#### RUHSA DEPARTMENT, CMC, VELLORE

## DCHM - ELECTIVES

## General Guidelines & Informations

Each student will be attached to individual guides apart from the Elective Coordinator. Since this is more of a self directed learning, the students are expected to take only the guidelines from the elective Coordinator and guides and to put their own efforts. However to give some insight into the Elective Study and to bring in uniformity the following informations are given.

#### I. Field study/Numerical Data Based Activity

## Planning

- Identification of a study problem/area
- 2. Identification of resources (literature, data etc)
- 3. Literature review and listing related findings
- 4. Setting goals and objectives
- 5. Framing hypotheses (if relevant)
- 6. Listing concepts and variables
- 7. Defining concepts and variables
- 8. Identifying the methods of data collection
- 9. Preparing dummy tables
- 10. Identifying the scope and limitation of the study
- 11. Listing tentative chapters and sub-chapters
- 12. Presentation of plan proposal

#### Survey

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- 1. Preparation of data collection tool
- 2. Pretesting and improving (if needed)
- 3. Data collection
- 4. Analysis and interpretation
- 5. Report writing
- Presentation for comments and suggestions
- 7. Corrected final report submission

#### II. Reviews

## Planning

- 1. Identification of a study problem
- 2. Identification of resources
- 3. Setting goals and objectives
- 4. Preparation of bibliography
- 5. Preparation of time plan for review
- Presentation of objectives, classified bibliography and time plan.

## Analysis and Interpretation

- 1. Comparative concepts and variables
- Differences in methods, definitions and time periods of the respective studies
- Comparable findings
- Differences in geographical specifications/characteristics
- 5. Other informations found relevant by the participant
- 6. Report writing
- 7. Presentation for comments and suggestions
- 8. Corrected final report submission

#### 111. Curriculum Development

## Planning

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- 1. Background and introduction
- 2. Study problem
- 3. Necessity for the curriculum to be developed
- 4. How the curriculum will be administered
- 5. Expected shortcomings and how to overcome them
- 6. Literature review and discussion with guides
- 7. Overall time plan framing

## Writing Curriculum

- 1. Overall goals
- Needs assessment tools forming
- 3. A systems approach design planning
- 4. Preassessment tools formaing
- 5. Objectives and sub-objectives forming
- 6. For each sub objectives content forming
- 7. For each content methodology framing
- 8. For each content resource person fixing
- 9. For each content time allocation
- 10. For each content review and evaluation fixing
- 11. Overall evaluation tools framing
- 12. follow-up ways suggesting

## IV. Manuals

Through the manuals follow broadly the same steps as in curriculum development, the content dealing along with diagrams and pictures will be elaborated fully unlike in curriculum development.

The General format for Presenting the Electives report

- \* Title Page
- \* Acknowledgement
- \* List of tasks/Charts/maps and diagrams
- \* List of contents
- \* Main body
- Introduction
- Review of literature and specific inferences drawn
- Implications of the work to the existing knowledge and also to his/her organisation.
- References or Bibliography
- Appendices

## Electives Evaluation

The evaluation of the eclectives will be done as three parts.

- 1. Evaluation of the process
- 2. Evaluation of the content/material
- 3. Evaluation of the presentation

#### 1. Process

Processes includes regularity of meetings with the guides, elective coordinator and discussing about the topic, development of topic and content, development of the techniques of review and development of outline of report etc.

## 2. Content

Content includes title, objectives, sequence of materials, methodological details, language style, clarity, summary and conclusions etc.

- 3. Presentation
  - In presentation

In presentation the following criteria will be considered for evaluation.

- a) Organisation and style of presentation
- b) Logicality of the report and argument
  - c) Familiarity with the concepts and ease/confidence in presentation
  - d) Openness to ideas and criticisms
  - e) Utilisation of A.V. Aids and its appropriateness

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## RUHSA DEPARTMENT, CMC&H, VELLORE

## **Training on PGDCHM Course**

#### **RUHSA** Introduction

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The RUHSA Department, Christian Medical College & Hospital was started in the year 1977 as a community health and development programme away from 25 Kms. CMC&H to serve the needs of the rural developmental block K.V. Kuppam population over 1,00,000. Apart from its multi-dimentional activities to improve the health, nutritional and socioeconomic status of the needy, RUHSA undertakes to develop the human resources of voluntary organisations, educational institutions, government service departments and others working on similar lines in rural areas throughout the length and breadth of India. Since its inception, RUHSA has trained over 20,000 personnel in various aspects of health care delivery and development issues.

## **Resources available for training**

1. Faculty:

Full time Training Consultants, Training Officers, Health Educator, Nutritionist/Psychologists, Public Health Consultants, Doctors, Nurses, Para-medical Workers & Public Health Personnel.

- 2. Conference Hall & Class Rooms
- 3. Trainees hostel facilities for over 200 persons, separately for men and women.
- 4. Canteen
- 5. Computers for material preparation & documentation.
- 6. Library
- 7. Media Centre

## Salient Features of RUHSA Training

- \* Well planned curriculum with specific objectives
- \* Flexible to accommodate participants desired needs
- \* Management Evaluation Team (MET) from participants, to monitor workshop process & provide feedback for improvement
- Participatory Training methodologies
- \* Theory combined with practicals
- \* Highly qualified & experienced Resource Persons with different specialisations.
- \* Field programmes for observation & practice of learning
- Visit to other NGOs

## **PGDCHM**

The Diploma in Community Health Management (DCHM) is a course started at RUHSA Department, CMC&H, at it's Campus, in 1983 in association with the Voluntary Health Association of India, New Delhi. Planners of this course saw the need and demand for competent and committed personnel in community health management for developing countries. The lack of personnel and managers with the attitude, knowledge, skills and experience to provide dynamic leadership in this area was also identified. The basic curriculum was developed in the international consultation held at RUHSA in 1982. Subsequently curriculum modifications were made every year on methodology and integration.

The DCHM course is planned to prepare:

Managers, planners and Team Leaders for integrated Community Health and Development projects.

Effective Trainers and Personnel for potential community health and development training and research centres of non-government and government organisations.

## **OVERALL GOAL**

The overall goal of this course is to make available people who have the skills and knowledge to be effective at the management and supervisory level of Community Health and Development programmes, projects and activities; people who are concerned about social justice, health and economic status of the people, willing to work for the oppressed and marginalised and weaker sections of the community and prepared to learn and grow personally with a desire to make health and healthy community life a reality for all people.

## **CORE SUBJECTS**

- Health & Development (HAD)
- Management & Administration in Health & Development (MAD)
- Techniques of studying community (TSC)
- Studies in Society (SIS)
- Effective Change Agent (ECA)

## MODULES AND WORKSHOPS

- > Primary Health Care
- Society & Culture
- Community Orientation Programme
- Participatory Training Methods
- Reproductive Child Health
- Communicable & Non-communicable diseases
- Community Survey Techniques & Research Methods
- Demography and Computer
- Motivation & Human Relations
- Counselling
- Human Resource Management
- ▷ Leadership
- Managerial Skills
- Personality Development
- Accountancy for Managers
- Materials Management
- Strategies of Social change
- > Epidemiology
- Designing Training Curriculum
- Project Formulation
- Project Evaluation
- Community Nutrition
- Communication & Behaviour Modification
- Health Education Strategies
- Biodiversity & Environmental Health
- Rural Occupation & Economy
- Community Development
- > Government policies, Plans, Programmes in Health & Development

- > Role of NGOs in Poverty Eradication
- Pre-school Education
- > Community participation & Organisation
- > Management of Income Generation Programmes
- Rehabilitation & Social Welfare
- > Issues in Health & Development
- Educational Tour
- ➢ Elective study
- > Practicum

## OUTCOMES EXPECTED

On completion of this course, the candidate will have the foundation to:

- Plan, organise, implement and evaluate Community Health and Development programmes.
- S Carryout a survey using quantitative and qualitative methods.
- Use skills and techniques of management to ensure efficient and effective use of resources.
- ✤ Take leadership in working with team members and community representatives in planning detailed activities required to accomplish health and development goals and objectives.
- bevelop an interest to serve the weaker sections of society and take initiative to equip oneself through self-directed learning.
- betermine and provide for the Human Resource Development of the personnel required for the programme.
- Develop a desire to improve one's own personality to function more efficiently as a change agent in the community.

## SELECTION CRITERIA

- \* Bachelor's degree in any discipline which includes Arts, Science, Social Science, Law, Management, Engineering, Medicine, Nursing etc.
- \* Ability to handle English as a medium of learning.
- \* Strong motivation and commitment towards working for the underprivileged.
- Must attend interview conducted at CMCH along with original certificates.
- \* Sponsored candidates will be given priority.

## For Foreign Students

- English Language
- Health condition
- Provisional selection subject to final selection in the interview and Health Check up
- \* The selected students should et a 'Student Visa' valid for the entire duration of the 1 year course.

## **Medical Fitness**

In order to avoid investing in long term training on candidates who may not be able to provide community service, candidates with the following disease condition will not be selected.

- 1. Chronic heart disease
- 2. Chronic liver disease
- 3. Malignant conditions
- 4. HIV/AIDS
- 5. Active pulmonary tuberculosis on current treatment
- 6. Other deliberating conditions

## **Training Methodologies**

Lecture
Group work
Discussion
Field visit
Exercises
Video
Demonstration
Simulation games
Role play
Debate

Programmed-learning Quiz Case-study Book-review Problem based learning Self-directed learning Field study Elective Practicum

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## COURSE DETAILS

1.	Course Duration	: 1 year
2.	Prospectus & application forms available from	: 1 <sup>st</sup> week of April 2002
3.	Last date for acceptance of completed application forms	: 7 <sup>th</sup> June 2002
4.	Date of Interview	: 25 <sup>th</sup> July 2002
5.	Course commencement	: 1 <sup>st</sup> August 2002

6. Course fee : Rs.4,600/- (Including Accommodation & Cost of hepatitis 'B' vaccine)

 Food expenses extra - Rs.1000/month (For South Indian Food)

- 7. Partial scholarships are available for deserving students to cover the course fees and educational tour. Application for this should be sent to the Head of RUHSA Department.
- Prospectus and application forms can be obtained by submitting a crossed Demand Draft for Rs.300/- (not refundable) drawn in State Bank of India, payable at Bagayam, Code No.2203, in favour of "CMC VELLORE ASSOCIATION ACCOUNT" from:

The Registrar, Christian Medical College, Vellore 632 002 Tamil nadu.

## HOW TO REACH RUHSA

Nearest Railway Station : KATPADI JUNCTION

From Vellore or Katpadi any bus going to Gudiyatham via K.V.Kuppam will take you to RUHSA or P.K.Puram stopping. From there RUHSA Campus is within ½ k.m walking distance. Few buses come straight into the campus also.

## FOR FURTHER DETAILS CONTACT

THE HEAD RUHSA DEPARTMENT CHRISTIAN MEDICAL COLLEGE & HOSPITAL RUHSA CAMPUS P.O 632 209. VELLORE DISTRICT TAMILNADU, INDIA

PHONE	:	04171 - 46251,46252,46255
FAX	:	04171 - 46255
GRAMS	:	RUHSA, KILVAYATTANANKUPPAM

## RUHSA DEPARTMENT, CMC, VELLORE

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## <u> PODCHM COLLEGE - 2002 - 2003</u>

## INTEGRATED HEALTH AND DEVELOPMENT PROGRAMMES (IHAD)

## GENERAL AND SPECIFIC DRJECTIVES

- 1. To describe the role and functions of Wealth and Development NGDs and the issues involved in developing linkages:
- i.i. To state the roles and functions of health and development MBOs.
- To explain the issues related to NGOs dealing only Health Programmes, only development programmes and both Health and Development Programmes (RUMSA).
- 1.3. To enalyze the concept of integrated health and development.
- 1.4. To list out the components of a MGO involved in health and development programme.
- 1.5. To discuss the philosophy of different Voluntary Agencies.
- 1.6. To chart out the history of various development programmes.
- 1.7. To identify the goals and objectives of the organisations visited.
- i.G. To identify the staffing pattern and structure of the various developmental organisations.
- i.7. To explain the issues involved in developing linkages among MBOs.
- 2. To describe and appriciate the various approaches and its advantages of different sections in Health and Development Programmes by 60 and M60
- 2.1. To explain the health and development activities of the MBDs.
- 2.2. To describe the various approaches/strategies adopted to isplement health and development programmes by NGOs and GO.
- 2.3. To discuss the merits and demerits of approaches / strategies adopted by NGOs by comparing one with other.
- 2.4. To state the types of beneficiaries under health and development programmes.
- 2.5. To listout the sources of funding and the budget plans of the different MGDs.
- 2.6. To identify the problems faced by NGOs (each organisation) in the achievements of its goals and objectives.
- 2.7. To list out the achievements and failures of NBOs. (developmental organisation).
- 2.8. To discuse the utilisation of programme by the target population.
- 2.9. To enalyse the level of community participation in the organisational activities.

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1 - trobuction, motto. Objectives -& location Beneficier.en. Collaboration with other organisations.

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## RUHSA DEPARTMENT, CMCH, VELLORE WORKSHOP "ON COMMUNICATION" A SYSTEMS APPROACH

#### 1. INTRODUCTION

Communication becomes the key factor in the process of development as the cry of a new born is described as the first act of communication. Communication is a function of life. 1+ is rooted in human existence. If we improve our communicating skills, we can greatly increase the efficiency of our communicating with benefit to the productiveness of our work and the enjoyment of our relationships. At work most jobs have some communication component. Most managerial administrative and professional jobs depend very largely on successful communication. Teaching and the academic world generally, is largely about communicating. The ability to make contract with otherrs to understand them and enable them to understand us is a communication skill of the highest order. Both at work and outside it, the quality of our personal relationship depends heavily on the quality of our communication. Communciation can serve to stimulate new thoughts, new feelings and in turn this will help people to choose the behaviour which they feel is the best for them. The goal of this workshop is to enable the participants "To acquire knowledge and skill to use effective media and mass communication".

#### 2. NEEDS ASSESSMENT

Basic needs will be identified through the review of the previous years curriculum.

Participants expressed needs will be identified after distributing the objectives, based on the basic needs through discussion.

Entry level of the participants will be identified through a questionnaire and discussion.

## 3. GENERAL OBJECTIVES

- To describe various basic effective communication skills, a. required for community development services.
- To develop appropriate messages for problem identification t. . and issues related to message formation and education.
- To discuss the effective communication in the organisational с. setting.
- d . To explain the role journalism in mass communication.
- To describe the role of media in rural health e . and development.
- f., To operate atleast three audio visual equipments.

#### 4. METHODOLOGY

Group exercise, group discussion, presentation, role play, field visit, video, slides, lecture and demonstration.

Resource Personnel:

Mr.Mathew, Mr.Sekar, Mr.Stalin, Mr.Asokan, Mr.Alexander.

## 5. IMPLEMENTATION

PLEMENTATION	23
Date Venue Medium of Instruction Coordinator	20.1.2003 TO 24.1.2003 RUHSA Campus English Mr.S.Stalin $500 + 100$ 10 10 50 

## 6. EVALUATION

Presentation, group work, attendence, MET presentation; post evaluation.

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### RUHSA DEPARTMENT, CMCH, VELLORE

## WORKSHOP ON "COMMUNICATION"

## 20.1.2003 (MONDAY)

08.30 - 10.30

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Objectives

- Registration, Inauguration, Preevaluation and Needs assessment.
  - 1. To collect filled in application forms 2. To have self introduction by staff and participants.
  - 3. To explain anticipated outcomes.
  - 4. To assess participants' pre-entry knowledge and skill.
  - 5. To listout participants' expectations.

- MR.STALIN

11.30 - 12.30 P.M.

To describe various basic, effective communication skills required for community development services.

#### Introduction to communication

- × To explain the importance of communication skills in health . and development programmes.
- To define communication 1
- To state atleast four elements of communication. 2
- To list atleast four types of communication. \$
- \* To explain atleast three barriers of communication.

#### - MR. STALIN

02.00 - 03.30 P.M.

Communication Theories & Principles of Communication

- To discuss atleast two models of communication ÷.
- To listout atleast ten principles of communication \*
- To explain atleast five principles of communication. \*

- MR. MATHEW ASIRVATHAM

04.00 - 05.00 P.M.

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The Communicator and Public Speaking

To explain atleast five qualities of a good communicator. To demonstrate the art of attractive public speaking.

#### - MR. STALIN

21.1.2003 (TUESDAY)

09.00 - 10.30 A.M.

#### Behaviour Modification

- \* To define the term Behaviour modification
- \* To discuss the concepts of Behaviour Modification
- \* To explain the steps in Behaviour Modification
- # To state the importance of Communication in Modification.

Behaviour

- MR. MATHEW ASIRVATHAM

11.00 - 12.30 P.M.

To develop appropriate messages for a problem identified and issues related to message formation and education.

Message & Message formation

- \$ Ta explain the importance of messages in Health and development communication.
- \* To list atleast five points in formation of correct messages,
- × To discuss the method of message formation.
- To present the correct messages formed during the group ×. exercise.

- MR. STALIN

02.00 - 04.30 P.M.

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To discuss the principles of effective communication in the organisational setting.

Organisational communication

- To discuss the importance of organisational communication. Ż.
- To analyse the four channels of ÷. organisational communication.
- \*
- To describe the principles of organisational communication. To listout the barriers of effective communication in 法 proanisation.

- MR. SEKAR

22.1.2003 (WEDNESDAY)

09.00 - 10.30 A.M. 11.00 - 12.30 P.M.

Traditional media or performing arts

- \* To identify the traditional types of communication.
- To explain the advantages of performing arts. \*

\$ To demonstrate atleast two performing arts.

#. To create a story line for a given theme.

- MR. ALEXANDER

02.68 - 03.30 P.M. : Folk Arts - Songs & Stories 04.00 - 05.30 P.M. : - MR.SEKAR

23.1.2003 (THURSDAY)

08.30 - 12.30 P.M. 02.00 - 05.00 P.M.

To discuss the role of media in rural health and development

The Audio Visual Aids

- To define the audio visual aids
- To explain types of audiovisual aids \*
- To discuss the advantages of AV aids. \*
- To explain the low cost AV aids used in community education. Ø.
- To prepare and demonstrate atleast three low cost AV aids for better community education.
- 岸 To explain the multimedia strategy in campaign method. - MR. STALIN

24.1.2003 (FRIDAY)

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09.00 - 10.30 A.M. 11.00 - 01.00 P.M. 02.00 - 03.00 P.M.

Journalism & Mass Communication

To define journalism \*

To list atleast 4 principles of journalism To state the qualities of a journalist \*

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- To explain the method of writing articles. To explain the method of reporting editing of any news. \*
- To demonstrate the process of preparing layout for a given \$. new letter

- MR.J.S.ASOKAN

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03.00 - 04.30 P.M. : Workshop Review

Post Evaluation - MR.STALIN

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## RUHSA DEPARTMENT, CMCH, VELLORE

## WORKSHOP ON HEALTH EDUCATION

#### A SYSTEM APPROACH

## Introduction :

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People are suffering and dying from diseases, hunger and accidents. Many of these people are children and many of them are growing maimed or stunted in body and mind. Yet much of these death diseases and suffering could be prevented. This is the challenge for health education. Health education is one of the eight components of primary health care as stated in the bistoric decleration of Alma-Ata Frimary Health care is concerned with establishing a system of health care which meets the essential needs of the majority of people. Health education is a very important part of primary health care. The aim of health education is to enable people to define their own problems and needs. Then with their own resources they decide on the action most appropriate to promote healthy living and community well being.

The workshop on health education would facilitate the participants to plan and implement a need based health education programme.

#### Needs Assessment and Pre-evaluation

- a. The BASIC NEEDS of the workshop will be identified through the previous experience of RUMSA faculty.
- b. The DESIRED LEVEL of the participants will be identified by administering questionnaire.
- c. The PRE ENTRY knowledge of the participants will be assessed by questionnaire.

## General Objectives :

- 1. To explain the concepts of health education.
- 2. To plan a model health education programme,
- 3. To describe suitable methods for evaluating a health education programme in a simulated situation.
- 4. To implement a model health education programme.

#### Resource Personnel :

Dr.Rajaratnam Abel, Mr.S.Stalin, Mr.Mathew Asirvatham, Mr.Sekar, Mrs.Jolly Rajaratnam.

#### Teaching Methods :

EULOU

Lecture, discussion, group assignment, presentation and demonstration.

Workshop	Imp.	lementa	sti	on	3	Da
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Dates : 27.1.2003 to 31.1.2003 Process : Workshop Coordinator: Mr.Stalin Medium : English

Evaluation : Presentation, Group work, attendence, post evaluation questionnaire & MET.

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# RUHSA DEPARTMENT, CMCH. VELLORE

# WORKSHOP ON HEALTH EDUCATION

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27.1.2003 (MC	INDAY)	
08.30 - 09.		stration, Pre-evaluation, Assessment - Mrs.Jayalakshmi
09.00 - 10.	30 : 1. I	introduction to Health Education
	1.2. 1.3.	To discuse the definition of Health Education. To explain the need importance for Health Education. To discuss the concepts of Health Education. To describe the role of Health Education in Health Care System. - Lecture and Discussion - Dr.Rajaratnam Abel
11.00 - 12.		ontent of Health Education Communicable Diseases
	2.2.	To list the eight content of Health Education. To describe the facts of common
	2.3.	communicable diseases. To review the problems of common communicable diseases. - Lecture - Mr. Stalin
02.00 - 03.		ntroduction to the Steps in Planning Wealth Education
		To list the seven steps in planning a field level health education programme. To discuss the seven steps in planning a Health Education Programme. - Lecture & Discussion - Mr. Mathew
Ø3.30 - 04.		Content of Health Education Personal and Environmental Hygiene
		To discuss the need and importance of personal and environmental hygiene. To explain the methods of keeping personal and environmental cleanliness. - Lecture / Video - Mr. Stalin
28.1.2003 (TL	ESDAY)	
08.30 - 09.	.00 : MET	& Review
09.00 - 10. 11.00 - 12.		(AP in Health Education
	5.1. 5.2. 5.3. 5.4.	To define KAP. To develop KAP schedules. To explain KAP administring process. To discuss the importance of KAP. To analyse KAP results.

Lecture/Group Discussion /Presentation
 Mrs.Jolly Rajaratnam

03.30 - 04.30

## 02.00 - 03.15 : 6. Identification of Health Problems, Prioritisation and Analysis

- 6.1. To discuss atleast three methods of problems identification.
- 6.2. To prioratise the identified problems.
- 6.3. To analyse the selected health problems.

- Lecture, Group work, Presentation - Mr. Sekar

29.1.2003 (WEDNESDAY)

88.30 - 89.00	3	NET & Review
09.00 - 10.30 11.00 - 12.30	3	7. Goal & Objectives
		7.1. To define the term 7.2. To develop Goal f

Goal and Objectives. or a specific health education session.

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- 7.3. To develop objectives for specific health education session.
- 7.4. To discuss the importance of Goal and Objectives to the specific health education session.
  - Lecture / Group Work & Presentation - Mr. Mathew Asirvatham

02.00 - 03.15 : 8. Planning for Health Education on a 03.30 - 04.30 given topic

- 8.1. To plan an health education programme for a given topic.
- 8.2. To plan for different methods and media group work and presentation.
  - Lecture & discussion Mr.Stalin

30.1.2003 (THURSDAY)

11

08.30 - 09.00 : MET & Review

09.00 - 10.30 : 9. Preparation of Audio Visual Aids for 11.00 - 12.00Health Education

> 9.1. To plan and prepare a set of Audio Visual Aids for the selected topic. 9.2. To discuss the advantages of using multimedia in Health Education. - Lecture, Group work and Presentation - Mr. Stalin

03.30 - 04.30

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02.00 - 03.15 : 10. Evaluation of a Health Education Programme

- 10.1. To describe the importance of evaluation in Health Education.
- 10.2. To discuss the methods of preparing evaluation tool.
- 10.3. To develop the evaluation tool for a specific Health Education Session. - Lecture, Discussion, Group work - Mr. Mathew Asirvatham

31	.1.200	3	(FRIDAY	()	
	08.30	-	09.00	9	MET & Review
	09.00			;	14. Implementing Health Education Programme
					<ul> <li>14.1. To implement a planned Health Education Programme.</li> <li>14.2. To evaluate the health education programme.</li> </ul>
					Group 1 : Community College Students
					Group 2 : Community College Students
					- Mr. Stalin
	02.00	-	03.15	2	Review of the Health Education Programme
	03.30		04.30	3	Post Evaluation

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- Mr. Stalin

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issues in Wolffn and Development is an integrated module of distinguish and idevelopment is an integrated module of distinguish and identify the issues in their own working areas by the state and development to techie the struction. One should see the velative morits and demerits of the issues to collect maximum information to analyse its beckground, Without appropriate analysis and adquate preparation any attempt/approach to control the issues may not give the frontful result. This module will enlighten the perintipents to foot into the verture approach to control the issues in health and development and factife the problem structions. By the completion of this module, the participants is unstrone. By the completion of this module, the participants is able to identify issues and development and tachie the problem structions. By the completion of this module, the participants is unstrone. By the completion of this module, the participants is the the to identify issues and develop suitable action plant will be able to identify issues and develop suitable action plant will be able to identify issues and develop suitable action plant is to identifie the tenus to the community.

#### INBNSSBSS TERBER 12

- Sasic needs will be identified through experienced faculty.
   Desired level will be identified through the reflection of the perticipents after distributing systems approach and through questionneire.
- Pre entry level will be assessed by administering structured questionaire to assess the present knowledge, attitude and skille of the trainese.

## 2' OBTECLINES'

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- c) to debte the positive and negative sides of the issues.
- nd vitrummob and seriteness of neighbor of the community of the community of the series.

#### \*\*\* WELHODSCORA\*

Broup discussion, Litersture review, Consultation with experts in RUHSA, Lecture & Interview with beneficiarise.

## RESOURCE RERSONNEL

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#### S. PROGRAMME IMPLEMENTATION:

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	Landade Love L. O. M.	42	Co-ordinator
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#### 4. EVALUATION:

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Regular informal discussion with the trainees, Faculty, observation, group work and presentation, final evaluation questionaire.

## ISSUES IN HEALTH AND DEVELOPMENT (GUIDELINES)

- Identification of issues - Define the issues - Historical perspectives of the issues - Dimensions of the issue - Magnitude of the issue (Local/National/International) - Who are affected - How are they affected - Relavance of the issues - Individual level - Organisational level - Community level - National level - International level - Causes of the issues - Consequences of issues Part II - Personnel opinion on the issue - Group opinion on the issue Part III How are you going to address the issue? - Statement of the issue - Components of the issue - Alternative strategies - Assumption - Anticipated out put - Feasibility - Select appropriate strategis - Develop Action Flan - Potential obstacles and alternative approaches to over come the obstacles - Nethods of implementation Part V - Indicators for impact presurement. - Presentation of an issue to the group of policy planners/faculty - Report writing and submission to the module cor ordinator.

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# RUHSA DEPARTMENT, CMCH, VELLORE

# MODULE ON ISSUES IN HEALTH AND DEVELOPMENT

## TIME SCHEDULE

3.3.2003 TO 7.3.2003

## 3.3.2003 (MONDAY)

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09.00 - 09.30 A.M.	Ŀ	Pre Evaluation - Mrs.Jayalakshmi
09.30 - 10.00 A.M.	3	Workshop Introduction - Mrs.Jayalakshmi
10.30 - 11.30 A.M.	3	Identifying the Issues prevalent in the field of Health & Development
		- Group Discussion - Discussion with Senior Staff of RUHSA
11.30 - 12.30 P.M.	1	Selecting an Issue for Study
		- Group Discussion - Discussion with Experts
2.00 - 4.30 P.M.		<ul> <li>Issue Study</li> <li>Literature Review</li> <li>Consultation with Experts / RUHSA Faculty</li> <li>interview</li> <li>Report Presentation</li> </ul>
4.3.2003 (TUESDAY)		
9.00 - 10.00 A.M.	2	Introduction to Issues in Health & Development - Dr.Thasian
4.3.2003 to 6.3.2003 (TUESDAY to THURSDAY)		
		- Issue Study
		- Literature Review
	1	- Consultation with Experts / RUHSA Faculty
		- interview
		- Report Presentation
7.3.2003 (FRIDAY)		
07.00 - 01.00 P.M.	2	Process Review, Preparation for Presentation
02.00 - 04.00 P.M.	;	Presentation - All Faculty
04.00 - 04.30 P.M.	:	Post Evaluation - Mrs.Jayalakshmi

S. JAYALAKSHMI CO. ORDINATOR.

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Com + 66.2\_ RUHEA DEPARTMENT OF CMC. VELLORE CHM - ELECTIVES A Systems Approach Introduction: The DCHM course has got five core subjects to cover widely the needs of Heelth Planners and Managers. Nowever to specialise in any one particular area in which the participant has been working or the sponsoring agency wants the respective candidate to be moulded into, for which this Elective belos immensely. By the end of the elective, the DCHM participants will be able to : Plan & implement a study of their interest. Pre-assessment: The respective guides in their discussion will assess the pre-entry knowledge of the participants. 7. Objectives: 1. To identify topics of interest and relevance to the participant's area of work. 2. To write an outline of the selected topic. 3. To describe the methodology to complete the Elective, 4. To implement the elective plan. 5. To present the final report. A . Methodololgies: a) Library Review b) Field Study c) Indepth Study of RUHSA'S special programmes d) Planning Specific projects e) Preparation of Manuals f) General expositions g) Combination of any of the above. 5. Implementation: : March 8th - 29th, 2003 Date Process : Guided Self-Study Venue : RUHSA Co-Ordinator : Dr.T.Thasian Guides 2 6. Assessment: \* Weekly Review \* Discussion by quides \* Observation \* Periodical submission of reports at different stages by the participants.

\* Final presentation.

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#### RUHSA DEPARTMENT, CMCH, VELLORE

## Integrated Health & Development ((IHAD) Module of the DCHM COURSE 2002 - 2003

## J. Introduction

Health and Development are closely interlinked. Health Programmes will be more effective if they are combined with developmental activities. A holistic human approach to Health Care Delivery is the necessity of the day. RUHSA is an example of the integrated approach. The impact of health interventions are enhanced through socio-economic development programmes. The goal of this IHAD module is to enable the participants "To enelyse the models of health and development system of 60. MGB. Quasi Government agencies, its roles and functions, issues of coordination between them and transferability of international health system to Indian System".

#### II. General Objectives

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By the end of this module the participants will be able:

- 1. To describe the roles and functions of health and development MGOs and the issues involved in developing linkages.
- 2. To describe and appreciate the various approaches and its advantages of different sections in health and development programmes by GO & MGO.
- 3. To compare the programmes and activities of NSS, working in HAD in India and debate the issues of coordination between NGO, GO, Quasi Bovt. Agencies.

#### III. <u>Resource</u> Persons:

Dr.Rajaratnam Abel, Mr.Jebaraj

#### V. Methodology

Field Visits, Observation, Dialogue with Project Staff, Discussion, Group work and Presentation.

## VI. Implementation

Co.ordinator

: Mr.Jebaraj

Ruhse - Rajn

TCT - Joshne.

D-13.6 SMT - Demis. Eleg.ri - Sr. Terne. NSM - Tharani

6.1.2003

to Schue: HAD Projects RUHSA - Rajn. to Schue: HAD Projects RUHSA - Rajn. TCT-Ranipet, SMT, Thiruvannamalai - John SUCHI, Chittoor

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10.1.2003

Suchi, Chittoor Surgen <u>CRHSE, Flagi</u>ri - Sr. Teen NSM, Ranipet De

VII. Course Assessment

Submission of Reports

#### //50.6 SYAP2223.IHD//

## RUHSA DEPARTMENT, CMC, VELLORE

## INTEGRATED HEALTH AND DEVELOPMENT (IHAD) MODULE OF PODCHM COURSE

TIME TABLE

6.1.2003	(MONDAY)
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4.19.24

- 08.30 09.00 A.M. Introduction of IHAD Module - Mr. V. Jeharai
- History of RUHSA, Philosophy, Objectives 09.08 - 10.38 A.M. 2 Approaches, Achievements, Failures & Awards and Health intervention programme Panel Discussion - Dr.Rajaratham Abel
- Visit to NSM Project, Ranipet 11.00 - 04.30 P.M. : - Mr.V.Jebaraj
- 7.1.2003 (TUESDAY)
- 07.00 04.30 P.M. | Visit to CRHSE, Elegiri - Mr.Jebarai

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- 8.1.2003 (WEDNESDAY)
- Visit to Thirumalai Chemical Trust, Ranipet - Mr.Jeberaj

9.1.2003 (THURSDAY)

08.30 - 04.30 P.M. : Visit to SUCHI, Chittoor

10.1.2003 (FRIDAY)

08.30 - 04.30 P.M.

Visit to Shanthi Malai Trust - Thiruyannamalai

10.1.2003 (SATURDAY)

8.30-12.00 Noon : Presentation of Reports

Co.ordinator.

//50.6 TTABE02.IHD//

- 3. <u>To compare the programmes and activities of NGO, Working in</u> <u>Health and Development in India and debate the issues of</u> <u>co.ordination between NGO, GO, Quassi Government Agencies</u>
- 3.1. To compare the activities of different NGOs.
- 3.2. To analyse the issues in Co.ordinating programmes with Government, NGOs, Buasi Government and other organisations.
- 3.3. To discuss the multi sectorial programme co.ordination.
- 3.4. To discuss the role of non banking financial intermediaries in Health and Development.

//50.6 ST2223.0BJ//

#### RUHSA DEPARTMENT, OMCH, VELLORE

## WORKSHOP ON "PRE-SCHOOL EDUCATION"

## INTRODUCTION

"Train up a child in the way he should go, and when he is old be will not depart from it". (Rible)

Of all wealth that a person can have, the wealth of having a child is the best wealth. Young children are like sections in the nursery and education at an young age is like carving a statue. So, creating a proper learning environment during childhood is a key factor in the development of a child's remain performance. The pre-school education that is practiced now-a-days binders rather than belps the child's development. Demons and detrimental trends are increasingly being found in the nursery and pre-primery schools. Lack of knowledge and skills has been a major constraint for those who wish to plan and interment pre-school education programme. RUHSA has responded to this need through its 5 days workshop on "Pre-School Education" with the following goal.

"To Plan and implement appropriate activities in the Pre-School Education Centres effectively for the overall development of children".

#### NEEDS ASSESSMENT

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- The BASIC NEEDS of the workshop will be identified through the previous experience of RUSHA faculty.
- The DESIRED LEVEL of the participants will be identified by administering through discussion.
- The PRE ENTRY knowledge of the participants will be assessed by a questionnaire.

## GENERAL OBJECTIVES:

On the completion of the five days workshop, the participants will be able:

- 1. To discuss the concepts of parenting.
- 2. To describe the importance of pre-school education for the overall development of children.
- 3. To recognise the significance of physical and motor development for the bealthy growth of a child.
- 4. To examine the significance of language development as a crucial foundation for all later learning.
- 5. To discuss the cognitive skills that help children in to knowing the environment.
- b. To analyse the role of socio-emotional development for a child's overall development.
- 7. To admire the need for developing the skills of creative expression and Aesthetic appreciation among children.

- 8. To plan a suitable pre-school programme for children.
- 9. To choose suitable methods in assessing children's learning.
- To analyse the roles of a teacher in effectively managing a pre-school centre.
- To justify the relevance of play and activity approach in overall development of a child.
- To develop the talents of child by conveying simplified science concepts.

## METHODOLOGY

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Lecture. discussion, group work and presentation, demonstration, internable in pre-school centre, vedic show & games, role play, field visit.

Resource	Fersons:	Dr.Abel	Mr. Sekar.	Mr.Muniraj.
		Mr.Stalin,	Mr.Selvakumar,	Mr.Alexander.
		Mr.Solomon K.	hir . Astolian	Mr.Govindaraj

## IMPLEMENTATION

Duration -	455	Days (11.11 2002 t	0 15.11.	2002)
Venue -	F4.	IHSA Campus		
Frocess -	hle,	ar k shoqa		
Co-ordinater -	lui r	.S.Sekar		
Medium -	둔)*	glish		

#### EVALUATION

MONITORING	 MET PROCESS
EVALUATION	GROUP WORK PRESENTATION
	ADMINISTERING THE QUESTIONAIRES FOR CONTENT AND PROCESS EVALUATION

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Look at the englishmen with his leg on the chair. No doubts please . I am hungery. l have to do washing. Started lecture at 12.30. I timed ha

# RUNSA DEPARTMENT, CHC, VELLORE

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# CURRICULUM PLAN - WORKSHOP ON PRE-SCHOOL EDUCATION (11.11.2002 - 15.11.2002)

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TIME/DATE	Topic	Objectives.	Methodology (	Resource perso
11.11.2002 10	NDAY			
88,38-89.08	Registration	- To collect particulars of participants	Filling registration	Kr.S.Seker
	WET formation	- To fore MET for the each day to monitor the workshop proceedings.	fere Discussion	
30 00 00 70				
09,00-09,30	Gre-eveluation Neede eesenaant	<ul> <li>To access participant's pre-entry level of knowledge attitude and skills</li> <li>To access the participant's expressed needs by conducting needs accesscent.</li> </ul>	Individuel ecciganent	Xr.Asokan
89,30-10,00	Introductory gates (children- 985 teacher)	<ul> <li>To enable the participants get to know each other.</li> <li>To establish rapport with the</li> </ul>	Ganes	Mr.Alexander
D ×	A	<ul> <li>participants.</li> <li>To reduce the participant's inhibitions</li> <li>To preste a congenial and informal clinate through play in which everyone irrespective of age or status will be considered as equal.</li> </ul>		
18,09-10,38	Horrstop introduction	<ul> <li>To explain the anticipated outcomes of workehop,</li> <li>To discuss all the topics in pre-schemic education workehop,</li> </ul>	Discussion	Mr.S.Sekar .
11,00-11,45	Introduction to Parenting and Preschool Education	<ul> <li>To state the meaning of "Perenting" and "Pre School Education".</li> <li>To describe the four sajor objectives of pre-school education.</li> <li>To list the reasons why pre-school education is essential for children.</li> </ul>	iectare Discussion	Mr.S.Sekar
11,45-12,30	Importance of play/ activity approach,	- To recognize the importance of play and " activity-approach in pre-acheol education,	Discussion Lecture	Mr.Alexander
02.00-03.30	Physical Revelopment	<ul> <li>To list the milestones of childhood (upto 6 years)</li> <li>To define "Physical Development" and "Notor Development".</li> </ul>	ierture Games	Mr.Selvebuzer
		<ul> <li>To discuss on the importance of physical and outer development for the overall development of the child.</li> <li>To explain three foctors that contribute to physical devpt.</li> </ul>		
04,00-05.00	Motor Bevelogment	<ul> <li>In describe the basic principles of notor development.</li> <li>To list the factors that influence physical and notor devpt.</li> <li>To conduct appropriate activities for physical and notor devpt.</li> </ul>	iecture	Mr. Selva Kuaa

# 12.11.02 TRESDAY

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98.38-89.48	NET	<ul> <li>To present the previous day's, workehop proceeding &amp; exeluation</li> </ul>	Report presen- tation and Discussion	Previous day s resource persons
89.00-18.30	Challenges of Parenting	- To describe the challenging areas for affective parenting practices.	Lecture & Discussion	Dr,Abel
11.00-12.30	Cognitive Development	<ul> <li>To describe the seening of "cognitive development".</li> <li>To list the five basic cognitive skills.</li> <li>To recognise the importance of congnitive development for a child.</li> <li>To explain the basic steps of concept formation in sequence.</li> <li>To discuss the major factors influencing cognitive development</li> <li>To conduct appropriate activities for cognitive development.</li> </ul>	Slideshow Lecture Sades	Nr "Sekar
02.00-03.15	Parenting Messages	- To list the messages related to parenting practices,	Group work A Presentation	(F.Stalia
• **.20-45.33	Development of creative expression	<ul> <li>Ye state the meaning of "creativity" and "mestheric appreciation".</li> <li>Ye list four anior psychological aspects of creativity.</li> <li>To discuss the five criteries of a creative product.</li> <li>To explain the five phases of creative proces.</li> <li>Ye arcognise the factors that binder creative thoughts.</li> <li>To marrate the characteristics of the creative person.</li> <li>To list the factors that contribute to the development of creative precision.</li> </ul>	Videb Ston Lecture	fr,Stalin
06.80-67.30	Naterial preparation for preschool education	<ul> <li>To prepare relevant caterial to use for each development preparation</li> </ul>	Group work	Hr.Stelin Mr.Sekar Mr.Alexander
13.11.02 WEDH	ISBAY			
03,30-07,00	NEI	<ul> <li>To present previous dey's workshop proceeding and evaluation.</li> </ul>	Report presentation 5 discussion	Previous day's resource persons
09.00-10.30 11.00-12.30	Socio-esotionel developaeni	<ul> <li>To state the beaming of "social development" and "Eastional development".</li> <li>To list the importance of socia- emptioned development is the child.</li> <li>To discuss the two principles of eaciel development.</li> <li>To emplain the objectives to be focused for the socia-emptional development of the child.</li> <li>To identify the different emptional problems of pre-school children and the ways of champelining them.</li> <li>To discuss the role of play in sancin-emptional development.</li> </ul>	Lecture Groupwort Role play Discussion	Kr.Maliew & Mr.Selvakusar

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TINE/BATE	Topic	Ūbj∉ctives	Nethodology	Recource persons
82,88-83,34	Lengveçe Dewelopieri	<ul> <li>To describe the four objectives of language development</li> <li>To list the language skills to be forstered soong children.</li> <li>To explain the importance of language development for overall development of the child.</li> <li>To discuss major speech problems in childre and ways of dealing with them.</li> <li>To conduct appropriate activities for language development.</li> <li>To list the feature that influence language</li> </ul>		Hr.Bunissj
04,00-05,08 06,98-97,02	Ari and creative ari	development arong children. - To explain different ways of involving children in art and creative art.	Beronstration & Individual exercise	nr, Stelin
14.11.02 THUR:	10.4Y			
85.30-87.38	ézstketic sporécistion	<ul> <li>To describe the objective of septhelic appreciation.</li> <li>To conduct appropriate activities for the development of septhelic appreciation.</li> </ul>	Field trip (Nature walk)	Kr.Kunirej
	Field trip refiectica	<ul> <li>To recognize the importance of development of sensitivity enong children towards colour and beauty in the environment.</li> <li>To appreciate the need of stimulating children's thinking, imagination, worabulary and aesthetic sense.</li> </ul>	Individual presentation i discussion Lecture	Nr.Nonisaj
89,88-89,38	XET	<ul> <li>To present the previous day's workshop proceeding and evaluation.</li> </ul>	Report presentation 6 discussion	Previous day's. recource persone
09,30-18,30	Nətəriəl prezentation	- To present the seterials prepared by each group.	Presentation Discussion	Mr.Soloson & Mr.Alexander
11.88-12.38	Saluadi centre vizit	- To deponstrate play/activity approach with children.	Deconstration play/activity with prepared saterial/without naterial.	Hr.Solaooo K. Mr.Alexender
01.07-01.30	Centre's visit presentation	- To present the feedback by each group on centre's visit.	Presentation & Discussion	Nr.Soloosa K. Ar.Alexender
\$1,38-83,39	fale of a pre- school teacher	<ul> <li>To list the pre-requisites of a dynamic pre-school teacher.</li> <li>To discuss the importance of safety education in pre-school programme.</li> <li>To explain the roles of a teacher in creating a conducive atmosphere in the present socio-pennonic context.</li> <li>To describe the significance of effective teacher-parent-child-conquality relationship</li> </ul>	lecture Discussion	Nr "Sekar

TINE/DATE	Topic	Objectives	Weibodology	Resource personne
04.00-05.00	Programse planning	<ul> <li>To list the different developments characteristics of pre-school children.</li> <li>To Analyse the various needs of pre-school children.</li> <li>To explain the inportance of programs planning in conducting pre-school children programs.</li> <li>To describe the major principles in the considered in planning pre-school children programs.</li> <li>To sppreciste the importance of "theme-based" planning.</li> <li>To prepare a weekly pre-school education programse.</li> <li>To select appropriate methods to develop the skills of pre-school children.</li> <li>To mee available low nost materials as teaching aids.</li> </ul>	Group dis- cussion Presentation & Jecture	Mr.S.Sehar
15.11.02 FRIDA	.v			
88.88-88.38	HET	- To present the previous day's workshop proceeding and evaluation	Report presentation & discussion	Previous day's resource persons
08.30-10.30	Macaging a Pre-school canire	<ul> <li>To discuss the ways of handling children at the preschool centre.</li> <li>To discuss the sale of play/ activity in child's wellbeing.</li> </ul>	S.J.C.F.C.visit Observation of children's activities and errangements. Discussion with teachers./Rysh	Mr.Bekar b Kr.Bevinderaj
\$1,00-12,30	lestring Beseeserni	<ul> <li>In state the importance of assessing children's tearning.</li> <li>To list different areas that need to be assessed among pre-school children.</li> <li>To fill the assessment schedule on children's tearning.</li> </ul>	iecture Discussion	the .Sokar
. 82.89-83.88	Post eveluetion	<ul> <li>To assess the knowledge of the participants at the end of the workshop.</li> <li>To obtain feedback from the participants about the effectiveness of the workshop.</li> </ul>	Administering content and process evalu- ation question- naires,	är "deadjen
03.00-03.30	ret	- To present the final day worksop proceeding and evaluation.	Report presen- tation & discussion	Previous day's resource persons
03.30-04.30	Vəledictory programae	- To conclude the workshop procee- dings formably.	Brief function	All resource persons & perticipents.

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## RUHSA DEPARTMENT, CMCH, VELLORE

A Systems Approach to the workshop on Community Participation and

Organisation DCHM 2002-2003 ComH 66.8

No.

## 1. INTRODUCTION

People participation means the involvement of local population in the decision making concerning with development projects or in their implementation and evaluation. Project managers should realise the need and importance of community participation at planning, implementation and evaluation of bealth and development programmes. Community development can be envisaged by working through community organisation. Community organisation enables people to plan systematically for collective action to meet the basic needs. For implementing a successful bealth and development projects. project managers as change agent should be equipped with the theory and skills of both community participation and community organisation. Hence, a five day workshop is planned with the following goal;

"To acquire knowledge and skills in community participation and organisation".

#### 2. NEEDS ASSESSMENT

The BASIC MEEDS of the workshop will be identified through the previous experience of RUHSA faculty. The PRE ENTRY knowledge of the participants will be assessed by a questionnaire.

#### 3. GENERAL OBJECTIVES

- To describe the importance of community participation at different stages.
- 2. To describe different methodologies of community participation. 3. To analyse the indicators of effective community
- participation.
- 4. To analyse the problems, in community participation.
- 5. To describe the basic concepts of community organisation.
- 6. To analyse the approaches, phases and steps in community organisation.
- To describe the roles of a community organiser as a change agent.
- 8. To analyse the successes and failures in community organisation.
- 9. To develop a model constitution for an organisation.
- 10. To discuss the interrelationship between community participation and community organisation in community development.

#### 4. METHODOLOGY

Lecture, Group work, Video show, Field visit, Panel discussion and social games.

Resource Personnel: Mr.Jebarsj, Dr.Thasian, Mr.Jambulingam, Mr.Sekar, Mr.Solomon K. Mr.Jothimurthy, Mr.Asokan, Mr.Kalaimani, Mr.Ganesan, Mr.Subash, Mr.Joseph.

- 5. IMPLEMENTATION Duration : 5 days Coordinator : Mr.R.Jambulingam 6. EVALUATION
  - Monitoring MET Process Evaluation - Broup work presentation, Observation Content and process evaluation.

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# RUNSA DEPARTMENT, CMCH, VELLORE

## NORKSHOP ON CONBUNITY PARTICIPATION AND COMMUNITY ORGANISATION

12.8.2007 to 17.8.2002

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line	Topic	Økjectives	Kethodology	Sesource Personnel	-
12.8.2882 (No	unday)				
38,30-09,63	Pre-evaluation Needs Assessment Workshop Introduction	To assess participants pre entry level. To fill the participants expressed need by conducting needs assessment.	Filling in questionnsire	Hr.A.Jackelinyaa Hr.Jothiaurthy	
19,80-10,38	lairaductina ta cocunity perticipation	To define consumity parti- pation. To explain atleast ten isportant needs for consumity participation. To list all four stages of consumity participation.	Social geoe Lecture Group work	Kr.K.Jestulinges	
		To discuss on the importance of involving the cocounity in each stage, To list atleast seven advantages of cocounity			
		participation To state the pre requisites for consumity participation. To explain different criteria for effective coccumity participation.			
11.00-12.30	Kethodology of rozaunity partiripation	To discuss the different ways and methods of community participation. To explain atleast four principles/issues of methodology of participation To state atleast four key features which appear to give methodologgy of participation some shape and purpose To discuss the three approaches to methodology of participation. To discuss the stages in each methodology of participation To select a suitable methodology of community participation for a given programme.	Leciure & Group work	Nr "Asokan	
82,88-83,15	i Indicators of cosmunity participation	To discuss the different types of indicators To discuss atleast three qualitative and three quantitative indicators	Lecture with OHP	är .Sekar	
				i.	

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Eoe	Tapic	Øbjectives	Nethodology	Resource Personnel
17, 30-84, 30	Approaches in Compunity pariicipation	To discuss various approaches and its relevance in cossumity participation,	Sigulation exercise Broup discussion Lecture	Ar.Thasian
13.8.2002 (II	Jesday)			
19,30-09,00		Review	Presentation Discussion	Hr.R.Jasbulingan
39.02-18.38	Techniques of Robilizing people	To explain atleast four techniques for mobi- lising prople for effective participation.	Group draning, exercises & Lecture	Mr.Solonon K.
ii.83- <u>i</u> 7.38	Problems in computity perticipation	To explais atleast ten problens in consumity participation.	Discussion and Lecture	ör.Sekar
32,90-04,30	Success & failure in creasunity participation	To analyse the different ways and methods of noneunity participation in specific health care services and development programse. To analyse fectors responsible for success and feilures of community participation in specific different health care services and development	Presentation & Panel discussion	Hr.Jestulingen Hr.Genesen Hr.Sutesk Hr.Soloson K.
14.8.2802 (1	iednesdav)	brodisces.		
19,38-99,09		Review	9resentation discussion	Nr.R.Issbulinges
19.65-18.3A	Intenduction to concunity organisation	To define coopurity organisation To state atleast four principles of community organisation To discuss the important of community organisation To explain atleast five factors to be considered in organising a community To state atleast five problems in community organisation.	Lecture & Discussion	Hr.R.Jasbulingso
11.08-01.00 17.08-03.15	Sucress and Failure in roamunity organisation	To discuss atless ten conditions favourable for the success of consumity organisation. To explain atless ten conditions lead to failure in a community	Field visit Group discussion & Preseniation	Hr.A.Jenbulingeg Kr.Kelaiseni Hr.Seker

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Tine	Topic	Objectives	Hethodology	Sesource Personnel
13.38-84.38	Success and failure in coacumity prognization		Lecture, Video	Mr.R.Jastulingan Mr.Stalin
5.8.2882 (7)	uareqañ)	Grez Pencheyat Secting		hr Asolan
5.8.2002 (F)	riday)			
80,30-89,60		Revien	Presentation discussion	Nr.A.Jacbulingan
N9.88-10.33	Approaches to consumity organisation	To describe three types of approaches for organi- sing a consumity. To discuss the verious outcomes of each approach. To salect a suitable approach for consumity organisation.	Lecture 5 Discussion	lir "Jebəraj
ii.20-12.38	Phases/steps in consumity organisation	To describe all three phases of a consumity organisation. To explais the various steps involved in community organisation.	Group designing Exercise Lecture	Hr.Jothisurthy
02.03-04.30	Rele and Gualities of a Coscunity Drganiser Norkstyle and life style of a comunity promiser & Coscunity Drganiser as a Catalyst	To list atleast five equivalent name for a community organiser. To list atleast three roles of a community organiser in each phase. To explain atleast four important qualifies of a community organiser as a change agent and as a popular community organiser. To state atleast four characteristics pertaining in the work style of life style of a community organiser. To discuss the roles of an external catalyst/ community organiser in working with people. To list atleast five problems for an external catalyst and for an internal catalyst. To explain atleast three criteria in selecting an internal catalist.	Presentation Panel discussion	Hr.Keleidani Hr.Ganesan Hr.Subesh Hr.Joseph

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Tioe	Topic	Objectives	Nethodology	Resource Personnel
17.8.2002 (Sa	sturday)			
83.30-09.00		Review	Presentation discussion	Hr.A.leabulingen
89.22-10.03	Inter relation- ship between community participation and community organisation	To state the relationship between concumity participation and consumity progenisation. To discuss the importance of consumity participation and consumity organisation in consumity development.	Lecture 6 Discussion	Hr.A.Jaabulingaa
i0.30-i1.30	Nodel consti- tution of coscunity organisation	To discuss all the components in developing a model con- stitution for an organisation. To develop atleast one model constitution.	lecture Group Work & Precentation	Nr.Jeakulingsa
11.38-12.88	Post evaluation	To administer content avaluation questionnaire. To administer process avaluation questionnaire.	Adainistering questionnaire	Nr.Lothiaurthy
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Coordinator : Mr.R.Janbulingan

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Comitt 66.9 DUVERNMENT POLICIES, MLANS, PROGRAMMES FOR HEALTH AND DEVELOPMENT and failures of the selected programmes are to be reviewed by the planners to learn and develop a good Community based programmes. There is a need for Health : planners to kook how much resources are allocated by the : Development is incorporated. The overall goal of this module is to enable the participants to acquaint them + The current linealedge related to plan/policies and programmes will be assessed through + General Objectives: 1. To analyse various Plans of the Indian Government! To identify the policies and programme of various To summarise the impact of the Government plans and programme on nealth and development of people. international Agencies through Indian Government, Br. Abel, Dr. Thasian, Mr. Jambulingan, Mr. Jebaras, Dr 1217 Mr. Munirel, Mr. Jothimurthy. Duration & Date : 5.11.2002 - 9.11.2002 (5 Days) : BLMSA Campus, Medium : English Post evaluation will be administered through

/12.9 SYSAPP20.GPP/

## RUHSA DEPARTMENT. CHC. VELLORE

## CURRICULUM PLAN - WEAKSHOP ON "BOUERWEAT POLICIES, PLANS, PROBRAMMES FOR HEALTH AND DEVELOPMENT"

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<ul> <li>S.11.2002 (TUESDAY)</li> <li>Warden Markenon Introduction In essents the participants pre-entry knowledge.</li> <li>Markenon Introduction In introduce the workshop process and content for Hegoliation and discussion.</li> <li>Warden Magoliation In introduce the workshop process and content for Hegoliation and discussion.</li> <li>Warden Markenon Introduction In Introduce the workshop process and content for Hegoliation and discussion.</li> <li>Warden Magoliation In introduce the workshop process and content for Hegoliation and discussion.</li> <li>Warden Markenon Introduction In Introduce the workshop process and content for Hegoliation and discussion.</li> <li>Warden Markenon Introduction In Introduce the work of Warden the Markenon Introduce the work of Warden the Markenon Introduce the work of Warden the Markenon Introduce the Warden Introduce the Introduce the Introduce the Warden Introduce the Introduce the Warden Introduce the Introduce the Warden Introduce the Warden Introduce the Warden Introduce the Introduce the</li></ul>	
<ul> <li>Knewledge.</li> <li>Markedop Introduction hypotistion</li> <li>Napotistion</li> <li< th=""><th>-</th></li<></ul>	-
<ul> <li>And context for Hegatistics and Discussion</li> <li>Negotisticn</li> <li>Negotisticn</li> <li>No.11-11.00 AM Freetures of UEC</li> <li>To describe the tern under development for the listent effects of under development for the listent effects of under development is H &amp; B.</li> <li>No.70-01.03 PM Types of Savt. Is listent various types of Govt. Indian Constitution Fundamental Rights</li> <li>No.70-01.15 FM Features and Savt. Is listent the tern constitution. In listent 4 for the function. In listent 4 for the tern constitution. In listent 4 preventing in acdern world. In discrete the tern constitution. In listent 4 preventies of Governments. Is describe the tern constitution. In listent 4 preventies of Indian Constitution. In listent 4 functions of Panchayats Lecture &amp; Group work is the floct Administration. In listent the functions of Panchayats Lecture &amp; Group work is floct Administration. In listent the functions of Panchayats. In the state the importance of Panchayats. In the state the role and responsibilities of Stock functionaries. In a state the role and responsibilities of Stock functionaries. In a state the role and responsibilities of Stock functionaries. In a state the role and responsibilities of Stock functionaries. In a state the role and responsibilities of Stock functionaries. In a state the role and responsibilities of Stock functionaries. In a explexit grant addresses. In a state the role and responsibilities of Stock functionaries. In a explexit grant addresses. In a concept. To explexit grant addresses.</li> <li>Address for Ramet Bevelopment. In a state the role and responsibilities of Stock functionaries. In a explexit grant addresses. In a explexit grant addresses.</li> <li>Addresses the role and responsibilities of Stock functionaries. In a explexit grant addresses. In a explexit grant addresses.</li></ul>	Hr, Jothisurthy
To listent stlesst 5 basic features. Group work of UC. To discuss the effects of under development in 34 8 8. 11.70-01.02 PM Types of Govt. Indian Constitution Functional Rights To listent various types of Govt. Functional Rights To describe the basic features of different types of Governments. To describe the basic features of different types of Governments. To describe the ters constitution. To listout 4 preables of Indian Constitution. To listout 4 preables of Indian Constitution. To listout 4 functions of Pancheyats Lecture & Group work To listout the functions of Pancheyats Lecture & Group work To list out the ways and zeams of mobilizing resources by the Pancheyats. To list out the ways and zeams of mobilizing resources by the Pancheyats. To list out the ways and zeams of mobilizing resources by the Pancheyats. To list out the ways and zeams of mobilizing resources by the Pancheyats. To list out the ways and zeams of mobilizing resources by the Pancheyats. To list out the ways and zeams of mobilizing resources by the Pancheyats. To list not the block level functionaries whe are involved in R.D. To start the role and responsibilities of Slock functionaries. To expleis gras seable meetings. 5.11.2007 (MEDMESORM)	oo Gr. Ikesien
Indian Constitution Fundamental Rights prevailing in actern world, Group work Fundamental Rights To describe the basic features of different types of Governments. To describe the tere constitution. To listout 4 presables of Indian Constitution. To listout 6 fundamental rights guaranteed under Indian constitution. UI.NO-03.15 FM Penchayot Soj 6 NJ.NO-04.10 FM Block Administration In Burel Revelopment. To list out the functions of Panchayats Lecture 6 DI.NO-04.10 FM Block Administration In Burel Revelopment. To list out the ways and meetings. To list out the hord level functionaries who are involved in R.D. To state the role and responsibilities of Block functionaries. To explain gram subha meetings. 6.11.2002 (KEENEEDAY)	Dr.Thesien
<ul> <li>MI. NO-04.10 PK Block Administration in Rural Development. To list out the functions of Penchayats To list out the ways and seens of poblizing resources by the Penchayats. — howing To list but the block level functionaries who are involved in R.D. To state the role and responsibilities of Block functionaries. To express the meed of Block function- aries for Sural Development. To explain gran sabha meetings.</li> <li>6.11.2002 (KEENESDAY)</li> </ul>	Mr .Sekar
	str. Jathissperity , protensioned, 5 Jantral Gout. 1000
pe.10-09.00 AM MET Review To present previous days process Report reading	
dings and evaluation and discussion	Co.ordinator
09.00-10.30 AM Budget To define the term budget Lecture & To describe the importance of budget Group work in Indian Context. To listout verious types of budgets adopted by Central & State Bovt. To listout the ways of obbilizing resources for budget allocations.	Kr.Jestulingen
11.00-12.30 PH WHO Cares To recognize that health is right for Fila show all individuals.	Hr.Stelin

	JIME	30PSC	OBJECTIVES	NETHODOLOGY	RESOURCE PERSONNEL
	02.00-03.30 PK	Ristorical Perspec- tives of Habith Policies and Plans (Mational & State)	To describe the historical perspectives of Health Policies and Plans. To describe the Health Planning in India. To listout various bealth planning committees and its coles.	Leciure Using OHP	Ør, Site
	04.02-04.18 ek	Introduction to Visit of Sort. Departrepts	In arient the students on Government department visit. To discuss the difficulties involved in meeting the Government Officials.	Brief Discussion	Nr.Gunirej
	7.11.2002 (THURS	icay)			
	83.70-39.40 AK	MET Review	To present previous day's proceedings and evaluation.	Report reading and discussion	Co.ordinator
	09.00-10.30 Al	National and State Current Health Polities	To describe the current health policies and plans. To list the steps involved in implemen- ting the health policy.	Leciure &	Ør.Abel
	.11.22-12.30 PX	Health Advinistration	To discuss the health system at the National, State and District levels. To explain the organisation of Central, State and District. To list out the functions at each level.	Lecture Discussion	Mrs.Greeda Alexent
	97,00-93,15 PH	Indian 5 Jear Plans	To define the terr pleaning To list out the types of pleaning. To describe the functions of Pleaning Convession. To analyse the objectives and fund allocated for various 5 year plans. To list out the ways of applicing fund for 5 year plans.	Short Lecture Discuesion and Literature Sevien	Re. Inzesien
•	83.30-84.30 PK	Gavt, Roles in Aural Development and Limitations of Gavt, Schemes	To state the role of Government in Sural REevelopment. To list out at least 5 limitations of Government schezes.	Leciuse Group Discussion	Mr. Jaobulingas
	8.11.2082 (FRID	AYI			
	08.38-89.88 AK	TET Review	To present previous days procee- dings and evaluation,	Report reading and discussion	Co,ordinacis
	Q9,82-03.88 91	Visit to Govi Departments DIC. TIIC, DRDA, Animal Huspendry Dept. TMMDC, KVIC. TAHDCO District T.R. Centre, Cold Chain Mainta- nence Workshop	To discuss the role of verious Govi departments in promoting health and developsent of the people. To list out the issues / problems involved in resource allocation for verious health / development activities, To review various efforts taken by the Sovernment in promoting people's development.	Visił Discussion	ör. Augeres k Dr. Thæsen

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		OBJECTIVES	HETHOOOLOGY	
P.11.2002 (SATU	(Javi			
		la present previous dave proceedings and evaluation.	Report renoini and dischasion	Chubrdinator
	Esternational Organizations	To analyse the involvement of inter- national organizations in health policies and plans. To compare various smalle systems of other constring. To reace the Sovernment Wellare - menth & Development programmer in the context of planalization.	Short Lecture Distutation, Solate and Literature Review	fir "Thèngan
18.45-11.45 PR	lapact si Bout. Schemes.	To introfiely the procedures in evaluation demonstrates through South Schemes. To identify the existing problems in evaluating Bosernment schemes. To discuss the techniques used for tacking the problems.	Reief Introduc- tion, Doestics & Anewers	Rr.Juniraj Gr.Janboliogae Rr.Janboliogae Rre.Vijayakuneri Rr.Sekar Noderator Gr.Thusiae
11.45-12.15 FM	Post Evaluation	To exact the inculation paired by the participants,		Mr.Jothimsetty

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### RUHSA DEPARTMENT, CMCH, VELLORE

#### ROLE OF NGOS IN POVERTY ERADICATION

#### SYSTEMS APPROACH

#### I. INTRODUCTION

Poverty is acknowledged to be our fundamental Economic problem. But its eradication measure at different plans have not adequately reached to the poor especially among the vulnerable groups. The biggest challenge the 20th Century has raised to human conscience is the staggering growth of poverty in the midst of plenty. Academic discussions of poverty often treat this phenomenon as a matter of economic and statistics, bereit of the deeply human dimension of injustice perpectuated by man against fellow Development stratagies his. beings. and poverty eradication programmes have proved their intrinstic inadequacy to tackle the problem effectively whether they are attempted by voluntary agencies or Government plans. A thorough understanding of the problems of poverty and its magnitude would help managers to sort our appropriate and meaningful poverty alleviation programme. Keeping this points in mind a five days workshop on "Role of NGOS in poverty Eradication" Organising by RUHSA for NGOS. The goal of the workshop is "To analyse the causes for Poverty, the importance of planning and implementing, appropriate poverty eradication programmes".

#### II. NEEDS ASSESSMENT

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Basic needs of the participants is listed based on the experience of RUHSA facilities.

Desired level will be listed through discussion.

Entry level of knowledge and skills will be assessed through a Questionnaire.

#### III.OBJECTIVES

At the end of the workshop the particcipants will able to

- 1. Analyse the concept, problems, causes and consequences of poverty.
- variations in the incidence of poverty 2. Determine the across socio Economic groups.
- 3. Identify to magnitude and method followed to measure poverty 4. Discuse the different stratagies to eliminate poverty
- including overcoming the imbalance of vulnerable groups.
- Describe community based poverty allevation programmes.
   Describe the type, role, profile of successful and Development of NGDS. (Sustanability, Accountability, financial sources and Evaluation.

#### IV.METHODOLOGY

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Lecture, Discussion, Group work, Presentation field visit, Video show, Panel discussion, Games etc.

### V. RESOURCE PERSONNEL

Dr. Abel, Dr. Thasian, Mr. Selvakumar, Mrs. Vijayakumari, Mr. Sekon. Mr. Mathew, Mr. Muniraj & 2 RCOs.

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#### VI. IMPLEMENTATION

Process : Workshop Duration : 13.1.2003 to 18.1.2003 Co.ordinaotor : Dr. Rajaratnam Abel

## VII. EVALUATION

- MET Process
- Group work / Observation / Presentation
- Post Evaluation Questionnaire

//SYSAPP.POV 131.10//

Date & Time	Topic	Objectives	Nethodology R	esource Person
13.1.2003 (HOND	AYI		y.	
\$8.38 - 89.88	Registration	- To collect particulars of participants.	Filling Registra- tion Forms,	Hr.Alexander
	MET Formation	- To form HET to monitor the each day proceedings.	Discussion	
9	Pre Evaluation	- To assess the participants pre-entry level of knowledge attitude and skills.	Individual assignment	
1	Needs assessment	- To assess the participants expressed needs.		
		<ul> <li>To reduce the participants inhabitions.</li> <li>To establish rapport with the participant.</li> </ul>		
89.66 - 89.36	Workshop Introduction	<ul> <li>To explain the anticipated outcomes of workshop.</li> <li>To discuss the topics in Poverty Fradication.</li> </ul>	Lecture Discussion	Dr Abel
89.38 - 18.88	Inequality and Poverty	<ul> <li>To describe the concept of poverty</li> <li>To discuss four major causes of Inequality.</li> <li>To relate the efforts of inequality which leads to poverty.</li> <li>To define the term poverty line.</li> <li>To specify the magnitude of Poverty.</li> <li>To specify the various dimensions of Poverty.</li> </ul>	Lecture 4 Discussion	Kr. Muniraj
11,89 - 12,38	Causes & Consequences of Poverty	<ul> <li>To discuss atleast ten major causes of poverty.</li> <li>To explain atleast five major consequences of Poverty.</li> </ul>	Lecture Video & Discussion	Ņr, Sekas
82.88 - 84.39	Purchase of food articles by the poor.	<ul> <li>To analyse the quality of food articles purchased by the poor.</li> </ul>	Xmekly Market Visit	Hr. Alex Hr. Nuniraj
11.1.2883 (TUES	UAY I			
83.38 - 89.88	KET	- To present previous days proceedings and Evaluation	Report reading and Discussion	·
09.00 - 09.30	Review	<ul> <li>To present the report prepared on weekly market visit</li> </ul>	Presentation & Discussion	
89.38 - 18.38	ladicators of Poverty	<ul> <li>To list twelve important indicators of poverty.</li> <li>To discuss on interlink cycle with indicators, causes and consequences of poverty.</li> </ul>	Lecture Discussion	år .åbel
11.80 - 12.30	Ketbods of Nessuring Poverty	<ul> <li>To list two methods of measuring powerty.</li> <li>To choose suitable methods to measure powerty.</li> <li>To explain the method wealth ranking in PRA to classify to community in different economic groups.</li> </ul>	Lecture & Discussion	Mr. Sekar

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Date & Time	Topic	<u>Bbjectives</u>	Nethodology	Resource Person
12.88 - 1.88 12.88 - 5.88	Wealth Reating & Variation of Poverty	<ul> <li>To use the technique of wealth ranking in PRA to classify the community into different Socio Economic groups.</li> <li>To identify the existing consequences of poverty in a given family.</li> <li>To use the indicators to confirm the standard of living of a given family.</li> <li>To differenciate the variations of poverty among different socio economic groups.</li> <li>To compare the reasons of variations in the incidence of poverty among different socio economic groups.</li> </ul>	Field visit Group work & Discussion	Nr. Nathew Nr. Alex
		FOC 3 D Extension of Depen		
15.01.2003 (HEDH	<u>(ESDAY)</u>	POWGAL HOLIDAY		
6.1.2003 (THURS	<u>IDAY)</u>			
88,38 - 89,48	NET	- To present previous day proceedings and evaluation	Report reading & Discussion	Resource Persons
89.88 - 18.88	Variation of Poverty	<ul> <li>To present the report on the variations identified among the different levels of poor families.</li> </ul>	Presentation	
18.38 - 11.38	Promise & Grabicar	of- To define vulnerable group,	Lecture	Mr. Selvatuma:
18700 - 1370e	Volnerable group Handicapped and Helfare Programme	<ul> <li>To define valuerable group.</li> <li>To discuss 10 extend of the problem faced by vulnerable groups.</li> <li>To discuss the disability process 4</li> </ul>	Letiure	₩ • DE375numu;
		general causes for disability. - To analyse the consequences of individual family and society.		
,		<ul> <li>To recognise the need for having programme for vulnerable groups.</li> </ul>		
	Den de la combiene			V Televal
11.34 - 12.39	Poverty & problems of eged	<ul> <li>To listout problem of aged.</li> <li>To discuss the solution for problems of aged.</li> </ul>	Lecture	Kr. Jebaraj
<b>92.88 - 83.15</b>	Poverty and Nidows & Orphans	<ul> <li>To discuss the prevalance of widows.</li> <li>To listout atleast 5 problems faced by widows.</li> </ul>	Lecture	Hrs. Vijayaku
		<ul> <li>HIGGNS,</li> <li>To describe atleast 3 rebabilitative seasure to widows,</li> </ul>		
	-	<ul> <li>To discuss the problem of Orphans,</li> <li>To list out 3 solutions for problems of Orphan,</li> </ul>		

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88,38 - 89,88	NET	- To present previous day proceeding &		Resource Persons
		Evaluation,	Discussion	*
89.88 - 18.88	SHG and Role of women in Poverty Eradication	<ul> <li>To review the present role of womens in Powerty Eradication.</li> <li>To describe the different role of women SHG that has to be played in the family and enviets</li> </ul>	Lecture	Nr. Sekar
		society. - To analyse the successful outcome of 50 X and failure.		
18.38 - 11.38	NGOs and their role	<ul> <li>To describe the term NGO</li> <li>To discuss the types of NGOs</li> <li>To discuss the difference between NGO &amp; GO.</li> <li>To describe the role of NGO in HAD</li> <li>To analyse the profile of successful NGOs and criteria for assessing the successful NGO.</li> </ul>	Lecture	Ør Thasian
11.30 - 12.30	Colleboration between NGCs & Government	<ul> <li>To list the various issues facing by Government in colloboration.</li> <li>To discuss the Major issues facing by MSOs in colloboration.</li> <li>To briefly describe the various financial sources for MGOs.</li> </ul>	Lecture	Mr. Janbuling
82.88 - 83.15	Sustainability & Accountability of NGOs.	<ul> <li>To define sustainability</li> <li>To describe factors affecting sustainability</li> <li>To discuss issues relating the sustainability</li> <li>To state the importance for periodic evaluating NGO.</li> </ul>	lecture	Or. Thasian
		- To express the need for accountability in the functioning of NGO.		
83.38 - 4.38	Role of Sovt & Banks in Poverty Eradication,	- To state the role of Government and Bank I in Eradicating poverty.	Lecture Discussion ,	Hr. Hunirəj
18.1.2883 (SATU	R <u>DAYI</u>			
89.60 - 18.68	Poverty Eradica- tion programme	<ul> <li>To tabulate atleast five Poverty Eradication programme of Government, Voluntary Agencies and other Agencies.</li> <li>To analyse atleast two Poverty Eradication programme adopted by RUMSA.</li> </ul>	Pannel Bis- cussion	Nr.Solosen K.
18.98 - 18.38	Post Evaluation	- To assess the knowledge gained by the participants.	Questionnaire	Mr.Alexender

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### RUBSA DEPARTMENT, CMC&H, VELLORE

#### WORKSHOP ON "PROJECT EVALUATION"

#### SYSTEMS APPROACH

#### Introduction:

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It is important for project holders involved in Community Health and Development work to pause once a while and assess the value of what they are doing. This evaluation feed back will belp them to know the impact of their programmes and provide vital guidelines to change strategies for better effectiveness. It is worthwhile for bealth and development workers to improve their skills in evaluating the terminal benefits of programme interventions objectively. In order to provide these skills, RUHSA has developed a 5 day workshop on 'Project Evaluation'. This workshop is designed to provide a step-by-step approach to 'Project Evaluation' with the goal.

"To plan, implement and evaluate a health and development project".

#### Needs Assessment:

Besic needs of the workshop will be identified from the experience of RUHSA staff who involved in various evaluation and coordinated workshops on evaluation.

Participants expressed needs : A questionnaire will be administered to identify the needs of the participants after distributing the objectives developed based on the basic needs.

Entry Level: A preevaluation questionnaire will be administered to identify the participants entry level.

#### Objectives:

- 1. To analyse the concepts and components of a Project Evaluation.
- 2. To prepare the 'Terms of Reference' to evaluate a project.
- To collect the information necessary to 'know a project'.
- To formulate a set of evaluation questions, evaluation objectives of the selected project.
- 5. To select suitable indicators to measure the achievements of evaluation objectives.
- 6. To develop appropriate evaluation methodology for evaluating the project.
- To prepare a plan of action to implement the evaluation and a budget.
- 8. To analyse the evaluation information.
- To interpret the findings of the evaluation including value judgements.
- 10.To recommend suitable changes to be made based on the findings.

11. To discuss on the "utilization of evaluation".

12.To prepare an evaluation report.

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Teaching Methodology:

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Lecture, Group work, Presentation, Exercises, Field Visit, Games, Discussion with project staff, reviewing the project data.

Resource Personnel : Dr.Abel, Dr.Thasian, Mr.Mathew, Mr.Jambulingam, Mr.Muniraj, Mr.Immanuel, Mr.Selvakumar, Mrs.Jayalakshmi & Mr.Solomon K.

Implementation:

Date	5	16.12.2002 to 20.12.2002
Venue	3	SUMSA Campus
Process	ц. Р	Workshop & Presentation
Coordinator	3	Mrs.Jayalakshmi

Evaluation

Post evaluation questionnaire will be administered.

A process evaluation will be held to assess the effectiveness of the process.

//SYSAPP21.PE 27.4//

TIME	TOPIC	<b>OBJECTIVES</b>	NETHODOLOGY	RESOURCE PERSONNEL
08.38-10.00 AM	Registration, Pre evaluation Needs Assessment & KET Formation	To access participants needs and pre-entry knolmedge & skills.	Nrs,Jayalakshai	
10.32-11.30 AM	Introduction to Evaluation	To state the concept of evaluation and participatory project evaluation To discuss the need and uses of evaluating a project To identify the different personnel who will initiate the evaluation of a project. To discuss on "who can evaluate" To describe the different types (stages) of evaluating a project. To list out the staps involved in evaluating a project. To differentiate somitoring frea evaluation.		• Ar,Theeded
11.30-01.00 PM	Teros of Reference - STEP 1	To define the word, "The Terms of Reference" of an evaluation. To list the personnel who frame The Terms of Reference. To explain the contents in The Terms of Reference. In state the importance of Terms of Reference. To list the questions in order to frame the Terms of References.	lecture & Group work	nf. Musiszi
02.03-03.15 Pr 03.30-04.30 Pr		To list out the anjor information to be collected. To state the methods of collecting information about a project. To use atleast one technique to write the success of the project to be evaluated. Collecting information about the project.	Lecture Discussion with Project Staff	Krs.Jayələkskai Kr.Selvəkunər Kr.Selnoon X.
<u>17,12,2002</u> (7)	<u>iesdavi</u>			
03.36-09.00 A	NET Review	To present previous days procee- dings and evaluation	Report reading and discussion	Co.ordinator
99,68-18,38 Å	1 Project Description	To write the description of the project to be evaluated	Group work and presentation	Co.ordinator
11,20-01.00 PI 02.00-03.15 PI	<ol> <li>"Formulate evalution questions and evalu- ation objectives STEP - 3</li> </ol>	To discuss the importance of forgulating evaluation questions, To write evaluation objectives, Presenting evaluation objectives	Lecture Group work Presentation	Mr.Kaibew

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TINE	10910	ORJECTIVES	NETHODOLOGY	RESOURCE PERSONNE
83,38-84,36 PH	Choosing Indicators -STEP 4	To state the meaning of an indicator To discuss on the different kinds of indicators To develop appropriate indicators for: e.edequey, effectiveness, appropriateness, efficiency. b. input, process, output, outcome c. logical frace work technique	Lecture & Broup work	Qr.Abel
18,12,2002 (UEDS	258AV)			
82.30-69.88 AK	KET Review	To present previous days proceedings and evaluation.	Report reading and discussion	Co.ordinator
09.00-10.30 AN	Indicators	To select suitable indicators for measure the achievements of evaluation objectives,	Group work presention	dr.åtel
11.00-01,00 PX	Periding evaluation sethodology - STEP 5	In list all the methods that could be used to evaluate a project. To explain atleast 5 important nethods to evaluate a project. To state the major evaluation designs that could be incorporated at the project planning stage itself To discuss on the techniques participatory rural appraisal (PRA), PANA 2500. To discuss on the techniques anpling techniques. To discuss on the setted "Survey" to define scople, sampling and sampling techniques. To discuss on the data reloction process. To explain how for they can involve the community and other project implementary to use these methods. To discuss on the interview techniques to be adopted for collecting the information.		Ure. Jøyðlekskni
92.98-83.15 PK	Statistical Anelysis plan	To list the statistical sethods that are frequently used by evaluators. To explain atleast 3 statistical methods.	Lecture & Group work	Dr,Thesian
ez.79-94.78 Ps	Action Plan Step &	To list out the activities for which they need plan of action. To discuss on the components in preparing the plan of action. To prepare and present one codel action plan. To list the resources necessary for the evaluation.	iecture Group work & Presentation	Kr "Jaabulingse

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	19.12.2002 (THU	RSDAYI			
	28.30-83.00 AK	MET Review	To present previous days procee- dings and evaluation.	Report reading and discussion	Co.nrdinator
	09,00-10,00 AX	Rudgetting	To prepare the cost for the evaluation.	Lecture and Group work	Hr.legenuel
	10.78-11.62 95	Preparing instruments-STEP 7	To develop instrucents	Group work	Mrs.Jeyələkəhə
	11.00-81.00 PX 02.00-03.15 PM		To collect information	Field Visit	Mr.Muniraj Mr.Selvakunar
		Isforaction -SEIP 8		Data Collection	
	03,30-04,30 PM	Analysis,Ister- pretation and Recommendation - SIEP 9	To explain interpretation, value and judgecent in the content of evaluation. To compare the data in relation to effectiveness, afficiency,	lecture Group work	hr.Jantulingaa
•			to errectiveness, erritioncy, adequacy and appropriateness. To interpret based on the evaluation findings. To list the kinds of reconcendation To discuss on the guidelines to	36,	
			be followed on taking recommendation To write recommendations of the evi		
	<u> 18.12.2202</u> (FSI0	<u>14Y)</u>			
	88,38-89,88 AN	Ket	In present previous days proceedings and evaluation.	Report reading and discussion	Ca.ordinator
	89.00-10.00 AH	Application of findings - STEP 10	To explain the importance of presenting a draft report to project personnel. To discuss on the utility of	Lecture	Dr.Abel
			the reconnendations. To explain the need for making codifications in the draft report based on the feed back.		
	11.99-91.98 PH	Prepare evalu- ation Report-STEP 11	To list the outline of an evaluation report To write each cooponent of an evaluation report. To finalise the evaluation report.	ieriure and Group work	Ør,Thezian
1	N2.00-03.15 PH	Evaluation Report	To present the evaluation report.	Presentation	Mrs.Jayalaksho
4	13,30-84.CO PN	Korkstop Assessnent	To collect feed back from the participants about the teaching learning process.	Filling post evaluation & process questionnaire	Krs.Jeyalakste.

9.JAVALAKSHMI Workshop Co.ordinator. i

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#### RUNGA DEPARTMENT OF CHRISTIAN MEDICAL COLLEGE, VELLORE

#### MORKSHOP ON 'CURRICULUM DEVELOPMENT'

### A SYSTEMS APPROACH TO THE WORKSHOP ON "CURRICULUM DEVELOPMENT"

#### 1. INTRODUCTION

In our attempt to achieve the objectives of "Health for all", the place for basic training and continuous education of health and development personnel is a crucial one. The success of any development service depends on effective and systematic buman resources development. Staff involved in development work should be socially and technically trained and motivated to serve the community. Due attention should be paid to the preparation of trainers of health and development functionaries. Developing a relevant need based curiculum and conducting systematic teaching learning process is a skill needed for trainers. Keeping this in mind SUHSA has designed a five day workshop with the following goal: "To plan and develop a need based curriculum for a training at any level"

#### 2. MEEDS ASSESSMENT

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- a) Basic Needs of the workshop will be identified by utilising the knowledge and experience of training staff and reviewing the documents developed during curriculum development workshops conducted earlier in RUHEA.
- b) Participants expressed need will be identified through a discussion after distributing the prepared objectives.
- c) The present level of knowledge and skill will be identified through a questionnaire

#### 3. GENERAL OBJECTIVES

- To explain the concepts of education, educational technology and curriculum development.
- 2. To analyse various issues involved in conducting successful training programme.
- 3. To develop one model systems approach for a training programme.
- 4. To Prepare one model task analysis form for a selected category of participants to be trained.
- 5. To prepare one model needs assessment package for a training programme.
- 6. To develop goal, general objectives and related specific objectives for a training programme.
- 7. To select appropriate training methodologies to be used in a training programme.
- To develop one model instrument for evaluating the learning outcome and teaching learning process of a training programme.

### 4. METHODOLOGY

Lectures with appropriate use of A.V.Aids, working with the same group to prepare model curriculum, experience based groups exercises, group discussions and presentation, Exercise, Game. Resource Persons: Dr.Abel, Dr.Thasian, Mr.Mathew, Mr.Jambulingam, Mr.Muniraj, Mrs.Jayalakshmi, Mr.Asokan

#### 5. WORKSHOP IMPLEMENTATION

Venue	a ti	RUHSA
Date/Duration	6.8	09.12.2002 - 13.12.2002 (5 Days)
Coordinator	6 <b>F</b>	Dr.Thasian
Medium	1	English
Process	r. F	Workshop

#### 6. EVALUATION

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a) Monitoring - MET Process

b) Final Evaluation - Learning Outcome - Questionnaire (k)

- Model curriculum Package (s). 11

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Learning process - Questionnaire

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## RUNGA DEPARTMENT OF CHRISTIAN MEDICAL COLLEGE, VELLORE

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## WORKSHOP ON "CURRICULUM DEVELOPMENT"

## CURRICULUN PLAN

TIME	10510	OBJECTIVES	KETHODOLOGY	RESOURCE PERSON	
89.12.2282 ()	Nondey I				
89.38-12.30	fre-test	- To assess participants pre-entry knowledge.	Questionnaire	fir "Asokan	
	Vorkshop Introduction	- To introduce workshop content.	Brief Talk	8	
•	Seeds Assessment	- To identify perticipents desired needs.	Discussion	и	
11,00-12,30	Introduction to concepts	<ul> <li>To explain the concepts of education, educational technology, curriculum, curriculum development and systems approach.</li> <li>To list the essential steps necessary to develop curriculum.</li> </ul>	tecture Discussion	Ar.Astheu	1
82.80-03.15	Treining administration	<ul> <li>To list out atlesst five conditions which facilitate effective learning.</li> <li>To indicate atlesst five important roles of a trainer in antivating/facilitating effective learning process.</li> <li>To explain atlenst five important guidelines to be prepared for argenizing encreasful training program.</li> </ul>	Lecture Discussion	Nr .Nothen	
33,30-84,30	A systeps epproach to curriculue	<ul> <li>To list all the six abjor components of a systems approach.</li> <li>To explain atleast three edvantages of a systems approach to curriculus Devpt.</li> <li>To review atleast 2 systems approach already prepared.</li> <li>To prepare atleast one andel systems approach out line for a selected training programe.</li> <li>To present the systems approach model prepared for the selected training program.</li> </ul>	lecture Group work & Presentation E.	≬r.Abel	Đ
18,12,2082 (1	(vecday)				
83,45-69,88	KET	<ul> <li>To present the report of the previous day's proceedings,</li> </ul>	Presentation	Kr . Ásdáði	
89.68-18.38 11.68-12.38	īesk Ānalysis	<ul> <li>To define the term task analysis.</li> <li>To explain all the stages in making a task analysis.</li> <li>To discuss atleast three importance of task analysis.</li> <li>To review atleast one task analysis form prepared for one task.</li> <li>To develop a task analysis form for atleast one task to identify the basic meeds of a selected training programme.</li> <li>To present the task analysis form prepared for a selected training programme.</li> </ul>	Leciure Group work & Presentation	Krs.Jeyələkshai	1

82,68-83,38 83,45-84,38	Needs Assessment	needs and discrepancy needs.	Lecture Discussion Group work 4	Nr.Nonirej	
		<ul> <li>of a training programe.</li> <li>To identify the appropriate methods of establishing the learning meeds of a training programe.</li> <li>To review the meeds assessment package already prepared for a training programme.</li> <li>To develop atleast two instruments which will determine the meeds of participants of the selected training.</li> <li>To present the learning messessment prepared</li> </ul>	Presentation		41.
11.17.2001 (4	Independent	for the selected training programme.			
08,45-09,68	HET .	- To present the report of the previous day's proceedings.	Presentation	Mr . Asakan	
89.00-18.30	GOAL	for a training progracse. - To review the model goal already prepared	Discussion	97.Kathen	11
07.00-54.30	Objectives	- To define general objectives and specific objectives.	Discussion Group Kork & Precentation	Br. Thesian	g)
12,32,7002 3 68,45-69,68	net Net	<ul> <li>To present the report of the previous day's proceedings,</li> </ul>	Presentation	Ox.Thesian	
87,32-18,38 11,38-11,38	Teaching Sethads	<ul> <li>To explain atleast five indicators of effective teaching methods.</li> <li>To list out atleast five effective teaching methods that can be adopted in teaching learning process.</li> <li>To indicate atleast three teaching methods to be followed in training progresses.</li> <li>To review the teaching sethods that were</li> </ul>	Lecture Discussion Exercise Game	ör.Thasian	
	03.45-09.00 07.00-10.30 11.00-10.30 07.00-04.30 07.00-04.30 12.12.7002 ( 03.45-07.00 07.00-10.30	17.17.22007 (Thursday) 13.45-03.08 KST	<ul> <li>In a resist the needs excession package already prepared for a training programme.</li> <li>In develop attent to instruments which will determine the needs of participants of the selected training.</li> <li>In present the learning excession (prepared for a training programme.</li> <li>In develop attent the report of the previous day's protectings.</li> <li>In a present the report of the previous day's protecting.</li> <li>In a resist the addition programme.</li> <li>In a present the report of the previous day's protecting.</li> <li>In a present the goal for a selected training programme.</li> <li>In a present the goal for a selected training programme.</li> <li>In a present the goal for a selected training programme.</li> <li>In a present the goal for a selected training programme.</li> <li>In a present the goal for a selected training 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general objectives prepared for a selected training programme.</li> <li>In present the general objectives prepared for a selected training programme.</li> <li>In a present the general objec</li></ul>	<ul> <li>training programme.</li> <li>To revise the needs assessed package already prepared for a training programme.</li> <li>To develop alleast to instruments which will determine the needs of participants of the selected training.</li> <li>To present the needs of participants of the selected training programme.</li> <li>11.12.2001 (Wednesday)</li> <li>08.45-00.00 MET</li> <li>To present the report of the previous Presentialism dev's proceedings.</li> <li>09.00-10.30 DOM</li> <li>To devise the coded goal for a for a training programme.</li> <li>To revise the coded goal for a selected training programme.</li> <li>To present the selected training programme.</li> <li>To revise the coded goal for a selected training programme.</li> <li>To present the goal for a selected training programme.</li> <li>To present the goal for a selected training programme.</li> <li>To present the goal for a selected training programme.</li> <li>To hist all the three domains of particles and specific Discussion by present the four ratical programme.</li> <li>To list all the steps involved in specifying learning collectives.</li> <li>To list all the steps involved in specifying learning collectives.</li> <li>To forevise the four ratical elsents in preparing a specifying objectives.</li> <li>To forevise a set of goard objectives prepared for a selected training programme.</li> <li>To present the general objectives prepared for a selected training programme.</li> <li>To present the general objectives related to a selected training programme.</li> <li>To present the general objectives related training programme.</li> <li>To present the general objectives related to a selected training programme.</li> <li>To present the specific objectives related to a selected training programme.</li> <li>To review atless the selected training programme.</li> <li>To present the specific objectives related to a selected training programme.</li> <li>To present the specific objectives of a selected training programme.</li> <li>To present the report of a sele</li></ul>	<ul> <li>traning programse.</li> <li>Forsist the needs scenssont package attractory prepared for a training programse.</li> <li>Forsist the needs conservation which and the scenario prepared for a training programse.</li> <li>For present the learning needs not prepared for a training programse.</li> <li>For present the report of the previous Presentation Mr.Atolan dry is proceedings.</li> <li>For the training programse.</li> <li>For present the report of the previous Presentation Mr.Atolan dry is proceedings.</li> <li>For a training programse.</li> <li>For a training programse.</li> <li>For a training programse.</li> <li>For present the goal for a selected training programs.</li> <li>For a training programse.</li> <li>For 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TIME	10910	<b>OBJECTIVES</b>	HETHODOLOGY	RESOURCE PERSON	
82,00-83,30 83,45-04,38	TINE PLAN	time plan to be followed during	Lecture Group work & Presentation	Mr , Ásokan	
13.12.2202 (F	riday)				
88.45-69.02	KET	- To present the report of the previous day's proceedings.	Presentation	dr.Thasian	
89,88-10,30 11,78-12,30	Evaluation of a training programs		Lecture Group work & Presentation	ttr . Janibul ingan	
		<ul> <li>To present the order instrument propared for evaluating the teaching learning proces of a selected training programse.</li> <li>To discuss the method of analysing an evaluation report.</li> <li>To discuss the steps in writing an evaluation report.</li> </ul>	5		
82,08-63,38	Systems Approach	- To develop final system approach paper.	Broup work & Presentation	Dr.Abel	
61,68-91,39	Wortshop Assessment	- To collect feedback from the participants about the teaching learning process.	Filling Post assessment questionnaire	Hr . Asekan	

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#### RUHSA DEPARTMENT, CMCH, VELLORE

### WORKSHOP ON "MANAGERIAL SKILLS FOR DEVELOPMENT MANAGERS"

#### SYSTEMS APPROACH

### I. INTRODUCTION

There are many Voluntary agencies involved in community health and development work throughout the length and breadth of India. Some of these programmes have performed well and others not so well. This difference in performance is primarily due to lack of adequate managerial skills among the staff in the programmes.

RUHSA believes it has a role to play in upgrading the Managerial skills of staff involved in community work in order to basten the process of development in our country. This module on Managerial skills is an attempt at filling this gap.

By the end of this module, the participants will be equiped with the necessary managerial skills "To work with team members and community representatives in planning detailed activities required to accomplish health and development programme goals and objectives.

#### II. MEEDS ASSESSMENT:

- Basic needs of the workshop were identified from the DCHM Curriculum plan and the past experiences of RUHSA STAFF.
- 2. The desired level of the participants will be identified through a discussion.
- The pre-entry knowledge of the participants will be assessed through a test.

#### III. OBJECTIVES

- 1. To recognise the importance of planning and its impact on task completion.
- 2. To analyse the general principles of management.
- 3. To describe the essential features of office management.
- 4. To analyse the dynamics of delegation in an organisation.
- 5. To analyse the concepts and applications of the MBO approach.
- 6. To analyse the dynamics of management of conflicts.
- 7. To appreciate the importance of creativity in management.
- 8. To conduct successful group deliberations.
- 9. To appreciate the importance of managing time more effectively for greater accomplishment.
- 10. To discuss the essential requirements in planning conferences, meetings etc.
- To realise the importance of maintaining good interpersonal relations in organisations.
- To recognise the scope of public relations in an organisation.
- 13. To deleberate on the strategies to the followed when responding to emergencies.

## IV. METHODOLOGY

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Lecture, Group work, Discussion, Exercises, Games, Videos etc.

RESOURCE PERSONS: Dr.Abel, Dr.Thasian, Mr.Mathew, Mr.Munirajulu & Mr.Sekar

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## V. IMPLEMENTATION:

Dates	2	02.12.2002 to 06.12.2002
Venue	5	RUHSA Campus
Process	3	Workshop
Coordinactor	;	Mr.Mathew Asirvatham
Nedium	7	English

#### VI. EVALUAITION:

- 1. Daily monitoring through Management Evaluation Team (MET)
- 2. Post-test to assess knowledge gained by participants.
- Process-evaluation to get feedback from participants about the workshop.

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## RUHSA DEPARTMENT, CMCH, VELLORE MORKSHOP OM "MANAGERIAL SKIILLS FOR DEVELOPMENT MANAGERS CURRICULUM PLAN

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Pre-test NET Workshop Introduction Needs assessment	knowledge. - Ta fora Management Evaluation Team	Duestionnaire Selection of Team Brief talk		1
NET Workshop Introduction	knowledge, - Ta fora Management Evaluation Team	Selection of Team		I
Workshop Introduction		]ese		
Introduction	- To introduce the workshop content	Reist tall		
Needs assessment		721 PA34		
	- To identify the particiipants desired needs	Discussion	Mr.Mathew	
Planning	<ul> <li>To define the concept of 'planning'</li> <li>To appreciate the value of effective planning</li> </ul>	Tower Ruilding game, Discuss- ion, Lecture	Nr.Nathen	
	<ul> <li>To list the advantages of planning</li> <li>To state the limitations of planning</li> </ul>	¥ideo	Nr.Stalin	
3				
MET	- To present previous days proceedings and Evaluation	Report reading	Hr.Hathew	
Frinciples of Management	<ul> <li>To explain Hendry Foyal's 14 principles of Nanagement,</li> <li>To justify the relevance of certain general principles in Management,</li> </ul>	Exercise Discussion & Lecture	₩r.Muniraj	
Office Menagement	<ul> <li>To discuss the purpose &amp; importance of Office Management.</li> <li>To explain the steps and advantages of planning office systems.</li> <li>To list the problems that prevent smooth flow of work.</li> </ul>	Lecture	Mr.Muniraj	
Delegation	<ul> <li>To discuss the 3 essential aspects of delegation.</li> <li>To describe the different forms of delegation</li> <li>To state the hinderances to delegation</li> <li>To discuss the principles of delegation.</li> </ul>	Lecture & Video	Ar.Abel Mr.Stalin	
<u>44Y)</u>				
KET	<ul> <li>To present previous day's proceedings and evaluation</li> </ul>	Report reading	Hr.Hathew	
Nanagesent by Objectives	<ul> <li>To define MBO.</li> <li>To list the steps in implementing MRO</li> <li>To state the gains from MBO applications</li> <li>To classify the managerial skills needed for effective implemention of MRO.</li> </ul>	Lecturp & Discussiion	gr,Ihasian	
	MET Principles of Management Office Management Nelegation AY1 MET Management by	planning         - To fist the advantages of planning         - To state the limitations of planning         MET       - To present previous days proceedings and Evaluation         Principles of       - To explain Hendry Enval's 14 principles of Management         - To justify the relevance of certain general principles in Management.         Office       - To discuss the parpose & importance of planning office systems.         - To list the problems that prevent smooth flow of work.         Delegation       - To discuss the 3 essential apperts of delegation.         - To discuss the principles of delegation.         - To discuss the principles of delegation.         - To discuss the 3 essential apperts of delegation.         - To discuss the principles of delegation.         - To define MBO.         - To list the steps in implementi	plenning       iso, Lecture         - To list the adventages of planning       iso, Lecture         - To state the limitations of planning       .         NET       - To present previous days proceedings and Evaluation       Report reading Evaluation         Principles of Management       - To explain Hendry Foyal's 14 principles of Management.       Report reading Evaluation         Office       - To justify the relevance of certain general principles in Management.       Exercise Discussion b Lecture         Office       - To discuss the purpose & isportance of Office Management.       iecture         0 bescribe the different fores of delegation       - To discuss the 3 essential aspects of planning office systems.       iecture & Wideo         Nelegation       - To discuss the 3 essential aspects of delegation.       iecture & Wideo         Nelegation       - To discuss the 3 essential aspects of delegation.       iecture & Wideo         AVI       -       - To discuss the principles of delegation.       Report reading evaluation         Management by       - To define MBO.       iecture k Discussion       Exture k Discussion         Namegement by       - To define MBO.       iecture k Discussion       Discussion from MBO - To state the gains from MBO applications - To classify the samagerial skills needed for effective implemention of MBO - To specify the situations where MBO       Discustitons where MBO	planning       ion, lecture         - To list the advantages of planning       Video       Nr.Stalin         - To state the lisitations of planning       Nr.Stalin       Nr.Stalin         NET       - To present previous days proceedings and Evaluation       Report reading       Nr.Mathew         Principles of Management       - To explain Hendry Foyal's 14 principles of Management       Evercise of Management       Nr.Munirej liscussion b         Office Management       - To discuss the purpose & importance of Diffice Management.       Iecture       Nr.Nunirej         Office Management       - To discuss the purpose & importance of Diffice Management.       Iecture       Nr.Nunirej         Office Management       - To discuss the purpose & importance of Diffice Management.       Iecture       Nr.Nunirej         Office Management       - To discuss the purpose & importance of Diffice Management.       Iecture       Nr.Nunirej         Office Management       - To discuss the steps and advantages of planning office systems.       Iecture & Mr.Nunirej         No is the probless that prevent smooth flow of work.       To discuss the principles of delegation.       Video         NET       - To discuss the principles of delegation.       Video       Nr.Mathew         MET       - To define MBO.       Iecture & Mr.Mathew       Nr.Mathew         Masegment by To classi

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Date & Time	Topic	Objectives	Methodology	Resource Person
11.80 - 81,80 12.80 - 83,80	Conflict Management	<ul> <li>To distinguish between cooperation and competion.</li> <li>To discuss the 4 forms of cooperation and competition.</li> <li>To analyse the 8 conflict management styles.</li> </ul>	Game, Exercise, Lecture & Discussion	Mr.Mathew
13.30 - 25.29	Creativity	<ul> <li>To describe the concept of creativity.</li> <li>To discuss the need for creative thinking.</li> <li>To analyse the process of creative thinking.</li> </ul>	Leccture & Discussion Video	Dr.Abel Mr.Stalin
<u>15.12.02</u> (THURSO	AY)	te undiger ein grande er erkanter insindings	,1010	»» «2°6013»
18.12 - 89.38	<u>新</u> 近了	- To present previous day proceeding & Evaluation,	Report reading	är.äathen
89.20 - 12.22	broup synamics	<ul> <li>To state the guidelines for conducting effective group discussions.</li> <li>To identify and deal with problem members in a group discussion.</li> </ul>	Group discussion & Lecture	Kr.Sekar
02.20 - 03.15	Tine Kenegenent	<ul> <li>To discuss the practifical steps in organising one's job functions sore effectively.</li> <li>To list the cossen time problems</li> </ul>	Lecture ê Video	Mr.Nuniraj Mr.Stalin
83,38 - 84,38	Planning Conferences & Neetings	<ul> <li>To list the logistics to be erranged for a Conference/aceting.</li> <li>To prepare an 'agenda' for a secting</li> <li>To discuss activities to be planned in prganising a Conference/Meeting.</li> </ul>	Lecture	Dr.Thasian
86.12.82 (FRIDAY	1			
88.30 - 89.88	MET	- To present the previous days proceedings and Evaluation.	Report reading	Hr.Hathew
89,80 - 18,38	Huwan Relations in Hanagement	<ul> <li>To discuss the guidelines for effective human relations in Management.</li> </ul>	Lecture & Video	Mr.Mathew Mr.Stalin
11.M - 17.M	Public Relations	<ul> <li>To define the concept of Public Relations</li> <li>To discuss the 4 stages in a Public Relations programme.</li> </ul>	Lecture	Dr.Thesian
12.08 - 81.88	Disaster Hanagement	<ul> <li>To list diifferent types of emergencies</li> <li>To discuss methods of adapting to unforeseen events like epidemies, flood, draught, price escalation etc.</li> <li>To describe the precentions to be followed during emergencies.</li> </ul>	Lecture	Dr.Thasieo
82,69 - 83,38	Post Test	<ul> <li>To assess the knowledge gained by the perticipants.</li> </ul>	Questionnaire	Nr.Mathew
	Process Evaluation	- To collect feedback from participants about workshop process.	Buestiionneire	
14.20 - 84.30	Closing Session	- To forselly wind up the workshop	Reflections by	Faculty

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## A SYSTEMS APPROACH MODEL FOR THE WORKSHOP ON

## "PROJECT FORMULATION"

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	prod agen volu work the: of i sysi shou the plan cos: prod step	RODUCTION: In recent years many rural development : grammes have been started in our country by voluntary : acies. It is estimated that there are more than 20,000 : intary agencies actively involved in rural development : . This is an expression of their faith in democracy and : tr commitment to serve people. Successful implementation : health and development services requires appropriate and : tematic formulation of projects. The project planned : id be aimed and focussed on the needs and problems of : community.Lack of knowledge and skills to systematically : o and implement rural development projects has been a major! straint for those who wish to start community based : grammes. This workshop is designed to provide a step-by- o approach to "Project Formulation" for persons : eresteed in starting new projects.
-	MEET	DS ASSESSMENT:
	9)	Basic needs of the workshop will be identified through { RUHSA Faculty discussion and review of previous batch { participants' reflection.
**	(a)	The desired level of the participants would be studied {
	c)	through individual and group work. The present level of knowledge, attitude and skill of the 1 participants would be determined through the help of 1 pre-assessment questionnaire.
+		
	abao a) b)	ECTIVE: To discuss the methods of selecting an appropriate commu- nity to start a project. To conduct community disgnosis of the selected project
	c)	area. To identify, prioritice and analyse the problems of the : community.
-	d)	To develop goal and objectivees of the project.
;	e)	To develop Log Frame for a defined project.
3	Ę.)	To develop an action plan and time plan for the entire ( duration of the project.
2	q)	To plan for the manpower requirement of the project.
	b)	To writeup an appropriate budget for the proposed : project.
3	i)	To state the steps in registration of trust/society.
3	j)	To discuss the sustainability of the proposed project. {
	RES	NRCE PERSONNEL : RUHSA Faculties (
	Fiel	WODOLOGY: Id visit, group work, simulation games, problem baseed ( ming Video show and lecture with suitable audio-visual (
th are the		Sentation. :

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#### IMPLEMENTATION:

Process : Workshop

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\$	Date	ň.,7	25th - 29th November 2002
;	Venue	, s	RUHSA
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### : EVALUATION AND FOLLOW-UP

;	3)	Daily	process	135	the	workshop	assessed	through	MET
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- ( b) Training content and process assessment through
- discussion and questionnaire.
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## RUNGA DEPERTNENT, CACH. VELLORE

## HORKSHOP ON "PROJECT FORMULATION AND STRATIGIC PLANNING"

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TIME	TOPIC.	ORJECTIVES	NETHODOLOGY	RESOURCE PERSONNEL
<u> 25.11.2202</u> (MONT	<u>84¥1</u>			
29.00-10.30 AK	Registration	- To enroll the perticipents name in the workshop.	Individual Assignsent	Mr.Asolian
	Pre-evaluation	- To assess participants' pre-entry knowledge,	Individual Accignaent	
	Keeds Assessoent	- In resear individual learning needs / expectations,	Individual Assignment	3
	Formation of NET	- To involve the participants in workshop assagement,	Brief introduc- tion & discussion	
	Vorkstop priestation	- To introduce workshop content.	Discussion and Breif introduction	Kr.&.Jentulingen
11,30-12,30 PN	Selection of a consumity	- To analyse the sajor factors to be considered while selecting a community.	lecture and discussion	Mr "Asaksa
	Caaounity diagnosis	<ul> <li>To explain the concept of consumity diagnosis.</li> <li>To list out the steps in conducting a consumity diagnosis.</li> <li>To analyse issues in conducting a consumity diagnosis.</li> </ul>	Lecture Discussion	
07.80-04.30 PH	Identification of concunity problem	- Ta identify the comunity problems,	Field visit Group Work	Är Joseph Nr Azakan Nr Jaabulingan
<u>26.11.2002 (TVE)</u>	SDAY1			
29.38-89.22 An	NET Presentation	- To present previous day's proceeding and evaluation.	Presentation Discussion	Co.ordineior
09.88-10.38 AK	Prioritization	- To prioritise the community problems,	Delbecq process	Kr.Sekar
11.00-17.30 PH	Problec Analysis	<ul> <li>To recognise the importance of Problem Analysis.</li> <li>To analyse the selected problem.</li> <li>To prepare and present a model problem tree.</li> </ul>	Lecture å Broup work	Nr.Netden
02.82-83.08 PK	Cartography Technique	<ul> <li>To regardise the importance of Cartography for project planning.</li> <li>To discuss the techniques of using cartography in P.P.</li> <li>To recognise the utilities of cartography</li> </ul>	Lecture & Group work	Xr.jæfyðrkugðr
		is P.P.		

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TIME	TOPIC.	<b>ORJECTIVES</b>	METHODOLOGY	RESOURCE PERSONNEL
27.11.2002 (WEDN	ESDAYJ			
98,32-67.00 AK	KET Presentation	<ul> <li>To present previous day's proceeding and evaluation,</li> </ul>	Presentation Discussion	Co.ordinetor
89, <b>00-09,</b> 30 AN	Introduction to Log Frace Technique	<ul> <li>To list the contest of Log Frace</li> <li>Technique,</li> <li>To discuss the utility of Log Frace</li> <li>Technique,</li> </ul>	Lecture	Nr.Nathen
09.30-10.30 AK 11.90-12.30 PM	Objectives and Strategies	<ul> <li>To define the concept Objectives.</li> <li>To discuss the basic qualities of an effective objective.</li> <li>To use the guidelines for developing objectives.</li> <li>To analyse the techniques of identifying strategies.</li> <li>To develop a set of alternative strategies for the objectives set.</li> <li>To present the objectives and the strategies developed by the participants during group process.</li> </ul>	Lecture Programmed Instruction Discussion Group work and Presentation	Kr.Kathen
03.08-53.13 PK 83.33-04.30 PX	Process / Activities	<ul> <li>To list the activities to be implemented to achieve each output objective.</li> <li>To discuss the relevance of the activities to achieve the given output.</li> <li>To discuss the technique of developing Action Plan and Time Plan.</li> <li>To present a model action plan and time plan developed in the group work.</li> </ul>	Lecture Discussion Group work and Presentation	tr "Janbulingan
28.11.2002 THUE	REAL	REAL		
08.30-09.00 AN	SET Presentation	- To present previous day's proceeding and evaluation.	Presentation Discussion	Co.ordinator
07.00-10.00 AK	Indicators:	<ul> <li>To define objectively verifiable indicators.</li> <li>To discuss the qualities of a good indicator (SRART)</li> <li>To explain various type of indicators.</li> <li>To develop a set of impact and output indicators.</li> </ul>	Lecture Broup work and Presentation	Ør,Rejeretnaa Abe
18.08-16.45 An	Neass of Verification	<ul> <li>To define means of verification,</li> <li>To discuss the method of determining the Means of Verification,</li> <li>To identify an appropriate means of verification for the developed indicators,</li> </ul>	lecture Group mork and Presentation	Qr.Qajaratoan Abe
11,00-12,30 PM	Risks and Assumptions	<ul> <li>To listout the external forces that may impede the successful achievement of programme output.</li> <li>To discuss the probable conditions without which project activities will fail to achieve results.</li> <li>To discuss the strengths and limitations of 1FA.</li> </ul>	Lecture Group work and Presentation	Kr.Jeabuliagaa

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	级,赫-砺,语·照	Staff Structure	- To discuss the guidelines of staff structure required for a project.	Lecture Discussion	Kr.Kunirajulu
	03.30-04.38 px	and Project	<ul> <li>To define the concept sustainability,</li> <li>To identify the areas of sustainability,</li> <li>To discuss atleast four parameters for project appraisa),</li> </ul>	Lecture Discussion	Dr.Thasian
	<u> 29.11.2002 Frida</u>	<u>¥</u>			
	89.30-89.80 AK	KEI Presentation	<ul> <li>To present previous day's proceeding and evaluation.</li> </ul>	Presentation Discussion	Ca.ardinatar
	07.00-10.32 an		<ul> <li>To analyse various issues involved in developing an appropriate budget.</li> <li>To prepare and present a codel budget for the proposed project.</li> </ul>	leriure Group work & Presentation	Kr.logennel
•	11.82-12.30 PM	trust/Society & Evecutive Summery	<ul> <li>To facilitate the registration of trust / society</li> <li>To explain the purposes of preparing an executive summary.</li> <li>To list the content of an executive summary.</li> <li>To listout the mecessary enclosers.</li> </ul>	lecture Discussion	Kr.Janbulinga⊨
	82.00-83.45 PR	LFA Hetrix	- To prepare and present a model LFA Matrix.	Broup work û Presentation	Ar,äsiken
	04.03-04.30 PU	Narkshop Ascescaent	- To collect feedback from the participants about content / process.	Individual Assignment	Xr.Asokan

R.JAMBULINGAN Morkshop Co.ordinator, 1

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#### RUHSA DEPARTMENT, CMC&H, VELLORE

#### SYSTEMS APPROACH TO WORKSHOP ON "LEADERSHIP"

#### INTRODUCTION

The underlying goal of all rural health and development work human development. Staff involved in promoting rural 15. development services need positive, constructive and committed leadership qualities. Every community development worker will find himself or berself in leadership roles in a variety of situations - facilitating a meeting, coordinating with a team of grassroot level volunteers, planning and discussing with a group of members of village associations, etc. There will also be times when they need to play an active role in promoting and increasing the participation of people and groups. Workers involved in carrying out different health and development programmes also need to work together as "Team" for greater success. To achieve this, it is important for all staff to have an understanding of the dynamics of working together and the skills necessary to achieve this end. Keeping these valuable points in mind, RUHSA Department conducts a 5 days workshop on "Leadership" for those who are going to play a dynamic role as leaders in Community Health and Development. By the end of the workshop the participants will be equipped with the knowledge attitude and skills to plan and implement programmes through effective leadership.

#### NEEDS ASSESSMENT

- 1. Basic needs of the workshop were identified from the DCHM curriculum plan and past experiences of RUHSA Staff.
- 2. The desired level of the participants will be identified through a discussion.
- 3. The pre-entry knowledge of the participants will be assessed through a test.

#### ORJECTIVES

By the end of the training, the participants will be able:

- 1. To discuse the meaning, importance, chartacteristics and approaches of Leadership,
- 2. To appreciate the importance of leadership in group activities
- 3. To describe the traits and styles of effective leadership.
- 4. To distinguish between task and people based Leadership.
- 5 To analyse the behaviour of a successful Leader.
- To elaborate on the role of a leader in Supervision.
   To analyse the 'influence' processes in leadership.
- 8. To differentiate the effectiveness of various forms of power' used by leaders.
- 9. To discuss the elements, methods and guidelines of leadership development.
- 10. To discuss the importance and steps in decision-making for effective Leadership.
- 11. To analyse the components of leadership communication.
- 12. To narrate the roles and functions of a 'Community' leader.
- 13. To analyse the dynamics of teams and factors that promote and hinder team work.
- handling crisis situations 14. To discuss methods of in organisations.

#### METHODOLOGY

Lecture,	Discussion,	Group	work,	Presentation,	Games,
Exercise.					

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RESOURCE PERSONS: Dr.Abel, Dr.Thasian, Mr.Mathew, Mr.Sekar, Mr.Muniraj, Mr.Jambulingam, Mr.Solomon K., Mr.Kalaimani, Mr.Joseph.

#### IMPLEMENTATION

Date	3	18.11.2002 to 22.11.2002
Venue	3	RUHSA Campus
Process	7	Residential Workshop
Co.ordinator	2	Mr.S.Sekar

#### EVALUAITION

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- 1. Daily monitoring through Management Evaluation Team (MET)
- 2. Post-test to assess knowledge gained by participants.
- Process-evaluation to get feedback from participants about the workshop.

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# RUHSA DEPARIMENT, CMCH, VELLORE NGRKSHOP DN "LEADERSHIP" - CURRICULUM PLAN

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TIKE/DATE	TOPICS	OBJECTIVES	NETHODOLOGY	RESOURCE PERSON
18.11.2002 N	ONDAY			
89.88-18.88 °	Pre test 8 needs assessment	- To assess participants pre-entry knowledge	Questionnaire	Mr.Solomon K.
		<ul> <li>To identify the participants desired needs</li> </ul>	Discussion	
18.29-18.39	NET formation	- To discuss the review procedures.	Discussion	
	¥orkshop introduction	- To introduce the norkshap	Introduction	Nr .S.Sekar
11.20-12.30	Introduction in Leadership	<ul> <li>To define leadershp.</li> <li>To state I major importance of leadership.</li> <li>To list the 5 characteristics of of leadership.</li> <li>To differentiate between 'a Leader' and 'a Kanager'</li> <li>To discuss the four approaches in leadership.</li> </ul>	Lecture & Discussion	Kr.S.Sekar
32.08-03.15	Rasic leadership styles	- To dramastise three basic styles of leadership and their merits & demerits.	Role Play Discussion	Nr "Sekar
83,15-04,30	Leadership Traits	- To describe the concepts and traits for successful leadership.	Self directed Learning & Lecture	Nr "Nathen
19.11.2002 <u>TU</u>	<u>iesdáy</u>			
18.45-69.68	#ET	- To review previous days proceedings and evaluation	Discussion	Kr.Sekar
89.82-10.38	Task Vs people based Leadership	<ul> <li>To recognise the strengths and limitation of task based and people oriented leadership style.</li> <li>To assess oneself in terms of his/her leadership style.</li> </ul>	Exercise & Discussion	Nr.Seker
11,08-12,38	Situational determinants of Leader Bebaviour	<ul> <li>To discuss the factors for comparing managerial jobs with behavioural requirements.</li> <li>To explain the guidelines for determining the relevance of specific leadership behaviour.</li> </ul>	Lecture Riscussion	Br.Abel
02.00-03.15	Situational leadership	- To realise the importance of situational leadership.	Lecture Discussion & Sharing	Hr.Haiben Mi~
83,36-94,38	Leədership development	<ul> <li>To describe the five elements of leadership training skills.</li> <li>To discuss the six methods of leadership development.</li> <li>To list the five guidelines for developing effective leaders.</li> </ul>	Exercise & Discussion	Mr.Jəzbulingəz

JINE/DATE	TOPICS	ORJECTIVES	NETHODOLOGY	RESOURCE PERSO
<u> 28.11.2002</u> #	ERNESOAY			
88.45-89.68	MET	- To review previous days proceedings & evaluation	Discussion	Nr .Sekar
89.28-18.32	Leadership Influence Processes	<ul> <li>To distinguish between different form of leadership influence process,</li> <li>To discuss the processes used by subordinates to influence leaders,</li> </ul>	Exercise, Lecture & Discussion	Nr.Nathew
11.60-12.60	Leadership behaviour	- To analyse the behaviour of a successful leader.	Lecture Discussion	Dr.Abel
12.88-81.88 4 82.96-83.15	Concepts and Components in Becision making	<ul> <li>To discuss the basic concepts in leadership Becision - saking</li> <li>To discuss the four components of analysing a management problem.</li> </ul>	lecture Discussion k Case Study	Hr .Sekar
03.38-04.38	Supervision	<ul> <li>To state the meaning of Supervisor.</li> <li>To explain the functions of a supervisor.</li> <li>To describe the qualities of an effective supervision.</li> </ul>	lecture Discussion	Мг.Милігај
21.11.2002 <u>1</u>	HIRSDAY			
83.38-89.68	RET .	- To review previous days proceedings & evaluation	Discussion	Hr .Sekar
67.88-18.38	Politice and Power	<ul> <li>To discuss the meaning of politics and power.</li> <li>To list political strategies for attaining power in Organisations.</li> <li>To choose appropriate political strategies for organisational development.</li> </ul>	lecture 8 Discussico	kr.Abel
\$1.00-12.30	Coasunity Leadership	<ul> <li>To identify the qualities that facilitate community leadership.</li> <li>To discuss the functions of a Community Leader.</li> <li>To analyse the problems faced &amp; solved by Community Leaders.</li> </ul>	Sharing Experience & Discussion	Fəcilitətors Mr.Jəzbulingəs Mr.Joseph Mr.Kələisəni
82.00-83.15	Leadership Communication,	<ul> <li>To discuss the importance of effective communication,</li> <li>To analyse the four components of effective communication,</li> </ul>	Lecture 4 Discussion	Ør . Abel
\$3,30-84,38	Crisis Management	<ul> <li>To discuss the methods of handling crisis in the team.</li> </ul>	Lecture & Discussion	Ør.Abel

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TINE/DATE	TOPICS	QRJECTIVES	METHODOLOGY	RESOURCE PERSON
22.11.2002 FR	INAT			
89.38-89.88	NET	<ul> <li>To review previous days</li> <li>proceedings &amp; evaluation.</li> </ul>	Discussion	Kr.Sekar
89,80-12,30	Tees work	<ul> <li>To recognise the importance of team work.</li> <li>To discuss the four steps in developing an integrated Team.</li> <li>To analyse those factors which promote and hinder team work.</li> </ul>	Rroken squares gase, Brain storming and presentation	Dr.Thasian
82.38-83.15	Post test & process evaluation	To assess the knowledge gained by the participants To collect the feedback from the participants about the workshop process.	Øvestionnarie	Hr.Solozon K.
33,38-64,88	¥inding up Session	To forwally windup the workshop and plan for follow up.	Reflection by Participants	Faculty

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Com H 66.16 RUHSA DEPARTMENT, CMCH, VELLORE

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MORKSHOP ON "PERSONALITY DEVELOPMENT"

SYSTEMS APPROACH

St. Michelt INTRODUCTION Without understanding preself it is difficult to bring about change in the society. Staff involved in community health and development programmes should have a positive and dynamic personality and understand various stages of human life. techniques of understanding and analysing oneself would help the individuals to reflect on their can personality. The goal of the workshop is "To ecable, the participants to be motivated to understand, accept and to change goe's own behaviour so as to be

#### NEEDS ABBEBBNENT

- a. BASIC NEEDS of the module were identified through the review of the contents followed in the previous DCHM curriculum.
- b. DESIRED IFVEL of the participants will be accessed by group discussion after distributing the prepared systems approach
- c. ENTRY (EVEL of knowledge will be identified through a

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By the end of the workshop the participants will be able:

- To recognise the importance of understaning mesels.
- To discuss different theories of personality and behaviour in order to understand oncest better.
- To describe issues in psycho-social development is each
- To explain role of self concept in personality development.

Broup exercises, games, discussions, personality tests and

Resource perkens: Fr. Nathew, Mr. Sekar, Dr. Thasian & Mr. Selvakusar

Coordanation	100	Mr.Mathew Amirvatham
"entr	4 7	RUHSA
Duration .		28.10.2002 - 1.11.2002

#### EVALUATION

- 1. Deily monitoring through Hanageant Evaluation Team (NET)
- 3. Process-evaluation to get feedback from participants.

## RUNGA DEPARTMENT, CHCH, VELLORE

## NORKSHOP ON "PERSONAL 'TY DEVELOPMENT"

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8.18.2002 (MCHE	AY1			n - f waar oo al da an ar da ar ar ar ar
8.38 - 09.38	Pre-evaluation Needs Assessment NET Formation	- To essess entry level knowledge - To essess training needs - In form conspectent thes for morkshop	Ourstionnaire Discussion Selection	Jr.Nathes
9.30 - 10.30	Understanding Dieself	- To analyse one's personal qualities.	1758.24 17	Hr.Natheu
1.00 - 01.00	Understandáng a Person	<ul> <li>To define manine of Personality Revelopment.</li> <li>To discuss the importance of understanding and accepting oneself and others.</li> <li>To recognise the importance of adapting superalf in day today life.</li> <li>To share information about one self to others.</li> <li>To discuss the theories of personality &amp; behaviour.</li> <li>To discuss the theories of personality.</li> <li>To discuss beredity and environment in personality development.</li> <li>To discuss different approaches in personality development.</li> </ul>	ieciure Biscussion Eusprise Thering	Mr.Selvakuna
1.00 - 84.28	Ewotsome	<ul> <li>To descrabe different types of empliants.</li> <li>To discuss effects of empliant on personality.</li> <li>To receptive the importance of headling troublesce empliants.</li> </ul>	Lecture Discussion	Mr. Nothen
9.10.2002 (TUES	DAY			
8.70 - 89.00	叛]			1
9.00 - 10.30	Rebeviour Bodification	<ul> <li>To define bohaviour wodification.</li> <li>To discuss the wave of wodifying undesirable behaviour.</li> </ul>	Lecture	Dr.Thanson
3.22 - 91.90	Childbood Esperience & Personality Bevt.	<ul> <li>To spectibe characteristics child.</li> <li>To identify development that in childhood.</li> <li>To recognize notal environment which will helpful for growth of healthy personality.</li> </ul>	Lecture Discussion	Nr.Sekar
2,00 - 04,30	Self Centert	<ul> <li>To define self concept</li> <li>To define self concept</li> <li>To repair factors that shaping self concept.</li> <li>To recognize effects of self concept is</li> <li>Personality free potent.</li> <li>To describe activities that build strong seteen.</li> </ul>	Lecture Everciee	Nr. Hathew
0,10,2002 (WEDM	ESDAVI			
9,30 - 84.08	ME I			
9.00 - 10.30 1.00 - 12.38	Self Americans	<ul> <li>To state the opening of melf awareness,</li> <li>To oppreciate the importance of self awareness.</li> </ul>	Lecture Discussion	Nr.Nathew

581# 6 5368	Topat	Objectives	Rethodology	Resource i
87.38 - 83.38	Paycho Social Devi of Edolescents	To describe characteristics of addiescence. To identify development last in addiescence. To discuss ps-honsorial crisis fontify Vs role converso: To reconsist inportance of social environment which will be helpful for growth of healthy personality.	tecture Aiscursico	Br, Thassa
63,45 - 64,38	Argenisatione) Concottaent	<ul> <li>To fist the 3 dimension of Organisational constituent,</li> <li>To discuss the autrone of organisational constituent,</li> <li>To assess such a constituent to the organisation where one works.</li> </ul>	Exercize Lecture & Discussion	Kr.Nethew
31.10.2002 (THUR	153433			
88,35 - 89,35	KET			
89.00 - 18.38	Stages of Psychosocial Development	- To discuss the psycho social crimic in all stages of buson life,	iecibre Distession	Gr.Selvak
11.00 - 12.30	Strees	- To centribe types of psychological stress. - To explain strategies for copieg with stress.	Lecture Discussion	Hr "Notkew
82.88 - 84.38	Transactional Analysis	- To use the method of Transanctinesi analysis for self understanding and change	lectore Discussion Exercise	Wr.Selvak
1.11.2002 (FRID4	NYS			
89.98 - 89.98	<b>ガ</b> 戸で			
09.00 - 10.30	Characteristics of a healthy perstaality	<ul> <li>To define healthy personality</li> <li>To describe qualities of healthy personality</li> </ul>	Lecture Diernesine	Mr. Nothe
11.00 - 12.30	Life-Coping Skills	- To discuss skills necessary for effectively caping with life.	lecture & Discussion	Mr. Rel ak
82.98 - 83.15	intra-Personal Problems	<ul> <li>To analyse one's own inite-personal problems.</li> <li>To recognize the reportence of identifying and recolving intra-personal problems.</li> </ul>	Exercise i Discussing	iir , Keif hen
85,38 - 94,39	Post Test & Process E-glostion	<ul> <li>To sesses learning outcome gained from the workshop.</li> <li>To collect feed back from participants about the concess of workshop.</li> </ul>	Suestionnaire	Nr.Nather

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## RUHSA DEPARTMENT, CMCH, VELLORE

## COMMUNITY DEVELOPMENT PROGRAMME

#### SYSTEM APPROACH

## INTRODUCTION

Community Development is recognised as an effective and Dowerful device for promoting rural development in underdeveloped and developing countries. community development aims at bringing about an overall development of the community in the spheres of economic, political, social cultural and moral aspects. Keeping in view this Module is planned with the following goal: "To analyse the principles and strategies of community development in developing countries.

#### NEEDS ASSESSMENT

The BASIC NEEDS of the participants will be identified through the previous experience of RUHSA faculty.

The PRE ENTRY KNOWLEDGE of the participants will be assessed by questionnaire.

## OBJECTIVES

By the end of the training, the participants will be able:

- To describe the basic concepts of community development in development perspectives.
- 2. To analyse the critical perspectives of rural development experiments in India.
- 3. To critically analyse the approaches, methods, and alternative programme strategies to community development.
- 4. To analyse the success and failure in community development.
- 5. To compare different approaches of health and development programme.

#### METHODOLOGY

Lecture, Group work, Field visit, Library Assignment.

RESOURCE PERSONNEL: Dr.Thasian, Mr.Jebaraj, Mr.Jambulingam, Mr.Vijayakumari, Mr.Asokan, Mr.Jothimurthy, Mr.Solomon K.

## IMPLEMENTATION

Dates	7	22.8.2002 to 24.8.2002
Venue	*	RUHBA
Co.ordinator	2	Mr.Solomon Kirubakaran
Process	5	Workshop

## EVALUATION

Monitoring : Discusision with Participants Evaluation : Group work, Presentation, Post evaluation.

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## RUNSA DEPARTMENT, CHCH, VELLORE HORKSHOP ON "COMMUNITY DEVELOPKENT" CURRICULUN PLAN

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Date & Time	Topic	Objectives	Nethodology	Resource Person
22.8.2082 (THUR	SDAY)			
98.30 - 99.90	#ET	- To fore Management Evaluation Team	Selection of Team	Nr.Solozos X.
	Pre-test	- To assess the participants pre-entry knowledge,	Guestionnaire	
89.88 - 10.38	Consunity Nevelopsent - Definition - Principles - Ioportance - Essential	<ul> <li>To define community development</li> <li>To state four fundamental principles of Community Development.</li> <li>To discuss the importance of community development.</li> <li>To list atleast four essential elements</li> </ul>	Lecture Discussion	Mr. Jebaraj
11.00 - 12.30	elecents Approaches Merits & decerits	<ul> <li>of consumity development.</li> <li>To describe the three types of approaches in concumity development.</li> <li>To discuss the merits and demerits of each type of approach.</li> </ul>	Group discussion/ Lecture	Mr. Jacbulingan
82.38 - 84.88	Alternətive Strategies nethod	<ul> <li>To explain the alternative strategies to development.</li> <li>To describe two methods in community devt.</li> </ul>	Lecture & Discussion	Krs,Vijayakumari
23.8.2002 (FRID	AY)	A RAIS		
89,30 - 89,88	кет	- To present previous day proceeding & Evaluation,	Report reading	Resource Persons
89.00 - i8.30	Disensions of Developsent	<ul> <li>To analyse different disensions of development.</li> <li>To list the areas of Community Development Programme.</li> </ul>	Lecture 8 Discussing	Hr. Asokan
11.09 - 91.09	Factors Contri- buting for the success and failures	<ul> <li>To list all the four sajar factors contributing to Community Revelopment.</li> <li>To list stlesst four major obstacles in Community Revelopment.</li> <li>To state the importance of development workers working with the community.</li> <li>To describe the ways of working with the community by development workers.</li> </ul>	RDO Office Visit & Discussion	Block Developsent Officer 4 his Tess 4 Mr.Soloson K.
<u>82.88</u> - 94.38	Concunity Develop- ment Experiments	- To explain atleast four consumity develop- aent experiments launched in India.	Assignment work presentation/ Discussion/	Nr. Jothinurthy
24.8.2002 (SATI	IRDAY)		lecture	
88,38 - 89,88	KET	<ul> <li>To present the previous days proceedings and Evaluation.</li> </ul>	Report reading	Resource Persons
89.88 - 18.38	Role of NGO	- To discuss the role of voluntary agency in Community Revelopment and Sustainable Revelopment.	Lecture A Discussion	Dr. Thesian
ii.00 - 12.00	Post Test	<ul> <li>To assess the knowledge gained by the participants,</li> </ul>	Buestionnaire	Mr.Solamon K.

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## RUHSA DEPARTMENT, CMCH, VELLORE

## WORKSHOP ON "MANAGEMENT OF INCOME GENERATION PROGRAMME"

## INTRODUCTION

Unemployment and under employment are serious problems in developing countries. India, as a developing country, this problem is very high due to high dependancy on primary sector as well as population growth. The increasing population on one hand and the limited absorption capacities in agriculture on the other force India to go for industrilization in a big way as an alternative source of income, employment and expansion. It is very difficult to start heavy industries due to lack of adequate resources particularly capital and skilled manpower. Further the rural based economy of India calls for a different type of approach which makes use of the available local resources. In this context to develop small income generating activities, India needs efficient promoters. To fulfil this requirement, RUHSA is organising this workshop with a Goal of "enabling the participants to acquire knowledge and skill to plan, implement and manage income generating schemes in the Community".

## NEEDS ASSESSMENT

- BASIC NEEDS of the participants is listed based on the experience of RUHSA faculties.
- DESIRED NEEDS will be listed through discussion.
- PREENTRY knowledge and skills will be assessed through a questionnaire.

## OBJECTIVES:

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At the end of the workship, the participants will be able:

- To compare the current business opportunities with personal skills to engage in the same.
- To describe the concept, purpose and the essential elements in the development of a business plan.
- To discuss the relevant legislations and regulations affecting the small business.
- To develop a comprehensive marketing plan including marketing research and strategies relevant to the small business venture.
- To demonstrate pricing and costing of product / service so as to control budget and maximise the output of the small business.
- To analyse the steps involved in Project Formulation.
- To discuss the simple system of record keeping to provide information from day to day management of the business.
- To describe various forms of organizations and develop strategies to promote income generation activities.

## METHODOLOGY:

Lecture, Group discussion, field visit; Sharing experience, Panel discussion, Games; Group work and presentation.

## **RESOURCE PERSONNEL:**

Mr.Jambulingam, Dr.Thasian, Mr.Muniraj, Mr.Mathew, Mr.Sekar, Mr.Alexander, Mr.Jothimurthy.

## IMPLEMENTATION

Process	3	Workshop
Duration	;	22.10.2002 to 26.10.2002
Medium of Instruction	;	English
Co.ordinator	\$	Mr.A.Alexander

EVALUATION -		ME	T	F
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Process - Group work

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- Post evaluation questionnaire

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#### RIDIES DEPARTMENT, CHEN, VELLORE

# CURRICULUM PLAN - NORKSHOP ON "INANAGENENT OF INCOME GENERATION PROGRAMME

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terliep	Topac	Sbjectives	Kethodology	Resource persons.
.10.2002 (T	JESOAXI			
.38 a.n.	Registration	- To collect perticulars of perticipants	Filling Segi- stratics	Mr.Alexander
		0		
	Fre-Jeet	<ul> <li>To assess the participants pre entry incodesce.</li> </ul>	Euest converse	Mr.Jothinwrthy
	NET for a tion	- To form Menagement Evaluation Team	Selection process	ta
	introductor, game	- To enable the participants to get to - hous each biners.		6
		<ul> <li>To reduce the participants inhibitions</li> <li>To establish reports with the participants,</li> </ul>		
	Worldness tetroduction	- To infroduce workshop content		Sr.Alexander
				-
	Needs assessed	- To identify the participants desired	03500553 <i>DN</i>	Rr.Alexander
1.30-11.30	fairconstion to income perereting	- Percribe the term 103/Small Dosiness. - Discuss the main features of spall	Lecture	Hr.Ronicaj
	Schenes & ste Folt in Peticol econo.	- Discuss the difference between business		
		A mail scale incontries. - Analyse the role of 193 in National		
		Economy, - Listent the importance of 169.		. <
		- List out the keys for success, .		
1.38-12.38	Personal Factors	<ul> <li>To discuss the ways to only a better decision about going anto businees.</li> <li>To list out the shills need to operate</li> </ul>	fractore	Nr.Jothiaarthr
		<ul> <li>small business successfully.</li> <li>To discuss the importence of the better preparation to start a mussinees.</li> </ul>		Ú
		- To list out the characteristics of good subsequences,		,
2,00-03,15	ldentsfy ske Possible estavities	- To list out the possible activities is the respective areas.	Exercise & Presentation	Rr.Roniraj
	# Business Plan	<ul> <li>Operate the business plan.</li> <li>List out the tenefits of hering a business stan.</li> </ul>	Lecture Evercise Graug work	
		- Discuss the cources of information. - To discuss the back qualities of		
		effective objectives. - In develop the shill of writing the pusiness plan.		
3.38-64.38	Rest: Steps in Setting up the	- Discuss the various steps in setting up a seell business.	Sharang Espera-	Mr.Munire)

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23.10.2002 (MEDMESDAY)					1.10			
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	19-16-1865 18	FINESORIA			
	00.30-07.00	5E)	- To present the pravious days proceedings and evaluation,	Pepert readsou	Lo.ordinator
THURSDAY	89.68-12.38	Field Vasit & Presentation	<ul> <li>To list out the reasons for success and failures.</li> <li>To discuss the techniques used for tackle the problems.</li> </ul>	Viest versene Existing estava- ties - Report reading	Mrufilexander Mrufilexentby
171 70	\$2,88-\$3,45	Ranaging Operation	<ul> <li>Fo discuss the ways to increase the bigh output.</li> <li>Fo state the reasons for reduce the production cost.</li> <li>Fo discuss the importance of quality control.</li> <li>Fo discuss the importance of equipasistance.</li> </ul>	fiene \$ lectore	Hr.Haihew Mr.Hunifaj
1	83.38-84.38	Support Services	<ul> <li>To list multike various Sovernoept department helping for shall business.</li> <li>To list the various Sovernoept schemes.</li> <li>To discuss the back procedures related with business.</li> </ul>	fecture é Shering Experience .	Kr.Jaabulingan
	26.18.2202 (1	HURSDAY]			
N	88,70-07,08	56T	- In present the previous days proceedings and evaluation.	Pepart reading	Co.ordinetor
ON WEDNES DAY	09.00-10.30	Figerce dasagedest & Bool Kepping	<ul> <li>Discuss the strategic &amp; financial planning.</li> <li>To discuss the financial problems and business failure.</li> <li>To discuss the information systems and bask weepings.</li> <li>To discuss the essential of financial sepageaexi.</li> </ul>	Game B Lecture Exercise	Mr.Bathew
	11.00-12.30	Legal procedures Licence, Tau and Insurance	<ul> <li>In discuss the importance of legal procedures in business.</li> <li>To list out the versions licences.</li> <li>To list out the various layes related with business.</li> <li>To discuss the various insurance policies and isportance of insurance in small business.</li> </ul>	Smaring Experi- ance & lecture	Kr.Muniroj
	02.00-02.15	Posiness Relationship '	- To discuss the importance of relationship in business,	Sherang Experience L Lecture	Dr.Thesian
1	01.10-04.30	Gentesing Making	<ul> <li>to obscuss the apportance of decision making.</li> <li>To fist out the steps involved to decision making.</li> </ul>	Lecture i Gene Case Study	Mr.Seier

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## 25.10.2002 (FRIDAY)

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00.30-07.00				
	NET .	- To prevent the previous days proceedings and evaluation.	Report reading	Co.ordinator
89.80-10.15	Forms of Organization	<ul> <li>To list out the various approaches used to provide saall business.</li> <li>To list out the different types of argunisation.</li> <li>To list out the edventages and disadvantages of each organisation.</li> </ul>	Lecture R Discussion	Kr.Janbulingan
18.38-12.38	Merketing	<ul> <li>In discuss the importance of strategic and warketing planning.</li> <li>To discuss the difference between sales and marketing.</li> <li>To discuss the importance of marketing research.</li> <li>To list put the importance of branding, packing celection the channels etc.</li> </ul>	Gene A Lecture	พร.สับกรรร
82.88-84.38	Project Formulation # Project Preparation	<ul> <li>To discuss the basic qualifies of effective objectives.</li> <li>To discuss the various steps involved in project preparation.</li> <li>To develop the shill of writing project.</li> </ul>	Lecture & Group work	Kr,Munifej
26,10,2002 (9	ATURDAY)			
08.08-09.38	NET	- To present the previous days proceedings and evolution.	Report reading	Co.ordinator
	net Raie of Communication			Co.ordinator Nr.Stalin
02.08-09.38 98.38-09.38 99.38-18.38		<ul> <li>and evaluation.</li> <li>To discuss the importance of effective consumitation.</li> <li>To analyze the four components of effective commutation. Advertisement)</li> <li>To discuss the importance of importance</li> </ul>	reading Lecture	
88.30-89.38	Able of Communication	<ul> <li>and evaluation.</li> <li>To discuss the importance of effective communication.</li> <li>To analyze the four components of effective communication.:Advertisement)</li> <li>To discuss the importance of importance and creativity.</li> <li>To discuss the various pricing strategies in business.</li> </ul>	reading Lecture Exercise	Nr.Stalan

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28.8.2002

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Ms. Vartika Jaini Programme Officer Sir Ratan Tata Trust Bombay House Homi Mody Street MUMBAI - 400001.

Fax: 022 285 4633

Dear Ms. Vartika Jaini,

The Health Secretary suggested that <u>Mutt</u> other leading NGOs of Orissa who are not ROAM partners. Besides UNICEF suggested that we organise the conference in a good venue. They have also indicated their willingness to contribute for this conference which was not budgeted by us. Therefore I am (Mexcluding a budget for this change with additional inputs from other sources. I am now sending this by Fax and confirm over phone later.

We are following with the report of Keerti and <u>My une</u> different organisation for the conference. I will send a response to the same separately. I am also enclosing a statement of account separately by courier.

I would be thankful if you will permit us to seek the extra funding for UNICEF.

Thanking you,

Yours sincerely,

Dr. Rajaratnam Abel, Head of RUHSA Department.

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## RUHSA DEPARTMENT, CMCH. VELLOBE WURKSHOP ON "RURAL OCCUPATION AND ECONOMY" DCHM - 2002 - 2003 SYSTEMS AFPROACH

## INTRODUCTION

indian agriculture is the back hone of the rural economy. Mithout agricultural development, the rural economy of the country cannot progress. Besides agriculture there are other rural accupation which contribute for the development of rural economy. 80% of families in India are mainly depending upon agriculture and allied industries. Since the agriculture is said to be the gamble in the monscon during harvest failures people migrate to other places in search of their livelibood. So there is a need to think of an alternative source of employment other than agriculture and allied sectors. In this context the income generation schemes, rural cottage industries and also crafts play a vital role in eradication of poverty. Keeping this in view this module is planned with the following goal:

"To analyse rural economy and occupation to help the programme planners to eradicate the poverty.

## NEEDS ASSESSMENT

The RASIC MEEDS of the participants will be identified through the previous experience of RUMSA faculty.

The PRE ENTRY KNOWLEDGE of the participants will be assessed by questionnaire.

## OBJECTIVES.

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By the end of the training, the participants will be able:

- 1. To discuss the role of rural occupation in economic development.
- To analyse the status and conditions of various occupational groups commonly seen in the villages.
- 3. To discuss and specify the different rural occupations.
- To analyse the economic benefits acquired by the various occupational groups through Government/NGOs in developing countries.
- 5. To analyse the concept, causes of migration and its consequences on nation's development.

## METHODOLOGY

Lecture, Group work, Field visit, Library Assignment.

RESOLIRCE PERSONNEL:	Dr. Thasian, Mr. Jambulingam, Mr. Jebaraj,
	Mr.Muniraj, Mr.Sekar, Mrs.Vijayakumari,
	Mr.Jothimurthy, Mr.Asokan.

#### IMPLEMENTATION

Dates		19.8.2002 - 21.8.2002
Venue	2	RUHSA
Co.ordinator	2	Mr.Muniraj
Process	2	Warkshap

## EVALUATION

Monitoring : Discusision with Participants Evaluation : Group work, Presentation, Post evaluation.

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# PHILING REPARTMENT. CHICH. VELLORE

# RORISHUP DE "RIRAL OCCUPATION AND ECONOHY"

# CURRICULUR PLAN

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Bate & Jisa	Topic	Objectives	Nethodology	Resource Person
19.83.2832 (MUM	171			
19.30 - 09.30	HE I	- In fore Management Evaluation Jean	Selection of Team	Nr . Asakan
	Pre-test	- To assess the participants pre-entry knowledge.	Questionnaire	u
	Warkshop Introduction	- To introduce the workshop content	Drief talk	Kr.Huniraj
	Needs assessment	- To identify the particilpants desired needs	Aizcussion	α
87.38 - 10.36	Characteristic features of Rural economy, Role of Agriculture in Rural Economy.	<ul> <li>To discuss the five characteristic features of Rural Economy.</li> <li>To analyse the contribution of Apriculture to Rural Economy.</li> </ul>	Lecture and Group discussion	ilr.Nuniraj
11.90 - 12.00	Classifiration of Agriculturat gronomy	<ul> <li>In discuss nemu's classification.</li> <li>In identify agricultural occupation and classify them.</li> <li>In list the various types of agriculture and identify problems of unexployment.</li> <li>In discuss the inequality in asset distri- bution and the measures taken against it.</li> <li>In describe problem of small farmers and agricultural labourers.</li> </ul>	Lecture & Discussion	dr.Thosisa
12.03 - 01.03	Bural indektedness	<ul> <li>To discuss the causes of horrowing credit, sources, utilisation and repayment problems.</li> <li>To discuss the agriculture development openers taken and its import on the various exclore of the society.</li> </ul>	Lecture & Discussion	Nr.Jeabulinges
01,00 - 84,30	Aqricultural Karketiey	<ul> <li>To describe spricultural parketing and related problems.</li> <li>To list the so, of spricultural assetting activities.</li> </ul>	Field Visit 6 Case Study (K.V.Kuppaa Sandy)	Nes.Vijayakusari Ke.Munirej i
20.08.2082 (TUES	SNAY)			
08,30 - 09,00	KET	- In present previous days proceedings and Evaluation	Report reading	Resource Persons
09.00 - 10.30 11.00 - 01.00	Aural Occupation	<ul> <li>To discuss about the previous day's field visit and classify the rural occupation.</li> </ul>	Group vork Presentation	Krs.Vijayatunari Nr.Nuniraj
02.09 - 84.30	Migration	<ul> <li>To analyse the concept and the causes of signation.</li> <li>To list the consequences of rural signation.</li> </ul>	Lecture Discussinn Case Study Field Visit	Hrs.Vijayakupari & Hr.Huniraj

Date & Tise	Topic	Objectives	Nethodology	Resource Person
21.08.2802 (NEON	ESDAVI			
AQ., 99 - 99, 90	MET .	- To present previous day's proceedings and evaluation:	Report reading	Recourse Persons
69.80 - 10.38	Rural Occupation Issues / Probless	<ul> <li>To identify the different issues of rural occupation.</li> <li>To discuss the functions of rural occupation.</li> </ul>	Lecture Group work & Presentation	Ør.Thasian
11.03 - 01.00	Traising for Upgrading the accupational skills	<ul> <li>To discuss the relevance of training for getting employment.</li> <li>To discuss the training skills required for upgrading the occupation.</li> </ul>	Lecture Discussion	Xr.Sevar
\$2.88 - 83.38	Faral Industries	<ul> <li>Ja list out the types of rural industries and functions.</li> <li>Ja describe the problems of Rural Industries.</li> <li>Ja discuss the rale of rural industries in community development.</li> </ul>	Lecture Discussion	Hr.Humirej
93.45 - 94.39	Post Eveluation	- In assess the knowledge gained by the participants,	Questionneire	nr.Jotkiaurthy

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RUHSA DEPARTMENT, CMC, VELLORE RUHSA ORIENTATION PROGRAMME ST. BLAF COLLEGE STUDENTS (2 Nos) 11 - 13 November 2002

TIME PLAN

11.11.20	102 (	MONE	AV1		
· 10.36	- 13	. 33	AM	17 E	Arrival & Registration
11.00	- 31	. 368	AM	2, 27	RUHSA Video Programme - Mr.Stalin
11.30	- 12	. 693	Neos	y k	Discussion with the Head, RUHSA - Dr.Rajsratnam Abel
12.00	- 12	.30	Ph	[1 27	Health Unit Visit - Mrs.Græda Alexander
12.38	- 1	. 08	PM	5	SED Unit Visit - Mr.Jembulingem
2.30	- 2	. 30	Pri	16 7	CERT Activities - Dr. Thasian
1. 1. 1. 1. 1. 1. 1. 1. 1. 1. 1. 1. 1. 1	3	.15	FM	64 17	Community College - Mr.Salamon
2*20	- 4	. 36	РИ	17. 47	Parenting / AIDS Programme - Mr.Stalin
12.11.20	102 (	TUES	SDAV)		
9 , 68	- 12	. 38	탄백	2	Mobile Clinic Observation Discussion with RCO Community Volunteers - Latteri - Mr.Asokan, Mr.Amalan, RCO
2,68	~ 7	. 343	FM	44.	Rebabilitation Programme - Mr.Selvakumar
2.32	- 2	- 3 - 53	FM	s. R	Self Help Group - Nr.Sekar
2.58	4}	. 30	PH	3	Previous Studies - Library work
13.11.20	302 (	(JED)	VESDAV	()	

9.00 - 2.30 PM : Field Visit - Panamadangi / K.V.Kuppam Self Halp Group Activities Poverty Eradication Programmes Watershed Management, Biogas Programme Village Industries

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2.30 - 6.00 PM : Hill

Hike - Bairava Hills

A.ALEXAMDER Co.ordinator. 1

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## RUNASA DEPARTMENT, CMC. VELLORE

WORKSHOP ON "EPIDENIOLOGY" - DCHM - 2002 - 2003

## SYSTEMS APPROACH

## INTRODUCTION:

Epidemiology is a tool developed in the discipline of community medicine. However with the wide application of epidemiology it has moved beyond community medicine into clinical medicine, social sciences etc. However epidemiology is also increasingly used by health managers. Therefore being epidemiology is included in this course, with a Goal of orienting the students to the concepts of epidemiology so that they can utlise this tool for managerial decision making.

## NEED ASSESSMENT;

- Basic Needs review of the previous epidemiology workshops conducted in RUNEA and abroad and consulting with expertise. - Entry level knowledge will be assessed through a questionnaire.

#### OBJECTIVES:

- i. To describe the basic concepts of epidemiology.
- 2. To calculate selected measures used in epidemiology.
- 3. To discuss the various epidemiological study design.
- 4. To explain the application of epidemiology in screening tests, programme evaluation and disease control.

#### METHODOLOGY:

Lecture, Exercises, Group Work

RESOLACE PERSONNEL : Dr.Rajaratnam Abel, Dr.Rita Aaron

#### IMPLEMENTATION:

Venue	3	RUHSA Campus.	
Date	2	14.10.2002 to	19.10.2002
Co.ordinator	ä	Dr.Rajaratnam	Abel .

#### EVALUATION:

- Outcome evaluation Pre-post questionnaire
- Process evaluation Guestionnaire
- Mecessary modifications will be incorporated in the next workshop based on the evaluation results.

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## RUNCA DEPARTMENT, CAC, VELLORE

DCHU - CLASSES - TINE PLAN

BATE/BAY	8,88-9,86 AN	9.90-13.03 AU	15,30-11,38 AN	11.30-12.30 PM	2.00-3.15 PN	3,30-4,30 PX
14.18.82 Konday	Pre Eveluation	Introduction to Concept of Strategies of Social Change - Mr.Sekar	Structural Analysis - Dr.Thasian	Dynamics of Planned Bocial Change - Dr.Thasian	latroductica taʻ Epidezinlogy - Dr.Abel	Beesures in Epidenislogy Dr.,Abel
15.10.82 Tuesday	HEJ	Types of Changes - Dr.Thøsien	Study Øesign - Dr.Abel	Descriptive Study Design - Dr.Abel	Practical	Introduction to Social Probless - Wr.Sekar
18.10.07 Vednebday	55T	Secial Legislation - Hr.Jothisurthy	Social Change in India - Br.Jothiourthy	Strategies of Social Change - Nr.Jaabulingan	Case Control Study Design - Dr.Rita	Cahart Study Resign - Dr.Abel
17.18.02 Thursday	NET	Counselling for Childres - Mr.Selvekuser	Climicel / Conrumity Triels - Dr.Abel	Epideniological Basis of Programme Evaluation - Dr.Abel	HIV & AIDS Counselling - Mr.Selvakunar	HIV & AIDS Counselling - Kr.Selvakunar
19.10.02 Friday	xet	Epidemiological Approaches to Diseases Control - Dr.Abel	Planned Changes Vs <del>Grebuning</del> Changes Jonito von - Dr. Thasian	Counselling for Youth 7 Mr.Kunisej	Screening Test and Surveillance - Dr.Bita	Post Evaluation Counselling - Kr.Selvakusar
19.10.02 Saturday	MET	Ethical Issues - Dr.Rita	Post Evaluation Epidesiology & Strategies of Social Change	Weekly Review - Mr.Muniraj	·	

Connellig for Youth. Cohort study design HIV& AIDS Connelling

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#### DCHM COURSE : ECA MODULE - "COUNSELLING" A SYSTEMS APPROACH Com H 66.21

## INTRODUCTION:

In everyday life social and psychological problems, stresses on the individual, . family and community are apparent. Counselling is a process of helping a person to attain and maintain a healthy life. The goal of this module is "To equip Community health and development manager to develop basic skills in counselling to guiding people for their problems in the given community.

## NEEDS ASSESSMENT:

- a. BASIC NEEDS of the module counselling will be identified through the review of the contents followed in the previous years curriculum.
- b. DESIRED LEVEL of the participants will be assessed by group discussion and questionnaire after distributing the prepared learning objectives.
- c. ENTRY LEVEL of knowledge will be identified through questionnaire.

## **OBJECTIVES:**

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- 1. To recognise the need for counselling to various problems in the community.
- 2. To discuss the various theories / approaches of counselling.
- 3. To describe all the stages in counselling process.
- 4. To demonstrate the skills of counselling in a given situation.
- 5. To discuss the method of crisis counselling.

- 6. To explain the process of group counselling.
  7. To describe the method of marriage and family counselling.
  8. To explain the method of counselling for sick & dying and AIDS/HIV Victims.
- 9. To explain the method of counselling for Alcoholic, Drug addict and suicidal victims.
- 10. To demonstrate the method of guiding and counselling Adolescent, Children, Unemployed youth, people with disabilities and elderly.

METHODOLOGY:

Lecture, experience sharing, group work, individual work, group work, skill practice, Role play, Hospital visit.

Resource persons : Dr.Rajaratnam Abel, Dr.Thasian, Mr.Mathew, Mr.Muniraj, Mr.Selvakumar, Mrs.Jayalakshmi

CMC	7	Rev.	Immanuel,	Mr. Gurunagaraj.
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- Mr. Natesan
- CCC : Mrs.Meena Prasantham
  - Govt. : Mr.Natesan, Dist. Employment Officer.

## IMPLEMENTATION:

 Coordinator	 Mr.Selvakumar	
Venue	 RUHSA	
Date	 7,10.2002 to 11.3	10.2002 (5 days)

## EVALUATION:

- \* MET for monitoring
- \* Process evaluation
- # Observation during sessions/skill practice
- \* Post evaluation questionnaire
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## RUHSA DEPARIMENT, CMCH, VELLORE

## OCHM COURSE ; ECA MODULE - "COUNSELLING"

## CURRICULUN PLAN

Dete & Tige	Topic	Objectives	Hethodology	Resource Person	
7.18.2002 (NONI	NAY)				
69.30 - 69.30	Pre-test	- To assess the participants pre-entrwy knowledge.	Questionnaire	Nr "Asokan	1
	Needs Assessment NET Formation	- To identify desired needs of participants - To form Nanagement Evaluation Team	Discussion Selection of Team		ł
29.30 - 10.30	Introduction to Councelling	<ul> <li>To define counselling</li> <li>To explain the purpose of counseling.</li> <li>To discuss 3 types of counselling.</li> <li>To listout atleast 3 characteristics of an effective counseller.</li> <li>To recognise the need for counselling, counselling for various problems.</li> </ul>	Lecture Discussion Bane	Nr .Nathew	
11.00 - 12.30	Counselling Approaches	<ul> <li>To describe different approaches/theories of counselling.</li> <li>To discuss the use of TA method in counselling.</li> </ul>	Lecture Exercise	Mr. Selvakunar	
82.98 - 83,15 83,38 - 84.39	S-:c.dol Counselling Stages/Skills	<ul> <li>To recognise the importance of physical and psychological attention in pre helping phase.</li> <li>To recognise the importance in the process of making individual to respond in stage 1.</li> </ul>	Lecture Discussion Sharing,Role play Skill practice	Mr. Selvehoner Mr. Mathew	
8,18,2002 (TUE	SDAY)				
29.32 - 89.89	HET	- To present previous days proceedings and Evaluation.	Report reading Discussion	Resource Persons	
98 - 19,30 ]	Counselling Stages/Skills	<ul> <li>To recognise the importance in the process of making individual to have integrated understanding in stage II.</li> <li>To recognise the importance in the process of facilitating action plan</li> </ul>	Lecture Discussion Role Play	Nr,Selvakusar	
		to the individual in stage III. - To demonstrate the skills of counselling in given situation. - To describe the change take place in each stage.			
11.89 - 12.38	Counselling for Adolescent	<ul> <li>To discuss problems of Adolescents,</li> <li>To describe the strategies to cope with psycho social problems of adolescents.</li> </ul>	Lecture	Mrs,Jayalakshmi	
02.00 - 03.15	Counselling the Alcoholic & Drug Addict victim	- To describe the steps in counselling the alcoholic/Suicidal/Drug Addict victim.	Lecture Discussion Practice	Dr.Thasian	
83.38 - 84.30	Group -Scitids: Counselling	<ul> <li>To list out the problem that lead to suicide.</li> <li>To describe method of counselling suicidal.</li> </ul>	Lecture	Hr.Nathen	

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Date & Time	Tosic	Objectives	Nethodology	Resource Person
9.18.2002 (HEDK	ESDAY)			
69.15 - 63.32	HET	- To present previous days proceedings and Evaluation.	Report reading Discussion	Resource Persons
08,30 - 10,30	Guiding & Counselling Disabled	<ul> <li>To discuss the problems of disabled.</li> <li>To describe the method of guiding and counselling disabled.</li> </ul>	Lecture - Discusision - Visit	Mr. Netes and
11.03 - 12.30	Marriage & Family Counselling	<ul> <li>To define sarriage &amp; family counselling</li> <li>To discuss the issues in marriage</li> <li>To listoul different intervention in marriage counselling.</li> </ul>	Lecture Discussion Practice Role Play	Hr. Selvekuser
02.00 - 03.15	AIDS/XIV Counselling	<ul> <li>To recognise the importance of counselling for AIDS/AIV patient.</li> <li>To describe the guidelines for pre-test and post-test counselling.</li> <li>To explain the method of behaviour change communication techniques.</li> <li>To demonstrate counselling method in given situation.</li> </ul>	Lecture Discusision Game	ffr.Selvakusar
03.30 - 04.30 ,	Crisis Counselling	- To describe the method of crisis counselling.	Lecture Discussion	Hr.Selvakunar
10.10.2002 (TH	URSDAY)			
08.15 - 69.30	NET	- To present previous days proceedings and Evaluation.	Report reading Discussion	Resource Persons
09.00 - 12.30	Counselling the sick and dying	<ul> <li>To describe the method of counselling the sick and dying.</li> <li>To demonstrate skill with the patients in the hospital.</li> </ul>	Lecture Discussion Hospital visit	Rev, Insanuel
i 02.09 - 04.39	CCC Visit	- To describe activities of CCC.	Lecture, Discussion	Krs.Neena Prasantham
11.10.2002 (FF	(IDAY)			
09,38 - 89,88	#ET	- To present previous days proceedings and Evaluation.	Report reading Discussion	Resource Persons
09.CJ - 10.30	Group Counseiling	<ul> <li>To define "group counselling"</li> <li>To listout types of group counselling</li> <li>To define characteristics of a group.</li> <li>To demonstrate style of group devpt.</li> <li>To discuss the role of counseller in the group counselling process.</li> </ul>	Lecture Discussion Practice	Hr Hathen

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ete & Time	Topic	Objectives	Nethodology	Resource Person
1.00 - 12.30	Counselling the aged	<ul> <li>To list out the problems of aged.</li> <li>To describe the strategies that will meet the psycho social meeds of the elderly.</li> </ul>	Lecture Discussion	Dr, Åbel
12.20 - 03.15	Ecunselling and guiding unemployed youth	<ul> <li>To discuss the problems of youth.</li> <li>To describe the method of counselling youth.</li> </ul>	Lecture Discussion	Hr.Nuniraj
33.38 - 64.30	Counselling for Chindren's Problems	<ul> <li>To discuss problems of children.</li> <li>To describe methods of counselling dealing with behaviour problems for the children.</li> </ul>	Lecture Discussion	Dr.Abel / Hr.Selvakumar
12.18.2802 (SAT	urday)			
<b>9</b> ,38 - 89,38	Post Test/ Process Evaluation	<ul> <li>To assess the knowledge gained by the participants.</li> <li>To collect the feedback from participants about workshop process.</li> </ul>	Questionnaire	Hr , Asokan

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# BUHSA DEPARTMENT, CMCH. VELLORE

## WORKSHOP ON "SOCIAL WELFARE REHABILITATION"

## SYSTEMS APPROACH

## INTRODUCTION

In India Social Welfare and Rehabilitation programmes aim at enabling the deprived sections of the population and vulnerable segments of society to overcome their physical, socioeconomic, vocational and psychological handicaps and improve the quality of life.

Social Welfare and Rehabilitation programmes are implemented with the active co-operation of voluntary organisations all over the country. So it is essential task of health manager to have thorough knowledge on Social Welfare and Rehabilitation programme which will help them to plan and facilitate various schemes and services.

Keeping this in mind, RUHSA has planned this 5 day workshop with the goal, to equip PGDCHM participants with knowledge, attitude and skills in planning social welfare and rehabilitation programmes.

## NEEDS ASSESSMENT

- a) Basic needs of the workshop were identified from the field experiences of RUHSA faculty, review of book and journals.
- b) Desired level of the participants will be identified through discussion with the participants at the beginning of the workshop.
- c) The entry level of the partivipants will be assessed through a pre-test questionnaire.

## OBJECTIVES

- 1. To discuss the need for planning a Social Welfare and Rebabilitation Programme.
- 2. To explain the different types of Rehabilitation Services.
- 3. To describe the different schemes and services available for vulnerable groups in the community.
- 4. To state the barriers in availing Government schemes.
- 5. To discuss the role of NGO's in Rehabilitation and Social Welfare Programmes.

#### METHODOLOGY

Lecture, Group discussion, Field visit, Demonstration, Discussion with the beneficiaries, Presentation. RESOLINCE PERSONS:

External: Mr.Charles Prabakaran, Dist. Rehab. Officer, Vellore Ms.Geetba Vinnarasi, WORTH Trust, Katpadi Dr.Chithra, CP Home, Sainathapuram, Vellore District Social Welfare Officer, Vellore District Harijan Welfare Officer, Vellore

RUHSA : Dr.T.Thasian, Mr.Jebaraj, Mr.Muniraj, Mr.Selvakumar, Mr.Govindaraj, Mrs.Vijayakumari Mr.Alexander w Stlan

IMPLEMENTATION

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Co.ordinator	3	Mrs.Vijayakumari
Venue	3	RLIHGA
Dates	3	30.9.2002 to 5.10.2002

#### EVALUATION

- Daily monitoring through Management Evaluation Team (MET)

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- Participants evaluation through Post-test questionnaire.
- Participants feedback about workshop through processevaluation.

//SYSAPP22.SWR 23.10//

## RUHSA DEPARTMENT, CMCH, VELLORE

# CURRICULUM PLAN - NORKSHOP ON "SOCIAL VELFARE AND REMARILITATION"

## (30.9.2802 TO 5.10.2002)

Date/Tice	Ziqaī	Objectives	Rethodology R	PEONTLE PETEONE
38.9.2002 Ner	идау			
63.30-29.33	MEI forsation	<ul> <li>To fore MET for each day to conitor and decument workshop proceedings.</li> </ul>	Discussion	Krs.Vijeyakuaari
	Pre-evaluation	<ul> <li>To assess the participants pre-entry level of knowledge, attitude and skill.</li> </ul>	Individuel essignzent	Hr.Alexander
	Needs Assesscent	- To assess the participants expressed needs.	Discussion	Res.Vijeyskuasei
89.30-10.30	Workshop Introduction	<ul> <li>To explain the enticipated outcoses of the workshop.</li> <li>To discuss the topics in SWR.</li> </ul>	Lecture/ Discussion	Nre.Vijayakunari
11.88-12.38	Introducticn to Disability & Rebabilitation	<ul> <li>To define disability.</li> <li>To list out conton disabilities prevalent in the concounity.</li> <li>To define rehabilitation.</li> <li>To describe various approaches in rehabilitation.</li> </ul>		Hr.Selvakupar
82.00-83.15	Introduction to Social Welfare	<ul> <li>To state the meaning of Social Welfare</li> <li>To describe the five sain objectives of SW &amp; R.</li> <li>To describe the importance of Social Welfare programmes.</li> </ul>	Lecture	Nrs.Vijayakooari
<u>93.33-24.30</u>	Schenes for Children	<ul> <li>To discuss atleast 5 Government schemes for the welfare of children.</li> <li>To list the documents required, eligibility criteris, methods of referring and followup for each of the schemes.</li> </ul>	Lecture	Xr.Seker
j.10,2032 Te	sesday			
69,38-89,88	Ket	- To present previous day's proceedings and evaluation.	Report reading & Discussion.	Resource Person
09,00-12,30	Sucressful / Unsucressful scheses	<ul> <li>To discuss the problems in availing benefit.</li> <li>To describe the impact of welfare schemes.</li> </ul>	Discussion with the benefici- aries Visit to Veppaner PSU	Hrs.Vijayakusari Hr.Govindaraj i
97.58-93.15	Schenes for Harijan/Tribals	<ul> <li>To discuss at least 5 Government schemes for Harijans/Tribals.</li> <li>To list the documents required, eligibility criteria, methods of referring and followup for each of the schemes.</li> </ul>	ras Lecture	Nr.Nvairoj (
\$7,36-04,36	Probless and possible solution of aged	<ul> <li>To list out the problems of eged,</li> <li>To identify the possible solution.</li> </ul>	Lecture Discussion	Mr.Jebaraj

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Date/Tise	Tapic	Objectives	Nethodology f	Resource persons
3.10.2002 The	usraday			
18.00-03.30	963	- Jo present previous day's proceedings and evaluation.	Report reading & Discussion.	Previsous day Resource persons
28.32-04.30	Visit to varimus Departments	- To describe the activities/programses in different Deportments.	Visit Discussion	Ars.Vijayakudari Ar.Selvakudar
4.18.2882 Fr:	idəy			
89,38-69,80	ret	- To present previous day's proceedings and evaluation.	Report reading & Discussion.	Previous day Resource Person & Participants
89.22-18.38	Presentation of Field Visit	- To present different activities of various departments.	Presentation Discussion	Nr.Selvakunar Nrs.Vijayakunari
ii.00-12.30	Schenes and Services for the people with disabilities	- To discuss the various scheces and services available in Government / NGOs.	Lecture Discussion	Hr.Charles Prakakaran Dist, Rebab, Officer
02.00-03,15	Role of NGOs. in SU & R	- To discuss the sole of NBOs in SV & A.	Lecture Discussion	Dr.Thesien
85.32-04.30	Community based Rebabilitation	- To define CPR. - To discuss the advantages of CRR.	Lacture Discussion	Ms.Opetha Vinnarasi WORTH Trust
5.10.2002 Sa	aturday	B. Con		
83.13-87.68	KET	- To present previous day's proceedings and evaluation.	Report reading & Discussion,	l Previous day Resourt Person & Participants
89,62-10,30	Need for Plenning SUR Programmes	<ul> <li>To discuss the importance of planning SNR,</li> <li>To describe various programmes available in the different States.</li> </ul>	leciure # Discuszion	fir "Seðvakvear
11.00-12.00	Post evaluation Process evaluation	- To assess the knowledge gained by the participants.	Questionnaire	Hr.Ålexander
		- To collect feedback from perticipants about workshop process.		

//55.3 CURR22.SHR//

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Exert Le rose est une ther: \_ \$ Le violette est une fluer. One orange est un fruit. Une boincre est un fruit.

You want to learn? Spend time usefully. Sister learning to draw rangeling

RUHSA DEPARTMENT, CMCH, VELLORE

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MODULE ON "BIODIVERSITY AND ENVIRONMENTAL HEALTH"

#### SYSTEMS APPROACH

## 1. INTRODUCTION

The world population is growing very rapidly. In India, in the last 40 years the population has doubled. As the population is increasing at such a rapid rate the economic and other demands of human beings is increasing simultaneously. In order to meet this demand, new inventions have come out of scientific research. On the other hand because of these scientific inventions the natural environment is getting destroyed. If the same trend continues, in a short duration, the whole of <u>human society itself</u> <u>networks</u> start to <u>get destroyed</u>. In order to save the natural recources and protect the environment which is vital to human life, it is our duty to protect these resources. Keeping these important points in mind RUHEA is organising this five days module. The goal of this workshop is "To highlight the importance of biodiversity and environment in the health and development of mankind".

#### 2. NEEDS ASSESSMENT

BASIC NEEDS of the participants is listed based on the experience of RUHGA faculties.

DESIRED WEEDS will be listed through discussion.

FRE EMTRY knowledge skills will be assessed through a discussion.

## 3. ORJECTIVES

At the end of this module, the participants will be able :

- 1. To explain the concept of biodiversity concervation and its importance.
- To explain the concept of environmental problems in health and development.
- To describe the importance of community participation in biodiversity conservation.
- 4. To discuss the role of MGOs in protecting the natural resources.
- 5. To explain the importance of herbals in day to day life.
- 5. To discuss the major environment problems faced by menkind.
- 7. To discuss the Govt policies and programmes on environment sanitation.
- To analyse strategies in the promotion of a healthy environment.

## 4. CONTENTS

- Introduction on biodiversity conservation.
- Importance and role of community in biodiversity conservation.
- Kitchen garden and nursery practices.
- Agro forestry and wasteland management.
- Role of spieces in nature.
- Medicinal plants uses and protection.
- Pollution.
- Health problems related with poor environment.
- Solid and waste water disposal.
- Environment and energy
- Kace to save the planet
- Govt polices and programmes
- Issues in Fromating Environmental Health.
- Strategies for a healthy environment.

## 5. METHODOLOGY

Lecture, video, field visit, discussion, Group work, Presentation.

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#### RESOURCE PERSONNEL:

Dr.Rajaratnam Abel, Dr.Rite Aaron, Dr.Thasian, Mr.Muniraj, Mr.Donald, Mr.Stalin, Mr.Solomon Kirubakaran, Mr.Asokan

#### 6. IMPLEMENTATION

Process	 Sessions
Duration & date	 5 days 23.9.2002 to 27.9.2002
Coordinator	 Mr.Donald

#### 7. EVALUATION

- Post evaluation through a questionnaire
- Process evaluation through questionnaire

//50.3 SYSAPP02.BID//

# RINSA DEPARTMENT, CACH, VELLOSE

# WORKSHOP ON SID-DIVERSITY AND ENVIRONMENTAL HEALTH

## CURRICULUM PLAN

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Date & Jise	Topic	Objęctiv <u>e</u>	Nethodology	Resource persion
23.89.2382 Non	day			
88.30-69.60	Preevaluation	- To essess perticipants pro- entry knowledge	Questinunaire	nr.Azokan
	627 foraction	- In fora nanegenent evaluation tean	Selection of teap	
89.28-19.39	Introduction to Rio-Diversity & Environaental Realth	<ul> <li>To explain the concepts, needs, problems in bio- diversity and environmental bealth.</li> </ul>	Lectore/ Discussion	ffr,Denald
11.02-12.39	lapartance af Ria-diversity Canezerotica	- To explain the need for Rio- diversity conservation,	tecture/ Discussion	Kr.Nunirəj
82,00-03,15	Role of species in listure	<ul> <li>To define the sale of species in astore.</li> <li>To discuss the isportance of preservation of species.</li> <li>To explain the sale of incomplete provide the sale of incomplete provide provided and the sale of the sale of the sale provided and the sale of the sale provided and the sale provided an</li></ul>	Lecture/ Discussion	Nr.20inaan K.
93, 30-64, 30	Health problean related with poor environnemt	<ul> <li>To list out atleast 5 diseases caused by poor environment.</li> <li>To state the consequences of poor environment.</li> </ul>	Lecture/ Discussica	Br.Aita Aaron
24,69,2982 Tu	esday			
06,15 AM	Natural Waik	- In observe the pature,	ualt.	Sr.Bonald
C3.30-07.68	NET presentation	- Ta present previous dey's proceedings.	Presentation	lir . Donald
97.00-10.30	Nedicinel plents uses & protection.	<ul> <li>To list atleast 10 medicinal plants.</li> <li>To state the uses of sedicinal plants.</li> <li>To describe the sethods of protecting sedicinal plants.</li> </ul>	Lecture/ Discussion	Hr.Kucirəi
11.80-12.89 67.69-93.15	Poliution	<ul> <li>To enalyse the situation factors that cause pollution.</li> <li>To identify the cause of pollution.</li> <li>To enalyse the consequences of pollution.</li> <li>To discuss the laws on Pollution.</li> </ul>	Library Review/ Group work / Presentation & Discussion	Hr, Ronald

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Data & Time	Topic	Objective	Hethodology	Resource person
02.30-04.30	Pollution	- To list the types of Pollution and its causes and consequences.	Video	Hr.Stolia
25,07,2002 N	Pdaesday			
06.15 kn	Kerning Kalk	- To observe the nature,	Helt	Mr.Donsid
88,30-99,68	MET presentation	- To present previous day's proceedings.	Presentation	Kr.Donald
67.00-10.30	Kitchen Garden and Kurpery Proctices	- To discuss the role of nursery / kitchen garden in bio-diversity conservation.	Lecture / Discussion	He.Musira)
11.40-12.39	Solid & waste water disposal	- To define the terms - To explain the sources and nethod of disposal.	Lecture/ Discussion	Hr.Aonald
02.00-03.15	Agra-forestry and waste land development	<ul> <li>To exploin the importance of eqro-forestry.</li> <li>To describe the methods for developing wasts land.</li> </ul>	Lecture/ Discussion	Kr.Salazon K.
03,30-04,30	Pallutics	- To observe the process involved in Treating the Waste water in AUHCA Campus.	Vieił	Hr.Daneld
24.69.2007 1	wreday			
06.15 AM	Norning Well	- la observe the nature.	Haik	fir .deas.ld
63.30-09.60	aET presentation	- Ta precent previous day's praceedings,	Presentation	Hr.Dansid
09.03-10.38	laoues in Froanting Environment & Keelth	- To list atleast 5 issues and analysing the same,	lectore / Discussion	Dr.Abel
11,00-12,30	Role of MGO in Ria-diversity Concervation	- To discuss about the role of 1850.	Lecture/ Discussion	dr.Thesian
82.00-04.30	Pollution	<ul> <li>In visit Severe treatment plant in CMCH and observing the different process involved in treating the vaste water.</li> </ul>	Field Vizit	Kr.koneld

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Dete & Tiae	T0935	Objective	Bethodology	Resource person
27.09.2002 (Fr	riday)			
85.15 AX	Norning Kalk	- To observe the nature.	<i>Velk</i>	Hr.Jonald
66,38-09,68	MET presentation	- In present previews day's proceedings.	Pressitation	fir.Consid
89.00-10.30	Govt.policies programes co covironment.	<ul> <li>To list the Govi progresse for promotion of environment.</li> <li>To explain the policies of government in the promotion of environment.</li> </ul>	Lecture/ Discussion	Ør.Thasian
11.00-12.30	Enviranneat & Tnergy	<ul> <li>To describe the relationship between environcent and energy.</li> <li>To list alternate energy sources and its importance in environcent.</li> </ul>	Leciure/ Biequesico	ที่ส.มิดกะไข่
42.60-03.15	Race to save the plant	- To analyse the strategies of covironmental protection,	Video	Hr.Stalia
43,3 <b>0-04</b> ,38	Post evaluation	- In passes the knowledge gained through the workshop.	Questionneire	ñr "Azokan

(ADMALD K. JOSEPH) Co.ordinstor.

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## RUHSA DEPARTMENT, CMCH, VELLORE

# MODULE ON "HUMAN RESOURCE MANAGEMENT" GS= 2 11

A SYSTEM APPROACH

## INTRODUCTION

" Man is the key to our problems, not money. Competent people can work miracles even with small resources and draw wealth out of barren land"

Success or failure of an Organisation is determined by "How well an organisation attains, maintains and retain its human resources". Any organisation whether big or small, business or service needs an optimum combination of money, machines, men and materials. Of all these the management of men is most challenging because every man differs from the other. All the other factors should also be handled by men to get the results. Therefore the human resources have to be tactfully handled by the The Human Resource Manager is concerned with management. obtaining the best possible staff for an organisation and, baving got them, looking after them, so that they will want to stay and give their best to their jobs. There is a need for manager's of NGC's in the voluntary sectors to be abreast of the systematic procedures of developing the human resources in their organistion. Keeping this in mind RUHSA is organising a module on Human Resource Management. By the end of the module the participants will be equipped with the knowledge, attitude and skills "To plan, recruit and maintain the personnel required for an proanisation".

#### NEEDS ASSESSMENT

BASIC NEEDS - were identified through discussion with experts and senior RUHSA staffs.

DESIRED NEEDS will be identified through discussion with participants.

ENTRY LEVEL of knowledge of the participants will be identified through a questionnaire.

## OBJECTIVES

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By the end of the module the participants will be able:

- To determine and provide for the personnel resources required i . for the programme.
- To explain the roles, functions, selection and training of 2. village level volunteers in health and development.
- To discuss the various approaches and strategies of human 3. resources development.
- To state the need for staff development. To discuss atleast 2 issues in HRD. 4.
- 5.
- 5. To describe the ways of developing man power infrastructure.
- To identify methods for team building and conduct training 7. and continuing education needed to activities prepare personnel for their task.
- To discuss strategies for improving the quality of work life. 8. To assess the level of job satisfaction of different staffs 9.
  - in an organisation.

## METHODOLOGY

Lecture, Video, Quiz & Exercise.

RESOURCE PERSONS : Dr.Thasian, Mr.Mathew, Mr.Muniraj, Mr.Immanuel, Mrs.Jayalakshmi & Mr.Jothimurthy 11

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#### IMPLEMENTATION

Process	• •	Sessions		
Duration		5 days (5.8.2002 to 9.8.2002)		
Venue	* *	RUHSA		
Coordinator		Mr.Immenuel		

## EVALUATION

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- Post test will be conducted to asses the knowledge of the participants by the end of the module.
- Process evaluation will be done at end of the programme.

//SYSAPP02.HRM 49.8//

# RIMSA DEPARTMENT, CMCH, VELLORE

# CURRICULUM PLAN - MODULE ON "HUMAN RESOURCE MANAGEMENT"

Date & Time	Topic	<u>Objęctives</u>	Nethodology	Resource Personne
5.8.2882 80	iday			
89,08-10,88	Pre-evaluation	- To assess the participant's pre-entry lavel of knowledge,attitude & skills.	Individual assignment	Mr.Jothizurthy
	Needs Assesspent	To assess the participants expressed needs.		
18.30-11.30	Sodule introduction	- To explain the anticipated outcomes of workshop. - To discuss the topics in PM	Lecture & Discussion	Hr.lessnuel
	Introduction to 95	<ul> <li>Define Personnel Management</li> <li>State the functions of PM</li> <li>Discuss the qualities of a good Personnel Manager —</li> </ul>	Lecture Discussion	Hrs.Jayalakshsi
11.38-12.38	Manpower planning	<ul> <li>Define Manpower planning.</li> <li>Discuss the need of Man Power Planning. —</li> <li>Outline the responsibilities of the HRD department in manpower planning.</li> </ul>	Lecture Discussion	Dr.Thasian
17,38-81,68	Personnel rules and regulation	<ul> <li>Review the staff service rules of CMCH.</li> <li>List the contents of personnel files.</li> </ul>	Reading	Mr.Insaouel
02,00-03,15	Selection of YLW	<ul> <li>To define the need for VLW in Health Development.</li> <li>To discuss the selection methods of community volunteers.</li> <li>To discuss the training methodology of VLW.</li> <li>To discuss the methods of supervision of CVs/</li> <li>To discuss the rewards/financial support renumeration/incentives to the C.Vs.</li> </ul>	ipriurp Discussion	Йr,Selvakumər
83.38-84.38	Personnel rules and regulation	- Review the staff service rules of CNCH.—— - List the contents of personnel files.	Reading and Discussion	Mr, Issanuel
6,8.2882 TUE	SDAY			
18, 34-89, 84	MET .	- To review previous day's classes,		Mr.loganuel
99,08-18,88	Recruitsent	<ul> <li>List the sources of recruitment.</li> <li>Analyse the merits &amp; demerits of promotion form within, compute recruitment, advertisement, employment exchange etc.</li> </ul>	lecture	Mr.Huniraj

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Date & Jina	Tapic	Objectives	Kethodology	Resource Personne
92.il-97.91	RUHSA's HRD System and Issues in HRD	<ul> <li>Describe the philosophy of HRD</li> <li>Describe the various strategies for introducing HRD.</li> <li>Discuss the various approaches in HRD.</li> </ul>	ierture Discussion	Mrs,Jayələkshoi
		- State the rules in planning a good HRD. - State the need to give orientation		
		to the new recruits. - Examine the methods of increasing		
		training needs of staff. - Discuss the various issues in HRD Refers the various issues in HRD		
11.38-12.30	Colordian	- Define selected issues in HRD	Lecture	He Huningi
11.28-17.20	Splertion	<ul> <li>Discuss the steps in the selection process,</li> <li>Analyse the tests used in employee selection,</li> </ul>	LEC IBJ E	∺ັr.ສັນດiraj
12.80-03.15	aizylana dal	- Define the teros used in the job enalysis.	Lecture	Hrs.Jayalakshni
		<ul> <li>Describe the contents of a job discription,</li> <li>List the busan requirements to be included in job specification,</li> </ul>		
03,30-84,38	laproving performance	<ul> <li>List the symptoms of poor performance</li> <li>State the causes of poor performance</li> <li>Examine the procedures for dealing with plan performance.</li> <li>Suggest remedies for improving poor performance.</li> </ul>	Lecture	Hr.Nathen
7.8.2002 WEI	INESDAY			
09,32-89,88	NET	- To review previous dwy's classes.		Mr.lemanuel
09. <i>0</i> 2-18.39	Morale & Job Satisfaction	_ Define morale and job satisfaction _ Discuss the factors that determine morale and job satisfaction - To assess the job satisfaction of employees, —	Lectore Discussion Exercise	Ør.Thasian
11.98-12.98	Wage administration	<ul> <li>List the consequences of poor mage administration.</li> <li>State the principles of a sound mage system.</li> <li>Name the factors that determine levels of pay.</li> <li>Define job evaluation.</li> <li>Discuss the systems of job evaluation.</li> <li>Describe the provision of the</li> </ul>	Lecture & exercise	Nr.Nathew
12,88-12.38	Video	ninimum wage act,		

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Date & Time	Tapic	Objectives	Nethodology	Resource Persoone
87.80-83,15	Quality of Work Life	- Define GML - List the benefits of GWL - State the barriers to GML _ Discuss strategies for improvement in GML	Lecture Discussion Video	Ør,Thasian
83,39-84,33	Promotion, Transfer and Demotion	<ul> <li>State the seaming of promotion demotion &amp; transfer.</li> <li>List the purposes of promotion</li> <li>Analyse the criteria used for promoting an employee.</li> <li>Mame the types of transfer</li> <li>Explain the difficulties in transfer.</li> </ul>	Lecture	Hr.Huniraj
8.8.2082 THUR	SDAY			
88.38-89.88	Ket	- To review previous day's classes.		Mr.immanuel
89,82-18,88	Perforazare zpprziszł	<ul> <li>State the meaning of performance appraisal.</li> <li>List the purpose of performance appraisal.</li> <li>Discuss the technique of reviewing exployee performance.</li> <li>Specify the errors of judgement in performance appraisal.</li> </ul>	Lecture & Case Study	Kr "Mathew
19.38-11.30	Fringe benefits	<ul> <li>Define fringe benefits</li> <li>Describe the types of fringe benefits.</li> <li>List common fringe benefits given in meny organisation.</li> </ul>	Exercise & discussion	Hr. Insanuel
11.38-12.38	Režiresest	<ul> <li>List the reasons for retirement of system.</li> <li>Name the theories of retirement benefits.</li> <li>Discuss the retirement age for an employee.</li> <li>Narrate the factors determining fairness of dismissal.</li> <li>List the causes of resignation.</li> </ul>	Lecture	Mr "Mathen
<u>87.80</u> -84.38	iegsi satters in personnel sanagebent	<ul> <li>Discuss to procedures for handling disputes under the industrial disputes Act.1947.</li> <li>Specify the legal aspects of strike, lockout, lay off and retrenchaent.</li> <li>Describe the various process of taking disciplinary action on an employee.</li> </ul>	Lecture Discussion	Personnel Office CMCH

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Date & Time		Objectives	Methodology	Resource Personne.
9.8.2882 FRI	DAY			
88,38-89,88	KET	- To review previous day's classes.		Mr.Incanuel
87.08-18.00	labour relations	<ul> <li>Identify the purpose of main- taining good labour relations in the organisation.</li> <li>Specifiy the role of trade unins in an organisation.</li> <li>Point-put methods of recogni- sing trade unions.</li> </ul>	Lecture	Мг.Милігәј
ik.30-11,30	Brievences and discipline	<ul> <li>State the meaning of grievences and discipline.</li> <li>List the causes of employee grievences.</li> <li>List the guidelines for saintaining discipline.</li> <li>Analyse the essentials of disciplinary action.</li> </ul>	Buiz	Ør.Thæsian
11.30-12.33	Forgs of exploysent	<ul> <li>List the various forms of exployment.</li> <li>Discuss the advantages and disadvantages of shift working.</li> <li>Part-tise working, flexible hours, compressed hours and annual hours.</li> </ul>	lecture	Hr.Munirəj
02.80-83,15	Staff Developæent & Career Planning	<ul> <li>In discuss the important staff development.</li> <li>In describe the various methods of Staff Development.</li> <li>To discuss the important career planing.</li> <li>To describe the various methods of career planning.</li> </ul>	leciure	Nr.Nathew
83.38-84.38	Post and Process evaluation	<ul> <li>To assess the level of knowledge and skill of the participants at the end of the workshop.</li> <li>To obtain feed back from the partici- pants about the effectiveness of the workshop.</li> </ul>	Filling Buestionnaire	Hr .Jothiaurthy

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L	nca Pac Francisc Francisc	NORKSHOP ON "ACCOUNTANCY"		ALL ALL
TIME	TOPIC	OBJECTIVES	NE THODOLOGY	Resource person
N2.89.2882 (NO)	NDAY J			
18,32 - 89,89	Pre-Test	- Assess the expectation of the Participants	Questionneire	Hr. Asokan H
19.80 - 89.30	Fundamentals of Book-Keeping		¥ideo	Nr. Stalin
19.38 - 18.38	Fundacentals of Rook-Keeping	- To discuss the fundamental of Book-keeping,	Lecture Discussion	Nr. Nathew
11.88 - 12.88	Journal	<ul> <li>Specify the 3 rules of double entry.</li> <li>Write Journal Entries for transactions affecting personal, real &amp; nominal account</li> <li>To list the books of Accounts.</li> <li>To discuss objective of Accountancy &amp; General Principles involved in maintance of double entry system.</li> </ul>	Lecture Exercise 5.	Kr. Senjepvi
7,68 -81,68	Cash Brok	<ul> <li>Describe different types of Cash book.</li> <li>Nake entries in simple cash book.</li> <li>Enter transaction in Analytical petty cash, by imprest system.</li> </ul>	lecturə š Evercise	Mr. Senjeevi
2.00 -03.00	Cash Rock	<ul> <li>Record cash and Bank transaction in double column cash book.</li> </ul>	Lecture Exercise	Mr. Nathew
3,38 -84,38	Ledges	- Post entries from journal and cash book to Ledger.	Lecture Exercises	Nr. Nathew
3,89,2002 (TVES	SDAYJ			K
9.20 -19.30	Triel Balance	<ul> <li>Extract the Ledger balance and prepare a trial balance.</li> <li>Explain the reasons why the Trial balance way not agree.</li> <li>List the function of Trial Balance.</li> </ul>	iecture & Exercise	Nr. Nathen
(, <u>88</u> - 17, <del>88</del>	Bank Reconci- lation 6 Subsidy Rooks	<ul> <li>Bank Reconciliation.</li> <li>List the subsidiary books.</li> <li>To describe the different kinds of subsidiary books and their needs.</li> <li>Distrinction between subsidiary and principi books.</li> </ul>	Lecture Exercises	Mr. Pərəndəsən
2.80 - 81.88	Bepreciation	<ul> <li>Justify the need for providing Depreciation.</li> <li>Explain the basis of providing Depreciation.</li> <li>Calculate depreciation using atleat two methods.</li> </ul>	Lecture & Discussion	Hr. Hunisaj

•	\$2.88 - \$3.88	Budget	<ul> <li>To define Rudget.</li> <li>To state the need for the preparation of budget.</li> </ul>	Lecture & Exercise	Kr.lananuel
			<ul> <li>To discuss different types of budget.</li> <li>To prepare a budget.</li> </ul>		
			<ul> <li>To discuss the different components of salaries, payments &amp; recoveries.</li> <li>To discuss the utilisation of grants in foreign currency.</li> </ul>		
	\$3,38-84,30			1	
	10102-24, M	1858728CE	<ul> <li>Describe the basic concept and different type of Insurance.</li> <li>Discuss the process to be followed in claiming insurance, benefit of Insurance &amp; Foreign exchange.</li> </ul>	Lecture	Bevelopaent Officer
	84.89.2882 (MED	HESDAY)			
	89,88-18,33	Auditing	- Discuss the method of internal check internal audit and external audit.	Lecture	Internal Audit Staff
•	ii.00-12.30	Deductions	<ul> <li>Discuss the calculation of statutory deductions, PF, LIC, Gratuaty and other department deductions.</li> <li>Prepare statement of income tax deduction at sources for individuals.</li> <li>List the retairment and superanuation benefits.</li> </ul>	Lecture Discussion Exercise	Mr. Serlian
	87.88-83.38	Cesh t Fund Flax	<ul> <li>Discuss general principles involved in cash control system.</li> <li>Prepare a cash flow and fund flow statement</li> </ul>	Lecture Discussion Exercise	Nr .Pinto
	Q3,3Q-84,3Q	Computerisation of Accounts	<ul> <li>Discuss the method to be followed before computerisation of accounts.</li> <li>Justify importance of classification of account codes.</li> <li>Explain methods used for preparation of subcidary statements.</li> <li>Discuss the use of computer during the final audit.</li> <li>Discuss the advantages of computeri- sation of accounts.</li> <li>Dinstinguish between computerised</li> </ul>	Lecture Discussion Exercise	Mr. Jayavrlu
	45,89,2882 (THU	GCRAVI	accounts and manually maintained accounts.		
				1. B.	
	£9,88-18.38	Costing	<ul> <li>Apply the techniques of cast planning and cost control.</li> <li>Biscuss some of the cost benefit analysis.</li> </ul>	Lecture Discussion Exercise	Mr. Sezlian
	11,09-12.30	Cash Verification	- Describe the process of cash verification,	Lecture	Internal Audit Staff
	\$2,\$\$-\$3,15	Budgetery Control	- Discuss the method of budgetery control.	Lecture	loternal Audit Staff
	g3,3 <del>8-8</del> 4,38	Foreign Fund Account	<ul> <li>Describe the process to be followed before receiving funds from other countries</li> <li>Discuss the importance and maintenance of seperate accounts and records for external funding.</li> <li>Discuss the method of preparing foreign fund statements.</li> </ul>	Lecture "Discusision	Mr. Demzil

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89,8 <u>8-18</u> ,88	Receipts & Payments Account	<ul> <li>Describe the features of a receipts and payment account.</li> <li>Prepare a receipts and payments account from the given transactions.</li> <li>Distinguish between income and expenditure account and receipts and payments account.</li> </ul>	Lecture 6 Discussion	Mr. Sanjervi
18,30-11,30	Incose and Expenditure Account	<ul> <li>Explain the guidelines in preparing an Incose &amp; Expenditure account.</li> <li>List the steps in preparing income and expenditure account.</li> <li>Prepare an income and expenditure account for the given transactions.</li> </ul>	Lecture & Exercise	Mr. Nathew
ii.30-i7.30	Belance Sheet	<ul> <li>Distinguish between assets and liabilities,</li> <li>Analyse the effect of Transfers in the Relance Sheet,</li> <li>Prepare a Balance sheet for the given transaction,</li> </ul>	Lecture é Exercise	Mr. Issanuel
07.08-03.15	Ranking Procedures	<ul> <li>List the procedures of depositing and withdrawing money in the bank.</li> <li>Discuss Crossing a cheque, Endorsement &amp; refused of payment.</li> <li>Describe the general services of Bank and Bank pass book.</li> </ul>	Lecture	Bank Manager
\$3.30-Q4.30	Payaent Værsere	<ul> <li>Discuss the maintenance of payment vouchers and other relevant documents.</li> <li>Discuss the problem during preparation of final statement by External Auditor.</li> <li>Chartout process to be involved at the time of final audit.</li> <li>List the subsidiary records and lists to be needed during finalization of accounts.</li> </ul>	Lecture Discussion sts.	Kr.Sanjeevi

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# RUHSA DEPARTMENT, CNC, VELLORE

# MORKSHOP ON CONNUNITY SURVEY TECHNIQUES

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Date & Day	Tisp	Topic	Objectives	Nethodology	Resource person
3.2.2083 Konday	85.30-87.08	Preassessment	<ul> <li>To assess participant's pre-entry knowledge and skill related to the workshop content.</li> <li>To list out participant's expectations.</li> </ul>	Heeds 2554558ents	Mr.Azmatrishemn
	89.88-18.33	Connunity diagnosis problems selection	<ul> <li>To state the meaning of community diagnosis.</li> <li>To list out atleast 3 purposes of community diagnosis.</li> <li>To summarize similarities and differences between patient diagnosis and community diagnosis.</li> </ul>	Lecture Biscussion	Nrs.Jolly Rajaratxa
			<ul> <li>To identify stlesst 3 informal methods of collecting information about the community.</li> <li>To discuss the importance of two types of surveys to diagnose a community.</li> <li>To identify the demographic rommunity characteristics that</li> </ul>		
			case under hard neasurable and soft facts. - To discuss all the steps involved in conductings systematic and formal community diagnosis.		
	11,98-12,80	Types of survey	<ul> <li>To define survey</li> <li>To discuss the adventages of survey.</li> <li>To explain the types of survey</li> </ul>	Lecture & discussion	Mrs.Joliy Rajaratnan
		SURVEY	<ul> <li>To list out all the stages of survey.</li> <li>To discuss on primary and secondary data.</li> <li>To identify the four major phases in conducting a survey.</li> </ul>	Lecture k Discussion	Mrs.Jolly Rajarataa
	12,40-01,58	Method of data collection	<ul> <li>To discuss the different types of data.</li> <li>To list various methods of data collection to study a problem in a systematic manner.</li> <li>To describe atleast three methods to study the problem identified in the community.</li> </ul>	lecture Discussion	Nr.Rawakrishqaq
	<b>82.88-8</b> 3,38	techsique	<ul> <li>To define the concepts census, sample, sampling, sample popula- latiion, sample frame, sample unit, sample size, non-response.</li> <li>To state at least 2 purposes of sampling.</li> <li>To discuss the essential condi- tions of sampling.</li> <li>To describe at least 4 random and non random sampling technique.</li> </ul>	Lecture, Demonstration Discussion	Nrs.Jo]]y Rajaratnan

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Date & Day	line	Topic	Objectives	Rethodology	Resource persea
	83,45-85,88	Group work saapling techngives	- To use the appropriate sampling technique,	Group work, Presentation	Mr.Samakrishoas
4.7.2003 Tuesday	28,38-08,45	KET FEVIEN	<ul> <li>To present previous day's proceedings and evaluation.</li> </ul>	Report presentation & discussion	Nr.Ramakrishnan
	83.45-89.88	quality control procedures.	<ul> <li>To discuss on sampling error and non sampling error.</li> <li>To discuss on the data collection procedures, selection and training quality control procedures.</li> <li>To discuss on development of plans for data analysis.</li> </ul>	Lecture & Discussion	Mrs.jolly Rajaratnan
•	89.68-18.38	Survey plan	<ul> <li>To discuss about the outline of a survey plan.</li> <li>To select an appropriiate title if necessary.</li> <li>To write brief introduction for the survey.</li> <li>To write a set of objectives to be achieved during survey.</li> <li>To write methodology for the survey.</li> <li>To prepare time plan and budget.</li> </ul>	iectuse 4 Discussion	Dr.Thasian
	11,60-12,00	Group work an survey plad	<ul> <li>To prepare a model survey plan for a selected problem given in the workshop.</li> <li>To present the model survey plan for the selected problem.</li> </ul>	Group work 6 Presentation	Mr.Ramakrishnan
	Q2.62-83.38	Schedule	<ul> <li>Jo define the concepts,schedule and questionnaire.</li> <li>To differentiate between schedule and questionnaire.</li> <li>To list out two forms of questions.</li> <li>To indicate at least five good qualities of a schedule/question- naire.</li> <li>To identify the variables related to the survey objectives.</li> </ul>	iecture, Demonstration, Discussion	Mrs.Jolly Rajaratnan
	84.88-85.88	Beveloping model basic demographic schedule/specific survey schedule.	<ul> <li>To prepare at least one model basic demographic schedule.</li> <li>To prepare one model specific survey schedule.</li> <li>To present the basic demographic and specific survey schedules.</li> </ul>	Group work & pr <del>ese</del> ntation	Mr.Ramakrishnan
		Schedule pretesting	- To pretest the prepared survey schedule.		Nr.Ramakrishnan

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Date & Day	Tipe	Topic	Objectives	Hetbodology	Resource person
5.2.2003 Kednesday	88,38-89,45	XI reviex	- To present previous day's proceedings and evaluation.	Report presentation 6 discussion	Mr.Resetrishnes
	88,45-18,98	latervien techniques	<ul> <li>To define the concept interview.</li> <li>To explain various types of interview.</li> <li>To explain four serits and descrits of interview.</li> </ul>	Lecture, Discussion, Demonstration Role play	Ar.Bawakristove
			<ul> <li>To demonstrate the purpose of four phases of interview.</li> <li>To discuss the essential qualities off an interviewer.</li> </ul>		
	11,88-01,00	Tabulation	<ul> <li>To define variables, frequency, discrete distribution and continuous distribution.</li> <li>To discuss the different types of tabulation.</li> <li>To describe the differences hetween dummy tables and actual tables.</li> </ul>	Lecture, Discussion	Dr.Thasian
	82,82-83,38	Tetulation practice1	<ul> <li>To prepare appropriate duamy tables related to the objectives of the survey.</li> <li>To present the duamy tables related to the objectives of</li> </ul>	Broup work, Presentation	Mr.Ranskrighnan
	84,00-05,88	Presentation Survey Plan	the survey. - Introduction, Justification, Netbodology.	Presentation	Nrs.Jolly Rejarato
6.2.2003 Thursday	88.32-88.45	KET review	<ul> <li>To present previous day's proceedings and evaluation.</li> </ul>	Report presentation & discussion	Mr.Ramakrishnan
•	83,45-89,38	Modification of pretested schedule/editing and coding.	<ul> <li>To modify the pretented schedule,</li> <li>To discuss the components of editing,</li> <li>To define coding</li> <li>To describe coding key, coding sheet,</li> </ul>	Lecture Discussion	Krs,Jolly Rajaratni
	89.32-18.32	Validity and reliability	- To discuss the concepts of vali- dity and reliability,	Lecture Discussion	Mrs.Jolly Rajarata
	ii.88-12.80	Diagramatic sepresentation	<ul> <li>To discuss atleast 3 signifi- cances of representing the data through diagram.</li> <li>To dram simple har-diagram, sub- divided bar dia-gram, multiple bar diagram and pie diagram.</li> </ul>	Lecture, Pesonstration Sroup work	Mrs.Jolly Rajarata
	12.82-01.00	Basic statistica) concepts	- To calculate rate, ratio, proportion and percentage.	Lecture & Discussion	Mrs.Jolly Rejerated
	82.08-05.88	Data collection	- To collect the basic demographic survey data.	Field work	Mr.Ramakrishnan

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Date & Day	Tine	Jopic	Øbjectives	Methodology	Resource person
	86,23-23,99	Coding key/coding sheet/tabulation - practical	- Each participant will have done the data processing work of editing after the field work is over.	Group work	Mrs.Jolly Rajaratnas Mr.Rasakrishnan
			<ul> <li>To use coding sheet to prepare their data in the code form.</li> <li>To form the frequency tables either by potting tally sarks or by preparing coding sheets.</li> </ul>		
7.2.2003 Friday	83.38-88.45	NET review	- To present previous days proceedings and evaluation.	Report presentation 6 discussion	Mr.Ramakrishoao
	88.45-89.38	Interpretation	<ul> <li>To decide the pattern of percentages for the tables.</li> <li>To identify the trends in the tables.</li> <li>To interpret and draw differences from the tables developed.</li> </ul>	Lecture, Discussion	Hrs,Jolly Kajaratnaa
	87.38-18.38	Techniques of report writting	<ul> <li>To define the concept of report</li> <li>To discuss atleast 2 purposes of a report.</li> <li>To analyse various components of a good survey report.</li> </ul>	Lecture # Discussion	Hrs.Jolly Rajeratnam
	18,38-11,68	Coffee break	No A COM		
	11.80-81.80	Report writing practical	- To prepare survey report.	Group work	Hrs.Jolly Rajaratnan Mr.Ranakrrishnan
	82.00-83.00	Report presen- tation,	- To present the survey report developed during the workshop.	Presentation .	Mrs.Jolly Rajaratnam Mr.Ramakrishnan
)	03.09-84.08	Post evaluation and workshop assessment.	<ul> <li>To assess the learning outcome of the participants gained from the workshop.</li> <li>To collect feed back from the participants about the workshop process.</li> </ul>	Filling questionnaire	Nr.Ramakrishnan

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# RUHSA DEPARTMENT, CHCH, VELLORE

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INTEGRATED TIME SCHEDULE FOR RCH & CN

9.9.2802	(NO	(YAGM			
8.38	-	9.08	AM	3	Pre-evaluation of RCH & CN Needs Assessment & MET Formation - Mr.Asokan
9.30	-	10.30	AM	*	Introduction to RCH & Human Reproductive System - Dr.Rajaratnem Abel
11.00	-	12.30	PM	72	Introduction to Reproductive Health Problems - Dr.Inbakumar
2.00	1	3,15	PM	2	Reproductive Tract Infections
3.30	-	4.30	PH	54	Principles of Nutrition
16.9.2002	(7	UESDAY	()		
8.30	-	9.00	AM	p	MET (C K
9.80		10.30	AM	2	Maternal Mutrition & Ansemie CCD N
11.0%	-	12.90	Maion		Pregnancy Dr.Inbakumar
12.20	Faires	1.80	户时	1-	PEM - Mr.Asokan
2.00		Z.IS	РМ	-	Vitamin Deficiencies - Mr.Selvakugar
3.30		4,30	PM	4	High Risk Approach - Dr. Inbakumar
11.7.2002	( 6)	EDMESI	343Y 3		
8.30	-	9 - 699	AM	2	MET
9 . GB		10.30	AM	2	Child Feeding Practices, Weening & Supplementary Feeding - Mr.Solomon K.
, i1.60	-	12.09	Moon	2	Menstrual Problem - Mrs.Kumudham Ravi
12.00	-	1.00	PM	P	Infertility - Dr.Inbakumar
2.0%		3.36	PM	* .	HIV & AIDS Hospital Infection Control
3,45		4,30	PM	2	Twin Birth - Video
12.7.2002	1	HURSDA	47.)		
8.36		9.00	AM	5	MET /
9.40	-	19.00	AH	Ŕ	Internatal & Postnatal Care
10,30	-	11.30	AH	a a	Essentials of New Born Care

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11.30	-	12.00	Maan:	Cold Chain Mechanism - Mr.Jagadeesan
12.00		1.98	: 번역	Immunization Programme of Government & RUHSA - Mr.Selvakumar
2.00	-	4.30	PM D	Anthropometry (Child & Maternal) - Lecture & Demostration

- Mr. Solomon K. / Mr. Asokan

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# 13.9.2002 (FRIDAY)

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8.30 -	9.00 AM	3	MET
9.00 -	4.30 PM	2	Anthropometry Survey & Vitamin 'A' Screening - Mr.Solomon K. / Mr.Asokan

## 14.9.2002 (SATURDAY)

3.30		7,00	AM	2	MET
9.08	rs-40	10.30	AM	5 4	Manual Analysis Interpretation
11.00	1-10	12.00	Mada	3.2	& Presentation - Mr.Solomon K. / Mr.Asokan

# 16.9.2002 (MONDAY)

8.30		9.00	AM		PHE T
9.92	- 1	10.00	AM		Goitre - Video & Lecture - Mr.Asokap
		11.30 1.00		4.5	Programmes for Adolescent & Adolescent Mutrition - Mrs.Jayalakstmi
2.00		3.15	PM	B	Antenatal Care (Wealth Unit Visit) - Mrs.Shanthy Jeevankumar
3.30	Page 4	4.30	PM	5.6	Low Cost Mutritions Food preparation - Mrs.Jayalakshmi

## 18.9.2002 (WEDNESDAY)

8.30	-	9,00	AM	\$	MET
9.26	,	10.30	AM	7	Indicators of RCH - Dr.Rita Aaroo
i1.90		12.15	PM	5	Sexual / Gender Rased Viclence - Dr.Rejaratnam Abel
12.15	1.070	1.6363	户约	С. М	Family Planning Methods (Video)
2.00	• •••	3.15	印码	*	Samily Welfare - Mrs.Breeds Alexander
3.30		4.30	PM	3	National Family Welfare Programme - Mr.Vedha

# 19.9.2002 (THURSDAY)

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8.38	+	9.03	AN 2	MET
9.00	-	10.30	AM 2	Role of Mutrition in Preventing Degenerative Diseases - Mrs.Jayalakshmi
11,00	-	12.00	Neon :	Integrated Management of Child Hood Illness — Dr.Rachel
12.00		1.00	FM p	Role of Men / Women in RCH - Mr.Stalin
2.00	14%	3.15	PM ;	Diet & Care for HIV / AIDS Infected Persons - Mr.Selvakumar
3.30	~	4.30	PM :	Current Mutrition Transactions - Mrs.Javalakshmi

# 20.9.2002 (FRIDAY)

3.IA	ind	9,00	沿村	15 Pr	MET
9 . QQ	**	10.30	AM	se	Strategies to Prevent Malnutrition - Dr.Rajaratnam Abel
11.00	64%	12.68	Moon	R T	Government Programmes for Women & Children - Mrs.Greeda Alexander
12.00	-	1 (39)	P14	3	Strategies to Promote RCH - Dr.Bita Aaron
		3.15 4.30		y	Post & Process Evaluation of RCH & CN - Mr.Asokan

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Look into my eyes You will see what V mean 2 me Search your heart securch your soul And if U Aind me the rell secret no more How don't tell me its not worthfor trying for. You can tell meights worth tarying for Now its true. Every this I do 1 do it for U. Liook into your eyes. You will find. There's nothing. there to hide Take me as a help take my life And I will give it and will sacrifice Don't tell me it's not worth fighting for You / con't thelp it there's this I want more. Now its true Everything Ido 1 do it for U

### RUHSA DEPARTMENT, CHCH. VELLORE

# WORKSHOP ON "MATERIALS MAMAGEMENT"

### A SYSTEM APPROACH

#### 1 Introduction :

and the

In many organisations, materials form the largest single expenditure item. In Voluntary Agencies engaged in Community Development work also, a large chunk of its expenditure is spent on material. An understanding of the fundamental principles of materials management will go a long way in increasing the efficiency in material bandling and in reducing material costs significantly.

This workshop is designed with the goal of "equiping the participants with the knowledge and skills necessary for efficient management of material resources".

#### 2. Needs assessment :

RASIC MEEDS of this workshop were prepared with the consultation of experts and RUHSA staff experience.

DESIRED LEVEL of the participants will be identified through a general discussion.

ENTRY LEVEL of the participants will be assessed through a suestionnaire.

#### 3. Dbiectives :

By the end of this workshop the participants will be able:

- To synthesise the scope of material management in a programme.
- 2. To follow guidelines for material planning and budgeting.
- 3. To relate the essentials of successful purchasing.
- 4. To choose the right supplier through Vendor analysis.
- 5. To discuss the procedures for purchase of capital equipment.
- 6. To describe the procedures of importing material from other countries.
- 7. To discuss the essential elements of the laws related to sale of goods.
- To recognise the need for cordial relations with buyer and seller.
- 9. To discuss the scope and methods of value analysis.
- 10. To classify material on the basis of value.
- 11. To discuss the methods of controlling incoming materials
- 12. To describe the methods of identifying, controlling and disposing scrap.
- To use appropriate techniques for efficient management of inventory.

### 4. Methodology :

Lecture. exercises, discussion and observation.

RESOURCE PERSONS: Mr. Mathew. Mr. Muniraj. Mr. Kaleinesan. Mr.Jason, Dr.Thasian, Mr.Immanuel. Mr.Asokan. Mr.Jothimurthy. . S. Implementation :

Dates	 29.7.2002 to 3.8.2002
Venue	 RUHSA
Coordinator	 Mr.Muniraj

6. Post-Evaluation :

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A post test will be conducted to assess the knowledge of the participants by the end of the workshop. A process evaluation will be conducted to get feedback from the participants about the workshop.

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# RUHSA DEPARTNENT, CHCH, VELLORE

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# HORKSHOP ON "NATERIALS NANAGEMENT"

# CURRICULUM PLAN

Date & Tipe	Торіс	Objectives	Nethodology	Resource Perso
29.7.2882 (MOND	AY)			
87.89 - 19.69	Pre-test	- To assess the participants pre-entry knowledge,	Buestionnaire	Hr.Jothiaurthy
	Workshop Introduction	- To introduce the workshop content	Brief talk	
	Heeds assessment	- To identify the particiipants desired needs	Discussion	•
18.38 - 11.38	Naterial Planning and budgeting	<ul> <li>To define saterial planning</li> <li>To discuss the guidelines to be followed for reliable naterials budgeting.</li> <li>To identify the paterials used in a health and development project.</li> </ul>	Lecture & Exercise	Hr.Hunirəj
1.30 - 12.30	Purctase Procedures	<ul> <li>To state the advantages of efficient purchasing.</li> <li>To list the duties, responsibilities and qualities of an efficient purchasing officer.</li> <li>To discuss the essentials of successful purchasing.</li> <li>To describe the sources of supply and their advantages asd disadvantages.</li> <li>To analyse the different sethods of obtaining tenders.</li> <li>To chart-out the procedures of purchasing activity.</li> </ul>	Lecture 4 Discussion	Kr.Kuniraj
2.29 - 03.15	AUHSA-Purchase Procedure	- To discuss the purchase procedures.	Discussion	Mr.Irganuel
3,30 - 94,30	Overview of Naterials Management	<ul> <li>To define Material Management,</li> <li>To discuss the advantages of efficient material management.</li> </ul>	Lecture	Nr.Nathex
8,7,2082 (TUESI	14YJ			
9,38 - 99.88	MET	- To review previous days classes,	Discussion	
7,68 - 10.68	ABC Analysis	<ul> <li>To explain the seaming and purpose of ARC analysis.</li> <li>To categorise material on the basis of A, R &amp; C class items.</li> </ul>	Lecture & Exercise	fir .Asokan
8,30 -11,30	International purchasing	<ul> <li>To chart-out the procedures for importing</li> <li>To describe the nature of documents commonly required for importing.</li> <li>To list the assistance provided by trading organisations for the import of certain basic raw materials.</li> </ul>	iecture	Mr.Muniraj

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Note & Time	Tapic	Øbjectives	Methodology	Resource Perso
11.38 - 12.38	Ruyer - Seller relationship and ethics.	<ul> <li>To list the steps of ensuring healthy buyer - seller relationships.</li> <li>To discuss the importance of public relations in buying and selling.</li> <li>To review the code of ethics, principles 4 standards of purchasing practice.</li> </ul>	Lecture & Discussion	Hr.Muniraj
82.98 - 83.15	lacosiag asterial control	<ul> <li>To name the different methods of inspecting material on receipt.</li> <li>To list the purpose of stock verification</li> <li>To state the principles and purpose of stores.</li> <li>To describe the job responsibilities of a Store-Keeper.</li> </ul>	Lecture	Br.Thasian
83.30 - 94.30	Aluica Stores Procedures	<ul> <li>To explain the process of recording, storing and issuing saterial in a small organisation.</li> </ul>		ñr.Keleinesen
31,7,2002 (WEDM	ESDAY)			
88.38 - 89.88	MET	- To review previous days classes,	Discussion	
\$7,80 - 16,88	Value Analysis	- To analyse materials on the basis of value criticality and availability.	Lecture & Discussion	Nr Nathen
10.30 - 12.30 81.30 - 03.00	CUCH Purchase § Stores Procedures	<ul> <li>To explain the process of inspecting recording, storing and issuing material in a large organisation.</li> </ul>	Visit to CMCH Purchase & Stores Departments	Hr.Jason
94.29	Attend Kelcone Prog	rasse at Scudder Auditorius		
1.8.2082 (THURS	IAVI			
1.0.2002 (10003)		TION AT CNC, VELLORE		
2.8.7882 (FRIDA)	()			
09,32 - 89.88	%ST	- To review previous days classes,	Discussion	
Q7.90 - 18.8Q	Obsolute, Surplus and Scrap Management	<ul> <li>To define the terms obsolete, surplus and and scrap.</li> <li>To list reasons for accumulation of obsolete, surplus and scrap items.</li> <li>To discuss methods of identifying and controlling obsolete, surplus and scrap items.</li> <li>To name the different methods and ways of disposing scrap.</li> </ul>	Lecture	Dr.Tbasian
10,30 - 11,30	Purchasing Capital Equipment	<ul> <li>To explain the factors to be considered in the evaluation of bids,</li> <li>To name the sources of used equipment</li> <li>To compare the advantages of leasing as against purchasing capital equipment,</li> </ul>	Lecture	Kr.Munisaj

11.30 - 12.30	Vendor rating	<ul> <li>To frame a rating scale to appraise the performance of a vendor.</li> <li>To rate a vendor on the basis of quality, price and service of the material supplied.</li> </ul>	Exercise	Nr , Asokan
82,98 - 84,38	Inventory Control RUHS& Inventory System	<ul> <li>To determine Economic Order Quantity(E00)</li> <li>To calculate the Re-Order tever (E00), Safety Stock (SS), Lead Time (LT) and Lead Time Demand (LTD)</li> <li>To describe the procedures of handling and and controlling stores efficiently.</li> </ul>	Evercise	Br.Thasian
3.8.2002 (SATURO	iayi			
68.36 - 69.68	Revie»	- To review previous days classes.	Discussion	
87.88 - 18.88	Legal aspects in buying	<ul> <li>To describe the rules of agency</li> <li>To relate the essential elements of a valid contract.</li> <li>To describe the legal aspects in a contract of sale.</li> </ul>	Lecture	Kr.Nathen
18.39 - 12.39	Post Jest	- To assess the knowledge gained by the	Questionnaire	Nr . Jothisur thy
	Process Evaluation	participants. - To collect feedback from participants about workshop process.	Questiionneire	

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### SURSA DEPARTMENT. CMCH. VELLORE

# MODULE ON "MOTIVATION AND HUMAN RELATIONS"

#### SYSTEMS APPROACH

# INTRODUCTION

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Notivation is an inner drive that impels action. Notivation is said to occur when behaviours are directed toward poals. Managers are specifically concerned with how to increase the state of motivation, so that levels or frequencies of work behaviour are increased and work goals more effectively attained. Community health and development programmes can function much more effectively if the staff are committed and motivated in their work to serve the needy and down trodden. Motivating the people in the community can also speeden the process of development by facilitating people to belo themselves. Human relations is essential for effective work. barmony and bappy living. Poor relationship leads to personal and interpersonal problems in family, work situation and community and affects the performance of an individual. The goal of this workshop is to enable the participants to acquire essential knowledge, skill and attitude in motivation and human relations to play an active role in bringing about change in the community.

#### MEEDS ASSESSMENT

- a. BASIC NEEDS of the module were identified through the review of contents followed in the previous years PSDCHM curriculum.
- b. DESIRED LEVEL of the participants will be assessed by aroup discussion.
- C. ENTRY LEVEL knowledge will be identified through questionnaire.

#### OBJECTIVES.

By the end of the workshop the participants will be able:

- 1. To discuss concepts, types and theories of motivation.
- 2. To describe the role of Jumour, attitude, values, stergotypes, prejudice and perception in work environment.
- 3. To appreciate the importance of interpersonal communication and conflict resolution for better work efficiency.
- 4. To analyse the importance of Human Relations and Creativity in organisations.
- 5. To discuss the patterns of resistance to change and strategies to overcome them.

### METHODOLOGY

Exercise. Games. Discussions, Video. Lectures etc.

RESOURCE PERSONS: Dr.Rajaratnam Abel. Mr.Selvakumar, Mr.Muniraj. Mr.Sekar, Mr.Asokan, Mr.Solomon K., Mrs.Javalakshmi. Mr.Mathew.

# IMPLEMENTATION

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Co.ordanator	2	Mr.Mathew Asirvatham
Venue	u F	RUHSA
Duration	7	22.07.2002 to 26.07.2002

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### EVALUATION

Daily Monitoring

MET Process

Post Assessment

Content Evaluation through post test. Process Evaluation through questionnaire.



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# SUMSA DEPARTMENT, CACH, VELLORE

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# MODULE ON "MOTIVATION AND HUMAN RELATIONS"

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Bate & Time	Topic	Objectives	Hethodology	Resource Person
22.7.2002 (MOND	<u>SV1</u>			
68.45 - 89.38	Pre-test	- In assess the participants pre-entry knowledge.	<u>Øvestionn</u> zirp	Sr.Kathev
	Heede Gesesenent	- In identify desired needs of participants	Discussion	
11.08 - 18.30 11.08 - 91.02	Notivetios Coocepts, Factors Theories	- To review the concepts, factors and Theories of Nativation	Ring Tass Geae Evercise Lecture	dr.Hathex
N2.00 - 93.15	Horkers Nativation	- To discuss different nethods of notivating staff for successful work achievement	Discussion & Lecture	Hr.Selvakusar
17.38 - 93.38	Crossunity Notivation	- To discuss the problems in polivating community for programs implementation.	Discussion Role play Lecture	fir .Sekar
73,7,2002 (TUESI	1411	Browner		
19,3 <b>0-09,0</b> 3 AN	HET Presentation	<ul> <li>To present previous day's proceeding and evaluation.</li> </ul>	Presentation Discussion	fir .Hathew
:7,67 - 12,38	Interpersonal Communication	<ul> <li>To define interpersonal consumisation</li> <li>To describe elements of IPC</li> <li>To explain different types of response</li> <li>To recognise importance of possitive way of resting.</li> <li>To description techniques of IPC in given situation.</li> </ul>	Role Play Discussion Lecture	Mr.Selvskussr
0.00 - 03.15	Kativatinn in Behaviour Hodification	<ul> <li>To define behaviour codification.</li> <li>To discuss role of activation in behaviour sodification.</li> </ul>	Discussion Lecture	Krs.Jayalaksha
3,30 - 04.30	Sussur	- To diecuss haw rusour affects effective 192	Gaae Lecture	Hr.Hatheu
1 3 3003 (UCDWC	CTAR)			
4.7.2002 (MEDNE				
3,30-89,60 AN	MEI Presentation	- To present previous day's proceeding and evaluation.	Presentation Discussion	Kr.Nathew
7,88 - 18,20	Prejudice	- To discuse box prejudice affects IPC process.	Video, Discussion Lecture	Br.Buniraj
1.09 - 12.30	Perception	<ul> <li>To discuss the dynamic issues involved in in the perception of people.</li> <li>To recognize importance of accepting commuty's perception.</li> </ul>	Exercise Game Lecture	Hr.Hathew

Date & Tipe	Tepit	Bhjectives	Nethodology	Resource Person
82,00 - 05,15	Introduction to Cooffict	- To define conflict - To discuss different types of conflict	Evercise, Dis- cussion,Lecture	nr_Nathen
97.39 - 94.39	Conflict Resolution	- To discuss different strategies for Conflict resolution.	Questionnaire Diacusaíon	Hr.Selvahusar
25.7.2002 (THUR	ROAVI			
08.38-09.08 AN	NET Presentation	- To present previous day's proceeding and evaluation.	Prezentation Discussion	fir Hathen
89.68 - 18.38	Attitude	- In discuss how attitude affects effective IPC process,	Evercise Discussiion Lecture	fir "Asokan
11.88 - 12.88	Interpersonel Conflict & Counselling	<ul> <li>To discuss different types of interpersonal conflict situation.</li> <li>To discuss behad of conflict counselling process.</li> </ul>	Role play Lecture & Discussion	är.Selvakusar
17.62 - 81.68	Personal Problems at work	<ul> <li>To discuss the role of a supervisor is solving personal problems of the workers.</li> <li>To analyse the s rules of behaviour) for solving personality clashes at work.</li> </ul>	Lecture Discussion	ür.Soloson K.
62.09 - 83.15	Values	<ul> <li>To discuss isportance of accepting values of individual and consumity</li> </ul>	Discuszion Lectore	Hr.Nunirzj
03.30 - 04.30 Prejn 26.7.2002 (FRID	Strep Types die -ve ster, W1	- In discuss how stree type affects IPP. process. e. type	Exercise Discussion Lecture	Kr.Katheu
88,30-09.88 AM	NET Presentation	- To present previous day's proceeding and evaluation.	Presentation Discussion	Nr.Asthew
69,00 - 18,39	Kusan Selations	- To discuss the qualities required for effective Hugan Relations.	dehari Nindon gaua Viden & Lectura	Sr.Selvakusar
11,53 - 12,34	Creativity at Most	<ul> <li>To define creativity,</li> <li>To describe at least three approaches to creative,</li> <li>To apply at least one creative method to solve a problem.</li> </ul>	Exerciea Lectore & Discussion	Or.Aajasatoen Ab
62.68 - 83.15	Resistance to Change	<ul> <li>To discuss the psychological resistance to change.</li> <li>To describe the principles related to group dynamics of change.</li> </ul>	Lecture & Discussion	Hr .Nathen
63,38 - 84,38	Fost Test/ Process Evaluation	<ul> <li>To assess the knowledge gained by the participants.</li> <li>To collect feedback from participants about workshop process.</li> </ul>	Questionneire	fir "Kəthew

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### RUHSA DEPARTMENT, CMCH, VELLORE COMMUNICABLE AND NON COMMUNICABLE DISEASES A SYSTEMS APPROACH

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### INTRODUCTION

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Every Country has its own health problems depending 000 the standard of living of its people. Communicable and non communicable diseases play a major role in increasing the morbidity and mortality rates in our country. The victims of some of these diseases may become handicapped and affect their efficiency to work which in turn affect the family and community. The communicable diseases which are prevalent in our country are Respiratory Infections, Intestinal infections and skin infections. Non communicable diseases which are of community health importance are Hypertension, Cardiac diseases, Diabetes, Cancer etc. Training DCHM Students on communicable and non communicable diseases is essential to equip them with necessory knowledge, skills and attitude to provide preventive promotive and rehabilitative health care services to their respective communities.

#### NEEDS ASSESSMENT

- a. Pre Entry Level knowledge of the participants and be assessed through a test.
- b. Desired level of the participants will be ascertained through discussion.

### OBJECTIVES

- By the end of the sessions the participants will be able
- i. To state the communicable and non communicable diseases.
- 2. To explain the agent, bost, and environmental factors in the communicable and non communicable diseases.
- 3. To explain the signs and symptoms of communicable and non communicable diseases.
- 4. To discuss the complications, prevention and control of communicable and non communicable diseases.
- 5. To discuss the treatment of communicable and non communicable diseases.
- 6. To identify the Bovernment Programmes in communicable and non communicable diseases.

### METHODOLOGY

Lecture, Discussion, Video show, Clinic Observation, Slides.

#### REBOURCE PERSONS

Dr.Rajaratnam Abel, Dr.Rita Aaron, Dr.Inbakumar, Dr.Srikanth, Dr.Sasi, Dr.Rachel, Mrs.Greeda Alexander, Mr.Selvakumar, Mrs.Kumudham Ravi, Mrs.Shanthi Jeevan, Mrs.Latha Srikanth, Mr.Stalin, Mr.Jones, Mr.Solomon K.

#### IMPLEMENTATION

DATE	; 15.7.2002 to 19.7.2002
CO-ORDINATOR	: Dr.Rita Aaron
MEDIUM	: English

### EVALUATION

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Daily Monitoring through Management Evaluation Team(MET)
 Post-Test to assess knowledge gained by participants.

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# RUHSA DEPARTMENT CHCH VELLORE

# CONSUMICABLE AND NOW CONSUMICABLE DISEASES

CURRICULUM PLAN 15.07.2002 TO 20.07.2002

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DATE & TIME	TOPIC	objectives	HETHODOLOGY	RESOURCE PERSON
15.07.2002 (	nemeav)			
68,38-09,15	Pre-Evaluation	-To know the Pre-Entry knowledge.	Questionnaire	hr.Soloson K.
<	Heeds Assessment	-To identify the needs and expectations of the participants.	Discussion	Or.Rita Aaroa
1	MET Forsation	-To sonitor the proceedings of each day.		
89.15-18.15	Introduction to Cossumicable and Non Cossumicable Diseases	-To define consumizable and non consumi- cable diseases. -To explain the eqent, host and environ- sental factors in communicable diseases -To disease the nodes of disease trans- mission. -To explain 'Web of causation' in non-consumicable disease. -To discuss the levels of prevention.	Lecture Discussion	Dr.Rita Aaroa
RE	SPIRATORY INFECTIONS	Barnish		
16.30-11.30	Charken pox, measies, sumps, Rubella	<ul> <li>To define chicken pox, measles, sumps and Rubella.</li> <li>To explain the epidemiological factors of chicken pox, measles, mucps and rubella.</li> <li>To explain the s/s of chicken pox, measles, sumps and rubella.</li> <li>To describe the treatment, complica- tions and preventive measures of Chicken pox, measles, sumps and Rubella.</li> </ul>	Lecture	Ør, Aschel
11,30-12,30	Acute Respiratory Tract Infections	<ul> <li>To define ARI, diphtheria, Whooping cough.</li> <li>To explain the epideaiological factors of ARI, Diptheria, Whooping cough.</li> <li>To explain the classification of ARI.</li> <li>To describe the sanagement and prevention of ARI, Diphtheria, Whooping cough.</li> </ul>	Lecture	Dr.Srikaath
);,30-03,68	Tuberculasis,	<ul> <li>-To define tuberculosis.</li> <li>-To explain the epidemiological factors and s/s of TR.</li> <li>-To explain the Rx, complications and preventive measures of Tuberculosis.</li> <li>-To describe the home care of a client with tuberculosis.</li> <li>-To describe RNIEP for management of TR.</li> </ul>	Lecture Discussion	Dr.Asjaratnaa ábel
INTES	STINAL INFECTIONS			
33,30-04,30	Acute Dierrhoeal Diseases, Cholere, Typtoid, Food poisoning	-To define diarrhoes,cholers,typhoid and food poisoning. -To explain the epidemiological factors of Cholera / Typhoid. -To explain the clinical features, cooplication and Rx of typhoid.	Lecture & Desonstration, Slides	Dr.8253

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			-To explain the s/s and conservat of diarrhoeal diseases and food poisoning. -To explain and desonstrate preparation of OSS.		
			-To list the complications and prevention of acute diarrhosal diseases. -To discuss the available issumization		
	16.07.2002 (	Tuesday)	Programmes for Typhoid and Cholera.		1
	08.30-69.68	rei	-To present report of the previous day.		Hr.Soloaon K.
	89.00-03.45	Wara Infestation	-To list the types of wores. -To explain the epidemiological factors. -To discuss the spread, treatment complications and prevention of Tape wore, Hook words and Round wores.	Lecture	Hrs.Breeda Alexander
	07,45-10,15	Lab	-To demonstrate sotion / spuths examination,	Desonstration	Kr.Jones
•	10.45-11.45	Polis avelitis	-To define polio evelitie. -To explain the epidemiological fectors of polio. -To explain the s/s of polio -To discuss the complications, prevention and rebabilitation of polio. -To discuss pulse polio insumination strategy.	Lecture	Dr.Sritanth
	11,45-12,38	Hepatitis	-To define Hepalitic. -To explain the epidemiological factors of hepatitis. -To explain 5/5 of hepatitis. -To explain types of hepatitis. -To explain the Sx, complications and prevention of hepatitis.	Lecture	Ør.Sachel
		ARTHROPOD BORNE INFECTIONS			
•	01.30-02.30	Malarja	<ul> <li>-To define Halaria</li> <li>-To discuss the extent of problec.</li> <li>-To state the cause of nalaria.</li> <li>-To list out the causualive organizas.</li> <li>-To explain the code of transmission.</li> <li>-To discuss the four stages of signs and exaptors in malaria.</li> <li>-To explain the coefficient of salaria.</li> <li>-To differentiate between three types of malaris.</li> <li>-To discuss the personal protection methods.</li> <li>-To explain the assquito control measures.</li> <li>-To explain the preventive measures of assquite breeding.</li> </ul>	Lecture / Video	Dr.Rajaratnan Abal Ar.Stalin
	92,30-83,15	Scabiez.	-To discuss the epidemiological factors -To discuss the Rz, complications and prevention of acabies.	Lecture	Dr. Indokuzar
	93,45-04,30	Dengue Syndrose	-To define the drague syndrome. -To explain the epideminlagical factors. -To discuss the Rx, complications and prevention of dengue syndrome.	Lecture	Dr.Srikənth

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	18.07.2001 (	Kedrescay)			
	• 08.00-09.00	KET	- To present report of the previous day.		Mr.Soloson K. / Dr.Aita Aaron
	29.00-13.03	Laprosy	- To define Leprosy. -To explain the epidepiological factors of leprosy.	Lecture	Or.Rita Aaron
			<ul> <li>To list the clinical features of leprosy.</li> <li>To discuss the Rs and complications of leprosy.</li> </ul>		1
			-To discuss integrated services. -To explain the hose care of a client with leprosy. -To explain the presures to rehabilitate		
			clients with leprosy.		
	10,15-11,00	fala Azər	-To define Kala Azar. -To explain the epidemiological factors of kala azar -To list the clinical features and	Łecture Video	dr.Rəjəretnen Abel
			complications. -To discuss the treatment. -To explain the preventive seasures.		
•	11.03-12.33	KIV/AIDS	-To define HTV/ATDS. -To explain the cause,spread, clinical features, Ra and prevention of HTV/ATDS.	Lecture Video/Slides	Sr.Stalin Hr.Selvakumar
	81,30-82,15	Filerieziz	-To define filerianic. -To discuss the epidemiological factors. -To explain the clinical semifestation of of Filerianis. -To explain the treatment, complications and prevention of filerianis.	Lecture Discussion	dr.Rits Abron
	82,15-83,20	Tetzovs	-To define Tetanus. -To explain the epidemiological factors, clinical features, Ax and preventive neasures of Tetanus.	Lecture	Mrs.Laihs Srikanth
	63,60-03,45	lazuaizztion	-To observe issumisation against Six Killer diseases,	Site Visit	Hrs.Shanthi Jeevan
(	13.45-84.38	Vides	- Video shaw on Consunicable Diseases	Video Show	Dr.Aita Aaron
	18.87.2082 (	THURSDAY	Six Killer Diseases & Leprosy		Mr.Stalin
	69.38-69.60	ret	-To present the previous day's report.		Mr.Soloson K./Dr.Rita
	49, <b>66-09,4</b> 5	Bronthial Asthaa	-To define Bronchiel Asthme. To explain the E/E,complications, annagement and follow up care of Bronchiel Asthme.	Lecture Despostration	Dr.Səsi
	10,15-11.00	Leb	-lo descastrate action / sputua examination.	Desonstration	llr Jones
	jj.02-12.30	Asties and Plague	-In define Rebies and Plaque, -To discuss the epidemiological factors of 8 & 9, -To explain the signs/sysptoms of rabies/ plague, -To discuss the 8x and prevention of	Lecture	Dr.Srikanth
			-to discuss the sk and preventive asseures Abbies. -To discuss the Rx and preventive asseures of plague.		

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		participants.	R.RITA AARON	
19.39-12.09	nortenop Test	regarding all the sessions, -To assess the knowledge of the	Questionnaire	Hr.Soloson K.
89,68-18.68	Review of Norishop	-To get the feedback from participants reparding all the speakons	Discussion	Dr.Rita Aaron
68,32-69.83	tiEI	-To present the previous day's report.	Report Presentation	Dr.Mita Aaron / Mr.Soloaon K.
28.7.2002 (SA	TURDAYJ			
	Consumicable and Kon rossumicable discases	cantrol.		
07,30-84,30	National Programmes for the control of	-To explain the National Programmes for Communicate and Kon communicate disease	Lecture Discussion	Dr.Rita Aaron
		<ul> <li>-In discuss the s/s,8x,couplications and howe care of Diabetes.</li> <li>-To explain the predisposing factors of Cancer.</li> <li>-To list the warning signs of cancer.</li> <li>-To explain the isportance of early</li> </ul>		
62.89-63.89	Diatetes Nellitus & Cancer	-To define Diabetes cullitus/Cancer. -To explain the types of Diabetes Hellitus. -To list down the risk factors of Diabetes.	Lecture	Dr.Inbakupar
11.〒-12.第	Hyper Tension	-To define hypertension. -To explain the risk factors.s/s compli- cations, Ax and prevention of hypertension.	Lecture	Dr.Aachel
		up of BI. -To list the cause, clinical signs, Rx complications and prevention of RKO. -To discuss the howe care of a patient with RHO.		
18,30-11,38	Keart Diseases	-To define avocardial infarction and BHD. -To list the risk factors for BL. -To explain the Rx prevention and follow	Lecture Discussion	Dr.Srikanth
89.00-18.00	kounds	-To discuss the annagement of patients in a secondary care centre.	Clinical Abservation Discussion	Dr.Rita Aason
82.30-89.60	NET	-To present the previous day's report.		Mr.Solozon K. Dr.Rita
19.07.2002 (F	RIDAY)			
03,45-04,30	Bhesity	-To discuss the predisposing factors, cooplications and prevention of obesity.	Discussion	Hrs.Konudha Bavi
		-To discuss the complications, management and prevention of allargy.		1
02,30-03,15	Alleray	-To list the vericus causes of Allergy,	Lecture Discussion	firs.Greeda Alexande
		blindness. -To discuss the Rs and prevention of blindness.	<b>Oiscussion</b>	
 <b>16.19-36.19</b>	Bliodness	-To explain the various causes of	Lecture	Dr.Charutha

DR.RITA AARON Co.ordinator.

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### SYSTEMS APPROACH

### 1. INTRODUCTION

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Training acquire an important status in the range of Health and Development efforts throughout the world. Most Sovernmental and non-Governmental programmes of Health and Development in India utilise training in a variety of ways. Much of the training are carried out in a conventional methodology, despite the participatory training is quite the opposite. In order to see the meaningful change in knowledge, attitude, skills / practice among the learners, the Participatory Training Methods become essential. Training in any field will yield excellent results if the persons engaged in planning and conducting various training for health and development workers, learn more about participatory training methods.

Goal : By the end of the workshop the participants will be able "To plan and develop suitable participatory training methods for a given programme".

2. NEEDS ASSESSMENT

- a. BASIC NEEDS of this training were identified through the previous training held at RUHSA & discussion with RUHSA faculty.
  - b. DESIRED NEEDS of the training will be identified through a discussion.
  - c. The PRE ENTRY knowledge of the participants will be assessed.
  - through a questionnaire.

3. OBJECTIVES

- To discuss the concept and principles of participatory training.
- To describe the procedures in handling different participatory training methods.
- 3. To demonstrate at least 10 participatory training methods.
- To anlayse the advantages and limitations of using different and participatory training methods.

METHODOLOGY

Lecture, Discussion, Simulation games, group work, problem based learning, case study, role play, quiz, programmed learning, debate, Brain storming, Guiz, Field Trip, Demonstration.

RESOURCE PERSONS: Dr.Thasian, Mr.Jambulingam, Mr.Sekar, Mr.Mathew, Mr.Stalin, Mrs.Jayalakshmi, Mr.Muniraj, Mrs.Vijayakumari, Mr.Asokan, Mr.Selvakumar, Mr.Alexander, Mr.Jothimurthy, Mr.Joseph.

### IMPLEMENTATION

Duration/Date		5 days (8.7.2002 to 12.7.2002)
Coordinator		Mr.S.Sekar
Venue	:	RUHSA Campus
Process	;	Workshop

EVALUATION

a. Concurrent -	Evaluation through daily MET (Management
la-	Evaluation Team)
b. Process -	Evaluation through questionnaire
c. Content -	Evaluation through post-test.

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# SINESA DEPARTMENT, CHCH, VELLORE

## HORKSHOP ON "PARTICIPATORY TRAINING METHODS"

### CURRICULUM PLAN

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98,30-18,39 AN	Registration	To collect particulars of participant.	Filling regis- tration form	Hr.Sekar
	lce-breaking session	To reduce participants inhibitions.	Genes	Mr.Jeberej
	Pre-evaluation	To assess the pre entry knowledge of the participants,	Questiconaire	Hr.Jathisurthy
	Keejs essessent	To essent the learning needs of the participants.	Discussion	3
	NET Forastion	To form the Managesent Evaluation Team.	Selection of Teen	Kr "Seker
11.00-17.70 PM	Introduction to participatory training,	To describe conventional and "participatory training". To compare the conventional and participatory training methods. To explain the principles of participatory training. To discuss the roles and responsibi- lities of the trainer in participatory training methods.	Lecture, Discussion	Mr.Sekar

#### SPECIFIC GRAECTIVES:

i To describe the seaming of the method.

I To explain the uses / advantages of the aethod.

# To nerrate the procedures in handling the method.

: To list the physical requirements to use the method.

# To discuss about the limitations in using the cethod.

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METHODOLOGY : Demonstration & Discussion

ATE/DAY	1.11			METHOD	RESOURCE PERSON
3.7.2002 IONDAY	2.00 -		PM	Guiz	Mr.Selvakum
	4.00 -	6.00	PM	Simulation Games	i Mr.Sekar
2.7.2002 UESDAY	8.00 -	7.00	AM	MET	
F.F.F.1712 1	9.00 -	10.30	AM	Debate	Dr.Thasian
	11.00 -	12.30	PM	Demonstration	Mrs.Javalak
	02.00 -	04.38	РМ	Role Play / Street Theatre Skit & Drama	Mr.Stalin
0.7.2002	8,00 -	9.00	AM	MET	
IEDNESDAY	9.00 -	10.30	AM	Programmed Learning	Mr.Mathew
	11.00 -	12.30	PM	Group Discussion	Mr.Jambulin
	2.00 -	3.30	PM	Brain Stroming	Mr.Asokan
	4,00 -	6.00	PM	Field Trip	Mr.Alexande Mr.Sekar
				2	
11.7.2002 THURSDAY	8.00 -	9.00	AM	MET	
1110100011	9,00 -	10.30	AM	Exercise	Mr.Muniraj
	11.00 -	12.30	PM	Case Study	Mr.Mathew
	2.00 -	3.30	PM	Pannel Discussion	Mrs.Vijavak Mr.Jothimur Mr.Joseph Mr.Sekar
	7 45	4.30	PM	Story Telling /	Nr.Mathew

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17.7.2002 ( Friday	2.08 - 9.00 AM KE	Ţ			;
9.08-12.30 PM 2.08- 3.30 PM	Application of PTM	To apply atleast two sethods learnt for the given group. To analyse the effectiveness of the nethods used.	Niscussian Depanstratian	Nr .Sehar	•
3,45- 4,30 pm	¥orhzhoo əssessert	To assess the knowledge of the partici- pents at the end of the training. To obtain feedback from the participants about the effectiveness of the training programme.	Discussion Questionnaire	Kr.Jotkiaurtby	,

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# RUHSA DEPARTMENT, CMCH, VELLORE

WORKSHOP ON "COMMUNITY ORIENTATION PROGRAMME (COP)

PGDCHM - 2002 - 2003

TIME PLAN

## 1.7.2002 (MONDAY)

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1.

08.30 - 10.00 AM	: Travel to Moolakanguppam
10.30 - 11.30 AM	: Program Introduction
11.30 - 01.00 PM	: Tour around the Village
02.00 - 07.00 PM	: Analyse the concept of Culture Norms, Values, Beliefs, in genral - Mr.Solomon K., Mr.Alexander, Mr.Govindaraj
2.7.2002 (TUESDAY)	
08.00 - 05.30 PM	<ul> <li>Culture Pattern, Structure and Components.</li> <li>Elements of Belief System</li> <li>Mr.Asokan, Mr.Solomon.K, Mr.Govindaraj</li> </ul>
3.7.2002 (WEDNESDAY)	
08.00 - 01.00 PM	<ul> <li>Health, Food and Social Beliefs</li> <li>Mr.Joseph, Mr.Solomon.K, Mr.Govindaraj</li> </ul>
02.00 - 07.00 PM	<pre>Social Deviance - Mr.Joseph, Mr.Solomon.K, Mr.Sovindaraj</pre>
4.7.2002 (THURSDAY)	
08.00 - 07.00 PM	<ul> <li>Characteristics of a Rural Community</li> <li>Social Interaction with Village Health Practioners</li> <li>Family and Social Dis-organisation</li> <li>Mr.Asokan, Mr.Muthuvel, Mr.Govindarj, Mr.Solomon K.</li> </ul>
5.7.2002 (FRIDAY)	
03.00 — 04.00 PM	<ul> <li>Formal and Informal Organisation</li> <li>Interview on Won Health Factors</li> <li>Mr.Muniraj, Mr.Alexander</li> <li>Mr.Govindaraj</li> </ul>
6.7.2002 (SATURDAY)	
	- Review

Report Presentation
 Mr.Muniraj, Mr.Bovindaraj,
 Mr.Solomon K.

(N.SOLOMON KIRUBAKARAN) Co.ordinator. 1

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## RUHSA DEPARTMENT OF CMCH, VELLORE

# A SYSTEMS APPROACH MODEL OF CHRRICULUM TO SUCIETY AND CULTURE

PGDCHM - 2002 - 2003

Mr. PARGUNAN.M

### INTRODUCTION:

of the planners plan programmes with the MOSt assumption that they know everything about the life and culture of people in the society. But often they failed to realise the goal since they do not know exactly the people's culture and their way of life. Understanding society and its culture is an urgent need for a successful Community Development Programme. Health planners are expected to go to the community to identify and understand the culture, and the social life process to plan effective health \* intervention programmes. With this view, society and culture is introduced as one of the units under SIS. (Studies in Society) by the experts who designed the DCHM Curriculum. The overall goal of this unit is to enable the participants to acquaint themselves with various social factors and culture which will be useful 160760. effective health planning. 101

### NEEDS ASSESSMENT:

- Basic learning needs of the participants are identified based on the experiences of RUHSA faculty.
- Desired level of learning needs will be identified through the discussion. .
- Pre-entry knowledge of participants will be assessed through a questionnaire.

### OBJECTIVES:

- 1. To describe the meaning, structure and functions of the society.
- 2. To analyse the concept of culture, cultural norms, values. beliefs and the inter relationship of these and its impact on health.
- 3. To analyse the relationship between health and social factors.
- 4. To identify the role of health and non- health factors in community.
- 5. To describe social interaction. social groups 300 organisation and relate it to health.
- 6. To describe social inequality and its effects in existing social system.
- 7. To .analyse varinus social institutions and its contribution to health and development.
- e. To differentiate rural community from urban community.
- 9. To analyse the concept, origin, and functions of religion.
- 10. To explain religion and its influence on health and development,
- 11. To analyse the influence of religion on other sub-system.
- 12. To explain the impact of magic, witchcraft and superstitious beliefs in health.

#### METHODOLOGY:

Discussion, problem based learning, field Discussion, problem based learning, field observation, group work, nome visit, case study, lecture, literature review, visit to other worshiping centres, Team teaching, dielogue, self directed learning, debate, quiz,

RESOURCE PERSONNEL: Dr.T.Thasian, Mr.Jambulingam, Mr.Muniraj, Mr.Jothimurthy, Mr.Muthuvel, Mr.Asokan.

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## PROGRAMME IMPLEMENTATION:

Duration & Dates	2	5 Days : 17.6.2002 - 21.6.2002
Process	2	Class room & field sessions
Medium of Instruction	1	English
Co-ordinator	2	Dr.T.Thasian

# EVALUATION AND FOLLOW UP:

Monitoring	5	Co-ordinator's observation participation of participants group work & MET process. Mangement evaluation Team
Final Evaluation	Б. М	Post Evaluation Questionnaire Report presentation.
Follow up	2	Participants suggestion Co-ordinator's observation.

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# RUNSA DEPARTNENT, CNCH, VELLORE

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PEOCHER - TIME TABLE - SOCIETY AND CULTURE

DATE/TINE	TOPIC.	OBJECTIVES	NETHODOLOGY	RESOURCE PERSON
17.6.2002 (80)	(DAY)			
\$8,38-\$9,38	Pre Test	- To assess the participants pre-entry knowledge in society and culture.	Questionnaire	Kr.Jothisurthy
	MET Formation	- To fore Management Evaluation Team.	Selection Process	Br.Thasian
	Introduction	- To introduce the training content of society and culture.	Short Presentation	
	Needs Assessment	- To identify the participants desired learning needs.	Group Discussion	
.30-10.30	Functions of Society	<ul> <li>To recall the meaning, structure and functions of society.</li> <li>To analyse the type of society.</li> </ul>	Short Lecture and Discussion	Or.Thasian
11,98-12,99	Culture and Society	<ul> <li>To define culture.</li> <li>To explain different terms related to culture.</li> <li>To enalyse cultural evolution.</li> </ul>	Short Lecture and Discussion	Hr.Asokan
		A A LO		
17.88-81.88	Norms, Reliefs and Values	- To define cultural norms, beliefs and values in the society.	Video Programme on Culture, Group work Short Lecture and Discussion	Nr . Asokan
02.00-03.00	Introduction to Social Institution	<ul> <li>To define social institution.</li> <li>To list out the major social institutions.</li> <li>To describe the social institution.</li> </ul>	Short Lecture & Discussion	Hr.Jothiourthy 22.
83.38-84.38	ill Health and Dysfunction	<ul> <li>To explain the social factors responsible for ill health.</li> <li>To define dysfunction and ill health.</li> <li>To discuss sex, age, caste, race class differences in health status.</li> <li>(Social Epidemiology)</li> </ul>	Group work Short Lecture / Discussion Case Study	Dr.Ihasian
18.6.2982 (TU	ESDAY) Repor	+.		
88,38-89,88	HET	- To present previous day's proceedings and evaluation.	Report reading Discussion Review	Dr.Ihasian
89.48-18.38	Social Institution	- To analyse the following institutions	Sroup work	Mr.Jothiourthy
4 11.06-12.38		Marriage, family, education, economic development institutions, religion, Sovernment and Health.	4 Presentation Debate	Br. Ib <b>a</b> sian
		<ul> <li>To analyse the impact of social institutions on Health and Development.</li> </ul>		

82.88-83.88 93.15-84.38	Introduction to Rural/Urban	<ul> <li>To define the rural/urban community.</li> <li>To discuss the characteristics of rural</li> </ul>	Short Lecture Group work	Mr.Jambulingan
	Comunity	and urban comunity.	Presentation	
		- To analyse the urbanisation process.		
		- To list out the rural and urban		
		health problems.		
		- To prepare the guidelines to visit		
		the urban compunity.		
			1	
19.6.2002 (NED)	HECHAVI Do A	- Urban commity	0/	
	acounts people i	/		
88,38-89,88	KET	<ul> <li>To present previous day's proceedings and evaluation.</li> </ul>	Report reading Discussion	Dr.Thasian
89,88-84,38	Religion and	- To define the concept and development of	Visit to Temple,	Mr.Muniraj.
N 1 1 LE - E4 . ME	Society	religion.	Mosque,	Mr.Muthuvel
	SOCIETY	- To discuss the various religious groups	Chapliancy	Mr.Jothisurthy
		in the community.	Department of CNCH	
		- To analyse faith and its relavence to	Visit to Rural	
		health and development.	and Urban	
		- To discuss the influence of various	Connunity	
		religious faiths in subsystem viz, family,		
		politics, education, caste, marriage.		
		- To discuss the impact of magic and		
		superstitutious beliefs in health.		
		- To observe the problems of rural and		
		urban cossunity.		
28.6.2802 (THU	REDAY			
88.38-89.88	經了	- To present previous day's proceedings	Report reading	Pr.Thasian
		and evaluation.	Discussion	
Q9.88-18.88	Field visit report	- To prepare and present a report on the	Group work	Hr.Huniraj
	presentation	field visit based on the objective for	Presentation 6	Mr.Muthuvel,
	presentation	discussion.	Discussion	Hr.Janbulingan,
		572-52 05-52 5778	230.000100	Mr.Jothimurthy
				the search and and
10.08-11.09	Social Strati-	- To define social stratification.	Short Lecture	Dr. Thesien
11.15-12.45	fication	- To discuss the caste stratification	& Discussion	
		in India.	Participation	
		- To discuss the class stratification in	in SHG Block	
		the west.	level federation	
		- To discuss the racial and ethnic in	secting	
		equalities.		
		- To review the gender disparity.		
82.88-83.15	Social Groups and	- To define social interaction.	Short Lecture /	Mr.Jothisurthy
83,38-84.38	Health Practices	- To describe the bealth utilisation by	Group work 3	
		different social groups,	Discussion 1	
		- To describe how social groups influences	Presentation :	
		individual behaviour, perception, feeling	1 4 5 8	
		and beliefs towards health practices.		
		- To discuss the health consequences		
		arising out of stress.		
		·		
87.88-89.88	Traditional	- To discuss the rituals involved in	Observation	Dr. Thasian
	Rural Marriage	the Traditional rural sarriage.	of a Traditional	Mr.Muniraj
	PRIOT NEW TEAL	THE IT DESCRIPTION TO BE TOPE .	Marriage	

# 21.6.2882 (FRIDAY)

85,88-97,89	Rural Marriage	- To discuss the rituals involved in the Hindu-marriage,	Observation of a rural earriage	Mr.Muniraj Dr.Thasian
88.38-89.88	NET	- To present previous day's proceedings and evaluation.	Report reading Discussion	Dr.Thasian
89,68-18,30	Discussion on Rural Marriage	<ul> <li>To present a report on the traditional rural marriage for discussion.</li> </ul>	Presentation & Discussion	Nr.Muniraj Nr.Jothimurthy Dr.Thasian
11.08-12.30	Deviance and Social Control	<ul> <li>To define social organisation and disorganisation.</li> <li>To explain social deviance and health deviance.</li> <li>To discuss social conflict, role conflict</li> </ul>	Short Lecture/ Discussion	Dr.Thasian
		and stress leading to suicide.	1	
82.88-83,38	Formal Vs Informal Organisation	<ul> <li>To distingunish formal and informal Organisation in health care programmes,</li> <li>To describe the bureacratic structure of formal organisation.</li> </ul>	Group work Presentation & discussion	Dr.Thasian
Q4,22-Q4,38	Post Evaluation	<ul> <li>To assess the knowledge gained by the participants.</li> <li>To collect feed back from the participants about the training process.</li> </ul>	<u>Buestionnaire</u> / Feedback	Nr.Jothinurthy

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### RUHSA DEPARTMENT, CMCH, VELLORE

### A SYSTEM APPROACH TO COMMUNITY ORIENTATION PROGRAMME (COP)

#### PGDCHM - 2002 - 2003

## INTRODUCTION:

Community Health and Development programmes planned without proper understanding of the culture, structure and behaviour pratterns of people in rural societies is bound to end in failure. It is important for planners of development programmes to throughly understand the various dynamics operating in the cultural context of the people in rural environments. Keeping this in mind, the module on Community Orientation was planned for the PGDCHM students to have a hands-on experience with direct exposure to the community through a live-in-experience in the villages. By the end of this one-week module, the participants will be able to achieve the following goal: To analyse the concepts of culture, values, beliefs and behavioural pratians of the community for successful planning and implementation of development programmes.

#### NEEDS ASSESSMENT:

- Basic learning needs of the participants were identified based on previous experiences of RUHSA Faculty.
- Desired level of learning needs will be identified through a discussion after distributing the prepared objectives.

#### OBJECTIVES:

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- i. To describe the dynamics of culture.
- 2. To discuss the cultural patterns.
- 3. To describe the various food beliefs.
- To analyse health seeking behaviour with qualitative data in one health belief.
- 5. To differenciate health practices of different groups.
- 6. To identify the relationship between health and non health factors.
- 7. To classific the existing social stratification in the community.
- 8. To identify social and health deviance.
- 9. To analyse superstitions beliefs.
- 10. To identify the characteristics of a rural community.

#### METHODOLOGY:

Live-in-experience, Discussion, Problem based learning, Field observation, Group work, Home Visits, Case study, Dialogue, Self directed learning and Interview traditional bealers.

RESOURCE PERSONNEL: Dr.Thasian, Mr.Muniraj, Mr.Alexaner, Mr.Solomon K. Mr.Goyindaraj and Mr.Muthuvel

Mr.Mathew, Mr.Joseph,

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# IMPLEMENTATION:

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Duration & Dates	:	5 1/2 Days - 1.7.2002 to 6.7.2002
Process	;	Field Sessions
Medium of Instruction	2	English
Co.ordinator	;	Mr.Solomon Kirubakaran

## EVALUATION AND FOLLOWUP:

Monitoring	3	Co.ordinator's Observation of Students participation, Group work & MET Process.
Process Evaluation	9	Participants feed back through questionnaire.
Final Evaluation	5	Report Presentation .
Follow Up	:	Participants suggestion, Co.ordinator's observation.

//SYSAPP02.COP 60.2// 11 - 6 - 0 2 RUHSA DEPARTMENT, CMCH, VELLORE PGDCHM ORIENTATION (2002 - 2003)

TIME-PLAN

# 11.6.2002 (TUESDAY)

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	09.00 -	10.30	A.M.	;	Registration & Pre-evaluation - Dr.Thasian & Mr.Muniraj
	10.30 -	11.30	A.M.	,	Inaguration & Welcome
	11.30 -	12.30	P.M.	,	Introduction to RUHSA - Dr.Rajaratnam Abel
	@2.00 -	03.00	P.M.	3	Tour Around RUHSA - Mr.Mathew
. •	-			-	Introduction to the PGDCHM Course's Modules - Core Subject Co.ordinators
3.00 - 3.30	04.00 -	Ø4.3Ø:	P.M.	3	Overview of PGDCHM Curriculum - Mr. Mathew & Mr.Muniraj
12.6	.2002 (W	EDNESDA	(4)		

09.00 - 09.30 A.M.	<ul> <li>Communication &amp; Behaviour Modification</li> <li>Health Education Strategies</li> <li>Mr.Stalin</li> </ul>
09.30 - 10.00 A.M.	<ul> <li>Society &amp; Culture</li> <li>Designing Training Curriculum</li> <li>Govt. Polices, Plan &amp; Programmes</li> <li>Electives         <ul> <li>Dr.Thasian</li> </ul> </li> </ul>
10.30 - 11.00 A.M.	<ul> <li>Participatory Training Methods</li> <li>Leadership</li> <li>Pre School Education</li> <li>Mr.Sekar</li> </ul>
11.00 - 11.30 A.M.	<pre>&gt; - Project Placement - Material Management - Rural Occupation &amp; Economy - Practicum - Mr.Muniraj</pre>
11.30 - 12.00 Noon	: - CST Practical Work - Demography & Computer - Mr.Ramakrishnan
12.00 - 12.15 P.M.	: Rehabilitation & Social Welfare - Mrs.Vijayakumari
12.15 - 12.30 P.M.	: Counselling - Mr.Selvakumar

02.00 - 02.1	5 P.M. :	Communicable & Non Communicable Disease
		- Dr.Rita Aaron
02.15 - 02.3	30 P.M. :	Primary Health Care - Mrs.Greeda Alexander
02,30 - 02,4	15 P.M. :	Reproductive Child Health - Dr.Inbakumar
02,45 - 03.0	00 P.M. :	Epidemiology - Dr.Srikanth
03.00 - 03.3	50 P.M. :	- Motivation & Human Relations - Personality Development - Managerial Skills - Mr.Mathew
04.00 - 04.3	30 P.M. :	- Project Evaluation - Community Participation & Organisation - Mr.Jambulingam
13.6.2002 (THURSI	AY)	
09 <b>,00</b> - 09,3	30 A.M. :	- Project Formulation - Issues in Health & Development - Mrs.Jayalakshmi
@9.30 - @9.4	15 A.M. ;	Human Resource Management - Mr.Immanuel
Ø9.45 - 10.0	30 A.M. :	- Community Survey Techniques - Dr.Abel / Mr.Ramakrishnan
10.00 - 10.:	15 A.M. :	Community Brientation & Community Development - Mr.Solomon K.
10.15 - 10.3	30 A.M. :	Library Registration, Rules & Regulations - Mr.Vijayakumar & Mrs.Nirmala
11.00 - 11.3	30 A.M. :	<ul> <li>Community Nutrition</li> <li>Intervention Strategies</li> <li>Community Orientation Programme</li> <li>Community Development</li> <li>Mr.Asokan</li> </ul>
11.30 - 12.6	30 Noon :	Administration Norms & Procedures - Mr.Immanuel
12.00 - 12.3	30 P.M. ;	General Instructions - Dr.Rajaratnam Abel
02.00 - 04.:	30;P.M. :	Planning Individuals Goals and Learning Plans during Course
NIG	HT 3	WELCOME DINNER

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14.6.2002 (FRIDAY)

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09.00 - 09.15 A.M.	: IHAD Programme - Mr.Jebaraj
09.15 - 09.30 A.M.	Management & IGP, Role of NGO in Poverty Eradication - Mr.Alexander
09.30 - 09.45 A.M.	: Accountancy for Managers - Mr.Sanjeevi
09.45 - 10.00 A.M.	<pre>: Biodiversity &amp; Environmental Health - Mr.Donald</pre>
10.00 - 10.15 A.M.	: Strategies of Social Change - Mr.Jothimurthy
11.00 - 04.30 P.M.	• Review & Feed back

15.6.2002 (SATURDAY)

- Getting ready for Course

G.MUNIRAJ PGDCHM COORDINATOR. 11

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14.6.2002 (FRIDAY)

07.00 - 07.15 A.M.	IHAD Programme - Mr.Jebaraj
09.15 - 09.30 A.M.	: - Management & IGP, Role of NGO in Poverty Eradication - Mr.Alexander
09.30 - 09.45 A.M.	Accountancy for Managers Mr.Sanjeevi
09.45 - 10.00 A.M.	: Riodiversity & Environmental Health - Mr.Donald
10.00 - 10.15 A.M.	: Strategies of Social Change - Mr.Jothimurthy
11.00 - 04.30 P.M.	: Review & Feed back

15.6.2002 (SATURDAY)

- Getting ready for Course

G.MUNIRAJ PGDCHM COORDINATOR. 11

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RUHSA DEPARTMENT, CMCH, VELLORE

#### GENERAL INFORMATIONS

1. CHAPEL

0-6-02

Daily morning devotion will be at 7.50 a.m. in the Health Unit Hall. Transport is arranged for church service on Sundays to Kavanur church -9.30 am

There will be evening service on Sundays at 6.30 pm. in the RUHSA Chapel or the Health Unit Hall.

- 2. CANTEEN .. Food will be served in the dining hall of the canteen at the timings announced separately. Please follow the timings and vacate the dining hall after you finish eating so that catering could be done for others.
- 3. POST OFFICE ... The post office in the campus will function during the following timings:

Mon to Sat: 8.00 am to 3.30 pm

Letters are delivered daily by the postman and letters for trainees will be handed over through Hostel staff, as necessary.

- 4. TELEPHONE ... There is an STD Booth opposite to RUHSA and few more in the main road at P.K.Puram. Urgent local calls can be made from RUHSA Office/health unit phone. Please contact the office during day time and the hostel or security staff during night time for assistance.
- 5. TRANSPORT ... There are frequent buses from the main road to Vellore. However, there is bus facility to the campus as follows:

From RUHSA to Vellore From Vellore to RUHSA

3.00	AM	7.15 AM	
8.30	AM	18.00 AM	
1.20	AM	1.15 PM	
2.15	PM	6.15 PM	
7.30	FM	9.00 PM (n	ot regular
		during wee	k end)

6. MEDICAL .. Medical aid is available at the Health Unit ASSISTANCE round the clock. Trainees can approach the hospital for treatment on payment. The bostel staff may be approached if any help is needed.

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7. LIBRARY ... There are very good books and journals in the Library. The working hours are :

> Week days 8.00 am to 7.00 am Saturday 8.00 am to 1.2.00 pm

B. RECREATION .. Recreation hall will be open during the HALL following timings :

> Mon - Fri 4.30 pm to 10.00 pm Sat 2.30 pm to 10.00 pm The recreation hall will remain closed on Sundays

- 9. LAUNDRY ... Dhobi will come once in 2 or 3 days. Contact the hostel staff for information.
- 1. <sup>10</sup>. WATER Adequate water supply has been arranged in the campus. Water from all the taps are drinking water. Please use water judiciously and DO NOT WASTE WATER.
  - 11. ELECTRICITY .. Enough lights and fan are provided in the places of accommodation. Please do not use heavy electrical appliances like heaters, hot plates etc. Switch off lights and fan when not needed. SAVE ELECTRICITY.

12. HOSTEL .. Accommodation is provided for men and women separately. Men are stictly prohibited from entering Women's Hostels and women are stictly prohibited from entering the men's hostels. There is a visitor's hall in the Ladies Hostel which is kept open from 8.00 a.m. till 7.00 p.m. daily.

> No guestes are allowed to be taken to the rooms. If over-night accommodation is required for relatives or guests of trainees participating in long term courses, please approach the warden who will help you.

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Those trainees who wish to go out for personal resons and/or stay out overnight are expected to keep the Warden informed in addition to permission from Course Coordinator.

Use of alcoholic drinks in the hostel is prohibited.

Please turndown the volume in your Radio and & Tape recorders so that others are not disturbed by the noise.

Trainees are expected to retire to their rooms by 10.00 pm. except when there are late sessions.

Cooking in rooms is not permitted.

Please keep your rooms locked when you go out. You are responsible for the safety of your valuables. You should use your own lock.

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- 6 - 0 2 RUHSA DEPARTMENT OF CMC&H

PS DCHM - 19TH BATCH-TIME PLAN (JUNE 2002 TO MAY 2003)

S.NO.	DATE	DURATION (DAYS)	WORKSHOP/MODULES	CO-ORDINATOR
i.,				M. 0 1
	June 10	1	Registration at CMC	Mr.Asokan
	June 11-15	4 1/2	Orientation at RUHSA	Mr.Muniraj
3.	June 17-21	5	Society and Culture	Dr.Thasian
4.	June 24-29	5 1/2	WS Primary Health Care	Mrs.Breeda/ Mr.Jothimurthy
5.	July 1-6	5 1/2	Community Brientation Programme	Mr.Solomon K.
6.	July 8-12	5 j.M	γ WS Participatory Training Methods	Mr.Sekar
•	July 15-19	5	Communicable and Non- Communicable Diseases	Dr.Rita / Mr.Alexander
8.	July 22-26	5 MF	)Motivation and Human A. Relations	Mr.Mathew
9. *	July 29-Au		ADWS Material Management	Mr.Muniraj
10.	Aug 5-10	5 1/2	WS Reproductive Child Health	Dr.Inbakumar/ Mr.Asokan
11. *	Aug 12-17	4 1/2 1	WS Community Survey Techniques and Research Methods	To be announced
12.	Aug 19-30	11	V CST practical work	Mr.Ramakrishnan
13.	Sep 2-6	5 mA	) WS Accountancy for Managers	Mr.Sanjeevi
74.	Sept 9-13	5 MA	) Human Resource Management	Mr.Immanuel
15.	Sept 16-20	5	WS Community Mutrition Intervention Strategies	
16.	Sept 23-27	5	WS Biodiversity & Environmental Health	Mr.Donald
17. *	Sept 30- 5	Oct. 4 1/2	Demography and Computer	Mr.Ramakrishnan
18.	Oct 7-11	5 ]/	η Rebabilitation and Social Welfare	Mrs.Vijayakumari
19.	Oct 14-13	5 EC	A Counselling	Mr.Selvakumar
20.	Oct 21-23	3	Change	Mr.Jothimurthy
21.	Oct 24-26	2 1/2	V Epidemiology	Dr.Srikanth / Mr.Solomon K.
22.	Oct 28-30	. 3	Rural Occupation and	Mr.Muniraj

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S.NO. D	ATE	DURATION (DAYS)	WORKSHOP/MODULES	CO-ORDINATOR
23. Oct	31-Nov 2	2 1/2	Community Development	Mr.Solomon K.
24. Nov	4-8	GAM E	WS Management of Income Generation Programmes	Mr.Alexander
25. %Nov	11-16	4 1/2 EC	9WS Personality Development	Mr.Mathew
26. Nov	18-22	5 MA)	WS Leadership for Health and Development	Mr.Sekar
27. Nov	23-29	5 /M	WS Project Formulation and Strategic Planning	Mrs.Jayalakshmi
28. Dec	2-6	5 MAD	WS Managerial Skills	Mr.Mathew
29. Dec	9-13	5 M	WS Designing Training Curriculum	Dr.Thasian
30. Dec	16-20	5 (M	WS Project Evaluation	Mr.Jambulingam
31, Jan	6-10	5	WS Community Participation and Organisation	Mr.Jambulingam
32. <b>*</b> Jan	15-18	3 1/2 v	Role of NGOs in Poverty Eradication	Mr.Alexander & Dr.Abel
33. Jan	20-24	5 M	Pre School Education	Mr.Sekar
34. Jan	22-31	5 (M	WS Communication & Rehaviour Modification	Mr.Stalin
35. Feb	3-7	s (M	WS Health Education Strategies	Mr.Stalin
<b>P</b> s. Feb	10-14	5 IM	Integrated Health and Development programmes	Mr.Jebaraj
37. Feb	17-22	5 1/2	Placement Training	Co.ordinator
38. Feb	24-28	5   M	Govt. Policies, Plans, Programmes in Health and Development	Dr.Thasian
39. Mar	3-7	5 IM	Issues in Health and Development	Mrs.Jayalakshmi
40. Mar	8-29	17	Electives	Dr.Thasian
41. #Mar	31- May	31 48	Practicum	Mr.Muniraj
		ator : Dr.Th		

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G. MUNIRAJ COURSE COORDINATOR Ų