

Bro. FRANCIS M.

1. What do you understand by the word, Community, health, and development?

1. Community :- Community means a body of individuals living defined area of having a common interest on organization. They will have same intention and purpose and unity. Mutual understanding. Living with a chandivked mind and heart. There we see fellowship and oneness. We see brotherhood and love.

2. Health Here health means a man always happy and cheerful physically, mentally, socially, and spiritually. In human beings, the extent of an individual's continuing physical ~~assortion~~ emotional, mental, and social ability to cope on to adjust with his environment.

Social - e.g. Integration, active, participative, support to others etc.

Mental - Adjustment, Reason-out things.

Spirited - Concentration.

3. DEVELOPMENT In the process of developing growth. a doctor followed by the child's development closely. A working out in greater and greater detail.

III. What do you learn about the meaning of healing and wholeness?

Healing means :- If someone is suffering from sickness we should help him as much as we can to get rid of the illness.

The real meaning of healing is to wipe away sick on ~~an~~ any other problems ~~of man~~ man meets his day to day life. So we should find out the real cause - on any other matters. Healing also can mean e.g. when a man is suffering from various sickness or some other troubles or problems physically mentally we can help him to get ~~side~~ rid of all those ~~the~~ obstacles.

5. What are the systems that constituted community from the various slide shows and ~~an~~ case. write ~~to~~ few notes each system.

- On the first day in the first session we had a slide show on differences between rich and poor.

~~Rich~~ in one hand rich enjoying in the other hand poor are suffering. Country is underdeveloped, caste system, unemployed, slum areas, no proper food

- ~~poor~~ poverty - no education, religious plurality, health problem, poor are not looked well, and no human respect

2. slide show shown by Dr. Ravi

- we have - socio, economic, and political condition.

- Caste discrimination

- When we sit with them and work with them - they will be happy.

- and we should teach them how to do work and how to gain their honest food.

- Give a man a fish and you feed him for a day

- and teach a man to fish and you will feed him for life.

by this ~~stand~~ slide ^{III} what I understand is that we should support poor and ~~encourage~~ encourage them especially in the areas where people are not yet civilized.

Ramakas story It is a existing system. Through this slide shows we understand that it is because of their ~~own~~ ignorance of the parents Ramakas son dies. They are not ~~and~~ educated. Second we have Government - is the responsible for the death of the child. Doctors are doing work for their daily food. They are last - bothered of the ~~poor~~ poor. No medical facilities in the village. ~~and also~~ the ~~late~~ false ~~beliefs~~ beliefs of the people.

Show on an Island. In the beginning island land there was nobody but after some time people came and occupied the land and became rich and they put sign boards No entry and the people who came afterwards had no chance of entering into the land because the rich covered themselves with a fence and sign boards no entry. Hence also we see rich are crying when poor people are suffering because of starvation, stolen clothing and so on. Here rich people are ~~not~~ least bothered about the ~~poor~~ poor people. ~~What~~ do you learn from the shift on ~~from~~ consciousness and different approaches and to develop it?

In this shift we see that all are approaching the poor man with their own methods, solutions. Here we have the approach of the worker with prasad. Priest approaches the worker with a Rasam. The Scientist approaches him with seed. The doctor approaches him with injection.

● All these ^{different} ~~immigrant~~ people approached this ~~weather~~ with different ~~solutions~~. But they could not liberate him from his present situation - on condition.

on his part he accepted everything that is given to him.

VII What do you learn about the village life from the monsoon game? Here we have 2 groups of people. 1. Rich & poor.

rich are becoming richer and richer and poor are becoming poorer and poorer. Government is ready to help, but poor people are unable to get their help, because they have to pay back but it is possible because these poor people are depend on the rain or ~~drought~~ not only that - if there is no rain that year there will be drought. In these situations poor people are unable to get help from Government. In these situations rich becomes richer and poor people remain as poor.

VIII In your opinion what is the role of a community animator?

The role of the animator is to help the community members in all their difficulties. And he should go to the community members and talk with and help them in their needs. And he should teach them how to earn money - or for their family food.

IX What have you understood during this week as your future role in the community in your vocation as a Franciscan brother?

My vocation as a Franciscan brother, I already knew something about the community, and the main problem of it. First and foremost I should learn the background of the and the language of the people in that particular village and I will be one of them. I will help them in their difficulties. I will learn more about their customs and culture and I will help the people as much as I can.

X

Give us positive or negative commands and suggestions about the methodology of the cause.

I would like to express a few words about this cause; first and foremost this cause is quite helpful for me not only for time being but ~~for~~^{also} in my future life. ~~In the beginning I was not~~ before attending this cause my thoughts were wandering else because I thought that only our religious are doing such a great work e.g. helping poor and needy, clothing shelter and so on. but now I understand that it is ~~you~~^{you doctors} who ~~doctors~~^{who (doctors)} mainly do this work. Through this cause I learned a lot about myself and this people out side. And also this cause helped me to go ~~way~~^{back} to myself and see what is my role in this situation. especially slide shows gave me a deep understanding of the people who live in slums

1. Community is a group of people living together under one leader or the same rule followed by everybody.

Health is a state of well being (physical, mental, social, spiritual) and not absence of disease or infirmity. Health is doing the things in correct time and in correct way.

Development consists of is full-growth state of Economic, Political, Social, Cultural and Religious. They are inter-connected with each other.

2. Community health is a well-being of each individuals ~~as well as~~ in a society. Each one is responsible for his own and the community's health. This is possible only by keeping neat and clean the surroundings, drinking good water, & Educating the people on health and so on.

3. Healing is possible only to person who wants to be healed. Then the healer worker may be successful. we see in the New Testament Jesus was going ~~over~~ to the countries and he was curing the sick, leprosy, dumb, lame, fever and driving out the demons and so on. This was possible because of the sick people. They were eager to be healed. They were ready to listen the words of Christ. And also from the various Gospel quotations we understand the people were of requesting & (Mt 2: 1-11, Mt 20: 24-34, Mt 15: 21-28). After healing Jesus has used to say "Go in peace." "Faith has made you well" and so on. Healing the miracle started first in the Catholic church.

It is not necessary all the sickness must be cured but accepting and bearing with patience is necessary. By experiencing the sickness we become holiness and experience the will of God.

4. The community constituted on Economic, Political, Social, Cultural and on Religious set up.

In the Economic System we see the Rich and Poor. This is based on one's own profession or income. and also the traditional land lords and slaves systems.

Political Leaders come from the Top class of the people. They have not experienced the poor situation but they make rule and Regulation based on their own way of life.

5. Ramacca story: From the various group discussions the important person for the Ramacca's death was the Government. 3. Ignorance of the parents. 3. Doctor I. 4. Doctor II and the watch man and the Master.

There was no enough of facilities to take the child to hospital. First of all there was no good Road and transport and good advisable doctor or someone in the village. After reaching the town he was not knowing the time to go to hospital. He no enough of money to buy the medicines which was described by the Doctor.

Therefore the cause was the death of the son's death in the Government. Of course the Government consists in so many set up. such as social, political, Economic and Religious set up.

2. The Story of Island: From this story I understand that the people who are powerful entered the Island and they occupied many places and they chased away the strong people who were living in the island. This is the mistake of the people who came later to the island and they made fence and did not allow others to enter inside. After that they don't bother about outsiders. There was also some helping hands and plans but they were not helping in a proper way which can be useful for the poor people.

6. From the Skit I learned from the skit that the Man who was tied with the robe had received the important ~~news~~ ^{information} at the last moment. First, One Poojari comes first and he gives Prasadam. Second one priest comes and gives the Rosary. Thirdly one health worker or Doctor comes and gives the list of medicines. Fourthly one man comes and gives little fruit and goes away. At last one man comes and removes the Robe and he gives the knife to that person to cut the Robe and come away from the tidings. This sometimes is happening in our country esp. people ~~are~~ ^{are} suffering from various reasons. in the same time so many plans and ideas are going on for the people. These things are necessary but these help in what way? People receive little and last moment. So as a community health worker I should know what is necessary and first to the people. For that I have to work.

Below there is given our final discussion on this skit.

<u>CHARACTERS</u>	<u>CONSCIOUS</u>	<u>Solution</u>	<u>Approach</u>
1. Poojari	Magical	Prasadam	welfare.
2. Priest	Magical	Rosary	welfare.
3. Social Scientist	Nature	Seeds	modernization.
4. Doctor	"	Prescription	"
5. Education	"	charts / Book	Organization.
6. Health worker	"	Soap / apple	"
7. Animator	critical & practical	Knife	Social justice.

7. I learned from the Monsoon Game and after the discussion on the Game that the importance of the Development worker is. 1. He should know how to approach the people for the betterment of their village. 2. He has to understand the situation of the people and his attitude towards the Development worker. 3. He has to visit frequently and 4. He should have a real dedication in his duty. 5. He has to use many methods in order to meet the people for the better communication. People may have so many ideas and they may have hurry in their daily activities but the Development worker's duty to gather the people and try to do something for the people.

Secondly the villagers must have the desire to improve their own life. And they must have the knowledge how to make use the loan, Bank help, Development worker plan and so on. Of course they may have so many problems such as Marriage of the daughter, less harvest, Diseases etc etc. They can develop their life by understanding and making use of the Development worker.

8. According to my opinion a Development worker work for the people and for the Monthly salary. But the Catholic work for the people. The Priest may not have real dedication because of the situation and his family. He has to look after his own family and then for the people. But the Catholic Priest or Religious who is working for the people may not have trouble and worry for his own. If he is real dedicated person he will work sincerely for the people.

9. During this one week course I understood that our country has got lot of problems. This is not free country and it has got socioeconomic political and cultural systems. Economic system is the basis for the worst of the systems. In the midst of the people there are so many classes. Such as upper, Middle and lower classes. There are all based on possession power and prestige. Poor become poorer. And Rich become Richer and Richer. Human freedom is cut away from the people and they become slaves of the Richer. Government duties are not functioning well. ~~everywhere~~ fighting. Strike, Drama are going on everywhere.

As a Franciscan Brother and as a Development worker for the community I should be a Tab closer not a Floor Moaber. I should do something for the people and for my country.

Positive

10. The First week course was interesting and useful because the sharing each other and introducing each others was good. And also another interesting one was ~~Say~~ saying other name or nickname. Brothers were interesting on saying for others.

Second one is expressing brother's expectations on this course. All of us were saying many expectations. At last our Doctor Ravi explained the importance and purpose of this course.

Negative: It was boring always on group discussion. Many were not saying anything because of the new subjects.

- 1a) Community is a place where we live, where we belong, the place where somebody cares about us. In the most basic sense, community is a group of individuals with shared needs and aims.
- b) Health is a state of physical, mental, social well-being and not absence of disease or infirmity. It is a dynamic process and therefore we can't say that one is perfectly healthy.
- c) Throughout the history, all human populations have lived with the threat of disease and sickness. Though every society evolved its own ways of dealing with this reality, it was only in the last two centuries that human beings could entertain visions of a disease free existence. The development and growth of modern medicine gave society potent tools to actively intervene in the disease process and it seemed just a matter of time before suffering and pain could be vanished from human consciousness for ever.
2. Health is often spoken of both in individual level and in community level. It is necessary to be healthy as an individual as well as as a community. For example, bringing a village into the awareness of health, and back to the diseases and its causes can bring development in the community. By organizing programmes on community health we can attract people and basic things concerning health, could be explained to them.
3. Bible uses the word 'healing' which means the ultimate healing and not curing or treating which can only mean recovery from certain levels of life. Curing can mean only bodily recovery from sickness and treatment is more connected with hospital and medicine. But healing touches all aspects of one's life. After healing Jesus says: 'Go in peace', 'sin no more', 'your sins are forgiven' or 'your faith has made you well'. It shows that he gave more importance to the spiritual aspect of one's life.
4. The main systems that constitute a community are

social, economical, political and cultural. Industry, transportation, communication, education, government, religion etc. play their role in constituting a community.

5. All these systems are interconnected. Our society is not a problem free community.

Social system: In our country it is a big problem. People fight so that their religion or beliefs may become the dominating one in the society. Instead of being a uniting force it brings out disparity.

Economical system: This is the basis of the rest of the systems. It is a dividing factor, people are divided according to the wealth they possess and at the same time poor are neglected.

Political: Instead of doing good and serving people the political parties have turned to be selfish that they look forward power, prestige and prosperity which will help them to hold their chairs firm.

Cultural: Different cultures are meant to be enriching our life through various ways. But they have now become a business because they are made use for accumulating money - money oriented.

6. Whoever came to the person gave him what they had and not what he was in need of. Not knowing the miserable condition in which he lived, the people who approached him tried to solve his problem in their own way that was not applicable to him.

7. The marzoon's game depicts the real life of a village where so many problems exist. First of all people are divided according to the caste, creed, possession and social status etc. Each group keep on thinking on their own welfare. The rich donot pay any attention to the betterment of the poor.

The developmental programmes or aids from the government donot reach to the poor.

8. A community animator finds himself among the people at their service. He is not a 'giver', that is, he does not try

to solve the problems by just giving something that is momentary, but he is a builder of the community. He brings the awareness of the problems that they face to their minds, show the way to get rid of them and brings on over-all development.

9. As a E.S.T. Brother as I feel that I too must follow the methods of a community animator. I have to come down to the concrete situation of the people, make them aware of their problem, give them guidelines and show them the way how they can come out their problems by themselves. I will also follow the principle that turning the tap off is better than mopping the floor.
10. I really appreciate your way of teaching that we are given full good participation in the class and you make us fully involved at this time. Since community, health and development cover all aspects of our life these classes are very useful for our apostolate.

1) Community is made up of many people who have similar customs and ways of looking at life and thinks of belonging to that community, which is the part of other larger community. It is defined in particular space. It has its laws, common language and problems.

Health as a whole includes physical, mental and social health. Body should work together to give physical health, mind must act harmoniously to give you mental health, you must enjoy with being with other people social health. These are the three things that we need to promote in a group which is C.I.D.

2) Community Health means the health of everyone in it. It is one of the basic concern of the government. All must work together to keep people healthy and also it is the duty of public health workers.

3) Healing means make one whole and healthy, to ease, to restore to soundness. wholeness: Healthy in body, taste, morals and condition conducive to body and health.

4) Protection, trade and industry, transportation, communication, education, recreation, government and religion and arts are the things that constitute a community.

5) From the slide-show I perceive the weakness in bringing into perfection of the existing systems, such as protection, transportation, etc.

Protection: in slides it is certainly, no health, no prosperity...
transportation: ,, no travelling facilities.
communication: are not in local language, illiterate.

6) All those who give to the person do not take into account the concrete situation of the person but give what they have, not in a systematic way. so basic needs are not met by the person in need.

7) monsoon Game: privileged of various caste and creed are divided into even by power and money. All try to solve their own problems. They do not reach out to others. Some enjoy fully and some starve. So the system has not changed until now.

8 community animator. learns the local situation, lives with the people. Craves his ideas and views to bring all together, must be persevering and develops in them the 3 activities of human.

9) I must be a tap-twines than yloos moper. Acceptance of all good in existing systems, and elimination of all the evil in the society. Strives to understand situation better I must live with the people.

10) classes are good. Collection of opinions from students are good but it will be appreciable if the person who takes the class, value the opinions whether it is right or wrong - It was really interesting.

- (1) Community is a group of people having diverse feelings and unique ideas live for a particular purpose with mutual understanding and love. A healthy community also has the qualities of understanding, acceptance and brotherly love and the mentality of sharing and having a time table in common. The idea of Unity in diversity is found in a healthy community.

Health: It is a state of physical, mental and social well being. Doesn't mean; having no sickness at all.

Development: - It is a state shows all round growth of a person, place or a thing.

- (2) Community health is a state of physical, mental, social well being of the whole members of a community.
- (3) Healing is not merely curing. Curing is done to a person's only affected spot. But healing is done to a whole person. By healing a person becomes healed spiritually, physically and psychologically.
- (4) Economical, Political, social, cultural and religious systems constitute a community.
- (5) From Ramak's story we can come to the conclusion that the existing system caused for her child's death. i.e. Economically she was poor. Politically she had no influence on the M.L.A's or M.P.s. She was ignorant or she had no facilities of education. From Vasu's story we understand that the social problem was the main cause of his death. The mass dead at Thirunelli in Wynadu was the cause of economical problem. In Choman's story too we find the problem of rich and poor. Social and cultural problems as the chief cause of all other happenings.
6. Skit called. Consciousness and different approaches to development has contributed to a young man very much good for his life. Some body at last made him aware of the situation in which he was living and helped him to come out of that while others were behind him with many more burdens.

7. From the game called "Monsoon" I came to understand how peaceful I am here without any worries and problems. It is very difficult for a poor man to live in a village. Because there are many problems which he has to face. Rich are becoming richer and richer but the poor are becoming poorer and poorer.

(8). In my opinion the community animators must be certain amount selfless people and they must aim at the all around growth of the group.

(9). Franciscan Brothers are called to live in a community and live with the people ~~in~~. As far as I live and work there, I would ask the people to look at our community in which we live came from different parts of our country. If the people are united or they have real love for each other it would be better to lead them for their all round development.

10. The Course on Community health and development will help especially the missionaries like us to have better approach and good relation with the people. It might help us to win the confidence of the people and they might have the assurance that we would be really living and working for them. ~~Like~~ The country like ours, in which the minority enjoy the fruit of the majority. It is very necessary that we have to do a lot to make the people aware of the situation in which they live.

Let us together try, hope and pray for the ultimate change of the existing system through which some are tied up!

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Community - Community is a group of people live together, following one rule together with a common leader. It is not more an organisation but an organism. Its aim, orientation & purpose should be depend upon the particular group & community. Community itself is not an end but it is a means to attain a goal or a purpose, each community & group have its own uniqueness & newness. For the smooth running of the community among the team members there should be more or less same ideas & opinion. It is possible only through mutual understanding and acceptance.

Health - As a whole includes physical, mental, and social health. Our body should work together to give physical health. Our mind must act harmoniously to give us mental health. We must enjoy being with other people that is social health.

Development - For there there should be a group to promote people to this kind & great act such as C.H.C.

2. Community health means the health of every one & is it. It is on the lesser's conscience of the government. All must work together to keep up the health of the people. And finally it is the duty of the health workers.
3. Healing is possible only the person who wants to be healed. Jesus was going to the country and he healed the sick people such as leper, dumb, lame & so on. and driving the demons. This was possible because of their faith. They were eager to be healed. They were ready to listen to the words of Jesus. And also from the various bible quotations we understand people were requesting Jesus to heal them. After healing them Jesus used to say go in peace, your faith made you well and so on.

Wholeness - Health is body, taste, words & condition.

④ protection, trade, industry, transportation, communication, education, occupation, government, and religion ~~and~~ ~~the~~ are the constitution on community.

5. From the slide shows and stories we understand the weakness in bringing the perfection of the existing system, such as protection, communication & so on. protection - no health facilities, no property, no house, no proper food.

Transportation:- To move one place to another place no travelling facilities.

6. All those who give to the person, do not take into account the present situation of the person but give what they have not in a systematic way. Otherwise the basic needs are not met by the person in need of.

880 Even a single village community is a mixture of different communities - rich, poor, middle class families and untouchables. --

b. Some people are still depending on seasonal rain for the cultivation. often times the rain is irregular.

c. Villagers are not educated, so they do not show interest in cooperating with development workers or even banks.

d. Money lender - though this charge, huge interest are help to the ordinary villagers. But from his written experience from the poor, his friends are only the rich not the poor.

e. Rich are not ready to share.

f. The survival of an ordinary villager is difficult.

g. Politicians are trying to fish in the troubled water.

h. Lacking the co-operation among the villagers

7.8. The vast majority of Indian masses are struggling with their problems - the problems caused from the existing Socio-Economic Systems. Government and other agencies are trying to help them, but ordinary people are too enslaved to be liberated by their remedies. Most of them, except the animators-synthetic figure of an ideal community health worker fail to realize the basic problems. They misunderstand symptoms as disease. Their welfare approaches are not helping the victim. At last the critical analysis of animator e.h.c worker finds out the social system as a real problem and provides a solution accordingly. At this rate the sufferer makes use of the chance and liberate himself from the bondage. This skit invites us, would be community health workers, to deal the social problems, not in a superficial manner, but in the grass root level. For total liberation is our aim.

⑨ I must be a tap turner than be a floor moper.

Accepting of all good in existing system and denunciation of the evil in the society. In order to understand the situation better as a Franciscan Brother I must live with the people and undergo all their joys and sorrows.

10. classes are good and appreciable.

Bro. Francis emsp

I What are you learnt about the meaning of healing and holiness?
The word 'Healing' shows all the dimensions of a person. It has got deeper meaning than curing. Eg: for healing, Jesus uses some words, you sins are forgiven. Whereas 'Holiness' signifies "separateness" from the ~~necessity~~ worldly or profane. What is 'clean' or 'pure' also related to 'holy'. The profoundest sense of holiness is that propers to good.

II What are the systems that constituted Community?
Economic, Social, Political and Cultural, are the systems that constituted Community.

III From the various slide shows and key studies, write a few notes about each system?

Economic, Social, political and Cultural systems are linked to each system. No system ~~is~~ lies in isolation. So let us sublet on these all system. In short, economic system is the basis of the rest of the systems or problems. When we look at our population, 70% people are living in lower class millions of people are subjected to malnutrition. The ~~overwhelming~~ gap between the rich and the poor. The top 10% of the population they get 1/3 of the total national income, they own 60% of the cultivated land, they possess 57% of the country's industrial wealth. 80% of the Personnel IAS, IPS. IFS come from the top 10% of the population whereas the 70% population, they are largely illiterate. Political power lies in the top. Their aim is not promoting the low cast. They provide merely all over politicians and they control the political parties, but low casts, they are manipulated by political parties.

The Constitution of India Article 46 assured the Scheduled Castes Social Justice and protection against all forms of ~~exploitation~~ exploitation and untouchability was made an offence by Article 17. Fifteen percent of the jobs was reserved for the Scheduled Castes. And parliament appointed a Commission to report every year on the progress that the backward classes made in social, economic, educational and other fields. But things ~~are~~ have not changed. Their discrimination and disability continue to this day. The Scheduled Castes occupy the lowest rung of the ladder of progress. Education has failed to break the caste barriers and discrimination persists in all spheres of life. They are called different names. In Government parlance they are Scheduled Caste members, in upper society they are Sudras, in sophisticated talk they are Harjans. But ~~God is~~ they ^{also} are created by God, in His own image. But in actuality they continue to remain outcaste.

Discrimination is the badge of this country. Deprived of economic opportunities they continue to be socially, politically and culturally kept back word. Denied access ~~of~~ to religious scriptures and debarred from entering places of worship, they continue to be ignorant of the basic tenets of equality continued in their religions and in their ignorance become victims of those who would twist religion to their own convenience. However, in spite of the influence of education and vigorous westernisation, the average Indian has not come out of the cocoon of his narrow caste mentality. I would say unless we try to make-up this economic system, truly our Indian will move worse than this.

IV What did you learn ~~from~~ about ~~a~~ from the Skit on consciousness and different approaches to development?

From this Skit I could learn that, man, today, is tied with so many systems and restrictions. The solution what we can give that, we must teach people how to get rid of these complicated situation here, the animator showing the way but ~~the~~ the man himself is escaping from it.

V In your opinion what is the role of the Community animator?

The main role of the Community animator, is to save the people or to free those who are oppressed. It can be done in many ways. His aim should not be changed.

VI What did you learn about a village's life from the monsoon game?

It was a good game which I could open my mind towards the poor people; also I could learn that rich people were not bothering or caring about poor people; whatever difficulties came on them.

VII What have you understood during this week as your future role in your Community in your location as a Finance Brother?

Though ~~my~~ role in our Community is wide, I would like to say, My activities depend on our Superiors. ~~At~~ All through this week I could understand the difficulties which are suffering the poor. But in my future there will be many chances to understand more about this matter. At that time I will think it over and take decision according to it. Now I can't tell my future role, but there is ~~will~~ be a place in my mind which is kept for poor people.

VIII Give us a positive or negative Comments or Suggestions about the methodology of the course?

I would like to say openly, that you are trying your best to teach about this course, but lack of time makes you to avoid some important things very often, especially, the human biology class. One more thing which I noticed that some stories related to same theme eg: Ranagar, This course can be conducted a little more early, and continuously.

IX What do you understand by the words, community, health and development?

Community: It is made up of people who have similar customs and ways of looking at life and who think of themselves as belonging to that community and communication with one another.

Health: Health is a state of physical, mental and social well being and much more than not being sick and feeling of good spirit.

Development: It is a state of growth in economic, social, political and cultural. It is not a static but a dynamic and continuous. We must be able to give instructions to the people and make them be aware of their situation and problems. This process can be done slowly.

X What do you understand by the term community health? Community health means a healthier place, In other words One who takes in making his community a healthier place to live.

I. What do you understand by the words : Community, 2, health, (3) development.

1. Community : Community means a body of individuals living defined area of having a common interest or organization; Where they live there they will have same intention and purpose and unity. Mutual understanding living with a chain linked mind and heart. There will have Fellowship and oneness. There will have Brotherhood and love.

2. Health : In human beings, the extent of an individuals continuing physical, emotional, mental, and social ability to cope with his environment.

Health makes a man always ~~phg~~ happy and cheerful physically, mentally ~~and~~ socially, and spiritually.

~~Body~~ physically : No ~~physical~~ ^{bodily} sickness, physical balance and normal, Free from contagious sickness, Active and energetic

Mentally : Harmony, adjustment, Reason out things, Courage, mental balance normal, will power and happy and joyful.

Social : Integration, Active, Participation, Feelings to others and and Supports to others.

Spiritually : Concentration, Pray well for others and ^{do} meditation

3. Development : In the process of developing ~~a~~ chemical growth: a doctor followed the child's development closely. A working out in greater and greater detail. A group of similar house or apartment buildings built on open land or in place of old buildings.

III, what do you learn about the meaning of healing and wholeness?

Healing means, if a man ^{has got} sickness, we should take him to hospital, and doctor will check up him and prescribe ^{some} medicine to take the sick man; Sometime he will be alright with the medicine otherwise he will not be alright.

But if we take the meaning of healing to wipe away the sick or any other problems man meets his day to day life. We should find out the cause for having any harms or any other matters. First ~~of all~~ we should close the tap and then mop away ^{the water} wholeness means ~~without sick~~ The statement of with out sickness

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Therefore he says I am ~~al~~ right. He will have faith in God.

IV What are the Systems that Constitutes by the Community?

The system that constitutes by the community mostly are Power, prestige and ~~Power~~ property. But there are Caste system and language.

V From the various slide shows and various studies write a few words about each system.

1. The first slide show -

- Difference between rich and poor.
minority enjoys, country is undeveloped, Caste, unemployed slums areas. No proper ^{and} ~~podang~~ basic needs not met.
- Property, No education, Religious plurality; health problems
poor are not cared well, and no human respect.
- Lack of education to all. Capital is ~~com~~ is not distributed in a proper way. The poor people are not aware of their children to educate and lack of drinking water.

2. The slide show by doctor Ravi Narayanan

- Socio, economic and political conditions.
- Caste discrimination.
- If we sit ~~there~~ with them and work with them, they will be happy.
- And teach them how to do work and how to earn money.
- Give a man a fish and you feed him for a day.
- and Teach a man to fish and you feed him for his life.

We have to support poor and ~~and~~ encourage them. esp. among the fisherman and paddy field workers.

3rd Ramakrishna Story:

existing system, ignorance of the parents because they are not educated. Government is the responsible for the death of the child. Doctors are doing ^{work for} ~~for~~ their daily life, ^{for the money} they don't want help the poor. Cost of the medicine as well as the scarcity of the hospitals in the village. The false believes of the people.

VI What did you learn about religions from the Skit on consciousness and different approaches and to development?

All are approaching with each method or solutions.

The Poojari approaches the worker on conscious of Magical ^{with} by Prasadham.

The priest approaches the worker on conscious of Magical with Rosary.

The Scientist approaches the worker on conscious of naive with seeds.

The doctor approaches the worker on conscious of naive with injection.

The Educationist approaches the worker on conscious of naive with charts. The Health worker ~~naive~~ approaches on conscious of naive with Soap and apple.

Animator approaches the worker on conscious of critical with a knife.

All approach with each solution but they are not ready to liberate from his present condition. on account of his ignorance he accepts everything what ever they ~~app~~ give who approaches him. Those who approach him they fail to recognize his pitiful condition.

Prasadham: Creation, rebirths, welfare approach

Rosary: welfare approach.

Seeds: relatively more practical, modernisation, Rational transformation, according to the situations.

Prescription/injection: modernisation

Educationist: modernisation

Health worker: Modernisation

Animator: Social justice.

VII what did you learn ~~from the~~ about ^{villages} ~~regions~~ life from the monsoon game?

Richer are becoming richer and richer, and the poor are becoming poorer and poorer. And the Government is ready to help, but the poor are unable to get their help because they have payback to Government, if their grains happen something or because of rain, or draught their fields get Agriculture may not be functioned well. Therefore they are unable to help the payback to the Government. Therefore the poor become very poor.

4. Slide show on an Island

Before migrating the rich people it was ~~at~~ a lovely Island. After ~~the rich~~ coming of the rich people they made fence and they kept a big board No entry. ~~Less~~ passers will be persecuted.

The poor people are suffering, because they don't have anything to eat and they die because of starvation. Those who are inside the fence; they enjoy the life without any suffer or pain. They are not aware of about others, they do their own business.

5. Slide show by Dr. Sudbarshan

The Medical doctor is doing in his village the wonderful work with the help of his brethren. He teaches the mothers how to take care of their child and soon.

VIII. In your opinion what is the role of a Community animator or catalyst?

The animator should help the community in all their difficulties, and bring ~~them~~ up the community from their hard situations.

The animator should teach them how to overcome ~~the~~ from their economic ~~and~~ problems. He should teach them how to earn money and how to cultivate the grains, vegetables and so on. He should teach them how to catch fish and etc. therefore they may be able to earn for their daily food.

The animator should help the poor in their knowledge ignorance and give some knowledge about the sickness and the cause of sickness and help them to come out the sickness = to give some remedies.

IX. What ~~has~~ have you understood during this week as your future role in the community in your vocation as a Franciscan Brother?

In my vocation as a Franciscan Brother, I already came to know something about the community; and their main problems. First and foremost I should know the background of the people of ~~this~~ ^{the} particular village; then I have to do my part for their wellbeing. I should know their custom and culture of the people and I have to act according to it.

II What do you understand by the term Community health?

Community health is the state of physical, mental and social well being of the whole group.

X Give us positive or negative comments and suggestions about the methodology of the course?

I would like to express about the course, that, this course was very useful for me. Because first and foremost I came to know about the C.H.C ~~and~~ as well as the helpers are Doctors. I have thought that only missionaries are doing or helping the poor, but now I understood the doctors also are doing a wonderful job for the poor.

Since most of the time of my life, I was in Kerala therefore I ~~don't~~ did not come across about a slum or a village. But from the doctors classes I understood that the clear cut of the suffering people is in a village or a slum place therefore I have a chance to help the poor a lot.

The methods of teaching is very good because after a lecture there is a slide show after that there is a discussion; these all methods help to clarify in a good manner and ~~well~~ we shall understand in a proper way.

Positive

The course helped me very much to study about the poor people - what could be a good community and so on.

Through slide show you show the difficulty of the people who live in a village or in a slum place.

I Community health development :- Community
It means living together

with a single purpose for the sake of others or society, especially for the poor. This way of united life have rules in order to practice fellowship and brotherliness or sisterliness, harmony and mutual understanding under a single leader. It respects and unites each other. Its actions are for common goal. It is not an organisation but an organism. It unites each other in actions for common goal. It is a chain linked. It listens, respects and gives whole self. It partakes joys and sorrows. It is united under love, trust and faith. It liberates and frees with openness of its members. It is Human and God oriented. It helps each other to understand others and forgiveness is practiced. It is interdependent on each other and appreciating each other.

Health:- It is free from physically dis comfort and unpleasant irritation and, itching and aches. It is a integration, harmony, physically and mentally well balanced. Healthy has will power, appetite normal, active and strong. Doing things proper manner. Reasoning out things, good sound, active participation and good relation with others. In briefly Physically mentally, socially and spiritually well balanced persons.

II Community health:- It means work as a group for well being of the people. They may do and teach about their circumstances and its members. Conscientious the people about life situation. They may work as social worker, they teach the people to How to organise, How to lead others. And According to needs of the people, Community health worker change, may be a doctor, social worker or a teacher etc.

III

The ~~re~~ healing and holiness :-

when people get sick, if it is (uncurable) because careless, the sickness will be increasing. He will approach doctor. But the doctor replies after ~~examining~~ ^{examining} the sick person, he says that he ^{will not be} healed. In this desparation condition the people having no means to cure the ~~sick person~~ ^{sickness}. So people increase their faith ^{in God} and ^{implore His} and asking the ~~headache, stomach, (or) even the~~ ^{help to} cure sickness. By their ~~sted~~ ^{steadfast} faith, they might be healed. It is because of ^{their} ~~steadfast~~ ^{steadfast} in God, He heals them in his divine love. It is holiness healed the person.

IV. Class system, caste system, and social, economical, political and cultural systems constitute Community.

V

Caste system: It is Though we all are Indians and there should not be any partiality, but still it takes root strongly in the hearts of the people. It is clasified ^{most of} ~~some~~ places according to Economical incomes. Low and Rich and poor, ~~low~~ high and low. Then those who are ^{working} under lord land lord, and among tenants, who always receive the favour of the land lord will be siding with land lord. The poor ^{er} will be called Harijans or parayas, the land lord will be high Caste. Though poor's caste may be high Caste but in mind of land ~~lord~~ they are low caste. (stone breakers).

Panchas - Eng insulin

VI I learnt from the skit on consciousness and different approach of development is that. Each system persons, rationalist, doctor, priest, poojari youth group approached a person who is bound by the all ~~the~~ existing system, to overcome this system. by this people approach through their mean which can help him to ~~be~~ release him from trap. And finally he was released. That means these people who suffer lack knowledge, lack of religiosity and people are also there to make aware their real rights.

VII From the ~~man~~^{mon}soon game, I came to know the different class system and a main occupation is ^{Cultivation} ~~of~~ farmers. ~~same~~ The drought season, profit was less. money lenders, Government aid, came forward to help. The Govt aid help only high class. The poor people were rejected. Even money lender ~~left~~ didn't help the poor. lack of money. they didn't have sufficient food get sickness and the daughters of the families not given marriage. But Among rich people too came forward to help financially, but poor didn't approach because their low dignity, poor, low class.

VII During these one week of community health.
IX we I am not only a transie brother. but a health
worker. through differer ways. Community
health also is very ~~ess~~ essential for apostolate.

~~VIX~~
VIII In my opinion the role of animator or a catechist.
is to give guide lines to the people. And help
them to organise things well order. But we should
do always ~~they~~ they ~~or~~ won't learn't anything.
our aim is to teach them ~~to~~ and show the way
and direct them.

X This way methodology is appreciatable. ~~for~~ It is also
~~way~~ means to ^{be} approach^{ed} people by the Religious. It.
This method enlighten's us that the prophetic
role of ~~the~~ function. fight for ⁱⁿ justice. This
Course, ~~is~~ ~~ma~~ health work, ~~social work~~ is
best means to approach in the rural area.

1) Community is a group of people who have a similar way of looking at life and lived under a common leader. ~~So~~ Members share its belongings. The members share ~~the~~ joys and sorrows of each other. It is not an organisation but an organism. Love and concern unite them.

Health is the spiritual, mental and social and ~~spiritual~~ physical well being of a person. In other words it is not mere absence of sickness. ~~So~~ ~~Health~~ Being healthy is a dynamic process.

Development means the progress in attaining the goal. The positive steps to become fully human.

(2) Community health is not mere physical well being of persons. It is the integral well being of persons as part of human society. When we speak of community health, we give ^{special} stress to social aspect. ~~well~~ ^{well} organised community. Every one must work for community health.

(3) Healing is a process to wholeness. Healing is not mere curing. It is the liberation of total person from all kinds of bondage.

④ Political, Social-cultural, Economical and religious systems are the the factors which constitute the society.

⑤ The above 4 systems constitute the society. In the slide shows and classes gave a picture of existing systems.

Political system.

- Decision making and handling the power are done by high class peoples. They are not concerned about poor ones. Therefore oppression and exploitation are prevailing here.

Economical system

Rich and poor.

Out of total population

- 10% Top class.
- 20% middle class.
- 70% - Low class.

60% of the farmers do not own land.

80% of the worker do not get just wages.

80% of the nation is enjoyed by 20% of the population.

Social system & cultural

- Social discrimination -
- Untouchability -
- Caste system
- class system.

To change the social system is very difficult because of caste system.

Skit

Consciousness - approaches - values.

⑥

The vast majority of Indian masses are struggling with their problems - problems ~~based~~ ^{arised} from the existing Socio-Economic systems. Govt. and other agencies are trying to help them. But ~~the~~ worker's (ordinary people) is too enslaved to be liberated by their remedies. Most of them, except the village animator (the symbolic figure of an ideal Community Health worker), fails to realize the original basic problem. They misunderstand symptoms as disease. Their welfare & ~~modern~~ ^{modern} ~~educational~~ approaches are not helping the victim. At last the critical analysis of animator (C.H. worker) finds out the ~~cause~~ ^{social system}.

as real problem & provides a solution accordingly. At this state the sufferer makes use the chance and liberate him self from bondage.

This skit invites us, the would be Community Health workers, to deal the social problems, not in a superficial manner, but in in the grass root level. The total liberation is our aim.

7

Questions from Monsoon Stimulation Game. :

- ① Even a single village community is a mixture of different communities - rich, poor, middle class families & Untouchables etc.
- ② The villagers are still depend on seasonal rain for their cultivation - The rain is often irregular.
- ③ Most of the villagers are not educated. They don't show great interest in cooperating with development workers and Banks.
- ④ Money lenders, though they charge huge interest, are a help to the ordinary villagers. But from his bitter experiences with ~~from~~ poor, ^{now} his friends are only the rich, not the poor.

- ⑤ The rich are not ready to share.
- ⑥ The survival of an ordinary villager is a luck.
- ⑦ Lack of co-operation, joint effort among villagers.
- ⑧ Politicians are trying to fish in the troubled water.

8 Role of Community Animator :

Community animator should analysis the existing system carefully. Through constant interaction with people he has to understand the merits and demerits of the present system. He must accept the good elements and promote it. He ~~can~~ has to take initiative to find out the new methods and ideas for community. But these must come from the community. He ~~in~~ helps them to work out this plan.

In short he acts ~~as~~ ~~an~~ only as an animator. Not as ~~an~~ a police officer or dictator.

9 My Vocation as a CST Brother, and Future Role.

Now I find that, it is a need of time to change the pattern of our social work. Now I cannot be mere a 'bread giver' or mere 'medicine supplier'. There are really 'floor moping'. But my vocation is to be a 'tap turner'. I must analysis the existing system which is exploiting. First of all ~~my~~ I myself must be convinced of my role and as a second step I must convince my own community.

Thus I can effect a joint action for the betterment of the community.

The following points are very important ~~for~~ for me

- ① A critical study of Society.
- ② The Capacity of community.
- ③ To make a new awareness.
- ④ To get active participation from people.
- ⑤ To 'teach fishing' rather than giving 'fishs'.

⑩ Some positive and negative Points.

Positive

- well organised -
- fully committed staff.
- Relevant subject & practical.
- ~~for~~

Negative ÷

- Lack of time and as a consequence some important points ~~are~~ did not explained well.

Community Health Cell Course Roll No: 119

1. ^{community} Community is made up of people who have ^{customs} ~~customs~~ ^{customs}

and ways of looking at life and who think of themselves as belonging to that community. The people of each community live in a particular space that can be defined. Each community has created laws or institutions to serve its people. Each community has a common language, or at least a system where by its people can communicate with one another. Each community has a certain problems that unite its people in a common cause.

Health is the spiritual, mental, social and physical well being of a person.

Development: A term used to describe a process of social action in which the people of a community organize themselves for planning and action, define their common and individual needs and problems, make group and individual plans to meet their needs and solve their problems; execute these plans with a maximum of reliance upon community resources, and supplement these resources when necessary with services and material from governmental and non governmental agencies outside the community.

2. Community health is not mere physical well being of persons. It is the integral well being of persons as part of human society. When we speak of community health, we give a special stress to social aspect - well organized community. Everyone must work for community health.

3. Healing is a process to wholeness. Healing is not mere physical caring. It is the integral liberation of man.

4. ^{poth} Social, Economical, political, cultural and religious systems are the factors which constituted the society.

5

Political System

Decisions and making and handling and the power are done by the rich people, they are not aware of the situation of the poor people. So oppression and exploitation are prevailing here.

Economical

There are ~~to~~ categories of Rich and poor. We can divide the population like this:
 10% high class, 20% middle class, 70% low class.
 60% of the people do not have their own land, 80% of the workers do not get just wages.

Social and cultural system

Social discrimination
 - Caste System
 - Class System
 We cannot change the social system because of Caste System.

6 The vast majority of Indian masses are struggling with their problems - problems based on the existing ~~system~~ Socio. Economic systems. Govt. and other agencies are trying to help them. But workers - ordinary people - is too enslaved to be liberated by them.

Most of them, except the Social Animator - the symbolic figure of an ideal community health worker, fails to realize the basic problem. They could ~~not~~ ^{may} understand symptoms as disease. Their welfare and modernizetional approaches are not helping the victim. At least the critical analysis of ~~Animals~~ Community health Worker find out the social system as real problem and provides a solution accordingly. At this state the sufferer makes use the chance liberate himself from bondage.

- ① Even in a single village there will be different classes of people - ~~as~~ rich, middle, poor.
- ② The villagers are still depend on seasonal rain for their cultivation - The rain is often irregular.
- ③ Most of the villagers ~~workers~~, don't have interest to cooperating with development workers and Banks.
- ④ Money lenders, though, they charge huge ~~very~~ huge interest, are a help to the ordinary people. ~~his~~ friends are only the rich not the poor.
- ⑤ The Rich are not ready to share with others.
- ⑥ The survival of an ordinary ~~is a~~ village is a luck.
- ⑦ Lack of co-operation, joint effort among villagers.
- ⑧ politicians are trying to catch fish in the troubled water."

8. He must accept the good elements, and promote it. He has to take initiative to find out the new methods and value for Community. He should more aware about the poor, and take initiatives in their problems.

9. As a Religious Brother I understand that, I cannot be mere a 'bread giver or some medicine giver. This is like really "floor moping". But my fate is to be a "lap turner". My ~~So~~ Apostolate activity is not one to give man a fish, and feed him, for a day. But Teach man to fish and freeing him to for life".

(10) All could follow the classes. It was more practical than theoretical. This course also enlightened my mind with new ideas and personal experience (by slides case studies, dialogues, ~~etc~~ group discussions etc) + It was not a lecture but a sharing.

(1) What you understand by the word community, health and development?

Community is a group of people living together with mutual understanding and a common goal. A healthy community also has the qualities of understanding, acceptance of each other, sharing, listening and respecting, peace, harmony and brotherly love.

Health is a state of physical, mental and social well being.

Development is a state of growing in all the directions.

(2) What you understand by the term community health?

Community health is a state of physical, mental, spiritual and social well being of the whole group.

(3) What are you learn about meaning of healing and wholeness?

Healing is not merely curing. It is done to a whole person. By healing a person becomes healed spiritually and mentally.

(4) What are the systems that constitute by the community?

Economical, Political, social

2

Cultural, Religious and language systems.

- (5) From the various slide show and various studies write a few words about each systems ?

Difference between rich and poor.

Minority enjoys, country is undeveloped east system, unemployed, poverty, lack of education Religious plurality health problem All these we can see from the various slide show. Rich people are not aware of their poor neighbours. Various slide shows and study I understood that the social, Economical and political condition of India. From the Ramak's story we find out that the existing system which caused for child's death. Various story show the social system. And Thirumelli shows political and Economical systems.

- 6 What did you learn from the skit on consciousness and different approaches to development ?

From the skit on consciousness and different approaches to development I learned that many give something to the helpless man, but they are not interested to know the real situation

- of the person. Finally one who gave the brief made him free. He became conscious to see the different problems.
- 7 What did you learn about the village life from the Monsoon game?

Rich are becoming richer and richer and the poor are becoming poor and poor.

- 8 In your opinion what is the role of the community Animator?

He must be a selfless person aiming at the whole development of a community. The animator should teach the people ~~how the~~ what is the causes of problems, and how to overcome it. He should help them to make use of the opportunities Government gives.

- (9) What have you understood during this week as your future role in the community in your vocation as a Franciscan brother?

As a religious brother I can help the poor people by make them aware causes of the problems and how to overcome it. I can teach them how to earn money. According to the rules and regulations of the congregation I can help them with food and money.

4
(10) Give us your positive or negative comments and suggestions about the methodology?

Your team spirit is appreciable and also co-operation community &

The course of community health and development is very helpful to us as a Missionary. Though your standard is very high yet all of you tried well to come our level and ~~teach~~^{taught} us. Your teaching method was not one way traffic.

1. What do you understand by the word Community, Health and Development?

① Community: - By the word Community I understand that where 3 or more people live together aiming at the same goal. When we speak Community it is a group of tolerance and adjustment and helping each other to come up. The Community has lot of ~~qual~~^{ness} ~~prop~~ Such as: Unity, mutual understanding and sharing, common goals. It is not merely an organization but an organization. The aim of the Community is to achieve something good. Community has a common end. It feels oneness. Community understands its members personally.

② Health means I according to me In a state in which man is perfect i.e. in physical, mental, social and spiritual. It is not possible to become perfect in all these, so in a state in which man is more or less balanced ~~in~~ in physical, social, mental and spiritual. It is a dynamic process.

③ Development: - In my view an equal society is in which all there is no division of feeling of lower, higher or middle all equal. It is a development. (All are treated equally, everything is meant for all and all have the equal right for everything)

2. The term Community Health I understand is not only the physical growth and strength of ~~person~~ ~~the~~ a Community but physical, mental, social and spiritual. When each individual of the Community grows in this manner naturally the community will become healthy.

3. What I ~~understand~~ understand concerning health and wholeness is that: health it does not mean just feel or cure what we see outside rather it is going beyond the exterior things and thinking out the root cause, if we apply medicine for the root cause it will surely cure eg: When we keep medicine ~~for~~ in a wound first we clean it properly and then we keep medicine. Jesus also has done the same thing.

4. ① Caste System - doesn't allow the low caste to come up.

② Rich and poor - Oppression and the poor are forced to be poor.

③ Political System - In the name of the poor they become rich and doesn't care for them.

④ Social System - no education, so no awareness about the rights

⑤ ~~economic~~ ~~system~~ → besides all this there are so many other things which constitute the community such as Government, the given situations and so on.

5. I could understand the problems, the lack of co-operation of the people, exploitation of the ~~poor~~ politicians and so on. No concern, doesn't know to make use of the chances - no education etc... etc...

5. No body is interested to know the real situation of the back ground of the person, all are ready with the ready made solutions and through this the helpers aim at their progress of development. It is confusing us that out of 100 there are also one or two real committed people. It is also good ~~and~~ ^{as well} that the social worker should make the way or show their problems and the people they should break - and come out of it, then they will understand the value of it.
7. According to me he should be an educated person and should know the problem of the people as well as the difference between the poor and rich. Then he should make them to understand how can they come up. Should help them to make use of the opportunities, that are given by the Govt.
8. This week was indeed an enriching one. I could understand so many things, such as the life of the poor people and the differences between the rich and poor. (and more or less the problem of the 5th and 6th questions). As a Formician and as a Christian I feel that I have a great role to play. Now how to do and what will do? For this I am not able to give a ready made answer because it is depend upon the place people and my own abilities and the limits.
9. personally I appreciate your team spirit and ~~your~~ Co-operation and the willingness and also specially the service that you are doing to the society. personally I can say that I did not find negative points in the methodology that your team ~~uses~~ follows but I don't say it is perfect because we are not perfect. ~~that~~ ^{if} when ever we begin the classes it is good to have a small project, even if in my best of people.
-

- I The word community Health ^{Development} means that the advancing stage or successive stage of happiness and peace in the community so it is a healthy way of living.
- II Where there is Justice equality Peace and Happiness come among the people or a state in which it is active.
- III In community Health Development the making means to bring out equal in the state of life or in society.
- IV The systems are social, Political cost ~~and~~ ^{only} bounded laborers system ~~and~~ and Economical system.
- V
- (i) Social systems.
- I cost system.. Each group has been sent for a special purpose and divided into groups according to the work or occupation.
- Bounded laborers system
- A family or a person ~~bound~~ ^{bounded} to work ~~for~~ ^{fully} for a rich man. and so they are not getting the minimum or wages for their ~~work~~ ^{work} ~~costs~~. There fore they are suffering.
- III Economical system - Thus in this system way or one person is rich. other group is minimum. If other group is poor. Here the rich becomes more rich and poor becomes more poor.
- Political system Rich people have more influence on the people there for they take as much as they want by these on ego.

VI That skit has made a deep awareness in me. Every ~~man~~ human longer for growth, but but he was ~~to be up~~ ~~held up~~ by social political economic and religious systems so he cannot grow. He has given the some of needs but and he was happy but he could not enjoy it, at last he come out ~~the~~ ~~out~~ through, the help of ~~those~~ community animators. There for we must first out the scale cage and free the people poor and ~~be from~~ and bring to a healthy community.

VII Village ~~are~~ having these bonds of people Rich middle class ~~for~~ and poor - the poor become very poor and Rich become ~~more~~ more rich. The help which comes to the poor going to the rich and they live according to ~~the~~ through sickness and poverty.

VIII A community animator or catalyst helps to bring out a change in the village or community that must be ~~for~~ for the poor and oppressed and make them to understand their way which they ~~stand~~ and make them to come out from that situation.

IX As a franciscan Brother we should ~~under~~ understand the ~~to~~ suffering of people and make them to ~~under~~ follow the ~~exact~~ ~~scale~~ way to freedom and their own ~~at~~ identity.

X This classes make me to think ~~the~~ ~~me~~ more and act according to that. Through this classes we ~~are~~ ~~are~~ ~~are~~ our own tomorrow to one another. ~~that~~ and to know many things by asking questions. About one subject about how - continuous classes there for we may not have more dissatisfaction.

Thank you.

I What do you understand by the words; community, health, development.

① Community: It means a group of people living in a defined area of having a common interest or organization. Where they live there they will have some interaction and purpose and unity. Mutual understanding living with a chain linked mind and heart.

Fellowship, love, oneness and brotherhood are the characteristics of a true community.

② Health: In human beings, the extent of an individual's continuing physical, emotional, mental and social ability to cope with his environment. If a man is really healthy, he will be always happy and cheerful physically, mentally, socially and spiritually.

Physical - No bodily sickness, physical balance and social, free from contagious sickness, active and energetic.

Mental - Courage, Reason and things, Harmony and adjustment. Mental balance social, will power and happy and joy full.

Social - Active participation, integration feelings to others and support to others.

Spiritually: - Right thinking, concentration, pray well and do meditation.

③ Development: - Is the process of developing growth. A doctor followed the child's development closely. It working out in greater and greater detail. A group of similar houses or apartment buildings built in open land or in place of old buildings.

III What do you know about the meaning of health and wholeness?

Healing means, there are ~~and different~~ kinds of healing. eg: When we get a wound on the body after one or two weeks it will heal or cure provided we take care. Same way when someone is sick we take him to hospital, after the check up the doctor will prescribe some medicine. When the patient follow this prescription for some time he ~~is~~ gets alright this also can be called healing. Then mental healing. But if we take the meaning of healing, to wipe away the sick as any other problems, man meets his day to day life. Wholeness means the state of being without sickness. Hence for the person say that he is alright

iv What are the systems that constitutes the ~~to~~ by the community?

One system that one constitutes the community mostly power, prestige and property. But there are ^{also} cast system and language.

v From the various slide shows and various studies would a few words about each system.

one first slide show:-

Mainly the realities which are happening around us. Such as

- Difference between rich and poor.
- Country is underdeveloped, miserably enjoys, those who are poor always poor, the rich are always rich.
- Caste system, unemployed, ill health, no proper food, Medical and educational and accommodation facilities,

1. Poor people are not cared well and no human respect.

- Lack of education poor people are not aware of the injustice that they are undergoing, and about the education of their children. They are worried about their daily life.

2. One Slide Show which shows by Dr. Ravi Narayanan.

- Socio, economic and political conditions.

- caste discrimination.

- We should teach them the easy methods and to cultivate and make use the money in better way. Instead of giving a fish to a man and feed him a day, teach him to fish and feed him everyday. Our support and encouragement are necessary for the poor people to come up in their life.

3. Raskates Story:

existing system, ignorance of the parents because they were not educated. Actually government is the responsible for the death of the child. Doctors ~~are~~ ~~not~~ have no concern for the poor people, they are working for money. Cost of the medicine and the proper medical facilities are also can be the cause.

The false belief of the people.

4. Slide Show on an Island.

Before the migration division of the rich and poor the island was a loving community. But after that because of the selfishness of the rich people, the poor people are abandoned. They are struggling for their lively hood, at the same time the rich put a fence around them

enjoying life, not even aware of what is happening outside. But some of them are willing to help the poor outside, but they are frightened of others who are with them.

5 Slide Show by Shows by Dr. Sudhassan.

The ~~medical~~ doctor is doing wonderful work, taking ^{people} aware of taking care themselves.

VIII In your opinion what is the role of a community animator or Catholic?

The ~~duty~~ role of the animator should help the people in their difficulties and be one of them in their every needs. The animator should teach the people about the better way of living ~~means~~ how to adjust with the ~~in~~ come and ~~some~~. He should teach them about better way of cultivation and introduce them new seeds and medicines and how to utilize it. He should be aware of the growth of the people both physical and Mental. He must be a leader to them and be able to control them. He should show no partiality; should be same person for each and every one of them. He should be a person available to all at all time, and should be a guide in their improvement at all levels.

VI What did you learn from the skit on conscious and different approaches and development?

The pujari, priest, Scientist, Educationist, Health worker and the animator are approaching the people and offering them some sort of solution. But the person is not ready to

to liberate from this present situation. Certain solutions which they are giving, he is not even able to try. The main reason is that he is uneducated. ~~The same~~ way they are not ^{able to} understand this pitiful condition.

Prasad: creation, rebirth, welfare approach

Ram: welfare approach

Seeds: relatively some practical, modernisation, rational transformation, according to the situation

Prescription / inspection: modernisation

Education etc: modernisation

Health worker : "

Prisonator : Social justice

VII What did you learn about village life from the ~~modern~~ game?

The rich are becoming richer and richer, poor are becoming poorer and poorer. The government is ready to help but the poor people are not able to get the help because they have to pay back to government. Suppose like epidemic or something happened for their cultivation, the next year they won't be able to crop a good harvest. Due to this they won't be able to get money back what they have borrowed from government and from here and there. The government and other people like social workers are ready to help them. But due to the ignorance of the people, they don't make use of it. They are just living as they are; they don't want to improve. And they have contact with even the neighbouring village.

IX What have you understood during this week as your future role in the community in your vocation as a Franciscan Brother?

Being a missionary brother, I will have to line in the different parts of the world, and mingle with different people who have different culture and background. ~~Then~~ By this course (C.H.D) I came to know many things about a community and its problems. Whenever I go first of all I must make study of the people, group, background, culture and way of life. Then I must think what I can do for them in this situation without any hesitation. Since I know some thing about a community, it would be easy for me to deal with the people and tackle the problems. And with the help of this study I may be able to close the tap right from the beginning instead of starting to mop the floor.

X Give us a positive or negative comment and suggestion about the methodology of the course.

According to me the present methodology is satisfactory. It would have been better to take these continuously instead of mixing up. This course is rather good and useful, because many of the things that have been taught were new to me. From the part of the brothers who are taking class for us showing such interest to make this course fruitful. One suggestion is that, it would be good to form new groups whenever there is group discussion.

Thank you.

— What do you understand by the word community? health, development.

Community. Group of people usually living in the same area who are bound together by similar customs beliefs and outlook. without self interest. (The mitchell biography vol 16 knowledge library A-K. Part index. P. 182.)
Health it means much more than not being sick it gives us feeling of good spirit when we are healthy we say 'feel great' we are happier and to better words health helps us to enjoy play sports and parties it also helps us to make friends. Health as a whole includes physical mental and social health. All part of our body must work together properly to give us physical health. Our mind must act normally to give us mental health we must enjoy being with other people and them must enjoy with us for social health. (The world book encyclopedia. P. 123.)

Development It is a remarkable changes and happenings that occurs in a special period of time in all the aspect. Especially in human life, it can be of the 4 aspects. Physical, Economical, Spiritual and political.

— What do you understand by the term Community health.

Community health is a broad term that includes all aspects of public health and social services within a community.

— What do you understand by the term Community development.

A term is used to describe a process of social actions in which the people the community organize themselves for planning and action: define their common and individual needs and problems and solve them: execute these plans with a maximum of reliance upon community resources and supplement these resources when necessary with services and material from governmental and non-governmental agencies outside the community. (International cooperation Administration C.D. Review Decem. 1956).

— What do you understand by the word healing?

The word used by term healing, has a vast meaning that is. whole development of the person. not only of physical but also mental, psychological aspects of one's life. Also defines to the attitude of the person, and the relationships ~~also~~ included. And to the approach to the person as a whole being.

— What are the systems that constitute the community. from the various slides show?

The four major prevailing systems are

Political system The two houses of India.

Economical system The two houses of India. (monsoon show)

Social system

Religious system. (Caste system) cultural system.

All these systems are interlinked.

- What did you learn from the skit on consciousness and different approaches to development?

First of all it was not a real approach to a development; all those who came across this village did not study the actual happenings. Yet at their arrival (Doctor, Development worker, religious leaders, Scientist etc.) superficially they came to see the situation or the real life of the ordinary people. Still they were not ready to elevate them from their misery, but gives a little bit immediate help or advice and goes away and never comes back and sees them. Among them some were bonded by the rules and laws of the country, others ignorant of the very life of the people. As well as people were not educated. They tried to modernized the village not help them to come out of their own ills and difficulties such as poverty, ill education, sickness, malnutrition, bonded labour, etc.

- What did you learn about the village life from the monologues?

It was of a single village consist of many classes and formed different communities. Such as 1- Upper class families communities, 2 middle class communities, 3 lower class families or communities, and 4 haingam communities. Among these the Upper and the middle class families possessed a good amount of lands and they did their education. But the lower and the haingam did not ~~had~~ have the facilities. The rich became richer and the poor become poorer. During this period there came ^{a few} ~~some~~ people such as money lender, ^{development worker}, social worker, Bank officers etc. yet they were also favoured the rich people, not the poor. But the development worker did not have a good will to visit the haingam and the lower class communities. As a whole there were no cooperation in the village upper class consulted with the same class, but the lower class never dared to consult with the upper class, lower classes were maltreated by the upper classes and in the lower class communities we found more economical problems, sickness, malnutrition, death etc.

- In your opinion what is the role of a community Animator?

According to me the community Animator has the duty to analyze the existing system and study the whole life situations of the people within a few days. Organize the people into one block, educate them, make them

3 aware of their own rights and help them to find total freedom from injustice, slavery, poverty, equality etc. Above all it leads them and make them leaders for the future. make an understanding among them that they all are equally important.

- Give your positive and negative comments and suggestions about the methodology of the course.

Five points.

- a classes are very simple (understandable)

b classes are very interesting because it is just like a discussion.

c More practical than theoretical

d classes also are from the personal experiences.

e The method of teaching is very acceptable.

i sharing of the knowledge of both sides imparted more ideas and insight to the knowledge of each one.

Suggestion. Classes would be a little more meaningful and convenient if this is conducted continuously with out ~~breaks~~ break. (I mean to say, discontinuing for one week etc).

- what have you understood during this week as your future role in the community; in your vocation as a Franciscan Brother?

First and foremost as a Franciscan Brother I've to study the prevailing customs and practices. I should have the thorough knowledge about their life situation, about the various groups or classes. Their political, socio-economical and religious background. then approach the people with a smiling face and make them aware of their own rights. Make the people aware that they are not treated by the rich, educate them to conduct themselves in various activities. Give ideas, insights to develop ^{their} potentialities and fight for the social justice.

3/5/90

SUBJECT - C. H. D.

Bro- Michael Bhengra
R. No - 120

Ques. No 1 - What do you understand by the words, -

Community, health, and development?

Ans - The term Community, in general sense, it is a unity among people.

In the literary sense, It is a group of people live together for common purpose, where there is mutual understanding, support each other (spiritually or physically) justice, equality, ~~etc~~ brotherly love, sharing etc. Community does not show partiality but look for common welfare of the Community.

- Health : The term health means - Mentally, physically, socially and spiritually. Be well being. health is a dynamic process. it bring harmony in life.

- Development : It is an initiation towards progress, to bring about the reality withing the Community or abroad.

2. question - What do you understand by the term - "Community health"?

Ans - The term Community health means well organized Community. It vary's in administrative form and name, But all have a primary concern for local participation in processes and programs of economic, social and political development. Common local "Community health" projects includes Construction of secondary roads (2) income producing activity - credit union, cottage industries and handicrafts. (3) Local government Community Council (4) adult education activities. (5) health center (6) social and recreational activities (7) Child care.

Q. N. 4 - The system constitute community from various ways. through the slide shows and study we learned that. the community constituted by political, social culture, economical and religion these are the four main factors that constituted our community.

Q. N. 5 A slide show on the two faces of India.

Here we see four main course, from the various slide shows. namely (1) India is not a problem but free country.

(2) Economical system is the basis for the rest of the system.

(3) Our society is a stratified society (power prestige and heression; These are the four main causes and system that destroy the society especially the lower class people. They are exploited, and deprived of human rights and dignity.

Further we see our society is divided into different classes: . . . upper class

Lower upper class

upper middle class

Lower middle class

upper lower class

lower lower class etc.

This class system prevent people to mingling each other, thus rich people become richer and richer and poor people remain poor.

Q. N. 3 What have you learned about the meaning of healing and holiness.

Ans - According to me healing means - Physically well being, by the super natural grace of God. In the Gospel we find Jesus cured the people those who where sick and the same time he frees them from the bondage of sin.

Jesus in his life time healed the sick and at the same time he forgives them ~~from~~ for their sins, by doing this Jesus wants people to be not only Physically well but also spiritually well. In the Gospel of St. Matthew 20: 29 - 35 we find Jesus ~~crossed~~ cured blind men, and their deep faith in Jesus made them well and they could see. here in this passage we see blind men physically cured and instructed to lead a holy life having faith in Jesus. Thus holiness mean lead a virtuous life having profound faith in the lord.

6 All those who give to the person, do not take into account the presence situation of the person, But give what they have, not in a systematic way. So basic needs are not met by the person in need.

7 Monsoon game :- Villages of various Caste and Creed are divided even by power and money.

All are trying to solve their own problem they do not reach to others. Thus some people injury life and most of the people suffer. Therefore the system of their life situation has to be changed.

8 Community animator :- Leader, the local situation, mixes with the people, gives this ideas and views brings altogether, must be Perseverance and develops in their activities.

9 I must be a tap turner than floor moper, accepting of all good in existing system and ~~Eliminate~~ Elimination of all the evil in the society. In order to understand better, I must live with people ~~to~~ in the existing situation.

10, C.H.D. is giving good classes
on important subjects which are more
useful in our life.

It would be better if Professor would explain
in detail, the subject matter.

11, As a franciscan brother, I should have
the charism of the St. Francis, who served
God through serving people by his words
selfless action, words & ~~knowledge~~ knowledge
for the people.

13) Healing is possible only the person who wants to be ~~healed~~ healed. Then the healer work may be success. we see in the New Testament, Jesus was going to the countries and he healed the sick people such as leper, dumb, lame, fever and driving the demons and so on. This was possible because of their faith. They were eager to be healed. They were ready to listen to the words of Christ. And also from the various Gospel quotations, we understand the people requesting ~~at~~ Christ. (Mk. 2/1-11; Mt. 20/24-34; Mt. 15/21-28) After healing Jesus has ~~used~~ said to say "Go in Peace". Your faith made you well."

wholness: Healthy in body, taste, words or condition

4) protection, trade and industry, transportation, communication, education, occupation, government and religion, are the constitute our community.

5) From the slides show and stories, the weaknesses in bringing in perfection of the existing systems. Such as protection, communication, education and so on.

protection: no health, no ~~prop~~ property, no house, no food

transportation: to move one place to another place no

travelling facilities.

Communication: are not in lower language; illiterate.

(6) All those who give to the person, do not take into account the present situation of the person, but give what they have. ~~not in a~~ not in a systematic way. So basic needs are not met by the person in need.

(7) monsoon game: villages of various caste and creed are divided ^{own} even by power and money. All are trying to solve ~~their~~ ^{own} problem. They don't search out to others. Some enjoy fully. Some ~~struggle~~ ^{are} starating. So the system has not changed until now.

- (8) community animator: leader the local situation, lives with the people, gives his ideas and ~~his~~ views bring all together, must be ~~persuading~~ persuading and develops in their the 8-activities of human.
- 9) I must be a tap turner than floor moping. Accepting of all good in existing system and elimination of all the evil in the society. In order to understand situation better, I must live with People.
- 10) classes ~~are~~ good collection of opinion from students ~~are good~~. But it will be appreciable, if the person, who takes the class, take the opinion whether it is right or wrong. It was interesting.
- 2) Community health means the health of every one in it. It is one the basis conscience of the government. All must work together to keep people healthy and also it is the duty of ~~public~~ public health workers.
- i) Community is made up of many people who have similar customs and ways of ~~working~~ ^{looking} at life and things ~~of~~ belonging to that community, which is the part of other larger community. It is ~~is~~ defined in particular space. It has laws, common language and problems.
- Health: As a whole includes physical, mental, and social health. body should work together to give. P.H. mind, ~~must~~ must act harmoniously to give you. M.H. You must enjoy being with other people. S.H. There are the things that we need to promote in a group which is GHD

Answers.

Community.

I

(a) According to my understanding a community is a social unit where in the members are permanently bound together by love and responsibility and have a common purpose or view. It can be a family, society, charitable society, religious community, political community or a village community. It is a group of different people of various ideas, beliefs, culture and economic aspects but united for a common purpose.

(b) Health

Health means much more than not being sick. It gives us a feeling of good spirit. When we are healthy we feel happier and do better work. Health as a whole includes physical, mental, social and (religious) health. The parts of our body must work together properly to give us good ~~health~~ physical health. Our mind must act properly to give us good mental health. We must enjoy being with other people and they also must enjoy being with us for social health. And also we must experience divine presence in our life to enjoy the religious or spiritual health.

(c) Development.

Development means a process of growth in ~~economic~~ ^{economic}, social, cultural and spiritual aspects.

(2) Community health means the ~~and~~ the economic, social, cultural and spiritual conditions of the community. If the community is well set up, all people are able to see their day to day needs; the people are educated; the people are ~~at~~ physically alright and

economically and socially balanced we can say that community is healthy. And also there must be love, responsibility and openness ~~for~~ to build a healthy community.

4 Economic, political, social and Religious systems constitute a community. These all systems are inter-connected.

5 Economic System.

Economic system is the basis of all other systems.

In the community there are rich and poor; land lords and landless. The poor people always have to depend on the rich and they ~~are~~ are exploited by the rich. The rich possess most of the good amount of the land and income. The poor people have to manage with their little land and ~~very~~ very low wages. Though our country possess a lot of wealth it doesn't reach to everybody. Since they are poor they are not able to get proper education and other facilities like hospitals or other public institutions. The rich become more rich and the poor become poorer.

Political System.

The rich have power and influence. Actually they are the people who control the community. They possess authority over the community because of their power and economic conditions. All the ~~decisions~~ decisions are made by the rich people. They are the people who always ~~comes~~ come up to the leadership. They enjoyed all the privileges. Whereas the poor people have no sound in the community. They have to follow the decisions by the rich. There is no chance ~~of~~ for the poor to come out from their low life conditions. Always the the rich ~~tries~~ try to oppress them.

And the poor people thought that it is their lot.

Social Systems

The social systems mainly depends on education and cast system.

Only the rich people can afford education. The poor children are not able to go to school because of their poverty and their life situations. They will have to go for work to help their parents. And moreover they have no proper schools and if there are schools there won't be enough teachers. So the poor people always remains ignorant. And the rich do not allow them to be educated because they know if the people are educated they will question the injustice done to them. And another fact is that even if they study they don't get a job. So the education doesn't comply with the life.

Caste is other social evil. It is the fundamental and unique social institutions of India. class system was based on education job or income. But cast system unfortunately ~~was~~ became by birth. The low cast people were always looked down. They have no rights in the community. They have to work always under the landlords like slaves and are being oppressed.

Religious Systems

Religious system consists in worship; structures and, festivals and beliefs. we can see that the people are guided by some superstitions and myths. For the rich people their richness becomes a means to cover the injustice that they do. After doing many crimes they go to the temple or church and give big donations to compensate their mistakes. And they feel that their sins are washed out. They are also able to put pressure on the religious authorities. The religious practices and festivals become

licence for them to do wrong. Again in the religious systems also one can find a kind of division like priests (poojaries) and ordinary people. The priests are ~~rich~~ considered rich and privileged.

- 6 I understood that development consist not only in one aspects but other factors also like economic, social and religious etc. we cannot satisfy a person by giving him some aids always. And if one gives them some help in means of money or other material helps they always will depend on us. ~~and~~ They will not make any efforts to grow themselves. So it is advisable to make a man conscious about his ~~life~~ life situation and help him to develop himself. Any how to grow himself he must be freed from all the economic, political and religious systems. (I mean the bad ^{side of the} systems). And to free himself he requires all these helps. certain extend one must be able to see ~~at~~ it also.

- 7 From the manzoon game I understand the differences between the rich and the poor. ~~one~~ A man's personality is depends on money and power and cast or religion. Though the government provides some helps and plans if in fact doesn't ~~it~~ help the poor but only rich. ~~because~~ The poor (low cast.) will ~~not~~ ^{know} about it only very late because they will not have any road facilities or other communications media. Now they will have to go through so many processes to get this helps or loans. And if they get it they will have to ~~spend~~ spend a good amount as bribes and other expenses. So very often the loans or other helps will not help the poor. Since they possess a little land always the poor will have to depend on the weather and their little cultivation. If the harvest is bad they will have to suffer. They will ~~have~~ be malnourished.

and thus become sick. At the same time they will have to meet other expenses also.

— But the rich possess more land and they have enough and more income. But they are not willing to share it with the poor. They are able to make use of all the loans and help from the government. And thus their productions every year go higher.

And very often most of the development workers will be their people. And they will be able to get the help of the authority also. Again we see that there is no proper communications and collaborations between the rich and the poor.

8 According to me the role of the community animator is to help the people to understand what they are, what are their rights and what is their life situation. Help them to grow and develop and also help them to make some decisions. He is an instrumental cause. His duty is to make an awareness in the people. He must go deep into the life of the people and live like one among them.

9 From the community health development class, as a Franciscan missionary brother I understood the vast areas of responsibility and work to be done. I am not only called to preach Jesus but to show or practice Jesus. And I am not only called for myself but for others too. I must be an ~~instrument~~ instrument to build up the community. My work is not to help the people by remaining as a separate person from the community and giving them some material help. But by being with them help them to grow themselves. I must be ~~available~~ available to them and go to them instead of they come in search of me. And also first of all I must help my community to which

I belong, to develop.

10 According to me the class method of the teaching is good. The method of explorations very appreciable. We are also able to express our ideas. Since I am a missionary brother I will have to live in different communities. So I gained much knowledge about the communities and systems, and the method of approaching the people and the life style of the people. It is good to give a good note of the class. Since we ~~have~~ ~~do~~ don't take classes continuously there is no continuation. So if we get a systematic note it will be very helpful. There is nothing to write more. When the classes get over we can give a good comments and ~~suggestions~~ suggestions.

(3.) Healing means the healing of a person in his physical, psychological and spiritual aspects. It is not enough to cure a person from his physical sickness alone. It doesn't help him much. When a person is healthy he is happier and cheerful. So the healing is ~~freeing from all his problems~~ freeing from all his problems. Then he will feel better. We see in the miracles of Jesus that he did not heal a person only physically but he healed the whole person.

Community:-

- (1) Group of people usually living in the same area, who are bound together by similar customs, beliefs and outlook - group of people living together for the same purpose - with mutual understanding and sharing accept and respect each other under the leadership of a common leader. Joy and sufferings, agreements and disagreements are the part of the community but love unites them. Community seeks harmony and brotherhood. All are not equal but limited - they organise themselves and liberate themselves.

Health:-

It is a state of physical, mental, spiritual and social well being. In our common understanding health is the condition of being well or not sick - freedom from illness of any kind. Health Rest sleep, exercise and cleanliness are important to one's health.

Development:-

Development is the process of developing or growth. For example. development in economy - development in growth - development of plans and ideas - Here development we take it as going to the people - to go deeper into the problems and difficulties and problems they face. What are the hindrances that to growth - in short - to know the real situation and find out and work out for improving the situation. We should be able to prevent - as than cure. We should make the people aware of their problems and situations and give them advice and correct information. Tell them what is the solution and what is to be done for the good betterment.

- (2) Community health is physically, mentally, and spiritually means not built a hospital or dispensary to treat for the sickness - but or to visit the villages and distribute medicines but to be one with the community. To get to know each other - to have dialogue with each other and to come to know the real problems and difficulties that the community faces - what we can do solve the problems and overcome the difficulties and think together how can we improve the present situation - whatever improvement we make it should be profitable to all.

- (3) According to the present understanding healing means - treat for sickness and cure it. but we forget to find out the cause for the sickness and treat it. The best thing is - find out the cause of the sickness and treat for it - then we can stop the sickness for ever. Other wise we will be ~~top turners~~ - floss mops - instead of Tap turners.

- (4) The authorities or social workers or even the religious people they are not really serious concerned about the difficulty of the people. From that I understand that nobody helps the poor man to get out of his bondage except the last man who provided the sickle to cut the rope and free himself - All the others were providing him fish - but the last man thought

taught him to catch fish.

(B)

The villagers life is depend on the monsoon. also how much facilities they have got - and how much land they got to cultivate. Those who have better facilities they will improve always - if the ~~monse~~ monsoon fails also they can pump water for their cultivation. But a poor man - who have no facilities such pump - well - buffaloes etc. will become poorer if the rain fails. And he have to starve - starvation causes many sicknesses - and finally death.

3) The role of a community animator a big job - it is a difficult job. Job in the same community there are people with varied opinions and suggestions. to bring them to gether is not an easy job. There will be people who don't like each other - talk each other meet each other. So the animator has to go to people many times to talk them to help them to relieve from their tensions. But today what the animators are doing - if we think really we can find out the cause for their interest and enthusiasms for their work - mostly they are working for their selfish motives - when they work they get money - so they work regularly. Catechists also are not much different from them.

(4) The system that constitute a community are - social system, economical system, political system etc and varna system and culture.

(5) Economic system is the basis for the rest of the system. Economic system is coming according to the wealth, property, ~~and~~ power. according to the wealth the community is divided - the land lord can hire any amount of landless workers to work their field - rich become more rich but the poor will remain poor.

another system is ~~caste~~ ^{varna} system - it is divided according to the work. Brahmins, kshatrya, vaisyas and Sudras - Among the Sudras one

the lowest cast - they have to do all the menial works. They are separated from the other groups in all the ways.

Political system - All the politicians are coming from the top class or from the middle class. It so it is not useful for the poor people - whatever may be the out come of the politics it is benefited only by the rich people. the poor are forgotten. always. They never come to know what is happening in the world.

(9) I understood that my future role as a community worker. From this classes we can understand that our full support should go to the poor people who are exploited and cheated in many ways because they are poor and they are ignorant. So first I will try to understand his language - without a language we cannot do anything today. Then I will go to them and will try

to know what are their problems. why they are remain poor always is what way they are cheated and exploited. what are the causes for their suffering. Mainly - why they remain poor is they are born in a poor family. Unless one works his level best he cannot improve - why he is not trying because nobody is there to advise them. And since they are not educated - they cannot read paper - or write anything so they are unable to know what is happening around them. When they go for work - they are not getting a just wage - They are not able to ask also because they do not know how much is the just wage - they are just satisfied with what they get. So I will try to educate them. When they come to knowledge they will act wisely and they will improve. So I will

(2) put pressure in the government to make facilities for their education.

(3) The classes on community health development is very interesting and useful. It gives light to the ideas that is hidden in us. Through the slide shows and discussions - we came to knowledge of many things that was ignorant to us. Though everything is happening around us - we are just not aware of it. So through this classes - we became aware of what is happening around us. One thing I found wrong is the lack of time. Especially the classes on minor ailments. When Doctor Mami took class - we had many doubts - but the lack of time didn't allow us to clarify our doubts.

① Community is made up of many a group of people who have same intentions and aims. They will be all looking at things in ~~as~~ a similar way. They will have their own rules and laws, common language and customs.

(2) Health - It is a state of physical, mental, social well-being and not the absence of any disease.

(3) Community health means total awareness among the people about the causes of sickness and its treatment. By this the most of all the people in a country can be saved from grave illnesses as well as minor. In short we can say, community health is a way of making people tap resources and not floor resources.

(3) Healing - It is way of making the people ^{free} from their sickness. It is a matter of faith. Why? Because throughout the gospel we can see (when ever Jesus healed the people) Jesus says, "Go in peace" or "your faith has made you well". This is the meaning of healing.

wholeness -

(4) Social, economic, cultural, political and religious systems

(5) Ramona - It was the existence of a very beautiful story which shows the carelessness of the ~~parents~~ governments towards rural areas and the old ~~existing~~ existing systems like local thair and religious practices.

Third story - This also was very enlightening story. If we were to be in that land surely we will be found in ourselves with the rich people who are inside. It is natural for all to enjoy the life. Therefore no body will like themselves to be ~~for~~ with something poor.

K. studies - These studies all were pointing towards the development of the poor people. Poor people are to day exploited and cheated every where by towns.

labour, child labour. Since they are ignorant about themselves, they can't get rid from all these deceptions. Only thing we can do is that to make them aware of their ignorance and liberate them.

(1) All the approaches were very good, because ~~these~~ ^{poor} they were aiming at the improvement of the ~~old~~ ^{poor} man.

But I should say they should have first liberated them from his ignorance. Because of this ignorance they failed to liberate them. I appreciate the first figure who showed the man that he was tied up and made the man aware of the need of liberation. I learned that we should always find out the root cause and liberate the people before I give something for them.

(2) I learned that poor are becoming more and more, poor and rich people are becoming more and more rich. Though poor people are given some facilities to come up, they are not able to come up because of the natural calamities and other people like ~~for~~ money lender and rich people.

(3) The role of a ~~aspirator~~ ^{aspirator} is to ~~give~~ ^{guide} the people give them directions to improve.

(4) I should be a liberator of the poor people. I must live with them and ~~bring~~ ^{bring} them up to lead a good life.

(5) It was a well arranged methodology that you followed in this week. It was also a crowded ~~program~~ ^{program}. Though it was very useful, I found it very hard to sit ^{so} long time. I appreciate the way you arranged the studies. As a whole it ~~was~~ ^{was} very enriching.

1) I understood that community is a group of people living together for a common purpose.

Health Each one should have a good health. So that we may have a peace of mind and heart. There for health is very very important.

Development people are not aware of good health because in nation most of them are poor and not educated. so it is our duty to teach and make aware of the people the need of good health and how it can be obtained.

2) I understood that the term community health is that, health for whole the people.

3) we see in the life of Jesus he was going ~~to~~ place to place helping and sharing. we are also expected to do so.

4) The system that constitute the community are political, religious, value, etc.

5) mainly from the three pictures I could grasp what all systems are existing in our country. They are practically political religious value. Because of political work people are not getting what ever is giving to poor, from government. Certain classes of people are only depending on prayer with out action even when they are sick. Some are only trying to keep up the value.

6) Village life is not easy like city. Those who make enough money only can live in city. Village people have to work hard. They are not aware of what is ~~the~~ happening in the city. They don't have enough facility.

7) It is the duty of each and every one to work for their fellow man who is suffering from various ways. So at least I and you who came forward to see that this people are getting every thing which is allowed by Government also to make facility for study.

8) Through this class I understood what I have to do, mainly the value of my ~~vacation~~ ^{education} itself also a clear understanding of our country and what is happening.

9) As a Franciscan Brothers I can also do many things for the betterment of the people. But still I feel you doctors can do more when we try to do something people will say their aim is to convert.

10) Doctors since you people gave up your ~~but~~ power, position, etc. for this kind of work that itself is a great service from your part to the people of God. Doctors were prepared well and explained well each class were interesting, it was almost all reality. The monsoon gave something more need which was very good.

Community is made up of people who have similar customs and ways of looking at life and who think of themselves as belonging to that community

Health is a state of physical, mental, social, wellbeing and not absense of diseases or infirmity

Development means a stage of advancement in all levels physically, mentally, society, economically etc

2. The term community health means not ^{only} physical health but a healthy community in all the aspects. It should be a developing community. its members should co-operate each other. There should have unity and face to face contact
3. Also health of every one in a community
3. Healing means taking care of a person in his suffering or ailment. It can be physical suffering (due to the sickness), mental suffering, Psychological suffering, etc. We can heal a person by our ~~own~~ loving contact or by giving medicine or helping a person to prevent from sickness. Thus we can help a person or community to wholeness free from suffering and promote good health. In the gospel healing is quite different
4. Political system, economic system, cultural system, language, caste and religious system these the systems constitute the community.
5. Ramaka's story:- In this story we have seen so many causes for his child's death such as ignorance of the parents, Land Lord, and Socio-Economic system, Political, cultural-religious system these are inter connected. Two faces of India. In this mainly economic, Political system Rich are becoming richer and Poor becoming more poor. Rich people taking advantage from the poor people by their own power and wealth in this process political parties also playing an important role. Island:- In this beautiful story all the families came from the same parents but situation made them to separate each other so they forget their past and lived a luxurious life. But still there are people to help others. Here also economic problem is important. Totally we can say each system are inter connected
6. In this skit each person is trying to help the person in his misery. But no body is digging the root cause so he remains in the same situation. But all the development workers helped him to liberate himself

8

from his misery when the all ideas came together he could ~~explain~~ break the obstacles and come out.

7. Monsoon game was very interesting and very useful. Really we could experience a ~~comm~~ village community. ~~we~~ I could understand the real situation. Villagers are very busy with their family affairs. They have no time to listen the animator. I felt, I was living in a village. ~~in a matter could~~

8. Animator should live with them and ~~find out~~ ^{study} their problems thoroughly. Then only he can help the villagers. But he was behaving as his on way so no body was listening him and also he should be person of humility and unselfish.

9. As a Franciscan Brother, I can play greater role for the upliftment of the poor. But certain rules are restricted me. I can give a social awareness in the communities wherever I go. I will be able to contact different communities of different culture, ^{and} religion. But I ~~have~~ ^{must know} to certain basic things for that C.H.C. helped a lot to understand different communities by ~~some~~ various slide shows as well as stories. I am ever grateful to the C.H.C. Team members. I have to give a social awareness in my community and break the ~~obstacle~~ obstacle and march forward with determination. ~~thin~~ only I can succeed in my mission as Franciscan Brother.

10. It was a well arranged course. Each day or session was taken by different doctors and they prepared well and explained clearly. Each class was interesting and very meaningful. It was almost all reality. Group discussion was interesting and all participants in full-co-operative manner. Mr. Maghi could share with us his own experiences. Continuous class made tiresome still it was interesting.

① Community: Community is a group of people live together, following one rule together with a common leader. It is not mere an organisation but an organism. Its aim, orientation or purpose should be dependent upon the particular group or community. Community itself is not an end but it is a means to attain a goal or a purpose, each community or group have its own uniqueness or oneness. For the smooth running of the community among the team members there should be more or less same ideas or opinions. It is possible only through understanding and acceptance.

Health: As a whole health comprises of physical, mental and social health. Our body should work together to give physical health. Our mind must act harmonisingly to give us mental health. We must enjoy being with other people that is social health.

Development: For this there should be a group to promote people to this kind and great act such as C.H.C. Development is an initiation towards progress, to looking about the reality within the community.

② ~~Health~~ Community health means the health of everyone in it. It is on the basis conscience of the government. All must work together to keep up the health of the people. And finally it is duty of the health services.

③ Healing is possible only when a person begins to feel that he wants to be healed. Jesus was going to the people and he healed the sick people ^{such} as leper, dumb, lame and so on. This was possible due to their faith, openness and their willingness to experience him. They were eager to be healed. They were ready to listen

to the words of Jesus. And also from the various bible quotation we understand people were requesting Jesus to heal them. After healing them Jesus used to say: 'Go in peace, your faith made you well' and so on.

(4) Political, socio-cultural, economical and religion are the main four factors that constituted our community.

Protection, trade, industry, transportation, communication, education, occupation and government are the other main factors that are in our country.

(5) There are four main causes I realized from the various shows and case studies.

(a) India is not a problem but free country.

(b) Economical, socio-cultural, Political and Religion are intermingled.

(c) Economical system is the basis for the rest of the system.

(d) Our society is a ~~static~~ stratified society.
ex: Power, prestige and possession.

These are the four main causes and systems that destroy our society especially those belonged to the 'lower lower class' people. They are exploited, deprived of their human rights and dignity by these systems. Nowhere their voice is considered and is taken into account since they are being poor and helpless. Further our society is divided into different classes: upper upper class, ~~upper~~ lower ^{upper} class; upper middle class, lower middle class; upper lower class and lower lower class. These class systems become as a barrier from mingling and uniting each other. Since distribution of the money, power (honour, prestige) and land are not equally divided thus the upper upper class become richer and richer and the same time

the lower lower class becomes poor and poor and they remain in the same situation all the time.

Thirdly in our society we have the 'Varna' system where again our society is divided into many categories.

- (6) The vast majority of Indian masses are struggling with their problems - problems based on the existing socio-economic systems. Government and other agencies are trying to help them. But workers (ordinary people) are too enslaved to be liberated by their remedies. Most of them, except the animator - the symbolic figure of an ideal community health worker, fail to realize the basic problems. They misunderstood symptoms as disease. Their welfare and modern modernizational approaches are not helping the victims. At last the critical analysis of animator (CH. worker) finds out the social system as real problem and provides a solution accordingly. At this state the sufferer makes use the chance to liberate himself from bondage.

This skit invites us, to join in the community health workers to deal with the social problems, not in a superficial manner, but in the grass root level. The total liberation is our aim.

- (7) (a) Even a single village community is a mixture of different communities - rich, poor, middle class families and untouchables.
- (b) The villagers are depend on seasonal rain for their cultivation - rain is often irregular.
- (c) Most of the villagers are not educated. They do not show great interest in cooperating with development workers and Banks.

- (d) Money lenders, though they charge huge interest, are a help to the ordinary villagers. But from his bitter experience from poor, his friends are only the rich but not the poor.
- (e) The rich are not ready to contribute and share to the lower lower classes of people.
- (f) Survival of an ordinary village is of luck.
- (g) Politicians are trying to fish in the troubled waters.
- (h) There is lack of cooperation among the villagers.

(8) Community animator should analyse the existing system carefully. Through constant interaction with people he has to understand the merits and demerits of the present system. He has to accept the good elements and promote it. He has to take various initiative steps to find out the new methods and ideas for community. But these must come from the community. He ~~help~~ helps them to work out their plan.

In short he acts only as an animator not as a commander-in-chief.

(9) Now I find that, it is the need of the time to change the pattern of the social work. Now I cannot be mere a 'bread giver' or 'medicine supplier'. They are really 'floor moping'. But my vocation is to be a ~~help~~ turner. I must analyse the existing systems which are exploiting the poor. First of all I myself must be convinced of my role and as a second step, I must convince my

own community. Thus I can effect a joint action for the betterment of the community. In order to understand the situation better as a Franciscan Brother I must live with the people and undergo all their joys and ~~pleasures~~ sorrows.

(10)

(a) Your mode of teaching and method of viewing at various problems and systems in India through skits, stories, mansoon game and slide shows are appreciable and these ways helped me to know them thoroughly and specifically.

(b) This course helped me to be critical in the process of study of society, systems, problems etc.

(c) This course helped me to get active participation from people and to organize them against these problems and systems.

(d) This course, indeed, is helpful for everyone who goes into the field of mission like members of the Franciscan Missionary Brothers. Because they become top turners to every and each problem to easily tackle them after this course.

C. H. D.

1. What you understood the words Community, Health and Development?

Community:- Is a group of people living together, with mutual understanding, love, unity and acceptance for a greater or common motto.

Health:- Is an integration of and harmony of oneself or within. Health is a state of physical, mental, social well being, it is not the absence of disease or infirmity, but a good health required spiritual and well being. Health is also a dynamic process. Health also means inner healing of oneself.

Development:- Is a new life. Change from the old to a new, or from darkness to light. First and foremost within oneself and his/her surroundings and to the neighbors.

2. What you understood by the term of Community health?

Health for all.

3. What did you learn about the meaning of healing and wholeness?

Healing:- It has a deeper meaning than curing that is inner healing of oneself.

Wholeness:- It means to give our energy to a good task or good health in itself.

4. What are the systems that constitutes a community, from various slide shows and case study?

The systems that constitutes a community are:- Economical, political, social cultural and religious.

5. Write a few notes about each system:

Economical problem:-

- We find a division always from each study between rich and poor.
- Land lord and labourer is poor.
 - Land lord gets income, labourer gets wages.
 - 60% of people don't have land. 70% of labourers are not getting just wages 90%, don't know to read and write.
 - exploiting low cast through violence.

Political problem:-

- Influence → power, authority to control, suppress and to take decisions.
- Village people are not able to take a decision, so someone is appointed for this called a leader. But this kind of political leaders are not doing any good for the people. But there are also good leader such as teachers, religious etc.

Social cultural problems:-

Lack of education, cast system.

- class is based on job, income, etc.

Religious

- Forms of churches, temples, mosque etc.
- worship, festivals etc.

6. What did you learn from the skits on consciousness approaches values?

- All the characters have approached with a way, which did not go deep. They imposed, failed to recognize his situation, they proclaimed each ones faith or profession, - oppression forced him to accept all things.
- I can't extend they played their role. They made him aware of his life situation.

The first stage, the people who work in this field should have enlightened the mind of the people, who are really need and liberate them.

- Here the sickle symbolizes the sign of progress. For instance sickle is used to cut harvest. Also sign of education, but is practical level.

7. What did you learn about a villagers life from the monsoon game?

The village was divided into 3 classes of the people high, middle and low cast people. Division according to job, income and cast.

- The rich became rich and the poor became poor.
- Middle class could survive, not all the problem and so on.
- Harigens were depressed, utter poverty.
- imposed social injustice upon them.
- The officers such as Bank, development worker, many leaders and politician were not played their role, what they supposed to do.

8. In your opinion what is the role of a community animator or a psychiatrist?

To organize the inferior, to guide, to instruct, and finally free or liberate them.

9. What have you understood during the week as your future role is the community is your vocation as a Franciscan brother?

It is too late for me to play as a community health development worker being a Franciscan Missionary brother. Further, I like to bring here the words healing and wholeness - means the inner healing of myself and to spend all energy to a common good.

10. Are and are comments a suggestion about the methodology of the course?

As a all the present methodology is rather good. Even though, it would have been good better, if you would have given a continuous classes on some subject.

- Due to the lack of time we couldn't clarify various doubt on different subject.

Community Health And Development.

COMH26:3

① What you understood by the words community, health and development?

A community is made up of people who have similar customs and ways of looking at life and who think of themselves as belonging to that community. They live in a particular space that can be defined. A community has created laws or institutions to serve its people. A community has a common language or at least a system whereby its people can communicate with one another. A community will have certain problems that unite its people in a common cause. There are various types of community. Eg: A village community, contains of many smaller family, school and neighborhood communities. It forms a part of many larger and larger communities linked to them by common interests. The local community, the metropolitan community, the national community, International community. In all this communities we can find unified (bind) actions, agreement and disagreements and it is controlled by love. We see human oriented organization. It is a group where each one is accepted, listened and appreciated not by an immediate family, by all fellow-men. A community lives for its growth and spreads out for the growth of others.

Health:-

Health means much more than not being sick but it gives a feeling of great, of good spirit. It helps us to be happier and do better work, to enjoy

play, sports and also to make friendship. Health as a whole includes physical, mental and social. That is a person is able to do ~~phys~~ physical, mental and social works or actions, harmonious function of the body, has courage, will power, Happiness not feeling tired, loved and accepted, rational, freedom, fresh, good personality etc forms a healthy person. Also feels normal appetite, integration, active participation, adjustment with food and climate, etc is also a part of good health. In short Health is a state of physical, mental and social well being and not absence of disease infirmity.

Development:-

It is a state which shows all round growth of a person, country, or any existing things.

It grows day by day. Its progress brings blessings to it people eg: A country modern or development. At first we had bullockcart now we have super sonic planes, we had natural medicine but now English medicine, it shows the development. The man who lived on earth is going into moon, the poor who lived in slums today is now in a house breathing pure air.

Q. What you understood by the term community health?

According to me community health is based on these words 'If you give a fish you feed him for one day, if you teach him to fish you feed him for life'. So to say it is

(3)

with the idea of bringing all the people to a healthy stage. That is to break all the barriers which break the community health. Eg: Looking at other religions with a negative view. sting on language. Social, economic and political problems should be eradicated, and it should be practiced for the good of the poor. For this marvelous work our task we see certain community health centers. who committed themselves for the well being of the poor. They go to the village and being aware of the needs of the people. For this kind of health service. a few people come out from this fine story Hospitals and houses to live with the people and train them, being one with them, and teach them how to lead a happy life. Community health aims at more of prevention than of cure. It supplies a stand for the poor to stand on his own leg. No cast our creed but person, no rich or poor but life.

(3)

What did you learn about the healing and wholeness?

When we hear the word healing it gives a taste to our mind, than the word curing. A person who has a sickness, goes to doctor and gets some medicine it brings a change in his physical condition, but healing brings change to the whole person. change in physical, mental and in social stage. We see the healing ministry of Jesus which was discussed in C.B.C.I. conference which was held in the year 1991. Here in the healing ministry of Christ, we find it was a creation of new relationship. from individual to whole human race. Healing gives

(6)

a new life to the person at large to the human race.

(6) What did you learn from the skit on consciousness and different approach of the to development.

From this skit I learned that for a slave liberation (freedom) is the gospel. Because in this skit we see different approach to development. We see different people are looking at the matter in the surface level and only non practical advices are given. Each one is busy with the proclamation of their faith, so to say they were only duty oriented. Some blames the person and some gives immediate help. Nobody is trying to do what the person really needs. At last we see that the animal gives a knife which is the symbol of freedom. This skit gives an insight to see the ^{real} need of people and act, in other words 'Move according to the needs of the people rather than what we are doing at present.

(7) What did you learn about village life from K. Mansoor.

1. I could realize that even a single village is divided of different groups of people eg: Rich poor and middle class. There also exists untouchability cast etc. which suppress the human law cast.
2. The poor life of "poor families are totally depending on the weather
3. A vast majority of villages are uneducated.
4. Money lenders, though, takes a lot of interest, are helpful but if the weather is not favourable in the coming year the poor villagers fall in the current water and lenders become the friends of the rich.

⑤

5. we should have a sharing mentality which is lacking among the rich.

6. we see how the harrigens (the poor people) find it difficult to sustain their families.

7. Lack of education, blocks their rights

8. The help from government, such as burswell, it is not obtain by the poor.

9. Lack of communication and communication media as to politicians are trying to exploit the poor who struggle for their livelihood.

⑧ Role of the community animator 2.

A community animator should go deeper into the matter, should analyse the existing system. He should have a close relationship with the people, has to understand why this system, who causes the people to undergo such such system. He has to understand the benefits and harms (merits demerits) which proceeds from the system, which binds the poor to be a slave to the system. He must accept and promote the good systems. Then find out new methods and ideas which will enrich the people. He should show others should become one among the people, should gather them together. Make them understand the need of development, should be a real animator, ^{rather} than a police. Give insight to the people, make awareness in them. To be aware of their rights. Be a cause or inspiration to them to come out from this slavery, to such system. He should give a new life with a ever burning hope for the future.

⑨ My religious vocation as a C.M.S.F.

In the presence of understanding community

⑥

health and development, I could realize that it is completely necessary, to have a revolution. For this first and foremost I should be revolutionized. I can't do unless I have the vision of love, I can't understand unless the real pain of suffering of the people - unless I become one among them - to have an empathy with them.

As a C.M.S.F I should accept the spirit of Christ, to purify myself, to burn away that which prevents me from this revolution, and it must burn in me like an ember of love, in order to change change individual, before I try to change the nation. In short I must become one with the poor, to see the face of Christ in them, and will do my best to 'Move what I am and have to the poor in liberating me from the poor from various kinds of bondages to a real citizen of India. by remaining under the constitution of C.M.S.F. and making use of its vast privileges to be with the people to bring about in physically, mentally and socially to bring a new India or world where Equality, Justice, and Freedom flourish.

④ What are the systems that constitute community?

Economical, political, social, cultural and religious systems constitute a community.

⑤ A few words from each slide shows.

1. The two faces of India.

In this we see a great difference between the people of India, they are divided into different groups eg: Rich, middle class, and poor.

②

Only the ~~major~~ minority enjoys, we see the problems of cast, unemployment. The rich are exploiting the poor mobility becomes impossible. Lack of education for the poor. ~~for~~ One side the poor are struggling to eat one day's meal but government is making collecting of arms, less veges, health problems due to poverty and lack of knowledge. Capital income is not obtained by the poor. Lack of necessities. (2) — Pamaka's story

2. Here also we see the existing system, social, Economical and political. We see three important points. 1. power 2. prestige and property. The poor are under the land lords like slaves. We see the ignorance of the people. Here also Economic ^{and} problems play a great part. political — They never build hospitals in the rural area, they never bothered about the poor. Money minded doctors. Lack of education even to give a glass of water to a person who has no motion. Government is not aware of the needs of the poor.

3. Island

Economical — Rich and poor, only the 10% people and having enough and more money as well equipped 20% middle class and the vast majority of 70% are under the poverty line + low cast. 60% of the farmers do not possess any land. 80% of them do not get the proper veges and the rich are not concerned about the poor.

Social + Cultural systems

① Untouchability, cast system, class system

(8)

political

The people who are holding the possession is coming from the high class people, and they do not care the poor but sides with the rich. The poor won't get justice in the court - lack of money + political aid.

4. In Chaman's story too we find the problems of Rich and poor, social and cultural problems as the chief cause of all other happenings.

5. The man's death of Thiruvelli in Wynadu was the cause of Economical problem.

From all this stories we come to know the problems of today is caused Economical, social, political, cultural. And the "problems of Bangalore is Language"

~~10. The~~

10.

Q what do you understand by health, community, development

Community :- Is a organization. where many people from different places, culture, customs, language - people live in a group. Even though they brought-up by different situation but they live in unity. - community is not aloness.

Community is a social unit, whose members are permanently bound together by common possession, in forms of love, and responsibility. = It is a small society, some time united with a comon purpose (Religious, social workers, community health organization) community is a family where love, peace, unity, sharing, mutual understanding, helping, accepting each other = all these can be seen.

community may be a group who feels the need of the poor, and work for the betterment of others.

= community is the fulness at home, where I am known, loved, and listened and appreciated.

Health : Health is more than sick. It is well being of mind, body, and community. W.H.O said health is not merely from absence of disease and infirmity but is it is a state of complete physical, mental, and social well being.

= It is a moral, physical, mental soundness.

Development : according to me, is it is a wish to work out for a greater development of community, or village.

Even our own society in all levels. e.g. tribes development in physically, or even in educational level.

ITE

II what do you understand by community health?

Through these classes I understand that it is a social and physical, mental well being. e.g. example. when we go to a village (or) if we are a community health worker. & we find in the village many problems.

that people will be having many sicknesses and having social problem, Economical problems. so as a community health worker I have to see the reasons. if the people are getting

side I have to find out the root cause, and teaching them how to keep up their body, and help them to do some things which can prevent the sickness.

= Teaching them to cultivate some things and stand on their own legs.

= Giving Education, teaching all the social problems etc. so community health means not only giving medicine but, helping people how to live, how to develop their knowledge in all levels. so community health health = means ~~pub~~ public health. well being at the village even the society.

1] Healing: according to the classes and bible readings Jesus was a great physician in that time. His most at the mission was healing. Jesus all was says about healing mentally and that physically. Healing and healing differs from its meaning.

according to the classes healing means = mentally spiritual healing - healing may be said as restoration. according to bible for healing Jesus demands faith. so it may be healing from bad habits, free from anything bad, save, cleanse = Jesus told the blind man to wash his eyes. so it may be cleansing from sins; or get rid of anything bad. But ~~as~~ in Christianity healing is presented as a salvation. Saving from sins. healing was miracle, some say it was spiritual healing from bondage of sin, selfishness, anger, etc.

Holiness According to me it is a good attitude of a man towards his fellow men and women. Jesus showed his holiness by loving, forgiving, helping to poor, and needy. So I feel that holiness means the good deed of a man to his fellow men, by deeds and word, working for them, loving them, struggling with them for their rights even to die for them.

But some say holiness means attaining perfection, not doing any wrong against God (conscience and) to our neighbour.

- Some say holiness means humility. H. means free from sins, morally, materially holy.

⑤ From the slides we can understand the various systems which is still existing in India.

① Caste system: many are ~~separ~~ considered as low human beings. For them, we are not providing education, medical facilities etc. Ex. Harijans they are considered as low cast, they are not educated and they are deprived of many facilities.

② Ignorance: many are ignorant about the situation in which they are living, ignorant at social, political and economic system. Ignorance at belief superstitions, ignorance to cultivate, ignorance at the development (in the 8).

③ Rich and poor The two sides of India we see one side people enjoy, having all facilities, having hospitals, school, education centers, support from GVT. Having more lands, having many stories at Building. GVT going on building schools, hospitals but the same time in the villages no schools, no big hospitals no help from GVT or any department same time ~~but~~ people live in the huts, side at drainages, roads, etc. They don't have support from GVT. They are deprived of many things and facilities, they are suppressed and oppressed by GVT and by the rich people.

④ Land lord system, Religious systems, Having division in religions, fighting in the name of God. Political and Economical system also a cause for the poverty in India. The leaders at that place when they become MLA they occupy the lands of the poor, to build factories, for and for other uses. The GVT not Economically provides the things which is belong to the poor not equal distribution, may be lands, money any thing. GVT not teaches to cultivate the land which is given to them.

1) Cast system - 2) political system 3) Economic system, 4) cultural system.

Economic Rich and poor.

Political - Rich are always supported they have no right to ask anything.

Cultural - Karma theory, sins at our parents we are suffering, last birth you might have committed sins that is why you are suffering. belief in fate that we are branded to suffer suffering as God's will, superstition also included.

VI The Skit from the skit I have learnt many thing that skit opened my mind not to be satisfied with mere piety, prayers, novinas, but to do some thing ~~the~~ to the living reality, go out from our culture structure, to help others in a useful way.

1) The priest and pujari approaches the man who was bounded by structures, oppression, poverty, suppression, ignorance, injustice, etc and bound the man not to get away and work. But he was not healthy because of the poverty, and the poor food. In that situation the a pujari and a priest approaches in a magical way saying = it is your sin that you are suffering or last birth you might have committed sin, another side priest gives him a Rosary to recite. So the prayer and Rosary is not solution for his bondage. The ~~Sister~~ Doctor, Scientist, Health worker, A govt officer, approach him in a professional level, seeds to cultivate, prescription of medicine, chest book, Soap and eatable things are ~~not~~^{will} not give solution to the man who was bounded by social ~~justice~~^{injustice}, socially, politically, mentally. But the Animator plays a great Role seeing the man bounded by many things, he gives instruments to break the bondage by himself by providing sickle, knife. It is a social justice approach. the sickle, knife gives him education that the thing will not help and fight for justice. But he has to cut the rope

So Animator finds out the Root Cause and provides him the knowledge to come out of his bondage. We too should find out the root cause instead of giving mere solutions. Leading them to true liberation.

⑦ What you learn from monsoon play.

In that play I found high class people, middle class people, low class people. Some could manage their day today life, by the cultivation income. But same to middle class. Even though there were rain problems, cattle problem, manure problem still the rich people could manage and save the money. But the Harijans or the poor class people had less land, less income, they were deprived at many things. The rich class was supported by Govt. all facilities were given to the rich class. But the money lenders, Baniya, ^{managers} all were cheating ~~only the rich~~ ^{poor}.

~~But~~ The poor people were not getting which is given to the poor. So the village life shows the caste system, the poverty, poverty, and the deprivation at the things, such as Education, money, things etc. monsoon play shows even today the Government support only the rich, ~~Govt~~ but not bothered about the betterment at the poor.

(8) What is the role of the community animator.

The animator plays a great role in the community. When we want form a community the community looks at animator and it forms their character. The animator should be a mature man to decide what is good and wrong. - He should be a able person to lead and guide the community in a proper way by his own exemplary life. - He should work for the betterment of the community in a just way. He should have the knowledge of political, economical, and the changing systems at our country. He should work for the poor and needy. He should not be a self-centered man.

He should work justly for the good of the people, and should promote justice, peace, harmony, fraternal love through his preaching and by deeds also. He should be a balanced person mentally, physically, psychologically.

(9) What I understood by the classes.

All the classes which was taken by all the Doctors were unforgettable and inspiring classes. I was not aware of many things which happens in India and it ~~was~~ around me. All talks and slides were the key to many things. The monsoon play, The two faces of India, Healing, community and its role, village life and its situations etc. all were explained clearly by the teachers. = I came to know about the systems which are existing in India, and how it causes suffering in the life of the people. The classes on social economic and political ~~were~~ were good and useful. The classes helped me to think more of the suffering people, the poor, oppressed all are created to share the good. It inspired me to discontinue the caste system, superstitions which are hindrance to love another and promote peace. = I clearly understood about community health development, how to communicate, how to understand their problems - I understood about the healing how Jesus made use of his power by healing. His mission was mostly on healing. = I understood Jesus was a good physician.

(10)

According to me all classes ~~are~~ are useful. I like the method of teaching. It is not one way communication. But whole community is involved - e.g. Doctors ask questions, and students ask question and giving their own ~~opinion~~ opinions etc. Way of teaching and explaining was very good and understandable. Classes are not boring because often teachers were being changed. and it was interesting. = no continuation. classes should be finished it we give 9th we will forget

Question (4) What are the systems constitute the community.

① social system, Economic system.
political system, moral system.

1. What do you understand by the words on Community Health Development?

I understood that it is not a teaching of Medicine, But it is making more aware of people, what they do? and what they want do for the Health of themselves.

Community means A group of people living together, A common leader, unity, Purpose, mutual understanding, sharing, Acceptance of each other, Organisation, Aim, Orientation, Commons Specific, Not ends, but means to goal. Whole of this we can call Community.

Health development means, mainly four classification, Physical, mental, Social, and Spiritual.

- (a) Physical A person should be, Normal, No body sickness, strong.
- b. Mental = Balance, Normal, Will power, Harmonies, Fresh, Adjustment, Controlled Emotion, Appreciable ect...
- c) Social A person should be, Act participation, Integration he should have freedom to speak his Opinions.
- d, Spiritual A person should have freedom to worship, his own God.

2. What you understand by the term Community Health?

"Health for all" One for all.

3. What are you learn from the meaning of Healing and wholeness?

Healing it doesn't mean just heal on some what we see outside rather it is going beyond the exterior things and finding out the root cause. If we apply medicine for the root cause it will

Wholeness means - we can see in the Bible Jesus also guarding the illness. Jesus saying them If you believe you will please. So the Believe is the one thing for the curing illness.

4, what are the Systems that constituted Community from the various slide shows and case study?

J. could see that from the various slide shows and case studies the systems are that, Economical, Social, Political, and Cultural systems.

5, Write few notes about the each systems.

Economical system : ∴ This system is the basis of the rest of the systems. (i) Rich and poor, Land lord and land laborers. Land lord gets income, labourers gets wages. 60% people don't have land. Exploiting low cost through malice.

Social system : Lack of education, ignorance of the people. They don't know how to make use of things what they get.

Political system : exploitation of the politicians no concern about the poor people. In the name of the poor the rich become rich and rich.

Cultural systems : Cast, Class, Job, inheritance, festival etc...

6, What did you learn from the Skit on Consciousness and different approaches to development.

From the Skit understood that, If we want to do something for the community, we cannot give an immediate solution. But we can do one thing that is we must live with them, and study what are the problems remaining there, and we can give point out the source. ~~get read~~ And also we can make them aware that what is lacking in their community so people can avoid the problems.

3 what did you learn ^{III} ~~from~~ ^{about} the villages from the monsoon game?

The village was divided into 3 classes of the People. High cast, middle cast, and low cast people. This division according to job, income and cast.

The rich became more and more rich, The poor became more and more poor. Middle class could survive, not much problems, and so on.

8 Low cast people were depressed and utter poverty. imposed social injustice upon them. The offenders such as Bank development worker, money lender, and politician were not played their role, what they supposed to do.

8, ~~At~~ your opinion what is the role Community animator as a Chatachist?

My opinion is that a community animator should have various qualities and organization power.

- He should have the knowledge of that Community.
- He should have know the language of that Community. If he know the language he can organised the people easily.
- He should know what are the system they are following. that is social, Political, Economical, and Cultural.
- He should be available for that community.

He must have the willpower for the facing problem.

9. What have you under stood during this week as your future role in the Community in your vocation as a C.S.T Brother?

I understood that by the light of last classes, I can do a good health service among the low class people. Because I could understand that in any Community there are so much problems

existing. ^{IV} So I can move according to this situation.

10, +ve and -ve Commands on suggestion about the methodology of the course?

As a all the present methodology is rather good. It is well arranged course. Experienced teachers are teaching. The way of teaching is very appreciable. The approach towards the students is very attractive. Classes are understandable, and giving enough explanations, Not so Prolong.

- Not giving enough time for asking questions.
- Each subject should be little more time.

I what do you understand by the words community, health and development?

The word community means, living together with a special intention accepting one of the members as its head. There should be mutual understanding and unity among the members of the community. It is not an organization but an organism.

Today people have lost its rich meaning, today there are so many systems in the community which harm the community such as cast, colour, language and worship.

Health is the perfectness of the body and mind in a short way if we describe it is nothing else than one is able to live the life fully with others.

Development means to improve oneself from the present stage.

II Community health?

Community health is mainly based on the different fact that - Economic, political, socio-cultural and Religious systems which exist among the people.

III Healing and wholeness?

Healing signifies a sort of restoration such as healing of attitudes and if we turn in to the Sacred Scripture we find there are various healing ministry of Jesus is mentioned.

Wholeness means a stage in which a man is free from any afflictions ~~of~~ in life - a re-couped situation.

IV The systems that constitute the community.

① The economic system

This system always divide the community into fragments especially as rich and poor. a rich man always look for his dignity, his cast and his power, ~~and~~ and at the other hand a poor man is deprived of justice because he is a man of low cast. He is always poor.

② Socio-cultural system

This is also a dividing fact among the people. People are divided according to their class, their education and their job.

③ political system

~~Certain extent~~ This is a system of decision making ~~which~~ it helps the community at the same time it can be also destructive.

④ Religious system

This system is very good in itself, but today ~~it is not~~ we see this system helps the people to strike each other.

V Consciousness

What I understood is that, when there is a man who suffers from various troubles in life, then some others who make use of it by their own way without learning anything of this poor man. The different approaches we see ~~in it~~ is ⁱⁿ no way helping the man. Also we see social justice done towards the end.

VI Monsoon game

The villagers are fully depended on the climate. If they have good weather they get good crops. In this village there are people who are in different stages some are rich some are middle class some others are poor still there are very poor. They don't contact each other. The political systems among them is very poor.

VII In my opinion a Community animator or Catechist should be an able person. He should be able to take some sort of decisions. It is his duty to make the people aware of their dignity as human beings. They make the people understand that they are not a least category. They are also created with the image and likeness of God. They must also protect the people from the external powers.

VIII As a Franciscan missionary Brother, I could gain a lot from these classes. This helped a lot in my personal life that I could have a clear idea about some of the matters which I will have to handle in my future life. As a whole these classes ~~are~~ are very much connected to the Charism of the Franciscan Brothers.

IX This class is arranged in a well organised way as far as there is nothing to say about the methodology. Each subject is connected one or another way, and it can be made use by those who attend it fully.

Some times I ~~think~~ feel to think this also a repetition.

C.H.C.

3-5-90

1) What do you understand by the words Community health & development :- Community :- come and make union living together for the common good or same purpose, it is not a organization but organism having mutual understanding etc... Health :- Health is a wealth when we are in sound in mind and body, having no bodily sickness. Health is state of physical, mental, social wellbeing and ~~absence of infirmity~~ it is dynamic. Development :- it is a state of growth in all aspect or in different levels of life. it dynamic process where improvement takes place and people are benefited.

Ans 3) Healing is much more means than care. just bodily curing. Healing means liberation of whole person. and his whole being as fully a human.

2) By the term community health I understood that since we grow in community know people better ~~are~~ ^{we} are already. where whole community is benefited ~~by~~ in the betterment of the present & future.

Ans 4) Social, political, cultural and Economical are the system constitute the community.

5) All the slides ^{show} that we had in this last week the system which I understood are. Economic system is the basis for all the system because our society is stratified society. power, prestige and possession are causes of system. these ^{are the} things which make the poor people more of oppressed and keep the in dumb folded arms. those who catch hold of this systems are Rich.

6) From the unit called consciousness to development I learn that the people approach to the worker for help we failed to recognize the his condition, situation and the causes of his sufferings. the help which they offered to worker was surface level

and not practical. only the animator was the liberator of the worker the solution he offered was more of practical. which is essentially required in today's world

Ans (1) From the game called monster I understood that Harijan is just hardly served. they were very neglected by their village people, they were deprived of their own rights, facilities and maintenance. At the same time the poor people too were suffering from calamities. Rich people who stayed near by them were not helping the poor people. Development workers and money lenders were not much so helpful to the people.

8 In my opinion the Role of a community animator is that they should be the man of practical and committed committed for just cause of the people

9 and at the doing he selfless service to the poor people

10 As a Franciscan brother I would like to be a real missionary brother who will be helpful for the people. Community and outside of the Community. more practical in what ever way I can. I want help the people in who are oppressed under different systems, and bring the poor people in such an more human dignity.

10 positive points. sharing your knowledge and experience by making us aware of the situation we are in, draw backs, and failures giving us more practical knowledge giving us a chance to involve for in group discussion and more active participation in course.

Agnel

① what you understand by word ① community.

② Health ③ development.

Community means a body of individuals living together, unity, sharing, mutual understanding and acceptance of each other in defined area or having a common interest.

Health is state of Physical, mental, social and spiritual well being.

Development means gradual change from lower to a higher state. eg: psychosexual development - ~~embryonic development~~ in which development of the personality through the infantile and pregenital stages to sexual maturity.

② What you understand by the term community health.

many of the means by which community health is protected are grouped under the heading of sanitation. This term covers care of food and drink, disposal of excreta, and regulation of environment - all focused on the preservation of health and the preservation of disease. we often think of the science of sanitation as a recent development, but the principles of clean living are old.

③ what do you learn about the ^{meaning} ~~healing~~ of healing and wholeness?

If we take the meaning of healing to wipe away the sick or any other problems man meets his day to day life. we should find out the cause for having any reasons or any other matters and treat them. The first we should close the tap and then mop away the water. wholeness means the statement of without sickness. Give man a fish and you feed him for a day but teach man to fish and you feed him for his life. Otherwise healing power is God's gift.

191 : 10/10/2018
② 4. What are the ^{that} systems ^{constituted} ^{by the} community.

India is not a problem free country. There are many constituted systems. Social, Economical, political, cultural systems are interconnected. Economic system is the basic for the rest of the system. Our society is a stratified society. Eg: possession, property, power and prestige - possession - upper class, middle class, lower class.

Varna systems: Brahmins, Kshetrigas, Vaisyas and Sudras. mobility taken place in our community. upward mobility and downward mobility.

5) From the various slide shows and various studies write a few word about each system.

1) Two faces of India.

- Different between rich and poor.
- minority enjoys and majority starving.
- country is undeveloped, castes, unemployed.
- Slum areas - no proper food and basic needs.
- poverty, lack of Education, Religious plurality, health problem.
- Poor are not cared well and no human respect.
- Capital income is not distributed in a proper way.
- Lack of accomadation and lack of drinking water.
- The poor people is not aware of their children to educate.

② The Island

- Socio - economic and political conditions
- castes and religious beliefs.
- language and unemployed.
- If we speak with them and work with them then they will be happy.
- And teach them how to do work and how to earn money.

- Give man a fish and you feed him for ~~and~~ a day but teach man to fish and you feed him for his life. we have to support and encourage them.

③ Ramakas story.

- Existing system — given situation, cost, circumstances and Ignorance of parents.
- Government is the responsible for the death of the child. Second cause ignorance of the parents because they are not educated.
- Doctors are doing work for their daily life or for the money not service.
- They do not want help the poor.
- Cause of the medicine as well as scarcity of the hospital in the village.

⑥ What did you learn from the Skit on conscience and different approaches to development?

In this skit different people come to see the sick person and they advice their own way. Some of them treat surface level, possibilities are given, blaming, and confusion.

- failed to recognise his condition.
- proclamation of there profession.
- ① poojari — magical — prasadam — welfare approach
- ② priest — magical — Rosary — welfare approach
- ③ Scientist — naive — seeds — modernisation
- ④ Doctor — naive — prescription — injection
- ⑤ Educationist — naive — charts/book — modernisation
- ⑥ Health worker — naive — Soap/appel — modernisation
- ⑦ Animator — critical — knife/sickle — social justice approach.

This skit shows that we should think ~~and~~ ^{critical} and find out real cause of the person's sickness. And do what Animator did it — social justice approach.

④

7) What did you understand about village's life from the monsoon game?

In this play there are many different classes people living different places. They are ~~rich~~ rich, middle and poor. The rich people having more land and money but the poor people struggling for living day by day. Richer are becoming richer and richer and the poor are becoming ~~poorer and poorer~~ ^{The form of profession} poorer. The Government is ready to help, but the poor are unable to get these help. The Government's grant distribution is not going properly into the lower classes. Besides Government, development worker and money lender ~~were~~ came there. Those people could not understand basic needs of the poor.

⑧ In your opinion what is the role in community animator?

In my opinion, community animator has important role in the community health. Animator should come the level of poor or sick and find out cause root of the sickness. Then find out new methods and violences which will enrich the people and be one among them. Thus make this to understand the needs of development be a good animator than as a police. Make them the aware of the need and be a cause of inspiration.

9) My Religious Life Vocation as a C.M. S-F?

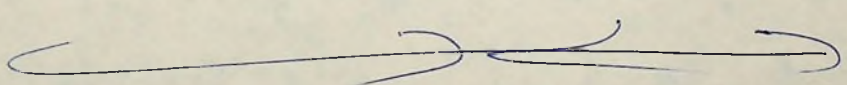
As a religious I have dedicated to help the poor and save the poor. According to Jesus Christ I should know my poor neighbour's needs of day to life and live among them as one. Approach the people with a smiling face and make them aware of their own right. As a religious brother I have to study the prevailing customs and practises. I took a strong decision that I should help the poor in my resting time.

10) Give us positive or negative comments and suggestion
5 about the Methodology of the course?

I would like to express about the course, that, this course was very useful for me. Because first and foremost I came to know about the C.H.C as well as the helpers are doctors. I have thought that only missionaries are doing or helping the poor, but I understood the doctors also are doing a wonderful job for the poor.

Since most of the time of my life, I was in Kerala therefore I did not know about a slum or a village community. But ~~the~~ from the doctors classes gave the clearcut of the suffering people in a village or slum place. Therefore I have a chance ~~to help~~ them to help the poor a lot.

The method of teaching is very good because after the lecture there is a slide show, after that there is a group discussion; these all methods help to clear vision in a good manner and we shall understand in a proper way.



REPORT OF THE CLASSES - DATED:

7th, 9th and 10th 1988. JUNE

7th and 10th by Dr. Ravi

9th by Dr. Thelma.

On 7th we had explored ideas about agriculture, farmers, various types of cultivation, their problems etc. There was a slide show too.

On 9th we had class till after 12.30 P.M., about common diseases that communicable, ~~and~~ non-communicable, their symptoms, prevention, precautions etc.

10th - our class about Urban and its realities that are unknown to many. There was a slide show too. Then we ended our part of C.H.D. Course by evaluating the past 20 days of classes.

7-6-1988. (9.30 AM - 12.30 P.M. - By Dr. Ravi)

Through an appropriate slide show he had succeeded in explaining various types of cultivation and the problems of poor farmers. The role of women was well shown in the slides, such as: caring the children, look after the family, work same as men in the fields etc.

From preparing the soil till harvesting, even after harvesting the farmers remain restless. Concerning skin diseases we came to know that, lack of knowledge about the effect of chemicals and pesticides. E.g. - wearing bare handed, long stay in muddy water bare footed etc.

9-6-1988 - (9.30 AM - 12.30 P.M. By Dr. Thelma)

The class lasted 3 hours, main discussion opened with sharing of the brothers about common diseases and their experiences, especially of the Palavady and Bhandee.

12/

She explained a lot about Leprosy, P. B. Typhoid, Glanders, diarrhoea, Cholera etc...

Finally she concluded with a topic "what do people do when they are sick"? mainly this question touched the rural areas.

Concerning the rural people prayer and faith have a lot to do in healing.

She added that when we treat, see that they are treated a bit based on their own culture and customs.

Thank you. Dr. Thelma.

3/8/88

10-6-1988 (9.30 - 12.30 P.M. By Dr. Ravi)

Began with a slide show, in order to explain social dimensions about Urban slums. In that slide it was well shown about the position of rich and poor, child labour, road workers, exploitation, need and lack of water, then, who are far away even from the preliminary education.

He explained about the 'flocking' people flocking to the Urban areas from rural areas. The modern developments and factories are some of the reasons for that.

But once they are out of place, they are forced to do any kind of job to earn money, e.g. shoe making, coolie work, hotel work, rag picking, sexual abuses etc... addiction to smoking, Drugs, drinks etc... too.

13/

The unknown realities of Blood Selling was made clear.

Here ends one part of C.H.D. Course with an evaluation, "what have we learnt in these 20 ~~of~~ days?"

many opinions were shared

- Health is not doctor, medicines.
- deeper understanding of the socio economic situation.
- not what but WHY
- Life situation of the poor and rich.
- create a guilt feeling.
- locate our position in the society
-
-
-

Thank you Dr. Ravi

P/D

By Brothers - Festus, Mathew and Roy.
Jyothi Sadan,
Bangalore - 34.

Community Health and Development. 26-8-88

The Church in India realised that big institutions, hospitals, could not keep the common men & she asked some institutions to take care village health work. St. John one of the biggest hospitals in Bangalore came forward to take up the community health programme especially in rural areas. It started working in villages in 1983.

The first week classes we

were told that community health and development programmes is not giving lectures but it is sharing and pulling inn lectures.

What is Health?

The definition is health given

by WHO [World Health Organization] is that

Health is a state of physical, mental, social

wellbeing and not the absence of disease or

disability. In 1960 added to health spiritual

too. Health is not disease and differently but

physical, social, and spiritual both indi-

vidual and community. Health is not doctor

Nurses, Drugs, Hospitals and dispensaries.

we broke into several groups

to discuss in particular stories, and we are

tought how to a individual could function

well.

Through our discussion we brought

following points.

Medical Reasons

Tetanus

Diarrhoea

Lack of medicine

Falls medicine

Costly medicine

Social Reasons

Ignorance

Poverty.

Bribery

bonded and landless people, no one is to guide

Child labour.

The simple ^{awareness} ~~method~~ of diarrhoea is loo-
motion (water and salt) is loosing and food
leaving from the stomach. Children die
not because of diarrhoea because of salt and
water. So child need sugar and water +
salt, so take 3 finger of salt and four (4)
finger of sugar and mixed give little by
little to child. It is good to add little lemon
too. Most of us we are doing moping the
floor not tap turner so we should
be aware of why the sickness occurred.
and what are the precautions should be
taken.

Identifying Health

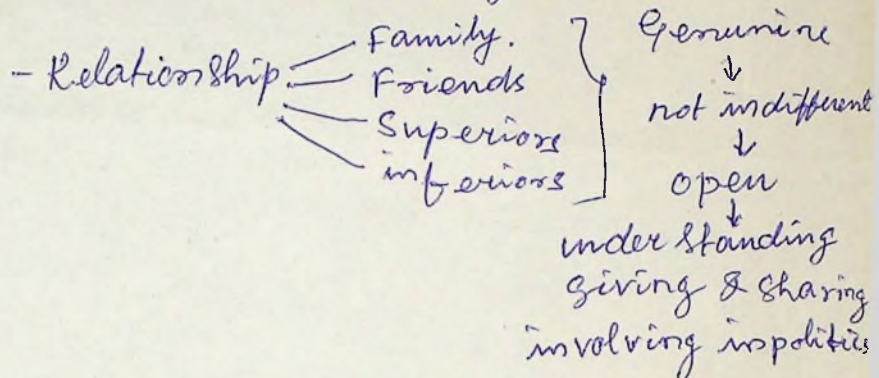
physical - Work well (energy), Free from
sickness, good appetite Health
is not ^{as} fat but between fat
and malnutrition.

Mental

- Satisfied himself, Happy, good
memory, Anger, despair enthusi-
asm, abnormal.

when the negative feelings are not expressed and it is suppressed in us it will express in physical illness that is psychosomatic.

Social



Spiritual

- Faith / soul.

It is beyond ourselves, there is a Supernatural power which support our being. This depends in our culture and customs.

Community dimensions

Physical - Adequate food, shelter, land, water, clothing, sickness, treatment, sickness, eradicate, good environment.

mental - Equality, Society is build on justice, need is not met, freedom, confidence, democracy.

The social and spiritual is ^{same} as individuals. The structure in society can be Economic, political, social, culture & religion.

Economy - Society, justice, Money, employment, education, rich and poor, money is divided by education, skill and classification,

political - Decision making for common purpose
political group, leader etc.

Social System - Family, cast,
In older time cast was divided
by occupation, cast became
superior and inferior it became
by birth, skill to do freely.

Religion - worship structure — Temple.
— mosque.
— Church.
method of rites.
priest - theory.

We also acted a drama in which a man
was tied up ~~some~~ many problems. But no one
is willing to help. The ~~poojari~~, priest
doctor, health worker, all have met the man
but the man who came finally called
animator gave relief and ended the man's
sufferings. A community health worker is not
poojari, priest, social worker etc. but he is
like animator who solve the problems.

Problems of the Community.

When we deal problems of the
community, we should deal both individuals
and the community.

Individuals

physical - Nutrition,
Infection,
Other diseases — cancer
— B.P.
— Asthma.

mental - Depentance,
madness
- Newotic
psychotic - need strong medicine
Alcoholism, Drugs addicted,
Suicide, Lack of awareness & Knowledge

Social - Unemployment, Family problem
Dowry, Antisocial problem.

Community problems.

physical - Community problem is as same
individual problems, like
malnutrition
Epidemic $\rightarrow$ Brain Fever
Cholera.

mental & social - cast and communal feelings
languages, rich and poor,
child labour, pollution,
women states, war and
violence.

The goal of the community Health and Development

In April 7th 1948 this Health
organization is started. It also discuss
various matter to prevent evil habits existing
in the society. The goal of community health
and development is to build better
society, making aware of the people and
their rites, duties and responsibility as a
human being, members of the society to share
and build their own health in the community
and help each person to grow in physical.

mental social, spiritual and potential. The community Health and Development is not giving lecture, delivering speech but it is ~~Bartering~~ problem solving. We shall put in this ways. The present school system is bartering and the community health and development teaching system is problem solving.

- | | | |
|-------------------------|---|-------------------------------|
| <u>Bartering System</u> | - | <u>problem solving system</u> |
| Established Texts | - | pulling in knowledge |
| Fixed Syllabus | - | " " |
| Teacher fixed | - | sharing and exploring |
| Time is fixed | - | explore the syllabus |
| Exams & certificate | - | No cooptance. |
| | | No exam. |

Conclusion

The first week of the community Health and development program we have discussed briefly. We have understood what is Health, and development and problems surrounding the society. It is an eye opening for us. It is very interesting. Hoping that we may learn more and more of the community Health & Development.

ANSWER OF THE FOLLOWING QUESTIONS

Com 426:3

1. What you understand by the words
 - Community
 - Health
 - Development
2. What you understand by the word- term community health
3. What have you learned about the words HEALING and WHOLENESS
4. What are the system that constitute the community
5. From the various slide show and various studies write a few words about each system
6. What did you learn from the skit on conscious and different approaches to development
7. What did you learn about Village life from the monsoon play
8. In your opinion what is the role of a community Animator
9. What you could understand during this week a your future role in the community as Franciscan Boy.
10. Give us positive or negative comment and suggestions about the Methodology of the course

1. Community, group of people, usually living in the same area, who are brought together by similar customs, beliefs and outlook. Community=come+make unity. Community is a group of people come together with a same purpose and live together in unity, peace and love. There should be mutual understanding and acceptance of one another and appreciate each other. From a philosophical point of view community is natural to man, who can only arrive at his unique self by experiencing existence shared with other bodily spiritual persons. We find in the real community open mindedness and interdependence in each other. In view of religious community, there should be a common goal and fit. Finally community is not organized but there is ~~org-~~ organism.

Health means much more than not being sick. Health is mental and physical balance and a healthy person should have certain will power and be free from all contagious sickness. A healthy person gives an active participation in day today's activities. A healthy person chooses right things and rejects wrong. Healthy person will be God centered. He adjusts with any one easily and seen in him less problems. In him we see normal appetite and has a strong mind, heart and will. Healthy is a state of physical, mental and social well being and not absence of disease or infirmity. It is dynamic.

Development, is the remarkable changes on happening that occur in a period of time. A term used to describe a process of social action in which the people of a community organize themselves for planning action, define their common and individual need and problems, make group and individual plans to meet their need and solve their problems, execute these plans with a maximum of reliance up on community resources when necessary with services and material from governmental and non-Governmental agencies outside the community.

2. Community health is nothing else than ~~thei-~~ to have or to enable every family or individual in the enjoyment of human right; All must possess the human dignity. Throw away the distinction between poor and rich. Every individual must have the possibility to achieve proper education and should have the tendency to take up any work without any division. People should have the freedom in belief and worship. Thus all should flourish in all walk of life day by day. Then, we call it healthy community or community health.

3. When we hear the word healing, it gives a taste to our mind than curing. A person who has a sickness goes to doctor and gets some medicine, it brings a change in his physical condition. But the healing brings change to the whole life of a person. Changes in physical, mental and social stage. We see the healing ministry of Jesus which was discussed in C.B.C. Conference which held in the year 1971. Here in it healing ministry of Christ. We find was a creation of new relationship, from individual to whole human race. Healing gives a new life to the person & at the human race.

4. (1) Caste system:- there are so many castes which create problems and various communities.
 (2) Rich and poor:- poor people are oppressed by the rich people.
 (3) Political system (4) Social system

6

I understood that, whoever came forward to help the man had their own motivation and they did not find the root cause but gave a sort of solution, except the Animator, who provided a knife that was absolutely necessary for him to get away himself from that difficult situation. The worker accepted every thing, with our any knowledge whether it will be help full for him it is because his ignorance, that is to say lack of education.

5

RAMANA STORY

Through this slide show I came to know * 'the existing system' that caused the death of the child. Namely, the landlord, the politician and the uneducated labour

THE TWO FACES OF INDIA

This show gave us a clear evidence of the dark and bright face of India. Though India got independence 48 years ago the dark face of India is not still aware of it. I feel 60 percent of Indian don't enjoy in the freedom of India. One side people fights with dogs in hotels & wait-box to survive themselves but on other side people accumulate all kinds of modern computerized machines for their good and for the good of the high class people

THE ISLAND SLIDE

~~FOR COURSE-IT IS EVIDENCE~~ Of course, it is a evidence for the village people who are far away from the urban area, or city area, where are all the facilities are available. THE DISTINGUISHING between the rich and the poor can be the huge wall between them. This poor people unable to buy or get a piece of land in this area because mostly this area is possessed by the land-lords and rich people. And another thing every projects that comes for the betterment of the people, does not go to the village because, lack of roads and communication facilities

7

I could understand, how much the people struggle, who don't have sufficient land to cultivate especially when they get a bad monsoon. Then, what about the landless people of our country. It is impossible for a man, who has a little land to come up in life in India. And it is well and good if these people are free from all sickness, that they may live a few more days. It is a fact that even if they get a good weather, they will have nothing to preserve for their future needs. Finally these people were uneducated therefore they didn't know how to cultivate for better harvest

8

According to me a community Animator must go in the favour of the people and find out what is the root cause for suffering and do what he can. Of course a community Animator must know the background of the people. He has not come to treat the rich. Only the sick person needs a doctor. As a community Animator he has to come help for the low class oppressed, down-trodden and the poor.

9

Of course, your Methodology is very good because a serious thing will direct the full attention of the people, who never think the need of c.h. work in India and they have never seen the two faces of India.

I didn't find anything negative in this course, But I have a suggestion that do this course as far as possible continuous

10

My future role in the community is to be a tape tuner instead to be a floor moper. I have to go to the people and live with them in order to get a better idea. How do they live? What is the problem that people face? What is the attitude of rich towards the poor people? How Government takes care of them? How is health of the people? And what sickness the villages and undergoes. Thus I may be able to understand the ultimate cause and treat for the better development

*****17*****

C.H.D. COURSE

Introduction:

The duration of this course is 6 weeks. And the method of this course is called pooling in education or banking, i.e., most of the answers come from the students. Importance of this course lies in thinking and feeling, feeling means: anger, despair, hope and joy.

The syllabus of the community health and development is: 4-4-'33 to 9-4-'38. 1 week.

C.H.D. 1. What is: community, health, development, awareness, building, education, vocation and mission.
2. Village experience. Thalavadi, Adugodi and J. Sadan.

6-3-'38. 1. Health - prevention.
2. Common illness and sickness. 3. Nature,
4. Food and nutrition. 5. Development: a) economic, b) mental c) ecology. 6. Govt. programme: health and development. 7. Church programme and tradition.

The first section is starting with group discussion. We are divided into 5 groups. The task of the group discussion was what should be the content of the community health and development course at Jyothi Sadan, 1938. 20 minutes were given to the groups for discussion.

By this discussion we contributed the following ideas; what is health, and community health, community development. 2. Life situation of the common people at present, 3. What facilities are needed for community health and development, 4. Common illness and remedy, 5. Food and nutrition, 6. Medicine and the side effects, 7. Alcoholic problems, 8. The use of natural medicines, 9. Environmental health, 10. How to live and how to approach the community, 11. How to organize community health development in the context of vocation, 12. The use of modern communication medias.

Group discussion:

After the discussion Dr. Ravi had taken classes about the function of the group, how to organize group, how to start the discussion, what will be the task of the chairman, and the task of the reporter, and when an outsider comes to the group what will be feeling of the group, etc...

He said the moderator and reporter must be two different persons, why? The reason is, if it is one person we will be able to use only half time. The leader should read out the guide lines and the group should modify within the time, whether the time is enough or not.

In any group discussion we can see one or two dominating and some will be quiet, it is the duty of the leader to pull out their knowledge.

Why they dominate? : confidence and over confidence, speaking ability, knowledge, experience, eagerness.

When there is domination others freedom is cut. The duty leader is to see to this.

Why silence? : lack of confidence, fear complex, less knowledge, not interested, not open, fear of judgement, lack of language problem.

The group discussion will help to understand and improve our participation.

Health: The world health organization was formed in 1948 under the leadership of U.N.O. They formed a definition for health.

JN
16/6

Health is a state of physical, mental, social well being and not absence of diseases or disability or infirmity. In 1960 they added spiritual also. Health for all by the year 2000 A.D., thus health is everyone's business.

Health is: 1. individual and 2. Community.

Health is not doctor, nurse, drugs, hospitals. It is everyone's business, or health is the wholeness of individuals.

Man : physical - doctor.
 mental - psychologist,
 social - political
 spiritual - priest.

After this we came to discuss the story of Vasu and Ramaka. Both cases their child died due to the various problems. Our task was to discuss about why their child dies?

Medical reasons.

Tetanus, diarrhoea, lack of medical facilities, cheap medicines, false doctors, and treatment, lack of clean water.

Social problems.

Ignorance about : sickness, medicines, their rights, no land, no money, bribery.

For diarrhoea there is an effective natural method, it is called O.R.T. 3 pinches of salt and enough sugar, make guice out of water or rice water and make the patient to drink.

Health and development relation:

In the community and so there will be common sickness. Instead of giving some medicines, find out the root cause of it and solve that problem.

5 common diseases

Flu, fever, T.B., Dysentery, diarrhoea, chicken pox, skin diseases.

problems.

food problems, poverty, lack of money, unemployment, shelter, broken families.

Unless we solve this problems, we cannot wipe out the common sickness by medicines alone.

The next session: about what is physical health, mental health, social health and spiritual health.

Physical: i.e., work well, good appetite, good eye sight, free from sicknesses, well functioning of the body, energetic etc...

Mental: Good memory power, happy mind, satisfaction to oneself, capacity of judgement, enthusiasm etc...

Social: 1. Better relationship : friends

family, : be a genuine relationship.
neighbours,
superiors

2. Genuine: not indifferent, openness, understanding, sharing.

3. Social role - vocation and mission etc...

4.. Help, voting power, services.

Spiritual: Soul and faith.

Community health: we can see 3 elements: 1. physical - food, shelter, clothing, water land, good environment..

2. mental: equality, justice, liberty.

3. Social : Democracy.

The goal of the C.H.D. is a gradual process of more and more people know about their potentiality.

The following day we discussed about the story of Choman.

Community situation:-

Cause

poverty, suppression by the landlords, no minimum wages, church and priest.

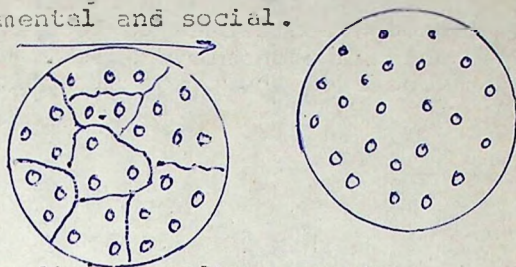
Change.

free legal aid for the poor, choman was intended to do something for the betterment.

Community : a group of people live together to build a better world. Better world: physical, mental and social.

Community should be like this--

Today's community division--



Divisions of the community: According to culture, caste, language, wealth, politics, religion, etc... This divisions cannot be removed.

Structures of the social system: economic, political, social, cultural, religion.

Economic:

Rich and poor: division of money.
Employment, land, ownership, money distribution, education, profession.

Political: political party, decision making for common purpose, group leaders and committee.

Social system: How the community is divided into social system.
: family, way of life, caste, : by profession, birth, superiority and inferiority.

Religion: Worship, temple, mosque, church.
: priest and theology.

The next day the session began with a skit; a certain man is tied up with various problems. The main points are:

The actors: poojari, priest, social worker, doctor, educationist, village health worker, animator.

Pre-conceived ideas: past sins, gift from God, need of agricultural development, diseases, sickness, lack of education, lack of food, ~~xxxxx~~ slavery, not freed.

Remedies: Prasadam, prayer, rosary, novenas, seeds, tonic, drugs, books, apple, soap, knife.

19th cen. modernization was the main idea. Charity does not help man to get rid of his problems, 1970 onwards the idea was only social justice can solve these problems. The goal of community health development is to build a better and just society by making the people or community aware of their rights and duties and responsibilities as being members of a society.

Education: To educate: give education, making aware, sharing of knowledge, present situation, fully human.

Education: 1. Formal - schools and ~~xxxx~~ colleges,
2. informal
3. adult education.

Banking system: established truths, fixed syllabas, competition, teachers are fixed, students are fixed, time is fixed, examination, certificates, movement, passing and failing.

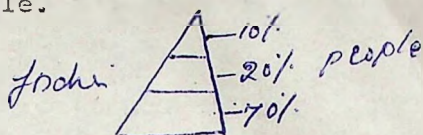
: pooling, knowledge, pulling in sharing experiences,

After noon we had a slide show about India. Towards the end of the show we were asked to discuss 3 questions. We were divided into 5 groups, the questions were:

1. which slide struck you most?
2. In which side you belong?
3. Why poverty in India?

Each group found out the reasons for the poverty, that is over-population, rights, education, plans are not implimented, exploitation, richness, capitalistic, unemployment, wealth is not distributed equally, caste, etc....

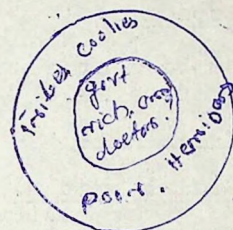
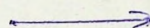
But the main reason: we have sufficient resources, we have enough facilities to feed the Indians 3 times. Population is only an economic problem. They who govern the people are not concerned about the situation of the people.



This 20% and 70% people cannot stand for the election, only the 10%, because they only have money. Then these 10% get position they neglect the 20% and 70%. Today the education system does not teach the realities of the world. All the problems are interrelated. We can solve all the problems, only we have to understand it.

The next day also we had a slide show, on an island, a deep reality of India.

Today's Indian situation:



Who all are outside and inside the fence.
 Inside: Govt, rich, army, doctors, religious.
 outside: poor, bonded labourers, coolies, tribes, Harijans, refugees, exploited etc....

The people who are inside are rich and control the people outside, how?

: education, economical, Govt law, wages, taxes etc...
 also, caste, religion, culture, facilities, language, agricultural etc...

Everything is controlled by the upperclass people, the political people are supported by the upperclass. This is one of the reasons, why poverty exists in India. And also poor do not get education, the duty of the church is to bring this people together and fight for their rights.

Thank you.

By. Brothers Sebastian, Joshy and Shaji.

8/6/1988
Jyo Hi Saktin

REPORT OF MONSOON GAME
XXXXXXXXXX XXX XXX XXXXXXXXX

The session was begun at 2.15 p.m. on 8th June 1988, under the direction of Dr. Ravi and Mr. Gopi. We were divided into nine groups, these groups were known as Families in the village. Besides, these families, there were a money lender and his Gunda, a news reporter and a village development worker.

Families A, B, C, D (middle class) got 5 fields each and H, I (Harigass) got three fields, 'E' family got 7 fields, 'G' 8 fields, and 'I' family occupied 10 fields (upper class).

The cultivation of this village was completely dependant upon monsoon. The main crops were Ragi, Maize and Ground-nuts. Since they were dependant on monsoon sometimes the fields production were good, average and poor. When there were poor monsoons, those who got less fields could not adjust their needs. So they were mildly and severely malnourished, as well as they were affected with different kinds of disease. This situation made them to take money from the money lender and loan from the Bank. Since they were poor they could not repay money, as consequence, they lost their land, utter poverty, various disease and even some were migrated.

The news reporter also was the side of rich. The village development worker went on everywhere but the people especially the rich were not co-operative. Even though they assembled many times, lack of co-operation like building a Road etc... were rejected.

The end of this game we understood that the rich became richer and the poor became poorer. The life of villagers exactly came in our game. It was most interesting, even the upperclass family did not have much contact with Hariganafamilies.

We clearly understood through this game various aspects of village life. The needs and convenience of villagers are the lowest of nation. Their problems are not yet solved. They are disunited among themselves like caste rivalaries, lack of sharing etc... The villagers are mostly illiterate and ignorant. Therefore, anybody can oppress them in every sphere of their lives. So to say, we got an idea of a village and their problems. So it will help us in our future apostle etc.

Thank you,

XXXX XX XXXXXXXXXX

4/6
10/6

Participation

CONH 26: 5.

Participation is an active involvement of every person in a group for a common purpose.

In a participation there should be a president, reporter, time keeper (if necessary) and the duty of the president to coordinate the meeting and to introduce the theme and ask the opinion from everybody. ~~It is the duty of the president to see~~
1) Dts of the president

- to coordinate
- See the subject is discussed
- not going beyond the matter
- regulating the pro dominant person
- encouraging everyone to come out with his ideas
- last put forward his opinion
- Listening to others.
- to summarise the opinions.

Reporter has to note down the discussed matter and time keeper should see the time limit otherwise some will go on speaking.

In a participation we should try always to feed back for the right or false ideas ~~on~~ through a positive stroke. At last secretary or reporter should ~~down~~ ~~down~~ the report and present within that time participant.

Participation

Participation means to involve in a group or in a community both physically and emotionally. In other words participation means to take part in a community or group.

In a gathering there should be leader or a moderator, and secretary to write the report. Leader can be selected by the other members. Leader should be able to lead the group in a better way. In a meeting each one must take part fully. It is the duty of the leaders to read out the task which is given to them. The task must be clarified fully. It is very essential to proceed the gathering.

It is the duty of the group members to share their knowledge about the particular thing. It will enlighten the community. Each one must be able to share their opinion. In every group there can be people who speak more and there will be people who speak anything at all. In this case the leader can deal with them. He can encourage the person who is not speaking. The leader can make the glooming group more joyful by saying so jokes and all. This will help the group to come up from their difficulties. Sometimes equals can take place in a group person may leave the place sometimes in this situation also leader can change the person by clarifying everything with cheerful way.

In Order to formulate a successful group each one in the group must take part fully. One must contribute their ideas. Other members must be able to accept the idea instead of feeling him. If the ideas is not clear it can be clarified in the group. It is good makes jokes in the gathering in order to make others happy like this we can make better group sharing and mixing is an inevitable part in the group. Every one must be able to open completely their ideas about the group. The leaders of the group must be able to keep the group in a better way. Others also accept the leaders as their leaders for the better functions of the group. Thus all matters are required for fruitful participation in a gathering.

Participation is a ~~for~~ important thing in group discussion or dialogue. We are living in a group or community, we are the members of the community, we have some role and duty in this community or group, that is we should do that is participation or we are accepting others as they are or their own ideas.

Participation is a communication between ~~with~~ our group members. We are giving our ideas and we are accepting our group members ideas. It is a communication with each other.

If we are in group for discussion about one matter ~~as~~ for that contribution is required ~~for us~~. We collect some ideas and we will contribute the persons. And in that group we ~~are~~ will have different opinion and different ideas. And after that we ~~will~~ are seeking the matters which we have got that is information seeking. Then people will give so many opinions that information giving.

In group all are participating in different ideas and different minds and opinion - ~~for~~ finally leader should bring

together these different ideas and after that
~~are~~ coordinate.

The main part of participation
is - listening the other persons. And also we
should give encouragement for those who
are not participating this group. If any
project or programme - ~~for~~ ~~see~~ we want
success means - every body should
participate.

Participation is thoroughly at
cooperation.

Participation

To participate in a discussion or in a meeting we must know many things. First of all before we proceed in the meeting we must elect a president and a secretary. It can be a volunteer or a selection. Both of them have the responsibility during the course of discussion.

In the meeting president has to put forward the matter. And seek ~~to~~ Everybody's opinion about the matter. It is the duty to participate all members equally. President must be aware of the prescribed time that given for the discussion. Everybody must try to ~~to~~ finish the discussion within this time.

The Role of participants are many. They should accept Everybody Equally. And then give others having give others chance to say their opinion. opinion seeking. All should seek the opinion of others. Lastly Co-ordinate Everybody's opinion and ask the consent all the members and draw the conclusion. ~~But~~

Secretary must has to report all the points which is discussed during the course of discussion.

Bro. Lawrence

Participations

To Participate in a discussion or a group meeting we should know many things, whether smaller or larger group before begin the matter, select a leader and a reporter. It can be a selection or volunteer. Both of them have the responsibility during the course of discussion. Duty of a leader during the course of discussion:-

Leader has to put forward the matter. And seek everybody's opinions about the matter. It is his duty to participate all men ^{equally} ~~here~~ all those who are silent and all those who are dominating, should have the chance to give their opinions. Leader has to aware of the prescribed time that allotted for the discussion. ~~Discussion~~ The discussion should be completed within this time. And also he has to see others opinions and feeling should not be hurt.

The Role of participants are many. They should accept everybody equally. And listen what others saying, give others chance to say their opinion. Opinions seeking, All should seek the opinions of others. Lastly co-ordinate everybody's opinion and ask the consent all the members and draw the conclusion. Reporter has to report all the points what-what ~~discuss~~ which discussed during the course of discussion.

8/4/88

Participation in a meeting Selvaraj Antony

The Etymological meaning of the word participation is involvement in a meeting, we cannot say that once a decision is made, I do not know about that. There are two kinds of participation in it. such as: physical and mental.

Physical participation means we are present for the meeting, and we also are involved in the decision making.

mental participation: It can be in both ways (i.e) Positive, and negative. A participation becomes full when there are oppositions and arguments. It shows that all are involved, and finally the decision is made.

In any participation like this the moderator has a prominent role to play in this participation. Such as: guiding the members of the committee, moderating when it is too much spoken, and completing the matter in a prescribed time limit, above all to encourage all the participants to expose their opinions and ideas etc...

the Role of the Reporter also is very very important, whenever one matter is decided it is his duty to write it down in order and then it will be signed by the participants, moderator. These are the very important things in a group.

In addition to we are new in a place and we are invited for such a meeting, first of all we'll be asked to introduce ourselves by the moderator, and then we can begin to participate in the meeting.

Participation

What is Paracitron?

Participation means those who involve their smalles physically, emotionally and Mentally and to take decision with- in the community. In otherwords to take part or share in the community;

level of participation in different situation.

In the meeting, some will nominate some will elect. It is leader who see these situation and guide the members. All the members to take part in the meeting. Leader should call eachone name and tell them to give their opinion about the subject leader should ask in polite way not forcing way. These system gives relationship between leader and other members.

2. Fully participative assumes, information giving and seeking and opinion giving and also some clarification. It is the leaders task not only information giving and also take part in a fitting way.

It is ~~leader's~~ leader's ability to ~~take~~ ^{take} the point and discuss ~~not~~ ^{not} Leader has to encourage the members ~~that~~ so that they may express their idea. It is called friendly expressions (democratic system.)

Communication:- is to understanding others. There are various communications in the world. But this communication is different from them. This communication is to exchange the idea, but do not exchange the person. Because this is the main problem in the community. Leader

7. ~~Leader~~
Leader must have an moderate. His

Participation:

Participation is one of the most important in any group or society where the clarification is to be made. In participation first and foremost a leader or Moderator is to be appointed or elected, who will be the controller of the group, whenever is needed. Then, Chairman and Secretary also to be appointed, who will be presided over and note down the minutes and the hour of meeting.

In participation, Chairman is the main person (and he should see that all are participating in and share their opinions within the group) ~~as~~ first of all he must may welcome each one in the name of society or organization, then he should must has to open or read out the aim and the purpose of this gathering to the audience or the participation. Here, the audience or the Participation must listen to the matter or task that is read out to them. And as we know, in society we all have the right to some extent and here we are bound to share our opinions accordingly. And from the part of the Chairman too he is bound to listen and discuss the matters. Finally, once again the Secretary must read out again what he had written to the audience and to be finalized and ensure once again. Then only, the meeting is valid. And always should keep in mind that ^{not only the} leaders are not the but the whole group are equally important.

Participation

bro. Joseph K

This means have a share take part ~~at~~ or act in participating. In Democratic meeting we should allow all the people ~~at~~ or all persons must be given time to share their ideas and views freely and ~~of~~ deliberately.

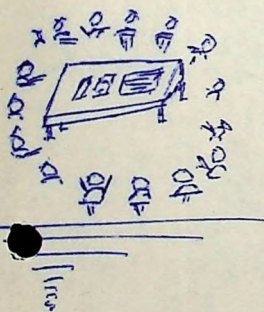
- In any meeting there should be leader and a Reporter for the good communication.

- Leader should seek the information from all the members of the group. And leader starts with the words I feel and so on that is called giving opinion. And should give correct information about the fact or the matter which should be clarified.

- And at the end all the conclusion should be made known to the group and clarifying it if there is any thing.

For a better Workshop:

- Declare it as early as possible, clearly.
- Go without preparation not.
- Be not late.
- Think it is our matter and for a common good, not his or her.
- Be open
- Express your opinion legibly when the time comes.
- Lend your ~~eyes~~ ears kindly.
- Look down others and their opinions not.
- Be moderate in participation and ready to be moderated by the moderator.
- No matter, your opinion may be neglected.
- But, please abide with the majority.
- Be silent not
- Same way dominate not.
- How nice it will be, follow the given procedure
- Be in the ultimate track.
- may be fooled, don't feel bad.
- Crack a joke if it is needed.
- Can be a Reporter, Facilitator, Timekeeper etc..., do the part well, as it ought to be.
- Be progressive



- Respect and be respected.
- Try to conclude, not to prolong.
- Walk out not please.
- Over and above go, participate and
Come back as a "gentle man"



PARTICIPATION

Ar. Lukose.

Participation is communion with each member of that group actively discuss and decides upon various aspects of that particular matter. In group discussion should understand the sensitivity of each other.

It is good to have a leader and secretary in each participation. The leader shall have the right of control over the group. In the group all of them may not be able to express their ideas; lack of confidence, fear, knowledge, not interested etc. In that situation it is the duty of the leader to encourage them to bring out their ideas opinions and informations. And also there are who speak more that also can be affect others, that also should be moderated by the leader. Above all, he has to clearly read out the matter which is going to discuss.

The task of secretary is, the suggestions and proposals are to be written within the time. After being collected all the opinions and informations of each members of the group, he should read out the summary among the members.

The members of the group should be seek information and act responsibly with regard to matters. Each member should take part actively forming their opinions and perform their duty well. There is no risen of discouraging anybody due to the disagreement of opinions. The colleagues have the seriousness of the matter and act according to that, such a awareness help to produce much fruits.

Thank you.

PARTICIPATION

By

BRO. RAPHAEL D. PADINTAKKA
RA.

In the following, I would like to draw certain points for a better procedure in a meeting or discussion. It is always good to begin with a small prayer in which we invoke God's assistance for making balanced decision. In a meeting like this there should be a leader who will be nominated, volunteered, elected or selected etc. The leader has an important role to play in the meeting. He or she may ^{be} called Leader, Chairperson, Chairman, Moderator or facilitator.

Then comes the reporter or Secretary who will be noting the opinions of the members.

Next procedure is that it is the duty of the leader to introduce the topic till everyone gets the idea about the subject. At this time full information should be communicated to the members of the discussion.

Now let us come to the participation. Every member is supposed to speak and communicate the ideas to the discussion. At the same time we should remember that we should not dominate the other member. Dominating means not only over speaking but also silent, disinterested and constitution etc. Now here is the duty of the leader to seek their opinions in a friendly way. Common reasons for dominating are confidence or over confidence, speaking ability, knowledge / experience. These are good but if it is ^{so much} ~~some~~ that will

effect the other member, then it is dominating. Domination comes out of Aggression and pride. Following are the reason if the other member kept silence: lack of confidence, fear complex, less knowledge about the matter, not interested, or not free within the group.

Communication has primary place in discussion. Communication means expressing my ideas to the other one to understand me that what I was trying to express. Then there comes the importance of listening.

It is always good at the end of the discussion the Secretary may read out the opinions noted during the discussion and ask for the clarifications. If there is any opposition the matter should be accepted in majority.

As we have begun with a prayer, it is advisable the concluding procedure may be with a prayer.

Thanks!

Participation.

Donkash -

participation in group discussions or any dialogue, all the members should take part in activity.

The duty of facilitator is to see no one dominate in discussion, also should encourage one who is not participate in discussion.

The ~~an~~ reporter should take all written down all the points of discussion.

It also the duty of the leader to see the task is fulfilled, and the time should be kept.

In a discussion all the members are welcomed or should express their ideas freely.

The presence of the outsider will not disturb ~~the~~ in any good discussion. (E.g. no silents,).

- (1) In the group leader and reporter should be elected
- (2) It is the duty of leader to present the matter to the community
- (3) Giving information and seeking information
- (4) Giving opinion and seeking opinion
- (5) moderate the group, that means those who are dominated & should be controlled and one who is silent, also should be encouraged.
- (6) If there is any doubt should be clarified with in the group.
- (7) After seeking all the opinions, the ideas should be summarized.

Participation means pooling the ideas of the group. It is the duty of everybody to participate in it. i.e. one's own mind and whole attention should be given to the group. listen to each other is very important for the participation.

The word Participation brings many meanings. Participation signifies the derivation of temporal diversity from eternal unity, and the structural dependence of the many on the one.

In ordinary usage, the word signifies a sharing or taking part in ~~the~~ word a common effort, glory, nature, or merit: thus every order of ~~a~~ causality one may share or take part in some whole part or take. It signifies the act of giving or communicating something to others.

Ordinarily speaking ~~as many~~ it is used in the intrasubjective sense of a subject, having a part, or taking part in some reality, physically, morally.

Participation, here means, that a group of people involving as communicating a community physically and emotionally. In a group there will be the leader, who right to give a portion to discuss, and he should be the leader to that session. In order to run the group discussion smoothly, the systematic arrangements essential

- (1) A leader as well as a moderator. (Selected by group members)
- (2) A Secretary
- (3) Facilitators who have to contribute the ideas
- (4) A democracy unit need
- (5) Everybody should take enough participation
- (6) ~~At~~ Finally the Secretary will read out the matter in which we all participated.
- (7) Leader should take the initiative if each and every member should contributing or not.

We can't sure, that all the members may able to share their ideas, but in that case the leader must-encourage them. During the session, if anybody ~~not~~ walk out, the group discussion must-be continued without breaking the session.

Reporter

His duty whatever is happening in the meeting (group discussion) he has to write down make a proper report about the discussion. Finally he has to read out what he is written in the same group and get ~~up to~~ approve from the group. other members.

It is their duty to contribute the idea about the subject. They must be co-operative with chairman. If we have an idea courageously have say. if it is wrong or correct. The success of the discussion depends upon the group members.

PARTICIPATION

Bro. Sebastian

Roll no. 70

mm mm mm

In any group discussion there must be a chairman and reporter. The duty of the chairman is to lead the discussion and he has to see that all must participate in the discussion and all must get equal chance. If there is a big meeting it is required a time keeper also. It is the duty of the participant to take active part in the meeting. In any meeting we can see some will quiet. Some will be over dominate. The chairman has to see this. One who is not talking he has to encourage him to take part.

Why some are keeping quiet many reason will be there. Lack of confidence, fear, Complex, less knowledge, not interest in the subject not free will to group, judgement. Why some are dominating? Over confidence, speaking ability, knowledge, experience, enthusiasm etc. The group discussion will help us to understanding improve our participation. The discussion try to finish with in the time.

Task of the leader

His main duty is to preside over the meeting. First he has to introduce the theme, purpose and what we have to do. Then he has to give information to the participant. Then he has to ask the ^{opinion} of others and finally he has to contribute his ideas.

Bro. Bajah

Procedure of a meeting as follows:

First and for most the group must elect a moderator. After the election, they have to elect a reporter. Now we shall come to the meeting, it is good to start with a prayer, because it is God who can help us. So it is good to seek the help of God. Then the moderator has duty to read out the task after reading, or after understanding the matter, he has to ask the opinion from each one. First and for most the moderator must say his opinion about the matter. The reporter must write down the point whatever they say. The moderator must see that who is not opening the mouth ^{or} if some somebody is not saying their opinion then the moderator must ask the person about the matter. The moderator must see everything.

Then one important thing is that when one is saying something then others must listen. or the others must pay attention. After -

~~Collecting~~

After collecting the opinion from everybody the moderator must take a final conclusion with the help of his colleague. Then the reporter must read the point whatever he has written. The end all must put their signature, or the moderator can ask them to put signature.

Thanks a lot
~ ~ ~

Participation in dialogue

There are many matters in a dialogue. In order to participate worthily we should know some of the important matters.

First of all there should be a leader.

Secondly there should be a reporter.

The leader's duty is to lead the dialogue and the reporter should write the decisions ~~which~~ ~~that~~ that are taken.

Now there are some duties concerning leader. ~~an~~ Before beginning the programme the leader describes or reads the particular matter which is to be discussed.

After making aware of the matter to the community starts the discussion.

Now each one brings out his own or her own ideas. ~~and~~ Other wise the leader or one who gets an idea presents it to the community and asks the question: What you say ~~about~~ about it? There will be members without showing any interest or without participating. It is the duty of the leader to give push or gently approach that person and make him to take active part in it. It is the duty to see that there is no conflict among the group.

When one proposes an idea about the matter whether it is wrong or right we should not give sudden neglect towards his opinion, or we should not push his idea. Because it will hurt that person. And also it is the duty of the leader to see that no member should go out of the subject. When one goes out of the subject we have to bring him back to the matter and see the provided time. This is the way should take part in a discussion.

Participation in a Group

Participation means to take part actively, in other words to involve fully, that is physically and emotionally.

In a group there should be a leader. His duty is that, to see all the members of that group is getting involve. Otherwise he must ask the members to share his idea.

Finally there should be a reporter he should take down all that is discussed. Leader's duty is to give time for all, when he sees that someone is not giving idea, he should ask the person in a friendly manner and encourage him. This makes a full friendship between each other.

There should be giving information and seeking or opinion giving and seeking. This also makes a true community. Then all the ideas should be clarified within that group. For this leader should co-ordinate.

Communication is very important because through communication only we can understand each other. In this we can express idea but do not try to express the person.

Introducing the theme is very important. Then only we can clarify it at the end of that make a summary of all that held before. For this group discussion very important thing is to listen each other.

Participation in a group

BRO. Ashirwadom
Roll no - 66.

Participation is that one who takes part in assembly or in gatherings groups first and foremost we select a moderator or leader and reporter. ~~See~~ Very often in discussion ~~here~~ we forget to elect a leader or Moderator. The leader should see every body gets chance to share the matter, bring right judgement and decision or solution.

Those who are keeping silent make them to open and when subject put forth we should try to discuss the matter we never go out of the subject beyond this. when one goes out of the matter try him in smiling way back to our subject. when ever we have gathering for the discussion participate with full enthusiasm and self awareness is very very important. when we communicate such matters call a person in name it gives more impression relationship to one another.

when one person Dominating by his
power, intellect or knowledge over the
meeting try to Controll & with in our-
selves. Lastly we gather all their
opinions and put to gether.

PARTICIPATION

Brs. Joshi

In the group discussion, first of all we must choose a leader (chairman) and a reporter. Then the leader or one of the group members will read out or say the matters for discussion. We must see that whether we can come to a conclusion within the given time.

The duty of the leader is to control the group members, especially ^{those who} ~~going~~ out of the matter and do not mind others opinion. The reporter has to write down the suggestions and opinions, that are brought forth by others and by himself.

In the discussion every body must get a chance to bring out their ideas about the matter. In the discussion, if one person's opinion is not so appealing to me, I must not jump over him immediately, instead speak in a polite way that he may not be offended. Speak one at a time.

During the discussion, if one keeps silence the leader should encourage him to speak his opinions about the matter. It is better for the guideline to call out every person by ~~man~~ name and to seek the opinion.

in the discussion all the participants
are free to express their ideas about the matter.
we must be very careful that not to hurt others.

● Participation -

To participate simply means to take part in a function or a Group discussion. But if we go deeper and deeper into this word it is beyond a mere Participation or our presence in a Group. Here we discover one's whole Person, his mind, body, his attention towards the group. He listens to the discussions and deliberations and gives his opinion / viewpoint to the matter which is being discussed. He does not flatter neither go away from the real matter.

● Again participation would mean - to giving up of oneself ~~Person~~ totally to a Group. Feeling that the matter in discussion is - pertains to him and he has to give / bound to give his opinion to the Group for the successful execution. Mere bodily presence in to a Committee does not make 'participation'. It is the duty of the every participant to see that the discussions are not gone away from the real matter. And if ^{there is} any silent-participant is in a group it is the duty of the other participants to give him a chance to express in this particular topic. Thus the whole programme will be in active participation by all members. And also every participant has the right to express his feelings, visions, his support and rejection of other opinions - if it does not seem to be appropriate. Thus participation means one's full involvement into a group and opening himself to that particular Group and receiving all the information. Thus participation has two sides.

Thank you

PARTICIPATION.What is participation?

Participation is to involve a matter physically and emotionally (mentally) to take decision in the community. In other word take part or share in the community.

Context of participation in different situation:

In the community there will be nominators and silencers. It is the leader who should see these situation and manage the members. Allow all the members to take part in community. Leader or moderator should call each one's name and ask them to give opinion. Leader should ask in friendly manner not by forcing them. This system gives relationship between leader and other members. This is called democracy situation.

The full participation means, information giving and seeking and opinion giving and seeking and also some clarification. It is the leader's task, not only information giving but he has to take opinion from the other members. Point should be discuss in the meeting not to go out of point. In this case leader has to work as a Co-ordinator. Leader has to encourage the members to express their feeling in useful way. It is called friendly manner expression (Democratic System).

Communication:

Communication is to understanding others. There are various communications in this modern world. But this communication is different from them. This communication is to exam the idea not exam the person. To give equal share to each members to express their feelings and clarification. This is a real communication.

Within the community facilities communication also should take part. It is to receive from the other members we have to listen. Above is said, these all the aspects should take participation in the community.

Thank you.

PARTICIPATION.

Participation plays very important role in any group discussion. Any Discussion is more fruitful when all the members participate actively and fully in the discussion. According to me Participation is to take part or to involve ourselves actively in the particular task to be discussed or fulfilled. For any group discussion the prime duty is to select or elect or nominate a facilitator or moderator who will moderate the discussion. The next work we have to do in the group discussion is to elect a reporter who will take the minutes of the dialogue. The important role of the facilitator is to control the dominator and to pull out the silent one. The facilitator should give confidence to the silent one and he should make all the members to share their opinions and views with regard to the task. Participation doesn't mean to be present in a discussion but involving emotionally and physically.

First of all leader has to introduce the theme to the group and he has to seek information and afterwards he can give information also. Then his task is to seek opinion from others and he can give opinion also. I strongly feel participation doesn't mean only speaking or giving opinions, ideas, ^{and} views but to the greater extent it also involves listening. When one shares or gives his opinion all the other members should listen to that particular member's view whether it is

P.T.O.

Correct or not then only participation will be full. One should not ~~let~~ down other members of ~~out~~ the group.

We can say one is physically healthy only ~~what~~ when all the organs of his body functions well like wise any discussion will be fruitful only when all its members participate fully and actively in the discussion and share their views, opinions and ideas and patiently listening to the opinions of others and pulling out the silent members of the group saying him that his ideas or views also important and controlling the dominating one.

5 April

Thurmedly Case Study

Medical

- Diarrhoea
- Vomiting
- Fever
- Lack of medical facilities
- No precaution
- Ignorance of health

Social

- Lack of work
- Lack of water, food
- Population
- No govt programme
- Suppress - land money
- Landless labourers
- Transport
- Lack of cleanliness due to lack of water

Common diseases

1. Flu/fever
2. Diarrhoea
3. TB
4. Skin diseases
5. Chickenpox

Common Problems

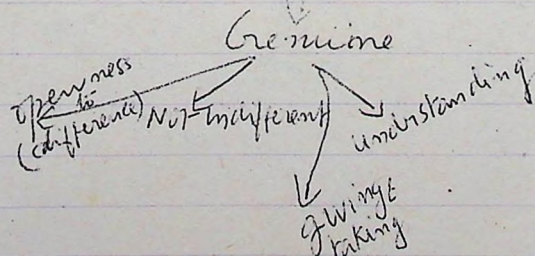
1. Poverty
2. Unemployment
3. School admission
4. Broken family
5. Shelter

INDIVIDUAL DIMENSION

Physical health → free from sickness, work well
functioning well; good appetite;
(free from indigestion also); good energy

Mental health → Happy; satisfied with oneself; capacity
of judgement; good memory

Social health → Better relationships → superior
family
friends
neighbours
inferior



Role in a society -
[the goal one takes]

Spiritual health → Something beyond us

COMMUNITY DIMENSION

Physical → Sickness Treatment facility; adequate food, Shelter, clothing, land, water, good environment

Mental & Social → Basic needs are met; feeling of equality
Society to be built on justice (just relationships)
liberation from slavery, bonded labour etc. (freedom)
Participation in decision making.

6 April

Choman's Case Study

Causes

1. Poverty
2. Injustice
3. Suppression/exploitation by landlord
4. Increase in prices of goods (inflation)
5. Church

Changes

1. Free legal aid for the poor

Community

1. A unit of people who had come together for certain ^{common} purpose.

Division

1. culture; 2. caste, language; wealth; quarrels;
Political party; religion

Structure/system

Economic → Money/land
Edn. Prof.
Political - Decision making

Social - ways of living, caste

Religion - worship and its rite,
temple - mosque - church

GROUP DISCUSSIONS AND MEETINGS

(Training paper III)

Every meeting and discussion has its own dynamics. However there are certain conditions or behaviour which will help a group of function effectively and to complete its task. There are also conditions and behaviour which will hinder the group. These can be related either to the group's task, or to the process of the discussion.

The following contribute to a good discussion:

A. Related to the task

1. Members take the initiative to define the task, define words and concepts, clarify issues, introduce new ideas, etc.
2. The task is clear to every member of the group, and all members accept it.
3. Members have the information they need; or they seek it from each other.
4. Members freely give information and facts related to the task, and also offer their opinions.
5. Members speak from their personal experience, giving specific examples.
6. Members listen to each other's contributions, and ask for clarifications from each other of what is not clear.
7. The focus remains on the central issues.
8. There is a periodic summary, a putting together of ideas, or the testing of a conclusion.
9. Any conclusion is tested against reality to see if it 'fits'.

B. Related to the process

1. Members agree on a procedure for the discussion.
2. There is a periodic evaluation of the progress of the discussion.
3. The climate in the group encourages everyone to participate.
4. People listen, not only to the words spoken, but also to the feelings behind the words, and to the non-verbal expressions.
5. There is a periodic expression of the feeling in the group.
6. Any tensions which arise within the group are reduced or believed.
7. Arguments are reconciled, differences are explored, members 'agree to disagree agreeably'.
8. There is a periodic testing for consensus or decisions.

The following hinder a good discussion:

A Related to the task

1. Lack of clarity about-or commitment to-the group's task
2. Failure to give, or to seek, information which is available with group members.
3. Failure to stick to the main issues
4. Generalized agreements at a high level of abstraction.
5. Failure to check out and clarify exactly what is not clear when someone else speaks.
6. Excessive probing for another member's opinions or experience when he does not want to share these any further.
7. The introduction of irrelevant personal topics, anecdotes, interests.

Contd. 2/-

B. Related to the process

1. No agreement on procedure.
2. A climate of tension, or of domination and control by one or two people.
3. Failure to listen to others.
4. Interrupting others while they are speaking.
5. Hurt feelings, and failure to deal with these and other group feelings.
6. Withdrawal of some members or displays of non-participation.
7. No review of the progress of the discussion.
8. Excessive disagreement and opposition for personal reasons.
9. Passing judgement on what others say; deflating others; or giving them advice.
10. Struggles for power, recognition or leadership
11. Formation of sub-groups.
12. Vested interests and 'hidden agendas'.

A person who is acting obstructively is probably doing so, not because of any intellectual difficulty, but because his feelings are upset.

If a member feels:

- a. that his role or identity in the group is not clear, or
- b. that the group's task is not worthwhile, or
- c. that he should be wielding more influence than he is, or
- d. that the group does not like or accept him.

then he may behave obstructively. Sensitivity to this point can help the members of a group to see more clearly what is happening in the group.

Source: Lippitt, Gordon L. & Leslie Lippitt, 'Implementing the Organisation Renewal Process', Training and Development Journal, July 1970 - People Development - John Staley

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GROUP DISCUSSION: THE MODERATOR'S ROLE IN A DEMOCRATIC

DISCUSSION GROUP

(Training paper IV)

Throughout the discussion

1. Make sure that everyone understands and accepts the task, the problem, or the issues which the group is going to discuss.
2. Help everyone to participate. Don't let one or two members monopolize the discussion.
3. Encourage the members to share the opinions, the information, the skills, and the other resources which they have and which are needed to complete the task.
4. When necessary, clarify what members say through questions or re-phrasing. Ask questions rather than give answers.
5. Encourage members to speak for themselves ('I think...') and from their personal experience, and to give specific examples. Discourage them from speaking very generally and making statements like, 'Some people seem to think...'
6. See that members listen to each other and seek clarifications from each other if necessary. Do not allow interruptions.
7. Keep the focus on the central task or issues.

From time to time

8. Make a summary from time to time. This may involve putting ideas together, reconciling arguments, exploring differences of opinion, and testing out conclusions for consensus. Don't hesitate to draw attention to differences of opinion.
9. Listen to the feelings being expressed behind the words spoken. Allow the group feeling to be expressed from time to time.
10. If there is a lot to discuss and the group is large, keep in mind the possibilities for breaking into smaller groups.
11. If you want to give your personal opinions, do so outside your role as moderator. Say, for example, 'Speaking personally, as Swamy, and not as moderator, I think...'
12. Keep track of time. At the beginning of a discussion you may ask the members if they want to set time limits.
13. If the discussion becomes bogged down and people appear bored or tired, suggest a short break (or a game).
14. Ask the members to evaluate the progress of the discussion from time to time.

Source: PEOPLE IN DEVELOPMENT - A Trainer's Manual for Groups -
John Staley

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FEEDBACK

(Training paper V)

'Feedback' is information given to a person (or a group or an organization) about how he affects others. It helps him become more aware, both of his strengths and of his weaknesses. It does not tell him what he should do, but it raises questions for him. It helps him to decide whether to change his behaviour, so that he can be more effective and better able to achieve what he wants.

If feedback is given in a positive way it can be helpful. But if it is given wrongly, it is not only unhelpful, but can also be destructive. Here are some guidelines for giving feedback.

DO be specific. Give examples and data. For example, 'When you interrupted me just now I felt annoyed.'. The other person is able to make use of such information if he chooses to do so.

DON'T make general statements, such as, 'I feel annoyed because you never listen to me.' Unless you can give some specific examples, the receiver may not understand or believe what you are telling him.

DO describe your own feelings and reactions. For example, 'I felt hurt'. This is what you actually know.

DON'T describe the other person's feelings or motives or intentions. For example, 'You wanted to hurt me.' You do not know this: it is only your guess or interpretation. Such feedback will probably be rejected.

Don't judge the other person's actions. For example, 'You were wrong to shout at me.' Statements like this only produce a defensive reaction.

DON'T make general evaluative statements about the other person's character. For example, 'You are dominating and inconsiderate'. The person who is told this will probably react defensively.

DO think of the needs of the other person and of what will be useful to him. Feedback should be constructive.

DON'T speak only out of your own need to react or score on the other person: that is irresponsible and destructive.

DO speak only of behaviour which the other person could change, for example, his habit of interrupting. This is within his control.

DON'T speak of behaviour over which he has no control, for example, his habit of stammering. To comment on that will only increase his frustration.

DO choose the right time, climate and company to give feedback. Generally it is most useful immediately after the event concerned.

DON'T give feedback long after the event, in some other situation, with some other group of people.

DO give feedback when the other person asks for it. Better still, ask him exactly what he wants to know.

DON'T give feedback if the other person has made it clear that he does not want it.

DO encourage him to check with anyone else who was present about the accuracy of the feedback. This can be done in a group. Feedback is more effective if it is received from several sources.

DO ask the receiver if he understands what you are saying even though he may not accept it.

Feedback is a way of giving help. It is a corrective mechanism for the persons who wants to learn how well his behaviour matches his intentions. It is a means of increasing a person's autonomy and establishing his identity-for answering the question 'Who am I?'. .

Source: PEOPLE IN DEVELOPMENT - A Trainer's Manual for Groups
John Staley

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ELEMENTS OF TEAMWORK

There are a number of elements to teamwork. These are not easily achieved, but they are excellent targets as we work together in groups, committees, organizations and communities.

1. Teamwork requires an understanding of, and commitment to, the task and objectives of the group.
2. Teamwork requires the maximum utilization of the different resources of the individuals within the group.
3. Teamwork is achieved when flexibility, sensitivity to the needs of others, and creativity are encouraged.
4. Teamwork is most effective when leadership is shared.
5. Teamwork requires a group to develop appropriate procedures for meeting particular problems or situations, and for making decisions.
6. Teamwork is characterized by the group's ability to examine its own process, so as to constantly improve itself as a team.
7. Teamwork requires trust and openness in communication and relationships.
8. Teamwork is achieved when the group members have a strong sense of belonging.

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Report of the noon-session which was
held on 30th March 1990.

Com H 26: 6

The noon-session was started
at 1-45 PM with an interesting game.
After that Bro. Justin presented the report of
the morning session. The associates were
Mr. Mahi and Mr. John. There after we
had a slide show called "Island". After the
visuals we dispersed into our own smaller
groups to discuss and find out the an-
swers for the questions which were given
by the associates.

The questions were ① On which side
of the fence you will find yourself? and
Why? ②

② What would you do in this situation?
An active participation of ^{all} the group me-
mbers made the session alive.

Except two groups all the other groups
felt that they were inside the fence.

Though the questions were very deli-
cate, all of us participated in it very
enthusiastically. Mr. Mahi encouraged us
saying that "it was a healthy discussion.
It was told that whenever we work, we
should try to do something in order
to break the fence, and now itself we sho-
uld have certain conviction about our future
life. He too thanked one and all. Our
session was open ended because to bre-
ak the fences around us a lot of thinking
has to be done. Thank you.

Report of the Morning Session
held on 26th March 1990.

Animators :- Drs. Ravi Narayanan and Thelma Narayan.
Reporter: Bro. Joseph. K.D C.M.S.F.

Dear friends on this day we have been introduced to a new subject by Drs. Ravi and Thelma Narayan. It was Bro. Agnel, who introduced them to the Tyolthisadan Scholastics. Drs. Ravi and Thelma had waited some time for the other team members' arrival and after which we introduced each other for knowing better, explaining one of our interesting features or nickname. Then at 10.0 clock we had the tea break for ten minutes and we came together again to listen to the explanation of original and purpose of the team which conducts this community health development course. We too had a group discussion for half an hour on the subject of community by ourselves divided in to six groups. Dr. Ravi too asked the expectations or the thinkings when we heard of this course. Most of us opened up to him with our expectations and thinkings. He explained the important figures and matters in the group discussion. They are:- Understand the theme better. Have a coordinator and reporter. We each of us are asked to be the reporters of the sessions to the next day or to the next session. He also spoke about the pushing out and pulling in educational systems which are existing today so mainly this course would be the part of participatory education. In short, morning session was an Orientation to the Course of Community health development.

Thank You.

Bro. Joseph.
27.3.1990.

Report of the Group meeting
on the Subject of Community. held on 26th March

Theme: Community.

Animators - Drs Ravi and Thelma.

Co-ordinator - Bro. Jose A.A.

Reporter - Bro. Joseph. K.D.

Other group members: Michael D-cunha, Georg-K-C
George Joseph.

We the members of Group members five had shared the experience of each other in different dimensions and finally delivered the definition of a Community as follows. "A community is a group of people having diverse feelings and unique ideas live for a specific purpose with mutual understanding & love. A healthy community also has the qualities of understanding, acceptance, brotherly love and the mentality of sharing and having a time table to follow for a better living. They hold every thing in common. The healthy community grows first in itself and then spread it out for the growth of other people. Communities are dynamic and ever get it. The idea of unity in diversity is found in a true Community.

Bro Joseph.
26-3-20.

Report of the 26th afternoon session

Dear friends, the second session of the community Health and development course started at 1:45 P.M. The session was initiated by Mr. Mahima Parkash. After the self introducing to each other, he started in to his topic. mean while his friend also had enquired. He started with about the two faces of our mother land. They are rich part of India and poor part of India. He explained his ideas through showing slides. Though sound track was not so audible we could pick up some of the life situation which is prevailing in India. At a glance we could understand the gap between rich and the poor in India. After the show Mr. Mahima Parkash had given 3 questions for our attention. They are, what we understand by the visuals? what are the problems we see in the visuals? and what are the probable causes for such problems? And then all members dispersed for their assigned group in order to discuss problems to find out the answers. After 45 minutes groups met together with various reasons. All the groups unanimously agreed that India has problems and country has quit lot of resources. Only the meagre 25% of the population is utilizing it and 75% is deprived of them. Early social, economic, political, and cultural problems are main causes for the deprivation.

cast system is a peculiar system in which
upper class is always supported by govt;
lab and envy problem ^{is interrelated} ~~is interrelated~~.
and economic problem is the bases of all the
problems. mainly many of us are put forward
the cause of all the problems is religion.
At 4.15 p.m we bound up our session and
Mr. mahimapatrasam thanked every body for the
active participation.

① What do you understand by the visual? Two Faces of India
Through the visual we could understand the two kinds of people live in India. One side people enjoy, wealth, freedom, accumulating money and thing but another side people starve because of food, ^{lack} ~~lack~~ money ^{lack} ~~lack~~ at Education.

Example: a rich old man uses the hair cream to blacken their grey hair but at the same time many aged abandoned old people are dying because of hunger, lack of good health and medicine.

One side: a girl goes to beauty parlour to change their fashion to appear well, some women change their clothes, treat with perfumes, to appear as a pretty woman or woman. But the same time we see a naked mother with child even unable to cover her body, same time a pregnant woman gives birth a dead child because no facility at home. These are the faces of India.

(2) Today Govt. of people are uneducated. This is also a problem. Problems of hunger, shelter, separation according to cast and creed, social, political, economical problems. We see 75% of people live in a rural areas where no Education center, no water facility, no hospitals, no institution at any thing, etc. But the Town side where 25% of people live all things are provided. They start in the name of poor, etc. Hospitals, health centers but it becomes one for rich after some time.

(3) What is the primary cause for such problem?

Poor are oppressed by rich. Government not providing Education, supporting always rich and building institution always in the Town areas. Religion also a cause because it separates

Noon session held on 26th Monday.

Report of the sixth grain.

Q. No: 1 What did you understand by this visual?
Whatever has shown in the show are the realities happening in India e.i. both dark and light side of India. This show is the reflection of the certain people of their selfish enjoyment. They are not concerned with the other people who strive, make nutritioned and homeless. It also shows limited potentialities of the poor and finally it was source of inspiration and encouragement.

Q. No: 2 What are the problems that you see?
The problems that we find are. Over population, unemployment, poverty, capitalism, people are divided according to religion, influence of money and power that the rich man becomes richer, misuse of freedom e.i from the part of the rich they go beyond their limit of enjoying life, lack of education, rural areas just ignored and underdeveloped lands by the ignorance of the government, and there are only a few doctors and teachers.

Q. No: 3 What are the causes for such problems?
Causes for such problems are lack of education, unemployment, capitalism, injustice, inequality and exploitation of the poor.

Report.

27/3/90
Tuesday

We had a group analysis on Community, by which we could collect lot of ideas. The various groups came forward with quite lot of definitions and descriptions which nourished all of us. Some among them were, Community is - living together with special intentions, mutual understanding, unity, sharing acceptance, uniqueness and richness, respect each other, love, peace, harmony, brotherhood, open minded, etc. etc. It was a very rich sort of understanding for all of us.

We also tried to define the causes of unhealthy communities, such as Religion, language, worship, social, economic and political influences.

It is said, today we can only find a proper community among the tribals.

Next we have again searched for the meaning of health, we got a hundreds of definitions for the meaning of health. In a way it was same to the meaning given by the world Health organizations.

We must always be a top learner than to be a floor moper.

For the further understanding and the deepening of our knowledge about Community health. We had also a slide show which took us to think about our own apostolate.

x—————x

Community - discussed by group No. IV

Dr. Ravi Narayan and Thelma Narayanan were asked to write some points about Community.

Q 1. What do you mean by "Community"?

Ans: 1. Community means ~~the~~ a body of individuals living in a defined area of having a common interest or organization.

2. In the Community where people who share each other, help each other in order to be the betterment of the individual.

3. In a Community one gives up his will and he is available to the needs of the Community.

4. - For the smooth running of the Community there should be mutual understanding, forgiveness, openness to one another and accepting ~~as~~ others as they are.

Bro. Thomas. Tdukese

Report of the noon ⁸²session held on 27th Tuesday

We started our session at 1.45 P.M by recalling out the report of the morning session by Varghese Punnethadan. We saw a slide show on Ramakrishna's Story. It was a heart-moving show which drew our attention to a particular village called Magima and it showed life situation of a precise family. This show end with a dramatic tragedy - the death of Ramakrishna's son. After the show we dispersed in our assigned groups for discussion on the questions were given to us. Who is responsible for child's death? And if there are more than two prioritize them? We gathered again to share each groups view on the questions we discussed. When 1st group finished their sharing some of us raised questions and they were given clarification by the same groups after which was followed by tea-break.

Without losing our enthusiasm and taste on the discussion we continued our discussion and clarification. Each presentation was inspiring and thought provoking. At the end of our sharing Mr. Mahimai Prakashm said: "All our points are inter-connected. Society is grates by the three outstanding figures such as power, prestige and property. In our country simple education is not reached to the people of rural areas. The existing system in the rural areas suppress and exploit poor people: they are exploited and suppressed by the rich; Caste system and due to their lack of education. Economical, social, political and cultural aspects are the root cause for such problems.

Session came to end by thanking all of us for the active and fruitful participation in the

discussion as well as in the clarification.
Mr. Mahi told us that if any one has questions
can be raised on the following day.

. - x - x - x - .

Rev. Bro. James Raphael cmf
Jyoti Sadan Scholasticate,
P.B. No: 3417,
Koramangala P.O.,
Bangalore - 34.
Karnataka.

The Report of the Afternoon session held by the group No. VI
On 27th March 1990 "Ramakha's Story"

The Animator: Mr. Mazmai Professo.

The Co-ordinator: Bro Charles P.

The Reporter: Bro Abraham Valtimattam.

Participants: Bros. Justin, Joy T, James P.

The fourth session of the CHC was opened at 1.45 PM. with a Hindi song by Bro. Agnel. At first we had the slide show about Ramakha a village woman. During which we could understand the suffering of this particular woman. After the visual we were asked to discuss upon two questions in our group. Questions were. Who was responsible for the child's death? If there are more than one prioritize them? About 2.20 PM. we dispersed into our own small groups and started on discussion on the above subject or questions. Though the questions were simple it consumed a lot of time to come to a conclusion with an answer. i.e. we are the responsible people for the death of the child. then the given situation: I mean the ignorance of the parents' lack of Education, as a result the immediate approach is not met by the parents. the socio, political, Economical and the cultural problems also one of the causes for the death of the child. False belief, isolated area lack of efficient doctors and medical facilities, corruption and the negligence of the Doctor, transport etc. etc.

There were also strong arguments and oppositions from the group members. After the long discussions our session came to an end around 4.25 PM. Dr. Mazmai thanked each and every one of us for our active participation in this session.

Group II

We were asked to discuss on two questions such as:

- 1) Who is the responsible for the child's death?
- 2) Prioritise the people who were the causes of child's death?

1) The first question's answer is, the ignorance of the people/parents caused the child's death.

2) Government, first doctor, gate keeper, second doctor.

Bro. Joseph. est.

REPORT OF THE MORNING SESSION HELD
ON 28th MARCH 1990

We started our session at 1-45 PM by reading out the report of the morning session by Kuo Jee Kiat. In the morning session we were divided into 3 groups and each group was given a story, namely the story of VASU, the story of THIRUNELLY and the story CHOMAN. After introducing each other to Doctor Gopi asked the group leaders to come forward with the answers. I questioned, was why did Vasu die? The group leaders brought out many cases such as, the land lord, ignorance of the parents, bonded labour poverty and so on. Others raised many questions and the help of Doctor Gopi the group members gave gave satisfactory answers.

Then we proceeded on to the II group the group leaders presented his answers; to the first question that is, why is there mass death in Thirunelley? Answers were, Irrigation of the land, lack of clean water, lack of food etc. For the second question "if you are in this situation what far programmes would you undertake?" So many practical solutions were suggested. Group members

told that we will find out the real cause and will try to wipe away that problem. And we will try to bring a public health center in that village. we will bring awareness in the hearts of the people by training them etc. meanwhile Doctor Shudanshanam and Doctor Mani arrived and we introduced each other after which was followed by the tea ~~break~~ break. And Doctor Shudanshanam showed his 10 years of experience with the poor people in different parts of Karnataka etc.

Session came to an end with a slid show of the tribules of at B.R hills.

BRO. FRANCIS M;
JYOTHI SHAM,
KORAMANGLA,
POST BOX NO 34,
BANGALORE.

The report of the morning session on 28/3/90

We have started our session at 8.30 a.m with a prayer which went up to 10. a.m. At first we straight entered into the previous day's report, which has been presented by Bro. James. Mr. Mahi started today's class as a continuation of previous class. Meanwhile ~~Mr.~~ Mr. John too arrived. Ramaka's story was explained well. But still many questions arose from the part of the Brothers. So in order to clarify and explain more clearly, Mr. Mahi used ^{by} Mr. Mahi that Chart. In the course of time, we were enlightened ^{by} Mr. Mahi that the responsible for the child's death is the existing system of all levels. That is Govern^{ment}~~ment~~, economic level, Political level ^{and} social level. Eventually all are responsible for child's death. Then we were given themes to discuss among the group members. ⁶ And the groups were divided into 3 in number by Mr. Mahi. The three groups discussed the themes which they have been entrusted, till 10 a.m With this discussion our session came to an end.

Thank you!

Report of 29th Morning and Noon Session.

Dear friends, I am happy to present the report of yestardays morning and noon session.

We began our class at 9.A.M by miss Thelma N. The topic of session was Church's health apostolate and planning vision of today. She spoke about the work that we do by religious a secular way are the same, but the ~~the~~ values and attitudes of Jesus should be shown in our apostolate.

The word healing has a deeper meaning than curing that is inner healing of oneself. Though the science and technology have been developed the values of ~~life~~ of the healing remains the same. Four of our brothers were asked to write the reflections on the various miracles of Jesus. They pointed out that healing doesn't consist only the physical, but it is the liberation of ones' whole personality and each one has to play this role for the benefit of the community.

When we go back to the history the hospitals were established by the church was for the well being of the poor. As they developed the purpose of their existence has been changed and people whom, hospitals ^{were} supposed to serve the have not withers up to the mark. In other words we need to have to move on to the places where we are essentially need.

The 3rd period started with the arrival of Dr. Raj N. at his presence the report of the last session was read out by bro: Francis M.

And we continued with the story of Shoman and Mathon, which was left out in the previous session. And the report of the group discussion was read out by the ~~team~~ secretary. We synthesized the problems of the story. Besides this Dr. Ravi had explained about the economical, political, social, cultural and religious situations. And we came to an end by 12.15. AM.

The afternoon session began at 4.15. P.M with an interesting game called "Monsoon". It was under the guidance of Dr. Shireh P.T, and other members of the team. He explained that the game, which we were to perform as if we were the villagers. And we were formed in 8 different groups such as 2 Rich, 2 middle, 2 poor and 2 Harijans families. In the village so called Harijans were isolated and neglected ~~as~~ by other people, they were also deprived of other communications and even their lively hood. The poor families also were suffering from different calamities. While the middle class could survive whenever the rich become rich.

Many other people also come to the village in order to help the villagers. such as development worker, money lender, Bank and politician. Though they played their role they were not so much helpful for the villagers. On the part of the villagers there were no contribution towards them even their neighbors.

Finally doctors said that this
is the situation which we are going to
face is reality. And winded up
our class by 4:25 p.m.

by: Bro: Charles Pendern
C.M.S.F.

Reflection on the gospel passage Mt - 8:1-4

Bar: XNVII/R

The healing of the man affected by leprosy.

The miracles performed by Jesus of Nazareth illumine the ministry with the most amazing demonstrations of God's power. Leprosy is less used through out the Bible for unspecified skin disease which were very common in the near east of N.T. times today. Faith is not mentioned in the narrative but the brevity of the petition and the instant cure of the answer illustrate the faith of the sick man and the healing power of Jesus.

The leper in the Gospel appealed to Jesus, because he wanted to get back to normal again. He was leading a terrible existence. He said had disease that made him avoid every one. He could not be with his family or friends because leprosy was contagious and it scared people almost to death. Hence Jesus heals this sick man through his own will.

Today world today we need that kind of help each of us and we need to help others. Jesus helps us in that way while he keeps his power to forgive and to heal us and to get us back to normal. But he does demand that we follow his example in dealing with others. Jesus did not want to publish his name as he didn't want to be famous. Therefore he told the sick man "Listen Do not tell anyone but go straight to the priest and let them examine you. And the presence of the leper be for the priest with an offering certify his cure."

that's all.

THE HEALING OF THE PARALYTIC

Mk. 2/1-12

29/3/30

The healing miracles of Jesus, especially the healing of the paralytic, reveal Jesus' ~~are~~ views on human suffering. As far as Jesus is concerned healing is the integral liberation of human person, not mere physical well being. The healing miracle is directed toward the alleviation of suffering and a special manifestation of God's love and mercy.

Healing ministry of Jesus introduced in to the world a new compassion for the sick. Jesus did not distinguish rigidly between sickness of body and of the soul. He takes them both as different expressions of one supreme ailment in humanity. This healing miracle does not being merely external remedies to this supreme ailment in humanity. Jesus goes to the deeper ill beyond physical affliction. He knows that there is a relationship between mental states and functional paralysis. He declares 'Your sins are forgiven'. By this he goes to the deeper levels of evil first. He brought restoration of harmony with God.

51-1/5 XM
Christianity is essentially God's proclamation for total human liberation and therefore of the definitive elimination of all forms of human alienation. A true ^{Christian} cannot stand by looking at suffering humanity, with folded hands. Jesus freed people not only from sin but also from bodily sickness. We too are supposed to follow this example. —

By Bro. Joy Kakkattil C.S.T.

A woman's Faith [Mt. 15: 21-29]

I The supreme significance of this passage is that it foreshadows the going out of the gospel to the whole world, the gospel of love, peace, joy, happiness and the healing of a person - that is the healing of a whole person.

II This was a time of deliberate withdrawal for Jesus, so he went to the land of Tyre and Sidon not to have any disturbances from the people. But even in this foreign parts he was available to the needs of the poor. Here Jesus specifies his mission "I have ~~come~~ sent only to those lost sheep". In this passage we can know Jesus was moved with compassion. She was ~~bel~~ a gentile, belonged to the odd Samaritan stock, the one mis of the Jews, Jesus' acceptance shows that in Him there is no cast or creed. Jesus demands a strong Faith "It is not right to take the children's bread and to throw it to the pet dog. Jesus has replied her faith is expressed. And this faith fulfilled her wish.

III There are three notable points.

- a. She had a love for her child which signifies the love of God for his children.
- b. Her strong Faith. - calls Him Lord, etc. her approach.
- c. She had the gift of cheerfulness, even though she was in the midst of trouble (from her reply) it was because she knew that Jesus was full of compassion and love.

Three message to the world of today

a, Don't give up your prayers or trying until it is given
(It ~~has~~ should be a need)

Determination

b, Struggle, test it will arise in life but it will bring
out the best. "endure things abundant fruit"

c, Don't demand but request.

2. ~~What we do as duty.~~
What the world does?
What we ought to do?

Res.
Thankyou Mother P.

The report of the morning session held on 30th March 1990

The animators : Mr. Magi & John

The supporters : Bros. Justin & Joy.

The assembly began with a Shogan, and the report of the journey session was read out by Mrs. Charles. Mr. Magi and John animated this session. Here we dealt with some important aspect of former sessions. Such as ~~the~~ India is not a problem free country, the systems of our country such as socio, economic, cultural, political systems are interconnected and economic system is the basis for the rest of the system. Our society is a stratified society. The ~~base~~ ^{factors} for the stratifications are power, prestige, possession. Through this people are divided into different classes. In social aspect people are divided ~~into~~ according to job which is varna system. There also comes the classification of people. Thus society is stratified as ladder. Mobility is the need for the upward and downward movement. Mobility is transition of an individual to another strata. In economic ^{upward} mobility is when a poor man grows rich. There are kinds of mobility. Sanskritisation means to adopt the systems of Brahmins. Education upward mobility is when a student studies and becomes rich. The Sanskritisation cannot lead a structural society to break up. This society is composition of individuals having interaction with one another. A skit was played by a group called consciousness, - approaches - values - The feelings of different persons were presented - such as - dealing with social inequality - the caste imposition - possibilities are given - blaming - he must be freed - confusion of workers - failure to realize the conditions, not practical - and so on. Combination of things makes him free. The skit was analysed later such as characters, conscious and solution. We saw ~~at~~ the people giving solution to the problem of the workers. The solution that was given by animator was notable. The animator approached the problem in the aspect social justice. Thus we came into conclusion that our role must be clear and that role should be creating awareness, leadership and emulation. The bible is a invitation for the fight for justice. Try justice where you are placed. A scientific method is necessary to promulgate justice. A well-studied problem is a half-solved problem. Mr. Magi pointed out that church is supporting the government and perpetuates the system. Humanism is better important than Christianization. Thus we ended our session with, Go to people, live with people and work with people. Then we achieve everything.

Thank you - Justin.

The Report of the morning session held
on 26th March 1990. "COMMUNITY"

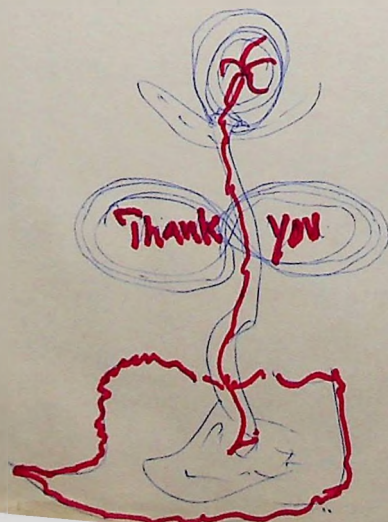
The animator :- Dr. Ravi Narayanan.

The co-ordinator :- Bro. James P.R.

The Reporter :- Bro. Justin

Participants :- Bros. Abraham, Charles, & Joy. J.

The debate began with a prayer. Our topic was community. There was a flow in pointing down of ideas as well as pulling down the views. Community is a group of people living together and following certain given rules. The members of it exercise fellowship and oneness. They work for a common goal. Community is an unified action of every member of the community. It is like a chain linked together in mind and heart. Mutual understanding has its place in a community. Sharing, helping, accepting, listening and respecting are the essential qualities need for a good community life. Each individual persons in it gives his or her whole self to the community. Joys and sufferings, agreements and disagreements are also found in community. Community is a organized group. It is love that unites each person in the community. The purpose of this organization is to liberate and free themselves as well as to extend that liberation to others in need. It signifies peace, harmony and brotherhood. Supernatural motivation keeps all united to strive for the attainment of the common goal. It is an open minded organization. It is community having the orientation on God and humanity. The discussion came to an end with a prayer.



I Group's Answers

ON THE ISLAND SLIDE

1. on which side of the fence you find yourself? why?

Ans: The literal sense our group find we will be in side the circle. we find ourself secure the inside-fence. we are often not ready to take troubles and risks.

why?

Nobody likes to suffer.

2. what would you do in this situation?

Awareness within ourselves and inside the community which we belong. Regardless of the response of the community the individual comes out and organized the people, makes them aware of the things that are deprived of them. Thus open the way to get their rights.

BRO. GEORGE

Understanding Communities

Checklist

1) Understanding and describing a community:

Understanding the community entails understanding it in a number of ways. Whether or not the community is defined geographically, it still has a geographic context -- a setting that it exists in. Getting a clear sense of this setting may be key to a full understanding of it. At the same time, it's important to understand the specific community you're concerned with. You have to get to know its people -- their culture, their concerns, and relationships -- and to develop your own relationships with them as well.

- **Physical aspects.** Every community has a physical presence of some sort, even if only one building. Most have a geographic area or areas they are either defined by or attached to. It's important to know the community's size and the look and feel of its buildings, its topography (the lay of the land -- the hills, valleys, rivers, roads, and other features you'd find on a map), and each of its neighborhoods. Also important are how various areas of the community differ from one another, and whether your impression is one of clean, well-maintained houses and streets, or one of shabbiness, dirt, and neglect.

If the community is one defined by its population, then its physical properties are also defined by the population: where they live, where they gather, the places that are important to them. The characteristics of those places can tell you a great deal about the people who make up the community. Their self-image, many of their attitudes, and their aspirations are often reflected in the places where they choose -- or are forced by circumstance or discrimination -- to live, work, gather, and play.

- **Infrastructure.** Roads, bridges, transportation (local public transportation,) electricity, land line and mobile telephone service, broadband service, and similar "basics" make up the infrastructure of the community, without which it couldn't function.
- **Patterns of settlement.** Where are those physical spaces we've been discussing? Communities reveal their character by where and how they create living and working spaces. Where there are lower caste group residing; substandard housing in areas with few or no services that are the only options for low-socio economic background people.
- **Demographics.** It's vital to understand who makes up the community. Age, gender, caste and ethnicity, marital status, education, number of people in household, first language -- these and other statistics make up the demographic profile of the population.
- **History.** The long-term history of the community can tell you about community traditions, what the community is, or has been, proud of, and what residents would prefer not to talk about. Recent history can afford valuable information about conflicts and factions within the community, important issues, past and current relationships among key people and groups -- many of the factors that can trip up any effort before it starts if you don't know about and address them.

- **Community leaders, formal and informal.** Some community leaders are elected or appointed others are considered leaders because of their activities or their positions in the community.
- **Community culture, formal and informal.** This covers the spoken and unspoken rules and traditions by which the community lives. It can include everything from community events to norms of behavior - turning a blind eye to alcohol abuse or domestic violence - to patterns of discrimination and exercise of power. Understanding the culture and how it developed can be crucial, especially if that's what you're attempting to change.
- **Existing groups.** Most communities have an array of groups and organizations of different kinds such as youth organizations, sports teams and groups formed around shared interests, the boards of community-wide organizations well as groups devoted to self-help, advocacy, and activism. Knowing of the existence and importance of each of these groups can pave the way for alliances or for understanding opposition.
- **Existing institutions.** Every community has institutions that are important to it, and that have more or less credibility with residents. Educational institutions, libraries, religious institutions, hospitals -- all of these and many others can occupy important places in the community. It's important to know what they are, who represents them, and what influence they wield.
- **Economics.** Who are the major employers in the community? Are there any village based artisans? Who, exercises economic power? How is wealth distributed? Would you characterize the community as poor, working, class, middle class, or affluent? What are the economic prospects of the population in general and/or the population you're concerned with?
- **Government/Politics.** Understanding the structure of community government is obviously important. Some communities may have local self governance members, whatever the government structure, where does political power lie? Understanding where the real power is can be the difference between a successful effort and a vain one.
- **Social structure.** Many aspects of social structure are integrated into other areas social relationships, politics, economics-but there are also the questions of how people in the community relate to one another on a daily basis, how problems are (or aren't) resolved, who socializes or does business with whom, etc. This area also includes perceptions and symbols of status and respect, and whether status carries entitlement or responsibility (or both).
- **Attitudes and values.** Again, much of this area may be covered by investigation into others, particularly culture. What does the community care about, and what does it ignore? What are residents' assumptions about the proper way to behave, to dress, to do business, to treat others? Is there widely accepted discrimination against one or more groups by the majority or by those in power? What are the norms for interaction among those who with different opinions or different backgrounds?

1. Understanding community priorities:

Gather Information from:

- Key informants like, leaders, opinion leaders, development extension workers
- Discussion with existing organized groups like SHG, Youth, farmers group etc
- Talk to individual from various age group from both gender

a. Livelihood

Sources of livelihood,

What is the wages for men women?

How many days in a year they get work?

What are their concerns about income?

How do they see they way out for these concerns.

b. Education

Do people want education facilities? Who wants who does not, who uses the existing facilities who does not use, why?

c. Health

Is there anything people do to take care of their health? If yes, what?

When do people seek help for a health concern?

Where to people seek help for their illness, and why?

d. Basic Amenities

Housing, water, sanitation, transport, recreation

e. Others if any

When you have all the information gathered in that you can use, line up the expressed needs and work out your priorities.

Prevalence: is the need widespread?

Severity: is the need serious or only a minor inconvenience?

Selectivity: is it expressed most by a particular segment of the community?

Possible interventions: Some needs are going to be very real but out of your reach; you will have to pick out the needs that your organisation is capable of addressing.

3. Understanding the field placement organisation and their projects:

We at SOCHARA inform you confidently that you have been placed in a very interesting and innovative project which is committed to health and development of their project areas. While there is a lot to learn from the community, there is a lot to learn from your field placement organisation. Each of you will have unique experiences as each organisation is different. When you understand about the organisation's vision, mission, objectives and structure, you will have a better idea about what you can expect to additionally learn from them during your placement with them. Without understanding the organisation well enough, you may miss opportunities or have unreasonable expectations from them.

Therefore, to best utilise your field placement, we recommend that you also understand the organisation, its principles and its functioning, besides understanding the local community. It is the project staff that will facilitate your interaction (at least initially) with the community, and it would be useful that you learn about their past and ongoing activities there before you step out into the community.

Here are some guidelines to help you explore about the project based on which you are expected to prepare a short report and presentation about the project. Based on your presentation, the other CHLP fellows too can learn about your field organisation. It is important to note that this should not be conducted like an interview! Also this is not just a writing assignment, but rather an opportunity to improve your own understanding about the organisation, to help you plan your health promotion and research projects for terms 2/3. Consider enquiring about:

- Organisational vision, philosophy of work, and organisational objectives
- Number of staff and system structure – role of each staff position
- Geographical distribution of project areas (preferably with map)
- Current projects
 - Objective of each project
 - Activities under each project – describe them
 - List out the various stakeholders of the projects – and their roles (with organogram)
 - Community involvement in the project (with a flow diagram showing linkages)
 - Process and outcome monitoring protocols used by them
 - Source of funding
- Their previous experience with fellows/interns and training programmes

To find out about the above themes, we suggest that you:

- read organisational reports and brochures – if possible, before you go there (from their website or from SOCHARA library)
- speak with your field mentor and with community based staff and get their inputs during the first week of your stay there – learn about their role and experience there
- attend their team meetings when permissible, and observe (and take notes)
- participate in field activities and trainings as an observer and as an assistant
- copy or create a project area map

Remember that your role is to understand the organisation and its functioning, and not to critique it. Every organisation is faced with several challenges, about which you can discuss with your SOCHARA mentor either over phone or when you return to Bangalore in April.

4. Social determinants of health and Inter-sectoral collaboration:

The social determinants of health are the conditions in which the people are born, grow, live, work and age, including the health system.

1. What are the major health problems of the community based on your observation? Whether the hospitals in the community alone can address those health problems? If not, what is your opinion?
2. Are there any social hierarchy/ social position existing in the community? If yes, what are forms in which it is existing? (eg- Socio-economic hierarchy consists of rich at the top, followed by Upper middle class, lower middle class and poor at the bottom)
3. During your field work, could you observe any health inequity in that community? What are they?
4. Does a person being a male or female have something to do with his/her health condition? Could you think of it with an example of a disease?
5. Is the social hierarchy/ social position in the community has something to do with the health inequity of that community? If yes, how? Could you think of it with an example of a disease?
6. What are all the living conditions that need to be improved to attain the health equity of that community?
7. Could you think of some redistribution mechanism to achieve health equity for that community? Also, what need to be redistributed?
8. Whom do you think needs to work to address the social determinants of health? Also, at what levels? (International, local?)
9. Do you see a need for inter-sectoral collaboration at all levels to ensure the social determinants are met for that community?
10. What are the sectors that need to collaborate at national, state and local levels to bring health equity for that community?

5. Framework for a Situational Analysis:

1. Assessment of the health district

- a. Geography → topography, climatic cond., Map.
- b. Demography → Pop 2011 census website, plus
- c. Socio-economic profile → [Dppr of District-profile] - Commerce, NRHM, SRS, Bulletin

2. Health Status and Problems → literacy.

3. Progress towards Implementation of a District Health System → NRHM, AWC, SC, PHC, CHC Reports, Dist. program, DPO (mg), District profile CD.

4. The Management of Support Systems

- 4.1 Financial Management
- 4.2 Transport
- 4.3 Drug and vaccine supply, distribution and control → published / news / observed / punchcard
- 4.4 Communication

Demography
Working population
Total population
Male
Female
Age distribution
Infants
Under five

DH profile
few
on
sheet

All village name
all characteristics

Director's
Census
operation

4.5 Health Information

4.6 Human Resources

5. Public Health Sector

5.1. Facilities

a. Hospitals

b. Clinics and Community Health Centres

5.2 Referral system

6. Other Health Care Providers

6.1 Private sector

6.2 Traditional sector - Dai's

6.3 NGO sector

7. Assessment of Key Programmes

7.1 Maternal and Reproductive Health

7.2 Child Health & EPI

7.3 School Health

7.4 Nutrition & growth monitoring

7.5 STDs/HIV

7.6 Tuberculosis

7.7 Environmental Health

7.8 Oral health

7.9 Mental health

7.10 Rehabilitation and disability services

7.11 Chronic diseases

8. Other Sectors which Impact on Health

9. Summary of Key Health Problems and Conclusion

6. HEALTH CARE PROVIDERS AND MEDICAL PLURALISM:

1. Every community has a range of Health Care providers and it is important to understand the range and diversity of these resources and the services they provide in each community.
2. Usually we have one or more of the following.
 - a) Dias or Traditional birth attendants (TBA's)

Gram Sabha 1: attend
Interact 8 GP Sec 1 member
VHSC

even if source occasionally mention.

SC PHC VHSC (ANC, DDC, AWC) (syndicate) (20) Diseases dth PHC

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Integrated Health Surveillance

dalai

SC (weekly) (mon or tue)

PHC

PHC

PHC

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PHC

- b) Local healers – these could be herbalists or they may focus on some problems like snake bite, bone setting etc. Often they are associated with temples and religious places since local healing is often linked to rituals.
 - c) Practitioners of alternative systems of Medicine in India. We have five major systems- Ayurveda, Yoga, Unani, Siddha, and Homeopathy. In different parts of India different systems are popular.
 - d) Practitioners of Allopathy or what is also sometimes called 'English Medicine' modern system of medicine. In this category you may have
 - General Practitioners; ii) Ngo's centres or mission hospitals and dispensaries;
 - Government health centres and dispensaries with doctors and nurses;
 - Private health centres and dispensaries or nursing homes; v) there may be some others not listed above.
3. You can walk around the village or slum or adivasi community and find these services. You can also sit with small groups of people in the community or health workers, Panchayat leaders, teachers, self help groups, youth groups, and discuss the following:
 - What do people do when they fall ill? ; -Whom do they go to? ; - For what?; - What do they feel about this services or practitioners ; - Any other information.
 4. If possible meet some of these health care providers and spend a little time in their setting to know about their work.
 5. In every community people also practice some local health traditions and use their own home remedies including home remedies and local health practices. Sit with a small group of local women. (Women are usually custodians of local health knowledge) and ask them what they do at home level if they or some member of the family falls ill. These practices are often called home remedies, 'grandmother' remedies, or local health traditions.
 6. Another way to find out more about these different options and services is to ask a group of people
 - What do they do? And whom do they go to? - When they have the following health problems individually or at family level:
 - a) Fever; b) Diarrhoea ; c) Snake Bite; d) For delivery (Child Birth); e) If someone is mentally unwell; f) If someone has fits (Epilepsy); g) Joint Pains
 7. Talk to the medical officer of the government health centre and or ANMS and or Anganwadi workers and or ASHA's - when you are studying PHC and NRHM and also ask them about the local health traditions and health practitioners of other systems of health care in the community. What is their opinion about them?
 8. Write a short report on all the various options available to the people in the community. This is Medical Pluralism. We shall discuss further details and frame work of how AYUSH systems and local health traditions can become part of the public health system.

7. Understanding NRHM and Communitization:

- Find out about JSY (Janani Suraksha Yojana)