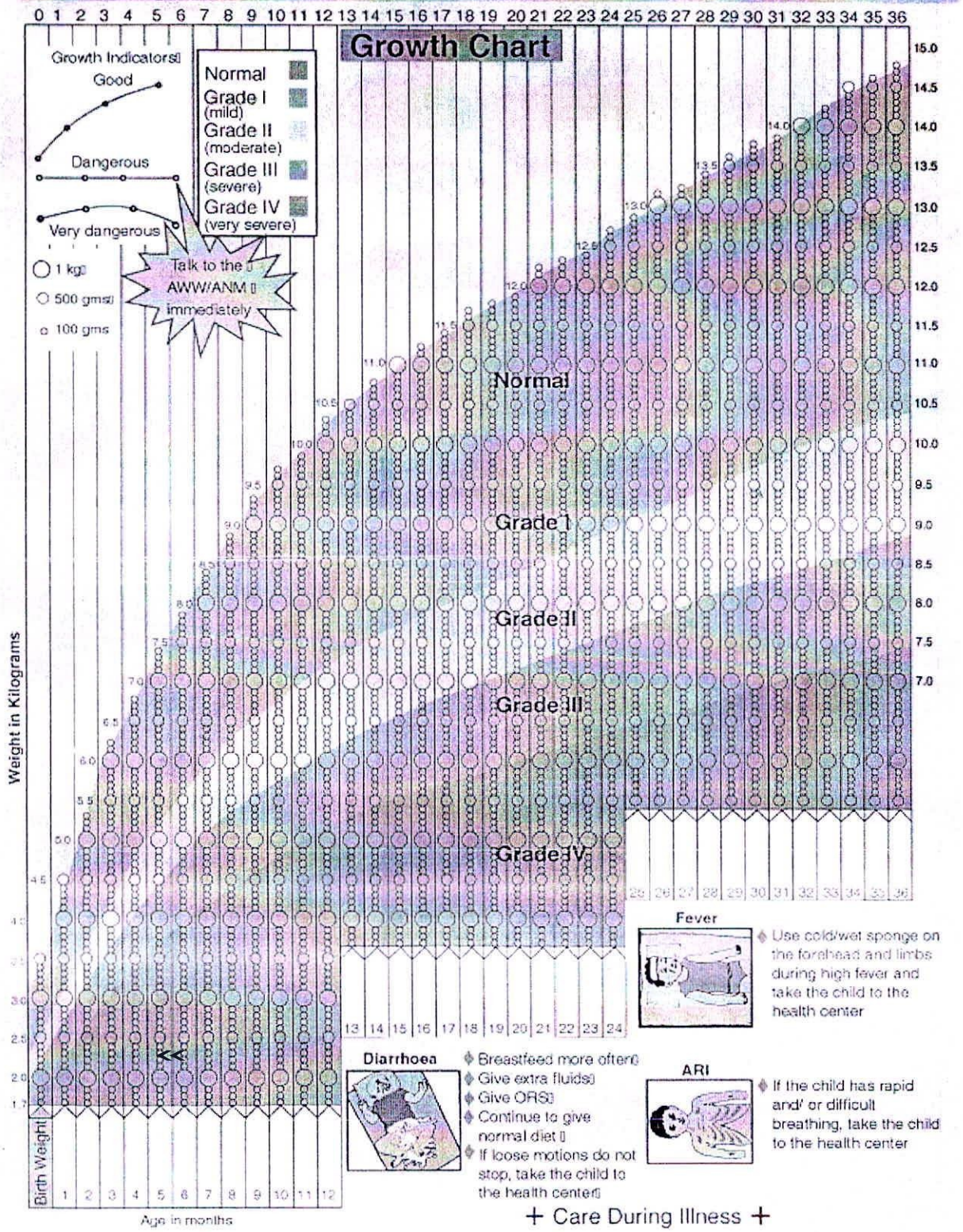Have your child weighed at the AW centre regularly