

CURRENT STATUS OF HEALTH  
IN INDIA

BY

PROF. K. RAMACHANDRAN



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Prof. K. Ramachandran  
All India Institute of Medi. l Sciences  
New Delhi

During the ist four decades and more since the attainment of political independence much effort has been expended in India in attempting to improve the health status of the people. There have been some notable successes like the eradication of Small Pox and Plague. Life expectancy at birth has increased from about 32 years at the time of independence to about 58 years currently. At the policy making level a commitment to health as a social goal with emphasis on equality of health service for all social groups in the country, has emerged. However, a detailed examination of available information on mortality, morbidity, delivery of health services and development of health manpower and their deployment reveals that the picture of health status in the country is not as rosy as it seems on the surface.

### Mortality in India

There has been a continuing decline in the Crude Death Rate (CDR) in India since 1921-31. It was estimated to be 36.3 per 1000 population for rural and urban areas combined during the decade 1921-31. It declined to 19.0 during 1961-71. Since 1971, estimates of CDR are available for rural and urban areas separately from the Sampling Registration Scheme of the Registrar General of India. Table 1 presents 3-year moving averages of CDR for the major states of India and for the country by rural and urban areas for three chosen periods during 1971 to 1988. Both the rural and urban rates show a continuing decline during this period. However, the rural death rates are substantially higher in all the States barring the singular exception of Kerala in 1986-88 with a rural rate slightly lower than the urban death rate. There is fair degree of homogeneity between the States in urban death rates but the rural death rates show considerable heterogeneity. The rates for 1988 presented in Table 2 also show this clearly. Populous states of north India like Uttar Pradesh, Rajasthan, Bihar and Madhya Pradesh have rural death rates substantially higher than the national rural average of 11.8. The urban-rural differential is unacceptably high in these states in absolute terms.

### Age and Sex specific Death Rate:

Table 3 presents the SRS estimates of age and sex specific death rates for 1985 (latest year for which such information is available). There are striking differences in the mortality experiences of males and females. Below 10 years of age, the death rates in females, both in urban and in rural areas, are clearly higher than those in males. All available information on anthropometric measurements in India in new born children clearly shows that female children at birth do not have any health disadvantage compared to male children. If anything, the female child is slightly better off compared to male children at birth in weight and height. The inference, therefore, is inescapable that the family and social environment in the early years of growth of the female child is adverse.

The death rates become equal for the two sexes in the rural areas in the 10-14 year age group. In Urban areas for the same age group, females have a suggestively lower death rate compared to males. However, in the first two decades of the female reproductive period from 15 to 34 years of age the female death rates are distinctly higher by 25 to 50% in the rural areas compared to males. In the urban areas, the female disadvantage in mortality experience is confined to 15-24 years only. In the 30-34 year age group in urban areas, the female death rate is substantially lower than that of males. Beyond 35 years of age, the females enjoy a lower death rate compared to males. The heavy toll of death child bearing takes in women reflects very poorly on the health system particularly in the rural sector.

### Infant Mortality Rate

Tables 4 to 7 present different aspects of infant mortality in India. Table 4 presents the infant mortality rate (IMR) by sex in the major states of India in 1985 contrasting them with CDR for the same year. The States fall into 3 categories with reference to IMR in males and females. In Uttar Pradesh, Haryana, Himachal Pradesh and Punjab the female infant mortality is higher than that in males. The absolute difference in IMR of males and females in the first 3 states mentioned above are higher than in Punjab. In Bihar, Rajasthan, Madhya Pradesh, Tamil Nadu, Gujarat and Maharashtra the IMRs in males and females are closely similar, though in the first 3 states the rates are considerably higher than the national average for males and females. In the remaining States, the IMR in females is lower than in males. Kerala has the lowest infant mortality rates of 34/1000 live births in urban areas and 28/1000 live births in rural areas. It is interesting to note that the CDRs do not show the same relative picture that the IMRs show in the different states.



Table 5 presents the IMRs, CBR (birth rates) and CDR of the major States of India for 1988. The IMRs are arranged in the table in decreasing order of magnitude. Barring Punjab and Himachal Pradesh, the North Indian States show high IMRs. It is also interesting to note that the IMRs do not show a high positive correlation with the CBRs. The rural IMRs, barring Kerala, are substantially higher than the urban rates.

Table 6 presents the average neonatal and post neonatal mortality rates for the major states of India at three selected 3-year periods between 1970 and 1985. The post neonatal mortality rates, except in the case of Haryana, show a clear and substantial decline during the period. The neonatal mortality rates also show a decline in most States but the relative declines are smaller. Table 7 shows the estimated early neonatal and late neonatal mortality rates in the country as a whole during 1971 to 1985. These have to be taken as only rough and ready estimates, since they have been obtained by subtracting still birth rates from perinatal mortality rates. Still birth rates are generally estimated imprecisely in India, particularly, in rural India. The rural rates are substantially higher again compared to urban areas.

#### Maternal Mortality Rate:

Tables 8 to 11 attempt to present the maternal mortality experience in India. Data on maternal mortality are grossly inadequate in India and hence the attempt here is to present merely a qualitative picture of maternal mortality without laying claim to present point estimates of acceptable precision of maternal mortality experience.

In Table 8 the maternal mortality rates for the rural areas of the major States of India have been derived using the available statistics provided by the Survey of Causes of death carried out by the Registrar General of India's office. Approximately 1% of all rural deaths are reported to be due to child birth and pregnancy in India. This percentage, however, shows considerable variation between the states. Using the percent of deaths due to pregnancy and child birth, and the corresponding CDR and CBR for the states, the maternal mortality rates have been estimated. The overall maternal mortality rate (per 1000 live births) comes out to be 3.6. Uttar Pradesh tops the list with a rate of 7.1 and Punjab has a low rate of 0.6 Kerala probably has a lower rate still.

Tables 9 to 11 present different aspects of maternal mortality in Anantapur district - a relatively backward district of Andhra Pradesh. The data were collected through a detailed hospital cum community survey of maternal deaths during 1984-85 by Dr. Jagdish C Bhatia of the Indian Institute of Management, Bangalore. The picture is indeed

deeply disturbing if not frightening. The overall maternal mortality rate is a whopping 8.3 per 1000 live births. Not only that, it is 11.62 and 13.27 in the 30-34 and 35-39 year age group, respectively. Nearly half of all deaths in the age group of 15-29 are due to maternal mortality.

It is interesting to note here the maternal mortality rates in some of the developed Asian and Western countries. It is 0.6 in Sri Lanka, 0.44 in China, 0.16 in Japan, 0.08 in USA and 0.09 in U.K. Our rural maternal mortality is probably about 15 times more than what it should be for an Asian country. It is probably 60 to 80 times more than that in developed countries of the West. The number of maternal deaths in rural India in a day is probably equal to maternal deaths in all the developed countries of the world in a month.

Table 10 presents a more grim picture in terms of the association of maternal mortality to poverty and remoteness of rural areas. In less developed villages the rate is higher than 15 per 1000 live births. In remote villages, it is nearly 10. Table 11, shows that obstetric care is of abysmally poor quality in the rural areas - 43.5% of all maternal deaths occur on the day of delivery.

Table 12 presents the attendance at delivery by untrained people in rural areas of the country as estimated by the SRS. Over 70% of all births in rural India are attended to by untrained people. The achievement reported by the Government of India of having training at least 1 day per village does not seem to be the answer to this colossal tragedy taking place in the rural areas.

Figures 1 and 2 and Table 13 presented from the ICMR study on Evaluation of Quality of Maternal and Child Health and Family Planning Services in the rural areas published in 1989 clearly point to the gross inadequacy of elementary antenatal and intranatal care in rural India.

#### Causes of Death:

Tables 14 and 15 present selected data on causes of death in rural India in 1986 and 1987 culled out from the report of Survey of Causes of death (rural) 1987 of the Registrar General of India. Tuberculosis, Pneumonia, Anaemia, Gastroenteritis, Dysentery and Typhoid together account for nearly 20% of all deaths. In fact, even today communicable diseases account for nearly 40% of all deaths in the country. In pre-school children some of these diseases take a very heavy toll of death as can be seen from Table 15.



A recent study by UNICEF (Delhi) on Diarrhoea in rural India, shows that 12% of preschool children had diarrhoea on the day of the survey. This increased to 16% when the reference period was two weeks immediately preceeding the survey date and 48% had an episode of diarrhoea when the reference period was 2 months. Of the 5310 household surveyed in this study 23% had experienced at least one child death.

#### Nutrition Status:

Table 16 presents the change in undernutrition during 1975 to 1989 in rural Indian children of 1 to 5 years of age from 7 States in which the National Nutrition Monitoring Burea has carried out a survey of the same villages in 1989 which were earlier surveyed in 1975. in quantitative terms the reductions shown in this table should be taken as provisionai only since the second phase of the survey in independant samples of villages in these States is yet to be completed. However, barring Gujarat and Orissa the other states show a marked decline in severe degrees of mainutrition. The girl children show greater improvement than the boys!

Table 17 presents the results of a survey of tribal boys and girls in the 1-5 year age group in these same states during 1985-87. The prevalence of moderate and serve malnutrition is very high in all these 7 states.

It may be relevant here to mention the finding on the occurance of low birth weight rates in a recent multicentric study on "risk approach to MCH" sponsored by the ICMR in Chandirarh, Delhi, Jaipur, Gwalior, Lucknow, Pune and Varanasi. In rural areas surrounding these places the incidence of low birth weight babies varied between 33 to 41%.

Table 18 presents the prevaience of Vitomin A deficiency signs in rural areas of Tamila Nadu, Andhra Pradesh, Orissa and Gujarat. In preschool children, except in Gujarat, the prevalence ranged between 5 to 10% n the 5-11 year old children in all the four STates the prevalence was high.

#### Communicable Diseases Morbidity:

Tables 19 and 20 present the current situation in regard to three major communicable diseases covered by national programmes. The progress in the control of Tuberculosis of Lung is very disappointing. Both case detection and case holding rates for the required duration of Chemotherapy have to improve markedly if this disease is to be controlled in the next decade or so. We have to keep in mind the potential danger of Tuberculosis becoming rampant in the country if AIDS spreads as feared.

The Leprosy control front looks more hopeful with the introduction of multi-drug therapy. In the next 10 years or so, it should be possible to cut down the current prevalence of leprosy in the country by about 80%.

The resurgence of Malaria since 1971, though contained in a number of states in India, shows an increase in six States as presented in Table 20.

In addition to these, it is estimated that currently over 360 million people in India are exposed to the risk of Filiasis. There are 25 million microfilaria carriers and 19 million diseased persons. Japanese encephalitis, though affecting relatively small numbers, has shown sharp increases in Uttar Pradesh, West Bengal, Gujarat and Madhya Pradesh during 1988. The case fatality in this disease is quite high. In 1988, 16834 cases of meningitis most of which was meningococcal were reported with 3304 deaths.

#### Non-Communicable diseases:

Tables 21 and 22 present information on 3 selected non-communicable diseases. Goitre is no longer confined to the sub-Himalayan regions as revealed by the recent ICMR survey of Goitre. Large numbers of people, may be a third of the Indian people, are exposed to the risk of Iodine deficiency diseases. The prevalence of cretinism in some areas is very high. It is indeed unfortunate that in spite of technology for preventing this disease being readily available, we have not succeeded in controlling it.

Information on Cancer is yet confined to selected areas mostly urban, in the country through population based and hospital based cancer registries started by ICMR. The available figures do indicate that cancer can no longer be ignored as a major public health problem.

Blindness prevalence rates are quite high and even in this the females and rural areas show a higher prevalence. It is estimated that more than half of blindness prevalence is due to cataract. It is also estimated that over 70% of blindness are surgically curable. Varying estimates of blindness incidence due to vitamin A deficiency in preschool children in India are reported in the literature ranging from 20,000/- cases per year to 40,000/- cases per year. In any case, vitamin A deficiency in preschool children is a public health problem of importance that needs to be tackled expeditiously and more effectively than at present. Another problem of public health importance in the area of non-communicable diseases is Mental illness. A recent multicentric study on severe mental morbidity sponsored by the ICMR reports the prevalence to be of the order of 1% which would mean a prevalence figure of 8 million cases of severe mental morbidity.



## Health Infrastructure and Health Manpower:

India has truly built up a vast health infrastructure in the rural areas of the country. Official statistics indicate that the objective of having a subcentre for 5000 people in rural areas and 3000 for hilly and tribal areas and a primary health centre for every 30,000 population is very nearly achieved. However, independent evaluations by the ICMR and the National Institute of Health and Family Welfare present a disappointing picture. The NIHFW's National Review of immunisation Programme, carried out recently shows that only 45% of the districts had a subcentre for every 5000 population. The ICMR MCH evaluation study indicates that only 13.6% of the 198 primary health centres surveyed by them covered less than 40000 population. More than 70% of the primary health centres were looking after more than 80,000 people. A fifth were, in fact, looking after more than 150,000 people! It seems that the large functional infrastructure claimed to have been created in the country only exists largely on paper. The huge investment made in this direction needs to be utilised much more efficiently than at present.

In the area of health manpower also there is an urgent need for improvement. The ratio of male to female multi-purpose worker which is at present 1:1.6 needs to be brought to equality by recruiting more male workers. The male workers are also still designated variously as "small pox workers", "Vaccinators", "Trachoma workers" (for purpose of salary dispersal) and many of them function as 'unipurpose' workers. This needs to be corrected immediately. The MPW scheme should be implemented as envisaged originally.

No delineable pattern has emerged for the Community Health Centre which is a crucial link in the chain of health infrastructure planned. This should form the kingpin of 'rural health care' taking cases of first referrals of curative care as well as providing the direction and leadership for public health and preventive/promotive care for the 4 PHC's under its jurisdiction.

The present imbalance in the doctor/nurse ratio needs to be speedily corrected. The more than 4 lakh registered medical practitioners of the Indigenous System of medicine need to be given an honorable place in the health system.

In summary, it is no exaggeration to say that the health scene in the country is really grim even after 40 years of independence. It is being increasingly realised now that the goal of good health for the people of India can only be reached through a process that is multi-dimensional encompassing appropriate universal education, better environmental management both at home and outside, well integrated social services, an acceptable minimum living



standard and, of course, health and medical care of acceptable quality!

The message from even the limited data presented in this paper is loud and clear. The medical model of health which merely concentrates on the use of technological resources in freeing man from clinically identifiable disease or disorder is at its best an inadequate and at its worst an uneconomical and unproductive approach for the improvement of the health of a people. The medical model has to be tempered by the social model of health which as mentioned earlier approaches the goal of good health through a multi-dimensional process. Health development has to become an integral part of the socio-economic developmental process.

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TABLE I.

# SELECTED 3 YEAR MOVING AVERAGES OF DEATH RATES/1000 DURING 1971 TO 1988

State	Rural			Urban		
	71-73	78-80	86-88	71-73	78-80	86-88
Arunachal Pd.	20.9	17.1	16.1	NA	NA	3.8
Madhya Pradesh	18.1	16.3	14.9	10.9	9.3	8.8
Rajasthan	17.6	14.9	13.3	9.6	9.2	8.2
Uttar Pradesh	22.9	18.6	15.1	13.5	11.5	9.8
Bihar	16.2	15.3	13.7	9.5	7.8	8.3
Orissa	18.5	14.9	13.3	11.0	9.3	7.6
Assam	18.1	12.1	12.3	9.7	7.2	7.8
Gujarat	17.0	13.5	11.3	11.9	10.1	8.4
Sikkim	NA	NA	11.8	NA	NA	5.7
Andhra Pradesh	17.0	13.5	10.7	10.3	7.9	7.2
Meghalaya	NA	12.2	10.6	NA	5.4	3.9
Haryana	11.9	12.4	9.7	8.3	8.3	7.0
Tamil Nadu	16.9	13.4	10.7	8.8	8.7	7.3
Himachal Pradesh	15.1	11.2	9.1	6.9	6.1	5.9
Karnataka	14.2	12.0	9.5	7.9	7.1	6.6
West Bengal	NA	12.8	9.5	NA	7.0	6.4
Jammu & Kashmir	11.6	11.1	8.7	6.6	6.1	6.3
Punjab	12.4	10.5	8.7	9.1	8.0	6.9
Tripura	14.0	10.7	9.5	8.0	6.2	6.7
Goa	9.9	8.5	8.3	5.8	6.4	6.4
Manipur	8.0	7.0	6.7	6.6	4.7	5.0
Kerala	9.1	7.0	6.1	7.8	6.6	6.6
Nagaland	NA	7.0	5.9	NA	NA	2.3
INDIA	17.4	14.2	12.0	9.9	8.6	7.5



TABLE 2

# ESTIMATED ANNUAL DEATH RATES/1000 FOR 1988\*

STATE	RURAL	URBAN
Arunachal Pradesh	18.1	4.3
Madhya Pradesh	15.3	9.6
Rajasthan	14.9	8.5
Uttar Pradesh	14.0	9.3
Bihar	13.0	8.1
Orissa	12.7	7.0
Assam	12.0	7.6
Gujarat	11.7	9.0
Sikkim	11.1	5.5
Andhra Pradesh	10.6	7.2
Meghalaya	10.5	2.7
Haryana	10.4	7.3
Tamil Nadu	10.2	7.1
Himachal Pradesh	9.9	5.0
Karnataka	9.5	6.9
West Bengal	9.3	5.7
Jammu & Kashmir	9.0	5.9
Punjab	8.8	7.2
Tripura	8.5	4.6
Goa	8.4	6.7
Manipur	7.2	5.3
Kerala	6.2	6.7
Nagaland	5.7	1.7
INDIA	11.8	7.5

\* Provisional SRS figures

TABLE 3

# ESTIMATED AGE AND SEX SPECIFIC DEATH RATES- 1985 \*

AGE ( Years )	RURAL		URBAN	
	MALE	FEMALE	MALE	FEMALE
0 - 4	41.1	45.3	19.4	22.1
5 - 9	3.7	4.8	1.4	1.9
10 - 14	2.0	2.1	1.2	0.9
15 - 19	2.0	3.1	1.3	1.8
20 - 24	2.8	4.2	1.8	2.4
25 - 29	3.1	4.1	(2.0)	(1.8)
30 - 34	3.5	4.4	(3.1)	(2.2)
35 - 39	4.3	4.2	3.8	2.6
40 - 44	7.2	5.4	5.5	3.8
45 - 49	10.2	7.3	8.1	7.0
50 - 54	15.0	11.1	15.0	9.2
55 - 59	23.1	16.3	21.0	14.1
60 - 64	37.4	28.4	34.4	26.3
65 - 69	50.6	40.2	40.9	30.1
70 & Over	106.2	94.2	99.1	82.0
ALL AGES	12.9	13.1	8.0	7.6

Source: Sample Registration System (1985) .



TABLE 4.

# ESTIMATED IMR AND CDR BY SEX 1985\*

STATE	I M R		C D R	
	MALE	FEMALE	MALE	FEMALE
Uttar Pradesh	132	153	14.8	16.8
Haryana	78	93	8.8	9.5
Himachal Pradesh	77	92	10.6	10.4
Punjab	67	76	9.4	8.3
Bihar	104	107	14.1	15.9
Rajasthan	107	109	13.1	13.3
Tamil Nadu	80	83	9.7	9.3
Gujarat	97	99	11.0	10.7
Maharashtra	68	68	8.7	8.1
Madhya Pradesh	123	122	14.1	14.2
Karnataka	72	67	9.2	8.3
Kerala	34	28	7.7	5.4
Andhra Pradesh	86	79	10.8	9.8
Orissa	137	126	14.2	13.8
Assam	116	105	13.7	12.6
West Bengal	80	67	9.7	9.4
Jammu & Kashmir	97	71	10.1	9.4
INDIA	96	98		

\* SRS report (1985)

TABLE 5

ESTIMATED INFANT MORTALITY RATES,  
BIRTH RATES AND DEATH RATES, 1988\*

STATE	RURAL			URBAN		
	IMR	BR	DR	IMR	BR	DR
Uttar Pradesh	132	38.0	14.0	79	31.9	9.3
Madhya Pradesh	127	38.2	15.3	83	30.9	9.6
Orissa	127	32.2	12.7	70	26.1	7.0
Rajasthan	111	33.9	14.9	67	27.7	8.5
Gujarat	101	29.8	11.7	64	28.0	9.0
Assam	101	33.2	12.0	67	23.7	7.6
Bihar	100	38.1	13.0	70	30.4	8.1
Haryana	96	34.8	10.4	64	29.4	7.3
Andhra Pradesh	87	27.0	10.6	63	26.0	7.2
Tamil Nadu	84	23.2	10.2	51	21.1	7.1
Karnataka	83	30.1	9.5	46	24.9	6.9
Himachal Pradesh	81	32.7	9.9	41	22.5	5.0
Jammu & Kashmir	76	35.0	9.0	54	23.6	5.9
West Bengal	76	31.8	9.3	43	18.7	5.7
Maharashtra	76	31.3	10.1	49	25.6	6.5
Punjab	63	28.9	8.8	59	27.5	7.2
Kerala	30	19.6	6.2	22	21.2	6.7
INDIA	102	32.8	11.8	61	26.0	7.5

\* Sample Registration Bulletin, June 1990



TABLE 6.

Neonatal and Post-neonatal Mortality Rates in Major States of India  
1970-72, 1976-78 and 1983-85\*

State	Neonatal Mortality Rate			Post-neonatal Mortality Rate		
	1970-72	1976-78	1983-85	1970-72	1976-78	1983-85
India	71.8	78.2	64.4	61.1	50.5	37.7
Andhra Pradesh	65.9	83.3	54.8	45.7	38.0	24.4
Assam	84.1	73.1	70.9	49.6	45.9	30.3
Bihar	80.3	80.3	66.8	61.4	55.0	36.3
Karnataka	<u>42.6</u>	<u>64.0</u>	<u>49.5</u>	<u>38.7</u>	<u>47.3</u>	<u>42.7</u>
Kerala	60.7	48.7	40.9	61.0	61.0	43.7
Madhya Pradesh	<u>36.1</u>	<u>42.0</u>	<u>50.9</u>	34.9	25.7	26.9
Marathwada	59.0	54.2	46.8	36.0	30.5	24.6
Mizoram	37.1	29.6	22.0	23.0	18.7	9.00
Nagaland	<u>76.8</u>	<u>77.4</u>	<u>74.2</u>	68.2	65.6	48.7
Odisha	62.4	57.7	50.6	39.0	33.0	23.9
Punjab	<u>71.0</u>	<u>75.8</u>	<u>82.4</u>	59.3	59.9	47.3
Rajasthan	21.0	64.8	41.7	89.6	45.2	30.8
Tamil Nadu	70.4	79.4	68.0	52.6	61.9	45.3
Uttar Pradesh	54.0	63.9	57.1	65.6	42.1	25.3
West Bengal	<u>93.7</u>	<u>97.8</u>	<u>95.2</u>	80.6	76.5	55.4

Source: Sample Registration System, 1970-75, 1976-78, 1983, 1984, 1985 Registrar General of India, Ministry of Home Affairs, Government of India, New Delhi.

TABLE 7.

Estimated Rates of Perinatal Mortality, Still births, Early and Late Neonatal Mortality Rates - India 1971-1985

Year	Perinatal Mortality Rate		Stillbirth Rate		Early Neonatal Rate*		Late Neonatal Rate**	
	Rural	Urban	Rural	Urban	Rural	Urban	Rural	Urban
1971	56.7	35.6	18.3	12.9	38.4	22.7	42.2	22.7
1972	53.3	36.6	18.5	14.4	34.8	22.2	41.8	22.7
1973	53.3	37.4	18.0	15.1	35.3	22.3	36.8	25.2
1974	55.1	36.3	17.9	12.5	37.2	23.8	38.5	17.2
1975	58.8	36.1	18.6	12.5	40.2	23.6	44.1	22.6
1976	76.6	76.6	43.7	18.7	57.9	32.6	25	16
1977	69.5	69.5	16.8	8.7	52.7	26.7	35	15
1978	67.9	67.9	33.5	16.0	51.9	23.2	33	15
1979	63.1	38.7	13.3	9.1	49.8	29.6	28	13
1980	59.8	35.3	12.0	7.9	47.8	27.4	28	12
1981	58.8	31.5	11.4	6.2	47.4	25.3	28	13
1982	57.7	33.1	9.8	5.2	47.9	27.9	25.0	10.9
1983	57.7	35.4	9.4	8.4	48.3	27.0	25.3	12.3
1984	58.3	35.7	11.0	7.9	47.3	27.8	24.9	11.9
1985	52.4	30.4	10.8	8.9	41.6	21.5	25.0	11.8

\* By subtracting Still birth Rate from Perinatal Mortality Rate.

\*\* By subtracting Early Neonatal Mortality Rate from Neonatal Mortality Rate.

Source: SRS.



TABLE 8.

M M R (PER 1000 LB) IN RURAL INDIA FOR 1987\*  
ESTIMATED USING SURVEY OF CAUSES OF DEATHS 2

STATE	CDR	MATERNAL DEATHS AS % OF ALL DEATHS	CBR	ESTIMATED MATERNAL MORTALITY RATE
U.P.	16.6	1.8	39.3	7.1
H.P.	8.7	2.0	31.4	6.6
BIHAR	13.6	1.4	37.3	6.1
M.P.	14.6	1.3	37.6	6.1
RAJASTHAN	12.6	1.3	38.3	4.5
ORISSA	13.7	1.0	31.8	4.3
HARYANA	9.4	1.5	35.4	4.0
GUJARAT	10.8	0.8	31.6	2.7
A.P.	10.7	0.6	30.9	2.0
MAHARASHTRA	9.6	0.6	30.2	1.9
TAMIL NADU	11.1	0.4	24.1	1.8
J. & K.	8.0	0.6	32.6	1.6
KARNATAKA	9.7	0.3	29.9	1.0
PUNJAB	8.6	0.2	28.9	0.8
KERALA	6.1	NEGLIGIBLE	21.6	-
INDIA	12.0	1.0	33.7	3.6

\* Source: Survey of Causes of Deaths (rural), 1987.

TABLE 9.

# MATERNAL MORTALITY IN RURAL AREAS OF ANANTAPUR DIST.(ANDHRA) 1984 - 85

AGE GROUP (YEARS)	M M R (PER 1000 LIVE BIRTHS)	% OF MATERNAL DEATHS TO ALL DEATHS IN AGE GROUP
15 - 19	7.98	47.6
20 - 24	8.26	53.3
25 - 29	7.02	48.4
30 - 34	11.62	41.4
35 - 39	13.27	35.4
40 - 44	3.61	7.9
45 - 49	2.71	1.1
15 - 49	8.30	38.4

• SOURCE : A STUDY OF MATERNAL MORTALITY IN  
ANANTAPUR DISTRICT BY DR. JAGDISH  
C.BHATIA, IIM , BANGLORE

TABLE 10

## MATERNAL MORTALITY IN RELATION TO STATUS OF VILLAGE IN ANANTAPUR DIST. 84-85

DEVELOPMENT STATUS OF VILLAGE	M M R (/1000 LB)	TYPE OF VILLAGE ACCORDING TO HEALTH FACILITY	M M R (1000 LB)
POORLY	21.66	PHC HQ	4.82
SOMEWHAT	15.23	SUB CENTRE HQ	7.60
ADEQUATELY	8.03	5 KM FROM PHC	9.70
HIGHLY	5.16	> 5 KM FROM PHC	9.64



TABLE II.

**MATERNAL DEATHS IN RURAL AREAS OF  
ANANTHAPUR DT BY GESTATION AND TIMING**

GESTATION PERIOD (WKS)	PERCENT OF MATERNAL DEATHS	TIMING OF OCCURENCE	PERCENT OF MATERNAL DEATHS
LESS THAN 28	10.4	ANTEPARTUM	17.9
28 - 35	10.3	INTRAPARTUM	12.2
36 OR MORE	79.3	POSTPARTUM	69.8

43.6 % OF MATERNAL DEATHS  
41.9 % OF MATERNAL DEATHS  
SEPSIS

ON THE DAY OF DELIVERY  
DUE TO HAEMORRHAGE &

03666

ES-100

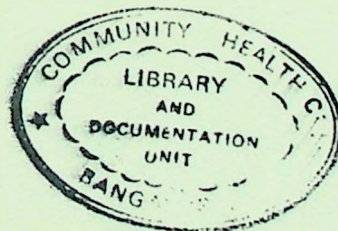


TABLE 12

# BIRTHS ATTENDED BY UNTRAINED PERSONS IN RURAL AREAS \*

STATE	% BIRTHS ATTENDED BY UNTRAINED			
	1963	1984	1985	1987
ANDHRA PRADESH	73.3	68.7	66.7	63.5
ASSAM	82.4	82.2	81.7	81.3
BIHAR	82.5	82.2	82.0	79.3
GUJARAT	53.9	53.2	53.0	50.0
HARYANA	23.2	23.0	21.5	19.5
HIMACHAL PRADESH	71.0	68.4	67.4	65.5
JAMMU & KASHMIR	78.5	78.8	78.5	77.2
KARNATAKA	58.2	57.8	54.6	50.8
KERALA	29.7	20.0	18.7	14.6
MADHYA PRADESH	66.6	67.4	67.1	66.2
MAHARASHTRA	72.8	72.6	70.6	68.8
ORISSA	84.7	83.5	83.3	82.6
PUNJAB	39.8	28.5	28.8	28.3
RAJASTHAN	89.6	89.9	88.7	88.7
TAMIL NADU	52.2	51.0	51.6	48.9
UTTAR PRADESH	83.3	82.8	83.1	80.4
WEST BENGAL	75.4	73.0	73.7	71.8
INDIA	71.1	70.2	69.5	67.5

\* <sup>Report</sup> SRS (1987)



# ANTENATAL CARE

## Registration of Pregnant women

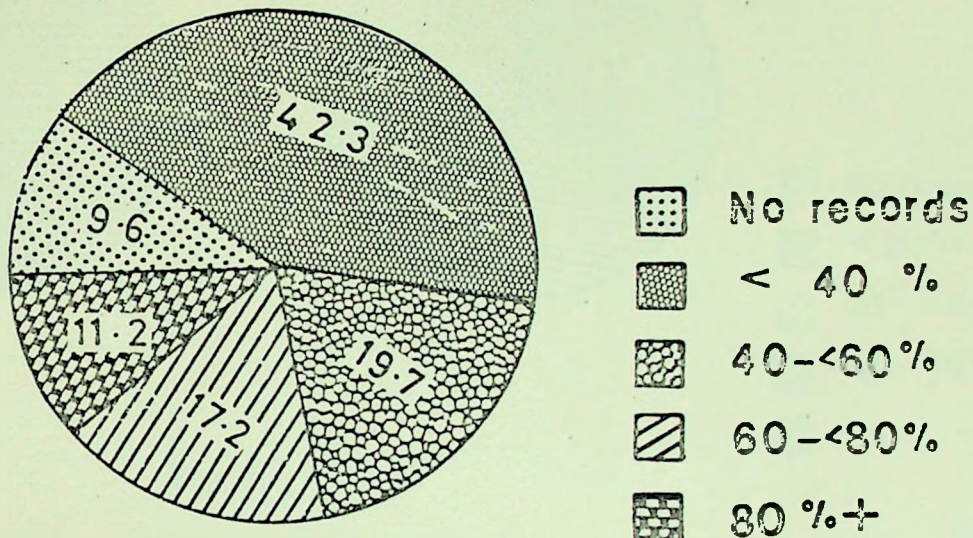


Fig. 0.1

Q. E.

Source: ICMR

# ANTENATAL CARE

Coverage for TT (Full dose)

Coverage for Iron/Folic acid

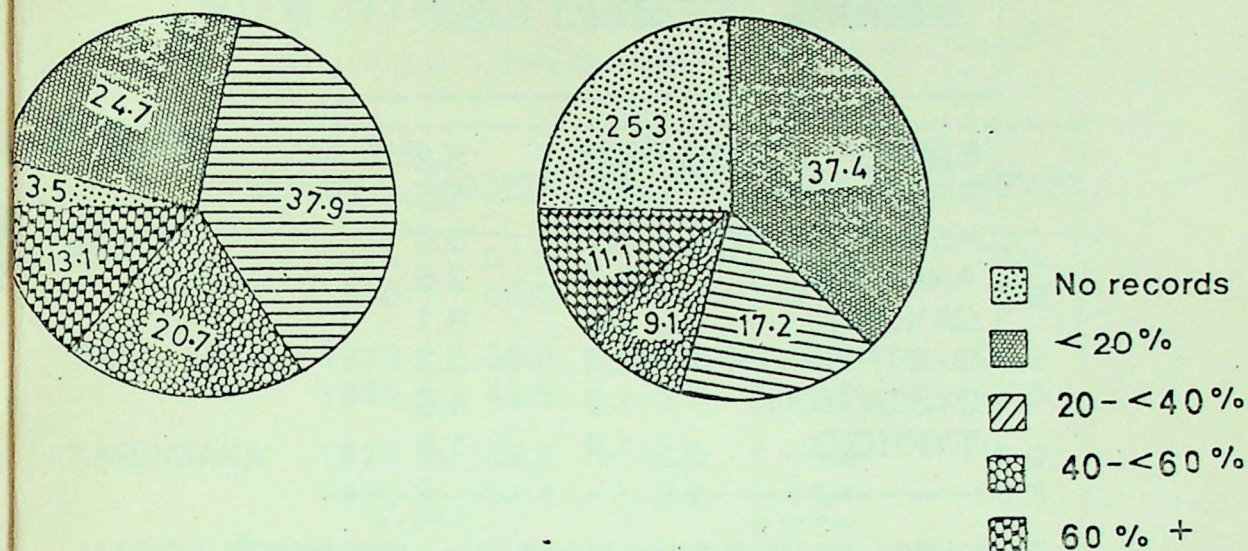


Fig 9

Q.E.

TABLE 13

TABLE 13: ANTENATAL CARE AT SUBCENTRE (FROM RECORDS OF 100 CASES)

	Hb	B.P.	URINE EXAM.	WEIGHT	ROUTINE EXAM.
NO FACILITIES	148	165	138	120	93
NO INFORMATION	28	19	35	51	59
DONE	22	14	25	27	46
TOTAL PHC'S	198	198	198	198	198

\* Source: ICMR. Evaluation of Quality of MCH Care and F.P. Care (1989)



TABLE 14  
PERCENT OF ALL DEATHS ACCOUNTED FOR BY  
SELECTED DISEASES IN RURAL INDIA \*

DISEASES	1985	1987
T.B. OF LUNGS	5.3	5.2
PNEUMONIA	5.3	5.5
HEART ATTACK	4.7	5.5
ANAEMIA	3.1	2.5
CANCER	2.9	3.1
GASTROENTERITIS	2.2	2.3
DYSENTERY	1.9	1.6
TYPHOID	1.9	1.8

SOURCE : <sup>Survey of</sup> CAUSES OF DEATHS (RURAL) <sup>(1987)</sup> RG'S OFFICE .

TABLE 15  
PERCENT OF DEATHS BY AGE GROUPS IN  
SELECTED DISEASES IN RURAL INDIA \*

DISEASES	PERCENT DEATHS IN AGE GROUPS					
	0 - 4	5 - 14	15 - 24	25 - 34	35 - 44	45+
TB OF LUNGS	1.7	2.8	7.4	17.6	20.8	49.7
PNEUMONIA	<u>75.9</u>	9.7	1.6	2.8	1.7	8.3
HEART ATTACK	0.8	1.0	4.6	7.1	11.2	75.3
ANAEMIA	<u>33.4</u>	8.4	4.3	5.4	4.7	43.8
CANCER	1.5	2.9	1.9	8.4	14.0	73.3
GASTROENT.	<u>44.4</u>	11.6	7.5	6.0	3.3	27.2
DYSENTERY	<u>43.0</u>	12.4	5.0	2.8	4.2	32.6
TYPHOID	<u>33.5</u>	12.3	10.8	6.6	7.2	29.8
MALARIA	<u>29.7</u>	10.8	8.8	5.4	4.4	40.9

• TABLE 16

# CHANGE IN UNDER NUTRITION DURING 1975 TO 1989 IN RURAL INDIAN\*

CHILDREN ~~Below~~ IN 1-5 YEAR AGE GROUP\*

STATE	YEAR OF STUDY	BOYS		GIRLS	
		MODERATE	SEVERE	MODERATE	SEVERE
		**			
KERALA	1975	61.2	14.3	46.0	17.4
	1989	55.0	3.3	34.4	2.2
TAMIL NADU	1975	53.9	12.1	49.6	20.2
	1989	43.5	5.8	49.7	4.8
KARNATAKA	1975	56.0	18.0	55.9	17.0
	1989	61.1	8.0	53.4	10.3
ANDHRA PD.	1975	56.6	18.6	51.2	24.0
	1989	48.7	11.7	52.7	9.4
MAHARASHTRA	1975	57.5	29.9	47.0	32.0
	1989	59.9	9.4	50.3	9.1
GUJARAT	1975	60.8	13.1	53.1	16.0
	1989	51.5	21.2	43.5	22.4
ORISSA	1975	46.2	11.4	51.0	15.0
	1989	54.7	12.8	61.7	14.0

\* SOURCE : INTERIM REPORT OF REPEAT SURVEY PHASE (1988 - 89 ) OF NNMB

\*\* GOMEZ CLASSIFICATION USING NCHS STANDARDS



TABLE 17

# UNDER NUTRITION IN PRESCHOOL TRIBAL BOYS & GIRLS \*

## (A) GOMEZ CLASSIFICATION USING NCHS STANDARDS

STATE	BOYS		GIRLS	
	MODERATE	SEVERE	MODERATE	SEVERE
KERALA	59.2	11.2	53.7	19.2
TAMIL NADU	49.3	9.7	53.9	8.6
KARNATAKA	48.9	31.7	50.6	34.2
ANDHRA PRADESH	57.2	18.8	49.9	19.2
MAHARASHTRA	59.9	15.6	58.0	14.9
GUJARAT	53.5	24.3	42.2	27.2
ORISSA	38.3	28.1	45.7	24.9
WEST BENGAL	55.6	13.3	52.5	15.0

## (B) GOMEZ CLASSIFICATION USING HYDERABAD WELL-TO-DO CHILDREN STANDARDS

STATE	BOYS		GIRLS	
	MODERATE	SEVERE	MODERATE	SEVERE
KERALA	40.8	8.0	35.8	1.9
TAMIL NADU	37.3	4.5	28.1	2.3
KARNATAKA	47.8	21.3	44.9	15.6
ANDHRA PRADESH	47.4	10.8	33.7	5.8
MAHARASHTRA	44.7	8.2	30.6	5.3
GUJARAT	42.2	18.3	31.3	10.7
ORISSA	38.3	18.7	30.8	10.1
WEST BENGAL	40.2	7.7	28.0	5.7

\* SOURCE : TRIBAL SURVEY BY NNMB 1985-87

TABLE 18

VITAMIN A DEFICIENCY SIGNS IN RURAL  
AREAS\* OF FOUR STATES

AGE GROUP	TAMIL NADU	ANDHRA PRADESH	ORISSA	GUJARAT
1 - 4	9.9	4.9	6.0	0.7
5 - 11	13.8	10.5	8.4	13.1
12 - 20	5.9	8.8	2.1	1.0
21 -	5.8	4.3	0.4	3.7

SOURCE : REPORT OF NNMB - NSSO LINKED SURVEY 83-84



TABLE 19.

INFORMATION ON SELECTED COMMUNICABLE  
DISEASES COVERED BY NATIONAL PROGRAMMES

T.B. OF LUNG

ESTIMATED PREVALENCE ( > 5 YEARS OF AGE )

- (a) RADIOLOGICALLY ACTIVE 1.5 % (12.0 MILLION)  
(b) SPUTUM POSITIVE 0.4 % ( 3.2 MILLION)

CASE DETECTION IN NATIONAL PROGRAMME

20 % INCREASE OVER 1985 DETECTION RATES. IN 7TH PLAN  
ON AVERAGE, ABOUT 16 LAKH NEW CASES/YEAR DETECTED

EFFECTIVENESS OF PROGRAMME

ON CONVENTIONAL ( 18 -24 MONTHS ) THERAPY

CASE DETECTION	35 %	9.2 %
CASE HOLDING	35 %	
ARREST OF DISEASE	75 %	

SHORT COURSE THERAPY INTRODUCED IN 194 DISTRICTS.

DEATH RATES REDUCED BY 40 TO 60 % WHERE PROGRAMME  
IS EFFECTIVE

LEPROSY

NO DISTRICT FREE OF DISEASE.

ENDEMIC ( > 5 CASES /1000 POPU. ) IN 198 DISTRICTS  
COVERING 430 MILLION

TOTAL ESTIMATED CASES 4.0 MILLION, 0.8 MILLION INFECTIOUS.

MULTI DRUG THERAPY INTRODUCED IN 112 DISTRICTS  
COVERING 200 MILLION WITH 2.2 MILLION LEPROSY CASES.

IN DISTRICTS THAT HAVE COMPLETED MORE THAN 5 YEARS  
OF MDT FALL OF PREVALENCE BY 80 %

TABLE 21

# INFORMATION ON SELECTED NON COMMUNICABLE DISEASES

## IODINE DEFICIENCY DISEASES

### CONSERVATIVE ESTIMATE :

GOITRE	:	7.3 %	58 MILLION CASES
CRETINISM	:	0.3 %	2.4 MILLION CASES
MINOR NEUROLOGICAL	:	0.9 %	7.2 MILLION CASES

### RESULTS OF ICMR TASK FORCE STUDY ( 1983 - 86 )

STUDY AREAS	:	SUB HIMALAYAN	5 DIST.
		EXTRA HIMALAYAN	
		HILLY	3 DIST.
		COASTAL	2 DIST.
		PLAINS	4 DIST.

### PERSONS EXAMINED IN THE 14 DISTRICTS 4,09,923

DISTRICTS		% GOITRE	% CRETINISM
DIBRUGARH		66.8	<u>2.2</u>
SITAMARI	SUB HIMALAYAN	31.8	1.1
BAHARAICH		20.2	0.2
BASTI		20.0	0.4
GORAKHPUR		18.6	0.1
MANDLA		34.4	<u>2.1</u>
WEST MANIPUR	HILLY	19.8	<u>3.1</u>
NILGRI		8.9	1.7
SURAT	COAST	22.7	0.4
VISHAKAPATNAM		15.8	0.2
MUZAFFARPUR		33.7	1.7
DHULE	PLAINS	16.6	0.1
CENTRAL		10.4	<u>3.0</u>
MANIPUR			
MIRZAPUR		6.2	0.3



TABLE 21

# INFORMATION ON SELECTED NON COMMUNICABLE DISEASES

## IODINE DEFICIENCY DISEASES

### CONSERVATIVE ESTIMATE :

GOITRE : 7.3 % 58 MILLION CASES

CRETINISM : 0.3 % 2.4 MILLION CASES

MINOR NEUROLOGICAL : 0.9 % 7.2 MILLION CASES

### RESULTS OF ICMR TASK FORCE STUDY ( 1983 - 86 )

STUDY AREAS : SUB HIMALAYAN 5 DIST.

EXTRA HIMALAYAN

HILLY 3 DIST.

COASTAL 2 DIST.

PLAINS 4 DIST.

### PERSONS EXAMINED IN THE 14 DISTRICTS 4,09,923

DISTRICTS		% GOITRE	% CRETINISM
DIBRUGARH	SUB HIMALAYAN	65.8	2.2
SITAMARI		31.8	1.1
BAHARAICH		20.2	0.2
BASTI		20.0	0.4
GORAKHPUR		18.6	0.1
MANDLA	HILLY	34.4	2.1
WEST MANIPUR		19.8	6.1
NILGRI		6.9	1.7
SURAT	COAST	22.7	0.4
VISHAKAPATNAM		15.8	0.2
MUZAFFARPUR	PLAINS	33.7	1.7
DHULE		16.6	0.1
CENTRAL		10.4	3.0
MANIPUR			
MIRZAPUR		6.2	0.3

TABLE 21

# INFORMATION ON SELECTED NON COMMUNICABLE DISEASES

## IODINE DEFICIENCY DISEASES

### CONSERVATIVE ESTIMATE :

GIOTRE	:	7.3 %	68 MILLION CASES
CRETINISM	:	0.3 %	2.4 MILLION CASES
MINOR NEUROLOGICAL	:	0.9 %	7.2 MILLION CASES

### RESULTS OF ICMR TASK FORCE STUDY ( 1983 - 86 )

STUDY AREAS	:	SUB HIMALAYAN	5 DIST.
		EXTRA HIMALAYAN	
		HILLY	3 DIST.
		COASTAL	2 DIST.
		PLAINS	4 DIST.

### PERSONS EXAMINED IN THE 14 DISTRICTS 4,09,923

DISTRICTS		% GOITRE	% CRETINISM
DIBRUGARH		65.8	2.2
SITAMARI	SUB HIMALAYAN	31.8	1.1
BAHARAICH		20.2	0.2
BASTI		20.0	0.4
GORAKHPUR		18.6	0.1
MANDLA		34.4	2.1
WEST MANIPUR	HILLY	19.8	6.1
NILGRI		6.9	1.7
SURAT	COAST	22.7	0.4
VISHAKAPATNAM		15.8	0.2
MUZAFFARPUR		33.7	1.7
DHULE	PLAINS	16.6	0.1
CENTRAL		10.4	3.0
MANIPUR			
MIRZAPUR		6.2	0.3



TABLE 22

## INFORMATION ON SELECTED NON COMMUNICABLE DISEASES

### CANCERS

TRUNCATED INCIDENCE ( 1986 ) : ( 35 - 64 YRS: WORLD POPU.)	RATE/1,00,000	
	MALES	FEMALES
BANGLORE	180.3	282.7
BOMBAY	181.3	226.4
MADRAS	202.7	333.1

LIFE-TIME INCIDENCE RATES (0 - 74 YRS) OF CANCER OF TONGUE, OESOPHAGUS, STOMACH AND CERVIX ARE HIGHER COMPARED TO DEVELOPED COUNTRIES. VERY PRONOUNCED DIFFERENCE SEEN IN CANCER OF CERVIX. THE LIFE-TIME RISK OF DEVELOPING CANCER OF CERVIX IN BANGLORE , BOMBAY AND MADRAS ARE 3.52 %, 2.07 % AND 5.84 % RESPECTIVELY COMPARED TO LESS THAN 1 % IN DEVELOPING COUNTRIES.

### BLINDNESS

#### BOTH EYES BLIND - PREVELANCE/1000

	MALE	FEMALE	URBAN	RURAL
ICMR STUDY (1971 - 74)	11.02	17.10	11.14	15.44
NATIONAL SOCIETY FOR PREVENTION ( 1986 - 88 )	14.20	16.00	10.10	13.30

- VISUAL ACQUITY < 6 / 60 IN THE BETTER EYE
- CURRENT BACKLOG FOR SURGERY 21-5 MILLION EYES

TABLE 23.

# SELECTED INFORMATION ON INFRASTRUCTURE AND MANPOWER IN THE RURAL HEALTH SYSTEM\*

## INSTITUTIONAL INFRASTRUCTURE (31/3/90)

INSTITUTION	RURAL		TRIBAL	
	INPOSITION	REQUIRED	INPOSITION	REQUIRED
SUB CENTRE	1,30,390	1,30,000	18,670	23,005
PHC	20,531	21,666	2,945	3,456
CHC	1,852	2,708	NA	NA

A CHC ON AVERAGE CATERS TO 3.24 LAKH PEOPLE

## AVERAGE POPU. SERVED

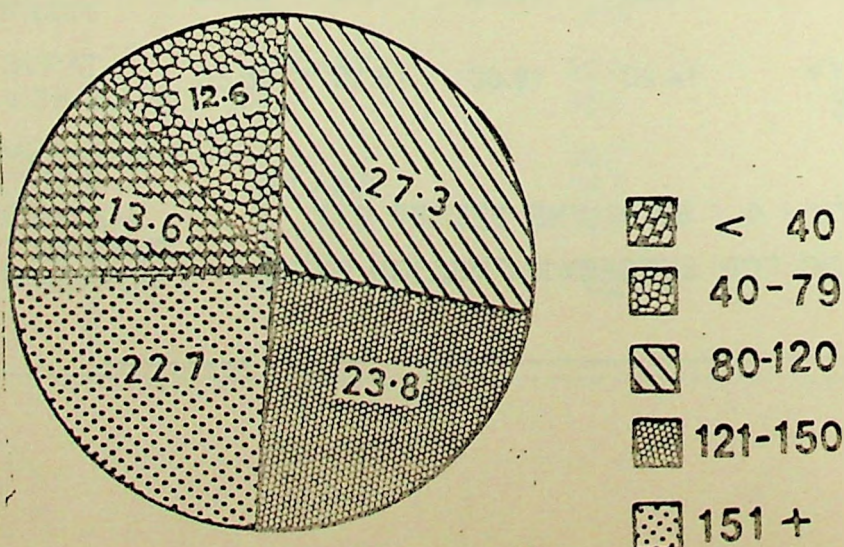
## RATIO OF MALE TO FEMALE MP

- i) (MPW) MALE WORKER : 7300                      1:1.6  
 ii) (MPW) FEMALE WORKER : 4971  
 iii) 1 VILLAGE HEALTH CENTRE : 1486

\* RURAL HEALTH STATISTICS IN INDIA, MARCH 1990  
 DHR, NEW DELHI

## POPULATION (in 1000) COVERED BY PHC

n=198



Source: JCMR MCH Evaluation Study, 1989.

Fig. 3.



TABLE 24.

EXTRACTS FROM NATIONAL REVIEW OF  
IMMUNIZATION PROGRAMME

1.	DISTRICTS WITH SUB CENTRES AS PER OR MORE THAN THE NORM	45.2 %		
2.	SUB CENTRES WITH FEMALE RESIDENT IN THE AREA	75.7 %		
3.	DISTRICTS ACHIEVING MORE THAN 50 % COVERAGE <u>WITHOUT</u> MEASLES(EXCLUDING URBAN UNITS)	40.0 %		
	DISTRICTS ACHIEVING MORE THAN 50 % COVERAGE WITH MEASLES(EXCLUDING URBAN UNITS)	2.9 %		
4.	% DISTRICTS ACHIEVING STATED COVERAGES FOR DIFFERENT VACCINES(EXCLUDING URBAN UNITS)			
	<u>% COVERAGE</u>	<u>DPT</u>	<u>OPV</u>	<u>BCG</u>
	≤ 50	20.0	23.0	40.0
	51 - 75	62.9	60.0	54.3
	76 - 85	8.6	8.6	2.9
	≥ 86	8.6	8.6	2.9