

GOVERNMENT OF KARNATAKA

TASK FORCE ON HEALTH AND FAMILY WELFARE

A Commissioned Research Study

**REVIEW OF EXISTING TRAINING PROGRAMMES FOR HEALTH
PERSONNEL IN KARNATAKA**

By

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Review of the existing training programmes for health personnel in Karnataka

The Department of Health and Family Welfare employs more than 60,000 personnel working in various cadres and in various institutions including the hospitals. The department has health administrators who look into the policies of the Government to improve service delivery through Public Health system. There are service providers like Medical Officers, Staff Nurses and paramedical staff working in the hospital to implement the programmes of the department. In the selection process, educational qualification is the key factor. However, provision of health services require many additional skills in addition to technical knowledge and skills like administrative and management skills. These are not adequately emphasized in basic education and at the time of entry to the health department, selected individuals greatly lack these skills so necessary for their effective functioning. It is also an established principle that professionals or administrators do require a sort of refresher course at periodical intervals in order to update the professional skills and managerial skills. Limited training programmes are being conducted by the Department of Health and Family Welfare and these have now widened under the Karnataka Health Systems Development Project, IPPIX, etc., However, the department does not carry out routine and planned training activities which are important and key factors in human resource development and management. Therefore, there is a need to review the activities of the training department and to develop suitable strategies at all levels for upgrading the knowledge and skills of the staff of the Department of Health and Family Welfare. This review was undertaken with the above mandate.

There are two components of this study. The Health Worker (Female)/Auxiliary Nurse Midwives and Health Assistant/Lady Health Visitor being such an important human resource in health care delivery it was felt that their training component should be studied and evaluated as a complete separate entity. **SECTION A** deals with all categories of health care providers except health worker (female) and Health Assistant (female) and **SECTION B** gives details on the health worker (female) and Health Assistant (female).

SECTION A

EVALUATION OF TRAINING PROGRAMMES FOR GOVERNMENT HEALTH CARE
PERSONNEL IN KARNATAKA
EXCLUDING HEALTH WORKERS (FEMALE) AND HEALTH ASSISTANT (FEMALE)

EXECUTIVE SUMMARY

The Department of Health and Family Welfare employs more than 60,000 personnel working in various cadres and in various institutions including the hospitals. Limited training programmes are being conducted by the Department of Health and Family Welfare and have now widened under the Karnataka Health Systems Development Project, IPPIX, etc.. There is thus a need to look into this field and to develop suitable strategies to establish a continuous activity at all levels for upgrading the knowledge and skills of the staff of the Department of Health and Family Welfare. Hence, this review of "existing training programmes for health personnel in Karnataka" was initiated under the mandate of the Task Force on Health and Family Welfare.

There are two components of this study. **SECTION A** deals with all categories of health care providers except Health Worker (female) and Health Assistant (female) and **SECTION B** gives details on the Health Worker (female) and Health Assistant (female).

Section A of the report summarises the present status of training as a component of Human Resource Development in the Department of Health and Family Welfare and based on the interviews, opinions, observations and analysis identifies the lacunae and the changes required. It also gives details of an "ideal" training scenario for the future.

The **OBJECTIVES** of the study included studying a representative sample of the existing training systems and training programmes of various types of health personnel in the Department of Health and Family Welfare, classifying and determining details of various training programmes, identifying the methods used in training processes, evaluating the staff appropriateness and fitness of the venue, study of the training manuals and usage of teaching aids.

The **METHODOLOGY** adopted was

1. Key Informant Interviews and Discussions.
2. Primary Data Collection through Self Administered Questionnaire and Focus Discussions (Individual and Groups).
3. Desk Review.
4. Obtaining a very comprehensive training status and felt needs of the State health personnel by obtaining information from staff at the 1675 Primary Health Centres and 473 Primary Health Units of the State through a Kannada questionnaire prepared for data collection.
5. Review of as many training manuals as possible.
6. Utilising the valuable data recorded in the investigators logbook.

OBSERVATIONS

The review of the Training programme for the government health care personnel gave an unique opportunity and insight to the investigators to understand the existing machinery and mechanics of the training programmes in the Department of Health. The interaction and discussions with the implementing staff was not merely a methodology but also a sensitisation and motivation session.

The investigators found themselves with mixed feelings: frustration, indignation, hopelessness in some areas and rays of hope, happiness and satisfaction where few successful endeavours were being undertaken even in difficult circumstances. In general, there was a sense of apathy and a casual approach towards training. The enthusiasm was muted, existing as an exception.

Training was expressed as an activity that "one had to go through": the unwritten expression being that training programmes were not always necessary and that a pre-induction training in administration and medico-legal matters was all that was required. Also, it was felt that factors outside the immediate purview of the training programme most often determined its successful outcome.

A visit to the training institutions re-inforced the disappointment. The once premier training institute at Ramanagaram was found to be in a derelict and dilapidated condition – a result of neglect and abandonment of purpose.

The Heads of the Institutions clearly lacked the will and vision to take the issues forward and one wondered at the rationale of their occupying such an important post. Whether it was because of past actions of their predecessors or an inadequate support from the State level officials, it seemed they were "resigned to their fate" and had accepted "reality" and "non-action" as the best recourse. Obviously if the top level was not concerned, it is not surprising then to find the rest of the staff lacking any motivation or interest even to undertake their routine training activities let alone innovation.

During the skills development training courses, due to various reasons, hands on experience was either insufficient, inappropriate or inadequate. In essence – "*going through the motions*" was the general feeling amongst both the investigators and the "trained" personnel. Often, adequate and appropriate infrastructure was not made available to the trainees after the training course.

Regional requirements for training were not considered and factored while framing the curriculum or even during its implementation. Standardised syllabus had replaced the earlier freedom to innovate.

The Training section has not received its due in the directorate except in the recent past, a major reason being the lack of realisation of its importance in improving the quality of health care delivery services.

Another major reason was the lack of a forceful personality in leadership role - an individual who could demand and obtain the necessary support and finances for carrying out training programmes on a regular basis successfully. This led to a situation where the training section had hardly any funds and work to carry out. Even "induction training" - so important for a proper orientation and grounding of new staff was not being carried out.

With the projects and programmes setting their own training agendas and funding training programmes, routine training activities of the department took a back seat - leading to a lot of frustration and a sense of resignation and hopelessness amongst the senior staff of the training section in the directorate.

The limited time frame projects have demonstrated the need for training and given it the due importance. Of course, once the project funding is over, training will need to be financed from routine funding mechanisms of the department. There is therefore a genuine need to streamline the training section in the department so that it always receives its necessary importance, priority and support.

At present the department has training institutes (State, Regional and District and ANM training centres) where all State level training is carried out. In addition, institutes like the National Tuberculosis Institute also carry out training activities for the state health employees. The State and District level institutes have only recently been set up (in some districts - are still being set up under IPPIX).

The training staff in the directorate not having any budget for training purposes and the World Bank funded projects being able to fund many training activities in these institutes has created a dichotomy of interests in the department. The training department staff posted in the directorate feel completely bypassed and frustrated at these developments and their lack of information on training facilities and activities was indeed surprising but not completely unexpected under the circumstances.

There is also an absolute lack of coordination of training activities - training being ad hoc and project driven with no need based appraisals (including geographical distribution) being carried out. Being project driven, their regular maintenance once the project period is over will be necessitated from the funds allocated for training. Whether the budget at that stage will be able to absorb these additional costs needs to be seen specially since in the past the funds allocated for training activities were so meager and the priority given to training so low.

It is unlikely that training activities as envisaged and needed can be carried out unless an estimated Rs.5 crores (only around 1% of the proposed health budget) are annually allocated to training section (this amount excludes salaries to employees).

With the projects showing the way and giving training activities the necessary fillip and importance for improving the quality of health services being delivered by the department, allocating funds for training (to this amount at least) from the health budget should be done without any compromises in the future.

To streamline training activities of the department - a restructuring of the department staffing and line of reporting is required.

RECOMMENDATIONS

IDEAL (Desirable) TRAINING SCENARIO for Department of Health, Government of Karnataka

A] THE STATE INSTITUTE OF HEALTH AND FAMILY WELFARE

1. The State Institute of Health and Family Welfare becomes the apex training institute as well as an institute of excellence.
2. The State Institute will be completely autonomous and the funds for its activities and maintenance are to be allocated from the State Health and Family Welfare Department Budget directly.
3. The Institute will have a Director at the helm and this post will be a selection post with all the perks and privileges that are offered to a person of this level. Its tenure will be for a period of 5 years. He will report to the Health Secretary directly (Figure 1). The person occupying this chair should have a medical degree and should also have training and experience in medical education and training of trainers. Ideally, the individual should have spent some years working at various levels in the department in the field.
4. A Deputy Director will assist the Director with various administrative and technical matters. The post of the Deputy Director should be a selection post with requirements similar to the Director's post and should have a tenure of 5 years.
5. The institute should have a full complement of training, administrative and supportive staff with appropriate qualifications.
6. Considering the importance of social sciences and communication skills, the institute should have either full time or part time staff for these departments or engage the services of experts as and when required during training sessions.
7. The institute should have all necessary training equipment and facilities including teaching space and identified field training centres.

B] THE REGIONAL HEALTH AND FAMILY WELFARE TRAINING CENTRES AND THE DISTRICT TRAINING CENTRES

1. The Regional Health and Family Welfare Training Centres (RHFUTC) and the District Training Centres(DTCs) would administratively be under the State Institute.
2. Their budget will be released by the State Institute.
3. Their activities to be based on local needs and practices and to be planned and coordinated by the State institute.
4. At present there are 2 Regional Institutes in the Northern (West and East) and 2 in the Southern part of the State (Figure2). There are none in the Central part of the state. This anomaly needs to be rectified. Also, not all 27 districts have a DTC. Since the activities of a DTC are different from the RHFUTCs each district needs to have its own DTC or the RHFUTC should also undertake the activities of the DTCs without compromising on quality in districts where RHFUTCs exist but where there are no DTCs. However, the State needs to keep in mind the recurrent expenditure of so many institutes and based on needs appraisal if it is determined that 2 districts can share one DTC, for practical reasons and long term effective functioning, recourse to this may need to be taken and the plan of having so many DTCs reconsidered.
5. With the formation of the DTCs, many of the training activities can now be done at this level. This will require careful coordination and supervision to ensure quantity and quality of training.
6. The DTCs based on Needs Assessment will identify the training requirements of the district and forward this to the state institute for necessary plan of action. The DTCs will also directly oversee the functioning of the ANM training centres in their districts and provide all the necessary support.
7. As in the state Institute, all necessary facilities and equipment need to be provided to the RHFUTCs and DTCs at the earliest for their effective functioning. At present, many of them lack basic teaching aids and educational materials.
8. The effectiveness of these institutes will depend to a large extent on its human resources. The training institutes should be allotted staff based on qualifications or appropriateness and not on personal needs, contacts and political influence and the ability to take care of extraneous criteria (read favours). Merit and appropriateness should be the only criteria. Abundant precautions should be taken to ensure that these training institutes do not continue to be the islands of inefficiency they have been for so many years.
9. The Principals of these training centres should be selected with great care and should be given the right administrative and technical training themselves at the State Institute prior to their taking up these posts. This is important, as besides having adequate administrative duties, very often, they will be directly involved in training activities themselves.

10. Regular upgradation of knowledge and training skills, revision courses, as and when programmatic changes are introduced should be mandatory for all staff of all training institutes.

C] PLANNING the TRAINING PROGRAMMES

1. A committee consisting of the Director – State Institute and all Additional Directors of the Health Department will identify the training needs, prioritise activities and prepare the budget for training activities.
2. The Director of the State Institute will be the Secretary of this committee and will be assisted by the Deputy Director in formulating and drawing out the master plan of operations (based on the needs identified by the committee).
3. Approval for the formulated plans will be put forward during the committee meeting where the Health Commissioner/ Director General of Health Services are also invited.
4. Approved budgetary funds will be sought from the State and handed over to the State Institute for implementing the training activities.
5. To carry out the planned training activities funds as required will be made available in addition to the funds earmarked for training purposes in different programmes (e.g. Malaria, RCH, Tb. etc.).
6. The training needs of the different funding programmes will be respected and honored. However, to enhance effectiveness of training, avoid duplication and to cut down on unnecessary expenditure on travel, DA, etc., wherever feasible multiple training will be carried out in one training programme.
7. Rigorous district and person wise data of all training undergone will be maintained and computerised. This is to avoid wastage of resources and to ensure that everybody undergoes training and not just a favored few (as is the custom very often now - same people going for different training programmes whereas many others never obtaining a chance to enhance their knowledge and skills).
8. This Information system on training will be maintained District wise at the District level, the State Institute and Directorate. When a staff member moves out of one district to another district, necessary changes will be made and the data base will be continuously and constantly updated.
9. Since the committee now decides on training, there will not be any need to have a separate training section in the Directorate - its functions being taken over by the State Institute, its Director and the Training Committee of the Department. Adequate support from all necessary sectors in this scenario should be feasible unlike the present situation where funds are never or meagerly, miserly provided.
10. It will be advantageous to build up the State's own training resources and training institutes and depute Health staff for training in such institutes rather than at places outside the state. At present, because of lack of training facilities many of the State staff are deputed out of the

state for training purposes. If the training is done within the state we will strengthen and build up our own systems, strengthen our own resources, and provide training in our environment using case material which is similar to what the trainees will ultimately see.

11. As far as possible all training should be done within the state or at the most in some training institutes within the country. There is an unnecessary clamor for foreign training postings. Today, our country offers almost all training and skills required for the effective training of its staff or for the provision of quality health services. No carrots in the form of foreign training sessions are called for. With the money spent on such training a lot more can be achieved and many more people trained. Very often staff are posted for short term observation training. When the conditions and environment are so different and where training is "NOT SKILL BASED ACQUIRING OR HANDS ON", SUCH TRAINING OUTINGS BECOME ONLY OUTINGS RATHER THEN KNOWLEDGE/SKILLS ENHANCERS. In all fairness, good training opportunities with full scholarships are offered by international agencies like -WHO, Commonwealth organization, etc.. It is a shame to see such useful training opportunities being wasted because of non-recommendation of names on time or processing of papers on time or staff being released on time. Full use should be made of such opportunities for professional enrichment. The State Institute should have information of all such scholarships/grants availability and should decide on the staff for deputation for such training courses.
12. A major advantage in having the training programmes within the State is that the training can be done in Kannada using Kannada speaking patients and families which makes it much more easier for the participants to understand and absorb. Less financial resources will be required for such state conducted training and the resources saved could be utilised for further strengthening of our institutes.
13. Wherever the training is "technical" or the observation invite for technical matters - "technical" people (and not non-medical – non-technical administrators) are to be sent/deputed for such courses. There is merit in this recommendation. Our administrators are made to change departments quite frequently. Sending them for such sessions then is absolutely non-productive to the department as the technical training in the health sector (presuming that they are capable of absorbing the technical nuances involved) is not going to be of use to them in another department like Sericulture or WAKF. However, if the training is for strengthening administration related skills, the administrative staff should make full use of such scholarships.
14. There is an immediate identified need of training for about 470 Block Health Educators. Instead of deputing them in small batches to Gandhigram (and take years to complete the training for all of them), one of the Regional training institutes could be strengthened and provided the necessary infrastructure and human resources to carry out this training. All further induction training for BHEs could subsequently be carried out in this centre. Such judicious distribution of training activities is very necessary for optimal utilisation of limited resources.

15. Distance education methodology is a grossly underutilised training mechanism in our state. Today, such education facilities from reputed organizations like IGNOU, Jamia Millia, Manipal, is available in many health areas. They are well planned and so structured that they are practically useful to the trainees. The government should encourage such training and as an incentive offer one time payment of a lumpsum amount (one month's salary?) for every distance education course of 6 or more months duration completed successfully by the staff to a maximum of two such courses. In fact, once these universities offer more and more health related administrative, managerial and technical courses, the Government should make the successful completion of such a course a mandatory condition for promotion to a higher grade after a certain level of promotion.
16. If trainers for a particular training area are not available, for effective training to be conducted it may be necessary to tap the services of an outside expert. This is a must where institute staff lack the necessary knowledge/skills. It is therefore highly desirable to identify the right "consultants" and have a resource base of such individuals. Care must be taken to see that such consultants have the necessary field experience, as very often such "experts" tend to be very theoretical or out of tune with field based reality. However, having said that, care must also be taken to ensure that all such expert consultants are not retired staff from the Department. They do not necessarily make the best experts and the "buddy system" may not be the best way to utilise the limited resources of the training section.
17. Strengthening Public Health training is the need of the hour. The well planned and useful DPH course – post MBBS, had very few takers as it was not advantageous career wise to do such courses and over a period of time the number of seats available for such training decreased. That DPH was no longer a necessary criteria for promotion to higher categories in the Department gave it a final blow. **It is only recently that the Government has once again realised the need for such training for its staff.** At present, the medical colleges do offer a few seats. The Department should plan for the future and provide DPH training at the State Institute itself. The modalities need to be worked out with Rajeev Gandhi University of Health Sciences and necessary support for the infrastructure and resources sought so as to start these courses by 2005 at least. Simultaneously, the colleges providing these courses should be encouraged, infrastructure made available to them and Government Health staff deputed. Long term planning is the need of the hour for better and effective future functioning.

SUGGESTED VISION, GOALS AND OBJECTIVES FOR TRAINING ACTIVITY for the Department of Health and Family Welfare, Government of Karnataka

VISION

To provide technically competent, socially relevant, appropriate health services to the fullest satisfaction of the people of Karnataka.

GOALS

- By 2002 January, every health care personnel who joins the government health service will receive induction training.
- By 2005, every health care personnel will receive the identified and necessary refresher training and skills up-gradation.
- By 2010, systems are in place for the conduct of regular, ongoing, continuous refresher and induction training with adequate provision of resources.

OBJECTIVES

1. Preparing the individual's competence by enhancing communication skills and learning capabilities that are necessary for managing the day-to-day activities of the health centre and for delivery of quality health care in accordance with the existing health programmes and local health situation.
2. To nurture and enrich the organisation culture which supports and enhances team effort, harmonious interpersonal relationship, pursuit of excellence, spirit of enquiry and innovation as a way of work life and to create an organisation environment where each can share and contribute towards achieving the shared goals.
3. To create sensitivity to the needs of the society, discharge the multiple roles and responsibilities and fulfill the obligations as a health care provider.
4. To help and support each individual to develop their potential to realise their self-goals while contributing fully to the success of the organisation.
5. To achieve synchronisation of the goals and aspirations of the individual, organisation and society.
6. Enhancing preparedness for willing participation in development activities which have a bearing on health of the community.
7. Facilitate building a strong character of integrity, honesty and leadership.

INTRODUCTION

Human Resources development is a serious business. A business, which, requires specific knowledge and skills to make it run successfully. It is resource and labour intensive. The ultimate aim is to make a difference – to bring about the desired change amongst the participants and enhancement of knowledge and skills so as to function more effectively.

Training as a subsystem of the health care system has the objective of optimising the health resources input to the health care system through strengthening of knowledge, skills and attitudes of health care personnel. The knowledge, skills and attitude that enable health staff to contribute to the realisation of the goals of the health care system are usually derived from their basic education obtained before joining the service and from the experience obtained by working in the health care system. Proper training therefore plays a very important role in the effective functioning of the health system.

Changes in health care delivery interventions happen frequently. New technologies are regularly introduced and call for new skills for their use. The field personnel specially and other personnel too may become outdated in a short period of time in terms of their knowledge and skills. This prevents their optimum utilisation and to their providing outmoded, less effective services. Skills if not used for a long time get attenuated. Continuous education will assist and motivate staff in improving their skills. The personnel enjoy the challenge of learning new skills or taking on a new responsibility or improving their existing skills.

TRAINING AND RETRAINING IS LIKE CHARGING A BATTERY. Training or continuous education has to be accorded high importance in human resource development and is crucial to the planning and implementation of any project.

Training as a signal component of HRD is best understood as a learning experience. A training programme is a learning experience for both the trainer and the trainee. It is also a learning experience for the system, which commissioned it. A training programme is said to be successful as long as it is a learning experience. The emphasis on learning and not just on training is important for it also includes the follow-up of the training as an integral component.

The broader agenda of HRD includes dimensions of undergraduate degree / diploma / certificate courses; the existing / creating environment in which the training / learning is facilitated; the media and methods adopted to assess / evaluate; organisation structure and job responsibilities. Hence to be more appropriate to this line of thinking this report should be titled Human Resources

Development for Health Care Delivery in the Public Health Sector. However due to the mandate given in the terms of reference and the time duration, the original title is retained.

This section of the report summarises the present status of training as a component of HRD in the department of Health and Family Welfare and based on the interviews, opinions, observations and analysis identifies the lacunae and the changes required. It also gives details of an "ideal" training scenario for the future.

The Objectives of the study were as follows:

1. Studying a representative sample of the existing training systems and training programmes of various types of health personnel in the department of health and family welfare.
2. Classifying the training programme into pre-induction, in-service, refresher courses, skills enhancement, additional qualification.
3. Determining details of training programmes like duration, selection process, eligibility, geographical distribution, their appropriateness and adequacy based on job description of health personnel.
4. Identifying the methods used in training process.
5. Evaluating the course content for their appropriateness, adequacy and effectiveness.
6. Evaluating the staff appropriateness and fitness of the venue for the various training programmes.
7. Study of the training manuals.
8. Availability, usefulness, appropriateness and frequency of usage of teaching aids in the training programmes.

METHODOLOGY

The following methodology was adopted for this section:

1. **Desk Review:** The existing organization infrastructure, the available past review reports and related literature were reviewed.
2. **Key Informant Interviews and discussions:** The key administrative personnel responsible for the training programmes for the Government Health Care Personnel at the level of the Directorate of Health Services, State Institute of Health and Family Welfare, Regional Health and Family Welfare Training Centres and District Training Centres were interviewed and their opinions, thoughts, concerns and suggestions were documented. In addition efforts were made to meet as many senior and retired Government officials as well as NGO representatives as possible for obtaining their inputs for the endeavour. Discussions were held with the Chairman and Members of the Task Force on Health and Family Welfare.

3. Primary Data Collection through

a. Self Administered Questionnaire

i. Focus Discussions

- Individual

- Groups

- b. Three sets of questionnaires were drafted, field-tested, finalised and used for data collection. The first set of questionnaire was meant for the Training Institutions. The second (English) and third (Kannada) sets were used to collect data from individual health staff - both medical and paramedical. (Annex1). The interactions with various key individuals commenced from 1st November 2000.
- c. Field data collection was undertaken during the period 12th November 2000 to 30th December 2000. The Four divisions and the respective Regional Health and Family Welfare Training Centres including selected District Training Centres were personally visited. In addition, one district other than the Divisional Headquarters district was also visited. In these regions as many Taluka Health Centres, Community Health Centres and Primary Health Centres as possible were visited during the survey period.
- d. Focus discussions were held with individuals and groups from these Health Institutions. Contents included: the need for training programmes, need, duration and contents of the Induction and continued training programmes, methodology and the location of the training programmes to be undertaken, staff to be involved, training of trainers and related issues.
- e. All the 1675 Primary Health Centres and 473 Primary Health Units of the State were posted three copies of the Kannada questionnaire for obtaining a very comprehensive training status and felt needs of the State health personnel.
- f. The data collected was processed using the MS Office Excel Worksheets and analysed using the WHO Freeware EPIInfo6 package.

4. As many training modules as possible were collected and reviewed.

5. The investigators logbook formed an important and valuable source of data for analysis and report preparation.

6. The names of Institutions and Individuals who participated in the study are given in Annex 2.

OBSERVATIONS

The following paragraphs document the findings of the researchers of the training endeavour and activities in the Department of Health and Family Welfare. The presentation includes three parts:

1. Summary tables of the information given by the Health Care Personnel in the structured format.

2. The information obtained during the focus discussions with the Health Care Personnel by the investigators.
3. The information processed from personal discussions and as a result of the documents made available.

[1] SUMMARY TABLES OF THE INFORMATION GIVEN BY THE HEALTH CARE PERSONNEL IN THE STRUCTURED FORMAT (English)

Table 1: The average age (in years) of the study population

Category	Number studied	Range	Mean	Median	Mode
Medial	87	25 to 58	52	51	52
Paramedical	93	28 to 58	47	50	52
Non Medical	43	25 to 57	48	50	50
Not mentioned	7	28 to 55	47	50	29

Since the Department does not have similar data on all its employees, the representativeness of this group could not be ascertained. However, all groups had persons with wide age ranges.

Table 2: Sex distribution of the study population

Category	Number studied	Male	Female	Not mentioned
Medial	087	55 (63%)	29 (33%)	03 (04%)
Paramedical	093	31 (33%)	62 (67%)	00 (00%)
Non Medical	043	36 (84%)	07 (16%)	00 (00%)
Not mentioned	007	06 (86%)	01 (14%)	00 (00%)
Total	230	128 (56%)	99 (43%)	03 (1%)

The lower female representation is partly because of their being studied in details separately, the findings of which are presented in the second part of this study.

Table 3: Average period of service (in years) of the study population

Category	Number studied	Range (years)	Mean	Median	Mode
Medial	87	1 month to 36	19	20	2
Paramedical	93	1 month to 37	25	27	30
Non Medical	43	1 month to 36	22	25	27
Not mentioned	7	1 month to 33	17	16	-

Again, a wide range helped give greater opportunity for representation of staff having had varying induction and in-service training opportunities.

Table 4: Qualification of the medical personnel

Qualification	Number (%)
MBBS	25 (29%)
Post graduate Diploma	24 (28%)
Post Graduate Degree	33 (38%)
Post doctoral	01 (01%)
Not mentioned	04 (04%)

Note: The specialist areas are given in Annex 3

Table 5: Desire of the study population for administrative knowledge

Required	Medical	Para Medical	Non Medical	Not stated	Total
Yes	52 (61%)	25 (27%)	11 (27%)	04 (57%)	92 (40%)
No	15 (17%)	15 (16%)	04 (09%)	01 (14%)	35 (15%)
Not mentioned	20 (22%)	53 (57%)	28 (64%)	02 (29%)	102 (45%)

The Medical staff are responsible for administrative supervision unlike the paramedical staff. The finding that 61% of them desired greater administrative knowledge is indicative of their interest, inadequacies in the basic training content and is a very positive sign to improve their administrative functioning.

Table 6: Desire of the study population for Technical knowledge

Required	Medical	Para Medical	Non Medical	Not stated	Total
Yes	37 (43%)	29 (31%)	07 (16%)	04 (57%)	77 (34%)
No	29 (34%)	10 (11%)	09 (21%)	01 (14%)	49 (21%)
Not mentioned	21 (23%)	54 (53%)	27 (63%)	02 (29%)	103 (45%)

Only 31% paramedical and 43% medical staff desired greater technical knowledge. These low percentages need to be further investigated, specially for the paramedical staff who do not have too many training opportunities.

Table 7: Desire of the study population for evaluation and supervision knowledge

Required	Medical	Para Medical	Non Medical	Not stated	Total
Yes	36 (42%)	32 (34%)	03 (7%)	03 (43%)	74 (32%)
No	30 (35%)	07 (8%)	13 (30%)	01 (14%)	51 (22%)
Not mentioned	21 (19%)	54 (52%)	27 (63%)	03 (43%)	104 (46%)

Supervision and evaluation activities are important activities of health care personnel specially of the medical category. Greater focus needs to be given to enhancing these knowledge and skills.

Table 8: Desire of the study population for administrative skills

Required	Medical	Para Medical	Non Medical	Not stated	Total
Yes	32 (37%)	22 (24%)	08 (19%)	01 (14%)	63 (28%)
No	35 (41%)	18 (19%)	08 (19%)	03 (43%)	64 (28%)
Not mentioned	20 (22%)	53 (57%)	27 (63%)	03 (43%)	102 (46%)

Table 9: Desire of the study population for technical skills

Required	Medical	Para Medical	Non Medical	Not stated	Total
Yes	20 (23%)	26 (28%)	05 (12%)	03 (43%)	54 (24%)
No	45 (52%)	12 (13%)	11 (26%)	01 (14%)	69 (30%)
Not mentioned	22 (25%)	55 (59%)	27 (63%)	03 (43%)	106 (46%)

Table 10: Desire of the study population for evaluation and supervision skills

Required	Medical	Para Medical	Non Medical	Not stated	Total
Yes	23 (27%)	29 (31%)	03 (7%)	03 (43%)	58 (25%)
No	42 (49%)	10 (11%)	13 (30%)	01 (14%)	66 (29%)
Not mentioned	22 (25%)	54 (58%)	27 (63%)	03 (43%)	105 (46%)

The large number of non-responses in skills enhancement section was rather unfortunate and prevents coming to any definite conclusions about them.

Table 11: Number of training programmes attended

Category	Number studied	Training programmes documented	Course type		
			Induction	In service	Not mentioned
Medical	87	280	10 (4%)	266 (95%)	04 (1%)
Paramedical	93	155	6 (5%)	98 (63%)	51 (32%)
Non Medical	43	65	1 (2%)	45 (69%)	19 (29%)
Total	223	500	17 (3%)	409 (82%)	74 (15%)

Note: The List of training programmes is given in Annex 4

Table 12: Duration of training programmes evaluated

Category	Number of personnel studied	Training programmes documented	Duration (in days)			
			Range	Mean	Median	Mode
Medical	87	280	1 to 90	19	10	03
Paramedical	93	155	2 to 365	49	14	30
Non Medical	43	65	3 to 90	37	21	90

Table 13: Type of training programmes

Nature of the Programme	Medical (n= 280)	Paramedical (n = 155)	Non Medical (n= 65)	Total (n=500)
Lecture demonstration	231 (83%)	83 (54%)	36 (56%)	350 (70%)
Workshop	91 (33%)	31 (20%)	07 (11%)	129 (26%)
Participatory	160 (57%)	78 (50%)	17 (26%)	255 (51%)
Role play	67 (24%)	60 (39%)	10 (15%)	137 (27%)
Hands on Training	64 (23%)	32 (21%)	08 (13%)	104 (21%)
Modular	52 (19%)	21 (14%)	04 (06%)	077 (15%)

In this group, there were only 23% amongst the medical group and 21% amongst paramedical who received hands on training.

Table 14a: Trainees comments on the training programmes

Training Programme	Medical (n= 280)	Paramedical (n = 155)	Non Medical (n= 65)	Total (n=500)
Highly useful	217 (78%)	97 (63%)	42 (65%)	356 (71%)
Adequate	212 (76%)	82 (53%)	29 (45%)	323 (65%)
Content adequate	197 (70%)	76 (49%)	31 (48%)	304 (61%)
Content relevant	211 (65%)	83 (54%)	35 (54%)	329 (66%)
Helped acquire knowledge	212 (76%)	83 (54%)	40 (62%)	335 (67%)
Helped acquire skills	195 (70%)	82 (53%)	35 (54%)	312 (62%)

Table 14b: Trainees comments on the training programmes

Training Programme	Medical (n= 280)	Paramedical (n = 155)	Non Medical (n= 65)	Total (n=500)
ADDITIONAL KNOWLEDGE				
Useful in every day activity	206 (74%)	84 (54%)	32 (49%)	322 (64%)
Used once in way	32 (11%)	11 (7%)	06 (9%)	49 (10%)
Occasionally	18 (6%)	02 (1%)	05 (8%)	25 (5%)
Not applicable	11 (4%)	0 (0%)	0 (0%)	11 (2%)

ADDITIONAL SKILLS				
Useful in every day activity	191 (69%)	82 (53%)	29 (45%)	302 (61%)
Used once in way	31 (11%)	12 (8%)	10 (15%)	53 (11%)
Occasionally	23 (8%)	03 (2%)	04 (6%)	30 (6%)
Not applicable	14 (5%)	0 (0%)	0 (0%)	14 (3 %)

The above table clearly depicts the benefits of training programmes to this group.

Table 15: Reasons for non-application of the knowledge and skills

Reason	Medical (n= 280)	Paramedical (n = 155)	Non Medical (n= 65)	Total (n=500)
KNOWLEDGE				
No opportunity	20 (7%)	7 (5%)	6 (9%)	4 (1%)
No interest	0 (0%)	0 (0%)	0 (0%)	0 (0%)
No freedom to act	6 (2%)	2 (1%)	0 (3%)	14 (3%)
Lack of technical support	35 (13%)	4 (3%)	2 (3%)	41 (8%)
Inadequate equipment	29 (10%)	3 (2%)	0 (0%)	32 (6%)
No encouragement	14 (5%)	1 (1%)	4 (6%)	19 (4%)
SKILLS				
No opportunity	15 (5%)	5 (3%)	5 (8%)	25 (5%)
No interest	0 (0%)	0 (0%)	0 (0%)	0 (0%)
No freedom to act	5 (2%)	2 (1%)	0 (0%)	7 (1%)
Lack of technical support	19 (7%)	4 (3%)	2 (3%)	25 (5%)
Inadequate equipment	27 (10%)	3 (2%)	0 (0%)	30 (6%)
No encouragement	6 (2%)	1 (1%)	4 (6%)	11 (2%)

About a quarter of the participants were not able to utilise the knowledge and skills given in the training programmes – the major reasons being inadequate equipment and lack of technical support.

Table 16: Trainers ability as perceived by the trainee

Particular	Medical (n= 280)	Paramedical (n = 155)	Non Medical (n= 65)	Total (n=500)
Impart knowledge – good	223 (80%)	94 (65%)	34 (52%)	351 (70%)
Impart skills - good	204 (73%)	91 (59%)	24 (38%)	319 (64%)
Communication - good	204 (73%)	85 (55%)	24 (38%)	313 (63%)

The training ability of paramedical and non-medical trainers obtained quite low ratings. Since they are a very important component of health care delivery services, the trainers' abilities for these groups needs to be enhanced.

[2] INFORMATION OBTAINED DURING FOCUS DISCUSSIONS WITH THE HEALTH CARE PERSONNEL BY THE INVESTIGATORS

The following issues were raised during the open ended discussions:

- a) (Health Personnel) Learnt PHC administration mostly through self-learning and through the guidance from non-medical and para-medical staff, perusal of records and scrutiny of the government circulars.
- b) Many difficulties faced while managing the financial aspects, in the initial stages.
- c) **INDUCTION TRAINING**
- Induction Training should be a must.
 - Lack of induction training resulted in lack of self-confidence and competence to manage the administration of the PHC at the initial posting.
 - Induction Training should be conducted before the selected candidates are posted to the respective PHCs.
 - The duration should preferably be three (15 days to six months) months.
 - Of these one month should be in theoretical aspects of administration and finance. In the remaining two months the selected candidates should be exposed to practical training including training at sub-centre and PHC levels rather than being trained only at the divisional level.
 - The Training pattern should be 1/3 field-work, 1/3 discussion, 1/3 lectures.
 - Induction training should commence from sub-centre level.
 - Current Induction Training emphasized more on clinical aspects rather than office procedures.
 - An opinion was also expressed that the newly recruited staff should be posted first to PHC for one or two months and then drawn for induction training. By doing so, they would be more focussed on their training requirements.
- d) Topics suggested for inclusion in the Induction training for Medical Officers were:
- Administration
 - Supervision
 - Management (Finance, Vehicle, Materials, Stress and Personnel)
 - Human relations
 - Inter-sectoral co-ordination
 - Job responsibilities
 - Office procedures
 - Medico-legal aspects including Law and Medicine
 - Inter-personal relationship with staff and general public
 - Human Resources Development
 - How to deal with Non Governmental Organisations?
 - Counselling for adjustment to rural areas.
 - Use of computers
 - Disciplinary powers
 - P(reventive) & S(ocial) M(edicine)
 - MTP
 - Tubectomy

- Leadership qualities

e) *PARA-MEDICAL TRAINING:*

- *Need for induction training for the Nursing staff.*
- *Pre-induction training for Para-medical staff to be between 2 to 3 weeks.*
- *Pre-induction Training for Lab technicians is a must. The present LT training is of poor standards.*
- *ANM training should be under DHO and not under District surgeon. Since they would be working under the supervision of the Programme Officers and the DHO.*
- *ANM Training to be 24 months rather than 18 months. Of these 6 months should be "internship" training in association with experienced ANMs.*
- *Minimum qualifications for ANM training should be PUC II year pass / graduation.*
- *The trainers should possess Diploma in Public Health Nursing.*
- *The ANM training centres to be under the supervision of the District Training Centre Principal and the staff of these institutions to be associated with ANM training.*

f) *IN-SERVICE TRAINING*

- *In-service Training should be need based rather than based on hierarchy. The training and postings at present are not need based.*
- *The training programmes are many a times repititious.*
- *The TA/ DA payment is delayed and inadequate.*
- *Ideal duration of the training programme should not be too long or too short. The best period is 3-5 days.*
- *Training schedules should not hamper regular and routine service delivery (problem of single medical officer).*
- *Need for better accommodation facilities and incentives for the trainees was mentioned by many.*
- *Many Medical Officers of Health are not attending TOT. There is confusion in deputation to training programmes. Late intimation precludes from attending the training programmes. Training not being mandatory / compulsory is a common reasons for poor attendance. There was divided opinion regarding private practice being a reason for poor attendance during the training sessions.*

- *In-service training of ANMs being promoted to LHV cadre for 6 months duration is insufficient.*

g) *TRAINING PROGRAMME*

- *Training groups to be Homogenous as heterogenous groups will result in loss of interest in training, the training being multilevel and more time-consuming.*
- *Training and other resource materials should reach the trainees well in time.*
- *Training in AIDS and Tuberculosis at Foreign institutes (!! sic).*
- *No incentive should be given for undergoing the training programme.*
- *Training should be on the lines of IAS / KAS.*
- *There are lacunae in training but certificates are issued.*
- *Equal importance should be given for training in all National Health Programmes.*
- *It was surprising to hear one of the trainee mentioning that Training in Communicable diseases is practically nil.*
- *ATI training for administrative Officers is a must from middle level onwards.*
- *Administrative re-inforcement training should be conducted once in three to five years.*
- *Health management training should be given at all levels.*
- *There should be periodical short course training in supervisory skills.*
- *Contract Doctors are not Administrative heads; so management training to them is a waste.*
- *Learning should be participatory rather than lecture based; skill based rather than theoretical; the theory practical ratio to be 10 to 20 to 40: 60 to 80 to 90; unlike at present - 60% theory and 40% practical (just the reverse).*
- *Practical sessions to have discussions, demonstrations and problem solving exercises and not just reading and by-hearting of notes.*
- *Hands-on training and workshops are better.*

h) *POST TRAINING SCENARIO*

- *Following training the Medical Officers do not practice what they have learnt.*
- *The required infrastructure is not available or provided.*

- The trainees do not have confidence following (especially laproscopy) training.
 - Feed back from the trainees is a must. Monitoring and follow up evaluation should also be undertaken. The present system of pre-test and post-test assessment needs a change.
 - The trainees must be accountable to the official superior and to the general public. The responsibility for each trainee after the training should be decided prior to training.
 - There should be periodical feed back from every cadre regarding the training undergone. This also should include their ability to apply the learning from the training in their day-to-day work.
 - Inspectorate team should be formed to monitor and supervise training activities on the spot. Independent evaluation of training process by external agency should be provided for.
- i) CME should be introduced for all categories of health personnel. For Medical Officers CME / refresher courses should be held at the district level and at Divisional level once in 6 months to three years. There should be re-inforcement training for taluka level and CHC level doctors for 7 working days and 2 weeks for DHO level. Training should include updates on National Health Programmes.
- j) PROMOTIONAL TRAINING:
- Promotion should be need-based.
 - Promotional training is very much required particularly in the areas of administration, finance and supervision at all levels.
 - The topics should include administration, rules and regulations, finance, planning, supervision and personnel management.
 - However a few expressed that promotional training was not required since the topics would have been covered during the induction training.
- k) There should be more and more interaction between faculty of teaching institutions and health personnel.
- l) Exposure to General or Family Practice during internship (is desirable).
- m) All Circulars from the Directorate should be marked to the Principals of the Training Centres also.
- n) Upgrade the post of the Principal, RHFWTC to the D.J.D level
- o) Faculty at the training center require TOT re-orientation once in two to three years or whenever new programmes are introduced. A major training need identified was

training in advanced and recent communication technology. Faculty at RFWTC should be screened for teaching competency before appointment.

p) Changes in health and programme interventions are fast and frequent - so planning is not possible. (- in response to the preparation of the Annual Training Plan). There must be political will for allocating resources for undertaking training.

q) It is preferable to have Karnataka Health Administrative Services, KHAS like KAS.

3] INFORMATION PROCESSED FROM THE DOCUMENTS

(A) The following paragraphs summarise the information collected from the training institutions:

State Institute of Health and Family Welfare, 1st Cross, Magadi Road, Bangalo - 23

This institute has been set up right next to the RFWTC, Bangalore. The Total filled up Positions is 68%. (28 / 42). TEN Deputy Director Posts are sanctioned apart from those of office staff. A total of 06 are reported to be vacant including that of 02 Deputy Director posts. A Deputy Director and an Accounts officer are working part-time.

The facilities cover an area of 4200 Sq ft with 12 rooms for faculty, 9 rooms for other staff, 5 classrooms and 1 Seminar room.

The functional equipment are 1 OHP, 1 Slide projector, 1 Computer with Printer, 1 photocopying machine, 1 binder, 3 Audio cassette players, 3 VCPs, 4 TV monitors.

The two Transport vehicles (Jeep and an Ambassador car) are on road.

The Library with 563 books occupies an area of 400 Sq FT and there is No separate staff. There are plans for subscribing to Journals.

The Hostel has 16 rooms for trainees, 1 staff room, 1 dining hall, a kitchen and a recreation hall with a TV.

The sanctioned budget was released on time and was adequate. Seventy seven percent of the amount was utilised and Rs. 10,04,123 was surrendered. (reasons being non filling up of staff and non conduction of some training courses)

The training conducted at this center was RCH orientation training for faculty of ANMTC/LHVTC under the Government of India.

The Centre has NO PUBLICATIONS to its credit.

The Instructional materials available are 20 Modules / Manuals, 02 models, one set of 36 slides and 10 video films.

Regional Health & Family Welfare Training Center, Magadi Road, Bangalore- 23

Filled up posts 83 % (12 Teaching faculty, that include 03 Doctors) Vacancies of Health Education Instructor 01, Management Instructor 01, Artist cum photographer 01 and 02 Group 'D' staff.

An Urban Family Welfare Centre is also attached to the center with an additional staff of 05 out of the sanctioned 06. All the above staff are employed on a full time basis.

The facilities cover a floor area of 4000 SqFt for faculty and other staff including 01 classroom, 01 Seminar room, Audio Video room and a Library.

The equipment available consists of an overhead projector 01, Slide projectors 04, Audio cassette players 02, video cassette players 02, still camera 01 and TV monitors 02. Of these 03 Slide projectors and 01 Audio cassette player are Non-operable but can be repaired.

Transport consists of 01 Tempo, which is on road while the Mahindra Jeep 01, Mini Bus 01 are under repair. An Ambassador car is to be condemned. 25% Vehicles are on road:

There is no library staff. The library, contains 1095 Text Books including reference books and 04 subscriptions for periodicals.

The Hostel comprises of 02 buildings (old and new) with a total of 19. Each has its own dining hall and kitchen. Neither of the buildings have recreation facilities.

The Budget release for 1999 - 2000 was delayed. The center incurred an excess expenditure of Rs.4, 55,453 /-

02 Training programmes were conducted:
Generation Awareness Training Course (Composite group 2) in 1999-2000
and a Course on Management for Medical Officers of Health in the current year.

The Teaching staff's time during Non-training was spent as below:

- 60 % in preparing instructional materials,
- 10 % in staff interaction,
- 20 % in professional enrichment, and
- 10 % in Translation work and attending work assigned by DH&FWS and State Institute.

The 704 instructional materials include 300 Slides, 85 video films, 250 models and manuals. Remaining (69 - 9.8%) consist of charts, models, flip charts/books, flash cards, information kits, pamphlets, folders and posters.

Teaching materials prepared by the institute and used for training include the following:

1. Sukhee Kutumba (folder by the Faculty, HFWTC, Bangalore)
2. WHO day- April 7,2000 (folder) {translated by the center into Kannada }
3. CHETANA.... Training modules for
 - Block Health Educators.
 - Senior Health Assistants (M&F)
 - Junior Health Assistants (M&F)

The last two are English training modules translated into Kannada.

The other two publications to the credit of this institution are:

2. Nimma Arogya Kapadikolli by the Faculty, HFWTC, Bangalore
3. Surakshita Laingikate, by the Faculty, HFWTC, Bangalore

Regional Health & Family Welfare Training Centre, Metagally, Mysore 16

Positions filled up 87% (7 of 8). The faculty includes 02 Doctors. The one vacancy is that of Health Education Instructor.

The center has a building with 14 rooms (13 for the faculty and 1 for the other staff). In addition there are 02 classrooms and one each of the following, Seminar room, Demonstration room and a Recreation hall. The total floor space covered is approximately 350 SqMts.

The equipment available at the center consists of 02 OHP's, one each of Slide projector, Audio cassette player and 16mm projector. Two each of Video Cassette player and TV Monitors. Of this equipment one Video Cassette Player is in need of repair while the Radio needs to be condemned.

Transportation is in the form of two vehicles - One a Swaraj Mazda Canter which is in service while the other is a Standard -20 which needs to be condemned.

The Library has 57.7 SqMts of floor area and has 927 books. However, no Journals or Periodicals are being subscribed to. A lending facility as well as a photocopier and computer are in the library. Working hours are 10 AM to 5 PM.

A hostel is also provided and it consists of 10 rooms for students and 15 for the staff and a dining hall, kitchen, and a recreation hall with a TV.

The Budget for the previous financial year was sanctioned and released on time. The amount utilised was Rs. 26,14,331. The amount released Rs. 27,55,860 was found to be adequate.

The training undertaken last year was an In-service training for Medical Officers and another for Zilla Parishadh members, BEO, NGO's CDPO and Taluka Panchayat members.

No publications have been made from this center.

The teaching staff's Non-training time usage was as follows:

- 10% in course planning,
- 15% in lesson planning,
- 20% in preparing instructional materials,
- 10% in field follow up
- 20% in staff interaction
- 25% in professional enrichment

The Instructional materials available at the center for teaching include 36 Charts, 160 Modules and Manuals, 3 Models, 120 Slides and 18 Video films.

No teaching materials have been prepared by the center.

Regional Health and Family Welfare Training Centre, KIMS Campus, Hubli 580 022.

Positions filled up: 76% (41 / 54) The 13 vacancies are for Office Supdt (01), Driver (01), Typist (01), Class D (02), Sanitation officer (01), Skilled Mechanics (05).

The faculty at the centre include apart from the Principal and 02 (Doctors) Chief Assistant Medical, Social Science, Health Education, Public Health Nurse Instructors,

Management Instructors, Health Supervisors, Communication Officers, Assistants, Office staff and Motor vehicle related positions.

The center covers a total floor space of approx 520 sq mts and includes 07 rooms for faculty, 02 for staff and one for the Projectionist apart from 04 classrooms as instructional areas. There are no Seminar Room, Demonstration room or Lab Facilities. The Hostel facilities comprise of 16 rooms for the trainees, a dining hall and kitchen. There is no recreational room but a few games, TV and radio are made available at the hostel.

The offices of Sample Survey and Assessment unit, the Taluka Health Office and Urban FW center are accommodated in the 118 sq mts area of the centre.

Functional equipment at the center include 1 Over head projector, 4 slide projectors, 3 video cassette players, 1 TV monitor, 1 each 16mm and 8mm slide projector and 1 Microscope.

The OHP (1), slide projector (1), audio cassette player (1), TV Monitor (1), and the PA System need to be repaired. Both the 8mm and 16mm projectors are to be condemned.

Of the 5 vehicles for Transport facilities the two mini vans are to be condemned. Three vehicles are on road, including a Jeep.

The Library with a floor area of 44.2 SqMts has 1323 Text Books and Reference books with a subscription to 11 Journals and Periodicals. There is photocopying facilities, but NO LIBRARIAN has been sanctioned.

A budget of Rs. 66,68,440 was sanctioned on time and was found to be adequate. An amount of Rs. 8,35,095 (12.5%) was surrendered for various reasons.

The training courses conducted were:

- In-Service training for Medical Officers in STD surveillance
- STD surveillance for Sr. Health Assts / Staff Nurses (13 batches)
- Awareness generation training under RCH for Medical Officers with NGO's (06 batches)
- RCH workshop for District Programme Officers (1 batch)
- Community Health Training for one batch of Ayurvedic Students.
- RCH training for two batches of SOSVA Personnel.
- Community Health for one batch of Staff Nurse students.
- Population Education training for four batches of ITI students.
- RCH training for NGO's.
- MLEC programme for In-service personnel.

The studies undertaken from the center are:

- A report on the evaluation of trained personnel under IPP IX.
- A report on the evaluation of Pulse-Polio Immunization coverage in Hubli-Dharward.
- KAP study report on Diarrhoea at Yaraguppi village.
- A Sample study on Birth-Death Report at Sulla and Kiresur villages.
- Knowledge study on ANC care and Breast feeding at Yellapur town.

The Teaching staff spend their time during the Non-training period as follows:

- 05% in lesson planning,
- 05% in preparing instructional materials,
- 05% in measuring learning,
- 20% in field follow-up,
- 05% in record keeping,
- 10% in staff interaction,
- 10% in professional enrichment.

The other 40% is taken up by other activities like Talk shows on AIR, School Health, etc.,.

The center has Charts (on health & FW programmes), 2 Modules and manuals, 1 Model Skeleton 1 FW programme Model, 82 video films and 16 strip films as Instructional material

The following Teaching materials has been prepared by the institute:

- 1) Kannada version of the Chetna training module for BHE's
- 2) Video-cassette for Ayurvedic practioners and FW in the field.
- 3) Folk literature , including songs, drama and Harikatha were developed for IEC Bangalore.

Regional Health & Family Welfare Training Centre, Old Hospital Premises, Gulbarga.

The filled up positions is 84% (16 / 19) with 7 Part Time faculty. Many of the faculty of the centre have a Diploma degree in Health Education.

In the floor area of about 3470 Sq ft, there are 7 rooms for the faculty, 04 for the staff, 2 classrooms, 1 Seminar room, 1 Dark room and an AV room. There is no Laboratory or Demonstration room.

The functional equipment include 1 OHP, 1 Audio cassette player, 1 Video camera, 3 TV monitors and 1 Video cassette player. The Still Camera is to be condemned and the 02 OHPs, 1 Side projector, 1 VCP and the Photocopying machine are in need of repair. A total of two vehicles - a mini bus and a matador are on road. A Jeep is to be condemned.

The Library with an area of 300 Sq ft has 701 books. No Periodicals or Journals are being subscribed. There is no computer or photocopying facility.

The Hostel with a floor area of 1800 sq ft has 15 rooms including a room for the warden, a Dining hall, kitchen and a recreation hall.

Of the Budget released for the previous financial year 32% was utilised. Rs.2,48,082 was surrendered since no deputation was made for the RCH awareness programme resulting in non-conduct of these courses.

The Training programmes conducted were as follows:

- In-service RCH awareness programme for Medical Officers.
- SOSVA Field workers training under RCH.
- District level workshop on RCH.

No separate publications have been made from this center.

The Teaching Staff 's Non-training time activities were as follows:

21.4% in course planning,
21.4% in lesson planning,
10.7% in preparing instructional materials,
14.28% in Field training,
28.6% in record keeping, and,
03.6% in Professional enrichment.

The instructional materials available at the center are 6 Charts, 4 Modules / Manuals, 2 Models, 23 Slides and 32 videocassettes.

The teaching materials prepared at the center are:

- Module for BHE category " Chetana Module "
- CME training teaching lessons.

(B) ASSISTED / FUNDED PROJECTS AND TRAINING PROGRAMMES

International and Multilateral and Multinational Agencies

The international and multi lateral and multinational agencies including the World Bank have been assisting the Government of Karnataka and the Department of Health and Family Welfare directly or indirectly through Government of India. The assistance has been in terms of both soft credits and grants to undertake the health and disease related endeavours and training is an important component in these projects.

This has even got a historical context. The first public sector Family Planning clinic was started in Ramanagaram with assistance from the Rockefeller Foundation. The Induction training programmes was started in this centre during the pre-independence days.

The India Population Projects I and III though specifically concentrated on the development of infrastructure also undertook training endeavours. Programme specific training got a major boost both in terms of both methodology and content (MODULAR training programmes) with the Universal Immunisation Programme.

The Child Survival and Safe Motherhood Programme implemented in phases since 1992 by the Government of India with assistance from the World Bank attempted at "rationalising the (fragmented) services with a package". The well thought out situation analysis as a methodology of training which was a major component in the CSSM training programmes did not seem to be implemented with the spirit which it was intended to.

The current ongoing projects are **India Population Project VIII** (for Urban slums in Bangalore Cities and recently extended to eleven other cities in the State), **India Population Project IX** (for upgrading the Primary Health care Infrastructure in select districts of the state with a major component of training - establishing the State Institute of Health and Family Welfare and the District Training Centres) and **Karnataka Secondary Health Systems Development Project** (for upgrading the network of Referral services at the secondary level care). The **Reproductive**

and Child Health Programme though a World Bank funded programme is being implemented through the Government of India. The World Bank is assisting the Government of India in the National AIDS Control endeavours by supporting the formation and sustenance of the **Karnataka State AIDS Prevention Society** (a major component is training in HIV / AIDS including management of Sexually Transmitted diseases). Two other programmes on similar lines are the **District Blindness Control Programme** and the **Revised National Tuberculosis Control Programme**. A comprehensive **Health, Nutrition, Population Project** is in the offing and is slated for the middle of 2002.

The following paragraphs highlight both the general and the programme specific review of training programmes in these projects.

1. Unfortunately, the Disease specific or programme related training programme was promoted at the cost of generic training programme. This lead to many health staff not receiving this very necessary and important entry level enabling capacity for appropriate functioning. It may be noted that the current very senior level functionaries who are about to retire are the only ones who have received the generic or induction training programmes exception being the new recruits over the last two years. However, the General Law and Accounts exam, which the health care personnel have to pass to obtain their increments was the only saving grace in this situation.
2. Overall training needs assessment of the system gave way to programme requirement training. The pros and the cons of such an approach cannot be dismissed as academic discussions. We have in the system today, people who have not been trained for their keeping in mind their job responsibilities and have learnt the trick of the trade of managing by trial and error (see vide supra - Focus discussion). This unfortunately is a highly undesirable method of learning.
3. **A major positive feature of the Externally funded projects have been the systematic independent Mid Term Reviews that have been undertaken. The strict monitoring of the progress of the planned activities has indeed resulted in the desirable mid course corrections.**
4. Efforts are now on to integrate the systems and sub-systems more so with regards to training - creation of the State Institute of Health and Family Welfare and the District Training Centres through India Population Project IX and the re-introduction of the Induction Training through the Karnataka Health Systems Development Project being examples.

5. A question still remains unanswered. **Do the time bound (5 years) project mode of these endeavours end up in merely 'having new buildings' without adequate, appropriate skilled human resources?** This needs to be seen beyond the rhetorical question for there is a distinct possibility that there would be the **double burden** of new buildings with inadequate trained staff and inappropriately trained health care providers. Unless this question is addressed as an immediate priority, there will be precious little to even think let alone talk about the Public Health and Primary Health Care for the future generations of the residents of the State.

The review of the IPP VIII, IPP IX and the KHSDP training programmes revealed the recent conduct of independent in-depth studies (Mid Term Reviews). One of the MTRs (for KHSDP Skills training evaluation) is being concluded. It is too very early to expect to assess the impact of the changes being brought in. There have been certain process shortfalls indicated in these MTRs. Given below is our finding on the progress made subsequent to the MTR based on our discussion with the concerned officials. Pending the submission of the final report of the Skills evaluation review for KHSDP, the gist of the informal personal interaction with the evaluator is documented below.

It was evident that training was now getting a relatively higher priority than earlier. The IPPVIII (Bangalore City component) is far ahead in terms of the training for its health care personnel in particular the new category of LINK WORKERS. The IPP IX demonstrated that despite the shortfall in the targets that were to be achieved both in terms of infrastructure and training programmes, there has been considerable progress documented. The KHSDP has re-introduced the Induction Training programme for the new recruits and also initiated the Clinical Skills upgradation programme. The HIV/AIDS training programme has introduced the participatory learning methods in the training sessions. The new training programme for RCH has taken the integration forward with administrative training, communication skills and supervision skills.

(c) TRAINING MANUALS

Multiple training manuals are being used for training purposes by various training institutions. Quite a few of these are manuals used in other states for training purposes or manuals recommended by Central Government (NIHFW, Manuals used in Andhra Pradesh, CHETNA manuals, etc.,) Some of the above manuals have been translated into Kannada for the training of para-medical staff. A review of these manuals indicate a need for updating of information. Many of these were prepared for training purposes for earlier programmes and changes have happened since (for example – CSSM and the current RCH programme). By far and large, the manuals do not present knowledge in a training format. They read more like **textbooks or guide**

books. Training exercises, presentation of knowledge in a format which would be easy for the trainees to absorb, newer methods of training methodology, lack of learning objectives as well as essential knowledge, non-interactive format were some of the flaws noted (exceptions being the NIHFW manuals which are being used under IPPIX at DTCs, and a few others like the RCH, etc.,). The contents in these manuals seemed to be more theoretical and lacked the focus and emphasis on the field situation and ground realities. A change in focus of the concerned programme very often necessitates the training institute to commission a new training manual. Change is inevitable and programmes are constantly evolving. However, the change sometimes is rapid and frequent often leading to repeated trainings with very few new learning additions. Because it is a new programme the manuals also get redone with slight modifications.

(D) OTHER SPECIFIC ISSUES INCLUDE

1. All the heads of the Training institutions at the State and Regional level do not have the requisite experience and capability required for the posts. This necessarily has a bearing on the various endeavours of the institutes. Where the top is shaky, non-confident, not capable how much can one expect from the team.
2. The antecedents of the post of the Medical Lecturer Cum Demonstrator (MLCD) could not be ascertained.
3. Only Sixty percent of the personnel interviewed were able to understand the questions asked and give appropriate response.
4. Those who had cleared the Accounts Higher and General Law Part-I mentioned that it gave them greater confidence and competency to handle day-to-day PHC administration.
5. POL issue: POL was earmarked as per trainee per day. When the number of trainees was 30 this amount would be sufficient. But when the number of trainees was less which was usually the case the amount would be inadequate. This was more so, when the number of trainees were 10 or 15.
6. A finding which was disturbing was the "fees" paid to the staff of the training institutes for taking training sessions. Often about half the fees of an expert external consultant, the need to pay these "internal" department/training institute staff is hard to justify/explain considering that they have been employed to do training(!) and conducting/giving training is their job! So if they are required to be paid additionally for conducting training sessions of the various projects in their state or regional institutes then what is their salary being paid to them for? This matter obviously calls for some justification.

DISCUSSION AND CONCLUSION

- a) The review of the Training programme for the government health care personnel gave an unique opportunity and insight to the investigators to understand the existing machinery and mechanics of the training programmes in the Department of Health. The interaction and discussions with the implementing staff was not merely a methodology but also a sensitisation and motivation session.
- b) The investigators found themselves with mixed feelings: frustration, indignation, hopelessness in some areas and rays of hope, happiness and satisfaction where few successful endeavours were being undertaken even in difficult circumstances. In general, there was a sense of apathy and a casual approach towards training. The enthusiasm was muted, existing as an exception. Training was expressed as an activity that "one had to go through": the unwritten expression being that training programmes were not always necessary and that a pre-induction training in administration and medico-legal matters would suffice. This outlook decreased the effectiveness of the training programmes. Participants often looked at training as an "opportunity for change", "to go out" – rather than a learning and growing session. These naturally lead to enormous wastage of resources.
- c) Factors outside the immediate purview of the Training programme most often determined its successful outcome – timely intimation, deputation and relieving of the personnel; the payment of adequate TA/DA on time; the training facility (infrastructure / staff / equipment including vehicle) available. A very critical determinant of success was the feeling of the usefulness of the training programme by the trainee. In the absence of strict monitoring and evaluation in general administration and with a relaxed disciplinary effort, training programmes depended on the individuals perception rather than systems requirement. In this regard, the Tubectomy and MTP training programmes were the main casualty.
- d) Most of the trainees were at the fag end of their careers or they would be unable to put their training into practice.
- e) A visit to the training institutions re-inforced the disappointment; the once premier training institute at Ramanagaram was found to be in a derelict and dilapidated condition – a result of neglect and abandonment of purpose. The available infrastructure at some of the regional Institutes was also found to be inadequate and this could be one reason for their gross underutilisation. The number of training days never exceeded 30 days in the previous calendar year in all the training centers visited. Amazingly, the Heads of the Institutions

clearly lacked the will and vision to take the issues forward and one wondered at the rationale of their occupying such an important post. Whether it was because of past actions of their predecessors or an inadequate support from the State level officials, it seemed they were "resigned to their fate" and had accepted "reality" and "non-action" as the best recourse. Obviously if the top level was not concerned, it is not surprising then to find the rest of the staff lacking any motivation or interest even to undertake their routine training activities let alone innovation.

- f) Often, Adequate and appropriate infrastructure was not made available after training. During the skill development due to various reasons, hands on experience was either insufficient, inappropriate or inadequate. In essence – "*fooling ourselves*" was the general feeling amongst both the investigators and the "trained" personnel.
- g) Regional requirements for training were not considered and factored while framing the curriculum or even during its implementation. Standardised syllabus had replaced the earlier freedom to innovate.
- h) The Training section has not received its due in the directorate except in the recent past, a major reason being the lack of realisation of its importance in improving the quality of health care delivery services. Another major reason was the lack of a forceful personality in leadership role - an individual who could demand and obtain the necessary support and finances for carrying out training programmes on a regular basis successfully. This led to a situation where the training section had hardly any funds and work to carry out. Even "induction training" - so important for a proper orientation and grounding of new staff was not being carried out.
- i) With the World Bank financed projects setting its own training agendas and funding training programmes, routine training activities of the department took a back seat - leading to a lot of frustration and a sense of resignation and hopelessness amongst the senior staff of the training section in the directorate.
- j) The limited time frame projects have demonstrated the need for training and given it the due importance. Of course, once the project funding is over, training will need to be financed from routine funding mechanisms of the department. There is therefore a genuine need to streamline the training section in the department so that it always receives its necessary importance, priority and support.

- k) At present the department has training institutes (State, Regional and District and ANM training centres) where all State level training is carried out. In addition, institutes like the National Tuberculosis Institute also carry out training activities for the state health employees. The State and District level institutes have only recently been set up (in some districts - are still being set up). The funding for this came from IPP IX / KHSDP. The training staff in the directorate not having any budget for training purposes and the World Bank funded projects being able to fund many training activities in these institutes has created a dichotomy of interests in the department. The training department staff posted in the directorate feel completely bypassed and frustrated at these developments and their lack of information on training facilities and activities was indeed surprising but not completely unexpected under the circumstances.
- l) There is also an absolute lack of coordination of training activities - training being ad hoc and project driven with no need based appraisals (including geographical distribution) being carried out. Under these circumstances - the setting up of new District training centres adds an altogether new dimension in training funding and activities. Being project driven, their regular maintenance once the project period is over will be necessitated from the funds allocated for training. Whether the budget at that stage will be able to absorb these additional costs needs to be seen specially since in the past the funds allocated for training activities were so meager and the priority given to training so low.
- m) It is unlikely that training activities as envisaged and needed can be carried out unless an estimated Rs.5 crores (only around 1% of the proposed health budget) are annually allocated to training section (this amount excludes salaries to employees). With the projects showing the way and giving training activities the necessary fillip and importance for improving the quality of health services being delivered by the department, allocating funds for training (to this amount at least) from the health budget should be done without any compromises in the future.
- n) To streamline training activities of the department - a restructuring of the department staffing and line of reporting is required.

INFERENCES AND CONCLUSIONS

1.0 TRAINING POLICY / FINANCING / PLANNING / ADMINISTRATION

- 1.1 There has been an absolute neglect of the training component in the department. The approach of the directorate has been casual and not systematic.
- 1.2 There is an absolute paucity of "routine funds" with the training section in the Directorate. This has led to a lack of interest, hopelessness and frustration amongst the training staff of the department specially in the Directorate
- 1.3 The externally funded projects have been able to give training a much needed focus and importance. They have assisted in setting up of new training institutions and provided the older ones with work and some "training funds".
- 1.4 The Training activity in the Department of Health and Family Welfare is "project driven". At the stage of the development of the different Project Proposals there has been noted a coherence of thoughts and activities for the Human Resource Development for the Government Health Care Sector.
- 1.5 Transforming of the thinking into action has been delayed or has not been achieved.
- 1.6 There exists no mechanism for centralised planning of training nor any needs based inputs from the field.
- 1.7 There is no database of the training undergone by the government health staff.
- 1.8 The different programmes and projects independently conduct some degree of needs assessment and plan the training activities. This leads to considerable wastage of resources. (Same individual obtaining a repeat training in the same or very similar area).
- 1.9 There has been noted an indifference with regards to proper administration of the training institutions. The Posting of the heads of these institutions seems to have been undertaken without regard to the requirements of the training centre. It is very unfortunate that these institutions for excellence have been considered as "accommodative posting centres" or "rehabilitation centres".

2.0 TRAINING INSTITUTIONS / ORGANISATION / EQUIPMENT

- 2.1 There exists a network of training organisations right down to district level with a great potential.
- 2.2 There exists human resources in the health sector who with adequate motivation and training could convert these institutions into centers of excellence. What is urgently needed is to match the needs with requirements and putting the right person in the right position.
- 2.3 The postings at the training institutions are sought more for convenience and selections are based more on "personal needs, ability to influence, etc.," than on

ability to train. For many others, training institution postings meant "loss of practice" and therefore was undesirable.

- 2.4 The training institutions are grossly underutilised. The SIHFW and the DTC are new institutions and are yet to become totally functional. The RHFUTC continue to be neglected.
- 2.5 The attention given to maintenance of the institutions is highly inadequate / insufficient.
- 2.6 Key vacancies remain unfilled / gets filled with wrong personnel.

3.0 TRAINING NEEDS ASSESSMENT

- 3.1 There is no systematic comprehensive Training needs assessment undertaken at any point of time and no training database exists.
- 3.2 The TNA when undertaken has not been correlated to the performance / achievement of the individual health care personnel (even as evidenced by the confidential reports of the department)
- 3.3 There is a need to delineate, specify and inform the personnel about the job responsibilities.
- 3.4 TNA should also incorporate the infrastructure that would be necessary for the trained personnel to effectively undertake specified endeavours.

4.0 FACULTY / TRAINERS

- 4.1 The Faculty in the training institution are demotivated and consider themselves unfit either because they are not adequately qualified or prepared for the post they are occupying or their training potential remains unutilised / grossly under-utilised.
- 4.2 A great felt need is the appropriate Training of Trainers in all the training institutes. The JIPMER Model used for RCH ToT is an example of success.

5.0 TRAINING MANUALS

- 5.1 Multiple training manuals are being used for training purposes by various training institutions.
- 5.2 These manuals need updating of information. By far and large, the manuals do not present knowledge in a training format. Some of the flaws noted include lack of training exercises, underutilization of newer methods of training methodology, lack of learning objectives and non-interactive format.
- 5.3 There is a dire need to have a very thorough and detailed analysis of the various manuals that are presently being used for training purposes. They need to be made more user-friendly, have a greater self-learning component and more

practical and field based exercises. The NIHFW has recently come out with the updated versions of many of their training manuals incorporating the latest programmatic changes. The training institutes have already been provided with copies.

- 5.4 The contents in these manuals seemed to be more theoretical and lack focus and emphasis on the field situation and ground realities.
- 5.5 With a change in focus of the concerned programme the training institutes commissioned new training manuals. With programmes constantly evolving, frequent changes lead to repeated trainings with very few new learning additions. However, the manuals get redone with slight modifications for almost all new training courses.

6.0 TRAINEES

- 6.1 There is a demand for Induction Training and Promotional Training by most health care personnel – both medical and paramedical.
- 6.2 There is also an expressed desire for regular periodic Continuing Education programmes.
- 6.3 There is a need for improving the facilities given to the trainees including TA/DA, Resource materials, quality of hostel accommodation, food, etc.,

7.0 FEEDBACK / FOLLOW UP / MONITORING

- 7.1 The existing system of monitoring and feedback is limited to Post-Test assessment related to the subject matter. No long-term or application of skills monitoring is carried out at present.
- 7.2 There exists no monitoring of the Training programmes and activities of the training department save for the budget spent.

RECOMMENDATIONS

The **RECOMMENDATIONS** have been made based on the following:

- a) Observations made by the investigators during their personal visits
- b) Discussions with the concerned health care personnel.
- c) Information from the analysis of the Self-Administered Questionnaire.
- d) Records and documents that were shared by the concerned officials with the investigators.

IDEAL (Desirable) TRAINING SCENARIO for Department of Health, Government of Karnataka

A] THE STATE INSTITUTE OF HEALTH AND FAMILY WELFARE

1. The State Institute of Health and Family Welfare becomes the apex training institute as well as an institute of excellence.
2. It is completely autonomous and the funds for its activities and maintenance are to be allocated from the Health and Family Welfare Department Budget directly.
3. The Institute will have a Director at the helm and this post will be a selection post with all the perks and privileges that are offered to a person of this level. Its tenure will be for a period of 5 years. He will report to the Health Secretary directly. The person occupying this chair should have a medical degree and should also have training and experience in medical education and training of trainers. Ideally, the individual should have spent some years working at various levels in the department in the field.
4. A Deputy Director will assist the Director with various administrative and technical matters. The post of the Deputy Director should be a selection post with requirements similar to the Director's post and should have a tenure of 5 years.
5. The institute should have a full complement of training, administrative and supportive staff with appropriate qualifications.
6. Considering the importance of social sciences and communication skills, the institute should have either full time or part time staff for these departments or engage the services of experts as and when required during training sessions.
7. The institute should have all necessary training equipment and facilities including teaching space and identified field training centres.

B] THE REGIONAL HEALTH AND FAMILY WELFARE TRAINING CENTRES AND THE DISTRICT TRAINING CENTRES

1. The Regional Health and Family Welfare Training Centres and the District Training Centres would administratively be under the State Institute.
2. Their budget will be released by the State Institute.

3. Their activities to be based on local needs and practices and to be planned and coordinated by the State institute.
4. At present there are 2 Regional Institutes in the Northern (West and East) and 2 in the Southern part of the State. There are none in the Central part of the state. This anomaly needs to be rectified. Also, not all 27 districts have a DTC. Since the activities of a DTC are different from the RHFWTCs each district needs to have its own DTC or the RHFWTC should also undertake the activities of the DTCs without compromising on quality in districts where RHFWTCs exist but where there are no DTCs. However, the State needs to keep in mind the recurrent expenditure of so many institutes and based on needs appraisal if it is determined that 2 districts can share one DTC, for practical reasons and long term effective functioning, recourse to this may need to be taken and the plan of having so many DTCs reconsidered.
5. The DTCs based on Needs Assessment will identify the training requirements of the district and forward this to the state institute for necessary plan of action. The DTCs will also directly oversee the functioning of the ANM training centres in their districts and provide all the necessary support.
6. As in the state Institute, all necessary facilities and equipment need to be provided to these institutes at the earliest for their effective functioning. At present, many of them lack basic teaching aids and educational materials.
7. The effectiveness of these institutes will depend to a large extent on its human resources. The training institutes should be allotted staff based on qualifications or appropriateness and not on personal needs, contacts and political influence and the ability to take care of extraneous criteria (read favours). Merit and appropriateness should be the only criteria. Abundant precautions to be taken to ensure that these training institutes will not become the islands of inefficiency they have been for so many years.
8. With the formation of the DTCs, many of the training activities can now be done at this level. This will require careful coordination and supervision to ensure quality of training.
9. The Principals of these training centres should be selected with great care and should be given the right administrative and technical training themselves at the State Institute prior to their taking up these posts. This is important as very often they will be directly involved in training activities besides having adequate administrative duties.
10. Regular upgradation of knowledge and training skills, revision courses, as and when programmatic changes are introduced should be mandatory for all staff of all training institutes.

C] PLANNING THE TRAINING PROGRAMMES

1. A committee consisting of the Director – State Institute and all Additional Directors of the Health Department will identify the training needs, prioritise activities and prepare the budget for training activities.

2. The Director of the State Institute will be the Secretary of this committee and will be assisted by the Deputy Director in formulating and drawing out the master plan of operations (based on the needs identified by the committee).
3. Approval for the formulated plans will be put forward during the committee meeting where the Health Commissioner/ Director General of Health Services are also invited.
4. Approved budgetary funds will be sought from the State and handed over to the State Institute for implementing the training activities.
5. To carry out the planned training activities funds as required will be made available in addition to the funds earmarked for training purposes in different programmes (e.g. Malaria, RCH, Tb. etc.).
6. The training needs of the different funding programmes will be respected and honored. However, to enhance effectiveness of training, avoid duplication and to cut down on unnecessary expenditure on travel, DA, etc., wherever feasible multiple training will be carried out in one training programme.
7. Rigorous district and person wise data of all training undergone will be maintained and computerised. This is to avoid wastage of resources and to ensure that everybody undergoes training and not just a favoured few (as is the custom very often now - same people going for different training programmes whereas many others never obtain a chance to enhance their skills).
8. This Information system on training will be maintained District wise at the District level and at the State Institute and Directorate. When a staff member moves out of the district to another district, necessary changes will be made and constantly updated.
9. The committee now decides on training, This therefore means that there is no need to have a separate training section in the Directorate - its functions being taken over by the State Institute, its Director and the Training Committee of the Department. Adequate support from all necessary sectors in this scenario should be feasible. Unlike the present situation where funds are never or meagerly, miserly provided.
10. It will be advantageous to build up our training resources and institutes and depute staff for training in such places. At present, because of lack of training facilities many of our staff are deputed out of the state for training purposes. If the training is done within the state we will strengthen and build up our own systems, strengthen our resources, and provide training in our environment using case material which is similar to what they will ultimately see.
11. As far as possible all training should be done within the state or at the most in some training institutes within the country. There is an unnecessary clamor for foreign training postings. Today, our country offers almost all training and skills required for the effective training of its staff or for the provision of quality health services. No carrots in the form of foreign training sessions are called for. With the money spent on such training a lot more can be achieved and many more people trained. Very often staff are posted for short

term observation training. When the conditions and environment are so different and where training is "NOT SKILL BASED ACQUIRING OR HANDS ON", SUCH TRAINING OUTINGS BECOME ONLY OUTINGS RATHER THEN KNOWLEDGE/SKILLS ENHANCERS. In all fairness, good training opportunities with full scholarships are offered by international agencies like -WHO, Commonwealth organization, etc.. It is a shame to see such useful training opportunities being wasted because of non-recommendation of names on time or processing of papers on time or staff being released on time. Full use should be made of such opportunities for professional enrichment. The State institute should have information of all such scholarships availability and should decide the staff for deputation for such training courses.

12. A major advantage in having the training programmes within the State is that the training can be done in Kannada using Kannada speaking patients and families which makes it much more easier for the participants to understand and absorb. Less financial resources will be required for such state conducted training and the resources saved could be utilised for further strengthening of our institutes.
13. Wherever the training is "technical" or the observation invite for technical matters - "technical" people (and not non-medical – non-technical administrators) are to be sent/deputed for such courses. There is merit in this recommendation. Our administrators are made to change departments quite frequently. Sending them for such sessions then is absolutely non-productive to the department as the technical training in the health sector (presuming that they are capable of absorbing the technical nuances involved) is not going to be of use to them in another department like sericulture or WAKF. However, if the training is for strengthening administrative related skills the administrative staff should make full use of such scholarships.
14. There is an immediate identified need of training for about 470 Block Health Educators. Instead of deputing them in small batches to Gandhigram (and take years to complete the training for all of them), one of the Regional training institute could be strengthened and provided the necessary infrastructure and human resources to carry out this training. All further induction training for BHEs could subsequently be carried out in this centre. Such judicious distribution of training activities is very necessary for optimal utilisation of limited resources.
15. Distance education methodology is a grossly underutilised training facility in our state. Today such education facilities from reputed organizations like IGNOU, Jamia Millia, Manipal, is available in many health areas. They are well planned and so structured that they are practically useful to the trainees. The government should encourage such training and as an incentive offer one time payment of a lumpsum amount (one month's salary?) for every distance education course of 6 or more months duration completed successfully by the staff to a maximum of two such courses. In fact, once these universities offer more and more health related administrative, managerial and technical courses, the Government should make this a mandatory condition for promotion to a higher grade after a certain level of promotion.

16. For effective training to be done it may be necessary to tap the services of an outside expert. This is a must where institute staff lack the necessary knowledge/skills. It is therefore highly desirable to identify the right "consultants" and have a resource base of such individuals. Care must be taken to see that such consultants have the necessary field experience, as very often such "experts" tend to be very theoretical or out of tune with field based reality. However, having said that, care must also be taken to ensure that all such expert consultants are not retired staff from the Department. They do not necessarily make the best experts and the "buddy system" may not be the best way to utilise the limited resources of the training section.

17. Strengthening Public Health training is the need of the hour. The well planned and useful DPH course – post MBBS, had very few takers as it was not advantageous career wise to do such courses and over a period of time the number of seats available for such training decreased. That DPH was no longer a necessary criteria for promotion to higher categories gave it a final blow. It is only recently that the Government has once again realised the need for such training for its staff. At present the medical colleges do offer a few seats. The Department should plan for the future and provide this training at the State Institute. The modalities need to be worked out with Rajeev Gandhi University and necessary support for the infrastructure and resources sought so as to start these courses by 2005 at least.

There are many advantages to the above suggestions. Not only will less staff be required but there will be less friction as now only one agency - the Training Institutes and its staff are involved in training activities. The Director - State Institute with a lot more independent charge will have no hindrance from Directorate training staff as there are none envisaged in the above proposal. Even though there is no representation of training staff based in the Directorate, the Training Committee is formed with representatives of all sectors who are based in the Directorate. This committee advises the Director State Institute on training activities and approves the required budget. This hopefully should be more effective, less competitive, frictionous and threatening. The above proposal though radical and quite different from the present scenario is being recommended so as to provide a more long term commitment, sustainability and effectiveness to the training programmes in the Department. Training is best left to trainers. True. But what is also very necessary for training to succeed is to have a coherent and not divergent/competitive viewpoints as very often happens under the present structure because of fragmentary funding and training activities as well as multiple implementing sectors.

1. TRAINING POLICY / PLANNING / FINANCING / ADMINISTRATION

- a. The Department of Health and the Directorate of Health and Family Welfare need to spell out their Vision, Policy, Goal and Objectives for a comprehensive Human Resource Development particularly for training its personnel.
- b. The Department of Health and Family Welfare needs to set up a functional, co-ordinated, central mechanism to assess the systems training requirements and its monitoring.
- c. There is a need to set up mechanisms to undertake both internal and external evaluation of its training programmes.
- d. There is a need to streamline the administration and functioning of the training activities sub-centre upwards.
- e. For achieving the planned training activities, an exclusive financial support to the extent of 0.5 to 1% of the total budget of the health department should be made available.

2. TRAINING INSTITUTIONS / ORGANISATION / EQUIPMENT

- a. The SIHFW should be made functional as an apex, nodal centre and an institution of excellence. All the existing Training Institutions to be administratively and functionally linked up to perform as an effective organization under the leadership of SIHFW.
- b. The existing RHFUTCs should be strengthened and steps taken to ensure their adequate utilization.
- c. The existing DTCs need to be made functional at the earliest.
- d. Prioritisation of allocation of limited resources would very much be required so as to achieve its efficient and effective utilization, specially since the number of training institutions have now increased.
- e. There is an urgent need to address the release of funds for repairs and maintenance of the institutions including non-functional but repairable equipment in the existing centres.
- f. A uniform standard of personnel and equipment need to be specified for the training institutions across the State.

3. TRAINING NEEDS ASSESSMENT

- a. The TNA should be taken up systematically for all levels and should be co-ordinated with the Individual Performance assessment of the health care personnel.

- b. Health Management Information Systems (HMIS) need to be put in place on a priority basis for the training needs and training undergone of all health care personnel. This has to be generated from the district level upwards and the information base and accession should also be made available district level upwards.

4. FACULTY / TRAINERS

- a. Only individuals with relevant and appropriate qualifications and experience should be posted to these centres.
- b. All the faculty including the heads of the institutions should undergo a pre-posting training in Educational Technology before taking charge of their posts.
- c. The Trainers should be given a periodic refresher course to upgrade their knowledge and skills.
- d. More models like the JIPMER model need to be immediately formulated and implemented. This is all the more necessary considering the spurt of training activities planned for in the coming months and recruitment of staff for the newly established DTCs.
- e. Consultants should be empanelled for key support areas of training like Communication, Social Sciences, Statistics, etc., at each training institute. These consultants are to be chosen on their merits and experience in training. They need not necessarily be selected from retired or functioning government officials.
- f. The Training activities of all trainers including consultants should be evaluated for each session not only by the trainees but also by institute staff and feed back for making the necessary changes provided.

5. TRAINING MANUALS

- a. There is a dire need to have a thorough and detailed analysis of the various manuals that are presently being used for training purposes. They need to be made user-friendly with a greater emphasis on self-learning and more practical and field based exercises. The manuals need to present knowledge in a training format and not as textbooks or guide books. Training exercises, presentation of knowledge in a format which would be easy for the trainees to absorb, newer methods of training methodology, stating of learning objectives and essential knowledge and use of interactive format are required.
- b. A set of essential training manuals should be provided to all training and health care institutions including PHCs. Appropriate mechanisms for their storage and safety at these institutions need to be worked out.
- c. A process needs to be evolved that would make it feasible to update the manuals with the additional inputs / changes rather than completely redoing them with

changes happening in the programmes. This would result in saving of precious resources.

- d. Whereever feasible, the training manuals instead of being freshly written should be adopted / adapted from existing manuals on the same or similar subjects.

6. TRAINEES

- a. Trainees should be released on time, and they should report at the beginning of the training course. Very often the introductory sessions are the most important sessions in the training programmes and missing these sessions greatly weakens the effectiveness of the rest of the training programme. Also the trainees should be present through out the training course. Mechanisms to make this feasible should be developed and instituted (for example linking the monthly emoluments to the successful completion of the course as per defined parameters).
- b. Induction Training and Promotional Training to be made mandatory for all categories of Health Care Personnel.
- c. Follow-up mechanisms should be instituted to assess the post-training performance of the individual trainees periodically.

7. FEEDBACK / FOLLOW UP / MONITORING

- a. A system of immediate Post-training assessment regarding the training programme needs to be carried out. This should look into subject matter, methodology of the training and effectiveness of the faculty. A system needs to be instituted for the reporting of feedback to the concerned faculty and action taken on the post-test assessment.
- b. A periodic (once in three years) review / evaluation of all the existing training programmes for the health care personnel should be undertaken. Evaluation also needs to be carried out whenever any new component is added to the on-going training programmes.
- c. The performance appraisal (Confidential Reports, etc.,) of the individual staff should include the training undergone and identify further training needs.

An effort has been made to define the vision, goals and objectives for the department. This needs to be adopted with appropriate modifications by the department so as to increase the commitment towards training. Also given below is the outline of a proposed pilot endeavour for training activity in one division.

VISION, GOALS AND OBJECTIVES FOR TRAINING ACTIVITY FOR THE Department of Health and Family Welfare, Government of Karnataka

VISION

To provide technically competent, socially relevant, appropriate health services to the fullest satisfaction of the people of Karnataka.

GOALS

- By 2002, January every health care personnel who joins the government health service will receive induction training.
- By 2005, every health care personnel will receive the identified and necessary refresher training and skills up-gradation.
- By 2010, systems are in place for the conduct of regular, ongoing, continuous refresher and induction training with adequate provision of resources.

OBJECTIVES

1. Preparing the individual's competence by enhancing communication skills and learning capabilities that are necessary for managing the day-to-day activities of the health centre and for delivery of quality health care in accordance with the existing health programmes and local health situation.
2. To nurture and enrich the organisation culture which supports and enhances team effort, harmonious interpersonal relationship, pursuit of excellence, spirit of enquiry and innovation as a way of work life and to create an organisation environment where each can share and contribute towards achieving the shared goals.
3. To create sensitivity to the needs of the society, discharge the multiple roles and responsibilities and fulfill the obligations as a health care provider.
4. To help and support each individual to develop their potential to realise their self-goals while contributing fully to the success of the organisation.
5. To achieve synchronisation of the goals and aspirations of the individual, organisation and society.
6. Enhancing preparedness for willing participation in development activities which have a bearing on health of the community.
7. Facilitate building a strong character of integrity, honesty and leadership.

PILOT ACTIVITY

It is absolute necessary that any radical surgery is attempted a pilot endeavour be planned in a smaller sub system which provides for opportunity and facilitates for an adequate and in-depth learning of the crisis management in the system. Additionally,

this approach accomplishes the much-needed involvement of a larger select group of the system who, are the stakeholders for change.

The following needs have been considered while formulating the Pilot Activity of the **Team of Excellence in Training (TOEIT)**.

- a) There is a need for co-ordinated decentralised planning for the endeavours towards Training. This includes Training Needs Assessment, framing of the curricula and identifying the resources at each level of training before implementing the activity.
- b) The State Institute of Health Family Welfare to be recognized as the apex and premier Institution for training in the state. The RHFUTC and the DTCs to be identified as the regional and peripheral wings of the apex institute.
- c) The existing organisation structure of the Training "wing" of the department needs to be restructured. There should be a similar staffing pattern at the three levels - District, Division / Region and State. There should be a well laid out and comprehensible hierarchy with specified responsibilities. The lines of authority with their attendant network linkages to be identified..
- d) The system also needs to factor the future training requirements of the state with regards to the health sector.

The following points delineate the components of the proposed Pilot endeavour for Training activity. The final Plan of Action may be arrived at after further consultations.

1. Gulbarga division to be the focus of the endeavour.
2. The Divisional Joint Director, Gulbarga to be the team leader for the activities. Twenty to twenty five members selected from amongst the existing staff / faculty / officials in the Division would constitute the TOEIT.
3. Necessary support could be drawn from the District Training Centres, the Regional Health and Family Welfare Training Centre and the State Institute of Health and Family Welfare.
4. The current research team would be the key facilitators for the endeavour.
5. The Task Force on Health and Family Welfare and the team involved in the preparation of HNP Policy for the Department of Health and Family Welfare to facilitate and also provide the required technical inputs.
6. The TOEIT would undertake a systematic training needs assessment in the division keeping in mind the existing realities of service delivery, the proposed activities of the department and the future requirement of the system.
7. The TOEIT would then involve themselves in the preparation of the curriculum, methodology (including identification of resource persons, resource materials and training environment) and schedule for the training for the next three years. They would also prepare the required annual and total budget for the endeavour.
8. The Pilot Activity would be monitored on a regular and pre-identified intervals and will be based on suitable indicators (both qualitative and quantitative).

SECTION B

**EVALUATION OF TRAINING PROGRAMMES FOR GOVERNMENT HEALTH CARE
PERSONNEL IN KARNATAKA
HEALTH WORKERS (FEMALE) AND HEALTH ASSISTANT (FEMALE)**

INTRODUCTION

Health status of people in India has shown remarkable improvements during the last two decades. The Crude Death Rate (CDR), Infant Mortality Rate (IMR) and Crude Birth Rate (CBR) have shown sharp fall and key health indicator 'Life Expectation at Birth' which was about 42 in early Fifties has crossed 60 years in the early Nineties. Wide differentials across states in India, however, have persisted throughout suggesting the need to take corrective measures to bring in much desired equity in health to reach the goal 'Health For All by 2000' India has committed at Alma-Ata in 1978 (See Table 1 for differentials).

The data presented in Table 1 clearly brings out the fact that Southern States – Kerala, Tamil Nadu, Karnataka and Andhra Pradesh have shown relatively better performance as compared to Hindi speaking BIMARU States - Bihar, Madhya Pradesh, Rajasthan, Uttar Pradesh and Orissa.

Wide differentials within state by rural-urban residence, gender and social class exist across the Districts. The Human Development Report 1999 - Karnataka provides CDR, CBR and Life expectancy at Birth for all the districts that reveal the differentials. IMR another sensitive health indicator shows that Dakshina Kannada reported the lowest IMR (27) in the state while Gulbarga, Bijapur, Bellary had IMR about 3 times higher than Dakshina Kannada district. There is other strong evidence to support the IMR estimates – institutional deliveries in Dakshina Kannada accounted for 77 percent while in Gulbarga it was only about 27.9 percent suggesting the strong negative association between IMR and institutional deliveries - safer deliveries.

TABLE 1 : HEALTH SITUATION IN INDIA AND SELECTED STATES

State	IMR 1996			CDR 1996			Maternal mortality ratio 1986	Sex Ratio 1991	CBR 1996
	R	U	T	R	U	T			
India	77	46	72	9.7	6.5	9.0	580	927	27.5
AP	73	38	65	9.2	5.9	8.4	394	972	22.8
Karnataka	63	25	53	8.6	5.4	7.6	439	960	23.0
Kerala	13	16	14	6.3	6.0	6.2	247	1036	18.0
Tamil Nadu	60	39	53	8.7	6.6	8.0	372	974	19.5
Uttar Pradesh	88	67	85	10.7	8.2	10.3	920	879	34.0
Rajasthan	90	60	85	9.6	7.1	9.1	627	910	32.4
MP	102	61	97	11.8	7.6	11.1	507	931	32.3
Bihar	73	54	71	10.6	6.9	10.2	813	911	32.1
Orissa	99	65	96	11.2	7.5	10.8	844	971	27.0
Maharashtra	58	31	48	8.7	5.4	7.4	439	934	23.4
Gujarat	68	46	61	8.3	6.2	7.6	373	934	25.7

Source: 1) Family Welfare Programme in India, 1996-97, Government of India.

2) Mari Bhat P.N., 1995.

The latest data-set (1998-1999) collected in National Family Health Survey and Reproductive and Child Health Survey (NFHS II and RCH) provide valuable insights for effective policy

interventions to reduce the disparities across districts by rural-urban residence, social class and gender. Findings from both the surveys suggest that the out reach services of maternal and child health hold the key to bridge the differentials and these services are to be delivered by Female Health Workers popularly known as Auxiliary Nurse Midwives (ANMs) and Lady Health Visitors (LHVs).

The Present Study

The present study is an attempt to examine the role of these grass root level female health workers and adequacy of their training to discharge their responsibilities satisfactorily that can help to reduce considerably the disparities observed across districts.

Objectives

Taking into consideration the major midwifery responsibilities assigned to the ANMs and LHVs after a rigorous foundation training of 18 months the study proposes to achieve the following objectives.

- To examine the knowledge of ANMs regarding the Ante-Natal care service and its delivery to pregnant woman.
- To assess their knowledge of identifying the high-risk pregnancies and ensuring safe delivery that will help to reduce maternal mortality.
- To examine the knowledge of supplementary nutrition to be advised and supplied to all pregnant women to reduce malnutrition.
- To examine their knowledge of identifying high risk infants and measures to be taken to ensure their survival to reduce IMR further.
- To identify inadequacies in the training of ANMs/LHVs if any, and suggest corrective measures.

The Sample

The study was conducted in three districts of Karnataka that differ widely in indicators relevant to reduce IMR and MMR. These indicators were drawn from the RCH Survey (First Phase – Kanbargi et.al., 1998). They are :

- Percent women who received full Ante-natal care package (At least 3 ANC visits + 2TT injections and 100 IFA Tablets)
- Percent institutional deliveries.
- Percent children in 12-23 months age who did not receive any immunization.
- Percent women who had knowledge of all modern contraceptive method.

Based on these criteria following three districts were selected.

TABLE 2 : SELECTION OF THE SAMPLE DISTRICTS

	District / State	Full ANC (percent)	Institutional deliveries (percent)	Children not immunised (percent)	Family Planning knowledge of all modern methods Percent
1	Udupi (DK)	78.9	76.6	0.5	70.7
2	Tumkur	68.7	48.4	0.5	40.8
3	Gulbarga	21.2	27.9	31.1	27.2
	State	52.2	52.4	8.3	46.1

Source: Rapid Household Survey RCH, 1998, Kanbargi et. Al.

The three Districts selected differed maximally in several other variables also. For example the percent girls marrying before 18 years - legally approved age was highest in Gulbarga about 59 percent, 29 percent in Tumkur and only 5 per cent in Udupi (which was part of Dakshina Kannada then. We selected Udupi District based on the data of Dakshina Kannada district as data for Udupi are yet to be made available. The observed early marriage and its impact on CBR is clearly reflected in these districts (Gulbarga 32, Tumkur 24.7 and 21.4 in Udupi).

The three selected districts - one highly advanced - Udupi, one with medium progress - Tumkur and one backward - Gulbarga in terms of demography and health would be able to provide insights sought in the functioning of the ANMs and LHVs in the state. For data collection 8 Taluks 22 PHCs and 87 sub-centres were selected randomly. The following table provides these details.

TABLE 3 : THE STUDY AREA

District	Taluks	PHCs	SC (ANMs)
Udupi	Udupi Kundapur	8	26
Tumkur	i) Gubbi ii) Madhugiri iii) Kunigal	6	41
Gulbarga	i) Afzalpur ii) Gulbarga iii) Chitapur	8	20
Total	8 Taluks	22 PHCs	87 ANMs

Methodology

The relevant data was collected from all ANMs available in the selected PHC/Sub-Centres by employing survey methodology. A standardised questionnaire was constructed for administering to each ANM/LHV in the selected PHC/Sub-centre. The administering of the questionnaire was preceded by a brief introduction about the survey and assurance that the information collected will be kept confidential and used only for research purpose. In PHC we met the medical officer (MO) and other staff present and briefed them about the study. We assured all that they will not be harassed by Health Department or any authorities for sharing their honest views on the functioning of the Health Care Services.

There were focus group discussions to get insights in the functioning of the Institutions that provided valuable information. This information is exploited to supplement the hard data collected in the survey.

Each questionnaire administered to ANMs/LHVs took over an hour. The interviews were abrupted often when many ANMs broke down who were to be consoled to start the interview again. The respondents reported that it is first time in their entire service someone is enquiring about their problems and welfare. When they were asked whether they would be happy if their daughter (those having one) was offered ANMs job, it was revealing that most of them reported that they do not mind if their daughter goes for agricultural labour but they don't want them to become an ANM like their mother. It indicated harsh working environment they are situated in, their frustration and helplessness.

Data and Analysis

The brief profile presented in Table 4 suggest that most of the Female Health Workers are currently married, have at least 10 years of schooling and in their middle ages with long experience. As there are limited opportunities of advancement in the career they feel dejected struck with the same work for years. Those who were on the verge of retirement were eagerly looking forward for the day to free themselves and lead a relaxed life.

**TABLE 4: FEMALE HEALTH WORKERS IN THE STUDY AREA :
A PROFILE (87 ANMs and LHVs)**

	Variable	Frequency	Per cent
1	Age (years)		
	Below 40	31	35.6
	41 - 49	33	37.9
	50 - 58	23	26.4
2	Marital Status		
	Single	04	4.6
	Currently Married	77	88.5
	Widowed/Divorced	06	6.9
3	No.of living children		
	0	11	13.3
	1	17	20.5
	2	41	49.4
	3+	14	16.9

TABLE 4: FEMALE HEALTH WORKERS IN THE STUDY AREA :
A PROFILE (87 ANMs and LHVs) (continued)

	Variable	Frequency	Per cent
4	Education		
	Below SSLC	18	20.7
	SSLC Pass	54	62.1
	PUC	11	12.6
	PUC +	04	4.6
5	Length of Service (in years)		
	Less than 5	9	10.3
	- 14	22	25.3
	- 29	39	44.8
	30 +	17	19.5

One of the major problems faced by the respondents was shortage of housing - only 40 percent of them had housing facility provided by the Government, whereas 23 per cent of ANMs were residing in rented houses in the sub-centre villages. Another 23 percent were in a rented house in the sub-centre village and the rest 37 percent were commuting to their place of work that required about an hour. Udupi had an excellent net work of public transport with very good road that was found to be a very important factor to improve accessibility to health care services whereas Gulbarga had bad roads or no roads and poor public transport that badly affected easy accessibility. Tumkur can be placed in between these two districts with some area with good roads - Kunigal section whereas Madhugiri was having serious problem of roads and public transport. It would be of interest to mention here that during our visit to observe an ANC camp at a sub-centre village in Gulbarga we had to leave our car at a point and hire a Land Rover jeep to reach the Sub-Centre as the road was full of boulders and ditches which only jeep could negotiate with great difficulty. To cover a distance of 15 kilometers it took an hour at high cost.

Lady Health Visitors have to supervise the work of ANMs. In the study area we could get only 10 LHVs who had to cover on an average 40 villages in addition to their administrative work of compiling service statistics from each ANM on maternity, immunisation, etc. The fact as reported by both LHVs and ANMs is that supervision/work monitoring in the villages has almost ceased to exist. Many senior ANMs recalled that when they joined service they had to cover larger areas - population but they used to enjoy the work. There was a team spirit, co-operation and guidance from M.O and DHO. Work was taken very seriously. The Medical Officers provided home visits to sterilised cases for follow-up services. Deliveries were supervised and post natal care then was good. Now hardly anybody bothers about supervision and monitoring. ANMs feel lonely and helpless in the job as there is neither any help nor guidance and no supervision but if anything goes wrong they will be held responsible. The information collected from ANMs show that exceptionally large number of villages 11 to 18 villages were to be covered by 13 ANMs in Tumkur. Whereas in Udupi and Gulbarga despite vacancies that add burden to ANMs work they were found to be covering about 3 - 4 villages as size of population is large. As over half of the

ANMs were natives of the same district they were quite familiar with sociology and culture of the area. While more villages add only to travelling time, size of the population, average number of couples to be served in RCH seem to be well within manageable limits of ANMs with very few exceptions.

The Foundation Course

The female health workers have to complete the foundation course specially designed for them to be eligible for consideration for the job. But some had 2 years training while over 80 percent had completed 18 months course at different District Head Quarters. Surprisingly it was found that there was a long time gap before they got the job. About 20 percent had joined after 3 - 4 years of their completion of the course and they took considerable time to refresh their training skills they had almost forgotten. Indeed, 6 ANMs had joined service after 5 years gap. In addition to the foundation course LHV's have to undergo another 6 months training to become LHV.

They were asked to assess the quality of their foundation training course in terms of (a) Curriculum (b) Duration (c) Regularity of Faculty (d) Quality of training (e) Practical training in hospital and (f) Practical training in the field. Their response was classified in 3 categories. The distribution of responses are reported below.

TABLE 5 : ASSESSMENT OF THE FOUNDATION TRAINING BY THE TRAINEES (PERCENT)

		Good	Fair	Poor	Can't say
1	Curriculum	78.2	15.0	2.3	4.5
2	Duration	34.5	63.2	--	2.3
3	Regularity of Faculty	70.0	25.3	2.3	2.3
4	Quality of training	24.1	64.4	8.0	3.4
5	Practicals in hospital	19.5	57.5	19.5	3.4
6	Practical in field	25.3	59.8	11.5	3.4

It is to be noted that 18 months duration is divided as 12 months theory and 6 months practicals in hospital and field. The majority of ANMs (63.2 percent) considered that duration was too short as they had to complete 10 theory papers. It is also reflected in the assessment of practicals in hospital as 57.5 percent reported that on job training was too short to master the art of good midwifery. Almost 60 percent felt that the field training that forms the most important component of their job was inadequate.

Majority of the ANMs opined that the curriculum is good but heavily biased towards theory whereas most important for their job is field work where they have to manage themselves with midwifery that put heavy responsibility. Communication skills which they need most in their field work was found to be lacking. It seems there is an assumption, that all ANMs have that skill.

During discussion with ANMs we asked how confident they were when they conducted the first delivery of their career. Majority response was they were very shaky. Few were fortunate to

have a LHV who was good to instill confidence in them giving guidance in the conduct of delivery that went a long way in building their confidence. But many were not that fortunate but could manage the situation without any serious problem.

How the training received several years back is relevant now? Several respondents mentioned that except midwifery hardly anything is relevant. AIDS, RCH, Target free approach are all new and are relevant now. More skills are required for day to day work and to recorded them properly in the registers provided.

SECTION I

In this section we have tried to review the training programmes that respondents have completed and how they perceived their utility in their day to day work. The major programme in this regard was the Child Survival and Safe Motherhood training followed by several other short term skill knowledge enhancing programmes.

Child Survival and Safe Motherhood (CSSM) Training

Reduction in maternal and child mortality was highlighted in the National Health Policy 1983. The sustained high levels of immunisation programme that increased contacts of female health workers with women and children demonstrated that about 2million children were saved during 1984-92 (the difference in child mortality rates of 1984-92 which was monitored). It was followed by Universal Immunisation Programme that envisaged that every child would be protected by all the preventable killer diseases of children.

In order to accelerate the declining trends observed in child mortality 'Child Survival and Safe Motherhood' programme was launched in August 1992. It was fine tuning of the earlier programme with emphasis on quality and outreach. It is very relevant for this study to consider the objectives of CSSM programme and examine the ANM/LHV training impact on their performance.

The CSSM had set the following goals:

1. By 1995
 - a) Eliminate neonatal tetanus.
 - b) Reduction in Measles by 90 percent, deaths by 95 percent.
2. By 2000
 - a) Elimination of Poliomyelitis.
 - b) Reduction in diarrhoea deaths by 70 percent.
 - c) Reduction in ARI deaths by 40 percent.
 - d) Reduction in maternal mortality to 2 per 1000 deliveries.
 - e) Reduction in IMR to 60 or less per 1000 live births.
 - f) Reduction in under 5 mortality to 10 per 1000 children under 5 years of age.
 - g) Reduction of perinatal mortality to 35 per 1000 births.

In order to equip the Female Health Workers for the huge programme massive training programmes were launched in the states began. An earlier study conducted in Karnataka that covered Channapatna and Hoskote Taluks (all PHCs and Sub centres) found that CSSM training given to ANMs/LHVs had significantly improved their midwifery skills and improved immunisation in the area resulting in reduction in IMR (Kanbargi, 1997).

In the study area only 60 percent of the respondents had undergone CSSM training. The duration of training varied between 3 days to 21 days at different locations where the training was imparted. It was not possible for us to verify the wide ranging duration and the reasons for it. However, most of the respondents expressed their appreciation for providing training that refreshed their memory. There is hardly any continuing education programme for them. An important fact that came out during the study was how CSSM changed some age old practices that were routinely followed. For instance, babies were given bath soon after birth that often led to complications. The CSSM training has changed it. Now baby is kept warm for a day before giving bath. This practice may reduce considerably the incidence of diseases peculiar to childhood. The training also, as reported by all those trained, enhanced their knowledge on ANC, PNC and midwifery skills many of whom had learnt 20-25 years back. The five cleans or Pancha Shuchitwa was very much valuable learning. Some of the respondents expressed their happiness that CSSM training not only improved their skills but was accompanied by a booklet and a Disposable Dai Kit (DDK). The booklet which should be given to every ANM/LHV as they reported it has proved invaluable for them for all time. (Unfortunately the Research Team could not see the booklet).

The respondents were asked about other skill based short term special training programmes that are imparted. There does not seem to be any systematic approach in organising these training programmes nor there seem to be any compulsion that say those who have put in 20 years of service should have some minimum number of training programmes. As one ANM (very senior) told us that often they do not know that their colleague from other sub-centre had gone for a training programme about which MO had not even informed others. It was only after her return they learnt.

We had listed 10 important programmes to check how many of them were attended by the respondents. They were training programme pertaining to Malaria, Cataract, Tuberculosis, Family Planning Target Free Approach, RCH, Leprosy, AIDS, IUD, MPW, MTP and an open ended 'others'. The response and ratings recorded are presented below:

TABLE 6 : TRAINING PROGRAMMES AND THEIR ASSESSMENT

Training	No.of ANMs trained	Percent	Rating		
			Very good	Some what useful	Not useful
Malaria	15	17.2	26.6	60.0	13.3
Cataract	60	69.0	25.0	41.7	33.3
TB	23	26.5	17.4	65.2	17.4
Target free	59	67.8	16.9	59.3	23.8
RCH	37	42.5	32.4	54.1	13.5
Leprosy	67	77.0	19.4	55.2	25.4

TABLE 6 : TRAINING PROGRAMMES AND THEIR ASSESSMENT (continued)

AIDS	39	44.8	41.0	35.9	23.1
IUD	18	20.7	61.0	33.3	5.6
MPW	20	23.0	50.0	45.0	5.0
MTP	04	4.6	100.0	--	--
Others	45	51.0	46.7	48.9	4.4

The rating and percent trained for different health programmes reveal some interesting facets. Even during our discussion the findings in the table were repeated. Short term programmes particularly one-day training was disliked by most of the respondents. It was reported in all sub-centres that the faculty would arrive, generally, late and by the time the programme starts it is time for lunch and post lunch session - after heavy lunch is not very conducive for learning. The administration might have to confront with several problems in encouraging training courses lasting for at least a week. Given the large number of vacancies in the sub-centres, withdrawing ANMs for training for a week will certainly disrupt the skeletal services that reach the community. Arranging right resource person for the programme, communicating with the trainees etc. do pose hurdles in efficient organisation. However, given the rating of the trainees and assessment of the utility of these programmes it may be more productive to enhance the duration and enforce discipline of the resource persons.

There is also the problem of the size of the trainees. An elderly ANM reported that she was one of the 30 trainees in a programme and was sitting in the back row, hardly could hear what was lectured and instrument to be used was only one which she could not see at all. By the end of the day she thought she would not have missed anything by not attending it.

A shocking observation which the earlier study (Kanbargi 1996) had found was substantiated here that only one in five ANMs knows how to insert an IUD. It is widely acknowledged now that Indian Family Planning Programme is synonym with massive female sterilisation as they account for 80 – 90 percent of all acceptors. The programme managers argue that if women prefer only sterilisation what can be done? This argument is hollow as the eligible women who need contracepting method are not even fully aware of the choice they have. The district level information provided in Table 2 makes it very clear. It is only female sterilisation which is universally known in rural areas. Spacing methods ignored in the family welfare programme need urgent redressal.

SECTION II

Review of Training Impact : Insights from the Field

This section has tried to review the impact of training programmes on day-to-day practice of the respondents. It is classified as (i) Antenatal care, (ii) Identification of high risk pregnancies – (during Ante-natal care), (iii) Midwifery services and (iv) child care. These are all part of safe motherhood and child survival programme which is being implemented in the state for few years now. As it was revealed that only 60 percent of respondents have undergone CSSM training but interaction among trained and not trained possibly will improve overall performance of all respondents.

Antenatal Care

The antenatal period is of great importance in determining future course of events for an expectant mother. During pregnancy traditional practices are followed despite some modern knowledge. It surely influences the health care seeking behaviour of women and their health status that will have a great bearing on outcome of the pregnancy. One of the most important fact that affect pregnant women's health is the suggested strict diet regime - severe restrictions on food - what to eat and what not to eat. The strong dietary taboos can further adversely affect the nutritional status of women most of whom are already malnourished. But there are also traditional norms that put restriction on activities that may have some beneficial impact.

The knowledge about conception is widely known to all - pregnancy is recognised by the absence of periods or nausea. If the ANMs are regular in their beat and meet all the potential women they are likely to know that a particular woman has missed her period and if she had a fairly regular cycle guess that she is pregnant. The care should start from registering such women.

The recently completed RCH survey (Kanbargi et.al. 1998) considered at least 3 ANC visits to each pregnant woman during her pregnancy, 2 anti tetanus injection and supplementing nutrition by providing folic-acid tablets for 100 days as minimum package to be ensured to each pregnant woman. The survey found wide variations across districts ranging between 78 percent in Dakshina Kannada - Coorg districts to only 21 percent in Gulbarga. There could be a variety of reasons to be explored. Many researchers have questioned the efficacy of this approach in reducing maternal mortality in the states e.g. a study conducted in Kanakpura rural areas found "ante natal care provided by the government was only "contact service" and are often routine that leaves much to be desired. Weight of most of the women was not recorded, not haemoglobin estimated nor urine test done. This is in marked contrast to services provided by private practioners. Apart from providing tetanus toxoid and iron folic acid very little is done in government health care" (Jayashree Ramakrishnan et.al., 1999).

The findings from the present study fully agree with the above observations. The questionnaire had a check list of 14 items like (i) Registering a pregnant woman which should be the beginning of the service and when is it done? When a woman informs about pregnancy or during 3 - 5 months of pregnancy? It was assumed that ANM is supposed to visit the households routinely and during her visit a woman may report that her periods are post-poned or missed. However, the respondents could not distinguish the nuance and the objective behind splitting the question in two parts and it was of not much use in over 50 percent of respondents. (ii) When they start supplying IFA Tablets, (iii) When the Tetanus Toxide injections are given, (iv) When is the blood pressure measured, (v) When urine test is done, (vi) when is the blood test done, (vii) when is the taken, (viii) when is the abdominal examination done, (xi) when is the vaginal examination is done, (x) Whether diet advise is given (xi) Whether advice on breast feeding given (xi) Whether the woman is informed about possible complications in pregnancy (xii) Whether contraceptive advice is given to either post-pone next pregnancy or avoid it and lastly whether need for post-natal check-up is explained? The following chart provides the responses of ANMs/LHVs to these questions.

TABLE 7 : ANTENATAL CARE KNOWLEDGE : PERCENT

SI No	Check list	Frequency	
		Yes	No
1	Registration	100.0	0
2	IFA tablets	100.0	0
3	TT injection	98.5	1.5
4	BP	92.0	8.0
5	Urine test	96.6	3.4
6	Blood test	93.1	6.9
7	Weight test	96.5	3.5
8	Weight taken	100.0	0
9	Abdominal check	74.7	25.3
10	Diet advised	100.0	0
11	Breast feeding advise	100.0	0
12	Pregnancy complications explained	83.9	16.1
13	Contraception advised	94.3	5.7
14	Post-natal check advised	86.0	14.0

Most of the ANMs were aware of what is ANC and its importance. But they had problems with discharging these responsibilities because of lack of instruments required like BP instruments and stethoscope, chemicals needed for testing urine etc. In addition many ANMs were not sure what is high BP that need attention? Weighing machines were provided to only 10 percent of ANMs. Only one ANM in a sub-centre (Gulbarga) showed me two weighing machines - one for just born babies and other for adults. She had another weighing machine for babies who can be placed in the panel weighing. But this was an exception, checking haemoglobin content and RH - ve was not possible even in Community Health Centres and PHCs.

It was clear that the knowledge of ANMs is not fully exploited in providing quality care during pregnancy. To explore further we visited two ANC camps in Gulbarga district —one held in a sub-centre and another at a CHC. The Registers maintained revealed that in CHC about 20 percent of women were examined for blood pressure and taken their weight. It was reported that large crowd about 100 – 150 women makes it impossible to provide the text book - prescribed services to all pregnant women.

The sub-centre clinic was held in a school - an apology for the absence of quality service. There was one table and a chair courtesy the school and the room was partitioned by a thin dirty bed sheet for examining women. Hardly there was any privacy. There was a crowd of 50 - 60 women at noon still waiting for their turn to be examined. The Lady Medical Officer was tired but committed to do her best to the pregnant women who had walked long distances to come here. They had very little choice as the ANM staying in the sub-centre village was hardly equipped with her needs. She had hired a room at the back of the school, she had to collect water from a well and go to field for her natural calls. Her husband was staying in Gulbarga.

We observed that because ANMs have not been provided with required facilities they request the pregnant women to come to a ANC camp held once in a week or once in two weeks. The Sub-Centre we observed held ANC camps every week and serves about 10 near by village women. The camp naturally gets crowded making it difficult to do all required tests for each one. A seasoned medical practioner will take the blood pressure if she has reason to doubt otherwise in

such situation no. Maintaining record of blood pressure, weight gain chart that immensely help in identifying high risk pregnancies/babies and planning safe deliveries is not possible. If the ANMs who are trained for ANC and used only for distributing IFA tablets and abdominal check-up it is gross under utilisation of their talents and putting more pressure on limited resources at the Sub-Centre causing great inconvenience to women clients.

The ANC section has two very important questions that are generally ignored. One was whether the expecting mother knows when she is expecting a baby – probable date of delivery. The ANM should be able to suggest the same. We observed 82 out of 87 were aware how to estimate the date of delivery. Another crucial factor is where it will take place? It is crucial because during ANC period there will be clear indication regarding the type of delivery - whether it will be normal or complicated. Depending on the need ANM can suggest the place. If it is going to be a normal delivery certainly can take place at home. If not, the family has to arrange for a hospital delivery including the resources. But surprisingly only two in three ANMs reported that they often suggest to women where they should go for the delivery. But the rest said it is to be decided by the family based on their economic situation. Our broad impression was, as mentioned early, the ANC means 3 visits to pregnant woman, 2TT injections and IFA supply of 3 months. Though it may be considered as minimum needed, much more has to be done to do justice to CSSM programme and improve the situation of women and children.

Identification of High Risk Pregnancies

Identification of high-risk pregnancies is the first and single most important step to be followed by going to a referral hospital fully equipped to provide efficient services to ensure safe delivery.

The responsibilities of the ANMs and LHVs listed in the Training Manual prepared by State Department of Health and Family Welfare under India Population Project (IPP IX) include urine test and blood test of all pregnant women for albumin, sugar and hemoglobin contents during their home visits. It also mentions that at least 50 percent of the deliveries are to be conducted by ANMs and the rest conducted by Trained Dais are to be monitored or supervised by ANMs.

The questionnaire has prepared an exhaustive list of symptoms that indicate high- risk pregnancies. Each ANM was asked whether they know what constitute risk to pregnant woman. The list prepared included risks related to last pregnancy termination, history of systemic illness, reported complaints during pregnancy in addition to the generally known factors like first birth or higher order births, height of the woman, status of blood pressure, etc.

The knowledge reported in the following tables is based on combined responses – some spontaneous and others received after a little probing. The responses are presented in two formats for the convenience and understanding of the reader.

TABLE 8 : IDENTIFICATION OF HIGH RISK PREGNANCIES

Sl No	Symptoms	Aware (percent)	Not aware percent
1	Age less than 18 and over 35 years	88.5	11.5
2	1st or 4th and higher order births	74.7	25.3
3	Current pregnancy within two years of previous	62.1	37.9
4	Height less than 4'. 10"	81.6	18.4
5	Abnormal wieght gain – over 10 kg. Weight gained during pregnancy	52.9	47.1
6	Sustained high blood pressure over 140/90	50.6	49.4
7	Poor weight gain 5 – 6 kg only	48.3	51.7
8	Mal presentation of foetus	78.0	22.0
9	Weak or no movement of foetus	54.0	46.0
10	Convulsions in pregnancy	70.0	30.0

It may be mentioned here that many ANMs in Tumkur District reported that for this interview they had spent two sleepless nights to go through their notes/books of training period to refresh their memory like they used to prepare for their theory examination. However, the information provided in Table 8 and 9 is disappointing picture. It was the respondents in 50+ age who had more problems in responding as they frequently said "we have forgotten many things taught long back". There were two respondents who were deaf and posed problems for communicating effectively.

It may be noted here that most of the respondents knew that short women constitute high risk during their pregnancy but they could not define what is short? Similarly they knew that sustained high blood pressure during pregnancy carry high risks but did not know exactly what is high blood pressure. As mentioned earlier most ANMs do not possess the instrument and those few who had it, was not in working condition.

TABLE 9 : IDENTIFICATION OF HIGH RISK PREGNANCIES

Sl. No.	History of last pregnancy	Aware Percent	Not Aware Percent
1	i) Last pregnancy terminated as		
	Abortion	64.4	35.6
	Still birth	57.5	42.5
	Premature birth	55.1	44.9
	ii) In complicated delivery with prolonged labour ended with		
	Retained placenta	55.1	44.9
	Sepsis	60.9	39.1
2	In neonatal death	16.1	71.3
	Systemic illness		
	Heart disease	71.3	28.7
	(ii) Diabetics	77.0	23.0
	(iii) TB	57.0	43.0
	(iv) Hyper tension	83.0	17.0

TABLE 9 : IDENTIFICATION OF HIGH RISK PREGNANCIES (continued)

3	Woman complains of		
	Breathlessness	32.2	67.8
	Excessive tiredness	44.8	55.2
	Palpation	48.3	51.7
	Puffiness of face	35.6	64.4
	Tightening of ring/bangles/chappals	62.1	37.9
	Vaginal bleeding	52.9	46.9
	Pain in abdomen	36.8	63.2
	Fevers	18.4	81.6

The responses presented in tables 8 and 9 reveal inadequate knowledge about identification of high risk pregnancies among the ANMs. The focus group discussion clearly brought out the problem of ensuring safe deliveries even in cases of identified high risk pregnancies as the required facilities were not available even at Community Health Centres supposed to be first referral centres.

An example of a maternal death reported in one PHC area would explain the situation on ground level. The woman who delivered a baby with the help of a trained Dai and developed complications on third day. She was bleeding. The PHC kept her for a day with medication. The bleeding did not stop and she was advised to go to District hospital in the night. The family could not arrange transport and resources. Instead they took her home and she died next day. Some enquiry was conducted and the case was hushed up.

The data collected on ANC services and ability to identify high-risk pregnancies reveal that there is a long way to go to achieve effective reduction in maternal mortality and infant mortality. As noted earlier ANC means three visits to pregnant woman, 2TT injections and 100 IFA tablets. Even this minimum package of services have made considerable impact in bringing down IMR in the state, further decline depends upon improving the services of ANMs, infrastructures of PHCs and CHCs to reach the goal of IMR 30 mentioned in the policy statement of 2000.

Institutional Births

Institutional deliveries are meant to provide safe motherhood and the resultant significant reduction in maternal deaths. Wide variations were observed in them in the selected districts – from about 79 percent in Dakshina Kannada to only 21 percent in Gulbarga. ANMs in Udupi reported that many of them have not conducted a single delivery during last five years because women prefer to go to maternity homes or Government hospitals at District level. The private sector health services in Udupi – particularly the Manipal Hospital have expanded their maternity services to rural areas that has almost ensured safe delivery to any woman – poor or rich. Our visit to a remote place in Udupi where we had to cross a river to reach the village revealed that just a telephone call to the Manipal Hospitals maternity home situated at a distance of 14 kilometers will provide them not only free delivery but also free ambulance service to transport the pregnant woman to the hospital. The public-private co-operation observed in the district is really remarkable to try in other poor districts like Gulbarga or Bellary that can improve accessibility to good care and go a long way in ameliorating the sufferings of poor women.

As a contrast to Udupi ANMs who have not conducted a single home delivery during last five years, committed ANM in Gulbarga where there is hardly any choice for most rural women reported that she conducted 120 deliveries this year of which 20 were high risk whom she referred to CHC and ensured safe births. Another ANM reported to have conducted 94 out of 99 births in her areas this year - 5 being conducted by a trained dai. These two ANMs stay in the sub-centre quarter and a visit there will convince that they were model sub-centres. The two ANMs were residents there, available any time for service, had BP instrument, weighing machines for babies and adults, providing good ANC by testing urine, keeping records of weight to know the gain, recording BP of all women and ensuring the pregnant woman at least one check-up by a lady medical officer to confirm that every thing is OK with all her clients. The sub-centre that as conceptualised at the starting of out reach programme, perhaps was like this. The outreach programme might have conceptualised such sub-centres as models. But they are exceptions now as ANMs having no housing facilities stay in a place where she can get a house on rent and naturally night deliveries can not be attended by her.

Identification of High Risk Babies (Who weighed less than 2500 gms at the time of Birth)

The data collected in Reproductive and child Health (RCH Phase 1) survey in the selected three districts revealed that only about 7 percent of babies born in rural areas in Gulbarga district were weighed after birth and 58.3 percent of them were under weight (less than 2500 gms). On the other hand in Udupi (Dakshina Kannada) 62 percent babies born were weighed and only 13 percent of them were under weight and in Tumkur about 28 percent of babies' weight was recorded and 20 percent of them were reported weighing less than 2500 gms. These findings present a grim picture for Gulbarga and also to some extent Tumkur that certainly fare better than Gulbarga for underweight babies who carry high risk of death. Though one of the simple measure to reduce this incidence of low weight babies is to improve the nutritional level of the mother by supplementing her diet and providing IFA tablets. The ANMs have knowledge of the under nourished mother and the need to supply IFA tablets to them in their area

The RCH survey reports that in Gulbarga where the proportion of low birth weight babies is highest in the study area only 48 percent of pregnant women had received IFA tablets, it was 87 percent in Tumkur and 92.3 percent in Udupi (Dakshina Kannada). It is difficult to understand why this simple low cost remedy available is not taken seriously in Gulbarga where it is absolutely essential.

It would be interesting to note here our observations and the community perceptions about how these essential services are delivered by ANMs.

Our interaction with community leaders and women in particular provided surprising data. We met a Lady Panchayat Chairman in Gulbarga who was in her late forties, literate and was having concern for women's issues including their health. She said that the ANM stays in the village (only village she is to serve as it is quite large with 3500+ population), has a telephone at home and also keep some essential drugs for emergency. She conducts most of the deliveries in the village by charging anywhere between Rs.300 - 1000 depending upon the economic status of the family. But she never visits any home for providing services. People have to call her on phone or meet her personally if they require any service - of course at a price. The Lady

Panchayat Chairperson did not know that ANM is supposed to visit all families in her jurisdiction to enquire the welfare of women, their pregnancies, children health etc. Even her husband and many others who gathered there during our focus group discussion reported ignorance and said the panchayat will issue a letter to the Medical Officer in this regard soon to ensure her services to all homes in the village. It would not be surprising in such situation that poor and scheduled caste women may not be able to avail her services free.

This was not an exceptional example in Gulbarga. In three more sub-centre areas we observed similar things. Absence of good roads and transport facility may be important hurdles to ANMs in addition to inadequate housing facilities. But administration both in the health department and at Zilla Parishad should try to improve the situation to ensure accessibility to health care for all. Rarely, except in ones we could see a chart showing ANMs travel programme for the week usually displayed in all PHCs. It was also surprising that many ANMs/LHVs in Gulbarga were not found wearing uniform white saree during working hours. But in Tumkur and Udipi we did not see any ANM/LHV not in the uniforms.

However an effort was made to know respondents abilities to identify high risk new born babies (who weigh less than 2500 gms) if check listing some symptoms.

TABLE 10: IDENTIFYING HIGH RISK NEW BORN BABIES (WEIGHING <2500 gms)

Symptoms	Aware (percent)
Refusal of feed	78.2
Increased drowsiness	56.3
Difficult breathing	75.0
Cold to touch	55.0
Yellow staining of skin	62.0
Convulsions	26.4
Others	14.9

The data presented in Table 10 reveal that there is much to be desired. However, some ANMs were aware that if the baby is cold, they would keep it under 200 watt electric bulb to improve the body temperature of the baby.

Acute Respiratory Infection (ARI)

Only about half (52 percent) of the ANMs were aware about Acute Respiratory disease and 85 percent of them had knowledge of at least one symptom of ARI and also were aware that it is an important reason for high IMR.

Pneumonia

Most of the ANMs, (91 percent) were aware about pneumonia and more than half of them knew one or more symptoms of pneumonia like excessive drowsiness, respiratory grunting, convulsion and inability to drink.

Diarrhoea and Dysentery

Diarrhoea, a major killer of infants and its symptoms like passage of watery stools 3 – 4 times a day was known to 92 percent of ANMs. However, there was confusion among many in distinguishing diarrhoea from dysentery which has symptoms like blood in faeces, abdominal

cramps, fever and weight loss. Only one in five respondents were aware that diarrhoea/dysentery is a major killer of infants. All respondents were aware (100 per cent) of dehydration that follows dysentery/diarrhoea and could mention all the symptoms like restlessness, decreased skin turgor, dry mouth-tongue, sunken eyes and lethargic appearance of the baby. Management of dehydration through measures such as giving ORS or home made syrup of sugar and salt, plenty of fluids, and continue to breast feeding was known to all respondents.

The strong emphasis given to the child immunisation was reflected in every respondent knowing what immunisation is to be given when. Liquid IFA, however, to be given to malnourished babies was known to only one in four perhaps it is not supplied in the state. It was reported that children are given small IFA tablets.

Knowledge about Cold Chain

While immunisation coverage has shown remarkable improvement over time, quality of immunisation has remained a question to be answered. Is cold chain maintained to ensure the required vaccine potency? We wanted to test whether personnel who play a key role in immunising children know about cold chain?

It was revealing experience for the research team which visited a Primary Health Centre in Gulbarga district. It seems a diary is to be maintained and the temperature shown on the thermometer of the new type refrigerator in the PHC where vaccine is stored is to be recorded by the Medical Officer. We were surprised the recording in the diary was up to date with recorded temperature, date and signature of the Medical officer but the thermometer that indicates temperature was not working for several days and not repaired. It was also clear from the observation of the diary that all the entries for the month were made the previous day. Neither the staff nor the clients who receive were aware of the importance of maintaining cold chain to ensure effective immunisation.

Compare this with what was reported by almost all respondents in Udupi. They said that the immunisation day for them will become a nightmare if power in the area was shutdown even for half an hour as mothers would object for immunising their children as there was power shut down yesterday as such what guarantee is there of the vaccine potency? With all the explanation by the ANMs about the advantages of new freezers that they have, some mothers would still prefer to go to private practitioners for immunisation. These observations, though accidental, reveal the casual approach adopted by qualified responsible authority whom the illiterate and ignorant community trusts and it deserves serious consideration in the department to ensure that there is responsible approach how immunisation under the circumstances it was not surprising that about 40 percent of respondents expressed their ignorance about the required temperature to maintain the vaccine potency.

Infant Feeding

There was a question to check the respondents' knowledge on exclusive breast-feeding. What does it mean? How long a baby should be exclusively breast-fed? Response of all the respondents was that babies should be breast-fed for 3 months. They also knew the advantages that exclusive breast-feeding provides more nutrition (90 percent), protects against infections (87

percent) but only 46 percent knew about its contraceptive effect. The RCH survey 1998 found that in Gulbarga babies being breast fed within two hours of birth accounted for only 9.5 percent while it was 36 percent in Tumkur and 47 percent in Dakshina Kannada District. Continuously repeated advantages of colostrum milk that provides effective immunisation to babies is almost denied in Gulbarga. The general opinion of ANMs was their advice during ANC and delivery does not make much sense against the strong traditional beliefs that still govern the community behaviour.

Weaning

We also enquired whether the respondents are aware about weaning? And when to start it? Each ANM reported that breast milk will be inadequate to babies growth after three months and babies will have to be introduced to some other semi solid foods like 'Ragi Sari', 'Rice Ganji', 'Bele kattu or liquified pulses' etc. which can be prepared at home with locally available food. Few of them reported that they also suggest to mothers to go for baby food available in the market. More than 70 per cent of ANMs in Udupi reported that weaning food also can be purchased from market.

While the latest WHO recommendation is that exclusive breast milk should continue for 6 months and only afterwards weaning foods be introduced, all available evidence in Karnataka show that there is need to improve the understanding of mothers in rural areas about the advantages of colostrum milk and exclusive breast feeding. Surveys have reported wide spread practice of squeezing colostrum milk and feeding just born babies with variety of liquids like sugar and syrup castor oil with enormous health hazards. The respondents reported that during mothers club meetings as well as during ANC they explain all the advantages of breast-feeding including colostrum milk however the outcomes are poor. In this regard there is need to consider for vigorous campaign and improved IEC programme. Several babies we saw in ANC camps in Gulbarga and Tumkur convinced about the poor health status of surviving children. They were looking thin with sunken eyes. It is possible that under-nourished mothers even though supplied IFA tablets were not regularly consuming them to derive the benefits.

General Knowledge

We perceived ANMs/LHVs as backbone of rural health delivery system. They are the link between the vast rural illiterate women and modern health care providing PHCs. They are expected to visit every household in their area and are familiar with each of the household that make them not only a health worker but a friend, philosopher and guide to those women. During their visit they may conduct mothers meeting to provide them important information on their own or have to answer some questions raised by their clients. Therefore their knowledge and advice carries great impact as such this study attempted to assess how familiar they are with the population problem – particularly whether they knew that India's population has crossed 100 crore mark. We asked what is India's population and gave three hints – 50 crore, 150 crore and 100 crore. Only 46 percent of them could say it is 100 crore.

It was noted earlier about the low age at marriage of females and its consequences on IMR, MMR and also fertility levels. Marriages before a girl attains 18 years of age are legally

prohibited. But its impact is negligible on the marriage age. Only 79 percent of respondents were aware of legally approved age at marriage of boys and girls. One in five respondents were not aware themselves and they may not have discussed about it with the mothers. If female age at marriage continues to rise as slowly as is observed despite all efforts then what are the options left to policy makers to reduce its consequences? Or should this area be left as nothing can be done as it is parents of the bride and groom who decide the marriage who and are not bothered about the age? Marriage is certainly a complex social and economic issue. Good harvests see more marriages in any village and droughts few or no marriage and difficult to bring interventions to drastically change the pattern.

In this situation female health workers can play a very important role of motivating the young married couples to postpone the first birth by a couple of years or till the young woman attains 20 years. The focus group discussion revealed that talk about contraception will begin only after the couple has one or two children and intensive efforts begin only after 2 children. It is obvious that if sterilisation is considered as the only suitable method for the couple by the ANM, there is no alternative. But can they not advise them to use condoms or safe period or even least harmful orals that are available in the market? They are not trained to motivate couples for adopting spacing methods.

The focus group discussions also brought out some interesting problems ANMs face in the field. It was reported that the distribution of IFA tablets to pregnant woman generally starts in fifth month of pregnancy. If given soon after registration of pregnancy of the woman and the pregnancy is terminated in abortion women hold the ANM responsible for it. Because it is she who supplied IFA tablets saying that her health will improve and on the contrary she had abortion. Such news spread very fast in villages the whole village may turn out hostile and ask her not to give those tablets to any pregnant woman in their village. Similarly motivating for contraception is confronted with the problem of child survival. If the only son among the two the couple has dies, ANM will not be forgiven for motivating them to accept sterilisation. So to play safe they said it is better a couple should have two sons and a daughter before undergoing tubectomy. It is not surprising that NFHS II found 90 percent of sterilised women had not adopted any other contraceptive method before. Distribution of Bill and condom through public sector, therefore, constitute insignificant proportion in rural Karnataka.

This background is aptly reflected in the responses of ANMs/LHVs as 18 percent of them could not say what is safe period and explain it correctly. But 95 percent could explain what tubectomy is and how it is performed because they reported that they explain it to all potential acceptors.

Medical Termination of Pregnancy

Abortions were legalised in India in early 1970s and the number of legal abortions have increased significantly over the time as also approved places for conducting abortions. But rural women are deprived of this facility as most of the PHCs in the study area do not have the equipment or person / approved by the government to provide abortion facility to women. None of the ANMs are trained to conduct MTP and when we asked them when will they recommend MTP to women? It was disappointing that none of them had suggested any woman to go for an abortion. Looking at the clandestine abortions reported and observed by the hospital records

showing sepsis/infections caused by quacks while aborting and admitted to hospitals in serious conditions, there is need to examine what ANMs can do in rural areas. While ANMs took a moral stand and their response was very firm in reporting that they neither perform nor recommend MTP to any woman that does not reflect reality.

The job responsibilities listed by the Department of Health and Family Welfare 1999 clearly has mentioned that ANMs should identify women in need of MTP and inform them the nearest approved place for MTP to obtain an MTP. We think there is an urgent need debate on the issue of providing this facility to rural needy women.

The Eligible Couple Register

Eligible Couple Register the Female Health Workers are supposed to maintain and keep it up to date with all relevant information. It is a valuable document that guides in her work. It has all information she needs – how many currently married women are there by contracepting status and number of children, helps in identifying children in need of immunisation, and women in need of advice on nutrition, etc. A general complaint emerged in all our meetings was the shortage of EC Registers - some places not supplied for 7 - 8 years and ANMs have to purchase a Note pad and record the information to the best of their abilities. Non-supply or irregular supply certainly creates serious problem in compiling service statistics from Sub-Centre.

We wanted to learn from ANMs whether still they feel EC Register serves an important purpose and help them. There was a unanimous response that it is important and they should be supplied EC Register so that they will be able to improve their performance.

Mothers Meeting

The respondents also informed that they routinely conduct mothers' meetings and discuss different health issues and about nutrition. They think that these meetings will become more effective if the ANMs are provided with educational materials for use during the meeting to make the meetings more productive.

Advise to Adolescents

The needs of the adolescent girls that were ignored for long is getting attention now. There are special programmes designed for their benefit. To improve their knowledge about personal hygiene and health. There were few reports of providing Tetanus Toxide injection to these adolescent girls. What was interesting to learn from many ANMs was that often in mothers meeting some adolescent girls also participate and when the topic of contraception / pregnancy is to be discussed they are asked to go out as they need not learn about contraception because educating these unmarried girls in Family Planning methods because of the fear of using them before marriage. Given the sea change that is being realised through recent research on changing sexuality in the society and the AIDS threat becoming more and more serious there is need to think about what should be the policy for these girls. Most of whom are illiterate and ignorant of many vital issues concerned with their own person. If they are educated about contraception will that enhance its use after they get married?

The Working Environment

We examined the training programmes that the ANMs/LHVs have undergone so far and the extent they are utilising the skills – knowledge that they were able to retain from them. The focus of the study however was confined to issues concerned with the health and survival of women and children who still constitute a major component in the crude-death rate.

It was mentioned that the grass root female health workers are considered as backbone of our rural health delivery system in Karnataka and with several drawbacks in the system considerable progress has been made during the last two decades. The widely differing indicators of achievements among different districts and by gender and social class within each district is a cause for concern and further improvements will be faster if backward districts, deprived sections within backward districts get relatively more attention. As it is, there is uniform policy and strategies in the state. We did not come across any special efforts to improve health care delivery services in Gulbarga or Tumkur.

The three districts selected for this brief intensive study present three unique settings. Udupi has very high female literacy, high age at marriage, wider knowledge of contraceptive methods

Box 1

PHC 1 – Gulbarga

The Research Team reached here by 10 AM. There was only an Attender and no responsible staff member. The Attender – the only person in the PHC was not aware of our visit nor about reasons for the absence of the I/c MO and other staff. The PHC had conducted Tubectomy Camp two days earlier and there were six women (who had come from different villages). One of them had developed complications and was advised to go to Gulbarga for consultations by Head Quarters ANM. Who had undergone Tubectomy operation.

The Head Quarter ANM who is supposed to provide care to the sterilised women had gone on leave as her husband seriously took ill and she admitted him in a hospital in Sholapur. The MO had not come to the PHC for a week without any reason nor informed any authority – like Taluk Medical Officer and resides at Gulbarga situated at a distance of about 45 kms. Journey takes about 2 hours because of bad road conditions.

We contacted the DHO and reported the situation who in turn telephoned taluk Medical Officer who rushed to our place. He reported his helplessness as he had warned the MO a couple of times. We also learnt that the local MLA also had warned him to be punctual but of no consequence. In-charge MO was not able to improve his functioning. The Taluk Medical Officer who looked committed and honest also expressed his helplessness regarding the verification of drugs in the PHU as the pharmacist never met him nor showed the stock during his last three visits.

while it is a contrast in Gulbarga – a district perhaps politically very influential as 6 ministers hail from that district in the contemporary political scene with two of them may be considered as very heavy weight politicians in every sense. Things could have been better with their interventions in the district. But unfortunately health, sector, perhaps, does not command much attention. To make things worse any disciplinary action against an erring official in health sector-from an ANM to Medical officer is extremely difficult as there will be instructions from top that he or she is our person and nothing should be done to him/her and there ends the matter. This benevolent attitude of powerful personalities of the district has almost demoralised the health department in the district. The crucial services are casually taken. The Box 1, 2 and 3 present the contrasting picture to high light the issues in three different settings.

The three scenarios presented depict differing consequences on the people of the area. Gulbarga Public Health Care service is a single most important provider of services to the people

Box 2**Contrast : A PHC in Udipi District**

We arrived at this PHC, without prior intimation, at 9.30 A.M. We were surprised that the PHC was busy functioning – MO, Lab Technician and other staff were attending the patients. On an average there are 50 – 60 patients a day. The young MO here is appointed on a contract basis but is very regular to his work and fully committed.

The PHC building, though old is very clean. The MO's chamber had privacy for patients. It had a clean wash-basin, running water, soap and a clean towel. The toilet was also clean. All the records were up-to-date and well maintained. The PHC had displayed prominently at the entrance that if any visitor to the PHC had any complaint on its functioning they can get a free post card to write the complaint which they can mail to the concerned authorities whose addresses were mentioned in bold letters.

The MO reported that the drugs supplied to him are of very good quality and adequate. The drugs that private sector hospitals provide to their patients is certainly not of better quality than that of PHCs. Therefore the visitors to the PHC are happy that the centre works not only very efficiently but also supplies quality drugs. He had only one complaint – that the patients who visit his PHC have simple ailments while he was interested in attending to chronic/serious cases also and improve his abilities. For this he goes to a Private Hospital in the night – not for earning more money but to improve his understanding.

with negligible presence of private sector even in the District Town. If the Public Health Services are inaccessible to people, will have serious health consequences.

Udipi on the other hand strong presence of private sector which has social commitment as seen by the free delivery services with free transport just with a Telephone Call. The Public health

Box 3

We reached this PHC in Tumkur by 9.30 am. All the staff including ANMs/LHVs were waiting for us. The Medical Officer was a young man with 8 years of experience in PHC. He was in a neatly pressed white coat and any visitor would recognise him as a Doctor.

The PHC was crowded with patients. But lacked many facilities. There was no running water. Toilets were there but not clean. The PHC did not have a compound wall and in the evening cattle, drunkards squatted in the compound creating scare among inmates (Delivery cases).

All the feeble health workers complained that they are not supplied registers to record for several years, chlorination of wells, DDT spraying has been stopped since three years. The ointment, paracetamol supplied to them is inadequate – does not last even for 4 months but people.

It was surprising with all the problems the PHC was still serving people as seen by the large crowd of outpatients. There are 70 – 80 patients on an average visiting the PHC for consultation and treatment.

We contacted the DHO and reported the situation who in turn telephoned taluk Medical Officer who rushed to our place. He reported his helplessness as he had warned the MO a couple of times. We also learnt that the local MLA also had warned him to be punctual but of no consequence. In-charge MO was not able to improve his functioning. The Taluk Medical Officer who looked committed and honest also expressed his helplessness regarding the verification of drugs in the PHU as the pharmacist never met him nor showed the stock during his last three visits.

care services are equally efficient and competent but suffers from inadequate infrastructure and equipment. The end result is that the educated population can make a reasonable choice and there is choice for the rich and also for the poor. Poor are assured of good health care at Public Health Institutions. PHCs function efficiently – maintain working hours, ensure presence of Doctor and supply of drugs of as good as quality that of private sector quality. It is not surprising that health indicators, health seeking behaviour indicators are most impressive. Tumkur district on the other hand is certainly better than Gulbarga in several ways. The PHCs work regularly though there were complaints of shortage of drugs, quality of drugs etc. General public, though heavily depend on Public health Institutions, there are large number of quacks having presence in every village having a population of 4 – 5000. Shivashakti Clinic, Unani Davakhana and a host of other clinic try to provide some relief to needy poor. We did not come across any untoward

incident occurring because of quacks as we were informed that if the 'Quack' realise that he can not handle the case, he will advise them to go to Tumkur District hospital and will not take any risk.

In this background it may be noted that increasing number of Institutional deliveries affect work burden of female health workers as it has happened in Udupi. Our information collected from ANMs report that only 6 percent of deliveries are conducted by them and the rest occurred at the Institutions. In Gulbarga about 40 kilometers away a PHC reported that during April 2000 – December 2000 had 627 births about 200 at PHC and the rest 427 by 8 ANMs in the PHC. There were 7 still births. 27 infant deaths reported.

Not a single birth had taken place in private nursing homes. The Medical Officer of the PHC stays in the quarter and is always accessible to the needy. His wife is a lady Medical Officer whose services are also easily availed any time. As they stay in PHC they have full control over other staff who also show concern and commitment to the health concerns of the public. But such PHCs are exception in the District. The general rule in Gulbarga is that either Medical Officer's post is vacant, if it is filled the person is erratic in discharging his responsibilities as the authorities are hesitant to discipline them because of political interference. While the situation is continuing like this the social costs are too high even to measure or community suffers enormously. The case of Kunchoor illustrates this. Kunchoor or Kunchavaram is a village situated at the border of Karnataka –Andhra Pradesh in Gulbarga. The village has a PHC and for last five months there is no medical officer (vacant). Lady Medical Officer's post is filled but she never turns up. The Chairman of the Taluk Panchayat died three days ago (when we were enquiring) without any medical assistance, 2 children died during the week and causes for these deaths are not known. The member of the Zilla Parishat, a resident of this village has tried his best to get a 'couple' husband-wife' team to this PHC but without any success. In such a situation expecting ANMs/LHVs to be committed in discharging their responsibilities in futile. The Kunchoor PHC area is dominated by a Scheduled Tribe-Lambadies.

SUMMARY AND CONCLUSIONS

The short term intensive study was carried out in three districts of Karnataka State that widely differ in health and demographic indicators. The main objective of the study was to assess the various training programmes the grass root level female health workers (ANMs/LHVs) have undergone, extent of their utilisation by them in their day to day work. The study went beyond the stated main objectives to examine whether providing training per se will improve health care services as its effective exploitation is related with a host of other factors like infrastructure, equipment and team spirit at PHC level from where these services are organised, supervised and monitored.

The focus of the study was confined to those training programmes that were designed to improve the health status of women and children – more specifically in reducing further IMR and MMR. For this intensive study 3 districts – Udupi, Tumkur and Gulbarga were selected. From these

three districts 8 Taluks and 22 Primary Health Centres were selected. All Female Health Workers (ANMs/LHVs) at these centres were administered a standard questionnaire that was specially constructed to check their skills required in their work. The 87 respondents were covering a population of 2, 61, 155.

All respondents had successfully completed the foundation course – 18 months and few had 2 years training programme. The gap between the completion of course and joining the service for many was as large as 4 – 5 years in few exceptional cases.

The general impression of the respondents regarding their training that some had completed 30 years back was that there was inadequate attention to practical hospital training and training in field work. An indication of this was the reported 'shaking of hands' during the first delivery conducted by most of them. There were one-or-two exception to this general observation. An ANM in Gulbarga mentioned she had the best opportunity of conducting 24 deliveries during her training period under the able supervision and guidance of a gynecologist. It was suggested that training programmes should be need-based and practical in real life situation and not just lecturing with lot of information.

There was long gap between Foundation course and the next most important training programme related to maternal and child health viz. CSSM training. The findings show that still 40 percent of ANMs have to undergo this programme that has great relevance to reduce further IMR and MMR.

It was shocking to find that most of the ANMs are not trained to insert IUD. Policy studies have repeatedly highlighted the urgent need to enhance use of spacing methods particularly among rural women as it will have directly impact on the health of women and children. This needs serious attention.

Similarly ANMs/LHVs need to be more sympathetic to women's need for Abortion. Whether they can be trained to perform medical termination of pregnancies is a technical question to be decided by experts, we strongly recommend that at least MTP service be made available at PHC level and ANMs/LHVs should be trained in the legal aspect of MTP and when they can recommend it to needy women.

In addition to CSSM, a host of training programmes have been conducted for the respondents. A general observation is that the short term training programmes of one or two days have been rated as not very satisfactory by the respondents. There was a strong suggestion of all respondents in Tumkur and Gulbarga that Continuing Education programme for a week should be a regular feature to update their skills and knowledge of maternity and child health. This

programme should be holistic and may cover other relevant contemporary health problems in the state / district.

Identifying high risk Pregnancies

The findings suggest that there is a need to have as suggested above, one week Continuing Education programme to enhance the knowledge and skills of ANMs/LHVs of pregnancy management. Except in Udupi/Dakshina Kannada and Kodagu districts where Institutional deliveries have become a rule in all other districts where domiciliary deliveries dominate, the improvement of the knowledge of ANMs with intensive training should be given serious attention. ANMs/LHVs must have knowledge of measuring blood pressure, testing urine for albumin and sugar and keeping these records for all pregnant women (at least 1 readings for a woman). These services should be provided in the yield to women by ANMs apart from. TT injections, IFA tablets. It should be followed by blood test of each woman for haemoglobin content at least at PHC level. It may be noted that we had trained Field Investigators of NFHS II Survey to measure haemoglobin of all women in the sample at their home in each village. It was possible because very simple to use technology was made available from USAID. It should not be difficult to obtain this technology by the state government for use of ANMs/LHVs. The time taken for the test is very little-just 1 minute per woman at their door step. Unless minimum package of services are provided to all pregnant women and each high risk pregnancy is identified and taken to nearest referral unit for safe delivery, MMR will continue to be very high.

Identifying high risk babies needs serious attention. Knowledge of Acute Respiratory Infection is very poor among the respondents. NFHS II reports that about 34 percent of children were suffering from ARI in Karnataka indicating the serious nature of the illness and its consequences. The present study found that ANMs were confused when asked to distinguish between the symptoms of diarrhea and dysentery. As 15 per cent of children in the state were found to be suffering from these illness improving the knowledge of ANMs and LHVs in identification of these illness and ARI is to be given immediate attention. It was, however, satisfying that Oral Rehydration Therapy (ORT) is universally known not only to ANMs but also to mothers.

Immunisation coverage in the state has shown gradual improvement as seen by the service statistics. We came across a report in Gulbarga that a baby afflicted by polio in a village was living next door to the sub-centre. But looking at the crowd in Immunisation Centres with several agencies participating, a child might have missed immunising. ANMs were found to be well versed with immunisation process and were confident that all children in their area are protected.

While in Udupi Rotary, Lions, Womens Organisations, College Students and many enlightened women participated in pulse polio in a big way even in rural areas such support in Tumkur and Gulbarga was more concentrated in District towns.

Respondents knowledge about benefits of exclusive breast feeding and weaning was appreciably good and needs periodic updating. Their understanding of India's population and legally approved age at marriage for males and females was found poor that needs to be updated.

The most glaring lacunae reported by ANMs and LHVs in their training is lack of communication skills and inadequate attention to it in any of their training. Simple observation is that to combat with strong traditional practices having serious adverse impact on women and children like squeezing of colostrum milk needs intensive campaign. It would be effective only when ANMs can play an important important role. Similarly introduction of spacing methods to young married couples would be facilitated greatly if ANMs are properly trained to convince the young village couple of its advantages.

Most crucial issue to be considered here is that training, upgrading skills and information becomes inevitable to improve overall health status measured in several ways. The goals set in the health sector can be achieved when such relevant training programmes bring in qualitative changes in the services provided to clients. If all that is told in training programme is difficult to put in practice because of lack or absence of infrastructure, equipment and other supplies the purpose of training cannot be served.

It was observed that vast expansion of health care services – personnel during the decade is not followed by adequate care and required resources. The quick expansion perhaps created a problem of finding professionally trained personnel. A look at the staff position at district level is surprising if not shocking. If health care service delivery is ensured with or without these large number of vacancies, it is in itself an indicator of quality care.

At policy level, it is desirable to think of a district or a group of districts for intervention. For example in Gulbarga and Tumkur and such districts there is need for greater attention to improve the management of pregnancies and their outcomes which may need more resources like improving PHC/Sub-Centre infrastructure, equipment to ANMs such as BP instrument, chemicals to test urine, haemoglobin/blood test etc. Where as in Udupi, Dakshina Kannada, Coorg with good adequate support from private sector this problem is not there. But AIDS is looming large in these districts with large out migration of males and females. We heard reports of AIDS deaths caused in every village we visited with documentary evidence. All the deaths had occurred to the return migrants and it seemed as if they all came home only to die.

At state level there is a uniform policy of resource allocation for health sector. If some districts perform poor as indicated by several indicators it would be necessary to ensure that administration in these districts are pulled up. The poor perception of people regarding the public health care system in health poor districts needs serious attention. Precious public resources deserve more productive use. The backward nature of some districts is known for long for over four decades and these districts have remained at the bottom even now. Unless some fundamental change is brought in the administration for improvement they will continue to be at the bottom.

GOVERNMENT OF KARNATAKA

TASK FORCE ON HEALTH AND FAMILY WELFARE

A Commissioned Research Study

**FEMALE HEALTH WORKERS IN KARNATAKA:
AN ASSESSMENT OF THEIR TRAINING**

By

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Introduction

Health status of people in India has shown remarkable improvements during the last two decades. The Crude Death Rate (CDR), Infant Mortality Rate (IMR) and Crude Birth Rate (CBR) have shown sharp fall and key health indicator 'Life Expectation at Birth' which was about 42 in early Fifties has crossed 60 years in the early Nineties. Wide differentials across states in India, however, have persisted throughout suggesting the need to take corrective measures to bring in much desired equity in health to reach the goal 'Health For All by 2000' India has committed at Alma-Ata in 1978 (See Table 1 for differentials).

The data presented in Table 1 clearly brings out the fact that Southern States - Kerala, Tamil Nadu, Karnataka and Andhra Pradesh have shown relatively better performance as compared to Hindi speaking BIMARU States - Bihar, Madhya Pradesh, Rajasthan, Uttar Pradesh and Orissa.

Wide differentials within state by rural-urban residence, gender and social class exist across the districts. The Human Development Report 1999 - Karnataka provides CDR, CBR and Life expectancy at Birth for all the districts that reveal the differentials. IMR another sensitive health indicator shows that Dakshina Kannada reported the lowest IMR (27) in the state while Gulbarga, Bijapur, Bellary had IMR about 3 times higher than Dakshina Kannada district. There is other strong evidence to support the IMR estimates - institutional deliveries in Dakshina Kannada accounted for 77 percent while in Gulbarga it was only about 27.9 percent suggesting the strong negative association between IMR and institutional deliveries - safer deliveries.

TABLE 1 : HEALTH SITUATION IN INDIA AND SELECTED STATES

State	IMR 1996			CDR 1996			Maternal mortality ratio 1986	Sex Ratio 1991	CBR 1996
	R	U	T	R	U	T			
India	77	46	72	9.7	6.5	9.0	580	927	27.5
AP	73	38	65	9.2	5.9	8.4	394	972	22.8
Karnataka	63	25	53	8.6	5.4	7.6	439	960	23.0
Kerala	13	16	14	6.3	6.0	6.2	247	1036	18.0
Tamil Nadu	60	39	53	8.7	6.6	8.0	372	974	19.5
Uttar Pradesh	88	67	85	10.7	8.2	10.3	920	879	34.0
Rajasthan	90	60	85	9.6	7.1	9.1	627	910	32.4
MP	102	61	97	11.8	7.6	11.1	507	931	32.3
Bihar	73	54	71	10.6	6.9	10.2	813	911	32.1
Orissa	99	65	96	11.2	7.5	10.8	844	971	27.0
Maharashtra	58	31	48	8.7	5.4	7.4	439	934	23.4
Gujarat	68	46	61	8.3	6.2	7.6	373	934	25.7

Source: 1) Family Welfare Programme in India, 1996-97, Government of India.
2) Mari Bhat P.N., 1995.

The latest data-set (1998-1999) collected in National Family Health Survey and Reproductive and Child Health Survey (NFHS II and RCH) provides valuable insights for effective policy interventions to reduce the disparities across districts by rural-urban residence, social class and gender. Findings from both the surveys suggest that the out reach services of maternal and child health hold the key to bridge the differentials and these services are to be delivered by Female Health Workers popularly known as Auxiliary Nurse Midwives (ANMs) and Lady Health Visitors (LHVs).

The Present Study

The present study is an attempt to examine the role of these grass root level female health workers and adequacy of their training to discharge their

responsibilities satisfactorily that can help to reduce considerably the disparities observed across districts.

Objectives

Taking into consideration the major midwifery responsibilities assigned to the ANMs and LHV's after a rigorous foundation training of 18 months the study proposes to achieve the following objectives.

1. To examine the knowledge of ANMs regarding the Ante-Natal care service and its delivery to pregnant woman.
2. To assess their knowledge of identifying the high-risk pregnancies and ensuring safe delivery that will help to reduce maternal mortality.
3. To examine the knowledge of supplementary nutrition to be advised and supplied to all pregnant women to reduce malnutrition.
4. To examine their knowledge of identifying high risk infants and measures to be taken to ensure their survival to reduce IMR further.
5. To identify inadequacies in the training of ANMs/LHVs if any, and suggest corrective measures.

The Sample

The study was conducted in three districts of Karnataka that differ widely in indicators relevant to reduce IMR and MMR. These indicators were drawn from the RCH Survey (First Phase - Kanbargi et.al., 1998). They are

- 1) Percent women who received full Ante-natal care package (At least 3 ANC visits + 2TT injections and 100 IFA Tablets)
- 2) Percent institutional deliveries.
- 3) Percent children in 12-23 months age who did not receive any immunization.
- 4) Percent women who had knowledge of all modern contraceptive method.

Based on these criteria following three districts were selected.

TABLE 2 : SELECTION OF THE SAMPLE DISTRICTS

	District/State	Full ANC (percent)	Institutional deliveries (percent)	Children not immunised (percent)	Family Planning knowledge of all modern methods Percent
1	Udupi (DK)	78.9	76.6	0.5	70.7
2	Tumkur	68.7	48.4	0.5	40.8
3	Gulbarga	21.2	27.9	31.1	27.2
	State	52.2	52.4	8.3	46.1

Source: Rapid Household Survey RCH, 1998, Kanbargi et.al.

The three Districts selected differed maximally in several other variables also. For example the percent girls marrying before 18 years - legally approved age was highest in Gulbarga about 59 percent, 29 percent in Tumkur and only 5 per cent in Udupi (which was part of Dakshina Kannada then. We selected Udupi District based on the data of Dakshina Kannada district as data for Udupi are yet to be made available). The observed early marriage and its impact on CBR is clearly reflected in these districts (Gulbarga 32, Tumkur 24.7 and 21.4 in Udupi).

The three selected districts - one highly advanced - Udupi, one with medium progress - Tumkur and one backward - Gulbarga in terms of demography and health would be able to provide insights sought in the functioning of the ANMs and LHVs in the state. For data collection 8 Taluks 22 PHCs and 87 sub-centres were selected randomly. The following table provides these details.

TABLE 3 : THE STUDY AREA

District	Taluks	PHCs	SC (ANMs)
Udupi	1) Udupi 2) Kundapur	8	26
Tumkur	i) Gubbi ii) Madhugiri iii) Kunigal	6	41
Gulbarga	i) Afzalpur ii) Gulbarga iii) Chitapur	8	20
Total	8 Taluks	22 PHCs	87 ANMs

Methodology

The relevant data was collected from all ANMs available in the selected PHC/Sub-Centres by employing survey methodology. A standardised questionnaire was constructed for administering to each ANM/LHV in the selected PHC/Sub-centre. The administering of the questionnaire was preceded by a brief introduction about the survey and assurance that the information collected will be kept confidential and used only for research purpose. In PHC we met the medical officer (MO) and other staff present and briefed them about the study. We assured all that they will not be harassed by Health Department or any authorities for sharing their honest views on the functioning of the Health Care Services.

There were focus group discussions to get insights in the functioning of the Institutions that provided valuable information. This information is exploited to supplement the hard data collected in the survey.

Each questionnaire administered to ANMs/LHVs took over an hour. The interviews were abrupted often when many ANMs broke down who were to be consoled to start the interview again. The respondents reported that it is first time in their entire service someone is enquiring about their problems and welfare. When they were asked whether they would be happy if their daughter (those having one) was offered ANMs job, it was revealing that most of them reported that they do not mind if their daughter goes for agricultural labour but they don't want them to become an ANM like their mother. It indicated harsh working environment they are situated in, their frustration and helplessness.

Data and Analysis

The brief profile presented in Table 4 suggest that most of the Female Health Workers are currently married, have at least 10 years of schooling and in their middle ages with long experience. As there are limited opportunities of advancement in the career they feel dejected struck with the same work for years. Those who were on the verge of retirement were eagerly looking forward for the day to free themselves and lead a relaxed life.

TABLE 4: FEMALE HEALTH WORKERS IN THE STUDY AREA :
A PROFILE (87 ANMs and LHVs)

	Variable	Frequency	Per cent
1	Age (years)		
	Below 40	31	35.6
	40 - 49	33	37.9
	50 - 58	23	26.4
2	Marital Status		
	Single	04	4.6
	Currently Married	77	88.5
	Widowed/Divorced	06	6.9
3	No. of living children		
	0	11	13.3
	1	17	20.5
	2	41	49.4
	3+	14	16.9
4	Education		
	Below SSLC	18	20.7
	SSLC Pass	54	62.1
	PUC	11	12.6
	PUC +	04	4.6
5	Length of Service (in years)		
	Less than 5	9	10.3
	5 - 14	22	25.3
	15 - 29	39	44.8
	30 +	17	19.5

One of the major problems faced by the respondents was shortage of housing - only 40 percent of them had housing facility provided by the Government, whereas 23 per cent of ANMs were residing in rented houses in the sub-centre villages. Another 23 percent were in a rented house in the sub-centre village and the rest 37 percent were commuting to their place of work that

required about an hour. Udupi had an excellent net work of public transport with very good road that was found to be a very important factor to improve accessibility to health care services whereas Gulbarga had bad roads or no roads and poor public transport that badly affected easy accessibility. Tumkur can be placed in between these two districts with some area with good roads - Kunigal section whereas Madhugiri was having serious problem of roads and public transport. It would be of interest to mention here that during our visit to observe an ANC camp at a sub-centre village in Gulbarga we had to leave our car at a point and hire a Land Rover jeep to reach the Sub-Centre as the road was full of boulders and ditches which only jeep could negotiate with great difficulty. To cover a distance of 15 kilometers it took an hour at high cost.

Lady Health Visitors have to supervise the work of ANMs. In the study area we could get only 10 LHVs who had to cover on an average 40 villages in addition to their administrative work of compiling service statistics from each ANM on maternity, immunisation, etc. The fact as reported by both LHVs and ANMs is that supervision/work monitoring in the villages has almost ceased to exist. Many senior ANMs recalled that when they joined service they had to cover larger areas - population but they used to enjoy the work. There was a team spirit, co-operation and guidance from M.O and DHO. Work was taken very seriously. The Medical Officers provided home visits to sterilised cases for follow-up services. Deliveries were supervised and post natal care then was good. Now hardly anybody bothers about supervision and monitoring. ANMs feel lonely and helpless in the job as there is neither any help nor guidance and no supervision but if anything goes wrong they will be held responsible. The information collected from ANMs show that exceptionally large number of villages 11 to 18 villages were to be covered by 13 ANMs in Tumkur. Whereas in Udupi and Gulbarga despite vacancies that add burden to ANMs work they were found to be covering about 3 - 4 villages as size of population is large. As over half of the ANMs were natives of the same district they were quite familiar with sociology and culture of the area. While more villages add only to travelling time, size of the population, average number of couples to be served in RCH seem to be well within manageable limits of ANMs with very few exceptions.

The Foundation Course

The female health workers have to complete the foundation course specially designed for them to be eligible for consideration for the job. But some had 2 years training while over 80 percent had completed 18 months course at different District Head Quarters. Surprisingly it was found that there was a long time gap before they got the job. About 20 percent had joined after 3 - 4 years of their completion of the course and they took considerable time to refresh their training skills they had almost forgotten. Indeed, 6 ANMs had joined service after 5 years gap. In addition to the foundation course LHVs have to undergo another 6 months training to become LHV.

They were asked to assess the quality of their foundation-training course in terms of (a) Curriculum (b) Duration (c) Regularity of Faculty (d) Quality of training (e) Practical training in hospital and (f) Practical training in the field. Their response was classified in 3 categories. The distribution of responses are reported below.

TABLE 5: ASSESSMENT OF THE FOUNDATION TRAINING BY THE TRAINEES (PERCENT)

		Good	Fair	Poor	Can't say
1	Curriculum	78.2	15.0	2.3	4.5
2	Duration	34.5	63.2	--	2.3
3	Regularity of Faculty	70.0'	25.3	2.3	2.3
4	Quality of training	24.1	64.4	8.0	3.4
5	Practicals in hospital	19.5	57.5	19.5	3.4
6	Practical in field	25.3	59.8	11.5	3.4

It is to be noted that 18 months duration is divided as 12 months theory and 6 months practicals in hospital and field. The majority of ANMs (63.2 percent) considered that duration was too short as they had to complete 10 theory papers. It is also reflected in the assessment of practicals in hospital as 57.5 percent reported that on job training was too short to master the art of good midwifery. Almost 60 percent felt that the field training that forms the most important component of their job was inadequate.

Majority of the ANMs opined that the curriculum is good but heavily biased towards theory whereas most important for their job is field work where they have to manage themselves with midwifery that put heavy responsibility. Communication skills which they need most in their field work was found to be lacking. It seems there is an assumption, that all ANMs have that skill.

During discussion with ANMs we asked how confident they were when they conducted the first delivery of their career. Majority response was they were very shaky. Few were fortunate to have a LHV who was good to instill confidence in them giving guidance in the conduct of delivery that went a long way in building their confidence. But many were not that fortunate but could manage the situation without any serious problem.

How the training received several years back is relevant now? Several respondents mentioned that except midwifery hardly anything is relevant. AIDS, RCH, Target free approach are all new and are relevant now. More skills are required for day-to-day work and in recording them properly in the registers provided.

Section I

In this section we have tried to review the training programmes that respondents have completed and how they perceived their utility in their day-to-day work. The major programme in this regard was the Child Survival and Safe Motherhood training followed by several other short term skill knowledge enhancing programmes.

Child Survival and Safe Motherhood (CSSM) Training

Reduction in maternal and child mortality was highlighted in the National Health Policy 1983. The sustained high levels of immunisation programme that increased contacts of female health workers with women and children demonstrated that about 2million children were saved during 1984-92 (the difference in child mortality rates of 1984-92 which was monitored). It was

followed by Universal Immunisation Programme that envisaged that every child would be protected by all the preventable killer diseases of children.

In order to accelerate the declining trends observed in child mortality 'Child Survival and Safe Motherhood' programme was launched in August 1992. It was fine tuning of the earlier programme with emphasis on quality and outreach. It is very relevant for this study to consider the objectives of CSSM programme and examine the ANM/LHV training impact on their performance. The CSSM had set the following goals:

1. By 1995
 - a) Eliminate neonatal tetanus.
 - b) Reduction in Measles by 90 percent, deaths by 95 percent.
2. By 2000
 - a) Elimination of Poliomyelitis.
 - b) Reduction in diarrhoea deaths by 70 percent.
 - c) Reduction in ARI deaths by 40 percent.
 - d) Reduction in maternal mortality to 2 per 1000 deliveries.
 - e) Reduction in IMR to 60 or less per 1000 live births.
 - f) Reduction in under 5 mortality to 10 per 1000 children under 5 years of age.
 - g) Reduction of perinatal mortality to 35 per 1000 births.

In order to equip the Female Health Workers for the huge programme massive training programmes were launched in the states. An earlier study conducted in Karnataka that covered Channapatna and Hoskote Taluks (all PHCs and Sub centres) found that CSSM training given to ANMs/LHVs had significantly improved their midwifery skills and improved immunisation in the area resulting in reduction in IMR (Kanbargi, 1997).

In the study area only 60 percent of the respondents had undergone CSSM training. The duration of training varied between 3 days to 21 days at different locations where the training was imparted. It was not possible for us to verify the wide ranging duration and the reasons for it. However, most of the

respondents expressed their appreciation for providing training that refreshed their memory. There is hardly any continuing education programme for them. An important fact that came out during the study was how CSSM changed some age old practices that were routinely followed. For instance, babies were given bath soon after birth that often led to complications. The CSSM training has changed it. Now baby is kept warm for a day before giving bath. This practice may reduce considerably the incidence of diseases peculiar to childhood. The training also, as reported by all those trained, enhanced their knowledge on ANC, PNC and midwifery skills many of whom had learnt 20-25 years back. The five cleans or Pancha Shuchitwa was very much valuable learning. Some of the respondents expressed their happiness that CSSM training not only improved their skills but was accompanied by a booklet and a Disposable Dai Kit (DDK). The booklet which should be given to every ANM/LHV as they reported it has proved invaluable for them for all time. (Unfortunately the Research Team could not see the booklet).

The respondents were asked about other skill based short term special training programmes that are imparted. There does not seem to be any systematic approach in organising these training programmes nor there seem to be any compulsion that say those who have put in 20 years of service should have some minimum number of training programmes. As one ANM (very senior) told us that often they do not know that their colleague from other sub-centre had gone for a training programme about which MO had not even informed others. It was only after her return they learnt. This aspect, it is hoped, is covered by other study by Dr Mehta and Dr Shivram.

We had listed 10 important training programmes to check how many of them were attended by the respondents. They were training programme pertaining to Malaria, Cataract, Tuberculosis, Family Planning Target Free Approach, RCH, Leprosy, AIDS, IUD, MPW, MTP and an open ended 'others'. Others category included IPP and continuing education programmes that were of relatively longer duration were appreciated by the respondents. The ANMs opined that the programmes were broad based and more practical. The response and ratings recorded are presented below:

TABLE 6 : TRAINING PROGRAMMES AND THEIR ASSESSMENT

Training	No. of ANMs trained	Percent	Rating		
			Very good	Some what useful	Not useful
Malaria	15	17.2	26.6	60.0	13.3
Cataract	60	69.0	25.0	41.7	33.3
TB	23	26.5	17.4	65.2	17.4
Target free	59	67.8	16.9	59.3	23.8
RCH	37	42.5	32.4	54.1	13.5
Leprosy	67	77.0	19.4	55.2	25.4
AIDS	39	44.8	41.0	35.9	23.1
IUD	18	20.7	61.0	33.3	5.6
MPW	20	23.0	50.0	45.0	5.0
MTP	04	4.6	100.0	--	--
Others	45	51.0	46.7	48.9	4.4

The rating and percent trained for different health programmes reveal some interesting facets. Even during our discussion the findings in the table were repeated. Short term programmes particularly one-day training was disliked by most of the respondents. It was reported in all sub-centres that the faculty would arrive, generally, late and by the time the programme starts it is time for lunch and post lunch session - after heavy lunch is not very conducive for learning. The administration might have to confront with several problems in encouraging training courses lasting for at least a week. Given the large number of vacancies in the sub-centres, withdrawing ANMs for training for a week will certainly disrupt the skeletal services that reach the community. Arranging right resource person for the programme, communicating with the trainees etc. do pose hurdles in efficient organisation. However, given the rating of the trainees and assessment of the utility of these programmes it may be more productive to enhance the duration and enforce discipline of the resource persons.

There is also the problem of the size of the trainees. An elderly ANM reported that she was one of the 30 trainees in a programme and was sitting in the back row, hardly could hear what was lectured and instrument to be used

was only one which she could not see at all. By the end of the day she thought she would not have missed anything by not attending it.

A shocking observation which the earlier study (Kanbargi, 1996) had found was substantiated here that only one in five ANMs knows how to insert an IUD. It is widely acknowledged now that Indian Family Planning Programme is synonym with massive female sterilisation as they account for 80-90 percent of all acceptors. The programme managers argue that if women prefer only sterilisation what can be done? This argument is hollow as the eligible women who need contracepting method are not even fully aware of the choice they have. The district level information provided in Table 2 makes it very clear. It is only female sterilisation which is universally known in rural areas. Spacing methods ignored in the family welfare programme need urgent redressal.

Section II

Review of Training Impact : Insights from the Field

This section has tried to review the impact of training programmes on day-to-day practice of the respondents. It is classified as (i) Antenatal care, (ii) Identification of high risk pregnancies - (during Ante-natal care), (iii) Midwifery services and (iv) child care. These are all part of safe motherhood and child survival programme which is being implemented in the state for few years now. As it was revealed that only 60 percent of respondents have undergone CSSM training but interaction among trained and not trained possibly will improve overall performance of all respondents.

Antenatal Care

The antenatal period is of great importance in determining future course of events for an expectant mother. During pregnancy traditional practices are followed despite some modern knowledge. It surely influences the health care seeking behaviour of women and their health status that will have a great bearing on outcome of the pregnancy. One of the most important fact that affect pregnant women's health is the suggested strict diet regime - severe restrictions on food - what to eat and what not to eat. The strong dietary taboos can further

adversely affect the nutritional status of women most of whom are already malnourished. But there are also traditional norms that put restriction on activities that may have some beneficial impact.

The knowledge about conception is widely known to all - pregnancy is recognised by the absence of periods or nausea. If the ANMs are regular in their beat and meet all the potential women they are likely to know that a particular woman has missed her period and if she had a fairly regular cycle guess that she is pregnant. The care should start from registering such women.

The recently completed RCH survey (Kanbargi et.al., 1998) considered at least 3 ANC visits to each pregnant woman during her pregnancy, 2 anti tetanus injection and supplementing nutrition by providing folic-acid tablets for 100 days as minimum package to be ensured to each pregnant woman. The survey found wide variations across districts ranging between 78 percent in Dakshina Kannada - Coorg districts to only 21 percent in Gulbarga. There could be a variety of reasons to be explored. Many researchers have questioned the efficacy of this approach in reducing maternal mortality in the states e.g. a study conducted in Kanakpura rural areas found "ante natal care provided by the government was only "contact service" and are often routine that leaves much to be desired. Weight of most of the women was not recorded, not haemoglobin estimated nor urine test done. This is in marked contrast to services provided by private practitioners. Apart from providing tetanus toxoid and iron folic acid very little is done in government health care" (Jayashree Ramakrishnan et.al., 1999).

The findings from the present study fully agree with the above observations. The questionnaire had a check list of 14 items like (i) Registering a pregnant woman which should be the beginning of the service and when is it done? When a woman informs about pregnancy or during 3 - 5 months of pregnancy? It was assumed that ANM is supposed to visit the households routinely and during her visit a woman may report that her periods are postponed or missed. However, the respondents could not distinguish the nuance and the objective behind splitting the question in two parts and it was of not much use in over 50 percent of respondents. (ii) When they start supplying IFA Tablets, (iii) When the Tetanus Toxoid injections are given, (iv) When is the blood

pressure measured, (v) When urine test is done, (vi) when is the blood test done, (vii) when is the weight taken, (viii) when is the abdominal examination done, (xi) when is the vaginal examination is done, (x) Whether diet advise is given (xi) Whether advice on breast feeding given (xi) Whether the woman is informed about possible complications in pregnancy (xii) Whether contraceptive advice is given to either post-pone next pregnancy or avoid it and lastly whether need for post-natal check-up is explained? The following chart provides the responses of ANMs/LHVs to these questions.

TABLE 7 : ANTENATAL CARE KNOWLEDGE : PERCENT

Sl No	Check list	Frequency	
		Yes	No
1	Registration	100.0	0
2	IFA tablets	100.0	0
3	TT injection	98.5	1.5
4	BP	92.0	8.0
5	Urine test	96.6	3.4
6	Blood test	93.1	6.9
7	Weight test	96.5	3.5
8	Weight taken	100.0	0
9	Abdominal check	74.7	25.3
10	Diet advised	100.0	0
11	Breast feeding advise	100.0	0
12	Pregnancy complications explained	83.9	16.1
13	Contraception advised	94.3	5.7
14	Post-natal check advised	86.0	14.0

Most of the ANMs were aware of what is ANC and its importance. But they had problems with discharging these responsibilities because of lack of instruments required like BP instruments and stethoscope, chemicals needed for testing urine etc. In addition many ANMs were not sure what is high BP that need attention? Weighing machines were provided to only 10 percent of ANMs. Only one ANM in a sub-centre (Gulbarga) showed me two weighing machines - one for just born babies and other for adults. She had another weighing machine for babies who can be placed in the panel for weighing. But this was an

exception, checking haemoglobin content and RH - ve was not possible even in Community Health Centres and PHCs.

It was clear that the knowledge of ANMs is not fully exploited in providing quality care during pregnancy. To explore further we visited two ANC camps in Gulbarga district - one held in a sub-centre and another at a CHC. The Registers maintained revealed that in CHC about 20 percent of women were examined for blood pressure and taken their weight. It was reported that large crowd about 100-150 women makes it impossible to provide the text book - prescribed services to all pregnant women.

The sub-centre clinic was held in a school - an apology for quality service. There was one table and a chair courtesy the school and the room was partitioned by a thin dirty bed sheet for examining women. Hardly there was any privacy. There was a crowd of 50 - 60 women at noon still waiting for their turn to be examined. The Lady Medical Officer was tired but committed to do her best to the pregnant women who had walked long distances to come here. They had very little choice as the ANM staying in the sub-centre village was hardly equipped with her needs. She had hired a room at the back of the school. she had to collect water from a well and go to field for her natural calls. Her husband was staying in Gulbarga.

We observed that because ANMs have not been provided with required facilities they request the pregnant women to come to a ANC camp held once in a week or once in two weeks. The Sub-Centre we observed held ANC camps every week and serves about 10 near by village women. The camp naturally gets crowded making it difficult to do all required tests for each one. A seasoned medical practioner will take the blood pressure if she has reason to doubt otherwise in such situation no. Maintaining record of blood pressure, weight gain chart that immensely help in identifying high risk pregnancies/babies and planning safe deliveries is not possible. If the ANMs who are trained for ANC and used only for distributing IFA tablets and abdominal check-up it is gross under utilisation of their talents and putting more pressure on limited resources at the Sub-Centre causing great inconvenience to women clients.

The ANC section has two very important questions that are generally ignored. One was whether the expecting mother knows when she is expecting a baby - probable date of delivery. The ANM should be able to suggest the same. We observed 82 out of 87 were aware how to estimate the date of delivery. Another crucial factor is where it will take place? It is crucial because during ANC period there will be clear indication regarding the type of delivery - whether it will be normal or complicated. Depending on the need ANM can suggest the place. If it is going to be a normal delivery certainly can take place at home. If not, the family has to arrange for a hospital delivery including the resources. But surprisingly only two in three ANMs reported that they often suggest to women where they should go for the delivery. But the rest said it is to be decided by the family based on their economic situation. Our broad impression was, as mentioned early, the ANC means 3 visits to pregnant woman, 2TT injections and IFA supply of 3 months. Though it may be considered as minimum needed, much more has to be done to do justice to CSSM programme and improve the situation of women and children.

Identification of High Risk Pregnancies

Identification of high-risk pregnancies is the first and single most important step to be followed by going to a referral hospital fully equipped to provide efficient services to ensure safe delivery.

The responsibilities of the ANMs and LHVs listed in the Training Manual prepared by State Department of Health and Family Welfare under India Population Project (IPP IX) include urine test and blood test of all pregnant women for albumin, sugar and hemoglobin contents during their home visits. It also mentions that at least 50 percent of the deliveries are to be conducted by ANMs and the rest conducted by Trained Dais are to be monitored or supervised by ANMs.

The questionnaire has prepared an exhaustive list of symptoms that indicate high-risk pregnancies. Each ANM was asked whether they know what constitute risk to pregnant woman. The list prepared included risks related to last pregnancy termination, history of systemic illness, reported complaints during

pregnancy in addition to the generally known factors like first birth or higher order births, height of the woman, status of blood pressure, etc.

The knowledge reported in the following tables is based on combined responses - some spontaneous and others received after a little probing. The responses are presented in two formats for the convenience and understanding of the reader.

TABLE 8 : IDENTIFICATION OF HIGH RISK PREGNANCIES

Sl No	Symptoms	Aware (percent)	Not aware percent
1	Age less than 18 and over 35 years	88.5	11.5
2	1 st or 4 th and higher order births	74.7	25.3
3	Current pregnancy within two years of previous	62.1	37.9
4	Height less than 4' 10"	81.6	18.4
5	Abnormal weight gain - over 10 kg. Weight gained during pregnancy	52.9	47.1
6	Sustained high blood pressure over 140/90	50.6	49.4
7	Poor weight gain 5 - 6 kg only	48.3	51.7
8	Mal presentation of foetus	78.0	22.0
9	Weak or no movement of foetus	54.0	46.0
10	Convulsions in pregnancy	70.0	30.0

It may be mentioned here that many ANMs in Tumkur District reported that for this interview they had spent two sleepless nights to go through their notes/books of training period to refresh their memory like they used to prepare for their theory examination. However, the information provided in Table 8 and 9 is a disappointing picture. It was the respondents in 50+ age who had more problems in responding as they frequently said "we have forgotten many things taught long back". There were two respondents who were deaf and posed problems for communicating effectively.

It may be noted here that most of the respondents knew that short women constitute high risk during their pregnancy but they could not define what is short? Similarly they knew that sustained high blood pressure during pregnancy carry high risks but did not know exactly what is high blood pressure. As

mentioned earlier most ANMs do not possess the instrument and those few who had it, was not in working condition.

TABLE 9 : IDENTIFICATION OF HIGH RISK PREGNANCIES

Sl. No.	History of last pregnancy	Aware Percent	Not Aware Percent
1	i) Last pregnancy terminated as		
	a) Abortion	64.4	35.6
	b) Still birth	57.5	42.5
	c) Premature birth	55.1	44.9
	ii) In complicated delivery with prolonged labour ended with		
	a) Retained placenta	55.1	44.9
	b) Sepsis	60.9	39.1
2	c) In neonatal death	16.1	71.3
	Systemic illness		
	(i) Heart disease	71.3	28.7
	(ii) Diabetics	77.0	23.0
	(iii) TB	57.0	43.0
3	(iv) Hyper tension	83.0	17.0
	Woman complains of		
	(i) Breathlessness	32.2	67.8
	(ii) Excessive tiredness	44.8	55.2
	(iii) Palpation	48.3	51.7
	(iv) Puffiness of face	35.6	64.4
	(v) Tightening of ring/bangles/chappals	62.1	37.9
	(vi) Vaginal bleeding	52.9	46.9
	(vii) Pain in abdomen	36.8	63.2
	(viii) Fevers	18.4	81.6

The responses presented in tables 8 and 9 reveal inadequate knowledge about identification of high risk pregnancies among the ANMs. The focus group discussion clearly brought out the problem of ensuring safe deliveries even in cases of identified high risk pregnancies as the required facilities were not

available even at Community Health Centres supposed to be first referral centres.

An example of a maternal death reported in one PHC area would explain the situation on ground level. The woman who delivered a baby with the help of a trained Dai and developed complications on third day. She was bleeding. The PHC kept her for a day with medication. The bleeding did not stop and she was advised to go to District hospital in the night. The family could not arrange transport and resources. Instead they took her home and she died next day. Some enquiry was conducted and the case was hushed up.

The data collected on ANC services and ability to identify high-risk pregnancies reveal that there is a long way to go to achieve effective reduction in maternal mortality and infant mortality. As noted earlier ANC means three visits to pregnant woman, 2TT injections and 100 IFA tablets. Even this minimum package of services have made considerable impact in bringing down IMR in the state, further decline depends upon improving the services of ANMs, infrastructures of PHCs and CHCs to reach the goal of IMR 30 mentioned in the policy statement of 2000.

Institutional Births

Institutional deliveries are meant to provide safe motherhood and the resultant significant reduction in maternal deaths. Wide variations were observed in them in the selected districts - from about 79 percent in Dakshina Kannada to only 21 percent in Gulbarga. ANMs in Udupi reported that many of them have not conducted a single delivery during last five years because women prefer to go to maternity homes or Government hospitals at District level. The private sector health services in Udupi - particularly the Manipal Hospital have expanded their maternity services to rural areas that has almost ensured safe delivery to any woman - poor or rich. Our visit to a remote place in Udupi where we had to cross a river to reach the village revealed that just a telephone call to the Manipal Hospitals maternity home situated at a distance of 14 kilometers will provide them not only free delivery but also free ambulance service to transport the pregnant woman to the hospital. The public-private co-operation observed in the

district is really remarkable to try in other poor districts like Gulbarga or Bellary that can improve accessibility to good care and go a long way in ameliorating the sufferings of poor women.

As a contrast to Udupi ANMs who have not conducted a single home delivery during last five years, committed ANM in Gulbarga where there is hardly any choice for most rural women reported that she conducted 120 deliveries this year of which 20 were high risk whom she referred to CHC and ensured safe births. Another ANM reported to have conducted 94 out of 99 births in her areas this year - 5 being conducted by a trained dai. These two ANMs stay in the sub-centre quarter and a visit there will convince that they were model sub-centres. The two ANMs were residents there, available any time for service, had BP instrument, weighing machines for babies and adults, providing good ANC by testing urine, keeping records of weight to know the gain, recording BP of all women and ensuring the pregnant woman at least one check-up by a lady medical officer to confirm that every thing is OK with all her clients. The outreach programme might have conceptualised such sub-centres as models. But they are exceptions now as ANMs having no housing facilities stay in a place where she can get a house on rent and naturally night deliveries can not be attended by her.

Identification of High Risk Babies (Who weighed less than 2500 gms at the time of Birth).

The data collected in Reproductive and Child Health (RCH Phase 1) survey in the selected three districts revealed that only about 7 percent of babies born in rural areas in Gulbarga district were weighed after birth and 58.3 percent of them were under weight (less than 2500 gms). On the other hand in Udupi (Dakshina Kannada) 62 percent babies born were weighed and only 13 percent of them were under weight and in Tumkur about 28 percent of babies' weight was recorded and 20 percent of them were reported weighing less than 2500 gms. These findings present a grim picture for Gulbarga and also to some extent Tumkur that certainly fare better than Gulbarga for underweight babies who carry high risk of death. Though one of the simple measure to reduce this incidence of

low weight babies is to improve the nutritional level of the mother by supplementing her diet and providing IFA tablets, the ANMs should have knowledge of the under nourished mother and the need to supply IFA tablets to them in their area.

The RCH survey reports that in Gulbarga where the proportion of low birth weight babies is highest in the study area only 48 percent of pregnant women had received IFA tablets, it was 87 percent in Tumkur and 92.3 percent in Udupi (Dakshina Kannada). It is difficult to understand why this simple low cost remedy available is not taken seriously in Gulbarga where it is absolutely essential.

It would be interesting to note here our observations and the community perceptions about how these essential services are delivered by ANMs.

Our interaction with community leaders and women in particular provided surprising data. We met a Lady Panchayat Chairman in Gulbarga who was in her late forties, literate and was having concern for women's issues including their health. She said that the ANM stays in the village (only village she is to serve as it is quite large with 3500+ population), has a telephone at home and also keep some essential drugs for emergency. She conducts most of the deliveries in the village by charging anywhere between Rs.300 - 1000 depending upon the economic status of the family. But she never visits any home for providing services. People have to call her on phone or meet her personally if they require any service - of course at a price. The Lady Panchayat Chairperson did not know that ANM is supposed to visit all families in her jurisdiction to enquire the welfare of women, their pregnancies, children health etc. Even her husband and many others who gathered there during our focus group discussion reported ignorance and said the panchayat will issue a letter to the Medical Officer in this regard soon to ensure her services to all homes in the village. It would not be surprising in such situation that poor and scheduled caste women may not be able to avail her services free.

This was not an exceptional example in Gulbarga. In three more sub-centre areas we observed similar things. Absence of good roads and transport facility may be important hurdles to ANMs in addition to inadequate housing

facilities. But administration both in the health department and at Zilla Parishad should try to improve the situation to ensure accessibility to health care for all. Rarely, except in one we could see a chart showing ANMs' travel programme for the week usually displayed in all PHCs. It was also surprising that many ANMs/LHVs in Gulbarga were not found wearing uniform white saree during working hours. But in Tumkur and Udupi we did not see any ANM/LHV not in the uniforms.

However, an effort was made to know respondents' abilities to identify high risk new born babies (who weigh less than 2500 gms) by check-listing some symptoms.

TABLE 10 : IDENTIFYING HIGH RISK NEW BORN BABIES
(WEIGHING LESS THAN 2500 gms)

Symptoms	Aware (percent)
Refusal of feed	78.2
Increased drowsiness	56.3
Difficult breathing	75.0
Cold to touch	55.0
Yellow staining of skin	62.0
Convulsions	26.4
Others	14.9

The data presented in Table 1Q reveal that there is much to be desired. However, some ANMs were aware that if the baby is cold, they would keep it under 200 watt electric bulb to improve the body temperature of the baby.

Acute Respiratory Infection (ARI)

Only about half (52 percent) of the ANMs were aware about Acute Respiratory disease and 85 percent of them had knowledge of at least one symptom of ARI and also were aware that it is an important reason for high IMR.

Pneumonia

Most of the ANMs (91 percent) were aware about pneumonia and more than half of them knew one or more symptoms of pneumonia like excessive drowsiness, respiratory grunting, convulsion and inability to drink.

Diarrhoea and Dysentery

Diarrhoea, a major killer of infants and its symptoms like passage of watery stools 3 – 4 times a day was known to 92 percent of ANMs. However, there was confusion among many in distinguishing diarrhoea from dysentery which has symptoms like blood in faeces, abdominal cramps, fever and weight loss. Only one in five respondents were aware that diarrhoea/dysentery is a major killer of infants. All respondents were aware (100 pr cent) of dehydration that follows dysentery/diarrhoea and could mention all the symptoms like restlessness, decreased skin turgor, dry mouth-tongue, sunken eyes and lethargic appearance of the baby. Management of dehydration through measures such as giving ORS or home made syrup of sugar and salt, plenty of fluids, and continue breast feeding was known to all respondents.

The strong emphasis given to the child immunisation was reflected in every respondent knowing what immunisation is to be given when. Liquid IFA, however, to be given to malnourished babies was known to only one in four, perhaps it is not supplied in the state. It was reported that children are given small IFA tablets.

Knowledge about Cold Chain

While immunisation coverage has shown remarkable improvement over time, quality of immunisation has remained a question to be answered. Is cold chain maintained to ensure the required vaccine potency? We wanted to test whether personnel who play a key role in immunising children know about cold chain?

It was revealing experience for the research team which visited a Primary Health Centre in Gulbarga district. It seems a diary is to be maintained and the temperature shown on the thermometer of the new type refrigerator in the PHC

where vaccine is stored is to be recorded by the Medical Officer. We were surprised the recording in the diary was up to date with recorded temperature, date and signature of the Medical officer but the thermometer that indicates temperature was not working for several days and not repaired. It was also clear from the observation of the diary that all the entries for the month were made the previous day. Neither the staff nor the clients who receive were aware of the importance of maintaining cold chain to ensure effective immunisation.

Compare this with what was reported by almost all respondents in Udupi. They said that the immunisation day for them will become a nightmare if power in the area was shutdown even for half an hour as mothers would object for immunising their children as there was power shut down yesterday as such what guarantee is there of the vaccine potency? With all the explanation by the ANMs about the advantages of new freezers that they have, some mothers would still prefer to go to private practitioners for immunisation. These observations, though accidental, reveal the casual approach adopted by qualified responsible authority whom the illiterate and ignorant community trusts and it deserves serious consideration in the department to ensure that there is responsible approach to immunisation. Under the circumstances it was not surprising that about 40 percent of respondents expressed their ignorance about the required temperature to maintain the vaccine potency.

Infant Feeding

There was a question to check the respondents' knowledge on exclusive breast-feeding. What does it mean? How long a baby should be exclusively breast-fed? Response of all the respondents was that babies should be breast-fed for 3 months. They also knew the advantages that exclusive breast-feeding provides more nutrition (90 percent), protects against infections (87 percent) but only 46 percent knew about its contraceptive effect. The RCH survey 1998 found that in Gulbarga babies being breast fed within two hours of birth accounted for only 9.5 percent while it was 36 percent in Tumkur and 47 percent in Dakshina Kannada District. Continuously repeated advantages of cholostrum milk that provides effective immunisation to babies is almost denied in Gulbarga. The

general opinion of ANMs was their advice during ANC and delivery does not make much sense against the strong traditional beliefs that still govern the community behaviour.

Weaning

We also enquired whether the respondents are aware about weaning? And when to start it? Each ANM reported that breast milk will be inadequate to babies growth after three months and babies will have to be introduced to some other semi solid foods like 'Ragi Sari', 'Rice Ganji', 'Bele kattu or liquified pulses' etc. which can be prepared at home with locally available food. Few of them reported that they also suggest to mothers to go for baby food-available in the market. More than 70 percent of ANMs in Udupi reported that weaning food also can be purchased from market.

While the latest WHO recommendation is that exclusive breast milk should continue for 6 months and only afterwards weaning foods be introduced, all available evidence in Karnataka show that there is need to improve the understanding of mothers in rural areas about the advantages of cholostrum milk and exclusive breast feeding. Surveys have reported wide spread practice of squeezing cholostrum milk and feeding just born babies with variety of liquids like sugar syrup and castor oil with enormous health hazards. The respondents reported that during Mother's Club meetings as well as during ANC they explain all the advantages of breast-feeding including cholostrum milk however, the outcomes are poor. In this regard there is need to consider for vigorous campaign and improved IEC programme. Several babies, we saw in ANC camps in Gulbarga and Tumkur convinced about the poor health status of surviving children. They were looking thin with sunken eyes. It is possible that under-nourished mothers even though supplied IFA tablets were not regularly consuming them to derive the benefits.

General Knowledge

We perceived ANMs/LHVs as backbone of rural health delivery system. They are the link between the vast rural illiterate women and modern health care

providing PHCs. They are expected to visit every household in their area and are familiar with each of the household that make them not only a health worker but a friend, philosopher and guide to those women. During their visit they may conduct mothers' meeting to provide them important information on their own or have to answer some questions raised by their clients. Therefore their knowledge and advice carries great impact as such this study attempted to assess how familiar they are with the population problem - particularly whether they knew that India's population has crossed 100 crore mark. We asked what is India's population and gave three hints - 50 crore, 150 crore and 100 crore. Only 46 percent of them could say it is 100 crore.

It was noted earlier about the low age at marriage of females and its consequences on IMR, MMR and also fertility levels. Marriages before a girl attains 18 years of age are legally prohibited. But its impact is negligible on the marriage age. Only 79 percent of respondents were aware of legally approved age at marriage of boys and girls. One in five respondents were not aware themselves and they may not have discussed about it in the meetings of mothers. If female age at marriage continues to rise as slowly as is observed despite all efforts then what are the options left to policy makers to reduce its consequences? Or should this area be left as nothing can be done as it is parents of the bride and groom who decide the marriage and who are not bothered about the age? Marriage is certainly a complex social and economic issue. Good harvests see more marriages in any village and droughts few or no marriage and difficult to bring interventions to drastically change the pattern.

In this situation female health workers can play a very important role of motivating the young married couples to postpone the first birth by a couple of years or till the young woman attains 20 years. The focus group discussion revealed that talk about contraception will begin only after the couple has one or two children and intensive efforts begin only after 2 children. It is obvious that if sterilisation is considered as the only suitable method for the couple by the ANM, there is no alternative. But can they not advise them to use condoms or safe period or even least harmful orals that are available in the market? They are not trained to motivate couples for adopting spacing methods.

The focus group discussions also brought out some interesting problems ANMs face in the field. It was reported that the distribution of IFA tablets to pregnant woman generally starts in fifth month of pregnancy. If given soon after registration of pregnancy of the woman and the pregnancy is terminated in abortion women hold the ANM responsible for it. Because it is she who supplied IFA tablets saying that her health will improve and on the contrary she had abortion. Such news spread very fast in villages the whole village may turn out hostile and ask her not to give those tablets to any pregnant woman in their village. Similarly motivating for contraception is confronted with the problem of child survival. If the only son among the two the couple has, dies, ANM will not be forgiven for motivating them to accept sterilisation. So to play safe they said it is better a couple should have two sons and a daughter before undergoing tubectomy. It is not surprising that NFHS II found 90 percent of sterilised women had not adopted any other contraceptive method before. Distribution of Pill and Condom through public sector, therefore, constitute insignificant proportion in rural Karnataka.

This background is aptly reflected in the responses of ANMs/LHVs as 18 percent of them could not say what is safe period and explain it correctly. But 95 percent could explain what tubectomy is and how it is performed because they reported that they explain it to all potential acceptors.

Medical Termination of Pregnancy

Abortions were legalised in India in early 1970s and the number of legal abortions have increased significantly over the time as also approved places for conducting abortions. But rural women are deprived of this facility as most of the PHCs in the study area do not have the equipment or person/approved by the government to provide abortion facility to women. None of the ANMs are trained to conduct MTP and when we asked them when would they recommend MTP to women? It was disappointing that none of them had suggested any woman to go for an abortion. Looking at the clandestine abortions reported and observed by the hospital records showing sepsis/infections caused by quacks while aborting and admitted to hospitals in serious conditions, there is need to examine what

ANMs can do in rural areas. While ANMs took a moral stand and their response was very firm in reporting that they neither perform nor recommend MTP to any woman that does not reflect reality.

The job responsibilities listed by the Department of Health and Family Welfare 1999 clearly has mentioned that ANMs should identify women in need of MTP and inform them the nearest approved place for MTP to obtain an MTP. We think there is an urgent need for a debate on the issue of providing this facility to rural needy women.

The Eligible Couple Register

Eligible Couple Register the Female Health Workers are supposed to maintain and keep it up to date with all relevant information. It is a valuable document that guides in her work. It has all information she needs - how many currently married women are there by contracepting status and number of children, helps in identifying children in need of immunisation, and women in need of advice on nutrition, etc. A general complaint emerged in all our meetings was the shortage of EC Registers - some places not supplied for 7 - 8 years and ANMs have to purchase a Note pad and record the information to the best of their abilities. Non-supply or irregular supply certainly creates serious problem in compiling service statistics from Sub-Centre.

We wanted to learn from ANMs whether still they feel EC Register serves an important purpose and help them. There was a unanimous response that it is important and they should be supplied EC Register so that they will be able to improve their performance.

Mothers Meeting

The respondents also informed that they routinely conduct mothers' meetings and discuss different health issues and about nutrition. They think that these meetings will become more effective if the ANMs are provided with educational materials for use during the meeting to make the meetings more productive.

Advise to Adolescents

The needs of the adolescent girls that were ignored for long is getting attention now. There are special programmes designed for their benefit to improve their knowledge about personal hygiene and health. There were few reports of providing Tetanus Toxide injection to these adolescent girls. What was interesting to learn from many ANMs was that often in mothers meeting some adolescent girls also participate and when the topic of contraception / pregnancy is to be discussed they are asked to go out as they need not learn about contraception because educating these unmarried girls in Family Planning methods because of the fear of using them before marriage. Given the sea change that is being realised through recent research on changing sexuality in the society and the AIDS threat becoming more and more serious there is need to think about what should be the policy for these girls. Most of whom are illiterate and ignorant of many vital issues concerned with their own person. If they are educated about contraception will that enhance its use after they get married?

Summary and Conclusions

The short term intensive study was carried out in three districts of Karnataka State that widely differ in health and demographic indicators. The main objective of the study was to assess the various training programmes the grass root level female health workers (ANMs/LHVs) have undergone, extent of their utilisation by them in their day-to-day work. The study went beyond the stated main objectives to examine whether providing training per se will improve health care services as its effective exploitation is related with a host of other factors like infrastructure, equipment and team spirit at PHC level from where these services are organised, supervised and monitored.

The focus of the study was confined to those training programmes that were designed to improve the health status of women and children – more specifically in reducing further IMR and MMR. For this intensive study selected 3 districts – Udupi, Tumkur and Gulbarga. From these three districts 8 Taluks and 22 Primary Health Centres were selected. All Female Health Workers

(ANMs/LHVs) numbering 87 of these centres were administered a standard questionnaire that was specially constructed to check their skills required in their work. The 87 respondents were covering a population of 2, 61, 155.

All respondents had successfully completed the foundation course - 18 months and few had 2 years training programme. The gap between the completion of course and joining the service for many was large and few exceptional cases it was 4 – 5 years.

The general impression of the respondents regarding their training that some had completed 30 years back was that there was inadequate attention to practical hospital training and training in field work. An indication of this was the reported 'shaking of hands' during the first delivery conducted by most of them. There were one-or-two exception to this general observation. An ANM in Gulbarga mentioned she had the best opportunity of conducting 24 deliveries during her training period under the able supervision and guidance of a gynecologist. It was suggested that training programmes should be need-based and practical in real life situation and not just lecturing with lot of information.

There was long gap between Foundation course and the next most important training programme related to maternal and child health viz. CSSM training. The findings show that still 40 percent of ANMs have to undergo this programme that has great relevance to reduce further IMR and MMR.

It was shocking to find that most of the ANMs are not trained to insert IUD. Policy studies have repeatedly highlighted the urgent need to enhance use of spacing methods particularly among rural women, as it will have direct good impact on the health of women and children. This needs serious attention.

Similarly ANMs/LHVs need to be more sympathetic to women's need for Abortion. Whether they can be trained to perform medical termination of pregnancies is a technical question to be decided by experts, we strongly recommend that at least MTP service be made available at PHC level and ANMs/LHVs should be trained in the legal aspect of MTP and when they can recommend it to needy women.

In addition to CSSM, a host of training programmes have been conducted for the respondents. A general observation is that the short term training

programmes of one or two days have been rated as not very satisfactory by the respondents. There was a strong suggestion of all respondents in Tumkur and Gulbarga that Continuing Education programme for a week should be a regular feature to update their skills and knowledge of maternity and child health. This programme should be holistic and may cover other relevant contemporary health problems in the state / district.

Identifying high risk Pregnancies

The findings suggest that there is a need to have as suggested above, one week Continuing Education programme to enhance the knowledge and skills of ANMs/LHVs of pregnancy management. Except in Udupi/Dakshina Kannada and Kodagu districts where Institutional deliveries have become a rule in all other districts where domiciliary deliveries dominate, the improvement of the knowledge of ANMs with intensive training should be given serious attention. ANMs/LHVs must have knowledge of measuring blood pressure, testing urine for albumin and sugar and keeping these records for all pregnant women. These services should be provided to women in their homes by ANMs in addition to TT injections and IFA tablets. It should be followed by blood test of each woman for haemoglobin content at PHC level. It may be noted that we had trained Field Investigators of NFHS II Survey to measure haemoglobin of all women in the sample at their home in each village. It was possible because very simple to use technology was made available from USAID. It should not be difficult to obtain this technology by the state government for use of ANMs/LHVs. The time taken for the test is very little-just 1 minute per woman at their door step. Unless minimum package of services are ensured to all pregnant women and each high risk pregnancy is identified and taken to nearest referral unit for safe delivery, MMR will continue to be very high.

Identifying high risk babies also needs serious attention. Knowledge of Acute Respiratory Infection is very poor among the respondents. NFHS II reports that about 34 percent of children were suffering from ARI in Karnataka indicating the serious nature of the illness and its consequences. The present study found that ANMs were confused when asked to distinguish between the

symptoms of diarrhea and dysentery. As 15 per cent of children in the state were found to be suffering from these illness improving the knowledge of ANMs and LHV's in identification of these illness and ARI is to be given immediate attention. It was, however, satisfying that Oral Rehydration Therapy (ORT) is universally known not only to ANMs but also to mothers.

Immunisation coverage in the state has shown gradual improvement as revealed in the service statistics. We came across a report in Gulbarga that a baby afflicted by polio in a village was living next door to the sub-centre. Looking at the crowd in Immunisation Centres with several agencies participating, a child may miss immunisation. ANMs were found to be well versed with immunisation process and were confident that all children in their area are protected. While in Udupi Rotary, Lions, Womens Organisations, College Students and many enlightened women participated in pulse polio in a big way even in rural areas such support in Tumkur and Gulbarga was more concentrated only in District towns.

Respondent's knowledge about benefits of exclusive breast feeding and weaning was appreciably good and needs periodic updating. Their understanding of India's population and legally approved age at marriage for males and females was found poor that needs to be up-dated.

The most glaring lacunae reported by ANMs and LHV's in their training is lack of communication skills and inadequate attention to it in any of their training. Simple observation is that to combat with strong traditional practices having serious adverse impact on women and children like squeezing of cholostrum milk needs intensive campaign. It would be effective only when ANMs can play an important important role. Similarly introduction of spacing methods to young married couples would be facilitated greatly if ANMs are properly trained to convince the young village couple of its advantages.

Most crucial issue to be considered here is that training, upgrading skills and information becomes inevitable to improve overall health status measured in several ways. The goals set in the health sector can be achieved when such relevant training programmes bring in qualitative changes in the services provided to clients. If all that is told in training programme is difficult to put in

practice because of lack or absence of infrastructure, equipment and other supplies the purpose of training cannot be served.

It was observed that vast expansion of health care services - personnel during the decade is not followed by adequate care and required resources. The quick expansion perhaps created a problem of finding professionally trained personnel. A look at the staff position at district level is surprising if not shocking. If health care service delivery is ensured with or without these large number of vacancies, it is in itself an indicator of quality care.

At policy level, it is desirable to think of a district or a group of districts for intervention. For example in Gulbarga and Tumkur and such other districts there is need for greater attention to improve the management of pregnancies and their outcomes which may need more resources like improving PHC/Sub-Centre infrastructure, equipment to ANMs such as BP instrument, chemicals to test urine, haemoglobin/blood test etc. Where as in Udupi, Dakshina Kannada, Coorg with good adequate support from private sector this problem is not there. But AIDS is looming large in these districts with large out migration of males and females. We heard reports of AIDS deaths caused in every village we visited with documentary evidence. All the deaths had occurred to the return migrants and it seemed as if they all came home only to die.

At state level there is a uniform policy of resource allocation for health sector. If some districts perform poor as indicated by several indicators it would be necessary to ensure that administration in these districts are pulled up. The poor perception of people regarding the public health care system in health poor districts needs serious attention. Precious public resources deserve more productive use. The backward nature of some districts is known for long for over four decades and these districts have remained at the bottom even now. Unless some fundamental change is brought in the administration for improvement they will continue to be at the bottom.

Nayak Committee recommended that PRIs should have powers of transferring group 'C' and 'D' employees, the State government is yet to accept it.

The Present Study

In this background of one step forward and two steps backward policies pursued during the last two decades the present study has attempted to examine the working of Public Health Care System under the contemporary Panchayat Raj System in Karnataka.

Objectives

The main objectives of the study are :

- 1) To identify areas of confrontation/friction between elected representatives and the officials of health departments at district level and below and identify the underlying causes as attitudinal, legal, procedural and others.
- 2) To examine the legal procedural factors that need modification for smooth effective functioning of PRIs and health functionaries.
- 3) To study the disparities in health indicators across the districts and across social class within the districts and how PRIs intervention can reduce them.
- 4) To study the delivery of public health care services, identify best practices followed that can be replicated in the state to improve the outreach services.

Data and Methodology

Considering the limited time and resources it was decided that the study would confine to three districts of the state. The required data was collected from various elected representatives at district, taluk and gram panchayat levels, from health staff working at various levels like District Health Officer, Taluk Medical Officer Medical Officer at PHCs, PHUs, CHCs, Para medical staff, staff dealing with administrative work and most importantly the general public from 31 villages randomly selected. It was focus group discussion on various issues that provided valuable insights for the study. The general public, however, was

administered a questionnaire to understand the extent of their participation in PRIs and their understanding of quality of health care services delivered

At the outset we met the members of the Karnataka Government Medical Officers Association – a strong body of over 500 medical officers as its members. The discussion revolved around various issues confronting them in general like the reported corruption in the department – particularly charges against the medical officers, their perception of decentralised governance and its pros-cons on their functioning and the contemporary service conditions.

Emerging Issues : Confrontation

The prolonged discussion with the office bearers at the state brought out the issue of working under decentralised system of governance and their strong resistance to it. It was also revealed that in the current situation all the medical officers would not aspire for the post of District Health Officer as compared to the earlier days when there was a rush to hold the coveted post that carry not only enormous responsibilities but also a high status – equivalent to any other district level high officials like Deputy Commissioner. Today he is at the receiving end only – ZP will hold him responsible for every thing that may go wrong like a cholera cases, malaria cases detection in his area which rightly cannot be considered as his responsibility only. It is concerned with water supply or supply of DDT for spraying that cuts across the departments.

The health department officials also are harassed by the elected representatives as revealed by the Association of office bearers. It was told that DHO has left with little time to attend to his enormous responsibilities because of several meetings he has to attend during a month (at least 6 statutory) and there are visits from Ministers that need DHOs presence and there is hardly any time left for his work that results in poor supervision and monitoring the health programmes in the district. In addition, the elected representatives who are drawn from different socio-economic background and new to their work do not know how to conduct themselves with the bureaucrats who expect respect – regard from every one. The Association expressed strong reservation about the

way Medical Officers are treated by the elected representatives and reported that it was most inappropriate.

In addition to the above mentioned confrontations the Association was more disturbed with the way promotions were given, how a very junior medical officer became his senior boss because he possessed a Diploma / Degree in Public Health. Their view was that public health and its intricacies can be learnt by any medical officer through his experience and he may perform better than a person who possesses the degree/diploma in public health. It is not very relevant for this study to deal with this issue in detail as the ZPs or TPs are not authorised to deal with such issues which lies with the State government. It was clear from the above discussion that the strong resistance to work under PRI by the Karnataka Government Medical Officers Association was not on any ideological or legal – structural issue but based more on their stray – scattered experience with some elected representatives. The meeting, however, provided valuable insights for conducting the study.

The Study Area

The study was to be confined to three districts but another district was added to it based on the reported problems of confrontation between health bureaucracy and ZP there. The three districts were selected on the achievements in health sector. Udupi – a newly carved district is much ahead of most of the districts in the state in terms of education particularly female education, health and also other development indicators. Tumkur is situated in the middle level and Gulbarga district is still a backward district (Table 1).

Table 1 provides valuable insights in the existing disparities in the selected districts in terms of health and education. Udupi is an advanced district, whereas Gulbarga has retained its backward status during last five decades of reorganisation of States. Tumkur has performed better than Gulbarga but is poorer compared to Udupi. Thus the findings from this study would present a representative picture of the state.

Table 1 : Development Indicators in the Selected Districts

District/ State	Crude Birth Rate 1999	Percent women contra- cepting	Percent safe deliveries	Crude Death Rates 1990-91	Percent females literate 1996	Percent children aged 12-36 months immunised fully	Per capita income 1995-96 (Rs.)
	1	2	3	4	5	6	7
Udupi	19.7	63.7	91.5	7.0	78.5	86.0	2632
Tumkur	24.1	61.3	63.5	8.2	51.1	88.0	2047
Gulbarga	30.1	39.2	47.7	10.7	30.9	25.3	2431
State	22.5	58.1	68.2	8.5	52.7	70.5	2558

Source: 1,2,3 and 6. RCH Survey 1998 (Phase 1)

4,5 & 7. Human Development Report (Karnataka) 1999, p.78, 255, 212.

The presentation of the report will be in four sections. The first section would present the health status of people and highlight the observed disparities by social class and caste. The second part would discuss, given these disparities, what the PRIs can do to improve the situation and the third part would present the findings of the data collected from the PRI visits followed by summary of the findings and recommendations.

Section I

Health status of a population is determined by several factors including health care services. It is closely associated with genetic, social, economic, cultural and political factors. Although interaction among these factors is multidirectional and complex, it is increasingly being realised that an integrated approach to development would minimise conflicts and undesirable side effects of sectoral approach. But what should be the critical mix of these interventions to obtain the desired results is not very clear and planning in most of the countries and at states within the country is still dominated by sectoral approach. The significance of health care services is that they can reduce pain, sufferings and deaths many of which could have been minimised by an integrated approach to

development. The health care services have to ensure quality at an affordable cost to the population. There are differentials in access to health care services in India and also in the State of Karnataka by urban / rural residence. Good health care services are concentrated in urban areas and do provide a choice to people – either avail public health care services – which are also relatively better in urban areas as compared to rural, or and also avail private health care services that are more concentrated in urban areas. Residents in rural areas have to increasingly depend on public health care services particularly deprived sections like Scheduled Caste and Scheduled Tribe population or those living in remote inaccessible areas where either private services are not existing or scarcely available. If public health care services are not easily accessible it will have more adverse impact on rural poor particularly the SC/ST population.

In order to improve the accessibility to public health care services the Central and State governments have been trying to expand these services hoping that all sections in rural areas are benefited from them. As a result it is observed that during 1960-61 on an average a Primary Health Centre (PHC) served 81,000 population whereas at present (1996-97) a PHC serves only about 21,500 persons. Similarly a female health worker (ANM) was serving about 8000 persons during 1980-81 while in 1996-97 she is serving only about half of that population. These public health care services are supposed to be free and therefore the poorer sections who may find private health care relatively expensive may use them more than the affluent rural population. Particularly the women belonging to SC/ST may 'benefit from the free care provided by the government. But intensive research studies carried out in the state present a different picture which is very disturbing.

It would be in order to note how the public health care services are delivered before presenting the observed disparities reported in the research studies. Looking at the disproportionately high mortality and morbidity among women and children at national and state level delivery of services are concentrated on women and children. The grassroot female health worker popularly known as ANM provides these basic services. In order to make child

births safe she is trained to provide antenatal care at the home of the pregnant women in her area that has about 4000 population. On an average there are 165 – 170 eligible couples per 1000 population. She has about 500 – 600 eligible women some of whom need this service. The ANC package includes a list of services that she is supposed to provide to every pregnant woman to ensure safe delivery, survival of woman and her baby. The following table provides some insights into how these services widely differ among the community by caste, economic status, education of the woman and by rural/urban residence in 10 districts of Karnataka.

Table 2 : Access to Antenatal Care by Social and Economic Background of Women in 10 Districts of Karnataka 1998

Sl No	Type of service	Residence		Caste		Education		Type of House	
		Rural	Urban	SC/ST	Others	Illiterate	SSLC +	Kuchha	Pucca
1)	No ANC	12.9	5.6	17.0	8.9	18.9	0.6	22.6	3.4
2)	First ANC visit during								
	a) First Trimester	52.6	72.0	48.5	62.0	42.7	84.1	37.9	80.1
	b) Second Trimester	28.9	20.1	29.4	25.1	31.7	14.5	32.4	15.0
	c) Third Trimester	5.6	2.3	5.1	4.0	6.8	0.8	7.1	1.4
3)	All 3+ ANC visits	74.0	88.0	68.7	81.0	65.3	95.9	58.9	92.6
	Percent women								
4)	Whose weight was taken	41.7	77.5	37.1	56.1	32.9	58.7	23.5	80.9
5)	Whose B/P was recorded	57.2	86.3	49.8	70.3	46.3	78.0	39.7	90.4
6)	Who were given IFA tablets	72.5	72.5	66.9	75.2	65.9	77.7	61.1	78.1
7)	Who were given 2TT injections	65.0	78.7	58.9	72.3	56.5	75.0	49.0	84.1
8)	Whose abdominal check-up was done	72.2	91.9	74.4	84.2	69.7	97.4	65.3	93.1
	Total No. of women	2222	896	772	1811	1571	692	685	619

The data clearly brings out the differential access to the public health care services in the State. It is the Scheduled Caste women, illiterate and those who

live in kuchha house, in other words 'poor' are relatively more deprived of these essential services. Though we do not have data on infant mortality and maternal mortality the NFHS II reports very high IMR in rural Karnataka areas for SC/St and illiterate women.

The information on place of delivery also reveal differentials by caste. While for the state as a whole RCH First Phase reported 52.4 percent institutional deliveries it was only 42.4 percent in rural areas while it was 77.3 percent in urban areas. Among Scheduled Caste women only one in 3 deliveries were in an institution whereas it was 57 percent among others. Out of those who lived in kuchha houses only 29.6 percent were able to go for delivery to a health facility while those better of 81.7 percent delivered in a health facility. It is worth noting that the home deliveries of SC women mainly were attended by neighbours/relatives or untrained dai (74 percent). In other words, even those who give birth at home are deprived of ANMs' or trained dais' services that increase the risks associated with child-birth among the poorer sections.

The new born babies are protected against killer diseases by vaccinations. The data provided by the RCH Survey reveal wide disparities in its utilisation and poor accessibility.

Table 3 : Accessibility to Immunisation Services in Karnataka by Social – Economic Background of Children Born During 1.1.1995 to 10.6.1997 (percent not received)

Type of Service	Residence		Gender		Caste		Education		Housing	
	Rural	Urban	M	F	SC/ST	Others	Illit-	10 yrs+	Kuchha	Pucca
1) O Polio	61.8	30.8	53.0	53.0	69.7	50.0	72.6	22.9	75.5	22.9
2) BCG	18.5	9.4	13.7	18.2	27.6	11.5	26.6	1.3	34.6	4.7
3) DPT	18.3	11.3	14.7	18.1	26.6	12.6	26.7	1.1	32.6	5.2
4) Polio	11.6	8.2	9.0	12.3	17.3	8.2	17.8	1.4	21.7	3.7
5) Vitamin A	52.8	49.2	49.8	53.9	59.1	48.0	61.2	35.6	66.1	39.7

The differentials observed at state level hide the regional differentials which are more pronounced. The following table provides these differentials in the selected districts.

Table 4 : Access to Antenatal Care in the Study Area by Socio-Economic Background of Women 1998 (per cent not received)

District	Residence		Caste		Education		Housing	
	Rural	Urban	SC/ST	Others	Illit.	10 years +	Kuchha	Pucca
Udupi	2.0	00	5.2	00	4.7	00	2.2	00
Tumkur	4.8	2.4	5.9	3.8	8.5	00	4.8	00
Gulbarga	34.0	14.8	28.5	26.8	35.5	3.1	32.1	27.2

The tables 4 and 5 are self explanatory and in this background it was not surprising that the RCH survey reports maximum number of infant deaths in Gulbarga district (17) during the reference period and all in rural area whereas Tumkur reported 9 deaths – 8 in rural areas whereas Udupi reported only 3 infant deaths all in rural areas.

Table 5 : Access to Immunisation of Children Born During 1.1.1995 to 30.6.1997 (per cent not received)

District	Residence		Sex		Caste		Education		Housing	
	Rural	Urban	M	F	SC/ST	Others	Illit.	10 yrs+	Kuchha	Pucca
Udupi	15.0	8.0	17.0	10.0	20.0	13.0	17.0	4.4	15.0	14.1
Tumkur	13.0	6.0	11.4	12.8	16.0	11.5	13.7	3.00	20.0	4.5
Gulbarga	80.0	53.6	76.0	73.3	78.9	73.8	83.4	25.0	72.3	45.2

The information for 10 districts of Karnataka and the 3 districts in the study area bring out clearly that delivery of public health care services do not reach all those who need them because of various factors. Given the skewed distribution

of basic health care services related with maternity and child survival it is not surprising that health outcomes differ widely among districts – regions and also social class in the state.

Reasons for such poor delivery of public health services in Gulbarga as compared to other districts were not difficult to understand. The Research Teams' visit to Community Health Centres, Primary Health Centres and Sub-Centres revealed that many of these health centres do not function regularly. Infact, the day of our visit to selected health institutions in Gulbarga they were locked and we learnt from the villagers that medical officers are very irregular in attending to their work. Similarly the ANMs instead of visiting the households in the sub-centre jurisdiction expect that women or children with problems should come to them. No PHC had displayed the scheduled travel programme of ANMs as is done in other districts. It is not, therefore, surprising that old women in the neighbourhood or village 'Soolagitti' (village untrained dai) conduct most of the deliveries in rural areas (every 3 of 4).

The problem is more complicated by the large number of vacancies particularly of ANMs which is crucial in ensuring delivery of health care services. When the vacancies of ANMs by taluks and PHCs within taluks were obtained from the DHO's office and examined we were in for several surprises. In the district of Gulbarga about 28 per cent – more than one in four positions were vacant for ANMs (see table 6) and the LHV's. Supervision of their work and monitoring the performance has stopped for several years. The result of such an apathy is very clearly reflected in several indicators reported earlier. One of the major cause for poor performance reported by the staff at PHC/CHC was the existing poverty in the rural parts of the district where traditional practices still dominate and the department cannot be blamed for all the ills in health sector.

Table 6 : Vacancies of Female Health Workers (ANMs and LHVs) in Gulbarga District by Taluks

Sl. No.	District/Taluk	Per cent Vacant			
		P – V	ANMs	LHVs	Per cent
1)	Gulbarga Dist.	484/134	27.7	83/40	48.2
2)	Gulbarga Taluk	58/00	0.0	6/0	00
3)	Jevargi	39/2	30.8	10/2	20.0
4)	Aland	57/18	31.6	6/4	66.7
5)	Afzalpur	40/11	27.5	9/7	77.8
6)	Chincholi	41/10	24.4	8/1	12.5
7)	Chitapur	57/15	26.3	10/5	50.0
8)	Sedam	35/13	37.1	7/2	28.6
9)	Shahpur	48/17	35.4	7/5	71.4
10)	Surpur	56/18	32.1	10/7	70.0
11)	Yadagir	53/20	37.7	10/7	70.0

Note: P = Total Positions: V – Vacant Positions.

But the traditional practices have to continue because the modern health services provided by the public services have miserably failed to entrench in the society. It was repeatedly emphasised that rural people prefer to conduct deliveries at home and ANMs are helpless. But when there are so many uncertainties in the services – medical officer may not be there, drugs may be in short supply and ANMs posts are vacant and naturally people stick to their traditional practices. The positions of specialists in the district showed that 37 per cent positions were vacant.

In Udupi district also about 30 per cent of ANMs positions were vacant but easy accessibility to quality care in Private Sector Hospitals either free or at an affordable cost has not made any adverse impact on the health of women and children. Most of the births about 92 percent take place in institutions that has sharply reduced Infant Mortality Rate in the district (lowest in the State). The ANMs working in sub-centre reported that most of them have not conducted a single delivery during last 5–6 years as there are maternity homes run by

missionaries, Manipal group and other private trusts that provide a choice to everyone irrespective of their economic position. The public make an informed choice of public and private services and have benefited to a large extent as revealed by several indicators.

Tumkur district placed in between these two extremes provide different problems. The public health care providing institutions generally work regularly. Our visits to several PHCs, CHCs and Sub-Centres convinced us that there is regularity in attendance of the staff to a large extent except in a few pockets. But accessibility to the services is severely restricted to the poorer sections because of corrupt practices in these institutions. The Medical Officer in a PHC working for more than 15 years, people reported, has ensured that the Lady Medical officer's post remains vacant. A child birth conducted in this PHC will cost about Rs.1000/-. If there is a LMO this income will be reduced to a large extent. In another PHC it was found that LMO frowns at ANMs if they conduct home deliveries and insists that they should bring delivery cases to the PHCs and charges a minimum of Rs.500/- per delivery. Efficient and competent ANMs complained of harassments by the MOs and LMOs. With Malaria incidence still high in some pockets spraying of DDT has been stopped for 3 years and water sources like wells have not received chlorination to make them safe for drinking. The public health measures have affected badly.

The vacant positions in the department has its own adverse impact but is not severe as there were only 15 percent ANMs' and about 20 percent LHVs' positions were vacant for varying 'periods some for 4-5 years that has compounded the problem of outreach services in the district. Even then there is some semblance of service in the district. The buildings and other infrastructure are in poor shape and are begging for some action to improve but not received any attention from authorities.

What the Panchayat Raj Institutions Can Do?

The decentralisation of governance in Karnataka in its first 'avatara' came with the perception of "Power to the People". The 1983 Act was based on the

principles enunciated in the Ashok Mehta Committee Report. The objectives of the Act were to give highest priority to rural development, increase agricultural development, eradicate poverty and bring in overall development. To attain these objectives the Act provided maximum degree of decentralisation both in Planning and implementation.

But there were unresolved issues, with the planning structure at the national level and state level is it feasible to have district planning with the consent of people and their participation? If not how the PRIs would participate – only implementation of the plans that come from the State with resources? Who would ensure 'good governance' at lower levels? And How? are not cleared yet. But the State government that provides resources to PRIs – resources that have reached four to five fold increase during the decade believes that there has to be greater transparency, social justice and accountability in PRIs to achieve the twin goals of development and social justice. The voluminous writings on decentralised governance at sub-state level are more concerned with reservations, elections, provisions of rules, rights and procedures to be followed than assessing what positive changes the new system has achieved and how to improve it further. which can reduce the 'politics only' attitude observed at PRIs. Despite our serious efforts to find some special studies that have examined functions of the health sectors under decentralised system we could not trace a single except the evaluation report submitted in 1989 that praised PRIs eloquently for the good changes they had observed.

We conceptualise a very simple mechanism that exists in PRI system to a large extent useful in streamlining the functioning of health care service delivery system and bring in much needed discipline in the sector. The importance given to 'holding gramasabhas' of village voters who are ultimately the masters can be exploited. Already in six districts "Citizens Initiatives in Elementary Education" an NGO initiative to activate Grama Sabhas to improve primary education is going on. People who are not happy with the delivery of services, can bring it in the meeting which will be passed on to Gram Panchayat that in turn can reach Taluk and Zilla Parishad for action. The ZP based on the resolutions passed by the

Gram Sabhas can keep themselves abreast of developments in health sector and plan for its improvements.

The Zilla Parishad also has a statutory Committee called "Standing Committee on Health and Education" that includes elected ZP members and also some experts co-opted. They have to meet once a month and transact business pertaining to health. However, the role of Zilla Parishad in decentralised governance and planning is one of a facilitator and co-ordinator. Integrating plans submitted by Taluk Panchayats, approving employment generating action plans, allocation of resources to development programmes and monitoring functioning of Taluk and Gram Panchayats. The President and Chief Executive Officer (CEO) have been endowed with powers to supervise and inspection. However, CEO has upper hand (section 180) to ask any record from TPs and GPs pertaining to property, recovering arrears of land revenue, and supervise and control the execution of ZP works.

Gram Panchayats are entrusted with regulatory, licence - giving, prohibitory, supervisory and sanctioning powers. They have powers for taxation and acquire movable and immovable properties. Providing civic amenities, promoting health and educational services are other responsibilities entrusted with Gram Panchayats.

The Taluk Panchayat have controlling and supervisory powers over Gram Panchayats. They are perceived as highly resourceful and powerful intermediary level institutions. They approve employment generating action plans, they give concurrence to action plans pertaining to education, health and family welfare etc. The executive officer can supervise in functioning of PHCs, Sub-centres and report to DHO for action. He does not enjoy powers to take disciplinary action on health staff.

There is a mechanism to receive the public grievances regarding health care services through the powerful Grama Sabhas for further action to improve the equity and accessibility – both if there is a desire. In addition the Taluk Medical Officer has supervisory powers to report for action to DHO. DHO is head of the department and is responsible officer at district level. In addition

there is Executive Officer at Taluk Panchayat with supervisory powers and report his findings to DHO. It is very clear from the above that there are enough ways and means to improve the health care services directly through PRIs, through the live of control existing in the departments and also more importantly through the Grama Sabhas. Given the situation described in the study area it would be in order to examine how they work.

The Grama Sabha

The Gram Sabha is a statutory requirement that provides a unique opportunity to village residents to vent their grievances which will reach the concerned authority for redressal. It also provides an opportunity to the voters to make their elected representatives accountable to them. One of the main architects of decentralisation in Karnataka considered Gram Sabha as a "more powerful weapon created for the sake of accountability is Grama Sabha which will not be elected nor has it vested with any executive power. But it is going to play a crucial role in real politics because of their voting power and all elected members are accountable to Grama Sabha". It is mandatory on the part of PRIs to explain their activities within the jurisdiction of the village. It also leads to right to information.

Section II

How the Grama Sabhas are conducted if at all they are conducted? Whether people bring their grievances to the forum? The Household Survey conducted in the study area enquired from the randomly selected 82 heads of the households whether the Gram Panchayat, Taluk Panchayat or Zilla Parishad of their area are taking any interest for the improvement of the local PHC? Not surprisingly in Tumkur and Gulbarga districts the response was an emphatic 'No' from each head of the household (100 percent in negative). They were very firm about their view. But in Udupi district one in four felt that they are trying to improve further the services in PHC (Table 7).

The selected heads of the households were also asked whether there was any discussion in the Grama Sabha meeting held recently on the functioning of the ANM, LHV, PHC doctor and PHC. The findings of these are presented below.

Table 7 : Peoples Assessment of PRIs interest in Public Health

Sl No	Activity	Districts							
		Udupi		Tumkur		Gulbarga		Total	
		Yes	No	Yes	No	Yes	No	Yes	No
1)	PRIs try to improve the PHC	23.0	77.0	00	100.0	00	100.0	11.0	89.0
2)	Gram Sabha Discussed about the Functioning								
	i) Of ANMs	8.6	91.4	13.0	87.0	12.5	87.5	11.0	89.0
	ii) Of LHVs	8.6	91.4	13.0	87.0	12.5	87.5	11.0	89.0
	iii) Of MO in PHC and PHC	8.6	91.4	13.0	87.0	12.5	87.5	11.0	89.0

It is clear from the data that public view of PRIs interest in improving health care service delivery of PHC level or about the functioning of crucial personnel like ANM, LHV or MO of PHC is extremely poor. An important route to bring critical assessment of health services for improvement was found to be very insignificant.

The Bureaucracy

There are multiple authorities who are supposed to supervise functioning of their subordinates, monitor the performance and enforce discipline in the health department. They are Taluk Medical officers, Executive Officers at Taluk Panchayats, Chief Executive Officer, President at ZP and also DHO the Head of the department of health at district. In addition to all these levels of supervision, there is another Deputy Secretary 1 in ZP who is entrusted with supervisory powers who will report to the CEO.

With so many authorities entrusted with powers to ensure free flow of services it was surprising that Public Health Care Services are of so poor quality

in the two districts of the study area viz. Gulbarga and Tumkur. Our discussion with the young and energetic CEO in Gulbarga was surprising. He was unaware of the way PHCs are functioning in the district. On the contrary he said often he receives representations from people to retain some Medical officers in their place and cancel the transfer order issued that gave him an impression that the MO must be good and therefore people want to retain him. We met the Deputy Commissioner of Gulbarga also and briefed him about our observation. Both the CEO and DC asked for a copy of our findings for initiating action against erring officials in the health department. Similarly we discussed with the Deputy Secretary (Dy S 1) and briefed him of our observations and he was non-committal. Our discussion with the Secretary ZP Council, Gulbarga was little revealing. He reported that the meetings of the Standing Committees on Health and Education mainly deal with approval of plans, proposals and programmes. There is hardly any scope to discuss about the services their quality or its outreach to all sections of the society. How well the DHO is informed about the happenings in his department? Does he also think that everything is fine with the functioning of PHCs, CHCs and Sub-Centres in his district? Our discussion with him was frank and free. He is aware about the irregular attendance of Medical officers and has initiated disciplinary action against one or two. But taking disciplinary action takes a very long time. There are interference from higher authorities, elected representatives to thwart these initiatives because the authorities take a benevolent view of such things and consider it on humanitarian grounds – the person accused is married and have children why punish him/her? The whole work culture in the district reflects that even for a petty issue there is interference from the highest authority. Every one in public service has links upward and use it to save himself from any punitive action.

Tumkur district was slightly better as the Executive Officers at Taluk level also visit some PHCs and reported that if the MO is absent on the day it will be reported to DHO for treating it as leave without pay. But whether DHO acts on that report or not was not clear. DHO Tumkur is aware about corruption that is making public health care services inaccessible to the poor in the district but

reported like Executive Officer at Taluk level that they have not received a single complaint from people in this regard and hence cannot act without evidence.

It was in Udupi that the in-built mechanism of monitoring and supervision was working. Even the MOs appointed on contract basis are regular in their work and provide service to the people. If there is regularity in the functioning of health institutions that itself satisfies the clients who arrive there for relief. Our visit to PHCs, CHCs and some remote-placed Sub-Centres was very satisfying. Perhaps if one wants to see what is equity and accessibility to health care services should visit this part for getting acquainted with. The results are visible.

ZP Presidents

The Executive Head of the district is the President and certainly they can make considerable impact on the quality services provided and their accessibility to people. The Presidents of the ZPs in the study area were very enlightening. In addition to 3 ZP presidents of Udupi, Gulbarga, and Tumkur, we met ZP President of Kolar. They were all young, educated and enthusiastic about their office that they were holding only for few months. The women presidents of Tumkur and Udupi were keen to improve health services. One of them was very young, just married with no experience of either politics or holding a public office. But her father was a leader and was holding a public office by getting elected. The other was having some experience at Gram Panchayat. Tumkur ZP President was keen to learn the ropes of administration to act and improve. She had visited some PHCs and believed that women still prefer to give births at home as it is more convenient. She was aware that some MOs and ANMs are not regular and was planning to discuss with the administration for possible action.

The Gulbarga ZP president was very open and said that "MOs not only are irregular but also sell the medicines in the open market. For days they do not visit PHCs. But I do not have powers to set things right". The President said that he would set things right in two weeks if he had powers. He was sorry that the State Government that belongs to his party is not receptive to their views.

The ZP President of Kolar was more dynamic and when we met he had visited a PHC (where he had gone for attending a public function) on the request of the public who complained that the MO is very irregular. Indeed MO was absent when the ZP president visited the PHC. He called DHO to know how they can take action against such officials. He reported that he is new (like other 3 presidents) to the intricacies of the administration and though he attended some training programmes organised for ZP presidents he has a long way to go to master the art. He had kept a Rule Book prepared by the state government and would refer to it often when he had some confusion. He was also of the opinion that ZP has little scope to bring in discipline among the staff working in the district on deputation. He often requests the DHO to be strict and wants to support him in improving the health services for the benefit of the people.

The Vice Presidents

The Vice Presidents also echoed the views of their Presidents. ZP cannot take any action. They have to write to the Government for action and there are long delays or no action. Vacant positions in the Health Department is reported routinely to the Government for filling but nothing is heard from them. The CEO position was vacant for 2 months and during that time DC was incharge CEO. One can imagine how things will move. It was clear that transfers, recruitments or suspension of any health staff is not vested with ZP. Under the circumstances poor accessibility and inequity in health care services become the order of the day and both elected representatives and the bureaucracy become used to it.

It is to be noted here that none of top leadership in ZP— elected members, members of the Standing Committee on Health and Education, CEOs and DCs were totally aware of the disparities that exist in the health status of people in different districts, by gender, caste and economic status within the districts. The next line of authority Deputy Secretary 1 were also equally ignorant of health outcomes, indicators and job responsibilities of various categories of staff. The Administration at Taluk and Districts were busy with construction of new structures, equipments or drugs more than their use for public good. There was

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a unanimous demand in Tumkur, Kolar and Gulbarga that there is need for training to make them more informed and effective. Why the DHO does not provide them the insights of the Department? He has no time as all his time is spent in the meetings. The DHO also has several constraints. Since he has hardly any time his visits to Primary health Centres have reached minimum. It is only when a dignitary like District-in-charge Minister (another authority over all the happenings in the district) has a public function he may visit a PHC. The staff at PHC could recall the past practice of frequent visits of DHO for supervision. It was not only to their PHC but even to a nearby PHC would keep them alert with a chance visit to their PHC on the way back. This practice has almost disappeared now.

This brief description provides how the in-built mechanisms to ensure accessibility to health care services have become ineffective. It is not surprising that the health status of people in health poor districts continue to be poor even though public resources – more valuable looking at the scarcity, become less and less productive. One of the important reasons for the observed delay could be the faster expansion without consideration to the enormous resources needed for it. Earlier the quality of services, as reported by senior staff was much better. Now even though the scarcity of equipment, maintenance of assets etc. is reported to the authority may not be heard that leads to the weakening of the authority because of the inability to solve it quickly. The only positive change is the improved drug supply after decentralisation. Rest every thing is highly unsatisfactory in health poor districts.

Section III

Areas of Conflicts

Given the situation described so far where lies the conflict between the health bureaucracy and ZP or PRIs? The focus group discussion often led to mudslinging exercise. That PRIs arrival have lead to more corruption and harassment of personnel. To start with, the bottom line ANMs complained that elected representatives demand service on priority basis, call the ANMs to their

residence even for headache and stomach ache and demand medicines free and often ANMs have to bear the costs. As most of them (elected representatives) are not educated their behaviour is curt and without etiquettes and manners that hurts ANMs. The MOs at PHC complained similarly in addition they reported that the elected representatives question them if an ANM is not posted in a sub-centre which is not under his powers. The DHOs office complained of interference in day to day administration by the Elected Representatives.

A Taluk Medical Officer complained that there was out break of cholera because of the contaminated water supply by the Taluk Panchayat. When he reported that water supply has to be improved by taking some measures like chlorination, he was abused for dereliction of his duties. When they send a proposal to repair a collapsing building to DHO with a copy to ZP the CEO just does not bother. Medicines are not supplied regularly. They dump several useless drugs which are of no use. PHC and MOs indent is often ignored.

The Quarters of ANM built by the PRI are of extremely poor quality. An ANM was in tears to report how she has to cover the roof with polythene sheet to protect her from leakage and to re-do the electrification to save from the shocks spent Rs.3,700 from her pocket. Complaints made to DHO, ZP and TPs were of no use. She was told that she has to stay there the Quarter on which lot of money is spent to make it according to the specification given.

A meeting with all medical officers of a Taluk brought out their vent against elected representatives. A LMO reported that new PHC was built but the quarters for staff are not. The PHC is in the outskirts of a village and no body dare to stay there in the night not even a watchman. If they had constructed housing along with the PHC it would have facilitated. Another LMO who commutes to PHC every day from Gulbarga complained that the people and elected representatives harass her to stay in the PHC quarter which she has not occupied because there is no water, electricity and building is 25 year old needs repairs. They are not keen to do anything to facilitate the services. Most of the drugs that ZP supplies are about to expire and become useless.

The months Feb-March are two months when ZP administration is too busy to approve medical reimbursals of staff of Health Department and they not even consult the DHO. Registers required to compile statistics are not supplied for over a decade. All files move only if currency notes are enclosed with them. RCH building fund of Rs.10 lakhs is lying for over an year but even the plan is yet to be made and approved. Nothing moves.

Taluk Medical Officer has to write to DHO who in turn has to forward to ZP for any action. Taluk Medical officers can not even sanction Travelling bills of his subordinate staff and those who approve it may not know whether the travel was made to those places. ZP sanctions all such TA bills with a cut of 10-20 percent.

Even the DHO's office in Gulbarga has several stories of delays. Power connection to his office is not done though they have spent Rs.37,000 for it about 19 months back but ZP is still silent. The list is endless.

What ultimately emerges is that the conflict arise from multiple points of authority with not a single source taking any interest in improving things. The question that arise is who should set things right with quick decision to solve the problem. It is only CEO who is authorised to act after waiting for instructions from the Government on any of the complaints made. We did not come across any such action except issuing a memo or deducting a days salary in some one or two complaints against ANMs. But suspension orders can be issued only by the Government. Generally when there is such a serious complaint against a MO or other officials. ZP elected members or a Minister interfere and nullifies all efforts. Some ZP Presidents had complained against unclean PHCs and a couple of staff coming late when they had visited.

The PRI elected members have many stories against the health staff. Irregularity, showing unconcern and asking money were very common. It was surprising a lady member of the Standing Committee on Health and Education whose husband (aged 44 years) died on Jan 4th 2001 because of the neglect of MO in treating him. He died of massive heart attack and MO had given him treatment for acidity the previous day to his death. He did not check his blood pressure nor examined him. But she did not complain as he is well connected.

But the elected members of such statutory high power committees also are ignorant as reported by many about the health situation – no idea about death rate, infant deaths or maternal mortality which are very high in their area and there was a strong demand to enlighten them on health issues to strengthen them and to improve the situation.

In addition the bureaucrats at ZP believe that Medical Officers at PHC, CHC and district office lack badly administrative skills and management skills to work in a team. The lack or absence of such skills go on accumulating and turn into major issues. We also believe that managing the staff is an art that many medical graduates who join the service as MO at PHC may not have and already some programmes to train them as managers of PHC is on.

The proceedings of the Standing Committee on Health and Education of Tumkur District however reflects what we noted about the district. It says "..... administration in health department has collapsed and DHO has no control over his department" (page 4 of 24/10/2000). It also notes the ZP Presidents suggestion that priority should be given to patients in rural areas by the Medical Officers. It also questions about MOs saying that there is no medicines in the PHCs and prescribing drugs to be purchased by the patients in the market.

The proceedings of Udupi ZP's Standing Committee that meets every month regularly reveal that there is evidence of some efforts to improve the services further. PHCs in Udupi display boldly that if the visitors to PHC have any complaint to make about the functioning of the PHC they are provided a post card free and they can mail it to the concerned authority for action. Based on such complaints the Committee resolved to examine such complaints and recommend action to be taken (either terminate the services of contract MOs or transfer them). It also instructed the DHO to recruit group 'D' employees on temporary basis in place where there is need to ensure cleanliness of health institutions. It notes of disciplinary action by issuing show cause notice to unauthorised absence of a Taluk Medical Officer to consider his absence as leave without pay. These resolutions certainly indicate the efficient mechanism

of receiving complaints and quick action within the limitations of ZP which are worth emulating by other ZPs in the State.

The proceedings of Gulbarga ZP is silent on the situation in health service delivery system in the district but emphasise more on building model Primary Health Centre, resource mobilisation, etc. that shows there is no in-built mechanism of receiving public grievances or they are ignored.

Section IV

Summary of the Findings and Recommendations

The intensive study carried out with time constraint has been able to effectively explore a complicated area ignored so far in academic circles. The policy statement issued recently on population by the Government of India has given the prominence to PRIs that they deserve. It is brought out by the study that multiple power centres and poor co-ordination among them for effective decision making is hampering the smooth functioning of ZP and Health Department at district level. Appointment, transfer, suspension are the crucial areas where ZP acts only as a Post Office. Unless the State Government approves they cannot act. The key post of DHO has been weakened because of interference of elected representatives. Even simple act like posting a Laboratory Technician from a place where there is no serious demand for his services to a place where there is an out break of an epidemic is resisted by highest authority. Infact instructions come to him if he acts in his way he will be in trouble. Such instances have demoralised him. Transferring an ANM to another place has become just impossible. Time constraint is imposed by several meetings he has to attend. This was the view of all high officials also in Bangalore that they find little time to work in their office.

The Grama Sabha – a most powerful instrument the people have to air their grievances for redressal and which is given lot of importance in decentralised system of governance is almost non-functional as found in the household survey responses. People complained in Gulbarga and Tumkur districts that meeting is not announced by Tam-Tam (drum beating) and contrary

it is held when most of the residents go for work and only few whom they want attend it and non complaints are entertained. The Udupi District that is in the forefront in health sector has developed a good system of receiving public grievances directly by the authorities concerned and redressal is quick. In other two districts complaints are unheard and neglected on the ground that there are no written complaints.

Decentralisation is still in infancy in the state and suffers from several constraints to be effective government at district level. How to monitor the functioning of the system of health care services delivery? Is not known to even top officials like CEO, Dy. Secretary 1 and other officers at Taluk levels. Official inspections are more ceremonial and unproductive even though such inspections by different categories of authority are rare and routine. There is no effort to understand the problems and solve to improve the performance is not seen anywhere except in Udupi. Therefore there was a strong demand to enlighten them with one day programme at ZP for all concerned officers. The officers in health department were not even aware of research finding that should guide them in their work.

The guiding principle of any public health care service delivery is equity and universal accessibility. The state has a very very long way to go to achieve it. Even then equity and universal accessibility will not be an automatic fall back from expanding services or bringing in a semblance of quality in care. It can be achieved by monitoring crucial services like basic primary care which is absolutely missing at ZP level. There is need to intensify the efforts, if already there are, to reach the goal of equity. For this there is need to equip PRI elected members, general public about the importance of health and its effective utilisation. The elected representatives have to develop responsibility towards their activities. They come from diverse socio-economic and cultural background and over the years grow as leaders. They have started asking questions about services which is in the right direction. Health personnel who were used to departmental control are perturbed over the authority of representatives. They

will have to realise that their services are for them and they are the real masters in a democratic system. There is nothing to worry.

But till the PRIs become more effective in their functions the department has the crucial role to play. Efficiency and quality care and ensuring its outreach of services have to be managed by them which will go a long way in building of credibility of the department which is at a very low ebb now. PRIs will be happy and stop interfering if they are convinced about good services to all.

The main questions that still remains to be answered is how decentralised the state is really? Can ZPs be considered as Local Self Government? A short term study such as this would not try to explain the extent of decentralisation in the state today. It seems there is a make-believe effort to show we are decentralised while all the powers are centralised with the state (because of several reasons stated and believed). One of the important factor for the mess in health department is the multiple power centre without any direction – pulling the cart in different direction. The lost aura of DHOs and reluctance of efficient Medical Officers to occupy this role reflects very clearly the situation. If health care services are to be improved his position has to be strengthened. Such studies ideally need at least an year but an effort is made here to bring out several complex issues that a longitudinal study should explore in the future.

Recommendation

- 1) There is an urgent need to make ZPs to consider health sector as an important input in development and to educate officials ranging from Chief Executive officer to Executive Officer at Taluk level on monitoring health services and on health indicators that reflect it. There is unbelievable ignorance in the administration and also in the health department who are major health care providers in rural areas on the status of health of their people.
- 2) The Elected Representatives from Gram Panchayat to ZP level also need to be educated about importance of health and their role in monitoring

health outcomes. Only ensuring presence of doctor or supply of drugs is not adequate to achieve equity. Monitoring plays a crucial role and it is totally absent at all levels.

- 3) The Health Department should be made responsible in improving health care services in the districts and they should be ensured the support of ZP, TP and GP in carrying out their responsibilities efficiently. For this there is need to build-up the credibility that is lost. The health services would be considered good if the indicators of health improve and become comparable with the best in the state to start with.
- 4) There is an urgent need to establish fool proof mechanism to receive public grievances for redressal as is effectively done in Udupi District. Strengthening Grama Sabhas would play an important role if they are conducted properly. PHCs in health poor district should provide free post cards to public who should mail it to responsible authority for redressal and quick action on the complaints will strengthen this mechanism in due course of time.
- 5) Whether ZP Presidents should be fully empowered for taking any action or not is a wider question we would avoid answering here. But they can play an important role within the powers they enjoy now. Just calling an erring officer and reprimanding him in public will do the trick. Even an indication that they are serious will go a long way than proceeding on legal terms.
- 6) The ZP and health bureaucracy at district level should learn to respect each other and the need to understand their complimentary role. Health is a technical subject best known to health staff and they need all the support, encouragement and appreciation when they do a good job. Health staff should realise that elected members to PRI though may not be educated represent peoples views and respect them for that. There is need to meet informally for achieving this by both.

GOVERNMENT OF KARNATAKA

TASK FORCE ON HEALTH AND FAMILY WELFARE

A Commissioned Research Study

DISPARITIES IN HEALTH AND HEALTH CARE SERVICES
(Draft Report)

By

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METHODOLOGY

Given the constraints of time available only quantitative data that is available from the following secondary sources on various characteristics was collected.

1. Multi Indicator Cluster Survey – 1998 – UNICEF
2. Rapid Household survey under RCH project, Karnataka State – 1999
3. Human Development Report, Karnataka State – 1999
4. Directorate of Health and Family Welfare Services, Govt. of Karnataka
Sept.2000
5. ICDS – Women and Child Development Department Report – Nov. 2000
6. Census of India 1991, Karnataka State District Profile 1991.
7. Rural Development Panchayati Raj Department, Statement on Below Poverty Line Families, Govt. of Karnataka

Data was checked for its quality and quantity and **regional disparities** were assessed on the basis of available data on indicators in following essential categories: (Annexure– I)

- Health Determinants
- Health Status
- Health Resource Allocation
- Health Care Utilization indicators and
- Over all indicators

Each indicator in the above-mentioned categories was standardized and algebraically added for each district. The total was re-standardized and a composite index as Standardized “Z” Score was obtained for each district, which gives the relative position of the districts on the scale in Karnataka State.

It has been observed in many studies that lower class and caste suffer with disproportionate burden of diseases and mortality. Different types of morbidity and mortality have different patterns with respect to the age, sex and social class. So to assess the equity with respect to these characteristics, it is necessary to get the primary data in disaggregated form at various levels right from taluk to state level.

However, disparities in health on the basis of class, caste, age, sex and the religion could not be assessed, as data does not exist in disaggregated form for districts of Karnataka.

FINDINGS - A

DISPARITIES IN HEALTH DETERMINANTS OF DISTRICTS IN KARNATAKA STATE

DISTRICTS	Edn15+	HHP	Cwater	ELC98	ACClatrin	ABPL	TOTAL INDEX
Bangalore Urban	73.3	82.7	97.2	79.4	90	85	2.80
Bangalore Rural	41.8	38.4	98	96.3	26.4	66	0.55
Bagalkot	48.2	19.4	100	51.4	5	53	-1.12
Bellary	40.8	30.6	84.1	57.5	12.3	55	-1.21
Belgaum	46.8	46.1	73.7	66.7	18	77	-0.23
Bijapur	48.2	19.4	94.7	51.4	3.1	58	-1.14
Bidar	37.5	70.6	90.3	60.5	12.3	60	-0.30
Chamrajnagar	41.5	35.8	96	67.1	20	64	-0.29
Chitradurga	49.8	45.1	96.8	72.5	30	59	0.14
Chikkamagalur	55.3	32.8	88	74.4	40.5	72	0.37
Davengere	49	36.9	98.6	69.6	36.3	66	0.24
Dakshina Kannada	71	30.1	98.6	69	73.4	78	1.35
Dharwad	53.5	29.1	99.9	75.4	39	61	0.26
Gadag	53.5	29.1	67.9	75.4	6	55	-1.05
Gulbarga	33.2	55.6	63.1	54.5	15	66	-1.22
Hassan	50.1	19.2	86.8	78.3	14	79	-0.02
Haveri	53.5	29.1	99	75.4	16	69	0.19
Kodagu	64.4	36.3	84.5	56.5	44	82	0.47
Kolar	43.2	55.3	93.3	80.9	35.2	61	0.37
Koppal	32	17.4	83	54.3	5.3	57	-1.73
Mandya	39.9	41.5	95.5	85.9	19	70	0.30
Mysore	41.5	35.8	95.9	67.1	44	69	0.12
Raichur	32	17.4	76.6	54.3	20	57	-1.71
Shimoga	56.2	35.6	94.8	78.9	31.8	68	0.48
Tumkur	47.2	45.3	99	77.5	19	69	0.39
Uttar Kannada	62.2	34.1	97.1	79.4	38	70	0.78
Udupi	71	30.1	98	69	60	79	1.20

⊗ Most of North Karnataka Districts are poor in health determinants.

FINDINGS - B

DISPARITIES IN HEALTH STATUS OF DISTRICTS IN KARNATAKA STATE

DISTRICTS	U5 MR	%Normal under 5	API Malaria	Pt. Prev TB	Incident DIARR	TOTAL INDEX
Bangalore Urban	67	45.34	1.06	1.88	5.8	0.05
Bangalore Rural	67	44.83	0.21	1.88	10.1	0.26
Bagalkot	88	34.56	3.3	1.37	7.1	-0.53
Bellary	119	26.51	3.71	1.72	17.1	-1.87
Belgaum	69	40.37	1.09	1.67	9.4	-0.19
Bijapur	88	36.41	4.95	1.37	7.3	-0.47
Bidar	85	28.94	1.05	2.08	4	-0.89
Chamrajnagar	89	44.5	0.12	1.66	4.9	0.52
Chitradurga	104	39.58	2.14	1.81	8.9	-1.00
Chikkamagalur	75	47.11	0.41	1.6	15.3	0.09
Davengere	104	34.61	0.12	1.52	11	-0.27
Dakshina Kannada	46	51.59	2.58	1.34	4.3	1.16
Dharwad	95	41.21	0.28	1.19	20.9	-0.05
Gadag	95	33.07	0.39	1.19	14.1	-0.43
Gulbarga	86	34.3	3.72	1.46	16.2	-0.74
Hassan	78	48.64	1.12	1.55	12.5	0.00
Haveri	95	35.42	0.15	1.19	14.5	0.07
Kodagu	66	54.61	0.1	0.94	16	2.11
Kolar	100	41.84	2.19	2.12	12.5	-1.05
Koppal	80	29.08	3.76	1.32	14.1	-0.68
Mandya	84	49.28	6.55	1.68	8.5	-0.18
Mysore	89	40.68	0.64	1.66	5.5	-0.34
Raichur	80	29.71	9.05	1.32	20	-0.71
Shimoga	88	39.25	0.12	1.03	13.1	0.77
Tumkur	102	47.37	1.62	1.17	10.9	-0.11
Uttar Kannada	69	45.22	0.13	0.86	11.9	1.68
Udupi	46	55.41	0.56	1.34	1.1	2.76

- U5MR which is available only for 1991 has been extra polated for newly formed districts as they have been part of old districts.

☺ Health status of Kodagu, UK, Udupi, DK, Chamrajnagar and Bangalore Urban was found to be good and most of the North Hyderaad-Karnataka region districts has poor Health status

Disparities in Health Status have been assessed on

U5MR : Under five Mortality Rate - probability of dying in between birth and age 5, expressed as number of deaths among children under the age of five per 1000 live births.

%Normal : Percentage under five children whose nutritional status is within normal limits based on weight for age.

API MALARIA: Annual Parasite Incidence of malaria, which is number of confirmed cases of malaria per 1000 population under surveillance.

Pt.Prv.TB : Point Prevalence of Tuberculosis includes pulmonary and extra pulmonary tuberculosis cases per 1000 population.

Incident diarrhoea: Percentage of children below the age of five reporting current diarrhoea or diarrhoea during the last two weeks.

As no single indicator can adequately describe the situation it is desirable to concentrate on limited number of specific indicators. Child health indicators are more sensitive to Socio-economic differentials, and investment in child health has long term impact on equity. Therefore under-five mortality, incidence of diarrhoea and percentage of normal children have been used for assessing the health status. These indicators also reflect the nutritional health and health knowledge of mother, availability of maternal and child services including prenatal care, income and food availability in the family, the availability of clean water and safe sanitation and overall safety of the child's environment. These measures are also sensitive measures of gap in health status that are generally judged to be avoidable, unnecessary and unfair.

Other indicators of health status included are API malaria and point prevalence rate of tuberculosis including extra pulmonary TB which are the leading causes of deaths among communicable diseases.

FINDINGS - C

DISPARITIES IN GOVT. PRIMARY HEALTH CARE FACILITIES IN DISTRICTS OF KARNATAKA STATE

DISTRICTS	PHC/LAKH POPULATION	MOW/LAKH POPULATION	PARA/10,000 POPULATION	TOTAL INDEX
Bangalore Urban	2.59	3.31	2.01	-1.55
Bangalore Rural	5.27	6.62	3.33	0.16
Bagalkot	3.02	2.20	3.03	-1.30
Bellary	3.48	5.05	2.42	-0.88
Belgaum	3.62	4.93	2.74	-0.76
Bijapur	3.80	5.11	3.51	-0.44
Bidar	3.78	6.80	3.61	-0.12
Chamrajnagar	4.60	5.86	2.85	-0.30
Chitradurga	5.58	7.84	4.81	0.93
Chikkamagalur	7.69	10.62	4.89	2.01
Davengere	5.44	6.02	2.71	-0.09
Dakshina Kannada	3.72	4.95	3.62	-0.45
Dharwad	1.97	2.58	2.53	-1.68
Gadag	3.61	5.16	3.25	-0.56
Gulbarga	4.34	5.72	3.23	-0.27
Hassan	7.29	9.09	3.95	1.34
Haveri	4.77	5.68	3.28	-0.15
Kodagu	5.90	10.55	7.60	2.38
Kolar	4.63	6.14	3.34	-0.09
Koppal	3.91	5.47	2.72	-0.60
Mandya	5.59	8.41	3.46	0.60
Mysore	5.79	8.28	4.46	0.95
Raichur	3.23	4.70	2.34	-1.03
Shimoga	5.30	7.64	4.27	0.65
Tumkur	5.14	6.88	3.33	0.17
Uttar Kannada	5.57	8.40	5.20	1.15
Udupi	5.71	5.24	3.02	-0.06

- ☺ Kodagu, Chikkamagalur, Hassan, UK, Mysore Chitradurga and Shimoga had good Primary Health Care Facilities
- ☹ Many North Karnataka districts and even Bangalore Urban lack in Primary Health Care facilities.

Disparities in Health Care Facilities have been assessed on

PHC : Number of Primary Health Care Centres per lakh population

MOW : Medical Officers working per lakh population

Para : Para Medical (Staff Nurse, BHE, Lab. Techn., ANM and Male workers) working per 10,000 population

These indicators refer to how resources actually are allocated. Primary health care provided by network of PHC and sub-centres with community participation is first level of contact between the individual and health system. Majority of prevailing health complaints and problems can be satisfactorily dealt with at this level.

These indicators reflect the distribution of Government health care resources in different districts of state and of the provision of health care. The purpose of health services to improve the health status of people.

FINDINGS: D

DISPARITIES IN UTILIZATION PATTERN OF HEALTH SERVICES IN DISTRICTS OF KARNATAKA

DISTRICTS	Immunization	ANC3	TT 2	Safe DEL.	CFPU	TOTAL INDEX
Bangalore Urban	77.7	86.9	85.8	92.9	60.1	0.75
Bangalore Rural	83.7	80.7	85.9	77.6	63	0.56
Bagalkot	53.2	42.3	80.7	45.3	47.1	-1.44
Bellary	52.6	63.9	79.4	46.6	50.4	-1.02
Belgaum	64.8	68	42.1	63.1	61.8	-0.72
Bijapur	53.2	94	83.9	60.4	47.1	-0.35
Bidar	50.3	61.8	72.4	58.3	50.6	-0.98
Chamrajnagar	92.7	70.3	43.4	57.8	65.4	-0.31
Chitradurga	88.4	94.9	75.1	90.7	59.9	0.82
Chikkamagalur	83.5	91.6	93.4	97.5	71.4	1.38
Davengere	88.4	92.2	75.9	61.3	59.9	0.32
Dakshina Kannada	86.0	89.1	94.5	91.5	63.7	1.08
Dharwad	74.8	72	80.1	80.4	61.2	0.23
Gadag	74.8	66.5	78.3	56.2	61.2	-0.27
Gulbarga	25.3	41.9	35.9	53.5	39.2	-2.48
Hassan	92.8	75.1	38.3	75	75.1	0.24
Haveri	74.8	80.5	84.2	60.6	61.2	0.10
Kodagu	94.8	83.6	85.6	85.4	70.6	1.07
Kolar	90.6	56.1	94.3	78.2	57.1	0.22
Koppal	37.2	35	68.5	48.9	45.4	-1.91
Mandya	88	80.2	37.6	73.3	71.7	0.13
Mysore	92.7	83.3	83.3	77.5	65.4	0.74
Raichur	37.2	70.5	52.9	59.1	45.4	-1.40
Shimoga	92.9	90.9	72.3	83.9	69.3	0.92
Tumkur	88	67.6	92.1	77.8	61.3	0.45
Uttar Kannada	89.9	81.2	84.9	88.6	66	0.89
Udupi	86	85.9	93.9	89.5	63.7	0.99

- ⊗ Most of North Karnataka Districts have poor utilization pattern of existing Health services

Disparities in Utilization of Health Services have been assessed on

- Immunization** : Percentage of 12-23 months children completely immunized with BCG, DPT-3/OPV-3 and Measles
- ANC3** : Percentage of pregnant women who have received 3 or more ANC visits received during recent pregnancy
- TT2** : Percentage of ANC received TT2/Booster during recent pregnancy
- Safe Del.** : Percentage of deliveries conducted by Trained Health personnel during recent delivery.
- CFPU** : Percentage of current users of any Family Planning methods

Utilization of Primary Health Services included the utilization of Public and Private health services.

Utilization of services is expressed as the proportion of people in need of a service who actually receive it in given period. A relationship exists between utilization of health care services and health needs and status. Health care utilization is also affected by factors such as availability and accessibility of health services and the attitude of an individual towards his health and the health care system.

Utilization of public health services is often inequitable with the higher quality, more expensive services disproportionately used by more privileged segments of society.

FINDINGS - E

DISTRIBUTION OF DISTRICTS ON THE BASIS OF VARIOUS CHARACTERISTICS OF KARNATAKA STATE:

DISTRICTS	HEALTH DET.	HEALTH UTILIZ.	HEALTH FACILITY	HEALTH STATUS	TOTAL
Bangalore Urban	2.80	0.75	-1.55	0.05	0.92
Bangalore Rural	0.55	0.56	0.16	0.26	0.54
Bagalkot	-1.12	-1.44	-1.30	-0.53	-1.42
Bellary	-1.21	-1.02	-0.88	-1.87	-1.53
Belgaum	-0.23	-0.72	-0.76	-0.19	-0.57
Bijapur	-1.14	-0.35	-0.44	-0.47	-0.79
Bidar	-0.30	-0.98	-0.12	-0.89	-0.81
Chamrajnagar	-0.29	-0.31	-0.30	0.52	-0.18
Chitradurga	0.14	0.82	0.93	-1.00	0.31
Chikkamagalur	0.37	1.38	2.01	0.09	1.20
Davengere	0.24	0.32	-0.09	-0.27	0.13
Dakshina Kannada	1.35	1.08	-0.45	1.16	1.06
Dharwad	0.26	0.23	-1.68	-0.05	-0.20
Gadag	-1.05	-0.27	-0.56	-0.43	-0.71
Gulbarga	-1.22	-2.48	-0.27	-0.74	-1.58
Hassan	-0.02	0.24	1.34	0.00	0.45
Haveri	0.19	0.10	-0.15	0.07	0.13
Kodagu	0.47	1.07	2.38	2.11	1.80
Kolar	0.37	0.22	-0.09	-1.05	-0.07
Koppal	-1.73	-1.91	0.60	-0.68	-1.64
Mandya	0.30	0.13	0.60	-0.18	0.27
Mysore	0.12	0.74	0.95	-0.34	0.43
Raichur	-1.71	-1.40	-1.03	-0.71	-1.56
Shimoga	0.48	0.92	0.65	0.77	0.93
Tumkur	0.39	0.45	0.17	-0.11	0.35
Uttar Kannada	0.78	0.89	1.15	1.68	1.41
Udupi	1.20	0.99	-0.06	2.76	1.15

- ⊖ Complete Hyderabad-Karnataka region including districts of Bidar, Gulbarga, Raichur, Koppal, Bellary, Bijapur and Bagalkot lack in Health Determinants, Health Status and Health Utilization including availability of Government Primary Health Care services.
- ⊖ Districts like Belgaum, Gadag also have negative indices but at low level.
- ⊖ Chamaraja nagar district has negative value of indices except on health status. This may be due to few indicators on health status have been taken from Mysore.
- ⊖ Dharwad and Bangalore Urban were also lacking in Government Primary Health Care services.
- ⊕ Kodagu, UK, Chikkamagalur, Udupi, DK, Shimoga and Bangalore Urban districts have good Health Determinants, Health Status, and Health Utilization of existing Health Services.

LAST 7 DISTRICTS ON THE BASIS OF VARIOUS INDICES

OVERALL	HEALTH DET.	HEALTH STATUS	HEALTH UTILIZATION	GOVT.HEALTH PRIMARY
Koppal (95)	Koppal(96)	Bellary(97)	Gulbarga (99)	Dharwad (95)
Gulbarga (94)	Raichur (96)	Kolar (85)	Koppal (97)	Bangalore (U) (94)
Raichur (94)	Gulbarga (89)	Chitradurga (84)	Bagalkot (93)	Bagalkot (90)
Bellary (94)	Bellary (89)	Bidar (81)	Raichur (92)	Raichur (85)
Bagalkot (94)	Bijapur (87)	Gulbarga (77)	Bellary (85)	Bellary (81)
Bidar (79)	Bagalkot (87)	Raichur (76)	Bidar (84)	Belgaum (78)
Bijapur (79)	Gadag (85)	Koppal (75)	Belgaum (76)	Koppal (73)

Figure in brackets indicates the position on 100 point scale

TOP 7 DISTRICTS ON THE BASIS OF VARIOUS INDICES

OVERALL	HEALTH DET.	HEALTH STATUS	HEALTH UTILIZATION	GOVT.HEALTH PRIMARY
Kodagu (4)	Bangalore (U)(1)	Udupi (1)	Chikkamagalur (8)	Kodagu (1)
Uttar Kannada (8)	Dakshina Kannada (9)	Kodagu (2)	Dakshina Kannada (14)	Chikkamagalur (2)
Chikkamagalur (12)	Udupi (12)	Uttar Kannada (5)	Kodagu (14)	Hassan (9)
Udupi (13)	Uttara Kannada (22)	Dakshina Kannada (12)	Udupi (16)	Uttar Kannada (13)
Dakshina Kannada(15)	Bangalore (R) 29)	Shimoga (22)	Shimoga (18)	Mysore (17)
Shimoga (18)	Shimoga (32)	Chamrajnagar (30)	Uttar Kannada (19)	Chitradurga (18)
Bangalore-U(18)	Kodagu (32)	Bangalore-R (40)	Bangalore U (23)	Shimoga (26)

Figure in brackets indicates the position on 100 point scale

- ⊗ However, disparities in health on class, caste, age, sex and the religion could not be assessed, as data does not exist in disintegrated form for districts of Karnataka.

Relationship in between Health Status and Health Determinants among the Districts of Karnataka State:

HEALTH STATUS	HEALTH DETERMINANTS		
	LOW	MODERATE	HIGH
LOW	BELLARY GULBARGA KOPPAL RAICHUR	CHITRADURGA KOLAR BIDAR	
MODERATE	BAGALKOT BIJAPUR GADAG	DAVANGERE BELGAUM CHIKKAMAGALUR DHARWAD, HASSAN, HAVERI MANDYA, MYSORE TUMKUR	BANGALORE (U)
HIGH		CHAMARAJNAGAR	DAKSHINA KANNADA UTTAR KANNADA UDUPI, KODAGU SHIMOGA, BANGALORE (R)

Observed Agreement 19/27 - 70.4%

Kappa Coefficient: 0.532, P = 0.000059

It is obvious from the above table that the districts with the low value on health determinants have low health status and districts with high value of health determinants have the high value of health status with an agreement of 70.4% and Kappa Coefficient 0.532, which is significant.

Relationship in between Health Status and Primary Health Care Facilities among the Districts of Karnataka State:

HEALTH STATUS	PRIMARY HEALTH CARE FACILITIES		
	LOW	MODERATE	HIGH
LOW	BELLARY KOPPAL, RAICHUR	GULBARGA KOLAR BIDAR	CHITRADURGA
MODERATE	BAGALKOT BANGALORE (U) BELGAUM DHARWAD	BIJAPUR DAVANGERE, 'GADAG, HAVERI MANDYA, TUMKUR	CHIKKAMAGALUR HASSAN MYSORE
HIGH		DAKSHINA KANNADA UDUPI, BANGALORE (R) CHAMRAJNAGAR	KODAGU UTTAR KANNADA SHIMOGA

Observed Agreement 12/27 - 44.44%

Kappa Coefficient: 0.1234, P = 0.1862

Government Primary Health Care services and health status are not very much related with observed agreement of 44.44% and Kappa Coefficient 0.1234 which is not significant. This may be due to the utilization and availability of private health services.

Chitradurga district has low Health status even though it has good Government Primary Health Care services.

Relationship between Health Status and Utilization of Primary Health Care services among the Districts of Karnataka State:

HEALTH STATUS	UTILIZATION OF PRIMARY HEALTH SERVICES		
	LOW	MODERATE	HIGH
LOW	BELLARY, GULBARGA, BIDAR KOPPAL, RAICHUR	KOLAR CHITRADURGA	
MODERATE	BAGALKOT BELGAUM	BIJAPUR DHARWAD, DAVANGERE HASSAN, HAVERI MANDYA, GADAG TUMKUR, MYSORE	BANGALORE (U) CHIKKAMAGALUR
HIGH		BANGALORE (R) CHAMRAJNAGAR	DAKSHINA KANNADA UTTAR KANNADA UDUPI, KODAGU SHIMOGA

Observed Agreement 19/27 - 70.4%

Kappa Coefficient: 0.532, P = 0.000059

All districts with high health status continue to use Primary Health Care services and the districts with low health status have low utilization of primary health care services. The above table, observed agreement and kappa coefficient denotes that the health status is more related to the utilisation rather than the availability of services.

Relationship in between Primary Health Care Facilities and Health Facilities Utilization among the Districts of Karnataka State

HEALTH FACILITIES UTILIZATION	PRIMARY HEALTH CARE FACILITIES		
	LOW	MODERATE	HIGH
LOW	BELLARY BAGALKOT BELGAUM RAICHUR KOPPAL	GULBARGA BIDAR	
MODERATE	DHARWAD	BANGALORE (R) BIJAPUR CHAMRAJNAGAR DAVANGERE, GADAG, HAVERI MANDYA, KOLAR TUMKUR	HASSAN CHITRADURGA MYSORE
HIGH	BANGALORE (U)	DAKSHINA KANNADA UDUPI	CHIKKAMAGALUR KODAGU UTTAR KANNADA SHIMOGA

Observed Agreement 18/27 - 66.7%

Kappa Coefficient: 0.474, P = 0.00031

It is clear from the above table the relationship between Primary Health Care utilisation and Primary Health Care facilities is significant where observed agreement is 66.7% and Kappa Coefficient is 0.474. This shows the availability of health services leads to utilization of the health services.

In case of Bangalore Urban though the availability of government primary health care facilities is low, the utilization of health services is high. This may be due to availability of health care services in the private sector.

From the findings it is clear that the Hyderabad - Karnataka region (Bidar, Gulbarga, Raichur, Koppal and Bellary), Bijapur and Bagalkote lack on all indicators in the essential categories.

The equity in Health requires equity in the distribution of the determinants, availability of primary health care services and the utilization of health care services.

The map enclosed indicates the districts which require top priority (red), moderate attention (yellow) and districts where existing facilities, utilization and health status must be maintained at an acceptable level (green).

RECOMMENDATIONS

- Environment Sanitation including availability of clean water, housing and access to latrine and amenities like electricity should be improved in entire Hyderabad-Karnataka region, Bijapur, Bagalkote, Gadag, Hassan and Haveri districts. For this scheme like Nirmal Karnataka Program under Rural Development and Panchyat Raj should be implemented with creating awareness on sanitation and provision of facilities simultaneously.
- Literacy Status 15+ should be improved in Hyderabad-Karnataka region, Bijapur, Bagalkote, Chamrajnagar, Mandya and Bangalore Rural districts.
- Efforts to be made to improve the economic status of household in Hyderabad-Karnataka region, Bijapur, Bagalkote, Chamrajnagar, Chitradurga, Dharwad, Gadag and Kola districts.
- Nutrition status of under five should be improved in entire Hyderabad-Karnataka region, Bijapur, Bagalkote, Davengere, Gadag and Haveri District.
- Malaria incidence to be reduced in Hyderabad-Karnataka region, Bijapur, Bagalkote, Chitradurga, Dakshina Kannada, Hassan, Kolar and mandya districts by implementing National Anti Malaria Program aggressively.
- Prevalence of TB should reduced in Hyderabad-Karnataka region, Bijapur, Bagalkote Chamrajnagar, Chitradurga, Kolar, Mandya, Mysore and Bangalore Urban and Rural districts by extending RNTCP to these districts on priority basis.
- Primary Health Care facilities to be improved in Hyderabad-Karnataka region, Bijapur, Bagalkote Bangalore Urban, Dharwar and Gadag districts.
- More than establishing new primary health care facilities the utilization of existing primary health care services should be encouraged. This could be done by making existing primary health care facilities functional in real sense through monitoring of availability of staff including MOH and drugs.

ANNEXURE – 1

I. HEALTH DETERMINANTS INDICATOR

- a. Prevalence and level of poverty * - 1998
- b. Educational levels * - 1991
- c. Adequate sanitation and Safe water coverage * - 1998
- d. Housing * - 1991

II. HEALTH STATUS INDICATORS

- a. Under five year mortality rate * - 1991
- b. Nutrition of children * - Nov. 2000
- c. Maternal mortality ratio: Not Available
- d. Life expectancy at birth: Not Available
- e. Incidence & Prevalence of relevant infectious diseases * - 1999
- f. Infant mortality ratio: Not Available
- g. Child mortality (1-4 years) : Not Available

III. HEALTH CARE RESOURCES ALLOCATION INDICATORS

- a. Per capita distribution of qualified personnel in selected categories eg., medical officers: physician, obstetrician, paediatrician, surgeons & paramedical workers. * - Sept. 2000.
- b. Per capita distribution of services facilities at Primary, Secondary and Tertiary levels. * - 1999
- h. Per capita distribution of total health allocation and expenditure on personnel and supplies as well as facilities: Not Available

IV. HEALTH CARE UTILIZATION INDICATORS

- a. Immunization coverage * - 1998
- b. Antenatal Coverage * - 1998
- c. Percentage of births attended by qualified attendant * - 1998
- d. Current use of contraception * - 1998

*** Indicators used in the present report**

GOVERNMENT OF KARNATAKA

TASK FORCE ON HEALTH AND FAMILY WELFARE

A Commissioned Research Study

ROLE OF PRIVATE SECTOR IN HEALTH CARE:
QUALITY AND ACCESS

By

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1. Background

Introduction

- 1.1 Health care and public health being one of the thrust areas for development and improvement, the Government of Karnataka has considered the need for review of the current state of Health System so as to ensure 'Health for all' with equity and quality.
- 1.2 In order to propose measures to improve the public health care systems in the State of Karnataka, the Department of Health and Family Welfare (DHFV) has set up a Task Force, consisting of eminent persons in various fields, which will examine the issues involved and propose measures which could be adopted by the Government.
- 1.3 In this regard, the Task Force has conducted a preliminary study and presented an interim report dealing mainly with short-term recommendations, which can be implemented within a period of 6 months. It has also identified areas of concern, which can be accomplished in the medium and long term.
- 1.4 A.F.Ferguson & Co. – MCS division (AFF) has been retained by Karnataka Health Systems Development Project (KHSDP) for review of private sector role in improving health service programs (access and quality).

Terms of Reference

- 1.5 The Terms of Reference (ToR) for the study is as follows :
 - ♦ To review existing role of the different sectors viz. voluntary-not for profit hospitals, for profit hospitals and public (Government) hospitals in providing health care services and determining the possibility of a partnership between them
 - ♦ To review the various health care services offered by private sector in terms of access and qualities and suggest improvements thereof
 - ♦ To review the role of private sector in preventive/promotive and rehabilitative Health Care delivery
 - ♦ To determine the willingness of private sector to be regulated in delivery of their services either by legislation, self-regulation or accreditation.

Approach & Methodology

- 1.6 Our approach to the study included:
 - ♦ Preliminary Study
 - ♦ Primary Survey
 - ♦ Analysis – Findings and Recommendations

Preliminary Study:

- 1.7 This phase of the study involved the following

- ♦ **Discussions with Relevant Personnel:** Detailed discussions were held with the members of the Task Force and other relevant personnel, regarding the various aspects of the proposed study.
- ♦ **Secondary Data Research:** Based on the discussions, information was compiled from various secondary sources viz., Government of India publications, Government of Karnataka publications, World Bank reports, other research findings etc., on the factors affecting public health programmes and the private sector.

Primary Survey

- 1.8 A primary survey of a sample comprising of private hospitals, Government hospitals, nursing homes, private practitioners, Government doctors and alternate systems of medicine. For every hospital and clinic visited exit proformas from both in-patients and out-patients were administered to assess the quality of care delivered. The details of coverage is given in chapter 2.

Analysis – Findings and Recommendations

- 1.9 The information collected from the primary and secondary sources was analysed to determine the role of private sector in public health services. The perceptions on the existing services received from the cross section of society was considered while providing recommendations on enhancement of private sector role in health care distribution. Recommendations are provided on the improvements in *Quality and Access* to be incorporated by the private sector in line with their proposed additional role.
- 1.10 The various aspects of the study are presented in different chapters.
- ♦ Chapter 2: Primary Survey Coverage
 - ♦ Chapter 3: Review of Quality and Level of Care
 - ♦ Chapter 4: Access to Healthcare
 - ♦ Chapter 5: Regulation and Accreditation
 - ♦ Chapter 6: Public Private Partnerships
 - ♦ Chapter 7: Conclusions and Recommendations

2. Primary Survey Coverage

- 2.1 This chapter presents the objectives, methodology followed and coverage of primary survey made as part of the study.

Objectives of the Survey

- 2.2 The primary survey was made with the following objectives
- ◆ Comparative study of quality of services offered as perceived by patients - Reviewing the level of care in private hospitals vis-à-vis public hospitals at the Primary, Secondary, Tertiary levels to the extent relevant for the study.
 - ◆ Private Sector hospital review in terms of
 - Physical Access
 - Social Access:
 - Services Availability
 - Quality as perceived by patients
 - ◆ Involvement of private sector in national programmes
 - ◆ Whether the private sector can be motivated towards greater access to society
 - ◆ Willingness of Private sector for regulation, self-regulation and accreditation.

Methodology

- 2.3 Exhaustive questionnaires were prepared covering all aspects of the study. The questionnaire (please refer Annexure 1) which served as a basis for fact finding were
- ◆ Private Hospital Proforma
 - ◆ Government Doctors Proforma
 - ◆ Private Practitioners Proforma
 - ◆ Exit Proforma – Patient Satisfaction
- 2.4 Discussions with key Department of Health members/ Task Force were also held. Their suggestions were duly incorporated in the questionnaires.
- 2.5 The concerned hospitals/health care centres were visited by the consultants of AFF covering the following :
- ◆ A tour of all services/ facilities
 - ◆ Detailed discussions with the management to obtain their views on key issues.
- 2.5.1 The results of primary survey are as provided by the respondents verbally/or in the filled-up questionnaires, these could not be verified with their documents as the hospitals/practitioners were reluctant to provide any records or statements to substantiate their claims especially in cases like percentage of patients provided free treatment.

Coverage

2.6 Adequate care was taken to make the sample representative in terms of

- ♦ Category of respondents - Hospitals, Practitioners and Patients
- ♦ Geographical Coverage – Urban/Rural composition and Spread

Hospitals

2.7 **By Management:** All categories of hospitals with different management styles were part of the study as is shown in table 2.1.

Table 2.1: Coverage as per Different Category of Hospitals - Management

S.No.	Particulars	Number In urban Areas	Number In Rural Areas	Total Number
1.	Private Hospitals	6	2	8
	- Corporate Hospitals	2	-	2
	- Trust Hospitals	2	-	2
	- Teaching Hospitals	1	1	2
	- Missionary Hospitals	1	1	2
2.	Nursing Homes	2	7	9
3.	Indian System of Medicine	1	1	2
4.	Government Hospitals	3	8	11
	Total	12	18	30

2.8 **By Level of Care:** To the extent possible, a mix of primary, secondary and tertiary level of care offered by different hospitals was provided for in the sample.

Table 2.2: Coverage as per Level of Care Provided

S.No	Particulars	Number In urban Areas	Number In Rural Areas	Total Number
1	Private Sector	8	9	17
	- Primary	2	7	9
	- Secondary	4	2	6
	- Tertiary	2		2
2	Government Hospitals	3	8	11
	- Primary Health Centre		6	6
	- Community/Taluk Health Centre		2	2
	- District Hospital	3		3
3	Indian System of Medicine	1	1	2
	Total	12	18	30

Practitioners

2.9 Adequate coverage of general physicians, specialists in private sector and Government doctors was provided for in the sample as is shown in table 2.3.

Table 2.3: Coverage of Practitioners

S.No.	Particulars	Number In urban Areas	Number In Rural Areas	Total Number
1	Private Practitioners	13	11	24
	- General Physicians	8	7	15
	- Specialists	5	4	9
2	Government Doctors	5	23	28
3	Indian System of Medicine	1	1	2
	Total	19	35	54

Patients

2.10 A minimum of 3 questionnaires was administered to patients in every hospital and clinic visited in the private sector. In all, a total of 112 exit proformas were administered to patients.

2.11 **Break-up as per IP/OP:** Equal representation was given to both the in-patients and out-patients in the sample as is shown in table 2.4.

Table 2.4: Break-up of IP/OP Patients

S.No.	Particulars	Number In urban Areas	Number In Rural Areas	Total Number
1	In-Patients (including Indian system of medicine)	46	10	56
2	Out-Patients	56		56
	Total	102	10	112

2.12 Classification as per Sex of patient:

Table 2.5: Sex wise Classification of Respondents

S.No.	Particulars	Number In-patients	Number Out-patients	Total Number
1	Males	33	38	71
2	Females	22	19	41
	Total	55	57	112

2.13 Classification as per Age of Patients:

Table 2.6: Age wise Classification of Respondents

S.No.	Particulars	Number In-patients	Number Out-patients	Total Number
1	Less than 12 yrs		8	8
2	12 – 35 yrs	28	33	61
3	36 – 50 yrs	13	12	25
4	Above 50 Yrs	14	4	18
	Total	55	57	112

2.14 Classification as per Income of Patients:

Table 2.7: Classification of Respondents on Income

S.No.	Monthly Income	Number In-patients	Number Out-patients	Total Number
1	Upto 1000		3	3
2	Rs. 1000- Rs. 2000	4	3	7
3	Rs. 2000 – Rs. 3600	13	6	19
4	Rs. 3600 – Rs. 5000	11	12	23
5	Above Rs. 5000	18	12	30
	Total	46	36	82

Note : 30 respondents did not indicate family income

Coverage as per Spread

- 2.15 The respondents were mainly from the urban and rural areas of Bangalore, Belgaum, Kolar and Gulbarga.
- 2.16 Thus, to an extent possible, adequate effort was made to make the sample representative in terms of both categories of respondents and geographical distribution for the purpose of the study.

Primary Survey for Assessing Willingness for Accreditation

- 2.17 For assessing the willingness of private sector hospitals and practitioners for accreditation, a separate structured questionnaire (Annexure II) was mailed to 600 hospitals/nursing homes/Private Practitioners/Specialists through IMA and also through distribution at IMA sponsored seminars at Gulbarga, Belgaum and Kolar.
- 2.18 The break-up of responses received is shown in table 2.8. Though responses were received only from 36% of hospitals, the break-up of responses by number of beds, ownership, system of medicine and services (as has been detailed below) indicates that the sample was representative of the whole.

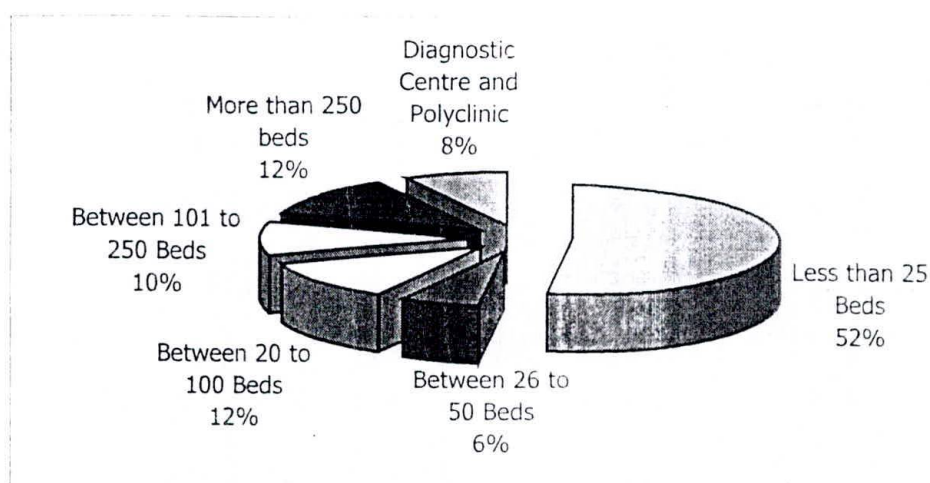
Table 2.8: Responses Received From Different Categories

	Proforma Sent	Responses Received	Percentage Responses Recd.
Number of Hospitals	500	180	36%
Number of Specialists	50	35	70%
Number of GP's	50	40	80%
Total	600	255	42.5%

- 2.19 The respondents were different stakeholders in hospital services. Though only 36% of responses were received from hospitals category, the responses were representative of the whole as could be seen from the break-up of total respondents presented below.

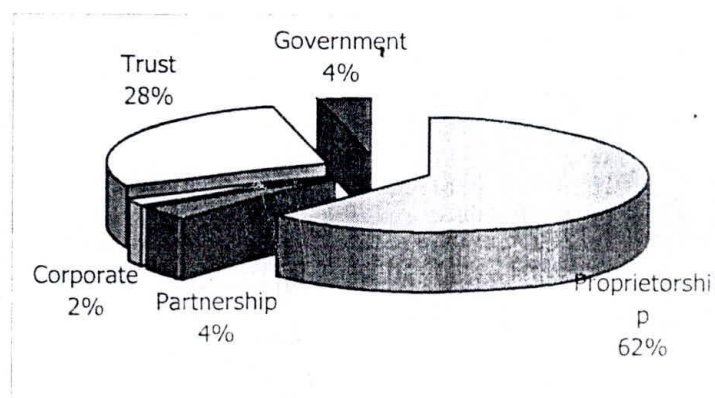
- 2.20 Discussions with owners of certain hospitals, nursing homes, IMA members and hospital administrators were also held to get a feel of various qualitative parameters for setting up an accreditation body.
- 2.21 Break-up of respondents by number of beds, ownership, system of medicine and services provided is presented below
- 2.21.1 **Number of Beds:** Majority of respondents were nursing homes having less than 25 beds as is shown in exhibit 2.1

Exhibit 2.1: Classification as per Number of Beds



- 2.21.2 Ownership: Majority (62%) of the respondents had proprietorship concern as is shown in exhibit 2.2

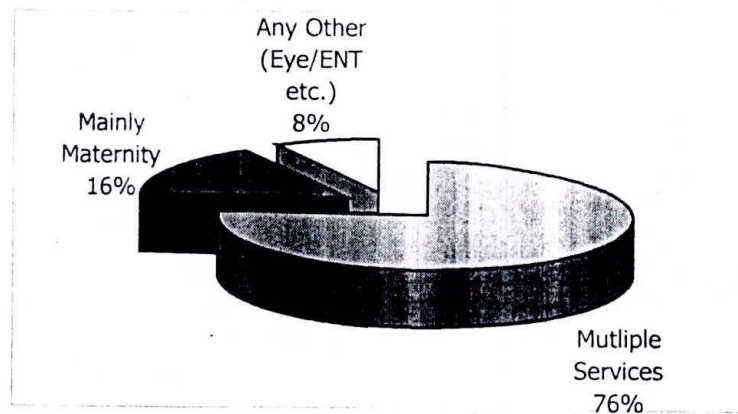
Exhibit 2.2: Classification as per Form of Ownership



- 2.21.3 System of Medicine: Majority (88%) of them were allopathic graduates, 6% of them were from other disciplines and responses for other 6% were not available.

2.21.4 **Services Provided:** Majority were providers of multiple services and the break-up is presented in exhibit 2.3

Exhibit 2.3: Classification as per Services provided



3. Review of Quality and Level of Care

- 3.1 Quality of service provided in hospitals are usually determined by either of the following two methods
- ◆ Review of service offered such as effectiveness of treatment, hospital infection rates etc and facilities available (Equipment, Investigation, Staff etc)
 - ◆ Review of patient's perception of the quality
- 3.2 This study has focused on review of level of care and quality in the private sector through exit patient perception of quality. This was conducted through a detailed patient survey, wherein around 102 exit proformas were administered to patients visiting Hospitals, Private clinics etc. In addition, around 10 patients from an alternate system of medicine namely Ayurvedic Medicine were covered. This chapter presents the findings of the survey on review of quality and level of care.
- 3.3 In order to retain the distinction between Allopathic medicine and the Indian system of medicine, for the purpose of review of patient perception, the observations from the patients of Ayurvedic hospital have been indicated separately.

Quality of Service

- 3.4 The quality of service offered by the private sector has been reviewed on the following parameters :
- ◆ Patient Expectation
 - ◆ Repeat Visit / Recommendations
 - ◆ Doctor – Patient communication
 - ◆ Nursing care
 - ◆ Ward Staff Support
 - ◆ Support Services
 - ◆ Administrative Support

Patient Expectation

- 3.5 Quality of care is perceived to be high, when the expectations of patients with respect to outcome of service is met.
- 3.6 Majority of the patients were of the view that their expectations of service were either fully met or have been met to a certain extent. None of the In-Patients (IP) were of the view that expectations have not been met. This holds true for the rural sector also. Around 3% of the out-patients(OP) were of the not satisfied with the treatment given.
- 3.7 Table 3.1 presents the response with regard to patient expectation.

Table 3.1: Patient Expectation Response

Expectation :	In-Patients	Out-Patients
Fully met	54%	49%
To some extent met	46%	48%
Not met	0%	3%
Total	100%	100%

- 3.8 In case of Indian Systems of medicine a majority of the patients were of the view that the patient expectation were met only to some extent.

Repeat Visits/Recommendations

- 3.9 Satisfaction of care and meeting of care expectations, is an indicator that the patient would visit the hospital for any subsequent illness as well as recommend the hospital to others.
- 3.10 This has also been reinforced in the survey where majority of respondents indicated that in the event of future illness they would like to visit the same hospital. Further, they would also either surely or may recommend the hospitals to others. This is true for both urban and rural hospitals.
- 3.11 Table 3.2 presents the response on repeat visits and recommendations

Table 3.2 : Response on Repeat Visits and Recommendations

Response	Repeat Visits	Recommend to others
Surely	54 %	42%
Maybe	43 %	56%
Not at all	3%	2%
Total	100%	100%

- 3.12 As part of the hospital survey findings, 70 % of the patients are repeat patients. 40% of the patients went back for the same complaints and 60% for fresh complaints. This reinforces the response received from patients.

Doctor – Patient Communication

- 3.13 A Doctor's role is critical with respect to perception of the patient in regard to the quality of any hospital/clinic. Most patients visit the hospitals for consultation with specific doctors. The doctor's role is reviewed both in terms of technical capabilities as well as the comfort level the patient perceives with the doctor. As an average patient would not be able to judge the technical capabilities of the doctor, more often, on successful treatment, the confidence on the doctor's capabilities rise. The different factors reviewed in the exit proforma survey are:

- ◆ Communication on the illness and treatment process
- ◆ Sense of Comfort
- ◆ Opinion on treatment
- ◆ Doctor Behavior.

Communication on illness and treatment process.

- 3.14 Responses were elicited on whether adequate information was provided by the doctor about the illness and treatment meted out. It must be noted that extent for requisite information would vary from patient to patient. Around 84% of the patients were fully satisfied with the explanations given. In cases where the patients felt that adequate information about illness has not been provided, they were barely satisfied with the doctor's service. Thus, the survey indicated that communication played a key role in the overall satisfaction of the patient on the quality of services.

Sense of Comfort

- 3.15 The comfort level felt with the doctor plays a key role in removal of most apprehensions of patients. The patients were queried on whether they felt free to talk to the doctor regarding their concerns and worries. Majority of the patients were at a comfort level with regard to patient- doctor communication. In the rural areas, almost all patients with an exception or two, were very comfortable with the doctor communication.

Opinion on Treatment

- 3.16 Empirical studies have proven that a physician's task competence have a significant influence on patient decision on quality. Opinions on the doctor's competence are formed on recovery history of previous illness as well as patient's response to current treatment. The respondents were divided closely between 'good' and 'satisfactory' treatment. A small percentage (2%) was dissatisfied with the technical capabilities of the doctor.

Doctor Behaviour

- 3.17 Doctor's behaviour with the patient were reviewed in terms of whether the doctors were kind and helpful, indifferent or they needed improvement in the same. Around 14% of the respondents were of the view that there is a need to improve behaviour of doctors. This may be a response to behaviour of specific physicians and has been noted in a rural nursing home as well as in three other instances..

Overall Satisfaction

- 3.18 Majority of the patients were totally satisfied with the overall service provided by the doctors thereby, reflecting in the quality standards perceived by them. Table 3.3 provides the responses of the Doctor – Patient communication parameter.

Table 3.3 : Responses on Doctor Patient Communication Parameter

Response	Commu- nication	Comfort Level	Treatment Quality	Doctor Behaviour	Overall Satisfaction
Fully Satisfied	84%	78%	55%	81%	87%
Satisfied to some extent	12%	22%	43%	5%	11%
Not Satisfied	4%		2%	14%	2%

- 3.19 The exit proforma conducted on patients visiting the Ayurvedic Hospital indicated that majority of patients (~ 70%) were only satisfied to some extent with the

doctor's treatment. While ~80 % of the respondents felt that the communication between patient doctor could have been better, the responses were mixed with regard to the doctor behaviour (50 – 50 between Kind and Indifferent).

Nursing Care

- 3.20 Nursing care provided by the private sector was reviewed for in-patient care. High level of interaction between nurses and patient results in Nursing care being a key aspect in determining patient satisfaction thereby perception of quality. Nursing care determinants reviewed were :
- ◆ Support and kindness of nursing staff
 - ◆ Perceived competence thereby quality of service
 - ◆ Prompt answer to call
- 3.21 The majority of hospitals and nursing homes do not have nursing manuals. Missionary hospitals have standing orders for nurses for certain departments. Many of the hospitals are now planning to have manuals.
- 3.22 The survey revealed that most patients felt that the nurses were fairly friendly and courteous in the urban areas, while in rural hospitals it was predominantly found that patients felt that nurses need to improve their behaviour in terms of kindness and warmth. The feedback on quality of nursing care was equally distributed between 'good', 'satisfactory' and 'needs improvement'.
- 3.23 The major hospitals had trained and qualified nurses whereas the smaller hospitals and nursing homes have poorly trained nurses and not as per Nursing council norms.
- 3.24 Majority of the patients with the exception of the rural hospitals were of the view that the nurses responded promptly on patient. Table 3.4 presents the exit proforma findings on Nursing care offered in the private sector.

Table 3.4 : Responses to Nursing Care Offered in Private Sector

Responses	Nursing Staff Behaviour	Quality of Nursing Care
Good (Kind & Helpful)	58 %	32 %
Satisfactory (Indifferent)	12 %	32 %
Needs Improvement	30 %	36 %
Total	100%	100%

- 3.25 In the Ayurvedic hospital, the responses closely distributed across the three parameters i.e. 50 %, 30% and 20% respectively. Most in-patients were of the view that the nurses were indifferent and the quality of nursing care was only at a satisfactory level.

Ward Staff Support

- 3.26 Ward attendants are the key support staff assisting the quality care of the in-patients. Service in terms of promptness to calls and their behaviour with the patients reflect on the atmosphere of the hospital. Around 46% of the respondents

felt that these attendants were prompt in their service, while 38 % (predominantly rural) felt that they needed improvement.

Support Services

3.27 Hospitals are complex entities with multiple range of functions being conducted within. Though primarily clinical and para-medical care forms the key functions of the hospital, other areas such as Pharmacy, Housekeeping, Admissions and Food service play critical roles in ensuring quality care to the patient. Respondents were queried on the efficiency of these services and their satisfaction from them. The areas covered were :

- ◆ Medical Supply Procurement
- ◆ Quality of meals
- ◆ Housekeeping

Medical Supply Procurement

3.28 Easy availability of medical supplies in the medical/surgical shops located in the hospital is critical to the patient especially in emergency situations. While no respondent had any concern regarding availability, around 86% did not face any problems in procurement of medicine from these shops.

3.29 In the ayurvedic hospital, certain section of patients (60%) had difficulty in procuring medicines, in certain situations while the remaining 40% did not face any problems.

Quality of Meals

3.30 Provision of hygienic and good quality meals are a requisite for smooth recovery of the patient and also reflect on the quality of the hospital. However, it has been observed that unless made mandatory by the hospital, most patients do not avail of the hospital meal services. Further, the respondent's view on the quality would be highly individualistic and subjective to factors such as taste etc.

3.31 Around 62% of the in-patients (who availed of the facility) were satisfied with the meal quality and timely service while 38% felt that there is scope for improvement of meal service and quality.

3.32 All respondents of the Ayurvedic Hospital covered felt that there is a need to improve the quality and service of meals offered.

House-Keeping

3.33 Hospitals being at a high risk in terms of cross – infections, good housekeeping reflects on the overall quality care offered by hospitals. Housekeeping has been reviewed in the exit proformas in terms of cleanliness of wards, toilets etc as well as provision of linen and other supplies.

3.34 Responses on cleanliness of wards, toilets and bathrooms were highly hospital specific with certain hospitals rating very high (100 % satisfaction) and certain others quite low (75 % dissatisfaction). This is true for both rural as well as urban hospitals. On an overall basis, around 54% found that the toilets were clean.

- 3.35 With regard to linen supply, most of the rural respondents had used their own linen. This may be due to bad quality of linen supplied by hospitals or the hospitals do not provide for the same. The responses of other patients revealed an equal distribution between satisfactory and need of improvement parameters.
- 3.36 Majority of the in-patients felt that the facilities of sweeper, security and power were adequate.
- 3.37 Table 3.5 presents the responses on Housekeeping facilities of the hospitals.

Table 3.5 : Responses to Housekeeping Facilities

Responses	Cleanliness of ward, Toilets & Bathrooms	Quality of Linen
Satisfactory	54 %	51 %
Needs Improvement	46 %	49 %
Totally Dissatisfactory	0 %	0 %
Total	100%	100%

- 3.38 In the ayurvedic hospital, all patients felt that there was a distinct need for improvements of the cleanliness levels and the linen supply.

Administrative Support

- 3.39 Quick and simple administrative procedures facilitate in enhancing the comfort level of the patient with the hospital. The administrative support was reviewed in terms of the following :
- ♦ Admission & Billing Procedure
 - ♦ Attitude of Reception staff
 - ♦ Waiting time

Admission and Billing Procedure

- 3.40 Majority of the patients (76%) felt that the admission and billing procedure was simple with none of the view that it was very complicated. This is applicable to both the rural/ urban hospitals as well as the Ayurvedic Hospital.

Attitude of Reception Staff

- 3.41 Around 38 % of the respondents were of the view that the reception staff was courteous, prompt and answered their queries satisfactorily, while 57 % felt that there was a need for improvement in their attitude.

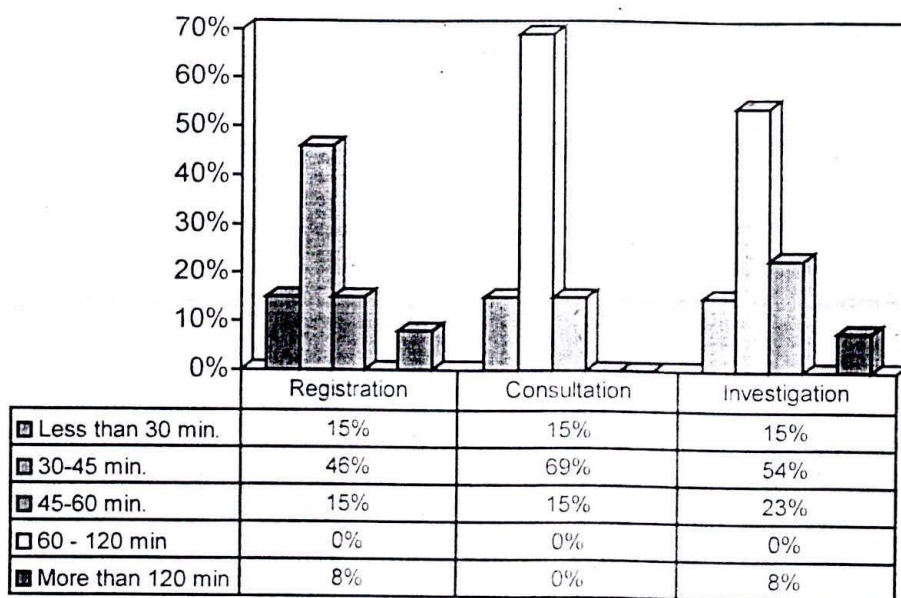
Waiting Time

- 3.42 Average waiting time was determined for the levels of enquiry/registration, doctor consultation and investigation. In all the three cases the majority of the respondents were of the view that the average waiting time was 30 – 45 minutes with 56 % feeling that though long, the waiting time was acceptable. 30 % of the

respondents were of the view that the overall waiting time was reasonable and within their expectations.

- 3.43** In the OPD, most of the waiting time (73%) was spent in waiting for doctor consultation. The average waiting time at each stage is presented in the Exhibit 3.1

Exhibit 3.1: Waiting Time



Level of Care

- 3.44** Level of care provided in the private sector was determined through the availability of services in the hospital and the perception of the patients of the same.

Services Availability

- 3.45** The various services available in the private sector can be summarised as under:
- ◆ Super speciality services are generally available in Corporate / Teaching hospitals
 - ◆ The Trust and Missionary hospitals generally provide secondary level of care i.e. internal medicine, paediatrics, general surgery etc.
 - ◆ Most of the nursing homes have only minimal services for emergency care.
- 3.46** With regard to investigation facilities the following observations have been made:
- ◆ Corporate / Teaching hospitals usually have facilities for all investigations
 - ◆ Missionary / Trust hospitals offer secondary level of investigations
 - ◆ Most nursing homes have only basic investigation services.
- 3.47** This has been confirmed in the exit proformas wherein most of the corporate / teaching hospitals had their own investigation facilities.

- 3.48 Facilities in terms of adequate water and power supply and the drainage facilities were found in all the hospitals covered. However, water purifier facilities were not available in the nursing homes.
- 3.49 While the private hospitals had adequate number of ambulances, the nursing homes did not have any. In terms of ward facilities, the nursing homes had only general wards and no ICU facilities while all the private hospitals covered had Emergency wards, general wards and ICU facilities. The nursing homes do not seem to follow any kind of standard protocols regimes.
- 3.50 The facilities available in the private sector are presented in Table 3.6

Table 3.6: Facilities Available in the Private Sector

Facilities	Private Hospitals (%)	Nursing Homes (%)
Emergency Ward	100	0
% Beds in General Ward	61	36
ICU	100	0
ICU Beds/Total Beds (%)	5-10%	0
Ambulance	67	0
No. of Ambulances (No.)	1-4	0
Overhead Water Tank	100	100
Water Purifier	100	0
Hot Water Facility	100	100
Generator	83	75
Elevator	83	0
Drainage Connection	100	100
Laundry	100	67
Space for Washing Patients Clothes	83	100
Declared Baby Friendly by Govt.	50	0

- 3.51 Majority of the private hospitals and nursing home laboratories are not standardised and none of them are participating in standardisation programme accredited to the 'National Board of Accreditation of Laboratories'.
- 3.52 There is thus an urgent need to set up minimum standards for hospitals and nursing homes of varying capacities and classified as primary, secondary and tertiary.
- 3.53 Currently, there are no permissions from any government authority required to set-up nursing homes. As a result, there has been a proliferation of poorly planned and ill-equipped nursing homes.

Patient Perception on Services Availability

3.54 The patient perception on services availability was reviewed in terms of the following :

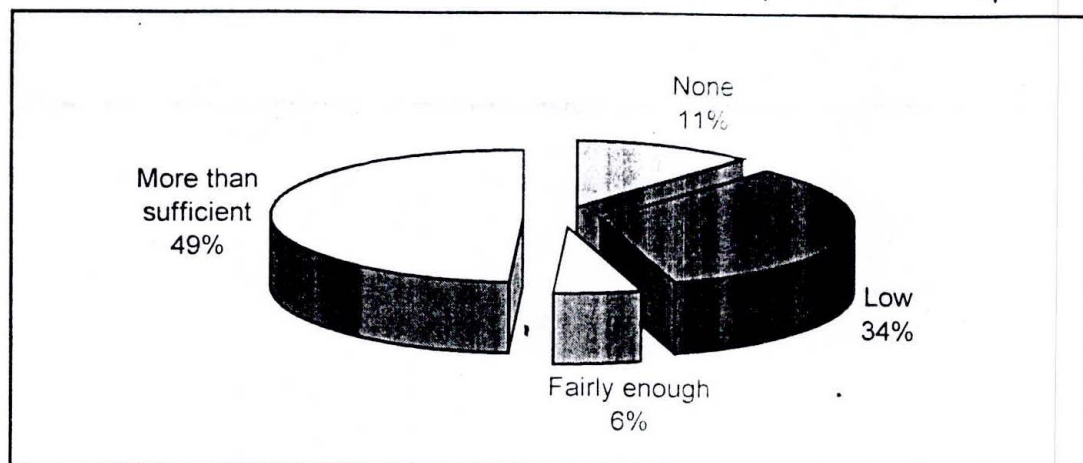
- ◆ Extent of investigations conducted
- ◆ OPD facilities such as
 - ◆ Physical Space
 - ◆ Drinking water
 - ◆ Seating arrangements
 - ◆ Fan & Ventilation
 - ◆ Toilet
- ◆ In-patient facilities such as water, power and security
- ◆ Equipment Availability

Extent of Investigations conducted

3.55 Investigations, normally conducted to confirm diagnosis, have become more or less a routine matter in most hospitals/nursing homes. The patient perception with regard to the extent of investigations conducted, elicited the response as indicated in exhibit 3.2

Exhibit 3.2: Patient Perception on Extent of Investigations Conducted

3.56 The most common investigation done for the in-patients was Blood (70%) and Radiological -X-Ray (62%), C.T Scan (12%) etc. A sample detailed exit proforma



was conducted for around 13 patients to determine investigations conducted against specific illness/symptoms. Table 3.7 presents a summary of the responses received.

Table 3.7: Illness Specific Investigations conducted

Illness/Symptom	Investigations
Hernia – Swelling in groin	Blood, Urine, CxR etc
Appendicitis	U.S Abdomen, Routine Blood and Urine
Lower Respiratory Infection, cough, expectoration, fever	Chest X-ray, PA view, Routine Blood and Urine analysis
Intestinal Perforation, Pain in abdomen, Fever	Urine, Blood, Chest X-ray
Amenorrhea in labour	US scanning of Abdomen
Congestive cardiac failure, breathlessness, cough and expectoration	Chest X-ray PA, Routine Blood and Urine
Pregnancy	Blood, Urine, USG, CxR
Acute Gastritis – Pain in abdomen	Endoscopy
Fever for evaluation	Blood, urine CxR etc

OPD Facilities

- 3.57 Availability of space has an important bearing on the level of care and quality of service. Majority (65%) of the respondents (specifically those visiting clinics) felt that there was a reasonably good space in the OPD while around 27 % (mostly constituting of hospital patients) felt that the OPDs were quite spacious.
- 3.58 The facilities in the OPD such as drinking water, seating arrangement, fan & ventilation and toilet were reviewed with the various patients to determine the extent of such facilities offered in the private sector. Majority of respondents were of the view that these facilities were fairly sufficient. Table 3.8 presents the responses with regard to the above.

Table 3.8 : Extent of OPD facilities

Response	Drinking water	Seating Arrangement	Fan and Ventilation	Toilet
Less	31%	21%	20%	26%
Fairly sufficient	53%	60%	64%	56%
More than sufficient	15%	18%	15%	17%

- 3.59 Majority of the patients (~80%) of the Ayurvedic hospitals found the OPD facilities to be less satisfactory.

In-Patient facilities

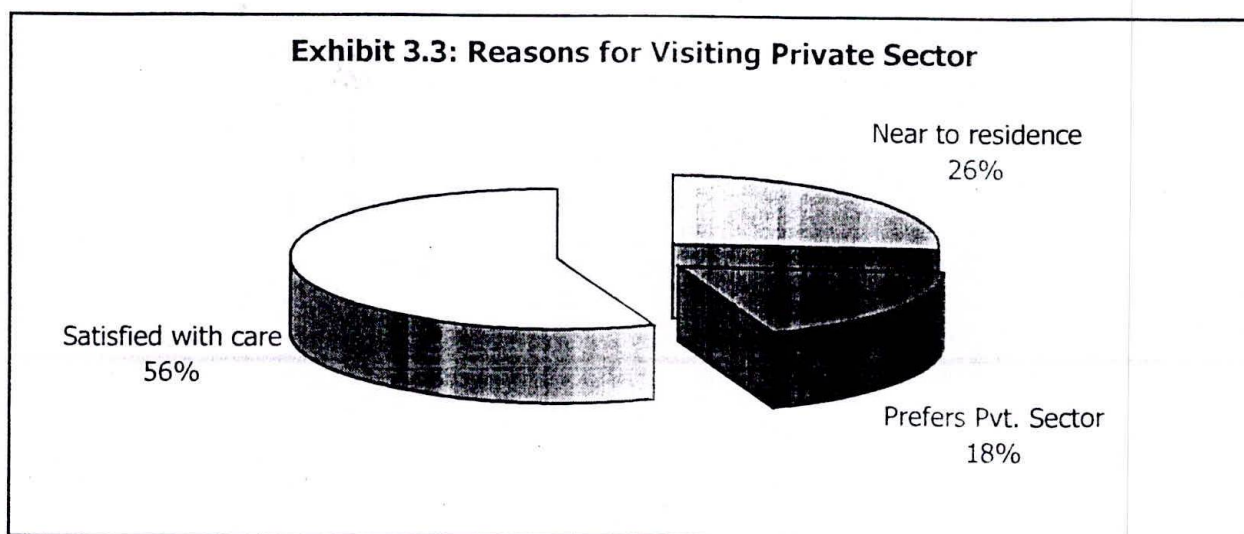
- 3.60 Majority of the patients felt that in-patient facility such as water, power and security were adequate.

Equipment Availability

- 3.61 The exit proformas addressed the query of to what extent the respondent felt that the hospital was well equipped. Around 41% of the respondents were not able to comment on the same while 35 % felt that the hospital was well equipped. However, this observation cannot be considered, as most patients are not qualified to judge the extent of equipment availability in the hospitals.

Comparative review of private sector with public sector (as perceived by the patients)

- 3.62 The exit proformas addressed the various reasons for visiting the private sector for treatment vis-à-vis the public sector.
- 3.63 Majority of the patients visited the private sector as they were either satisfied with the service or they distinctly preferred a private hospital over the government hospital. This is represented in Exhibit 3.3
- 3.64 Specific responses were elicited from a certain section of patients on their choice of

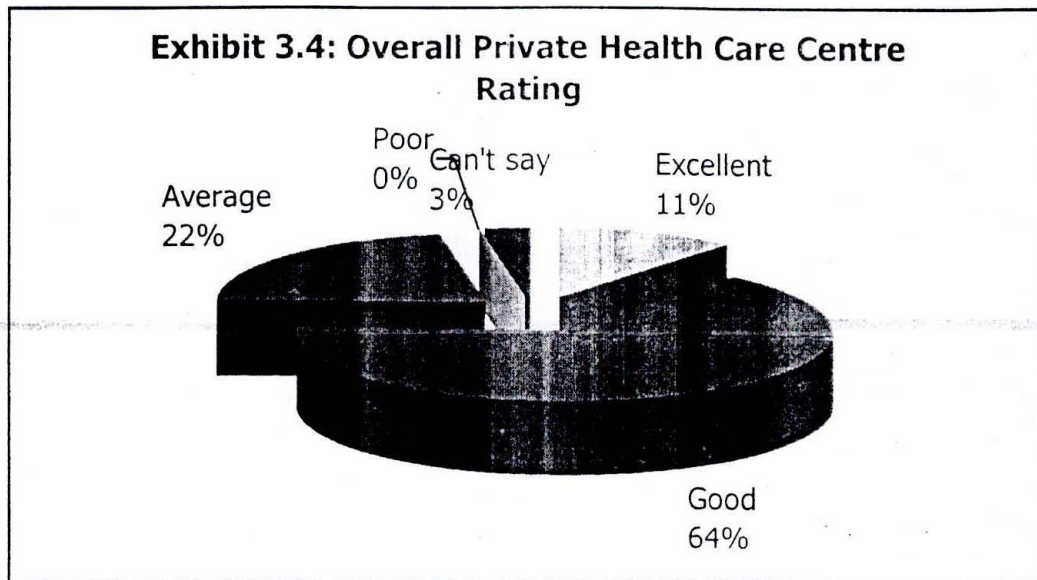


hospital if both the private hospital as well as the government hospital were close to one another. All of the respondents preferred the private hospitals and the reasons for choice are :

- ◆ Promptness of service
- ◆ Reliability
- ◆ Quality care
- ◆ Better services

Overall Rating of Private Sector (As perceived by the patients)

- 3.65 As discussed in the previous paragraphs, majority of the patients are quite satisfied with the quality of service and level of care offered by the Private sector hospitals/health care units. The overall rating of the private sector as perceived by the patients is depicted in the chart below :
- 3.66 The patients visiting ayurvedic hospital have rated the hospital to be average/poor.



4. Access to Health Care

- 4.1 This chapter presents the accessibility of health care services to poorer sections of the society both in terms of Physical and Social Access

Physical Access

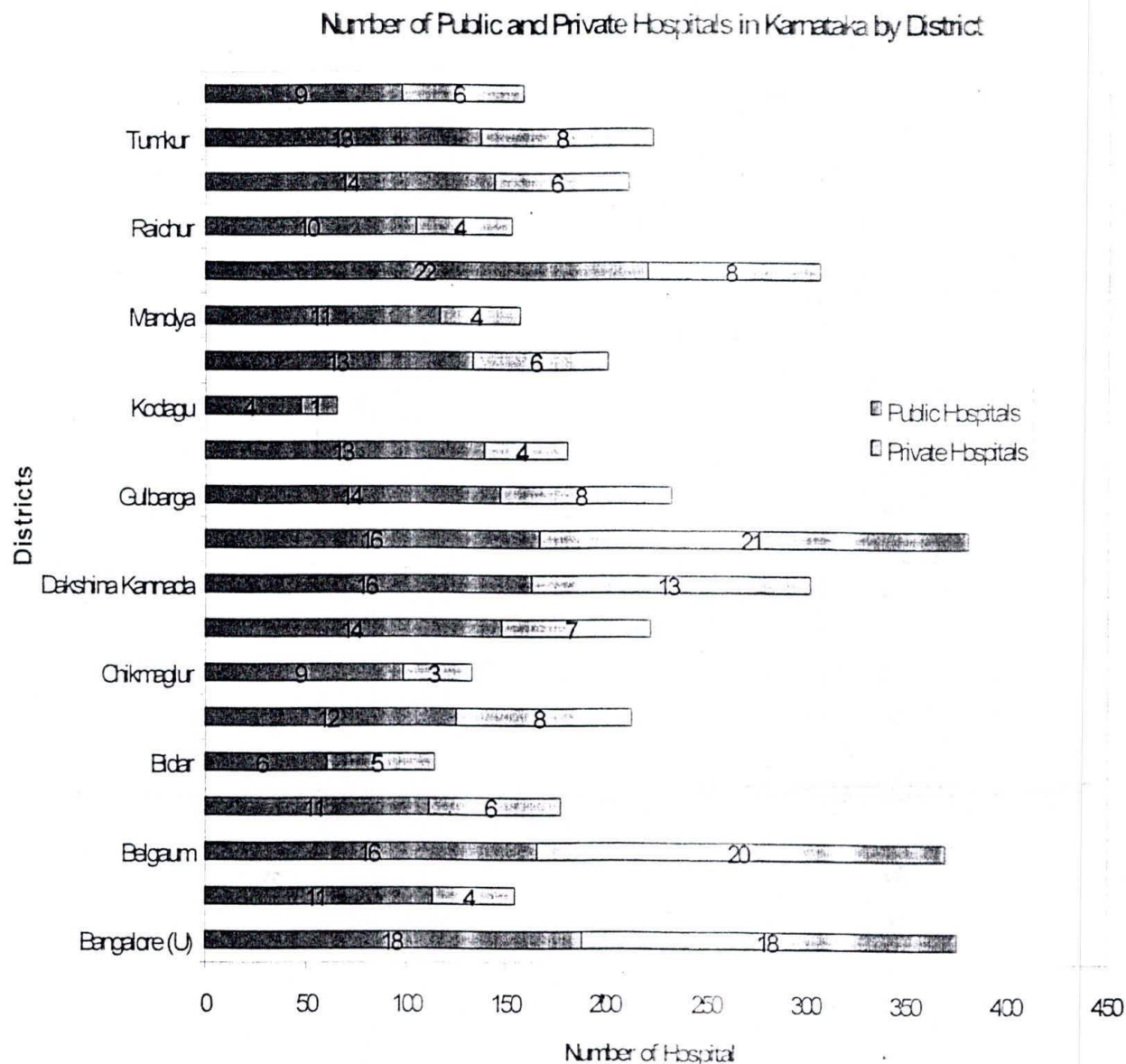
- 4.2 Physical Access has been assessed by the following

- ◆ Availability of Hospitals
- ◆ Availability of beds in the districts
- ◆ Distribution of treatment of Out-patients and In-patients over source of treatment
- ◆ Physical distance traveled to reach hospital
- ◆ Means of transportation used to reach hospital

Availability of Hospitals

- 4.3 According to a survey conducted in 1995-96 by the Centre for Symbiosis of Technology, Environment and Management (STEM), Bangalore, there were in 1995-96, 2,624 public hospitals (hospitals, community health centres, primary health centres and primary health units) and 1709 private hospitals (clinics, nursing homes and hospitals).
- 4.4 Thus, the number of public health sector units is only slightly higher than that of private health institutions. In terms of number of patients treated also, the role of private health sector is increasing (this is presented below in section distribution of patients over sources of treatment).
- 4.5 The Exhibit 4.1 presents district-wise distribution of Public and Private Hospitals in Karnataka

Exhibit 4.1:



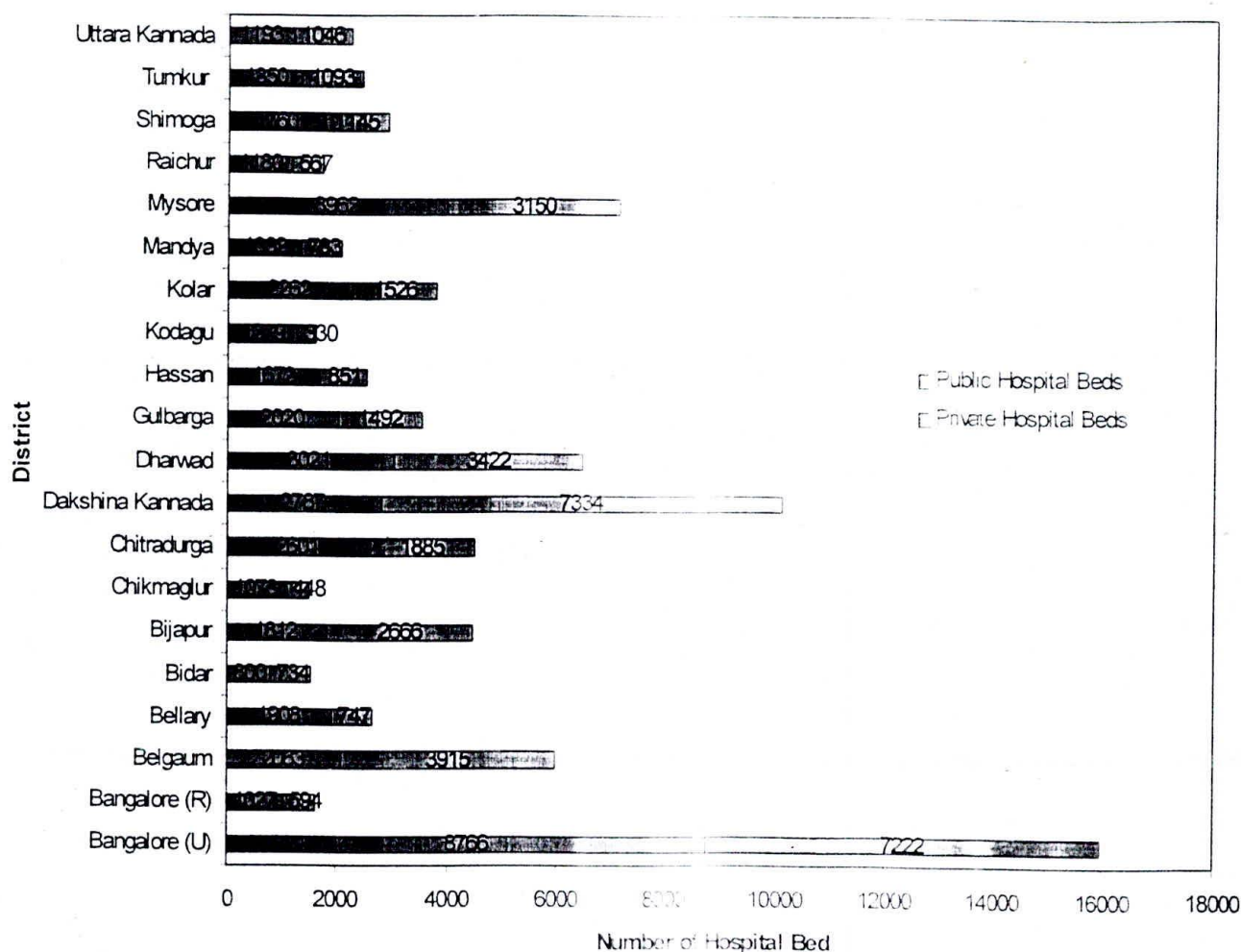
Source: Health Care Facilities in Non-Government Sector in Karnataka, STEM, 1996

Availability of Beds

- 4.6 The number of beds in the private sector in Karnataka is 40,900 compared to 43,868 beds in public sector hospitals. A vast majority of private sector hospitals provide curative health care, while public sector hospitals promotive, preventive and curative services in rural areas and only curative services in urban areas. Thus, with the population of 44,806,468 (Census 1991), this translates into a mere 1.89 beds per thousand of population.

Exhibit 4.2:

Source: Health Care Facilities in Non-Governmental Hospitals in Karnataka, SIFEC, 1990

Public and Private Hospital Beds in Karnataka by District**Bed Capacity at Ayurvedic Hospital**

- 4.7 The Ayurvedic Hospital covered has a bed capacity of 325 beds in the general ward and 25 beds in the semi-private ward, with an average occupancy rate of 30-40%

Distribution of Treatment of Out-Patients over Sources of treatment

- 4.8 Only 27% of the OPD patients in urban areas of Karnataka get their treatment at Public Hospital Centre. Majority of them (43.19%) gets their treatment from private doctors and 22% of them from private hospital in urban areas and similar trends are seen in rural areas. The details are in table 4.1

Table 4.1: Percentage Distribution of Out-patient treatment over Sources of Treatment

Type of Hospital	Urban %	Rural %
Public Hospital	27	25.72
Primary Health Centre	1.71	8.47
Public Dispensary	1.23	1.27
Private hospital	22.07	18.48
Nursing Home	1.01	1.16
Charitable Hospital	0.24	0.17
(ESI)Doctor	1.36	0.94
Private Doctor	43.19	41.51
Others	2.19	2.28
Total	100.00	100.00

Source:GoI, CSO, 42 round of National Sample Survey No. 364

Distribution of Treatment of In-Patients over Sources of treatment

- 4.9 There is almost equal distribution of In-patients treatment in public and Private sector in Karnataka Urban areas and whereas, in rural areas 60% get their treatment in public hospital and primary health centre and the balance 40% in private sector. The detailed break-up is presented in table 4.2

Table 4.2: Percentage Distribution of In-patient treatment over Sources of Treatment

Type of Hospital	Urban %	Rural %
Public Hospital	48.51	55.31
Primary Health Centre	0.39	2.71
Private hospital	40.49	32.94
Charitable Hospital run by Public Trust	1.26	2.59
Nursing Homes	9.06	5.62
Others	0.29	0.91
Total	100.00	100.00

Source:GoI, CSO, 42 round of National Sample Survey No. 364

Distance Traveled to Reach Hospital

- 4.10 One of the most important means of assessing physical access of healthcare services is to identify the distance traveled by patients to reach hospitals.
- 4.10.1 **Hospitals:** The primary survey reveals that more than 70% of OPD patients across categories use hospital within 10 kilometres of distance from their home. A very noticeable difference is that in Urban Government hospital as much as 60% of the patients come from a distance of more than 10 kms.
- 4.10.2 There is no particular noticeable difference in accessibility in urban and rural areas in private hospitals. This is because many patients in rural hospitals are also from neighboring villages. Table 4.3 gives details of the accessibility

Table 4.3: Physical Accessibility by Distance Traveled

Average Distance from Residence to Hospital	Percentage of Patients Visited										
	Corporate		Trust		Teaching		Missionary		N.H.*	Govt.*	
	A	B	A	B	A	B	A	B	Avg.	A	B
	Urban	Urban	urban	Urban	Urban	Rural	Urban	Rural		Urban	Rural
< 3 km.	20	N.A	20	30	20	20	60	70	30	15	50
3-10 km.	50	N.A	55	30	60	60	20	20	50	25	30
>10 km	30	N.A	25	40	20	20	20	10	20	60	20

Source: Survey

*Only Representative cases of surveyed Govt Hospitals and Nursing Homes is presented.

4.10.3 **Practitioners:** A general trend that is visible is that more than 75% of the patients visiting General Physicians are from the radius of less than 3 kms from clinic and another 20-25% from 3 to 10 kms radius. In case of specialists the percentage of patients who came from the radius of 3 kms from clinic were in the range of 30-60% (with an average of 42%) and those from a radius of 3 to 10 kms was about 30-45%.

4.10.4 **Exit Proforma Findings:** The exit proforma survey reveals that a lot of patients (38%) travel even upto 10 km to reach the private hospital. However, around 53% of the patients reside within a radii of 5 km from the hospital.

4.10.5 In the Ayurvedic Hospital around 60% of the patients travel more than 10 kms to reach the hospital while 30% reside within the range of 3-10 kms.

Means of Transportation Used to Reach Hospital

4.11 Except in case of Corporate Hospitals, Majority (50-80%) of the patients visiting other hospitals reaches by walking or public transport. Use of public buses to reach hospitals is greatest in Government hospitals and teaching hospitals. Whereas in Missionary and teaching (in that order), hospitals patients walking to reach hospitals is also common.

Table 4.4: Means of transportation used by patients to reach hospital

Means of Transportation	Percentage of Patients Visited*					
	Corporate	Trust	Teaching	Missionary	N.H	Govt.
Own Vehicle	65	25	10	10	20	9
Bus	5	30	40	10	30	53
Auto/Taxi	29	25	10	10	20	17
Walk	1	20	40	70	30	21

Source: Survey

*Only Representative cases/cases in which information was provided is presented.

- 4.12 **Exit Proforma Findings:** Public transport (bus service), and own two-wheeler vehicle are the common modes of transportation followed by the patients constituting 37% and 53 % respectively, of the total respondents.
- 4.13 In ayurvedic hospital, Majority of the patients (70%) use bus as the mode of transport to reach the hospital.

Social Access

- 4.14 The Social Access was examined from the view point of

- ♦ Sex-wise distribution of patients across hospitals
- ♦ Age-wise distribution of patients across hospitals
- ♦ Income group profile of patients
- ♦ Payments Category
- ♦ Treatment of Low income group patients at Hospitals
- ♦ Cost of treatment as perceived by patients

Sex-wise Distribution of Patients across Hospitals

- 4.15 No significant difference in treatment of male or female patients is noticed across categories of hospitals. However, except in case of missionary hospitals, the percentage of male patients treated is a little higher than female patients.

Table 4.5: Sex-wise classification of Patients Treated across Categories of Hospitals

Sex	Percentage of Patients Visited										
	Corporate		Trust		Teaching		Missionary		N.H	Govt. Avg.	
	A	B	A	B	A	B	A	B	Avg.	A	B
	Urban	Urban	Urban	Urban	Urban	Rural	Urban	Rural		Urban	Rural
Male	60	55	50	50	60	60	49	40	57	57	54
Female	40	45	50	50	40	40	51	60	43	43	46

Source: Survey

- 4.16 In the ayurvedic hospital, majority (80%) are male patients.

Age-wise Distribution of Patients across Hospitals

- 4.17 About 50% to 80% of the patients across categories of private hospitals are from the age group 12 years to 50 years. But there is no significant noticeable difference in access of patients of different age groups in rural or urban areas to treatment facilities in private sector vis-à-vis public sector.

Table 4.6: Age-wise classification of patients across categories of hospitals

Age Group Profile	Percentage of Total Patients Visited										
	Corporate		Trust		Teaching		Missionary		N.H	Govt.	
	A	B	A	B	A	B	A	B	Avg.	A	B
	Urban	Urban	Urban	Urban	Urban	Rural	Urban	Rural		Urban	Rural
<12 yrs	10	20	20	10	20	10	15	10	9	20	30
12-35 Yrs	40	20	20	40	30	10	44	10	26	20	20
36 -50 Yrs.	40	30	30	30	30	60	22	60	35	30	20
50 yrs.	10	30	30	20	20	20	19	20	30	30	30

Source: Survey

- 4.18 In the ayurvedic hospital, there is an equal distribution of patients (30%) across the age group other than less than 12 years, which constitutes 10% of the total patients.

Income Group Profile of Patients Hospitals

- 4.19 The corporate hospitals had 60-90% of the patients from the upper middle income group and high-income group.
- 4.20 In case of trust hospitals, only 20% of the patients were from the lower middle and low income groups. 30-50% of the patients were from middle income groups (Rs. 3000-5000 p.m.).
- 4.21 Teaching hospitals had the maximum percentage (80-85%) of patients from the lower middle income and low-income groups.
- 4.22 Missionary hospital also had 60% of patients from lower middle and low-income groups. Both the missionary hospitals visited get a lot of donations and grants from India and abroad for charitable purposes and are hence able to provide free and concessional treatment to majority of patients who cannot afford the cost of treatment.
- 4.23 The nursing homes mainly cater to the middle income and upper middle income group, who form 75% of the total patients treated.

Table 4.7: Income Group Profile of patients across Hospitals

Income Groups	Percentage of Total Patients Visited										
	Corporate		Trust		Teaching		Missionary		N.H	Govt.	
	A	B	A	B	A	B	A	B	Avg.	A	B
	Urban	Urban	Urban	Urban	Urban	Rural	Urban	Rural		Urban	Rural
High Income Group (>Rs. 10000 p.m.)	40	25	10	20	---	5	N.A	10	12.5	5	5
Upper Middle Income Group (5000-10000 p.m.)	50	35	20	30	---	5	N.A	15	50	10	10
Middle Income Group (3000-5000 p.m.)	10	20	50	30	20	5	N.A	15	25	30	15
Lower Middle Income Group (Rs.600-3000 p.m)	---	10	20	10	70	80	N.A	30	7.5	25	20
Low Income Group (<600 p.m.)	---	5	---	10	10	5	N.A	30	5	30	50
Total	100	100	100	100	100	100	N.A	100	100	100	100

Source: Survey

- 4.24 Over 60% of the patients in the ayurvedic hospital are from the lower middle income and lower income group while only 10% of the patients are from the high income group.

Payment Category

- 4.25 Most of the patients in the corporate hospital are fully charged for consultancy, diagnostic tests and treatment. A very minimal percentage of them are provided concessions, usually in the range of 10 to 30%.
- 4.26 In hospitals run by trusts there was a mixed trend. A few of them, those run by religious communities, provided free treatment to about 20% of patients and about 50 to 60% of patients were provided treatment at concessional costs.
- 4.27 Teaching hospitals also provide free and concessional treatment to about 50% of the patients but the purpose of treating free/at concessional rates poor patients is to use them as clinical teaching cases for medical students.
- 4.28 Missionary Hospitals get substantial amount of their funding in the form of grants and donations from India and abroad for treating the poor patients. They are thus able to provide free and concessional treatment to majority (70%) of their patients.
- 4.29 Nursing homes usually run by individuals, cater to mainly middle class and upper middle class and usually charge in full for treatment. A very few of them are provided any form of free or concessional treatment.

Table 4.8: Payment Category of Patients across Hospitals

Payment Category (%)	Percentage of Total Patients Visited				
	Corporate	Trust	Teaching	Missionary	N.H.
Consultant					
Full Charges	100	30	50	0	90
Concessional Charges	0	70	30	0	10
Free	0	0	20	100	0
Diagnostic Tests					
Full Charges	90	30	50	20	70
Concessional Charges	10	60	30	30	20
Free	0	10	20	50	10
Treatment					
Full Charges	90	30	50	30	80
Concessional Charges	10	50	30	70	10
Free	0	20	20	0	10

Source: Survey

*Only Representative cases/cases in which information was provided is presented.

- 4.30 From our discussions with various doctors, patients, hospitals and diagnostic centres, there appears to be a widespread nexus between the various hospitals, nursing homes, diagnostic centres, specialists and family physicians in ordering unnecessary investigations, treatment in order to share the fees among themselves.

Treatment of Low income Group Patients

- 4.31 83% of the private hospitals and nursing homes charged low-income groups (income less than 600 p.m.). However, 75% of hospitals and nursing homes provided concessions in fees in treating these patients. The concessions ranged from 15% to near about 100%. 92% of the hospitals made referrals to other hospitals. Referrals were usually made for patients requiring super-speciality care. 25 percent of the hospitals always ordered investigations for patients and also charged interpretation fees. None of the hospitals had any follow-up procedure. 25% of them (both the corporate hospitals and a nursing home) considered it as a sole responsibility of Government to provide free treatment to the low-income group patients.
- 4.32 The ayurvedic hospital, being a government hospital, offered free treatment to their patients. None of the patients were corporate patients.

Cost of Treatment as Perceived by the patients

- 4.33 The cost of treatment as perceived by the patients were reviewed through the exit proformas wherein the patients were queried on the reasonability and affordability of the charges.
- 4.34 Majority of the OPD patients (~58%) were of the view that the charges were reasonable while around 30 % felt that they were a bit high. Similarly around 76 % of the in-patients felt that the charges were reasonable while around 19% felt that they were high.

- 4.35 Almost all the patients met the treatment charges on their own. A few of them borrowed funds from friends and relatives. A cross section of patients were queried on their affordability of these expenses and a majority of them (62%) felt that the medical care expenses constituted upto 5 % of their income. However, a sizable number (31%) also were of the view that the said expenses constituted more than 20 % of their income.
- 4.36 A sample exit survey was conducted covering patients visiting private health centres to determine the various charges for treatment. Table 4.9 presents a summary of various charges incurred by the patients.

Table 4.9: Summary of Charges incurred by Patients

Private Health Centre	Consultation Charges	Diagnostic Tests	Treatment	Drugs
Teaching Hospital	250	750	3000	400
Nursing Home	150	400	800	300
Corporate Hospital	1000	3000	4000	1000
Nursing Home	500	500	400	200
Nursing Home	300	300	600	400
Nursing Home	4500	1200	5000	1500
Teaching Hospital	450	250	1000	500
Teaching Hospital	600	450	1000	650

- 4.37 The Ayurvedic patients availed of free in-patient treatment at the hospital covered. Hence, while the in-patient charges were considered reasonable, most patients were of the view that external procurement of drugs is as expensive as the allopathic medicines.

5. Accreditation

- 5.1 This chapter presents the primary survey findings in regard to willingness of private sector for accreditation.

Accreditation

- 5.2 Accreditation is a professional and national recognition reserved for facilities that provide high quality of care (Lewis, 1984). It is the process by which an agency or organization evaluates and recognizes a program of study or an institution as meeting certain pre-determined standards. Accreditation is usually granted for the purpose of assuring the public of the quality of institutions. The concept of accreditation exists in many countries. This is now also being applied to Health Care organizations.

Need for Accreditation

- 5.3 In Karnataka, and in rest of India as well, the private sector is more dominant than public sector. In fact about 70-80% of the total health care expenditure is from the private sector. With increase in demand for health care, the private sector has been growing at a very fast pace offering a wide range of facilities and services. The legal

regulations have not been effectively implemented to ensure a proper regulated growth.

- 5.4 There is also a wide variation in their range and quality of services provided. Presently there exists no appropriate mechanism of reliable information regarding quality of care. There also exists no adequate system of certification for the private organizations. There are no timely reviews undertaken to ensure that the standards are maintained.
- 5.5 Though, some private hospitals do carry out Medical Audit internally occasionally but do not share this information to the public or to the peer group. The performance data on these hospitals are termed "Confidential documents" by the concerned hospital management. Data for the hospitals under study was not available and also not forthcoming especially on the number of re-admissions, repeat operations, hospital acquired infection, blood utilisation, tissues removed etc. There are also cases of nursing homes which do not even maintain any medical records nor do they have any medical audit.
- 5.6 There is thus, an urgent need for an agency to set standards, ensure that the standards are met and maintained, and also provide information to public to judge the quality of care provided.

Willingness of Private Sector to Accreditation:

- 5.7 The following are the results of responses received from 255 respondents. The details of the respondents have been provided in chapter 2.

Need Felt for Accreditation Body

- 5.8 88% of the respondents felt that there was a need for an accreditation body which should lay down standards and grade hospitals. The break-up is presented in table 5.1

Table 5.1: Need felt for Accreditation Body

Need for Accreditation Body	88
No Need for Accreditation Body	8
Undecided	4

Role of Accreditation Body

- 5.9 Majority of respondents wanted the accreditation body to set standards, upgrade standards, assess hospitals for compliance of standards, certify quality and provide

education and information on best practices etc. Details of responses are presented in table 5.2.

Table 5.2: Role of Accreditation Body

Assess Hospitals for Compliance of Standards	86
Assist in Upgrading Standards	88
Assist in Certifying - Quality Assurance	88
Educative & Informative Role	78
Serve as Forum for Consumer Redressal	30
Take Punitive Action Against Hospitals	24

Aspects to be monitored by Accreditation Body

- 5.10 Majority of the respondents wanted accreditation body to monitor physical aspects, equipment, quality and number of personnel, type of treatment, follow-up of care, patient satisfaction. Only 42% favored monitoring of professional fees charged by doctors. The details are presented in table 5.3

Table 5.3: Aspects to be monitored by Accreditation Body

Physical Aspects	96
Equipment	95
Quality and Number of Personnel	95
Type of Treatment	88
Follow-up of Care	80
Patient Satisfaction	80
Professional Fees Charges	42

Benefits Envisaged

- 5.11 Majority of respondents felt that setting up an accreditation body would help in improving standards, aid in certifying quality and help in comparison of performance vis-à-vis other hospitals. About half of them felt that it would also serve as an useful marketing tool, regulate and manage competition among hospitals and create a level playing field among hospitals.

Table 5.4: Benefits Envisaged from Setting-up an Accreditation Body

Help in Improving Standards	88
-----------------------------	----

Aid in Certifying- Quality Assurance	86
Comparison of Performance vis-a-vis other Hospitals	62
Useful Marketing Tool	52
Regulate & Manage Competition Among Hospitals	48
Create Level Playing Field Among Hospitals	46

5.12 We feel that an accreditation body would also help in

- ◆ Assisting organizations in improving their quality of care
- ◆ May be used to meet certain Medicare certification requirements
- ◆ Enhancing community confidence
- ◆ Providing a staff education tool
- ◆ Assisting organizations to fulfil state licensure requirements
- ◆ Enhancing access to managed care contracts
- ◆ Favorably influencing bonds rating and access to financial markets

Willingness to Participate in Accreditation Process

- 5.13 Majority (88%) of the respondents was willing to participate as soon as the Accreditation Body. They (92% of respondents) felt there was an urgent need for grading and classification of existing hospitals. They wanted that the body to initially give them an opportunity for self-evaluation and then finally assess compliance by way of an external assessment.

Organization of Accreditation Body

- 5.14 Independent, self-regulatory, non-profit body:** In the discussions with respondents regarding the organization of the body, the respondents were of the view that the accreditation body should be an independent body without any Governmental/political interference. The body should have its own guidelines/code of governance i.e., it should be self-regulatory. It also has to be a non-profit body managed by professional experts.

- 5.14.1 The body should not bring an other sort of 'license raj'. It should have total transparency in its process of accreditation.

Responses of General Physicians/Specialists

- 5.15 94% of the respondents (General physicians and Specialists) felt that there was a need for accreditation body, while only 6% felt that there wasn't any need for such body. Majority (90%) was willing to participate as soon as it was set-up.
- 5.16 The accreditation body should be an external independent non-profit body without governmental interference.
- 5.17 The body's main role should be to lay down standards especially the minimum standards that are required to be fulfilled. It should mainly monitor the physical standards and process factors in case of General Physicians and specialists,
- 5.18 Majority (90%) was of the view that professional fees and charges should not be monitored.

Proposed Accreditation Body for Hospitals

- 5.19 We propose the framework of a workable accreditation body for hospitals. We would like to mention that this framework is by no means a blueprint but only the broad sketch of an idea. Various factors affecting the stakeholders as well as the existing social, political and economic ground realities need to be taken into account while implementing it. Much would depend on the involvement and initiative of the stakeholders. The accreditation system itself should be an outcome of discussions and debates on issues of concern among all the stakeholders. Collaboration, transparency between related parties and open communication are the hallmarks of the system whose framework we are proposing. Only then would it be meaningful and viable.

Objectives of the Accreditation Body:

5.20 The objectives of the Accreditation Body should be to

- ◆ Assess whether hospitals comply with standards and provide recognition to those that do.
- ◆ Upgrade standards in the light of a changing health care environment
- ◆ Assist hospitals to upgrade their standards
- ◆ Play an educative, consultative and informative role
- ◆ Act as a bridge between the various stakeholders and provide a platform for continued dialogue.

Constitution of The Body:

5.21 The establishment of such a body calls for representatives from the various stakeholders involved in health care delivery. This is necessary in order to make the system acceptable to all and to ensure its creditability from the start. The specific groups that we have identified are as follows:

- ◆ Representatives from the hospital owners
- ◆ Representatives from specialists' associations
- ◆ Representatives from professional associations
- ◆ Representatives from consumer organisations
- ◆ Representatives from Non Governmental Organisations (NGO)
- ◆ Representatives from the state government

5.22 We feel that once the system is functional, representatives from insurance companies, financial institutions as well as legal professionals could be included. This would further establish the creditability of the body.

Status and Structure:

5.23 We see the accreditation body as a non-profit, registered and autonomous entity. At a later stage, when the body has achieved stability and creditability, legislative support could be sought.

5.24 We visualize the body with a Governing Board at its helm. It would be a statutory entity entrusted with the responsibility of managing the body. It would be a final authority in decision making and an arbitrator of major issues. It would frame policies intended to develop the system and fulfil its stated objectives evolving a consensus would be the principle guiding all decisions. When serious differences of opinion occur, however, the majority would have to decide. The Governing Body would have to meet at least four times in a year.

5.25 The Board would comprise of nominees of representative associations and organisations as well as government and other stakeholders. In its composition, it should allow each of the stakeholders to be equally represented. This would prevent the Board from being monopolised – and overtaken – by dominant stakeholders. The composition of the Board could be changed every two years with

a fresh set of nominations. Totally, there would be 7 to 9 members. A Chairperson and a Secretary elected by this group would have tenures of two years each.

- 5.26 The composition of the Governing Board could be comprised of the following members, with one representative each from
- ♦ hospital owners' association
 - ♦ medical association
 - ♦ two specialists' associations
 - ♦ the nurses' association
 - ♦ consumer organisations
 - ♦ NGOs
 - ♦ state government

Functioning:

- 5.27 The main function of the body would be to assess whether hospitals comply with set standards, to assist them to upgrade their standards and to play an educative and informative role.
- 5.28 To carry out these functions in an efficient and effective manner, staff needs to be employed. The staff could work either full time or part time depending on the availability of finances. There would be a Director assisted in turn by four Assistant Directors in charge of handling specific aspects of functioning of the accreditation system. In other words, the four Assistant Directors would be individually responsible for the Assessment Division, the Educational Division, the Marketing and the Administration Division. The number of staff assigned to each division would be dependent on the nature of work. Each division would be responsible for the work in its own area.
- 5.29 This would be the constitution of the Executive Body. The Executive Body would be accountable and answerable to the Governing Board. It would be entrusted with the responsibility of implementing the decisions of the Governing Board.

Assessment division

- 5.30 This division would evaluate the compliance of hospitals. Two methods would be employed to assess compliance: self-evaluation by the participating hospital followed by an external assessment. Reconsideration of assessment findings would also be handled by this division but with a different team of assessors. Different assessment teams would assist this division. A team would consist of two post-graduate doctors, one health administrator and one health specialist. The assessors could work full time or part time, depending on the finances, but would need to undergo training in the method of assessment.
- 5.31 Standards with regard to physical aspects, equipment, qualification, number of personnel employed or attached, type of treatment and follow up of care would have to be assessed. The body should not only set minimum standards but also

periodically review the same, considering the changing environment and the existing ground realities in which the consumer and provider co-exist.

- 5.32 One area of prime concern that the accreditation body should include in their assessment is consumer satisfaction. It is necessary to develop a framework or guidelines to measure consumer satisfaction in a scientific manner. The fees charged by the hospitals needs to be examined and linked to the size of the hospital and the kind of services and facilities that are available. Most importantly, the needs of the provider and consumer need to be balanced. Initially, the accreditation body could start monitoring physical standards but then gradually move on to process and outcome standards. A handbook for hospital standards, depending on the size, kind of service and facility offered should be developed. This, in turn, would assist in the process of accreditation.

Educational division

- 5.33 The accreditation body would assist hospitals to upgrade standards. They would be aided in this by a group of experts from various concerned with hospital management. A participating hospital wanting to upgrade its standards could avail of the services of this committee. The focus would be on educating and providing information to the interested hospitals. Furthermore, it would hold regular workshops, training sessions and seminars in fulfillment of the objectives of the accreditation body. It would also assist in disclosing the assessment findings to the public at large. Disseminating the list of accredited hospitals could be one way of doing this. This information would be educative for the providers and informative for the user.

Marketing division

- 5.34 This division would lie at the interface of the accreditation body and society. Among other things, it would be involved in public relations, advertising, consumer education and creating awareness among the stakeholders.

Administration division

- 5.35 It would be responsible for general administration, which would encompass finances, human resources, operations, documentation and legalities

The Accreditation process

Pre-Survey

- 5.36 The hospital first submits an application to the accreditation body together with fees for survey.
- 5.37 The Assessment Division determines the appropriate standards for the participating hospitals.

- 5.38 The Assessment Division provides self-evaluation schedules, forms, scoring guidelines etc. to the hospital and collects them after they have been completed by the hospital.
- 5.39 The Assessment Division analyses the self-evaluation schedules and forms filled and returned by the participating hospital.
- 5.40 The Assessment Division co-ordinates the assessment schedule and procedure or protocols to be followed. This includes setting the survey dates, assigning an assessment team, the length of the assessment and setting the survey agenda with the hospital.

On-Site Survey

- 5.41 The assessment team gathers information by observing structures and processes in the hospital during visits to different units and departments, while on a tour of the building and by interviewing patients, the hospital owner or administrator, the clinical and support and, finally, by reviewing records and documents.
- 5.42 The team uses the information thus gathered to determine whether the hospital is complying with standards for various functions. These functions could be patient focused (for example, assessment of patients), organisation focused (for example, organisational performance improvement) or structure-and-function focused (for example, procurement of appropriate equipment and its maintenance)
- 5.43 The team identifies the areas of partial or non-compliance with standards.
- 5.44 The findings from the surveyors in the team are integrated into a single report.
- 5.45 The findings are reviewed and validated with the hospital owner or administrator.

Post-Survey

- 5.46 The self-evaluation of the hospital and the findings of the assessment team are validated by comparing them to the scoring guidelines.
- 5.47 The accreditation status and the appropriate recommendations are determined through a number of stages. These are :
- 5.48 The compliance findings are aggregated to generate an accreditation decision grid. This is essential as hospitals offer different kinds of facilities. Moreover, each facility would have an individual score of compliance to the set standards. If there is a high score in one facility and not in the other, the total average for that hospital would still be high. Would this then be truly reflective of the standard of that hospital? A decision grid would provide flexibility in determining the final score such that it would be as close to reality as possible.
- 5.49 The level of accreditation as minimum, optimum or excellent is determined. Also, whenever necessary, recommendations are made.

- 5.50 If indicated, the findings and final decision to be taken by the accreditation body is reviewed.
- 5.51 The Accreditation Report (containing the accreditation decision, accreditation decision grid and consultative recommendations) and the derived performance report (for public disclosure) are sent to the participating hospital.
- 5.52 Should a hospital challenge the accreditation findings or decision, an appeal may be sent to the assessment division.

Period of Assessment

- 5.53 The assessment could be done every two years.

Financing

- 5.54 During the initial period of three to five years, the accreditation body can depend on grants, but the long-term objective would be to attain self-sufficiency. Corporate houses, insurance groups and various associations could be approached for funds. The costs could also be reimbursed in part by the participating Hospital, which in turn could be used for developing the system. The constitutive elements of the system, namely the representative associations or organisations, could contribute to a corpus fund. Thereafter, other incentives could gradually be offered to the participating hospital to help expand the coverage of the accreditation body.

4 Participation in preventive health

6. Public-Private Partnerships

- 6.1 This chapter presents the private sector participation in public health programs, need for health insurance for low-income group and scope and mechanisms for public-private partnerships.

Public Health Programs

- 6.2 The Government has taken certain steps to combat communicable, non-communicable and other major diseases which cause disability not only to improve the health status of India's population but also to prevent and control disabilities. For this purposes several National Health Programmes (NHP's) are carried out by State with Central assistance.

Current Private Sector Participation in NHP's

• Hospitals

- 6.3 **Awareness about NHP's:** All the hospitals and nursing homes visited were aware of National health programs being conducted from time to time by Government. However only 11% of them could right answers as to the exact number of such programs.
- 6.4 **Participation:** 55% of the hospitals and nursing homes visited indicated their participation in preventive programs. But their participation was more by way of self-organized camps for treatment of poor people or participation in camps organized by voluntary associations, IMA or pharmaceutical companies.
- 6.5 **Major Responsibility for Such Programs:** Almost all of them were of the view that major responsibility for such programs was of the Government and the private sector can only compliment the efforts of the Government by way of their participation in such programs.
- 6.6 **Envisaged Role in NHP's:** None of them were clear as to the role they can play in the success of NHP's. Most of them considered that they help by creating awareness by way of participation in such programs and health camps, and health education during OPD treatment.
- 6.7 **Government Initiatives:** Out of the hospitals and nursing homes visited, none of them had any Government functionary visiting them for such programs or DHS inviting them for CME/ training for these programs.
- 6.8 Government should encourage the private sector to adopt appropriate therapeutic norms and regimens recommended by national health programs and provide incentives to develop schemes to finance, train and integrate private providers in case finding, diagnostics and treatment for priority health programs that are of public health significance.

Need for Insurance Cover

- 6.9 Our primary survey reveals that currently 70-95% of patients (other than those getting free treatment) across categories of hospitals pay directly (i.e., on their own). The patients' availing insurance cover ranged from 0-4% across categories of hospitals.
- 6.10 The millions of individuals paying out of pocket have limited leverage in the private health care market. Moreover, the health insurance schemes in India are based on an indemnity basis i.e., benefits in the form of cash payments rather than services. An indemnity insurance contract usually defines the maximum amount that will be paid for services. In most cases, after the provider of service has billed the patient in the usual way, the insured person submits to the insurance company proof that he/she has paid the necessary bills. He/she is then reimbursed by the company for the amount of covered costs and makes up the difference him/herself. The indemnity type of contracts accelerates expenditure growth and over-servicing and also does not give enough leverage to influence the provider behavior. In contrast, the aggregation and application of purchasing power in large-scale pre-payment plans could have a powerful and positive influence on provider behavior particularly in private sector.

Current Government Mandated Insurance Schemes

- 6.11 India has two main systems of publicly mandated contributory health insurance – The Employees State Insurance Scheme (ESIS) and the Central Government Health Scheme (CGHS) and other insurance policies are from Government owned GIC and its subsidiaries.
- 6.12 **ESIS:** ESIS was initiated in 1948 and became operational in 1952. It applies to non-seasonal factories using power and employing 10 or more persons, as well as to other establishments that do not use power but employ 20 or more people (several state governments have extended the scope). The employees covered under this scheme are those earning less than Rs. 6500 per month. Employers currently contribute to ESIS an amount equal to 4.75 percent of the wages payable to employees, while employees contributed 2.25 percent of their wages. Employees in the lowest wage group (i.e., who earn average daily wages of up to Rs. 15 per day) are not required to contribute their share with regard to such employees. State governments contribute a minimum of 12.5 percent of the total ESIS medical care in their respective states.
- 6.13 Though the scheme is extensive in its coverage, it has come under severe criticism. Ellis et al (1996) noted that "detailed patient surveys conducted in Gujarat found that more than half of all survey respondents covered by ESIS did not seek care from ESIS facilities for treatment". Another report by the center for Social Services, the Administrative Staff College of India (1996), was similarly critical, noting problems with "complex office procedures, abnormal delays in the settlement of cases and lack of specialists services, non-availability of ambulance vans, and low quality of medicines".

- 6.14 **CGHS:** The Central Government Health Scheme was introduced in 1954. It covers 16 major cities and a large proportion of Central Government employees. The central government heavily subsidizes the scheme. The employee's contribution ranges from Rs. 15 to Rs. 150 per month depending upon salaries. Treatment can be obtained at from more than 300 dispensaries, clinics, laboratories and dental units. The CGHS scheme has been criticized for slow reimbursement and incomplete coverage of private care.

Voluntary Private Insurance:

- 6.15 **GIC Schemes:** GIC's medical insurance consists of several levels of group and individual coverage, collectively known by the brand name Mediclaim. In general, Individual Mediclaim function on an indemnity basis, whereby the patient (or his employer on his/her behalf) pays the provider and is subsequently reimbursed. The individual Mediclaim has lengthy list of exclusions and does not cover "any existing disease or illness of chronic nature". The policyholders expect large out-of-pocket expenses in the event of a serious or chronic illness.
- 6.16 Group Mediclaim policies are available to any centrally administered group or corporate body of more than 50 persons and are also extended to dependants. Benefits are similar to those contained in individual policies. Employees prefer group Mediclaim policies to the ESIS because the former offers a choice of providers. However, ESIS is mandatory for lower income employees and requires lower premium contributions from employers. Thus, employers prefer ESIS to group Mediclaim. They often use a combination of ESIS for those earning less than 6500 per month and group Mediclaim benefits for those earning more.
- 6.17 In late 1996, GIC introduced a low-premium scheme, Jana Arogya Bima, that requires payment of Rs. 70 to Rs. 140 p.a. depending upon subscriber, with a charge of Rs. 50 for each dependant child over the age of five. The low premiums makes the scheme attractive for rural middle class and some urban residents who fall outside the ESIS coverage. However, Jana Arogya Bima, payments are capped at Rs. 5000 per insured person per annum. This makes the beneficiaries to still rely on free care in public hospitals for any major illnesses.

Primary Survey Findings

- 6.18 In our primary survey, All the respondents (hospitals, nursing homes and private practitioners) replied in affirmative that there was a need for health insurance for poor people.
- 6.19 As regards affordability of premiums by the poor people, 47% of them felt that they would not be able to afford it, 13% of them were of the view that they would be able to afford it if they are sure of the benefits, and the rest 40% of them were 'not sure' as to affordability of premium.
- 6.20 All the respondents suggested group insurance. 7% of the respondents also suggested individual insurance policy. By group insurance here it is meant that insurance policy should be such that it provides for insurance cover for all the

members of family. However, none of them were clear as to nature of the policy and its functionality.

- 6.21 A sample exit survey was conducted to determine the extent of premium payable by the cross section of society. The premium affordable ranged from Rs. 300 per year (by the lower income group) to Rs. 500 per year (middle income group).

Public Private Partnerships

Need for Public Private Partnerships

- 6.22 Most of the state Governments in India are finding it difficult to expand their public facilities to cater to the growing health care needs of their population. The budgetary support to this sector is shrinking and currently most of it is used to finance the recurring expenditure like salaries of employees. As a result, the non-salary component has reduced dramatically. The areas affected most are the secondary and tertiary facilities and basic facilities in remote areas. Many state Governments are hence, exploring the options of promoting public-private partnerships (PPP's) in health sector.
- 6.23 The health needs of the community are changing fast. The number of deaths due to non-communicable diseases has increased and are likely to increase disproportionately in future. This health transition will place considerable demand on the Government to expand and upgrade their facilities in curative and tertiary areas to meet the health care requirements of population in coming years.
- 6.24 Recognizing the severity of financial crunch particularly in super speciality care, The Government of India in its national Health Policy of 1982 had recommended "...planned attention would also require to be devoted to the establishment of centres equipped to provide speciality and super speciality services, through a well dispersed network of centers, to ensure that the present and future requirements of specialist treatment are adequately available within the country".
- 6.25 Currently in Karnataka, about 50% of the in-patients and 60-70% of the out-patients get their treatment from the private sector. Given the role of the private sector in the state, there is a need to foster PPP's to influence the growth of private sector with public goals in mind.

Focus of PPP's

- 6.26 In general, the focus of public private collaborations has been on (Bhat, 1998)
- ◆ Developing Strategies to utilise untapped resources and strengths of private sector
 - ◆ Enhance the capacity to meet growing health needs
 - ◆ Reduce financial burden of Government expenditure in speciality and super speciality care
 - ◆ Reduce regional and geographical disparity in health care provision and ensuring access
 - ◆ Reaching to remote areas or targeting specific groups of population
 - ◆ Improving efficiency through evolving new management structures.

Primary Survey Findings

- 6.27 All the respondents were willing to provide free or concessional treatment to low income group patients and take part in National Health Programs, if adequate support from Government was provided.
- 6.28 The support expected from Government was in terms of subsidies, grants, IT exemptions, and Schemes from Central and State Governments for free drugs and free vaccines. The table 6.1 provides the details

Table 6.1: Support Required from Government

Subsidies	80
Grants	67
IT Exemption	50
Central State Schemes for drugs & Free Vaccines	50

Scope for PPP's

- 6.29 From our literature survey and efforts of other state governments in this regard, we feel that the following areas could be explored for PPP's
- 6.29.1 **Clinical Service Tie-ups:** There could be tie-ups with regards to hiring out services of doctors, management of PHC's, tertiary and high-tech curative care etc. Some of the clinical service tie-ups efforts of other state Governments are listed below
- ◆ When West-Bengal was facing problems with regard to manning of primary health centres, it hired the services of private doctors on contract basis under the supervision of Panchayat Samities.
 - ◆ In Gujarat SEWA-Rural was handed over the entire primary health care services in entire district by the State Government. The Government was to provide finance to entire PHC services in SEWA-Rural Project area. The SEWA Rural had the responsibility of managing the PHC's (including the freedom to recruit its own workers). SEWA-Rural was to fulfil the same targets which the government set for time to time.
 - ◆ In Tamil Nadu Government took the initiative to invite industry to adopt a local PHC, health sub-center or district hospital. The industry was given responsibility of building, maintaining and equipping facility and the Government was to provide staff and medicine.

- 6.29.2 **Non-Clinical Areas of Tie-ups:** The areas of non-clinical tie-ups could be many like hiring out of ambulance facilities, Contracting out services of catering, laundry, security etc. The states of Maharashtra, TaminNadu, and West-Bengal have initiated such arrangements.
- 6.29.3 **Technology Tie-ups:** The technologies such as CT Scan, MRI are very expensive. The Government can subsidize the investment or provide other incentives like duty/tax exemptions and in return purchase the services for poor people.
- 6.29.4 **IEC Training:** Government can have tie-ups with private sector specialists for IEC training, CME, updates for conducting regular training programs.

Mechanism for Collaboration

- 6.30 **Joint Ventures:** In JV, Government's contribution can be in the form of cost of land and it can be treated as part of equity capital of the proposed organizations for providing speciality and super specialty care. The Government contribution can be in the range of 26% to 49%. In cases where cost of land is less than 26% of the total share capital, the government can contribute additional resources to meet the requirement. As a return on its equity capital, the facility should provide for free care to certain percentage of OPD and IPD 'poor' patients. Care needs to be exercised in choice of partner and clearly defining the 'poor' patients. Appropriate mechanisms need to be put in place to check that the free care is offered to intended beneficiaries.
- 6.31 **Subsidizing Inputs/Providing Fiscal Benefits:** Another form of PPP could be in the form of Government providing inputs to private party at subsidized rates and/or fiscal exemptions. The Government of Rajasthan announced policy of providing land at subsidized rates and also included other fiscal benefits to institutions interested in setting up health facility. The quantum of facility depended upon whether the facility was to be set-up in rural or urban areas. The fiscal incentives that were announced were
- ◆ Exemption from payment of sales tax on purchases of medical equipment, plant and machinery
 - ◆ Exemption from payment of octroi on medical equipment, plants and machinery whether imported from abroad or other state.
- The one other form of incentive could be providing finances from banks and other state financial institutions at subsidized rates.
- 6.32 **Contracting-out Services:** As has been stated earlier, there could PPP through contracting out services both in clinical and non-clinical areas. Some of them are
- ◆ Hiring services of doctors to man Primary health centres
 - ◆ Hiring vehicles for ambulance purposes
 - ◆ Contracting of services in the area of diet and catering, laundry, security, IEC programs etc.
 - ◆ Contracting out high technology services like CT scan, MRI
 - ◆ Contracting out maintenance of equipment and facilities

Precautions to be taken for a Successful PPP's

- 6.33 Before initiating PPP's the Government should come out with explicit policy document which should be publicly available.
- 6.34 The implementing agency with in the government need to be decided – whether it should the Directorate of Health or Urban development authority etc.
- 6.35 Before attempting a single window clearance, the committee in charge need to get all the clearances from departments concerned like (Department of Health and Family Welfare, Finance, Industry, Revenue etc.) to avoid delays and litigation after the process is initiated. Some of the clearances required may be
- ◆ Amendments in Land Revenue Act
 - ◆ Exemption orders for offering Sales tax exemption etc
 - ◆ Other clearances from urban development authority etc.
- 6.36 A detailed brochure containing information and guidelines on selection process, eligibility requirements, proposed form of participation etc need to be clearly stated and provided to all prospective bidders.
- 6.37 All the incentives and conditions need to be clearly stated to the prospective bidders for e.g., Incentives like subsidized rates at which land would be offered, the location need to identified, any fiscal exemptions and incentives etc. also need to be clearly finalized before the process is initiated and provided to all prospective bidders. Also, Conditions like making the facility operational in a specified time-frame, free care to poor, any price specifications need to be carefully detailed and finalized before the process is initiated.
- 6.38 Finally, public support for the process needs to be ensured to avoid any sort of litigation after the process is initiated.
- 6.39 MAPPING of the private sector is of utmost importance since there is no reliable data on the same.

Policy issues and policy measures for public private partnerships

Issues/ Concern	Unintended implications	policy measures
Expanding hightech super speciality services	Cost Quality Demand Inducement Unethical practices	<ul style="list-style-type: none"> • Protecting poor from catastrophic financial burden • Protecting and increasing government budgetary allocation to public sector • Development of monitoring mechanism and appropriate regulations • Rate regulation (change provider payment system) • Continuing medical education programmes
Geographic Distribution of Facilities	Equity Access to facilities	<ul style="list-style-type: none"> • Regulatory interventions such as • Licensing • Creating health map • Various types of incentives • Drawing definite plan where money should be spent • Remote area subsidy programs to allocate
Financing of New Investments	Cost Quality	<ul style="list-style-type: none"> • Creating specialised financial channels within the existing set-up of financial institutions to provide funds to private health care sector for financing their new investments in appropriate technologies after examining its cost effectiveness
Utilization Patterns	Equity: Access in terms of ability to meet cost	<ul style="list-style-type: none"> • Developing appropriate financial mechanisms • Protecting poor

7. Conclusions and Recommendations

Quality of Service

- 7.1 This study has focused on review of level of care and quality in the private sector through exit patient perception of quality. This was conducted through a detailed patient survey, wherein around 102 exit proformas were administered to patients visiting Hospitals, Private clinics etc. In addition, around 10 patients from an alternate system of medicine namely Ayurvedic Medicine were covered.
- 7.2 The quality of service offered by the private sector has been reviewed on the following parameters :
- ◆ Patient Expectation
 - ◆ Repeat Visit / Recommendations
 - ◆ Doctor – Patient communication
 - ◆ Nursing care
 - ◆ Ward Staff Support
 - ◆ Support Services
 - ◆ Administrative Support
- 7.3 Only 54% of Inpatients & 48% of outpatients were of the view that their expectations of service were fully met.
- 7.4 The above is reinforced with the fact that 54% of patients mentioned that they would surely revisit at the same hospital and only 42% mentioned they would recommend to others.
- 7.5 14% of the respondents were of the view that there is a need to improve behavior of Doctors.
- 7.6 The quality of Nursing care in private sector needs to improve although it is satisfactory in urban areas as compared to rural areas.

- 7.7 Many private nursing homes both in urban & rural areas, employed only "non qualified nurses" mainly ayahs given on the job training. Majority of the Nursing Homes especially did not have qualified trained Registered Nursing staff and followed staffing norms as per Nursing council norms.
- 7.8 Majority of the hospitals and nursing homes especially did not have administrative / nursing / standing orders , procedures manuals at all.
- 7.9 Majority felt that drugs were expensive (both allopathic or Ayurvedic) but were easily available.
- 7.10 Around 38% of respondents felt that the quality of meals provided needs to improve.
- 7.11 Only 54% felt that the house-keeping facilities (hygiene of hospital, clean toilets, clean linen etc.) were adequate. Majority of the nursing homes did not provide clean linen and patients had to use their own linen.
- 7.12 57% of respondents were of the view that the reception staff needs to improve their attitude.
- 7.13 The average length of stay was in the range of 7-10 days.

Level of Care

Services Availability

- 3.67 There is wide disparity in terms of services availability within same category of hospitals and among different categories of hospitals.
- 3.68 The various services available in the private sector can be summarised as under:
- ◆ Super speciality services are generally available in Corporate / Teaching hospitals
 - ◆ The Trust and Missionary hospitals generally provide secondary level of care i.e. internal medicine, paediatrics, general surgery etc.
 - ◆ Most of the nursing homes have only minimal services for emergency care.
- 3.69 With regard to investigation facilities the following observations have been made:
- ◆ Corporate / Teaching hospitals usually have facilities for all investigations
 - ◆ Missionary / Trust hospitals offer secondary level of investigations
 - ◆ Most nursing homes have only basic investigation services.
- 3.70 Facilities in terms of adequate water and power supply and the drainage facilities were found in all the hospitals covered. However, water purifier facilities were not available in the nursing homes.
- 7.14 While the private hospitals had adequate number of ambulances, the nursing homes did not have any. In terms of ward facilities, the nursing homes had only general wards and no ICU facilities while all the private hospitals covered had Emergency

wards, general wards and ICU facilities. The nursing homes do not seem to follow any kind of standard protocols regimes.

- 7.15 Most private Nursing homes have only basic investigation service facilities.
- 7.16 Majority of the private hospitals and nursing homes Laboratories are not standardized and none of them are participating in standardisation programme or accredited to the "National Board of Accreditation of Laboratories".
- 7.17 The nursing homes do not have ambulances. Quick referral of serious cases is a major handicap.
- 7.18 Majority of the Nursing Homes does not have proper emergency wards/ ICU or equipment or manpower. At best they are suited to give 'first aid '. But they somehow manage to retain the patients in "ill equipped and ill planned" emergency rooms and ICU's.
- 7.19 The Nursing Homes are very poorly planned in terms of space planning and some of them are also located in remodeled residential houses and also located in residential areas.
- 7.20 There are no physical standards currently available for private hospitals. There is no proper space utilization since there are no norms.
- 7.21 There is a urgent need to set up minimum standards for hospitals of varying bed capacity and classified as primary, secondary and tertiary.
- 7.22 No permission is required to start a Nursing Home from any statutory body. As a result, there has been a proliferation of poorly planned ill-equipped nursing homes.

Patients Perception on Services Availability

- 3.71 The patient perception on services availability was reviewed in terms of the following :
 - ◆ Extent of investigations conducted
 - ◆ OPD facilities such as
 - ◆ Physical Space
 - ◆ Drinking water
 - ◆ Seating arrangements
 - ◆ Fan & Ventilation
 - ◆ Toilet
 - ◆ In-patient facilities such as water, power and security
 - ◆ Equipment Availability

- 7.23 49% of the patients were of the view that 'more than sufficient' investigations were made.
- 7.24 The most common investigation done for the in-patients was Blood (70%) and Radiological -X-Ray (62%), C.T Scan (12%) etc.
- 7.25 The facilities in the OPD were found to 'Fairly Sufficient' by majority of patients. However, in Ayurvedic Hospital the majority (80%) found OPD facilities to be 'less than satisfactory'.
- 7.26 Majority of the patients felt that in-patient facility such as water, power and security were adequate.
- 7.27 Most the patients could not comment on the adequacy of the equipment availability in hospitals.
- 7.28 Majority of the patients visited the private sector as they were either satisfied with the service or they distinctly preferred a private hospital over the government hospital for promptness of service, reliability, quality of care or better services.
- 7.29 The Ayurvedic hospital, in general, was overall rated by patients as 'average or poor'.

Physical Access

- 4.38 Physical Access has been assessed by the following
- ◆ Availability of Hospitals
 - ◆ Availability of beds in the districts
 - ◆ Distribution of treatment of Out-patients and In-patients over source of treatment
 - ◆ Physical distance traveled to reach hospital
 - ◆ Means of transportation used to reach hospital
- 7.30 There existed in 1995-96, 2624 public hospitals and 1709 private hospitals (STEM, 1996) and 43, 868 public hospital beds as compared to 40,900 private hospital beds. Thus, there are 1.89 beds per 1000 population
- 7.31 Only 27% of the OPD patients in urban areas of Karnataka get their treatment at Public Hospital Centre. Majority of them (43.19%) gets their treatment from private doctors and 22% of them from private hospital in urban areas and similar trends are seen in rural areas.
- 7.32 There is almost equal distribution of In-patients treatment in public and Private sector in Karnataka Urban areas and whereas, in rural areas 60% get their treatment in public hospital and primary health centre and the balance 40% in private sector.
- 7.33 The primary survey reveals that more than 70% of OPD patients across categories use hospital within 10 kilometres of distance from their home. A very noticeable

difference is that in Urban Government hospital as much as 60% of the patients come from a distance of more than 10 kms.

- 7.34 There is no particular noticeable difference in accessibility in urban and rural areas in private hospitals. This is because many patients in rural hospitals are also from neighboring villages.
- 7.35 More than 75% of the patients visiting General Physicians are from the radius of less than 3 kms from clinic and another 20-25% from 3 to 10 kms radius. In case of specialists the percentage of patients who came from the radius of 3 kms from clinic were in the range of 30-60% (with an average of 42%) and those from a radius of 3 to 10 kms was about 30-45%.
- 7.36 Except in case of Corporate Hospitals, Majority (50-80%) of the patients visiting other hospitals reaches by walking or public transport. Use of public buses to reach hospitals is greatest in Government hospitals and teaching hospitals. Whereas in Missionary and teaching (in that order) hospitals patients walking to reach hospitals is also common.

Social Access

- 4.39 The Social Access was examined from the view point of
- ◆ Sex-wise distribution of patients across hospitals
 - ◆ Age-wise distribution of patients across hospitals
 - ◆ Income group profile of patients
 - ◆ Payments Category
 - ◆ Treatment of Low income group patients at Hospitals
 - ◆ Cost of treatment as perceived by patients

- 7.37 No significant difference in treatment of male or female patients is noticed across categories of hospitals.
- 7.38 About 50% to 80% of the patients across categories of private hospitals are from the age group 12 years to 50 years. But there is no significant noticeable difference in access of patients of different age groups in rural or urban areas to treatment facilities in private sector vis-à-vis public sector
- 7.39 Corporate Hospitals cater mainly to the upper middle and high-income group of people.
- 7.40 In Trust/ Missionary hospitals majority of the patients belong to the middle and lower income group. These hospitals give maximum concession to the poorer section.
- 7.41 Teaching hospitals had the maximum number of poor patients (probably due to MCI regulations)
- 7.42 Nursing Homes mainly cater to the middle income and upper group of people
- 7.43 Over 60% of the ayurvedic hospital are from the lower middle income and lower income group.

Payment Category

- 7.44 Most of the patients in the corporate hospital are fully charged for consultancy, diagnostic tests and treatment. A very minimal percentage of them are provided concessions, usually in the range of 10 to 30%.
- 7.45 In hospitals run by trusts there was a mixed trend. A few of them, those run by religious communities, provided free treatment to about 20% of patients and about 50 to 60% of patients were provided treatment at concessional costs.
- 7.46 Teaching hospitals also provide free and concessional treatment to about 50% of the patients but the purpose of treating free/at concessional rates poor patients is to use them as clinical teaching cases for medical students.
- 7.47 Missionary Hospitals get substantial amount of their funding in the form of grants and donations from India and abroad for treating the poor patients. They are thus able to provide free and concessional treatment to majority (70%) of their patients.
- 7.48 Nursing homes usually run by individuals cater to mainly middle class and upper middle class and usually charge in full for treatment. A very few of them are provided any form of free or concessional treatment.
- 7.49 83% of the private hospitals and nursing homes charged low-income groups (income less than 600 p.m.). However, 75% of hospitals and nursing homes provided concessions in fees in treating these patients. The concessions ranged from 15% to near about 100%. 92% of the hospitals made referrals to other hospitals. Referrals were usually made for patients requiring super-speciality care.

25 percent of the hospitals always ordered investigations for patients and also charged interpretation fees. None of the hospitals had any follow-up procedure. 25% of them (both the corporate hospitals and a nursing home) considered it as a sole responsibility of Government to provide free treatment to the low-income group patients.

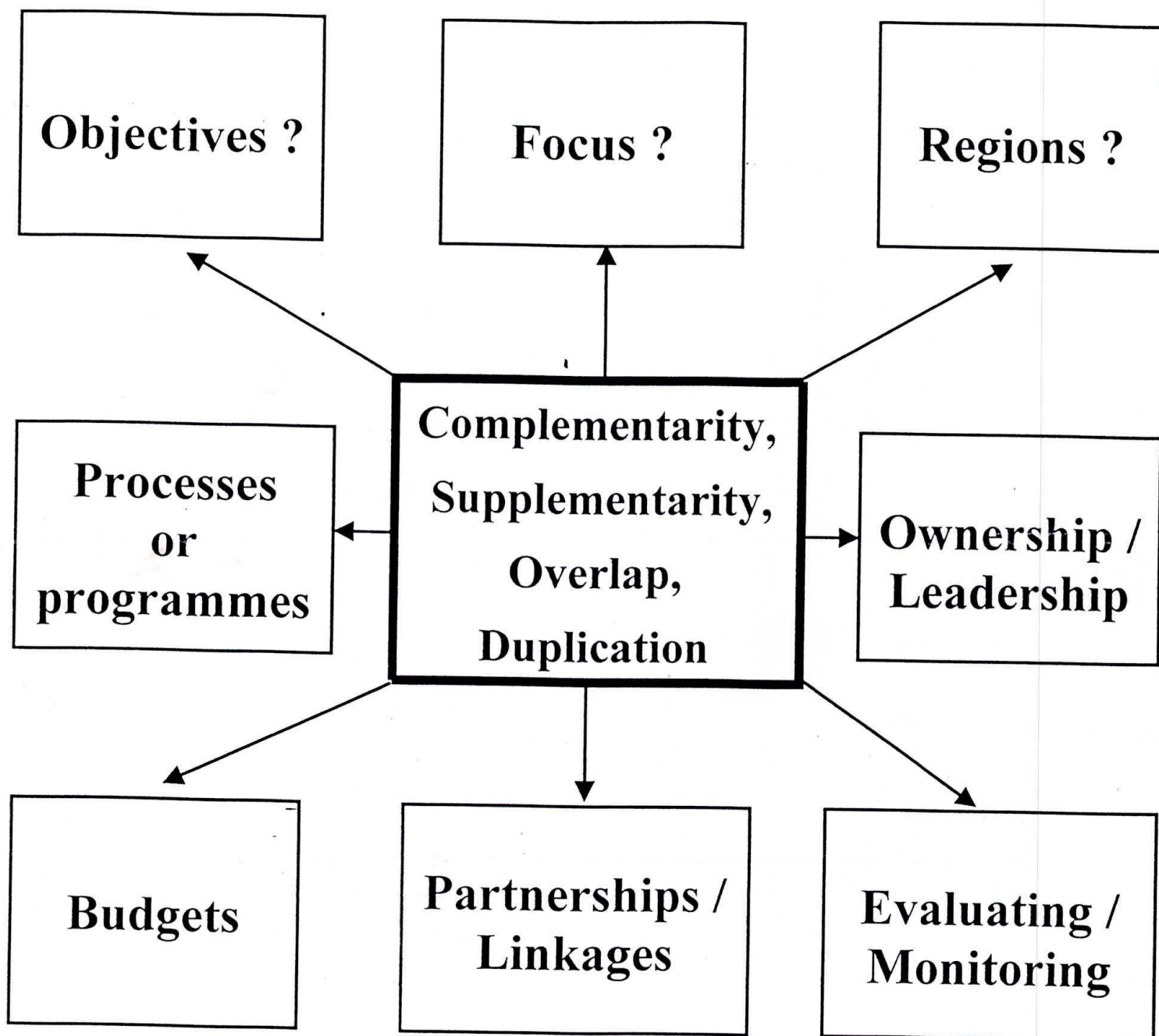
- 7.50 There appears to be a widespread nexus between the various hospitals, nursing homes, diagnostic centres, specialists and family physicians in ordering unnecessary admissions, investigations, treatment in order to share the fees among themselves.
- 7.51 Majority of the OPD patients (~58%) were of the view that the charges were reasonable while around 30 % felt that they were a bit high. Similarly around 76 % of the in-patients felt that the charges were reasonable while around 19% felt that they were high.
- 7.52 Almost all the patients met the treatment charges on their own. A few of them borrowed funds from friends and relatives. A cross section of patients were queried on their affordability of these expenses and a majority of them (62%) felt that the medical care expenses constituted upto 5% of their income. However, a sizable number (31%) also were of the view that the said expenses constituted more than 20% of their income.
- 7.53 The Ayurvedic hospital patients availed of free in-patient treatment at the hospital covered. Hence, while the in-patient charges were considered reasonable, most patients were of the view that external procurement of drugs is as expensive as the allopathic medicines.
- 7.54 Presently there exists not adequate certification and standards of care (structure/Process/ outcome) in private health sector in Karnataka.
- 7.55 There is an urgent need to set up standards, ensure that standards are met and maintained. This information should be transparent and on website also. The public should be able to judge themselves the quality of care provided.
- 7.56 Some private hospitals do carry out Medical Audit internally occasionally but do not share this information to the public or to the peer group. The performance data on these hospitals are termed "Confidential documents" by the concerned hospital management.
- 7.57 The nursing homes do not maintain any medical records nor do they have any medical audit. Data for the hospitals under study was not available and also not forthcoming especially on the number of re-admissions, repeat operations, hospital acquired infection, blood utilisation, tissues removed etc.
- 7.58 All the respondents suggested group insurance. 7% of the respondents also suggested individual insurance policy. By group insurance here it is meant that insurance policy should be such that it provides for insurance cover for all the members of family. However, none of them were clear as to nature of the policy and its functionality.

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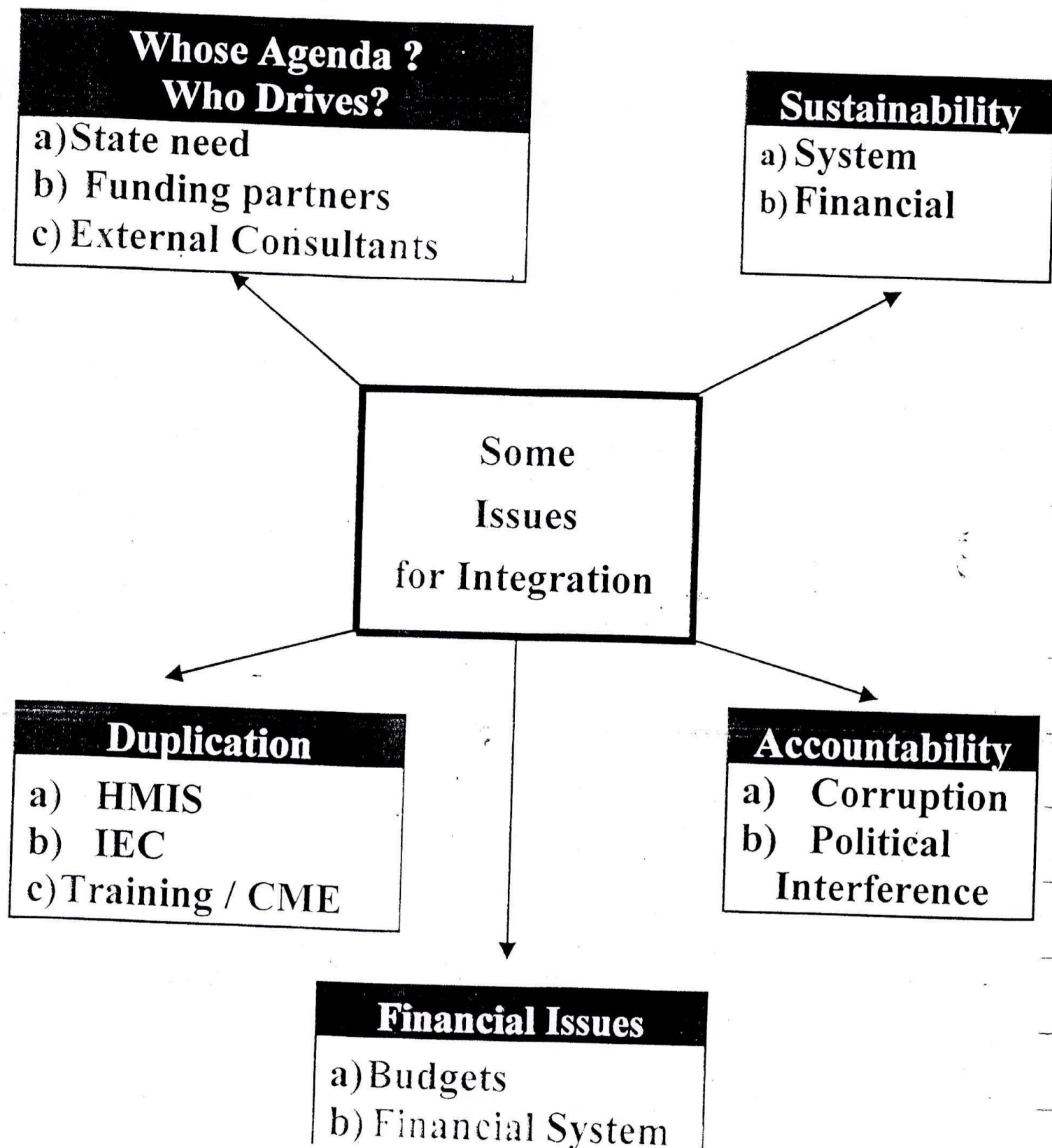
11. Are there areas of overlap / duplication with other projects?
 - a) HMIS
 - b) IEC
 - c) Training
 - d) Staffing
 - e) Others
12. Are projects creating islands of excellence in an otherwise under funded sector?
13. Who drives the project?
 - a) State Health Directorate
 - b) Funding partners
 - c) External consultants
 - d) Others
14. Are there problems of :
 - i) Ownership
 - ii) Leadership
 - iii) Intersectorality
 - iv) Implementation
 - v) Monitoring and Evaluation
 - vi) Any other areas
15. How do the projects perform in the context of some policy imperatives:
 - a) Equity
 - b) Gender sensitivity
 - c) Regional disparities
 - d) Partnerships
 - i. NGOs
 - ii. Private sector
 - iii. Academics-Research
 - iv. Others
 - e) Accountability including corruption and political interference
 - f) Community involvement and partnership
 - g) Decentralization and Panchayatiraj
16. Do multiple projects make it difficult for the government to develop and implement a coherent health policy for the health sector as a whole?
17. What has the project done in the context of sustainability?
18. Any other cross cutting themes that emerge in the discussion between researchers and the project leaderships.

**Integration of EAP's in Health Service Delivery
Karnataka
CONCEPTUAL FRAME WORK (2)**

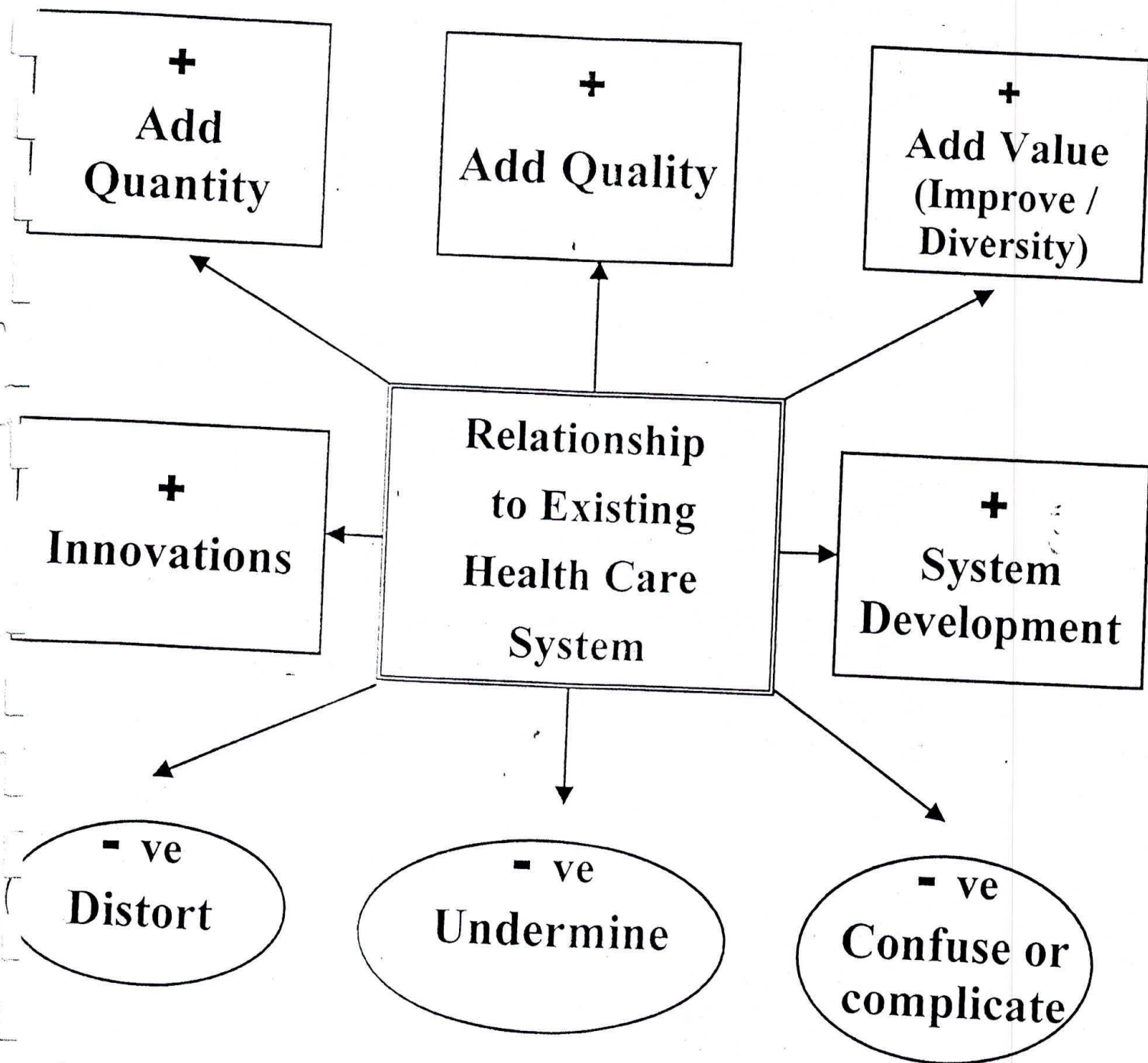


Integration of EAP's in Health Service Delivery Karnataka

CONCEPTUAL FRAMEWORK (4)



Integration of EAP's in Health Service Delivery Karnataka CONCEPTUAL FRAMEWORK (3)



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GOVERNMENT OF KARNATAKA

TASK FORCE ON HEALTH AND FAMILY WELFARE

A Commissioned Research Study

**REVIEW OF ORGANISATION STRUCTURE AND DESIGN OF JOB
RESPONSIBILITIES FOR HEALTH AND FAMILY WELFARE
DEPARTMENT
VOLUME - I**

By

A. F. FERGUSON & CO
MANAGEMENT CONSULTANT DIVISION
Bangalore.

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1.5 We would like to express our appreciation to the following who have spared their valuable time to give their suggestions for the study especially the office bearers of KGMOA.

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- Dr. Latha Jagannathan, Dr. Thelma Narayan & Others
- Prinicipal Secretary (Health) - Mr.Abhijit Sengupta, IAS
- Commissioner of Health – Mr. Sanjay Kaul, IAS
- Project Director, IPP-IX – Mr. G.V.K.Rau, IAS
- Deputy Secretary – Mr. Mohan Chakravarthy, KAS
- Director of Medical Education - Dr. Seethalaxmi
- Project Administrator, IPP-VIII – Dr. Jayachandra Rao
- Directorate Staff- Additional Directors, Joint Directors, Deputy Directors, Chief Administration Officer, Administration Officer & Others.
- Divisional Joint Directors – Bangalore, Mysore & Gulbarga
- Office bearers - Karnataka Government Medical Officers Association
- Staff of IPP-VIII, IPP-IX, KHSDP & AIDS Society

- District Health Officers & District Surgeons of Gulbarga, Mysore, Kolar, Belgaum, Bangalore – Urban & Rural Districts
- Medical Superintendent & Staff – Jayanagar General Hospital
- Director & Staff – State Institute of Health & Family Welfare
- CEO – Zilla Panchayat - Mysore – Mr. Sundar Naik, IAS
- Medical Superintendent & staff - K R Hospital, Mysore
- Deputy Director, Indian System of Medicine & Health, Bangalore.
- Dr. David Peters - Public Health Specialist, World Bank, India Office, Delhi
- Staff at Office of Task Force especially Dr. Deepak & Lakshmi
- Administrative Medical Officers and Staff at PHCs/CHCs/Taluk Hospitals and District Hospitals in Gulbarga and Bangalore Rural Districts.

2. EXECUTIVE SUMMARY

2.1 This study is instituted by The Task Force on Health, Government of Karnataka, to study if any anomalies in the organization structure and present reporting system in the hierarchy of the Dept. of Health & Family Welfare Exist and the possible ways of addressing them and improve system to face the challenges posed by the external environment of the day to deliver quality health services with equity.

2.2 M/S. A.F. Ferguson & Co. (AFF) has been assigned the task to study the above mentioned tasks and also the possible work areas or the essential job descriptions of the unique positions in the organization. This part of the report forms the Volume I (Review of Organization Structure) of the report.

2.3 The methodology has been a qualitative approach of data collection and discussions with various people involved in the system. The key issues addressed in the process of study are:

- Increase focus on Promotive and Preventive Health (Public Health)
- Equal promotional avenues for Clinical staff
- Increase the morale of the people working in the system
- Increase the accountability of the personnel on the performance of the system
- Bring all round development in the state in the area of Health care to remove regional disparities
- Identify the key training areas required for keeping the technical personnel abreast with contemporary knowledge and thus contribute for the success of the department

2.4 The key issues observed during the study are :

- Very wide span of control for DHS / commissioner, to the extent of handling the national and state health programs directly
- More importance to the stream of Public Health personnel during certain period, thus providing more promotional avenues for personnel with DPH qualification
- Improper division of functions to Public Health specialization people and the clinical people has lead to skewed promotional avenues.

- Subsequently, after having brought both Public Health (both preventive & promotive) and Medical (curative / clinical) into the same stream, the importance for public health has diminished.
- The reliance on clinical personnel on carrying out the public health programs leading to dilution of both clinical and public health activities
- Improper coordination among the main Health & FW department and the Externally Aided Projects (EAPs), leading to duplication of certain activities.
- Dual reporting at which the administrative reporting has taken more importance
- Reporting to peer groups for lack of promotional posts at certain levels in the hierarchy leading to lack of authority in such posts.
- Neglected North Karnataka region
- Redundant DJD position
- Lack of Health directed leadership from ZP
- Imperative need for clearly defined job roles at all levels
- Poor health management and programme management skills among senior health staff at all levels
- Multiple training programmes leading to duplicity without clear objectives and outcomes

All the above issues are looked at primarily from the structure point of view and are addressed accordingly. The key recommendations are given as below:

- Bifurcate the Directorate of Health Services of the Department of Health & Family Welfare into two basic functions of Clinical & Curative health (Medical) and Preventive & Promotive health (Public Health) and merge all the activities accordingly to these functions.
- Have a common entry point at PHC level for all cadres and divide into Medical and Public Health from Taluka level hospital onwards or from the Primary Health Centre itself as suggested by Jungalwalla Committee report in mid seventies
- Personnel to be sent to specialisation courses depending on the requirement of the department
- Have lateral entry for the specialist cadre if found imminent. However, the option of hiring external doctors on contractual basis can also be considered.

- Enhance the capabilities of the planning wing to work on the issues of short-term and long-term avenues / strategies for the organization
- All the future External aided Projects under the control of Commissioner/DGHS, with a Director as head of EAP and thus converting the projects into programmes mode to be executed by the relevant functionaries in the department itself
- Emphasis for the NGO participation in the activities of the health Dept. esp. related to Promotion and Preventive Health. To have a Nodal Officer/ Consultant on Advisor in the NGO Partnership Cell in DHS who will coordinate all the enquiry's, execution and monitoring of NGO activities through a single window at the DHS.
- A separate cell for all procurement, maintenance and construction activities as part of the Directorate of Health which follows the World Bank Aided KHSDP norms
- Create an autonomous institute in form of State Institute of health & Family Welfare (SIHFW) and provide all inputs to manage it independently.
- To create mechanisms to improve capacity building by induction training, retraining in clinical skills at periodic intervals, management training for all Administrative posts, create incentive mechanisms, increase pay scales, motivational programs at regular intervals, reward outstanding workers and provide proper infrastructure both at the health institution and official residence.

3. INTRODUCTION

3.1 A.F.Ferguson & Co. – MCS division (AFF) have been retained by Karnataka Health Systems Development Project (KHSDP) to review the structure and functions of the Health & Family Welfare Department and to design of job responsibilities for offices/posts in the said Department.

Background to the Study

3.2 Karnataka State has had an impressive record of development and has indeed been a pioneer in public health development. The present basic structure which has evolved from the system in vogue in the Princely state of Mysore, has been remarkable for its approach to primary health care.

3.3 The planned focus of the health department has eroded over the years leading to the following key concerns of the department as mentioned by the Task Force on Health:

- Neglect of public health
- Distortion in Primary Health care implementation
- Poor Governance
- Human Resources Development Inadequately addressed
- Lack of integration of Externally Aided projects with the mainstream

3.4 A need was felt to bring about higher emphasis in public health care and resolve the key issues outlined for effective implementation of National Health programmes. Health care and public health thus being one of the thrust areas for development and improvement, the Government of Karnataka has considered the need for review of the current state of Health System so as to ensure 'Health for all' with equity and quality.

3.5 In order to propose measures to improve the public health care systems in the State of Karnataka, the Department of Health Services and Family Welfare (DHS) has set up a Task Force, consisting of eminent persons in various fields, which will examine the issues involved and propose measures which could be adopted by the Government.

3.6 In this regard, the Task Force has conducted a preliminary study and presented an interim report dealing mainly with short-term recommendations, which can be implemented within a period of 6 months. It has also identified areas of concern, which can be accomplished in the medium and long term. The Task Force invited AFF for consultation in review of structure and functions and design of job responsibilities for offices/posts in the Health & Family Welfare Department.

Terms of Reference

3.7 The Terms of Reference (ToR) for the study is as follows :

- To collate the available job descriptions and related information from various offices visited and submit the same to the task force

- To review the present structure and functions of offices in the Health & Family Welfare Department
- To determine improvements/changes and to design job responsibilities for various posts of Health & Family Welfare Services

Scope of Work

3.8 The scope of work for the study covered :

- Collation of Information
 - Collection & submission of existing job descriptions and related information from the various offices visited. These will subsequently be collated and submitted to the Task Force.
- Review of Structure
 - Understanding existing organisation structure and reporting relationships of the directorate
 - Reviewing the authority-financial and administrative powers for the various posts and suggesting changes to facilitate transaction processing.
 - Review of existing cadres and identification of new cadres/levels such as vigilance cell, selection posts etc and redundant positions
 - Re-organisation of staffing pattern to facilitate equitable distribution of work in line with seniority, span of control, job responsibilities.
 - Redefining Job Roles wherever applicable
 - Determining the need for review of procedures
- Defining Job Responsibilities
 - Identifying the key qualifications and experience required for various posts defined in the structure recommended
 - Determining the key result areas of these posts
 - Defining the job roles and activities to be performed by the personnel manning the post
 - Determining the training requirements in line with the job roles envisaged, the requisite qualifications for training, whether they should be cadre options (clinical/public health) etc.
 - Identification of working hours, stay in quarters and volume of work (if applicable)

Approach & Methodology

3.9 The study commenced in first week of October, 2000 and the AFF's team visited the Directorate of Health Services (DHS) and had discussions with the Commissioner,

Director, various Additional Directors (ADs), Divisional Joint Director, District Health Officers, District Surgeons Joint Directors (JDs), covering their responsibilities, reporting relationships, operational constraints etc. In addition we met various officers of the Primary Health Centre (PHC), Community Health Centre (CHC), Sub-Centres, Taluk Hospital, District hospitals for both rural and urban areas. Table 1.1 provides list of officers/offices visited.

Table 1.1

Area Category	Bangalore Rural	Gulbarga Rural
Sub-Centre	Shanmangla	Kadacharala
PHC	Bidadi	Malkhed
CHC	Magadi	Mudhol
Taluk Hosp	Ramanagara / Channapatna	Sedam
District Hosp	Mysore (ED Hospital) General Hospital, Jayanagar, Bangalore	Gulbarga, Raichur
DHO	Bangalore Rural	Gulbarga, Mysore, Raichur
Teaching Hospital	KRHospital, Mysore	

3.10 The study involved detailed discussions with the above members and the Task Force members covering various aspects of the study. Focused group discussions were held with the Task Force and DHS and also representatives of KGMO for confirmation of observations. Our observations and recommendations are provided in two volumes covering :

- Volume I : Review of Organization Structure
- Volume II : Detailed Job Responsibilities

3.11 This report (Volume I) covers the following :

- Section 3 : Introduction
- Section 4 : Review of Organisation Structure and Job roles
- Section 5 : Proposed Organisation Structure
- Section 6 : Review of Cadre rules
- Section 7 : Re-alignment of staffing patterns
- Section 8 : Observations on Need for Procedure Review
- Section 9 : Recommendations and Conclusion

4. REVIEW OF ORGANISATION STRUCTURE AND JOB ROLES

4.1 This chapter covers briefly the existing and proposed activities of the Department of Health, Government of Karnataka (GoK) followed by a review of the organisation structure and job roles of key functions. This chapter will conclude with the recommended top organisation structure for the DHS, GoK and its salient features.

4.2 The Department of Health is responsible for providing health care services in Karnataka. The major programmes undertaken and services provided by the department are:

- Primary Health Care
- RCH programmes (family welfare and related programmes)
- Various National programmes for prevention and control of Vector Borne diseases such as Malaria, Filariasis etc, Leprosy, Tuberculosis (TB) and Blindness
- Prevention and control of communicable and diarrheas diseases
- Clinical services (Curative Services)
- Immunization programmes – Universal programs of Immunization
- Nutrition programmes – Nutrition education and demonstration
- Health education and training programmes
- School health programmes and educational and environmental sanitation
- Laboratory services

4.3 The above health services are provided through a network of

• Sub – Centres	:	8143
• Primary health centres (PHCs)	:	1670
• Primary Health Units	:	583
• Community Health Centres (CHCs)	:	249
• Taluk, Teaching, Specialised, General/Maternity and District Hospitals	:	177

* Source Annual report of Department of Health & Family Welfare, 1999-2000

4.4 The above institutions are determined by the facilities provided in terms of number of beds.

4.5 With the objective of direct involvement of people in health care, the 'Panchayat Raj', introduced in Karnataka in 1983, a number of schemes were transferred from the state level to the district level under the Zilla Parishad(ZP), effective from April 18, 1987. Thus the responsibility of management of Taluk Hospitals downwards is under the ZP.

4.6 The Department of Health and family welfare is headed by the Principal Secretary (PS) – Health who reports to the Minister of Health and Family Welfare. The PS – Health covers the following areas :

- Autonomous Institutes
- Indian Systems of Medicine
- Directorate of Health and Family Welfare Services(DHFWS)
- Drug controller
- Externally Aided Projects
- Deputy Secretaries (Secretariat)

4.7 The present top structure of the Department of Health and Family Welfare is provided in Exhibit 4.5

4.8 The DHFW activities and the organisation structure review is presented under the following categorization:

- Externally Aided Projects (EAP)
- Indian Systems of Medicine
- Directorate of Health and Family Welfare Services (DHFW)
- Divisional Level
- District Level

Externally Aided Projects (EAP)

4.9 The Department of Health has created independent, separate cells for the externally aided projects with each Project Director reporting to the Principal Secretary - Health. The ongoing EAPs under the Department of Health (DHFW) are :

- **IPP IX** – This is being implemented in the state of Karnataka since 1994 with the assistance from Government of India and World Bank. The specific objective of the project is to implement a programme sustainable at village level to reduce crude birth rate, infant mortality rate and maternal mortality rate and increase couple

protection rate to reach the national targets. IPP-IX carries out following functions for achieving the set objectives of the project.

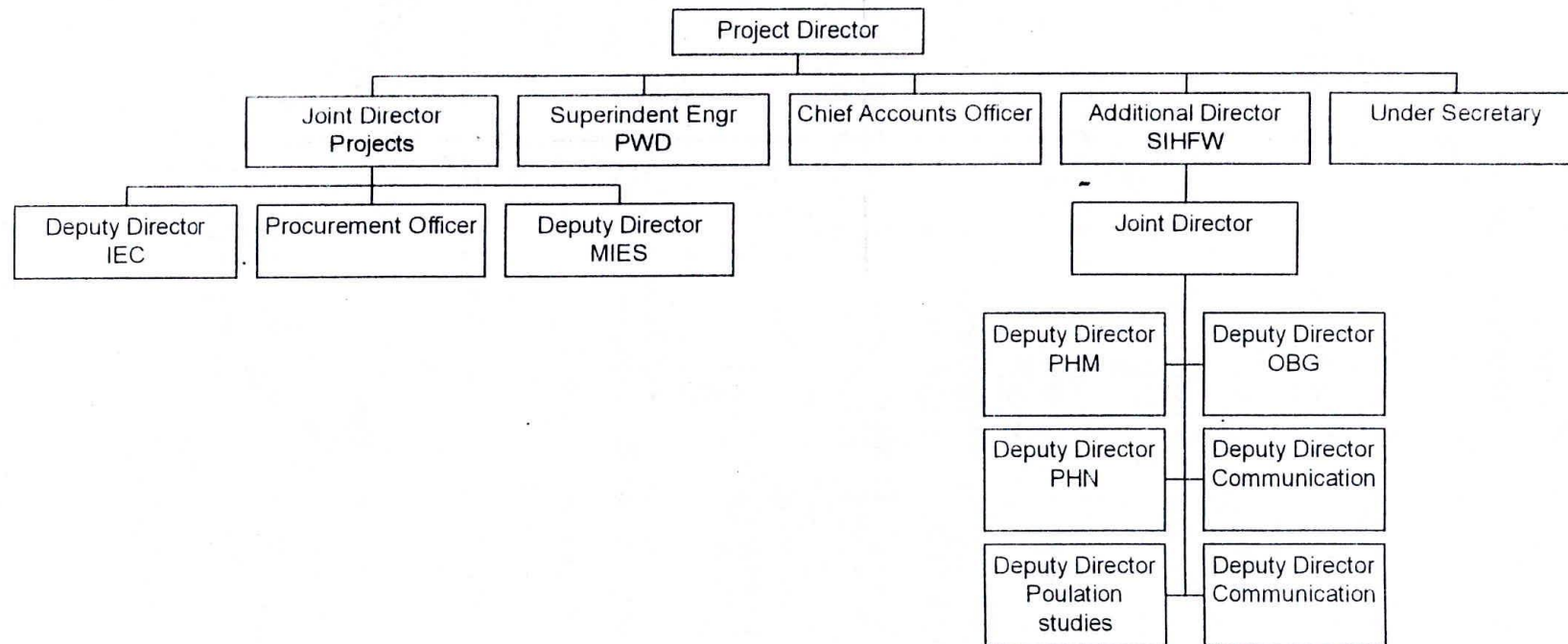
- To involve the community in promoting and delivery of family welfare services.
- To strengthen the delivery of services by providing
 - Equipment kit and supplies to TBAs, subcentres and PHCs
 - Make ANMs at subcentre mobile by providing loans for purchase of two wheelers.
 - Building of subcentres with provision of residential accommodation for ANMs
 - Building for Primary Health Centres
 - Residential quarters for Medical Officers.
- Improve the quality of services by providing training to personnel, official and non-official at various levels including TBAs, Community leaders and voluntary agencies.
- Strengthen monitoring and evaluation by developing and installing MIES from District to State level.
- The IPP-IX has implemented Civil components in 17 districts of the state and IEC and Training components in all the districts.

The organization structure of IPP IX is showed in exhibit 4.1

- **IPP VIII** - This was launched during 1994-95 to cover the Bangalore Metropolitan Area with financial aid from the World Bank under Family Welfare (Urban Slums) Project. The main objectives of this project are:
 - Deliver family welfare, maternal and child healthcare services to the urban poor and to promote safe motherhood and child survival
 - Reduce fertility rate among eligible couples, promote consciousness against early marriage of the daughters
 - Promote male participation in family planning with a view to reduce the burden on women
 - Create awareness of personal hygiene and to maintain a better environment for prevention of diseases
 - Non-formal education and vocational training for women to help them in self-employment
 - Promote female education

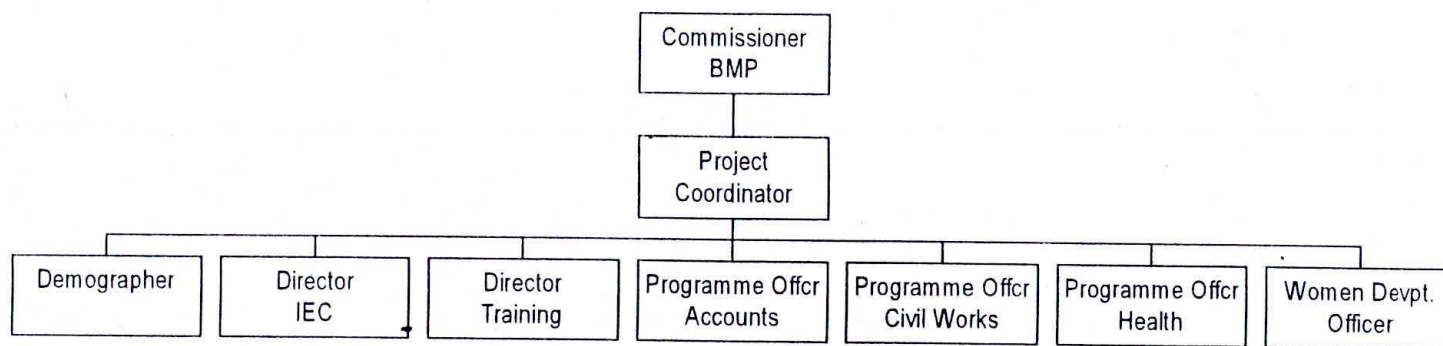
Organization Structure - IPP - IX

Exhibit 4.1



Organization Structure - IPP VIII

Exhibit 4.2



This project completes its life period by June, 2001 and all of its present activities were planned to be shifted to the Bangalore Mahanagar Palike which manages the hygienic conditions in the slums in the capital.

The organization structure of IPP VIII is showed in exhibit 4.2

- **AIDS Society of Karnataka** - This is a 100% centre sponsored scheme under the guidelines of national AIDS Control Organization, Ministry of Health and Family Welfare, Government of India, as the national AIDS Control Programme in Karnataka. The Present Phase – II of the AIDS Control Project is officially launched during December – 1999, for a period of five years (from 1999 to 2004). The objectives of Phase – II of AIDS Control Project are:

- Reduce the spread of HIV infection in Karnataka State
- Strengthen Karnataka State's capacity to respond to HIV/AIDS on long term basis.

This project has many officers deputed from the Department of Health & Family Welfare and a hand-in-hand working is required among all the relevant functionaries for effectively combating the AIDS. The organization structure of Karnataka AIDS society is showed in exhibit 4.3

- **Karnataka Health Systems Development Project (KHSDP):** The Karnataka Health Systems Development Project (KHSDP) is a World Bank aided project setup in 1996 with a project base of Rs. 546 Crores spread over a period of 6 years to improve the secondary level of health care in Karnataka. KHSDP has been setup with the following objectives:

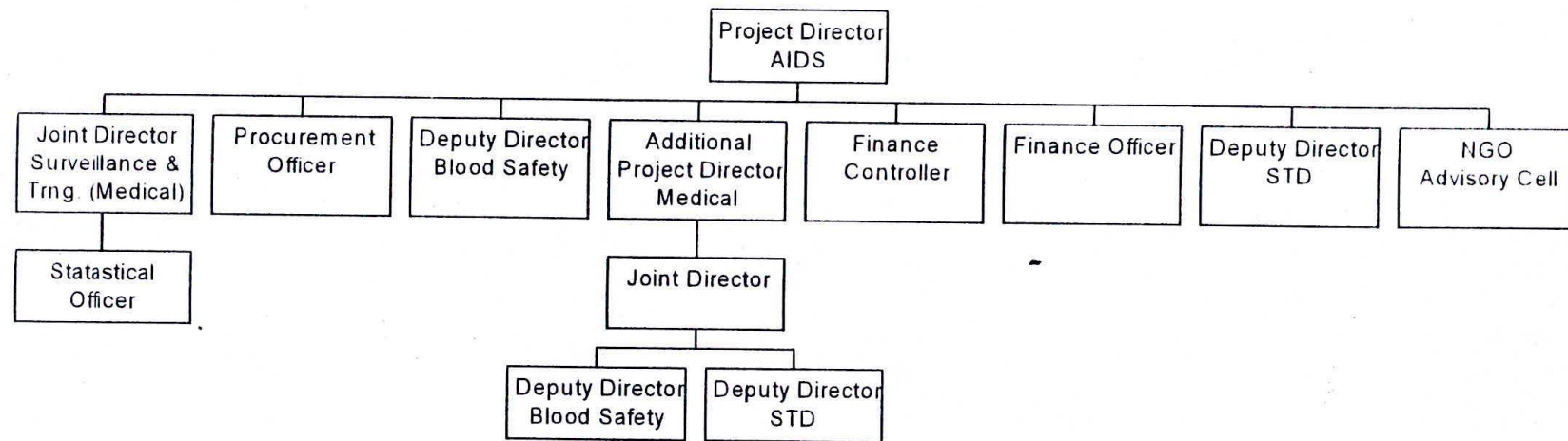
- Improvement in the performance and quality of health care services at the district and sub-district and sub-district level of the health care system
- Narrowing the current coverage gaps by facilitating access to health care delivery, and
- Achievement of better efficiency in the allocation and use of health resources

The project components and sub-components are :

- **Management Development and Institutional Strengthening:**
 - Improving the institutional framework for policy Development
 - Strengthening management and implementation capacity; and
 - Developing surveillance capacity for major communicable diseases.
- **Improving Service Quality, Access and Effectiveness**
 - Extending/ renovating Community, Taluka and District hospitals
 - Upgrading their clinical effectiveness

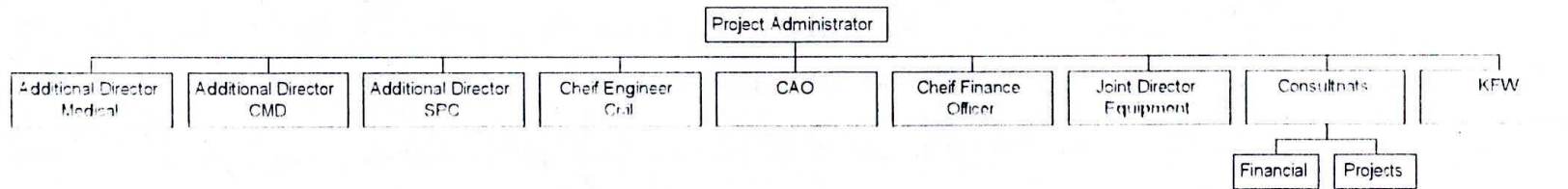
Karnataka AIDS Prevention Society

Exhibit 4.3



Organization Structure - KHSDP

Exhibit 4.4



- Improving referral mechanism and linkage with primary and tertiary level; and
- Improving access and equity to disadvantaged sections

The following functions are being carried out for achieving the objectives of the project:

- Civil Works: The project is working for renovation and expansion of 74 Community Hospitals, 104 Sub- Divisional Hospitals and 21 District Hospitals
- Procurement: The project undertaking procurement of Medical and other equipment, Vehicles and Medicines.
- Training: Project is also working towards the training of doctors in different specialties, Pharmacists, Technicians and Nurses.

The organization structure of KHSDP is showed in exhibit 4.4

The Reproductive & Child Health Programme (RCH) funded by World Bank is being carried out by the Department itself and so also the Blindness Control programmes funded by Danida.

Indian Systems of Medicine and Homeopathy (ISMH)

4.10 ISMH is rendering medical relief to the public in Ayurveda, Unani, Naturopathy, Siddha and Homeopathy systems of Medicine and regulates Medical Education, Drugs manufacture and practice of medicine in these systems.

4.11 The Director of ISMH is independent of Directorate of Health Services. The current study being focused on the working and reorganization of Directorate of Health Services, the details of the ISMH are not covered in this report.

Directorate of Health and Family Welfare Services (DHFWS)

4.12 The key activities performed at the Directorate summarized below are :

- **Planning :**
 - Scrutiny of planned proposals at pre-budget stage before submission to Secretariate
- **Budgeting :**
 - Scrutiny of budget proposals and release of budget to all schemes/institutions under DHS
- **Accounting and Finance :**

- Consolidation of statement of Expenditure received from various institutions
- Reconciliation with Accountant General's records
- Countersignature of DC and NDC bills drawn by Government Medical Stores (GMS) and Public health institutions
- **Payroll and Personnel**
- **Programme Monitoring and Implementation:**
 - Monitoring of National and state level health programs
 - Assessing community needs regularly and ensuring their addressal through different hospitals.
 - Curative preventive and promotive health programmes through its network of PHC's, CHC's, Taluk, subdivision & District hospitals
 - **Purchases and Stocks :**
 - Procurement of all drugs and equipment (except that for TB, Malaria and Leprosy) by GMS
 - Requisition and obtain drugs for TB, Malaria and Leprosy from Government of India
 - Participating in finalisation of rate contracts
 - Supply and distribution of drugs, instruments and surgical equipment to institutions under its control and contraceptives and Family Welfare drugs throughout the state.

4.13 The DHFW is headed by the Commissioner who reports to the Principal Secretary (Health). The present top organization structure of DHFW is given in Exhibit 4.5

4.14 The post of Commissioner, Department of Health & Family Welfare Services (held by an IAS officer) was created during 1997-98 for effective delivery of health services both preventive and curative to the people of the state. All the functions related to DHS apart from the ones managed by different projects are routed through Commissioner.

Divisional Level

4.15 The health care service delivery network for the state of Karnataka is grouped under four divisions namely,

- Bangalore
- Mysore
- Belgaum
- Gulbarga

4.16 The Divisional Joint Director (DJD) is the officer in-charge for Health and Family Welfare Services for each of the above divisions. The key activities of the DJD are :

- Technical guidance to district level authorities in implementation of Health and Family Welfare programmes
- Monitor the performance of hospitals of more than 100 beds, which are not being managed by any District Surgeon or not a teaching hospital
- Inspection of various schemes in Health and Family Welfare sectors being implemented by the district authorities
- Countersignature of DC Bills and NDC bills of district hospitals and other specialised hospitals

4.17 The organisation structure at the divisional level is given in Exhibit 4.6

District Level

4.18 The District Health and Family Welfare Officer (DHO) is the head of the department at the district level and functions at the Zilla Parishad as posted by the State Government. He is responsible for the implementation of the health programs of the district both to the Zilla Parishad and the Directorate.

4.19 The key activities at the District level are :

- Implementation of national programmes at the primary and secondary level of healthcare delivery system
- Health education to the public on the various health programmes conducted by the DHFW
- Planning and implementation of various health programmes (preventive and promotive) through community needs assessment approach and also based on guidelines issued by Government of India and State Department of Health & Family Welfare
- Provision of curative services at the various health centres and hospitals under the DHFW

The present organisation structure at the district level is provided in Exhibit 4.7

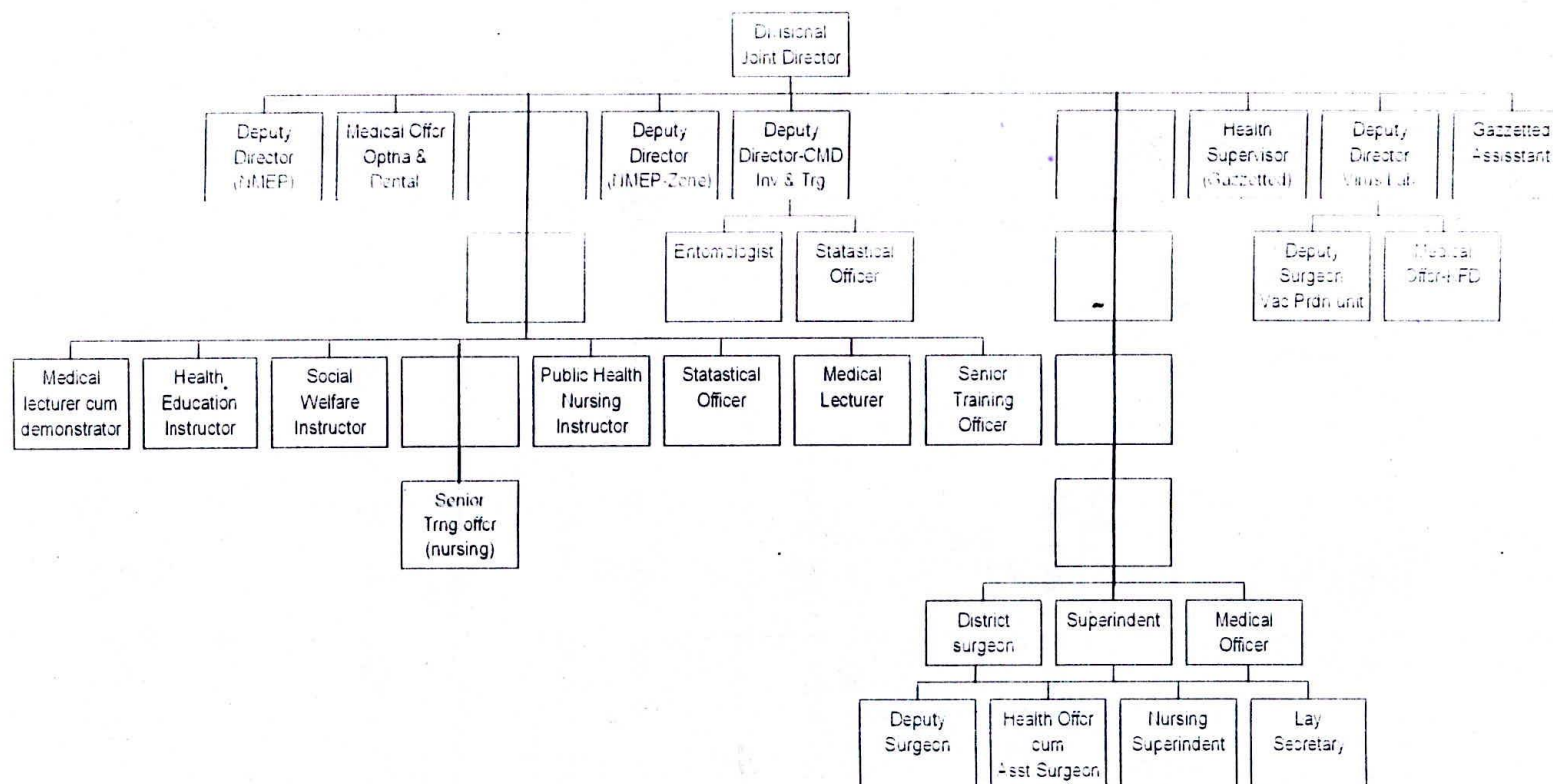
The present staff structure from the village level onwards is shown below :

Village : VHF - Anganwadi - Dai
Sub Centre : JHA (F) / (M) , Dai / Ayah
PHC : MO / LMO, Staff Nurse, Pharmacist, Lab.Tech, SHA (F / M), FDC, D Group
CHC : Physician, Surgeon, OBG, Paed, Anaesthetist, Dentist (Specialists) , GDMO, Staff Nurses, Pharmacist

Organization structure at Divisional level (Gulbarga) - current

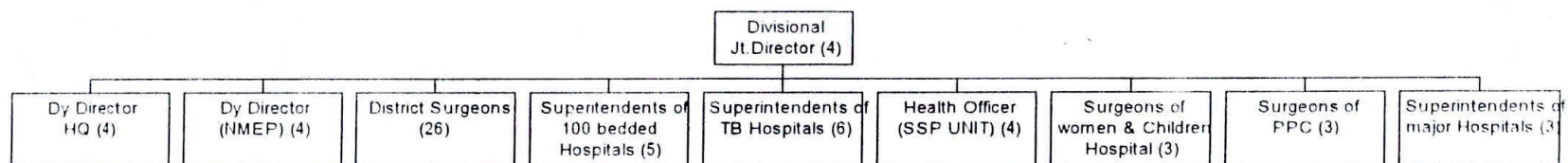
Exhibit 4.6

This structure is not uniform in all divisions



Divisional DHFW - Current

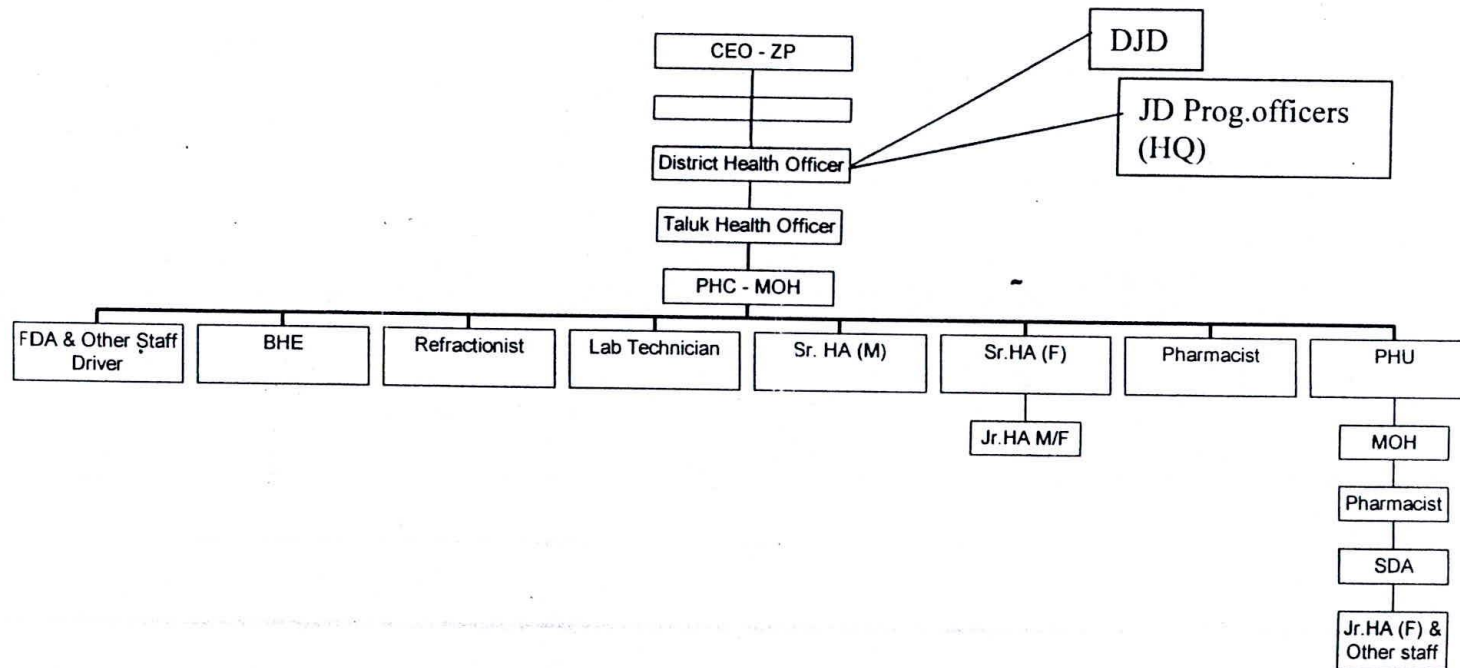
Exhibit 4.7



Primary Health Centre Organisation Structure - Current

Exhibit 4.7

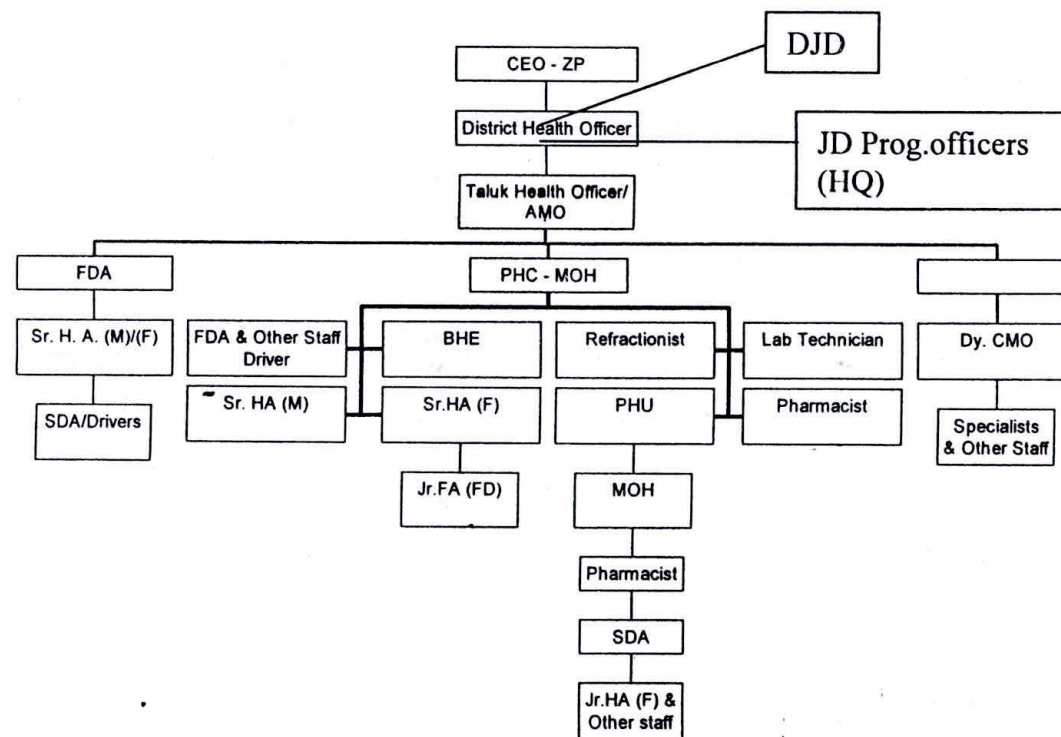
Structure varies from PHC to PHC - District wise



Taluk Health Office

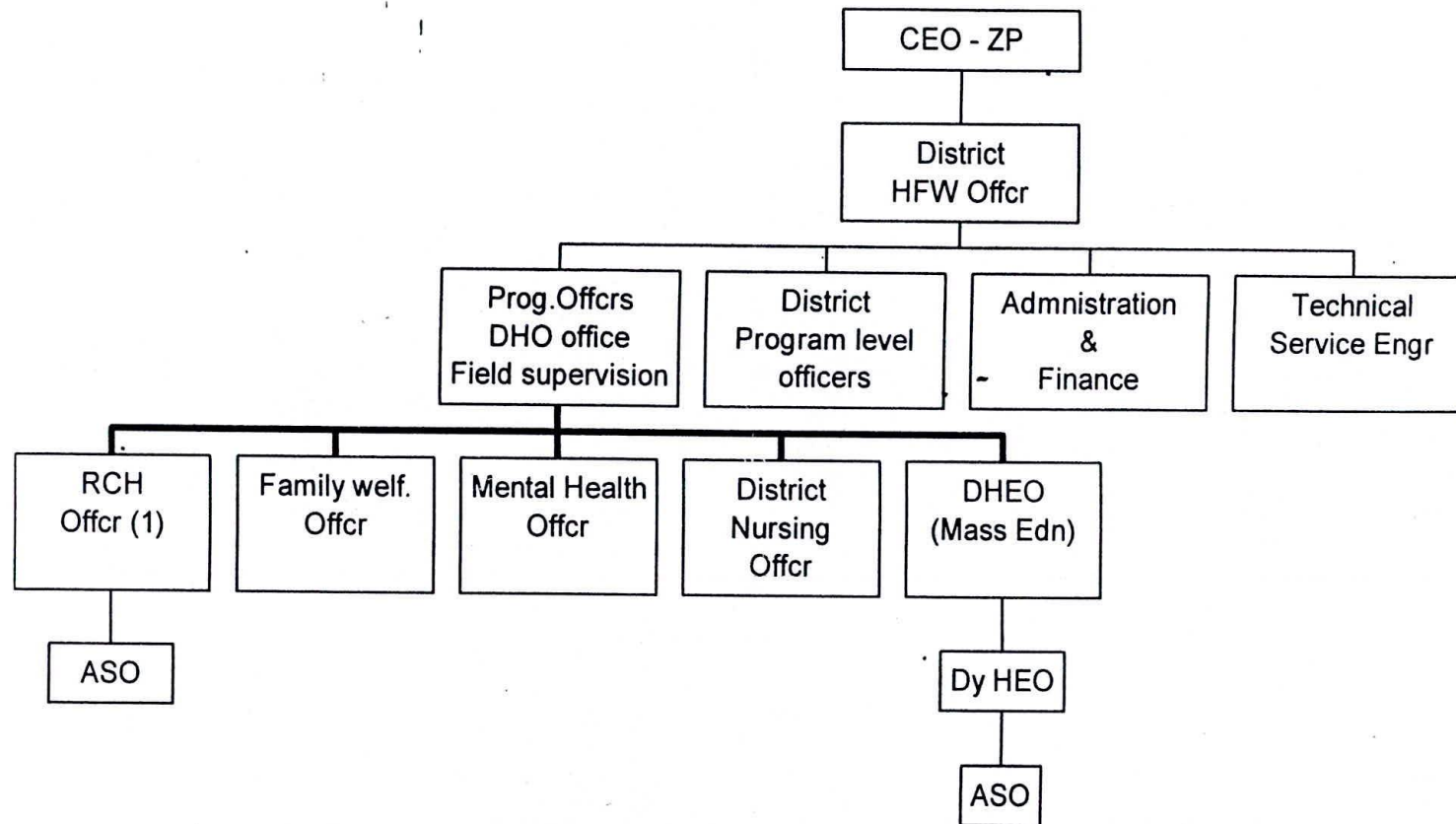
Org. Structure - Current

Exhibit 4.7



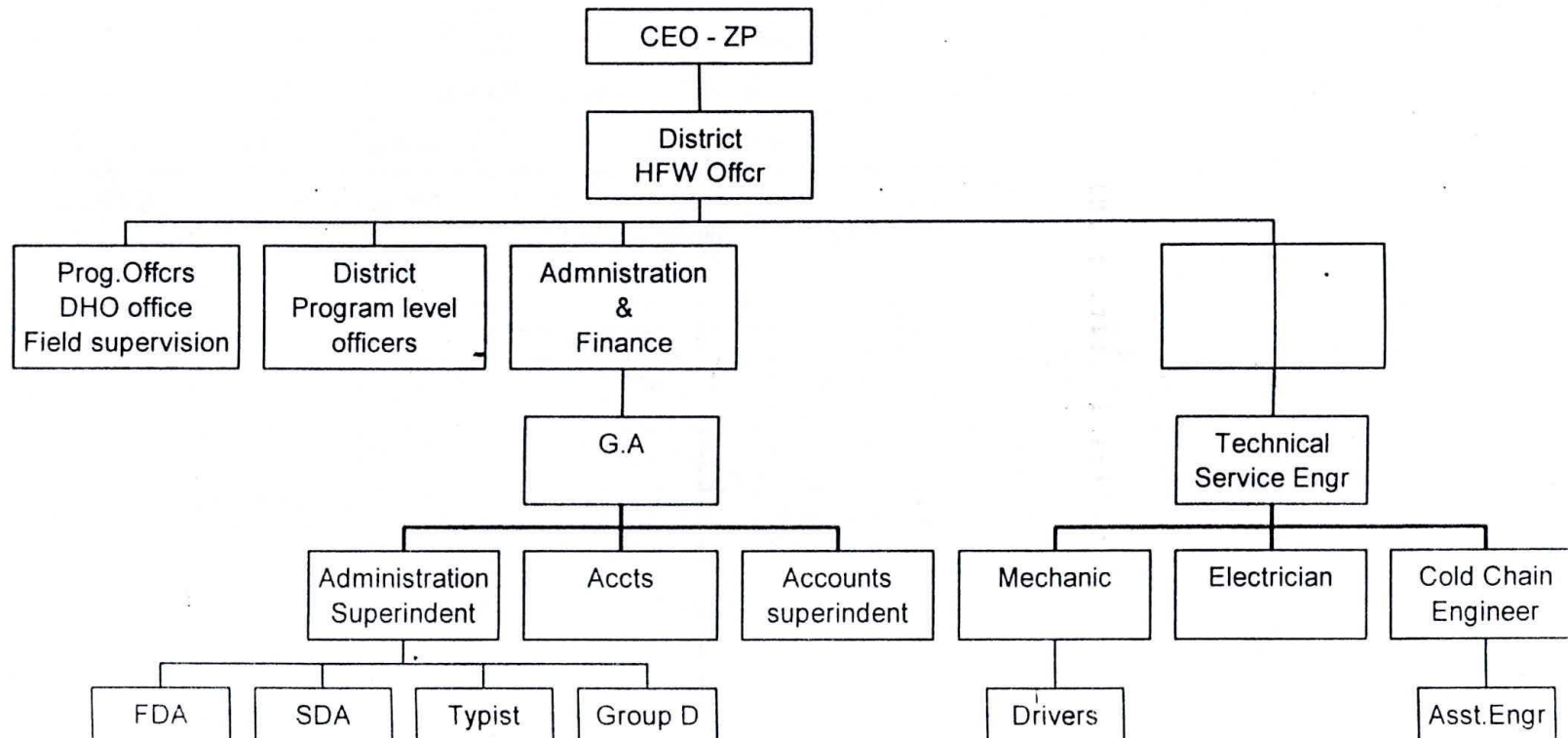
District Health & Family Welfare Office Administration Control Chart - Current

Exhibit 4.7

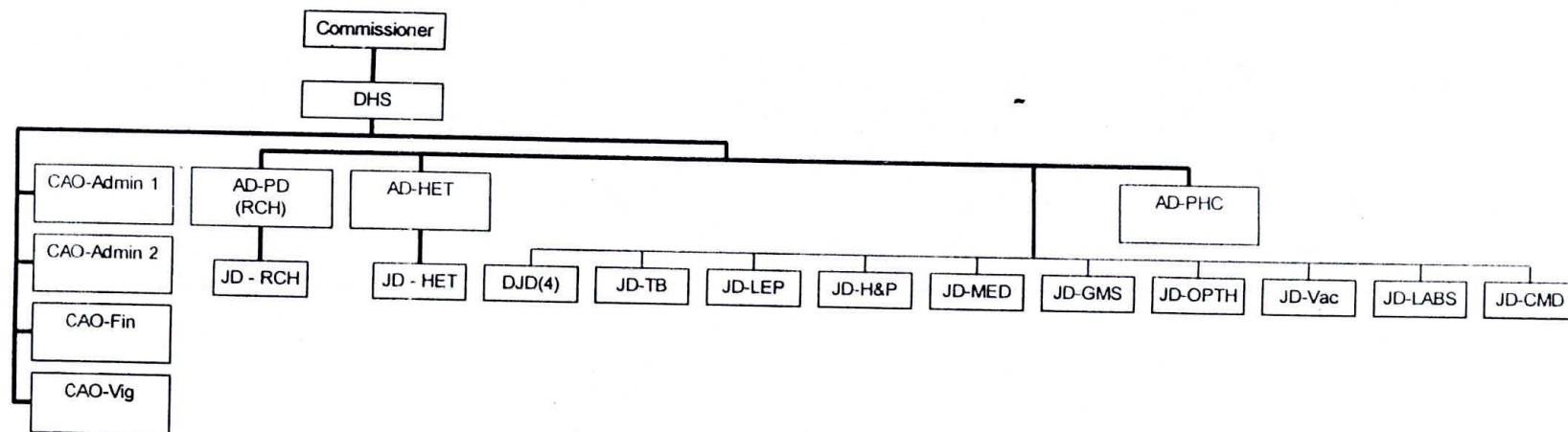


District Health & Family Welfare Office Administration Control Chart - Current

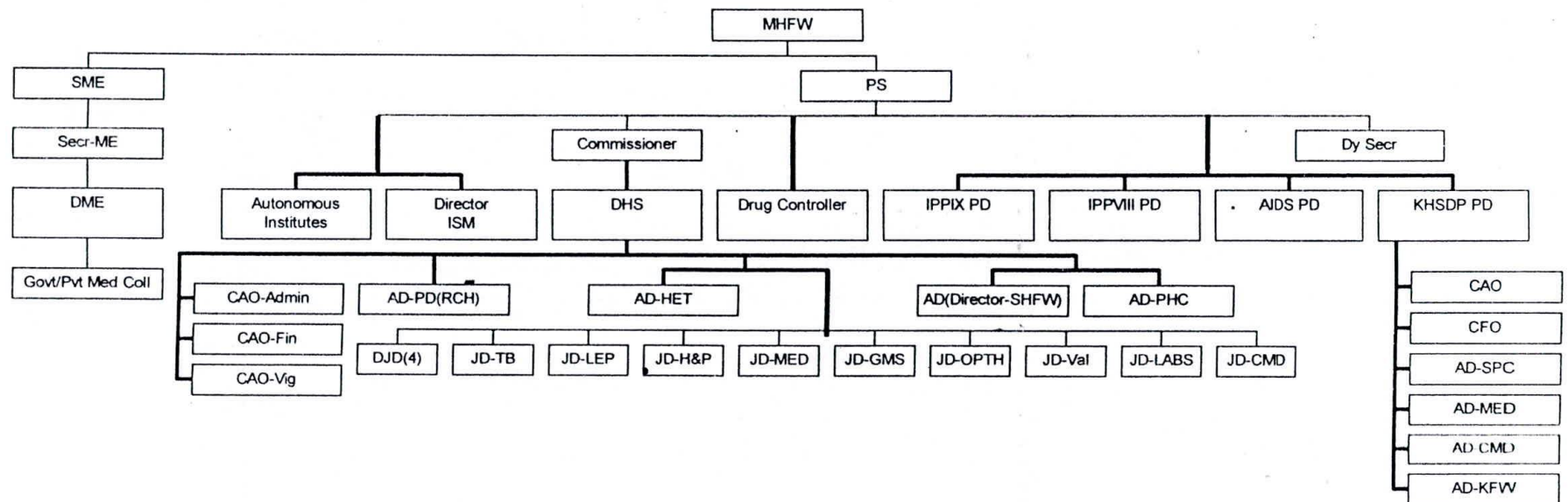
Exhibit 4.7



Department of Health & Family Welfare - Govt of Karnataka
Organization Structure - Current
Exhibit 4.7



Department of Health & Family Welfare - Govt of Karnataka **Organization Structure - Current** **Exhibit 4.7**



The basic primary healthcare concept consists of one CHC with 3-4 PHC's. The staff of CHC will have the dual role of executing both clinical as well as public health care to the community through the Taluk Health Officer.

Observations in Current Organisation Structure

4.20 The notable observations arrived at after detailed discussions with key personnel of Department of health and members of Task Force and analysis of the organisation structure are given below :

Span of Control

4.21 The DHFW is a complex Health service set-up with key activities of administration, public health care and clinical health care having high differentiation and specialization

4.22 . Such set-ups require limited span of control especially at the top for optimum supervision and functioning. However, the Director of Health and Family Welfare has 18 functional personnel including 3 Additional Directors and 10 Joint Directors directly reporting to him, thereby having a wide span of control.

Curative Vs Preventive

4.23 The role of public health programmes is designed to be primarily focussed on the preventive and promotive aspects wherein a need has been determined for improving the basic health of the society and prevention of illness. However, it has been observed that there is more emphasis on the curative aspects of health vis-à-vis preventive / promotive health by the Department of Health (GoK). As observed most of District Health Officers are clinicians without any training in public health. There is severe mismatch of specialists to their place of posting. Senior specialists are still serving at PHC's.

4.24 Further the public health staff at the Taluk hospitals and District hospitals do not have separate infrastructure for conducting their activities. There is a lot of reliance on the medical wing personnel for implementation of public health programs. This results to overload of activities/responsibilities on the medical wing personnel further leading to dilution of role either on Public health or on clinical due to lack of time. There is also lack of managerial and administrative capabilities of Senior Personnel of the Dept from Taluk level onwards

In-equality in Promotion Opportunities between Public Health & Clinical

4.25 Around 1976, during the emergence of public health in the DHFW, the promotion opportunities for the Public Health qualified personnel rose tremendously with the result of clinical personnel higher on the seniority list positioned way below in the organisation structure. This was mainly due to the mandatory requirement of Public Health

qualification from the post of DHO onwards, i.e. role of DPH qualification as criterion for promotion to DHO/JD/AD/DHS created imbalance. This being rectified in 1992, the growth opportunities became equal for both Public Health and clinical personnel.

4.26 Thus, in the district level the career opportunities are equal for both Public Health personnel as well as Clinical Personnel. However, going by the need of specialisation at the senior levels, the promotional path for a District Surgeon (DS) is limited to 3-4 posts at the JD level as against around 12 JDs posts for the DHO.

Multiple authority for certain functions

4.27 It has been observed that the same function is assigned to more than one JD/AD leading to non-optimum utilization of resources and duplication of efforts. Especially while planning Externally Aided Projects (EAP), number of imbalances occurs in staff positioning, training, etc as the activity is in project mode and constraints in terms of availability of time exist. Certain examples are given below :

- AD (HET) handles health training for the public while training for public as well as personnel of DHFW is also conducted by the RCH cell, IPP, KHSDP and SIHFW.
- Research/Studies are organized by PRC, KHSDP, IPP VIII, and IPP IX

Improper Positioning of Functions

4.28 It has been observed that there is no streamlining of functions in terms of reporting hierarchy and departmental responsibility in the organisation structure of the DHFW. Thus while the planning, funding and review is done by certain section of personnel, another conducts the actual implementation with no reporting relationship defined between both sections. This will result in in-effective implementation of the various programs. Certain examples of the same are given below :

- KHSDP as an EAP, created a position of AD (CMD) who is to cover all public health activities for the state relating to communicable diseases. This AD post reports to the Project Director (KHSDP) and is expected to work with the staff of the Department of Health. In the DHFW structure, there is a JD (CMD) who reports to the DHS and has no reporting defined to the AD (CMD), till recently. Only recently a government order has been issued asking three Joint Directors (CMD, Lab and M& F) to report to AD - CMD. Moreover there seems to a lack of co-ordination between the AD(CMD) and DHS office.
- Similar to the above, there is a AD (Medical) reporting to the Project Director (KHSDP) while the JD Medical reports to the DHS office. Nearly all new posts created in the EAP (project mode of functioning) work in isolation from main DHS, thereby creating duplication and confusion in the roles and responsibilities.

Dual Reporting

4.29 Discussions with a cross-section of personnel of DHFW revealed that there is an overlapping of authority and lack of clarity in responsibility. E.g. the DHO being under the District cadre, reports administratively to the CEO, Zilla Parishad, while functionally he reports to the DJD. Many were of the view that in this context of multiple line of command, the one through which the inputs for Confidential Report are taken is the most responsive one. Thus, the DJD, a department functionary, couldn't contribute to the development of the respective district.

Peer Reporting

4.30 As per cadre policies, in certain cases, the post of administrative head is held by the senior most person in that office. E.g. the senior most Sr. Specialist holds the post of the District Surgeon (DS). As these posts are not promotion posts, the personnel holding these offices find it difficult to effectively discharge their duties due to non-reporting by other peer personnel.

Disparity of Health care development in Northern Karnataka vis-à-vis other regions

4.31 Field visits to the Gulbarga district health centres revealed a very low health care reach and infrastructure for services. It was found that the situation was very grim when compared with national health standards

4.32 The regional disparity between Northern Karnataka and other regions are outlined below:

- High number of vacancies due to non reporting of personnel deployed/posted
- Abysmally low health care awareness amongst the public
- Distance from directorate leading to ineffective governance
- Low Morale amongst staff

Poor health infrastructure including poor maintenance of existing infrastructure (building, Equipment etc.)

Externally Aided Projects

4.33 The externally aided projects function distinctly from the DHS office despite having the same objectives and operating mechanisms. E.g. the KHSDP was initiated to design and implement various health programmes in co-ordination with the DHS office to improve secondary level health care. However, the KHSDP is considered to be a separate entity with minimal/no co-ordination with the DHS office, thereby resulting in similar activities being conducted parallelly by the DHFW and under utilization of various funds at the disposal of KHSDP.

4.34 According to the planning of different Externally Aided Projects, majority of EAPs come to a end of their stipulated period of working while creating a number of new additional posts as dictated by the project modalities. This gives a challenge of repositioning of the personnel at appropriate levels/positions in the hierarchy at the end of the project.

Role of Divisional Joint Director

4.35 The DJD is the overall in-charge of the divisions under him and have the functions of technical guidance and inspection of implementation of various national programme schemes. However, it has been observed that the DJD functions mainly as a co-ordinator between the district and the headquarters and performs the functions of collating information from the various offices under him and submitting the same to the DHS. The DJD does not exercise any administrative or functional powers leading to the redundancy of the post in the overall functioning of the DHFW

Sanctity of certain posts

4.36 The original organisation structure has been modified by creation of new posts based on requirements for a specific activity. However, due to lack of clearly defined roles and reporting relationships, lack of proper authorities and non-cooperation from other members in the system, these personnel holding these posts cannot function effectively, leading to their redundancy e.g. Director - Training. In addition, posts such as Officer on Special Duty (OSD) are created from time to time for specific projects/activities.

Lack of integration of functions

4.37 Currently, the various duties of the staff in the lower level of hierarchy, are defined at a program level. E.g. Lab Technician-Malaria, Lab Technician- TB etc. This lack of integration of functions often leads to under-utilisation of personnel as given below :

- Overload on a certain function while under utilisation of the other personnel
- Lab technicians not interested in doing duties assigned to them, due to higher learning opportunities in other functions. E.g. Lab Technician of TB prefer to do malaria related activities

Similarly the ANM's are overloaded and the male health worker underutilized.

Role of ZP in Public Health Care

4.38 ZP being the administrative authority at the district level has a vital role to play in delivery of health care in the district. Various personnel in the DHFWS were of the view that there exists a misuse of financial and administrative powers by the ZP. This has led to a de-motivation in the department. The various forms of abuse of power indicated by the personnel are :

- Use of Public Health Care facilities for other purposes or for personal work
- Use of Force/pressure tactics to achieve their needs. E.g.:
 - In the event vehicles reserved for public health are not provided to ZP for other use, the personnel are threatened with cuts on vehicle allowance.
 - Delay in payment of salaries
- The ZP has powers to post personnel of the 'C' and 'D' category staff at the district level. However, quite often, such personnel have been posted by the ZP against non-sanctioned posts into the health department.
- Procedural delays such as pending electricity bills, delay in maintenance of equipment and buildings etc.

4.39 Further to the above, the personnel of the DHFWS feel that health programmes are not a priority for the ZP as the ZP personnel do not appreciate the criticality of successful implementation of proposed national/state health programmes. The ZP regularly insists on the DHO and other staff of the DHFWS to be present for all meetings being conducted by them, irrespective of the connection of these meetings to health. These meetings are often of the nature of absenteeism, administration etc., This results in lack of time for personnel of DHFWS to conduct their basic duties of health care thereby providing scope for productivity reduction.

4.40 There is a lack of morale amongst the personnel of DHFWS at the district level due to the authoritative attitude of ZP and the misuse of power. It has been brought to our notice that very often the interference of ZP in the day-day functioning of the DHO and their support to the lower cadres of personnel, result in ineffective use of such staff by the DHO for implementation of health related programs.

Need for Re-defining of Job Roles

4.41 Discussions with various personnel in the DHFWS have brought out a need for clear definition of Job roles at each level. Certain lacunae identified in the current system are :

- The role demarcation of Strategic Planning Cell (SPC) vis-à-vis JD (H&P) in DHS needs to be clearly reviewed in depth and outlined
- The present SPC at KHSDP has not been able to deliver the objectives for which it was set up through KHSDP
- Lack of program orientation in officers.
- Specialists of District Hospitals attached with medical colleges are given minimal / no responsibility or authority such as :
 - No additional units/beds provided for their clinical work
 - Only MLC cases and casualty are given to specialists

- Despite senior DHFW doctors in premises, casualty is referred to the Orthopedic units , PG and Junior residents
- Senior personnel are not involved in strategy and planning. E.g. :
 - DHO/DS not involved in technical micro planning of District Health programs or hospitals, current role being administration driven
 - Role of senior personnel currently reduced to transfer of correspondence or provision of data
 - No analysis of information conducted even at certain JD levels on data collated

Specific demerits of the structure

4.42 Key demerits observed in the existing structure are summarized below:

- Very wide span of control for DHS / commissioner, to the extent of handling the national and state health programs directly
- More importance to the stream of Public Health personnel during certain period, thus providing more promotional avenues for personnel with DPH qualification
- Improper division of functions to Public Health specialisation people and the clinical people has lead to skewed promotional avenues.
- Subsequently, after having brought both Public Health (both preventive & promotive) and Medical (curative / clinical) into the same stream, the importance for public health has taken a back seat.
- The reliance on clinical personnel on carrying out the public health programs leading to dilution of both clinical and public health activities
- Improper coordination among the main department and the EAPs, leading to duplication of certain activities.
- Dual reporting at which the administrative reporting has taken more importance
- Reporting to peer groups for lack of promotional posts at certain levels in the hierarchy leading to lack of authority in such posts.
- Neglected North Karnataka region
- Redundant DJD position
- Lack of Health directed leadership from ZP
- Imperative need for clearly defined job roles at all levels

5. Recommendations on Organisation Structure

Principles Behind Proposed Organisation Structure

5.1 The proposed organisation structure has been designed in line with the following principles :

- Equal emphasis for both Public Health as well as Clinical from the District level onwards
- Optimum utilization of all resources across the DHFW
- High priority on Rural health development
- Health MIS and Planning is significant for the functioning of the department
- Role clarity and well defined Job Responsibilities/Key Result Areas
- A Bureaucratic structure
- A Professional Domination
- Accountability to public
- Equity of treatment

VISION STATEMENT

QUALITY HEALTH CARE DELIVERY SYSTEM WITH EQUITY

The Department of Health and Family Welfare is committed to act as a catalyst for progress that will result in healthier people in a healthful environment.

The department will incorporate strategic management to implement a core set of values that are integral to public health. We will translate science and technology into action to safeguard the public's health. We will apply innovative, sound, and reasonable solutions to traditional public health challenges and emerging issues. At the same time, we will retain that, which is good with public health in the state. We will expand knowledge through epidemiology and applied research on health and environmental issues.

The department recognizes its tie with other health and human service agencies to respond to global, national, state, and local public health concerns. We will forge alliances with public and private sectors to ensure that timely, cost-effective, public health interventions are planned and implemented. We will strengthen our commitment to collaborate with other departments.

Our employees are our most valuable resources. We will provide an environment in which our employees strive for excellence, display initiative, and demonstrate achievement. Our employees will continue to promote health; work to prevent diseases, disability, and premature death; and help to assure access to health care for all populations.

This vision of the future is one in which the Department of Health & Family Welfare, communities, local health agencies, Special Institutions, and the private sector across the state cooperate to develop plans, programs, and resources. It guides our work to increase the span of healthy life, to reduce health disparities among different populations, and to assure access to preventive services for all.

MISSION STATEMENT

The Department of Health & Family Welfare is dedicated to promoting health and wellness among people in Karnataka through planning, prevention, service, and education. DH&FW serves to help people attain the highest level of health possible. The DH&FW is a proactive leader and collaborator in assessment, policy development, and assurance, based on science, innovation, and efficiency.

DH&FW affirms that health includes physical, mental, and social well-being, and is dependent on economic and environmental factors, access to health care, and individual responsibility and choice. Although the DH&FW primarily serves people within Karnataka's geographic boundaries, we recognize our interdependence with the larger world.

To achieve our mission, the DH&FW supports :

- Training and technical assistance
- Disease prevention and health education programs
- Epidemiology for surveillance and analysis of health data for intervention and program evaluation
- Development of policies and regulations to optimize health
- Planning and evaluation
- Staff recruitment and development to accomplish our mission, and
- Collaboration with the public, local health departments, other governmental agencies, the scientific community, and special populations.

The DH&FW is dedicated to quality service, innovation, respect for every individual, affirmative action, personal integrity, trust, and high ethical standards.

Quality care for all

5.2 Good health is necessary to the well being of every individual and the society is dedicated, therefore, to providing care for all ages, regardless of race or creed and regardless of their circumstances and ability to pay.

Equity in health

5.3 An atmosphere of equity in health is the stone to progress in the state with all members of society availing healthcare.

Treatment of the whole person

5.4 The patient is entitled to more than physical care, his worth as an individual and his spiritual well being are equally important and treatment must take into consideration the whole person-his mental and emotional welfare as well as his deep-seated spiritual needs.

Emphasis in the Best

5.5 The maximum advantages of modern medicine are possible only through comprehensive healthcare encompassing the best medical staffs, working in close harmony with its hospitals; the most highly trained personnel, the most advanced life-saving equipment, the most up-to-date facilities and the widest possible range of services.

Consideration for Employees

5.6 The loyalty and enthusiasm of its employees are among its most valuable assets and realising this, the Government seeks to provide fair compensation, excellent benefits and working conditions and a chance to advance in accordance with skills and ability.

Stress on Training and Continuing Medical Education

5.7 Training and Continuing Medical Educational programmes must be perpetuated and expanded to train health personnel for today and for the future, serving the best interests both of hospitals and the community

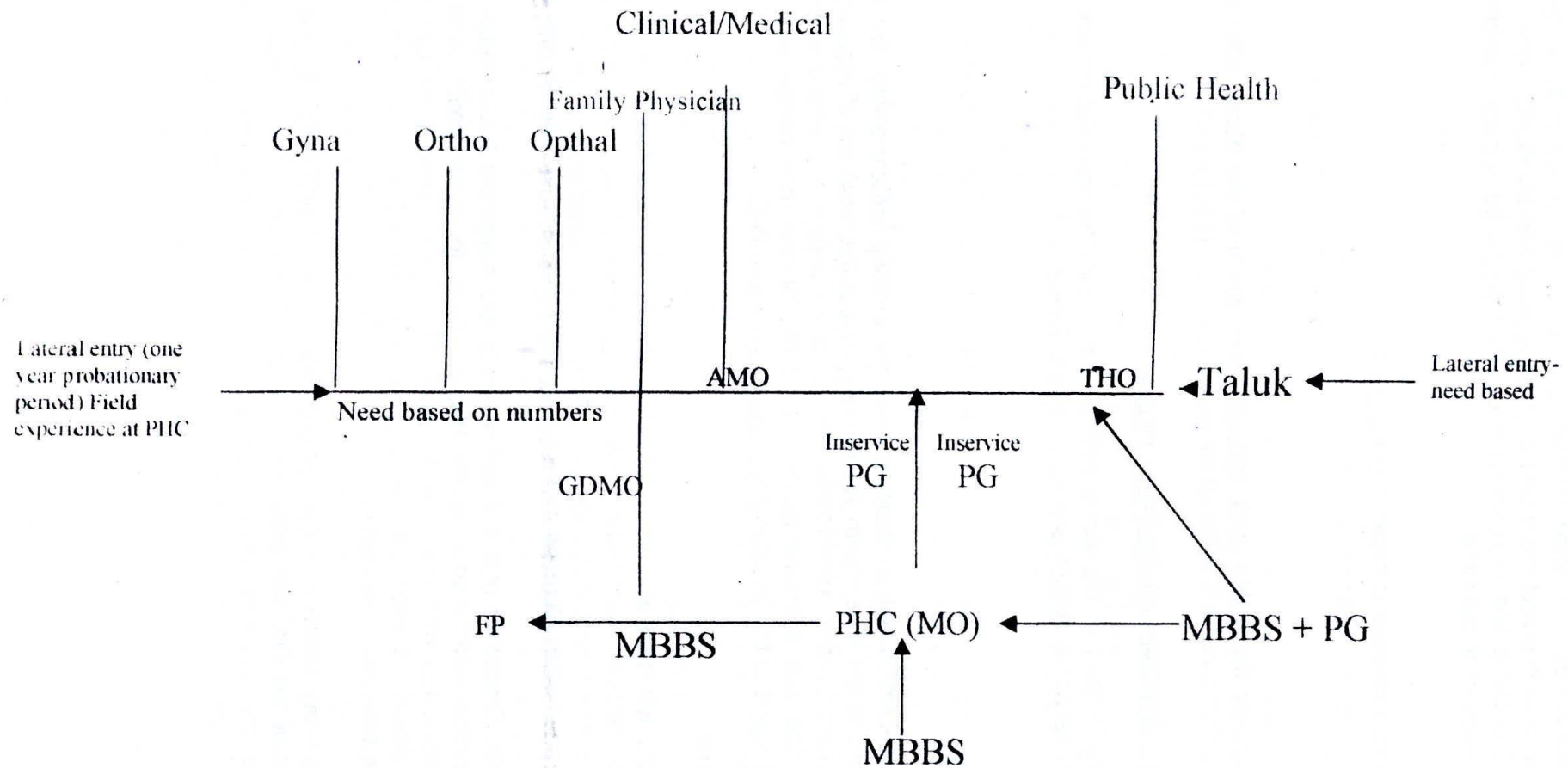
Interest in research

5.8 Research is essential for life and health in support of this belief, the Society maintains and furthers major research projects and constantly explores additional areas of interest in which to establish activities for the eventual betterment of others.

Concern with Costs

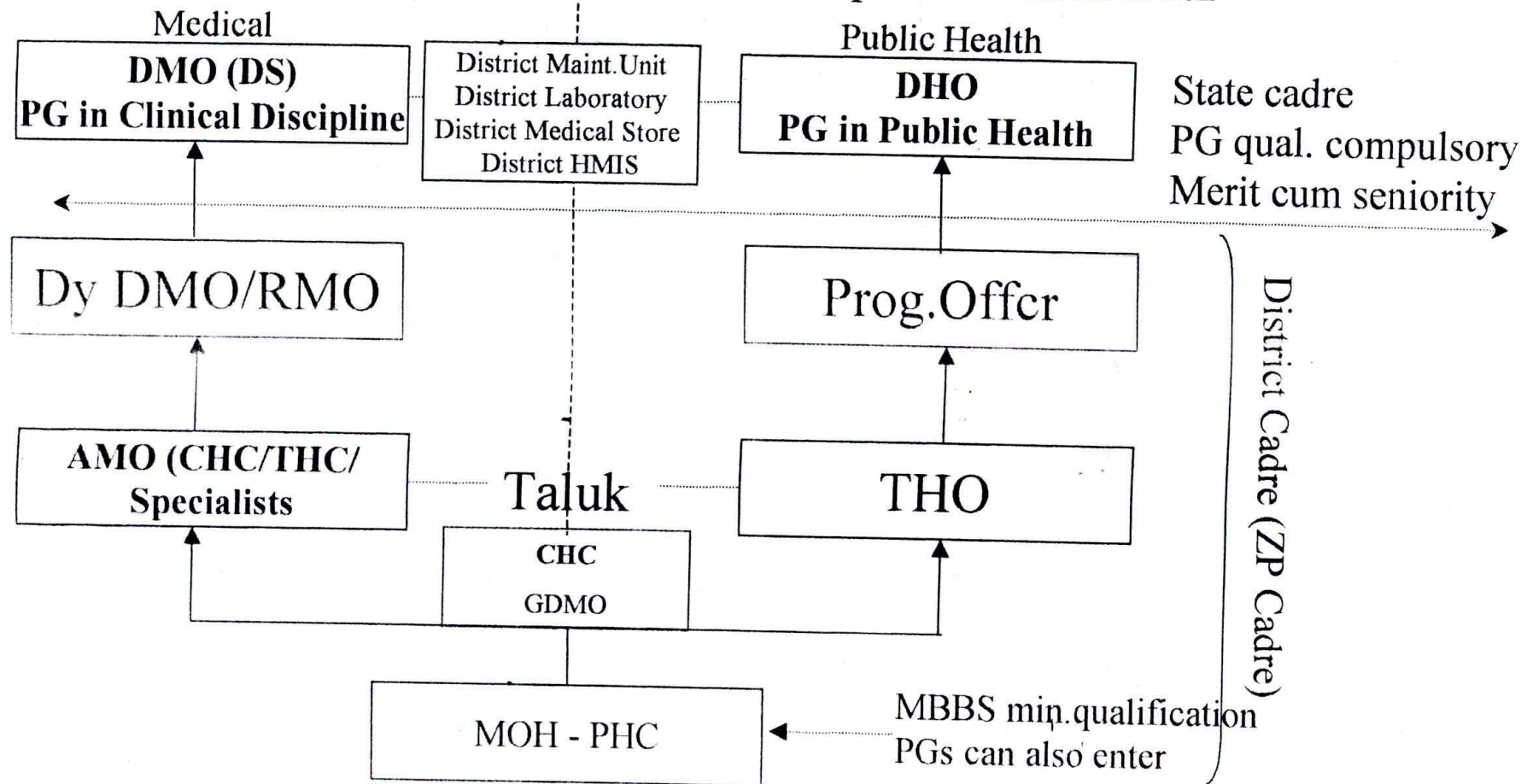
5.9 The patient comes above all and must receive the finest care at the lowest cost consistent with quality and equity.

Exhibit 5.1



District level - Department of Health & Family welfare

Organization structure - Proposed : Exhibit 5.2



CHC/Taluk Hospital

5.24 As discussed in the earlier paragraphs, the distinction between Public Health and Medical is initiated at the Taluk level. Each of the two streams will have their own infrastructure and will draw upon the other's resources in terms of consultation and expertise. Thus, the medical specialists will primarily be responsible for providing clinical care to the patients of the hospital and the public health specialists will be involved in implementation of the various health programs initiated by the DHFW. The common seniority list of PHC entry level will have to be reworked with 2 independent seniority lists of Medical Public health.

5.25 In the medical wing, the specialists will look after curative work. A THC/CHC will be headed by the Administrative Medical Officer-CHC (AMO). The post of the AMO will be a promotional post from the Specialists post. Among the seniors of the AMO's of the Taluk, there will be a Taluk Medical Officer (promotional post) who will monitor and evaluate all the CHC's and Taluk Hospital.

5.26 The Taluk Public Health Officer (TPHO) will head the public health wing of Taluk and will have Public Health officers and program officers, assisting him to carry out various national and state national programmes. These are monitored by district programme officers who in turn report to Zilla Parishad (administratively) and DPHOs & concerned JDs (functionally). TPHO must have a public health PG qualification (atleast DPH) . He will be assisted by Taluk Health assistants (promoted Jr/Sr HA 's from the PHC level), Block Health Educators, Assistant Statistical Officers for HMIS, Refractionist and clerical staff.

District Hospital/DPHO office

5.27 The District hospital will conduct the functions of clinical service. The district hospital is headed by the District Hospital Medical Superintendent and is supported by the RMO, specialists and other staff. The district office will also have a post of the District Medical Officer (DMO) who will look after all medical hospitals (CHC's and TLH,DH) in the district other than the district hospital. The DMO is a promotional post and he will be the senior-most specialist with managerial/ administrative qualifications and experiences. This cadre is above the District Surgeon & necessary C & R rules will have to be framed. Similarly the DHO post will also be upgraded. The senior most programme Officer becomes the DHO. PG qualifications in public health is must for this post. He must have additional managerial/ Administrative Qualifications & experience, necessary C & R rules to be framed.

5.28 A detailed work motion study may be carried out for the DHO and indepth analysis to be carried out about his time utilisation. Based on this report a necessary GO in Consultation with the ZP authorities to be framed permitting the DHO to attend only the most important meetings. Programme Officers at District level to be given more autonomy (financial and administrative) with technical directions from the DHO. These officers should be accountable financially also for their respective programmes to the ZP. Presently only DHO operates all the financial matters. Suggest a joint account of Programme Officer with another ZP official to use the programme funds effectively. Details need to be worked out on the monitoring of these issues.

5.29 The DHO which is upgraded as a promotional selection post will be assisted by a ADHO who will be the senior most programme Officer. ADHO will represent the DHO at the ZP meetings and also his major responsibilities will include health planning (micro planning at District level) with implementation / monitoring of HMIS. The Gulbarga and Belgaum Districts will have 2 DHO's each in view of the large size of the District and number of PHC's.

5.30 The following Programme Officers will report to the ADHO for smooth functioning at the District level : a) DLO with STD/HIV b) Health Promotion with 2 Officers (one for nutrition – new post and other for health education – DHEO) c) RCH d) Vector Borne e) TB Officer . Programme Officers for urban health and STD/HIV can be added later as and when these programmes are launched.

5.31 The District Surveillance Officer with his staff of the District Lab etc ., the District Pharmacist – warehouse incharge , District Maintenance Unit for vehicles, equipment and civil will report directly to the DHO for efficient and smooth functioning and monitoring.

Both the DHO and DMO will be responsible for an efficient surveillance system of communicable diseases and referral systems respectively in their areas of operations

The DHO and DMO will be trained in applying epidemiological skills for microlevel planning to the dynamic and changing health scenario both at the public health & hospital level.

5.32 Though the District Public Health Officer and District Medical Officer / District Surgeon are made to belong to state cadre, it is observed that they cannot escape the influence of Zilla Parishad for having to work in the same territory and for obvious reasons to work closely for common mandate. But, in the present reporting standard, the DHO represents the DHFW in all the meetings of Zilla Parishad, including the ones not about health programs. It is proposed that the DHO may not attend such programs and the authority levels of district programme levels have to be enhanced to be accountable to Zilla Parishad directly.

5.33 The DMO will be a promotional selection post. His office will be located within the District Hospital. The Medical Suptd. (earlier DS) of the District hospital , all the Administrative Medical Officers of the CHC / Taluk and other hospitals in the district will report to the DMO. The DMO will monitor the quality of care in all the hospitals in the district. The Program Officers for Ophthalmology and NCD will also report to the DMO. Presently there will be a separate program officer for Ophthalmology and a combined Program Officer for CVS / Diabetes/ Mental Health / Oncology of the rank of senior specialist till these programs are launched as independent programs with funds allocation. The physician at the District hospital will monitor the TB Centre in the District hospital in coordination with the DMO. Training in public health and program management will be given to all Program Officers. The DMO will also have a maintenance unit of civil, equipment and vehicles under him.

5.34 The proposed re-organisation of the district level structure is depicted in Exhibit 5

Divisional Structure

5.35 As discussed in the previous chapter, the DJD post has become redundant in light of transfer of all district level supervision to the ZP and is recommended to be abolished. It is proposed that the various district level officers under the DJD will report functionally to the respective Joint Directors and administratively will continue to report to the ZP..

Directorate Structure

5.36 The Directorate of Health will be headed by Commissioner / Directorate General of Health Services (DGHS), who will report to the Principal Secretary. The proposed directorate structure is shown in Exhibit 5.5

Commissioner / Director General of Health Services

5.37 The main function of the Commissioner of Health and Family Welfare presently filled by IAS Cadre Officer) to bring about better internal and inter-sector co-ordination and to achieve a greater degree of accountability in health services both in financial and administrative terms. The key activities of this post are :

- Monitoring, supervising and implementing all National and State health and family welfare programmes in the State
- Ensuring co-ordination among the various directorates and divisions within the Health system and also with related departments

It is proposed to rename the Commissioners Post to Director General of Health Services - DGHS to be held by a Senior Technical Officer of the Dept who has risen from the ranks. Also this is a selection post

5.38 The key qualifications for this post (DGHS) will be managerial, administrative and financial skills as well as health systems exposure to carry out their functions effectively. In the current DHFW, it is observed that there are hardly any health personnel skilled in managerial/ administration and related areas. Moreover the exposure to government functioning is minimal. It is proposed that the senior personnel of the DHFWS are given opportunities for attaining the requisite skills such that they meet the qualifications of this post. Till such time, it is proposed that the Commissioner (of IAS cadre) continue to hold the post till such time a suitable technical person is available to fill the post of DGHS.

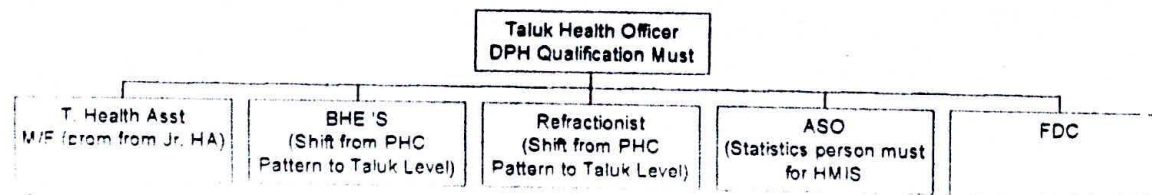
Reporting Structure to Commissioner/DGHS

5.39 The Commissioner/DGHS will have the following functional heads reporting to him:

- Director – Medical
- Director – Public Health
- Director – External Aided Projects

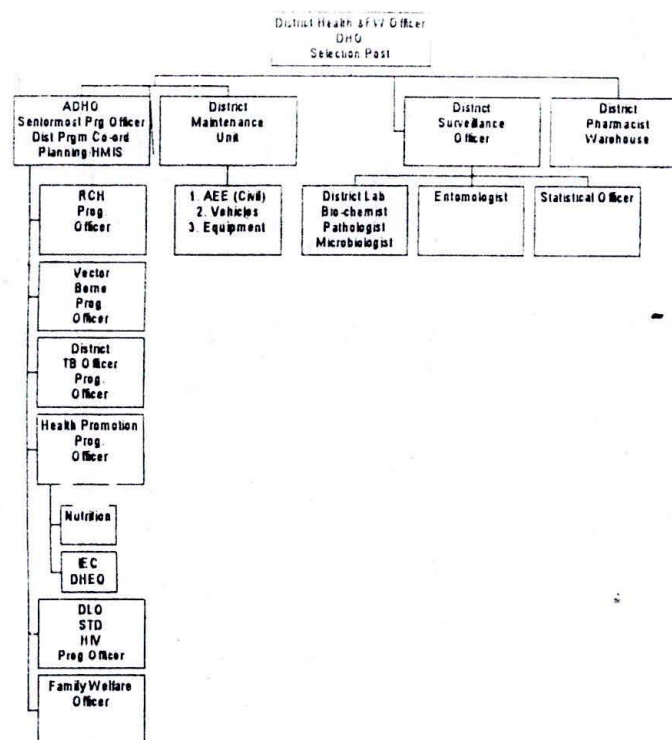
Organization Structure at District Level - Proposed

Taluk Health Office - Proposed



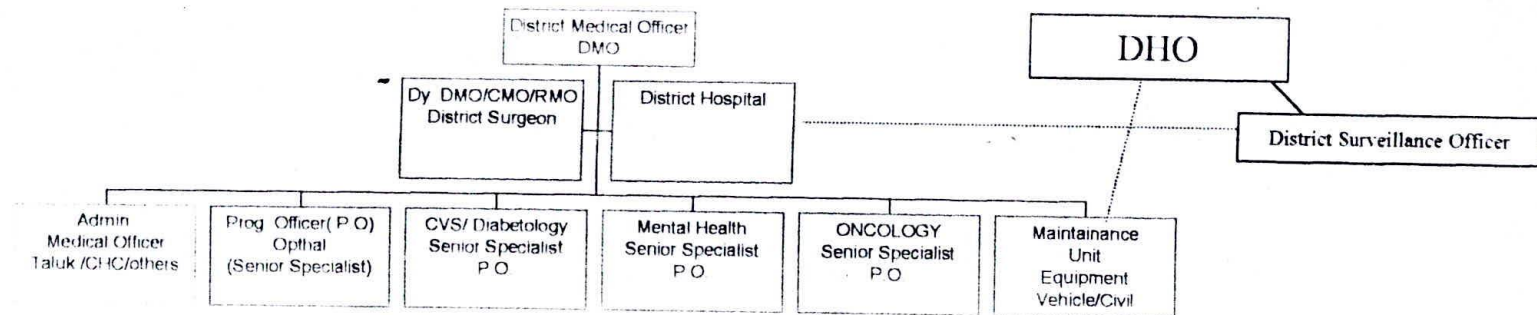
Proposed Org. Structure at District Health Office

Exhibit 5.1



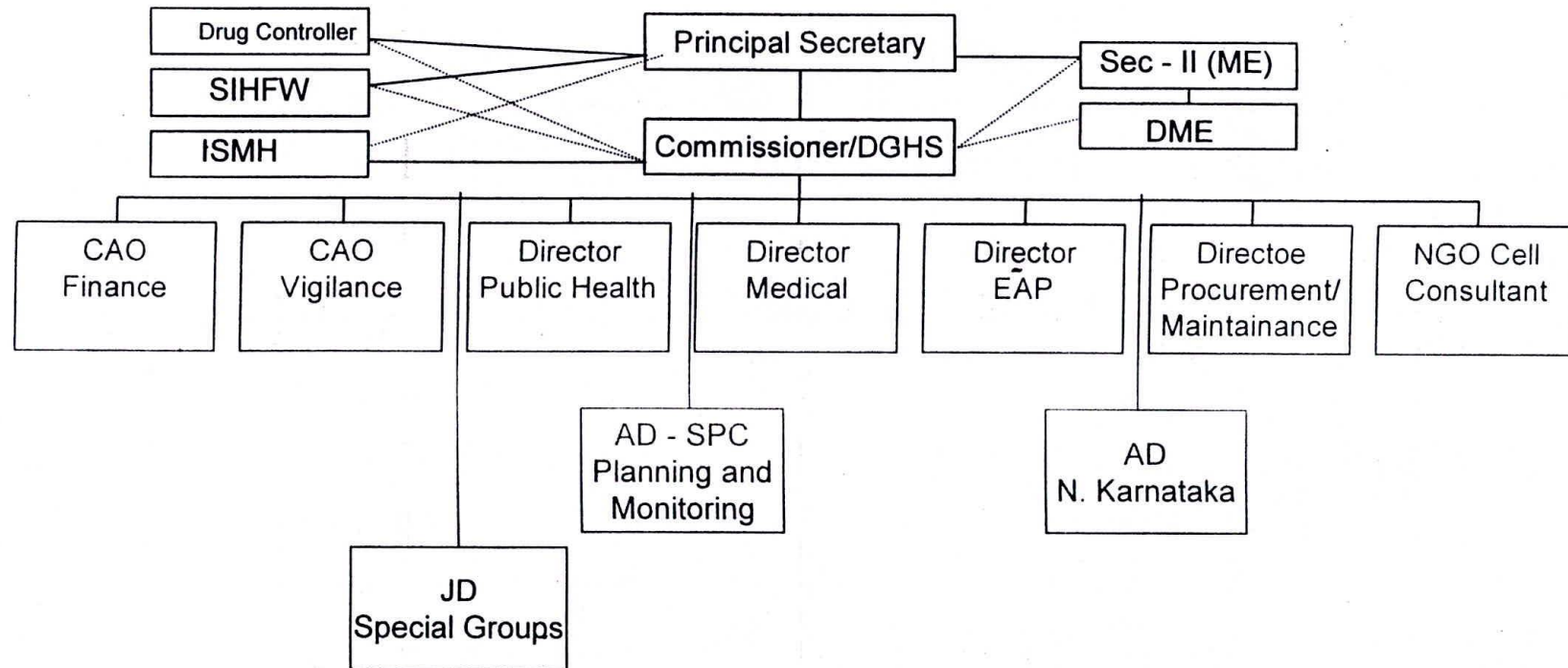
Note: The District Lab staff - Microbiologist/Bio-chemist/Pathologist will be shared by the District Surveillance Office and the District Hospital

District Medical Office - Proposed

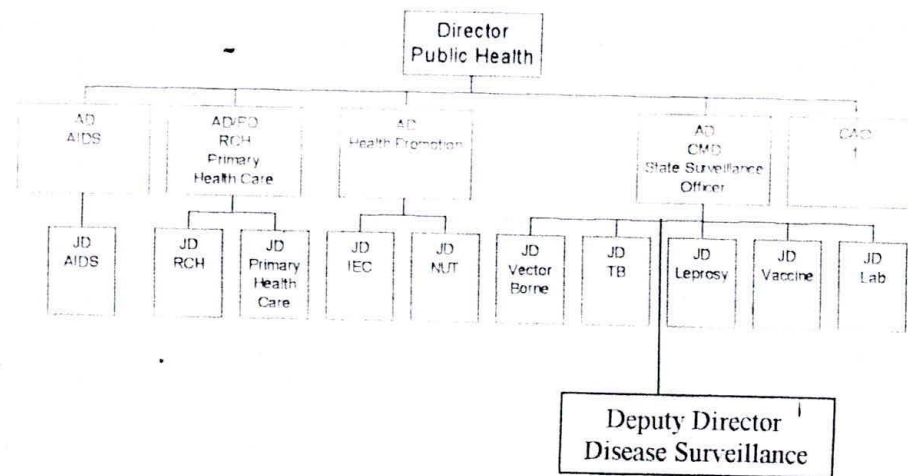


Proposed Org. Structure DHFW

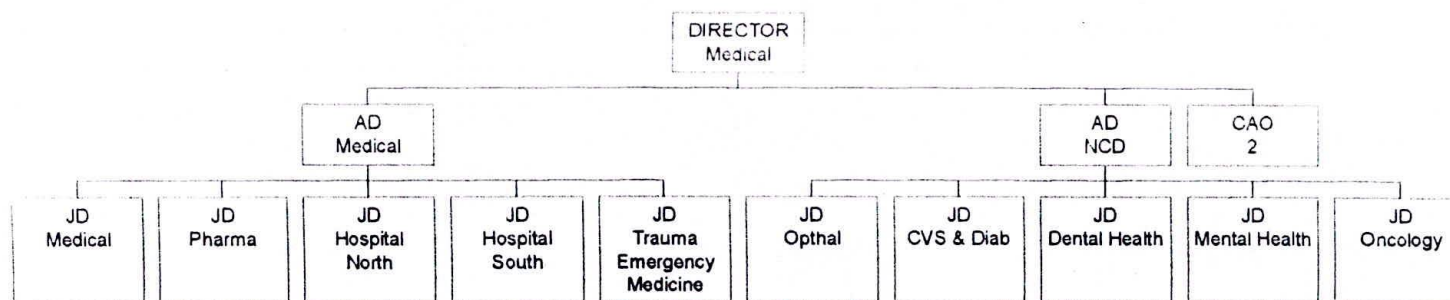
Exhibit 5.5



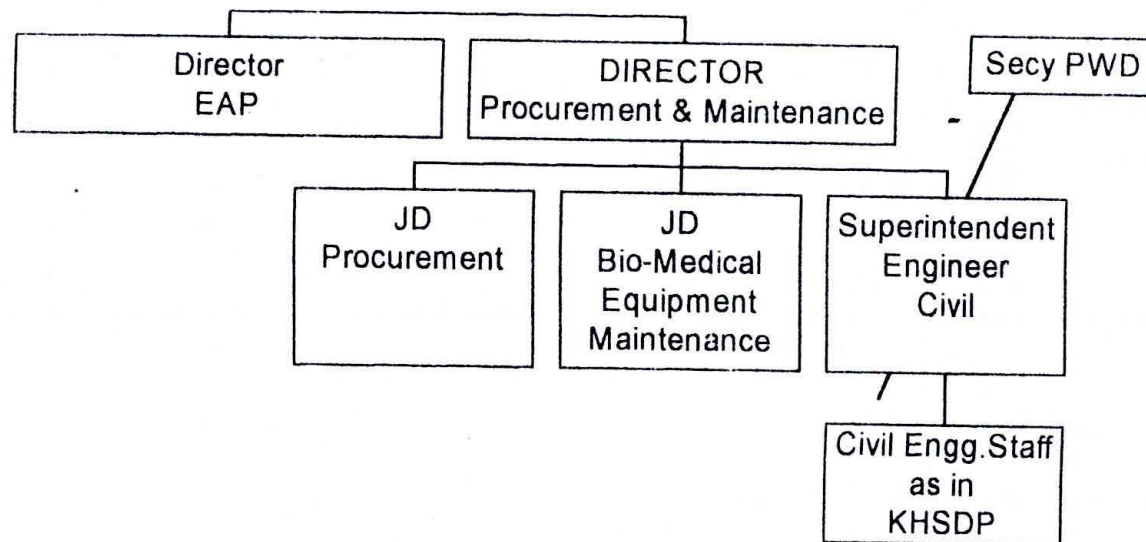
Proposed Health Org.structure at HQ



Proposed Medical Org. Structure at HQ



Proposed HQ Org. Structure



- Director – Procurement and Maintenance
- NGO Partnership Cell
- AD – Planning
- AD – North Karnataka
- CAOs (Administration I & II, Finance and Surveillance)

5.40 This division of work among the key functions of Commissioner / DGHS keeping in view the dynamic nature of the work and effective monitoring of the activities. The structure and functions of the office of each Director's office are discussed below:

Public Health Vs Medical

5.41 Continuing the proposal for two main cadres namely Public Health and Medical at the District level, it is proposed to have a similar structure at the Directorate. Thus, the key preventive, promotive and curative functions of the Directorate of Health are divided split among two directors, i.e. Director – Medical (for curative and clinical services) and Director – Public Health (Preventive and promotive services).

5.42 This will ensure equal commitment from the Directorate to the District for both Public Health as well as Medical. Further, it will provide focused supervision in each of the areas. It will also address the promotional opportunity to each cadre to be their respective Directors

Director – Medical

5.43 This functionary heads the clinical and curative services of the Directorate of Health. The Director – Medical is reported to by two ADs, namely, AD – Medical and AD – NCD.

5.44 **AD-Medical** : The AD-Medical currently exists in the KHSDP and due to need for integration between externally aided projects and the DHFWS, it has been brought under Director – Medical. The AD – Medical will look after the Hospital and Hospital management aspects in the Directorate. He will ensure that a proper referral mechanism is in place in the state to ensure speedy treatment at various levels of hospital care. This post will be assisted by the following JDs:

- JD – Medical
- JD – Hospital
- JD – Pharma

5.45 The JD – Hospital is a new post created for focused supervision of hospitals under the DHFWS. The JD (GP) has been re-named to JD (Pharma) with emphasis on distribution of drugs and pharmaceuticals. The detailed reporting relationships and duties and responsibilities of the above are provided in Volume II of this report.

5.46 **AD-NCD:** To bring about greater emphasis and co-ordination in identification and treatment of Non-communicable diseases, it is proposed to have an AD post who would look after non-communicable diseases like Cancer, Ophthalmology, Diabetes, etc. In addition, it is proposed to have the following JD posts reporting to the AD-NCD :

- Joint Director – Ophthalmology
- Joint Director – NCD (Cardiovascular and Diabetology)
- Joint Director – Emergency Medicine / Traumatology
- Joint Director – Mental Health
- Joint Director – Oncology
- Joint Director – Dental Health

5.47 Recent studies Murray & Lopez: WHO and other reports – Nimhans, AIIMS, NCAER etc) have shown the rising incidence of NCD cases. This will necessitate that the Dept of Health have senior officers of the rank of JD's in each of these specialities to monitor the identification, curative, preventive and promotive aspects of the NCD's.

5.48 Taking into consideration the future requirements of Health care delivery, it is proposed to have focussed attention in these areas. The various JDs will primarily be responsible for the curative and research aspects of these specialisations. The detailed reporting relationships and duties and responsibilities of the above are provided in Volume II of this report.

Director – Public Health:

5.49 The Director –Public Health will be overall in-charge of the Public Health development in the State of Karnataka. He will utilize his resources for effective implementation of the various national and State level public health programmes. He will be assisted by the following AD posts:

- AD - RCH / Primary Health
- AD – Health Promotion
- AD – CMD
- AD – AIDS

5.50 **AD -RCH** is an existing post and will continue to perform the current key functions. He will be assisted by the JD – RCH. He will also look after Primary Health Care which is essentially a part of RCH and assisted by JD – PHC.

5.51 **AD – Health Promotion:** The current AD (HET) is renamed as AD – Health Promotion and will handle the functions of Information, Education and Communication (IEC) along with other health promotional activities. He will be assisted by the following JD:

- JD – IEC
- JD – Nutrition (new post)

5.52 JD (IEC) currently is under AD (RCH). As the main function of the JD (IEC) relate to communication of health related programs to the public it is proposed to re-locate this post to be under AD – Health Promotion. Thus, bringing all health communication activities under a single head will facilitate higher level of integration and maximum utilization of resources.

5.53 **AD – CMD** is re-located from the KHSDP and will supervise the activities of various national and state programs relating to vector borne diseases, TB, Leprosy as well as the Vaccine Institute and the Laboratory. Each of the above functions are managed by the Joint Directors. He will be nodal officer for the State surveillance Unit, the detailed job description is in Vol II of the report. The JDs reporting to AD- CMD are :

- JD -Vector Borne
- JD – TB
- JD – Leprosy
- JD – Vaccine Institute
- JD - Labs

5.54 The JD (Vector Borne) post is renamed from JD – Malaria & Filariasis with the scope to incorporate additional vector borne diseases.

AD – North Karnataka

5.55 In view of the existing backwardness in the districts specified in terms of the medical & public health standards, there is a need in the DHFW for focused attention on the development of this region. It is proposed to have a post namely AD – North Karnataka, held by a senior person with exposure to both public health (programme management) as well clinical, reporting directly to the Commissioner/DGHS).

5.56 The key role of this post will be to monitor the Dept. Of Health & Family Welfare activities at Bijapur, Raichur, Gadag, Chitradurga, Belgaum; Bidar, Bagalkot, Bellary, Koppal, Gadag districts. His office acts as a nodal office for all the activities of Dept. Of Health & Family Welfare. He acts as a coordinator between different functionaries in the department and also liaison with the directors on behalf of the districts mentioned. (detailed job description is given in Vol II of the report)

AD - Planning

5.57 The need for integration of planning at the Directorate Level necessitates a post of AD - Planning (reporting directly to Commissioner / DGHS). This post replaces the existing Strategic planning Cell and will take up the activities of long-term, short-term and perspective planning for the department, with the inputs from different national and international agencies as well as the Management Information Systems (MIS) and will monitor the changing epidemiological profile, the burden of disease, recommend effective measures to achieve best use of limited resources. Also carry out studies on a continuous basis and interpret, analyse trends and initiate policy initiatives for reform and change. Will also review the annual plans, five year plans and MMR. Will edit annual report of the department. He will be assisted by the following personnel :

- JD -MIS
- JD -Planning

5.58 The JD -MIS will be the nodal point for all information relating to the DHFWS. He will collate information from all clinical, hospital and public health functionaries in the department and interprets for differences or corrective actions. The bureau of health intelligence, demography cell and all statistical units in some divisions will function under the JD (MIS).

5.59 The JD (Planning) will be the nodal Officer for preparation of annual plans, five year plans and annual report of the department. Detailed JD's are in volume II of the report.

Director – External Aided Projects

5.60 The various operations of the Externally Aided Projects is proposed to be conducted in the main stream of DHFWS. However, a need was felt to introduce a functionary reporting to the Commissioner/DGHS to oversee the management of these projects and to handle any coordination with external agencies, if any. The Director – EAP will have the following key functions :

- Monitor all the existing External Aided Projects, if needed by having different reporting authority and financial accountability. He stands the overall responsibility for the Projects
- Identify new areas for collaboration with other agencies and bring them to reality.
- Work in close association with mainline department in carrying forward the objectives of all Externally Aided Projects with a programme mode of approach rather than a project mode.

Director – Procurement and Maintenance

5.61 In the current structure, procurement and maintenance of various equipment and civil works are distributed across the various departments. It is proposed to centralize these activities by creating a separate cell reporting to the Commissioner/DGHS. It is proposed to place an IAS person to head this department since this is administratively and technically the key functionary for the department. He will be assisted by the following:

- JD – Procurement
- JD – Equipment & Maintenance (Bio-Medical)
- Chief Engineer – Civil

5.62 JD – Procurement's key functions include receiving the indent for any equipment from all respective functionaries in the department about their requirement, placing tenders for acquiring those equipment and finally acquiring them from the most feasible bidder. The person to hold this position can be one with engineering/logistics background since it involves analyzing of tender documents, acquiring equipment and supplying to the destined location. He should be well versed in all the procurement procedures of World Bank and other funding agencies.

5.63 JD – Equipment and Maintenance (Bio-Medical) takes care of all the machinery and equipment including the vehicles of Directorate of Health Services. He will be assisted by

- DD – Equipment
- DD – Equipment (transport)
- DD – Transport

These posts are already existing under KHSDP and same to be transferred to the Directorate of Health and Family Welfare.

5.64 Chief Engineer – Civil will have functional reporting to the Secretary – PWD and administrative relationship to the Commissioner through Director – Procurement. He is incharge of all the civil related construction and maintenance work of the Directorate of Health services. He appraises tenders for construction and allots the work to the eligible persons. He is assisted by

- Superintendent Engineer – Civil
- Dy. Chief Architect

Director –SIHFW

5.65 Currently, he is a functional reporting to Project Director – IPP – IX. It is proposed that henceforth he will head the training function of the department and SIHFW which will be an Autonomous Institute report functionally to the Principal Secretary of Health. The hierarchy of the proposed structure of the office of Director SIHFW includes:

- JD
- DD
- District Training Officers
- Other training personnel involved in training in Health & Family Welfare throughout the state

NGO Partnership Cell

NGO participation in Health Care has become very essential at levels of Public Health Care and first referral. It is essential to be supported and encouraged with special focus esp. in the backward and remote region of the State. A number of NGOs are registered with the Health Department under various schemes and various programmes. It is important that all NGOs have a single source of interaction, coordination with the Health Department. It will enable the Government to monitor and evaluate the activities of the various NGOs participating with the Health Department. Hence it is suggested to have a NGO Partnership Cell as a single window in the department headed by preferably by a Advisor/ Consultant to coordinate the activities of this cell with the Commissioner/ DGHS to simplify procedures for grant in Aids avoiding delays.

Joint Director (Special Groups)

A new post needs to be created to cater to the problems of women (gender sensitivity), Tribals, Elderly and the Disabled. He will report directly to the DGHS and coordinate with other departments and services.

Benefits of proposed structure :

5.66 The key benefits of the proposed structure are outlined below :

- The structure is Programme based thereby leading to more accountability for programme officer in Taluka level itself
- The split of DHFW functions into Public health and medical for better monitoring and execution of duties and responsibilities, thus increasing the scope for accountability at each stage

- Equal promotional avenues for all medical professionals in the department
- Scope to have seniority cum merit during promotions
- Removal of divisional structure, leading to concentrating the activities at district level
- Direct monitoring of all national and state programs from the directorate itself, thus paving way for better coordination among districts and with the directorate

5. Review of Existing Cadre

5.1 The study involved determining the various cadre-related concerns as expressed by the personnel met during detailed discussions and offering suggestions for the same. In addition the cadre and recruitment rules were reviewed in brief to determine conformance to the proposed structure. This cadre review is presented under the following :

- Introduction of sub-cadres
- Promotion, Postings and related Policies
- Qualification and Training
- Private Practice
- Adherence to working hours

Introduction of Sub-Cadres within Specialist cadre

5.2 As proposed in the previous chapter, the DHFW has two distinct cadres namely Public health and Medical. One of the considerations taken into account was the introduction of sub-cadres for the various specialists under the medical cadre. The drawbacks of such a consideration are :

- Complex cadre management
- Blocking of levels based on growth
- Skewed requirement across specializations

5.3 There is thus a need to determine senioritis and growth path for each sub-cadre and its implementability and acceptance prior to introduction. In the interim it is suggested that the DHFW determine the number of posts under each specialization instead of introducing sub-cadres. Identify the need for specialists in the state and thereby send doctors to acquire postgraduate qualification in those specializations only. This will avoid mismatch of specialists to number of posts in the department.

5.4 The DHFWS has already identified the posts of Dy Chief Medical Officers/Senior Specialists/Senior Medical Officers/Specialists and General Duty Medical Officers in April 1993 and documented the same in an official memorandum (No 378). This can be used as a reference for determining the number of posts at each specialist post. Subsequently, it was reworked recently. And known as Dr. Halagi report which is yet to be accepted by the Government for implementation.

Promotion, Postings and Related Policies

5.5 The existing policies on promotion, postings and related areas have been reviewed in light with the current issues faced by the various personnel and our proposed organisation structure.

Postings

5.6 It is the view of a cross section of personnel in the DHFW that very often postings though accepted by the candidate, are subsequently not filled up mainly due to :

- State cadre recruitment leading to selection of urban candidates (specifically women candidates) who are unwilling to take up postings in rural areas
- Unwillingness to withdraw from offer as they are sure of getting a posting of their choice

5.7 This leads to a lot of posts being vacant for long duration's thereby defeating the very objective of DHFW of continuous health care especially for the rural areas.

5.8 Suggestions to the same were offered in terms of introduction of criteria of native place/permanent residence of candidate in the merit determination specifically for postings for rural areas. However, this may lead to the higher merit candidates not getting opportunities in the place of their choice. It is suggested that a counseling form of posting the candidates (similar to the CET counseling) be introduced with the following measures :

- Mandatory rural posting for a minimum defined period in the initial years of service (e.g two years)
- Posting once accepted cannot be revoked except under extra-ordinary circumstances such as on medical or humanitarian grounds (which need to be clearly stated and proved)– any attempt to do the same to result in expulsion from service

5.9 A move towards district recruitment for the district cadre was considered and the view was that this would lead to certain issues such as imbalance of posts required vis-à-vis available candidates in the district and lesser opportunities for merit candidates resulting in the decision for central recruitment policy with counseling. DHFW will need to review the legal implications for implementation of counseling mode of posting

Specialty based Posting

5.10 The postings at the various CHC/Taluk Hospital and District hospital should be done taking into consideration the various specialties at these centres and their requirements.

5.11 Specialisations of the various candidates need to be considered during postings. Currently for example Orthopedic specialists are posted at PHCs where there are no facilities to provide their specialists service in addition to the routine PHC activity. Further, additional qualification attained by the candidates between application to service and joining DHFW is recommended to be considered while posting.

5.12 The posting policies should also incorporate specialization based requirements at each health centre. E.g. currently there are surgeons posted in hospitals without

anesthetist, three ENT specialists in a one centre while there are no surgeons etc leading to mis-match between requirements and postings.

Promotion/Transfers

5.13 Currently transfers are mostly promotion based, which is on the basis of seniority. It has been observed that very often the promotion/transfer mechanism is not effective due to the following factors :

- Lack of rotational transfers
- Non-conformance to transfer order
- Consideration of pending service period prior to transfer

Promotions Table

	Village	SC	PHC	CHC	TLH	District	State
Trained.Dai		ANM					
JHA-F/M		JHA F/M	SHA F/M		THA F/M	DHA F/M	
Staff Nurse			Junior SN	Staff Nurse	Senior SN	DNO	DD Nursing
Pharmacist			Junior	Pharmacist	Senior	District	Chief/DD
BHE					BHE	DHEO	DD
Lab.Tech.			Lab.Tech	Junior	Senior	Senior	

Rotational Transfers

5.14 The review of cadre policy has brought to light that very often personnel are based in the same health centre for long periods extending upto around 20-23 years. Introduction of rotational transfers will facilitate spread of experience across different regions. Rotational transfers can be done through counseling with the support of manpower planning details.

Non-Conformance to Transfer Orders

5.15 Transfer orders are not necessarily followed by the personnel. The personnel is given a choice to refuse transfer in lieu of losing his promotion. However it has indicated that personnel use references to get transfers of their choice. This leads to non-favored locations not being posted for long duration of time.

5.16 It has been suggested by a cross section of personnel that specific measures need to be undertaken to control in-discipline regarding transfer orders. These measures include :

- Recording use of any reference for transfer of choice, in the service book, which will be reflected in the future career growth of the personnel
- Delay in PG admission etc

Consideration of Pending Service Period

5.17 The current policy of minimum period at a post is in the range of 6-7 years leading to a personnel to have at least 17 years of experience prior to the post of Deputy Director. This policy has led to various personnel being promoted (especially at senior levels such as JD, AD etc) having around 6 months to one year of pending service period. The roles of the senior posts being mainly in the form of strategy and planning, this period is not sufficient for effective implementation of plans.

5.18 Considering the importance of prior field experience for the directorate posts, it is recommended that the promotion policy in terms of minimum period of service be re-looked to facilitate Senior Personnel being promoted to a post having at least two years of pending service. Alternatively, the personnel can be given the option of in-service promotion with requisite compensation benefits whereby he will continue to remain in his previous post.

Qualifications and Training

5.19 This section covers observations and suggestions on matters relating to qualification of personnel and the need for training.

Qualification Related

5.20 The qualification related matters discussed in the ensuing paragraphs are primarily of :

- Post-Specific Qualifications
- PG Course Selection

Post-Specific Qualification

5.21 The proposed structure pre-requisites the need for post – specific qualifications for the various personnel manning these posts. The division of the department into

Public Health and Medical wings necessitates the need for respective qualification. Further, for the function based posts such as JD (Ophtha) under the medical wing, specific specialization e.g. MD /MS (Ophtha) will need to be mandatory.

PG Course Selection

5.22 The medical personnel of the DHFW are provided sponsorship for post graduate qualification after completion of three years of service. They are selected into the course on the basis of their seniority. The key concerns brought to our notice were :

- Postgraduate subject selection is driven by the candidate preference instead of the DHFW requirements leading to mismatch of specialists' vis-à-vis state needs.
- Certain percentage of candidates do not complete the course in the specified duration leading to on one hand blocking of seat of a more deserving candidate and on the other under-utilization of DHFW expenditure.

5.23 In order to maximize the benefits of postgraduate course sponsorship, it is suggested that the DHFW consider a merit based selection into the programme as compared to a seniority based selection. The proposed selection procedure can incorporate the following standards,

- Introduction of PG course selection examination similar to that held for the non-government students. However, it must be noted that the seats reserved for the government students will still remain the same.
- The merit selection should also incorporate field and academic experience including the performance evaluation conducted through the Confidential Report (CR) procedure.
- The subject selection should be on the basis of expected vacancies under each specialization in the DHFW. Candidates to be permitted to indicate preference, however admissions to PG programme to be done through the counseling process. Further, on non-acceptance by the candidate of the subject offered, the candidate will lose his chance of DHFW sponsorship unless he re-visits the selection procedure in any future period. Can opt for only one clinical speciality with option for Management training if required.

5.24 In addition the DHFW may consider charging the candidates an appropriate penal fine (in lieu of expenditure incurred by the DHFW) on non-completion of course in the specified period due to in-discipline or failure in the examinations.

Training

5.25 Management / Administration training and induction programme for new entrants into the department is currently not a thrust area in the DHFW leading to lack of motivation and uncertainty of the various procedural issues. The average personnel has limited / poor programme management abilities of national health programs especially

that of public health and also poor administrative management of hospitals. This has been observed across all categories of staff.

5.26 As discussed in the previous chapter, specific thrust for training of DHFW personnel is one of the key features in the proposed organisation structure. It is recommended that the training emphasis may begin with the following initiatives :

- Administration training to be provided to all personnel holding administrative posts such as head of PHC, TPHO,DPHO,TMO,DMO etc
- Short-term and extensive training programs to be conducted for awareness of all national health programs
- Clinical training in areas of specialization / job role requirements for familiarizing with latest technology and clinical skills
- The minimal knowledge of public health amongst the staff requisites training in public health to be at least of 6 – 10 weeks duration.

A beginning in this direction has been made by KHS DP but these programmes need to be thoroughly evaluated and renewed.

Private Practice

5.27 The private practice being conducted by the staff after duty hours is a routine matter for most of the doctor personnel of the DHFW. This issue has been much debated upon and a decision is yet to be arrived at on the same. Some of the suggestions given by members – Task Force on Health is given below :

- Though private practice is banned, certain medical personnel carry on private practice to the detriment of their official responsibilities
- Factors affecting decision on permitting private practice are :
 - Need to ensure availability of medical services at all hours
 - Essentiality of such services at the local level specifically in rural areas
- Recommendations on private practice :
 - MOs at the PHC level to be given rural allowances in lieu of private practice
 - Specify duty hours, publicly announce them and attendance during these hours to be strictly followed and monitored by the community
 - Ban private practice at all levels
 - Prohibition of association of doctors as consultants to private nursing homes
 - Public health cadre and Administrative Officers to be given special allowances

5.28 Few of the reasons offered by the various doctors on the private practice is that the non-practicing allowance offered as part of compensation is in no way close to what the doctor would earn in private practice. Banning private practice at senior levels without adequate compensation, would result in movement of highly skilled practitioners to private service. An appropriate mechanism should be designed by the DHFW whereby public service and doctor motivation will be at the acceptable level.

5.29 While private practice after duty hours may seem acceptable taking into consideration factors outlined above, it has been observed that private practice is conducted even during duty hours. This may be in the form of accepting consultation fees from the patients visiting the DHFW's health centres or conducting external private practice during official duty hours

5.30 Control measures need to be adopted by the DHFW with regard to private practice, especially during duty hours through stringent disciplinary actions.

Adherence to Working Hours

5.31 The working hours for the different health centres are given below :

- PHC/CHC/Taluka
 - 8.00 a.m. to 12.00 p.m.
 - 2.00 p.m. to 5.00 p.m.
 - At Taluk level Duty Doctor has night shift of 5.00 pm to 8.00 am
- District Hospital
 - 9.00 a.m. to 1.00 p.m.
 - 2.00 p.m. to 5.00 p.m.
- Directorate
 - 10.00 a.m. to 5.30 p.m. (General Shift)
 - Lunch break: 1.30 p.m. to 2.00 p.m.

5.32 It has been brought to our notice that as certain medical staff do not stay in the quarters, they may not be available during emergencies. Moreover, in health centres situated around urban centres, the working hours are not necessarily adhered to as the staff spend a lot of time on travelling to work.

6. Re-alignment of Staffing Pattern

6.1 The study of review of organisation structure involved identifying any concerns addressed by personnel on the staffing pattern and any re-alignment of the same arising out of the proposed organisation structure. A detailed study is being conducted by CESCON wherein the terms of reference are to determine Manpower Planning requirements .

6.2 As the above study is a detailed manpower planning exercise, it was suggested to us that we limit the staffing pattern to the top management structure.

Observations

6.3 Key concerns addressed by various personnel on the staffing pattern are given in the ensuing paragraphs.

Manpower shortage

6.4 Sanctioned manpower is defined for each section/function within the department. However, it has been brought to our notice that in most departments, quite a few of the sanctioned posts are vacant. These could be due to various reasons such as transfer posts not taken up by the personnel etc.,

Shortage of Staff Nurses

6.5 There is an indicated shortage of staff nurses at the District Hospital visited. Nurses forming a critical part of para-medical staff, shortage of the same will lead to lesser assistance to medical staff in their functioning.

Shortage of ANM (Female Health Assistant)

6.6 The training for future batches for the ANM post has been stopped leading to an expected shortage of ANMs at a later point of time.

Mismatch of requirements vis-à-vis personnel

6.7 As covered in the previous chapters, the staff assigned to various health centres do not necessarily meet the professional/specialization requirements at these centres. There is a need to implement facilities based posting.

Unequal distribution of Staff

6.8 It has been observed that there is an unequal distribution of staff especially in the group D category across the health centres. It has been observed that contracting out services for non-clinical work of hospital, especially hospital hygiene and cleanliness has been successful under KHSDP. This will definitely reduce the burden of the state of maintaining these hospitals through Group D.

6.9 Further, as indicated earlier, in a single hospital there are 3 ENT specialists while none at another.

Skewed utilization of staff

6.10 The current utilization of staff is found to be skewed or under-utilized. E.g.

Over utilization of Female Health Assistant

Under utilization of Male Health Assistant

Lab assistants posted at PHC, etc without requisite material to conduct their work

Non-availability of Allocated Staff

6.11 In certain situations, the allocated staff for a department is assigned other duties leading to non-availability of the staff for the concerned department's activities. E.g. In the HET cell, certain staff are utilized by the CAO as a result of which HET activities are under staffed.

Proposed Senior level Staffing Pattern

6.12 On the basis of the proposed organisation structure, the Senior Level Staffing pattern is given below :

- | | | |
|------------------------|---|-------|
| • DGHS/Commissioner | : | 1 no. |
| • Director | : | 4 nos |
| • Additional Directors | : | 10 |
| • Joint Directors | : | 20 |

7. Need of Procedure Review

7.1 As a part of the organisation structure review, detailed discussions were held with a cross section of personnel across various categories of health centres (PHC, CHC etc) covering both rural and urban areas and the directorate. From these discussions, certain areas were identified wherein there is a need to conduct a detailed procedure review for improving the functioning of the department. The key areas identified are :

- Planning and Budgeting
- Drug Procurement and Disbursal process
- Register/Record maintenance
- Management Information Systems

Planning and Budgeting

7.2 Planning for the various national and state level health programs and their distribution across the entire network of the DHFW is one of the key activities of the DHFW. Planning and budgeting are critical to the overall success of implementation due to the vastness and complexity of these programs. However, it has been observed that the planning and budgeting exercise is conducted in a mundane manner as highlighted below :

- There is no scientific need based process e.g. Epidemiological basis, morbidity pattern etc., utilized for planning and budgeting
- The budgeting exercise is conducted in the form of re-allotment of figures based on expenditure pattern
- Further, budgeting for programs are ad-hoc with no consultation from program officers. More often, the budgeting is seen as a directive from a department rather than a consultative form.

7.3 As reiterated in the previous paragraphs, planning and budgeting being critical functions, for efficient implementation of various programs a scientific based approach to planning needs to be considered. Thereby, it is imperative that a detailed study be conducted to suggest an effective planning and budgeting mechanisms and procedures.

Drug Procurement and Distribution

7.4 Drugs at the health centres of DHFW are received from the following sources :

- DHO : 60 %
- GMS : 40 %

7.5 The various concerns raised by the DHFW personnel with regard to Drug procurement and Disbursal are :

- Planning and processing of drugs are not need based leading to shortage of certain supplies in case of emergencies
- Though funds are provided for ASV for procurement of emergency drugs, these funds are unavailable for utilization
- Complaints have been received regarding high pilferage of drugs through the entire supply chain i.e. from the GMS store to the PHC via the DHS
- Delays in supply or non-supply of essential drugs have led to the various centres to claim the cost from the patients. Normally the drugs received on the annual quota are sufficient only for one month. This in effect defeats the very objective of Public Care.

7.6 A detailed procedure review on the drug procurement and disbursal cycle will determine the gaps in the process that subsequently lead to delay in receipt of supplies. The procedure review will also provide recommendations on internal control policies and procedures.

Register / Record Maintenance

7.7 Detailed registers have been prescribed for recording implementation details of the National Health Programmes. However, it has been observed that there exists a certain delay in register updation and information flow. More often there is a short supply of registers especially at the PHCs leading to the ANMs procuring them at their cost. Though the cost incurred is subsequently reimbursable, the entire procedure causes delay and inconvenience to the ANMs.

Management Information Systems (MIS)

7.8 The MIS exists to the extent of collating information from all sub-ordinate levels and the submission of the same to the superior. Currently, no analysis is conducted on the data available, at any level in the DHFW with the exception of the senior-most levels. It has been observed that even at the DJD and JD levels, the role of the personnel is restricted to collation of data.

7.9 Strategic planning being a thrust area for decisions on National Health Programs, it is imperative to have an effective MIS system that will provide information support for decision making. There is thus a need to conduct a detailed process review to determine information needs at each level.

8. Recommendations & Conclusion

8.1 This section provides a summary of the issues discussed about in the previous chapters. The recommendations are provided keeping in view the following points:

- Increase the efforts on preventive and promotive health
- Increase the promotional avenues for the personnel (preferably doctors) in the department and thus increase their morale
- Making the personnel accountable for the success of the department by enlisting the key accountability areas
- Better implementation of the projects planned and in the future
- More thrust for training the personnel and thus equip them with contemporary technical and managerial skills

8.2 The recommendations (possible solutions) for the above issues are devised after thorough discussions with the members of task force, office bearers of the Karnataka Medical Officers Association, doctors in the department and others, directly involved in the department. The key recommendations and conclusions about the reorganization of the Department of Health & Family Welfare are enlisted below:

Top structure:

8.3 **Commissioner/Director General of Health Services (DGHS):** He reports to the Principal Secretary. Three options were considered with relation to this position in the department: they are:

- Continue the occupancy of a senior IAS officer in this position for the present till an alternative is achieved.
- Place a doctor who rises from the ranks in the department and has the functional knowledge of Public Health and Medical along with good project management and administrative management skills. Then, this post may be renamed as Director General of Health Services. Until a person with utmost caliber within the department is identified, an IAS functionary may only continue as Commissioner, Directorate of Health Services. But once a DGHS is instituted, it must be the regular exercise of the government to groom his/her successor to occupy the senior most position next. The continual change from DGHS to the IAS officer may only effect the morale of the department people and thus the functioning of the department.
- Create a contractual position at the top who can be called the Chief Executive (Health) and specify the qualifications background and experience for the person. He should have extraordinary leadership abilities, managerial capabilities, capacity for strategic thinking and planning, skills for change management and enhanced communication. The key result accountability areas can be specified. The profile of the person to occupy this position

should really be of great standards since the operations include mammoth size and the acceptability of the person from outside the system is also difficult.

- Creation of an advisory board consisting of eminent health and administrative professionals who will be the monitoring and evaluation body for the department and also advise on strategic planning with future perspectives for the department. The DGHs will report to this advisory Board at regular intervals.

Directorate structure:

8.4 The activities of the directorate are basically divided into two streams of Medical and Public Health.

8.5 **Medical** functionary looks after the hospital administration in the state, which includes even the Non Communicable Diseases. All the specialist cadre personnel report to the head of this functionary (Director – Medical)

8.6 **Public Health** functionary looks after the preventive and promotive health of the people of the state. This includes the Primary Health Centres, the RCH Communicable Diseases, the IEC and the Urban Health components.

8.7 It was thought to give more emphasis to the programs and other activities in the N. Karnataka region for all the existing state of affairs of health in that region. A set of seven districts are identified in that region to give more emphasis on and a position has been proposed (Additional Director) to coordinate and monitor the activities in that region.

8.8 Emphasis was also proposed to be given to the present nascent area of future planning and research activities. An Additional Director post is proposed to head the functions of Planning, Research and MIS activities

8.9 It was observed that there was lack of coordination between different External Aided Projects and different functionaries in the department. For this reason, it is being proposed to introduce a directoral level person to head and monitor all the External Aided Projects in the state (Director – EAP).

8.10 For better coordination between the numerous NGOs working hand-in-hand with various functionaries of Department of Health and Family Welfare, a special cell for NGO participation and coordination is proposed to be head by a directoral level person (Director – NGO participation).

8.11 It is also proposed that a special wing be created to form the procurement and maintenance cell to manage the activities of equipment, machinery and civil works of the department.

8.12 The DHO and DMO should carry out monitoring visits regularly on a continuous basis with a check list and enforce disciplinary action wherever required.

8.13 More financial and functional autonomy be given to programme officers so that they are also responsible for the programme as much as the DHO / DMO.

8.14 Create leave reserve Doctors posted at the District HQ to replace staff posted for training or on long leave.

State Institute of Family Welfare and Training (SIHFW):

8.15 This Institute founded under the project IPP – IX for training the required personnel in the department is proposed to play a larger role in their development. Keeping in view the dynamic nature of the circumstances the personnel of the department are required to work and the pace of decision making, it is proposed to have an autonomous institute as SIHFW.

8.16 The new organization set-up of SIHFW will be head by Director who reports functionally to Principal Secretary – Health will be assisted by:

- JD
- DD
- District Training Officer
- Other training personnel involved in training in Health & Family Welfare throughout the state

8.17 It is proposed that hitherto training function of Health Education and Training (HET) functionary of the Department be shifted to SIHFW. All the personnel involved in training would be a functionary of SIHFW.

8.18 It is proposed that all the functionary heads in the department and the office of AD – Planning submit the training areas required for the personnel working in their section to SIHFW. SIHFW in turn prepares the modules of training to be conducted for different personnel in the department. The structure of SIHFW may be designed such that the following processes can be handled smoothly:

- Receive requisition for training areas from different functional and sectional heads (efforts should be made towards self-appraisal of the people in the department and the areas identified during that process too can be forwarded to SIHFW). Most of the times, clarifications are sought from the reporting authority about the training area specified. The individuals may also be counseled to fill any gaps during the training need identification process within each functionary. Directions should also be taken from the office of DD - Training, reporting to JD – Planning since he is responsible to identify the process of linking the organization's long-term and short-term goals to the individuals development, identify career planning processes for the department people, recommend the format and module for orientation programme for new-recruits and any refresher courses for doctors and others from time to time.

- Analyse the inputs from different sources and cluster them so as to offer the programme in easy modules at different places easily
- Train the internal training staff (TOT) to enable them to conduct programs more effectively
- Prepare the external trainers' list and their competencies in different areas related to Health Management, Hospital management, programme management, logistics management, etc.
- Inform the respective persons and their respective reporting authority about the training programme identified for them and the planned period (including the dates). This should happen to enable the proposed trainee and the relieving authority to plan better so that the general public is not at loss any time
- Coordinate the training programme at the place determined. Other administrative matters like providing the accommodation for outstation candidates, providing good facilities if a residential programme is planned, etc should also be taken care of.
- Inform the trainers about the expectations from them should also be done much prior to the programme.
- Have a feedback mechanism on the quality of inputs provided, for effective monitoring and plan for any improvements.

8.19 Apart from the above, the new organization set-up should also take care of three tier training system for better reach to the people in the department. This includes:

- State level
- Regional level
- District level

8.20 The district level system should reach to the taluka level and the PHC level, including the doctors, nurses, pharmacists, health workers and the ANMs.

8.21 The changing systems impel the SIHFW to conduct courses in the areas of Medical audit and Internal audit too apart from other courses. These areas provide inputs in the accountability of the people in the system and thus its sustenance.

8.22 The financial sustenance of the department can be derived by different means:

- Allot specific budget for this autonomous institution depending on the number of training programs to be conducted and the number of people to be covered in the department, the number of trainers required, the infrastructure to be acquired, etc

- Training fees can be charged for the training programs even for the Department of Health and Family Welfare, Government of Karnataka and raise the bill for each programme planned/announced/concluded
- Open the facilities of SIHFW for other institutions as well to train their personnel as well

8.23 Whatever maybe the structure and status of SIHFW, more coordination is envisaged from different sections/functionaries in the department for effective utilization of its resources and realize its basic purpose of existence as a single nodal agency for training.

8.24 The morale of the department needs to be uplifted through impartial promotions postings, transfers, selection for PG Courses incentives etd. As mentioned earlier the SIHFW should be the nodal training centre in capacity building of the health personnel at all levels.

GOVERNMENT OF KARNATAKA

TASK FORCE ON HEALTH AND FAMILY WELFARE

A Commissioned Research Study

**REVIEW OF ORGANISATION STRUCTURE AND DESIGN OF JOB
RESPONSIBILITIES FOR HEALTH AND FAMILY WELFARE
DEPARTMENT
VOLUME - II**

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Introduction

The following pages form the Volume II of the organization restructuring study report. This volume contains the job descriptions of the unique and identified positions at the Directorate and different hospitals and other offices of Department of Health & RCH, Government of Karnataka.

Methodology

- Collating information available in different documents about the basic functions and the responsibilities and duties of different personnel in the department
- Discussions with different functionaries in the department about their basic functions and duties along with any modifications required in the existing set-up to meet any future requirements.
- The salient features of the proposed structure are also discussed with people at different functions and representatives of Medical Officers Association and certain key functions were evolved
- The gaps in the existing manuals and other departmental orders were identified and utmost care is taken to address them.

Terminology: Job description for each identified position was explained under different headings. They are:

Job Title:

The position / designation for which the job description relates to.

Reporting to:

This position for which a person is responsible to and it is at most of the occasions, the appraiser of the person handling the above referred position / designation. At certain instances, dual and multi relationship was reported. To have better monitoring of the envisaged procedures and policies, these were imminent. Also to have functional inputs and proper care to follow the authority schedules, dual reporting was envisaged.

Immediate Level Subordinates:

This explains the reach of work of the incumbent and the basic logic of division of work among the subordinates. However, only the medical profession designations are only given as part of the subordinates' list. This doesn't include the staff reporting at the office of the incumbent

Basic Function:

This explains in brief the function of the person handling the position and the relationship with other functionaries in the department.

Duties, Responsibilities and Authorities:

These are the expected deliverables and the guidelines for the incumbent in performing to the expectation of his/her senior (superior). These form the basis in his one's approach in taking up a job or division of work in the department. The responsibilities are split among the functionaries in the department, with the overall responsibility lying with the head of the department.

The Financial, administrative and disciplinary powers are enclosed as annexures and these are as per the KSCR rules and regulations.

This list may just guide the head of department in dividing the work (delegating the work) among his subordinates.

Main accountabilities/Key Result Areas/Performance Areas:

These are the reference points for the performance evaluation of the incumbent. The duties, responsibilities and authority were considered to decide the accountabilities

Training Areas:

With reference to the duties and job responsibilities of the incumbent, and to raise to the expectations of the concerned authorities and people at large, a set of generic areas for training and possible methods of training for overall development of the incumbent. This does not refer to any training needs assessment done but the essential skill set of the incumbent.

Disclaimer: proformas submitted through the DHS to all personnel – have still not been received but however we have still compiled the job descriptions based on discussions with the senior staff of the Directorate .A limited number of job descriptions are presently available with the department.

Job Title: **COMMISSIONER/DIRECTOR GENERAL OF HEALTH SERVICES**

Reporting To: **Principal Secretary – Health & Family Welfare
Government of Karnataka**

Immediate Level Subordinates:

- Director – Medical
- Director – Public Health
- Director – External Aided Projects
- Director – Procurement & Maintenance
- Additional Director – Planning
- Additional Director – N.Karnataka
- CAO – Finance
- CAO – Vigilance

Basic Function:

Responsible for effective functioning of the Health Systems in the state to deliver quality health care. Responsible for integrating the entire Medical health function throughout the state and provide appropriate professional leadership for continual improvement and upgradation of medical health services in the state including Hospitals, health Units, preventive Health, etc. Also responsible for the management and functioning of Medical and Health infrastructure of the state and ensuring their optimal utilisation. Develop necessary strategies as well as policies, procedures and systems for curative and preventive health throughout the state. Overall responsibility for the Preventive and Curative Health of the people of the state and the best use and development of available infrastructure.

Duties, Responsibilities and Authorities:

- Develop a comprehensive strategic plan for the department which includes vision, mission, objectives, goals of the department
- Ensure that quality curative health care services are available to the target population , Ensure adequate population/bed ratio, physician/bed ratio as per norms is maintained (Government of India / WHO / state government
- Handle all the policies relating to the administration and implementation of Various National Health programmes in the state such as RCH, Leprosy eradication and control of TB, Malaria and Blindness.
- The DGHS office will maintain a functional relationship with Directorate of Medical Education and Directorate of Indian System of Medicine regarding their activities.

- Co-ordinate with the Commissioner of Public Education, Director for Development of Handicapped and the Heads of Municipalities and Corporations on all the matters relating to Public Health.
- Co-ordinate with the Project Administrators of the various externally aided projects with various departments of Directorate of Health & Family Welfare to ensure smooth functioning of these projects.
- Ensure efficient administration and implementation of policy issues for computerisation and Management Information Systems at Department of Health & Family Welfare
- Responsible for submission of various policy and project proposals to the government. Commissioner of Health to receive the reports from Additional Director – Planning and after review submit the same to the Principal Secretary – Health & Family Welfare Department.
- Administer the matters relating to service and transfers of Group “A” officers of the department and also responsible for taking disciplinary action against them.
- Responsible for constitution of various committees from time to time and frame policies for nominations.
- To function as a member on all the programme implementation committees of the Department of Health & Family Welfare.
- To collect the documents pertaining to the Assets and Liabilities and implementation reports from the Joint Directors.
- Approve capital expenditure proposals within the powers delegated to him, put up other proposals for approvals by the respective authorities, periodically review the capital expenditure projects and ensure that the original plans are being adhered to
- Responsible for administration of the vigilance cell in the state.
- Provide the professional leadership, guidance and support to his immediate subordinates as well as other senior officers who work with them and enable the building up of a cohesive team that works in the overall interests of the state

Main Accountabilities:

- Overall quality of health care in the state
- Balanced and equitable availability of basic health facilities
- Proactive measures for epidemic control
- Controlling cost of services of providing health
- Development of norms / standards for service quality
- Professional delivery of medical and public health services
- Budget performance of the department
- Achievement of state health goals such as IMR.MMR.CPR etc
- Number of problems resolved effectively
- Functioning and timely completion of externally aided projects

- Timely address to the natural calamities and effective gearing up to meet any untoward incidents

Training Areas:

- Attend Management Development Programmes at International Institutes such as Harvard, John Hopkins, etc in areas of Public Health, health policies, New business models and management techniques in Health care.
- Study Health care facilities and delivery system in both developed and developing countries and also attend national and international seminars and conferences and to share the experiences of Karnataka and get a feedback.

Job Title: **DIRECTOR - MEDICAL**

Reporting To: **Commissioner**

Immediate Level Subordinates:

- Additional Director – Medical
- Additional Director - NCD

Basic Function:

Overall responsibility for establishing, managing and development of hospital infrastructure in the state. Is responsible for the curative services delivered at hospitals in the state. He is also responsible for developing and implementation of rational drug policy including the essential drug list for the state. Monitor distribution of drugs throughout the state in the hospitals.

Duties, Responsibilities and Authorities:

- Develop a comprehensive strategic plan for the medical wing of the department which includes vision, mission, objectives, goals of the department
- Ensure that quality curative health care services are available to the target population
- *Ensure adequate population/bed ratio, physician/bed ratio as per norms is maintained (Government of India / WHO / state government)*
- Ensure that the hospitals, dispensaries, Maternal homes and referral hospitals are easily accessible to the population, review need for rationalisation and relocation of some health units as well as setting up new health units in order to improve accessibility and service coverage.
- Review and evaluate the existing policies and procedures and work methods by means of periodic and special studies
- Review the MIS reports generated by AD – Medical / Planning and take corrective actions
- Review and recommend the upgradation of health infrastructure in the state

- Work out improved methods and procedures to achieve the objectives of the hospital
- Develop standards, methods and measurements of the hospital activities
- Monitor the utilisation of hospital resources throughout the state and adopt means of bringing optimum utilisation
- Ensure periodic health promotion activities (quantifiable) are carried out in the hospital
- Be a member of the accreditation board to certify standards in hospitals, both in private and government hospitals
- *Ensure that all hospitals have a disaster management plan of action*
- Visit all district and major hospitals in the state, atleast once a year
- Ensure that medical audit and internal audit has been carried out in all hospitals at periodic intervals
- Submit all relevant material which can be hosted on the department website
- Ensure that full economy and expenditure control is observed in all clinical (curative) related operations and activities of hospitals in the state.
- ***Recommend transfer and postings of District surgeons and Superintendents of Major Hospitals.***

Main Accountabilities:

- Ensure quality of care in all government hospitals through periodic medical audit and patient satisfaction surveys
- Ensure optimum capacity utilisation of hospital infrastructure through periodic review of MIS reports (hospital efficiency indicators) of all hospitals
- Increase of health infrastructure (need / technology based) in the state in coordination with planning cell
- Ensure that there is no mis-match of specialists and all posts are identified in hospitals as per norms of the bed capacity of the particular hospitals and also ensure full complement of staff
- Visit all District hospitals atleast once in a year to monitor their functioning and utilisation of resources

Training Areas:

- Attend Management Development Programmes at international institutes such as Harvard, John Hopkins, etc in areas of Public Health Policies, health policies, New business models in Health care.
- Study Health care facilities and delivery system in both developed and developing countries and also attend national and international and to share the experiences of Karnataka and get a feedback.

Job Title: **ADDITIONAL DIRECTOR - MEDICAL**

Reporting To:

- Director - Medical

Immediate Level Subordinates:

- Joint Director – Medical
- Joint Director – Pharma (GMS)
- Joint Director – Hospital

Basic Function:

Overall responsibility for effective medical care at different hospitals in the state, looking after the transfer policy of the state cadre doctors including the specialists. Monitor the effective utilisation of hospital and medical facilities throughout the state and following the drug policy guidelines throughout the state.

Duties, Responsibilities and Authorities:

- Upgradation of facilities at district level institutions and other institutions having bed strength of 200 and above other than those institutions coming under the control of the Directorate of Medical Education.
- Adhering to wherever statutory obligations applicable regarding setting up/maintaining of hospitals in the state
- District hospitals attached to medical colleges will also be under the perview of office of Director – Medical Services
- Planning, implementation, Monitoring, reviewing evaluation and all matters relating to upgradation, sanction of additional beds, sanction of additional staff etc.
- Policy matters related to establishment of hospital pharmacy Units, Govt. Medical stores, Health equipment, Drugs & matter relating to Department rate contracts on drugs and equipment.
- Assists the government in the implementation of medical staff by laws.
- Matters connected with non-communicable diseases such as Cancer control, Hospital psychiatric clinics, diabetes control programme and other similar diseases.
- Responsible for coordination in all areas of operation in the hospital
- Monitor effective implementation of hospital infection control
- ***Policy matters relating to medical reimbursement, constitution of medical boards etc.***
- ***Monitor*** medical care facilities to VIPs (***as organised by JD***), visiting the State and arranging medical facilities in the various special functions (Sports/ congregations of Spl. Festivals/ Melas etc.,).
- *Work in coordination with Additional Director – Planning to identify the number of specialist posts for the next five years at regular intervals in different hospitals of the*

state and take steps to groom the existing doctors by recommending for Post Graduate Course or any refresher course.

- Ensure optimum utilisation of the manpower resources attached to him, organize and / or arrange to organize training programmes to augment skills and attitudes, appraise performance of employees, counsel employees and contribute to overall growth and development of the staff directly attached to him, recommend increments, promotions, transfers, etc.
- *Continuous monitoring of the performance of the personnel at different hospitals and recommend for any training required.*
- *Monitor the utilisation of hospital resources (space planning, physical infrastructure, capacity utilisation of beds, etc) and equipment.*
- *Study the MIS reports and decide on any corrective actions.*
- *Responsible for conducting medical audit by appropriate personnel*
- *Hold periodical quality assurance meetings for effective review*
- Aware of all legislative provisions which affect his work area. Ensure that the reporting staff is also doing this. Also ensure that all tasks and operations of his departments are carried out within the framework of the laws, statutes, rules, orders and procedures as may be stipulated from time to time.
- Monitoring the policy matters relating to organ transplantation, and matters relating to Corpus fund

Main Accountabilities:

- Pay visit to all District hospitals and other major hospitals atleast once in a year to check the proper usage of allotted resources and find out reasons for need for upgradation of resources.
- Complete the record of medical audits conducted on a sample basis in the state and show the corrective actions taken
- Conduct internal audit for the processes related to a particular functionary in the department in a major hospital and suggest means to improve that.
- Suggest for proper demand estimation for the specialists in different hospitals of the state
- Plan and indent for the equipment required for diagnosing and treatment of different kinds of NCD cases
- Monitor the working of referral system in the state
- Coordinate with the office of AD – Planning in identifying the number of specialists required from time to time

Training Areas:

- MDP in hospital administration from reputed institutes and study tours of well managed hospitals abroad
- Process of conducting internal and medical audit

Job Title: **JOINT DIRECTOR - MEDICAL**

Reporting To: **Additional Director – Medical**

Immediate Level Subordinates:

- Deputy Director - Medical

Basic Function:

Oversee the treatment and availability of doctors for all kinds of human ailments and their effectiveness in delivering the best medical care

Duties, Responsibilities and Authorities:

- Recommendation for establishment of hospital pharmacy Units, procuring health equipment, Drugs and other matters relating to Department rate contracts on drugs and equipment in coordination and consultation with Joint Director – Pharma, Joint Director – Procurement, Joint Director - Hospital and Joint Director – Equipment & Maintenance as and when the need arises
- Arrange infrastructure for non-communicable diseases such as Cancer control, Hospital psychiatric clinics, diabetes control programme and other similar ailments and of mental health, de-addiction programme, old age programme, anti-smoking, de-addiction, hypertension, etc, in coordination with Procurement division of the department.
- Matters relating to medical reimbursement, constitution of medical boards etc.,
- Constituting medical boards for first appointment of all appointments in the state.
- Constituting medical board for unauthorised absence or long leave certification, change of cadre, etc
- **Medical audit and quality assurance of hospitals**
- Monitor effective implementation of hospital infection control
- Inspection of hospitals to monitor their physical / equipment / staff for implementation of special programmes such as organ transplant, etc. (special acts as member of the appropriate authority)
- Inspection regarding customs duty exemption

- Monitor the flow of information regarding the availing of medical information at different hospitals to the office of Additional Director – Planning's office for generating MIS information and using it further for social science research and any interpretations for better service
- Study the MIS reports and decide on any corrective actions.
- Monitor the process of handling the medico-legal cases in different hospitals.
- Providing medical care facilities to VIPs., visiting the State and arranging medical facilities in the various special functions (Sports/ congregations of Special Festivals/ Melas etc.,).
- Monitor all matters relating to Corpus fund (Chief Minister's fund)

Main Accountabilities:

- Proper deployment of doctors during special festivals and melas. To see that no disease spreads due to the lapses from the doctors.
- Effective utilization of Corpus fund
- Visit all district Hospitals and atleast - CHC/TH (quantifiable) in a year and report the existing facilities there to AD Medical

Training Areas:

- Conducting medial audit and internal audit
- Hospital Personnel management (emphasis on Organizational Behavior/motivation)

Job Title:

DEPUTY DIRECTOR – MEDICAL

Reporting To:

Joint Director – Medical

Immediate Level Subordinates:

- District surgeon
- Superintendent of major hospital

Basic Function:

First source for the Joint directors and above officers in the department to solicit information about the quality of health care and the implementation of different government sponsored schemes for the poor and needy in the state.

Duties, Responsibilities and Authorities:

- Regularly review the quality of health care provided at various health units in the state such as clinics, Maternal homes, dispensaries and referral hospitals by undertaking regular visits to them along with the heads of those units.
- Ensure the flow of information regarding the availing of medical information at different hospitals to the office of Additional Director – Planning's office for

generating MIS information and using it further for social science research and any interpretations for better service.

- Review the working of different schemes of government for the poor to avail good treatment at the government hospitals
- Ensure proper maintenance of all medical records, documents and files in his department.
- Ensure proper up-keeping and maintenance of assets assigned to the department situated at all locations
- Support any activity related to medical audit initiated anywhere in the department
- Recommend medical audit for the cases involving any irregularity specifically found out on routine inspection
- Monitor effective implementation of hospital infection control
- Monitor the cleanliness of hospital programme to maintain the hygienic conditions
- Monitor all matters relating to Corpus fund (Chief Minister's fund)

Main Accountabilities:

- Visit all district hospitals and major hospitals atleast once in a year and conduct enquiries about availability of specialists at the required time
- Suggest ways and means of availing the specialists' services at remote places in the state (by means of transfers which can be worked out)

Training Areas:

- Conducting medical audit
- Administration of personnel

Job Title: **JOINT DIRECTOR - PHARMA**

Reporting To: **Additional Director – Medical**

Immediate Level Subordinates:

- Deputy Director – Pharma

Basic Function:

Functionally the reference authority in the department for any drugs and pharmaceuticals related issue. Oversee the functioning of Government Medical Stores and pharmacies handling different volumes located at different hospitals in the state including the staffing matters at the respective locations.

Duties, Responsibilities and Authorities:

- Monitor the process of taking requisitions from different hospitals for replenishing the stocks of pharmaceuticals and the other related policy matters.
- Planning, implementation, monitoring and reviewing of various activities connected with the procurement and disbursement of drugs.
- Review of Stock position of drugs and equipment in the pharmacies located ***in the government hospitals and*** Government Medical Stores and distribution as per annual indents.
- Oversee the mandatory guidelines in employing the pharmacists in hospitals
- Work in coordination with and directions from Drug Controller regarding the policies and regulations.
- Approve setting up of pharmacies in different hospitals
- Provide information as required to Drug Controller
- Proper documentation of matters relating to Expert committee and High Power Committee meetings and finalisation of rate contracts on drugs and equipment and follow up action.
- Preparing / updating essential drug lists for use at various levels such as PHC / CHC / TLH / DH and other hospitals.

Main Accountabilities:

- Proper logistics in procuring the drugs and vaccines
- Proper logistics in disbursing the drugs as the requirement is, at different places
- Conduct inspection visits to all district hospitals and major hospitals in the state to monitor the working of pharmacies in those respective locations.
- Effective addressing of any sudden requirement of life-saving drugs or problems during epidemics/natural calamities

Training Areas:

- Statutory obligations with the Drug Controller's office
- Logistics in handling drugs and related materials

Job Title: **JOINT DIRECTOR – HOSPITAL**

Reporting To: **Additional Director – Medical**

Immediate Level Subordinates:

- Deputy Director – Hospital (N)
- Deputy Director – Hospital (S)

Basic Function:

Monitor basic infrastructure facilities in all the hospitals and review the requirements for any upgradation to meet the specified standards. (Coordinate with District Medical Officer in taking up this activity). Monitor the working of nursing staff and address to their requirements and suggestions in upgrading the delivery of health services to the people of the state.

Duties, Responsibilities and Authorities:

- *Recommendation for establishment of hospital pharmacy Units, procuring health equipment, Drugs and other matters relating to Department rate contracts on drugs and equipment in coordination and consultation with Joint Director – Pharma, Joint Director – Procurement, Joint Director - Hospital and Joint Director – Equipment & Maintenance as and when the need arises*
- Overall incharge of hospital functioning, infrastructure and patient facilities throughout the state.
- Responsible for inter-hospital coordination at all occasions, especially during any exigencies or outbreak of epidemics in the state.
- Responsible for nursing activity and any coordination with external agencies like Red Cross (India) whenever the need arises.
- Monitor the cleanliness of hospital programme to maintain the hygienic conditions
- Plan regarding the hospital waste disposal in consultation with the office of AD Urban health and Commissioner, municipal authorities
- Up-keeping of district level institutions and other institutions having bed strength of 100 and above other than those institutions coming under the control of the Directorate of Medical Education.
- Planning, implementation, monitoring, reviewing evaluation and all matters relating to upgradation, sanction of additional beds, sanction of additional staff etc.,
- Monitor the flow of information regarding the availing of medical information at different hospitals to the office of Additional Director – Planning's office for generating MIS information and using it further for social science research and any interpretations for better service.
- Monitoring of Medical audit and internal audit of all the hospitals
- Ensuring the patients charter of rights

Main Accountabilities:

- All the infrastructure related requirements within the budgeted framework are met within 6 months of raising the requirement from any District surgeon / DHO, routed through DD Hospital
- Hygienic conditions in the hospital and effective hospital waste disposal norms as specified by the concerned authorities from time to time
- Planning, implementation, monitoring, reviewing evaluation and all matters relating to upgradation, sanction of additional beds, sanction of additional staff etc.,
- Monitor the flow of information regarding the availing of medical information at different hospitals to the office of Additional Director – Planning's office for generating MIS information and using it further for social science research and any interpretations for better service.
- Monitoring of Medical audit and internal audit of all the hospitals

Training Areas:

- Hospital planning (any designs, apart from functioning)
- Hospital administration
- Hospital waste disposal and treatment

Job Title: **DEPUTY DIRECTOR – HOSPITAL**

Reporting To: **Joint Director - Hospital**

Immediate Level Subordinates:

- Coordination with District Surgeons
- Lay secretaries of hospitals

Basic Function:

Ensure optimum utilization of hospital facilities and are maintained according to the standards specified by central and state governments from time to time.

Duties, Responsibilities and Authorities:

- Ensure that the health care services available to the target population is adequate
- Ensure that the dispensaries, Maternal homes and referral hospitals are easily accessible to the population as per the directives of central government
- Review need for rationalization and relocation of some health units as well as setting up new health units in order to improve accessibility and service coverage.
- Monitor the cleanliness of hospital programme to maintain the hygienic conditions

- *Ensure the flow of information regarding the availing of medical information at different hospitals to the office of Additional Director – Planning's office for generating MIS information and using it further for social science research and any interpretations for better service.*
- Continuous monitoring of the performance of the personnel at different hospitals and recommend for any training required.

Main Accountabilities:

- Proper utilization of hospital resources / infrastructure
- Visit all government hospitals and major hospitals atleast once a year and monitor the utilization of hospital resources by the concerned people
- Ensure proper hospital waste disposal

Training Areas:

- Hospital administration
- People Management
- Monitoring technology improvements in other parts of the world

Job Title: **ADDITIONAL DIRECTOR - NCD**

Reporting To: **Director – Medical**

Immediate Level Subordinates:

- Joint Director – Ophthalmology
- Joint Director – NCD (Cardiology and Diabetology)
- Joint Director – Traumatology
- Joint Director – Mental Health
- Joint Director - Oncology

Basic Function:

Implementation and Monitoring of national programmes of NCD, proper treatment for all kinds of NCD diseases such as Cancer, diabetes, heart ailments and trauma in different hospitals in the state.

Duties, Responsibilities and Authorities:

- Suggest for proper demand estimation for the specialists in different hospitals of the state
- Identify the magnitude of the problem of NCD cases
- Plan and indent for the equipment required for diagnosing and treatment of different kinds of NCD cases
- Monitor the working of referral system in the state

- Coordinate with the office of AD – Planning in identifying the number of specialists required from time to time
- Ensure proper storing of radio-active material at different hospitals, used in the treatment of cancer
- Inform the target number of posts in the fifth successive year to Director – Medical and suggest the means of getting such numbers into the system.
- Review the MIS reports from time to time and suggest corrective actions to the concerned Surgeons and other officials in the department
- Study the developments around the world in the treatment of different kinds of Human ailments and pass on the knowledge to different functionaries in the department
- Encourage participation of the doctors in their related national and state health programmes and work hand-in-hand with the office of District Health officer
- Identify the potential levels of the doctors in the Medical health department and suggest for any refresher/continuous learning courses for them from time to time
- Conduct medical audit on sample basis for some cases and compulsorily for all the controversial cases.
- Monitor effective implementation of hospital infection control
- Coordinate with the office of Additional Director – Planning
- Ensure implementation of Blindness Control Programme, Mental Health Programme

Main Accountabilities:

- Visit all the district and other major hospitals in the state atleast once a year
- Ensure implementation of Blindness Control Programme, Mental Health Programme
- Identify the magnitude of the problem of NCD cases
- Conduct medical audit on sample basis for some cases and compulsorily for all the controversial cases

Training Areas:

- Health Management
- Hospital management
- Programme management

Job Title: JOINT DIRECTOR - OPHTHALMOLOGY

Reporting To: Additional Director – NCD

Immediate Level Subordinates:

- District Surgeons
- Eye specialists in the state
- Other National Blindness Control Programme officers of the district
- District Health Officer

Basic Function:

Oversee the National Blindness Control Programme in the state and ensure proper staffing pattern in the ophthalmology department in different hospitals in the state. Also ensure adequate care for the ophthalmology related patients and high success rate during any operation. Identify the magnitude of the problem of blindness cases

Duties, Responsibilities and Authorities:

- Planning, implementation and monitoring of programmes connected with National Programme for control of Blindness.
- Identify the magnitude of the problem of blindness cases
- Training of Ophthalmic Assistants.
- Matters pertaining to calling for tenders for drugs, equipment related to ophthalmology.
- Ensure conducting of medical audit for some operations on a sample basis and compulsorily for critical and controversial operations
- Coordinate with District Officers in spreading the message of good nutrition for control of blindness among the people of the state
- Review of working of Major equipment
- Continuous monitoring of the performance of the personnel at different hospitals and recommend for any training required.
- Monitoring the activities related to District Blindness Societies
- Monitor the effectiveness of eye-camps conducted
- Review the hygienic conditions in the eye-operation theaters and eye-wards
- Monitoring the eye transplantation operations performed in different hospitals
- Coordination with NGO's working in the field of blindness control

Main Accountabilities:

- Medical audit of eye operations conducted either at special camps or hospitals
- Visit all hospitals which have the facility for eye-operation in the state, atleast once a year.

- Be a part of the team conducting eye related operation, atleast on 15 occasions in a year
- Programme evaluation of blindness control

Training Areas:

- New areas of development in proper eye care
- Exposure to new equipment related to ophthalmology
- Programme Management
- Health Management

Job Title: **JOINT DIRECTOR – NCD (Cardiology & Diabetology)**

Reporting To: **Additional Director – NCD**

Immediate Level Subordinates:

- District Surgeon
- Superintendents of major hospitals
- Other specialists in the area of Cardiology and Diabetology

Basic Function:

Overall incharge for the diagnosis and possible treatment of Cardiac and Diabetes related ailments to the people of the state. Monitor the basic referral system in the state with reference to the above mentioned ailments and conduct medical audit of the cases wherever found necessary and asked for.

Duties, Responsibilities and Authorities:

- Conduct different awareness building camps about Cardiology and Diabetes including prevention factors, risk factors and patient education
- Monitor proper availability of life saving drugs related to Cardiology and Diabetes
- Monitor referral system in the state with respect to the above ailments
- Ensure conducting of medical audit for some operations on a sample basis and compulsorily for critical and controversial operations
- Planning, implementation and monitoring of programmes connected with National Programme for control of cardiac cases and diabetic cases
- Identify the magnitude of the problem of blindness cases
- Training of Assistants in the field of cardiology and diabetology.
- Matters pertaining to calling for tenders for drugs, equipment related to cardiology and diabetology.
- Ensure conducting of medical audit for some operations on a sample basis and compulsorily for critical and controversial operations

- Submit all relevant material which can be hosted on the department website
- Ensure that full economy and expenditure control is observed in all public health related operations and activities in the state.
- ***Recommend transfer and postings of District Health Officers.***
- Overall responsibility for the prevention of diseases of any kind and promotion of health throughout the state by training the department cadre
- Monitor each national and State health programmes and their implementation with special emphasis to Maternal & Child Health and Primary Health Care
- Suggest for the continuation or stopping of different national and state health programmes according to the need of the state.
- Monitor the training needs identification of the personnel in the department and nominate for the respective programmes to be conducted by State Institute of Health and Family Welfare or other institutes from time to time
- Monitor the Information, Education and Communication department activities in the state in terms of educating / bringing awareness among the people
- Monitor the treatment and curbing the spread of vectorborne diseases in the state with the coordination of corporations and municipal authorities in the state with emphasis on disease surveillance and epidemiology
- Monitor the norms of blood safety as specified by concerned authorities/boards from time to time
- Monitor the functioning and activities of Vaccine Institute, Belgaum.
- Monitor and Review the methods of combating the spread of Communicable diseases in the state
- Monitor the working of urban health programme and slum improvement programme
- Receive and review the MIS reports on the status of health in the state and take up any remedial actions either in terms of interim review of existing programmes or new programmes.
- Work for the coordination between all the reporting functionaries
- Work for the effective coordination with external and autonomous agencies in implementing the health mandate in the state.
- Monitor effective implementation of various public health programme

Main Accountabilities:

- Visit all districts and taluks which conduct the national/state public Health programmes in the state atleast once in a year
Address all programme officers in the districts atleast once in a year and appraise them of the expectations of the government and their deliverables

- Ensure quality of care in all PHC's through periodic medical audit and patient satisfaction surveys
- Achievement of Health goals of state
- Ensure optimum capacity utilisation of hospital infrastructure through periodic review of MIS reports (hospital efficiency indicators) of all hospitals
- Increase of health infrastructure (need / technology based) in the state in coordination with planning cell

Training Areas:

- Attend Management Development Programmes at international institutes such as Harvard, John Hopkins, etc in areas of Public Health Policies, health policies, New business models in Health care.
- Study Health care facilities and delivery system in both developed and developing countries and also attend national and international and to share the experiences of Karnataka and get a feedback.
- Awareness of different kinds of Public Health Programmes in the developed and developing countries
- Project execution methodology of international agencies
- Health Management

Job Title: **ADDITIONAL DIRECTOR – RCH**

Reporting To: **Director – Public Health**

Immediate Level Subordinates:

- Joint Director - RCH

Basic Function:

Overall responsibility for all Maternal and child health in the state. Ensure proper implementation of RCH / Family Planning programme in the state

Can also look after the work of AD – primary health.

Duties, Responsibilities and authorities:

- He is the overall head of the RCH project office of Directorate of Health & FW Services.
- He is responsible for planning of RCH programme
- He is responsible for effective achievement of the laid down projects under FW & MCH programme.
- He is overall supervisory authority for training of various field staff like Dais, Para Medical staff and Medical personnel.

- Coordinate with municipal and corporation authorities in spreading the message of Maternal and Child Health
- He is responsible for acting as liaison between Govt. of India/ Internal agencies like UNICEF, World Bank and State Government for various projects from preparation to implementation stage.
- He is responsible for procuring and equipping the public health institutions and Taluk institutions, with various types of equipment & apparatus for effective implementation stage.
- *Ensure the increase in deliveries in PHC or other hospitals to decrease the risk of infant mortality and maternal mortality*
- He is responsible for monitoring and supervising the activities of the demographic cell, IEC activities of RCH project office.
- Recommend construction of subcenters for RCH programme

Main Accountabilities:

- Visit all district Hospitals, some PHC/CHC's (quantifiable number) and specialty hospitals atleast once a year
- *Ensure the increase in deliveries in PHC or other hospitals to decrease the risk of infant mortality and maternal mortality*
- He is responsible for monitoring and supervising the activities of the demographic cell, IEC activities of RCH programme

Training Areas:

- Programme management
- Health management
- Pediatric care
- Community Health
- Issues in Maternal & Child Health, their addressal in different parts of the world

Job Title: JOINT DIRECTOR - RCH

Reporting To: Additional Director – RCH

Immediate Level Subordinates:

- Deputy Director – RCH
- Deputy Director – IUD & PPP

Basic Function:

Responsible for proper Maternal and child health in the state. Ensure proper implementation of RCH programme in the state

Duties, Responsibilities and authorities:

- He is the nodal officer of the RCH project office of Directorate of Health & FW Services.
- He is responsible for implementation of RCH programme
- He is responsible for effective achievement of the laid down projects under FW & MCH programme.
- He is overall supervisory authority for training of various field staff like Dais, Para Medical staff and Medical personnel.
- Coordinate with municipal and corporation authorities in spreading the message of Maternal and Child Health
- He is responsible for acting as liaison between Govt. of India/ Internal agencies like UNICEF, World Bank and State Government for various projects from preparation to implementation stage.
- He is responsible for procuring and equipping the public health institutions and Taluk institutions, with various types of equipment & apparatus for effective implementation stage.
- *Ensure the increase in deliveries in PHC or other hospitals to decrease the risk of infant mortality and maternal mortality*
- Implement construction of subcenters for RCH programme

Implementation, monitoring and reviewing of all activities connected with RCH programme, immunization of children against vaccine preventable diseases and other MCH activities.

- Procurement of UIP vaccines, distribution and follow-up of the vaccines & maintenance of Cold chain equipment/ articles.
- Monitor the timely administration of vaccines to pregnant women and infants throughout the state
- Ensure the availability of doctors, nurses and ANMs at the respective hospitals to attend to any kind of medical help regarding Maternal and child health

- Work in coordination with the IEC functionary in spreading the message of Mother and Child Health and the precautions to be taken during pregnancy and child birth
- Submit the reports regularly to the office of AD-planning for developing a comprehensive MIS reports on the status of Maternal and Child Health in the state.
- Supply of material to IEC functionaries regarding the material to be prepared about Maternal and Child Health
- Recommend for construction of RCH sub-centres, postpartum centres and other buildings coming under RCH programmes.
- Payment of Grant-in-aid to the voluntary agencies who are implementing the RCH programme.
- *Coordinate with the office of JD – IUD & PPP to spread the message of RCH*
- Monitor the effective implementation of Universal Immunization Programme.
- *Ensure the increase in child deliveries in PHC or other hospitals to decrease the risk of infant mortality*

Main Accountabilities:

- Increase in deliveries in PHC or other hospitals to decrease the risk of infant mortality and maternal mortality
- Visit all district hospitals atleast once in a year and other community health and primary health centres on a sample basis
- Conduct atleast one meeting of all the district family planning and RCH officers in a year
- He is responsible for monitoring and supervising the activities of the demographic cell, IEC activities of RCH programme

Training Areas:

- Programme management
- Health management
- Pediatric care
- Community Health
- Issues in Maternal & Child Health, their addressal in different parts of the state

Job Title: **DEPUTY DIRECTOR - IUD & PPP**

Reporting To: **Joint Director – RCH**

Immediate Level Subordinates:

- District Health Officer
- District Family Planning Officer

Basic Function:

Overall incharge of family planning operations in the state and implement the national and state level programs in relation to IUD & PPP. Convey the decisions taken at the directorate regarding IUD & PPP programs to the district officials

Duties, Responsibilities and Authorities:

- Responsible for planning, supervision and guidance of IUD programme oral pill programme and All India Hospitals Post Partum Programme under the supervision of Joint Director - RCH
- Provide guidance and supervision to the field operations in relation to Family Planning Programme in State at various levels especially in the field of IUD & PPP and oral pill programme.
- Secure cooperation and assistance of related departments for family planning work at State level.
- Review programme operation from time to time, identify problems, provide help in finding situations and seek assistance of Govt. of India, to solve them when necessary.
- Ensure arrangement to follow up of each case of IUD in the region allocated.
- Maintain administrative liaison with all official and non-official family planning organisations in the State.
- Coordinate with the office of JD – RCH and spread the message about Family planning
- Conduct special family planning camps to men and women throughout the state
- *Coordinate with IEC functionary in spreading the message of family planning and misconceptions about different kinds of family planning methods*
- Formulate field instructions and operative manuals.
- Function as a clearinghouse for up to-date information on achievements and progress in the State as a whole for IUD & IPPP and oral pill.
- Attend to such other items of work as may be assigned and the Joint Director - RCH and other superior authorities.

Job Title: DEPUTY DIRECTOR – RCH

Reporting To: Joint Director – RCH

Immediate Level Subordinates:

Basic Function:

His office acts as nodal centre for all the districts regarding different national and state RCH programs. Monitors the RCH and particularly the reproductive and child health programs in different parts of the state. Conveys different decisions taken at the directorate regarding the above programs to the district officials.

Duties, Responsibilities and Authorities:

- Work towards integrating maternal & child health and family planning.
- Work in close liaison with the Deputy Director - IUD & PPP and other officers of State Family Planning Bureau.
- Ensure that all maternal and child health staff fulfil their required responsibilities in family planning and that the MCH clinics are equipped with the necessary supplies and facilities for family planning work.
- Assess the in-service training needs of all MCH personnel and arrange for their training.
- Coordinate and guide family planning training in the nurses and ANM training courses to ensure that proper training in family planning is imparted.
- Help to supervise the MCH services to ensure that there are adequate physical facilities, equipment and drugs and to see that proper educational and clinical procedures are carried-out.
- *Convey the decisions taken regarding RCH activities to the district officials.*
- *Convey the suggestions and problems of the district level officials to the JD/AD - RCH*
- Help to guide and supervise proper follow-up of women who have adopted family planning methods.
- Take action to organise the ANM training centres and LHV training centres and see that the centres function properly.
- Arrange to see that selection to the ANM and LHV training centres is done in time and as per rules.
- Arrange to conduct the training according to prescribed syllabus and arrange for conducting examinations periodically and to announce the results.
- Take action to organise the dais training.
- Supervise work of District Nursing Supervisors, check and review their diaries, inspect the work of LHVs and ANMs.

- Take action to organise the programme of immunisation of pre-school children and expectant mothers and prophylaxis against nutritional anemia vitamin A deficiency.
- Attend to such other items to work as may be assigned to him by the Joint Director (RCH) and other superior authorities.

Job Title: **ADDITIONAL DIRECTOR – HEALTH PROMOTION**

Reporting To: **Director – Public Health**

Immediate Level Subordinates:

- Joint Director – Health promotion
- Joint Director – IEC

Basic Function:

Responsible for educating the different functionaries in the department about national and state health programmes. Oversee the Information, Education and Communication activities in the state and their affectivity in reaching to the people of the state with special emphasis to the rural, slum and school children and liasion with different agencies of mass media in the state in spreading the message of health to all.

Duties, Responsibilities and Authorities:

- Liaison with AIDS society in spreading the message of prevention measures against AIDS
- Coordinate with all the functionaries in the Health Department and receive requisitions regarding any kind of spread of prevention message for the public regarding public Health and medical health
- Emphasis of positive health, school health and use of captive audience in hospitals
- Oversee the activities of the publication division of the department
- Review the process of sending requisition of publication from IEC cell to the publisher.
- Set standards and monitor the quality assurance in the publications of the department
- Guide the respective Joint Directors in setting targets to the Health Promotion and IEC cells of the department and attain the goals
- Coordinate with the office AD – planning in generating reports about the status of health in the state and planning for the future in attaining good health standards
- Suggest methods of using the special occasions of melas and exhibitions to spread the message of Public Health
- Monitor the activities involving bringing awareness among the general public and children about the public health.

- Identify the areas of development among the department functionary about public Health and appraise the State Institute of Health and RCH about them and ensure nominating eligible persons as and when such programmes are announced by any institute
- Liasion with All India Radio, Doordarshan and other authorities in spreading the message of Public Health
- Intersectoral coordination with information and broadcasting, labour ,education, women and child department
- Emphasis on patients charter of rights
- Head of State health Education Bureau

Main Accountabilities:

Visit all major exhibitions where the department participates with its stall in it
Public perception of IEC activities

Post programme evaluation

Training Areas:

Mass media education

Job Title: **JOINT DIRECTOR - I.E.C.**

Reporting To: **Additional Director - Health Promotion**

Immediate Level Subordinates:

- Deputy Director - Information

Basic Function:

Overall responsibility for spreading the message of preventive health to the people of the state through different platforms. Use all such opportunities wherein which the message of Public Health can be spread.

Duties, Responsibilities and Authorities:

- Monitor all matters relating to information, education and communication related to Health of the people of Karnataka.
- Responsible for procurement, distribution and utilisation of educational materials related to RCH and Maternal and Child Health
- Incharge of the publication of KUTUMBA, every fortnight
- Conduct the field verification of RCH acceptors and incentives paid to the RCH beneficiaries.
- Coordinate with State Institute of Health and RCH in formulating the content of the course about Public / Preventive Health and its allied areas
- *Post programme evaluation and its impact on the public (quantifiable)*
- Conduct in-service training to the RCH staff on I.E.C. activities.
- *Head the department press and its activities*
- *Coordinate with different Medical and health departments in the contents related to the publication and distribution*
- *Spread the message of drug addiction / alcohol and educate people for being away from smoking, drinking and other forms of drug addiction.*

Main Accountabilities:

Error free distribution IEC material and other publications from the department

Training Areas:

a)Mass communication b)Conducting exhibitions c)Multi-media

Job Title: DEPUTY DIRECTOR – INFORMATION

Reports To: Joint Director (Information, Education & Communication)

Immediate Level Subordinates:

- Field Publicity Officer

Basic Function:

Ensure the spread of the error free desired information among the public of the state, organise exhibitions at small/big congregations to bring awareness in the areas related to Health. Liaison with other agencies in production of films related to educational aspects of health

Duties, Responsibilities and Authorities:

- Responsible for entire Mass Media and Mass education programmes of Family Planning in the state.
- Co-ordinate the family planning mass education programme in the state, districts with the help of all other states and Government of India Publicity units.
- Plan and design for production and distribution of publicity material for Mass education, and extension education in the state.
- Collect information on all districts about the newspapers in circulation, cinema theatres in operation, audio-visual units of State and Government of India available and other mass media education items, so as to use them effectively for education.
- Liaison with the press, radio, field publicity units and mass media to provide necessary background material to them.
- Guide and supervise the work of District Mass Education and Information officers and District Health educators.
- Bring out success stories of individuals adopting family planning methods by visiting services, camps, wherever held in the districts.
- Prepare digests of critical newspaper comments and bring such comments to the notice of the administrative head of the department and technical officers of the State Family planning Bureau and also arrange for issue of any clarification to remove the mis-apprehension or doubts in the minds of the people.
- Plan for the production of sufficient printing matters for running the offset press.
- To stimulate and coordinate the effective use of all types of educational material by all categories of Family Planning field workers as well as others.
- Monitor the out door publicity programmes.

Training Areas:

- Conducting exhibitions
- Effectiveness of theatre arts
- Multi-media
- Effective use of print media
- An internship with DAVP, GOI

Job Title: **FIELD PUBLICITY OFFICERS**

Reporting To: **Deputy Director – Information**

Immediate Level Subordinates:

- Programme Assistant
- Health Education Officer

Basic Function:

Incharge of all the publicity material procured by the IEC functionary of the Directorate of Health Services. Plan and implement the ways to take the message even to the rural areas in the state.

Duties, Responsibilities and Authorities:

- Encourage production of family planning films in the state with the help of available official and or private agencies.
- Arrange production and distribution of family planning filmstrip, slides, recordings and distribution thereof.
- Supervise the functioning of audio-visual units in the districts.
- Maintain effective liaison with the media units
- Assist in the organisation of Family Planning campaign at the State/District level
- Initiate and supervise design and fabrication of all exhibits for the exhibition
- Direct and supervise the activities of Exhibition in the Districts/Rural centres
- Guide and help the district MEIO's Extension Educators
- Supervise effective use of display publicity, hoardings, bus-boards, wall paints and metallic tablets etc. in the state
- Such other allied duties as may be assigned by the AD (RCH)

Main Accountabilities:

- Number of exhibitions conducted

Training Areas:

- Conducting exhibitions
- Communication in mass media

Job Title: **HEALTH EDUCATION OFFICER**

Reporting To: **Field Publicity Officer (Functionally)**
 District Health Officer (Administratively)

Immediate Level Subordinates:

Basic Function:

Primary responsibility to establish working relationship with NGOs and local bodies in spreading the message of Health, taking stock of the available material and plan for procurement and distribution of the same.

Duties, Responsibilities and Authorities:

- Develop and maintain a close working relationship with the State Health Education Bureau in order to utilise fully the technical and physical resources of the bureau for the family planning programme.
- Develop and maintain close working relationship with different agencies that can contribute to the educational programme like the education department, information department, All India Radio, Development and Panchayat Raj Department etc. and utilise their resources.
- Promote the educational activities of the voluntary agencies and local bodies
- Co-ordinate the efforts of honorary, education leaders and assist them in their work.
- Assess the educational needs and recommend educational programmes for district and state Training institutes.
- Responsible for planning and operating a statewide information programme utilising all available channels and media of mass communication.
- Provide technical guidance to the District Family Planning Bureau.
- Assess the needs of educational material and equipment and arrange for their procurement and distribution.
- Assist the AD - RCH in assessing training needs in health education and develop a plan for detaining personnel for training.
- Organise seminars, workshops, conferences and periodical staff meetings.
- Attend to such other functions as may be assigned from time to time.

Training Areas:

- Conducting health campaigns
- Conducting exhibitions
- Effective use of theatre arts

Job Title: **PROGRAMME ASSISTANT**

Reporting To: **Field Publicity Officer**

Immediate Level Subordinates:

Basic Function:

Duties, Responsibilities and Authorities:

- Assist Field Publicity Officer in compiling organising and production of field programmes, exhibitions songs and drama programmes, traditional media programme and other cultural activities to communicate Family planning programme to the people.
- Assess the programmes sponsored and consolidate them.
- Assist in selection of artists and types of programmes which the audience prefer.
- Assist in selection of movie films on Family planning, exhibits for exhibition purposes, production of family planning films to be produced by State Family Planning Bureau.

Job Title: DEPUTY DIRECTOR – SCHOOL HEALTH

Reporting To: Joint Director – Health Promotion

Immediate Level Subordinates:

Basic Function:

Spread the message of good health among school children and arrange to conduct periodic health check-ups to school children. Also monitor the hygienic conditions around the schools and suggest corrective actions to the municipality authorities and heads of respective schools/institutions

Duties, Responsibilities and Authorities:

- Coordinate with the District Education Officers and organise for periodical health check-up for the students in different schools
- Coordinate with District Health Officers in spreading the message of Public Health among the students of different schools in the state
- Ensure proper hygienic conditions around the premises of schools in the state and suggest corrective actions to the heads of institutions
- Encourage literary activities among the students of different schools
- Spread the message of special days (world health day, AIDS day, day for the physically handicapped, etc) among the students of different schools and educate the pupils about them.
- Send reports to the MIS functionary for any interpretation regarding the health of school going children in the state.

Main Accountabilities:

Number of school health programmes

Evaluation of the programme

Job Title: ADDITIONAL DIRECTOR – PRIMARY HEALTH

Reporting To: Director – Public Health

Immediate Level Subordinates:

- Joint Director – Primary Health

Basic Function:

Effective Implementation of all national and state public health programmes. Preparation of a primary health care policy for the State. Overall responsibility for establishing, managing and development of health infrastructure at the primary level in the state. Is responsible for the public health services delivered at the primary level in the state. Monitor and evaluate the basic programs at all the Primary Health Centres in the state, availability of basic infrastructure facilities offered to all the Primary health centres and effective patient care at PHCs. Also monitor the referral system .

Duties, Responsibilities and Authorities:

- Ensure that quality public health care services are available to the target population
- Ensure that the primary health centers and referral hospitals are easily accessible to the population, review need for rationalisation and relocation of some health units as well as setting up new health units in order to improve accessibility and service coverage
- Review and evaluate the existing policies and procedures and work methods by means of periodic and special studies
- Review the MIS reports generated and take corrective actions
- Review and recommend the upgradation of primary health infrastructure in the state
- Work out improved methods and procedures to achieve the objectives and Develop standards, methods and measurements of the PHC activities
- Monitor the utilisation of public health resources throughout the state and adopt means of bringing optimum utilisation
- Coordinatr periodic health promotion activities that are carried out in the community
- Visit all districts esp PHC's at random and review the Public health programmes in the state, atleast once a year
- Ensure that medical audit and internal audit has been carried out in as many PHC's as possible at periodic intervals
- Submit all relevant material which can be hosted on the department website
- Ensure that full economy and expenditure control is observed in all public health related operations and activities in the state at the PHC's level.
- Ensure that full complement staff are available at all the PHC's
- Monitor the training needs identification of the PHC personnel in the department and nominate for the respective programmes to be conducted by State Institute of Health and Family Welfare or other institutes from time to time

- Monitor effective implementation of various public health programme
- Coordinate with AD-planning on the budgeting activities

Main Accountabilities:

- Visit all districts and taluks which conduct the national/state public Health programmes in the state atleast once in a year
Address all PHC officers in the districts atleast once in a year and appraise them of the expectations of the government and their deliverables
- Ensure quality of care in all PHC's through periodic medical audit and patient satisfaction surveys
- Achievement of Health goals of state
- Ensure optimum capacity utilisation of hospital infrastructure through periodic review of MIS reports (hospital efficiency indicators) of all hospitals
- Increase of health infrastructure (need / technology based) in the state in coordination with planning cell

Training Areas:

- Attend Management Development Programmes at international institutes such as Harvard, John Hopkins, etc in areas of Public Health Policies, health policies, New business models in Health care.
- Study Health care facilities and delivery system in both developed and developing countries and also attend national and international and to share the experiences of Karnataka and get a feedback.
- Awareness of different kinds of Public Health Programmes in the developed and developing countries
- Project execution methodology of international agencies
- Health Management

Job Title: **ADDITIONAL DIRECTOR - CMD**

Reporting To: **Director – Public Health**

Immediate Level Subordinates:

- Joint Director – Vector Borne
- Joint Director – Leprosy
- Joint Director – TB
- Joint Director – Vaccine
- Joint Director – Lab

Basic Function:

Nodal Officer for the State Surveillance unit. Ensure proper implementation of various national and state programmes related to Leprosy, Vector borne diseases and TB. Ensure proper maintenance of laboratories in the state.

Duties, Responsibilities and Authorities:

- Evolve strategies for Surveillance
- Set up procedures for collection, analysis and reporting of morbidity and mortality data.
- Monitor the functioning of the District Surveillance Units
- Co-ordinate with other related Departments at the State level, Indian Medical Association, Programme Officers, Voluntary Organisations, etc.
- Conduct surveys, compile morbidity and mortality data, by disease, for planning and working out priorities and strategies.
- Evaluate the effectiveness of interventions instituted to control epidemics.
- Carry out research studies and suggest innovative and the effective methods of intervention
- Act as the nodal Surveillance unit at the district level and provide the missing link between the primary and secondary level sub-systems
- Provide early warning of outbreak of epidemics of all the major communicable diseases through continuous Zilla Panchayat, PWD, Fisheries, Irrigation, Agriculture, Rural Development, Indian Medical Association, Programme Officers, Voluntary Organisations, etc.
- Planning, implementation, reviewing and monitoring of communicable diseases such as Diarrhoeal diseases, Kyasnoor Forest Disease, Guinea Worm etc.
- Monitor the running of Diagnostic Laboratory, Shimoga, Vaccine Institute, Belgaum, communicable diseases investigation and Training Centre, Mandya.

- Monitor all activities relating to manufacture (at Vaccine Institute), supply and distribution of vaccines
- Monitor the precautionary measures and preparedness of state machinery in tackling with any natural calamities
- All matters relating to Air, Water and Environmental pollution, and Slum Clearance board
- Monitor the National Leprosy Eradication programme implementation throughout the state
- Monitor the overall performance of National TB Control Programme and Lady Wellington TB Demonstration & Training Centre, Bangalore
- Work in coordination with the office of Additional Director - Urban Health in control of Malaria & Filariasis and such other diseases.

Main Accountabilities:

- Conduct surveys, compile morbidity and mortality data, by disease, for planning and working out priorities and strategies.
- Evaluate the effectiveness of interventions instituted to control epidemics.
- Carry out research studies and suggest innovative and the effective methods of intervention
- Set up procedures for collection, analysis and reporting of morbidity and mortality data.
- Monitor the functioning of the District Surveillance Units
- Co-ordinate with other related Departments at the State level, Indian Medical Association, Programme Officers, Voluntary Organisations, etc.

Training Areas:

Health management

Epidemiological methodology

Programme management

Job Title: JOINT DIRECTOR - VECTOR BORNE

Reporting To: Additional Director – CMD

Immediate Level Subordinates:

- District Malaria Officer
- District Filaria officer
- District Health Officer

Basic Function:

Ensure proper planning and implementation of national and state programmes related to all Vector Borne diseases and proper utilisation of funds allotted for each unit/district. Liaison with the municipal authorities in ensuring hygienic living conditions for the people in the state and appraise them of better methods of sanitation and the importance of that.

Duties, Responsibilities and Authorities:

- Planning, implementation, reviewing and monitoring of communicable diseases such as Diarrhoeal diseases, Kyasnoor Forest Disease, Guinea Worm etc.
- Planning, implementation, monitoring of all matters connected with the Ecology, Malaria, Filaria and other mosquito borne diseases.
- Process the reports generated through to Central Malaria Laboratory and take preventive measures to curb the spread of the disease.
- Planning the activities like budget allocation and key sustenance factors related to various Diagnostic Laboratory, Shimoga, Vaccine Institute, Belgaum, Communicable Diseases Investigation and Training Centre, Mandya.
- All matters relating to manufacture, supply and distribution of vaccines
- Work in coordination with various civic bodies relating to natural calamities.
- All matters relating to Air, Water and Environmental pollution, and Slum Clearance board
- Overall incharge of curing and arresting the spread of Malaria & Filarial diseases in the state
- Work in coordination with the office of Additional Director - Urban Health in control of Malaria & Filaria and such other diseases.

Main Accountabilities:

- Planning, implementation, reviewing and monitoring of communicable diseases such as Diarrhoeal diseases, Kyasnoor Forest Disease, Guinea Worm etc.
- Planning, implementation, monitoring of all matters connected with the Ecology, Malaria, Filaria and other mosquito borne diseases.
- Process the reports generated through to Central Malaria Laboratory and take preventive measures to curb the spread of the disease.

Training Areas:

Health management

Epidemiological methodology

Program management

Job Title: JOINT DIRECTOR - TB

Reporting To: Additional Director – CMD

Immediate Level Subordinates:

- District Health Officer
- District TB and AIDS Programme Officers

Basic Function:

Carry forward the different national and state programs related to Tuberculosis and AIDS in the state, treatment of the respective patients and monitor the processes of control of TB

Duties, Responsibilities and Authorities:

- Monitor different national and state programs related to Tuberculosis and AIDS in the state
- Coordinate with the office of AD – IEC for any material or inputs for the publicity material to educate the people in the areas of TB and AIDS
- Monitor the process of treatment for some chronic TB patients in the state
- Coordinate with AIDS Society in the state to educate the people regarding the precautions to be taken about AIDS

Main Accountabilities:

- Monitor different national and state programs related to Tuberculosis and AIDS in the state

Training Areas:

Health management

Epidemiological methodology

Program management

Job Title: JOINT DIRECTOR, VACCINE INSTITUTE, BELGAUM

Reporting To: Additional Director – CMD

Immediate Level Subordinates:

- Deputy Director – Epidemiological surveillance Unit
- DHO
- Deputy Director - Pharma

Basic Function:

Manufacture ARV vaccine and its distribution to the institutions of the State and ensure proper procurement, storage and distribution of UIP / Vaccines in the districts of Gulbarga and Belgaum divisions

Duties, Responsibilities and Authorities:

- Manufacture of ARV vaccine and its distribution to the institutions of the State.
- Coordinate with all NGO's and department agencies
- All matters relating to the UIP/ Vaccines, procurement, storage and distribution to the districts of Gulbarga and Belgaum divisions.

Training Areas:

Health management

Epidemiological methodology

Program management

Job Title: JOINT DIRECTOR - LABORATORIES

Reporting To: Additional Director – CMD

Immediate Level Subordinates:

- Deputy Director – Viral Diagnostic Lab, Shimoga
- Deputy Director – Bacteriological lab, PHI, Bangalore
- Chemical Examiner
- Chief Chemist

Duties, Responsibilities and Authorities:

- Planning, implementation, monitoring and reviewing of various activities of Public Health Laboratories in the State including district Laboratories, Divisional laboratories, Divisional Food Laboratories and laboratories at various levels
- Implement Food Adulteration Act procedures in coordination with the municipal and corporate functionaries at different locations in the state.

- Imparting training to Laboratory Technicians and Food Inspectors.
- Dispense the authority and submit reports pertaining to consumers protection Act.
- *Monitor the activities pertaining to food and water analysis in coordination with pollution control board and local-self bodies.*
- International certification on Health related matters for issue of passports and Visa
- Generate and submit analytical reports on various samples of epidemiological importance including samples received from Lokayukta.

Job Title: **ADDITIONAL DIRECTOR – URBAN HEALTH**

Reporting To: **Commissioner / DGHS**

Immediate Level Subordinates:

Basic Function:

Coordinate with local self bodies in planning to create hygienic conditions in urban areas and slums. Work in coordination with pollution control authorities in planning for anti-pollution activities. Passing of stringent norms from time to time regarding the disposal of hospital waste.

Duties, Responsibilities and Authorities:

- Promote urban sanitation among all the municipalities and corporations in the state with special emphasis on urban slums
- Be in touch with corporation/municipalities commissioners and Chief Executive of Zilla Parishad through the department functionary and monitor the sanitation/health activities throughout the state
- To create awareness of personal hygiene and to maintain a better environment for prevention of diseases
- Recommend policies in handling the waste generated from different hospitals.
- Create amicable platform for interaction between the department of health and Public Health Engineering functionary of different corporations and municipalities
- Coordinate with the Project Directors of different national Programmes

Training Areas:

Health management

Programm management

Job Title: DIRECTOR – EXTERNAL AIDED PROJECTS (EAP)

Reporting To: Commissioner / DGHS

Immediate Level Subordinates:

Basic Function:

Guide the department in securing the national and international projects by concerned bodies and see that they are properly executed without any mis-appropriation of funds.

Duties, Responsibilities and Authorities:

- He/She and his team of officers are responsible to implement the project. He is also designated as ex-officio Additional Secretary to Govt to enable to issue Government orders on all the related matters.
- Shall carry out such of the functions which are assigned by the steering committee and Project Governing board
- Coordinate with different functionaries / departments in Central / State government in meeting the project requirements.
- Monitor the usage of funds released for the purpose of the project
- Monitor the effectiveness of different Externally Aided Projects in the state
- Appraise different project reports which are submitted by state department of health which are prepared to seek financial/any kind of help from outside the government functionary

Main Accountabilities:

Effective usage of funds released

Timely completion with desired / planned results

Training Areas:

- Project management
- Coordination and Administrative skills

Job Title: DIRECTOR – PROCUREMENT & MAINTENANCE

Reporting To: Commissioner / DGHS

Immediate Level Subordinates:

- Chief Engineer – Civil
- Joint Director – Procurement
- Joint Director – Equipment & Maintenance (Bio-Medical)

Basic Function:

Being overall incharge of the physical asset base of the department should take utmost care in procuring as per the requirement and properly maintaining them. Procurement skills as per the norms of the funding agencies

Duties, Responsibilities and Authorities:

- *Pass the bill of payment for the land accumulated / procured for different constructions to be taken by the Department of Health & RCH*
- *Approve the procurement and release payment for hospital equipment which are of value above the level of authorisation by the Joint Director in the department*
- *Monitor the effective utilisation of all machinery / equipment / buildings, etc and their longevity.*
- Provide managerial inputs in selection of any kind of construction or procurement of equipment
- Work for coordination between all the technical functionaries of the department
- Monitor the procurement procedures and processes from time to time
- Monitor and approve for Procure, install, commission, maintain and service bio-medical and other hospital equipment for diagnosis, monitoring, analysis and therapy, etc
- Work in coordination with funding agencies and manufacturers of equipment and follow the conditions agreed upon.
- Oversee the transfer of works from procurement functionary to the maintenance functionary.

Main Accountabilities:

- *Monitor the effective utilisation of all machinery / equipment / buildings, etc and their longevity.*
- Provide managerial inputs in selection of any kind of construction or procurement of equipment
- Work for coordination between all the technical functionaries of the department
- Monitor the procurement procedures and processes from time to time
- Monitor and approve for Procure, install, commission, maintain and service bio-medical and other hospital equipment for diagnosis, monitoring, analysis and therapy, etc
- Work in coordination with funding agencies and manufacturers of equipment and follow the conditions agreed upon.

Training Areas:

- Appraising global tenders
 - Coordination & Administrative skills
- Procurement skills as per the norms of the funding agencies

Job Title: JOINT DIRECTOR – PROCUREMENT

Reporting To: Director – Procurement & Maintenance

Immediate Level Subordinates:

Basic Function:

Procure all kinds of equipment other than related to pharmacy and Government medical stores, after properly studying the reliability of the manufacturer and efficient after-sales service. Ensure the requirement of the equipment to be procured by suggesting a better indenting, sanctioning and approving authority to procure them. Procurement skills as per the norms of the funding agencies

Duties, Responsibilities and Authorities:

1. *Understand / study the equipment needs and provide atleast basic utilities wherever required*
2. *Select the equipment based on technical evaluation*
3. *Ensure proper chanellisation of indenting, approving and sanctioning of the procurement of equipment.*
4. *Monitor the installation, commissioning and acceptance of the machinery and equipment for the department*
5. *Signing the service provider contract for training wherever applicable before purchase of equipment and inform Deputy Director – Equipment training.*

Main Accountabilities:

Procurement skills as per the norms of the funding agencies

Training Areas:

- Apprising of Global Tenders
- Logistics

Job Title: CHIEF ENGINEER - CIVIL

Reporting To: Commissioner / DGHS (Administratively)
Secretary PWD department (Functionally)

Immediate Level Subordinates:

- Superintendent Engineer (Bangalore)
- Superintendent Engineer (Dharwad)
- Dy.Chief Architect

Basic Function:

Ensure quality construction and maintenance work for the Department of Health in the state. Ensure proper appraisal of tender documents for allotment of construction work to the eligible parties. Work in coordination with appropriate authorities in finalisation of the design of hospitals

Duties, Responsibilities and Authorities:

- He receives the indent for work from the department of Health and RCH and executes that with the help of his functionaries in coordination with the concerned officials in the department
- He is the overall incharge of all the civil works in the state which are related to the Department of Health and RCH
- Obtaining architectural drawings estimates and sanctioning administrative and technical approval to execute the works
- Coordinating various departments on land and civil works
- Monitoring construction programme and suggest necessary mid-term corrections and actions
- Planning for maintenance of existing buildings

Job Title: DEPUTY CHIEF ARCHITECT

Reporting To: Chief Engineer – Civil (Administratively)
Chief Architect – Karnataka (Functionally)

Immediate Level Subordinates:

- Executive Engineer – Civil

Basic Function:

Prepare drawings and designs of the department constructions in connivance of the concerned authorities in the department

Duties, Responsibilities and Authorities:

- Heads the design wing of the Department of Health & RCH, Government of Karnataka
- Prepares the plan for the structure of buildings as per the felt need and allotted budget by the department

Main Accountabilities:

- Optimum space utilisation in the civil works of the state Department of Health & RCH

Training Areas:

Hospital architecture

Job Title: **SUPERINDENT ENGINEER – CIVIL**

Reporting To: **Chief Engineer – Civil**

Immediate Level Subordinates:

- Executive Engineer - Civil

Basic Function:

Monitor the construction work of Department of Health & RCH as per the specifications given and ensure the quality in construction

Duties, Responsibilities and Authorities:

- Executes the approved civil work from the department of Health and RCH and executes that with the help of his functionaries in coordination with the concerned officials in the department
- He is the overall incharge of all the civil works in the region specified which are related to the Department of Health and RCH
- Obtaining architectural drawings estimates and sanctioning administrative and technical approval to execute the works
- Suggest for release of payment for satisfactory completion of works according to the norms of the state PWD department
- Coordinating various departments on land and civil works
- Supervising and Monitoring construction programme and suggest necessary mid-term corrections and actions
- Planning for maintenance of existing buildings

Job Title: JOINT DIRECTOR – EQUIPMENT & MAINTENANCE – BIO MEDICAL

Reporting To: Director – Procurement & Maintenance

Immediate Level Subordinates:

- Deputy Director – Equipment Training
- Deputy Director – Equipment (DHS)
- Deputy Director - Transport

Basic Function:

Organize for periodic schedules of preventive maintenance of the equipment of the department, monitor the response time in attending the breakdown enquiries and take corrective action. Organize for training the internal technicians to work on the new machinery and follow-up with OEMs for maintenance and training.

Duties, Responsibilities and Authorities:

- Any activity relating to after installation of equipment, like conveying the precautions to be taken in operating certain equipment, etc to the technicians
- Organise for training from the service provider or the OEMs regarding the operation of the equipment by the technicians
- Monitoring the periodic schedules of preventive maintenance
- Less response time for breakdown maintenance
- Organize for training the internal technicians itself in tackling the minor breakdowns
- Plan for alternative equipment in case of a major shutdown of one equipment
- Release of budget for regular maintenance and any such other activities

Main Accountabilities:

- Effective training by Original Equipment Manufacturers for whatever the commitment has been at the time of purchase
- Less response time in attending to any maintenance / shutdown problem

Training Areas:

- Coordination with external agencies
- Preparation of maintenance schedules

Job Title: **ADDITIONAL DIRECTOR – N.KARNATAKA REGION**

Reporting To: **Commissioner / DGHS**

Immediate Level Subordinates:

- District Health Officers of Bijapur, Raichur Gulbarga, Belgaum, Bidar, Bagalkot, Bellary, Koppal districts
- All national and state Programme officers of Bijapur, Raipur, Gulbarga, Belgaum, Bidar, Bagalkot, Bellary, Koppal districts
- The Joint Directors handling different national and state health programmes at the directorate

Basic Function:

The office of Additional Director – North Karnataka Region acts as a nodal officer for coordinating the efforts of various functionaries in the department in showing the special emphasis for a faster upliftment of the health conditions in the region. His office also identifies various special programmes as and when required to bring development in the area specified

Duties, Responsibilities and Authorities:

- Overall coordinating authority of all the programmes and projects in the districts of Bijapur, Raipur, Gulbarga, Belgaum, Bidar, Bagalkot, Bellary, Koppal both in the areas of Medical Health and Public Health
- Identify the additional budget allocation areas for the region allotted
- Head the office of the nodal office for the districts specified as a group
- Coordinate with the offices of all national and state programmes and monitor their implementation in the districts specified
- Coordinate with the office of AD - Planning and obtain the MIS reports about the health standards from time to time to review the progress in the districts specified
- Frequently visit the District and other speciality hospitals in the state and review the public health and medical care in the districts specified
- Coordinate with the municipal and other local bodies and monitor the urban health activities.
- Identification of any new projects and programs for speedy upliftment of health standards in the districts specified

Main Accountabilities:

- Should visit all the district hospitals and other major hospitals in the districts specified atleast twice in six-months period
- Speedy implementation of all health programmes

Job Title: **ADDITIONAL DIRECTOR - PLANNING**

Reporting To: **Commissioner / DGHS**

Immediate Level Subordinates:

- Joint Director – Planning
- Joint Director – Research
- Joint Director - MIS

Basic Function:

Oversee the planning process in the department regarding the different areas of health and hospital management in the state of Karnataka. Obtain and review MIS reports related to different aspects in managing the department like availability of doctors, bed occupancy, population-bed ratio in a particular region, etc. Plays visionary role to the department and suggest future plans periodically. Suggest any improvements/corrective actions in managing the department to the concerned functionaries according to their job responsibilities

Duties, Responsibilities and Authorities:

- Review the growth pattern in the state and plan the requirements in the health sector accordingly
- Develop strategic and perspective plan for the department
- Develop short-term and long-term budgetary plans for the department
- Suggest the appropriate authorities about the corrective actions to be taken if any shortfall is observed in their functioning
- Approve the areas for research

Receive the information on Health of people and different hospitals in the state and review them for preparing proper MIS .

Main Accountabilities:

Training Areas:

Planning methodology
Medical systems

Job Title: JOINT DIRECTOR - PLANNING

Reporting To: Additional Director - Planning

Immediate Level Subordinates:

- Deputy Director – Planning
- Deputy Director - Training

Basic Function:

Obtain reports from different functionaries regarding the status of medical and public health in the state and suggest for improvements along with the path to follow. Collates all the information generated through MIS activity and process for future planning.

Duties, Responsibilities and Authorities:

- Plan for the issues pertaining to institutions coming under the control of the District Health and RCH and Zilla Parishads as regards upgradation, improvement and strengthening of existing facilities and the outlayed budget for them.
- All service matters relating to the District Health and RCH officers Class I Senior and Deputy Directors
- Formulate the inputs required for National Nutrition Programme in coordination with all the functionaries in the department at the district level
- Suggest the health projects under the State Plan Programme
- Review and suggest actions based on monthly multilevel review reports and Karnataka 20 point programme
- Review the follow-up of special component plan and tribal sub-plan
- Suggest issues and review the draftnotes for Governor's address and finance minister's budget speech
- Preparation of Annual Administrative Reports, Annual Report, Status Report and all matters relating to Bureau of Health Intelligence including Sushrusa Programme.
- Formulate matters relating to Tribal Sub Plan, Special component plan and Karnataka Twenty Point Programme.

Job Title: JOINT DIRECTOR - RESEARCH

Reporting To: Additional Director - Planning

Immediate Level Subordinates:

-

Basic Function:

Identify the areas of contemporary importance to the department and recommend for research by various agencies / persons

Duties, Responsibilities and Authorities:

- Follow the trends in medial and health care in the state
- Recommend for research / action research in the areas identified
- Follow up with the findings

- Recommend for any future directions or corrective actions for policy makers or other people concerned

Main Accountabilities:

Training Areas:

- Research methodology
- Action research

Job Title: JOINT DIRECTOR - MIS

Reporting To: Additional Director – Planning

Immediate Level Subordinates:

- Statistician
- Demographer
- All programme officers at the district level (administratively)

Basic Function:

Collate all the hospital, medical and health related information in the state through different hospitals and analyse them for any interpretation.

Duties, Responsibilities and Authorities:

- Head of office to analyse the information about all hospitals in the state
- Monitor the information generation at different hospitals regarding the treatment of patients, availability of beds for inpatients, population-bed ratio, etc
- Collate and interpret information about occurrence of epidemics in different parts of the state
- Coordinate with all the programme officers at districts in the state and collate information they generate about the status of programme and the health condition in the state
- Coordinate with all the DHOs and District Surgeons in collecting the information about the status of their work and return the health systems in the state

Training Areas:

- Research Methodology
- Primary and secondary data collection
- Report writing
- Coordination skills

Job Title: CHIEF ADMINISTRATIVE OFFICER

Reporting To: Commissioner / DGHS

Immediate Level Subordinates:

Basic Function:

Duties, Responsibilities and Authorities:

- Guide the relevant authorities relating to Cadre strength of the department.
- Preparation of Annual programme of inspections in the state
- Maintenance of inspection reports after the inspection of officers.
- All matters relating to establishment of all the cadres of the department, obtaining sanctions of the Director and other officers of the Directorate such as Additional Directors, Joint Directorate etc., wherever such sanctions required as per the delegation of powers issued by the Government from time to time.
- All matters relating to filling up of the vacancies promotions, declaration of probationary period disciplinary proceedings, compassionate appointments, time-bound advancements, sanction of leave etc., after obtaining sanctions of the Director/ Additional Directors/ Joint Director, where such sanctions are required.
- All matters relating to Legislative Assembly/ Council including answering Legislative Assembly/ Council questions and parliamentary questions, and all standing committee meetings of the Legislature
- furnish replies to the other house committees of the Legislature.
- Constitution of board of visitors in the Department

Main Accountabilities:

Training Areas:

Public Administration
Cadre management
Transfer policy
Office organization
Time management

Job Title: CHIEF ACCOUNTS OFFICER (FINANCE)

Reporting To: Chief Administrative Officer – Finance

Immediate Level Subordinates:

Basic Function:

Duties, Responsibilities and Authorities:

- *Report all matters relating to financial aspects of the Department both plan and non-plan to the higher officials in the finance/accounts department*
- Reconciliation of expenditure of plan and non-plan schemes.
- Obtain reimbursements from Govt. of India, pertaining to Centrally sponsored schemes, Externally
- Report about the expenditure regarding aided projects and Central sector schemes.
- Settlement of House building advance, vehicle advance, L.T.C., HTC., sanction of pension, DCRG, issue of No due certificates etc.,
- Payment of salaries of the staff of the Directorate of Health and F.W. Services.
- *Audit of expenditures in different sections of the department*
- *Report about the transactions from the treasury to the higher officials*
- Public Accounts Committee, Estimate committees and other House committees, relating to finances.
- Monitoring of Plan schemes including MMR and preparation of performance budget.

Main Accountabilities:

Training Areas:

Job Title: JOINT DIRECTOR - TUBERCULOSIS

Reporting To: Additional Director – CMD

Immediate Level Subordinates:

- Deputy Director – Bactriology
- Deputy Director – Epidemiological Surveillance Unit
- DHO
- District TB officer

Basic Function:

Effectively monitor the National TB Control Programme and Aids control programme.

Duties, Responsibilities and Authorities:

- Plan the activities to be taken up regarding National TB control programme
- Coordinates with IEC department in educating the masses about the care to be taken against the spread of Tuberculosis
- Monitor the activities under the TB control Programme at the district level
- Coordinate the NTBCP activities at different districts and strive for their joint efforts wherever possible
- Monitor the treatment of AIDS patients in the state
- Submit the reports to the MIS department for proper evaluation of the effectiveness of different activities under the programme
- Look after the activities of Lady Wellington TB Demonstration and Training Centre and other TB related programmes or institutes in the state
- Monitor the treatment to Aids infected patients in the state.
- Get aware of the social hazards being faced by the Aids patients and pass the information to IEC unit and other departments to educate the masses in avoiding those
- Monitor and evaluate the effectiveness of treatment to the TB infected patients
- Monitor proper usage of funds allocated for treatment of TB patients and for various activities under National TB control Programme
- Assess the requirement of personnel in handling the TB related activities from time to time, as the requirement of District Surgeon and District Health Officer and communicate to the appropriate authority

Main Accountabilities:

Training Areas:

Job Title: DEPUTY DIRECTOR (PHARMACY)

Reporting To: Joint Director (Medical)

Immediate Level Subordinates:

Basic Function:

Monitor the functioning of different dispensaries and pharmacies situated in all the hospitals in the state. Monitor timely distribution of pharmaceuticals to the dispensaries and their proper storage as per the mandatory norms. Plan for the availability of pharmacists wherever required

Duties, Responsibilities and Authorities:

- *Follow-up of matters connected with Pharmacy units at different locations regarding sending proposals for establishment of Pharmacy/ units, maintenance of pharmacy equipment / blood banks, etc.*
- *Monitor the maintenance of standards in preserving blood, drugs and medicines at the government pharmacies.*
- All matters relating to selection of drug samples in Govt. Medical stores, District stores and other institutions for maintenance of quality standards and arranging analysis in the drug controller's office
- *Receive requisitions from different pharmacies in the state.*
- *Monitor the financial limits of each pharmacy in the state and disburse the drugs*
- *Obtaining permission for procurement of drugs and medicines for different pharmacies in the state.*

Main Accountabilities:

- Timely distribution of drugs to the pharmacies and dispensaries in government hospitals in the state

Training Areas:

- Logistics management
- Indian Drug and Cosmetics Act

Job Title: DEPUTY DIRECTOR - TRAINING

Reporting To: Joint Director – Planning

Immediate Level Subordinates:

-

Basic Function:

Identify the means of aligning the Department's short-term and long-term goals with that of the individual's aspirations and development, offer career planning options and provide induction training and as well the refresher programmes for the people in the department

Duties, Responsibilities and Authorities:

- understand the organization's short-term and long term goals and the expectations from the people in the department
- understand the people's aspirations and provide options to link it to the career planning
- counsel the individuals and provide options for their growth
- Plan for the induction training for the new entrants into the system, coordinate with SIHFW
- Plan for any refresher courses for the technical as well as non-technical people in the department to keep them abreast with the latest knowledge

Main Accountabilities:

- Conduct induction training programme for all the new entrants into the system
- Cover atleast 5 % of the doctors strength in each year for the refresher training course

Training Areas:

- Career counseling methods
- Knowledge about the options available for further growth of the doctors

DISTRICT LEVEL

Job Title: DISTRICT HEALTH AND FW OFFICER
Reporting To: Respective Program Directors and joint Directors of different functionaries of the department.

Immediate Level Subordinates:

- District Malaria Officer
- District Cholera Combat team officer
- District Leprosy Officer
- District Training officer (to coordinate with SIHFW)
- District Surveillance Unit Officer (District epidemiologist)
- District TB Officer
- Regional Assistant Chemical Examiner

Basic Function:

Head of all the activities related to Department of Health & FW of Government of Karnataka at the respective district level. Acts as the single reference point for any information related to public and medical health in the district. Would be coordinating between different functionaries and program / project offices for effective implementation in the district.

Duties, Responsibilities and Authorities:

- All matters relating to Medical institutions in the district except those which are controlled by the Dist. Surgeons and Director of Medical Education.
- Responsible to carry-out activities relating to Health and RCH programmes in the State
- Responsible for Administrative and technical aspects of all the activities and programmes of the directors of different functions in the department.
- Responsible for state government for any queries regarding the health (e.g: spread of epidemic) of the people in the state
- Work as per the instructions issued by the Director of Health & FW services, from time to time.
- Overall responsibility of all the Family Planning activities in the district, in addition to the other Health programmes. Responsible Administratively and technically to the Commissioner - Health
- In consultation with the M.O.H.F. (FW & MCH) he will draw up advance annual and monthly programmes in order to achieve the targets fixed.
- He will visit the IUD and Sterilisation camps and satisfy himself that proper arrangements are made.
- He will see that timely action is taken by the M.O.H. (Family Planning & MCH) regarding stocking and distribution of supplies and equipment.

- He will be responsible for the proper use of all the departmental vehicles for the Family Planning Programme without hindering the programmes for which the vehicles are allotted .
- During the visits to the various Primary Health Centres apart from paying attention to various other schemes, pay particular attention to the Family Planning Programme to see that progress of work is achieved and to take action against such of those who are slake, with a view to gear up the work.
- Arrange for one of the senior members of his staff namely Asst. Director Health Officer, Medical Officer of Health (FP), District Extension Educator, Health Supervisor or District Nursing Supervisor to attend the monthly conference of each primary Health Centre and review the physical progress achieved.
- Arrange a quarterly conference of all Medical Officers under his/her control and review the progress of the Family Planning Programme.
- Responsible to see that the required reports are sent to the State Family Planning Bureau every month by the due date.
- In coordination with the Medical Officer of Health (FP & MCH) he/she will arrange job orientation training for the peripheral staff.
- Responsible for the random check-up of atleast 5% of persons who have IUD placements or sterilisation operations done in the district by Government Institutions). Voluntary organisation and Private practitioners to ensure that the incentives are not misused, and that proper follow up has been ensured.
- He will have full control of his annual budget and will be responsible for expenditure therefore within his powers without recourse to higher authorities thus ensuring that the budget provisions do not lapse.

Main Accountabilities:

Training Areas:

Job Title: **DISTRICT SURGEONS/SUPERINTENDENTS OF MAJOR HOSPITALS**

Reporting To: **District Health Officer**

Immediate Level Subordinates:

- Respective specialists in the hospitals
- Administrative Medical Officer
- Functionaries at CHC and THC
- Nursing supervisor
- Chief pharmacist (Functionally)

Basic Function:

Duties, Responsibilities and Authorities:

- He will be the head of institution and exercise administrative and technical control over the staff of the institution.
- Maintain the quality of patient care according to the standards laid down by the medical care / state government
- Submit to the state government (Office of AD / JD) at intervals, reports on the quality of medical care and working of the medical staff
- Act as an ex-officio member of the management team, be involved in the day-to-day decisions of the hospital at the operating level (can a management team comprising of DHO, DS, CEO ZP and ZP chairman to work at the district level)
- Schedule duties, help scheduling of operating room and any other medical or paramedical services under his/her administration
- Enforce staff rules and discipline the doctors in consultation with the DHO
- Sign hospital medical certificates, reply to correspondence and queries about patients, medical services and paramedical services under his jurisdiction
- Conduct performance review of doctors in consultation with the DHO
- Sanction of leave for Doctors and other functionary who are under his/her office and reporting to him.
- Out patient and in-patient services, Diagnostic services of day-to-day patients.
- Procurement of drugs as per the requirement received from the chief pharmacist in the district/hospital, in consultation with the DHO.
- Issue fitness certificates, old age pension eligibility certificates and physically handicapped to whoever eligible and required

Job Title: **RESIDENT MEDICAL OFFICERS**

Reporting To: **District Surgeon / Superintendent of major hospitals**

Immediate Level Subordinates:

Basic Function:

Duties, Responsibilities and Authorities:

- Monitoring of the maintenance of Drug stores in the hospitals and the availability of medicines as per the requirement of doctors and patients
- Diet supplies of the institution to the inpatients as per mandatory stipulations (clarify)
- Addressing the medico-legal cases and be responsive to the requirement of law & order authorities in answering the queries along with district surgeon.
- Arranging of Casualty services outpatient services, maintenance of cleanliness in the institutions.
- Maintenance of punctuality, discipline, maintenance of environment sanitation in the institution.
- Posting of staff for day-to-day work, providing Ambulance services on requisition, maintenance of Log book etc.,
- Maintenance of the equipment in the institution.

Main Accountabilities:

Training Areas:

Job Title: TALUK HEALTH OFFICER

Reporting To: District Health Officer

Immediate Level Subordinates:

- TLH/CHC/PHC- AMO/MOH/LMO

Basic Function:

Duties, Responsibilities and Authorities:

- Implement all National Health programmes in the taluks through a net work of primary Health centres and other institutions.
- Report day-to-day status of Health condition prevailing in the taluk including epidemics to higher authorities.
- He/she is the reporting authority of all the periodical returns the Taluk duly received from the peripheral institutions and provide feed back to the peripheral institutions & the DH & FWO.
- Exercise supervisory control of all the institutions in the Taluk.
- Represent DHO in Taluk / Panchayat meeting and Gram Panchayat meetings wherever necessary and co-ordinates all the activities of the department such as organising. Eye camps, control of communicable diseases, Sushrusa programme, Malaria control programme, RCH camps, Immunization, T.B. Leprosy and other related matters.
- Arrange for proper distribution of drugs, equipment, materials as supplied by DH & FWO and maintain inventory of all articles received in the Taluk and its proper maintenance.
- Conduct periodical inspection of the institutions and report the matter to the DH& FWQ on all observations made.
- Plan, manage and implement national health & RCH programmes in the Taluk
- Inspect all health organizations on regular basis
- Developmental planning of health institutions
- Sanction casual, normal and restricted leave to all Medical Officers as and when required.
- Prepare confidential reports on Medical Officers and statistical reports of the Taluk.
- Plann steps to prevent the communicable diseases and report the same to District Health & RCH Officers and revenue officers in the Taluk.
- Inspect stores of all health institutions and raise indents with District levels offices for the various medicines and chemicals required for these institutions.
- Organise family planning and eye test camps

- Conduct monthly meetings with Primary Health Centre (PHC), Primary health Unit (PHU) and Community Health Centre (CHC) and review the implementation of various plans.
- Conduct meetings with other departments in the Taluk and co-ordinate in their functioning
- Issue certificates for conducting the various festivals and fairs in the Taluk and take steps to ensure control on diseases.

Any other duties assigned by DH&FWO.

JOB TITLE: **SENIOR HEALTH ASSISTANT**

REPORTS TO: **Medical Officer (PHC)**

IMMEDIATE LEVEL SUBORDINATES

- Junior Health Assistant (Male)

DUTIES, RESPONSIBILITIES AND AUTHORITIES

- Supervise and guide Junior Health Assistant (Male) in rendering the health care services to the community.
- Strengthen the knowledge and skills of the Junior Health Assistant (Male) and also in planning and organising his programme of activities and also prepare assessment reports on him.
- Co-ordinate the activities with those of Junior Health Assistant (female) and other health personnel including Health guides and Dais.
- Assist the medical Officer of the PHC in conducting training programmes for various categories of health personnel.
- Check and indent for the procurement of supplies and equipment at the subcentres.
- Responsible for proper storage of drugs and maintenance of equipment at the subcentre.
- Responsible for scrutinising the maintenance of records by Junior Health Assistants and consolidation of the reports to the Medical officer of the PHC.
- Supervise the work of Junior Health Assistant (Male) during concurrent visits and check 10% of the houses in the village to verify the work.
- Responsible for taking blood smears, radical treatment and spraying of insecticides for controlling Malaria
- Responsible for identification for Kala-azar, Communicable diseases, Leprosy, Tuberculosis and ensure that appropriate control measures are taken.
- Inform the Medical Officer PHC about the defaulters to treatment in cases of Leprosy, tuberculosis etc.
- Help the community in the construction of soakage pits, manure pits, compost pits, sanitary latrines, and safe water sources and also supervise the chlorinating of wells.
- Supervise the immunisation of all children from one to five years and pregnant women.
- Assist Medical Officer PHC in organising Family planning camps and drives and motivate & follow-up cases for family planning.
- Ensure that all cases of malnutrition among children are given necessary treatment and refer serious cases to the PHC.

- Carry out educational activities for control of communicable diseases, environmental sanitation, MCH, Family planning, nutrition, immunisation, dental care and other national health programmes.
- Collect and compile the weekly report of births and deaths occurring in the area and submit them to the Medical Officer PHC.
- Organise and conduct training of community leaders with the assistance of the health team.
- Provide treatment for minor ailments and first aid for accidents and emergencies and refer cases beyond his competence to the PHC.

PARTICIPATION IN COMMITTEES / MEETINGS

- Staff Meetings at PHC
- Fortnightly meetings with Junior Health Assistants at subcentres.

MAIN ACCOUNTABILITIES

JOB TITLE: **SENIOR HEALTH ASSISTANT (FEMALE)**

REPORTS TO: **Medical Officer (PHC)**

IMMEDIATE LEVEL SUBORDINATES

- Junior Health Assistant (Female)

DUTIES, RESPONSIBILITIES AND AUTHORITIES

- Supervise and guide Junior Health Assistant (Female), Dais and female health guides in the rendering of health care services to the community.
- Strengthen the knowledge and skills of the Junior Health Assistant (Female) and also in planning and organising her programme of activities and also prepare assessment reports on her.
- Carryout supervisory home visits in the areas under National health programmes.
- Supervise a referral of all pregnant women for VDRL testing to CHC/Sub-divisional hospital.
- Assist the medical Officer of the PHC in conducting training programmes for various categories of health personnel.
- Check and indent for the procurement of supplies and equipment at the subcentres.
- Responsible for ensuring that the Junior Health Assistant (Female) maintains a general kit and midwifery kit and Dai kit and the clean and proper maintenance of subcentres.
- Responsible for scrutinising the maintenance of records by Junior Health Assistant (Female) and consolidation of the HMIS reports to the Medical officer of the PHC.

- Supervise the work of Junior Health Assistant (Female) during concurrent visits and check 10% of the houses in the village to verify the work.
- Conduct weekly MCH clinics at each sub centres with the help of Junior Health Assistant (Female) and Dais.
- Conduct deliveries when required at PHC and provide necessary domiciliary and midwifery services.
- Conduct weekly family planning clinics at each subcentre and motivate resistant cases for family planning.
- Provide information on services for medical termination of pregnancy, sterilisation and refer the cases for MTP to the approved institutions.
- Help Medical officers in school health services.
- Supervise the immunisation of all children from one to five years and pregnant women.
- Assist Medical Officer HC in organising Family planning camps and drives and motivate & follow-up cases for family planning.
- Ensure that all cases of malnutrition among children are given necessary treatment and refer serious cases to the PHC.
- Carry out educational activities for control of communicable diseases, environmental sanitation, MCH, Family planning, nutrition, immunisation, dental care and other national health programmes.
- Organise and utilise Mahila Mandals, teachers and other women in the community in the RCH programmes including ICDS personnel.

PARTICIPATION IN COMMITTEES / MEETINGS

- Staff Meetings at PHC
- Fortnightly meetings with Health Workers at subcentres.

MAIN ACCOUNTABILITIES

JOB TITLE: JUNIOR HEALTH ASSISTANT (FEMALE)

REPORTS TO: Senior Health Assistant (Female)

IMMEDIATE LEVEL SUBORDINATES N.A.

BASIC FUNCTION

DUTIES, RESPONSIBILITIES AND AUTHORITIES

- Register and provide care to pregnant women through out the period of pregnancy
- Ensure that the pregnant women undergo all the necessary tests like VDRL test
- Conduct about 50% of the total deliveries, supervise deliveries conducted by Dais and refer the cases of abnormal pregnancy to Health Assistant Female or the PHC.
- Responsible for post delivery visits and advise the mother about the maternal and child health, family planning, nutrition and immunisation and diarrhoea control.
- Assess the growth and development of infant and take necessary action to rectify the defect.
- Responsible for spreading the message of family planning to the couples and distribute conventional and oral contraceptives to the couples.
- Identify women leaders in the area for promoting RCH programmes and participate in Mahila Mandal meetings and utilise such gatherings for educating women in RCH programmes.
- Identify women requiring medical termination of pregnancy and refer them to the approved institutions and educate them about the services.
- List the dais in the area and help the Health Assistant in training them.
- Notify the Medical Officer PHC about the abnormal increase of communicable diseases and administer presumptive treatment wherever necessary.
- Maintain all the records relating to register of pregnant women from three months onwards, Maternal and child care records and submit prescribed monthly report to the Health Assistant (Female)
- Co-ordinate the activities with Health Worker (Male) and other health workers including the Health guides and Dais.
- Help the medical officers in school health services.

PARTICIPATION IN COMMITTEES / MEETINGS

- Staff Meetings at PHC/Community Development Block

MAIN ACCOUNTABILITIES

JOB TITLE: JUNIOR HEALTH ASSISTANT (MALE)

REPORTS TO: Senior Health Assistant (Male)

IMMEDIATE LEVEL SUBORDINATES N.A.

BASIC FUNCTION:

DUTIES, RESPONSIBILITIES AND AUTHORITIES

- Identify the people affected with Malaria and take the blood smears and begin presumptive treatment under NMEP.
- Co-ordinate with the village health guides about the spray dates for the insecticides and intimate the houses in the village.
- Enquire about the presence of Kala-azar, Japanese Encephalitis etc and will guide the suspects to the PHC or CHC for diagnosis and treatment.
- Identify the cases of communicable diseases, Tuberculosis and Leprosy inform the Health Assistant (Male) and Medical Officer (PHC) about these cases and also undertake the control measures.
- Undertake chlorinating of public water sources at regular intervals and educate the community on environmental sanitation.
- Administer DPT vaccine, oral polio vaccine, measles vaccine and BCG vaccine to all the infants and children in his area in collaboration with Health Worker Female.
- Assist the Health worker female in administering the immunisation to all pregnant women, and also for school immunisation programme
- Educate the people in the community about the importance of immunisation against the various communicable diseases.
- Responsible for spreading the message of family planning to the couples and distribute conventional and oral contraceptives to the couples.
- Identify male community leaders in the area and train them for promoting RCH programmes.
- Identify women requiring medical termination of pregnancy and refer them to the approved institutions and inform the Health Worker (Female)
- Identify cases of malnutrition among the children and arrange for necessary treatment and educate the parents about the nutritious diet.
- Provide treatment for minor ailments and first aid for accidents and emergencies and refer cases beyond his competence to the PHC.
- Enquire about births and deaths occurring in his area and report to the Health Assistant (Male)

- Prepare maintain and utilise family and village records, maps and charts of the village, record of people undergoing treatment for TB and Leprosy and submit periodical reports to Health Assistant (Male)

PARTICIPATION IN COMMITTEES / MEETINGS

- Staff Meetings at PHC/Community Development Block

MAIN ACCOUNTABILITIES

JOB TITLE:

LABORATORY TECHNICIAN

REPORTS TO:

Medical Officer - PHC

IMMEDIATE LEVEL SUBORDINATES

N.A.

BASIC FUNCTION

DUTIES, RESPONSIBILITIES AND AUTHORITIES

- Maintain the cleanliness and safety of the laboratory
- Ensure that the glassware, microscope and equipment are kept clean and well maintained.
- Ensure Sterilisation of equipment as and when required.
- Ensure the safe disposal of specimens and infected material.
- Maintain the necessary records of investigations done and submit the reports to the Medical Officer, PHC.
- Prepare monthly reports regarding his work and submit to the Medical Officer, PHC.
- Indent for supplies required at the laboratory through the Medical Officer, PHC and ensure the safe storage of the received material.
- Carry out examination of urine, stools, blood, sputum, skin and smears for leprosy patients, semen, throat swabs, drinking water and aldehyde test.
- Responsible for maintenance of all records and slides examined by him for Malaria and get them confirmed by the Medical Officer, PHC
- Maintain the daily progress and output register of blood slide examination and a backlog chart of pending radical treatment under NMEP.

PARTICIPATION IN COMMITTEES / MEETINGS

- ♦ Staff Meetings at PHC

MAIN ACCOUNTABILITIES

JOB TITLE:

MEDICAL OFFICER – PHC

REPORTS TO:

Taluk Health Officer / District Health Officer

IMMEDIATE LEVEL SUBORDINATES

Health Assistants (M/F)

DUTIES, RESPONSIBILITIES AND AUTHORITIES

1. Organise the dispensary, outpatient department and allot duties to the ancillary staff to ensure smooth running of OPD.
2. Attend to the cases referred to him by Senior Health Assistants, Junior Health Assistants, Health guides and Dais from sub-centre level and refer the cases needing specialised medical attention to referral institutions.
3. Visit the subcentres in the area once in a fortnight to supervise the work and provide curative services.
4. Ensure that the health team is fully trained in various national health & RCH programmes and prepare the operational plans for ensuring effective implementation as per the targets.
5. Provide basic MCH services, implement nutrition and universal immunisation programmes
6. Responsible for proper and successful implementation of Family Planning programmes like Vasectomy, Tubectomy, IUD and MTP in the PHC area.
7. Responsible for administrative and technical matters relating to Malaria Eradication & Vector control programmes in the PHC area.
8. Responsible for all anti Kala-azar and anti Japanese Encephalitis operations in his area.
9. Responsible for regular reporting to District Malaria Officer/Civil Surgeon in terms of monitoring, record maintenance and maintenance of adequate provisions of drugs etc.
10. Provide facilities for early detection and cases of Leprosy, Tuberculosis, and blindness and ensure that all cases take regular and complete treatment.
11. Responsible for control of communicable diseases and the proper maintenance of sanitation in the villages and take action in case of any outbreak of epidemic.
12. Ensure that all the cases of STD are diagnosed and properly treated and provide facilities for VDRL test for all pregnant women at the PHC.
13. Visit various schools for ensuring health programmes,
14. Proper management of cases of diarrhoea and referral of serious cases to the hospitals.
15. Responsible for organising and conducting training under Medical and Para Medical personnel scheme and school health service schemes.

PARTICIPATION IN COMMITTEES / MEETINGS

- ◆ Staff Meetings at PHC

MAIN ACCOUNTABILITIES

JOB TITLE:

LADY MEDICAL OFFICER

REPORTS TO:

Medical Officer, PHC

IMMEDIATE LEVEL SUBORDINATES
Workers

Health Assistants & Health

DUTIES, RESPONSIBILITIES AND AUTHORITIES

1. Ensure that all the necessary steps are being taken for the control of communicable diseases in the village and report the outbreak of an epidemic to Medical Officer in-charge.
2. Responsible for diagnosing and treating Kala-azar and Japanese Encephalitis patients and also for arranging spray activities in the area under the supervision of Medical Officer in-charge at PHC.
3. Supervise and guide Health Assistants and workers in effective implementation of Maternal and Child Health, immunisation programme, family planning and nutrition programmes.
4. Arrange for the medical check-up at schools and treatment of students found to have defects.
5. Ensure that all the steps are being taken for provision of safe drinking water and improvement of environmental sanitation at the villages.
6. Participate in community involvement in the nutrition programme and safe water supply and environmental sanitation programmes.
7. Responsible for organising camps, meetings, health education talks, and involve Health Assistants and workers in these activities promoting health education.
8. Organise and conduct training for health guides, primary school teachers and dais for field training in community health programmes.
9. Assist Medical Officer, PHC in staff development and training programmes for staff at PHC, subcentres
10. Assist Medical Officer, PHC in conducting field investigations for planning changes in strategy for effective delivery of health services.
11. Ensure adequate supply of kits, medical drugs, contraceptives, vaccine, equipment etc at PHC and subcentres.
12. Obtain the reports from the periphery, analyse and interpret the data and utilise the finding for successfully implementing the health programmes in the area.
13. Scrutinise the work plans of Health Assistants and Health workers and supervise the maintenance of the prescribed records at the subcentre level.

PARTICIPATION IN COMMITTEES / MEETINGS

- ◆ Village Health Committee/Village Panchayat Meetings
- ◆ Monthly Staff meetings at PHC

JOB TITLE:

BLOCK EXTENSION EDUCATOR

REPORTS TO:

District Health Education Officer

IMMEDIATE LEVEL SUBORDINATES

DUTIES, RESPONSIBILITIES AND AUTHORITIES

1. Collate information on MCH, Rural development education, social welfare and other programmes and utilise the same for programme planning.
2. Collect and maintain data on mortality, protection and immunisation rates and utilise the same for work under FW & MCH programme.
3. Co-ordinate with the local voluntary agencies for training in health and RCH and will assist the Medical health officer in conducting these programmes.
4. Maintain complete set of education aids for training purposes.
5. Act as a resource person at the block level FW committee and ensure proper functioning of these committees in the catchment area of PHC.
6. Liason with the media units of other departments, NGOs and organise mass communication programmes like film shows exhibitions, lectures, dramas with the help of District Health Education Officer.
7. Responsible for all educational, motivational and communication programmes in PHC area.
8. Ensure supply and utilisation of information and educational material to health workers and development functionaries including those of voluntary agencies.
9. Support, guide and supervise the field workers in the area of information dissemination, education and motivation.
10. Give special attention to resistant couples and drop out by problem solving methods and committees.

PARTICIPATION IN COMMITTEES / MEETINGS

- ◆ Block level RCH Meetings
- ◆ Monthly Staff meetings at PHC

MAIN ACCOUNTABILITIES

JOB TITLE:

DISTRICT PUBLIC HEALTH EDUCATION OFFICER

REPORTS TO:

District Public Health Officer

IMMEDIATE LEVEL SUBORDINATES

- Block Health Educators
- Block Extension Educators

BASIC FUNCTIONS:

Evaluate the requirement, plan and execute the health education among the people in the district. Should use his offices to educate the people and thus suggest any precautionary/remedy measures for sort of issue, which can be addressed easily. Should effectively use any melas / any big gatherings of people in spreading the message.

All the matters relating to the Health Education will be routed through him/her to the District Health & F.P. Officer. He/she is the Technical Assistant to the District Health & FP. Officer, in Health & Family Education matters.

DUTIES, RESPONSIBILITIES AND AUTHORITIES

1. Evaluate the health education related requirements among the people in the district and submit reports to the office of Joint Director – Health Promotion and DHO
2. Plan and co-ordinate all the health education activities in the district in collaboration with official and non-official agencies.
3. Determine the relative applicability of the different communication methods including traditional media, in relation to the local circumstances and ensure through feedback to All India Radio, State Health Education Bureau, State Mass Media Wing the contents of such communication are locally relevant and effective.
4. Guide the Block Health educator in preparing talking points.
5. Assess the needs of the educational equipment and materials and arrange for their procurement/ production, maintenance, distribution and utilisation in the Health Centre.
6. Plan alternate approaches in Health Education and arrange for extra inputs through different media depending upon the needs.
7. Assist the State Health Education Bureau and Mass Media wing in identifying the areas of concern and conducting studies
8. Develop one Primary Health Centre as a Field study demonstration area in the District, preferably near to the district headquarters.
9. Solicit technical guidance and direction from the State Mass Media Wing and the State Health Education Bureau for reaching out to the people more effectively.
10. Arrange and conduct in-service training (job orientation) to the newly appointed field staff making use of the field study and demonstration material.
11. Identify special groups such as factory workers, plantation labour, government employees, teachers, etc and conduct orientation training involving medical officers of Health and paramedical workers in the Primary Health Centres.
12. Organise education campaign on occasions such as epidemics, family planning, immunization etc.
13. Organise exhibitions and cultural programmes at important centres during special occasions like festivals and fairs.
14. Supervise and guide the Block Health Education Officers and Block Extension Educators and arrange for the quarterly meeting.

PARTICIPATION IN COMMITTEES / MEETINGS

- Quarterly meeting with Block Health education officers and Block extension educators.

- Monthly meeting with the DHO to draw his attention for coordination between different functionaries in the district (PHC level to the district hospital).
- *Quarterly meeting with the Joint Director (Health Promotion) along with other District Health Education Officers to know the progress in other districts vis-à-vis theirs and discuss about any joint / mutually complementary programmes among themselves*

Arrange for quarterly meeting of the Block Health Educators at the District under the Chairmanship of District Health & F.P. Officer.

- Obtain and review the reports of Block Health Educators and Deputy Health Education Officers and submit a consolidated report to the District Health & FP. Officer
- Tour at least 15 days in a month and make ten night halts.
- Visit each PHC at least once in three months.

Training Areas

JOB TITLE: **STAFF NURSE**

REPORTS TO:

- Nursing Supervisor (Sister)
- Medical Officer in-charge PHC/CHC
- District Surgeon in District Hospitals

IMMEDIATE LEVEL SUBORDINATES

- Ward Staff

BASIC FUNCTION

Staff Nurse is a first level professional nurse who provides direct patient care to one patient or a group of patients assigned to her/him during duty shift, and assist in ward management and supervision.

DUTIES, RESPONSIBILITIES AND AUTHORITIES

- Responsible for admitting and discharging patients and maintain clean and safe environment
- Maintain personal hygiene and comforts of the patient and attend to the nutritional needs of patient and feed helpless patients.
- Perform technical tasks like administration of medication, assisting doctors in various medical procedures and the patient care.
- Update case sheet of patients under their care as per prescribed norms.

- Follow doctors' rounds and help them in diagnosis and treatment in the absence of Nursing Supervisor.
- Co-ordinate patients care with various health team members.
- Responsible for keeping the ward neat and tidy.
- Handover and takeover the patient and ward equipment and supply.
- Maintain safety of the ward equipment.
- Assist ward supervisor/sister in ward management and officiates in her/his absence and assist in taking inventories.
- Supervise students and other junior nursing personnel working with her/him and maintain ward record and reports assigned to her/him.
- Participate in clinical teaching both planned and incidental.
- Teach and guide domestic staff and help in orientation of new staff.
- Participate in staff education programmes and guide student nurses.

PARTICIPATION IN COMMITTEES / MEETINGS

-

MAIN ACCOUNTABILITIES

JOB TITLE: **NURSING SUPERVISOR (SISTER)**

REPORTS TO: _____

- Nursing Superintendent (hospitals above 400 bed strength) or
- Medical Officer in-charge (PHC/CHC) or
- District Surgeon (Other hospitals including District Hospital)

IMMEDIATE LEVEL SUBORDINATES

- Staff Nurse

BASIC FUNCTION

Nursing Supervisor is accountable for the nursing care management of a ward or a unit assigned to her. She is responsible to the Nursing Superintendent/Assistant Nursing Superintendent for her ward management. She takes full charge of the ward and assigns work for various categories of nursing and on-nursing personnel working with her. She is responsible for safety and comfort of the patients in her ward. In a teaching hospital she is expected to ensure good learning fields.

DUTIES, RESPONSIBILITIES AND AUTHORITIES

- Plan nursing care and make patients assignment as per their nursing needs.
- Assist in the direct care of the patient as and when required and to see the total health needs of her patients are met.
- ensure safety, comfort and good personal hygiene of her patient.
- take nursing rounds with staff and students and to ensure that proper observation records of the patients are made and necessary information imparted to the concerned authorities.
- Review case sheets updated by the staff nurses on a regular basis
- make rounds with doctors and assist him in diagnosis and treatment of his patients.
- implement doctor's instructions concerning patient treatment.
- assist patients and their relatives to adjust in the hospital and its routine and also co-ordinate patient care with other departments.
- ensure safe and clean environment for the ward
- Responsible for preparation of duty and work assignment plans, ward statistics, indent ward stores and check inventory at regular intervals.
- make list for condemnation of articles and submit to all the concerned.
- establish and reinforce ward standards prescribed in the procedures and manuals of the ward and the hospital and policies that are in force.
- act as a liaison officer between ward staff and hospital administration and also maintain good public relation in her ward.
- write confidential reports of her reporting staff.
- organise orientation programmes for new staff and guides in formulation of nursing care studies and nursing care plans etc.
- evaluate nursing students performance and submit reports to the school authorities.
- help in medical and nursing research.

PARTICIPATION IN COMMITTEES / MEETINGS

- Ward conferences and meetings

MAIN ACCOUNTABILITIES

- Hospital infection control
-

JOB TITLE: **NURSING SUPERINDENT**

REPORTS TO: **Medical Superintendent**

IMMEDIATE LEVEL SUBORDINATES

- Nursing Supervisor (Sister)

BASIC FUNCTION

Nursing superintendent is responsible to the Medical Superintendent in a hospital having 400 or above bed strength. She is accountable for the safe and efficient running of the various Nursing departments in the hospital.

DUTIES, RESPONSIBILITIES AND AUTHORITIES

- Responsible for setting up the higher standard of professional conduct.
- Plan and administer rules and regulations to maintain efficient nursing services.
- Implement recommendations and regulations that are issued from time to time by DHS/DME or Medical superintendent of the hospital.
- Make regular visits to hospital kitchen and supervision rounds of all hospital wards and departments.
- Secure the necessary equipment, linen and ensure good nursing care.
- Receive reports from the night duty nursing supervisors and analyse them for any corrective actions
- Organise in-service education programme and orientation to new staff.
- Ensure adequate supply of cleaning materials and ensure cleanliness of hospitals and environment.
- Arrange for the proper disposal of hospital waste especially in relation to Hepatitis and HIV etc.
- Prepare budget for the nursing services in collaboration with the other staff.
- Sanction casual leave arrangements for warned leave and days off etc. for ????
- Conduct the following activities for school of nursing attached to the hospital
 - Carry on periodical inspection of nurses' hostel and attend to the complaints and welfare of student nurses.
 - Counsel and guide the staff members and ensure discipline at nurses' hostel.
 - Ensure proper care of student nurses during illness and arrange for regular health checkup.
 - Assist school of nursing in selection of student nurses.
 - Arrange for teaching programme, practical experience and examinations in collaboration with the School of nursing.
- Responsible for maintaining attendance register, leave register, duty rosters and health records of the staff members.

JOB TITLE: **SENIOR PHARMACIST**

REPORTS TO: **Chief Pharmacist**
 Administrative Medical Officer / Resident Medical Officer

IMMEDIATE LEVEL SUBORDINATES

- Junior Pharmacist

DUTIES, RESPONSIBILITIES AND AUTHORITIES

- Responsible for Main stores, Sub-Stores, Dispensary and I.V. Fluid sections.
- To ensure preparation and updation of the indents, day book of receipts, issue register, inventory stock book, Bin card, expiry date register, drug sampling, statistical data of demand and supply of drugs and test reports and inspection book at main stores, sub-stores, dispensary and I.V.Fluid manufacturing section.
- To verify in random the items received in respect to order placed, label specification, volume/weight/measurement with respect to label claims and for consistency.
- To carry out qualitative simple physico – chemical tests to ascertain the quality of drugs and maintain a record of such works and submit his observations to the Chief Pharmacist/ RMO / AMO and also about such drugs failing to pass the qualitative tests.
- To maintain the stores in clean and hygienic conditions.
- To keep all Poisonous drugs, expensive drugs, narcotic and psychotropic drugs separately under lock and key as per technically viable administrative directions.
- Responsible for preparation of annual expenditure programme within the budget allocations and needs of the hospital.
- Responsible for disposal of expired drugs.
- To assist the Chief Pharmacist/Graduate Pharmacist in manufacturing and testing of I.V.Fluid including animal house maintenance.
- To prepare the mixtures and formulations and dispense the drugs as prescribed by the Medical Officer.
- To participate in various Health education programmes of the institution and in the therapeutic assessment of quality of drugs in the hospital.
- To attend to emergencies in the absence of Medical officer in rendering first aid and common ailments.
- To dispense the OPD drugs for common ailments without prescription in the absence of Medical officer in-charge.

DISTRICT HEALTH AND FAMILY PLANNING OFFICER.

- a. He will be in overall charge of all the Family Planning activities in the district, in addition to the other Health programmes. Responsible Administratively and technically to the Director of Health & FP. Services and state Family Planning Officer.
- b. In consultation with the M.O.H.F. (FP & MCH) he will draw up advance annual and monthly programmes in order to achieve the targets fixed.
- c. He will visit the IUD and Sterilisation camps and satisfy himself that proper arrangements are made.
- d. He will see that timely action is taken by the M.O.H. (Family Planning & MCH) regarding stocking and distribution of supplies and equipment.
- e. He will be responsible for the proper use of all the departmental vehicles for the Family Planning Programme without hindering the programmes for which the vehicles are allotted.
- f. During his visits to the various Primary Health Centres apart from paying attention to various other schemes, he will pay particular attention to the Family Planning Programme to see that progress of work is achieved and to take action against such of those who are slake, with a view to gear up the work.
- g. He will be responsible to arrange for one of the senior members of his staff namely Asst. Director Health Officer, Medical Officer of Health (FP), District Extension Educator, Health Supervisor or District Nursing Supervisor to attend the monthly conference of each primary Health Centre and review the physical progress achieved.
- h. He will arrange a quarterly conference of all Medical Officers under his control and review the progress of the Family Planning Programme.
- i. He will be responsible to see that the required reports are sent to the State Family Planning Bureau every month before the due date.
- j. In connection with the Medical Officer of Health (FP & MCH) he will arrange job orientation training for the peripheral staff.
- k. He will be responsible for the random check up of atleast 5% of persons who have IUD placements or sterilisation operations done in the district by Government Institutions). Voluntary organisation and Private practitioners to ensure that the incentives are not misused, and that proper follow up has been ensured.
- l. He will have full control of his annual budget and will be responsible for expenditure therefore within his powers without recourse to higher authorities thus ensuring that the budget provisions do not lapse.

GOVERNMENT OF KARNATAKA

TASK FORCE ON HEALTH AND FAMILY WELFARE

A Commissioned Research Study

REVIEW OF EXTERNALLY AIDED PROJECTS IN THE CONTEXT OF
THEIR INTEGRATION INTO THE HEALTH SERVICE DELIVERY IN
KARNATAKA

By

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PROJECT REPORT: Review of Externally – Aided – Projects (EAPs) in the context of their integration into Health Service Delivery in Karnataka.

A: Introduction

Since the early 1970's the Karnataka Government has negotiated and received various grants and loans from international funding agencies, including the World Bank, for health related projects that supported the growth and strengthening of primary and secondary health care services in the state. These externally aided projects have had their own particular focus; objectives; framework; operational strategies; and management information systems geared to support and or enhance both quantitatively and qualitatively, different aspects of Health Sector Development in the state. Each of them has their own cycles of mid-term reviews and concurrent reviews. The Human Development in Karnataka Report 1999 described five of these (see box).

Currently there are however atleast ten major externally aided health projects in the state- IPP VIII, IPP IX, KHS DP, OPEC, KfW, RCH, RNTCP, NACO, NLEP, DAN-PCB being implemented through the Government and Directorate of Health and Family Welfare Services. In addition UNICEF has provided project support to different health related sectors including Child Development and Nutrition; Water and Environmental Sanitation; Education; Child Protection; Communications and Strategic Monitoring. For the purpose of this Review all UNICEF Projects have been taken together as one and NLEP has been left out for unavoidable reasons. Health related externally aided projects, e.g. for nutrition, water supply and sanitation, implemented through other departments are not included under the scope of this review.

The Karnataka Task Force in Health, while reviewing these projects in their interactive and informal discussions and deliberations have raised some important questions for review and enquiry:

- i) What are the learning points from each of these projects?
- ii) How can they be integrated into the health system incorporating beneficial points and avoiding distortions.
- iii) What has been their experience concerning issues of sustainability, accountability and transparency.

In the late 1990's, policy researchers, academicians and decision-makers have also begun to seriously review the "piecemeal pursuit of separately financed projects" as against "the evolving options of more appropriate sector wide approaches". This is linked to the growing recognition of some of the problems associated with single

Important externally assisted health projects

Karnataka Health Systems Development Project (KHSDP)	The Karnataka Health System Development Project is proposed to be implemented over five years (1996-2001) with assistance from the World Bank. Its main objectives are improvement in the performance and quality of health care services at the subdistrict and district levels, narrowing current coverage gaps and improving efficiency. Major components include improvement of the institutional policy framework, strengthening implementation capacity, development of a surveillance system, extension and renovation of all secondary level hospitals, improvement of their clinical effectiveness and establishment of a properly functioning referral system. The project outlay is Rs. 546 crores.
Kreditanstalt für Wiederaufbau (KfW)	The KfW of Germany is financially assisting a project in the four districts of Gulbarga division with objectives similar to those of the KHSDP. The project outlay is Rs.59 crores of which 90% is being provided by KfW as a grant. The project was launched in 1998.
India Population project (IPP) VIII	IPP VIII is being implemented in the slums of Bangalore since 1993-94 with World Bank assistance. Major objectives are improvement in maternal and child health and reduction of fertility among the urban poor. Strategies adopted include involving the community, improving the quality of services provided by the City Corporation, strengthening existing delivery services, establishing new facilities and providing services at the doorsteps of the urban poor. The project cost is Rs.39 crores.
India Population project (IPP) IX	This is the fourth in the series of India Population projects following IPP I and IPP III. The project is under implementation since 1994 in 13 districts. The main objectives are reduction in the crude birth and death rates as well as the infant and maternal mortality rates and increase in the couple protection rate. Strategies adopted include the promotion, strengthening and delivery of services through the involvement of the community and improvement in the quality of services by providing training and strengthening the monitoring and evaluation systems. The project outlay is Rs. 122 crores.
Reproductive and Child Health Services (RCH) Project	<p>The Reproductive and child Health Services Project marks a change in the existing culture of achieving targets by shifting to a policy of provision of quality services. The project helps clients meet their own health and family planning needs through the full range of family planning services. It is a natural expansion of the earlier child survival and safe motherhood programme which was under implementation till 1996. It also includes the treatment of reproductive tract infections, sexually transmitted infections and the prevention of AIDS. All the districts of the state are proposed to be covered under the project.</p> <p>The budget for RCH project for five years (1997-98 to 2002-03) is Rs. 190 crores.</p>

Source : Human Development in Karnataka – 1999

focus sector project assistance, which include:

- Fragmentation;
- Conflict and or duplication;
- Donor driven agendas;
- Recurrent operational costs;
- Undermining of national capacities,
- Lack of flexibility,
- Varying standards of provisions, and
- Issues of ownership.

This short-term interactive review has been undertaken to explore some of these issues and address these concerns in the context of the Task Force recommendations for the Health Sector development policy for the state.

Within the time constraints, the researchers have tried to achieve the following:

- a) Review all the externally aided projects not just individually but in their collective context reviewing available documentation as well as interacting with programme managers.
- b) Using a SWOT approach, trying to identify the key strengths, weaknesses as well as opportunities and threats (distortions) from all these projects.
- c) Trying to do this review in such a way so that the stakes of programme managers and hopefully the Health Directorate to learn from project experience and address seriously the concerns and issues of sustainability and integration are enhanced especially by improving in-house capacity and system development.

(See Appendix "A" for Project protocol and issues and questions to be addressed.)

B: General Description of EAP's

Table I shows the 10 EAPS included in the review. From the table the following key general observations on EAP's in Karnataka can be made.

1. Number

- There are ten EAP's which contribute to the Health Service Delivery in the state. (NLEP has not been included in the review fully).

2. Programmes / Projects

- While some are state components of GOI programmes (RCH, RNTCP, NPCB, KSAPS, UNICEF); others are state level projects (eg. KHSDP, IPP – VIII, IPP – IX, KfW, and OPEC)

3. World Bank : Main player

- While UNICEF and DANIDA have been long standing partners since 1970's the World Bank has become the key partner now supporting six out of the ten projects (this is particularly so since the 1990's) and there is reason to believe that since the World Bank takes over as the key player the other funding partners are getting some what sidelined or ignored.

4. Grant to Loans in the 1990's

- While the earlier bilateral donors were providing grants like UNICEF and DANIDA, the trend in the 1990's has increasingly moved towards more loan component in the projects with varied interest rates and associated conditionalities. The World Bank support being mainly in this category it is therefore even more important today to ensure that these funds are utilized efficiently with greater accountability and transparency since if they were misutilised then we would have the double problem of ineffective utilization coupled with a debt burden.
- The German government (KfW) and the Organisation for Petroleum Exporting Countries through the OPEC fund have joined World Bank in supporting primarily infrastructure development. The former is a grant and the latter is a soft loan to be paid over a twelve year period after a five year initial gap.

5. Stand alone

- □ Each of these projects are relatively distinct entities with clear cut objectives, framework, programmes and though they have to be complementary or supplementary to each other due to overlap at the field level (similar districts, health centres, health teams) this is not at all emphasized in the project reports or

built into their outlines. There is a fair degree of compartmentalization and hence they mostly stand alone with little dialogue between projects and seldom visualized as smaller components of a larger strategic plan. Even though presently the KfW project utilizes the engineering division and other resources from KHSDP, this linkage was not originally planned and took place only because the ZP engineering divisions envisaged to make decentralised decisions could not maintain requisite standards.

TABLE - I

**Externally Aided Projects in Health Service Delivery in Karnataka
GENERAL DESCRIPTION**

S.No / Name	Year of Starting	Main Source of Funds*	Total Project Size**	Period
1. India Population Project IPP VIII (Family welfare - urban slums project)	1993-94	<u>World Bank</u> a. Improvement in MCH & Fertility Reduction in Bangalore's urban slums b. Extended to 11 cities and towns due to savings and differences in Foreign exchange conversion rates.	39 Crores (387.2million) Part Loan / Part Grant	1993-2001 (in phases)
2. India Population Project IPP IX (Strengthening of Family welfare and MCH services)	1994	<u>World Bank</u> Reduction in CDR/ CBR & IMR in Rural areas through PHC Strategy. (13 Districts)	122 Crores (1220.9million) Part Loan / Part Grant	Launched in 1994
3. Karnataka Health Systems Development Project (KHSDP)	1996	<u>World Bank</u> Improvement of Quality and Performances of Health care at District and subdistrict level	546 Crores (109 per year) Part Loan / Part Grant	1996 -2001 5yrs
4. Kreditanstalt fur Wiederaufbau(KfW)	1998	<u>KfW of Germany</u> Improvement of Quality and Performance of Health care at District and subdistrict level (Gulbarga Division 5 backward districts)	59 Crores (0.38 million DM) Grant	Launched in 1998

S.No / Name	Year of Starting	Main Source of Funds	Total Project Size	Period
5. Organisation of Petroleum Exporting Countries Fund for International Development (OPEC)	1991	<u>OPEC Fund</u> 350 Bed Multi specialty hospital in Raichur.	29.25 Crores (OPEC - 90% 25.7 crores) Soft loan	Agreement in 1991
6. Reproductive and Child Health Services (RCH) Project	1997	<u>World Bank</u> Improving Quality of Family Welfare Services	190 crores 38 crores/year. Part Loan / Part Grant	1997 - 98 - 2003
7. Karnataka States AIDS Control (Karnataka State AIDS Prevention society)	1999	<u>World Bank</u> Reducing the rate of growth of HIV infection in the state and in strengthening the states capacity to respond to HIV/ AIDS	7 Crores (2000-01) Part Loan / Part Grant	1999- 2004
8. Revised National TB control programme (RNTCP)	1994	<u>World Bank</u> Supporting new approaches to effective TB control in state using SCC/ DOTS and other components.	Phase III 18.3 Crores Part Loan / Part Grant	1994- Neelasandra 1998 Entire Bangalore corporation 1996 - Chitradurga Bellary Raichur Bijapur 1999 - Davangere Koppal Bagalkote
9. National Programme for control of blindness (DANPCB) now NPCB - K	1990	<u>DANIDA</u> To reduce prevention of blindness from 1.4% to 0.3% by 2000 AD	3 Crores 30 million Grant	Till 2001
10. UNICEF-GOK Programme of Cooperation in 2001.	1970's	<u>UNICEF</u> To promote comprehensive and holistic survival, growth and development of children in the state	6.3383 Crores (2001) Grant	UNICEF has been supporting concurrently since 70's.

* All these projects have a contribution from state or central government respectively.

** See Table V and VI for further details.

C: Project Goals, Focus and Distribution of EAP's

A perusal of **Table II** on the project goals, focus and distribution helps to identify certain significant trends.

1. Primary Vs Secondary

- 7 out of 10 projects support Primary Health care level while 3 out of 10 projects support secondary care level (one of three also support Tertiary care).
- If the project costs / budgets are taken into account as a sign of priority or emphasis then only thirty three percent (386 crores) is on primary care and sixty six percent (634 crores) focussed on secondary and tertiary care. (Using project size as a general indicator)

2. Comprehensive Vs Selective

- Within the Primary Health Care group two of the projects IPP IX and UNICEF are more comprehensive in their design focussed on 'Urban and Rural' primary health care and child health (and social development) respectively, but the remaining five are more selective primary health care strategies with RCH being a slightly more composite package and the remaining three being focussed vertically on single disease problem of AIDS, TB, and Cataract Blindness.

3. Population agenda

- Even IPP VIII and IPP IX are strongly driven by the Family planning or population agenda with health needs other than fertility related, getting much less focus.

4. Diversity and overlap

- When the objectives and goals of these EAP's are reviewed collectively then the following observations can be made (refer **Table II**)
 - Each project is relatively multidimensional with different components and strategies. At the implementation level some components get more emphasized than others.
 - The objectives vary from very general ones to very specific outcome oriented ones as seen in AIDS, TB, and Blindness control.

TABLE - II

**Externally Aided Projects in Health Service Delivery Karnataka
OBJECTIVES/ FOCUS / REGIONAL DISTRIBUTION**

S.No/ Name	Objectives/ Goals	Focus	Regional Distribution
1. IIP VIII	<ul style="list-style-type: none"> • Delivery of FW & MCH to urban poor and promote CS & SM. • Reduce Fertility rate and promote late marriages. • Promote male participation in FP. • Awareness and action for personal hygiene, better environment and prevention of diseases • Non Formal Education (NFE) and vocational training for women • Promote Female Education 	<ul style="list-style-type: none"> • Urban Poor / Selective Primary Health Care focussed on FW+MCH+CSSM+ 	<ul style="list-style-type: none"> • Bangalore urban slums. • 0.851 million population of urban poor in about 500 slums in an area of 225 sq. kms.
2. IIP IX	<ul style="list-style-type: none"> • Implement a program sustainable at village level to reduce CBR, IMR and MMR and increase CPR (Couple protection rate) through • Involve community in promoting delivery of family welfare services. • Strengthen delivery of services by support to drugs, kits, supplies to TBA's SC and PHC, mobility of ANM's; buildings of center and residential accommodation. • Training to Personnel and TBA's, Community leaders and voluntary workers. • Strengthen Monitoring and evaluation by MIES (from district to state level) 	<ul style="list-style-type: none"> • Rural (Family welfare and MCH) • Primary Health care Focus 	<ul style="list-style-type: none"> • <u>Civil works Focus</u> Bellary, Chickmagalur, Dakshina kannada, Hassan, Kodagu, Mandya, Mysore, Uttar kannada, Shimoga, Chitradurga, Belgaum, Bijapur, Gulbarga • <u>IEC / MIES Focus</u> In all districts

S.No/ Name	Objectives/ Goals	Focus	Regional Distribution
3. KIISDP	<ul style="list-style-type: none"> Improvement in performance and Quality of Health Care services at District and Subdistrict level Narrowing the current coverage gaps by facilitating access to health care delivery. Achievement of better efficiency in the allocation and use of health resources. <p>By</p> <ul style="list-style-type: none"> -Strengthening implementation capacity. - Strengthening delivery of service. - Improving functioning of referral. - Establishing effective surveillance system. - Improvement of cost recovery mechanisms. - Improving access to disadvantaged sections SC/ST/women 	<ul style="list-style-type: none"> Secondary level health care - To provide critical support to PHC Networks - Establish essential linkages with tertiary level. 	<ul style="list-style-type: none"> <u>Renovating = 70</u> CHC – 14 Taluk Hospital – 34 Sub Dist HQ Hospital – 9 District Hospital – 6 Women & Children Hospital – 5 Epidemic Diseases Hospital – 2 <u>Extending = 131</u> CHC – 28 Taluk Hospital – 71 Sub Dist. HQ. Hospital – 16 District Hospital – 9 Women & Children Hospital – 6 Epidemic Diseases Hospital – 1 Grand Total = 201

S.No/ Name	Objectives/ Goals	Focus	Regional Distribution
4. KIW	<ul style="list-style-type: none"> Significant Improvement in the Health status of socio-economic backward region / state. Setting up a Comprehensive referral system in the division through strengthening and revamping secondary hospital network. Sustainability of Infrastructure and Equipment. Increase Sustainability of Health care. 	<ul style="list-style-type: none"> <u>Secondary level</u> Gulbarga district. (Northern disadvantaged districts) Renovation and upgradation of facility. Improvement of Maintenance Improving Sustainability through fee collection. 	<ul style="list-style-type: none"> <u>Gulbarga Division</u> Bidar - 6 hospitals Bellary - 10 Gulbarga - 18 Raichur - 13 47 hospitals 26 in Phase One 21 in Phase Two
5. OPEC	<ul style="list-style-type: none"> To build a 350 bed multi speciality hospital which will cater to Raichur District and four districts around. (Med/Surg/ENT/ ortho Physiotherapy, Cardiology / Cardiothoracic, Ophthal, Dental, Nephrology, Urology, Burns wards, Gastroenterology, Biochem, Path, Microbiology Radiology and CSSD). 	<ul style="list-style-type: none"> Secondary and Tertiary health care Old District hospital will remain as a women and children hospital with skin, psychiatry, Leprosy and TB (250 beds) 	<ul style="list-style-type: none"> <u>Raichur - / Gulbarga</u>, Bidar, Gadag, Bijapur (and some neighbouring districts of AP will be benefited.
6. RCH	<ul style="list-style-type: none"> To meet individual client health and family planning needs and to provide high quality services through a gender sensitive and responsive client based approach. Aim to reduce the burden of unplanned and unwanted child bearing and related mortality and morbidity Reducing 'unmet need' increasing 'service coverage' ensuring quality of care. 	<ul style="list-style-type: none"> Selective Primary Health Care with focus on Reproductive and child health. Prevention and Management of unwanted pregnancies. Maternal care <ul style="list-style-type: none"> - Antenatal - Natal - Post natal - Child survival - Treatment of Reproductive tract infections and STDs. 	<ul style="list-style-type: none"> All districts in 3 years. Districts categorized into A, B, C category A = better off B = average C = weaker 1st year = 9 District A2, B1, C3 2nd year = 8 Districts A1, B4, C3 3rd year = 3 Districts B3 (Rationale of selecting districts not clear).

S.No/ Name	Objectives/ Goals	Focus	Regional Distribution
7. KSAPS	<ul style="list-style-type: none"> To assist state in reducing the rate of growth of HIV infection and strengthen capacity to respond to HIV / AIDS on a long term basis. This includes: <ul style="list-style-type: none"> - Delivering cost effective prevention against HIV / AIDS - Promotive intervention for general community. - Low cost AIDS care. - Institutional strengthening. - Intersectoral coordination. 	<ul style="list-style-type: none"> Selective Primary Health Care /AIDS / HIV Control - Surveillance and clinical Management. - Sentinel Surveillance - Blood safety programme. - STD control - IEC - NGO coordination - Training programmes 	<ul style="list-style-type: none"> 14 sentinel sites in 10 districts 25 NGO's in 9 districts (15/25 in Bangalore) 36 STD clinics in 21 districts.
8. RNTCP	<ul style="list-style-type: none"> Detect atleast 70% of estimated incidence of smear – positive cases through quality sputum microscopy. Administer standardized SCC under DOT during intensive phase and quality supervision during continuation phase. Achieve 85% cure rate among all newly detected sputum positive cases. 	<p>Selective Primary Health Care including</p> <ul style="list-style-type: none"> Strengthening and reorganizing state TB control unit. Rigorous method for detection treatment and monitoring. Strengthening training research capacity Targeting smear Positive cases. SCC with DOT Decentralizing service delivery to Periphery Rigorous system of patient recording and Monitoring. 	<ul style="list-style-type: none"> Initially Bangalore Urban only Now 7 districts of Chitradurga, Bellary, Raichur, Bijapur, Mandya, Bangalore urban (excluding BCC area)

S.No/ Name	Objectives/ Goals	Focus	Regional Distribution
9. DANPCB Now NPCB-K	Reduction in the prevalence of cataract blindness from 1.4% to 0.3% by 2000 AD	<ul style="list-style-type: none"> - Selective Primary Health Care and Secondary care. - State Ophthalmic Cell - Upgradation of Medical colleges, District hospitals, Taluk hospitals, mobile units and PHC's - Eye Bank - Training of surgeons and ophth assistants. - District Blindness control societies. - Cataract surgeries - Microplanning - IEC, MIS, SES 	<p>Focus on all districts in all divisions.</p> <p>(Performance very good in Bangalore urban Udupi, Bagalkot, Dharwar, Gulbarga.</p> <p>Very poor in Chitradurga, Chamrajnagar, Kodagu, Gadag, Haveri, Belgaum, Bijapur, Davangere).</p>
10. UNICEF - GOK	<ul style="list-style-type: none"> • To promote comprehensive and holistic survival, growth and development of children in state through - Improved new born care. - Development protection and early stimulation of vulnerable 0-3 years. - Enjoyable and quality education for pre school and primary level. - Access to clean water and sanitary environment. - Protection from child Labour. - Improved Nutritional status. - Better child care practices. 	<ul style="list-style-type: none"> - Multidimensional child health care and social development. (Primary Health care) • Community, convergent action (CCA) • Health Action • Child Development and Nutrition. • Water and Environmental Sanitation. • Education • Child Protection (Sericulture and Bonded labour) • Communication and strategic planning. 	<ul style="list-style-type: none"> • <u>Different Districts</u> • <u>CCA</u> - Mysore, Chitradurga, Gulbarga and Raichur. • <u>Health</u> - Bidar, Raichur, Gulbarga and Bijapur. • <u>School sanitation</u> Mysore, Tumkur, Chitradurga. and Raichur • <u>Other Activities</u> In all districts

- There is overlap between projects in different areas e.g.
 - IPP IX and RCH have fair degree of overlap
 - Training overlaps in many of them. (see also case study)
 - Also IEC and MIS
 - Surveillance and Health Management Systems especially since they often focus on same districts, same categories and same health centres and teams. (This will be considered again later).

5. Equity Focus

- The focus on disadvantaged or marginal groups in the community varies from explicit to ambiguous. In IPP VIII (Urban poor) and KHSDP (disadvantaged sections /ST/SC/women) it is more explicit while in all the others it is ambiguous, mostly with a sort of 'reaching all' focus. In RCH there is specific reference to 'Gender sensitivity' and in UNICEF's programmes focus on 'child labour' is emphasized, which are significant.
- In terms of addressing Regional disparities in health structures and systems in the state, EAP's have a very varied contribution
 - KfW and OPEC are specifically focussed on the disadvantaged Northern Karnataka (Gulbarga Division), though the donor decided this focus in the latter loan, not the state.
 - IPP VIII is focussed on urban poor in Bangalore being the largest urban conglomeration in the state though in the next phase other cities and towns are being covered.
 - KHSDP, KSAPS, NPCB-K focus more widely.
 - Others like IPP IX, RCH, RNTCP and UNICEF do focus selectively on some districts more than others for different components, but while the disadvantaged Northern Districts of Karnataka do get included quite often, the focus is not based on data for regional disparities or need, but seem more adhoc, responding to more extraneous pulls and pushes for selection including districts patronized by politicians or other 'lobbies' or other such non-technical reasons.

6. Local and National Agendas

- □ Finally except OPEC and KfW which are only Karnataka determined and focussed; and KHSDP which is Karnataka focussed but has counter parts in Punjab, West Bengal and now Orissa; all the other projects are similar to those promoted by the funding agencies in other states as well. Many like RNTCP, AIDS, NPCB-K, perhaps even RCH and IPP IX are evolved as framework /

packages at National level and then offered to the state as a 'fixed package deal'. Sometimes the state directorate and experts have tried to modify or review these national level prescriptions and tried to adapt them to state level realities but by and large this process of adaptation is rather weak and adhoc.

- However while the sense of ownership by the state was very strong in KHSDP / OPEC / IPP VIII it was relatively much less in the others and very little perhaps in RCH which showed absence of stakes in planning and formulation.
- Incidentally in IPP VIII especially in the sector of innovative schemes there are different approaches and schemes being tried out in Bangalore, Hyderabad, Delhi and Calcutta – a diversity which was both welcome and significantly different from the usual 'central top down' prescribed packages.
- Regional disparities between states and within states are so stark that greater emphasis on District level planning in the context of local socio-epidemiological evidence and situation analysis is an important policy imperative. EAP's could well be an instrument to experiment with such diversity of approaches.

Status of Bank Group Operations in India (March 31, 1999)
Original Amount with US\$ (Millions)

Sl. No	Project	Fiscal year	IBRD	IDA	Cancel	Un disbursed	Develop Obj	Implemental Projects
1	Population VIII (IN-PE-9963) *	1992	-	79.00	-	55.86	S	S
2	National Leprosy Elimination (INPE-10424) *	1993	-	85.00	9.07	24.71	S	HS
3	Karnataka Water Supply and Environment Sanitation (IN-PE-10418) *	1993	-	92.00	-	31.64	S	S
4	Population (IN-PE-10457) *	1994		88.60		50.16	S	S
5	Blindness Control (IN-PE-10455) *	1994		117.80		81.38	S	S
6	State Health System II (INPE-35825) *	1996		350.00		263.11	S	S
7	Reproductive Health (IN-PE-10531) *	1997		248.30		233.16	S	S
8	Malaria Control (IN-PE-10511) *	1997		164.80		152.45	S	U
9	Tuberculosis Control (IN-PE-10473) *	1997		142.40		128.63	S	U

S – Satisfactory, U – Unsatisfactory and HS – Highly Unsatisfactory

Note: This table is not specific to Karnataka but is an overview of the All India situation. Projects which are relevant to Karnataka are shown by an asterisk.

Source: Report No. 18913-2 N Project Appraisal Document May 13 1999

D: Overview of Programmes and Activities

- **Table III** provides an overview of the overall focus of the programmes and activities using budget headings including special programmes and allotments. About 34 components were identified of which 13 were the commonest in all the 9 projects (UNICEF was excluded in this table). These were

6 and more than 6 out of 9

- Construction;
- Furniture;
- Equipments;
- Drugs and supplies;
- Local training;
- Local Consultancies;
- Maintenance of Vehicles and Equipment;
- Contingencies.

4 and less than 6 out of 9

- Staff salaries
- Vehicles
- Management Information System (MIS)
- Information - Education - Communication (IEC)
- Project management
- NGO support.

- **Hardware over Software**

The main focus of most of these have been hardcore infrastructure development (Buildings, Equipment, Vehicles etc) and though software- like training, IEC, MIS and NGO support were included and envisaged, at the operational level, hardware always got greater focus than software. Also hardware was seen as absolute necessity so often as in IPP IX and KHSDP, constructions were focussed upon rather than initiating some of the software using locally available facilities and resources concurrently. Also hardware investment was substantial and needed greater supervision and control distracting from software development which however is probably more important if long term sustainability is to be thought off.

- **Inadequate quality improvement focus**

Another feature of the overview findings are that some elements which contribute to improving quality especially at operational or performance level were not always included in the project design and cost allotments.

These included

- Provision for books and training materials;
- Training material development;

- Innovative schemes;
- Revolving funds;
- Evaluation studies;
- Documentation.

Very few projects had them as special allotments. No doubt some may have spent on these items under other budget heads but allotment of a budget need for any programme activity is definitely a sign of priority or significance.

- **Equity focus**

Finally special focus on poor, disadvantaged and on women was mentioned in many projects but only in IPP VIII and KHSDP were their specific programmatic allotments for women orientation and involvement (IPP VIII and KHSDP) and for safety net for the disadvantaged (KHSDP). Only a special allotment can ensure that the thrust is part of operational policy.

- **Additional items**

However since there were variations in the focus of the health problems addressed by different projects specific allotments for specific additional themes were observed. These included waste handling (KHSDP); Blood safety and voluntary testing and counseling (KSAPS); Adolescent Health (RCH); School Health (NPCB-K) all very important and significant. Some elements like school as a focus of health activity should be a compulsory component of all health projects because preparing / orienting future citizens is a policy imperative.

- **Learning from previous experience and each other**

While UNICEF schemes were not included in the table their allotment to a range of themes around child health exemplified a much more holistic; practical and operational approach. The programme highlights included convergent community action; border cluster strategy for MCH and ICMI (Integrated Management of Childhood Illness); Child development and nutrition; Water and environmental sanitation; *Janashala*, programme child labour protection; HIV / AIDS prevention activities, etc.

NB: It is unfortunate that UNICEF's longer experience of moving from 'biomedically defined technological approaches' to more 'holistic initiatives responding to broader socio-economic cultural realities' has been totally ignored and World Bank's 'selective prescriptions and initiatives' allowed to distort health planning and in many cases leading to a reinventing of the wheel. Dialogue between project funders and building on past experiences is crucial otherwise EAP's could be a wasteful distortion and also being 'loans' rather than 'grants' could be wastefully counter productive.

E : Overall Strengths and Weaknesses of EAP's

Table IV lists out the key strengths and weaknesses of different programmes as identified by literature review and endorsed by interactive discussions. They vary from programme to programme and cover wide range of sectors and issues.

Strengths

Taken as a composite group the key strengths of these projects are:

1. Infrastructure development

They have focussed primarily on infrastructure development, which includes buildings for hospitals and health centres, operation theatres, staff quarters etc. While these were necessary since the directorate had not invested in adequate maintenance of existing infrastructure nor invested in adequate construction to fill up the lacunae in the past, the demands of infrastructure often have tended to overshadow all aspects of the project.

2. Support field action

In the situation when programme action budgets are shrinking with salaries taking over greater and greater percentage these projects help to promote specific action components and field activities.

3. Framework of strategy : planning capacity enhanced

Conceptually whether primary or secondary, comprehensive or selective, many of these projects have led to generation of some framework of strategy and action and have been supported by a degree of background homework. Though the data base is often patchy it is better than some of the adhoc decisions in the past which were often repetitive without adequate evidence or data. Project formulation including setting objectives; outlining strategies; identifying action plans; identifying outcome and impact indicators and benchmarks all have helped build planning capacity even though the compartmentalization causes overlap and some distortions.

4. Innovations

Project autonomy, which is relative has allowed many innovations to be experimented with, which is a change from the routine generalized top down prescriptions thrust on the whole system in different districts uniformly and at all levels in the past. All the innovations cannot be listed out here but from the table some of them need to be highlighted. These are

- a. Link workers (IPPVIII)
- b. Women's clubs (SHE clubs) – IPP VIII
- c. Gender sensitivity and women's orientation – IPP VIII

- d. Herbal gardens – IPP VIII
- e. Help desks and Boards of visitors – IPP VIII
- f. Tribal ANM training – IPP IX
- g. Partnership with NGOs to run centres. (IPP VIII, IPP IX, RCH and KSAPs)
- h. Special interventions for disadvantaged – yellow card, KHSDP
- i. Comprehensive MIS being evolved – KHSDP
- j. Improvement of referral links – KHSDP
- k. Good mechanisms for construction and supervision – KHSDP
- l. Efforts at quality improvement (IPP VIII, KHSDP)
- m. Focus on women specific and budget heading (KHSDP)
- n. Decentralization of accounts (KIW)
- o. Focus on Northern disadvantaged districts (KIW, OPEC, RCH, UNICEF)
- p. Links with Literacy campaign (RCH)
- q. Focus on adolescent age group (RCH)
- r. Partnership with private sector – some contract services (KHSDP)
- s. Involvement of Medical colleges (RCH, UNICEF)
- t. Newsletters (KHSDP)

Many more may be there but these are a representative sample. However there seemed little effort at documenting these 'innovations' and even less on monitoring or evaluating them in any sort of methodical or rigorous way. It is important to ensure that they add value in quality and efficiency to the existing PHC option programme before they get adopted by the whole system as an added innovation.. This element of operational research was significantly absent.

Weaknesses

The key overall weaknesses of EAPs were

1. Overemphasis on infrastructure

While focus on infrastructural development was a strength as pointed out earlier, it also tended to overshadow all the so called 'software' or action / programmatic components.

2. In house Planning Capacity not enhanced

Many of the projects used external consultants who helped to improve project planning capacity but this did not necessarily get internalised in to the existing health system.

TABLE - IV

Externally Aided Projects in Health Service Delivery in Karnataka

SOME STRENGTHS AND WEAKNESSES

S.No/EAP	Strengths	Weaknesses
1. IPP VIII	<ul style="list-style-type: none"> • <u>Comprehensive Conceptual Framework</u> (Family Welfare, MCH, CSSM Water supply and sanitation Education, Community Development). • Involvement of Community through Link Workers, Women's clubs (SHE clubs) (Social Health and Environment) etc. • Establishing crèches, NFE and Vocational training. • Involvement of NGOs • Gender sensitivity and women orientation • Flexibility e.g. different innovative schemes in Bangalore, Calcutta, Delhi and Hyderabad. • Social paradigm awareness stronger at all levels. • Operational guidelines for most aspects of project quite good. • Some good practices: <ul style="list-style-type: none"> - Help desks in centres. - Herbal gardens in all - Overall morale and discipline of staff good. - Contract for cleaning / security efficient - Board of visitors. - NGO participation. • Citizens charter • Slum based centre (more accessible) • Human Resource Development. 	<ul style="list-style-type: none"> • Focus on Family Welfare predominant other programmes present but adhoc and not adequately integrated perhaps even inconsistent. (Need to actively convert from FWC to urban Primary Health care centre). • Long term sustainability especially regularization of centre staff not adequately addressed. • Partnership and Liaison of project team with Corporation Health Centres problematic (ownership by corporation inadequate) • IEC more material preparation than field use. • Orientation and motivation of Doctors not maintained after initial training (need for more problem solving sessions) • Many innovative schemes built upon but not in a sustained way. • Involvement of NGO's and community and G Ps patchy. Not adequately evaluated or monitored. • Lab facilities and services to be improved.

S.No/EAP	Strengths	Weaknesses
2. IPP IX	<ul style="list-style-type: none"> • Focus on rural Primary Health care - Filling gaps. • Flexibility in project formulation and utilization across financial years without lapsing of funds. • Software inputs like IEC, Training included in project components • Innovations like <ul style="list-style-type: none"> - Tribal ANMs for tribal area (relaxed requirements strengthened training) - NGO take over of PHCs (two experiments) - In some activities like IEC focus on Northern Karnataka based on regional disparities has been project emphasis (at proposal level only) - Short listing of NGO's done through a planned / realistic procedure though time consuming. 	<ul style="list-style-type: none"> • Hardware (civil works) Moved better than software. • Overall implementation delays with complacency in the initial stages and some lack of clarity/ capacity. • Ownership by District Health officers Inadequate. • Centralized implementation except for building aspects. • Operational guidelines for many aspects were not initially catered for e.g. Fund flow mechanism to ZPs. • Monitoring mechanism not adequate to support effective implementation. • Community involvement of village committees - not adequately implemented. Involvement of NGO equivocal. • Lack of continuity of key personnel in the project - handicapped the project. • IEC virtually a non-starter • Training process direction given to NIHFW (National) rather than SIFHW (State) which led to delays. • Government level decision making bureaucratic - 3 standing committees delay decision
3. KHSDP	<ul style="list-style-type: none"> • More than just secondary Care. Conceptually also focuses on: <ul style="list-style-type: none"> - Special interventions for Disadvantaged (Yellow card scheme). - Comprehensive Surveillance system - Trauma centre - Hospital Waste Management. - Blood Bank modernization. - Improvement of Referral links. • KHSDP, OPEC, KfW share capacity building initiatives. • Good mechanisms for Construction and infrastructure development has been organised that can be used by other projects as well. • Some areas of focus relevant for Quality development - Equipment maintenance, Quality, Women and disadvantaged, Drug procurement policy, Medical waste management. 	<ul style="list-style-type: none"> • Delay in construction and civil works continue and 'local problem solving' to get over constraints not yet adequately decentralised. • Huge cost over runs affecting planning and process. Contracting out and partnerships with NGO's and others not being adequately monitored (Are the effects really better?) • Strategic planning cell has not been developed adequately at capacity level and from the point of sustainability of planning process it is adhoc, marginal. • Ownership problems especially for long term sustainability not adequately addressed. DHS or ZP who will maintain?

S.No/EAP	Strengths	Weaknesses
4. KfW	<ul style="list-style-type: none"> • Focus on a disadvantaged Region. • Linked to KHSDP for most of software development. • Account in Gulbarga (helped decentralised utilisation by Additional director for project stationed there. • Improve Administrative facilities at hospital level as well as for District Health officers and Taluk Medical officers. • Strengthen referral. • Additional staff. • Project conceptually includes focus on disadvantaged and women. • Epidemic preparedness. 	<ul style="list-style-type: none"> • Only lip service for Software components (Training, referral, MIS, support services not adequately addressed inspite of availability of KHSDP support system). • Slow fund release / Utilization. • Seems mostly brick and mortar project. • Decentralised utilisation of funds without close monitoring led to problems of leakage, poor quality control, 'thoughtless payments' (Dilemma of centralization Vs decentralization) • Foreign consultants (SANI Plan) from Germany were not very effective in their coordination with local consultants hence inordinate delays. Affected by Indo - German relations. Scaled down after the nuclear bomb!
5. OPEC	<ul style="list-style-type: none"> • Focus on a disadvantaged region of the state (but the choice seems to have been by the donor). 	<ul style="list-style-type: none"> • Not a comprehensive plan. Very focussed on just a hospital and not need based. • Inadequate local planning and ownership. • Delays and adhoc action. • In the planning no clarity on how to implement or actually go about running the institution. • No clarity on how government will raise minimum Rs. 10 crores per annum to run the hospital (Now approaching Private sector for partnership!) • No clarity on how tertiary, secondary input would link or support PHC through referral system. • Presently the hospital has been inaugurated and providing minimal OPD services. Plans have been initiated to find a private sector partner !

S.No/EAP	Strengths	Weaknesses
6. RCH	<ul style="list-style-type: none"> • Attempt to adopt Community Needs Assessment approach (in principle). • Adolescent Health priority. • Links with literacy campaign • <u>Financial envelope idea:</u> <ul style="list-style-type: none"> - Focus on disadvantaged. - States free to choose intervention. - Flexibility etc. • Focus on Northern districts <ul style="list-style-type: none"> - Gulbarga, Bidar, Raichur, Koppal, Bijapur, Bagalkote. • Bellary sub project which involved NGOs. • Partnerships with NGOs, Professional bodies and medical colleges initiated. 	<ul style="list-style-type: none"> • The work of UNICEF support in the earlier phase of RCH not acknowledged. Programme not learning from earlier experience and strategies. • Civil works preoccupation like • Other WB projects with delays and cost over runs. • Software components like IEC, Training, moving very slowly or not at all. • Too much Family planning oriented not integrated with health adequately (Population agenda strong). • Delays in basic training / delivery kits etc. • Focus on Secondary care more than primary care - institutional services more than field services. • Top down Package deals oriented rather than 'process' and local planning and empowerment oriented. • Overall progress of RCH project which is high priority is very slow and financial utilization seems quite sluggish. • Nutrition neglected in programme. • Consultants not clear about actual roles. • Not adequately integrated at project planning level (left to adhoc decisions). • Too women oriented need to retain balance and involve men as well. • Sustainability not addressed Community Needs Assessment on paper.

S.No/EAP	Strengths	Weaknesses
7. UNICEF	<ul style="list-style-type: none"> • Complementarity of initiatives like CSSM, RCH, and immunization. • Using fixed day session and campaign approaches. • Pilot schemes tried out in some districts or towns and then expanded / replicated in other areas. • Generation of training materials and training programmes more local and relevant. • Involvement of Medical colleges, research centres in MICES survey and other projects. • Learning from experience and responding to local needs and demands good. • Policies, guidelines manuals evolved with local expertise. • Policy to focus on Northern Karnataka and districts with weakest child development indicators. 	<ul style="list-style-type: none"> • High vacancy rates of ANMs in disadvantaged Northern districts. • Logistics of cold chain Drugs, kits not adequately tackled delays etc. • Orientation / training of Programme managers to deal with many departments network, sustain partnership is still not adequately developed. • Complementary of UNICEF and • RCH (WB) programmes not adequately tackled due to project compartmentalization. <p>In spite of attempts to promote inter sectorality UNICEF support programmes still get listed to one department or the other.</p>
8. RNTCP	<p>Very important priority problem. Hence selective strategy still required and emphasized.</p>	<ul style="list-style-type: none"> • Many DTC's do not still have District TB officers (9) • Laboratory technicians posts vacant. • Abrupt transfer of trained personnel. • Some DTC's have no building (9). • Complex procurement procedures. • Lack of cooperation from medical colleges / major hospitals. • Inadequate budgetary support at state / district level. • RNTCP districts Vs short course chemotherapy districts of SCC continuing ambiguity. • Overall TB still low priority.

S.No/EAP	Strengths	Weaknesses
9. KSAPS Phase I	<ul style="list-style-type: none"> • Zonal blood testing centres established. • Modernisation of Blood banks. • Surveillance centres set up (8 + 5 new) • NGO involvement good leading to development of AIDS Forum Karnataka – mostly Bangalore (includes work with sex workers, truckers and care and support for PLWHA's) • Strengthening of STD clinics. • IEC activities at many levels. • Training activities on a regular basis. • State AIDS prevention society set up. 	<ul style="list-style-type: none"> • Supply of drugs delayed and continuity of care and treatment (due to complicated procurement procedures) • Lab diagnostic facilities for voluntary testing in all districts still inadequate. • Lack of full or sustained partnership with NGO's in other parts of Karnataka. • Lack of counseling facilities in District and major Hospitals. • Inadequate policy guidelines on HIV testing.

3. Inadequate operational management capacity

Overall there were inordinate delays between launch of the projects and getting operational strategies of the ground. These seemed to be lack of capacity at all levels to convert 'good project objectives' into ground level strategies. While these improved over time at the state level as seen in KHSDP, IPP IX, at the ground level i.e., the District level; the PHC level and Panchayati Raj Institutions (PRI) level these remained a weak chain in the link

4. Maintenance of Infrastructure not built in

Inspite of predominant infrastructure development, no planning or provision has been made for future maintenance of the developed infrastructure. The state or ZP's capacity to maintain them adequately has also not been addressed.

5. IEC non starter

IEC was an overall weakness – with preparation of materials often overshadowing actual efficient use in the field. Often materials did get printed / produced but logistics of distribution were not adequately planned and operational use by health workers and others at the field level were most inadequate with a few exceptions.

6. 'HMIS, Monitoring and Evaluation weak

The monitoring and evaluation of the projects seemed weak inspite of efforts at building up M and E strategies and lots of effort in some projects to evolve HMIS systems. Most of the HMIS seemed to be used only by higher levels to help the central planning process or monitor the programme. At the field level or base the quality of HMIS data was often poor since the 'collector of data' did not see himself or herself as a user of the data for their own planning purposes and was collecting it disinterestedly for someone else at a higher level.

7. Sustaining innovative ideas was inadequate

Many innovative ideas were being tried out but their long term integration or sustainability was not properly planned for. To begin with even their complete documentation has been inadequate. Many schemes started but were discontinued without proper evaluation; while many others were continued just for the sake of continuity without monitoring evidence of value addition, if any.

Some other issues are included in the next chapter as policy imperatives.

An Innovative Scheme

"Under an innovative scheme the IPP IX project has provided funds to the Vivekananda Trust to train girls from the tribal hamlets and post them as ANMs in those hamlets. This training is a one-year course following the government-approved ANM curriculum with an added component of tribal medicine. The training has not been recognized by the Nursing Council, and the trained tribal ANMs are working through the NGOs working in these areas. Following discussions with the MOHFW, the trained ANMs have been accepted as trainees in the ANM training centers at the completion of which they will also be eligible for employment in the non-tribal areas. An evaluation of the first batch of 40 tribal girls trained as ANMs indicated a satisfactory knowledge of MCH, herbal medicine, nutrition, and personal hygiene. However, their knowledge of the reproductive system and human anatomy needed strengthening, and this will be rectified through training in the government ANM training schools. This scheme ensures access to MCH services in the remote and underserved tribal areas, and the presence of a female service provider at the SCs. Another important benefit is the opening up of job opportunities to tribal women within and outside of the tribal areas".

Source : IPP IX World Bank Review Mission Aide Memoire

F. Lessons from Case studies

In spite of the time constraint the researchers felt that it would be a good idea to add a few case studies of the situation on the ground vis a vis some operational aspects of these EAP's. Using two strategic opportunities – a quick assessment of 'training' opportunities experienced by a group of medical officers in a Northern district was included as case study A and a surprise visit to an urban health centre covered by an EAP was included as case study B. Both case studies focus on some learning experiences from ground level realities and are not meant to be taken as any sort of rigorous evaluation.

1. Lessons from case study – A

An interview of 6 doctors in a surprise visit to a Northern district showed the quantity and quality of training inputs from a wide variety of EAP's (around five EAP's) These are described in case study A. They show the following important trends:

- i. Five out of the 6 doctors had undergone some training or the other with three of them having attended 5-6 training programmes. Most of these have been in the past 5 years (1995 onwards) This has not been a uniform process with some getting more opportunities than others.
- ii. The EAP's supporting these training programme included IPP IX, RCH, NACO, DAN-PCB AND CSSM (UNICEF)
- iii. The programmes ranged from 4 days to 18 days.
- iv. Most of them were in the Rural Health and Family welfare training centre though one was at Hubli and other at Bangalore Medical college.
- v. Most of them wanted CME's atleast once or twice a year.
- vi. They suggested better skill orientation in training programmes and more comprehensive induction training when they first join as PHC medical officers.
- vii. Have suggested better resource persons and better centres than at present.

On the whole the case study shows that the EAP's have managed to support training of project managers at field level even in the disadvantaged Northern districts which is very creditable. However since these are done by different project administrations there is overlap in themes and focus and the selection of courses do not fit in to any available training schedule or CME of a local PHC. The selection and deputation seems adhoc and opportunistic. Very often the MO gets transferred after a special training programme so he is not able to add value after training to his ongoing work.

CASE STUDY - A : Training Experience in Northern district

A few Doctors with Government service varying from 6 months to 20 years were interviewed regarding their training under various projects / programmes. Some details about the training of these doctors are given below:

1. Dr. A with about 7 1/2 years of government service had undergone the following training

a.	MCH Training	CSSM	1 week	1995	RHFWTC
b.	FP & MCH Training	RCH	1 week	1997	"
c.	FP Training	CSSM	2 weeks	1998	"
d.	Management Training	IPP IX	2 weeks	1999	"
e.	Administrator Training	MO Training	1 week	1999	Nauzad Ahmed, Rural Development Training Centre

Inspite of all the regular training feels necessity for skill based training in MTP, tubectomy (learnt tubectomy himself) and CME's (atleast twice a year). Also felt that quality of training at RFWTC could be improved by getting trained resource persons from private / professional institutions.

2. Dr. (Mrs.) B with about 5 1/2 years service, underwent the following:

a.	CSSM Training	CSSM	-	RHFWTC
b.	Combined Medical Education	IPP IX	18 days	"
c.	Blindness Training	DANPCB	-	"
d.	Leprosy Training	-	4 days	"
e.	AIDS / STD Training	NACO	4 days	At Hubli
f.	RCH Management Training	RCH	5 days	RHFWTC

Had not been given any training in MTP or tubectomy. Felt that such skill based training would enable to cater to the female population. Felt the need for CME's (1-2 per year).

3. Dr. C with 1 year service (excluding 4 years contract service). Very capable, efficient young MO, underwent the following training:-

a.	Reorientation Training	IPP IX	2 weeks	1996	RHFWTC
b.	MCH Training	RCH	2 weeks	1997	"
c.	Leprosy Training	-	1 week	1998	"
d.	Management Training	-	1 week	2000	"
e.	STD / AIDS Training	NACO	1 week	2000	"
f.	Medico-legal Training	-	2 weeks	2000	Bangalore Medical College.

Is able to assist in tubectomy only. Feels the requirement of better training courses and skill based training in MTP and tubectomy. Also feels that he could benefit from CME's.

4. Dr. D having 6 1/2 years service has underwent only Orientation training and Management training under IPP IX. Has assisted in tubectomies. Feels the necessity for more comprehensive induction training and training in Administration and Medico-legal aspects.

5. Dr. (Mrs) E also serving in the District with 5 months service has had no training whatsoever (regular KHSDP appointment). Feels the requirement of rigorous training in all aspects to effectively perform the job responsibilities of a PHC doctor:

6. Dr. F serving in the District with 5 years Government service underwent only 3 weeks continued Medical Education Training under IPP IX on induction (1995 October) and no other training. Assists in practical training of ANM's at the co-located ANM Training Centre. Feels the requirement of regular training especially skill based and activity based training. Training needs identified include MTP, tubectomy (including laparoscopic), anesthesia and Medico-legal training (including post-mortem is a must), as he has performed 30-35 autopsies in his short service.

2. Lessons from Case Study – B:

A visit to an urban Family Welfare (Health centre) supported by an EAP showed some interesting features described in the observations listed out in case study B.

The case study emphasizes that inspite of quite a good level of conceptual framework generation and the evolution of a large number of guidelines the gaps between concept and practice can be wide.

Various local adhoc, modifications of programmes: temporary or permanent short cuts: lack of continuing education: supportive supervision and motivation of field staff: poor logistical support to supplies: and lack of sustained efforts to maintain an innovation can lead to discontinuation of innovations; closure of certain functions; modifications of strategies which can be wasteful or counterproductive; or result in glaring mismatches and distortions as exemplified by the observations.

While some functions go on fairly well and as per the objectives, some get distorted or modified. The case study exemplifies the need for continuous monitoring and evaluation; efficient supplies and logistic support; constant problem solving supportive supervision; and good team work and continuing education to ensure the quality of the implemented programme and to reduce what is often called in policy circles 'the implementation gap'.

CASE STUDY B- An Urban Health Centre

SECTOR OF WORK	OBSERVATIONS
1. <u>Family Planning Oriented</u>	No male patients seen; No well baby clinic; No well women clinic; No screening for Breast Cancer or Cancer of the Cervix; Only IUD insertion carried out, CCs and OPs distributed
2. <u>Referral Oriented</u>	No normal deliveries conducted even in day time. All deliveries referred to Maternity Centres (MCs) Referral card not well designed and common to all categories. ANC card not given to the patient. Laparoscopic Tubectomy or Tubectomy at MCs only.
3. <u>Laboratory services not available</u>	Only Haemoglobinometer available cases usually referred to MCs, long queue; Tests sometimes done at UHC by visiting Lab technician's; Lab tests -VDRL Hb, Blood group, Urine Albumin.
4. <u>Family Planning services</u>	Only where LMO trained, only Menstrual Regulation Conditional i.e., only if patient willing for tubectomy / IUD.
5. <u>Drugs Inadequate</u>	Inadequate quantity to routinely treat OPD patients. Very limited antibiotics. No pediatric preparations/ syrups, no eye/ ear drops (except chloroapplicaps) or skin ointments. Definitely not Rs.50,000/- p.a. worth of drugs. LMOs give prescriptions for purchase from outside.
6. <u>SHE clubs defunct</u>	Earlier vocational training - now discontinued. Only serve as community feedback group.
7. <u>Link workers a strong asset</u>	From community, dedicated. Low honorarium so frequent turnover. Bring ANC cases early as well as children immunization.
8. <u>LHV / ANMs from corporation</u>	Experienced, competent (could be corrupt)?
9. <u>Immunization</u>	Cold chain maintained. Vaccines available. Outreach immunization also. Twice a week, so load less.
10. <u>Health Education IEC activities discontinued.</u>	Do not put posters in slums as destroyed by children. A-V van discontinued due to corruption. Mainly printing - less lecture demos.
11. <u>ISO 9002 Certification</u>	Purely technical assessment. Based on parameters like cleanliness, record keeping, waste disposal, sterilization of OT and equipment etc. Would not significantly improve quality of care. False sense of perfection.
12. <u>Fall in activities / performance</u>	Since start of centre all activities have reduced significantly. Assessment required of reasons for this.
<div style="display: flex; justify-content: space-between;"> <div> <p>Glossary IUD – Intrauterine devices MC - Maternity Centres OPD - Outpatients department CC - Conventional contraceptive (Condom)</p> </div> <div> <p>LMO – Lady Medical officer ANC - Antenatal card UHC – Urban Health centre OP - Oral Pills</p> </div> </div>	

G : Some Policy Imperatives Including Integration and Sustainability

The previous chapters provide an overall framework of the 10 EAP's in Karnataka and some of the quantifiable or qualitatively describable indicators and features of these projects to help the project overview. As indicated in the project protocol this exercise was primarily a critical policy review and not an evaluation exercise of each of the EAP's per se. Some of the finding in the previous chapters and tables have addressed some of the questions that were included in our original list. In this chapter we try to address those which have not been adequately covered by the earlier one as well as provide some additional critical comments even on those that have been covered, drawing primarily from the very candid and frank interactive discussions we had with a wide variety of project directors. These policy issues and imperatives are as follows:

1. Scope of Projects

All the projects focus on Health System Development with varying degrees of emphasis on Primary Health care. While some focus on secondary level (e.g. KHSDP) there is a built in assumption that the secondary care support is with a view to support through efficient referral systems – the primary health care network. While in practice the links may not be so well established the conceptual framework is well directed to this issue. It is at the 'Public Health' context level however that the projects show a general weakness inspite of the fact that unlike other states in the country 'public health expertise' is available even among the senior leadership of the state. One can only surmise that in the changing financial situation perhaps financial management contingencies and bio-medically defined management framework are inadvertently distorting public health concepts and priorities. The focus on basic determinants of health is weak (nutrition, water supply, sanitation, environment) both at content level, emphasis and linkages; key public health components like surveillance and health promotion are inadequate; and the 'new public health' emphasis on empowerment of the community and public at large in health decision making is totally overshadowed by top down provision of specific packages euphemistically called social marketing. This lacunae / weakness needs to be seriously addressed.

2. Project Planning

In the absence of a strong Strategic Planning Cell in the Directorate (inspite of a provision in KHSDP for this) problems of project flexibility, design, long lead times and delays, in preparation, complications in procedures and various ongoing management and operational problems, all of which have been experienced in one EAP or another – are a symptom of lack of adequate attention to building in-house capacity for more realistic project planning and management. This has led to compartmentalized planning, inadequate collection of field based data or evidence, and adhocism in decision making further compounding the problem. Lessons are not learnt from positive and negative experiences of a particular EAP or its success

at some form of system development so the 'wheel is reinvented' each time by each project and the system is not enriched by the collective experience. E.g. Different EAP's have had different experiences of dealing with the 'NGO sector' or the private sector – some positive; some not so positive; some even disastrous in terms of unreliable partners or even 'fly by night' operators but the whole system does not learn from this to evolve a Directorates policy for NGO or Private sector partnership. This situation may change with the Task Force recommendation on state policy directives but for the present this is a lacunae to be urgently addressed.

3. Who drives the projects?

This was a very difficult policy issue to address. On the face of it, the State Government / State Health Directorate drives the project not the funding partners or their external consultants and all sorts of mutual consultations / reviews are organised. However two factors do affect the 'driving' of the project.

- Absence of local homework

In the absence of rigorous 'policy' and evidence based homework on the governments / directorate side due to a lack of strategic planning capacity as mentioned earlier, external consultants of funding partners are often able to drive the decision by just providing more options, more evidence based on data marshalled from experience elsewhere and the state policy makers are then more easily influenced or ready to accept them. e.g. During the study period an external funding agency resource person provided more data and perspective on private sector in Karnataka, than could be marshalled by local expertise thus inadvertently pushing the private sector agenda. The reliability of this data or whether it was extrapolated from quite different sources could not be commented upon, adequately without local homework.

- Conditionalities of funding partners

World Bank loans more than other agencies are also usually supported by some conditionalities that are clearly stated in their documents.

- i. The need for economic reforms.
- ii. The need to engage the private sector.
- iii. The need to promote user fees as a means of cost recovery.
- iv. The need to follow certain forms of 'tender' or 'consultancy' 'laid down by bank' etc.

There does not seem to be adequate home work in-house on these and their implications especially long term options, before loan agreements are signed.

Some World Bank conditions

"The Country Approach Strategy (CAS) recommends focussing Bank-group financed investments on states that are undertaking economic restructuring programmes and supporting sectoral policy reforms. Karnataka is one of the state that has initiated important fiscal, sectoral and governance reforms. Further more it supports the CAS objectives by strengthening institutional capacity, engaging the private sector,

"Each project state shall levy user charges in district and subdivisional hospitals in accordance with a program and time schedule acceptable to the Association(IDA)".

"Goods and works shall be procured in accordance with provisions of section I of the guidelines for procurement under IBRD loans and IDA credits" (International competitive bidding, bid packages etc).

"Consultants services shall be procured under contracts awarded in accordance with the provision of the Guidelines for the use of consultants by World Bank borrowers and by the World Bank as executing agency – published by the Bank in August 1981".

Source : Various reports of the Bank and Project Agreements

Both these factors lead to the continuing perception and the fact that indeed the 'external agent' does drive the project intentionally through general conditionalities or 'inadvertently through inadequate borrowers homework'. This needs to be addressed urgently.

Even where conditionalities are inevitable, these should be closely monitored and either reviewed if they have negative consequences or internalised into the system if they have positive implications.

4. Are there areas of overlap / duplication ?

- Compartmentalized projects by the very fact of being developed independently as 'stand alone' projects and not as components of a larger wholistic integrated project are bound to produce overlap and duplication.
- Not surprisingly the chairperson of the Task Force during one of his recent inspection visits found 'three operation theatres in a PHC compound' built by different EAP's with no evidence from the MIS of local needs that warranted such investment. In HMIS, IEC, and Training there are many overlaps and duplications .

- So different projects produce manuals and teaching aids or audio visual aids for Health Education which are quite similar in content;
 - Health functionaries are expected to maintain a wide variety of registers that cater to the needs of different HMIS of different EAP's ; and
 - Doctors go for different training programmes organised by a wide variety of EAP's that add to variety but not to a coordinated training plan at district or PHC level (see **case study A**)
- An overall integrated planning and training exercise is therefore urgently required. At the directorate / state level there are efforts to prevent this duplication of input and efforts but systematic change to streamline this process and prevent even accidental or inadvertent duplication is required since the health sector functions under a constant financial resource constraint and any effort to ensure more efficient deployment of available resources is welcome. A good example of adhoc integration is the utilization of KHSDP Resources for KfW project needs.

5. **Ownership and Leadership**

- In most projects the state level ownership is strong except perhaps in those projects which are 'package deals' decided at the centre.
- Because some of the EAP's have established independent structural identities e.g. KHSDP, IPP VIII, IPP IX, the links and feeling of shared ownership by the parent directorate (in the case of KHSDP and IPP IX) and the parent Municipal Corporation (in the case of IPP VIII) is weak. E.g. no serious consideration regarding sustainability issues and integration challenges relevant to KHSDP or IPP IX projects have been addressed at the directorate or Health secretariat. Nor is the Municipal Corporation adequately concerned about the very same issues vis a vis IPP VIII project.
- Another significant lacunae seen in the EAP's as they are presently structured, is that ownership at District level – at the point of implementation is quite weak vis a vis District Health Officers and PHC MOs; and perhaps non-existent vis a vis PRI institutions. All these three groups are crucial to ensure the integration and long term sustainability of all these projects. Ownership can be enhanced by involving all of them from the very inception and conceptual planning stage of such projects.
- Leadership of the project directors has been good as long as there have not been frequent changes of leadership or the burdening of project directors by multiple and additional responsibilities.
- However the leadership and ownership are particularly crucial if EAP's have to become more complementary or supplementary to each other and the whole

health care delivery system. Leadership that coordinates, networks and promotes linkages is crucial.

- Public Health orientation and socio-epidemiological orientation of the leadership - whether generalist administrator or medical / technical leadership is an important necessity to prevent inadvertent distortions due to extraneous lobbies or market forces. This will also enhance capacity to negotiate with external consultants and others as well.

6. Intersectorality

While in many EAP's the importance of this factor is mentioned, the intersectoral coordination between departments and programme managers and decision makers of different concerned ministries is still not given adequate priority. At the heart of good 'public health strategies' is the emphasis on intersectoral coordination and while EAP's may have not seized the opportunity in this aspect so far, the evolving Integrated Health, Nutrition and Population project (HNP) must focus on this aspect urgently and significantly. Even at the grassroots level a better coordination between PHC, ICDS centre, local schools, women credit cooperatives and development workers would strongly strengthen programme performance and outreach.

7. Integration

There is urgent need to integrate Health with Family welfare; public health, primary health care and the population agenda with each other to avoid not only duplication by compartmentalization but also to reach the community and tackle the health problems of people especially the poor in a more integrated way. Much lip service has been paid to the issue of integration but the stand alone EAP's have not tackled this issue adequately. In fact different EAP's focussed on different problems even further disintegrate the work of the directorate.

DHO's and MØ's are constantly preoccupied or distracted at ground level by frequent visits of consultants, review teams, project teams asking for this and that data or feed back; the more EAP's the more such distraction from the normal planning and management routine.

At the directorate level different EAP's require different protocols to be filled, (different MIS mechanisms) so quite a bit of directorate staff time is spent in filling up questionnaires, schedules enhancing paper work but not necessarily enhancing efficiency of planning and management.

Consultants for each EAP provide their own framework of ideas and decision making. These do not allow for any inter-EAP consultant communication. One EAP may appoint a consultant that suggests one type of ideas, another EAP another type and all these have to function at the same PHC level or the same district level

or have to be operationalised by the same health functionary. This situation necessarily leads to adhocism and anarchy especially in the absence of state policy guidelines. Integration and coordinated communication is urgently required.

Another urgent area for integration to avoid wasteful duplication of time and procedure is the need for integrating all the single project related district level and state level societies into one Health society at both levels to receive and disburse the funds. Serious policy reflection also needs to be done to ensure that the District society's work under the purview of the Zilla Parishad and PRI.

8. Equity

While overall the EAP's do not have a well planned Equity focus some emphasis on Northern disadvantaged districts and on women and SC/ST have been identified and noted. HMIS of all EAP's as well as the Directorate must begin to focus on Equity in a more concerted way in the years to come. This 'equity imperative' must include

- i. Geographical – Within districts and between districts.
- ii. Gender – between male and female sections of the population and especially focus on girl child.
- iii. Class / Caste – Between rich, middle class and poor or the so called haves and have – nots or 'landed' and 'landless' etc.
- iv. Marginalisation – SC / ST or special groups such as child labour or rural migrants to urban areas, street child, elderly, people with disabilities etc.

Unless the HMIS focusses on disaggregated data the equity principle cannot be furthered by active policy or programmatic intervention. EAP's could build this in to their framework more concretely so that they go beyond policy rhetoric.

9. Partnerships

All EAP's have built some form of partnerships with the voluntary sector, NGO's, private sector, academic institutions or research institutions. But these do not build on a larger policy framework of the state since guidelines on such partnerships are not available. They tend to be some what adhoc. The directorate should actively move towards some form of Resource Directory; Accreditation system; or reviewing and registering system for such partners so that EAP's and different health departments can draw from pooled experience and pooled resource lists. A partnership cell in the Directorate like the erstwhile Society for Coordination of Voluntary Agencies (SCOVA) idea could build such directories, framework of guidelines and linkages, of use to all departments and projects.

10. Community Partnership and Empowerment

The resistance of the Health department to work with Panchayati Raj Institutions is well known and though some of the reservations of the health leadership may be

very genuine and based on difficult or awkward situations of 'interference' or extraneous push / pull factors in decision making – there is urgent need to review this and get over the problem rather than ignore it. With increasing political decentralization, PRIs will play an important part in local planning and administration in the future and EAPs should promote this process and not distort it.

The district level societies which leave decision making in the hands of the bureaucracy may be good for efficient disbursement of EAP funds but they definitely mitigate against active community participation. EAP's in particular must begin to focus on human development more than infrastructure; and in this human development component strengthening of community based organizations like PRI institutions to contribute to local planning and ensure accountability and transparency through capacity building will become as crucial as building health teams to deliver the programmes efficiently and effectively.

11. Accountability / Transparency

EAP's may develop their own monitoring system and evaluation systems, even audit systems but they are not accountable to the people, the political system, the legal system in the same way as the directorate and its regular programmes. While bureaucrats and technocrats may be closely involved with the development of these projects and the evolution of their frameworks of action there is still the danger of creation of a parallel system of decision making and programme management which may be seen as relevant in the short term but could become problematic in the long term.

However it was noted that overall some of the guidelines and procedures of the projects were able to immunize the project from the corruption and political interference which affect the larger system all the time since it does prevent the influence of extraneous 'push' and 'pull' factors due to clear cut guidelines that are not easy to circumvent.

In the short term review we were not able to make clear cut judgement whether extraneous interference's were making any sort of affect on programme formulation or implementation. The use of retired government personnel as consultants was common (a sort of 'old boy' network) which affected the dynamics of the programme and subsequently its performance in some cases but not necessarily to integrity. On the whole it may be surmised that EAP's are as subject to outside interference as the rest of the system not necessarily more.

However in the matter of construction costs and delays and whether some contractors were favoured rather than others – These areas were difficult to explore in the time constraint. There was hearsay evidence of this type all the time including architects inflating designs / and enhancing profit margins in other ways, etc.

12. Sustainability

This was one area on which there was very little real focus or policy discussion or planning in the projects at any level – project plans, project dialogue, project implementation mechanisms and so on. It is important to emphasize that sustainability is often seen as being financial only. It is actually more than this and includes staff and other policies as well.

The overall assumptions which ignored this imperative and the trends seen were as follows:

- i. The projects were seen as filling lacunae in the existing system and not creating additional structures or functions.
- ii. The parent unit or department like the BMP in the case of IPP VIII and Health Directorate in the case of IPP IX, KHS DP etc were expected to take over the project when the period of the project was over. There seemed to be no contingency plans being evolved for this inevitable reality.
- iii. In some project documents there was mention of cost recovery usually through user fees mechanism; or sustainability was to be made possible by NGO – or private sector partnership or take over but this was not followed up by serious operational guidelines or planning with the concerned parties.
- iv. Sustainability as an issue seemed to be considered in the last year of the project as a knee-jerk reaction rather than as a serious plan evolved from the very beginning.
- v. Unless the directorate estimates recurrent costs, running costs, maintenance costs and other such definable entities seriously as the time for phasing out of the project nears and unless these costs are budgeted for or recovery planned in some sort of methodical way – Sustainability like cost recovery will remain rhetorical and ultimately ignored or considered as someone else's problem at a later date.
- vi. In some cases there seemed to be a confidence that some project donor would always step in to fill the lacunae if one donor phased out – so again this complacency led to a fatalistic non-planning situation which was not at all uncommon.

Sustainability of these relatively large EAP's is a very serious policy issue that needs urgent attention at the highest level and the active involvement of the finance ministry as well.

II. Some Reflections on the Financial / Economic implications of EAP's

Understanding the financial / economic implications of the increasing reliance on EAP's to support the health care delivery system in the state and the gradual shift from grant giving funding partners to becoming 'borrowers' of loans, was not an easy policy issue to review due to atleast two constraints.

- The financial management of the EAP's are separate systems not easily listed to the states own health budgeting / accounting system.
- The loan implications and the debt burden and debt servicing implications are not easy to explore in a short time constraint under which the project functioned.

The reviewers studied some earlier analysis particularly the review document (Analysis of Expenditure Medical and Public Health, Family welfare by S.Subramanya) and the more recent study of Dr.Vinod Vyasulu and group and also studied the credit agreements of various projects and the budget and account statements as well as status of project tables from World Bank and other sources. From a review of all these secondary sources of data the following conclusions and policy concerns are listed out: (See also box items which are extracts from authentic source and support our conclusions)

1. While the overall expenditure on health and family welfare is gradually decreasing and hovering between 1.1 and 1.4 of net state domestic product which is itself an overall low investment (ICSSR / ICMR recommend 8%), the reliance on EAP's is increasing which means Non-plan expenditure is coming down and Plan allocations are increasing. This is not a very healthy trend.
2. Most of the expenditure in non-plan is now directed to salaries with less and less available for programme / action components. EAP's are tending to take over more and more of this programme component – again not a healthy trend.
3. Considering that EAP's are now more and more loans rather than grants or long term soft loans this is a worrisome development. If these loans are not utilized with efficiency then we have the double burden of continuing ill health and a 'debt burden'.
4. Though all the projects talk about sustainability and cost recovery and user fees mechanism is often mentioned as a long – term option there is no indication that this mechanism is effective in reality. While some recovery has been demonstrated; and some efforts to identify those who cannot pay etc is being experimented; and the decision to let the amount / revenue collected be kept at the institutional level for local use rather than transferred to the general account or treasury – none of the mid-term reviews show that this could be a major option for sustainability even though in the short term they may help to improve quality by enhancing consumer participation. Researchers and programme evaluators are not unjustified in their concern that 'user fees' may ultimately

Health Financing - An Analysis

Health financing is a complex issue and Efficiency: Three key issues with regard to health financing at the state level need to be addressed. First the overall health financing situation has deteriorated sharply since the early 1990s. This is reflected in an increase in interest payments as a share of total health expenditure and a rise in debt outstanding as a share of state domestic product. The overall financial situation faced by the states has worsened, with a consequent reduction in the health sector. The share of health and family welfare in the state revenue budget has declined since the early 1990s. The declining trends of health sector's share in the budget has not been offset, rather than reversed. The decline in the health sector's share in the budget has led to a fall in real per capita expenditures in all states up to 1991. The average per capita government expenditures rose faster than health expenditures. The current government spending is about US\$ 2-3 per capita for health services, which is inadequate to meet the government's stated objectives. To achieve the government's objective of funding a basic package of health services, substantially more resources for health care are required, but the financial constraints noted above pose a serious problem. Second, within the health sector in most states, resource allocation in the public sector is skewed in favour of tertiary care services relative to needs at the primary and secondary levels, particularly rural and community hospitals. Third, much of the resources allocated to health care are spent on capital costs. The recurrent budget for operations and maintenance is generally under-funded and the programs are not fully implemented.

2. **Alternative Methods of Health Care Financing :** The resource constraints faced in the health sector have required alternative methods of health care financing to supplement the government's contribution. Alternative methods of financing health care, such as health insurance, social and private insurance, and participatory schemes, have been explored. Reports of recent data indicate that cost recovery in the health sector has been 20% on average in India, although there are problems in achieving the level. Some of the problems faced with cost recovery include:

- (a) Lack of an appropriate mechanism within the government to review user charges;
- (b) Lack of administrative mechanism for collecting user fees;
- (c) Inadequacy in targeting the poor for exemption from user fees; and
- (d) Poor attempts to greater retention of funds generated through user charges at the point of collection.

In the international experience it should be noted, however, that a cost recovery rate of 15-20% in the health sector is about the most that can be expected in the public sector. In the long run, issues such as private insurance and health financing will need to be addressed, as the industrial and urban population expands and a containment becomes increasingly important.

State Health Finances

"Non Plan expenditure, which is met from resources raised internally by the state, accounted for 63-69 percent of the total expenditure on health and family welfare between 1990-91 and 1994-95; this came down to 57 percent in 1995-96. Reduction in the proportion of non-Plan expenditure in 1995-96 is because of increase in Plan allocations and capital outlays. One reason for this increase could be the availability of funds from externally assisted population and health projects and Central government aided projects such as the AIDS control programme".

"With expenditure on health and family welfare accounting for only 1.21 percent of the net State Domestic Product down to 1.14 percent in 1991-92, but up to 1.24 percent in 1992-93, decreasing again to 1.22 percent in 1993-94 before increasing to 1.37 percent in 1994-95. It is clear that fluctuations of this nature are undesirable for the growth of the health sector as also that expenditure on health and family welfare is, by any reckoning, inadequate. A study group on Health for All, set up jointly by the Indian Council of Social Science Research and Indian Council of Medical Research, recommended 'a substantial increase in public expenditure on health at about 8 or 9 percent per year (at constant prices) over the next 20 years'".

Source: Human Development in Karnataka - 1999

de-emphasize the need to focus on the marginalised. Other problems with this mechanism are highlighted in the box items as well.

5. There is a danger that increasing reliance on EAP's will ensure that programme costs in the regular non-plan health budgets will be ignored with a long - term distortion in budgeting creeping in. (This will perpetuate long standing budgetary imbalances with long term implications for health budgets).
6. There seems also a tendency to be more extravagant with issues like constructions, consultancies, equipment, vehicles, etc because EAP's promote unwittingly a more 'private sector' ethos so thrift, careful planning, basic simplicity and other such values that would ensure 'quality' at low cost or a more judicious use of resources so that more is available for grassroot needs is being affected.
7. Finally it may be important to caution that reliance on EAP's should only be a short term plan. Ultimately health budgets like the investment on education and welfare (social sector) should be increased as a long term investment in quality human development. Enough economic analysis and theory - including the more recent endorsement by the work of economists like Amartya Sen and others show this direction as the way ahead. This needs political will and commitment and some courageous state development policy planning. Let short term solutions like EAP's not come in the way of concerted, action for sustained development and higher investment in health.

J. General Policy Concerns : Are we reinventing the wheel?

The key researcher for this study and some of his colleagues had reviewed the World Bank activities in the Health Sector in India based on a case study on "The World Bank's role in the Health system in India" facilitated by the Sector and Thematics Evaluation Group of the Operations Evaluation Department of World Bank in August 1999.

That review had raised seven sets of questions / findings for a policy meeting organised by the Bank with Planning Commission, Ministry of Health and Family Welfare and others. The review of EAP's in Karnataka was a good opportunity to look at these propositions in a wider variety of project initiatives and with partnerships beyond the one with the bank. Our findings suggest that many of these concerns are very real ones even in the context of the current EAP's in the state and need to be given serious consideration by policy makers and project directors within the state before these distortions and concerns become too systemic. They are equally important for the funding partners. These concerns are enumerated as a set of policy questions that project directors and partners should reflect upon as they review their projects for long-term sustainability and integration within the larger system.

1. Is Public Health not being adequately emphasised in problem analysis project planning and formulation?

- Is there a confusion in understanding public health?
- Is economic or techno-managerial context taking precedence over socio-epidemiological analysis?
- Are the wider determinants of health like nutrition, water supply, sanitation, and pollution not adequately addressed?
- Is the focus on poor, indigent, marginalised not central?
- Are regional diversities and differentials not central to decisions on focus of programme?

2. Is Primary Health Care being given adequate emphasis and priority ?

- Is there focus on selective 'cost effective treatment strategies' rather than enabling / empowering processes?
- Is there focus on first referral units rather than primary health centres, subcentres and home based care?
- Is community involvement in planning and organisation mostly rhetorical with community capacity building made subservient to exigencies of top down management systems.
- Are Panchayati Raj institutions generally ignored and registered societies promoted as an instrument of decentralization but under bureaucratic control?

3. Are these partnerships adequately transparent and accountable ?

- Are the partners willing to share the costs of failure and distortions due to poor programme design or planning which ultimately affects the poor?
- Is long term sustainability or integration into existing health care system being adequately addressed or followed up as an end of project after thought?
- Is there unhealthy competition between projects rather than collaboration and sharing of expertise and experience?
- Are accountability and transparency systems not clearly defined and hence not actively monitored?

4. Some ethical issues and dilemmas ?

- What is the ethics of promoting NGO-private sector partnership in the absence of solid evidence that these are more efficient operational options?
- What is the ethics of taking credit when an initiative is successful and yield positive results while pointing a finger to the directorate or ministry when the initiative is problematic?
- What is the ethics of expanding quality at the cost of or absence of adequate and operational quality control?
- What is the ethics of promoting infrastructure and 'hardware' at the cost of 'software ' that can more easily focus and reach the poor?

5. Some management issues and dilemmas?

In spite of marshalling lots of expertise both local and foreign is there a tendency to:

- Develop 'hardware' rather than 'software'?
- Expect 'training' to get over needs for serious management reforms?
- Little thought to social accountability and transparency?
- Inadequate attention to building ownership among different stake holders particularly district level players?
- Focussing on 'user fees' as the only primary fund enhancing option rather than looking at diverse options?
- Overall neglect of health human power issues like continuity, skill development and promoting team concept?

6 Is the political economy adequately addressed?

- Are the health projects adequately located in a broader, political, social, institutional analysis and adequately based on evidence of how projects run or do not run?

- Are issues such as political will; corruption and influence of lobbies political interference; market economy; being given adequate emphasis in the strategic planning exercises?
- Without developing a strong 'public health policy resource group' within the directorate is the free lancing, free floating, adhoc Consultancies and commissioned studies not allowing the means of change to become systemic?

7. Is cultural context being disregarded?

- In spite of a rich and diverse tradition of Indian and alternative systems of medicine, including promotion and investment in health manpower development in these systems by government and private initiative; are the EAP's ignoring the local cultural context and these alternatives in their formulation?

All these issues are relevant today and it was surprising to find that most of them were applicable to all the EAPs in the state and not only for those supported by World Bank. However it must be noted that the current health leadership both bureaucratic and technocratic seemed much more alive to these policy issues. That was a positive finding, symbolizing future potential. However as was brought out again and again in the interactive discussions **local holistic problem analysis and policy homework was inadequate in all these aspects. Strengthening of strategic policy analysis and development was an urgent action imperative. Policy makers and project managers need urgent orientation to Public Health aspects of decision making and socio-economic politico - cultural aspects of health situation analysis.** Any strategic planning exercise in the future for the continuation of the existing projects or the evolution of newer one must take these crucial questions into account so that the projects can be implemented more effectively and in a more realistic context with reduction in the implementation gaps.

J. Final Conclusion and Recommendations from a future Policy point of view.

The previous sections highlight the key findings and trends that emerged from the review process. However taken as a whole set of project experiences the key issues and conclusions that have emerged as significant for a concerted policy response are the following :-

1. While the EAP's do focus on a large number of health problems and health sector development issues, addressing various lacunae in the existing Health care delivery system in the state at both primary and secondary level, **they do evolve, exist and function in relatively compartmentalized ways without fitting cogently into a comprehensive, integrated strategic larger state health policy / plan evidenced by -**
 - The absence of any state health policy document that includes serious reviews or details of all of them.
 - Any coordinating mechanism at directorate level that addresses them in a collective context.
 - Any consistent and rigorous strategic planning exercise / document that was used by programme designers when these EAPs were evolved. Some congruence / complementarity between / across projects has evolved since the members of the project committees overlap with senior policy makers common to all, but this is 'adhoc' and not always intentional.

[Probably the HDR Report, Karnataka Task Force in Health and the recently evolving HNP project are fore-runners for this much needed paradigm shift from selective compartmentalized programme planning to more comprehensive integrated Health sector planning processes].
2. On the other hand while **compartmentalized evolution** may have lead to some problems of duplication and integration, especially in IEC and training, but also sometimes in infrastructure development, the very feature of compartmentalization has also lead to a certain degree of project autonomy that has lead to many interesting initiatives and innovations in structure, framework, operational mechanisms, evaluation and monitoring, some of which have been identified by this short-term review. These need to be rigorously documented, objectively evaluated further and adopted / adapted by the whole system as the projects phase out and get taken over and integrated by the ongoing larger systems.

3. Overall the **Directorate / EAP's** have shown
- An ability to evolve laudable objectives for each EAP.
 - General lack of competence in the evidence based homework required to translate objectives into implementable strategies leading to delays in starting up times.
 - Diffidence in guidelines and systems development leading to operational and execution delays.
 - While ability to handle the hardware (infrastructure construction - civil works, equipment and transport) has been established, effective software development (training, IEC and Quality Assurance) has remained a weak skill / capacity. Also cost over runs have been many compounded with poor utilisation in other areas showing in-different financial management capacity as well.
4. Like the general health care services development, the projects have not shown any **evidence-based focus on equity, gender, regional disparity or other policy imperatives like impact assessment, community partnership and ownership, partnership building and decentralization** and hence though there are some successes and some failures as well, in none of these areas can EAP's be shown to have used their own programme / project autonomy to enhance the **health sector** experience in these areas. This is partly a reflection also that at the Ministry level there are no clearly circulated policies or programme guidelines on these policy imperatives and hence project managers have had to explore these dimensions if at all with diffidence rather than confidence and clarity. Similarly the issues of corruption, political interference, transparency and accountability seem to effect them just as much as they affect the larger public health system- no less, no more though perhaps in the tendering / purchase policies sometimes as conditionalities of the funding agencies, there seems to be an overall feeling among programme managers that outside or local interference is less!
5. **Lack of continuity of key personnel** has been an important handicap and lack of systems to monitor quality of care and responsiveness to local needs had handicapped the establishing or the enhancement of effectiveness. In addition selection of consultants and senior project consultant need to be critically reviewed and made more competence based and transparent. Apart from an old-boy network phenomena selection is not always focussed on skills for the job.

6. While the general impression of the programme managers seemed to be that these EAPs were not consciously **donor driven** and there was space and opportunity for local technical opinion to evolve project formulation, the impression of donor driven agenda was often attributed to lack of local homework and evidence generation and hence a tendency to accept the suggestions / frame work / ideas of working external consultants as an easy option. This aspect again underlines the urgent need to develop and enhance the strategic planning capacities of the Ministry / Directorate and making it multi-disciplinary as well [The KfW and OPEC experiences have however been good examples of the need 'to look at gift horses in the mouth' seriously which could have avoided all the problems that have followed. They have also shown the absence of long term planning capacities especially in **human resource development** for the hospitals being upgraded].
7. **Integration** as an issue does not seem to have been seriously considered by any of the projects since many projects were seen as stand alone or focusing on infrastructure not process. [The absence of clarity in development of a **referral system** complex between primary and secondary care (for example: IPP VIII, IPP IX and KHSDP) is a case in point. Similarly IPP VIII, IPP IX and RCH could have been more complementary, etc.] This leads to wasteful duplication at the ground - level.
8. **Sustainability** is another policy imperative that does not seem to have been taken seriously by the whole system since in many ways this should be a long term concern of the Directorate and not just of the EAPs. KfW project had some serious options outlined in the project part which were not adequately experimented with. [Efforts to evolve systems of user fees; efforts to identify and hand-over (contract) out services to NGO's and or private sector etc. are being experimented with in KHSDP, IPP VIII, RCH but these experiments seem adhoc and not within a clear-cut policy framework. Nor are they being evaluated objectively to establish relevance or effectivity]. Overall the human power development experience that is crucial for sustainability has often been ignored or inadequately addressed.
9. Overall EAPs do not seem to be adequately drawing upon the **Public Health / Community Medicine capacities** of the state in any concerted or formal way nor for that matter on the phenomenal inter-disciplinary capacities of institutions such as IIM, ISEC, NLSUI and other resource centers of health, social development or strategic planning expertise- many of which are also available in other districts and regions. In fact there seems to be an **overall lack of public health / sociological orientation in problem identification, situation analysis or programme planning** in the EAPs evidenced by a sense the researchers got of the dominance of :
 - Infrastructure over human resource development.
 - Bio medicine over socio-epidemiology.

- Secondary care over primary health care (especially preventive public health).
- Centralization over decentralization.
- Provision of services over enabling / empowerment strategies.

10. Finally a **review of EAPs** undertaken by us, inspite of the time and methodological constraints, lead us to suggest that there is urgent need to:-

- a) *Develop strategic planning capacities in the Health sector of the State to handle the complexities of Health sector development as well as the challenges of negotiating sustainable projects with external agencies and funding partners that develop not distort / enhance capacities all round / and integrate not disintegrate.*

This capacity should be multi-disciplinary, directorate-based and as an immediate starting point should also become the integrated evidence based monitoring unit for all the health programmes of the state including EAPs.

- b) *Develop mechanisms of integrated planning that would start as a first step of all programme managers and programme implementers being networked into a coordinated planning mechanism that from time to time focuses on integration and sustainability issues beyond the dynamics of compartmentalized projects / program. [The project preparatory committee of the current HNP project could well become the starting point of such a mechanism].*
- c) *Both these mechanisms should draw on multidisciplinary professional expertise in the state especially public health and the behavioral sciences from all the resource centres both public, NGO, private and the professional colleges. (The HNP project is trying to do this by involving a multi disciplinary group like Community Health Cell (an NGO) but this needs to be done with greater clarity and flexibility.*
- c) *A more detailed internal review and analysis of current EAPs should be undertaken as an in-house exercise by both (a) and (b) supported by (c) so that the positive lessons from EAP experience is integrated into health sector development in the state and distortions / problems handled by a more decentralized programme implementation mechanism or countered through more effective evidence based long term strategic programme planning.*

K. Limitations of the Review Exercise

- The task of reviewing ten Externally aided projects in Health in the state in a short term framework of 4-5 months was a very stupendous and exhaustive task and perhaps quite unrealistic as well.
- Hundreds of pages of reports, reviews and other documents had to be perused and interactive interviews had to be arranged with a large number of very busy government officials and project managers within this short term framework by researchers who also had to work within a framework of complementary demand and deadlines.
- In two cases RNTCP and KSAPS interactive discussions with programme directors could not be completed so we used reported information monthly - both presentations at KTFH meetings and documents and one other programme due to time constraint. NLEP (Leprosy control) was not included. Since this review was trying to identify the broader policy issues relevant to Externally aided projects in general all the nitty gritty's of all the projects were not focussed upon.
- The study was also focussing on many issues that are neither easy to measure nor always easy to elicit because qualitative judgements on qualitative issues are often not easy to collect especially if the judgements are negative or critical. We must record however that most of the people interviewed showed a phenomenal degree of openness, frankness and willingness to discuss even 'sensitive' areas and this candidness is really appreciated.
- We have tried to do our best integrating the rich, response and feedback that was received in the interactive discussions supported by background notes and papers and our own reading and critical analysis of all the documents that we were able to access. The effort has been made to make this review a learning experience as a partner not as a critical external reviewer.
- We hope we have been able to collate and highlight the salient features - both strengths and weaknesses of EAP's when taken collectively. Much more needs to be done to address all the questions originally listed out, some have been answered, others only just considered. More time would definitely have helped. However the experience has shown that full justification can only be done if this review, both in-house and external becomes part of the ongoing Strategic Planning Cell of the Directorate / Ministry. If our study has helped to get this message across we would have felt fully complimented by our efforts.

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Dated: 28th March 2001.

M. Bibliography

(This is a partial bibliography which includes the main document / reports. It doesn't include all the aide Memoir's, review mission notes, newsletters, credit agreements, project partnership documents, submissions by project directors and other formal and informal documents).

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TABLE III
Externally Aided Projects in Health Service Delivery in Karnataka
COMPONENTS OF PROJECT PROGRAMMES AND ACTIVITIES FOCUS
(Review of Budget Headings)

SI No	Component	IPP-8	IPP-9	KHSDP	KfW	OPEC	RCH	KSAPS	RNTCP	NPCB-K	Score
1	Land Purchase / prepn	+				+					2
2	Construction	+	+	+	+	+	+		+		7
3	Furniture / Equipment	+	+	+	+	+	+	+	+	+	9
4	Drugs and supplies	+		+	+		+	+	+		6
5	Vehicles	+	+		+		+		+		5
6	Training (Local)	+		+	+		+	+	+	+	7
7	Consultancy (Local)	+	+		+	+	+		+		6
8	Training (Foreign)	+	+								2
9	Consultancy (Foreign)	+									1
10	Books / Training Mtrls	+	+								2
11	Innovative schemes	+	+								2
12	Additional staff-salaries	+					+	+	+		4
13	IEC Materials prodn		+				+	+	+	+	5
14	Revolving Fund		+								1
15	Maint Vehicles & Eqpt	+	+	+	+				+		5
16	Training Material		+							+	2
17	Evaluation studies		+						+		2
18	Kits		+			+					2
19	Video / Media		+								1
20	Waste Handling			+							1
21	Surveillance			+				+			2
22	Safety Net for Disadvan			+							1
23	Improving women health	+		+							2
24	MIS		+	+			+		+		4
25	Design and Engineering				+						1
26	Project Management	+	+	+	+						4
27	Sustainability				+						1
28	Contingencies	+	+	+	+	+				+	6
29	NGO support	+					+	+	+	+	5
30	Blood safety							+			1
31	Voluntary testing							+			1
32	Adolescent Health						+				1
33	Remunerations									+	1
34	School Health									+	1

APPENDIX - I

Project Proposal

Review of externally Aided Projects in the context of their integration into the Health Services Delivery in Karnataka.

Content List

1. Introduction
2. Objectives
3. Methodology
4. Budget
5. Project Outcome
6. References
7. Appendices

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1. Introduction

Since mid 1990's, Karnataka Government has negotiated and received grants / loans from International Funding Agencies for an increasing number of Health related projects. These have included IPP - 8, IPP-9, KHSDP, KFW, RCH, Prevention of Blindness, RNTCP and other projects. These externally aided projects have their particular focus and framework and operational strategies to support and enhance both quantitatively and qualitatively different aspects of the Health Sector development. Each of them has had various mid term and concurrent reviews and some of them are currently reaching the end of specific phases. The Karnataka Task Force in Health while reviewing these projects informally in their discussions and deliberations have raised some important questions for review.

- i. "What are the learning points from each of these projects"
- ii. How can they be integrated into the health system incorporating beneficial points and avoiding distortions?
- iii. What are the issues for consideration of sustainability, accountability and transparency" (1)

This project proposal is a short-term initiative to explore some of these issues qualitatively as a preliminary to perhaps a larger study at a later date.

Community Health Cell is a technical Community Health and Public Health oriented policy research and training group that has reviewed external aided projects in the past. Four policy initiatives are relevant to this study.

- 1) Review of health projects in India supported by Misereor / Germany. (7)
- 2) Review of Health Partnership of Memisa in Netherlands. (6)
- 3) Review of partnership in Health (Cebemor Netherlands Government) (5)
- 4) Policy reflections on World Bank Activities in India - (see references) (3)

2. Objectives of Study

1. The study will review all the externally aided projects not just individually but in their collective context and relation to the Primary Health Care and Public Health system development in the state using a SWOT approach.

More specifically it will look at

- a. The **Strengths** of each project and the positive learning experiences.
- b. The **Weaknesses** or difficulties encountered in each project.
- c. The **Opportunities** that have been created or exist to enhance primary and public health care system development in the state.
- d. The **Threats** or distortions that may have been inadvertently caused by the project assistance to the health sector or that may be caused during the process of integration.

Some specific questions are in Appendix one, though a more structured approach will emerge after the literature, review.

3. Methodology

The time frame work of three months is too short to evolve a rigorous data based, quantitative approach to project design and therefore a more qualitative approach that will focus on a participation, interactive process is being suggested rather than an expert external review the method suggested will try to make it a collective learning experience for all concerned. Each project will be requested to allot atleast one project staff to be part of an evidence collecting, evidence sifting; and evidence collecting exercise.

The steps of the process will be

A. Phase one 15th September - 15th October 2000

- i. Literature Review of all project proposals and mid term/ concurrent reviews and aide memoirs.
- ii. Informal discussions with all project leaders and support team to clarify the nature and process of review and seek required support and participation (As a half day interactive workshop together, tentative date 10th October 2000.)

B. Phase Two - 15th October - 30th November 2000

- i. Qualitative interviews with Directors and staff of each of these projects and with a small representative sample of other stake holders including medical officers and other staff. (Some visits outside Bangalore will be required)
- ii. Interactive participation workshop with representatives of all the projects to address the issues of sustainability accountability etc. and all those issues, which are common to all projects and derive from phase one review. (atleast two, to be discussed at A. ii)
- iii. A questionnaire survey of some key aspects relevant to the study to be filled up by each project as 'evidence contribution' to the review.

C. Phase Three – 15th November - 15th December 2000

- i. Integration of all the data/evidence from phase one and phase two processes into a project analysis document.
- ii. Circulation of this document to all concerned with a weeks time framework for replies.
- iii. Incorporation of all comments / suggestions and final editing of a document to be submitted to KTFH hopefully not later than 15th October 2000.

4. Budget

A budget proposal to support the study and including costs of Researchers, other assistance, office support including photocopying, computer facilities, postage, stationery, travel of research assistant and co-ordinator of study and some supportive costs for three interactive workshops is included in Appendix Two.

The study will be undertaken by Dr. Ravi Narayan of CHC supported by a full time research associate for 3 months and drawing upon short-term research assistance from some other members of CHC team on a flexi-time basis.

Some elements of the study / review are complementary to the project proposals of Mr. Vinod Vyasulu of Centre for Budget and Policy Studies, Dr. Ramesh Kanbargi of ISEC; Mr. As. Mohamed of SJMC and Dr. Pankaj Mehta of Manipal Hospital and so their involvement in some aspects of the study will be operationalised through informal interaction at no additional cost.

Finally to make the short term process more cost effective and efficient under the circumstances - close co-ordination with the project leaders will be established so that some aspects of the study including the interactive aspects can be linked to any ongoing schedule of meeting/training programmes or midterm/concurrent reviews so that opportunity costs are enhanced.

5. Project Outcome

A project report highlighting a SWOT review of the External Aided Projects and Policy guidelines for integration, sustainability and future projects of this type.

6. References

1. Topics for Action Research Studies identified by Task Force (a KTFH handout)
2. Comprehensive Health, Nutrition and Population services development initiative in Karnataka (An idea draft from CHC)
3. Comments on Case Study of World Bank Activities in the Health Sector in India (A CHC policy reflection)
4. A Guide to sector-wide approaches for Health development - concepts, issues and working arrangements (Andrew Cassels) A WHO/DANIDA/DFID publication.
5. Programme Evaluation-Basic Health Services India (cebemo / icco/DGIS), October 1994. (CHC)
6. Partners in Health - Challenges for the next decade: A process review of the Indian Partnership of Memisa - 1989-1994, (October 1994. CHC)
7. Promoting Health in India: A process review of the Indian Partnership of Misereor, December 1994. (CHC)

APPENDIX - II

Integration of Externally Aided Projects in Health Services Delivery (Karnataka)

Some Issues and Questions to be addressed in the Review Project by Literature Review and Interactive discussions.

A Check List

1. Descriptions of each project including year of starting, period, focus, objectives, components, programmes, budgets, reviews, etc.
2. Was the 'problem analysis' and the 'problem solution' comprehensive or selective? If selective then factors used for prioritization? or selection of strategies?
3. How does the project support,
 - a) Health System Development ?
 - b) Primary Health Care?
 - c) Public Health?
4. How is the project funded?
 - a) Direct or indirect
 - b) Loan agreement/conditionality
 - c) Repayment
 - d) Budget components etc.
5. What has been the experience of
 - a) financial management
 - b) disbursement
 - c) expenditure
 - d) delays
 - e) shortfalls, etc.
6. Is the project funding leading to distortions in spending priorities?
7. Are a reliance on projects perpetuating long-standing budgetary imbalances; implications on existing state health budget etc.?
8. Are there diversities in accounting/auditing procedures?
9. Strengths, Weaknesses, Opportunities, Threats of each project including those identified by mid-term reviews.
10. Are there problems of
 - a) Project flexibility
 - b) Overdesigned
 - c) unnecessary long lead time, preparation delays
 - d) Slow rates of disbursement
 - e) Complicated procedures
 - f) Any other managerial/operational problems.