TOWARDS BETTER DENTAL HEALTH

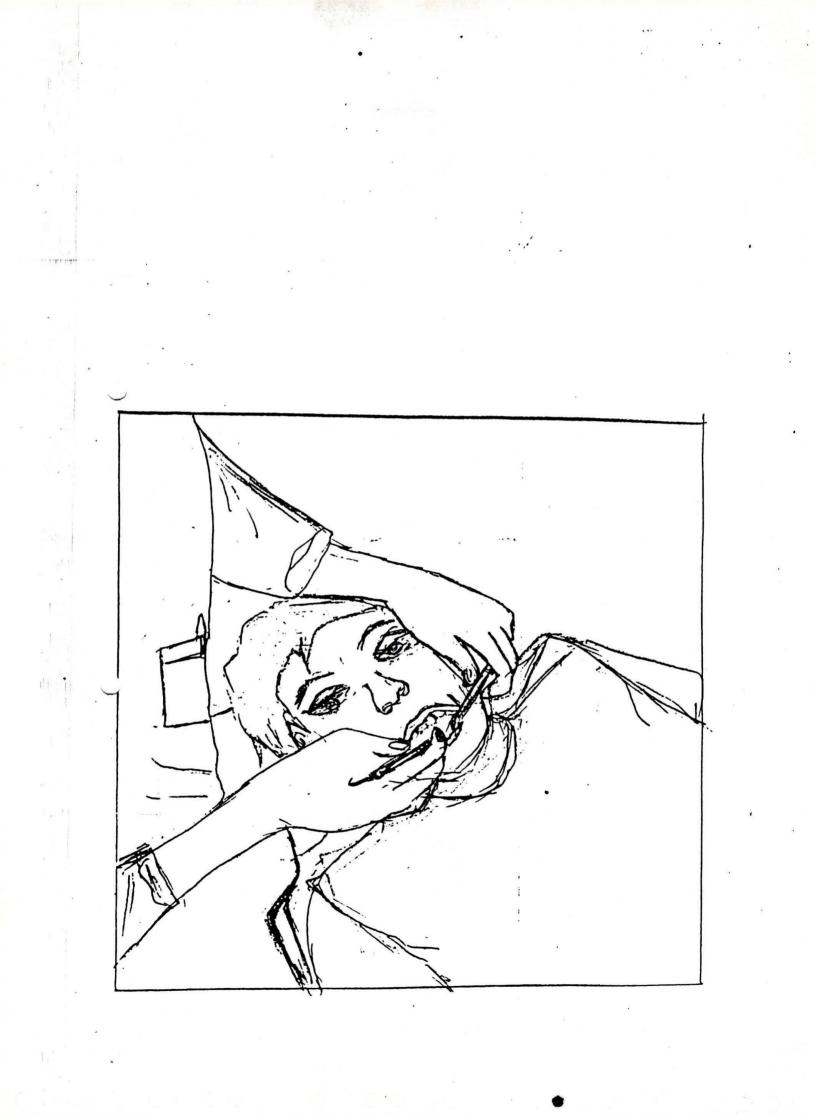
GUM DISEASES (PERIODONTAL DISORDERS)

GUM DISEASES

CARD - 1

Dentist carried out dental check up of school children. The dentist examined Ashok's mouth. Ashok's breath was smelling and gums were swollen.

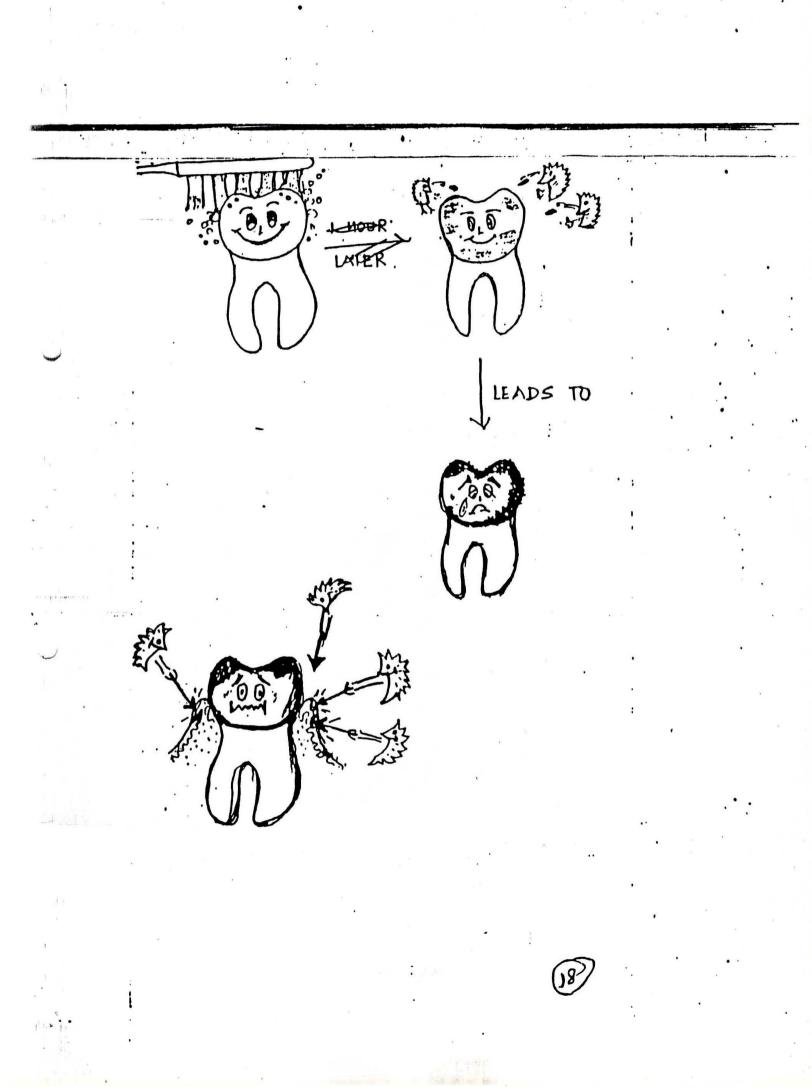
Ashok said that his gums were bleeding whenever he brushed his teeth. However, he did not complaint as he had no pain.



CARD - 2

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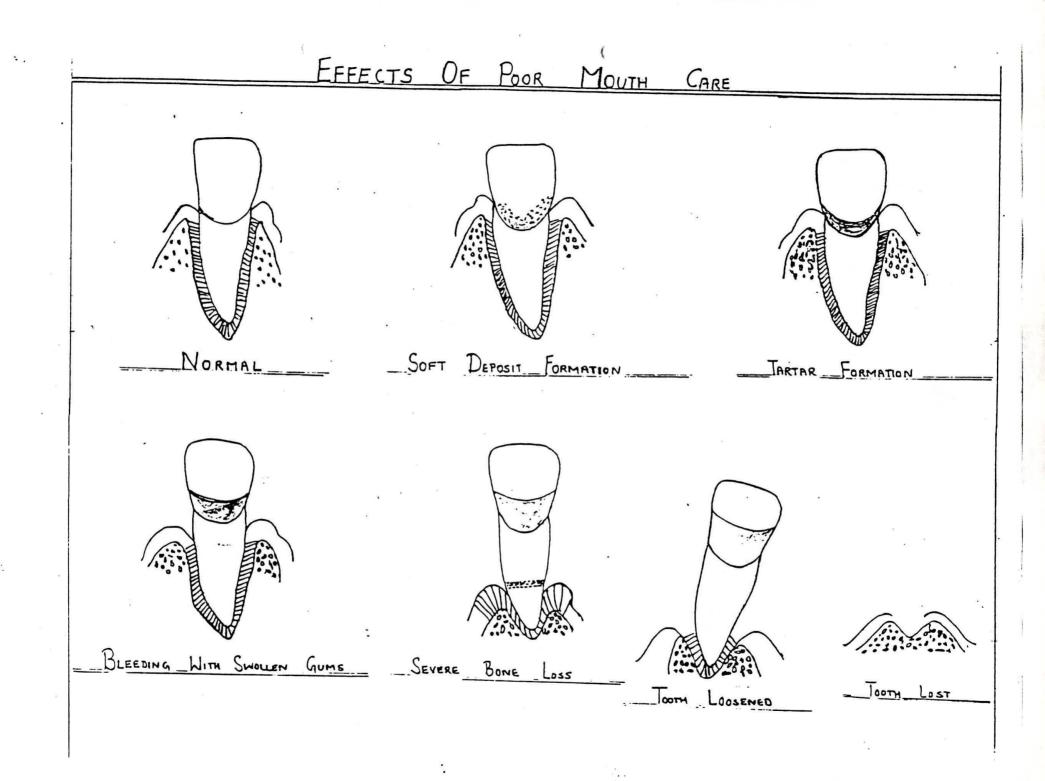
Dentist told Ashok that he suffered from disease of gums. He explained that Ashok should clean his teeth twice every day. That would keep his teeth happy & health. Otherwise, the germs would attack the teeth, gums and the bone underneath.



CARD - 3

Dentist emphasised that the gum disease was dangerous. It would lead to loss of teeth. He explained that if teeth are not cleaned properly, the germs and soft food together form a layer around the tooth. This layer around the tooth. layer thickens and This is called "tartar". The gums surrounding the teeth oet irritated and swollen. Because there is no pain to start with, people neglect it.

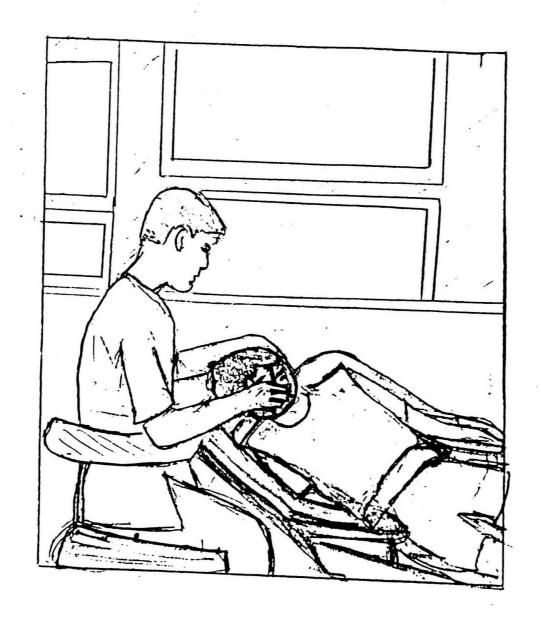
Later, the bone beneath the tooth gets eroded. The support to the tooth by both the gums and the bone underneath is lost. The tooth becomes shaky and then finally it is tost.



Dentist cleaned Ashok's teeth and treated the disease of gums. He again advised Ashok to clean his teeth twice daily. He also asked Ashok to rinse his mouth after every meal.

CARD - 4

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CARD - 5

Ashok now has healthy teeth and healthy gums. He can now easily bite apples, guava, carrot and sugarcane. Ashok is happy now.

