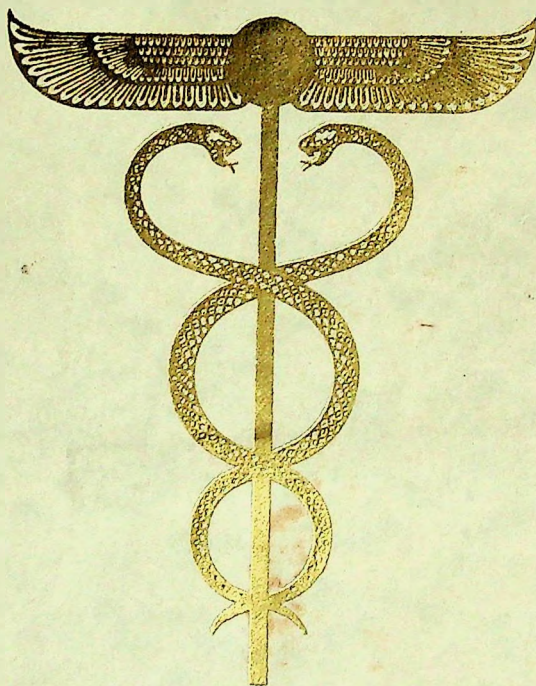


*Man
Know Thyself*



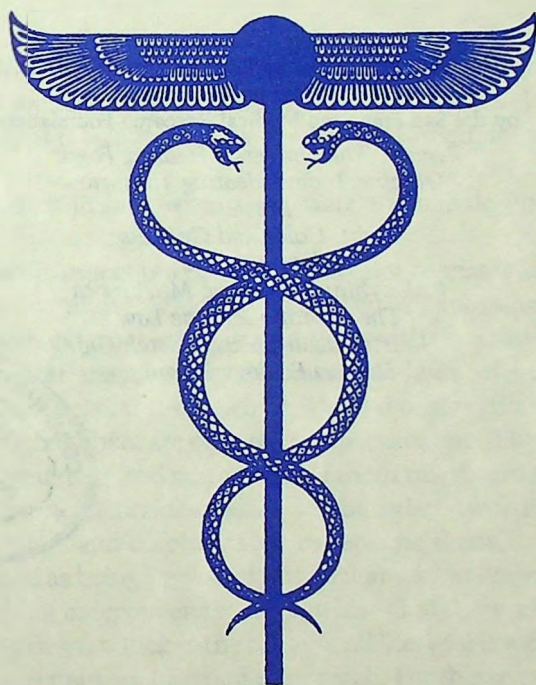
Raphael Ornstein, M.D.

*Man,
Know Thyself*

*This Book is Dedicated to
the Truth*

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*Man
Know Thyself*



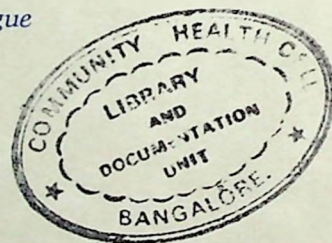
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Man Know Thyself

Man, know thyself. Knowledge of oneself is the only real knowledge, for as one understands oneself, only then may one truly understand another. Hence, the Oracle of Delphi proclaiming to man to know thyself, for within man *all* is contained.

"God created man in his own image. Male and female (in one) created he them."

Man in his cosmic aspect is a being very superior to that which is commonly looked upon as a "man" which is described in books on anthropology, anatomy, etc. Such external sciences deal only with the grossly material body of external terrestrial man, while the essential body of macrocosmic and microscopic man is beyond the reach of external observation. In the study of man as a cosmic being there are only three aspects of one. These three subjects are God, nature, and man; and neither one of them may be understood in its inner essence without an understanding of the other two. External science, "natural philosophy" and theology seek to separate them.

They regard man as being separated, distinct and independent of nature, and nature as something independent of man; while God, they know nothing and regard the divine power, which is the cause of all life, as if it were something external to nature and man, and beyond their reach. For this reason the "man" of modern science has become an unnatural being, without any conceivable object for his existence, and nature is to him an organism evolved by accident and subject to no other than mechanically acting law. The divine, spiritual, creative, and hidden powers in man and in nature are entirely removed from the field of perception of the "rationalist."

Man, as a whole, may be conceived of as a planetary spirit, a self-conscious, luminous sphere of unimaginable extent, as in fact, as present, the mental

sphere of man has no defined limits; it reaches as far as his *thoughts* can go. He was created for the purpose of being the image of God. The glory of God is residing in him, and he is penetrated by the light of divine love.

In man is contained everything; God, the Christ, the angels, the celestial and terrestrials kingdoms, and the powers of hell. Outside of him is nothing of which he can conceive, he can know nothing except that which exists in his mind. No god or devil, no spirit or any power whatever can act within man unless it centers into his constitution. Only that which exists in him has existence for him.

Without a realization of this fact, the mysteries of religion will remain incomprehensible. It may be interesting and amusing to speculate about all the different gods and celestial hosts that go to make the pantheons of the various nations, but such a study does not constitute real knowledge. Only when man's spiritual perceptions are unfolded and he attains divine knowledge of self, then will he know the Christ and all the celestial powers whose aggregate goes to make up the kingdom of God existing within himself.

The spirit of God resides from eternity to eternity only in heaven — that is to say, in his own essence, is the power of the majesty. When it became in-breathed into the image of man, then was heaven in man, for God willed to reveal himself in man, as in an image created after his own likeness, and to manifest the great wonders of his eternal wisdom.

God's greatest gift to man is mind. The fact that man has a mind which is part and parcel of God's mind makes man an infinitely creative being. God created Adam to enjoy eternal life in Paradise in a state of paradisiacal perfection. Divine love illumined his interior, as the sun is illuminating the world.

The term "paradise" means a state of purity and innocence and happiness, but not necessarily knowledge. Man had to learn to know evil so as to be able to realize good. Good being the primal will of God.

In paradise there is perfect life without disturbance, and a perpetual day, and the paradisiacal man is clear like transparent glass, and he is fully penetrated by the light of the divine sun.

His body likewise appeared luminous, because its terrestrial substance was absorbed in the celestial essence. It radiated a pure, divine light.

This was so and will become so as truth reveals itself because original man's thoughts and will were pure, and therefore his spirit (the union of will and thought) manifested itself in producing a pure and luminous form, not burdened with the gross material elements which form at present the bodies of human beings. *Then, as now, his body is the product of his own thoughts.*¹

1. *The Life and Doctrines of Jacob Boehme* — Franz Hartmann M.D.

The above statements are taken from the life and doctrines of Jacob Boehme, a great Christian alchemist, who wrote in the 16th century. Boehme was a true Hermeticist bringing through the ageless wisdom.

Boehme's conception of the allegory of the fall of Adam is fundamental to understanding the relationship between Hermetics and the esoteric interpretation of the Bible which is rooted in Qabalah. Man's fall in reality was a fall in consciousness—a forgetting of himself, a falling away from the Holy Spirit or divine inspiration which gives life meaning. Man's fall or apparent fall was known to the Father as it is the Divine plan which is occurring now for man to awaken in this New Age, the Age of Aquarius, to his true identity and divinity and realize that the Christ, that is the pure intelligence of God, is contained within him.

Man's "fall" was necessary so to speak so that he could gain knowledge in knowing and being able to *discriminate* between good and evil for in God's infinite love he gave to man free will. The problem of evil has vexed theologians and serious students of philosophy throughout the past age. The understanding of the devil, which is *lived* spelled backward, is the secret to liberation for in understanding the darkness, the darkness is no more. The word Devil is Diabolus, an adversary in Latin. Lucifer, seen as the devil or the antichrist in exoteric Christianity is really the bringer of light, for Lucifer means light-bearer.

How, may you ask, can the Devil be a light-bearer? In man's quest for knowledge of self, a resistance, or creative tension was placed into the universal plan regarding man's evolution. For man to evolve, to grow and to learn, a resistance was placed upon him. The agency which created this resistance was none other than Lucifer, who played the heavy or dark force.

Lucifer in reality is God's greatest archangel, for he had to play out with total realness all that man did not want to know or see about himself. Lucifer means bearer of light.

Lucifer brought to man's experience the realization that God is both the light and darkness. The light and the dark co-exist within the mind of God in perfect harmony. Man, to gain insight and understanding of self, had to realize and acknowledge that both forces co-exist within himself as is with God, and that which man calls the Devil is nothing more than a product of his own imagination. The Devil or Satan is none other than that agency within man which creates the illusion of separation from the infinite source of life, which is grace, which is love. It is this force (love) that sustains and maintains the creation moment to moment, day to day, week to week, month to month, year to year, century to century and millenium to millenium.

The Devil is limitation of mind. The Devil in flesh is the rationalist or un-

comprised intellectual who sees the universe as a blind mechanical force acting in an arbitrary fashion imposing upon mankind an infinite variety of hardships and dis-eases. The Devil is that agency within man which sows seeds of fear and confusion and declares in no uncertain terms that this is how life is! The Devil is a speaker of lies.

The concept of life as limitation is total illusion and represents and is spiritual blindness or ignorance. Ignorance and fear go hand in hand and it is fear based upon limitation which is illusion that is the cause of all dis-ease. To bring this concept into the now, let us look at the great "crisis" which is encroaching upon humanity today. The "energy crisis" is upon us so "they" say, yet it is an acknowledged scientific fact that the energy which sustains and maintains the universe is infinite. So much for the Devil.

As stated, man has been given free will and the ability to make conscious choices regarding his experience. The quality of man's life is determined by his conscious choices. It is, however, through the infinite grace of God, that God; (infinite creative intelligence) educates man to understand his true nature. For wisdom lies within the understanding that life is self-liberating through Christ. Christ being the word or logos principle contained within the mind of man. Christ is synonomous with pure intelligence and is expressed as reason. Reasonableness is a reflection of Christhood.²

This realization and the saving grace of Lord Jesus Christ, which is but another name for life, contains the secret of liberation.

The mystical or occult name of Jesus is based upon the tetragrammaton; the tetragrammaton being the most ancient and eternal name of God. YOD-HE-VAV-HE — Fire-Water-Air-Earth — this is the revealed name of God. The I am that I am contains within it the secret of the pentagram, the symbol of man himself.

For Jesus himself said, Jesus being the living incarnation of God-Man, "Eritis no sicut dii, non sicut deus, sed eritis deus." "You will not be as gods." (Jesus referring to the statement in Genesis where God revealed man's true nature in proclaiming, "Know that ye are Gods"), not "as God" but you will be God."³

This is an evolution in thought regarding the nature of man. To understand the Bible and to understand life in its true sense, one must understand that life unfolds and evolves through thought or consciousness. "That which hath been made was life in the creative thought, and the life was the light" is the declaration at the beginning of the Gospel according to St. John. The life power, God,

2. This reasonableness is founded upon the true knowledge of oneself. True knowledge of oneself brings one to the realization that with God, all things are possible.

3. Jacob Boehme — *The Life & Doctrine of Jacob Boehme* — Franz Hartmann, M.D.

the creative thinker, dwells within man, forever revealing itself to itself in manifested form.

The key to understanding man's true nature in relationship to universal infinite intelligence is encoded within the symbolism of the pentagram as previously stated. The letters at the five points of the pentagram are the Roman characters corresponding to Yod-heh-shin-vav-heh. These are the letters which spell the divine name, IHVH, the most ancient and eternal name of God, Jehovah, I am that I am, with the "holy letter," shin, the letter of the Holy Spirit, placed between the first two and the last two letters, thus IHSHVH. This is the occult and Rosicrucian spelling of the name Yehushua or Jesus.

The pentagram expresses the mind's domination over the elements. It is the Star of the Magi, the burning star of the Gnostic Schools, the sign of intellectual omnipotence and autocracy. All symbols of the gnosis, all figures of occultism, all Qabalistic keys of prophecy, are resumed in the sign of the pentagram. It is the sign of the absolute and universal synthesis. MAN.

In drawing a pentagram, we divide each of its five lines in exact extreme and mean proportion, which may be defined as the division of any quantity into two such parts or proportions as that the measure of the lesser part shall bear the same relation to the measure of the greater part as the measure of the greater part bears in turn to the whole quantity. The occult interpretation of this mathematical proportion is sometimes expressed in the maxim: "Nature is to man as man is to God." The proportion itself is often called the Golden Section of Pythagoras, and is associated with the Hermetic axiom: That which is above, is as that which is below, and that which is below, is as that which is above."⁴

As I have stated, the Bible is a Qabalistic book and the keys to Qabalah are revealed on the tree of life through the symbolism of Tarot. The Bible is a coded book based upon the relationship of numbers and letters.

The ancient Hebrews and Greeks had no numerals. They performed their arithmetical calculations with the letters of their alphabets. In Hebrew and Greek every letter is a number. Every word is therefore a number, the sum of the values of its letters. In manuscripts of the Old and New Testaments, not only are the numbers of chapters, verses, and pages indicated by combinations of letters; but there are many examples of special spellings and unusual phrasings intended to indicate definite numbers.

Based upon this fact, that in Hebrew and Greek every word is a number, is a method of Biblical interpretation called gematria, a term derived probably from

4. *The Great Seal of the United States—Its History, Symbolism and Message for the New Age*. Paul Foster Case.

the Greek geometria, whence comes the English noun geometry. Rabbinical commentators on the Old Testament used gematria long before the Christian era.

The underlying notion of gematria is that words having the same number often have a hidden correspondence in meaning of which the identity in number is a signal. Gematria is not limited to single words. It applies to phrases and sentences also.

In the composition of the Old and New Testaments, and of other sacred and esoteric writings, this number-letter code was utilized in order to preserve a record of arcane knowledge while at the same time concealing the real significance of the writing from all but those who possessed the key.

"In thirty-two wonderfully distinguished paths of wisdom did Jah, Jehovah Tzabaoth, the Creative Powers of Life, King of Eternity, God Almighty, Compassionate and Merciful, Supreme and Exalted, Who is Eternal, Sublime, and Holy is His Name, decree and create His universe by means of three kinds of characters: Numbers, Letters, and Words: ten circumscribed Sephiroth, and twenty-two fundamental signs; three Mother, seven Double, and twelve Simple Letters."⁵

The following table gives the names, numbers, and some of the correspondences of the twenty-two letters of the Hebrew alphabet. These correspondences include the four elements of the ancients, and the twelve signs of the Zodiac. These twenty-two letters are contained within the twenty-two tarot cards.

	Letter	Number	Sign, Planet or Element
Alph	A	1	Air, Spirit
Beth	B	2	Mercury
Gimel	G	3	Moon
Daleth	D	4	Venus
Heh	H	5	Aries
Vav	V	6	Taurus
Zain	Z	7	Gemini
Cheth	Ch	8	Cancer
Teth	T	9	Leo
Yod	I	10	Virgo
Kaph	K, C	20	Jupiter
Lamed	L	30	Libra
Mem	M	40	Water
Nun	N	50	Scorpio
Samekl	S	60	Sagittarius
Ayin	O	70	Capricorn
Peh	P	80	Mars
Tzaddi	Tz	90	Aquarius
Qoph	Q	100	Pisces
Resh	R	200	Sun
Shin	Sh	300	Fire
Tau	Th	400	Saturn, Earth

The English Gematria

1	2	3	4	5	6	7	8	9
A	B	C	D	E	F	G	H	I
J	K	L	M	N	O	P	Q	R
S	T	U	V	W	X	Y	Z	

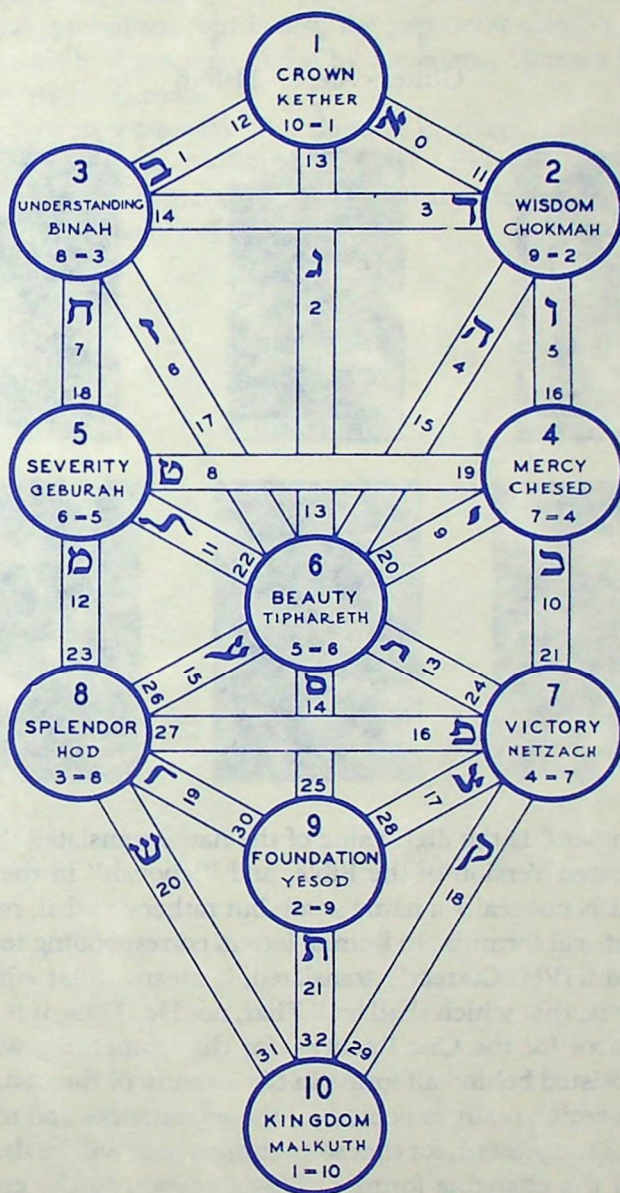
We are using the English Gematria in our definition of God, Man, and Woman, in the following pages, i.e. GOD

$$G = 7 \quad O = 6 \quad D = 4$$

$$17 = 8$$

5. Anonymous, Paul Foster Case. Published by the Builders of the Adytum, L.A. CA.

Diagram of The Tree of Life.



God

3 1 4
Gimel - Aleph - Daleth
8



The number 8 is the digit value of the name translated "Lord" in the Authorized Version of the Bible, and "Jehovah" in the Revised Versions. It is not really a name at all, but rather a verbal, numerical and geometrical formula. In Roman letters corresponding to Hebrew it is spelled IHVH. Correctly translated, it means "that which was, that which is, that which shall be." That, not He. Thus, it is a perfect verbal symbol for the One Reality—for that something which has always subsisted behind all forms in the eternity of the past, for that something which really is behind all the appearances and misunderstandings of the present, for that something which will be the foundation for all the changing forms of life-expression in the eternity to come.

888 is the numeration of the name Jesus in Greek and 8 is not only the "Dominical number" or "Number of the Lord," in Christian numerical symbolism, but is also the particular number of the god called Thoth by Egyptians, Nebo by Assyrians, Hermes by Greeks, and Mercury by Romans.

Thus 8 is pre-eminently the number of magic and of Hermetic Science. Its Hebrew name is Splendor, and the aspect of consciousness to which it corresponds is called perfect intelligence.⁶

8 is also the number of infinity ∞ .

6. *The Tarot — A Key to the Wisdom of the Ages*. Paul Foster Case. McCoy Publishing Co.

God-Man

The Hebrew designation for God is Aleph-Lamed.

𐤀 𐤋 = EL = Strength



Aleph



Lamed



This symbolic representation of God-Man is understood as the infinite creative intelligence (Aleph) operating through undeviating justice or law (Lamed).

In Hebrew *A* is *Eh* — which means *I Am*.⁷

From Lamed we have *La* — which is Love.

Combined we have *A-La* — as in Allah.

"I Am Love"

⁷ *EhEyEh* — *I am that I am*. Exodus Chapter 3, Verse 14.

Love and strength hence have corresponding roots and are really one and the same.

This directly corresponds with the Gospel of St. John where it is stated that God is Love.

The Fool (Aleph) is the indwelling, infinite creative spirit of life within man. It is the spirit of Freedom. Life in itself knows no limits or boundaries. Life is infinite and free and contains within itself *all* possibilities.

It is within this realization that we may rejoice in our inherent creativity and know that this spirit of creativity holds the keys to our personal and collective liberation. Life is free and so are we.

Now, the creative spirit works in harmony with the *law* which is the Lord. Lord in Hebrew corresponds to the law. The word Lord in Hebrew is Adonai, through gematria it reduces to the number 11, which in tarot is the key of Lamed—Justice. It is through knowledge of the Lord (the law) that humanity attains Wisdom, which is peace. The number 11 reduces to the number 2 which on the Tree of Life is Wisdom.

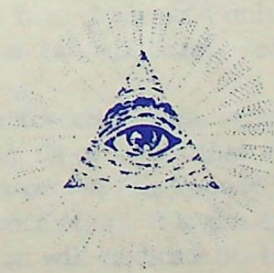
The laws of God are contained within the laws of nature. The Law is immutable and eternal. Hence, it is said that God (truth, the law) is a respecter of no persons. Our work as Human beings is to come to understand the law, which is God, which is truth.

The law was revealed to Moses, who was the law giver unto the people of Is-Ra-El.

"You must love the Lord (the law) your God with all your heart, and with all your soul and with all your might."

Hence, the sacred Hebrew mantrum, "Hear O Is-ra-el the Lord, our God, the Lord is one."

This law, which is truth, is seen on the back of the one dollar bill.



3614
CUM 100

Now, the Lord God, the eternal principal of life, manifesting itself *eternally* through humanity and through nature as pure intelligence revealed itself unto mankind through a man named Jesus.

Jesus, Jod-He-Shin-Vav-He. As the son of Man (Humanity), and the incarnating Logos principle, he, as the manifesting Godhead, declared unto his one Self (Humanity) to be the alpha and the omega.

In Revelation, Chapter 22 Verse 13 it is stated — "I am the Alpha and the Omega, the beginning and the end."

Let us look at the diagram of the Tree of Life on page 7 and come to understand this most profound statement.

- 1) The Alpha is Mercury-Orange-Hod-Splendor (Pure Intelligence) (In Science the color orange is designated by the greek letter alpha.)
- 2) The Omega is Jupiter-Blue-Chesed-Mercy and Compassion. (In Science the color blue is designated by the Greek letter omega.)

Together, the Alpha and the Omega, which is also the masculine and feminine principle fuse together in Tipareth-the Sun-Beauty-Gold.

Gold is the color of light.

God-Man is Beauty.

Beauty is truth.

Hence, the One Life, the pure infinite creative intelligence which is operating under law is forever manifesting its one self through man as man and through nature as Beauty.

Wisdom is in the Understanding
that All is Beauty.

Woman

$$21 = 3$$



Woman is the Universal, Cosmic Mind dwelling within man. 3 on the Tree of Life corresponds to the name Binah which means Understanding. Within Wo-man, all Wisdom and Knowledge is contained. All the powers and potencies within the God-head itself are contained within woman. As such, she holds the key to man's Freedom.

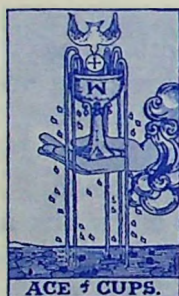
The Empress, Venus, Key 3, represents the power of *Creative Imagination*. One only has to look at nature, nature being the manifested universe, to realize that there is a power within ourselves which is supremely intelligent, and supremely creative. When Man (Humanity) awakens to this awesome intelligence, which is in him and around him, mankind will learn to use its inherent creativity in a fashion which will serve himself, humanity and nature.

It is man's high destiny to govern over nature. In governing nature, man must first understand its laws and the ways of nature. Through mankind's understanding of the laws of nature which are the laws of good, good will be created. Nature is always ready, willing and able to share her secrets with man. Man need only be open, receptive and respectful of her ways and all will be revealed through the process we call time.

Woman as wisdom reveals herself to man as knowledge. It is through our understanding of nature that we acquire both Wisdom and Knowledge. One aspect of this knowledge constitutes biochemistry which is the science of life. It is through biochemistry and applied nutrition that man will eradicate dis-ease on this planet.

Science through biochemical understanding and through applying the laws of consciousness will also uncover the principles which will lead to the reversal of the aging process. This understanding and its realization is happening now. Man will over come his last enemy which is death and hence bring to fulfillment the prophecy of the New Testament wherein it is promised that man through the grace of Lord Jesus Christ will come into Eternal Life.

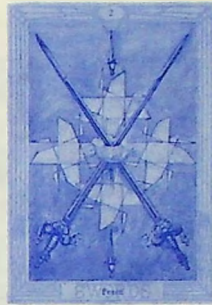
Now the name Jesus Christ in Hebrew means "the nature of Reality is to liberate through intelligence." It is through the grace of the spiritual (unseen) intelligence which is life, which is Light, that man will overcome his fear of death. The instrument of humanity's liberation is the Holy Spirit which is the power of *Love, education and Intelligence*.



The Hebrew letter Shin is the corresponding letter of the Holy Spirit. It is the middle letter of the name Jesus. Jod-He-Shin-Vav-He. This letter ש , Shin, is attributed to the element of fire. This same letter, ש , Shin, the Quintessence, also stands for Ruach Elohim, the Spirit of God. This spiritual quintessence, which is Fire is experienced by humanity as Music.

Humanity, through the intelligence of life is coming into a clearer perception and interpretation of life and is coming to know that we are life and as life there can be no death for life is eternal. This understanding constitutes real knowledge which leads to Wisdom which is Peace.

Peace



Two of Swords

Man

10 = The Kingdom

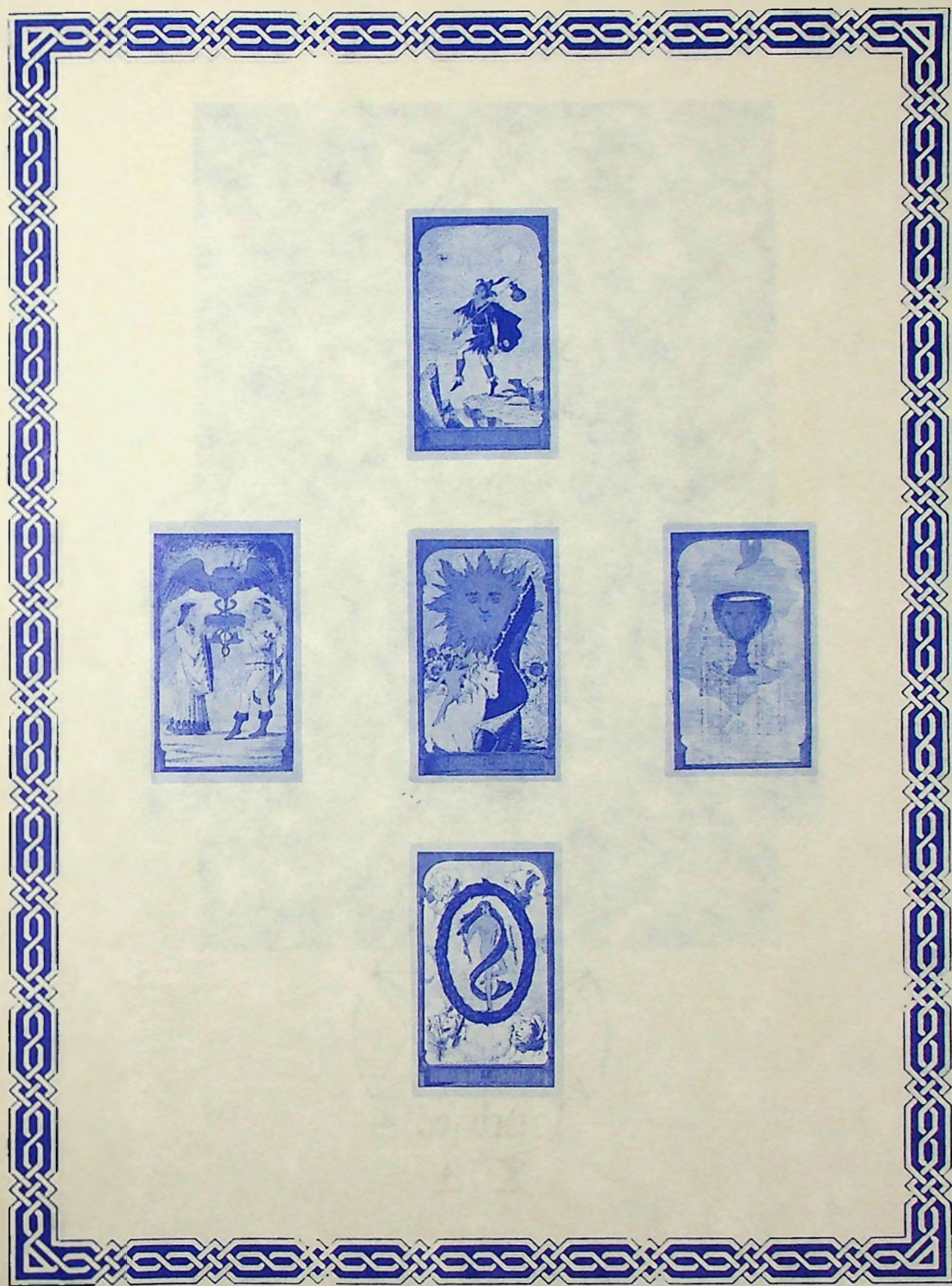


Key 19—The Sun

The Kingdom and the glory of God, the Holy Spirit lives within Man. Life gives totally of itself unto man. Man need only be open and receptive to receive the gifts of the spirit. Man is the synthesis of all cosmic activities.



Two of Cups

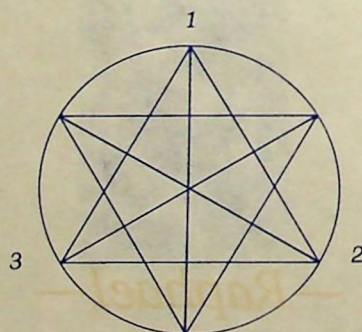




Summary

God - Man - Woman

8 10 3
21





Key 6

—*Raphael*—
LVX

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