@healthnet.org.np>  
Cc: <unnikru@yahoo.com>  
Sent: Friday, September 03, 2004 3:59 PM  
Subject: Re: PHA-Exchange> New constitution for peace in Nepal and People's participation in its development

Dear Mathuraji

Greetings from PHM Secretariat (Global)!

I just finished reading through your mail on 'Writing a New Constitution for Nepal - A People's participation in the process' which was on the PHM Exchange on 28<sup>th</sup> August.

It was a very inspiring, comprehensive and significant document capturing all the major concerns of the PHM in the context of the Social - Economic - Political - Cultural realities of Nepal.

Just a few thoughts came to mind as I read through the steps suggested.

1. Somewhere perhaps the words 'plurality' or 'multicultural diversity' needs to be mentioned because cultural fundamentalism often linked to narrower definitions of nationalism prevent the acceptance of plurality and are the cause of so much 'tension' and 'hate offensives' in our region.
2. Should you mention 'youth' as a separate group, not only because as a group they are beginning to be alienated by today's socio-economic processes but also because they continue to feel inadequately represented in governance (Item 1, p1).
3. Should we talk about empowering people to exercise their constitutional rights and responsibilities (Item 7, P2)?
4. Should we include constitutional protection against exploitation from global capitalism including globalization and multinational companies and also International Trade Agreements and their implications (Item 5, P2)?
5. When mentioning solving their problems (item 4, P2), should we mention 'Children and Youth Rights' here? Also perhaps 'aged'?
6. In the context of indigenous people and ethnic minorities in forest areas etc and their rights, should we use the word 'access to natural resources', which is often curbed by so called developmental activities?
7. Finally in the para on principles of international humanitarian laws, declarations and conventions, should you include 'and also those focused on women, Children and other socially marginalized groups'?
8. In item 8, Para2, is 'rebel' the right word? It has different connotations. Perhaps the wording 'organize' against injustice and oppression may be more apt and prevent being stereotyped.

All the best in your efforts

In solidarity

Ravi Narayan

|----- Original Message -----

PHM-Nepal

Rw  
9/3/04



Main Identity

**From:** "Sunil Deepak" <sunil.deepak@aifo.it>  
**To:** <secretariat@phmovement.org>  
**Cc:** <iphc@cisas.org.ni>; <pamzinkin@gn.apc.org>  
**Sent:** Tuesday, May 03, 2005 12:16 PM  
**Subject:** I: Cuenca participants from Nepal

Dear friends from PHM secretariate,

For your information, enclosed you will find a message from WATCH Nepal regarding the two Nepalese participants being sponsored by AIFO/Italy for PHA2 in Cuenca.

As you can see from the message, they are planning to organise a meeting of CBO and NGOs involved in health related activities as preparation for Cuenca. We would appreciate if you can give them a hand in making contacts with other PHM persons in Nepal and by sharing information about similar processes in India. We would also appreciate if Mr. Narayan Kaji can also be informed any significant preparatory meetings in the region.

Thanks in advance and best wishes,

Sunil  
AIFO/Italy

AT ↓  
Shree's  
the  
message

Attachment

Put them in touch with  
Maurice Shrestha  
and Qasen who is  
following up South Asia  
minus India

RN  
4/5/05

RN  
4/5/05

PHA2  
Nepal participation

Did the necessary  
Abe 04/5/05



Main Identity

From: "Sunil Deepak" <sunil.deepak@aifo.it>  
 To: <secretariat@phmovement.org>  
 Cc: <iphc@cisas.org.ni>; <pamzinkin@gn.apc.org>  
 Sent: Tuesday, May 03, 2005 12:16 PM  
 Subject: I: Cuenca participants from Nepal

-----Messaggio originale-----

Da: WATCH [mailto:watchftp@wlink.com.np]  
 Inviato: martedì 3 maggio 2005 15.46  
 A: Sunil Deepak  
 Oggetto: Re: R: WATCH participation in PHA-2 Cuenca Ecuador

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Your mail has been scanned by InterScan VirusWall.

\*\*\*\*\*\_\*\*\*\*\*

Dear Sunilji

Namaskar.

Sorry to hear about sad news from Pakistan. It is like a loss of a very near and dear family member.

I was busy with doing org. assessment of irrigation federation and I am going to Rupandehi to attend an assembly of PLWHA organization and prepare for national level sex workers organization. We are also planning to have a national level network or federation of rural women's organization sometime this year, may be in September. Following upon our e-mail I am sending the information about me and Soharati Tharu. Good news she has got her passport;

Name: MRs. Soharatiya Devi Tharuni  
 Surname: Tharuni  
 Date of Birth: 28.04.1943  
 Passport No. 2557124  
 Date of issue: 24.04.2005  
 Date of Expiry: 23.04.2015

Name: Narayan Kaji Shrestha  
 Surname: Shrestha  
 Passport No.: 1978324  
 Date of Issue: 13.11.2003  
 Date of Expiry: 12.11.2013

I have asked our travel agency to book the flight but I have not got any confirmation. I will try today and let you know. I have heard that it is possible to get visa from Delhi but I need to know how, otherwise I will request you. I have contacted some people who had participated in the first assembly and who are taking part subsequently. They promised to invite in their meeting last week but did not happen. I will contact them after I come back from Rupandehi. Do you think it will be good idea to organize somekind of interactions with CBOs and NGOs who are involved in people's health? Please advise us. Thank you very much.

5/4/05



With Highest Regards;  
Kaji

At 10:46 AM 4/20/05 +0200, you wrote:

Dear Kaji ji,

Greetings from Bologna. Regarding the participation of two representatives of WATCH (you and a person from a women federation) in the second People's Health Assembly (PHA-2), we need the following information as soon as possible:

1. Full name and surname of two persons as given in passport, date of birth, passport number, date of issue of passport, date of expiry of passport

2. Ask confirmation to your travel agency if you can ask for visa from Ecuador embassy in India or in Thailand. If it is not possible, please inform us so that we ask Government of Ecuador to get visa for you on arrival (so that a confirmation letter to allow you to board the flight for Ecuador will be sent to you before your departure from Nepal)

3. Your flight details and date and time of arrival and departure in Ecuador. Please make the bookings with your travel agency. Flights can be through Europe (KLM or Air France) or be through India/Brazil. The international airport closest to Cuenca is Guayaquil. If flights to Guayaquil are difficult ask for Quito International airport. Book your flights so that you arrive in Cuenca on 16th July and leave Cuenca on 23 July.

From Guyanaquil it is possible to get bus to Cuenca and journey time is about 4 hours. From Quito also it is possible to get bus to Cuenca and journey time is 11 hours.

Inform us about the cost of the air-ticket.

4. Programme of the Cuenca:

(a) Take a look at the programme of Cuenca assembly at the PHA2 webpage <http://phmovement.org/pha2/> and at the PHM webpage <http://phmovement.org/> - if there are other workshops or sessions in which you would like the WATCH representative to have a role, please let me know.

(b) If persons from Rpendehi or Chaimalle or Okhaldunga want to prepare any special poster, song, banner, etc. for PHA 2 please inform me about it because during PHA2 there will many parallel activities for such activities.

Thanks and looking forward to hear from you very soon,

Sunil

20 April 2005



Main Identity

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From: <prem\_john@vsnl.net>  
To: "RECPHEC" <recphec@info.com.np>  
Cc: <secretariat@phmovement.org>  
Sent: Thursday, May 12, 2005 2:38 PM  
Subject: Re: nepal update

My dear Shanta,

As of now we are asking all participants to bear the cost of their accommodatiopn and fcod at PHA 2 (unlike in PHA 1), also of course, their travel. That is why we encourage everyone to approach local international agencies such as Actionaid and Oxfam. Appropriate accommodation will be booked and we will inform you closer to date.

Warm regards,

Prem

●  
Rw  
-----  
13/5/05

PHA-2  
----->  
Nepal



Main Identity

From: "RECPHEC" <recphec@info.com.np>  
 To: "PHM - Secretariat" <secretariat@phmovement.org>  
 Cc: <pre\_john@vsnl.net>; <aquizhpe@yahoo.com>; <asambea05@yahoo.com>  
 Sent: Monday, July 11, 2005 11:45 AM  
 Subject: PHA 2 - Nepal delegation

Mr. Ravi Narayan  
 Coordinator  
 PHM Secretariat (Global).

Dear Ravi Narayan:

As per your e-mail dated July 05, 2005 subject PHA-2 Nepal Delegation, Professor Mathura P. Shrestha and Ms. Dina Chaudhari age 23, Community Health worker belonging to Tharu indigenous community active in health of deprived Musahar community in Udayapur district will be attending PHA II. Dr. Mathura is National Coordinator of People's Health National Coordination Committee, Nepal. Their passport details will be sent to you by tomorrow or day after tomorrow. Kindly arrange accommodation for them.

Because of lack of time tickets will be purchased here. Kindly reimburse their tickets to Nepal's team leader Professor Mathura P. Shrestha there. Please also kindly send official invitation letter for visa and other purposes.

Professor Mathura likes to present a paper on Health of Peoples, Democracy and Conflict. Kindly find an appropriate slot for presentation.

With best regards,

Sincerely yours,

Shanta Lal Mulmi  
 General Secretary  
 People's Health National Coordination Committee, Nepal  
 Secretariat: Resource Centre for Primary Health Care  
 Bagbazar, P.O.Box: 117, Kathmandu, Nepal,  
 Tel: +977-1-4243891, Tel/ Fax: +977-1- 4225675  
 e-mail: recphec@mail.com.np or recphec@info.com.np

11/7/05

Dear Prem,

Please note this letter and  
 take necessary action for us c ek.

I am just leaving for America. We shall  
 reimburse Mathura and the Health  
 worker after PHA II

Best wishes

Ravi Narayan

cc Shanta Lal Mulmi

sent on  
11/7/05

7/11/05



**Main Identity**

**From:** "mathura shrestha" <mathura.shrestha@gmail.com>  
**Cc:** <recipient list not shown:>  
**Sent:** Tuesday, August 23, 2005 8:03 PM  
**Subject:** Struggle for democracy

Dear All  
 Please disseminate the article pasted.  
 Mathura

**Civic Societies' struggle for democracy**

Mathura P. Shrestha

Today's daily paper of Nepal, *Samacharpatra* of Tuesday, August 23, 2005 (Page 4), had an apt cartoon in which Democracy is shown tightly stuffed into a closed glass bottle and a cuffed royal hand holding the bottle to exhibit a king's 'democracy'. The king's commitment to democracy is as obvious as that. The monarchy has exhibited its true character, its obsolescence. It has proclaimed its own incompatibility to democracy, peace and people's wellbeing. Unfortunately, the attitude of Nepal's king is shared directly or indirectly by a few who still believe that the monarchy can be civilized. The tendency is indirectly propagating obsolete paradigms of guided democracy and condition of forced peace (by defeating insurgency). The forced peace is synonymous to an inert or dead peace that only subjugates the people to fatalism and a culture of silence or nonresistance. Such peace even if possible militarily is more dangerous, traumatic or counterproductive than an armed conflict. Moreover, a military solution of the present conflict in Nepal is impossible. Even if the military will grow 20 times, qualitatively and quantitatively, it will not be able to defeat the Maoist's so called 'People's War'. Similarly the Maoists will not be able to defeat the king's military even if it will grow by 20 times.

The political party leaders are shying away from the reality comprehended by the people. People want to see the political parties reformed and changed to responsible and non-corrupt parties. The leaders do not venture to oblige these for the fear of being replaced by younger and more competent, militant cadres. They continue to do so in spite of mass desertion of their honest cadres.

The king is cashing on this mood of the people and party cadres and has now regressed 'to punish political parties'. He deliberately suppress the rights of the people to be informed that the people, only the people, have a right to punish or vote out the political parties. No other person has that right, even in the name of the people.

The present civic societies' struggle is complex and needs to have many roles or purposes. It can't afford to be limited to a single track strategy. Nor it can behave like the struggle of political parties to usurp power. Following 12 roles for the struggle are suggested. I invite comments. The struggle aims:

1. To strengthen political struggle for democracy of 7-party coalition rather than try to replace or provide alternative to their movements. But civil societies refuse to be co-opted by the parties in the colition – singly or jointly. The civil societies also reserve their rights to serve as watchdogs in favor of peoples and even to criticize any deviating political parties away from the interests and domains of peoples.
2. To help Nepali consciousness to develop and mature to actively defend democracy, their sovereign rights including political, social, economic and cultural rights. They must be empowered to participate in the struggle for democracy and to assert all of their rights. They must learn to love politics and fight to keep politics in people's domains. They must also learn to participate actively in the politics, socio-cultural movements and economic activities, starting from their localities then extending to national and global ones. This way they would be able to control and monitor

To PHM Exchange

+ JSA ncc ychod group

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6/9/05

Send on  
9/9/05

9/2/05



political parties and state structures.

3. To develop networks of struggle as non-formal and loosely-structured to promote participatory democracy, flexibility, and collective but united leadership until a total democracy and peace are achieved.
4. To project leadership of young women and men from all ethnic groups including deprived and socially excluded communities, Dalits, Madheshis, disabled, and the poor. This should mean that the senior activists would participate as advisors and promoters, albeit actively. This would send a strong message to political parties sticking to septuagenarian leaders and ways of thinking.
5. To demonstrate active voluntarism and independently feasible self-sustenance without financial aids from foreign donors and agencies.
6. To involve widest possible ranges of civil societies and human rights organizations that are strongly advocating democracy, people's sovereignty, human rights, multiculturalism, biodiversity, eco-harmony, equity, social justice and people's dignity as well as strongly campaigning against regression and autocracy.
7. To encourage a new way of thinking and behaving among the peoples for a culture of violence-free world, multiculturalism, biodiversity, eco-harmony, equity, social justice and people's dignity without guilt complexes and without economic or social exploitations. Organized voices of peoples should be made much more powerful than guns or bullets.
8. To diversify the present struggle to include peoples from all cultures and walks of life quantitatively as well as qualitatively. The struggle is to be spread countrywide. It should grow with cultural parameters of all sections of the peoples, and with professional and ethical responsibility of participating peoples in the struggle. Mind set attitudes promoting color and aspect blindness, authoritarian traits, nontransparent or irresponsible behaviors and anti-people despotism will be discouraged.
9. To transform the armed conflict to a lasting and meaningful peace by:
  - Investigating and analyzing root causes of the conflict to address its transformation
  - Reinstating democracy, parliament and representative government. The dialogue with the Maoist is not possible or productive without these.
  - Transforming the state and societies politically, socially, economically and culturally
  - Restructuring the state and governance to inclusive, participatory, representative, democratic and decentralized structures and powers to ensure dignity and rights to self determination of all peoples
  - Developing a new people's constitution through an elected Constitutional Assembly to guarantee people-first concept, and peoples' sovereignty their political, social, economic and cultural rights
  - Having dialogue between conflicting parties (democratically elected government and the Maoists) mediated and facilitated by national civil societies. UN systems, international governments and agencies, International civil societies have roles as guarantors to assure implementations of peace accords following such dialogue
  - Promoting dialogue and joint actions between the 7-Party Coalition and the Maoists for democracy, peace and development with equity and social justice
10. To manage information systems through all possible networks, media hubs, websites and WEB-BLOGGs to facilitate people's access to information about their struggle locally, nationally and



globally

11. To promote, enhance and manage international solidarity to optimize the struggle to democracy
12. To promote international concerns and dialogue on Nepal's democracy along with the international condemnation of the king's despotism, totalitartism, autocracy and ruthless regression.

*Yen, Tuesday, August 23, 2005*



**Main Identity**

**From:** "mathura shrestha" <mathura.shrestha@gmail.com>  
**Cc:** <recipient list not shown:>  
**Sent:** Thursday, August 25, 2005 7:50 PM  
**Subject:** Threats ao assassins

**Power-politics of assassins**

Mathura P. Shrestha

[President, Physicians for Social Responsibility, Nepal (PSRN); and Coordinator of Civic Solidarity for Peace (CsPeace)]

Most in ruling class who degenerated into dominance cult either get themselves lost in piped dreams of absurdities or keep engaged in subjugating human goods "C politics, religion, culture, socio-economy and products of civilizations "C in their own terms in a fashion of ' *Might is right*'. They aspire or even tend to conspire to force the rest of the people of the world to remain either subservient to them or silent on their misdeeds and mischief perpetuated to continue their misrule. One such person, Mr. Pat Robertson, recently crossed limits of his social, professional and ethical responsibilities and ordered American operatives including CIA to assassinate Venezuelan President Hugo Chaves. He did not hesitate to misuse his broadcasting media for the purpose. He was unconcerned when the colonialists, imperialists and global capitalists, particularly the US, continued to plunder and exploit Venezuela and other South American countries for more than a century forcing an overwhelming majority there to remain insultingly poor "C bellow the absolute poverty line. He was also unconcerned when international neo-liberals misused IFIs to accelerate disparity between the rich and poor in the name of globalization and monopoly of rich and powerful in global power-politics.

All human rights defenders and advocates of democracy, social justice and peace should condemn such traits, professing a power-politics of assassinations. Humans have suffered too much for too long by such cult to subjugate unequal relations between peoples and within nations.

I also appeal all the peoples of the world to bring politics back to domains of peoples to recreate a just world without fear "C that is, without violence, war, terror, torture, exploitation and oppression. The oppressors and oligarchic petty bourgeois misused and monopolized politics far too long. Even today they try to misinterpret politics and discourage common people to remain away from politics. To remain aloof from politics is to submit the self as subservient or dominated. Such condition of disenchantment is against the philosophy and principle of human freedom and human rights. All human rights defenders and advocates of democracy, equity, social justice and peace should encourage all peoples to love politics. Peoples are to be motivated to participate actively in political, social, economic and cultural activities and affairs in their localities, countries and the world. It is their indelible right to monitor and intervene affairs of states to rectify. This way the peoples will control the world to be civilized with equitable and social justice. This way they will really be able to celebrate a world of diversity, eco-harmony and multiculturalism, and make individual talents and resources flourish progressively and dynamically. This way, we will be able to create another world "C a world without corruption, without exploitations and without self-centered speculations.

In the face of unbridled global power turning itself an international policeman of nations the countries and peoples all over the world should remain united to project united voice and actions for democracy, integrity of nations, human rights, human sovereignty, international understandings between peoples, and addressals of people's problems, especially focusing those of the poor, deprived and socially

PHM-Nepal

RJ  
23/9/05

8/26/05



excluded populations, indigenous and ethnic minorities, disabled and women. I hope that all countries in Latin America will be united to resist such insanity dragged as residuals from colonial mentality.

*Ye 34, Thursday, August 25, 2005*



**Main Identity**

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**From:** "mathura shrestha" <mathura.shrestha@gmail.com>  
**Cc:** <recipient list not shown:>  
**Sent:** Sunday, August 28, 2005 1:54 PM  
**Subject:** My response to commentators

**My response to some comments and questions**

Mathura P. Shrestha

Thanks to concerned persons for several comments and questions through e-mail and telephone on my 2 papers e-transmitted on 26 August.

**About historic decision of CPN (UML) on Democratic Republic Nepal**

Mr. PS, AS and BK: *'I agree you that CPN (UML) has taken historic, courageous and appropriate decision to go democratic republic and struggle uncompromisingly against the king's regression during its current Central Committee Meeting. I also agree that this will increase CPN – UML's political credibility in leaps and bounds. But are you sure that the party's top leaders will take that decision by hearts and minds and be genuinely committed to the decision? How one becomes ensured that the decision is not one among the 'formality only types' to patch up the crisis resulting from the distrust of leaders among the party cadres?'*

A. I hope you will voice the legitimate concern to CPN (UML) leadership directly or through their cadres. But I am optimistic. The party is advocating People's democracy, democratic republicanism and multiparty people's democracy all the while from its inception. These terminologies are synonym of republican democracy with no place for monarchy including ceremonial or constitutional monarchy. They compromised in the tri-party understanding during 1990 people's revolution only as temporary political solution. The understanding is now non-operative as the king betrayed the constitution, the understandings and all democratic norms to go absolute monarchy and autocracy. CPN (UML) and its leaders can't go back from the historic decision. If a few goes back they will only put them towards a rapidly declining political oblivion. I am confident that all leaders and cadres of the party will not only be committed to the decision but will struggle onward for the same very sincerely. Each and every leader in the party knows that if they would not they would be overstepped by other party cadres just as obsolete ideas are swept away and replaced by the new with the political storms. I am confident that the party leadership will thus will move forward united and with further more political and social commitments towards the republican democracy. At least they are politically mature to be that visionary.

**On NC and NC (D)**

Ms. DM: *How could you suspect NC or NC (D) who in history always fought, including two armed insurgences, for democracy?*

A. First of all I do not suspect the wisdom of NC or NC (D) leaders. But honestly, you, I and all people know that the people, country and their parties themselves suffered setbacks related to their shortsightedness. Examples of such shortsightedness are many. To mention a few: (a) NC internalized Delhi Tri-Party compromise of 1950 even if the party was (deliberately) excluded from the negotiation processes between Rana rulers, the king Tribhuvana and Mr. Nehru; and NC was not even made party to sign the resulting accord. (b) It disbanded its Liberation Army that fought so bravely and sacrificed

8/29/05

*PHM-Nepal*  
*RN*  
*29/8/05*



immeasurably to bring democracy to the success soon after it participated in the interim government in 1950. (c) In 1957/58 it compromised with the then king to change demand of Constitutional Assembly to mere parliamentary system. (d) In 1961/62 it withdrew armed rebellion unilaterally because of India-China war without much political dialogue between and among its cadres or peoples. (e) In 1958 it came up with so called theory of conjoined neck of the king and the party that did so harm to the party and the people. (f) During the aftermath of 1990 revolution the party did so little when it could do so much due to the party's failure to take the people to confidence. (g) Now the leadership appear so fuzzy on the question of republican democracy even after so many betrayals from the monarchy and even after such strong demand from its cadres and peoples. The party leaders should take its history as mirror to correct itself and to grow. The party should generate trust of it among the people by courageously making answers to above questions public. I just warned the people on the news and rumors on 'under-carpet dealings' to reinstate the parliament when almost everybody in Nepal is struggling for the reinstatement. I only cautioned the parties to avoid under-carpet dealings and not to make it the future party battle ground to satisfy regressive forces. NC or NC (D) should make people their constituency and not the shade-loving forces in the palace. Lastly, the reinstatement of the parliament is demanded by People, 7-party coalition and civil societies to put democracy back into its track, to dismantle all extra-constitutional structures and activities, to punish the culprits of regression, to put army and all constitutional bodies under the parliament, to open legislative processes to develop a new constitution through an elected Constitutional Assembly, and to declare ceasefire and to complete other legislative formalities to open and successfully conclude a political/peace dialogue with the Maoists, formation of an interim government including the Maoists and further transformations of political, social, economic and cultural conditions of the country including restructuring of the state for the meaningful and lasting peace. Remember that the parliament need to be re-invoked to solve the current problems resulting from regression and the armed conflict but NOT to have a status quo or to legitimize the king's regression.

### On civil society's movement

Ms. DA, ABS and Mr. KKC: *Can civic society's movement succeed without political struggle? Are not you making another new party after some success? How you avoid foreign influence and dolorized culture from civic societies? Are you trying to bring about split in civic society movement?*

A. Please refer to my article entitled, 'Civic societies' struggle for democracy' e-transmitted to you and others on 23 August. The 12-point proposition in that article should sufficiently answer questions except the last two. The split in the civic societies is out of question. First of all it is a rainbow revolution incorporating all society of all colors except protagonists of regression, feudal royalists and mafia style vigilante Mandales. Secondly it is loosely structured to make it inclusive and participatory. Thirdly, it is multi-centric with initiatives with so many civil society networks independently or in cooperation with other networks in so many different points and places and in so many different ways. One structure, single place or one way of doing things are out of question to achieve such a big struggle against regressed monarchy, feudalism, social injustices, deprivations, inequity and for complete democracy with people with real sovereign powers. What is important is that all organizations cooperate and support one another in coordinated and united for unity of purpose – to strengthen political movement against regression, and or republican democracy, equity and social justice with transparent and accountable political, social, economic and cultural transformations for people's sovereign rights and peace. The civil societies are not corrupt organizations as are government and private bureaucracy are or as the splitist forces under cover hype. Every dollar or any foreign currency received by networks participating in the struggle is accounted by multiple and independent agencies. The development goods and rights advocacy reach all sections of countries and societies where government agencies and private corporate structures are not able to reach. Those who pretend to be free of dollar are not actually free. They may even muster more dollars under the carpet with their specifically construed *pocket-NGOs* (Some NGOs may be restricted to their pockets in unaccounted secrecy without visible programs but



with only nicely bond reports submitted only to donors). They are creating myths about NGOs to bring about split in civil societies' movements deliberately or as subservient to the regression directly or indirectly. I warned the possibility of such narrow minded hypes pursued by de facto operator(s) of the king's regression – 'Secret service commandos to eliminate forces against the regressed monarchy' – a few months back (March 3). Kindly refer to that document.

[The names of commentators are changed, and abbreviated accordingly for security reason. The comments are amalgamated without modifying the intention or spirit of the commentators. Henceforth I request the commentators to be specific and limit a comment on one topic within 4 lines. However they are free to include as many topics as possible.]

*Yen, Sunday, August 28, 2005*



people informed. Prospects and risk of any contested provision should be provided honestly and comprehensively. The system should include resource centers judiciously spread over the terrain and easily accessible to the people of all parts and groups.

3. Collection, processing and dissemination of people's opinion, suggestions and concerns of the people through the collecting-booths judiciously distributed throughout the country.
4. Distribution of drafts of constitution to all the peoples with request for collective interactions and feed backs.
5. Formal and informal interactive programs throughout the country up to village levels to refine the draft.
6. Development of assured structures and setups for a free and fair election of representation body for writing the constitution. People should be informed at regular intervals on the progress in the constitution drafts and final ratification.
7. Introduction of socially responsible civic education in the schools from the primary level and in all non-formal education programs to empower people to exercise constitutional rights including the participation in its development.
2. Essence and substance of the constitution should guarantee *supreme power to the people* – sovereign rights of the people and constitutional recognition that 'people is the source of political and state power, and country's history, culture, civilization and norms.
3. The constitution should *reflect the spirit and principles of international humanitarian laws*, declarations and conventions, especially UDHR, International Covenant on Civil and Political Rights (ICCPR) 1976 and its optional protocols of 1976 and 1991; and International Covenant on Economic, Social and Cultural Rights (ICESCR) 1976.
4. It should be reflective of *ground realities including political, social, economic and cultural states* and embody aspirations of the people, and thus appeal their hearts and minds in solving their problems particularly those of socially displaced, women, ethnic minorities and indigenous people, *madhesis, dalits* and disabled.
5. Constitutional *protection from external interventions, aggressions and encroachments, and exploitation from global capitalism* including globalization and multinational companies.
6. It should be *progressive with constitutional protection from retrogression by the reactionary rulers*. This should commit to uplift socially displaced resulting from centuries of misrule, exploitation and segregation out of a hate culture to degrade the disempowered. Therefore it should celebrate diversity, and explicitly be anti-feudal, anti colonialist and anti hegemony.
7. It should guarantee *rights of all to basic needs* - (a) food and nutrition, (b) shelter with decent housing, (c) protective clothing, (d) education to empower informed decision and creativity, (e) health including safe water and sanitation, (f) security including social security, (g) clean and healthy environment, (h) productive employment with adequate remuneration, (i) social identity with social relations, (j) Participation in local and national sociopolitical activities, (k) recreation and cultural interaction, and (l) human rights.
8. It should incorporate *rights to dissent and/or even to rebel against injustice and oppression*.

Kathmandu, August 28, 2004

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 PHA-Exchange is hosted on Kabissz - Space for change in Africa  
 To post, write to: [PHA-Exchange@lists.kabissa.org](mailto:PHA-Exchange@lists.kabissa.org)  
 Website: <http://lists.kabissa.org/mailman/listinfo/pha-exchange>



Kindly Retrive the file and disseminate  
Mathura.

## **Our solidarity to struggling peoples of Ecuador**

Mathura P. Shrestha

President, Physicians for Social Responsibility, Nepal (PSRN); and Coordinator of Civic  
Solidarity for Peace (CSPeace)

It is encouraging to learn that a dialogue between the struggling people and the government of Ecuador is being held to solve the problems. I hope that political wisdom will prevail among all parties concerned and the national problems of Ecuador will be solved with equitable and social justice so that all people will win along with parties on the table. I also hope that the victims will be adequately compensated. Ecuador with so much natural and human resources deserves to provide better, healthier, and wealthier lives for the common people. The need is to have a political determination and socially responsible commitments towards the people. I hope that the government will take the side of the struggling peoples, especially the indigenous population, the poor, women and socially excluded sections, and of social justice rather than multinational companies, global capitalism and exploiting classes that forced the country with unnatural and unacceptable disparities among the peoples. The rich became irresponsibly richer and the poor poorer.

The social injustices and disparities are the greatest threats to peace, security, health and wellbeing of the peoples in the nation, region and the world. Colonial legacies that destroyed national capacity along with socio-cultural resources and identity are to be destroyed by taking the people in confidence and with participatory democracy and empowerment of the peoples. I also hope that the people and government of Ecuador will together be able to prevent plunder of natural resources, environmental degradation, mafia like subjugators, new kind of biochemical warfare in a name of 'Plan Colombia', drug trafficking, globalization and NAFTA. I also hope that the dialogue will be successfully concluded and implemented.

Let all concerned be sincere towards the wellbeing of the people of Ecuador. Our moral support and solidarity are with the people of Ecuador!

*Yen, Nepal: Monday, August 22, 2005*

PHM - Nepal

RS



**Main Identity**

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**From:** "mathura shrestha" <mathura.shrestha@gmail.com>  
**Cc:** <recipient list not shown:>  
**Sent:** Monday, August 29, 2005 9:12 PM  
**Subject:** Bravo congress leadership

**Historic decision of Nepali Congress**

Mathura P. Shrestha

Today's decision of NC central committee to remove the word of constitutional monarchy from its constitution is a historic landmark. This is positive response of the party to the surging will of the people from all walks of life and of overwhelming majority of NC cadres. I am sure that the party's convention will adopt it unanimously. Some traditional persons showed their reservation as unnecessary move. That is natural. I am sure that they will hear voices of the peoples, their cadres and their own voices of conscience in a day or two and will support the change whole heartedly. Similarly, some are not satisfied as the change was not as explicit as democratic republicanism. I think that they too can celebrate the change as their victory. Democratic republicanism is automatically implied after the removal of constitutional monarchy from the constitution and because of the strongly committed mood of majority of the people and their cadres to support democratic republic. The people and cadres will interpret the positively at decisive moment. No fraction will be able to retreat from the historic decision. I congratulate the NC leadership for the brave stand in the crucial hours of the struggle for the democracy.

*Yen. Monday, August 29, 2005*

PHM-Nepal

RN  
30/8/05

8/30/05



**Main Identity**

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**From:** "Claudio" <claudio@hcmc.netnam.vn>  
**To:** "pha-exchange" <pha-exchange@lists.kabissa.org>  
**Sent:** Saturday, September 03, 2005 6:05 PM  
**Subject:** PHA-Exchange> Golden opportunity for peace in Nepal - Maoists declareceasefire!

**From:** mathura shrestha

**People of Nepal thank the CPN (Maoist)**

Mathura P. Shrestha

Coordinator of Civic Solidarity for Peace (CSPeace); and President of PSR, Nepal

I thank the leadership of CPN (Maoists) for declaring a three-month long ceasefire in response to the wishes of the people from all walks of life, Seven Political Party Coalition now struggling for democracy, and national and international civil societies. In fact all people of Nepal thank the Maoists for the wise and courageous decision. On behalf of CSPeace, its member networks and all the people of Nepal appeal the Nepal's military and security forces to respond the Maoists' offer positively. I also earnestly appeal the king to take the opportunity positively to retreat from the present regression to democracy and reinstate the dissolved parliament for the formation of the representative government that would legally and credibly negotiate with the Maoists within a week. I hope that no force will dare to be stupid to break the proposed ceasefire declaration. Unfortunately, I can't request the present government as it is not legal or constitutional, and it has no credibility or legal authority to participate in peace dialogue with the Maoists.

PHM-Nepal

RN

6/9/05



## Main Identity

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From: "Claudio" <claudio@hcmc.netnam.vn>  
 To: "pha-exchange" <pha-exchange@lists.kabissa.org>  
 Sent: Tuesday, October 18, 2005 9:23 AM  
 Subject: PHA-Exchange> Fw: Idiosyncrasy and an absolute monarchy

From: [mathura shrestha](#)

### **Ruler's idiosyncrasy and irrelevant monarchy**

The king who scuttled himself away from all bounds of reason and the nation's constitution has failed politically.

1. He tried once more to stifle media and press with a hope to keep the people in continued state of misinformation and disinformation out of only 'made available slugs' blared from the state controlled media. Fearful of informed people, and those who have faith in the power of reason and capable to take informed decisions he naturally wants to put peoples in perpetual darkness and oblivious to current political, social and cultural events in the country and the world. We need to, and we can throw away the current ordinance on media.
2. The king declared local and parliamentary election to maintain his grip on power. All without any exception know that a fair and free election is not possible without a representative government responsible to the people and without solving the present armed conflict politically. All major political parties would boycott an April election.
3. The king deliberately tried to sabotage the unilateral ceasefire by the Maoists several times by indiscriminate killings of unarmed personnel, pseudo-encounters and murders after arrest of alleged Maoists. He is playing the dangerous game although a large number of security personnel are not in a real mood to fight. Instead, they want negotiated peace.
4. A journalist, Maheswor Pahari died in police custody and the cause of the death was declared as.... AIDS.

Now is the time to wake up and struggle for democracy. If we agitate massively we can show the world how a dictator is thrown out of power peacefully. The coming struggle will once again prove the power of peace and united people.

*Yen, Tuesday, October 18, 2005*

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 PHA-Exchange is hosted on Kabissa - Space for change in Africa  
 To post, write to: [PHA-Exchange@lists.kabissa.org](mailto:PHA-Exchange@lists.kabissa.org)  
 Website: <http://lists.kabissa.org/mailman/listinfo/pha-exchange>



**Main Identity**

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**From:** "mathura shrestha" <mathura.shrestha@gmail.com>  
**Cc:** <recipient list not shown:>  
**Sent:** Tuesday, October 18, 2005 7:59 AM  
**Subject:** Idiosyncrasy and an absolute monarchy

*Dear All*

*I am sorry to remain silent for so many days after I returned from the ICJ meeting in Delhi as I was down with quite a serious bronchitis and asthma. The illness was related to poor hygiene of Cosmic Airways and closure of ventilation system for a long time even though all passengers were seated before it flew from Delhi to Kathmandu. The reason given was because of the budget airline, although the price tag of the purchased ticket (in Kathmandu) was about 50% more than the AI flight from Kathmandu to Delhi. The neglect of consumer rights is a common practice in the current corruption ridden autocratic systems in Nepal, especially in the airline espoused by the king from behind the curtain.*

*Meanwhile many things happened that would not occur in normal circumstances where rule of law would prevail. Kindly disseminate the following article.*

*With regards  
Mathura P. Shrestha*

*PHM - Nepal*

*RS  
18/10/05*

10/18/05



## Main Identity

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**From:** "Naveen" <navthom@yahoo.co.uk>  
**To:** "PHM - Secretariat" <secretariat@phmovement.org>; "CHC" <chc@sochara.org>  
**Sent:** Thursday, October 20, 2005 5:35 PM  
**Subject:** info on new public health school in Nepal

From: "maniparas" <paras.k.pokharel@gmail.com>  
Subject: New Public Health School or another Public Health school for Elite

Nepal is launching a new Public Health School in east Nepal with technical support of WHO. Institute of Medicine has its long experiences of producing MPH. This country is lucky to have plenty of Public Health Graduate from USA, Thailand concentrated in Kathmandu valley. New one is away from Kathmandu but at to see its impact in Practice. Wish good luck to this Institution.  
[www.bpkihs.edu](http://www.bpkihs.edu)

PHM - Nepal

rcw  
29/10/05



Main Identity

From: "K Bala" <kbala12@yahoo.com>  
To: <PHM\_Steering\_Group\_02-03@yahooogroups.com>  
Sent: Monday, November 28, 2005 12:02 PM  
Subject: Re: [PHM\_Steering\_Group\_02-03]

My dear Prem,  
Please convey our best wishes to Ravi Our prayers are with him. His exercise tolerance test was normal and did not reveal any discomfort or ECG changes. And yet his arteries were blocked. His collaterals would have taken over perhaps.  
Incidentally I did not get the original mail from you. I came to know about it from Qasem's response to you. We called on your mobile on 25th to wish Maya and Vince. It was engaged every time.  
Our love to all at home. Bala  
--- Qasem Chowdhury <gksavar@citechco.net> wrote:

(Sri Lanka)  
PHM-RN  
5/12

> Dear Prem,  
>  
> Thanks for this news. It is good to hear that he is  
> recovering well.  
> I do not know whether Ravi is reading his email or  
> not. Please pass  
> on all good wishes from us. I am sure that he will  
> make an excellent  
> recovery.  
>  
> Our best wishes to him and to you.

> Qasem

> --  
> This message has been scanned for viruses and  
> dangerous content by MailScanner, and is  
> believed to be clean.  
> Gramoon CyberNet Ltd.

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<\*> To visit your group on the web, go to:  
[http://groups.yahoo.com/group/PHM\\_Steering\\_Group\\_02-03/](http://groups.yahoo.com/group/PHM_Steering_Group_02-03/)

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