## Subject: Ecology Meeting Chandigarh - 8 Dec.2002

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Date: 16 Nov 2002 04:29:57 -0000
```

From: "Umendra Dutt" <umendradun@rediffmail.com>

To: brahm\_dutts@hotmail.com, bsbedi@vsnl.net, oib@goatelecom.com, d711@rediffinail.com, dsharma@ndf.vsnl.net.in, windston@vsnl.com, devendra\_swarup@hotmail.com, ap1966@hotmail.com, tiwari@yojana.nic.in, anandkumarrepbiol@hotmail.com, anilg@sristi.org, deepakmanhas@vahoo.com, ukanungo@hotmail.com, ashutoshhalder@vahoo.co.in

CC: iver\_kgopal@sifv.com, drysmk@yahoo.com, rajindersr@yahoo.co.in, joshitk@vsnl.com, sochara@vsnl.com, drynpandey@vsnl.net. durganandjha@rediffmail.com, eklavya@cseindia.org

```
Madam / Sir
Please find invetation for Ecology meeting to be held at
Chanoigark on 8th Dec.
This is for your kind information.
Thanks
Unendra Dutt
Director
Peti Virasat
- 36, G = 1,
Dilshad Garden
Delhi = 110 095
Tol: 0021-11-2570932
Email: umendradutt@rediffmail.com
: umendradutt@khetivirasat.com
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EcoMeetLetter-2.doc

<u>FeoMeetLetter-2.doc</u>

Type: Winword File (application/msword)

Encoding: base64
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18/11

R7 1811

The Earth has enough for everybody's need but not for anybody's greed. -Mahaima Gandhi

# KHETI VIRASAT

## Working Group on Ecology &

Natural Resource Conservation

St. No.-1, Kamla Colony, Patiala Gate, Nabha - 147201: Ph# 01765 - 524907: Email: khetivirasat@khetivirasat.com

Ecology & Natural Resource Conservation Meeting on 7-8th Nov.at Chandigarh

Respected Madam/Sir,

#### Namaskar!

"Truth is always bitter", but you have to face it today or tomorrow. It is true that the most prosperous and one of the most resource-rich States of India "Punjab" is on the brink of Ecological disaster. We the people of Punjab and Haryana invite the disaster only. By totally neglecting our traditional knowledge system and the classical scientific heritage, we lost our vision of prosperity and affluence. The vision that has roots in our ecology, our social systems, our cosmic beliefs and spirituality. The planners, leaders have fastened a development model on Punjab and Haryana emulating the western development model without testing it on the touchstone of the Social Model of our own. The result that was shown at the time of adoption was prosperity and abundance but in actual it has led us towards an unprecedented, irreparable cycle of destruction of our invaluable wealth i.e. natural resources.

We accepted the agricultural pattern, which was totally adverse to our water and ecological recourse. The new technology, new developmental paradigms, which we imported for improvements in the agriculture, have lead to mis-appropriation, mishandling, embezzlement and violent mis-treatment of the precious treasures of nature. The biggest affected reason is once the most resource rich Punjab, which has lost its entire forest, cover, its rich soil, ground water and bio-diversity.

The ground water table in Punjab has recorded an alarming decrease from 15 feet to 100-150 feet in general and even more in certain areas in the last two decades. To be more specific as per the statistics available out of 138 development blocks of Punjab 11 development blocks have been declared as dark zones (a term used to signify that there is no ground water at all). 72 blocks have been declared as over exploited or gray zones, which in other terms means more than 60% of geographical Punjab is heading towards desertification. Interestingly it is worthwhile to mention here that 30 years ago there was no dark zone in Punjab. Similarly the situation in the brother State i.e. Haryana is also not any brighter. Out of 108 development blocks of Haryana, 33 have been declared as gray zones and 8 as dark zones and this constitutes about 40% geographical area of Haryana. The reason that has led to the situation is not latent, but quite obvious and patent: both the States led to the green revolution in the Country and hence are the most benefited affected by the by-products of green revolution.

As per the scientific studies it took about 50,000,000 years for the water to get accumulated beneath the earth and we did not take even 50 years to exhaust the same on the name of development and progress. The situation has confronted us with some questions, which need to be addressed and answered: What will the future generation of Punjab drink? How the land of five waters will survive without any water? If we go by the estimates and the situation does not improve there will be no ground water left in Punjab after next 20 years, will Punjab be re-named as Be-aab? Our ignorant Chief Ministers have been practicing to provide free electricity to the Farmers so that they can use it to lift the ground water for irrigation purposes as a popular measure. Unfortunately they are not aware that the electricity can be generated, but can any Chief Minister generate or create ground water.

On one side is this over exploitation of the ground water on the other side the ground water re-charging pockets which were available in every village in form of Ponds are being filled leading to a situation where there is only discharge of ground water but no re-charge. We are daily committing sins by filling of village ponds to built Panchayat Bhawans, Block Development Offices and Community Centers. Our Ministers and leaders are going to inaugurate these buildings without understanding that these development buildings are in actual the graves for future generation.

Not only this the developed and progressive agriculture given by the green revolution has contaminated all the water bodies. The use of chemical fertilizer and pesticides has polluted the water resources of Punjab even the ground water in Punjab is contaminated with Chromium, Selenium and Nitrates.

By blindly imitating the western system we have adopted agro-chemicals, new variety of seeds, Foreign breed of Caule, machines and tractors etc. in the name of green revolution whereas it has taken toll of our native varieties of seeds, cattle breeds, traditional system of agriculture and the most importantly our natural resources like water and bio-diversity. Moreover, the future looks darker, in the age of Globalization, Privatization, and Plunderization by W.T.O., the loss of natural resources and bio-diversity is going to be ignored more.

Kheti Virasat has taken an initiative catalyze a debate and to initiate a constructive movement in this regard. Accordingly The Working Group on Ecology and Natural Resource Conservation of Kheti Virasat is hosting a strategic meeting on Sunday December 8, 2002 on this issue at Chandigarh.

You are invited and requested to participate in this meeting.

Shri Anupam Mishra, Eminent Environmentalist & Secretary, Gandhi Peace Foundation, New Delhi: Shri Banwari Ji, Former Editor, Jansatta, Delhi: Waterman of India and Magsassey Award Winner Shri Rajinder Singh, Alwar, Rajasthan; Dr. R.N. Athavale, Emericus Sciencist, National Geophysical Research Institute, Hyderabad; Dr. Bajrang Lal Gupta, Economist; Eminent Agriculture Economist and Activist Shri Davinder Sharma; Environmentalist Shri Ravi Aggerwal: Shri Jagdish Upasane, Associate Editor-India Today: Shri Ram Bahadur Rai, News Editor Jansatta; Shri V. Murlidharan, Director General NYKS and Environmentalist Shri Sudheendra Sharma, have already given their consent for this meeting.

Looking for you cooperation and guidance.

Please confirm your participation at earliest so that the arrangements can be made accordingly. With thanks and warm regards.

Yours truly. Umendra Dun Director, Khoti Virasat, B-36 G-1, Dilshad Garden, Delhi-95. Phone 011-2570982 E-mail : umendradutt@rediffmail.com E-mail : umendradutt@khotivtrasat.com

The venue for this meeting will be Seminar Hali
C R I D - (Centre for Research in Rural & Industrial Development)
Sector 19 - A, Madhya Marg, Chandigarh.
For details you can contact:
Shri Surinder Singh (Assistant Director - Kheti Virasat)
Ph: 01887 33295 :Mobil 98154-28250
E-mail: surinder\_mankoo@rediffmail.com
or
Shri Pankaj Jain, Advocate.
Convenor, Working Group on Ecology & Natural Resource Conservation
Kothi No.-87;Sector-2
Chandigarh
Phone-0172-745845; Mobile-9814302432
E-mail: pankaj jainadv@yahoo.com ASF 2003

Subject: ASF 2003 Date: Tue, 26 Nov 2002 16:19:14 +0530 From: Community Health Cell <sochara@vsnl.com> To: Niranjana Udumalagala <udumalagala@hotmail.com>

Doar Niranjan,

Greetings from Community Health Cell / Peoples Health Movement!

I have just returned from GK Savar after attending the PHM core group meetings where ASF, Alma Ata Anniversary and other activities were discussed. Please could you or Vinay write to Prem John immediately with some specific details about funding, etc? We are all trying to raise something as well. Also contact Dr.Bala since HAI-AP could support a little. Mark copies of all your letters to me. Glad to hear about the 12 meetings on AAA. Where will they be held? Some more details are welcome so that we can announce it in the next communication.

Best wishes,

avi Narayan CHC / PHM

26/1

PHM- Sulake ->

Subject: ASF 2003 JAN Date: Fri, 22 Nov 2002 09:55:10 +0000 From: "Niranjan Udumalagala" <udumalagala@hotmail.com> To: sochara@vsnl.com

Dcar Dr.Ravi,

Today morning we had a meeting with PHA group.Participation to ASF is depend on funds at the moment we are not abel to find funds. I like to know about the position of funds. If possible let us know by the time 1st week of Dec. Also we are alredy plannde 12 meeting to next year(one foe each month) about 25 years of ALMA ATA. with regards,

Niranjan

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2 Clin Jer

Dear Noranjan & have just rehund From GK-Sarar ofter attending the PHM Core group meeting where ASF, Alma Ata Anniversary and ofter activities were could you or Vinya discussed. Please, write to Been John specific inmedicately with Some, details about funding etc. We are all Kying to raise Something as well. Also contact Dr Bala Since HAI-AP could Support a little. Mark Copies of all your Letters to me. Glad to hear about the 12 meetings on AAP.

where will key be held. Some more

details one welcome so that we can

consource it is the next communication.

26/1

Citc /PHM

Revi Noragon

Best ushes

Re: ASF Jan 2003

Subject: Re: ASF Jan 2003 Date: Tue, 17 Dec 2002 16:31:09 +0530 From: Community Health Cell <sochara@vsnl.com> To: Niranjan Udumalagala <udumalagala@hotmail.com> Dcar Niranjan,

Greetings from Community Health Cell!

No news from you or Vinya about Srilankan participation at ASF-Hyderabad. We are all hoping that atleast you, Vinya and Dr.Bala will some how make it. Have you written to Prem John - ACHAN? I did not get a copy if you did. We ahve show all three of you on the programme and made a tentative booking in the CHAI - Guest House at Hyderabad. I had hoped the PHM secretariat would have ome support available. They are unable to do so but I am still hoping we will raise something. Till now I have still received a letter or a copy of what is the minimum per person to cover the fare etc. Do try and make it somehow.

Best wishes,

Ravi Narayan CHC / PHM

Niranjan Udumalagala wrote:

> Dear Dr. Ravi, > Creeting from Sri Lanka. > We are meeting on 22nd Nov to disscuse about ASF. I like to know that ASF > SECRATAREAT able to fund 10 of Sri Lanken to participate for ASF. If it is > possible let me know before 22nd then we will be able to send names of > participants. with regards, > NIRANJAN UDUMALAGALA > > Help STOP SPAM with the new MSN 8 and get 2 months FREE\*

> http://jcin.msn.com/?page=features/junkmail

PHM-Sulake +

RN 21/12

Subject: ASF Jan 2003 Date: Mon. 18 Nov 2002 10:47:39 +0000 From: "Niranjan Udumalagala" <udumalagala@hotmail.com> To: sochara @vsni.com

Dear Dr. Ravi, Greeting from Sri Lanka. We are meeting on 21nd Nov to disscuse about ASF. I like to know that ASF SECRATAREAT able to fund 10 of Sri Lanken to participate for PSF. If it is possible lot me know before 22nd then we will be able to send names of participants. with redards, NIKANJAN UDUMALAGALA

Dear Nuranjun.

1p SICP SPAM with the new MSN 8 and get 2 months FREE\* tp://join.msn.com/?page=reatures/junkmail

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Bestushes 1200 Norgen CHORHM

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Somethins. Till now

A hore shill received,

Vinge chour Snicken perhapetion Cr ASF-itydenclocd. We are all hoping that aleast you, vinge and P. Bala will some how make it Have you wanter to Ben John ACHAN? I did not get ccopy if you did. We have show all three of you on the programme and made a Ventarive booling is the CHAI-Guest House at Hyderchad shill a copj d per re my ter or min mon correr porty is the per pore od gomenow I had hoped the PHM secretariat would have some support available. They are unable to do so bet I an shilling 1938 Su

Rephird on 21/11/02

14/12/02

No news from you or

Subject: Fwd. Re. ASF 2003 Date: Thu, 19 Dec 2002 20:57:37 -0800 (PST) From: Niranjan Udumalagala <uniranjanlk@yahoo.com> To: sochara@ysnl.com

Note: forwarded message attached.

De you Yahoo!? Yahoo! Mail Plus - Powerful, Affordable. Sign up now. <u>http://mailplus.yahoo.com</u>

Subject: Re: ASF 2003

Date: Wed, 18 Dec 2002 15:09:25 +0000 From: "Prem John" <premjohn9141@hotmail.com> To: uniranjanlk@yahoo.com

My dear Niranjan,

I have sent your note to Ravi and Qasem and toild how important this is. Contact me in the next few days.

Warm regards

Prem

```
>From: Niranjan Udumalagala <uniranjanlk@yahoo.com>
>To: premjohn9141@hqtmail.com
>Subject: ASF 2003
>Date: Tue, 10 Dec 2002 21:43:06 -0800 (FST)
```

>Dear Frem, >T send afew e-mails to Dr.Ravi but ther is no reply. >If possible try to contact him and asked him send a >reply to me or Dr.vinya about funds. >with regards, >NIRANJAN > >Do you Yahoo!? >Yahoo! Mail Plus - Powerful. Affordable. Sign up now. >http://mailplus.yahoo.com

PHM-Smlenke

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For Ravi

Subject: For Ravi Date: Wed, 18 Dec 2002 15:06:32 +0000 From: "Prem John" <premjohn9141@hotmail.com> T0: sochara@vsnl.com CC: gksavar@citechco.net

Dear Ravi,

These Sri Lankan contacts are very firm ones and we need to nurture and strengthen them. As we talked about it in Savar, it does not really cost much for some one from Sri Lanka to come to Hyderabad. Perhaps around Rs. 12,000 perhead - flight Colombo-Madras-Colombo and then train (we need to book the train). Vinya should get flight Madras-Hyd-Madras also. Another 9,000 or so. We are looking at a figure of around Rs. 100,000 for Vinya and fine others or around US\$ 2,000. I think it is a good investment and MUST be made if we are to keep alive our contacts in the region.

Earlier I sent a small plan for Cambodia, Laos, Thailand, Myanmar and Indonesia. Again very small amounts but the benefits are a lot, hopefully!!

If the current budget cannot support these types of small amounts, we should try and get them elsewhere.

Warm regards,

Prem

```
>From: Niranjan Udumalagala <uniranjanlk@yahoo.com>
>Tc: premjohn9141@hotmail.com
>Subject: ASF 2003
>Date: Tue, 10 Dec 2002 21:43:06 -0800 (PST)
>
>Dear Prem,
>I send afew e-mails to Dr.Ravi but ther is no reply.
>If possible try to contact him and asked him send a
>reply to me or Dr.vinya about funds.
>with regards.
>NIRAMJAN
>
>Do you Yahoo!?
```

>Yahoo! Mail Plus - Powerful. Affordable. Sign up now. >http://mailplus.yahoo.com

MSN 8 with e-mail virus protection service: 2 months FREE\* http://join.msn.com/?page=features/virus

#### Subject: ASF 2003

Date: Wed. 08 Jan 2003 14:50:55 +0530

From: Community Health Cell "sochara@venl.com>

10: Vinva <sirimato/a/eureka.ik>. Vinva Ariyaratne <ssmplan/a/sri lanka.net>

#### Doar Vinya,

Creatings for the New Year from the PHM Socretariat at CHC Bangalore!

We Hissed you all at the ASF-through the presence of Niranjan was very good and we managed to get Prof. Tisa Vitarana to make a presentation on Primary Health Care Challenges in Sri Lanka in the Alma Ata Anniversary reflection. I wish some of you had taken the risk and attended. Believe it of not, I got some confirmation of the support for Sri Lanka participants on /th on my return from Hyderabad, which was a anti climax. Niranian and Prof. Vitarane and others can report back about the Asia Social Forum events. Do keep in touch directly with me. Hope to be more supportive of your FKM Sri Lanka initiatives and presence in global initiatives. Keep me on the mailing list so that I can keep of your Sri Lankan meetings and initiatives.

Bost wishes,

Nº 1

Ravi Narayan PFM Secretariat.

PHM Smilesker

RH 13/1/03 Subject: Travel Expenses Date: Wed, 18 Dec 2002 21:53:25 +0600 (GMT) From: "Dr.Vinya Ariyaratne" <ssmplan@sri.lanka.net> T0: <sochara@vsnl.com> CC: <udumalagala@hotmail.com>

Dear Ravi,

1 am made to understand that you have not received this e-mail which was sent to you on 24th October. I copy it again below for you information. As I have not heard from you since then, I could not proceed with organizing anything for our participation as a group. However, some of the PHM participants from Sri Lanka such as Vasudeva Nanayakkara have made their own individual arrangements to go. There will be around 50 participants from Sri Lanka from various organizations who will travel to Hyderabad. At this point I am really not sure whether I will be able to come. It is now really too late for me to make arrangements to go. I will keep you informed of any developments from this end.

With best regards,

Vinya

#### Dear Dr.Narayan,

This has refeince to your e mail sent to Mr.Neranjan regarding the cost of travel for 10 Sri Lankan participants to the Asian Social Forum scheduled to be held in Hydrabad from 2nd-7th January 2003. The total travel cost per person is approximately US \$ 255 (return) and Please find attached the cost breakdown.

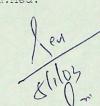
With best regards,

Yours sincerely,

Dr.Vinya Ariyaratne

Dr.Vinya S. Ariyaratne, M.D., M.P.H., M.Sc.Com.Med. Executive Director Sarvodaya Shramadana Movement Sarvodaya Headquarters "Damsak Mandira" 98, Rawatawatta Road Moratuwa Sri Lanka.

Tel: 94-1-647159 94-1-655255 94-1-655669 (Direct) Fax: 94-1656512 e-mail: ssmplan@sri.lanka.net website: www.sarvodaya.org



18 19/12/02

Do keep is me tope vo dore city with me d I and dore city sepport which e dood be more support on the is stand

Dear Vinya prile New Year Greekings from CHC We mersed you all at the AGF-though the presence of Niscijan was very good and we managed to get Prof Tisa Viverana to make a presentity.

Ri on Armany Ri Health care Billo3 Health care challenges in Srilarka is the Alma Ake Anniversary reflection. I wish some of you had taken the risk and inder Believe is and on any chended. I got confirmation of the support for Snilarka partuparts on 7th on my return from Hydeuched which was a articlumax. Nor anjan and Rig Villarana and other can report bagthenorther the Asia Social Forum events

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Cost of travel to Hydrahad India (Jan	$12 \text{ rv} 2^{\text{nd}} - 7^{\text{th}} 2003)$
Cost of travel to Hydrabad India (Janu (In Sri Lankan Rupees)	ary 2 <sup>nd</sup> -7 <sup>th</sup> , 2003)
	12ry 2 <sup>nd</sup> -7 <sup>th</sup> , 2003)
	lary 2 <sup>nd</sup> -7 <sup>th</sup> , 2003) - Rs.15,000
(In Sri Lankan Rupees)	
(In Sri Lankan Rupees) Air ticket (Madras – Colombo return)	- Rs.15,000
(In Sri Lankan Rupees) Air ticket (Madras – Colombo return) Visa fees	- Rs.15,000 Rs. 250
(In Sri Lankan Rupees) Air ticket (Madras –Colombo return) Visa fees Embarkation tax	- Rs.15,000 Rs. 250 Rs. 1,000

Total

Rs.24,250

(US \$ 255 per person)

Total for 10 participants from Sri Lanka US S 2550.00 (two thousand five hundred and fifty US dollars only)

CLIM FORM ASEAM SOCEAL FURUM Hydrabed 2-7 JAN 2003

AIR FIRE (COLOMBO - MADROS - COLOMAN LKR = 14800.00 Include Emberication. lax at MADRAS visa fees LKR = 270.00

Embercation tax LER = 1000.00 AF COLOMBO US\$ 1 = 96.00 LKR TOFER LAR 16070.00 =450 167-40 Taxi fair Air port to IR = 190-00 B Dr. Prem's home and from 380 00 Dr Prem's home to Air post

Taxi fair Dy Poem's have to Central Salion and IR = 140.00 Station to Dr Premis home

En = 638.00

INR 1158-00

IR.

10-58-00

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Total 455 192-00

Train fair from CHENINGI Hydrabad - CHENNIS

US\$ 1= 47.00 IR

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ASIAN SOCIAL FORUM Jan 2-T, 2003, Hyderabal

Name: NIRANJAN UDUMALAGALA Adress: 252/1. GALAIBADAWATTA, ATHURUGERENO SRI LANKA. udumalaçala @ hotmail com Aganisation : Peopel's Health Movement SRI LAMAD Name of the banks Peopel's Bank. Address of the back: Thibirigasyaya SRE LANYLA Account Name: & Current Account Account No : 50223 107-005021-3 Any Swift lode , Por Nurat Amount in 185 : 139-90 192USD In works; one hundred and Righty two only Nine histy. Only

Ron Norayon Approved by PHM

Loadinator

Signature:

Acte.

Subject: Re: ASF 2003 Date: Thu, 09 Jan 2003 08:31:31 +0600 From: "Vinya Ariyaratne" <ssmplan@hotmail.com> To: sochara@vsnl.com CC: ssmplan@sr.lanka.net

#### Dear Ravi,

Many thanks for your kind e-mail and I am really very pleased that the event was a great success. I really am sorry I was not bale to attend. There is too much on my plate right now and unless I plan well in advance I just cannot afford to take time to attend meetings. Right now I am in travelling and as soon as I return to Colombo we have fixed a meeting to plan this years' events. I certainly will keep you informed and we would you to visit Sri Lanka as soon as possible.

With best regards,

Sincerely,

Vinya

>From: Community Health Cell

>To: Vinya , Vinya Ariyaratne >Subject: ASF 2003 >Date: Wed, 08 Jan 2003 14:50:55 +0530 >

>Dear Vinya,

>

>

>Greetings for the New Year from the PHM Secretariat at CHC Bangalore!

>We missed you all at the ASF-through the presence of Niranjan was very >good and we managed to get Prof. Tisa Vitarana to make a presentation on >Primary Health Care Challenges in Sri Lanka in the Alma Ata Anniversary >reflection. I wish some of you had taken the risk and attended. Believe -it or not, I got some confirmation of the support for Sri Lanka >participants on 7th on my return from Hyderabad, which was a anti >climax. Niranjan and Prof. Vitarane and others can report back about the >Asia Social Forum events. Do keep in touch directly with me. Hope to be >more supportive of your PHM-Sri Lanka initiatives and presence in global >initiatives. Keep me on the mailing list so that I can keep of your Sri >I ankan meetings and initiatives.

>Best wishes, > >Ravi Narayan >PHM Secretariat.

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Philoz'

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RN 13/1/53

28th February 2002

Dr Ravi Narayan Coordinator PEBBLE'S HEALTH MOVEMENT Community Health Cell 367 Srinivasa Nilaya Jakkasandra 1st Main -Koramanagala 1st Block Bangalore 560 034 Karnataka INDIA.

Dear Sir,

Plos by pool send poolulus set of poolulus set of poolulus then then the fue It is with a great deal of pleasure and much satisfaction that I write to congratulate you on your new appointment. I wish you every success in your future endeavours.

We would like to stay in contact with the People's Health Movement We would like to subscribe to the People's Health Movement to maintain contact with the network and receive your communication People's Health Movement, and to share hard copies. I do not have access to the internet and email services.

We are very interested in Booklets, magazines, newsletters produced by People's Health Movement.

Please send a copy of a five booklet series which has been brought out by the PHM India Movement for guiding district and state seminars

1. What Globalization does to peoples health 2. Whatever happened to health for all by 2000AD 3. Making life worth living 4.A world where we matter 5. Confronting commercialization of health care

I have indicated my wish to receive hard copies of any materials produced by People's Health Movement.Please keep my name permanently for all free issue to come. I think the completion and forwarding of this letter to you will serve as a confirmation of my interest in remaining a free subscriber to the People's Health Movement publication.

I hope the enclosed information will be favourably considered and my name will be addedd in your mailing list as accurate and update in the network publication.

I am wishing all of you a healthy, happy and a better working year 2003 Please send me more information.Your assistance is greatly appreciated.

We would appreciate it very much if you could acknowledge receipt of this 22/3/03 letter. Dear Mohamed Zarovik Zackeringe

Thanking you Yours faithfully 112-100 L Mohamed Zarook Zackeriya 31 Mosque Lane Kollupitiya Colombo -03 SRI LANKA

in) Please be is Vouch with the Dr Virya Ariyarchie 120 who is the PHM country feel 12:3 point for Snlanke. and also Nurayana Udugamajala and Dr Bala. Their emails and address one enclosed. tancon ion PHM meetings is your count- in) & may altend PHM meetings is for con ion PHM meetings is your count- in) & may altend PHM meetings is colombo on 2" of April Hope loneer

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Dear Mohamed Zarook Zackeriya,

Greetings from People's Health Movement Secretariat at CHC, Bangalore!

- 1. I am posting a set of PHM materials as requested.
- The Indian booklets are being reprinted as they are out of stock. I am sending only one of them which we still have some stock you can download them from our website (www.sochara.org) or wait till we reprint them.
- 3. Please be in touch with the Dr. Vinya Ariyaratne, who is the PHM country focal point for Sri Lanka and also Niranjan Udugamagala and Dr.Bala. Their emails and addresses are enclosed. You can join PHM meetings in your county.
- 4. I may attend PHM meeting in Colombo on 7th of April. Hope to meet you then.

Apologies for the delay in replying. I was on a PHM lecture tour in USA till 19th March.

Best wishes,

Ravi Narayan Coordinator, PHM Secretariat

265 Please add Viryes & Norayese full Address and Vel. No

63107

Ref: CHC/ /2003

March 25, 2003

Mr. Mohamed Zarook Zackeriya 31. Mosque Lane. Kollupitiya, Colombo – 03 Sri Lanka

Dear Mohamed Zarook Zackeriya,

Greetings from People's Health Movement Secretariat at CHC, Bangalore!

- 1. I am posting a set of PHM materials as requested.
- 2. The Indian booklets are being reprinted as they are out of stock. I am sending only one of them which we still have some stock you can download them from our website (www.sochara.org) or wait till we reprint them.
- Please be in touch with the Dr.Vinya Ariyaratne, who is the PHM country focal point for Sri Lanka and also Niranjan Udugamagala and Dr.Bala. Their emails and addresses are enclosed. You can join PHM meetings in your county.
- 4. I may attend PHM meeting in Colombo on 7<sup>th</sup> of April. Hope to meet you then.

Apologies for the delay in replying. I was on a PHM lecture tour in USA till 19th March.

Best wishes.

Rom Nanayon

Ravi Narayan Coordinator, PHM Secretariat

P.S: Addresses:

Dr. Vinya Ariyaratne Executive Director, Sarvodaya Shramadana Movement, Sarvodaya Headquarters, "Damsak Mandira", 98, Rawatawatta Road, Moratuwa, Sri Lanka, Tel: 94-1-647159 94-1-655255 94-1-655669 (Direct) Fax: 94-1-656512 Email: <u>ssmplan@sri.lanka.net</u> Website: www.sarvodaya.org Mr. Niranjan Udumalagala 252/1, Galabadawatta, Athurugeriyo, Sri Lanka, Tel: 94-1-563051 Email: udumalagala@hotmail.com

Page 1 of 2

## **Community Health Cell**

From: Qasem Chowdhury <gksavar@citechco.net> To: Dr. Vinya Ariyaratne <ssmplan@sri.lanka.net>; Community health cell <sochara@vsnl.com> Senf: Monday, March 03, 2003 3:23 PM Subject: **PHM Publications** 

4th

Dear Vinya and Ravi,

Following letter for your information and further follow up.

Best wishes.

Qasem

Dr. Terence Perera FRCP; DCH March 2003 Animator, Health and Elders No. 16 Lavards Road Colombo 5 Sri Lanka

Dear Dr. Perera,

Thanks for your interest in The People's Health Movement Publications. I am sending you the publications by separate post. Please acknowledge the receipt. If you want to know about People's Health Movement, kindly contact our Country Link Person in Sri Lanka at the following address.

Dr. Vinya S. Ariyaratne Executive Director, Sarvodaya Shramadana Movement, Sarvodaya Headquarters, "Damsak Mandira" 98 Rawatawatta Road, Moratuwa Sri Lanka Tel.: 94-1-655255, 655669(dir), 0722-44690 (Mobile), Fax: 94-1-656512 E-mail: ssmplan@sri.lanka.net Web: www.sarvodaya.org

Please also note that PHM Secretariat recently shifted to India at the following address. For further information please contact at the new address>

Dr. Ravi Narayan

Coordinator **PHM** Secretariat \$67 Srinivasa Nilaya, Jakkasandra 1st. Main,
1st. Block, Koramangala,
Bahgalore 560 034, India
Tel.: 91-80-5531518/ 5525372 Fax: 91-80-5525372
E-mail: sochara@vsnl.com Website: www.sochara.com

Looking forward for your continuous support towards People's Health Movement.

Yours sincerely,

Dr. Qasem Chowdhury Past Coordinator PHM Secretariat

 From:
 Dr. Vinya Ariyaratne <ssmplan@sri.lanka net>

 To:
 PHM Secretariat <phmsec@touchtelindia.net>

 Sent:
 Tuesday, March 25, 2003 CHC7 AM

 Subject:
 Rc: PHM Publications

### Dear Ravi.

Thank you for your e-mail. Infact I was desparetly trying to contact you. We are having the Sri Lanka a seminar on peoples health on 9th April to co-incide with the world health day. The porgramme is in the afternoon from 3.00 6.00 p.m. So it would be ideal if you could come an the 6th or the 7th and leave on the 10th (We could have other discussions on the 8th (ie. Healh Resource Centre - Sri Lanka). If Thelma could also come it would be great. She could guide us on the HRC. We will look after the local board and lodging if you could meet the travel expenses. Now, Indians do not need visas to visit Sri Lanka. You will get the tourist visa on arrival.

I look forward to haring from.

Regards,

Sincerely,

Vinya

At 05:08 PM 3/24/2003 +0530, you wrote:

Dear Vinva

Greetings from Peoples Health Movement Secretariat at CHC, Bangalore!

I just returned from a three week PHM US lecture tour with Thelma and Zafarullah. We covered several cities and universities at the request pf the PHM US focal points, Hesperian Foundation and Doctors of Global Health. What news of the PHM Sri Lanka meetings? If the programme has evolved and you are still keen for me to join the 7th April meetings (or around that date), please send the details and letter for visa and other purposes as soon as possible. I have videos, CDs, slides and OIIPs and a mobile exhibition to animate the proceedings but early notice is required to make necessary plans. Our PHM India National Coordination Committee meeting is in Delhi on 11th April so if I do make it it will have to be between 6th and 10th April.

Await an early reply.

Best wishes,

Ravi Narayan

RN

 From:
 PHM Secretariat <phmsec@touchtelindia.net>

 To:
 <ssmplan@sri.lanka.net>

 Sent:
 Monday, March 24, 2003 CHC5 PM

 Subject:
 PHM Publications

#### Dear Vinya

Greetings from People's Health Movement Secretariat at CHC, Bangalore!

I just returned from a three week PHM – US lecture tour with Thelma and Zafarullah. We covered several cities and universities at the request of the PHM – US focal points, Hesperian Foundation and Doctors of Clobal Health. What news of the PHM – Sri Lanka meetings? If the programme has evolved and you are still keen for me to join the 7<sup>th</sup> April meetings (or around that date), please send the details and letter for visa and other purposes as soon as possible. I have videos, CDs, slides and OHPs and a mobile exhibition to animate the proceedings but early notice is required to make necessary plans. Our PHM India National Coordination Committee meeting is in Delhi on 11<sup>th</sup> April so if I do make it – it will have to be between 6<sup>th</sup> and 10<sup>th</sup> April.

Await an early reply.

Best wishes,

Ravi Narayan Coordinator, PHM Secretariat. Community Health Cell #367 "Srinivasa Nilaya" Jakkasandra 1st Main, I Block Koramangala Bangalore-560034 Join the "Health for all, NOW" campaign in the 25th anniversary year of the Alma Ata declaration visit <u>www.TheMillionSignatureCampaign.org</u>

Dear Vinya and Ravi,

Following letter for your information and further follow up.

**Best wishes** 

Oasem

Dr. Terence Perera FRCP; DCH March 2003 Animator, Health and Elders No. 16 Layards Road Colombo 5 Sri Lanka 4th

Dear Dr. Perera,

Thanks for your interest in The People's Health Movement Publications. I am

From:	Dr.Vinya Ariyaratne <ssmplan@sri.lanka.net></ssmplan@sri.lanka.net>
To:	PHM Secretariat <phmsec@touchtelindia.net></phmsec@touchtelindia.net>
Sent:	Tuesday, March 25, 2003 CHC7 AM
Subject:	Re: PHM Publications

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I look forward to having from.

Regards.

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Vinya

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Await an early reply.

Best wishes,

PHM- Sulenke

Ravi Narayan Coordinator, PHM Secretariat. Community Health Cell #367 "Srinivasa Nilaya" Jakkasandra 1st Main, I Block Koramangala Bangalore-560034 Join the "Health for all, NOW" campaign in the 25th anniversary year of the Alma Ata declaration visit www.TheMillionSignatureCampaign.org size=2> Dear Vinya and Ravi.

•

2003-04-01 12:09 FROM

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Voyages international (P) Ltd Krishna Mansre, 14/8, Wood Streat. Rishmond Rood, Bangalore - 860 025. Frans: 5555305, 5552579565 Telefax: 559749-Email: astronogiveniest 51/2632

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From:	Dr.Vinya Anvarane <ssmplan@sinianka.net></ssmplan@sinianka.net>
To:	erim Secretariat < ohmsec@nouchtelindia.net>
Sent:	Monday March 31, 2003 8:01 PM
Subject	Re: PHM Meeting

### Dear Ravi.

Thanks for the message. Our meeting is on the 9th. So you can arrive on the 8th and leave on the 10th.

Regards

#### Vinta

Ai 06:43 PMI 3/31/2003 +0530, you wrote:

Dear Vinya,

ps = "um:schemas-microsoft-com:office:office" />

Greennos from Peoples Health Movement Secretariat at CHC, Bangalore!

Thanks for your communications of 25th March. Just a quick response.

As of now Lam booked to arrive on 7th April by UL172 at 11.50 (Bandaranayike International) directly from Bangalore cleaving at 10.00am). And I shall fly to Delhi on 10th April by UL191 leaving at 1015

Since t an hard pressed for time in lieu of PTNJ Geneva and various other request, I would like to reduce the days if possible. Are you planning your seminar on 9th or 7th April? If its 9th, could I arrive on our so that I get an extra working day in Bangalore?

The maximum of the shie to join the meeting. I shall guide the discussion on Health resource center based on Crices experience on Sth.

F.H. 174/032

PHM- Smi Lanka

 From:
 PHM Secretariat <phmsec@touchtelindia.net>

 To:
 <ssmplan@sri.lanka.net>

 Sent:
 Monday, March 31, 2003 6:43 PM

 Subject:
 PHM Meeting

Dear Vinya,

Greetings from People's Health Movement Secretariat at CHC, Bangalorel

Thanks for your communications of 25th March. Just a quick response.

As of now I am booked to arrive on 7<sup>th</sup> April by UL172 at 11.50 (Bandaranayike International) directly from Bangalore (leaving at 10.00am). And I shall fly to Delhi on 10<sup>th</sup> April by UL191 leaving at 1915.

Since I am hard pressed for time in lieu of PHM Geneva and various other request, I would like to reduce the days if possible. Are you planning your seminar on 9<sup>th</sup> or 7<sup>th</sup> April? If its 9<sup>th</sup>, could I arrive on 8<sup>th</sup> so that I get an extra working day in Bangalore?

Thelma will not be able to join the meeting. I shall guide the discussion on Health resource center based on CHC's experience on 8<sup>th</sup>.

Do you think it would be a good idea to call Prem John (since he has been coordinating the Asian process in PHM).

Please reply urgently or call me at PHM Secretariat (00-91-80-51280009) or at home (00-91-80-5533064).

Best wishes,

Ravi Narayan Coordinator, People's Health Movement Secretariat (Global), CHC-Bangalore #367 "Srinivasa Nilaya" Jakkasandra 1st Main, I Block Koramangala

> 3/31/03 Page 2 of 2

## Main Identity

From:	TRAVEL TOURS PRIVATE LIMITED (AGENTID00238596)
	<emailserver@pop3.amadeus.net></emailserver@pop3.amadeus.net>
To:	<sochara@vsnl.com></sochara@vsnl.com>
Sent:	Friday, March 28, 2003 CHC2 PM
Subject:	YOUR TRAVEL INFORMATION

# YOUR TRAVEL INFORMATION

NO1/1,1 MILLER BANGAL TEL FAX EMAIL PASSEN	TOURS PRIVATE 1 MILLER ARCADE S ROAD,VASANTH 1 ORE 560 052 : 2287027/28 : 2287029 : TTPLTOURSGAMAN GER(S): ARAYAN/DR	IAGAR	DATE OF AGENI IJ AMADEUS AIRLINE IC/RGKCI	REF NU REF NU	IIK MBER: MBER(	YM2T4U S):	
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PLEASE RECONFIRM YOUR RETURN JOURNEY 72 HRS FRIOR DEPARTURE \*\*\*\*\*\*\* THANK YOU FOR CHOOSING TRAVEL TOURS \*\*\*\*\*\*\*

VIEW YOUR ITINERARY ONLINE AT HTTP://WWW.CHECKMYTRIP.NET YOUR AMADEUS REFERENCE NUMBER IS: YM2T4U Dear Vinya,

Greetings from People's Health Movement Secretariat at CHC, Bangalore!

Thanks for your communication of 25th March. Just a quick response.

As of now I am booked to arrive on 7<sup>th</sup> April by UL172 at 11.50 (Bandaranayike International) directly from Bangalore (leaving at 10.00am). And I shall fly to Delhi on 10<sup>th</sup> April by UL191 leaving at 1915pm.

Since I am hard pressed for time in lieu of PHM Geneva and various other request, I would like to reduce the days if possible. Are you planning your seminar on 9<sup>th</sup> or 7<sup>th</sup> April? If its 9<sup>th</sup>, could I arrive on 8<sup>th</sup> so that I get an extra working day in Bangalore?

Thelma will not be able to join the meeting. I shall guide the discussion on Health resource center based on CHC's experience  $\Im^{lh}$ 

Do you think it would be a good idea to call Prem John (since he has been coordinating the Asian process in PHM).

Please reply urgently or call me at PHM Secretariat (00-91-80-51280009) or home (00-91-80-5533064).

Best wishes,

Ravi Narayan Coordinator PHM Secretariat (Global)

PS. If I come on he 8th - it will be by IA reaching Colombo at \_\_\_\_\_am.

From: To: Sent: Subject	<emailserver@pop3.amadeus.net> <sochara@vsnl.com> Tuesday, April 01, 2003 4:54 PM t: YOUR TRAVEL INFORMATION</sochara@vsnl.com></emailserver@pop3.amadeus.net>				
	YOUR TRAV	EL INFORI	ITAN	ON	
NO1/1, MILLER BANGAL TEL FAX	. TOURS PRIVATE LIMITED MILLER ARCADE SS ROAD, VASANTH NAGAR ORE 560 052 : 2287027/28 : 2287029 : TTPLTOURS@AMAMAIL.NET	DATE OF AGENT I AMADEUS AIRLINE IC/RGKC	NITIAL: REF NU REF NU	HK JMBER: JMBER (	YM2T4U (S):
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STECIAL REQUEST: ASIAN VEGETARIAN MEAL CONFIRMED FORAVI NARAYAN/DR

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4/3/03 Page 2 of 2

AIRBUS INDUSTRIE A320-100/200 SNACK RESERVATION CONFIRMED

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PLEASE RECONFIRM YOUR RETURN JOURNEY 72 HRS PRIOR DEPARTURE \*\*\*\*\*\*\* THANK YOU FOR CHOOSING TRAVEL TOURS \*\*\*\*\*\*\*

VIEW YOUR ITINERARY ONLINE AT HTTP://WWW.CHECKMYTRIP.NET YOUR AMADEUS REFERENCE NUMBER IS: YM2T4U

\_\_\_\_\_

Page 1 of 1

8

## **PHM Secretariat**

From:	PHM Secretariat <phmsec@touchtelindia.net></phmsec@touchtelindia.net>
To:	<ssmplan@sri.lanka.net></ssmplan@sri.lanka.net>
Sent	Thursday, April 03, 2003 0:11 PM
Subject:	PHM Meeting - Sri Lanka

Dear Vinya,

Greetings from People's Health Movement Secretariat at CHC, Bangalore!

This is to confirm that I shall now arrive in Colombo on 8<sup>th</sup> April Tuesday by UL122 at 12.35 noon from Chennai and leave for Delhi on 10<sup>th</sup> April by UL191 at 19.15. Please send me the programme of meetings and discussions by Monday 7<sup>th</sup> so that I can bring necessary resource center. I am very keen to meet Dr. Bala (HAI-ROAP). Hope he will be there. He is on the PHM Steering Committee so there's lots to discuss. Also with you all about PHM Geneva meetings etc. I am trying to cover the cost of the travel from PHM Secretariat's meager resources. A small contribution may be helpful and symbolic. Looking forward to our interactions. Will there be some one at the airport to meet me?

Best wishes,

#### Ravi Narayan

RA

Coordinator, People's Health Movement Secretariat (Global), CHC-Bangalore #367 "Srinivasa Nilaya" Jakkasandra 1st Main, I Block Koramangala Bangalore-560034 Join the "Health for all, NOW" campaign in the 25th anniversary year of the Alma Ata declaration visit <u>www.TheMillionSignatureCampaign.org</u>

> Corrected & lent fighto>

# YOUR TRAVEL INFORMATION

TRAVEL TOURS PRIVATE LIMITED NO1/1, MILLER ARCADE MILLERS ROAD, VASANTH NAGAR BANGALORE 560 052 TEL : 2287027/28 FAX : 2287029 EMAIL : TTPLTOURS@AMAMAIL.NET

PASSENGER(S): RAVI NARAYAN/DR

DATE OF ISSUE: 03APRIL03 AGENT INITIAL: HK AMADEUS REF NUMBER: YM2T4U AIRLINE REF NUMBER(S): UL/CHK3MF 9W/JTIETS

TICKET NUMBER(S): 603 3661499250

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SPECIAL REQUEST: ASIAN VEGETARIAN MEAL CONFIRMED FORAVI NARAYAN/DR

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SPECIAL REQUEST: ASIAN VEGETARIAN MEAL CONFIRMED FORAVI NARAYAN/DR 

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4/3/03 Page 2 of 2

Find one Please collect Ncker

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PLEASE RECONFIRM YOUR RETURN JOURNEY 72 HRS PRIOR DEPARTURE

PHM Secreten.

VIEW YOUR ITINERARY ONLINE AT HTTP://WWW.CHECKMYTRIP.NET YOUR AMADEUS REFERENCE NUMBER IS: YM2T4U

3/4/03 Dear Vuga Thes is to conform ther of shall now arrive is Colombo on 8th April Tuesday by from chennex UL 122 at 12-35 noon, and leave for Delhe. on 10th April by UL191 or 19.15. Please send me le programe of meetings and discussions. by Monday 7th 50 hot of can bring necessary resource meterials of PHM and the PHC serource centre. I an very keen is theet Dr Bala (HAI-ROAP). Hope he will be Rere He is on the PHM Skeening commuttee as there 1sts to discuss. Also with you all about PHM Genere meetings etc. I am trying to reise the cost for the Hocrel from PHM secretericts megre resources. A small conkribution may be helpfieil and symbolic. Looking forward to our Best ushes Ron Nergos

4/3/03

Page 1 of 1

PHM Secretariat <phmsec@touchtelindia.net> From: To: bala <bala@haiap.org> Monday, April 07, 2003 7:28 PM Sent: PHM - Sri Lanka Subject:

Dear Dr. Bala,

Greetings from People's Health Movement Secretariat at CHC, Bangalore!

Hope Vinya has informed you that I shall be in Colombo from 8th to 10th. I hope to have a long discussion with you on PHA/PHM and many related issues. Over the last few months, I have slowly understood the dynamics, linkages and processes within evolving PHM and I would very much like wise counsel from some one like you as I start facilitating the process as the new secretariat coordinator. Some of my earlier mail has not got through and I may have been irregular with replies as I am beginning to handle over 40-70 emails per day. But I look forward to this opportunity. Also I am very keen that you chair the th May (Saturday) PHM Geneva session on strategy at WCC. Hope to discuss details.

Best wishes,

Ravi Narayan Coordinator, People's Health Movement Secretariat(global) CHC-Bangalore #367 "Srinivasa Nilaya" Jakkasandra 1st Main, I Block Koramangala Bangalore-560034 Join the "Health for all, NOW" campaign in the 25th anniversary year of the Alma Ata declaration visit www.TheMillionSignatureCampaign.org

P.S: Just saw your letter. Look forward to meeting you over lunch on the 9th.

PAR Smicolic -> RN 16/4

hariprem <hariprem@eth.net></hariprem@eth.net>
<pre><phmsec@touchtelindia.net></phmsec@touchtelindia.net></pre>
Monday, April 07, 2003 2:46 PM
Ravi Re.Colombo

My dear Ravi,

Have you been in touch with Bala? In more ways than one, he is actually the father of PHA. Some how I have a feeling that he is beginning to feel left out. If you have already thought about this and are in communication, please disregard this. If not, be sure to contact him and involve him. His e-mail ID: bala@haiap.org

See you some time tomorrow.

regards

KM

Flulge

Prem http://www.ddsl.net

7/4/03

Hope Visye has been informed you Dear D. Bela that I shall be in Colombo form & to loth I happe 10th takely open to have a long discussion with you on PHAPPHM and many related inves. Over the lost few months & have slowly understand Redynamics, Linkages and prozenes withen Re evolving PHM and I would very much like use coursel from some one like you as I start facilitating the process as the cc Ren John ner secretend coordinater. Some of my Earlier mail has not got through and I may When here is prequier with replies as I am day But & look forward to this opportunity. Also I an very keen that you chain the 17" May Lettenday) PHIN General Senion Best makes Ren Nergen discus details PHA Gener P.S. Tust San your letter look forward to means you over linch on the qk.

С	H	C

 From:
 bala <bala@haiap.org>

 To:
 Ravi Narayan <sochara@vsnl.com>

 Cc:
 Vinya (Dr) <ssmplan@sri.lanka.net>; Joel Fernando <suneraf@sltnet.lk>

 Sent:
 Monday, April 07, 2003 10:38 AM

 Subject:
 Welcome

Dear Ravi,

I am delighted that you will be with us this week. It would have been great if Thelma could have joined you.

We are in the last week for our preparation for a Regional Consultation on WTO/TRIPS Agreement and Access to Drugs : Appropriate Policy Changes". 17-19 April. The SARS threat and the last minute to reroute our participants to avoid Singapore and HK is an added problem.

However we have set ample time for you. We wish to have you, vinya and Joel and any others Vinya may want to join in the discussion for a Lunch meeting on Wednesday 9th.

Looking forward to seeing you in Colombo.

Kind regards,

Dr Bala

Dr K Balasubramaniam Advisor and Co-ordinator Health Action International Asia - Pacific 5, Frankfurt Place, Colombo 4, Sri Lanka Tel: (94 1) 554353 Fax: (94 1) 554570 E-mail: <u>bala@haiap.org</u>

Tulit-

PHAN- Sn'Laulka

Replied PHOIGNICANC RN 1/4/03

From:	Dr.Vinya Ariyaratne <ssmplan@sri.lanka.net></ssmplan@sri.lanka.net>
To:	PHM Secretariat <phmsec@touchtelindia.net></phmsec@touchtelindia.net>
Cc:	<sarvishva@itmin.com></sarvishva@itmin.com>
Sent	Friday, April 04, 2003 11:40 AM
Subject:	Re: PHM Meeting - Sri Lanka

Dear Ravi,

Thank you for your e-mail. I just returned to Colombo after a long trip to the eastern coast of Sri Lanka.

Now that I have your schedule I will work on the meetings etc. I will also fix up a meeting with Dr.Bala. I will get back to you before Monday. We too are doing PHM related work with our own meagre internal resources and will find it difficult to chip in for your travel expences especially at this late stage. We will look after your local hospitality and we will try our best to do help out next time.

I will arrange someone from Sarvodaya to meet you at the airport (please look for some one holding your name after you exit customs area) and bring you to our headquarters.

I look forward to meeting you,

With best regards,

Sincerely,

Vinya

At 06:11 PM 4/3/2003 +0530, you wrote: >>>> Dear Vinya,

Greetings from Peoples Health Movement Secretariat at CHC, Bangalore!

This is to confirm that I shall now arrive in Colombo on 8th April Tuesday by UL122 at 12.35 noon from Chennai and leave for Delhi on 10th April by UL191 at 19.15. Please send me the programme of meetings and discussions by Monday 7th so that I can bring necessary resource center. I am very keen to meet Dr. Bala (HAI-ROAP). Hope he will be there. He is on the PHM Steering Committee so theres lots to discuss. Also with you all about PHM Geneva meetings etc. I am trying to cover the cost of the travel from PHM Secretariats meager resources. A small contribution may be helpful and symbolic. Looking forward to our interactions. Will there be some one at the airport to meet me?

Best wishes,

ns = "urn:schemas-microsoft-com:office:office" />

Ravi Narayan Coordinator, People's Health Movement Secretariat (Global), CHC-Bangalore #367 "Srinivasa Nilaya" Jakkasandra 1st Main, I Block Koramangala

4/4/02

PHM. Sn' Lanka

4/4/03

#### sochara

From:	Niranjan Udumalagala <udumalagala@hotmail.com></udumalagala@hotmail.com>
	<sochara@vsnl.com></sochara@vsnl.com>
Sent:	Monday, April 07, 2003 11:48 AM
	visit of PHM meeting in sri Lanka

Dear DR.Ravi, Welcome to Sri Lanka. I will come to the Ariport by the time h1245 and I will say near the post office. You pass all the procedears and come along the corridor. At the edn of corridor there will be security garuds. Then Just asked from them where is the post office. with regards, Niranjan

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PHM-Sillenka

From:	PHM Secretariat <phmsec@touchtelindia.net></phmsec@touchtelindia.net>
70:	Niranjan Udumalagala <udumalagala@hotmail.com></udumalagala@hotmail.com>
Cc:	<ssmplan@sri.lanka.net></ssmplan@sri.lanka.net>
Sent:	Tuesday, April 29, 2003 4:34 PM
Subject:	Re: requestin a letter to get visa

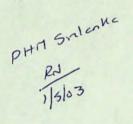
Dear Niranjan.

Greetings from People's Health Movement Secretariat (Global) at CHC, Bangalore!

I spoke to Manoj of PHM Geneva today and the letter is on its way. Did you get the letter from PHM Secretariat as well? Have noted the budget! I am including it in out fund raising and hope to cover it. But letter from Vinya is essential. Please also mark all copies of letters to him.

Best wishes.

avi Narayan Coordinator, People's Health Movement Secretariat(global) CHC-Bangalore #367 "Srinivasa Nilaya" Jakkasandra 1st Main, I Block Koramangala Bangalore-560034 Join the "Health for all, NOW" campaign in the 25th anniversary year of the Alma Ata declaration visit <u>www.TheMillionSignatureCampaign.org</u> ----- Original Message -----From: Niranjan Udumalagala <<u>udumalagala@hotmail.com</u>> To: <<u>sochara@vsnl.com</u>> Cc: <<u>secretariat@phmovement.org</u>> Sent: Tuesday, April 29, 2003 11:37 AM Subject: requestin a letter to get visa



> Dear Dr.Ravi.

> I need a letter to get visa. Embasy is takeing atleast one week to issue > visa. Therfore I need this

### PHM Secretariat

From:	PHM Secretariat <phmsec@touchtelindia.net></phmsec@touchtelindia.net>
To:	<ssmolan@sri.lanka.net></ssmolan@sri.lanka.net>
Cc:	Niranjan Udumalagala <udumalagala@hotmail.com></udumalagala@hotmail.com>
Sent:	Tuesday, April 29, 2003 4:32 PM
Subject:	PHM - Geneva 2003 / WHA

Dear Vinva,

Greetings from People's Health Movement Secretariat (Global) at CHC, Bangalore!

Niranjan has been in touch and I am glad that he will be able to make it, so that in addition to Bala, PHM – Sri Lanka will also be additionally represented. I am raising the fare for one participant from Sri Lanka, but please send me a letter / email or fax as the PHM country coordinator nominating Niranjan to attend. Also you will have to make a short report that he can present on 17<sup>th</sup> May on PHM – Sri Lanka and bring whatever materials you would like to display or distribute from PHM – Sri Lanka sources. Quick action is requested to ensure procedure.

Thanks for all the hospitality and fellowship during my visit. Hope the October interaction is possible.

Best wishes to you and all the PHM Sri Lanka contacts.

Yours sincerely,

Ravi Narayan Coordinator, People's Health Movement Secretariat(global) CHC-Bangalore 207 "Srinivasa Nilaya" Jakkasandra 1st Main, i Block Koramangala Bangalore-560034 Join the "Health for all, NOW" campaign in the 25th anniversary year of the Alma Ata declaration visit <u>www.TheMillionSignatureCampaign.org</u>

From:	Niranjan Udumalagala <udumalagala@hotmail.com></udumalagala@hotmail.com>
To:	<sochara@vsnl.com></sochara@vsnl.com>
Cc:	<secretariat@phmovement.org></secretariat@phmovement.org>
Sent:	Tuesday, April 29, 2003 11:37 AM
Subject:	requestin a letter to get visa

Dear Dr.Ravi

I need a letter to get visa. Embasy is takeing atleast one week to issue visa. Therfore I need this letter by the time 2thMay morning. My fax number is 0094-1-503148 and the embassy number is 0094-1-695176. I am hearwith sending my budget also.

Air fare COLOMBO-GENEVA-COLOMBO USS 750 VISA FEES **USS 25** EMBARCATION TAX USS 10 TOTAL **US\$ 785** WITH REGARDS. Iranjan

Dear Vinga

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Salubit 29/4/03

29/4/03

Rear Nuranja 9 spoke to Manaj of PHM Genera Victory and the letter is on its way. Did You get the letter Kom pun secretarial as well. Have noted Ne nadget! Am including. it is our Fund raising and hope Vo coveril. But leiter

from Vinge is emerilled please clos mark, cil rapon Bestinsher citi mand

her.

Nurajon has been in houch and Rani I an glad that he will be able to make it er thonye. So that in addition to Bale, PHM-Snienke will abo be additionally represented. I an raising ili fare for one participant from Sulaskie but please send me a letter-email or fex as the PHM country coordinates nominching Noragena to altera. Also you will have to make a short separt that he can present on 17th on PHH Sulake and bring shever metericles you would like to display or distribute From PHM Svilenke Sources. Quick ochion is sciuested to ensure procedure 4/29/03 Thanks for cell the hospitality and fellouship during my usit. Hope the oclober interaction a plorayone Best when 15 eil 16 PHri Sintenke conhels

From:	Niranjan Udumalagala <udumalagala@hotmail.com></udumalagala@hotmail.com>
To:	<pre><phmsec@touchtelindia.net></phmsec@touchtelindia.net></pre>
Sent:	Friday, April 25, 2003 11:29 AM
Subject:	Re: WHA 2003 GENEVA

Dear Dr. Ravi,

I am sorry our fax machine is out of service. Please send to this number 0094-1-503148 atten Niranjan /Health center. with regards.

Niranjan udumalagala

-> Pralouva

>From: "PHM Secretariat" <phmsec@touchtelindia.net> io: "Niranjan Udumalagala" <udumalagala@hotmail.com> Subject: Re: WHA 2003 GENEVA >Date: Thu, 24 Apr 2003 19:12:09 +0530 >MIME-Version: 1.0 >Received: from pop.mantraonline.com ([202.56.230.15]) by >mc3-f7.law16.hotmail.com with Microsoft SMTPSVC(5.0.2195.5600); Thu, 24 Apr >2003 20:14:42 -0700 Received: (gmail 24369 invoked from network); 25 Apr 2003 03:17:56 -0000 >Received: from unknown (HELO p540) ([203.145.175.8]) (envelope-sender >phmsec@touchtelindia.net>) by 202.56.230.15 (qmail-ldap-1.03) for <udumalagala@hotmail.com>: 25 Apr 2003 03:17:56 >with SMTP >-0000 >X-Miessage-Info; JGTYoYF78jEHjJx36Oi8+Q1OJDRSDidP >Message-ID: <000001c30ad8\$81312080\$0a01a8c0@p540> >References: <BAY7-F10s183vLRbLdv0001431d@hotmail.com> >X-Priority: 3 N-MSMail-Priority: Normal N-Mailer: Microsoft Outlook Express 5.00.2314.1300 >X-MimeOLE: Produced By Microsoft MimcOLE V5.00.2314.1300 >Return-Path: phmsec@touchtelindia.net >X-OriginalArrivalTime: 25 Apr 2003 03:14:43.0005 (UTC) >FILETIME=[D0DFD6D0:01C30AD8] > >Dear Niranjan,

>Your fax is not working. Can u pls. provide us with alternative numbers so >that we can try and send it to u throw.

>Thanks >Dr. Ravi Narayan

Talog

PHAN. Greneva 2003 PHM Sulianka

4/25/03

#### PHM Secretariat

From:	PHM Secretariat <phmsec@touchtelindia.net></phmsec@touchtelindia.net>
70:	<ssmplan@sri.lanka.net></ssmplan@sri.lanka.net>
Cc:	K Bala <kbala12@yahoo.com></kbala12@yahoo.com>
Sent:	Friday, May 02, 2003 12:25 PM
Subject:	PHM

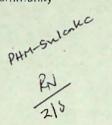
Dear Vinya.

Thanks for the letter. The invitations are being sent and I am confident that we shall raise the travel support as well. Niranjan has sent me an estimate. Please send a short report on PHM Srilanka which he could briefly summearise on the 17th and distribute. Also we are trying to give him a slot on the 16th so that he han make a few observations / reflection on war and Health in Srilanka in the session on War / Conflict and disaster-Humanitarized chailenges. You could introduce a little about the 'Peace' process at community level. Bala is already in programme on 16th in the 'Acess to Essential drugs' session.

We shall miss you but I am glad that Srilanka is represented by Bala and Niranjan.

Best wishes.

Dr. Ravi Narayan Coordinator, People's Health Movement Secretariat(global) CHC-Bangalore #367 "Srinivasa Nilaya" Jakkasandra 1st Main, I Block Koramangala Bangalore-560034 Join the "Health for all, NOW" campaign in the 25th anniversary year of the Alma Ata declaration visit www.TheMillionSignatureCampaign.org



Prop t of t

# PHM Secretariat

Dear Dr. Narayan.

It is my pleasure to nominate Mr. Niranjan Udumalgala, to represent PHM Sri Lanka at the PHM Geneva 2003 meetings. He is an active member of the PHM ri Lanka group and I would appreciate it very much if the PHM Secretariat could facilitate his participation by sending an official letter of invitation and assisting in the travel arrangements.

Your kind cooperation in this regard will be greatly appreciated.

With best regards,

Sincerely

Vinya Ariyarame Coordinator - PHM Sri Lanka/Executive Director - Sarvodaya

PHM Genera-2003 PHM Smicka

RN 26/03

Bele is clocedy in the programme on 16th is the Accens to Essential drugs' sension We shall mens you but I an glad that Sulantic is represented by Bala and Noranjan Best ushes Ren. PHM Sec

CC Belc Nonagon.

2 5 03 Decr Vinge Thomas for the letter. The isulations are being sent and I an confident had we Shall raise the travel Supportan well. Norangen has sent me a estinde Pleasesend a short report on PHM Sularka which he could brefly summarise on the 17th and dis Kubure. Also we are Kryong to give he a slot on the 16" so that he can make a few chserchans heflechen on wer and Health is Sularke is the Senion on werlconflict and discoker. Humandan. Chellenges. You could istroduce a little about

Ne Peace process of 10000001, 10,0

# PHM Secretariat

From:	PriM Secretariat <phmsec@touchtelindia.net></phmsec@touchtelindia.net>
To:	Dr. Vinya Ariyaratne <ssmplan@sri.lanka.net></ssmplan@sri.lanka.net>
Cc:	K Baia <kbala12@yahoo.com></kbala12@yahoo.com>
Sent:	Friday, May 02, 2003 2:31 PM
Subject:	PHM

### bear Vinya,

Thanks for the letter. The invitations are being sent and I am confident that we shall raise the travel support as well. Niranjan has sent me an estimate. Please send a short report on PHM Srilanka which he could briefly summearise on the 17th and distribute. Also we are trying to give him a slot on the 18th so that he can make a few observations / reflection on war and Health in Srilanka in the session on War / Conflict and Disaster-Humanitarian challenges. You could introduce a little about the 'Peace' process at community level . Baia is already in programme on 16th in the 'Acess to Essential drugs' session.

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Best wishes.

Dr. Ravi Narayan Coordinator, People's Health Movement Secretariat(global) CHC-Bangalore #367 "Srinivasa Nilaya

PHM GMICAKC PN 615103

0

Niranjan Udumalagala <udumalagala@hotmail.com> From: <pnmsec@touchtelindia.net> To: Sent: Friday, May 02, 2003 11:30 AM Subject: letter to visa

#### Dear Dr.Ravi.

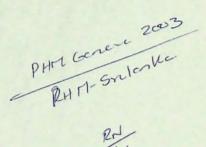
Upto today (2nd May) 12.00noon I didn't recive the letter. I am going to the embassy on Monday, Othervise there is no time to get visa. Please see wether they have send the letter to embassy if so asked to send me a copy. with regards, Niranjan

0094-1-583810

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RN

LP 2/15/05



27

#### **PHM Secretariat**

From:	PHM Secretariat <phmsec@touchtelindia.net></phmsec@touchtelindia.net>
To:	Dr. Vinya Ariyaratne <ssmplan@sri.lanka.net></ssmplan@sri.lanka.net>
Cc:	K Bala <kbala12@yahoo.com></kbala12@yahoo.com>
Sent:	Friday, May 02, 2003 2:31 PM
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Best wishes.

Dr. Ravi Narayan Coordinator, People's Health Movement Secretariat(global) CHC-Bangalore #367 "Srinivasa Nilaya" Jakkasandra 1st Main, I Block Koramangala Bangalore-580034 cin the "Health for all, NOW" campaign in the 25th anniversary year of the Alma Ata declaration visit www.TheMillionSignatureCampaign.org

PHA Salanke >

22/3/5/03

From: PHM Secretariat <phmsec@touchtelindia.net> To: Niranjan Udumalagala <udumalagala@hotmail.com> Sent: Friday, June 20, 2003 4:30 PM Subject: Re: reimburse of air fare

Dear Niranjan.

Greetings from People's Health Movement Secretariat (Global) at CHC, Bangalore!

The request for reimbursement from Andy Rutherford in UK has just been sent and only yesterday we received the reimbursements for those in India via the CHC-PHN Account. Your reimbursement will come by 25th June or as soon as ossible.

How is PILM - Sri Lanka is going on? did you get the Geneva report? Keep us in touch with local initiatives. Say 'Hi' to Vinya, Bala and others.

Best wishes.

Ravi Narayan Coordinator, People's Health Movement Secretariat(global) CHC-Bangaiore #367 "Srinivasa Nilaya" Jakkasandra 1st Main, I Block Koramangala Bangalore-560034 Join the "Health for all, NOW" campaign in the 25th anniversary year of the Alma Ata declaration visit www.TheMillionSignatureCampaign.org

S: Your reimbursement form mentions 800 USS for ticket and the ticket gives Sri Lankan rupees. Please send immediatly a bill / invoice of the ticket visa and air port taxes. You can fax it to CHC - 91-80-5525372 ----- Original Message -----From: Niranian Udumalagala <udumalagala@hotmail.com To: <<u>phmsec@touchtelindia.net</u> Sent: Friday, June 20, 2003 1:02 PM Subject: reimburse of air fare

> Dear Dr. Ravi,

> i am still not get the my air fare & other expendes. if I couldn't pay

> before 25th of June I have to pay surcharge of US \$ 30 for the air ticket > and they may cut down the discount also. Therefore I shall be much thankful

to you if you could kindly look into this matter and make arrengment to send

> 6/20/03 Page 2 of 2

20/6/03

Greens from PHM Secretard

The sequest for seinhursements

From Andy Rullerford in UK has

by 25" june or crap.

Bele and others

just been sent and only yesterde, be received the reinstrustments for those in India via the CHC-PHH Account Your reinstrustered will kerne

Hous PHM Enlanke Sons on? Did you get the Genere report? Keep us in Kruch inthe lozel Unithethes, Sey Hi to Vinge,

Dear Niverjane

# PHM Secretariat

 From:
 Niranjan Udumalagala <udumalagala@hotmail.com>

 To:
 <phmsec@toucntelindia\_net>

 Sent:
 Friday\_June 20\_2003 1:02 PM

 Subject:
 reimburse of air fare

# Dear Dr. Ravi.

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Veranjan Udumalagala

The new MSN 8! advanced junk mail protection and 2 months FREE\* http://join.msn.com/?page=features/junkmail

RM 2016/03/m

PHON - Sni Laulea ?

Sew 1662

Ren: PS Your rein hursement firm mentions 800 US\$ for Kicker and He Kicker gives Sminken Rupees. Please Send inmedicity as invoice in dollars ill / invoice of He Kicker/moaland ain part Vexes. You con fax it to CHE 91.80-5525372

7/9/03

Page 1 of 1

# PHM Secretariat

From: PHM Secretariat < phmsac@touchtelindia.net> To: Niranjan Udumalagala <uniranjanik@yahoo.com> Sant: Tuesday, July 05, 2003 5:05 PM Subject: Rei Training on advosacy

Dear Niranjan.

Write to Andrew Chefley (chelley, a a healthlink.org.uk) and

Delen(bdelapaz@uplink.com.ph) directly since this is not a PFIM secretariat listed effort. They may have suggestions. Looking forward to hearing about the PHM Snilanka meeting on 5th. Dr.Delitha Fernando had mentioned some meeting in October with all the medical college departments to present PHM and Medical education-community initiatives. Please follow up with her since a may be a good opportunity to visit again and support PHM work. Vinya was also planning some follow up on the PHM resource centre. Await the news about the follow up initiatives.

My best wishes to you, Vinya and Bala

Dr. Ravi Narayan Coordinator, People's Health Movement Secretariat(global) CHC-Bangalore 367 "Schrivasa Nilaya" jakkasendra 1st Main, I Block Kloramangala Bangalore-560034 join the "Health for all, NOW" campaign in the 25th anniversary year of the Alma Ata declaration visit <u>www.ThekfillionSignatureCampaign.org</u> ----- Original Message -----From: Nitarjan Udemalagala <u>uniranjanlk@yahoo.com</u> To: <u>phmsec@touchtelindia.net</u> nt: Friday, July 04, 2003 3:30 PM Subject: Training on advocacy

> Dear DR Ravi.

- > Thank you sending informations the above training. I
- > am interesting to participate. Are there any
- > possibility to get a sponsorsiups. We are (PHM SRI
- LANKA GROUP) meeting on 5th July. We will send
   committee decision
- COMPARIACE COULSE
- الالما المعلى المشاركة
- Niraqan

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PHM-Snlenke RJ 1017

# PHM Secretariat

From:	Nitanian Delumatanata
To:	Niranjan Udumalagala <uniranjanik@yahuo.com></uniranjanik@yahuo.com>
Concerne and	
Sent	Fiday here 04 2008 2 20 ptd
Subject:	
	Training on advocacy

# Dear DR Ravi.

Thank you sending informations the above training. I an interesting to participate. Are there any possibility to get a sponsorships. We are (PHM SRI LANKA GROUP) meeting on 5th July. We will send committee decision with regards. Niranjan

o you Yahoo!?

SBC Yahoo! DSL - Now only \$29.95 per month! http://sbc.yahoo.com

07/07

RN

8/7/03 Dear Noranjan Write to Andrew and Peles () derectly since this is not a PHM secreturet Lisked effort. They may have suggestions Best wishes to you. Verye and Bele) Looking forward to hearing about the PHM Sularke meeting on 5". Pr Rulithe Fencado had menhand some meeting in october with all the medical college departments to present PHM and Medical Education - community initation Please follow up with her since that may be a good opportunity to work again and Support PHM work. Vinge was also plannes some follow up on the PHM resource center. Ancil follow up.

Ren

7/15/03

Page 1 of 2

# **PHM Secretariat**

Fron:	PHM Secretariat <phmseo@touchtelindia.net></phmseo@touchtelindia.net>
To: Co:	Dr Vinya Ariyaratne <ssmplan@sri.lanka.net></ssmplan@sri.lanka.net>
Co:	Edelina de la Paz-ACHAN-Philippines <bdelapaz@uplink.com.ph>;</bdelapaz@uplink.com.ph>
	shain_sj@kelusugan.org>
Sent	Tuesday, July 15, 2003 12.48 PM
Subject:	Rel - ovocacy workshop participation

Dear Vinva.

Circetings from People's Health Movement (Global)!

Thanks for your lener regarding Nishantha Preethiraj. The information about the workshop came rather late and the only option for funding would be if each Link or HAIN have the funds. So do keep in touch with Edelinda, our Philippino - PHM country contact and steering group member (bdelapaz@uplink.com.ph), who is a resource person at the workshop and if there is a possibility. I am sure she will do her best. You will also have to think of raising your own funds locally to help build PHM - Sri Lanka by using such opportunities. You could build it into the PHM Resource center project as capacity development, perhaps for the future. Do let me know what all has happened since my visit. Niranjan gave us some news in Geneva.

Best wishes.

Ravi Narayan

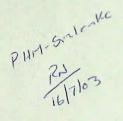
Coordinator, People's Health Movement Secretariat(global) CHC-Bangaiore =367 "Srinivasa Nilaya" Ekkasandra 1st Main, I Block Koramangala angalore-560034 Join the "Health for all. NOW" campaign in the 25th anniversaty year of the Alma Ala declaration visit www.TheMillionSignatureCampaign.org ----- Original Message -----From: Dr Viaya Arivaration ssmplan@sri.lanka.net To: PLIM Secretariat \_phmsec@touchtelindia.net Seni: Monday, July 14, 2003 6:33 AM Subject: Advocacy Workshop participation

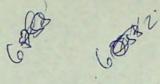
> Denr Ravi.

I shall be grateful if you could assist us in finding support for
 Mr.Nishantha Preethiraj's participation at the Adovocacy Training Workshop
 In Philippines.

With best reports.

Sincerely.





Pror t of t

14/7/03

# PHM Secretariat

From: Dr.Vinya Anvaratne <ssmplan@sri.lanka.net+ To: PHM Secretariat sec@toucntelindia.net> Sent: Monday, July 14, 2003 6:33 AM Subject Acvocacy Workshop participation

I shall be grateful if you could assist us in finding support for Mr. Nishantha Preethiraj's participation at the Adovocacy Training Workshop In Philippines.

With best regards,

incerely,

2208736 Dear Vinya Thanks for your letter re Nisharthe Preething The information about the workshop come rether late and the only option for funding would be if Health link or HAIN have Ke funds to do keep in Karch with Edelinde our Phellipipo - PHM coustry contact and steering samp menter who is a cource person of the northshop ad if there is a possibility Ptur - Sni Laulea Jen sure she will do w her best You will doo have ing to thisk of raising your our findes locally is help build PHM Sularke by using such opportunities CC Delen You could build I into the Nilda PHM Resource cente pigert as capacity development perhaps for the felline Do let me know what all has happened since neg usil. Nrayer Behrunes Kon

7/14/03

Page 1 of 2

# **PHM Secretariat**

FROM	Dr.V.nva Ariyaraine <ssimplan@sri lanka.net=""></ssimplan@sri>
70:	<nain_sj@kalusugan.org></nain_sj@kalusugan.org>
Cc:	<pre>&gt;phmsec@touchtelindia.net&gt;</pre>
Sent:	Monday, July 14, 2003 6:33 AM
Subject:	Application for Communicating for advocacy Training workshop

Dear Nilda,

I am seuding this quick e-mail as the Coordinator for PHM Sri Lanka to support the application of Mr Nishantha Preethiraj who has been an active member of the PHM Sri Lanka team. We have already started an advocacy campaign for celebrating Alma Ata 25th Anniversary and Sarvodaya is holding e primary responsibility to organize and coordinate events that will culminate in a major national event in December. Mr Preethiraj is the coordinator of the Development Communication Unit of Sarvodaya and his participation at your training would greatly benefit the PHM advocacy work in Sri Lanka. We do not have finances to support his participation and it would be greatly apperciated if you could consider him for a possible scholarship. Your kind cooperation and assistance in this regard will be greatly appreciated.

With best regards.

Yours sincerely.

Dr. Vinya Ariyaratne PHM Coordinator Sri Lanka Executive Director - Sarvodaya

Vinya S. Ariyaratne, M.D., M.P.H., M.Sc.Com.Med.
Executive Director
Sarvodaya Shramadana Movement
Sarvodaya Headquarters
"Damsel: Mandira"
98, Rawatawatta Road
Morantiwa
Sri Lanta.

Tel: 94-1-647159 94-1-655255 94-1-655669 (Direct) Mobile: 94-722-44690 Fax: 94-1656512 e-mail: <u>ssmplan@sri.lanka.net</u> website: <u>wyw.sarvodaya.org</u>

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PHM-Sni Lauka ?

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Page 1 of 1

8.5.03

#### PHM Secretariat

From:	PHM Secretariat sphraseo@touchtelingia.nep-
	Dr. Vinya Ariyarathe Kssmplan@sr. lanka net-
Sent	Monday, August 04, 2003 5 07 PM
Subject:	Greetings from PHM Secretariat

Dear Vinya,

Greetings from PHM Secretariat (Global)!

Glad to hear that Prem is coming to Colombo. His experience with PHM has been of longer standing than mine. So do make the best use of his visit. Presence of Bala, Zafrullah, Prem and Ham John was very helpful recordly during our PHM – India planning meeting and also some planning of PHM secretariat activities. The next Asian Health Forum will be on 14<sup>th</sup> / 15<sup>th</sup> of January at International Health Forum preceding World Social Forum (18<sup>th</sup> – 21<sup>th</sup> January 2004). You should start planning for the participation of Si Lankan contingent and exploring support for it as well. Discuss with Prem during his visit.

Best wishes lo all your learn at Sarvodaya and Prill Sti Lanka.

Ravi Narayan

P.S. Perhaps you should plan a workshop on the Peace process at WSF - Mumbai - a more creative, way of tackling growing militatismi!

Revi Natayan Coordinator, People's Health Movement Secretanal(global) CHC-Bangalore 1367 "Shinvasa Nilaya" Jakkasandra 1st Main, I Sicok Koramangela Bangalore-560034 Join the "Health for all NOW" campaign in the 25th anniversary year of the Alma Ata ged aration visit www.TheiviiliionSignatureCampaign org

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Page 1 of 1 \$4.03

2.

Bestworkes

ell Jon Verm et Survedete

From	-prem_john@vsn1.net>
To:	<ssmplan@sn.lanke.net></ssmplan@sn.lanke.net>
Sent:	Saturday, August 02, 2003 1:51 AM
Subject	For Dr. Vinya Arlaratne

I am coming to Colombo, arriving 29th and leaving 1st evening. This is mainly to revive ACHAN in SL and also to keep interest high on PFD4. Since you and Sarvodaya are the key contact points for PTIM, we need to call some people of influence in your circles in oreder to spread the message or PEIM. Remember all the people yea had nominated for PEFA 2000? Call all of them as well as new people for discussions. I know you are busy but we need to push for PHM a little now.

arm regards and many thanks

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RA 418/03

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PHM-Sulcak.

4/8/03

und put M P.S. Pertopico should prop Dear Vinga Glad to hear that from is coming to Colomba It is experience with PHM has been of longer standing than crowner on the pecce mine. So do make the best use of his usit. Reserved Proven cV Belc, Zeferulleh, Ren and Hen John was very helpful recently WSE per during our PHM-India planing meeting and also some planning of PHA secretand ackinkes. The next Asian - a more you treevice. get together will be on 14/15" of Jenuary of the International Health Forum preceden world Social Forum (16-21st Jenuary). You of youthing Should start planning for the participation of a Sulankan contingent million and exploring Support for it on well. Discuss with Romadwing his usit

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Page 1 of 1

#### PHM Secretariat

From:	Dr. Vinya Anyaratne «samplan@sunflower.lanka.net-
To:	PHM Secretariat <phmsec@touchtelindia.net></phmsec@touchtelindia.net>
Sent:	Friday, August 08, 2003 6:57 PM
Subject	Re-Important mail from the PHM secretariat

#### Dear Ravi

.

Many thanks for your e-mail, I will work on it and get it to you bey early next week as I am tied up with some work (out of colombo) this weekend.

Thanks,

#### VEIVE

AL 12:50 07/08 2003 -0530; you wrote:

Dear Dr. Vinya,

Greetings from the PHM secretariat (Global)

We are in the process of contributing articles to the next edition of the Newsonel being ocited by Dr. Prem John. In this edition we wanted to cover the PHM meeting in Shlanka that Latended. Would you clease send us a short report (or the proceedings) about the same with a copy marked to Prem prem\_john@vsnl.net' at the earliest

Regards, Ravi Natayan Coordinator, People's Health Movement Scoretariat(global) CHC-Bangalore #957 "Srinkasa Nilaya" Jakkasentra 1st Main, I Block Koramangala Bangalore-560034 Join the Health for all. NOW campaign in the 20th anniversary year of the Alma Ata declaration vist www.TheMillionSignatureCampaign org

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Phon - Sm Laules !!

8/11.03

Page 1 of 1

#### PHM Secretariat

From: Dr. Vinya Anyarathe <ssmplan@sunflower.lanks.net> To: PHM Secretariat <onmsec@touchtelindia.net> Sent: Friday August 03, 2003 8 43 PM Subject: Re Greetings from PHM Secretariat

Dear Ravi,

Many thanks for your e-mail and it is good to hear from you. As usual I have been quite busy the past few weeks travelling quite a bit. I am now trying to out together a programme for Prem and will definitely use the opportunity to promote PHM activities. I have also noted your information about the WSF related events. We will follow up.

With best regards.

Sincerely.

Vinya

#### At 17:07 04 08 2003 -0530, you wrote:

Dear Vinka

Greetings from PHM Secretariat (Global)) <?xml:namespace profix = 0 ns = "urn:schemasmicrosoft-com office:office" />

Glad to hear that Prem is coming to Colombo. His experience with PHM has been of longer standing than mine. So do make the best use of his visit. Presence of Bala, Zafruliah, Prem and Han John was very helpful recently during our PHM india planning meeting and also some planning of PHM secretariat activities. The next Asian Hearth Forum will be on 14<sup>th</sup> / 15<sup>th</sup> of January at International Health Forum preceding /Vorio Social Forum (16° 21<sup>st</sup> January 2004). You should start planning for the participation of a Sri Lankan contingent and exploring support for it as well. Discuss with Ptem during his visit.

Best wishes to all your ream at Satvodaya and PHM Sri Lanka.

Raw Mareyan

P.S. Perhaps you should plan a workshop on the Peace process at WSF Mumber a more creative way of tacking growing militariamit

Ravi Narayan Coordinator, People's Health Movement Secretariat (global) CHC-Sangalore #307 Stinivasa I lirava Johkasandra 1st Marin I Block Koramangala Bangalore-560034 Join the "Health for all, NO'A" campaign in the 25th anniversary year of the Alma Ata Jectarist on visit www.TheMillionSignatureCampaign.org

PHON - Sri Lanky

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# PHM Secretariat

From: PHM Secretariat sommaac@touchtelindia.net>
To: Niranjan Udumalagala sudumalagala@hotmail.com>
Sent: Friday, August 22, 2003 8.12 PM
Attacht: Previol\_wildoc
Subject: WISF

Dear Niranjan

Greatings from PHM Secretariat(Global)/

closed the Framework of WSF and the Health Forum from Amit (ctddsf@vsnl.com). Please send treas I responses to him with copies marked to us. The idea of the stall is good. Do you know Health Care without harm - write to them and sound them out.

Best wishes

Ravi Narayan Coord nator People's Heakin Wovement Secretariat(global) CHC-Bangatore #367 Shin yaas Milaya" Jakkasandra 1st Main, 1 Block Koramangelo Bangatore-550034 Join the "Health for all NOV/" domination in the 25th anniversary year of the Alma Ata declaration wish <u>www ThaMillionSignatureCampaign.org</u>

PHM SALCHE

RN 25/8

# PHM Secretariat

From: To: Co: Sent: Suble

2

Niranjan Udurnalagala <udumalagala@hotmail.com> <secretariat@phmovement.org> <credsf@r.snl.com> Tuesday: July 29, 2003 12.01 PM STALL AT WSF

# Dear Dr. Ravi

I hope that WSF work is going on. I have a one suggestion. Are there any possibility to have a PHM stall during the period. If the cost is bign we can joint with group like Health care without harm, with regards, Jiranjan Udumalgoale

Add photos to your e-mail with MON 8. Get 2 months FREE\*. http://join.msn.com/?page=features/features/featuredemail

PH Jabil.

Phin. WSF ( Judia)

# 2218/03

Dear Noraja Enclosed le Frenewak el WSF and the Health Forum For Amer. Please Send ideas pessesses to her with copies menked to 100 us. The idea of Ne shall is good Do you know Heall car whout ham-write to Rem and sound Remark. Best usher

Rom

R7 2917

#### **PHM Secretariat**

From:	PHM Secretariat <phmsec@touchtelindia.net></phmsec@touchtelindia.net>
To:	Niranjan Udumalagala <udumalagala@hotmail.com></udumalagala@hotmail.com>
Sent:	Thursday, September 11, 2003 10:48 AM
Subject:	Re: Asian solidarity meeting on 24-25th sep at chennai

Dear Niranjan,

sectings from PHM Secretariat (Global)!

Since we did not get any invitation, we don't know what this Asian Solidarity Meeting in Chennai is all about. If it is WSF related, write to Amit Sengupta (<u>ctddsf@vsnl.com</u>) for further details.

Best wishes,

Ravi Narayan Coordinator, People's Health Movement Secretariat(global) CHC-Bangalore #367 "Srinivasa Nilaya" Jakkasandra 1st Main, I Block Koramangala Bangalore-560034 Join the "Health for all, NOW" campaign in the 25th anniversary year of the Alma Ata declaration visit <u>www.TheMillionSignatureCampaign.org</u> - Original Message -----From: Niranjan Udumalagala <<u>udumalagala@hotmail.com</u>> To: <<u>phmsec@touchtelindia.net</u>> Sent: Tuesday, September 09, 2003 4:43 PM Subject: Asian solidarity meeting on 24-25th sep at chennai

> Dear Dr. Ravi,
> I got an invitation to participate the the above meeting. I like to know
> that PHM officially going to participate this or not.
> with regards,
> Niranjan

> >

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> ~

PHFF Snlorke RN 11/9/03

- > Jakkasandra 1st Main, I Block Koramangala
- > Bangalore-

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Page 1 of 1

#### **PHM Secretariat**

From:	Niranjan Udumalagala <udumalagala@hotmail.com></udumalagala@hotmail.com>
To:	<pre><phmsec@touchtelindia.net></phmsec@touchtelindia.net></pre>
Sent:	Tuesday, September 09, 2003 4:43 PM
Subject:	Asian solidarity meeting on 24-25th sep at chennai

Dear Dr. Ravi,

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The new MSN 8: advanced junk mail protection and 2 months FREE\* http://join.msn.com/?page=features/junkmail

QH 10/9/03 PO

PHM. Smi Laulea

Dear Norman Since we ded not get cry innrahon we don't know whet this Asian Solidanty meeting in Cheman is all chark. If it is WSF related unter to Amit Sengupte ( For further details hur faloge Resturches

10/9/03

From: community health cell <sochara@vsnl.comP To: Phm Office commsec@touchtelingia.cep Sont: Tuesday, November 18, 2003 10:22 AM Subject: Pw world social forum

Dr. Thelma Marayan, Chordinator, Community Health Coli #367 "Srinivasa Nilaya" Jakkasandra Isi Main, I Block Koramangala Bangalore-560034 Ph. -91-080-5531518 Telefax: +91-080 - 552:5372 website www.sochara.org Join the "Health for all, NOW" campaign in the 25th anniversary year of the Inna Ma declaration visit www.TheMillionSignatureCampaign.org ---- Original Message -----From: "Niranian U domslagala" 
udumalagala@hotmail.com
Sochara@vanl.com
Sont: Monday, November 17, 2003 4:47 PM
Subject: world social forum

Dear Dr. Ravi,
 How are you? Now time is closer to meet agein. How is the things going on?
 would like know about nive out comes of WSF. If you have send me details with

- with as a state
- . . . .
- confiden

http://join.msn.com?page=features/featuredemail

PHA Solonka Serd Polusper's Polusper's Lette en 11/100

From:	PHM - Secretariat <secretariat@phmovement.org></secretariat@phmovement.org>
To:	passanna <passanna@haiap.org></passanna@haiap.org>
Cc:	N. B. Sarojini <samasaro@vsnl.com></samasaro@vsnl.com>
Sent:	Thursday, December 18, 2003 4:56 PM
Subject:	Re: HAI Lead Article

Dear Pasanna

Greetings from PHM Secretariat (Global)!

We are hoping to get around 600 participants to the Health Forum (of these, 400 will be from India and Bangledesh). I don't know whether you cans end 600 copies, in which case we can give it to all the participants at the time of registration. If that is too much, then send about 200+ and we can work out a more selective distribution - one for each organization or state, center etc.

is a real disappointment that Dr. Bala cannot join us. His wisdom and perspectives have always been appreciated. Please let Vinya or Niranjana know about this, since one of them may come earlier and we will be sure of the receipt of the copies.

Best wishes.

Ravi Narayan Coordinator, People's Health Movement Secretariat (Global) CHC-Bangalore =367 "Srinivasa Nilava" I Block Jakkasandra, I Block Koramangala Bangalore-560034 Tel: 00 91 80 51280009 (Direct) Fax: 00 91 80 5525372 website: www.phmovement.org Join the "Health for all, NOW" campaign in the 25th anniversary year of the Ima Ara declaration visit www. The Million Signature Campaign.org

INF. WSF LHARAP

----- Original Message -----From: passanna To: PHM - Secretariat Sent: Tuesday, December 16, 2003 2:08 AM Subject: Re: HAI Lead Article

Dear Dr Naravan,

My appliogies for not writing to you yesterday as soon as I got the second mail with your corrected version In fact you have proof read it so well that we at HAIAP found it an easy task to sub the copy. Thank you ever so much again for doing the article for us. You are most welcome to contribute to HAI News if and when you have articles worthy of sharing with a greater public.

Regarding the international Health Forum on the 12 of January, Dr Bala has already written to you about his inavailability. However, I was made to understand that some others were attending the forum from Sri Lanka, I hope to have the copies ready by then, but then again everything depends on the printer. Assuming



From: passanna <passanna@haiap.org> To: PHM - Secretariat <secretariat@phmovement.org> Sent: Tuesday December 16, 2003 2:08 AM Subject: Re: HAI Lead Article

Dear Dr Narayan

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Regarding the International Health Forum on the 12 of January. Dr Bala has already written to you about his inavailability. However, I was made to understand that some others were attending the forum from Sri Lanka. I hope to have the copies ready by then, but then again everything depends on the printer. Assuming I get them ready before the 12th please inform me how many copies you would need (approximately).

Thank you again for everything.

Kind Regards Passanna

1.5 17/12

----- Original Message -----From: <u>PHM - Secretariat</u> To: <u>passanna</u> Sent: Tuesday, December 16, 2003 4:07 AM Subject: HAi Lead Article

18/12/02 Der Perance We are hoping to get cround 600 participants to he Health Forum (of Nese 400 will be From Indic & Bengladesh) & donk Know whether you can send 600 copies. In which case we can give it to all the participants at the time of regist cham. If Ther is Yoo much hen send about 2000 + and we can work out a more selective distribution - one for each organisation or skille cette ekc. It's a real disappointment that A Bole cannot join us. Hes windom and perspectives have clucys been appreciated. Please let Vinge or Noragene Know chout this since one of her may come earlier and we will be sure of the receipt of the copies Best when Ran.

ccsargu.

From:	PHM - Secretariat <secretariat@phmovement.org></secretariat@phmovement.org>
To:	passanna <passanna@haiap.org></passanna@haiap.org>
Sent:	Friday, December 19, 2003 5:09 PM
Subject:	Re: HAI Lead Article

Dear Pasanna.

Greetings from PHM Secretariat (Global)!

If you can't get it to Vinya or Niranjan before they leave on the 11th, you could still send it to me at the following address, before 16th January

Dr. Ravi Narayan oo YMCA International House and Programme Center, O YMCA Road Mumbai Central, Mumbai - 40008. India. Tel. +91-22-23070601, 23091262

We can distribute it in the WSF - Alma Ata Anniversary workshop though the only problem there would be how to decide whom to give among 800 - 1000 people expected. Anyway hope the earlier deadline is possible. Keep our fingers crossed as they say.

Best wishes,

Ravi Narayan Coordinator, People's Health Movement Secretariat (Global) CHC-Bangalore #367 "Srinivasa Nilaya" I Bleck Jakkasandra, I Block Koramangala Bangalore-560034 Tel: 00 91 80 51280009 (Direct) Inc: 00 91 80 5525372 website: www.phmovement.org Join the "Health for all, NOW" campaign in the 25th anniversary year of the Aima Ata declaration visit www.TheMillionSignatureCampaign.org

----- Original Message ----From: passanna To: <u>PHM - Secretariat</u> Sent: Thursday, December 18, 2003 8:30 PM Subject: Re: HAI Lead Article

Dear Dr Narayan,

Greetings from Colomoo, Sri Lanka!

Treceived your mail today. I spoke to my printer and requested atleast 400 copies before the 10th of January 2004. He said that he would try his level best and for the moment we are all optimistic. I shall

From:	passanna «passanna@haiap.org>
To:	PHM - Secretariat <secretariat@phmovement.org></secretariat@phmovement.org>
Sent:	Thursday, December 18, 2003 8:30 PM
Subject:	Re. HAI Lead Article

Dear Dr Narayan,

Greetings from Colombo, Sri Lanka!

I received your mail today. I spoke to my printer and requested atleast 400 copies before the 10th of January 2004. He said that he would try his level best and for the moment we are all optimistic. I shall speak to Niranjan or Dr Vinya Ariyaratne and keep them posted on the matter.

am having my fingers crossed and supposing the print gets delayed due to some reason or the other is ere any other way in which I could distribute these to the participants?

Apart from this, if I could be of help in any other way please do not hesitate to contact me. We will be closed for New Year from the 25 Dec.- 1 Jan. but you could mail me at passanna@haiap.org because I will check my mail often.

Many Thanks again,

Kind Regards Passanna Gunasekera

----- Original Message ----From: PHM - Secretariat To: <u>passanna</u> Cc: <u>N. B. Sarciini</u> Sent: Friday, December 19, 2003 6:56 AM Subject: Re: HAI Lead Article

Dear Pasanna

Greetings from PHM Secretariat (Global)!

We are hoping to get around 600 participants to the Health Forum (of these, 400 will be from India and Bangladesh). I don't know whether you cans end 600 copies, in which case we can give it to all the participants at the time of registration. If that is too much, then send about 200+ and we can work out a more selective distribution - one for each organization or state, center etc.

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Best wishes

Ravi Narayan Coordinator, People's Health Movement Secretariat (Global) CHC-Bangalore

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PHM- HAI JAP Keep our fongers crossed os ney say Best when Rom

and we an dishubute it is the WSF- Alma Alc Anniecsory workshop hough the only problem there would be hav to decide whom to fire expected Anyway hope Ne earlier decellar ispendie

Ter

Dear Paspanne Il you can't get .V to Vinyc or Norcyco before May leave on the 11th you could shill send it to me 40 YMCA

19/12/03

Re,

From:	PHM - Secretariat <secretariat@phmovement.org></secretariat@phmovement.org>
To:	bala <bala@halap.org></bala@halap.org>
Cot	<prem_john@vsnl.net></prem_john@vsnl.net>
Sent:	Tuesday, December 16, 2003 5.00 PM
Subject:	Re: Mumbal Meeting

Dear Sala

Greetings from the PHM Secretariat

Hope passanna showed you the article I wrote for HAI news – against all odds to try and meet the deadline. The preparations for the steering group and Health Forum and WSF are going on in full swing. Hope you received the communications to the steering group and the IHF programme. The WSF programme follows offer Amit's visit here tomorrow.

We eagerly await confirmation of your participation and Kamala's too. When you confirm we shall have 100% attendance for the first time in three years which will be a reord apart from the presence of non – steering group inspirators like halfdan, Banerji, Antia, hopefully Mond, Idris, David Legge etc., so please do consider inspite of your health constrains. We here already booked a very comfortable double room at 100% for you both from 11<sup>th</sup> to 15<sup>th</sup> and will extend this if you wish to stay for the first 3 days of the WSF (16<sup>th</sup> – 18<sup>th</sup>).

I think all our efforts together has helped to revive the PHA sprit again though much more needs to be done to put PHM on more solid regional foundations and we need your wisdom and sagacity as we tackle these issues. The Indian organizing team wishes to put you in many parts of the programme – chairing, resource person etc., but your silence has been a little worrying. Please confirm as soon as possible.

I shall send the invitation for visa purposes etc., I was just waiting to get the confirmation of the dates andwhether Kamala will accompany you.

Hope the HAI newsletter can also be released at the meeting.

With best wishes from the PHM Secretariat team.

Dr. Ravi Narayan.

P.S. Just as this was being sent. Your mail was downloaded. A real disappointment but understandable in the circumstance get well soon will keep in touch.

Ravi Narayan Coordinator, People's Health Movement Secretariat (Global) CHC-Bangalore

Pum. HAILAP

Action Later 16/m

12 17/03

15/12/03 Near Bela Greensp from the PHM Secreterick. Hope persona should you be criticle I wroke for HAI news - against all orlas to My and meet the deadline. The preperchons. for the skeening group and Health form and WSF are going on in full swing. Hope you received the communication to skeering group and the IHF programe The WSF programme follows after Amiles work here Komorrow Le easerly anciel confunction of your pahupahon and Kanalas how. When you conform we shall have 100% attendance for " ne fort time is three years which will be a record apart from the presence of non-Steern group inspiretors like Holfdan. Bucy. Antic, hopefully Mohd Idnis. Pendlegge ek. So please do consider inspire of your health constraints. We have already booked a very comfortable double room of YMCA for you both

from 11" to 15" and will extend this of you wish to stay for the funt 3 days of the WSF (16-19") I misk all our efforts together has halped to renve the PHA sporit chains though much more needs to be done to put PHM on more solid regional foundations and we need your window and sagacity as we reckle lese in The Indian organising Vecmusher to put you is many parts of Re programe - chaving, scorce per on ek but your science has been a little warry Please confirm as soor as possible I shall send the isubchion for use purposes etc. I was just writing to get the confunction of the dates and whether Komala will accompany yan. Hope Ne HAInewsletter can also be released but underskadebi at the meeting is Kechcumber Gel welly Soon w.II With best ushes from the PHM Secret hear their Kon Narya P.S. Tust as this was heng sen V. Your sent mail cc Pren John nos danlocded. A reci

From:	PHM - Secretariat <secretariat@phmovernent.org></secretariat@phmovernent.org>
To:	Dr. Vinya Ariyaratne <ssmplan@sri.lanka.net>; Niranjan Udumalagala</ssmplan@sri.lanka.net>
	<udumalagala@hotmail.com></udumalagala@hotmail.com>
Sent:	Tuesday, December 16, 2003 5:04 PM
Subject:	Mumbai Meeting

#### Dear Vinya and Nirajana,

There is no news from either of you whether you are joining us for the Health Forum  $14 - 15^{\text{th}}$  and the WSF health related events  $16 \cdot 19^{\text{th}}$  Jan. 2004, are you getting the communications. You are shown in the programme but no confirmations. If you are both joining confirm soon. You will be booked with the rest in YMCA on a first cum first served basis from  $13^{\text{th}}$  o  $15^{\text{th}}$ . Then we shall find alternative hotel accommodation/ already identified.

Is there a group coming to WSF? If so when and how? I met Prof. Tissa Vitarana at GFHR Forum? At Geneva. He was keen to join the health Forum. He spoke at our Alma Ata anniversary at ASF last year.

Get in touch whith him please do join. The response has ben excellent. Try and raise the air fare and we shall cover local logistics. Also air fare is an emergency though our fund raising is not yet that successful.

is a disappointment that Bala will not be able to make it for the IHF – WSF or steering group. Vinya you could check whether you could be proxy for him and attend Steering doup on 12/13<sup>th</sup> as well!

#### Ravi Narayan Coordinator, People's Health Movement Secretariat (Global) CHC-Bangalore

Action Laters

12 17 03

Page 1 of 1

12 16'03 Page 1 of 1

# PHM - Secretariat

From: community health cell <sochara@vsnl.com> To: <secretariat@phmovernent.org> Sent: Monday, December 15, 2003 4:06 AM Subject: Fw: Mumbai Meeting

Dr. Thelma Narayan, Coordinator, Community Health Cell =367 "Srinivasa Nilaya" Jakkasandra 1st Main, I Block Koramangala Bangalore-560034 Ph.: +91-080-5531518 clefax: +91-080 - 5525372 vebsite:www.sochara.org Join the "Health for all, NOW" campaign in the 25th anniversary year of the Alma Ata declaration visit www.TheMillionSignatureCampaign.org ----- Original Message -----From: bala To: Ravi Narayan ; Prem Chandran John Sent: Monday, December 15, 2003 12:26 PM Subject: Mumbai Meeting

Dear Prem and Ravi

I wish to inform you that I fell ill and hospitalised and now on long medical leave. I have been adviced to keep off work for some time and plan to return to work on 25th January 2004.

I regret very much I shall not be able to participate in the Mumbai Meeting

Dr. Vinya Ariyaratne is the national co-ordinator PHM, Sri Lanka and is making arrangements to send Sri ankan participants to the Mumbai events.

Kind regards,

Which make work of a Its course pour observed Baia 16/12/07 F Dear Vinge, and Norayon Advisor and Co-ordinator Health Action International Asia - Pacific Net advertige 5, Level 2, Frankfurt Place Colombo 4 Tel: + (94 11) 2554353 ISIN -mail bala@html There is no news From earler of you where you are Advisor and Co-ordinator joining us for the Health Forum 14-15th and the USF health related events 16-19" Jan Zoule. Are you getting the ishouch white the chen and how? To so wat I so Communications. You are shown in the pregrame but no conformation. If yu es been excellent for y and shall p' archoth jonny conform soon. You Senere He ups will be booked when he rest in THICH 16/12 Keen ho jon he Ist hor England and internet Form. He spoke at Ist hor England and internet our Alma Ala Annuang of ASF lost year not Heart From the Spoke at on a forst cum forst send basis from 13" to 15th Then we shall find alter hotel accomodely

From:	PHM - Secretariat <secretariat@phmovement.org></secretariat@phmovement.org>
To:	Dr. Vinya Ariyarathe <ssmplan@sunflower.lanka.net></ssmplan@sunflower.lanka.net>
Ge:	N. B. Sarojini <samasaro@vsnl com=""></samasaro@vsnl>
Sent:	Thursday, December 18, 2003 5:47 PM
Subject:	Re. Mumbai Meeting

Dear Vinya,

Greetings from PHM Secretariat (Global)!

You are now shown as a testimony from Sri Lanka on Peace efforts in conditions of war. Prem will write but please do join latest by 13th. The rest of the Sri Lankan group for WSF could come on 15th for 16th lauguration. If some of them wish to come for Health Forum, let us know soon. Prof. Tissa was interested and a Dr. Kumaravettapillai, have they been in touch? Bangladesh is bringing 200 and we have our hands full!

### Best wishes.

Ravi Narayan Coordinator, People's Health Movement Secretariat (Global) CHC-Bangalore #367 "Srinivasa Nilaya" I Block Jakkasandra, I Block Koramangala Bangalore-560034 Tel: 00 91 80 51280009 (Direct) Fax: 00 91 80 5525372 website: www.phmovement.org Join the "Health for all. NOW" campaign in the T

Page 1 of 1

18/12/03

## PHM - Secretariat

From:	Dr. Vinya Ariyaratne <ssmplan@sunflower.lanka.net></ssmplan@sunflower.lanka.net>
To:	PHM - Secretariat <secretariat@phmovement.org></secretariat@phmovement.org>
Sent:	Tuesday, December 16, 2003 4:35 AM
Subject:	Re: Mumbai Meeting

Dear Ravi.

"no-internet" north and east for Global Fund work as just returned and just got your message. Please give me 24 hours to reply.

With best regards,

Sincerely.

Vinya

At 17:04 16/12/2003 -0800, you wrote:

> Dear Vinya and Nirajana,

> There is no news from either of you whether you are joining us for the

Dear Vinya You are now shorm as a Veskmany from Sulake on Peace efforts is conditions of ver. Ben will write hit please do jan lakest by 13th. The rest que suicaken group for WSF could come for 15' for 16' in auguration. Il some of her wish to come for Heart Foren let us know Soon. Prof Time was interested and a Dr Kimarcettepille: Have Rey been in touch. Burgledont is bringing 200 and we have our hands full! Best unshes Rom

Page 1 of 1

- nd

1.1

# **PHM** - Secretariat

From:	Gunasena JD <jdgsar@itmin.com></jdgsar@itmin.com>
To:	<secretariat@phmovement.org></secretariat@phmovement.org>
Co:	<ssmplan@sri.lanka.net></ssmplan@sri.lanka.net>
Sent:	Friday, December 19, 2003 1:31 AM
Subject:	Flight Detais.

Dear DR .RAVI NARAYANA.

Please find below the cost of the air ticket for Dr Vinya Arivaratne Colombo Bombay Colombo by Sri Lankan Airways. Rs 37.000 = (Economy class) Through Thomas Cook (India) Pvt Ltd.

>W.B.Kannangara Sarvodaya International Division

>

P.M. Diolizus for

PHM- IHF INSF PHM-Son Lawler

2015

12/20/03 Page 1 of 2



From:	Dr. Vinya Ariyaratne <ssmplan@sunflower.lanka.net></ssmplan@sunflower.lanka.net>
To:	PHM - Secretariat <secretariat@ph movement.org=""></secretariat@ph>
Cc:	<demleft@sltnet.lk>: <sirimalp@eureka.lk></sirimalp@eureka.lk></demleft@sltnet.lk>
Sent:	Friday, December 19, 2003 8:26 AM
Subject	Re: Mumbai Meeting

Dear Ravi.

We had the PHM Committee Meeting today. The Committee endorsed the participation of myself, Mr. Vasudeva Nanayakkara, and Mr. Sirimal Peiris. In addition Prof. Tissa Vitarana will agreed to come for all meetings. Mr. Vasudeva has already made his own travel arrangements. Hence you will need to sponsor only myself, Sirimal, and Prof. Vitarana and this morning my ffice e-mail to you the air ticket cost which is US \$ 390 (Colombo-Bombay) return.

I will be out of the country for a week and I will communicate with you on my return.

Regards.

Vinya.

At 17:47 18/12/2003 -0800, you wrote: Dear Vinya,

-Greetings from PHM Secretariat (Global)!

You are now shown as a testimony from Sri Lanka on Peace efforts in conditions of war. Prem will write but please do join latest by 13th. The rest of the Sri Lankan group for WSF could come on 15th for 16th inauguration. If some of them wish to come for Health Forum, let us know soon. Prof. Tissa was interested and a Dr. Kumaravettapillai, have they been in touch? Bangladesh is bringing 200 and we have our hands full!

>Best wishes.

>

Ravi Narayan

Coordinator, People's Health Movement Secretariat (Global)

>CHC-Bangalore

>#367 "Srinivasa Nilaya"

- I Block Jakkasandra, I Block Koramangala

Bangalore-560034

Tel: 00 91 80 51280009 (Direct)

>Fax: 00 91 80 5525372

RN 22/12/08/0

PHON - JHE LUSA (PHON- Sni Lauler)

IHF WSF Jonenka

23/12/03

Dear Vinya We can perhaps manage 2 airfaces of You (core sively on Vidence and Peace efforts. Sularka) and Prol Time on a chaspen. or speaker is one of the Senons. Con PHM-Sulonke raise one Georel Scort is a sport of solidary For Ma Sirconel Peurus What is his beakground ? We know nothing yet Kbe cho to consider iscluding her is the Regremore. In many Countries No 15201 PHM is xinson 5 ome faces Best wohen Ron and we are supporting one or hop Please do consider and explore connect Your own fundas 12 office since many or Supporting WEF on



12/23/03 Page 1 of 5

## PHM - Secretariat

From:	PHM - Secretariat <secretariat@phmovement.org></secretariat@phmovement.org>
To:	Dr. Vinya Ariyaratne <ssmplan@sunflower.lanka.net></ssmplan@sunflower.lanka.net>
Sent:	Tuesday December 23, 2003 4:16 PM
Subject:	Re. Mumbai Meeting

Dear Vinya.

Greetings from PHM Secretariat (Global)!

We can perhaps manage 2 airfares of you (case study on Violence and Peace efforts - Sri Lanka) and Prof. Tissa, as a Chairperson or speaker in one of the sessions. Can PHM - Sri Lanka raise one travel grant in a spirit of solidarity for Mr. Sirimal Peiris? What is his background? We know nothing it to be able to consider, including him in the programme. In many countries, the local PHM is raising some fares and we are supporting one or two. Please do consider and explore actively. Your own funders may agree, since many are supporting WSF in solidarity.

Best wishes.

Ravi Narayan Coordinator, People's Health Movement Secretariat (Global) CHC-Bangalore #367 "Srinivasa Milaya" I Block Jakkasandra. I Block Koramangala Bangalore-560034 Tel: 00 91 80 51280009 (Direct) Fax: 00 91 80 5525372 website: www.phmovement.org Join the "Health for all. NOW" campaign in the 25th auniversary year of the Arra Ata declaration visit www.TheMillionSignatureCampaign.org

----- Original Message -----From: Dr. Vinya Ariyarame ssmplan@sunflower.lanka.net--To: PHM - Secretariat <u>secretariat@phmovement.org</u> Cc: demicit@simet.lk.; dimmalp.@eureka.lk-Sent: Friday, D. cember 19, 2003 8:26 AM Subject: Re: Mumbai Meeting

> Dear Ravi,

 We had the PHM Committee Meeting today. The Committee endorsed the participation of myself. Mr. Vasudeva Nanayakkara, and Mr. Sirimal Peiris. In

- addition Prot. insa Vitarana will agroud to come for all moutings.

Page 1 of 6

## PHM - Secretariat

From:PHM - Secretariat <secretariat@phmovement.org>To:Dr.Vinya Anyaratne <ssmpian@sri.lanka.net>Sent:Tuesday, December 23, 2003 11:54 AMSubject:Re: Mumbai Meeting

Dear Vinya.

Greetings from PHM Secretariat (Global)!

we have a severe financial crunch and so more than two will be really difficult. Do follow up every other source possible. Check with Bala and Prem, they may have ideas.

Best wishes.

Ravi Narayan Coordinator, People's Health Movement Secretariat (Giobal) CHC-Bangalore #367 "Srinivasa Nilaya" I Block Jalikasandra, I Block Koramangala Bangalore-560034 Tel: 00 91 80 51280009 (Direct) Fax: 00 91 80 5525372 website: www.phmovement.org Join the "Health for all, NOW" campaign in the 25th anniversary year of the Alma Ata declaration visit www.TheMillionSignatureCampaign.org

--- Original Message -----From: demleft <<u>demleft@slinet.lk</u>> To: Dr. Vinya Ariyaratne <<u>ssmplan@sunflower.lanka.net</u>> Cc: <<u>sirimalp@cureka.lk</u>>: Ravi Narayan <<u>secretariat@phmovement.org</u> Sent: Monday, December 22, 2003.6:11 PM Subject: Re: Mumbai Meeting

Dear Vinya,

I have been informed by the other group that they are finding it difficult
 to cover the travel expenses. I can find some funds for the Hotel. But
 will the PHM be able to reimburse my airfare.

Aplogase for this . Awaiting a reply.

Vashaeva ----- Original Mussage -----

P.N. Jaleis for

PHON. THE IWSF

HF-WSF SMCNK

22/12

Pase I of A

## PHM - Secretariat

 From:
 demieft <demieft@sttnet.lk>

 To:
 Dr. Vinya Ariyaratne <ssmplan@sunflower.lanka.net>

 Cc:
 <srimalp@eureka.lk>; Ravi Narayan <secretariat@phmovement.org>

 Sent:
 Monday. December 22, 2003 6:11 PM

 Subject:
 Re: Mumbai Meeting

Dear Vinya.

whave been informed by the other group that they are finding it difficult to cover the travel expenses. I can find some funds for the Hotel. But will the PHM be able to reimburse my airfare.

Aplogise for this . Awaiting a reply.

#### Vasudeva

----- Original Message -----From: Dr. Vinya Ariyaratne <u>samplan@suuflower lanka.net</u> To: PHM - Secretariat <u>secretariat@phinovement.org</u> Cc: <u>demleft@sltnet.lk</u>; <u>sirimalp@eureka.lk</u> Sent: Sarurday, December 20, 2003 12:26 AM Subject: Re: Mumbai Meeting

### > Dear Ravi.

We had the PHM Committee Meeting today. The Committee endorsed the participation of myself, Mr. Vasudeva Nanayakkara, and Mr. Sirimal Peiris.

> addition Prof. Tissa Vitarana will agreed to come for all meetings.

 Mr. Vasudeva has aheady made his own travel arrangements. Hence you will need to sponsor only myself. Sirbnal, and Prof. Vitarana and this morning my

office e-mail to you the air ticket cost which is US \$ 390

(Colombo-Bombay)

> return.

i will be out of the country for a week and I will communicate with you on
 my return.

> Regards.

Vinya

At 17:47 18/12/2003 -0800, you wrote:
 Dear Vinya.

PHON- THE TWIE (PHUS - Sre Lewice

23/12/03

Dea Vinge We have a Severe In cruich crunch and so more than that will be really difficult Do follow up every oken source possible check with Bele & Rem Key may have Post Best when 23/12/03 Best when

 From:
 PHM - Secretariat <secretariat@phmovement.org>

 To:
 Dr. Vinya Ariyarathe <ssmplan@sunflower.lanka.net>

 Sent:
 Saturday, December 27, 2003 1:41 PM

 Subject:
 Re: Mumbai Meeting

Dear Vinya.

3

Thanks for your mail. Hope you have received our last communication with the latest programme, Practical information and Registration form.

i. We shall provide accommodation for Sirimal. Go ahead and arrange for his travel.

For you and Prof. Tissa, it is better if you can buy the tickets (cheapest apex fares) and we shall reimburse it from our UK account. The Steering group meeting is on 12th and 13th and the Forum starts on 14th. Prof. Tissa could come on 13th and you can come earlier to attend the Steering Group meeting.

iii. Niranjan has been in touch. I prasume you will make 4 PHM Sri Lanka delegates. We are making arrangements for shared accommodation in YMCA, unless you have alternatives.

Best wishes,

Ravi Narayan Coordinator, People's Health Movement Secretariat (Global) CHC-Bangalore #367 "Srinivasa Nilaya" I Block Jakkasandra, I Block Koramangala angalore-560034 Tel: 00 91 80 51280009 (Direct) Fax: 00 91 80 5525372 website: <u>www.phmovement.org</u> Join the "Health for all. NOW" campaign in the 25th anniversary year of the Alma Ata declaration visit <u>www.TheMillionSignatureCampaign.org</u>

----- Original Message -----From: Dr. Vinya Ariyaratne <u>ssmplan@sunflower.lanka.net</u>-To: PHM - Secretariat <u>secretariat@phmovement.org</u> Sent: Friday, December 26, 2003 6:30 AM Subject: Re: Mumbai Meeting

> Dear Ravi,

- Thank you for your e-mail. I just returned home after a 5 day visit



From: Dr. Vinya Ariyaratne <ssmplan@sunflower.lanka.net> To: PHM - Secretariat <secretariat@phmovement.org> Sent: Friday, December 26, 2003 6:30 AM Subject: Re: Mumbai Meeting

### Dear Ravi.

Thank you for your e-mail. I just returned home after a 5 day visit abroad. I thought Sirimal is known to you. Sirimal is a retired health education officer who is coordinating all PHM meetings for me. He participated at PHA . And if you may recall we had lunch together on the day of your departure. He was instrumental in getting the Charter translated into Sinhala and I ly mostly on him to keep the network intact as I am extremely occupied with Sarvedava responsibilities. I strongly feel that he should participate both in IHF and WSF. However, I do understand your financial constraints and I will somehow raise funds for Sirimal's travel if you could provide board and lodging for him during the attendance.

The state we that it is the former in the second we that with the second the second the second the second in the second is not the second the s As for myself, I will arrive on the 13th and leave on 16th afternoon as I have another important commitment (The Sarvodava Annual National Awards Ceremony) on Saturday the 17th. I would like to attend the PHM steering committee meetings on the 13th and would also like to make some proposals with regard to PIM Sri Lanka.

Please advice how we should proceed with the tickets for myself and Prof. Tissa Viatara. Whether we should buy the 2 tickets and get the re-imbursement or whether you will arrange for PTA.

With best regards,

Vinva

At 16:16 23/12/2003 -0800, you wrote: Dear Vinya,

>Greetings from PHM Secretariat (Global)!

>We can perhaps manage 2 airfares of you (case study on Violence and Peace efforts - Sri Lanka) and Prof. Tissa, as a Chairperson or speaker in one of the sessions. Can PHM - Sri Lanka raise one travel gram in a spirit of solidarity for Mr. Sirimal Peiris? What is his background? We know nothing >vet to be able to consider, including him in the programme. In many countries, the local PHM is raising some fares and we are supporting one or two. Please do consider and explore actively. Your own funders may agree. >since many are supporting WSF in solidarity.

-Best wishes.



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From:	PHM - Secretariat <secretariat@phmovement.org></secretariat@phmovement.org>
To:	U.T.Vitarana <tvitarana@eureka.lk></tvitarana@eureka.lk>
Cc:	N. B. Sarojini <samasaro@vsni.com>; <amit@phmovement.org>; Dr.Vinya Ariyaratne</amit@phmovement.org></samasaro@vsni.com>
	<ssmplan@sri.lanka.net></ssmplan@sri.lanka.net>
Sent:	Tuesday, December 30, 2003 11:48 AM
Attach:	participation form_IHF.doc: INFORMATION PACKAGE AND REGISTRATION_2412.doc; IHF
	Programme_26 Dec 2003.doc
Subject:	Re: IHF Invitation

Dear Prof. Tissa.

Greetings from PHM Secretariat (Global)!

I have already confirmed with Vinya, who called me on the phone that we shall cover your airfare, if you are not able to raise it from other urces. You are shown as a panelist in the plenary on Globalization Health Policies and Health Sector Reform on 14th January 2003, 14.30 to 16.30 hours and already booked in shared accommodation with Vinya and Niranjana at YMCA. Details and registration forms are enclosed. Please fill up the registration form (replace the existing sample date of Prasanna with your details) urgently and send it back to us immediatly to complete the logistics.

#### Best wishes.

Ravi Naravan Coordinator, People's Health Movement Secretariat (Global) CHC-Bangalore -367 "Srinivasa Nilaya" I Block Jakkasandra, I Block Koramangala Bangalore-560034 Tel: 00 91 80 51280009 (Direct) Fax: 00 91 80 5525372 website: www.nhmovement.org Join the "Health for all, NOW" campaign in the 25th anniversary year of the Alma Ata declaration visit www.TheMillionSignahureCampaign.org

HE WEF Salconce

----- Original Message -----From: U.T. Vitarana <tyitarana@eureka.lk> To: sarojini@phmovement.or2> Cc: Secretupat@phmovement.org Sent. Salurday, December 27, 2003 11.57 AM Subject tHF Invitation

Dear Sarouni,

Thank you for the invitation to participate at the HEF conference. I shall he happy to come provided you can cover my travel expenses and provide accommo- dation. I shall be glad to make a presentation on the subject

globalisation and health". Please let me know the duration A letter of invitation by mail would help to get a visa, i look forward to hearing rion

you soon. With best wishes to you and Ravi.

Yours sincurely

From:	U.T.Vitarana <tvitarana@eureka.lk></tvitarana@eureka.lk>
To:	<sarojini@pnmovement.org></sarojini@pnmovement.org>
Ce:	- <secretariat@phmevement.org></secretariat@phmevement.org>
Sent:	Saturday, December 27, 2003 11:57 AM
Subject:	IHF Invitation

Dear Sarojini.

Thank you for the invitation to participate at the II-IF conference. I shall be happy to come provided you can cover my travel expenses and provide accommo- dation. I shall be glad to make a presentation on the subject " globalisation and health". Please let me know the duration. A letter of invitation by mail would help to get a visa. I look forward to hearing from you soon. With best wishes to you and Ravi.

Yours sincerely.

Tissa Vitarana

Adra to taken

FHF-WIF Entrate Projoan

Dear Put Tuna who called me on the phone or formed with Vinger that we shall meet your aufere if you are not able to raise il from other sources. You are shown as a pendist is the Plening on Glabelischion Health Police & Health Sector Reform on 14'7-2003 1430-1630 Hm. and already hooked is shared accomodation with Virge and Noranja in YMCA. Details and registration from encloses Bestinhes

29/12/03

Kon Naraya

CC Scriegin, Amut Virye

Le 2012 HE-WS= Galat

### **Main Identity**

-		
From:	Niranjan Udumalagala <uniranjanlk@yahoo.com></uniranjanlk@yahoo.com>	
To:	<sochara@vsnl.com></sochara@vsnl.com>	
Cc:	<secretariat@phmovement.org></secretariat@phmovement.org>	
Sent:	Tuesday, March 02, 2004 12:08 PM	
Attach:	Workshop on Reproductive Health Advocacy 2004.eml	
Subject:	Fwd: Workshop on Reproductive Health Advocacy 2004	

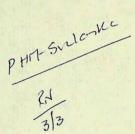
Dear Dr. Ravi / Dr. Prem,

I am hear with sending the details of the above programe. The organisers wants two suitable persons from India. If you know any body from PHM can send to this. Funds are avilable for this. to get funds you have to contact UNFPA Indian office. with regards, Niranjan

Note: forwarded message attached.

Do you Yahoo!? Yahoo! Search - Find what you're looking for faster.

Joswarded to PHM- Judan (JSA-Jony)



30th January 2004

Dear Sir/Madam,

Workshop on Reproductive Health Advocacy 14<sup>th</sup> -20<sup>th</sup> March 2004

We are pleased to call for applications for the above Programme. This International Workshop will enable participants to learn about the Sri Lanka's population and RH Advocacy Programme and will provide an opportunity to share experience and success stories among the Programme Managers in this region.

We herewith, enclose the detailed brochure for you to have a better understanding on the uniqueness of the Programme and the Registration Form.

Please let us know if there is any officer from your Institution who would like to participate in this programme.

Your early response in this regard will be greatly appreciated.

Thanking you,

Yours sincerely,

Dr. Vinya Ariyaratne Executive Director

10

### Main Identity

From: Rozanne Hindelt -rozanne@valv.neb To: -secretariaL@ph/novement.orgP Sent Thursday, Rebruary 12, 2004 11 41 AM Subject Rei Fw. Reinburse of Payment for Sharmurf Boyle - Peoples Health Movement

#### di Prasanna,

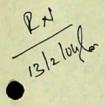
Just to remind you that we are still waiting for a response from you with regard to the subject line. I am so sorry to keep pushing you like this but have no option but to do so, since our travel agent is pushing us from this side.

Please keep us monned.

REntards - Rozanne

Original Message
 From: "PEIM Secretariat" - secretarial Ophinovement.org
 Tos "Rozanne Flingert - rozanne Oyaty.nei
 Sent: Tuesday, February 03, 2004.1242 PM
 Subject: Ref. Fwr. Reimburse of

SSPIDES We have be then repued to them yesverded please check 201/2/04



Phin - Itt filance

From.	"UNNIKRISHNAN P.V. (Dr)" «unnikru@yahoc.com>
10.	<shannin@yate het<="" td=""></shannin@yate>
Cc:	-phmsec@touchielindia.net>
Sent	Sunday, January 04, 2004 23,57
Subject:	travel grants for your visit

Dear Sharmini (copy to Ravi)

#### Greeanas

hope you race yed the fax and have been able to process the vise. I met Dr. Ravi Narayan, the co-ordinator for PHM Global secretariat a few minutes ago

Or Ravi confirms that PHM will be able to reimburse your travel costs. He will be writing formally to you on anday.

We look forward to seeing you soon in Mumbai. Please remember to bring any videos you have on the impacts of war and peace initiatives in SriLanka. We may have time to project it during the IHP and WSF.

Please address all future communication to the PHM secretariat directly. I leave for Iran in, a few hours and will be cut off from the internet.

Regards

Unni

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LN Please send For Resister on For

Privile

HF-WSF Sylanke Werr Leech



05-01-2004

05/01/2004 Page 1 of 1

From: "PHM - Secretariat" <secretariat@phmovement.org> Tc: "U.T Vitarana" <tvitarana@eureka.lk> Sent: Saturday, January 03, 2004 16:18 Subject: Re: IHF Invitation

Dear Prof. Tissa.

Greetings from PLIM Secretariat (Global)!

Glad to hear that you can make it. A day or two extra should not be a problem, though AC rooms are booked up from 15th night and we have alternative accommodation arranged. Non AC rooms are available till 18th but there is a heave PHM - IFIF domand on them. We shall do our best.

loking forward to your input

Best wishes

Ravi Narayan — Original Message From: "C.T. Vitarana" <<u>tvitarana@etreka.lk</u>> To: "PHM - Scoretariat" <<u>scoretariat@phmovement.org</u>-Sent: Thursday, January 01, 2004 17:21 Subject: Re: IHF Invitation

HE WS Snicke

### > Dear Ravi.

Am sending the form duly completed. I may like to stay on a day of two longer in Mumbai. Shall I try to change my flight accordingly. Will it cause

problems for you regarding accommodation - I could pay for that period. Thank you and best wishes for the New Year.

Tissa

- 2 . . .
- > At 11:48 30/12/03 -0800, you wrote:
- >>Dear Prof. Tissa.

->Greetings from PIEM Secretariat (Global)!

> >I have already confirmed with Vinya, who called me on the phone that we

> shall cover your airfare, if you are not able to raise it from other

sources. You are shown as a panelist in the plenary on Globalization Health

Policies and Ficalth Sector Reform on 14th January 2003, 14:30 to 16:30 hours

and already booked in shared accommodation with Vinya and Niranjana at

Elilon AN



From: "U T Vitarana" <tvitarana@eureka.lk> To: "PHM - Secretariat" <secretariat@pnmovement.org> Sent: Thursday January 01, 2004 17 21 Attach: participation form\_IHF.doc Subject: Re\_IHF Invitation

#### Dear Ravi.

Am sending the form duly completed. I may like to stay on a day of two longer in Mumbai. Shall I try to change my flight accordingly. Will it cause problems for you regarding accommodation - I could pay for that period. Thank you and best wishes for the New Year. Fissa

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and already booked in shared accommodation with Vinya and Niranjana at YMCA. Details and registration forms are enclosed. Please fill up the registration

-form (replace the existing sample data of Prasanna with your details)

argently and send it back to us immediatly to complete the logistics.

Best wishes.

### Ravi Narayan

Coordinator, People's Health Movement Secretariat (Global)

CHC-Bangalore

>=367 "Srinivasa Nilaya"

>1 Block Jakkasandra, I Block Koramangala

-Bangalore-560034

>Tel: 00 91 80 51280009 (Direct)

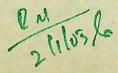
-Fax: 00 91 80 5525372

website: www.phmovement.org

Join the "Health for all, NOW" campaign in the 25th antiversary year of the

Aima Ata declaration visit www.TheMillionSignatureCampaign.org

Original Message --- From: U.T. Vitarana - tvitarana a cureka, ik To: -sarojini a phniovement.org
 Co: Secretarial a phniovement.org
 Sent: Saturiay, Decomber 27, 2003 (1):57 ANJ



Phon. Im: Wir (PHON - Smi Laules)

3/1/04

Dear Ref Time Glad b hear that you can make it. A day or the extre should not be a problem - haugh Ac rooms one booked up from 15" neght and we have allength and we have allength and we have a low a commoded or available Kill 15" but Harere is a heavy PHTI-THE demand on Kem. We shall do can best

looken forward by your Registration Fren Ran give to LN

Filou

02/01/2004

From:	"UNNIKRISHNAN P.V. (Dr)" <unnikru@yahoo.com></unnikru@yahoo.com>
Te:	"Sharmini Boyle" <sharmini@yatv.net></sharmini@yatv.net>
Cc:	<pre>&gt;pnmsec@touchtelindia.net&gt;</pre>
Sent:	Thursday, January 01, 2004 06:16
Subject:	Re: invitation to process the visa + travel costs

Dear Prasarina

Please note the fax number of Ms. Sharmini Boyle:

The correct number is: +94 11 441 9299

ckeers

with a Sent

Unni

----- Original Message -----From: UNNIKRISHNAN P.V. (Dr) To: Sharmini Boyle Cc: <u>phmsec@touchtelindia.net</u> Sent: Thursday, January 01, 2004 6:07 AM Subject: invitation to process the visa + travel costs

Te: Ms. Sharmini Boyle, Editor, Young Asia Tele Vision, Colombo, Sri Lanka.

Copy: PHivi secretariat- with a request to print, sign and fax the attachment / invitation to : +94 744 192 99

Ref: Our earlier communications regarding PHM's request to you top speak during a panel during WSF (Jan 18th) and

make interventions from the floor during the IHF (Jan 14th and 15th)

Dear Ms. Sharmini Boyle

Firstly, on behalf of the PHM and its Global Secretariat co-ordinator, I wish to express our sincere thanks for considering our request despite your busy schedule.

Secondly, I wish to inform you that I had a discussion with Dr. Ravi Narayan, the coordinator of PHM Global secretariat. I have raised the issue of travel support that you may need to come to Mumbal. Eventhough the resources for a decentralised and people-based movement like the PHM is very limited, we are very keen that you are with us during the

(1) International Health Forum (14th and 15th January) where we would like you to make interventions and

(2) WSF panel (scheduled for Jan 18th) where we would like you to speak as a panel memoer.

Dr. Nerayan is exploring possibilities and will some back to you shortly on the possibilities

31/12/2003 Page 1 of 2

Page 1 of 1

## Main Identity

From: Dr.Vinya Ariyaratne <ssmplan@sri.lanka.net> PHM Secretariat <secretariat@phmovement.org>; <bala@haiap.org>; <gksavar@citechco.net>; To: <hsudarshan@vsnl.net>; <r.keith@scfuk.org.uk>; <g\_upham@club-internet.fr>; <camzinkin@gn.apc.org> Sent: Saturday, April 24, 2004 7:52 PM Re: Fw: NGO Participants to the WHO-NGO Conference in Colombo 27-28 April 2004 Subject:

Dear Ravi.

Many thanks for your e-mail and the contents noted.

With best regards,

Sincerely.

Vinya

P.N. 26/4/m la

A+M-Snlorke

26/4/04

### Main Identity

From:	PHM Secretariat <secretariat@phmovement.org></secretariat@phmovement.org>
To:	<tvitarana@eureka.lk></tvitarana@eureka.lk>
Cc:	<ssmplan@sri.lanka.net></ssmplan@sri.lanka.net>
Sent:	Monday, April 12, 2004 1:44 PM
Subject:	Re: Congratulations

Dear Prof. Tissa Vitarana,

Greetings from PHM Secretariat (Global)!

Congratulations on your entry to Parliament and your appointment as the Minister for Science and Technology. We hope that not only PHM Sri Lanka will now get the benefit of your wisdom and experience and support towards a people friendly health, social and science policy, but also that PHM will be able to draw upon your capacity to promote the concerns of the People's Charter for Health on other UN and international bodies. Recently, the work towards a Mexican Ministrial Summit of Health / Science / Finance Miniters to endorse greater investment for Research in Health ; a WHO commission on social determinants of Health; and a UNESCAP initiative to work towards a Primary Health Care oriented Health and Social Policy in country of the region are all initiatives, which could draw upon your expertise and new responsibility. PHM offers you our whole hearted support.

Best wishes

Ravi Naravan Coordinator. People's Health Movement Secretariat(global) CHC-Bangalore =367 "Srinivasa Nilaya" Jakkasandra 1st Main, I Block Koramangala Bangalore-560034 Tel: 00 91 (0) 80 51280009 (Direct) Fax: 00 91 (0) 80 25525372 Website: www.phmovement.org Join the "Health for all, NOW!" campaign in the 25th anniversary year of the Alma Aia declaration visit www.TheMillionSignatureCampaign.org ----- Original Message -----From: Dr. Vinya Ariyaratne <ssmplan@sri.lanka.net> To: tvitarana a eureka.lk> Cc: <secretariat@phmovement.org> Seni: Thursday, April 08, 2004 9:19 PM Subject: Congratulations

> Dear Sir.

>

> This is a quick note to congratulate you on your entry in to the

PHA- Sulake



# Main Identity

From: Dr.Vinya Ariyaratne <ssmplan@sri.lanka.net-TO: <tvitarana@eureka.ik> Cc: <secretariat@phmovement org> Sent: Thursday, April 08, 2004 9:19 PM Subject: Congratulations

Dear Sir.

This is a quick note to congratulate you on your entry in to the Parliament. We sincerely hope you will be able to champion, amongst other things, the cause of a people friendly health policy for Sri Lanka. Sarvodaya and PHM Sri Lanka will be there to support you in this regard.

Br,

With best regards,

Sincerely,

Vinya

which could draw upon your expertise and new responsibility PHM offers you our where hearled support

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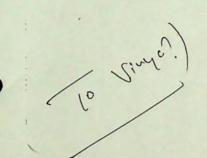
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12/4/04 Dear Prof Tissa Vivara Congrahulchons on your entry to Parliconent and your appointment as the Minister for Science and Technology. We hope hat not only Sulcake will now get the senefit of your Support and experience and Support bours a people friendly heald, Docid and surve policy but clso hat PHM will be able to drew upon your capealy to promote the concerns of the Pe. Charler for Heall in one UN 92/16 Vr and invernehonal buches Recently Me work Vowends a Mexican Minisvences Summit of Health Science/Fring Munsters to endorse Succes invertment for Research in Heal a 1540 compunison on Sozial devenuents of Health; and a UNESCAP millet to work Kourd a Runcy Head 12 the coverted Health and Sound policy in counts dile region are all with other.

From:	"Rosemarie Peiris" <sirimalp@sltnet.lk></sirimalp@sltnet.lk>
To:	<pre><phmsec@touchtelindia.net></phmsec@touchtelindia.net></pre>
Sent:	Sunday, September 05, 2004 11:22 AM
Attach:	POLITICS OF NUTRITION IN SRI LANKAN CONTEXT3.doc

- Post to Vandana / Jean Dieze for Riv to Food campaign Also to pha. Exchange Also to JSA-rice - ychoo proup Elabor Son hlath RAV

PHON - Spi Laulu



#### POLITICS OF FOOD & NUTRITION IN SRI LANKAN CONTEXT

#### What is Nutrition?

The relation between food and nutrition is inseparable, since it is from food that essential human nutrients are obtained. Human survival and activity are dependent on our ability to derive the essential nutrients such as protein, carbohydrate, vitamins, fat and mineral salts from the food that is eaten and digested. Where the human body fails to get these nutrients in the process of food metabolism, the inevitable result will be malnutrition.

Malnutrition in the developing countries is a legacy left to them by the so-called developed countries. This unwelcome situation has in turn led to the incidence of more diseases, increased deaths among infants and children and also to a general retardation of intellectual development in the people. Indeed, malnutrition falls heavily on the poor and the needy, in so far as malnutrition is the outcome of a tangled process of environmental, socio-economic and political factors.

The degree of the impact of malnutrition varies from one class of people to another, or from one country to another, depending on the pattern of their food consumption. One factor that has a wide bearing on the nutritional levels of a particular people is the type of foods the people can afford to consume. In the modern world, it is the purchasing power of people that mostly determine their nutritional levels.

#### Food the Sri Lankan Culture

Food is the essential factor in appeasing hunger. It is the sine qua non of human survival. It is the basis of human livelihood. The reports of FAO reveal that out of the world population in the period 1969-1971, as many as 360 million were subject to severe malnutrition, and that in the period 1974-1976, as many as 420 million, today's situation is worst than that, were suffering from malnutrition. Large population segments of the world are today subject to various diseases, mainly due to the inadequacy of food. In seeking a solution to this problem, our attention has to be focused not only on food production but on the means of distribution as well.

Let us first briefly situate the food consumption patterns of Sri Lanka, in their historical perspective. Shiran Deraniyagala has provided us with a number of historical records pertaining to the food patterns in ancient Sri Lanka. According to these records, the prehistoric people in Sri Lanka consumed such food items as vegetables, fruits, nuts, fish or meat. It is found that pre-historic people living in the coastal belt of Hambantota consumed a kind of oysters as their food. With the development of irrigated agriculture in Sri Lanka, vast changes in the food consumption habits took place. Historical evidence shows that Sri Lanka had a highly developed culture based on food. In fact, cooking was one of the 64 arts that ancient noblemen had to master in their society. The historical chronicles record that paddy rice was the staple food of the ancient Sri Lankans. The substitutes for rice were kurakkan or meneri (millet) which were eaten with curries. The long bean was a popular food item, also the green pea, gingelly and green gram. A sumptuous meal included a variety of items such as rice, vegetables, meat and fish, followed by curd, butter, ghee, sweetmeats, fruits and finally a chew of betel. It would be interesting to note that even today the alms offered to the Buddhist monks consist of the same items.

While the Badulla Pillar Edict refers to the huntsmen who earned their livelihood by selling animal meat, the classical Sinhalese literature refers to the fishermen who lived in villages. It is recorded that king Dhatusena's favourite meal consisted of chicken curry. Historical documents pertaining to the period as far back as the 3<sup>rd</sup> century BC show that the meat of the deer, wild-boat, peacock, doves and snipes had been popular items of food. There is evidence to show that the 'people of noble birth' refrained from eating beef. Those people eating beef were considered as belonging to the 'Chandala Caste', i.e. the scavengers, during the era of feudalism. The Sinhalese literary glossary "Dhampiya Atuwawa" of the 10<sup>th</sup> century AD has the famous expository sentence, namely "Those people, if they eat beef or beat drums, they are of the drum beaters' caste.

In ancient Sri Lanka, there were separate village settlements for cowherds, known as 'Gopalagama'. The five-fold food items from the cow were the special items that were meant for Buddhist monks and noblemen. Reference to the drinking of cow milk is scarce, though there is copious reference to the cooking of milk rice with cow milk in ancient times.

The popular food items were the oil-cake, sweet cake, aggala, munaluwa (sweets from green gram) jaggery asmee, besides the fruits such as mango, jambu and plaintains. The spices such as pepper, ginger, saffron and garlic were used in the preparation of food from items of yore.

#### **Influence of Western Culture**

The widespread influence of the Western imperialism, in Sri Lanka in the 19<sup>th</sup> century had a definite bearing on Sri Lankan food consumption patterns. The Englishmen in this country had not only to locally grow their favourite vegetables, but even to import them. The quick imitation of the English diet by the rich natives accelerated the pace of change in the local consumption patterns. This is how cabbage, beetroot and carrot have come to be popular food items.

Apart from the foreign vegetables introduced by the new plantation economy, the popular food habits have also shown up another development. Chilli is an item that has a distinct place within our spices array.

With the popularization of the so-called up-country vegetables and the extension of their sales, the consumption of traditional foods like leafy vegetables lost their place. Today, most of the items that can be purchased in the market are the up-country vegetables and so the items of leafy vegetables have come to be looked down upon in society. Presently there is a slight change in the situation.

In recent times, some emerging trends in the food habits of the people have been observed. Biscuits and chocolates have come to be part of the people's life-style. Specially, with the ushering in of the open economy after 1977, the coca cola culture in the food habits of the people has begun to get deeply rooted.

In place of the traditional food items of Sri Lanka, the market is now glutted with items like sardines and corned beef, sausages, meat balls, cordial drinks like Coca-cola, Fanta, Sprite have appeared practically in every market. In addition, a concerned attempt is being made to instill into the public mind that those particular food items advertised over the TV, Radio and other mass media are the best and the choicest.

Despite these emerging trends in the food consumption patterns, the actual position in regard to food consumption among the vast majority is far from satisfactory. There is a discernible attempt by the well-to-do and the middle classes to hitch their food consumption patterns to the new open economy concept. But the trend in the rural sector is still different. Despite the pervading urban market influences, the masses find it difficult to purchase their food commodities at such high prices. People belonging to a particular economic class in the city of Colombo have now stopped home cooking and have switched over to the practice of purchasing meal packets. Similarly, the estate workers are in the grip of the local traders and are compelled to purchase only those items that are available in the estate boutiques.

The traditional Sinhalese culture still looks down upon the habit of beef consumption. A similar attitude prevails in regard to eating eggs. However, the consumption of fish appears to have been accepted by society. By and large, the Hindus and the Buddhists refrain from eating beef. Fish curry is a common food item among the people living along the coastal belt. But, in the villages of the interior, fish is more expensive and therefore the habit of eating fish is less commonly found. In the rural home, dried fish has been a favourite food item, but in view of the prevailing high prices of this item, it is not going out of the diet of the rural homes. The use of pork as a food item is not yet widespread in Sri Lanka. However, chicken as a food item is commoner than before.

The results of a socio-economic survey conducted by the Department of Census and Statistics in 1969/70 covering 9,700 households revealed the percentage of homes with an adequacy of food was only 43%. The majority of people in Sri Lanka, i.e. 57%, are subject to the predicament of food inadequacy in the homes. To have a nutritious meal for a day, we must take five items of food, i.e. vegetables and fruits, added to rice.

#### Welfare State Policy

After the political independence of Sri Lanka in 1948, the government policy on food was that of a welfare state. A welfare policy on food has indeed started during the World War II, when in 1942 essential food-stuffs were rationed and distributed with a view to protecting the consumer and maintaining fairness in distribution. Subsequent governments that came into power in the post-independence period consistently tried to reduce or remove the subsidy on rice. The UNP govt. of 1953 made an attempt to remove the rice subsidy, but retreated in view of the popular opposition. The UNP govt. of 1965 and the coalition govt. of 1970 took steps to reduce the subsidy on rice. However, the UNP govt. of 1977 did away with the food subsidies altogether and introduced instead a novel scheme of food stamps.

In 1978, steps were taken to limit the free food ration to a low income segment of the consumers only. Under this arrangement roughly 50% of the population claimed free rice. Under the scheme of food stamps introduced in 1979, the subsidy on food was not only cut down, but the nature of the subsidy too itself was changed. The scheme of food stamps was operated as a cash value scheme. The distribution pattern of the food stamps in the Island is not uniform. The highest percentage of recipients, i.e. 67% is found in the Moneragala District, and the lowest i.e 20.7% is found in the Nuwara Eliya District. In the Colombo District, the percentage of food stamps recipients is 26.3%. It would be observed that the estate workers and the urban workers, who living under difficult economic conditions, have fallen outside the food stamp scheme. The quantum of the real value of Food Stamps has been gradually dwindling since the inception of the scheme in September 1979. An examination of either the Colombo Consumers' Price Index or the Constant Price Index will bear testimony to it. It is further corroborated by a recent survey on the nutritional intake of the recipients of food stamps. A study by Tilak Samaranayake on the calorie intake of children and adults under the Food Stamps Entitlement during the period 1979-1981 has shown that the levels of calorie intake have since gone down by almost half (40%). It may therefore be observed that the food consumption levels of the recipients of Food Stamps are lower than what they were about two years earlier.

What should be evident from the foregoing facts is that the former welfare policy of the government on food is now dead. As a result, it is the low income segments who are called upon to bear the brunt of the burden. At present, there is no food stamp scheme. Now 12% (3,000,000 families) of the Sri Lankan population are entitled to get Samurdhi. That means, a cut down on the food subsidy.

### Food and Commercialism

The food consumption culture in Sri Lanka today follows a completely commercial pattern. It is the profit motive that dominates the ideology of everybody from the cultivator to the retail traders. As regards the middleman, on the dwindling income levels of the vegetable growers at Welimada states : "It would be thus seen that the middlemen are exploiting both the consumer and the grower, in that they not only expropriate a big chunk of what is paid by the consumer but also deprive the cultivator of a good proportion of the income that would otherwise have been due to him".

The Sri Lankan people who now live in a consumer society fine that their purchasing capacity is governed not only by the availability of food commodities, but also by the price of goods on the open market. When food distribution takes place on an open market policy the consumer is left of the mercy of the market.

5

As shown by a socio-economic survey conducted by the Department of Census and Statistics, the relative percentage of the expenditure on food within the total home budget in 1970 was 54.7% and in 1973 55.2%. This component of expenditure has risen up to 70.1% in 1980. In the estate sector, this figure is at 76.7%.

It is clear from these data that the low income groups have to spend a high percentage of their income on food items. This means that these segments of the population can afford to spare only a meager amount for expenditure on other basic needs such as health and education. On the other hand, it is these very segments of the population who spend a larger portion of their income on food requirements that are also the victims of malnutrition. Again, it is the low income groups that suffer most from the impact of price inflations. Thus, the effects of an inflation are such that they keep the high-priced foods of high quality beyond the reach of the low income segments of the population, who have to confine themselves to the consumption of cheaper food items only. The fact that the food consumed is low both in quality and quantity has a direct bearing on the nutritional status of the people, in addition to their getting further malnourished by being subject to various diseases.

The spiraling cost of living has adversely affected the nutritional status of the people, particularly in view of the fact that no corresponding pay increase has been granted. The pay increases in the private sector were minimal and furthermore, the various deceptive methods adopted by the employers have brought the employees much hardship. No investigation has been carried out to ascertain the decreasing nutritional status of the employees who were dismissed from work consequent to the general strike and closure of factories.

It is observed that the government policy reforms in the recent past particularly the introduction of an open economic policy in lieu of the welfare state policy after 1977, has had an adverse impact on the nutritional status of the people.

### **RETAIL PRICES – PETTAH MARKET**

		Week ending	<u>Year ago (Avg)</u>
Rice	(Rs/Kg)	(Avg)	
-	Samba Kekulu	44.00 42.00	39.16 30.33
Vege	tables (Rs/Kg)		
	Pumpkin Snakegourd Ash Plantains Beans Carrots Tomatoes	24.80 23.00 30.00 58.00 42.60 20.00	22.34 29.28 37.13 59.10 53.03 44.40

		Week ending	<u>Year ago (Avg)</u>
Oth	er Foods (Rs/Kg)		
	Potatoes (N'Eliya) Dried Chilles (Imported) Big Onions (Imported) Red Onions (Local) Eggs	68.40 135.00 37.20 40.00 5.10	62.58 159.75 35.27 53.97 4.55
Fish	n (Rs/Kg)		
	Kelawalla Salaya Balaya Paraw (Small)	222.00 66.00 128.00 216.00	197.52 68.89 108.35 194.21

(Daily News of 21.09.2004)

There has been a total lifting of price controls leaving the fate of the price structure entirely in the hands of the traders who are now free to dictate the prices. The price levels of most consumer goods are now so high that they are not within the reach of the average consumer of the low income groups.

The elimination of food subsidies, coupled with the non-availability of cheap rice rations and other food items like green grams, dhal, dried fish etc. at concessionary rates has completely changed the people's meal patterns. The removal of the children's milk foods has a direct bearing on the child nutrition.

Agriculture is still the mainstay of the majority of people. Despite the recorded high growth rates in Sri Lanka, the development in the agricultural sector is at a diminishing rate.

Apart from food the following are the other causes that serve as determinants of the nutritional status in Sri Lanka.

- People's economic standing
- People's social standing
- State policies
- Consumption patterns
- Consumption beliefs, attitudes, knowledge and practices
- Impact of mass media

### Nutritional deficiencies in Sri Lanka

The nutritional problems in Sri Lanka is mainly four-fold, viz.

- (i) Protein energy malnutrition
- (ii) Anaemia due to malnutrition (iron deficiency)
- (iii) Vitamin A deficiency
- (iv) Iodine deficiency

#### Protein energy malnutrition

Severe under-nutrition is a common problem in all the Health Regions of the Island, but is more severe in the up-country areas. It has been observed that protein energy malnutrition is most prevalent in children during the second year of birth. The causative factor for such prevalence may be the non-nutritious complimentary foods given to children in place of breast milk. The chronic under-nutrition or the lack of proper height for the age is a condition. This problem is most critical in the central highlands of Sri Lanka, particularly in the estate sector. The chief factors that have contributed to this condition in the estate sector are low income and insufficient education. About one million children in Sri Lanka are suffering from various types of protein calorie malnutrition. This condition is more severe among the urban poor people, the majority of them being pregnant mothers and children.

In Sri Lanka, the conditions of malnutrition are found in large families of the low income segments. Often these victims are rehabilitated in the hospitals, but once they return home the relapses occur, as the socio-economic conditions of the families remain unchanged. A survey of 850 children admitted to the Lady Ridgeway Hospital for treatment in 1974 confirmed the essential relation between protein calorie malnutrition and the level of family income (Economic Review, March 1976).

It is a fact that the increase in the individual incomes necessarily leads to an increase in the nutritional quality of the food consumed, due to a considerable increase in the consumption of milk foods, meats and fish which provide an increased intake of calcium, iron, Vitamin A and riboflavin in a form that is easily absorbed. Therefore, it is observed that 20% of those in the high income segments get the necessary nutrients without much effort, whereas those in the low income segments may get the nutrients only rarely and minimally.

## Nutritional Status of Children (2000)

Background Characteristics	Height for Age	Weight for Height	Weight for Age
Male	11.9	15.1	29.0
Female	15.3	12.6	29.8
Child's age (in month)			
03-05	3.9	1.3	0.7
06-11	5.7	10.3	20.2
12-23	16.2	18.2	28.8
24-35	12.4	13.3	34.0
36-47	13.3	13.9	30.7
48-59	19.1	15.9	37.9
Sector - Colombo Metro	7.4	10.1	
Other Urban	8.6	6.3	21.3
Rural	12.8	15.9	30.8
Estates	33.8	11.8	44.1
Total	13.5	14.0	29.4

Source : Sri Lanka Demographic and Health Survey – 2000 (Annual Health Bulletin – 2001)

Percentage of new born babies with a weight less than 2,500 gm - 16.1%

## Anaemia due to malnutrition (iron deficiency)

The chief reason for this condition is the iron deficiency in the human body and is common to all the age groups, but is more prevalent among pregnant mothers and children of the lower socio-economic segment. The distribution of the condition is shown below –

Iron Deficiency

Infants	-	58%		
Children	-	30-40%		
Adolescents	-	10 Yrs.	-	50%
		11-19 yrs.	-	33%
Re-productive Age (Mothers)			-	50%
Pregnant Mothers			-	40%

Anaemia is a causative factor for the increase in maternal mortality and maternal diseases. In Sri Lanka, generally more than 50% of the pregnant mothers suffer from anaemia, and this condition in turn contributes to infantile anaemia and infant mortality. It is found that more cases of maternal anaemia and more maternal deaths have been recorded in Kandy and Ratnapura districts than in other districts.

The following data will reveal the extent to which anaemia during pregnancy may affect the health of mothers.

	Illness	No. for 1976	No. for 1980	
1.	Abortion	22,237	30,345	
2.	Anaemia during pregnancy	22.938	18,578	
3.	Haemorrage of pregnancy	4,370	5,154	
4.	Complications of pregnancy other than anaemia	16,927	4,851	
5.	Toxaemia of pregnancy	4,439	4,204	
6.	Sepsis of Child Birth	967	2,336	

### **Treatment of Pregnant Mothers in the Hospitals**

It may be seen from the data in this table that among the problems of pregnant mothers, anaemia is in the second place. However, it has to be remembered that many pregnant mothers other than those entering hospital have attended the maternal clinics for treatment of anaemia.

Food items such as leafy vegetables, liver, eggs and beef serve as sources of iron. But the prices of some of these items, viz. beef etc. are such that they are not within the reach of everybody. On the other hand, the absorption of iron will require Vitamin C.

### Vitamin A deficiency

This is also an identified malnutritional problem in Sri Lanka now. The distribution of the present condition is shown below.

Children (3-36 months)	-	33 1/3%
Adolescents	-	36%
Pregnant Mothers	-	36%

#### Vitamin A status in Sri Lanka

Indicator	Result	Cut off point
Night Blindness	0.8%	1.0%
Bito spots	0.8%	0.5%
Serum Retinal		
20 ug/dl	35.5%	20.0%
10 ug/dl	9.0%	10.0%
Hellen Keller FFQ	70.5%	70.0%

### **Iodine Deficiency**

In Sri Lanka, a number of diseases due to iodine deficiency syndrome are found. The most commonly found condition is the goiter which results from iodine deficiency. But when the iodine deficiency is viewed from a broader angle, many other forms of mental and physical debilities resulting from it can be observed. The real tragedy is the case of retardation of mental development of a human being from the time of the embryo up to adulthood.

In Sri Lanka, the South-West, Sabaragamuwa, Central South and Uva regions have been identified as iodine deficient regions, where nearly 70% of the population in its highest density lives.

Certain tests carried out by the Medical Research Institute during the period 1947-1949 have also shown that iodine deficiency is a condition periodically observed in some parts of Sri Lanka.

According to the Mahadeva-Shanmuganathan Report of 1967, the highest level of iodine deficiency are found among the people on the banks of the Kalu and Kelani rivers, in the Western Province. This report also points out that the iodine deficiency in women is higher than in men.

The Wilson Report of 1950 has pointed out the existence of iodine deficiency in both the wet zone and the dry zone. In the latter, it is 6-12% of the population. The chief reasons attributed for this condition, according to the Report is the low concentration of iodine in the drinking water and food lacking in iodine content.

According to the findings of a survey conducted by Subramaniam and Deo in 1966 in the iodine deficient areas, it was found that 12-54% of the school children in different places of these areas were subject to the iodine deficiency syndrome. In the same areas, 28.6% of adult males and 43% of the adult females were subject to the condition.

Iodine deficiency is not a condition that is easily detected though it greatly affects the healthy development of a human from the stage of embryo up to advanced adulthood. Any iodine deficiency may be reflected in the environment – the soil, water, vegetable and dairy foods.

Iodine deficiency is responsible for most of the abnormalities in the human body. Some examples are the retardation of normal physical and mental development, abortions and stillbirths. A child born to a mother suffering from iodine deficiency syndrome also shows problems in the thyroid gland, such a child may have various forms of complications varying from mental retardation, under-development of aptitudes, physical under-development, vocal and auditory deficiencies and problems in the limbs and nerves.

Unfortunately, most of these health conditions have not been identified as being due to iodine deficiency. What we often see as iodine deficiency is the outward enlargement of the thyroid gland. But, the condition of iodine deficiency affects a larger area of human functioning that appears to the lay eye. Hence, it is time to regard this situation as a health condition resulting from a socio-economic environment. The responsibility therefore devolves on the government policy planners to get themselves interested in implementing measures for the elimination of the problem of iodine deficiency syndrome among the people.

The WHO has taken into consideration the importance of eliminating the iodine deficiency problem, under their proposals for "Health for All" through Primary Health Care. In a publication of the South-East Asia Region Committee in 1981, the Control of goiter has been brought under a co-ordinated programme of Primary Health Care. But a definite action plan in Sri Lanka is yet to be a reality.

### Prevalence of Iodine deficiency distribution (IDD) in Sri Lanka (Figures in thousands)

Total population 16,099	Population at risk 9,861 (61.5%)	Endemic Goitre 3,107 (19.3%)
Cretinism and other I	DD	
Endemic <b>cretinism</b>	Other IDD	Total
140 (0.9%)	580 (3.6%)	720 (4.5%)

**Note** : Percentages shown are percentages of total population. "Other IDD" includes Cretinism and measurably reduced mental functions etc.

Source : UN Demographic year Book 1981/82)

Present situation of Iodine deficiency

Children (3-36 months)	-	6% - 32%
Adolescents	-	6-32%
Reproductive age	-	6-32%

### Vulnerable Groups

In regard to the nutritional deficiency status in Sri Lanka, three groups are particularly vulnerable –

a. Children b. Plantation Community c. Women

#### a. Children

On the basis of the Year 2000 Demographic Health Survey, 7.8% of the Sri Lanka population consists of children under four years and 8.5% children under nine years of age.

Food insufficiency, which is often considered the reason for under-nourishment. It is not the only reason for child under nourishment. Among the other factors that contribute to child under-nourishment are –

- The incidence of regular attacks of diarrhoea
- The presence of parasites in the intestines such as worms
- The ignorance of mothers as to how and when to wean the children

Malnourished children easily fall prey to infections, and those children who are often subject to infections are often malnourished. The chances of malnourished children falling prey to diarrhea are doubled, and the mortality resulting from the complications of the weight loss may be around 10%. Several attacks of diarrhea in a single year may reduce the growth by almost half.

The weight of a normal healthy child at birth doubles in five months, trebles at the end of one year and quadruples at the end of two years. Where the growth of a child is retarded due to constant attacks of illnesses, then there is a strong tendency on the part of the child to be subject to malnutrition. It is, therefore, necessary to instill in the parents a sense of urgency to ensure that their children grow unretarded during the first few years of life. This is one reason why the parents have to be motivated to take interest in the maintenance of child growth charts.

However, in the communities beset with problems such as unemployment, housing etc. the child growth charts are not going to be of much help, except in the case of families who can afford sufficient food for their children.

The first sentence in the Charter on Children's Rights adopted by the UN in 1959 reads as follows : "The child should be provided with special care and all the opportunities and facilities for him to grow into being a healthy and a normal citizen". Another sentence in the Chart stipulates the child's right to adequate and nourishing food.

It is unfortunate that while these rights are confined to the Book, malnutrition continues to devour more and more generations of children. The numbers of malnourished children have outstripped the number of malnourished elders, so great is the interdependence between poverty and malnutrition, the effects of which fall heavily on children.

The Medical Research Institute, Sri Lanka, has on several occasions pronounced warnings on the increasing trends of Stage Three Malnutrition, which is Acute Protein Calorie Malnutrition with accompanying side effects such as body wasting and the retardation of development and of intelligence. In this case, perhaps it may never be possible to restore the retarded intelligence.

# b. Plantation Community

The estate people of Sri Lanka, who are of Indian origin and considered agricultural workers, comprising about 5.6% (867,084) of the country's population. These people are of Indian origin and were brought to Sri Lanka by the British during the colonial period. The point that concerns us here is that the health status of the estate workers is very much lower than the national average. The most common respiratory diseases among these workers are Bronchitis, Pneumonia, Pleurisy and Asthma which have resulted from bad weather conditions, low temperature and congested living.

The pattern of health facilities in different Health Regions of Sri Lanka, including the plantations has revealed that the health facilities on the plantations are poor. The number of doctors per 100,000 population on national levels is 44.8 but the figures for Nuwara Eliya, Badulla and Ratnapura Districts are 15.9, 34.4 and 32.4 respectively.

Researchers have found that among the estate workers and their families, health problems like acute anemia, protein calorie malnutrition and chronic malnutrition are widespread. The comparative health status of estate children is very low.

Vital Statistics for the Estate Sector – 1997

	(p	er 1000)
Infant Mortality Rate	-	24.0
Still Birth Rate	-	32.5
Maternal Mortality Rate	-	0.9

The estate workers does not live in a sanitary environment. Some of the line rooms where they have to live are not fit for human living. They are living in common houses where the house of a family is only a room measuring 10 'x 12', with a common verandah of 5' or 6' wide.

The average infant mortality rate of Sri Lanka for year 2001 was 12.2 per 1000. However, the figure for Nuwara Eliya District which includes most of the estates was 20.7. The figures for Badulla and Kandy Districts were 20.9 and 17.3 respectively.

A working mother on an estate is unable to look after her child. The necessary facilities for breast-feeding that should be there in the interest of both the mother and the child are lacking throughout the plantations. A suitable place for a working mother to draw out excess milk during working time is an essential facility for a mother, but it has not been provided. The lack of this facility may mean the early drying up of breast-milk and this affects the child nutrition in the plantations.

Some of the line rooms on the estates have not been provided with separate latrine facilities. This is one reason why the children in the estates are easy victims of worm diseases.

# Latrine Facilities

No. of Households	- 180,489
Individual Latrines	- 80,399
Shared Latrines	- 25,876
% with Latrines	- 58.9%

While facing all these health hazards, they also have to struggle with a large number of other socio-cultural problems. Being Hindus by religion, the estate workers refrain from eating beef and therefore have to depend on fish or dried fish for their protein requirements.

The estate worker as a consumer is subject to extreme environmental factors, and is compelled to buy his consumer goods from the boutique close to the estate and he has no choice in the matter who sells him goods at black-market prices. This is a vicious situation where the estate community have no freedom of choice, particularly in the matter of eating food of their own choice, by virtue of their peculiar position of being at the bottom of the socioeconomic ladder.

Hence, the under-nutritional status in the estate sector may be described as a position resulting from not only food but also the socio-economic and cultural inequalities prevailing there.

#### Nutrition of Women

At the year 2001 census of Sri Lanka, 51% of the population consisted of women. Some surveys carried out since have clearly demonstrated that Sri Lanka is facing some problems of the first magnitude concerning women's nutrition. The conditions of anemia or iron deficiency and iodine deficiency are

found to be more prevalent in women than in men. The findings of a survey covering 3,000 mothers conducted during the period 1968-70 have shown that some 72% of them were subject to the condition of iron deficiency, which is also a general complication in women during pregnancy

# (Source : UNICEF Country Programming Exercise for assistance to Sri Lanka for the period 1984-85)

Several surveys have also proved that the problem of iodine deficiency is more in women than in men. Among the school going population, 43% of girls and 28.6% of boys were suffering from iodine deficiency. There were reasons why more females than males were subject to protein energy malnutrition and vitamin A deficiency. The fact that no data pertaining to this problem are available does not mean that the problems should be treated lightly.

Looked at from a cultural angle, it is obvious that the Sri Lankan women are less privileged than men. One significant reason is that the basis of Sri Lankan families is patriarchal. The working population in Sri Lankan women, of whom 87% are employed in the estate sector and in other lower paid jobs of the production sector. (Source : "Woman's leadership and decision making". Background paper of Women's Bureau, Sri Lanka – November 1982).

The rate of unemployment among women is 11.5 while among men is 6.2. This fact would show that the economic dependence of women is greater. (Labour Survey – Department of Census & Statistics)

The literacy percentage for men is 92.5% while for women is 87.9%. This is another indication that the women in Sri Lanka is lagging behind in the sphere of education too.

What is interesting and pertinent here is that the cultural and social disadvantages of the Sri Lankan woman is a direct bearing on her food consumption pattern. One practice prevailing in the Sri Lankan socio-family structural pattern is that the nutritious meal cooked in a family is first served to the husband and the male children. The women often take their meals last of all in the family or after the husband and children have finished theirs. This itself is a reason why the women get elbowed out in the arena of nutrition.

Often, the women are not sufficiently mindful of the fact that they have to expend more nutrition in the course of reproduction. In spite of the numerous educational programmes directed at Nutrition in pregnancy, it cannot be said that the Sri Lankan women adequately benefit from them. Even working women rarely show specialty for food consumption during pregnancy. Religious susceptibilities often play a role in the matter for food consumption during pregnancy. Even those who normally take eggs would stop taking them, no sooner the pregnancy starts. The main reason for this practice is to refrain from killing, in a society dominated by Buddhist concepts of nonviolance and for the people to avoid carnivorous habits of food consumption.

The women who form 25% of the working population are employed mostly in low-paid jobs. Thus even if they obtain some economic benefits from employment, their health suffers. Following are the most common employment avenues of women –

Tea Plucking Cinnamon tapping Textiles Coir strings and ropes Beedi manufacturing Garment industry

It is essential that lactating mothers should take a special diet and for this reason some Women's Organisations of Sri Lanka have launched an agitation for the payment of an extra allowance to lactating mothers who are employed.

A working mother, in addition to her employment has to look after the domestic front. Besides working, she has to attend to the washing of kitchen utensils, the home and the garden. The traditional socio-family-cultural pattern recognizes that these activities are within the sphere of women's duties. In view of this life pattern of women who enjoy only the minimal nutritional levels, the tendency is for their nutritional levels to deteriorate further.

The Sri Lankan women is the first to get up in the family and the last to go to bed. The following statement by the UNESCO's Executive Director in 1982 will reveal that the world pattern is similar : "The real heroes of the world development are not the respective Governments, nor the various organizations and UN Agencies, but the women who work strenuously for long hours of the day under the most difficult conditions yet without adequate benefit, only to fulfill the needs of their families or communities. There is no commensurate appreciation of their courage and efforts. What they need is not just praise but justice and assistance".

The facts given in this article are meant to show to what extent the sociocultural pattern in the present day Sri Lanka have influenced the nutrition and food consumption of women.

The medical opinion confirms that the average woman in this country can manage with an ounce of protein per day. But this quantum needs to be increased if she is pregnant or lactating. The nutritional levels during pregnancy affect both the mother and the unborn baby. In 100 ml. of breast-milk the protein content is 1.2 gms. Since a lactating mother has to produce around 850 ml. of breast-milk, her protein requirement is about 10gm per day. Therefore a lactating mother's daily diet needs to include at least this amount of protein.

In a family where the mother is breast-feeding the baby, the mother needs more nutrition than the father. But what prevails in most homes is the opposite. The Sri Lankan culture recognizes much more of the food requirements of a father than those of a mother.

It should now be clear to what extent the Sri Lankan woman is subject to 3 impediments – economic, dependence, the lack of communication and the under-nutrition – solely due to the influence of tradition and culture. But it is high time the country realized that it is a national responsibility to save the Sri Lankan woman at least from the threat of under-nutrition.

#### Food, nutrition and Social Justice

The views expressed by many nutritionists and social development experts on the question of world malnutrition are not realistic. Nor do these views disclose the genuine character of the question.

Those who offer solutions to the problems of malnutrition in their traditional fashion speak of two chief reasons for malnutrition –

- (a) The lack of a corresponding increase of food production and
- (b) The ignorance on the part of people in regard to food consumption.

As such, their solutions envisage

- (a) the control of population growth and
- (b) the education on food consumption in accordance with the principles of a balanced diet.

The negative approach these longstanding programmes may even aggravate the existing levels of malnutrition by blaming it on human indifference for their failures.

The truth is that not only in Sri Lanka but in the whole world, the vast majority of people do not get the needed requirements of food for their consumption. But it is also a travesty of the truth to say that the world cannot produce the quantum of food needed for world consumption.

Mr Collin Clark, the former Director of the Institute of Agro-Technology of the Oxford University says : "If only the existing Agro-techniques were harnessed in the already developed form different parts of the world, with their arable and usable extents of agricultural land, it would easily be possible to feed a population even ten times larger than the present world population".

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The present food problem in the world has become acute due to four main factors, viz.

- (i) Ability to buy
- (ii) The adequate distribution pattern
- (iii) The dependence of food production on profit making enterprises and
- (iv) The practice of destroying food quotas to maintain price levels.

As for the inequitable distribution pattern, it would worthwhile to note that the quantity of food consumed by the people of the developed countries is as much as 25 times the quantity consumed by the people in the developing countries. The annual quantity of food consumed by an American child is 50 times that of an Indian child. The present food consumption in North America is as much as 1900 lbs. per head. During the period 1968-1975 the increase in the quantity of food consumed in the USA is 350 lbs. which is the annual consumption per head in India.

While we are in a quandary for solutions to the food scarcities, it is no secret to find that in certain quarters the method of destroying food is resorted to even today with the sole idea of jacking up prices. The multi-national companies and the European Economic community are particularly known to employ this method.

In 1968, the USA has paid 4 billion dollars to the farmers just to keep 34 million acres of arable land from cultivation. Otherwise, there is no doubt that with the produce of these lands, the food prices in the world market would have come down.

In 1970, Canada destroyed its wheat cultivations and the USA its potato cultivations, knowing too well that large segments of the world population were starving.

The role of the middleman who operated between the producer and the consumer has only helped to increase the food prices several fold and to keep the food items beyond the reach of the low income earners. A case in point is the vegetable growers of Welimada, about whom the ECONOMIC REVIEW has to say this :

"It would be thus seen that the middlemen are exploiting both the consumer and the grower, in that they not only appropriate a big chunk of what is paid by the consumer but deprive cultivator of a good proportion of the income that would otherwise have been due to him".

The international agencies seem to have a better hold on price manipulations than the local middlemen.

As in the case of other productions in the world, the food production too is dependent on private enterprise, a system under which priority is given to the profit earnings rather than to the consumer needs. This is how the private enterprises are tempted to produce not what is food for humanity but what is more profitable even though it may be unhealthy for the people. Numerous examples may be cited from Sri Lanka itself. In the early days, Hanguranketha was well known for vegetable growing, but later on, the multi-national

companies have started utilizing these lands for tobacco growing. A good portion of land under the Mahaweli Development Scheme has also been set apart for tobacco growing.

The international situation is far worse. In Columbia, the multi-national companies employ local farmers to grow carnation flowers for export to the USA, while there is a shortage of food grain in the country. These multi-national companies are mot interested in growing flowers which brings a fat profit of 10 million pesos per acre rather than growing wheat which is so vital for the people and brings only 12,500 pesos per acre.

While millions of people in the Sahel are starving, the French multi-national companies are growing cotton in order to provide a cheaper production factor for their industries. But they are not unaware that millions in the Sahel are dying without food.

In certain other countries, while the landless nationals are starving, more and more land are being brought under other cultivation. For example, the land in India where the staple food can be grown are utilized for growing cotton and tea, in Gautamala for coffee and cotton, in Indonesia for rubber, in Mexico for coffee, cotton and sugarcane and in Sri Lanka for tea, coconut, rubber and tobacco. This situation has enabled the few capitalists in these countries to live in the lap of luxury while the vast majorities are compelled to live in a world of malnutrition and social injustice.

There should be an under-assessment of the impact of the environment and the bearing of social, cultural and economic factors on the nutritional levels of people. Likewise, one cannot deny that social injustices and political policies have an equal bearing on the determination of the nutritional status of people. In our inquiry into the question of FOOD AND NUTRITION, we are also naturally reminded of the popular adage that "Health is politics and politics is health".

SIRIMAL PEIRIS ALTERNATE COMMUNITY HEALTH ACTION 25/9, FRANCISCO PLACE MORATUWA SRI LANKA

# PHM - Secretariat

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From:	Rosemarie Peiris -sintmalp@sitnet.ik-
To:	<pre><phmsec@touchtermola.net></phmsec@touchtermola.net></pre>
Sent:	Saturday November 20, 2004 1:58 PM
Attach:	PATIENTS RIGHTS doc

Sur Sept to PHM exchange >

1/12/04

R.M. 23/11/00

# LET US SAFEGUARD PATIENTS RIGHTS

It is not only the duty of the State to safeguard the rights of the patients but also of all the members of the civil society who respect human rights.

Patient Rights should be safeguarded irrespective of race, religion, ethnicity, political affiliation, and minority status or of disadvantaged groups. From the worldwide agitations and protests that are being staged it is obvious that the health sector is in a crisis.

With the advent of privatization the interest shown towards the protecting of patients rights is becoming negligible. Privatization has caused inequality and has reduced the health services to that of a sales outlet. In the opinion of the professionals the responsibility of the State is gradually being eroded.

The right of the patient to consult a medical practitioner of his choice has been denied by the State health sector. Not only that even his right to know the details of his illness and the drugs that are being prescribed are being violated. The main reason for this is the dearth of medical officers in the government sector and as a result the patients right to a proper diagnosis is being denied. Due to lack of sufficient and modern diagnostic facilities, like laboratory equipment, scanning machines etc, in State hospitals the patient's health is at stake. Due to the long waiting list for patients anticipating heart surgery, kidney transplant etc, many patients face death before they get their opportunity. The drug dispensed to patients is also a matter of concern. The attitude shown towards HIV and AIDS patients is very regrettable. The treatment procedures adopted the world over in respect of treating HIV and AIDS patients has still not commenced is Sri Lanka and this is a clear violation of their rights. The severe shortage of drugs prevailing in state hospitals is subjecting the patients to great hardships. In many special clinics in State hospitals the patients are asked to purchase their quota of drugs from outside. This affects many patients who suffer from diseases like diabetes, heart ailment, high blood pressure etc, as they have to take these drugs continuously throughout their lifetime. The most unfortunate situation is reported from the maternity wards where a long list of items is handed over to those who come for delivery. Many poor mothers cannot afford to supply these and are subjected to ill treatment and humiliation. This would no doubt force poor mothers to seek home delivery and this would result in increasing the maternal mortality.

Patient's rights also should be taken into consideration when developing the hospital environment and other infra structure facilities. Many patients from far and distant places are forced to come to the hospital overnight to obtain a number for treatment in specialized clinics. These patients should have minimum basic facilities like toilets. Due to the long queues that normally prevail patients are greatly distressed and their conditions worsen. Therefore due consideration should be given to patient's comforts when designing the hospital environment and other facilities. This would infact mean as respect for patient's rights.

Due to the neglect of patient's rights day after day the quality of the services provided by the State sector is on the decline. It is the duty of the government to investigate into this matter and take remedial measures. If there has to be any value to the prevailing health statistics the credit should go to the government health sector.

The situation of patients receiving residential treatment in hospitals is in a deplorable state. The shortage of staff and the appointment of unsuitable persons through undue influence have worsened the problem. The deterioration in hospital administration has further contributed to the violation of the patient's rights.

The over crowding in State hospitals is a matter of serious concern. In many hospitals there are two patients sharing one bed and many more are on the floor. This gives a good idea of the status of the patient's rights. In view of the private sector health facilities the majority of those seeking treatment from government hospitals are those from the low-income groups and this has further enabled the violation of patients rights. As those interested in the protection of patient's rights it is our duty to safeguard the rights of patients and specially those of the low-income groups.

The conditions of private medical centres have further deteriorated after the Government medical officers were given permission to engage in private practice. Large majority of these centres are over crowded, ill ventilated, lacking in space and are not suitable for patient care or consultation. There are not even sufficient or satisfactory seating facilities for those who come for consultation. Toilet facilities are negligible. Little or no privacy is

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maintained while examining patients and in recording their medical histories. Therefore it is very important that these private medical centres be re-structured taking into consideration the need to safeguard patient rights even at a very minimum level..

It is no secret that private channeling centres and private medical hospitals, in many instances, has become money earning business ventures. There is no fixed charge for consulting a specialist and as a result every specialist fixes his own amount to his liking. The consultants are never punctual and keep patients waiting for long hours without any regard for the state of the patient's health. From these it is very obvious that the private sector does not care for the patients rights either. Therefore it is the duty of Governments committed to safeguarding Human Rights to see that the quality of private medical service is maintained at acceptable standards and that poor patients are not exploited.

SIRIMAL PEIRIS ALTERNATE COMMUNITY HEALTH ACTION SRI LANKA

Page 1 of 1

# **PHM - Secretariat**

 From:
 "PHM - Secretariat" <secretariat@phmovement.org>

 To:
 "Niranjan Udumalagala" <uniranjanlk@yahoo.com>

 Sent:
 Monday, November 29, 2004 5:07 PM

 Subject:
 Re: Hello

Dear Niranjan

Greetings from PHM Secretariat (Global)!

Thanks for your message about the committee. Please mark all your emails to Bala, Vinya and Prem so that everyone who has strong Sri Lankan contacts are kept in the Communication loop. The Pakistan meeting is not yet finalized. Also when you refer to 'committee', I do not know which committee you mean. Is it PHM Sri Lankan Committee? It was nice meeting you during your visit to Bangalore. Please convey all updates and information to the PHM Sri Lanka Committee

Best wishes

Ravi Narayan

PHM-SNIONC

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Phon i mi i

# PHM - Secretariat

From	"Niranjan Udumelagala" kuniranjanik@yuhoo.com-
10:	Secretariado primovement orga
Sent	Thursday, November 18, 2004 9 35 AM
Subject	Hello

#### Dear Dr.Ravi,

We had a meeting on 12th Nov and I informed to the committee what we have discussed. In this incering we invited to one member of constitution reform committee and he gave a brefing of present position of constitution. There is some possibility to inculed health as a fundamental right to new costitution. Further more we decided to meet Minister of constitution reform. We are planing to have National level meeting Jan or Feb. I went through the website the pakistan meeting is not in that. Is it confirm or planing level? I already inform to the committe about reporting. They decided to send a report of last activities. Mean time it is batter to send some guidhnes to all PHM groups with regards.

29/11/04 Dear Nirayan Thanks for your menage chout le committee. Please mark all your emails to Bele, Vinge, Rem so that everyone who has Strong Sularkan contects are Kept is the communication loop: The Pakiska meeting is not yet findised. Also when you say 'committee' & do not know which committee you mean. Is il PHM Sulake committee? It was nice meeting you dury Best when your wife Ron Nareja Bisselore Re apelete convey all Converter to the and all

cc Vinge Beic Prem

 From:
 "PHM - Secretariat" <secretariat@phmovement.org>

 To:
 "Niranjan Udumalagala" <udumalagala@hotmail.com>

 Sent:
 Monday, December 06, 2004 5:01 PM

 Subject:
 Re: Draft agenda of the 1st South Asian Consultation Meeting LahorePakistanDecember 21-22, 2004 Lahore

Dear Niranjan

Greetings from PHM Secretariat (Global)!

No travel support possibilities as yet, so you will have to try sponsorship from other sources. Ekbal may attend the meeting from India.

Best wishes

Ravi Narayan

Coordinator

PHN-Salake

7/12/04

 From:
 "Niranjan Udumalagala" <udumalagala@hotmail.com>

 To:
 <secretariat@phmovement.org>

 Sent:
 Monday, December 06, 2004 8:13 AM

 Subject:
 Re: Draft agenda of the 1st South Asian Consultation Meeting LahorePakistanDecember 21-22, 2004 Lahore

Dear Dr. Ravi,

2 M 6 (12 br

Thank you sending me the information about South Asian Consultation meeting. Are there any possibility to get travel support? I am also trying to get some sponsorship from outside. If there is any possibility pl let me know. with regards, Niranjan

Dear Nuranjan No Krevel support possibilities as yet so you will have to by sponsorship from other Sources. Wake to Irfes and check directly. Ekbel many attend the meeting from Indic. Bestustes

6/12/04

Rom

PHun- Sri Lawing

"PHM Monde Subject: Fw: Ss	<bala@hziap.org> Secretariat" <secretariat@phrnov y, May 30, 2005 10:41 AM cond International Conference of eptember 2005, Kandy - Sri Lank</secretariat@phrnov </bala@hziap.org>	n Undergraduate Medical and	2 Pharmacy Education, 19th -
Sent: Monday, Maj Subject: Second In			
> Dear Ravi, >			1.0
Medical > and Pharmacy Ed > Mater to host the	the Second International Conf fucation. I remember you kind Consultation for HAIAP. Bu	ily offered to get your Aln	ne Western ?
>	tembers proposed Sri Lanka as		No 518nethre
him	end us the name of the Dean, i rticipant to the above consulta		
> > Best wishes, >		Dear	
> Bala > > Dr K. Balasubran		Johns	The Deen of Sr is now Dr Prem
> 5, Level 2, Frank	ternational Asia - Pacific	Pairs-P	as great interest
<ul> <li>&gt; Colombo 4</li> <li>&gt; Tel: (94 11) 255</li> <li>&gt; Fax: (94 11) 255</li> <li>&gt; Fax: (94 11) 255</li> </ul>	4570	u is En	ics and Rechand
> E-mail: bala@ha >	nap.org	Ill' lom.	use - being one of ost ethical and mal drug prescribes
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30/21.1.1. PHM-P R.J 34/61	my Phus-	Sn' Lanky .	would be a good mesource person is well. His email
24/61	65	C	natex are as
7			. 00
		Be	or ushen 16th

From:	<prem_iohn@vsnl.net></prem_iohn@vsnl.net>
To:	"PHM - Secretariat" <secretariat@phmovement.org></secretariat@phmovement.org>
Cc:	  bala@halap.org>
Sent:	Thursday, January 06, 2005 5:00 PM
Subject:	Re: e-mail address & new year's wishes!]

Dear Bala and Ravi.

It would be goled to have a PHM representative but I am hardly the person even to consider this seeing that I haven't used western medicine mysel for years and have even forgotten the brand names of drugs that I learnt. Ask Mira for a name but avoid Amitava and Amit.

Prem

RN 10/1/05

Phan - HAIAD

RA1 10/1/05

From:	"PHM - Secretariat" <secretariat@phmovement.org></secretariat@phmovement.org>
To:	"Bala" <bala@haiap.org></bala@haiap.org>
Ce:	"Dr Prem Chandran John" <prem_john@vsnl net="">; "Mira Shiva" <mirashiva@yahoo.com></mirashiva@yahoo.com></prem_john@vsnl>
Sent:	Thursday, January 06, 2005 2:55 PM
Subject:	Re: e-mail address & new year's wishes!]

#### Dear Bala

Mira is already involved with DNDI as Patient / Civil Society representative in India. Is this at Global level? Bernard Pecoul (ex MSF) and Joya Banerji have also been in touch. Prem and I are going to be rather busy with PHA 2, so i do not want to definitely volunteer and leave Prem to make his own decision.

Best wishes

#### Ravi

Coordinator PHM Secretariat (Global) clo CHC No. 359 (old No. 367) Srinivasa Nilaya, Jakkasandra 1st Main 1st Block, Koramangala Bangalore - 560 034. India Tel: 00-91-80-51280009 Fax: 00-91-80-25525372 Email: secretariat@phmovement.org Website: www.phmovement.org

PHM-HAIAP Prus Circle

----- Original Message -----From: "Bala" <bala@haiap.org> To: "Prem Chandran John" <hariprem@eth.net>; "PHM Secretariat" <secretariat@phmovement.org> Sent: Monday, January 03, 2005 4:59 PM Subject: Fw: e-mail address & new year's wishes!]

> Dear Prem and Ravi.

> I am forwarding a message from Thiru. DNDi is looking for patient > representative. Patricia Martorell has suggested PHM to nominate a suitable

- > person. I would like if one of you will take it up.
- > Best wishes.
- > Bala
- 5
- > ----- Original Message -----
- > From: "Thiru Balasubramaniam" <thiru@cptech.org>
- > To: "bala" <bala@haiap.org
- > Sent: Monday, January 03, 2005 4:50 PM
- > Subject: [Fwd: e-mail address & new year's wishes!]

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- 2
- >> Appa,

# Pave 1 of 1

# Main Identity

From:	"Bala" <bala@haiap.org></bala@haiap.org>	
To: Sent:	"Prem Chandran John" <hariprem@eth.net< td=""><td></td></hariprem@eth.net<>	
Subject:	Wonday, January 03. 2005 4:59 PM	>; "PHM Secretariat" <secretariat@phmovement.org></secretariat@phmovement.org>
	Fw: e-mail address & new year's wishes!]	

Dear Prem and Ravi,

1 am forwarding a message from Thiru. DNDi is looking for patient representative. Patricia Martorell has suggested PHM to nominate a suitable person. I would like if one of you will take it up.

Best wishes.

Bala

RM 4/1/05

4/105 Dea Belc Mure is checaly wroked with DNDies pekenvicimi Strictly septesenticke in India Is this at Global Le rel? Bernard Peroulley MSF) and Joye Benery; have doo been in Pauch Remand fire joing to be seller busy int PHAZ So i do not war to definitely voluniveer, and leave Ren to make his own decision. Best ushos Rom

ic Ram Mira

#### Re e-mail address new year's wishes!

From: Bala [bala@haiap.org] Sent: Friday, January 07, 2005 10:27 AM To: PHM - Secretariat Subject: Re: e-mail address & new year's wishes!]

Dear Ravi,

Thanks. Prem can make the decision. I am not sure if this is at Globa 1 level.

Best wishes,

Ray

PHM-HAIAP

RJ -71.105

Page 2

From:	"Bala" <bala@halap.org></bala@halap.org>	
To:	"PHM Secretariat" <secretariat@phmovement.org></secretariat@phmovement.org>	
Sent:	Friday, January 28, 2005 10:54 AM	
Attach:	Tsunami Update - 11th January.doc	
Subject:	Fw. Regional Mobilization Alert - Communication One	

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Bert

retrice Medico Mounch (in And)

3.1.105

Dear Ravi,

A 9

The 11m update is attached.

Best wishes,

Duhani

----- Original Message -----From: <u>PHM - Secretariat</u> To: <u>Bala</u> Cc: <u>Vtharana (Prof)</u> : <u>Joel Fernando</u> ; <u>Sirimal Pieris</u> ; <u>Vinya (Dr)</u> ; <u>Maria Hamlin Zuniga</u> ; <u>gk@citechco.net</u> ; <u>Delen</u> LaPsz : <u>Dr Prem Chandran John</u> ; <u>Mira Shiya</u> Sent: Thursday, January 27, 2005 3.25 PM Subject: Re: Regional Mobilization Alert - Communication One

Dear Bala

Please send the 11th January update. I wish to respond to your decision. I appreciate the spirit, but I believe that PHM Sri Lanka has something to doe tribute and the Tsunamit of war and corporate led globalization need our attention also.

If we can take the funds for some of you as resource personn, that you should contider coming because by not doing so, we cannot transfer those funds for Touriam select. But I shall send a more detailed response.

Any news from Unn?

PN Zulilis

Send lo Schut Mex

Long Screh

Thelma

Phop. Josen Dpdelo Snlake

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#### Dear All,

Our sincere thanks for several messages expressing concerns and providing us support, solidarity and offers of assistance. Several friends and well wishes have requested to be informed of what is happening and how they and their friends can help our office in providing relief.

One common question many have posed is "We see the CNN and BBC. But what is actually happening in your country?" Well this is a question I cannot answer since from 26th up till today I have not gone out of the office or home. Our office is on the second floor and home on the first.

Today I participated in the inaugural relief operational meeting convened by the Consortium of Humanitarian Agencies (CHA). All International NGOs and several national NGOs working of Tsunami relief were present. The meetings will be held weekly on Friday mornings. The objective of the meeting is "A forum to comprehensively access information on all relief efforts currently underway, so that future activities maybe better planned and coordinated in order to ensure the affected are provided the necessary immediate care within a framework of long-term assistance and rehabilitation."

Updated information will be available on the following key links - web and database:

Centre for National Operations - <u>http://www.cnosrilanka.org/</u> Lanka National Disaster Management Centre - <u>http://www.lk.undp.org/ndmc</u> SAHANA - Database - <u>http://220.247.224.24/</u> CHA Tsunami 2004 Information Centre - <u>http://www.humanitarian-srilanka.org/Pages/tsunami\_htm</u> The Foundation for Co-existence - Tsunami News Updates - <u>http://www.fcoex.com/Publications/bulletins/</u>

We have down loaded the latest statistics (slmap.gif) is attached. These will be updated regularly in the CHA Tsunami 2004 Information Centre website. <u>http://www.humanitarian-srilanka.org/Pages/tsunami.htm</u>

Let me brief you on what the country and the NGOs need. There are a few attachments. Please open them only if you will be interested in them.

1. What is most needed is money. I am pleased to inform you that following e-mail and telephone communication Sabine Eckart Medico International Germany will be visiting us with a small team to meet with NGO partners early next week to make a short term assessment of our needs. I am arranging her to meet Dr Vinay Ariyaratne from Sarvodaya, Ms Nimalka Fernando of Ruhunu Gammi Kantha Association and Mr Sarath Fernando of MONLAR. This will be followed a second team which will visit us on 20th January to make assessment of intermediate and long term needs. We are looking forward to these visits and follow up activities. In my previous mail I gave you details of three Bank accounts by these three NGOs. Donations are welcome.

#### 2. Tsunami orphans.

The estimates on Tuesday 4th January was that a minimum of 300 infants and young children have lost both their parents. It is feared that the final count may be high.

Specialist NGOs are now developing plans to take care of the orphans. Initial suggestions include the following.

1. Legal adoption

2. Sponsoring - a member of orphans have been taken by close relatives, who will need financial support. Donors will be invited to sponsor these orphans in homes. The present estimate is about Rs 30,000 (US\$ 30.00) a month for a minimum of five years.

#### 3. Setting up orphanages

This week we were informed that several organizations and temples in Canada are interested in supporting orphanages. This is a good start. Ms Passanna from our office is liaising with the National NGOs who are working on this. She will give you periodic updates (<u>passanna@haiap.org</u>) Please contact her.

#### 4. Work carried out by National NGOs

Several national NGOs are working round the clock. Many persons wanted to know the type of work carried out by NGOs. Let me give you first one example. Those interested in understanding the type of activities going on please open attachment (*Plan of Action for Emergency Assistance*). This is a 10 page document which gives "Plan of action for Emergency Assistance and Short Term Relief" by the Movement for National Land and Agricultural Reform (MONLAR).

Those interested in health kindly refer to item 3 on page 2 "Health and Medical Services - Health Service Trade Union Alliance is already working through Nine mobile Health Units - Each unit has 15 persons including medical doctors and will work in 30 refugee camps. They are linked with the People's Movement for Rights of Patients (PMRP) to obtain medical personal and guidance. PMRP is an associate member of HAIAP.

Please refer to activity 2 "Assets mobile health unit of HSTUA" on pages 6 & 7. This refers to essential medicines needed for all the 30 camps. Attachments (*Drugs Requirement - N & E, South*) gives the details of medicines and quantities requires for refugee camps in Galle, Hambanthota, Jaffna, Kilinochi, Matara & Mullaitivu in the North, East and South. These are some of the most devastated areas in the country. Please refer to Attachment (slmap).

4. Items needed by both the Ministry of health and the NGOs are water purification tablets (or chlorine tablets), Tropical chlorinated lime.

We have requested donations from a few sources. We are waiting to get them. However we may need more. I shall appreciate if any of you can find a source for donation. Let me know.

Kind regards,

Bala

From:	<prem_john@vsnl.net></prem_john@vsnl.net>
To:	<ravi@phmovement.org></ravi@phmovement.org>
Cc:	<secretariat@phmovement.org></secretariat@phmovement.org>
Sent:	Friday, March 04, 2005 10:52 AM
Subject:	Sri Lanka

# Dear Ravi,

1. Bala has said that he cannot come for the Madras meeting but has confirmed that he will come to Bangalore. He didn't know that we had shifted the venue to Bangalore. I have just sent a mail to him.

2. Have you okayed the Newsbrief? (as the name implies it is news that is brief and hence the shortening). It should be sent off to Qasem. they can print and Qasem can bring it with him when he comes to Madras.

3. I think we should attach a Registration form like the one Abe and we did the last time I was in PHM office.

4. I am still unable to download any electronic registration form or interactive form.

5. Please persuade arturo to come. The whole point of participatory management is that the top person should actually be expendable. Arturo has managed so far with excellent delegation and therefore should be able to spare a week for the Steering meeting, including travel. It is an opportune time to review what is happening in Cuenca. We are largely unaware of it. Maria alone should not be the spokesperson.

6. I have asked Vinya/Niranjan to arrange a PHM meeting where we can talk to PHM Sri Lanka as well as intending/potential members about the tsunami.

7. Tomorrow (Saturday) Niranjan is taking me along the coast down south to see first hand what happened and what is being done. What I hear is that a lot of relief material is getting stolen, has not reached those who need it, the new regulations are discriminatory to the Tamils in the East and the North! WE will stay the night in a hotel managed by Niranjan's friend where I had stayed with Masa Yamashita twice. Two floors of that were devastated. If you don't hear from me on Monday, it may be due to another tsunami!

If needed, you can call me on: 0094-11-255 4353. I am accessible most of the time, even at night since I am staying in the guest room of the ofice.

# Warm regards

#### Prem

PS. I feel that Niranjan is actually more active in PHM Sri Lanka inspite of his language problem. Also Sirimal Pieris. I am meeting both this evening. Both are involved in tsunami work also. I am also meeting Tissa Vitarana, the Minister for Science and Technology and my room mate and drinking partner at WSF January 2004. I would like to ask him to be the Patron/Chairperson for PHM Sri Lanka after checking with Vinya. Bala and Vinya should be advisors and Sirimal and Niranjan the chaps who actually do get things done.

RH 412/05 - 412/05

Page 1 of 1

Page 1 of 1

# Ravi Narayan

From: <prem\_john@vsnl.net> To: <ravi@phmovement.org> Sent: Tuesday, March 01, 2005 10:11 PM

Dear Ravi,

1. Bala wrote earlier asking whether we can postpone the meeting by a couple of days. I said it would be difficult since many people had already confirmed. Today he wrote saying that he would arrive on the 10th for the Steering group meeting and then leave on the 13th from Madras.

2. You saw the letter from Sureerat? We need to follow it up. I have written asking whether she and Abdus Sabur together can arrange for a Disaster Preparedness meeting any day between 29 - 31 March.

3. I have today cancelled the reservations at the YWCA for the 11th and 12th of April.

I am available on:

0094-11- 255 4353 even during the night as I am staying in the guest room of HAI office.

Warm regards from Sri Lanka (it is much warmer, even than Madras!)

Prem

Dr. Prem Chandran John 10, 32nd Cross Street Madras 600 090, India Tel:+91-44-2491 9890 Fax:+91-44-2821 6705 Mobile:+91-98410 08001



From:	<prem_john@vsnl.net></prem_john@vsnl.net>
To:	<secretariat@phmovement.org></secretariat@phmovement.org>
Sent:	Monday, March 07, 2005 9:37 AM
Subject:	For Ravi / Bala

# Dear Ravi,

Attached hereis Bala's mail to me. As of now we don't have much material/or have not confirmed material on item 5,6,7 and 8 though we have in the draft form. In fact we should spend time finalising some of this in Bangalore.

We should do two things: one, we should do an exercise - you, me, Abe, Prasanna etc., during the week after Easter. Are you easy with the dates the?

Two, we should ask the PHA 2 Secretariat to do a similar exercise and come to Bangalore with it. In any case, as far as Keynote speakers/Rsesource people etc., are concerned, we MUST finalise now.

I have spoken to Vinya/Sirimal/Niranjan about a meeting on the 12th of PHM members/key contacts in S.Lanka and potential members.

Best regards,

Prem

#### My dear Prem,

Iam looking forward to the meeting in Bangalore. Very much regret it is not in Chennai.

PHA2 will be four months away from the PHM SG meeting. In my opinion it will be very useful to have the following information mailed to the participants or made available to them at the meeting.

1, Names of members of the IOC

2. Names of members of the SG

3. IOC and SG complement each other. However it will be good to know the exact or unique functions of these vis-a vis PHA2.

4. Agenda and objectives of the meeting. This should be sent to all participants before they arrive.

5. Latest draft agenda of PHA 2 with the following information:

\* Names of keynote speakers confirmed, the topics they will present and

confirmation of travel grants

\* Names of keynote speakers invited but not confirmed,

suggested topics and possibilities of travel grants for them

\* Confirmed plennaries:

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P.S. If you could Spend Monday 14th Morch with us in PHIM-Sec we may set through a lot of this before fleare!!

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Dear Rem We have motend. on all this and we con early put il all hojeka post Easter on 78h and Ren Send it 16 acryone who is denden, we can apped to steering Surp mentoes to dend this over the next thro weeks Does Bde Know charl PHAZ Lakh All Mins can become A part of PHAZ Page 2 of 3 writch - new secking lets discuss when you schure

- -Themes
- Names of resource persons
- Travel grants for resource persons
- \* Confirmed workshops
- -Title
- -Convenor
- Travel grant secured
- 6. Participants from countries:
- \* National PHM coordinators from developing countries who have contacted either the PHA2 or PHM Global secretariats requesting information on registration, accomodation etc:
- Country
- Name of coordinator
- -Proposed number of participants
- Travel grant status
- 7. Information sent by regional coordinators to either secretariats with detyails of participation from countries in their respective regions.
- 8. Details of all confirmed participants including keynote speakers, resource persons, worksop facilitators and country participants:

For keynote speakers, resource persons and workshop facilitators:

- \*Nationality, gender and preferred language For country participants ony:
- \* Age, gender and preferred language. This is in view of the unanimous decision taken by the first IOC meeting in Sept. 2004 that women and youth should be given preference.

All these may look a rather long list. But all the information requested will be in the secretariats. They need to be compiled into one document. When this is done, it can be updated biweekly and circulated. This will make life easy andit will be possible for one to know at any time the progress.

Please think about this and let me know your views and comments. Love, Bala

Dr. Prem Chandran John 10, 32nd Cross Street Madras 600 090, India Tel:+91-44-2491 9890 Fax:+91-44-2821 6705

From:	<prem_john@vsnl.net></prem_john@vsnl.net>
To:	"PHM - Secretariat" <secretariat@phmovement.org></secretariat@phmovement.org>
Sent: Subject:	Friday, March 04, 2005 6:37 PM Sri Lanka
Subject.	On Lanka

My dear Ravi,

we have a serious problem with Sri Lanka. Amny complain that they don't hear from us, don't get replies etc., Vinya is too busy though nice hearted and cooperative. This island, though small, has a good NGO history of involvement and if we go about it right, with right people willing to give time, we can easily build up a good PHM here.

I suggest that the PHM secondary conact here is sirimal Peiris. He is knowledgeable, well connected, low key. Also Nirnajn who is well connected too in other circles.

Seeing the enormity of the destruction and loss of life (they now estimate 30,000 died, even yesterday they dug out 29 new bodies), it may be worthwhile calling:

Vinya (<u>ssmplan@sri.lanka.net</u>) Sirimal (<u>sirimalp@sltnet.lk</u>) Nimajan (<u>uniranjanlk@yahoo.com</u>) Padma Pushpakanthi (<u>sasthri@sltnet.lk</u>)

Padma is a woman activist who has done a lot of work in the post tsunami period. As you know, Bala cannot come for the tsunami meeting but will come for the steering meeting. The others should be invited for the Madas meeting. Tickets cost barely \$200 each. What do you say?

Warm regards

Prem

PN We we willer

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c Sutenken group MONLAR MO are also set up a Tsurani Lakeh. Po our PHM dirends know Ken? Get is bouch with Ken before you lear By the Kne you setues we Shall have the fund matter Southed Gud and we can both Send the contation - 11/12" a little

Dear Prem I do not undented This . I have written to Simonal and Morayon and Bala every Vine Rey have written. Somehne, on PUA2 & have forwarded it for collion with a commanded to Rem & do Kink Re problem is also lock of commication between Hem Regarding innling item all We have a lot left or en From IHF-WSF-Achon Ard Srest so of Whell conte Vo John Some I'm Berglick and see if we can use it to contellencell. Ince destally 3/7/05 Vecon- whom I an machy loomances al PHUT-Sec is heep we involve

please

# Main Identity

From:	<pre> john@vsnl.net&gt;</pre>
To:	<ravi@phmovement.org></ravi@phmovement.org>
Cc:	<secretariat@phmovement.org></secretariat@phmovement.org>
Sent:	Friday, March 04, 2005 10:52 AM
Subject:	Sri Lanka

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From:	<prem_john@vsnl.net></prem_john@vsnl.net>
To:	"PHM - Secretariat" <secretariat@phmovement.org></secretariat@phmovement.org>
Sent:	Wednesday, March 09, 2005 2:24 PM
Subject:	Re: Sri Lanka

# Dear Ravi,

Unni is not sure whether he can come. Actually he, perhaps, has the most experience, not only with disasters but with this tsunami in particular. He says at that time he will be involved with choosing his successor here. But I will try and persuade him on Saturday when we will both do the workshop on Tsunami with Sarvodaya.

Some time back you did a critical piece on logframe approach. CAn you send it to me? Bala wants me to see it since we are involved in an evaluation of HAI now.

Phuz

Warm regards,

Prem

KM 1012/15

I fully appreciate hes commitment to the cause but is need him Perhaps more on 8/9" reller than 11/12" but achiely he has roles is both. Perhaps of could call her concell when and where? Best ushes Rom.

10/3/05 Dear Rom Perhaps of an getting old-since of canol screenber Ne conhect priece on log frame eren Mough of an enked of it for morements concerted groups in parhaular then did we discuss it? Any ches? I could unte à feu points but perhaps you will give me a halpful lead. Regarding Unni your approach on Schurday has to be more than a gentle pressure. Tell him as PHM discover circle convenor it will be Considered derelichion of duty'. He represents PHM Circle, PHAZIOZ, PHM medice and Achim And - 3/10/05 cond honorary-chief energises of PHM events.

3/10/05

Page 1 of 1

# Main Identity

	orem_john@vsnl.net> PHM - Secretariat" <secretariat@phmovement.org></secretariat@phmovement.org>
Sent: W	/ednesday, March 09, 2005 1:56 PM e: For Ravi / Bala

My dear Ravi,

Since I hadn't heard from you I thought you had already left for Chile!

yes, we will do as you suggest.

Tara got her spouse/settlement visa for the UK and leaves 16th March morning. She has specifically told me to be with her 13-15. A Japanese group of 11 people arrives 16th night and will stay with us till 25th (Good friday!!) night. I can do one of two things:

1. Put Tara on the meirates flight 16th morning and come to Bangalore but return the same eveing. (Necessarily will have to fly)2. Or come 28th March.

What do you say?

We had a good meeting with Tissa, the Minister. Unni was there too, at dinner last night. I think he will come to Cuenca. I asked whether he can come 8-9 April to share his experience but he is tied up.

Saturday we will have a good group including a top journalist who has agreed to come.

Warm regads, 10/3/05 PHENDUP2/TSu They he Prem Dear Rem Flear on 16" early moning 12 nues te consider Tell uni ellecal one of the 2.40cm to Frankfurt (15" night) so it looks SKege PEIPZIOC Vied up is cp if we will not meet. But we con have a long chat on the phone as From whichever PM PM Soon on you sekin. 28/29" March Should anyvery be hooked for a PHM 56/ TSumani dedogue ] PHAZ discussion since it will be only a little aver week to the chemail Bargelove events of local civil sourcely 16" you could make it to get 100 may complete next PHA2 wetch and Neusbruf networking has begins You could also write a short overnew of the Flight is okcy is your circumsteres, wh guests arriving 16" neght Do get some one to document the Challenges of hermanitorias aid as on objective observer who hears various versions Southerday - Townen' meeting in Colombo and perspectives from different 102015 - The larger determinants 102015 - The larger determinants for the watch and also 3/10/05 16 our Funding partners to show the proces

From:	<prem_john@vsnl.net></prem_john@vsnl.net>
To:	"PHM - Secretariat" <secretariat@phmovement.org></secretariat@phmovement.org>
Sent:	Wednesday, March 09, 2005 2:15 PM
Subject:	Re: For Ravi / Bala

#### My dear Ravi,

I didn't know MONLAR but on calling them found out that it is actually headed by an old ACHAN contact and friend Sarath Fernando. I spoke to him and he is coming to meet me tomorrow forenoon. He too is involved very much in Tsunami relief. The whole things is a mess and is made messier by the politicians here. 250 containers are stuck since the Customs want to charge duty on tsunami relief materials. Now they have relented but want the supplies routed through the government agents! All this is because JVP, the ultra nationalist (actually BJP type) party presently in the coalition goveernment, says NGOs are misusing supplies and are getting supplies for LTTE! I have enough press clippings to put together a damning report on Sri Lanka. I thought we were bad but these people are infinitely worse!

Regards to all

Prem

10/3/05

Get the Sulcoken group to prepare a 20.30 menute presentchon. In the programe, as you will notice, they are the first coustry to present. Perhaps Bole and unni can hap then to four then Presentation on Challenges Initictives - Concers etc Beornsher Rown.

10/3/05 Dear Rem I just completed the dictique with Medico - They are going to support the participants from Tourani effected areas and lovel Cost for the decloque. I shall Vie it up when I meet medico Vecn at Neis office Send me ungently a but should proper entre not leed 10 Voo march seduce proper estincte of inning Simmel, Norayen, Prof ? Virye, Montor and Re women achart-so fire from Sulake only for Tourant de cloque. Il cull be good Symbolic Solidary It white be stred to have the of poor in a separate coverany Since we shall 10/05 ho estinde la Bargelore VISIK- 10-12" April.

 From:
 "PHM - Secretariat" <secretariat@phmovement.org>

 To:
 <prem\_john@vsnl.net>

 Sent:
 Wednesday, March 09, 2005 1:21 PM

 Subject:
 Re: For Ravi / Bala

Dear Prem

Greetings from PHM Secretariat (Global)!

We have material on all this and we can easily put it all together post Easter on 28th and then send it to everyone, who is attending. We can appeal to steering group members to send this over the next two weeks. Does Bala know about PHA 2 Watch? All this can become a part of PHA 2 Watch - new sections. Lets discuss when you return.

Best wishes

Ravi

PS: If you could spend Monday 14th March with us in PHM - Secretariat, we may get through a lot of this before I leave, including News brief.

PHD2 Welch PHM S. Gricel

27

From:	"PHM - Secretariat" <secretariat@phmovement.org></secretariat@phmovement.org>
To:	<prem_john@vsnl.net></prem_john@vsnl.net>
Sent:	Wednesday, March 09, 2005 1:20 PM
Subject:	Re: For Ravi / Bala

Dear Prem

Greetings from PHM Secretariat (Global)!

I do not understand this. I have written to Sirimal and Niranjan and Bala every time they have written. Sometimes, on PHA 2 I have forwarded it for action with a copy marked to them. Vinya is elusive, though busy. I do think the problem is also lack of communication between them.

Regarding inviting them all, we have a lot left over from IHF - WSF Action Aid grant, so I shall write to John Samuel in Bangkok and see if we can use it to invite them all.

Incidentally, Medico team - whom I am meeting tomorrow at PHM Secretariat is keen, we involve a Sri Lankan group (MONLAR), who are also set up a Tsunami Watch. Do our PHM Sri Lanka friends know them? Get in touch with them before you leave. By the time you return, we shall have the fund matter sorted out and we can both send the invitation - 11th / 12th a little late - but not too late either.

Best wishes

Ravi

PHM-Tour ener Dictorpue PHM Sulco Ku

RN 2/3/04

From:	"PHM - Secretariat" <secretariat@phmovement.org></secretariat@phmovement.org>
To:	<prem_john@vsnl.net></prem_john@vsnl.net>
Sent:	Wednesday, March 09, 2005 1:18 PM
Subject:	Re: Sri Lanka

# Dear Prem

Greetings from PHM Secretariat (Global)!

1. Tell Bala and Kamala that a comfortable double room has been booked for them from 10th to 12th April at Banyan Tree, Bangalore and we are thrilled that he will join and also chair the steering group. We need his patience, his calm and his credibility to steer us.

2. Perhaps Niranjan, Sirimal, Vinya, one or more of them should come to the Tsunami meeting - whoever can give a reflective / critical overview of what was done - the challenges etc.

3. I have written to Arturo and will follow up in Ecuador next week. I am sure he will come.

4. When do you return? We need to talk on the phone as soon as possible, after your return.

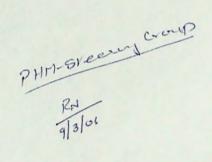
5. Hope Unni has agreed to join the Chennai meeting.

6. I was in Chennai for a day on Monday, chasing the Chilean visa, which is being processed.

More when we chat later this week.

Best wishes

Ravi



Page 1 of 1

# Main Identity

From:	"PHM - Secretariat" <secretariat@phmovement.org></secretariat@phmovement.org>
To:	<prem_john@vsnl.net></prem_john@vsnl.net>
Sent:	Thursday, March 10, 2005 2:11 PM
Subject:	Re: Sri Lanka

Dear Prem

Greetings from PHM Secretariat (Global)!

When do you actually leave Colombo? I have at present four agendas for Cuenca.

1. PHM secretariat solidarity / communication building with PHA 2 secretariat.

2. Visa on arrival for as many countries as possible

3. More linkage building and inclusiveness (subtle diplomacy)

4. Efforts to get over language divide (Is it really a problem?) and efforts

to widen the voices to the rest of the world (beyond Maria) tactfully.

On the way, I have a day in Frankfurt following up and tieing up funds for Tsunami / PHA 2 from Medico and others.

Three days in Chile, meeting Lee and WHO leadership with Fran and Halfdan to enhance WHO - PHA 2 interaction and also speak to Chilean PHM contacts of Claudio.

Best wishes

Ravi

PS: If you know any one in Frankfurt - who should be met for PHM / PHA 2 purposes, alert them to be in touch with Andreas Wulf and try to meet me. Andreas number and address is - Medico International, Obermainanlage 7, D-60314, Frankfurt am Main, Tel: +49 69 94438-0. Fax: +49 69 436002. Email: wulf@medico.de.

.....

From:	"PHM - Secretariat" <secretariat@phmovement.org></secretariat@phmovement.org>
To:	<prem_john@vsnl.net></prem_john@vsnl.net>
Sent:	Thursday, March 10, 2005 2:23 PM
Subject:	Re: Sri Lanka

Dear Prem

Greetings from PHM Secretariat (Global)!

Perhaps I am getting old - since I cannot remember the critical piece on log frame, eventhough I am critical of it for movement oriented groups in particular. When did we discuss it? Any clues? I could write a few points, but perhaps you will give me a helpful lead.

Regarding Unni, your approach on Saturday has to be more than a gentle pressure. Tell him as PHM Disaster circle convener, it will be considered 'dereliction of duty'. He representes PHM circle, PHA 2 IOC, PHM Medica and Action Aid -Asia and honorary - chief energiser of PHM events.

I fully appreciate his commitment to the cause, but we need him. Perhaps more on 8th / 9th rather than 11th / 12th, but actually he has roles in both.

Perhaps I could call him as well. When and where?

Best wishes

Ravi

From:	"PHM - Secretariat" <secretariat@phmovement.org></secretariat@phmovement.org>
To:	<prem john@vsnl.net=""></prem>
Sent:	Thursday, March 10, 2005 2:44 PM
Subject:	Re: For Ravi / Bala

#### Dear Prem

I leave on 16th early morning 2.40 am to Frankfurt (15th night), so it looks as if we will not meet. But we can have a long chat on the phone as soon as you return.

28th / 29th March should anyway be booked for a PHM / SG / Tsunami dialogue / PHA 2 discussion, since it will be only a little over a week to the Chennai / Bangalore events. 16th you could make it to get Abe and Prasanna get started / complete next PHA 2 Watch and Newsbrief. Flight is okay in your circumstances with guests arriving 16th night. Do get some one to document the Saturday Tsunami meeting in Colombo for the Watch and also to our funding partners to show the process of local civil society networking has begun. You could also write a short overview of the challenges of humanitarian aid as an objective observer, who hears various versions and perspectives from different locals - The larger determinants political etc, could be highlighted.

Tell Unni that he is tied up with PHM / PHA 2 / Tsunami from 8th - 12th. He must attend at lease one of the two meetings, whichever he consider important at this stage. PHA 2 IOC are complaining that they are missing his energetic inputs and I am sure I will hear more during the visit to Cuenca. Ask him to respond however briefly to my recent communications.

Best wishes

Ravi

From:	"PHM - Secretariat" <secretariat@phmovement.org></secretariat@phmovement.org>
To:	<prem_john@vsnl.net></prem_john@vsnl.net>
Sent:	Thursday, March 10, 2005 2:49 PM
Subject:	Re: For Ravi / Bala

#### Dear Prem

I just completed the dialogue with Medico - they are going to support the participants from Tsunami affected areas and local costs for the dialogue. I shall tie it up when I meet medico team and trustees at their office in Frankfurt on 16th. Send me urgently a proper estimate of inviting Sirimal, Niranjan, Vinya, Monlar and the women activist - so five from Sri Lanka only for Tsunami dialogue. It will be good symbolic solidarity. It would be good to have one government representative, if possible, but should not lead to too much red tape. Any ideas?

Unni and Bala will be treated in a separate category, since we shall also estimate the Bangalore visit - 10th to 12th April.

Get the Sri Lankan group to prepare a 20-30 minute presentation. In the programme, as you will notice, they are the first country to present. Perhaps Bala and Unni can help them to focus their presentation on Challenges Initiatives - concerns etc.

Best wishes

Ravi

From: To:	<pre><prem_john@vsnl.net> "PHM - Secretariat" <secretariat@phmovement.org></secretariat@phmovement.org></prem_john@vsnl.net></pre>
Sent:	Wednesday, March 09, 2005 2:27 PM
Subject:	Re: Sri Lanka

Dear Ravi,

If needed you can call me anytime here, even at night, except meal times. 0094-11- 255 4353.

When do you leave for Chile?

While in Cuenca be sure to meet the travel agent who is the son of the governor of that state who has connections with the Indian embassy in Caracas and Bogota.

Also fdollow up whether Arturo has worked out visa on arrival for south Asian participants. The governor promised to do this when we met him.

Warm regads

Prem

Dr. Prem Chandran John 10, 32nd Cross Street

FM

with Fren and Heifdan to enhance WHO-PHAZ in Kereckon ad the speak h childen PHUS contracts of claudio Best when PS. Il ju know any one is Frenklurk - who should be met for PHMIPHAZ purpses clerr nem to be in louch when to be wither

10/3/05 Dear Rem when do you coluctly Le ore Colombo. I have at prisent four agendas for cuenca i) PHM secretand solidari (communication building with PHA2 Sencinci 1) Visc on Arrivel for as many cousties as possible in) More inkage building and inclusivenes (suble diptomocy) in) Efforts to get over Inquere divide (Isirreally c problem? and efforts 16 get bruides Ne voues 16 No rest of the wild (beyond Flore) Veckfely Should there be any others On the very I have a day is Frankfurt- following up and theng up finds for Tour and others. 3/10/05 Three day is child meeting let and with hip

From:	"RECPHEC" <recphec@info.com.np></recphec@info.com.np>
To:	<prem_john@vsnl.net></prem_john@vsnl.net>
Sent:	Thursday, October 27, 2005 1:52 PM
Subject:	thanks

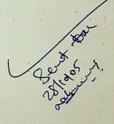
Mr. Prem Chandran John Honorary Coordinator ACHAN and People's Health Movement (PHM) Besant Nagar, Madras 600 090, India

Dear Prem:

Thank you for your letter of 17 October towards the settlement of the claim of Dina Chaudhary. The cheque is sent to the bank realization. The information will be sent to you again after the realization. Kindly note that at total claim of USD 5107 of Dina Chaudhary and myself was sent to you and Ravi Narayan on 1st August, 2005. Kindly send remaining amount as soon as possible.

Sincerely yours,

Prof. Mathura. P. Shrestha Chairperson Resource Centre for Primary Health Care (RECPHEC) Bagbazar, P.O.Box: 117, Kathmandu, Nepal Tel: +977-1-4243891/4225675 Fax: +977-1-4225675 e-mail: recphec@mail.com.np / recphec@info.com.np



28/10/05 Dear Mathurgi Sorry for he delay. The to requirements of Venous gents we had 10 Splir your Kral sunts from PHM Nepcl. Disco great was alloted 10 ACHAN Sent which Ren reinsursed secenty. Yours is sent is Andy Rutherford to cover from a CIDA reinhusement and will be forwarded as soon as Andy returns from his Angola anyment isforst week of Norember. Thank for your pekence and said only Bestwohen 10/28/05 Ran

From:	"sl commuity radio movement" <srilankacomradio@yahoo.com></srilankacomradio@yahoo.com>
To:	"phm sec" <secretariat@phmovement.org></secretariat@phmovement.org>
Sent:	Thursday, November C3, 2005 4:23 PM
Subject:	Asia pacific community radio meeting

#### Dear Dr. Ravi,

I already send several e-mails regarding this but I didn't get any reply. Could you make arragnment to sent some one to the conferance. This is equally importent to our work as well. with regards,

Miranjan

9/11/05 Dear Nirayon we have no funds to send conjone. Also I en no longer coordinales from 15t Norchber. Ren John is the new converor of a Short Vern Kransikond Vean so write to him with more details and also send it to Claudio to put on PHM Exchange 50 all those fortenested can make their own connections and Bestwhen Rom. But Rom. conceptents

PHM-Sulak Rr1 15/11/03

# Health & Economic Situation of

SRI-LANKA

Critical understaffing in the health sector has reduced health care for many people while insecurity and population displacement are affecting patient referrals. Emergency obstetric care is affected with expectant mothers unable to access appropriate services. Setbacks in maintaining high immunization rates are feared. Patients suffering from chronic diseases have difficulty gaining access to specialized treatment.

The focus of the health sector response to date has been on improving access to health care for Internally Displaced Persons (IDPs) and host communities in Kilinochchi, Mannar, Jaffna, Vavuniya and Mullaitivu. Key areas of aid have included mobile clinics, distribution of essential drugs, medical equipment, mother-infant and first aid kits and, bed nets for IDPs and host communities.

Vector control activities and health awareness campaigns have been implemented, while psychosocial care and mental health care is being offered in Mannar, Batticaloa, Vavuniya, Kilinochchi and Mullaitivu. Training on emergency first aid for health staff has helped strengthen the referral system for medical emergencies in Jaffna.

If further measures aren't taken, health care will continue to deteriorate and outbreaks of malaria, dengue, measles and other communicable diseases could occur. There is also the threat of gender-based violence and increased numbers of people suffering psychosocial and mental health illnesses.

**Health Condition:** Pregnancy-related complications annually claim the lives of 585,000 women. Some 99 percent of these deaths take place in developing countries, where women have a 1 in 8 chance of dying in their lifetime due to pregnancy-related causes, compared with the 1 in 4,800 chance in Western Europe. In the 1950s, the maternal mortality ratio in Sri Lanka was estimated at between 500 and 600 per 100,000 births.

Intervention or Program: Beginning in the 1950s, the government of Sri Lanka made special efforts to extend health services, including critical elements of maternal health care, through a widespread rural health network. Sri Lanka's success in reducing maternal deaths is attributed to widespread access to maternal health care, which is built upon:

- a strong health system that provides free services to the entire population, including in the rural areas;
- the professionalization and broad use of midwives;
- the systematic use of health information to identify problems and guide decisionmaking; and
- targeted quality improvements to vulnerable groups.

**Impact:** Sri Lanka has halved maternal deaths (relative to the number of live births) at least every 12 years since 1935. This has meant a decline in the maternal mortality ratio from between 500 and 600 maternal deaths per 100,000 live births in 1950 to 60 per 100,000 today. In Sri Lanka today, skilled practitioners attend to 97 percent of the births, compared with 30 percent in 1940.

**Cost and Cost-Effectiveness:** Sri Lanka has spent less on health - and achieved far more - than most of the countries at similar income levels. In India, for example, the maternal mortality ratio is more than 400 per 100,000 live births, and spending on health

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constitutes over 5 percent of GNP. In Sri Lanka, the ratio is less than one-quarter of that, and the country spends only 3 percent of GNP on health.

#### Shelter

The construction of these camps take place by bull-dozing trees and all vegetation and then setting up the tarpaulin shelter that is provided to the displaced people arriving in Vavuniya. The shelters built in fact do not adhere to the minimum international standards in shelter, as described in the SPHERE Humanitarian Charter to which agencies committed themselves to adhere to.

Taking into account these standards, the majority of the shelters have too little space, too little ventilation, ceilings are too low and roofs are not made by the ascribed locally produced and culturally accepted materials (use of cadjun roofs would have been a better and cheaper option). No one stays in the tent during the day, although that is the time people want to shelter from the hot sun. At the moment some of these camps have buildings and trees at the transit sites (these are schools which are converted into camps). But the purposely built sites like Menik farm hardly have any trees (as said before the land was cleared by bulldozers to accommodate the IDPs, allowing just a few trees here and there to remain).

The IDPs cannot leave the area and find a shade to spend the day as they are confined by barb wire. In the absence of trees and shelter with tarpaulin roofs, the IDPs are left without proper protection against the sun and heat. It is equally inappropriate during the rainy season as it was seen in the past few weeks, since the water seeps through the tarpaulin sheet that is put to the ground and water also leaks through the roofing tarpaulin into the tent when the rain is heavy.

#### Food

At the moment WFP is providing 1880 calories consisting of rice, wheat flour, dhal, 20ml oil and 20g of sugar, which is again below the SPHERE standard and the WFP/UNHCR/WHO/UNICEF minimal food requirement for emergencies and not adequate for IDPs who have been underfed and living under extremely stressful conditions for the past several months. Besides, in the Guiding Principles for Humanitarian and Development Assistance in Sri Lanka, all agencies have committed themselves to 'work in response to the expressed wishes of local communities' and to 'respect the dignity of people, their culture, religion and customs'. It is not possible to make a culturally accepted Sri Lankan meal with the above mentioned food items.

However WFP does provide supplementary food (corn, soya blend) as part of their normal food parcel to families with pregnant women, lactating mothers and children under 5, but the total amount of Calories in the parcel will not exceed 2100Kcal (Standard nutritional need for SL according to the Government is 1900Kcal/per/day). Complementary food baskets have been given by some agencies, but the challenge they face is to sustain this highly expensive component for such a large number of people over a long period. Possibly such low standards are forced upon these people because, in a frozen time frame, they would not need the minimum requirement?

#### Other Conditions

These are the direct problems in these welfare villages, but things like Chickenpox, Diarrhea, skin/eye infection, respiration problems which could have been controlled and stopped are now common and part of the simple package at these welfare centers. Poor water and hygiene conditions with cramped living conditions have contributed to this.

Privacy is a luxury that is ill-affordable (non-existent). People have to bathe in open spaces (that is if they are lucky to get enough water). Imagine you and I were asked to bathe in an open area where everyone can see, especially for women.

The Menik Farm type camps will not be different from the present school camps, which are not different from Kalimoddai and Sirukandal camps (no freedom of movement for IDPs and no unrestricted access to humanitarian agencies). Kalimoddai and Sirukandal camps in Mannar, have been operational for nearly a year and despite vigorous advocacy, the freedom of movement for civilians remains unresolved, unrestricted access to humanitarian agencies has not been granted. Finally after living and suffering long-term in these temporary conditions, the people of Kalimoddai begged an agency to provide them rigid/ semi-permanent shelters. Is Kalimoddai, a camp where time stood still, a model for all camps to follow?

So despite the rhetoric, everything looks geared for these IDPs to be held longer than the claimed 3 months. Many IDPs will remain in the Vavuniya/ Mannar area for a period of 1 to 3 years, until the screening process and de-mining is completed. Some senior government officials say that IDPs will have to stay in these camps for at least 6 months to 1 year, in order for the Vanni to be cleared of infiltration and mines. They say a full clearance must be done and once the Vanni is cleared, the regime will allow these people to resettle wherever they like. (Let us assume that where they want to settle in have not been turned into camps for other IDPs or the forces). So the way forward is clear, and that is forward to nowhere.

There are 'sympathetic' Government Ministers, Officials, Diplomats, Ambassadors, INGOs rushing around in their luxury jeeps and cruisers (Indicators of some crisis? But when the existence of a humanitarian crisis is downplayed by the Government, one wonders what they are doing). But the question is how much have they achieved in improving conditions (other than their own)? All the hotels are full of these people just a few kilometers away from the 'welfare centers'. These diplomats and donors are enjoying luxurious meals in nice hotels and talking about the IDPs' welfare while the people whom they talk about do not have proper shelter or food or water.

It makes everyone to wonder whether the humanitarian agencies are exploiting the IDPs' situation for their own benefit. It could be justified as that it is part of the humanitarian business. However, it should be noted that the government does not have the money or resources without the help of these agencies. The government can say or show it in paper

that they are providing everything for the so called welfare centers, but the reality and ground situation is that it is just a NATO (No Action Talk Only) scene. Whatever provided so far are mostly by the international donors, UN agencies and international agencies.

It needs to be mentioned that those few humanitarian agency officials who may want to actually help these people face a dilemma in terms of assisting these people vs supporting camps where unlawful detention is practiced. In addition, the regime has been manipulating agencies (using visas, security clearances and even fabricated negative media campaigns as tools) to achieve their political purposes and making the working environment of aid agencies extremely difficult (although the regime states the opposite in pubic).

Recently some Diplomats were heard saying "IDPs are well fed, well educated and well looked after. The children are receiving a good education and they lead a life free of danger in these camps until they are resettled in their villages". One may wonder which IDPs they are referring to. We all know that these so called responsible 'ambassadors' of good-will are paid to be mouth pieces of their respective countries that they represent and these statements are reflections of political/economic agendas of these countries.

Who is responsible for this black hole of displacement, destruction of property and livelihoods, haplessness and the poor conditions faced by these people? The current regime and the hypocrites who are applauding the war and looking at blood shed and IDPs as an inevitable consequence of overcoming terrorism should look in the mirror and see. They are all living comfortable and selfish lives in the south, serving their own interest. They who can help do not lift a finger to help those in need, in what they proclaim is their motherland. They are quick to believe the propaganda of state media which is nothing more than a lie covered in a thin veil of patriotism. They point fingers at humanitarian agencies who even with all their imperfections are still keeping these IDPs alive.

Government contradictorily states they have no funds to help these camps and requests agencies to do everything for these people (except for some land clearance and community infrastructure done, where it is a known fact that certain ministers and their relatives made huge earnings); although in state media and with international diplomats they claim to fully take care of all the needs of IDPs. But one wonders how such a Government has sufficient funds to look after all the exorbitant needs and demands of their many ministers, spend on election campaigns and exhibitions such as "Dayata kirula". Is the propagation of rhetoric where millions are spent, to meet their political and personal needs more important than the IDPs?

With the current situation for the camps and the up-coming un-official economic meltdown, the Government and the aid agencies are not capable to receive another 100-150,000 IDPs in the near future. Even for those who are already in the camps, they too will soon be victims of the ever growing black hole. The light of war victories and resulting celebrations and propaganda, will do nothing to these people. One wonders whether there is a single party that actually cares for these people who have been subjected to displacement due to war. Neither those who claim to be their liberators or those who claim to be humanitarian actors, nor those who claim to be their fellow citizens all who are sitting pretty in the Colombo and other un-affected areas of the country seem to honestly care.

#### Sri Lanka suffering from the global crisis, government in denial by Melani Manel Perera

Women and children are the hardest hit. The endless war between the army and Tamil rebels is making matters worse; so are decades of waste and corruption which have crippled the country. Here is an interview with sociologist Sunil Ranasinghe.

Colombo (AsiaNews) – Sri Lanka is not being spared by the worldwide economic crisis. In an interview with *AsiaNews* Sri Lankan sociologist Sunil Ranasinghe confirms that the global recession is having a major impact on the country. In order to continue its war against Tamil Tiger rebels the government is downplaying the problem, accusing those who talk about crisis of deceiving the population. In fact "we are in the midst of a social, economic and political crisis."

# What are the reality and myths of the economic crisis in Sri Lanka?

We are trying to understand the extent, roots and nature of the crisis at the global and local levels. Academics and activists are trying to interpret a crisis that is spreading like wildfire, affecting the rich and poor alike. But the Sri Lankan government and the head of the treasury are saying that there is no economic collapse in the country related to the global crisis, and are criticising economists and the opposition for deceiving the nation on this issue.

If that were true why is it that they got the International Monetary Fund (IMF) to give them a loan? Even children know that we live in one world, affected by the same global meltdown that is affecting everybody else, with rapidly rising unemployment and poverty.

How did Sri Lanka avoid this situation? What kind of dispensation do we have that we are not affected? The fact of the matter is that when the financial bubble burst the government asked for a US\$ 1.9 billion loan to get out of the current economic quandary.

The IMF closed its bureau in Colombo in 2007, saying that no project was planned in Sri Lanka for the foreseeable future. In fact we are in the midst of a social, economic and political crisis. No one can get away with inventing political myths in order to carry out a brutal war against the nation.

#### Can you explain the present economic situation in Sri Lanka?

In December 2007 foreign currency reserves stood at US\$ 3.4 billion dollars. Today they are down to US\$ 1.7 billion, which correspond to three months of imports of food and basic necessities. In the last few years the government wiped out 45 per cent of the country's reserves in war expenditures.

In its latest financial statement the government said it was going to raise 760 million rupees (US\$ 7 million) in taxes, on the back of the population. The government is also expecting some US\$ 600 million from the *Japan international Bank Corporation* to privatise the energy sector. Yet its overdraft on banks and the *Bank of Ceylon* is for more than 1.6 billion rupees (or about US\$ 200 million).

The fact that the president had to call on Sri Lankan expatriates to help out is a sign of the crisis; it is the government and its backers who are deceiving the population.

#### How much does the past affect the current crisis?

Since 1980 many state-owned companies have been sold as part of the *Structural Adjustment Program* of the World Bank and the International Monetary Fund. This was meant to reduce the foreign debts of developing countries accumulated during the Seventies.

Sri Lanka was among the first in Asia to espouse free market economics. Since 1990 the government in Colombo has sold about 100 state corporations to private interests.

Corruption has increased as the nation's wealth and public resources became tools in the hands of politicians and bureaucrats with total disregard for the interests of the population.

More than a thousand billion rupees have been wasted this way and people have become poorer.

The United States chose to decide their fate in the pursuit of the War on Terror, wasting US\$ 35 billion since 9/11. Sri Lanka has increased military spending by billions of rupees, forgetting that half of the population lives below the poverty line.

#### Women and children are the hardest hit by the crisis. What can be done to avoid it?

With the war still on we cannot deal with the situation faced by many women. Women are half of a population of 20 million. One woman in two lives on 200 rupees a day (US\$ 1.80) and many are poor without access to basic social services, treated like human garbage, suffering from hunger and malnutrition. About 45 per cent of pregnant women suffer from anaemia.

Children are not much better off. About 32 per cent are malnourished, and one in three is under weight.

Women are victims of the political system and male chauvinism which violate their basic rights. They are marginalised by the war and the country's economic and cultural inequalities.

Yet they are the heart of the country's economy. Out of 600,000 people employed in plantations, half are women who earn about a billion dollars. Out of 280,000 people working in free trade zones, about 75 per cent are young women, generating about US\$ 2 billion.

All this money has not however freed women from enslavement and social segregation.

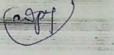
In the past 30 years more than 120,000 Sri Lankans have sent home earnings they made overseas, working as slaves; 65 per cent of them are women, who altogether earn about US\$ 2 billion.

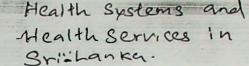
Until a few months ago foreign remittances by emigrants were worth more than US\$ 3 billion; now they are down to US\$ 1.2 billion.

Who destroyed such a women-based economy, the result of women's toiling, tears and blood?

Women working in plantation are now sitting in front of their homes watching their children go hungry, asking themselves who stole the future. More than 16,000 young female workers have been laid off. What future do they have? More than 10,000 women, who lost their husbands fighting for the army in the last three years, have given up on their land because they cannot farm it because of the war...

Padma pushen tanthi - SAVISTHRI- Women's movement PHM. Sri Lanka 2009/9/01





Health Rights Campaign

## The Deteriorated Health Services under Globalization and Drowsy Government Policies

Success and prosperity of health services in the past totally dependent on free health services, free education and food subsidies distributed to the population of Sri Lanka. We should not forget the fact that we are a nation which had won these rights even before we were liberated from the British. Yet as at present, it is deplorable that we do not possess these rights of free services any more and as a result, the health conditions of Sri Lankans are dragged down to a deteriorated situation.

Since 1977, Sri Lanka accepted an open economy system, privatizing free government service, thereby neglecting and escaping from the responsibility of conducting free health services and followed a nude process of making people scapegoats at the hands of private institutions.

Food subsidies and all beneficial services have been ruthlessly forced to come to a halt. The wealthy sect and millionaires were encouraged to start private businesses and health care institutions by granting them massive bank loans on low interest and tax exemptions.

Eventually, all over Sri Lanka mushroom private hospitals, nursing homes, private dispensaries and health care institutions have sprung up overnight. Supporting media reporters played an important role in creating optimistic opinions in the minds of the general public. Little did the people realized that they were fooled and taken for a ride by sugar-coated programmes launched by the government associated and non-government institutions. Still up to date, a proper supervision over their activities have not been carried out. The permission granted to government medical practitioners to indulge in private practice may be the only cause for the deterioration of the health services. As a consequence, government quarters of all doctors turned out to be private dispensaries overnight. This was better seen in remote villages more than in urban areas. Investigations conducted for 30-25 patients in government hospitals are carried out for 100-150 in private hospitals. Most doctors openly canvass their private practices. Most of them associate hand in hand with companies which help in investigations or diagnoses and as such keep introducing harmful services to the It is reported that they keep prescribing expensive drugs by their trade public. names and also make patients undergo unnecessary investigations.

The war which is continuing for more than three decades is another cause which has led to the deterioration of the health services. As a result, present health data information gathered has turned out to be a myth and found to be fake. In most occasions, no consideration is given for health data information received from the Northern and Eastern Provinces and information received are also liable to challenged for their accuracy. In areas affected by war, no proper medical care is received by patients.

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The Health Department Bulletin of 2003 (a Bulletin not published ever since) clearly reflects this deterioration in its data information. There is a great possibility to slip proper data information in the active war torn areas. The national ratio of maternal deaths to that of 100,000 live births is 14:3 whereas it is 23:0 in Jaffna, 27.7 in Killinochchi, 0:0 in Mannar, 0.0 Vavuniya, 0.0 Mullaitiv and 32:9 in the Batticaloa District. This presentation of health and birth rates arouses incredibility and challenges the credibility of all other data information supplied. It is unacceptable that death rates in Vavuniya, Mullativu and Mannar can be 0:0.

There are 2,523 curative doctors in Colombo District whereas it is 118 in Jaffna, 5 in Killinochchi and Mullaitivu, 12 in Mannar, 33 in Vavuniya and 98 in Batticaloa. The number of Medical Officers of Preventive Administrative Services in the Colombo District are 16 in proportion to 05 in Jaffna, 0 in Killinochchi, Mullaitivu and Mannar, 2 in Vavuniya and 6 in Batticaloa. Medical Officers of Health found in Mannar – 01 whilst in Jaffna, Killinochchi. Vavuniya and Mullaitivu are 02 each and 07 in Batticaloa. As a result, it is evident and non-preventable that health services are suffering deterioration owing to the influence of the war.

The fact that health authorities neglect and pay no attention to alternative health care and treatment of the Sri Lankan community also causes another reason for the deterioration of the health services.

How much ever the Department of Health encourages and drives people towards western treatment, the faith people have on alternative multi health care and treatment are not totally eliminated. Alternative multi-health care treatments are based on ancestral hereditary medical knowledge, ayurvedic research and practices, astrological beliefs, western research and religious beliefs.

In spite of scientific research of the modern world, the fact that people are still attracted to indigenous medicine is a good example of their faith in it. Specially in fractures and serpent bits this is clearly seen:

We do not find people's care projects in Sri Lanka. The health care projects that we have are built upon funds allocated by UNICEF, WHO, UNFPA etc. and hence their activities are based on their own necessities.

As such Sri Lankan Health Service has not been able to establish a proper health service based on the health culture and beliefs of the Sri Lankans. The issues relevant to our culture are neglected and the Department of Health keeps launching health care information and messages irrelevant to our culture. Accordingly, they harm our ancestral health care patterns and the culture.

As a result of this, globalization has made Public Health Inspectors, Family Health Officers, Health Education Officers the advertising agents or traders of WHO's messages. Yet, they have not been able to destroy the faith and knowledge people have on home remedies. Lot of foreign exchange is lost because western medical science is totally dependent upon germ theory. It also forces people to reject ancestral medical knowledge and methods. This is one of the bi-products of health education of the Department of Health. The last and the only effort taken by UNICEF and WHO to avoid western medical monopoly on the health services was the primary health care. First place was given to multi-sectoral health treatments in primary health care. It was even suggested that alternative health care methods should also be used in cases of small ailments. Unfortunately, with the retirement of Director-General of WHO, Halfdon Mahalar and the breaking up of the Soviet Russia, the primary health care programmes came to a grinding halt.

Another reason for the crumbling up of the health' services may be described as a consequence of strikes conducted by health employees, making poor patients the unfortunate victims. There is no justice in it, as some employees who receive large sums of money as salaries also resort to striking action, not for their due professional rights, but for the sole reason of winning extra unjustifiable demands.

It is unavoidable that this situation will thrust upon the poor unfortunate patients into more and more misery and sadness.

All these issues make passive influence on people to be driven towards private medical treatment. The carelessness of some medical employees, sheer neglect displayed by some of them, lack of proper supervision are some of the causes which demoralize our health services.

The Central Government and the Provincial Councils keep dodging their responsibilities to one another at the expense of poor patients. When the opposition is in power in a Provincial Council, it is often complained that they are not allocated enough funds to meet the demands of the health sector. It is pathetic that many hospitals in the country suffer such hardships.

The health service of Sri Lanka faces severe problems owing to such Insufficient staff, medicine and equipment are thrust upon the maloractices. patients from the frying pan to the fire. For example, for an cataract eye operation, a patient is compelled to spend a minimum of about Rs12,000/-. Some drugs prescribed by the doctors have to be bought from private pharmacies. A long list of items is given to pregnant mothers to be brought when they get admitted to hospitals for child birth. The hospitals have become institutions, where only the doctor-nurse services are rendered free of charge. Drugs are forced to be bought from outside. The government has promised a Drugs Policy, but it never seems to become a realty. As there is no legislation to control the drug trade, they are sold in the open market under several trade Some doctors use these trade names which forces the patients to buy names. expensive drugs in place of less expensive drugs under their generic names. It is the general opinion that it is beneficial for the doctors and the multi-national companies when trade names of drugs are used. Even though, with a Drugs Policy, the cost of drugs may be able to bring down, it will not be a remedy for the insufficiency of drugs supplied to hospitals. It has been emphasized that an alternative method has to be put into practice.

The communities of Sri Lanka believe that free health care is one of their supreme rights. This has been the practice from generation to generation by subsequent governments. Actually, the government of Sri Lanka is not bound by legislation to carry it out. As such privatization of health services is being carried out step by step. Most probably, in time to come, government hospitals may become health care awareness centers.

In order to avoid this situation, a statement stressing the right of the people to have free health services should be formulated and included in the Government Constitution under basic human rights of the people. If such an act is respected as a responsible government who comes into power would be bound to accept it honestly. In its failure, a citizen would be entitled to find justice through court action in order to protect their rights accordingly.

If such a statement is included in the Constitution, it would be compulsory for any government to make necessary allocations of funds for health care services so that the citizens will reap the benefits.

SIRIMAL PEIRIS PEOPLE'S HEALTH MOVEMENT SRI LANKA

20 February 2008

# FUTURE PLAN OF PEOPLE'S HEALTH MOVEMENT OF SRI LANKA

People's Health Movement (PHM) in Sri Lanka with 50 partner organizations has become a strong and massive organization. These members include those of various Non-Governmental Organizations, Professional Organizations, Trade Unions and Political Parties. Within this group, there are health rights activists, women rights activists, HIV/AIDS activists and marginalized people activists working together.

PHM has identified its future activities to be carried out under the following four main sectors :-

- (1) Regional level
- (2) District level
- (3) National level and
- (4) International level

#### **Regional Level**

- (a) To give an awareness about PHM to their members.
- (b) To give an awareness to the relevant community in their member organizations
- (c) Maintain a date base and an Information Centre in their respective member organizations
- (d) For PHM to liaise with the Health Sector in their various programmes dealing with other sectors

#### **District Level**

- (a) Identify the organizations which is loyal to PHM objectives
- (b) Build-up district level committees with co-ordination of other sensitive groups
- (c) Campaigning for health rights

#### National Level

- (a) Empower the health activists at national level
- (b) To liaise with the district level activists to bring to the national level process
- (c) To carry out protest campaigns, distribute posters and hand-bills with regard to the main health problems that exist at the time
- (d) To continue the struggle for health rights
- (e) To launch a News paper on PHM
- (f) To launch a PHM Sri Lanka Website
- (g) To co-ordinate with the state sector and continue the co-ordination

- (h) To formulate a citizen report regarding health at national level to get the attention of the media toward PHM.
- (i) To maintain an Information Centre at national level.
- (j) To propagate alternate health systems among the community.
- (k) To establish a people's commission regarding health issues.
- (I) To conduct necessary studies and research.

Suggestions for International Level

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- (a) Formulate a Health Ordinance at International level and get it approved by the WHO and UN.
- (b) To formulate a method to get more copies of the international newspaper.
- (c) To highlight the strength of the member organizations when issuing letters of protests etc. (Show the membership countries on letter heads, documents etc).

This was formulated by the IPHU Moratuwa - Sri Lanka Group and approved by the PHM.

# People's Health Movement Sri Lanka

People's Health Movement Sri Lanka (PHMSL) was launched in the year 2001. The focal point is Sarvodaya Movement and the National Coordinator is Dr.Vinya Ariyaratne, General Secretary of Sarvodaya.

PHMSL conducts monthly meetings at the Nagarodaya Centre, Colombo. Representatives come from various Districts of the Island. PHMSL is an organization keenly interested in health rights and other health related activities such as the Drug Policy and has published booklets and leaflets as and when necessary. PHMSL launched a HIV/AIDS Policy to protect the rights of the People who are Living with HIV (PWLHIV) and has held a few poster campaign for health rights to create an awareness among people.

Now we are trying to build PHM groups at district level as more organizations are able to participate in the PHM network and by this time is saved so as travelling expenses. Recently, a PHM group was formed in Badulla and its focal point in the Kandy District and its focal point is Service Civil International. Similarly, initial discussions were held to form a PHM group in the Moneragala District with the focal point being Uva-Wellassa Women Farmer's Organization. All these member organizations has had good long term relationship with PHMSL and these groups will send their representatives to Colombo for the monthly meetings.

In addition, from time to time, PHMSL has sent protest letters and demand letters to various organizations and we have strongly campaigned to include health rights in the Sri Lanka Constitution.

## **Right to Health Campaigning in Sri Lanka**

With the advent of Privatization, the interest shown towards protecting patient's rights is becoming negligible. Privatization has caused inequality and has reduced the health services to that of a sales outlet.

PHM – Sri Lanka has already commenced campaigning about the right to health.

 Conducted a Workshop on Right to Health attended by partner organizations and professional experts. As an outcome of the Workshop, decided to carry out a campaign to include health right in the Sri Lanka Constitution. Draft of the section to be included is as follows :

"This Constitution recognize the right of every citizen of Sri Lanka to have access to free treatment at the expense of the State to all ailments or medical disorders, he/she may suffer from and to receive /maintain quality advice/ counseling /education in respect of preventive measures that needs to be taken against infections or non-infectious diseases".

- PHM- Sri Lanka has submitted a letter to the Hon. President demanding to include Health Right as a basic right in the Sri Lankan Constitution. The Secretary to the Hon. President has responded to us by a letter saying that the our request has been forwarded to the Secretary, Ministry of Constitutional Affairs.
- 3. PHM- Sri Lanka has also commenced a social dialogue about the right to health and has initially done a poster campaign, followed by publishing a leaflet for the information of the general public. PHM Sri Lanka has also organized an awareness campaign together with the partner organizations and has launched a letter campaign together to the president to lobby for the amendment of the constitution on health right. The campaigning is in progress. Seminars on health right were held in Monargala, Badulla, Negombo, Kegalle, while seminars will be held in Colombo.
- 4. PHM Sri Lanka has launched three poster campaigns for the health rights to build awareness among the general public.

#### **Drugs Policy**

From time to time, steps were taken to draw the attention of the Ministry of Health about the shortage of drugs in the Government Hospitals and the escalation of price: of essential drugs in the open market. Lobbying was done to implement the Drugs Policy, which has been already formulated. Recently, the Ministry of Health took steps to give instructions to medical personal to write prescriptions using generic names. To this, the PHM- Sri Lanka issued a statement in favour of writing prescriptions using generic names and appealed the Government not to withdraw its stand.

#### **HIV/AIDS Control Activities**

PHM – Sri Lanka conducted a workshop to formulate a policy on HIV/AIDS for the partner organizations. Recently, a policy on HIV/AIDS was launched together with people who are living with HIV, members of vulnerable groups of sex workers and some professionals.

People's Health Movement was the first organization who gave a chance to the sex-workers to address their issues on a platform.

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# Seminar on Health Rights at the Social Forum held in Colombo

Some members of PHM – Sri Lanka participated at a Seminar on Health Rights at the Social forum held in Colombo at the Viharamahadevi Park. For Peace

People's Health Movement n Sri Lanka has always advocated a political solution for the ethnic crisis in Sri Lanka. Most of our organizations have taken necessary steps to create that vision among the people. Especially, the Sarvodaya Movement has held many rallies in various parts of the Island for "Peace", but not for "War". Other organizations have also held seminars and workshops for Peace and to end the War.

#### Seminars held

The following seminars were held during last ten years;

- 1) Anthropological challenges on health
- 2) Health and organic farming
- 3) Politics of Food and Nutrition
- 4) Anthropological views of HIV/AIDS
- 5) The present political situation and role of the People's Movements

There were some seminars held with foreign resources. Seminar on Total Health Participation was held with Prof. Matura Susthra, Health through People's Power was held with Dr.Ravi Narayan, and After Tsunami and our role with Dr.Prem John.

# Launching of Global Health Watch – 02

People's Health Movement while thanking all participants for their presence at this important event stated that the launching of the Global Health Watch report is being done in the midst of many health issues faced in Sri Lanka, specially the problems faced due to privatization of the health sector and the on-going north-east war. Prof. Carlo Fonseka, Prof. Tissa Vitharana, Minister of Science & Technology, Dr.K.Balasubramanaim of the Health Action Institute and National Coordinator, PHM and Dr.Vinya Ariyaratne, Executive Director of Sarvodaya Movement, , apprised the audience that this report has been launched in many countries in the world.

## People's SAARC Health Panel

The People's SAARC was held on 17<sup>th</sup> - 19<sup>th</sup>, July, 2008 at the Viharamahadevi Park in Colombo – 07, Sri Lanka. People's SAARC Health Panel was a resounding success with about 150 people attending, the maximum number in any workshop in the People's SAARC. Mobilization and Coordination was done by Sri Lanka People's Health Movement. There were Panelists from India, Bangladesh, Nepal and Sri Lanka. For and on behalf of PHM Sri Lanka, Professor. Carlo Fonseka presided the Panel and Mr.Sirimal Pieris spoke about Health and Conflict.

There was a huge participation from Sri Lanka, especially from health activists working with HIV affected women, sexual minorities, plantation workers etc. All of them participated during the panel as it was a good forum for them to voice their rights. Although we look at Sri Lanka as a health model, many issues on conflict and health especially mental health came out strongly from the gathering.

The Indian women's Charter was appreciated at the workshop and the Sri Lanka Women's organizations will adopt it and translate it in to Sinhala. The SAARC People's has included a demand against privatization of health services.

#### Trainings

Held two trainings on social Determinants of Health, Sinhala medium and Tamil medium in Colombo and Kandy. Dr.Prem John participated as a resource person. Held training on HIV/AIDS with the assistance of International Labour Organization. Now the participants are working as trainers in many parts of the country.

#### Foreign Trainings, Workshops and Seminars:

Our participants took part of the following events;

People Health Assembly – December, 2000 International Forum for Defence of People's Health – Mumbai, 2004 World Social Forum- 2004 Humanitarian Aid to Community Empowerment – 2005 International Plenary Communicating for Advocacy -2001 Asian Civil Society Meeting – 2005 National People's Health Assembly , II - Bhopal A short training course on "The Struggle for Health" – Bangalore, 2010

# **Publication**

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Many of our organizations have dedicated their publications to PHM. Issued articles and news items Sarvodaya, Janavabodaya, ACHAN, and Monlar, should be mentioned.

PHM Sri Lanka has published some booklets such as Anthropological challenges for health, Health and organic farming, Anthropological views of HIV/AIDS, Politics of Food and Nutrition and Concepts of Voluntarism.

During this decade, PHM Sri Lanka is working smoothly and strongly. We held our monthly meetings regularly. Many participants attend these meetings, travelling from far away places. Hence we took a decision to build district level groups in collaborate with the main organizations. Now we are working with 47 organizations very satisfactorily and we have courage to build a mass movement with community participation.

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