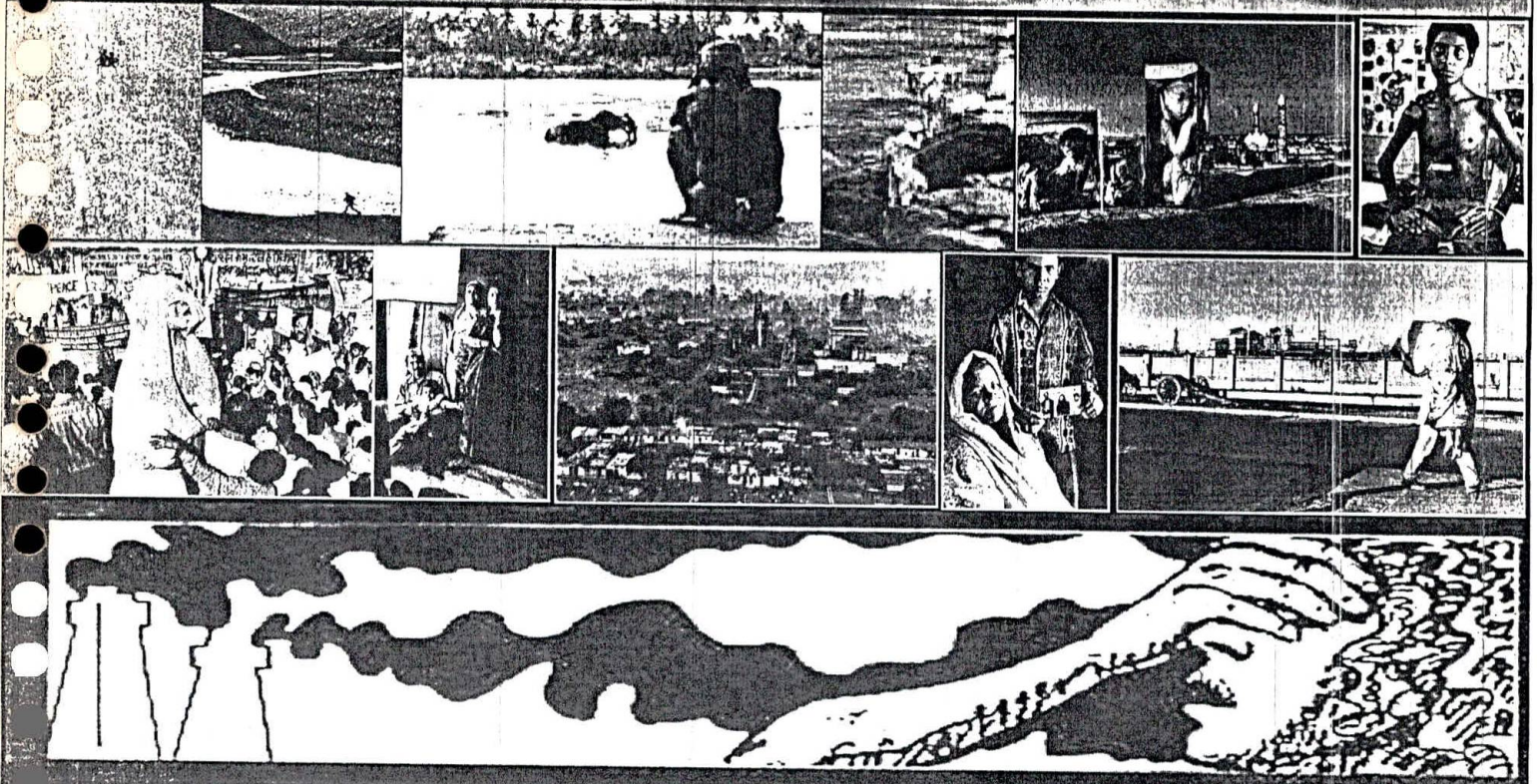
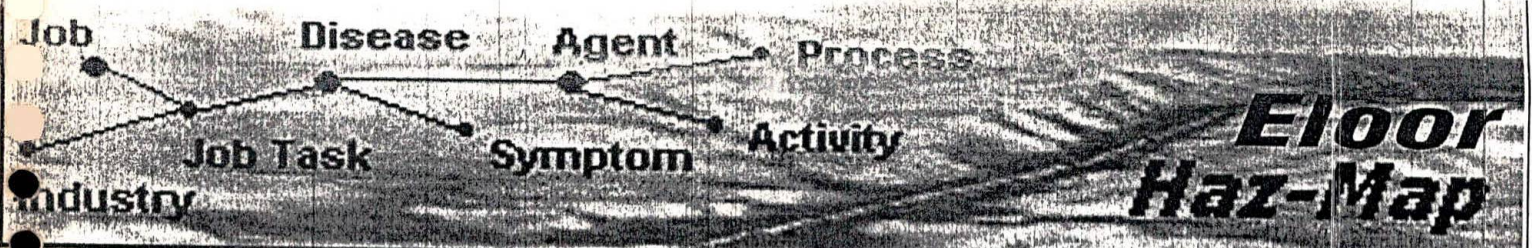




Status of Human Health

at

The Eloor Industrial Estate, Kerala, India:

A Cross-sectional Epidemiological Study

Occupational Health and Safety Centre- Mumbai

GREENPEACE

August, 2003

For CMC lib
1st draft copy - later revised
In 20/9/03

Status of Human Health

at the
Eloor Industrial Belt, Kerala- Indiaⁱ
Occupational Health and Safety Centre- Mumbai & Greenpeace India
September, 2003

Principal Investigators:
Research Coordinator :
Research Manager:
Community Relations:
Collaborators:

Dr. Murlidhar/ Manu Gopalan
Manu Gopalan

Thangamma Monnappa

VJ Jose, Periyar Riverkeeper.

Vijay Kanhere; P Malwadkar; (of OHSC-Mumbai)

Dr. Vidula Bhole; Dr. Aasawari Talwelkar; (of LTM Medical College); Sanjiv Gopal;

Bidhan Chandra Singh and Ananthapadmanabhan (of Greenpeace)

Dr. Thelma Narayan/ Dr. Rajan Patil of the Community Health Cell, Bangalore.

Dr. Mohan Isaac/ Dr. Girish Rao of NIMHANS, Bangalore.

Dr. Swarna Rekha/ Dr. Elizabeth Vallikkad/ AS Mohammed/ Dr. Mario Vaz of St. Johns Medical College Bangalore.

External Peer Group:

Jayakumar C, of Thanal Conservation and Action Network, Trivandrum.
Prof. Dr. Peter Orris, School of Public Health- Illinois.

ⁱ This report may be found on the web site of Greenpeace India: <http://www.greenpeaceindia.org/>

For more information on this project, please contact: Manu Gopalan, Principal Investigator/Phone: +91-98455 35409/

E-mail: manu.gopalan@dialb.greenpeace.org

or Dr. Murlidhar V, Principal Investigator /E-mail: murlidharv@vsnl.com, Ph:+91-22-2761 4098.

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I. MAIN RESEARCH AND POLICY FINDINGS:

Contrary to the expectations based on the initial literature survey on increases in particular types of diseases due to air and water pollution; this health assessment has discovered that there is a general increase in all types of systemic diseases across Eloor (target village) when compared to Pindimana (reference village). Broadly one can say that the cocktail of poisons in the air and water of Eloor affects all body-systems adversely. Potentially the immune system seems to be affected too.ⁱⁱ Increased prevalence and incidence of diseases and symptoms at Eloor have been observed from the database of health information of the community and workers at Eloor and Pindimana generated by the Field Investigation based on an exploratory format questionnaire.ⁱⁱⁱ

A Stratified Random Sample of the Eloor^{iv} (target) population when compared with those at Pindimana^v (reference) shows a significant increased disease incidence in many body systems. The key systems that are affected are the Neoplasm^{vi} (2.5 times odds), Blood & blood forming organs^{vii} (2.1 times odds), Endocrine, nutritional and metabolic system^{viii} (1.17 times odds), Mental and behavioural^{ix} (3.03 times odds), The Nervous system^x (1.59 times odds), The eye & adnexa^{xi} (1.21 times odds), The Ear & mastoid process^{xii} (1.49 times odds), The Circulatory system^{xiii} (1.59 times odds), The Respiratory system^{xiv} (1.29 times odds), The Digestive system^{xv} (1.69 times odds), Skin & subcutaneous tissue^{xvi} (1.69 times odds), the Musculo-skeletal system & connective tissue^{xvii} (1.17 times odds), the Genitourinary system^{xviii} 1.09 times odds), Congenital malformations, deformations & chromosomal^{xix} (2.63 times odds), Injury, poisoning & certain other consequences of external causes^{xx} (2.65 times odds), External causes of morbidity & mortality^{xxi} (1.36 times odds). All systemic classification was based on the International Classification of Diseases-10 (ICD-10).

One of the body systems worst hit seemed to be the nervous system when combined with the mental and behavioral effects (odds- 1.59:1 & 3.03:1). Congenital malformations, deformations and chromosomal aberrations follow (odds- 2.63:1). Accidental injury and poisonings are leading causes of mortality (Odds- 2.65:1). Diseases affecting the Neoplasms (2.5:1) and Blood and blood forming organs (2.1:1) are significantly great Eloor.

Clinically confirmed^{xxii} Cancer Incidence is greater in Eloor in a statistically significant rate. When 13 cases of incidence were reported in the Eloor set, only one was reported in the sampling set at Pindimana. The combined odds ratio across Eloor and Pindimana is (2.85:1). This is alarming to say the least.

Medical Verifications were performed using the lung function tests (Spirometry) on a random sample of the reference and target populations. These confirmed high rates of actual incidence.^{xxiii}

ⁱⁱ Despite the fact that Pindimana, the reference village, was going through an epidemic of Leptospirosis and Dengue Fever, the rate of occurrence of infectious diseases under Category-1 of the ICD(International Classification of Diseases) in Eloor Section A and Eloor Section B, two target areas within Eloor(which was not facing an epidemic) was slightly more than the rate at the reference! This clearly shows that there is an ongoing live epidemic in Eloor which is not being perceived as one that requires attention as it is on all the time.

ⁱⁱⁱ Please see Appendix 1 for details.

^{iv} Sampling Ratio was 1:4

^v Sampling Ratio was 1:7

^{vi} Chapter-2 of the International Classification of Diseases, the ICD, Version-10, <http://www.wellcool.demon.co.uk/tmh/PBarkerICD10.htm>

^{vii} *ibid* Chapter-3

^{viii} *ibid* Chapter-4

^{ix} *ibid* Chapter-5

^x *ibid* Chapter-6

^{xi} *ibid* Chapter-7

^{xii} *ibid* Chapter-8

^{xiii} *ibid* Chapter-9

^{xiv} *ibid* Chapter-10

^{xv} *ibid* Chapter-11

^{xvi} *ibid* Chapter-12

^{xvii} *ibid* Chapter-13

^{xviii} *ibid* Chapter-14

^{xix} *ibid* Chapter-17

^{xx} *ibid* Chapter-19

^{xxi} *ibid* Chapter-20

^{xxii} Clinical Confirmations were obtained by follow-up house visits with a team of doctors from the Occupational Health and Safety Centre- Mumbai using Spirometry for Respiratory Illness (Chapter-10, ICD-10) and examinations of medical records (Chapter-10, ICD-10) for ascertaining Cancer Incidence.

^{xxiii} For Eloor the figure was 10- severely affected under FEV1 or FVC or both below 60% of the predicted values, the expected values in healthy persons. 7 are moderately affected and 9 showed that their values for lung function are just below the 80% of predicted values. Totally 26 out of 45 tested for lung function are affected *ie* 57.8% confirmed respiratory illness rates. Lung function test could be administered to 43 persons. Three persons were obviously affected and could not perform the test. Eight had reported respiratory problems but did not want to go through the lung function test.

It is clear that the nature of illness spreads across practically all body systems in an almost unpredictable manner. This is clearly due to the fact that it is a cocktail of chemicals (a few score heavy metals a few hundred organic chemicals) and that are in the air and water of Eloor. There is very little medical research globally that accounts for synergistic effects of synthetic chemicals in human beings. The evidence that one finds at Eloor clearly shows that the synergistic effects of these chemicals are more devastating than expected.^{xxiv}

These findings have implications on industrial planning policy globally. The paradigm of designing industrial estates recklessly with no regard for the effects on public health needs to change. The chemical cocktail that is released into the air and water needs to be stopped. When there are a complex group of chemicals in your air and water it becomes almost impossible to predict and remedy the human diseases that may be caused by them, not to mention the near impossibility of treatment and clean-up of the contaminated air and water.

Industrial Estates must be allowed to exist only in the rare exception, when they are planned like ecological neighborhoods where all the chemicals used within the estates are self contained using closed loop systems and zero-discharge is effectively implemented by online regulation.^{xxv} The new planning paradigm must accommodate clean production technology as its integral part.^{xxvi}

II. EXECUTIVE SUMMARY

An Introduction to Eloor:

Eloor is a river island on the river Periyar around 17 kms from its mouth at the Arabian Sea near the city of Cochin. It occupies an area of 11.21 square kilometres. Eloor supports the largest industrial belt in Kerala with over 247 chemical industries. The industries make a range of chemicals- petrochemical products, pesticides, rare-earth elements, rubber processing chemicals, fertilizers, zinc/chrome products and leather products. Most of these industries are over 50 years old and employ the most polluting of technologies. The industries take large amounts of fresh-water from the River Periyar and in turn discharge concentrated effluent with very little treatment. This leads to the large-scale devastation of aquatic life in the river and the farmlands in the region. There are 35 illegal pipes spewing effluent into the river directly from the industry.^{xxvii} Air emissions range from acid mist to sulphur dioxide, Hydrogen Sulphide, Ammonia and Chlorine gas.^{xxviii} There are close to 40,000 people living and working on the island, 29,064 of whom are part of the village community not employed by the industries. The rest are employees and stay in the company quarters. The Woman to Man ratio is 1000:1054.^{xxix}

The Background to the Community Health Assessment:

Four persons were in good health with no problems so tests were not administered. Totally 28 persons interviewed (and tested or only checked) have respiratory system affected.

^{xxiv} See www.ourstolenfuture.org/NewScience/synergy/synergy.htm

Also <http://www.health.state.mn.us/divs/eh/groundwater/hrlmix.html> for some new action on groundwater contamination and synergistic effects.

Also http://www.nmenv.state.nm.us/aqb/projects/Corrales/DOH_Synergistic_Effects.pdf

^{xxv} See <http://www.indigodev.com/ADBHBCh2Foundations.doc>

Also Erkman, Suren and Ramaswamy, Ramesh. 2000. Industrial Ecology as a Tool for Development Planning—Twinning Industrial Ecology and Cleaner Production. UNEP's 6th International High-level Seminar on Cleaner Production, Montreal, Canada. [http://www.agrifood-forum.net/db/cp6/Input to CP6.doc](http://www.agrifood-forum.net/db/cp6/Input%20to%20CP6.doc)

See www.cleanproduction.org for details of clean production techniques and success stories from around the world.

^{xxvi} See Cornell Work and Environment Initiative <http://www.cfe.cornell.edu/wei/> Includes eco-industrial roundtable newsletters and proceedings, case profiles, and papers on eco-industrial parks and networks.

^{xxvii} From a joint assessment done by the Periyar Malineeakaran Virudha Samithi and the Kerala State Pollution Control Board.

^{xxviii} There are many unidentified chemicals that are in the plumes of the industries of the area. The Pollution Control Board has not comprehensively monitored these.

^{xxix} 14,144 women and 14,920 men. Most people are employed in the services industry—serving the government or private industry. Many run local businesses. Traditional occupations including fishing and farming have been entirely wiped out by polluting industry. There is a section of people that are migrant and are involved in illegal sand-mining from the bed of the river. A small population on the island is unemployed.

Despite the fact that the pollution of the River Periyar and the land has been established unequivocally there has been little action by regulatory authorities.^{xxx} It seemed to us at the beginning of the research like there needs to be stronger arguments and actions from the community that backs up the new research. We decided to back our existing research on contamination by the local pesticide industry, Hindustan Insecticides Ltd and Merchem Ltd.^{xxxi} Meanwhile a resident of Eloor was appointed by Greenpeace as the Riverkeeper for the Periyar to monitor water quality of the river and alert local government, regulatory authorities and the pollution control boards of the need to take immediate action to stop pollution.^{xxxii}

The fact that the Community Health Problems of Eloor were quite apparent and that a similar reality was observed across the country along the 24 hotspots identified by Greenpeace India prompted us to go for a health assessment that shall establish *prima facie* the problem.^{xxxiii} Greenpeace initiated an alliance with Occupational Health and Safety Cell- Mumbai, which has prior experience in the matter of Epidemiological Research. The broad framework of OHSC taking the lead with Medical Verifications of the primary data collected using a questionnaire research was arrived at jointly, with Greenpeace taking the primary role in the field based research and the survey. The Ethical Guidelines developed by the National Committee for Ethics in Social Science Research in Health (NCESSRH)^{xxxiv}

The Health Assessment Method:

The Greenpeace team started active field based work in on the health assessment in April, 2003.

The first step was to obtain Community consent to do the assessment and ensure participation and cooperation from the local *Panchayat* and local community leaders.^{xxxv} Next came a comprehensive literature survey of all available material on health status of the community.^{xxxvi} All available maps were digitised to produce one comprehensive map that would capture all the data from secondary sources on it.(See the Maps in Appendix-5)

After plotting of people with ill health and cases of death due to diseases with environmental factors on this detailed map, we made the decisions on identification of the Target and Reference Group. We also looked at the available state averages could have been used instead of the reference group.

We arranged for a visit of the partners in research, the OHSC-Mumbai to Eloor to observe the reality of the island and help us with developing the medical aspects of the study. We incorporated strategic thrust into the basic study design along-with them.

In setting the criteria to develop the study questionnaire, we concluded that it is in the best interest of the study to increase the study power to assess the maximum possible number of people by eliminating as many questions as possible from the study questionnaire. We assume that the studies that would be done in follow-

^{xxx} The local pollution control board has been entirely ineffective in 'controlling pollution' if not preventing it. Therefore the local community agitations have more often focused on the pollution control board to initiate immediate action against polluting bodies Refer the Kerala Pollution Control Board Website for developments: <http://www.kspcb.nic.in>

^{xxxi} After the Greenpeace Sampling mission of 1999 when it was established that a large amount of polluting chemicals have been released by certain specific industries (Hindustan Insecticides Ltd, Merchem Ltd), the local community took direct action against the polluting agencies by damming the polluting stream-Kuzhikkandam Thodu. The companies have ever since been forced to enter into a dialogue with the panchayat and local people to come up with a plan to clean up the mess along the stream. They have failed to come up with a safe protocol for doing so. Their current plan involves dredging the sludge and dumping it in a nearby wetland permanently destroying the water table. There is currently a court injunction on any such action.

^{xxxii} He has also addressed the people of Cochin city with the dangers of using the polluted river water for drinking purposes.

^{xxxiii} The local people have been complaining of large-scale health problems on the island. These include respiratory disorders, cancers, congenital problems like mentally/ physically challenged children, chronic depression and reproductive problems.

^{xxxiv} Ethical Guidelines for Social Science Research in Health: By National Committee for Ethics in Social Science Research in Health (NCESSRH). www.cehat.org/publications/ethical1.html

Also see , Notes on Qualitative Research and Ethics of Research On Disaster and Complex Political Emergencies by Fatima Alvarez-Castillo, Professor,University of the Philippines Manila, Email: fatima.castillo@up.edu.ph

^{xxxv} Several one-to-one meetings with the local panchayat (its president and secretary) and local community leaders (Purushan Eloor of PMVS and Prasad/ Adv.Rajesh of JAV) ensured that the objectives were met.

^{xxxvi} The following were the sources for the secondary literature survey-

- 1) The Integrated Child Development Programme- A Compilation of the whereabouts of people with disease in the village.
- 2) The Eloor Village Panchayat- The Death Register
- 3) The Regional Cancer Detection Centre- The statistical averages of incidence of cancer in patients that approach the center.
- 4) The Union Christian College, Aluva—An Environmental Impact Assessment of the Alwaye Industrial Belt, dept of Economics, August 1993.
- 5) The Village& the Taluk Office: Census Data and Demographic information.

up possibly by the institutions of the Govt of India and the WHO would ensure a comprehensive, cause-effect look at all the health problems.

The Proposed Research Question in the first round of discussions was: "What is the prevalence of Chronic Respiratory Illness and Cancer in the affected community around Eloor Industrial Estate?" This evolved into the more broad and exploratory research question later as we interacted with the advisory board: "What are the Health Problems faced by the resident community of Eloor Industrial Estate, due to increased pollution of the air and water by chemical industries?" The meetings with the advisory board also discussed and thrashed out issues like scientific biases, sampling sizes/ratios, training module for interviewers, ethics and statistical analysis.

The Training of the interviewers^{xxxvii}, a community sampling exercise^{xxxviii} and Pilot Surveys^{xxxix} to identify practical difficulties in the working of the Field Investigation were performed. This effectively launched the team of 10 interviewers for 45 days of data collection at the end of which we have information about 9122 individuals across Eloor and Pindimana.

Throughout the investigation involving respondents all basic ethical norms were strictly followed. Prior informed written consent was obtained from each participant.

The Analysis: We restricted our analysis to simple percentage analysis and lead it to the calculation of Odds-Ratios under the International Classification of Diseases (ICD-10) as we were told by the advisory that campaign value of common-sense analysis is far greater than in-depth analysis. (Refer Appendix 6 for details) Simple Office software was coupled with Manual Computation techniques to reach the figures on prevalence percentages, incidence, statistical significance and overall patterns.

The Findings: The one simple and basic finding is that we observed is that without exception, all body systems are adversely affected in Eloor as opposed to Pindimana. This shows that the cocktail of poisons in the air and water of Eloor as opposed to Pindimana is exerting synergistic effects on the local population and these effects seem to be unpredictable especially across particular age groups.

The Conclusion: Immediate punitive action need to be initiated by the Government on the companies that are criminally violating the right to Life of Communities and workers in the Industrial Estate and around. Remedial action which includes, life-long medical rehabilitation, compensation and clean-up of contaminated sites must be taken up by the polluting companies. Zero Discharge on the Periyar must ensure that the people of Cochin are not poisoned.

IV ACKNOWLEDGEMENTS

The authors wish to acknowledge the support of the Community Health Cell, Bangalore for all the research support and advise. More specifically, we want to thank Dr. Thelma Narayan, Dr. Rajan Patil for their guidance and help. We also want to recognize the valuable assistance of our Project Advisory Committee in forming the study design and reviewing its progress. Finally, we want to thank the representatives of all of the projects and organizations who contributed materials and information to this project.

^{xxxvii} Inhouse, for 3 days with the help of local doctors and the Community Health Cell in remote contact.

^{xxxviii} With all the important people in the local community, the Panchayat Officials, the Community Leaders and youth.

^{xxxix} One day events that ended in another day of one-to-one review and amendments in the questions.

V TABLE OF CONTENTS

	Page
I Main Research and Policy Findings	2
II Executive Summary	3
III Acknowledgements	4
IV Table ofContents	5
1. Research Problem/Context	6
1.1 Eloor-A Brief Description	
1.1.1 Geography	
1.1.2 The Community	
1.1.3 The Socio-Political Background	
1.1.4 Pollution Problems	
1.1.5 The Campaign Context	
1.1.6 The Reported Health Problems	
2. Methods and Limitations	7
3. Research Findings	8
3.1 Review of Indicator Reports	9
3.2 Field Questionnaire Survey	10
3.3 Ethnographic Accounts	11
3.4 Focus Groups	12
4. Implications for Health Action to protect Communities and Workers in Indian Industrial Estates	13
5. Implications for Policy and Practice	13
6. Dissemination/Knowledge Transfer	14
7. Bibliography	15
Appendix 1: Copy of Questionnaire Survey	
Appendix 2: Follow-up Investigation Of Carcinoma Questionnaire:	16
Appendix-3: Follow-up Investigation-Respiratory Disability Questionnaire	
Appendix 4: Pulmonary Function Tests at Eloor & its confirmation rate	17
Appendix 5: List of Maps of Eloor with Mortality/Morbidity information	18
Appendix 6: List of Findings transcribed into Charts	19
Chart1: ICD-10 Chapter 1/ Certain Infectious Diseases	20
Chart2: ICD-10 Chapter 2/ Neoplasms	
Chart3: ICD-10 Chapter 3/ Diseases of the Blood and Blood-forming Organs	
Chart4: ICD-10 Chapter 4/ Endocrine, nutritional and metabolic diseases	
Chart5: ICD-10 Chapter 5/ Mental and Behavioural Disorders	
Chart6: ICD-10 Chapter 6/ Diseases of the nervous system	
Chart7: ICD-10 Chapter 7/ Diseases of the eye & adnexa	
Chart8: ICD-10 Chapter 8/ Diseases of the ear & mastoid process	
Chart9: ICD-10 Chapter 9/ Diseases of the circulatory system	
Chart10: ICD-10 Chapter 10/ Diseases of the respiratory system	
Chart11: ICD-10 Chapter 11/ Diseases of the digestive system	
Chart12: ICD-10 Chapter 12/ Diseases of the skin & subcutaneous tissue	
Chart13: ICD-10 Chapter 13/ Diseases of the musculoskeletal system & connective tissue	
Chart14: ICD-10 Chapter 14/ Diseases of the genitourinary system	
Chart15: ICD-10 Chapter 15/ Pregnancy, childbirth and the puerperium	
Chart17: ICD-10 Chapter 17/ Congenital malformations, deformations & chromosomal-abnormalities.	
Chart18: ICD-10 Chapter 18/ Symptoms, signs & abnormal clinical and lab. findings, not elsewhere classified.	
Chart19: ICD-10 Chapter 19/ Injury, poisoning & certain other consequences of external causes	
Chart20: ICD-10 Chapter 20/ External causes of morbidity & mortality	
Chart21: ICD-10 Chapter 21/ Factors influencing health status & contact with health services	
Appendix 7: List of Resources for Community and Research groups	35
Appendix 8: The Abridged Ethnographic Interviews for Eloor.	

1. RESEARCH PROBLEM/CONTEXT

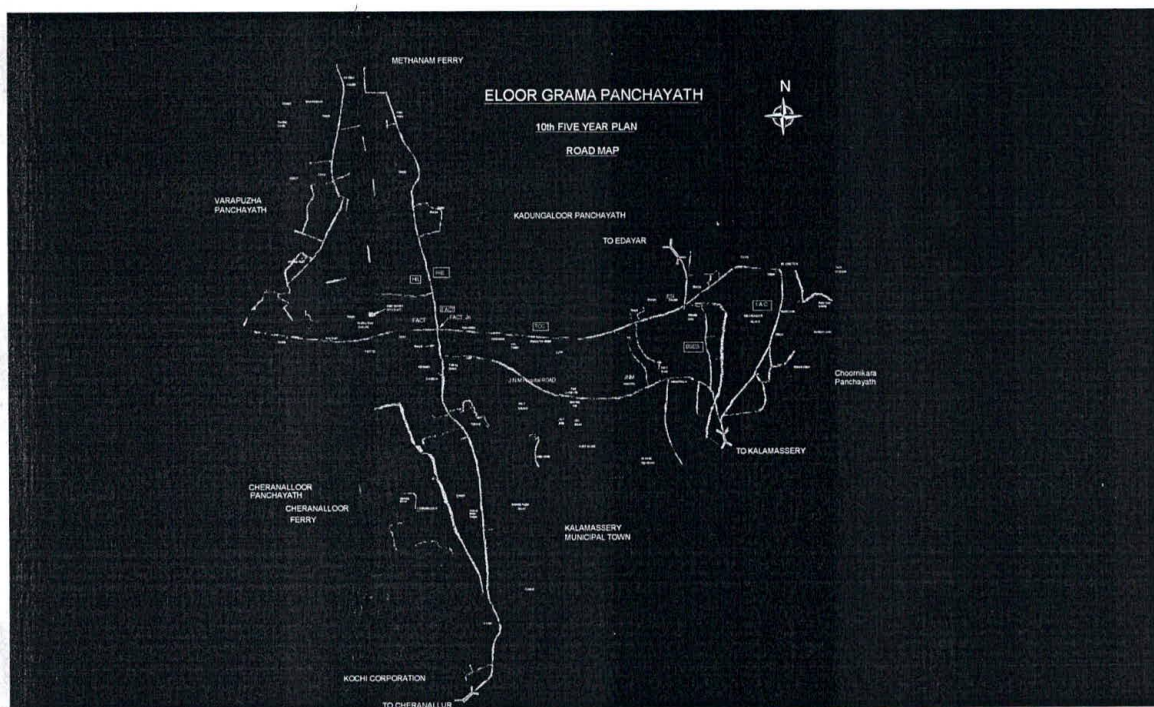


Fig.1: Map of Eloor Island on River Periyar.

1.1 Eloor: A Brief Description-

1.1.1 Geography:

Eloor is a river island on the river Periyar around 17 kms from its mouth at the Arabian Sea near the city of Cochin. It occupies an area of 11.21 square kilometers. (See Fig-1) There is one high point on the island within the industrial estate near FACT and the TCC from where all the drainage originates.

1.1.2 The Community:

There are close to 40,000 people living and working on the island, 29,064 of whom are part of the village community, mostly not employed by the industries. The rest are employees and stay in the company quarters. The Woman to Man ratio is 1000:1054. (14,144 women, 14,920 men)

1.1.3 The Socio-Political Background:

Most people are employed in the services industry--serving the government or private industry. Many run local businesses. Traditional occupations including fishing and farming have been entirely wiped out by polluting industry. There is a section of people that are migrant and are involved in illegal sand-mining from the bed of the river. A small population on the island is unemployed too.

The Village of Eloor is governed by the local Pachayat- Eloor Grama Panchayat. The hierarchy of local self-governance in the ascending order of power is as follows: Eloor Panchayat—Alangad Block Panchayat—North Paravur Taluk Office-Ernakulam Zila Parishad. It comes under the Aluva Assembly constituency and the Ernakulam Lok Sabha Constituency.

1.1.4 Pollution Problems:

Eloor supports the largest industrial belt in Kerala with over 247 chemical industries some of which are across the bank of the river at Edayar. The industries make a range of chemicals- petrochemical products, pesticides, rare-earth elements, rubber processing chemicals, fertilizers, zinc/chrome products and leather products. Most of these industries are over 50 years old and employ the most polluting of technologies.

The siting of the factories is such that they trap the island community, as the connecting bridges to the mainland, are off the industrial part of the island, away from community households. In the event of a chemical accident like the one that happened in Bhopal, they have no choice but to swim across the river for cover, which could lead to massive injury and loss of life.

The industries take 17 million cusecs of fresh-water from the River Periyar and in turn discharge roughly 1.5 million cusecs of concentrated effluent with very little treatment. This leads to the large-scale devastation of aquatic life in the river and the aquaculture farms in the region. There are 35 illegal pipes spewing effluent into the river directly from the industry.

Air emissions range from acid mist to Sulfur dioxide, Particulate matter, Carbon Black, Ammonia and Chlorine gas. There are many unidentified chemicals that are in the plumes of the industries of the area. The Pollution Control Board has not been monitoring these in a comprehensive manner.

1.1.5 The Campaign Context:

The local pollution control board has been entirely ineffective in 'controlling pollution' if not preventing it. Therefore the local community agitations have more often focused on the pollution control board to initiate immediate action against polluting bodies.

After the Greenpeace Sampling mission of 1999 when it was established that a large amount of polluting chemicals have been released by certain specific industries (Hindustan Insecticides Ltd, Merchem Ltd and Indian Rare Earths), the local community took direct action against the polluting agencies by damming the polluting stream-Kuzhikkandam Thodu.

The companies have ever since been forced to enter into a dialogue with the panchayat and local people to come up with a plan to clean up the mess along the stream. They have failed to come up with a safe protocol for doing so. Their current plan involves dredging the sludge and dumping it in a nearby wetland permanently destroying the water table. There is currently a court injunction on any such action.

Meanwhile VJ Jose, a resident of Eloor was appointed by Greenpeace as the Riverkeeper for the Periyar as the '1000 Bhopals Bus Jatha' was passing through Eloor. His primary role has been monitoring water quality of the river and alerting local government, regulatory authorities and the pollution control boards of the need to take immediate action to stop pollution. He has also addressed the people of Cochin city with the dangers of using the polluted river water for drinking purposes.

Greenpeace has also made a compilation of all the chemicals in raw materials, products, effluents and emissions, which also enlist, detailed information on potential health problems to workers and community. This is in continuance with the Community Right to Know Campaign in the area.

1.1.6 The Health Problems^{x1}:

The local people have been complaining of large-scale health problems on the island. These include respiratory disorders, cancers, congenital problems like mentally/ physically challenged children, chronic depression and reproductive problems. It was noted that the time to do a meaningful assessment of the same had arrived.

The Proposed Research Question for the study was "What are the Health Problems faced by the resident community of Eloor Industrial Estate, due to increased pollution of the air and water by chemical industries?"^{x1}

2. METHODS AND LIMITATIONS

The answer was researched involving four strategies:

- 1) A Review of literature from around the world and Eloor (March-April 2003);
- 2) A questionnaire based survey of people in Eloor and Pindimana (May-July 2003);
- 3) Follow up Medical Verifications for Respiratory Illness and Cancer.(May-July,2003)
- 4) Ethnographic interviews of two subsets of people at Eloor (August, 2003); and

^{x1} Identified mostly through observational studies done by the local community and the local self Government

5) Focus group discussions (August 2003).

In all strategies involving respondents all basic ethical norms were strictly followed. Prior informed written consent was obtained from each participant. The people were informed of the results of the medical examination as soon as the Spirometer displayed results. All patients were given medical advice to the best of the understanding of the doctors. Some were also given legal advice on using the Public Liabilities Insurance Act to claim some compensation from the Industries via the State.

Here is a detailed account of each of the five strategies:

1) Health Information Gathered From Secondary Sources:

The following were the sources for the literature survey-

- a) The Integrated Child Development Programme- A Compilation of the whereabouts of people with disease in the village.
- b) The Eloor Village Panchayat- The Death Register
- c) The Regional Cancer Detection Centre- The statistical averages of incidence of cancer in patients that approach the center.
- d) The Union Christian College, Aluva—An Environmental Impact Assessment of the Alwaye Industrial Belt, Dept of Economics, August 1993.
- e) The Village & the Taluk Office: Census Data and Demographic information.

Number of Mentally & Physically Ill in the Overall Population (ICDS Data): 159	
Death Register- Death Rate: 4.425 per 1000	
Cancer Death Rate	0.361272
Ashtma Death Rate	0.481696
Rheumatism DR	0.275255
Heart Attack DR	0.946188
Paralysis DR	0.395679
Renal Failure DR	0.240848
Others	1.376273
Death Rate 98-99	4.077209

Figure 2: Mortality figures compiled for the period from 1998 to 1999.

Mortality rates, Socio-economic indicators and other factors that influence the Health of Communities were considered while taking design decisions for the health survey. The design decisions- including those of which village to choose as a reference to Eloor (target) and what sampling technique to follow was taken at the advisory board meetings. The Advisory met three times during the survey and recommended meaningful amendments in structure and approach which was implemented almost in its entirety in the field by the Greenpeace and OHSC team. Mapping of Mortality patterns on the detailed map of Eloor. This graphically portrayed the patterns across the industrial belt in terms of local geography, wind patterns, water flow and other ecological processes greatly enhancing our capacity to analyse the data.

THE TARGET VILLAGE- ELOOR	A PROPOSED CONTROL- AAVOLI
Population: 29,064	Population: 21,636
Total Area: 11.21 sq kms	Total Area: 18.6 sq kms
Male/Female Ratio: 1054:1000	Male/Female Ratio: 1000:1120
Occupations: Service sector, Business, Chemical Factory Based, Ex-Agriculture, Ex-fishing-Fishing (few fish), Dairy, Tailoring, Animal Husbandry- Chicken, Pig, Vegetables, Banana (no large scale farming)	Occupations: Agriculture-Vegetables, Banana, Areca nut, Rubber, Pineapple, Tapioca, Traditional Fishing, Tailoring, Food Processing, Animal husbandry- Dairy, Chicken, Pig, Matchstick production
Riverine Status: River Island- locked on all sides	Riverine Status: Locked by the river on two sides
Number of Industries: 18 large chemical industries	Number of Industries: 1 Food processing Unit

Figure 3: An early comparative study between the target and a proposed reference village, Aavoli next to Pindimana.

2: A Questionnaire based Survey was conducted across the target and reference villages:

The Questionnaire was exploratory in nature and observed the prevalence and incidence of various types of diseases that are normally caused due to toxic pollution. The details of a sample questionnaire is attached herewith. (See Appendix 1)

The format and the content of the questionnaire was finalised after several rounds of discussions with the advisory board in Bangalore. The Questionnaire got abridged from four pages to one page. The sampling unit changed from individual to the household. A key informant was to be chosen by the interviewer using a standard criteria- that the key informant is the person in the household who is in charge of the family's health. The key informant was to report the health status of all the living members of the family and the last two deceased members. The interviewer would take the family health information down in a table using a set of codes given to him, which were later classified during analysis under the International Classification of Diseases.

The questionnaire was administered to the populations sampled out randomly from three strata in Eloor(target) and one in Pindimana (reference). The Sampling ratio for Eloor was 1:4 and that of Pindimana was 1:7. Roughly all the strata (A,B,C) and Pindimana(D) had similar population sizes. All in all we generated information about 9122 alive people, both villages put together. The information about deceased has also been collated.

3) Follow up Medical Verifications for Respiratory Illness and Cancer.(May-July,2003)

These were planned and conducted by the Occupational Health and Safety Centre- Mumbai. The follow-up medical verification was done using house-calls and primarily relied on Spirometry for verification of Respiratory Illness cases and examination of medical records for cancer verification. Conducted by doctors of the Occupational Health and Safety Centre, under the leadership of Dr. Murlidhar V and Vijay Kanhere, this was a 6-day event in June when they diagnosed the degree of disability in communities. This information was used to objectively verify and qualify some of the observations of the questionnaire survey.

4) Ethnographic interviews of two subsets of people at Eloor (August, 2003);

Collecting Ethnographic Information from Various Individuals classified according to age and occupation using open questionnaires: (Refer Appendix-7)

5) Focus group discussions (August 2003).

The focus groups were held as the community sampling exercise was being conducted and later as the final debrief was being conducted within the community after the survey. Both sessions confirmed our earlier understanding from individual interviews. They also confirmed the common sense understanding of the findings of the preliminary literature survey.

3. A Limitation:

One of the limitations of the study is that it does not examine in detail the range of specific health problems faced by the community and workers at the Industrial Estate because we decided to perform an exploratory investigation.

Our understanding of health and the influencing indicators of community health is based on an existing conceptual framework of characteristics of the health of communities, the "Indicators That Count" framework (henceforth termed only as the "framework") developed by Hancock et al. (1998 and 1999) (see Figure 1).^{xli}

^{xli} The framework presents a logical progression from inputs to processes of change to outputs. The inputs are determinants of health (environmental viability, liveable built environments, community conviviality, social equity and economic adequacy). Next, education and governance are related to processes-of-change which underpin community health. Finally, population health outcomes include measures of both positive health (e.g., quality of-life) and negative health (e.g., disability/morbidity/mortality, functional health measures). For the purposes of our research, we refer to Sustainability, Viability, Livability, etc. as "categories" while the sub-levels within these categories are referred to as "elements" (e.g., energy use, water consumption, etc.).

HEALTH STATUS

Positive Health and Quality of Life: Well-being/self-reported health; Life satisfaction; Happiness
Mastery/Self-esteem/Coherence
Health-promoting Behaviours
Negative Health: Stress/anxiety; Other morbidity/disability measures; Health utility index
Mortality: Overall mortality rate; Infant mortality rate; Suicide rate; Life expectancy

Figure 2: Health Status in the "Indicators That Count" framework developed by Hancock et al. (1998 and 1999)

DETERMINANTS

Sustainability

Energy use ; Water consumption; Renewable resource consumption; Waste production and reduction; Local production of resources; Land use (allocation of use); Ecosystem health; Ecological footprint

Viability

Air quality; Water quality; Toxics production and use; Soil contamination; Food chain contamination

Livability

Housing quality; Density and land use in the built-environment; Community safety and security; Transportation/automobile dominance; Walkability; Green/open space; Smoke-free space; Noise pollution

Conviviality

Family safety and security; Sense of neighbourhood/place; Social support networks; Charitable donations; Commitment to public services; Demographics

Equity

Economic disparity; Housing affordability; Discrimination and exclusion; Access to power and control

Prosperity

Diverse economy; Local control of businesses; Employment/unemployment; Quality of employment; Traditional economic activity indicators

PROCESSES

Education

Early childhood development; Education attainment/school quality; Adult literacy; Lifelong learning

Governance

Voluntarism/associational life; Citizen action/civic ness; Human and civil rights; Voter turnout; Perception of political leaders and government services; Healthy public policy

Figure 3: Indicator Categories and Elements of the "Indicators That Count" Framework(text in black signifies criteria that have been observed in the current survey)

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4. IMPLICATIONS FOR REMEDIAL HEALTH ACTION TO PROTECT COMMUNITIES AND WORKERS IN INDIAN INDUSTRIAL ESTATES

Of the five types of relevant research listed by Frankish et al^{xlii} (1- conceptual^{xliii}, 2- needs assessment^{xliv}, 3- ,,,MMM tools development^{xlvi}, 4- implementation^{xlvii} and 5- intervention outcome research^{xlviii}); in the area of

^{xlii} Institute of Health Promotion Research, University of British Columbia, September 2002- www.ihpr.ubc.ca/pdfs/frankish-cphifinal_v4.pdf

Community Health that warrant further attention, future research, and immediate corrective measures ours would fall under the final category.

Intervention outcome research would in all probability lead to action from the concerned parties in the direction of affirming the rights of the communities affected.

The immediate interventions that this project would suggest regulators and criminal parties take up:

- 1) The Comprehensive Assessment of damage to Health of every individual (community/worker) in Eloor.
- 2) Immediate steps to stop the poisoning of the water-system of Eloor and Cochin (the Periyar) ie Zero Discharge on the River and in streams.
- 3) Immediate steps to cap the emissions of industries with strict online monitoring systems.
- 4) Based of the above-said Comprehensive Health Assessment of Individual damages on

Immediate punitive action need to be initiated by the Government on the companies that are criminally violating the right to Life of Communities and workers in the Industrial Estate and around. Remedial action which includes, life-long medical rehabilitation, compensation and clean-up of contaminated sites must be taken up by the polluting companies. Zero Discharge on the Periyar must ensure that the people of Cochin are not poisoned.

3. IMPLICATIONS FOR POLICY AND PRACTICE

It is clear that the nature of illness spreads across practically all body systems in an almost unpredictable manner. This is clearly due to the fact that it is a cocktail of chemicals (a few score heavy metals a few hundred organic chemicals) and that are in the air and water of Eloor. There is very little medical research globally that accounts or synergistic effects of synthetic chemicals in human beings. The evidence that one finds at Eloor clearly shows that the synergistic effects of these chemicals are more devastating than expected.^{xlvi}

These findings have implications on industrial planning policy globally. The paradigm of designing industrial estates recklessly with no regard for the effects on public health needs to change. The chemical cocktail that are released into the air and water needs to be stopped. When there are a complex group of chemicals in your air and water it becomes almost impossible to predict and remedy the human diseases that may be caused by them, not to mention the near impossibility of treatment and clean-up of the contaminated air and water.

Industrial Estates must be allowed to exist only in the rare exception, when they are planned like ecological neighborhoods where all the chemicals used within the estates are self contained using closed loop systems and zero-discharge is effectively implemented by online regulation.^{xlvi} The new planning paradigm must accommodate clean production technology as its integral part.¹

^{xlvi} Conceptual research is needed to better articulate the key characteristics of interest as they relate to community health. We need to better understand how Indians (both lay people and decision leaders) conceptualize health and quality of life at a supra-individual (i.e., neighbourhood or community level). We also need research on the values underlying these perceptions and their implications for program and policy development.

^{xlvi} Needs assessment research should involve five aspects: identification of users and uses of community-level indicators; better description of target populations and service environments; more complete description of problems and potential solutions; assessment of the relative importance and nature of specific needs; and communication of these needs to decision makers and relevant audiences.

^{xlvi} Tool development is needed to develop, validate and test new ways of measuring community-level indicators. At present, sufficient tools do not exist or they are poorly validated and not rigorously or widely used.

^{xlvi} Implementation research is needed to examine the factors influencing the successful execution of indicator projects. Many project are developed with the intent of fostering change in a given jurisdiction. If they "fail", it is often difficult to ascertain if they were provided sufficient resources (e.g., time, people, money) so as to be successful.

^{xlvi} Intervention outcome research is needed. Many indicator projects are developed with the goal of launching some form of "intervention" and linking indicators of "community health" to important outcomes such as changes in health behaviours, health status and use of health or social services. At present, we lack sufficient knowledge to say which interventions are effective and to elucidate the causal pathways between community-level factors and the outcomes of interest.

^{xlvi} See www.ourstolenfuture.org/NewScience/synergy/synergy.htm

Also <http://www.health.state.mn.us/divs/eh/groundwater/hrlmix.html> for some new action on groundwater contamination and synergistic effects.

Also http://www.nmenv.state.nm.us/aqb/projects/Corrales/DOH_Synergistic_Effects.pdf

^{xlvi} See <http://www.indigodev.com/ADBHBCh2Foundations.doc>

4. DISSEMINATION/KNOWLEDGE TRANSFER

We have adopted a participatory approach to our research activities.^{li} The Dissemination plan is also based on an understanding of the needs and concerns of our audience, the community, workers, scientists, media-persons, policymakers, politicians and the medical community.

5. BIBLIOGRAPHY

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<http://www.agrifood-forum.net/db/cp6/Input to CP6.doc>

See www.cleanproduction.org for details of clean production techniques and success stories from around the world.

^l See Cornell Work and Environment Initiative <http://www.cfe.cornell.edu/wei/> Includes eco-industrial roundtable newsletters and proceedings, case profiles, and papers on eco-industrial parks and networks.

^{li} We define participatory research as "systematic inquiry, with collaboration of those affected by the issue being studied, for purposes of education and taking action or effecting social change." As such, our work was designed to make our research questions more relevant to our community people, our methods more acceptable, and our results more useful to decision makers.

Appendix 1: COPY OF THE QUESTIONNAIRRE SURVEY.

2003 HEALTH SURVEYS' - FIELD INVESTIGATION QUESTIONNAIRE

GREENPEACE

- | | |
|----|--|
| 1. | Identification Number (Area Code+ Interviewer code+ Ward Number+ House Number) |
| 2. | DATE |
| 3. | TIME |
| 4. | Number of Family Members |
| 5. | Address+ Phone Number |

Address+ Phone Number (H/PP): _____

[illegible]

DISEASE INDEX FOR INTERVIEWER

<i>A: Asthma, AL: Allergies, AD: Allergic Dermatitis, ATD: Attention Defects, ADR: Allergic to Drugs, ART: Arthritis, ANM: Anemia, AC -R: Accident Road, AC-F: Accident Factory.</i>	<i>B: Bronchitis, BD: Blood Disease, BRD: Birth Defects, BS: Breathlessness sudden, LBP: Blood Pressure, HBP: High Blood Pressure, BR: Breathlessness regular, BP: Back Pain.</i>
<i>C: Cancer, CB: Cancer of the Breast, CT: Cancer of the testicles, CPR: Cancer of the Prostrate, CL: Cancer of the Lungs, CBL: Cancer of the Bladder, CUDT: Cancer of the Upper Digestive Tract, CLDT: Cancer of the lower Digestive Tract, CST: Soft Tissue, CAS: Angiosarcoma, CA: Cardiac Arrest, CP: Chest Pain, CNT: Contraceptive Pills/ implants /injections, CC: Cervical Cancer, CNF: Confusion, CS: Severe Cough, CCS: Severe Cough & Cold</i>	<i>D: Diabetes, DP: Depression, DZ: Dizziness, DH: Diarrhea, DNP: Dental Problem</i>
<i>E: Endometriosis, EP: Early onset of Puberty, ED: Erectile Dysfunction, EL: Epilepsy, EFL: Early Foetal Loss, EP: Eye Pain, EO: Eye Operation, G: Gall Bladder Stone</i>	<i>HL: Hearing Loss, HR: Headaches Recurring, H: Headaches, HD: Heart Disease, HP: Hepatitis</i>
<i>I: Infection, IE: Infection of the Ear, IT: Infection of the throat, IL: Infection of the Lungs, IC: Infection-Common Cold, IO: Other infection, INF: Infertility, IRT: Irritation, IA: Induced Abortions, IMN: Immunisation, ID: Indigestion.</i>	<i>J: Jaundice, K: Kidney Failure, KS: Kidney Stone</i>
<i>F: Fibroid in the Uterus, FR: Fever recurring, FCR: Cold & Fever recurring</i>	<i>L: Leukemia, LD: Liver Disease, LGY: Lethargy, LSC: Low Sperm count, LGS: Lymph Gland Swelling, LP: Leg Pain</i>
<i>M: Migraine, MP: Menstrual Problems, ML: Memory Loss, MN: Menorrhagea, MA: Missed Abortions, MD: Mental Disease</i>	<i>N: Nasal Septum Perforation, NS: Nausea</i>
<i>O: Obesity, OP: Osteoporosis</i>	<i>P: Paralysis, PS: Paralysis-Stroke, PCOS: Poly-cystic Ovarian Syndrome, PLS: Piles, PM: Psychiatric Morbidity, PU: Prolapse Uterus</i>
<i>R: Rheumatism, RP: Reproductive illness, RTI: Reproductive Tract Infection</i>	<i>SD: Skin Disease, SW: Shuffling when walking, STD: Sexually Transmitted Diseases, SU: Suicide Urge, STU: Stomach Ulcers, SNS: Sinusitis, SI: Stress Incontinence, SP: Surgical Procedures? SPN: Stomach Pain</i>
<i>T: Thyroid problem, TB: Tuberculosis, TH: True Hermaphrodite</i>	<i>U: Urinary Tract Dysfunction, UMM: Uncontrolled Muscle Movements, UT: Undescended Testis</i>
<i>VDE: Vomiting with direct exposure, VL: Vision Loss, V: Varicose Vein Dysfunction</i>	<i>W: Weakness, WZ: Wheezing</i>

Questions to be asked to the Key informant about himself and other people in the family:

1. How would you rate your overall Health?

Appendix 2: FOLLOWUP INVESTIGATION OF CARCINOMA QUESTIONNAIRE:

1. _____ Identification Number (Area Code+ Interviewer code+ Ward Number+ House Number+ followup number-(two digits))
2. _____ date:
3. _____ AGE
4. Male/Female _____ SEX
5. Type of cancer _____
6. Organ affected _____
7. TNM Stage _____
8. In which year was it detected? _____
9. How was it detected? _____
10. local doctor _____
11. Senior doctor in a major hospital _____
12. Pathology confirmation _____
13. Was surgery performed? _____
14. Was chemotherapy administered? _____
15. Was radiotherapy administered? _____
16. Is there pain at present? _____
17. Is there bleeding from the site? _____

Appendix 3: FOLLOWUP INVESTIGATION OF RESPIRATORY DISABILITY QUESTIONNAIRE:

1. _____ Identification Number (Area Code+ Interviewer code+ Ward Number+ House Number+ FOLLOWUP NUMBER-(TWO DIGITS))
2. _____ DATE:
3. _____ AGE
4. Male/Female _____ SEX
5. Y/N _____ Do you smoke? Y/N Did you smoke earlier?
6. _____ S (n)/(y): Smoking n=number of cigarettes/bidis per day/ y= number of years of smoking
7. Y/N Do you get up due to cough?
8. Y/N is the problem for more than two months?
9. Y/N is the problem for more than two years?
10. Is there a particular season when the problem is faced?
11. Y/N is the cough with expectoration?
12. Y/N are you suffering due to asthma?
13. Y/N are you diagnosed to be asthmatic?
14. Y/N is there a family history of asthma?
15. Y/N. have you associated this problem with any cause?
16. what is the cause you have identified? _____
17. What is the medication you take for asthma? _____
18. what is the frequency of medication? _____
- BREATHLESSNESS:
Do you become breathless while:
19. climbing stairs
20. walking at usual speed
21. walking for even 100 steps/ performing activities of daily living
22. even at rest
23. GRADE OF BREATHLESSNESS: _____

READINGS OF LUNG FUNCTION TEST

Sr. No.	FEV1	FVC	PEFR	MEFR	Selected
1.					
2.					
3.					
4.					

AFTER BRONCHODILATOR:

Sr. No.	FEV1	FVC	PEFR	MEFR	Selected
---------	------	-----	------	------	----------

1.					
2.					
3.					
4.					

24. FEV1 _____ % of predicted ; 25. FVC _____ % of predicted;

26. COMMENTS

APPENDIX 4: PULMONARY FUNCTION TESTS AT ELOOR AND ITS CONFIRMATION RATES

Q1	2	3	4	5	6	7	8	9	10	11
Sr No	Code	F	M	PFT done?	FEV1 <60%	FEV1 <80%	FVC <60%	FVC <80%	Breath-lessness grade	Lung function affected
1		Y	N	N	-	-	-	-	3	Nk
2		Y	N	N	-	-	-	-	1	Nk
3		Y	N	Y	N	N	N	N	0	N
4		Y	N	Y	n	N	N	y	0	Y
5		Y	N	Y	N	Y	N	Y	1	Y
6		Y	N	Y	n	Y	N	y	1	Y
7		Y	N	Y	Y	-	Y	-	1	Y
8		Y	N	Y	n	Y	N	y	0	Y
9		Y	N	Y	N	N	N	Y	1	Y
10		Y	N	N	-	-	-	-	nk	Nk
11		Y	N	Y	Y	-	Y	-	0	Y
12		y	n	y	n	n	N	n	1	N
13		Y	N	N	-	-	-	-	-	Nk
14		y	n	y	n	n	N	n	0	N
15		Y	N	Y	N	N	N	N	3	Y
16		y	n	y	n	n	N	N	2	N
17		Y	N	Y	N	N	N	N	1	N
18		y	n	y	n	N	n	y	2	Y
19		Y	N	Y	N	Y	N	Y	2	Y
20		y	n	y	n	N	n	n	1	N
21		Y	N	Y	N	N	N	Y	1	Y
22		y	n	n	-	-	-	-	0	N
23		Y	N	N	N	N	N	N	0	N
24		y	n	y	n	N	n	y	0	Y
25		Y	N	Y	Y	-	N	Y	1	Y
26		y	n	y	n	N	n	n	1	N
27		Y	N	N	-	-	-	-	Nk	Nk
28		y	n	n	-	-	-	-	0	N
29		Y	N	Y	N	N	N	N	0	N
30		y	n	y	n	Y	n	y	4	Y
31		N	Y	Y	N	N	N	N	1	N
32		n	y	y	n	N	n	n	2	N
33		N	Y	Y	N	N	N	Y	1	Y
34		n	y	y	n	Y	y	-	nk	Y
35		N	Y	Y	N	Y	N	Y	0	Y
36		n	y	y	n	N	N	n	0	N
37		N	Y	Y	Y	-	Y	-	2	Y
38		n	y	y	y	-	Y	-	1	Y
39		N	Y	Y	N	Y	N	Y	1	Y

40		n	y	y	n	N	N	n	0	N
41		N	Y	Y	N	N	N	N	0	N
1	2	3	4	5	6	7	8	9	10	11
42		n	y	y	y	-	N	y	1	Y
43		N	Y	N	-	-	-	-	-	N
44		n	y	y	n	N	n	n	-	N
45		N	Y	Y	N	Y	N	Y	1	Y
46		N	Y	Y	Y	-	Y	-	2	Y
47		N	Y	Y	N	N	N	n	0	N
48		N	Y	Y	Y	-	Y	-	1	Y
49		N	Y	Y	N	Y	N	Y	1	Y
50		N	Y	Y	Y	-	Y	-	2	Y
51		N	Y	N	-	-	-	-	0	N
52		N	Y	N	-	-	-	-	0	N
53		N	Y	Y	N	N	N	N	1	N
54		Y	N	Y	N	N	N	n	0	N
55		N	Y	N	-	-	-	-	2	Y
56		N	Y	Y	N	N	N	N	0	N
57		Y	N	Y	Y	-	Y	-	2	Y
58		Y	N	N	-	-	-	-	0	N
Total Of yeses		33 Females	25 Males	45	10	10	9	17		28
Total of nos		--	-	13						25
Total of nks		-	-	-	-	-	-	-	03	05

Nk=not known

10 tested are severely affected with FEV1 or FVC or both below 60% of the predicted values (the expected values in healthy persons). 7 are moderately affected and 9 showed that their values for lung function are just below the 80% of predicted values.

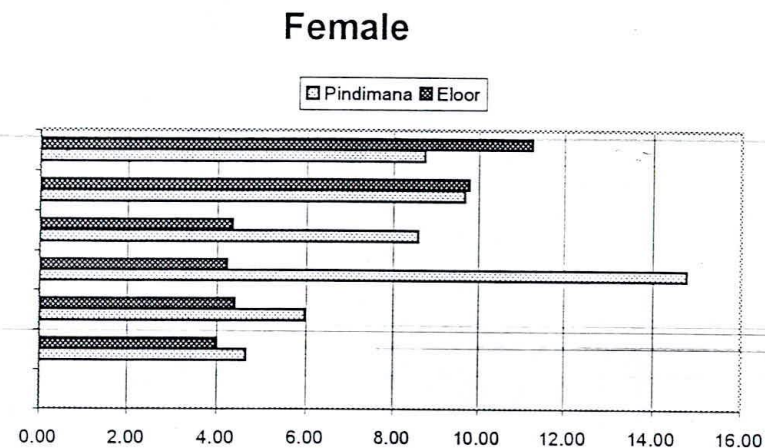
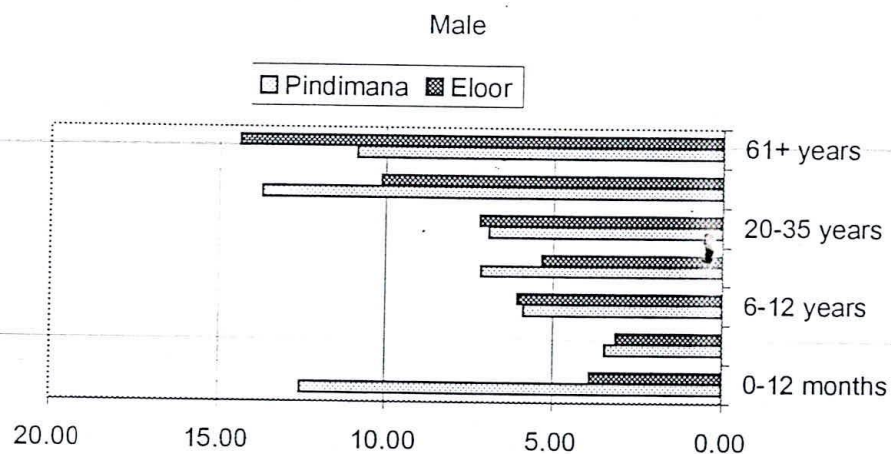
Totally 26 out of 45 tested for lung function are affected. Lung function test could be administered to 43 persons. Three persons were obviously affected and could not perform the test. Eight had reported respiratory problems but did not want to go through the lung function test. Four persons were in good health with no problems so tests were not administered.

Totally 28 persons interviewed (and tested or only checked) have respiratory system affected.

APPENDIX 5: LIST OF MAPS WITH MORTALITY FIGURES

(To be inserted in colour)

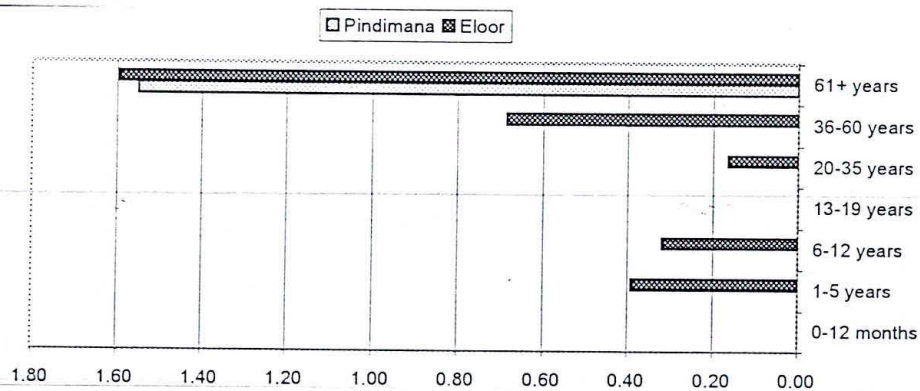
Certain infectious and parasitic diseases- Chapter 1 ICD-10 (International Classification of Diseases)



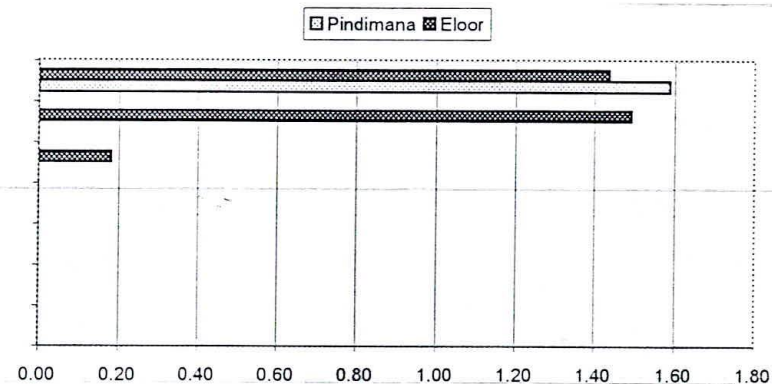
Age Group	A		B		C		A+B+C		(A+B+C)		Affected	Affected	Affected Population D		Total Population D		Affected Male (D) Population (%)	Affected Female (D) Population (%)
	male	female	male	female	male	female	male	female	Population - Male	Population			male	female	male	female		
0-12 months	3	0	0	0	0	0	3	0	77	71	3.90	0.00	1	0	8	14	12.50	0.00
1-5 years	3	5	4	4	1	0	8	9	256	225	3.13	4.00	2	2	58	43	3.45	4.65
5-12 years	6	8	10	6	3	0	19	14	314	318	6.05	4.40	5	4	85	67	5.88	5.97
12-19 years	8	5	9	6	2	4	19	15	356	355	5.34	4.23	5	13	70	88	7.14	14.77
19-35 years	34	16	38	16	15	16	87	48	1212	1104	7.18	4.35	15	20	217	233	6.91	8.58
35-60 years	46	44	42	57	30	17	118	118	1168	1206	10.10	9.78	34	24	249	248	13.65	9.68
60+ years	18	15	28	27	8	5	54	47	376	418	14.36	11.24	14	11	129	126	10.85	8.73

Neoplasms- Chapter 2 ICD- 10 (International Classification of Diseases)

Male



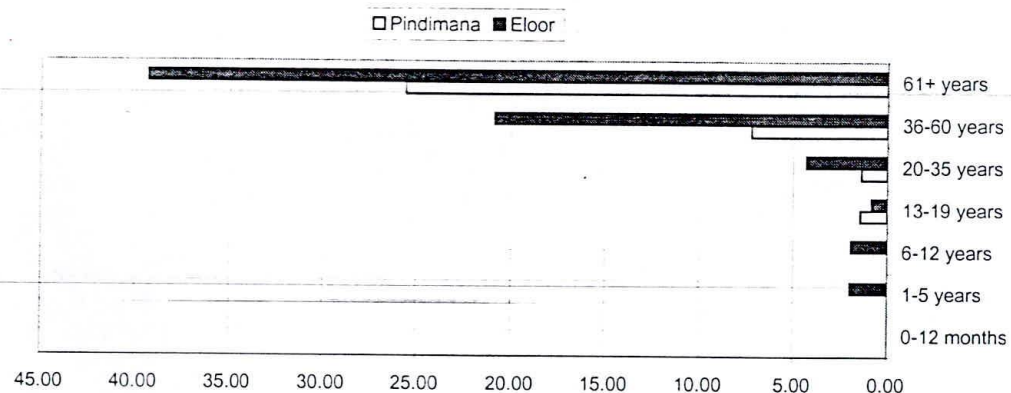
Female



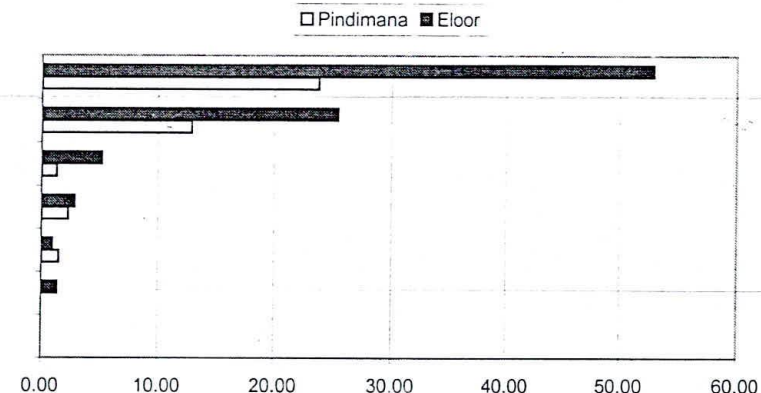
Age Group	A		B		C		A+B+C		(A+B+C) Total Population Male	(A+B+C) Population Female	Affected (A+B+C) Population (%) male	Affected (A+B+C) Population (%) female	Affected Population D		Total Population D		Affected Male (D) Population (%)	Affected Female (D) Population (%)
	male	female	male	female	male	female	male	female					male	female	male	female		
0-12 months	0	0	0	0	0	0	0	0	77	71	0.00	0.00	0	0	8	14	0.00	0.00
1-5 years	0	0	1	0	0	0	1	0	256	225	0.39	0.00	0	0	58	43	0.00	0.00
6-12 years	0	0	1	0	0	0	1	0	314	318	0.32	0.00	0	0	85	67	0.00	0.00
13-19 years	0	0	0	0	0	0	0	0	356	355	0.00	0.00	0	0	70	88	0.00	0.00
20-35 years	1	0	1	2	0	0	2	2	1212	1104	0.17	0.18	0	0	217	233	0.00	0.00
36-60 years	1	4	5	10	2	4	8	18	1168	1206	0.68	1.49	0	0	249	248	0.00	0.00
61+ years	2	1	4	4	0	1	6	6	376	418	1.60	1.44	2	2	129	126	1.55	1.59

Diseases of blood & blood forming organs & certain disorders- Chapter 3 ICD- 10 (International Classification of Diseases

Male



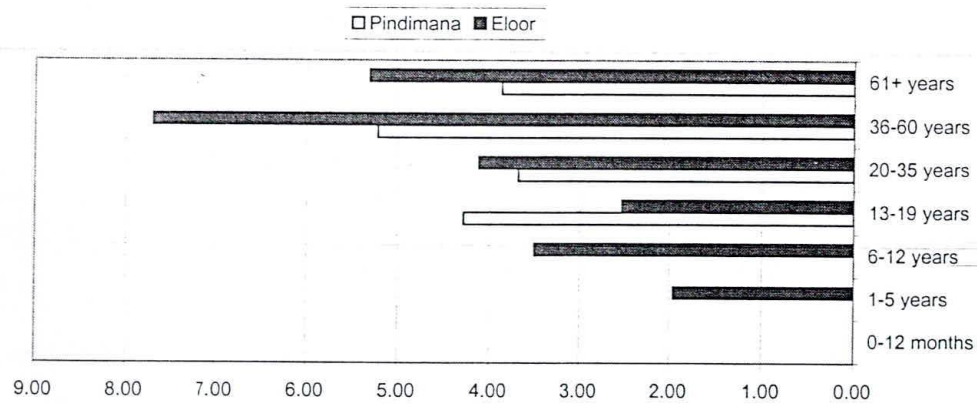
Female



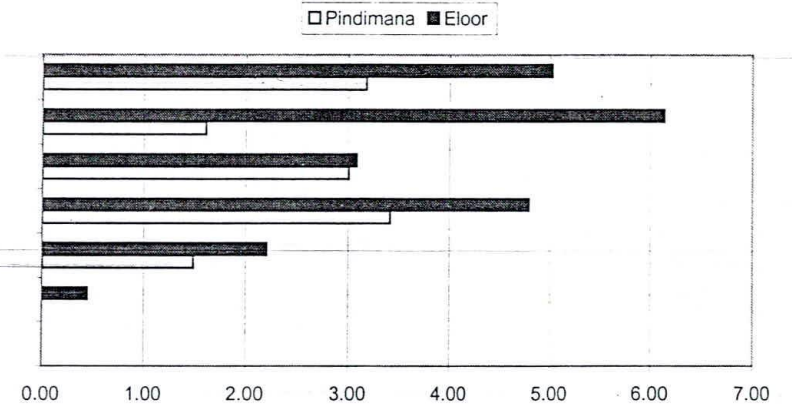
Age Group	A		B		C		A+B+C		(A+B+C)	(A+B+C)	Affected	Affected	Affected Population D		Total Population D		Affected Male	Affected Female
	male	female	male	female	male	female	male	female	Total Population Male	Total Population Female	Population (%)	Population (%)	male	female	male	female	(D) Population (%)	(D) Population (%)
0-12 months	0	0	0	0	0	0	0	0	77	71	0.00	0.00	0	0	8	14	0.00	0.00
1-5 years	1	2	4	1	0	0	5	3	256	225	1.95	1.33	0	0	58	43	0.00	0.00
6-12 years	3	1	2	1	1	1	6	3	314	318	1.91	0.94	0	1	85	67	0.00	1.49
13-19 years	2	6	0	4	1	0	3	10	356	355	0.84	2.82	1	2	70	88	1.43	2.27
20-35 years	17	18	21	24	14	15	52	57	1212	1104	4.29	5.16	3	3	217	233	1.38	1.29
36-60 years	72	91	61	98	111	118	244	307	1168	1206	20.89	25.46	18	32	249	248	7.23	12.90
61+ years	35	62	63	82	50	77	148	221	376	418	39.36	52.87	33	30	129	126	25.58	23.81

Endocrine, nutritional and metabolic diseases- Chapter 4 ICD- 10 (International Classification of Diseases)

Male



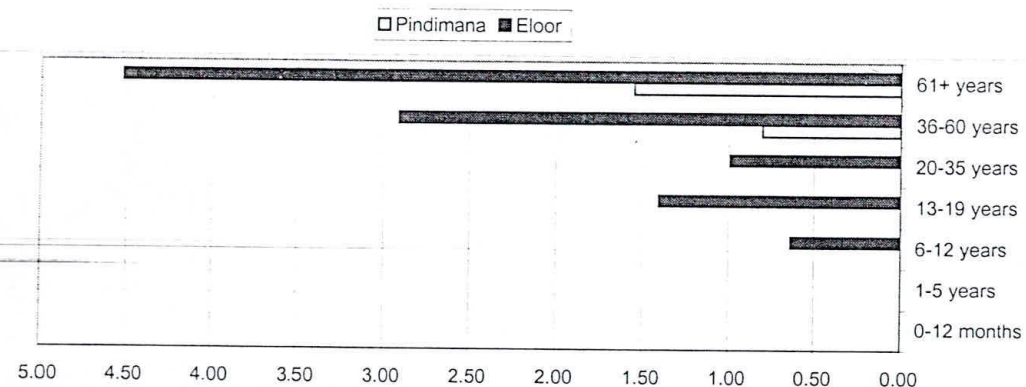
Female



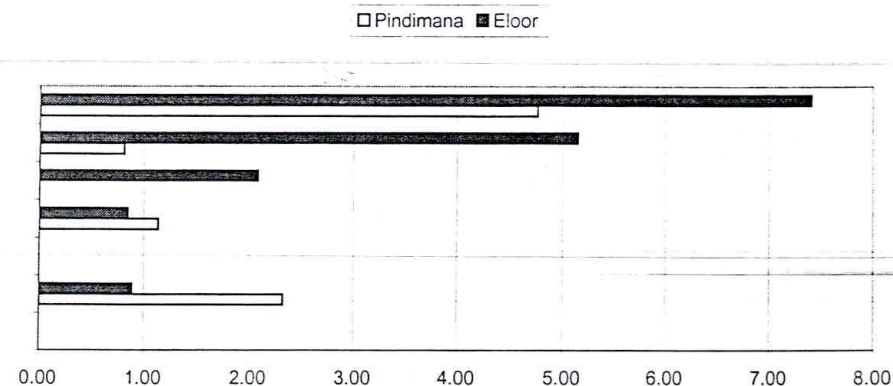
Age Group	A		B		C		A+B+C		(A+B+C)	Total Population	Affected Population	Affected (%)	Affected Population D		Total Population D		Affected Male	Affected Female
	male	female	male	female	male	female	male	female	Popul ation - Male	Population Female	+C) Pop ulati	) Populat ion (%)	male	female	male	female	(D) Populatio n (%)	(D) Populati on (%)
0-12 mont	0	0	0	0	0	0	0	0	77	71	0.00	0.00	0	0	8	14	0.00	0.00
1-5 years	3	0	0	0	2	1	5	1	256	225	1.95	0.44	0	0	58	43	0.00	0.00
6-12 years	5	1	1	3	5	3	11	7	314	318	3.50	2.20	0	1	85	67	0.00	1.49
13-19 yea	4	11	2	1	3	5	9	17	356	355	2.53	4.79	3	3	70	88	4.29	3.41
20-35 yea	23	14	16	9	11	11	50	34	1212	1104	4.13	3.08	8	7	217	233	3.69	3.00
36-60 yea	32	28	27	18	31	28	90	74	1168	1206	7.71	6.14	13	4	249	248	5.22	1.61
61+ years	6	7	10	7	4	7	20	21	376	418	5.32	5.02	5	4	129	126	3.88	3.17

Mental and behavioural disorders- Chapter 5 ICD-10 (International Classification of Diseases)

Male

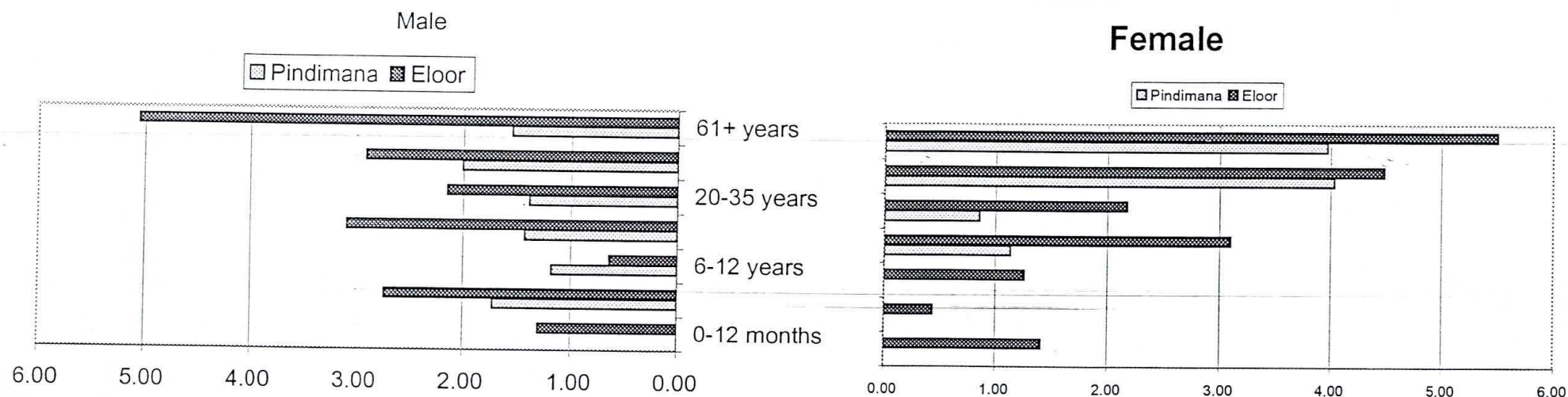


Female



Age Group	A		B		C		A+B+C		(A+B+C)	(A+B+C)	Affected	Affected	Affected Population D		Total Population D		Affected Male	Affected Female
	male	female	male	female	male	female	male	female	Total Population - Male	Total Population - Female	Population (%) male	Population (%) female	male	female	male	female	(D) Population (%)	(D) Population (%)
0-12 months	0	0	0	0	0	0	0	0	77	71	0.00	0.00	0	0	8	14	0.00	0.00
1-5 years	0	2	0	0	0	0	0	2	256	225	0.00	0.89	0	1	58	43	0.00	2.33
6-12 years	1	0	1	0	0	0	2	0	314	318	0.64	0.00	0	0	85	67	0.00	0.00
13-19 years	4	3	0	0	1	0	5	3	356	355	1.40	0.85	0	1	70	88	0.00	1.14
20-35 years	7	16	1	6	4	1	12	23	1212	1104	0.99	2.08	0	0	217	233	0.00	0.00
36-60 years	26	48	4	10	4	4	34	62	1168	1206	2.91	5.14	2	2	249	248	0.80	0.81
61+ years	12	22	5	6	0	3	17	31	376	418	4.52	7.42	2	6	129	126	1.55	4.76

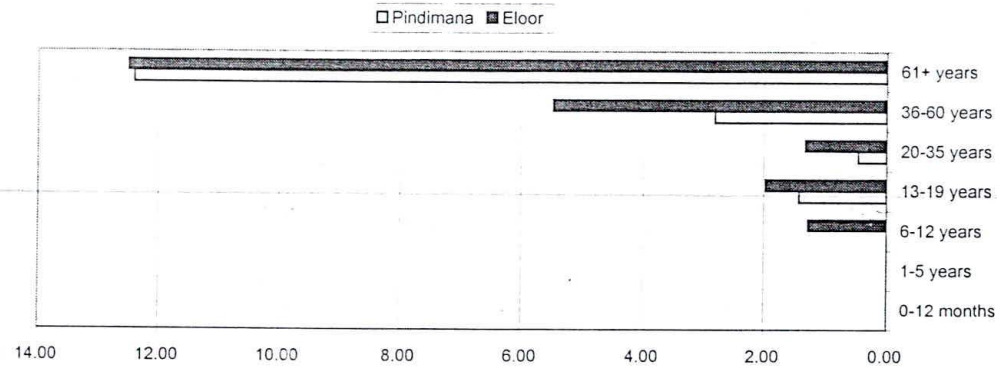
Diseases of the nervous system- Chapter 6 ICD-10 (International Classification of Diseases)



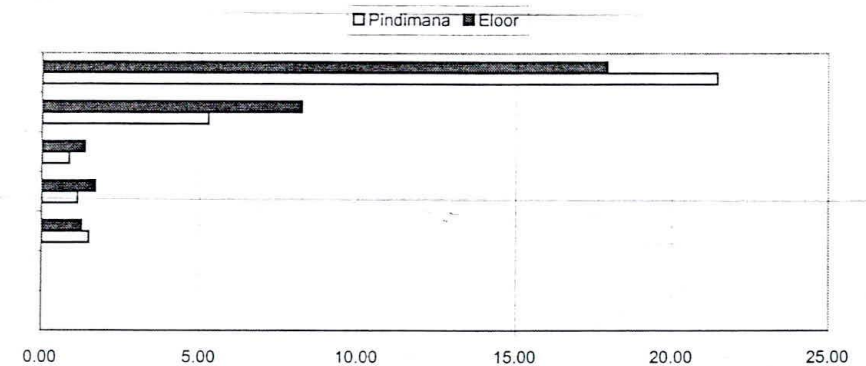
Age Group	A		B		C		A+B+C		(A+B+C)	Affected Population (%) male	Affected Population (%) female	Affected Population D		Total Population D		Affected Male	Affected Female
	male	female	male	female	male	female	male	female	Populat ion - Male			male	female	male	female	(D) Population (%)	(D) Populati on (%)
0-12 months	0	0	1	0	0	1	1	1	77	1.30	1.41	0	0	8	14	0.00	0.00
1-5 years	4	0	2	0	1	1	7	1	256	2.73	0.44	1	0	58	43	1.72	0.00
6-12 years	0	2	0	2	2	0	2	4	314	0.64	1.26	1	0	85	67	1.18	0.00
13-19 years	4	6	4	4	3	1	11	11	356	3.09	3.10	1	1	70	88	1.43	1.14
20-35 years	9	7	11	11	6	6	26	24	1212	2.15	2.17	3	2	217	233	1.38	0.86
36-60 years	10	19	11	16	13	19	34	54	1168	2.91	4.48	5	10	249	248	2.01	4.03
61+ years	3	11	13	9	3	3	19	23	376	5.05	5.50	2	5	129	126	1.55	3.97

Diseases of the eye & adnexa- Chapter 7 ICD-10

Male



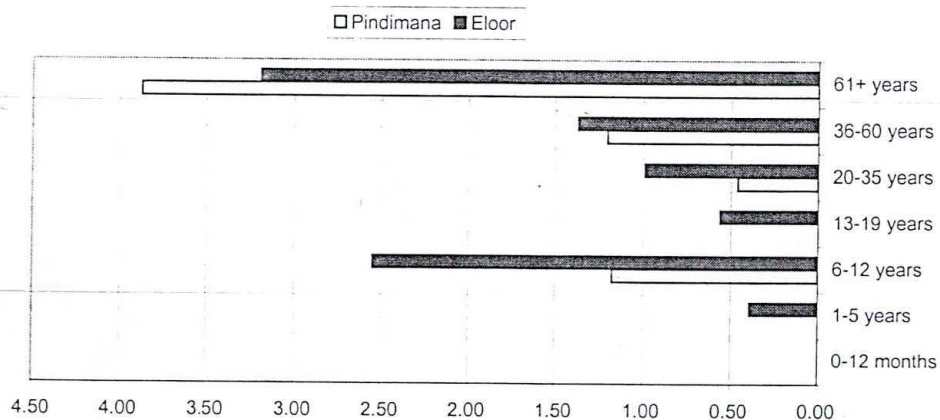
Female



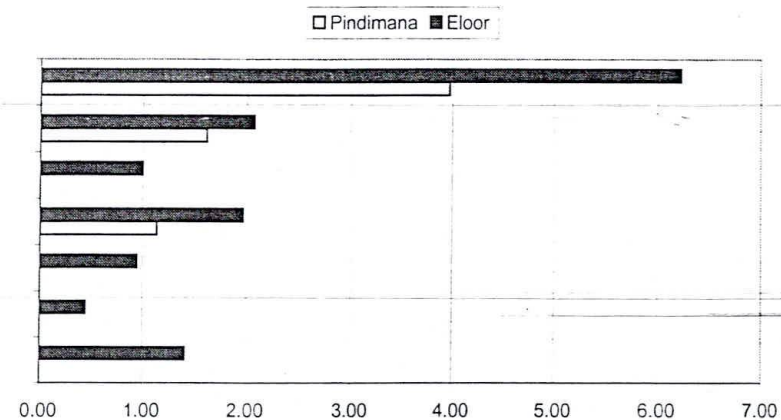
Age Group	A		B		C		A+B+C		(A+B+C)	(A+B+C)	Affected	Affected	Affected Population D		Total Population D		Affected Male	Affected Female
	male	female	male	female	male	female	male	female	Total Population - Male	Total Population Female	(A+B+C) Population (%) male	(A+B+C) Population (%) female	male	female	male	female	(D) Population (%)	(D) Population (%)
0-12 months	0	0	0	0	0	0	0	0	77	71	0.00	0.00	0	0	8	14	0.00	0.00
1-5 years	0	0	0	0	0	0	0	0	256	225	0.00	0.00	0	0	58	43	0.00	0.00
6-12 years	2	3	1	0	1	1	4	4	314	318	1.27	1.26	0	1	85	67	0.00	1.49
13-19 years	4	5	0	1	3	0	7	6	356	355	1.97	1.69	1	1	70	88	1.43	1.14
20-35 years	6	7	4	6	6	2	16	15	1212	1104	1.32	1.36	1	2	217	233	0.46	0.86
36-60 years	16	23	20	31	28	45	64	99	1168	1206	5.48	8.21	7	13	249	248	2.81	5.24
61+ years	11	21	17	24	19	30	47	75	376	418	12.50	17.94	16	27	129	126	12.40	21.43

Diseases of the ear & mastoid process- Chapter 8- (International Code of Diseases)

Male



Female

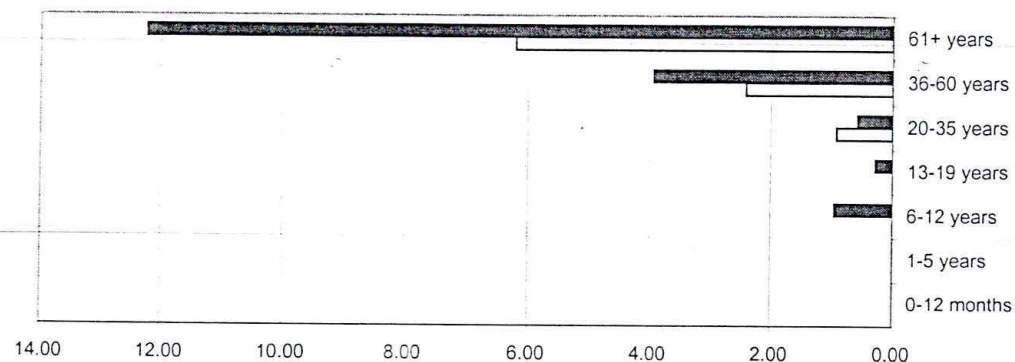


Age Group	A		B		C		A+B+C		(A+B+C)	(A+B+C)	Affected	Affected	Affected Population D		Total Population D		Affected Male	Affected Female
	male	female	male	female	male	female	male	female	Total Population - Male	Total Population - Female	(A+B+C) Population (%) male	(A+B+C) Population (%) female	male	female	male	female	(D) Population n (%)	(D) Population (%)
0-12 months	0	1	0	0	0	0	0	1	77	71	0.00	1.41	0	0	8	14	0.00	0.00
1-5 years	0	0	1	0	0	1	1	1	256	225	0.39	0.44	0	0	58	43	0.00	0.00
6-12 years	2	1	3	0	3	2	8	3	314	318	2.55	0.94	1	0	85	67	1.18	0.00
13-19 years	1	4	0	2	1	1	2	7	356	355	0.56	1.97	0	1	70	88	0.00	1.14
20-35 years	2	3	9	5	1	3	12	11	1212	1104	0.99	1.00	1	0	217	233	0.46	0.00
36-60 years	6	9	7	6	3	10	16	25	1168	1206	1.37	2.07	3	4	249	248	1.20	1.61
61+ years	3	6	7	11	2	9	12	26	376	418	3.19	6.22	5	5	129	126	3.88	3.97

Diseases of the circulatory system- Chapter 9 ICD- 10 (International Classification of

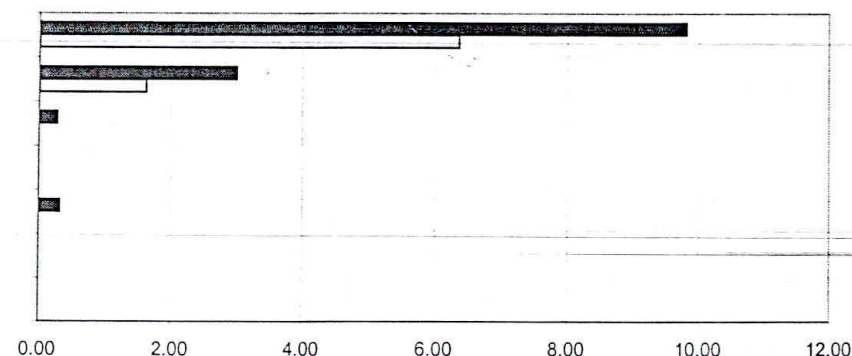
Male

□ Pindimana ■ Eloor



Female

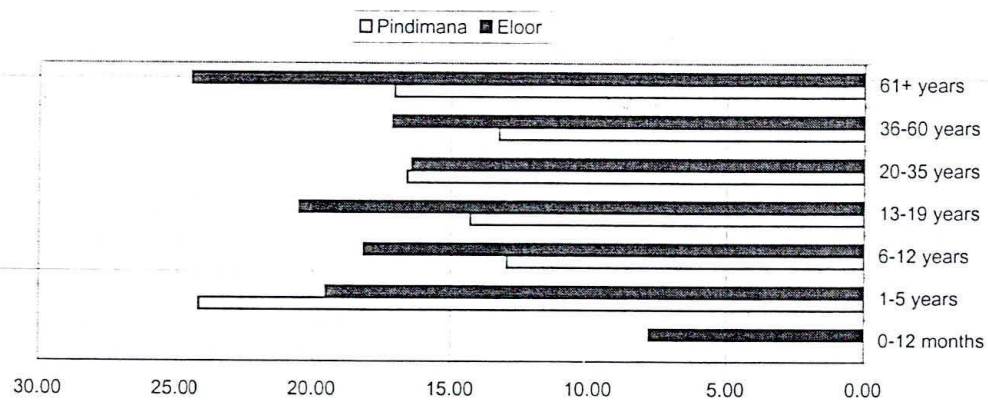
□ Pindimana ■ Eloor



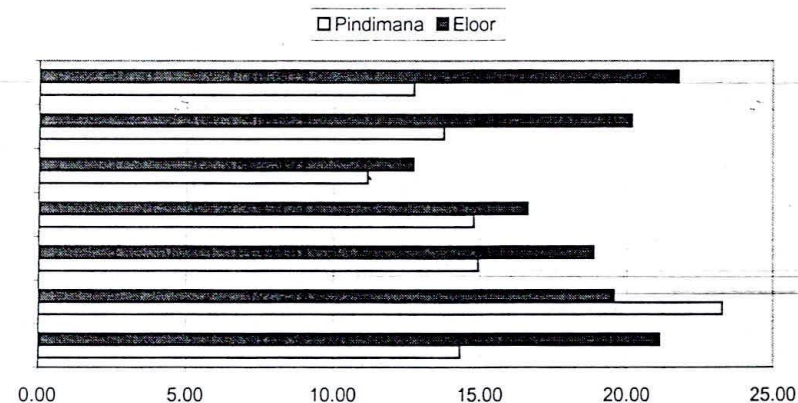
Age Group	A		B		C		A+B+C		(A+B+C)	(A+B+C)	Affected	Affected	Affected Population D		Total Population D		Affected Male	Affected Female
	male	female	male	female	male	female	male	female	Total Population - Male	Total Population - Female	(A+B+C) Population (%) male	(A+B+C) Population (%) female	male	female	male	female	(D) Population (%)	(D) Population (%)
0-12 months	0	0	0	0	0	0	0	0	77	71	0.00	0.00	0	0	8	14	0.00	0.00
1-5 years	0	0	0	0	0	0	0	0	256	225	0.00	0.00	0	0	58	43	0.00	0.00
6-12 years	1	0	2	1	0	0	3	1	314	318	0.96	0.31	0	0	85	67	0.00	0.00
13-19 years	0	0	1	0	0	0	1	0	356	355	0.28	0.00	0	0	70	88	0.00	0.00
20-35 years	3	0	4	1	0	2	7	3	1212	1104	0.58	0.27	2	0	217	233	0.92	0.00
36-60 years	17	11	17	13	12	12	46	36	1168	1206	3.94	2.99	6	4	249	248	2.41	1.61
61+ years	15	12	22	19	9	10	46	41	376	418	12.23	9.81	8	8	129	126	6.20	6.35

Diseases of the respiratory system- Chapter 10 (International Classification of Diseases)

Male



Female

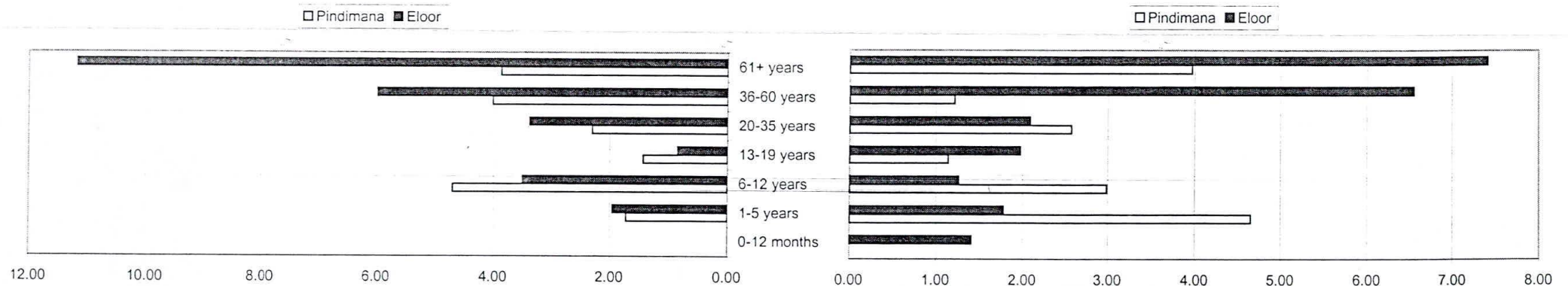


Age Group	A		B		C		A+B+C		(A+B+C)	(A+B+C)	Affected	Affected	Affected Population D		Total Population D		Affecte	Affected
	male	female	male	female	male	female	male	female	Populati on - Male	Populati on Female	Populati on (%) male	(A+B+C) Population (%) female	male	female	male	female	(D) Populat ion (%)	(D) Population (%)
0-12 months	0	2	3	5	3	8	6	15	77	71	7.79	21.13	0	2	8	14	0.00	14.29
1-5 years	8	5	25	16	17	23	50	44	256	225	19.53	19.56	14	10	58	43	24.14	23.26
6-12 years	17	16	16	14	24	30	57	60	314	318	18.15	18.87	11	10	85	67	12.94	14.93
13-19 years	22	12	11	18	40	29	73	59	356	355	20.51	16.62	10	13	70	88	14.29	14.77
20-35 years	48	33	69	46	82	61	199	140	1212	1104	16.42	12.68	36	26	217	233	16.59	11.16
36-60 years	44	83	78	75	78	85	200	243	1168	1206	17.12	20.15	33	34	249	248	13.25	13.71
61+ years	26	29	38	27	28	35	92	91	376	418	24.47	21.77	22	16	129	126	17.05	12.70

Diseases of the digestive system- Chapter 11 ICD- 10(International Classification of Diseases)

Male

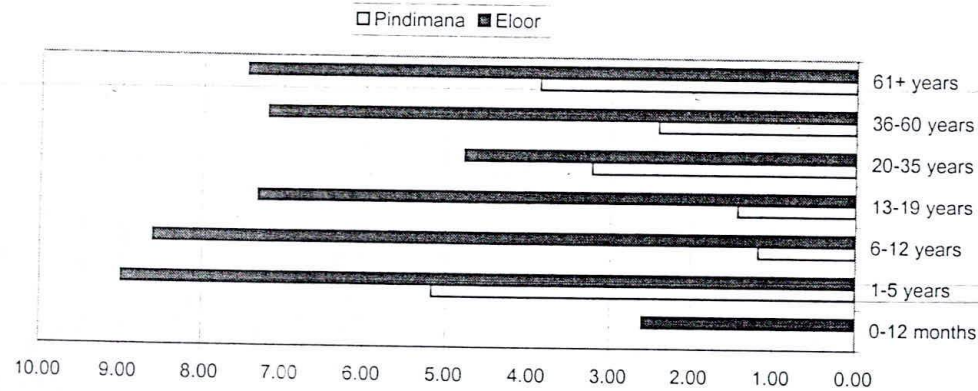
Female



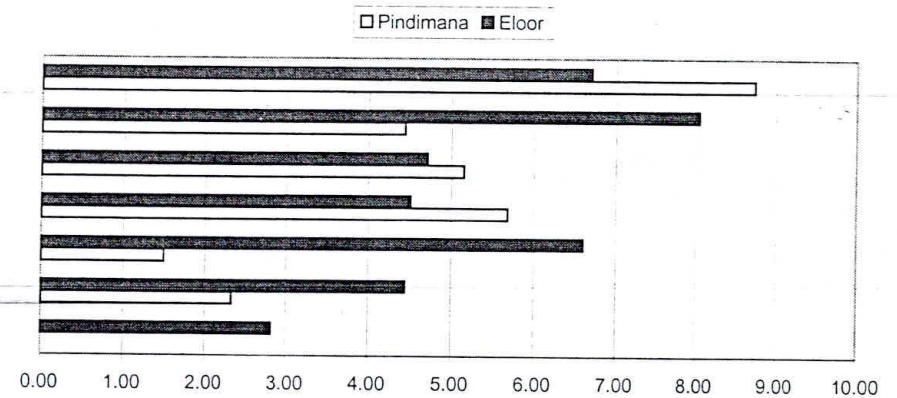
Age Group	A		B		C		A+B+C		(A+B+C)	(A+B+C)	Affected	Affected	Affected Population D		Total Population D		Affected Male	Affected Female
	male	female	male	female	male	female	male	female	Total Population - Male	Total Population Female	(A+B+C) Population (%) male	(A+B+C) Population (%) female	male	female	male	female	(D) Population (%)	(D) Population (%)
0-12 months	0	0	0	0	0	1	0	1	77	71	0.00	1.41	0	0	8	14	0.00	0.00
1-5 years	1	3	1	1	3	0	5	4	256	225	1.95	1.78	1	2	58	43	1.72	4.65
6-12 years	8	2	3	0	0	2	11	4	314	318	3.50	1.26	4	2	85	67	4.71	2.99
13-19 years	2	2	1	2	0	3	3	7	356	355	0.84	1.97	1	1	70	88	1.43	1.14
20-35 years	8	1	22	6	11	16	41	23	1212	1104	3.38	2.08	5	6	217	233	2.30	2.58
36-60 years	16	13	28	34	26	32	70	79	1168	1206	5.99	6.55	10	3	249	248	4.02	1.21
61+ years	8	3	21	15	13	13	42	31	376	418	11.17	7.42	5	5	129	126	3.88	3.97

Diseases of the skin & subcutaneous tissue- Chapter 12 ICD-10 (International Classification of Diseases)

Male



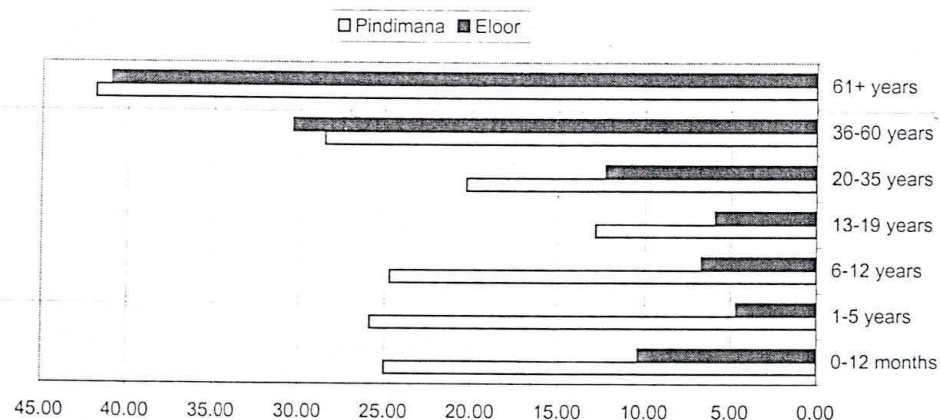
Female



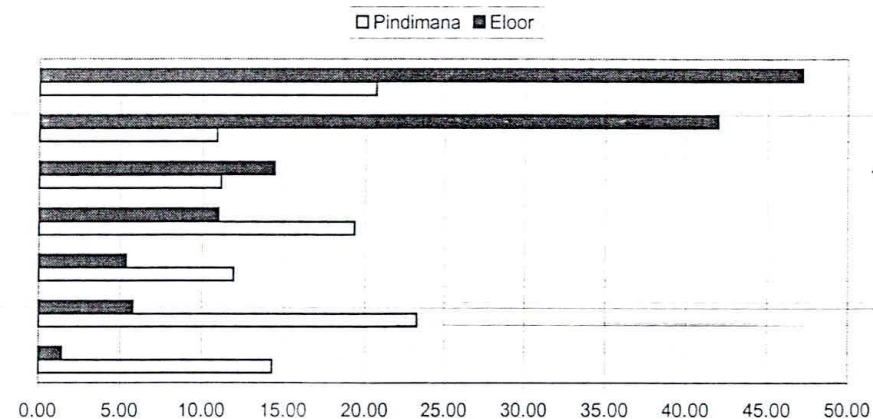
Age Group	A		B		C		A+B+C		(A+B+C)	Affected Population (A+B+C) (%) male	Affected Population (A+B+C) (%) female	Affected Population D		Total Population D		Affecte d Male	Affected Female	
	male	female	male	female	male	female	male	female	Total Population - Male			Populat ion Female	male	female	male	female	(D) Populat ion (%)	(D) Population (%)
0-12 months	1	2	0	0	1	0	2	2	77	71	2.60	2.82	0	0	8	14	0.00	0.00
1-5 years	13	3	5	5	5	2	23	10	256	225	8.98	4.44	3	1	58	43	5.17	2.33
6-12 years	17	10	5	7	5	4	27	21	314	318	8.60	6.60	1	1	85	67	1.18	1.49
13-19 years	11	8	9	3	6	5	26	16	356	355	7.30	4.51	1	5	70	88	1.43	5.68
20-35 years	33	16	10	25	15	11	58	52	1212	1104	4.79	4.71	7	12	217	233	3.23	5.15
36-60 years	28	35	31	35	25	27	84	97	1168	1206	7.19	8.04	6	11	249	248	2.41	4.44
61+ years	6	7	14	12	8	9	28	28	376	418	7.45	6.70	5	11	129	126	3.88	8.73

Diseases of the musculoskeletal system & connective tissue- Chapter 13 ICD 10 (International Classification of Diseases)

Male



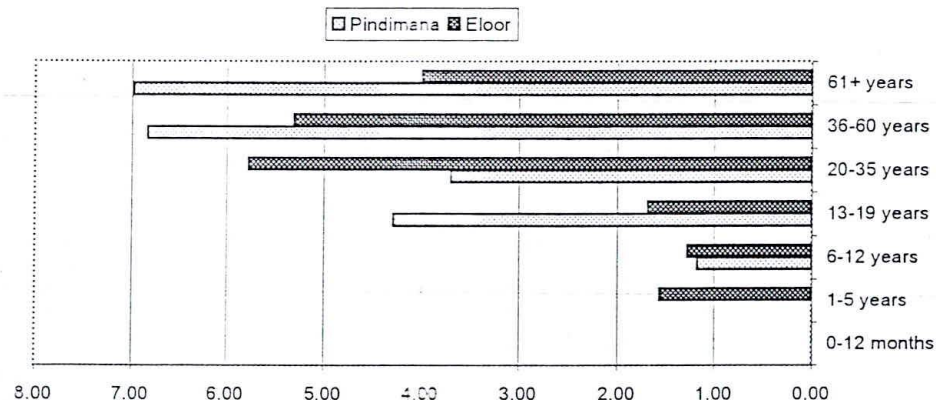
Female



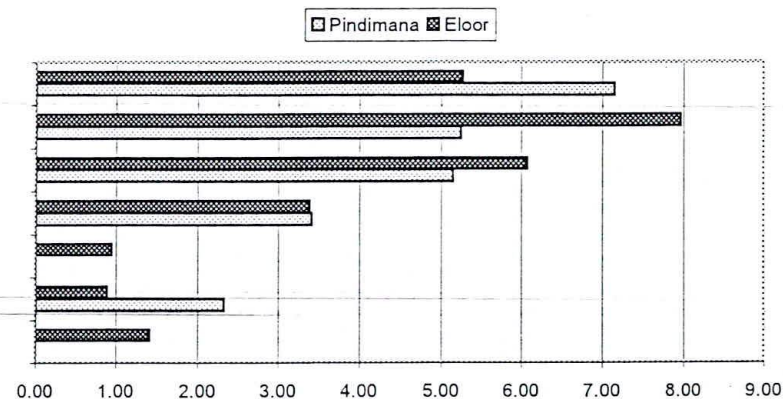
Age Group	A		B		C		A+B+C		(A+B+C)	(A+B+C)	Affected	Affected	Affected Population D		Total Population D		Affected Male	Affected Female
	male	female	male	female	male	female	male	female	Popula- tion - Male	Populati- on Female	Populati- on (%) male	Populati- on (%) female	male	female	male	female	(D) Population (%)	(D) Population (%)
0-12 months	2	0	3	1	3	0	8	1	77	71	10.39	1.41	2	2	8	14	25.00	14.29
1-5 years	7	6	2	6	3	1	12	13	256	225	4.69	5.78	15	10	58	43	25.86	23.26
6-12 years	12	5	3	6	6	6	21	17	314	318	6.69	5.35	21	8	85	67	24.71	11.94
13-19 years	13	22	2	8	6	9	21	39	356	355	5.90	10.99	9	17	70	88	12.86	19.32
20-35 years	55	53	42	39	52	67	149	159	1212	1104	12.29	14.40	44	26	217	233	20.28	11.16
36-60 years	126	162	90	145	139	199	355	506	1168	1206	30.39	41.96	71	27	249	248	28.51	10.89
61+ years	52	54	52	69	50	74	154	197	376	418	40.96	47.13	54	26	129	126	41.86	20.63

Diseases of the genitourinary system- Chapter 14 ICD 10 (International Classification of Diseases)

Male



Female

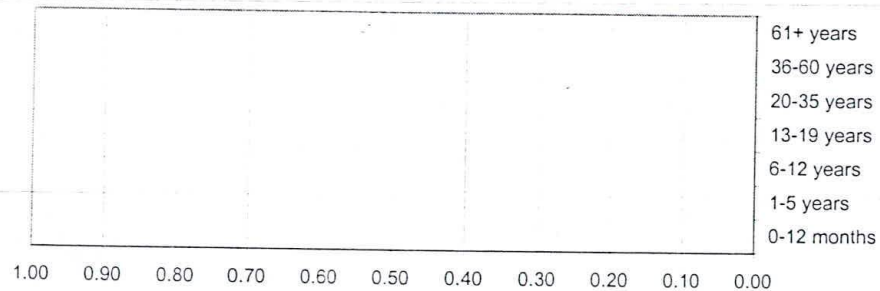


Age Group	A		B		C		A+B+C		(A+B+C)	(A+B+C)	Affected Population (%) male	Affected Population (%) female	Affected Population D		Total Population D		Affected Male (D) Population (%)	Affected Female (D) Population (%)
	male	female	male	female	male	female	male	female	Total Population - Male	Total Population Female			male	female	male	female		
0-12 months	0	0	0	0	0	1	0	1	77	71	0.00	1.41	0	0	8	14	0.00	0.00
1-5 years	0	1	1	1	3	0	4	2	256	225	1.56	0.89	0	1	58	43	0.00	2.33
6-12 years	1	1	1	1	2	1	4	3	314	318	1.27	0.94	1	0	85	67	1.18	0.00
13-19 years	1	2	2	2	3	8	6	12	356	355	1.69	3.38	3	3	70	88	4.29	3.41
20-35 years	24	26	24	20	22	21	70	67	1212	1104	5.78	6.07	8	12	217	233	3.69	5.15
36-60 years	20	25	19	42	23	29	62	96	1168	1206	5.31	7.96	17	13	249	248	6.83	5.24
61+ years	4	4	5	9	6	9	15	22	376	418	3.99	5.26	9	9	129	126	6.98	7.14

Pregnancy, childbirth and the puerperium- Chapter 15 ICD 10 (International Classification of Diseases)

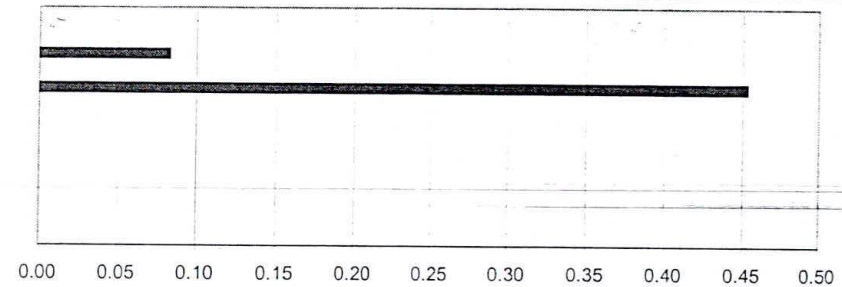
Male

□ Pindimana ■ Eloor



Female

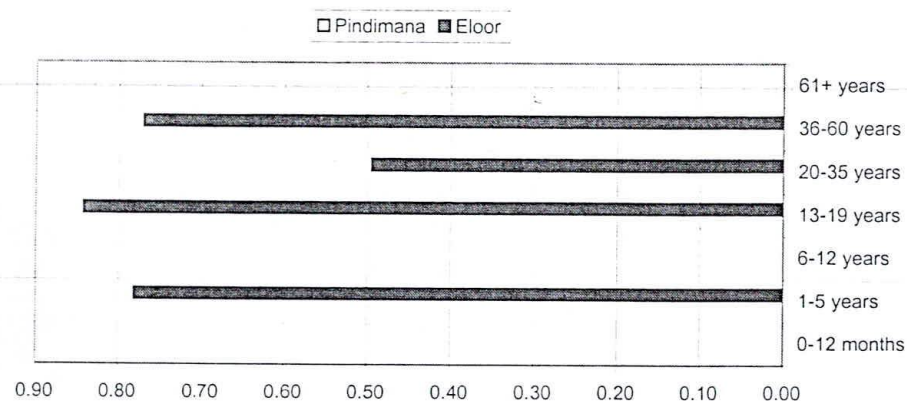
□ Pindimana ■ Eloor



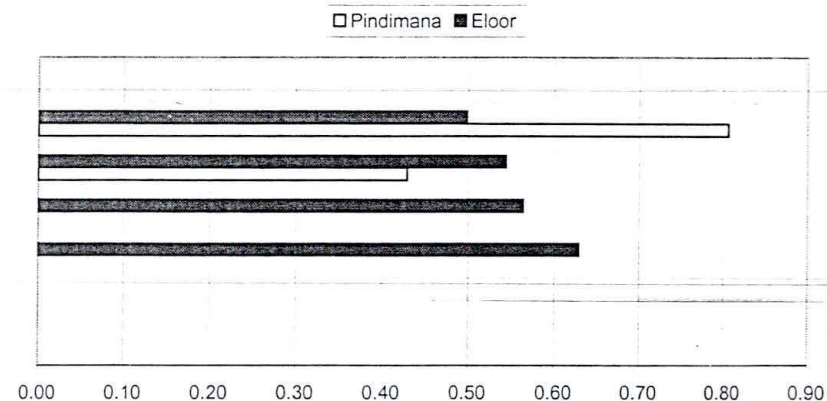
Age Group	A		B		C		A+B+C		(A+B+C)	(A+B+C)	Affected	Affected	Affected Population D		Total Population D		Affected Male	Affected Female
	male	female	male	female	male	female	male	female	Total Population - Male	Populati on Female	(A+B+C) Population (%) male	Populatio n (%) female	male	female	male	female	(D) Population (%)	(D) Populati on (%)
0-12 months	0	0	0	0	0	0	0	0	77	71	0.00	0.00	0	0	8	14	0.00	0.00
1-5 years	0	0	0	0	0	0	0	0	256	225	0.00	0.00	0	0	58	43	0.00	0.00
6-12 years	0	0	0	0	0	0	0	0	314	318	0.00	0.00	0	0	85	67	0.00	0.00
13-19 years	0	0	0	0	0	0	0	0	356	355	0.00	0.00	0	0	70	88	0.00	0.00
20-35 years	0	2	0	2	0	1	0	5	1212	1104	0.00	0.45	0	0	217	233	0.00	0.00
36-60 years	0	0	0	0	0	1	0	1	1168	1206	0.00	0.08	0	0	249	248	0.00	0.00
61+ years	0	0	0	0	0	0	0	0	376	418	0.00	0.00	0	0	129	126	0.00	0.00

Congenital malformations, deformations & chromosomal abnormalities- Chapter 17(International Classification of Diseases)

Male



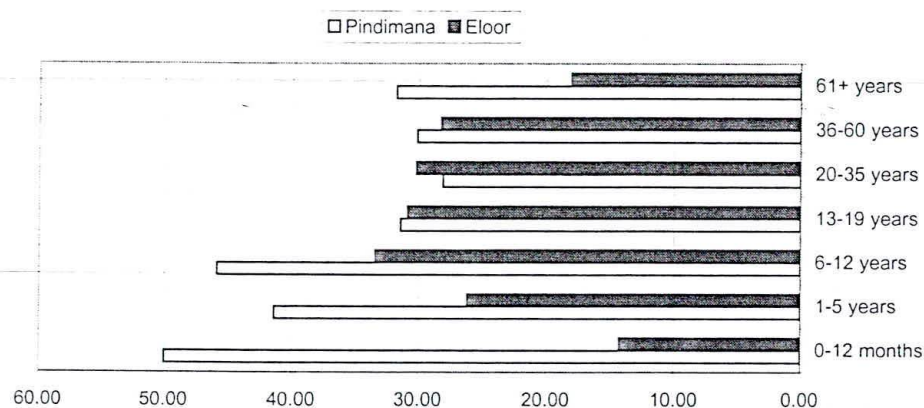
Female



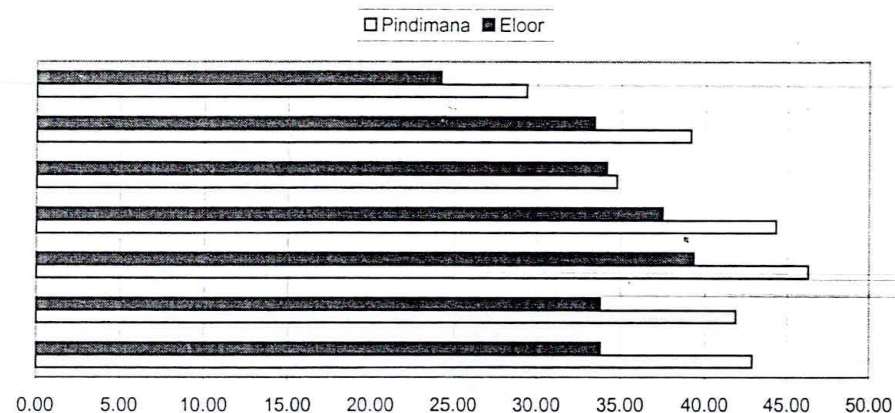
Age Group	A		B		C		A+B+C		(A+B+C)	(A+B+C)	Affected	Affected	Affected Population D		Total Population D		Affected Male	Affected Female
	male	female	male	female	male	female	male	female	Total Population - Male	Total Population Female	(A+B+C) Population (%) male	(A+B+C) Population (%) female	male	female	male	female	(D) Population n (%)	(D) Population (%)
0-12 months	0	0	0	0	0	0	0	0	77	71	0.00	0.00	0	0	8	14	0.00	0.00
1-5 years	0	0	0	0	2	0	2	0	256	225	0.78	0.00	0	0	58	43	0.00	0.00
6-12 years	0	0	0	1	0	1	0	2	314	318	0.00	0.63	0	0	85	67	0.00	0.00
13-19 years	2	0	0	1	1	1	3	2	356	355	0.84	0.56	0	0	70	88	0.00	0.00
20-35 years	1	3	3	1	2	2	6	6	1212	1104	0.50	0.54	0	1	217	233	0.00	0.43
36-60 years	5	2	3	1	1	3	9	6	1168	1206	0.77	0.50	0	2	249	248	0.00	0.81
61+ years	0	0	0	0	0	0	0	0	376	418	0.00	0.00	0	0	129	126	0.00	0.00

Symptoms, signs & abnormal clinical and lab. Findings.,- Chapter 18 (International Code of Diseases)

Male

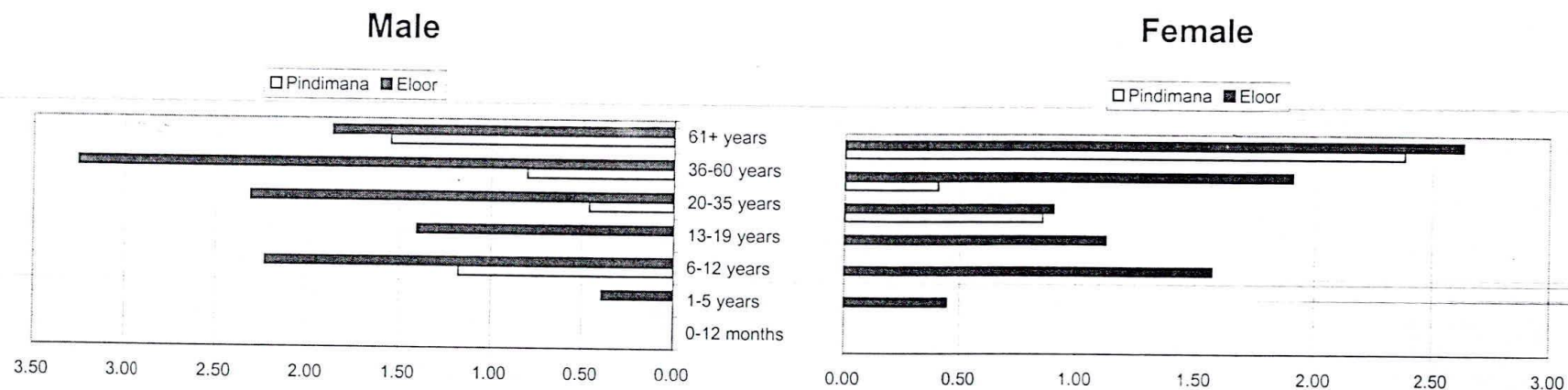


Female



Age Group	A		B		C		A+B+C		(A+B+C) Total Population - Male	(A+B+C) Total Population Female	Affected Population (%)	Affected Population (%) female	Affected Population D		Total Population D		Affected Male (D) Population (%)	Affected Female (D) Population (%)
	male	female	male	female	male	female	male	female					male	female	male	female		
0-12 months	4	10	3	6	4	8	11	24	77	71	14.29	33.80	4	6	8	14	50.00	42.86
1-5 years	29	30	18	19	20	27	67	76	256	225	26.17	33.78	24	18	58	43	41.38	41.86
6-12 years	41	42	24	39	40	44	105	125	314	318	33.44	39.31	39	31	85	67	45.88	46.27
13-19 years	40	52	22	37	48	44	110	133	356	355	30.90	37.46	22	39	70	88	31.43	44.32
20-35 years	119	135	106	103	141	139	366	377	1212	1104	30.20	34.15	61	81	217	233	28.11	34.76
36-60 years	110	145	91	111	129	147	330	403	1168	1206	28.25	33.42	75	97	249	248	30.12	39.11
61+ years	22	30	27	39	19	32	68	101	376	418	18.09	24.16	41	37	129	126	31.78	29.37

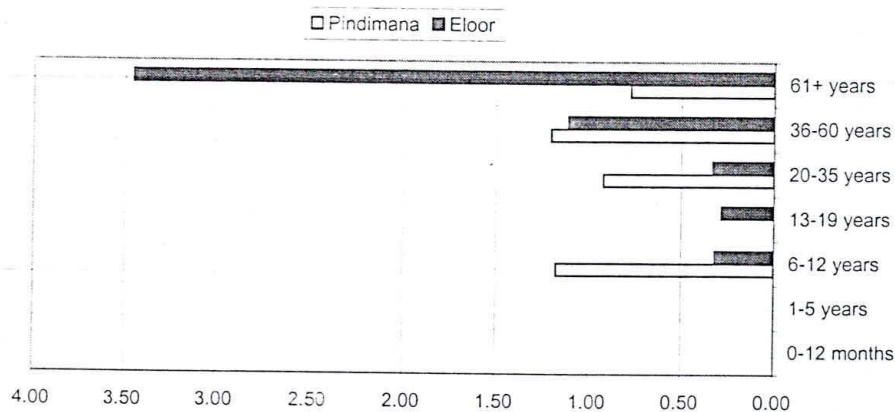
Injury, poisoning & certain other consequences of external causes- Chapter 19 ICD 10 (International Classification of Diseases)



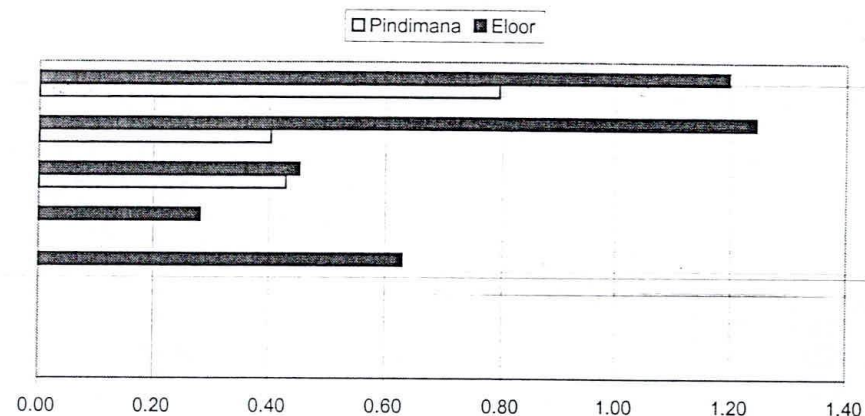
Age Group	A		B		C		A+B+C		(A+B+C)	(A+B+C)	Affected	Affected	Affected Population D		Total Population D		Affected Male	Affected Female
	male	female	male	female	male	female	male	female	Populati on - Male	Total Populatio n Female	Populatio n (%) male	Populatio n (%) female	male	female	male	female	(D) Populati on (%)	(D) Population (%)
0-12 mont	0	0	0	0	0	0	0	0	77	71	0.00	0.00	0	0	8	14	0.00	0.00
1-5 years	0	0	0	0	1	1	1	1	256	225	0.39	0.44	0	0	58	43	0.00	0.00
6-12 years	1	2	4	0	2	3	7	5	314	318	2.23	1.57	1	0	85	67	1.18	0.00
13-19 yea	3	3	0	1	2	0	5	4	356	355	1.40	1.13	0	0	70	88	0.00	0.00
20-35 yea	7	4	13	1	8	5	28	10	1212	1104	2.31	0.91	1	2	217	233	0.46	0.86
36-60 yea	16	12	9	4	13	7	38	23	1168	1206	3.25	1.91	2	1	249	248	0.80	0.40
61+ years	4	4	2	4	1	3	7	11	376	418	1.86	2.63	2	3	129	126	1.55	2.38

External causes of morbidity & mortality- Chapter 20 (International Classification of Diseases)

Male



Female

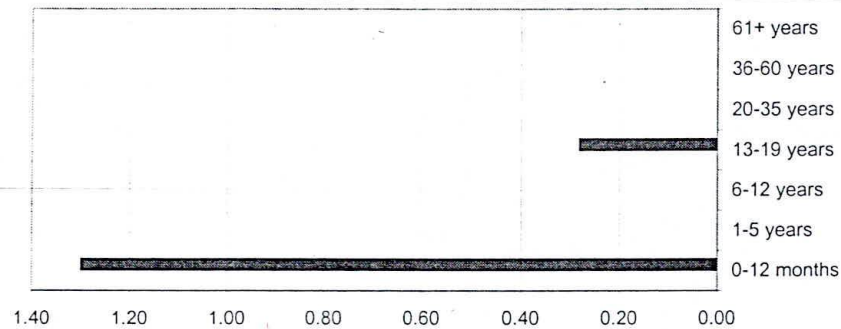


Age Group	A		B		C		A+B+C		(A+B+C)	(A+B+C)	Affected	Affected	Affected Population D		Total Population D		Affected Male	Affected Female
	male	female	male	female	male	female	male	female	Total Population - Male	Total Population Female	Population (%) male	(A+B+C) Population (%) female	male	female	male	female	(D) Population (%)	(D) Population (%)
0-12 months	0	0	0	0	0	0	0	0	77	71	0.00	0.00	0	0	8	14	0.00	0.00
1-5 years	0	0	0	0	0	0	0	0	256	225	0.00	0.00	0	0	58	43	0.00	0.00
6-12 years	1	1	0	1	0	0	1	2	314	318	0.32	0.63	1	0	85	67	1.18	0.00
13-19 years	1	1	0	0	0	0	1	1	356	355	0.28	0.28	0	0	70	88	0.00	0.00
20-35 years	2	2	2	3	0	0	4	5	1212	1104	0.33	0.45	2	1	217	233	0.92	0.43
36-60 years	9	8	3	4	1	3	13	15	1168	1206	1.11	1.24	3	1	249	248	1.20	0.40
61+ years	8	2	4	2	1	1	13	5	376	418	3.46	1.20	1	1	129	126	0.78	0.79

Factors influencing health status & contact with health services- Chapter 21 (International Code of Diseases)

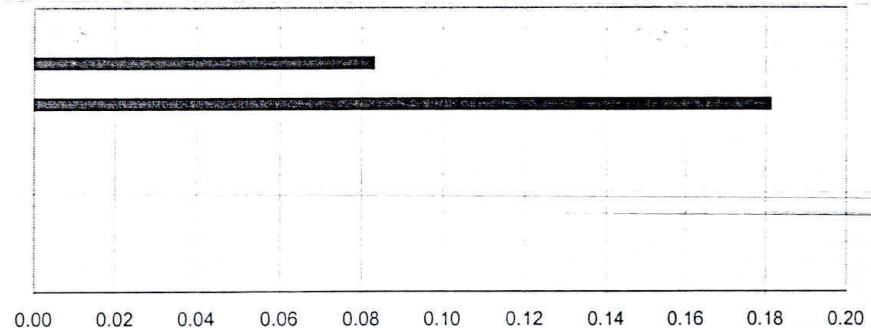
Male

□ Pindimana ■ Eloor



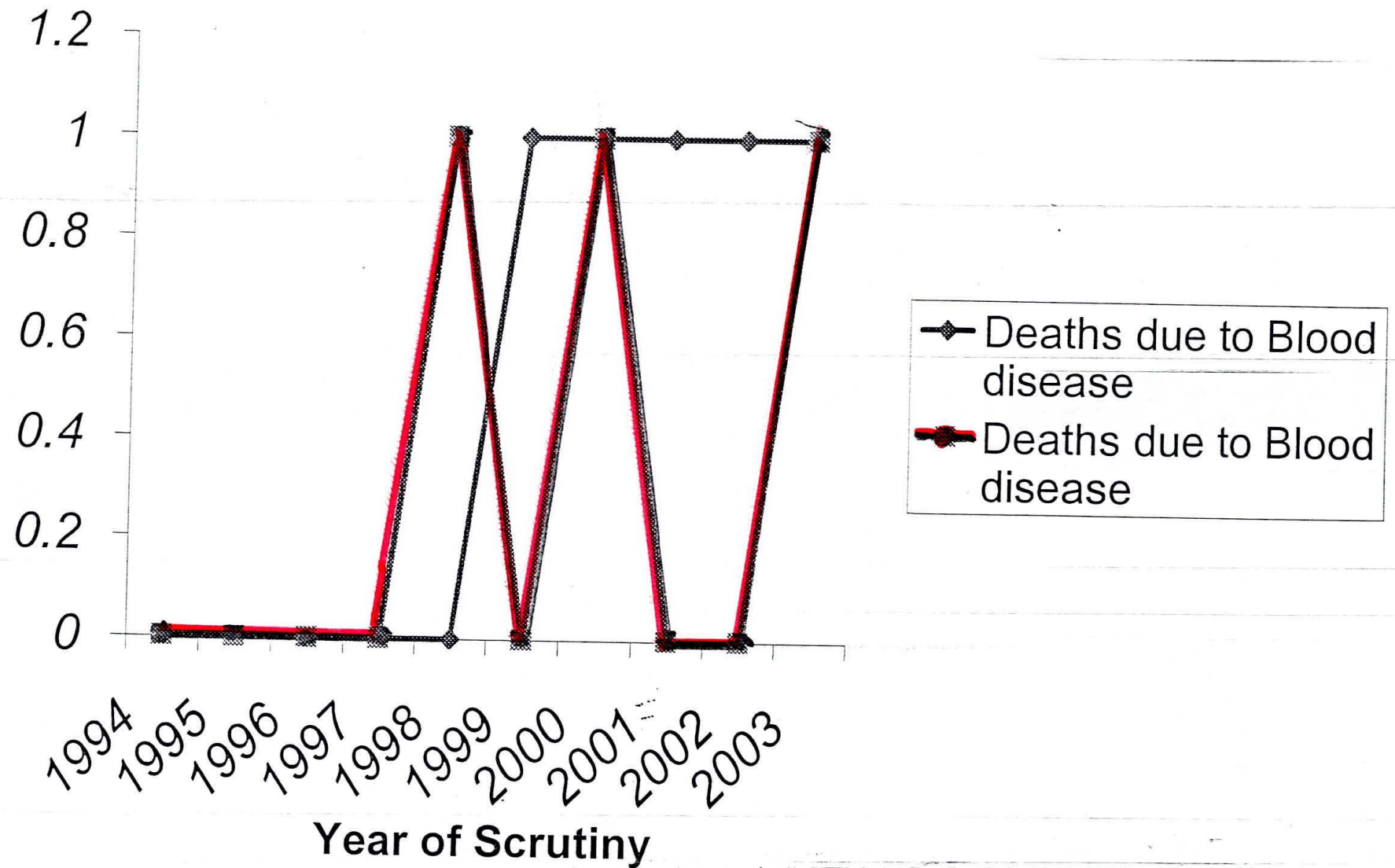
Female

□ Pindimana ■ Eloor



Age Group	A		B		C		A+B+C		(A+B+C) Total Population - Male	(A+B+C) Total Population Female	Affected Population (%) male	Affected Population (%) female	Affected Population D		Total Population D		Affected Male (D) Population (%)	Affected Female (D) Population (%)
	male	female	male	female	male	female	male	female					male	female	male	female		
0-12 months	0	0	1	0	0	0	1	0	77	71	1.30	0.00	0	0	8	14	0.00	0.00
1-5 years	0	0	0	0	0	0	0	0	256	225	0.00	0.00	0	0	58	43	0.00	0.00
6-12 years	0	0	0	0	0	0	0	0	314	318	0.00	0.00	0	0	85	67	0.00	0.00
13-19 years	1	0	0	0	0	0	1	0	356	355	0.28	0.00	0	0	70	88	0.00	0.00
20-35 years	0	0	0	0	0	2	0	2	1212	1104	0.00	0.18	0	0	217	233	0.00	0.00
36-60 years	0	1	0	0	0	0	0	1	1168	1206	0.00	0.08	0	0	249	248	0.00	0.00
61+ years	0	0	0	0	0	0	0	0	376	418	0.00	0.00	0	0	129	126	0.00	0.00

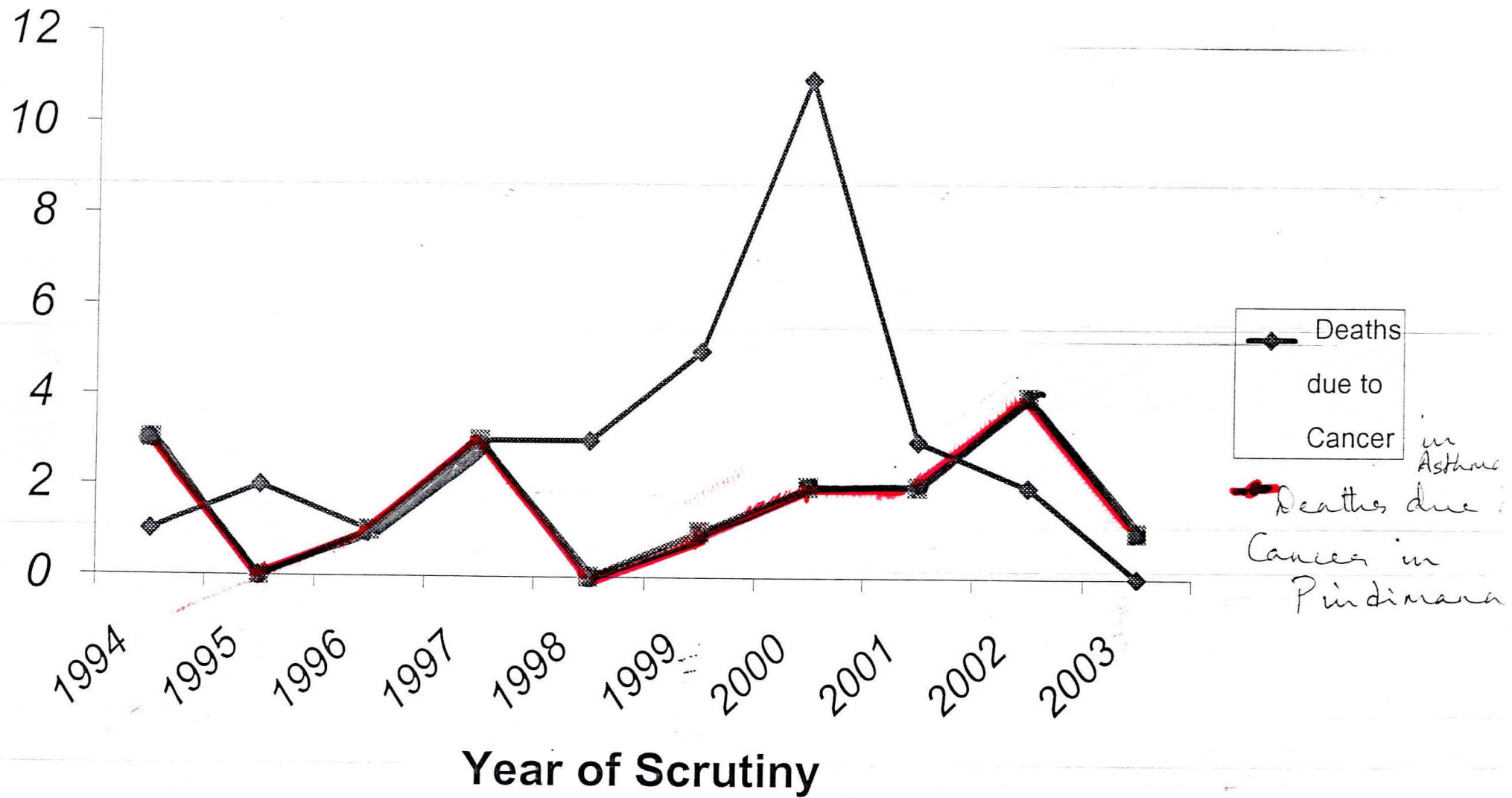
Blood disease Mortality- Eloor/Pindimana 1994-2003



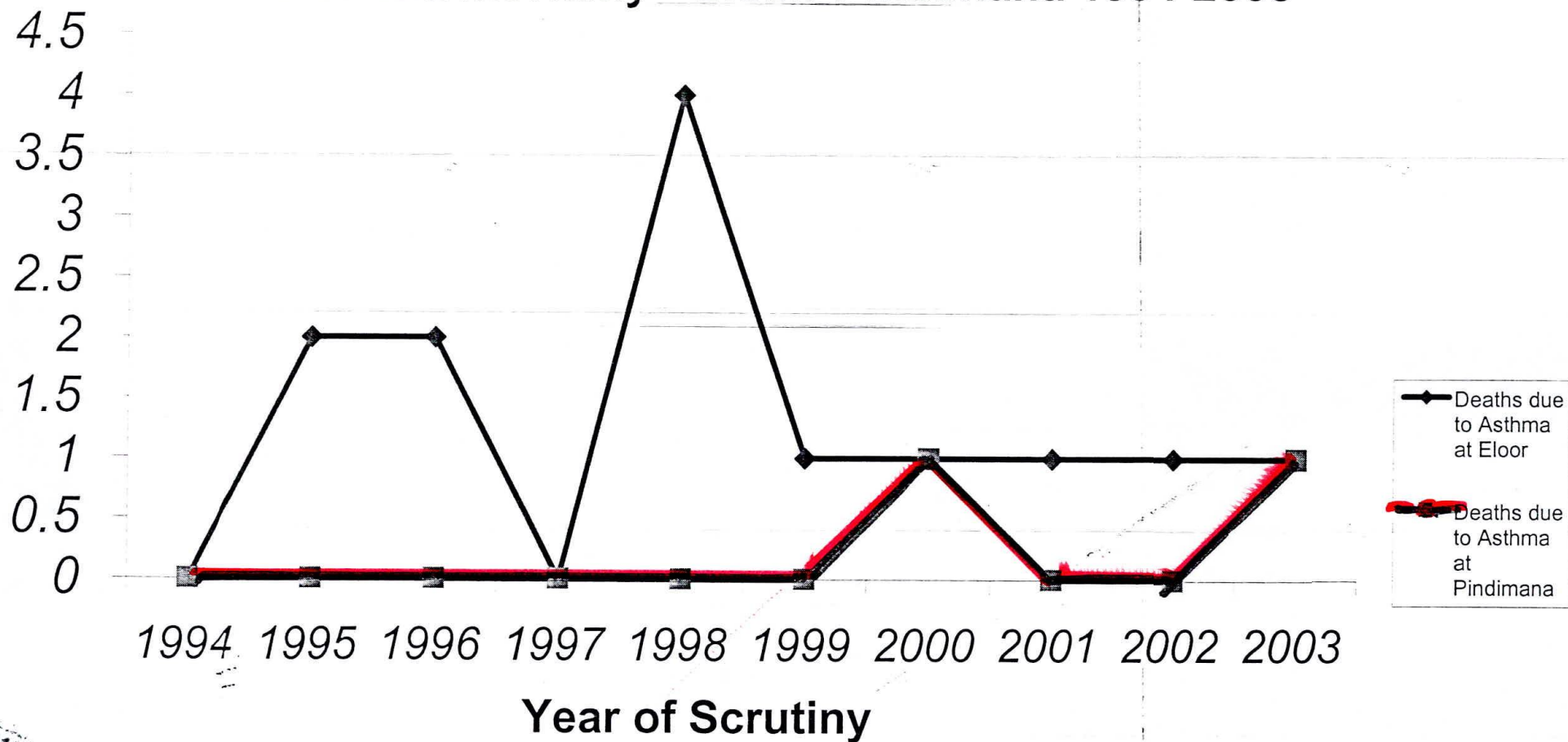
Sudden Breathlessness Mortality - Eloor/Pindimana 1994-2003



Cancer Mortality- Eloor/Pindimana 1994-2003



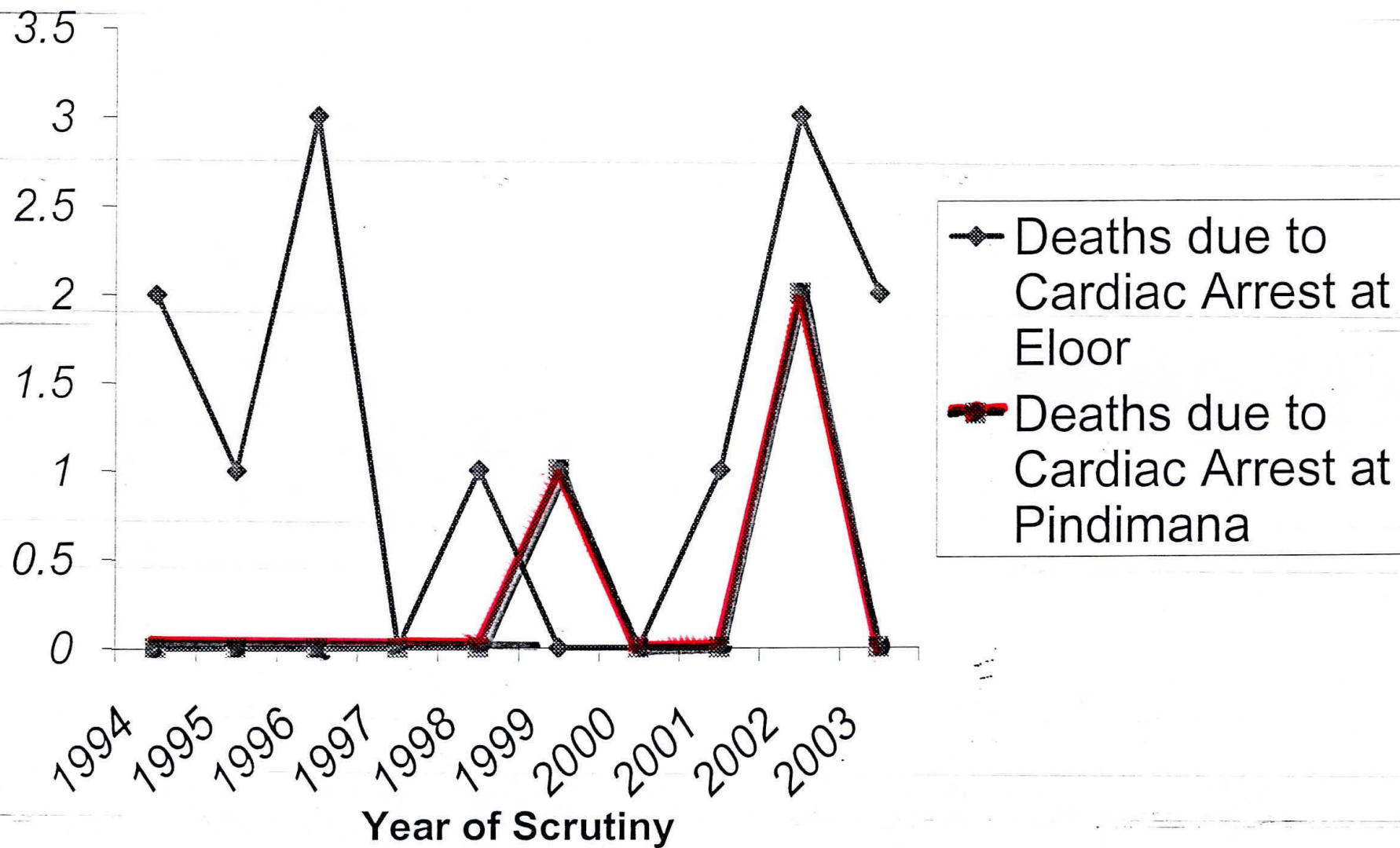
Asthma Mortality - Eloor/ Pindimana 1994-2003



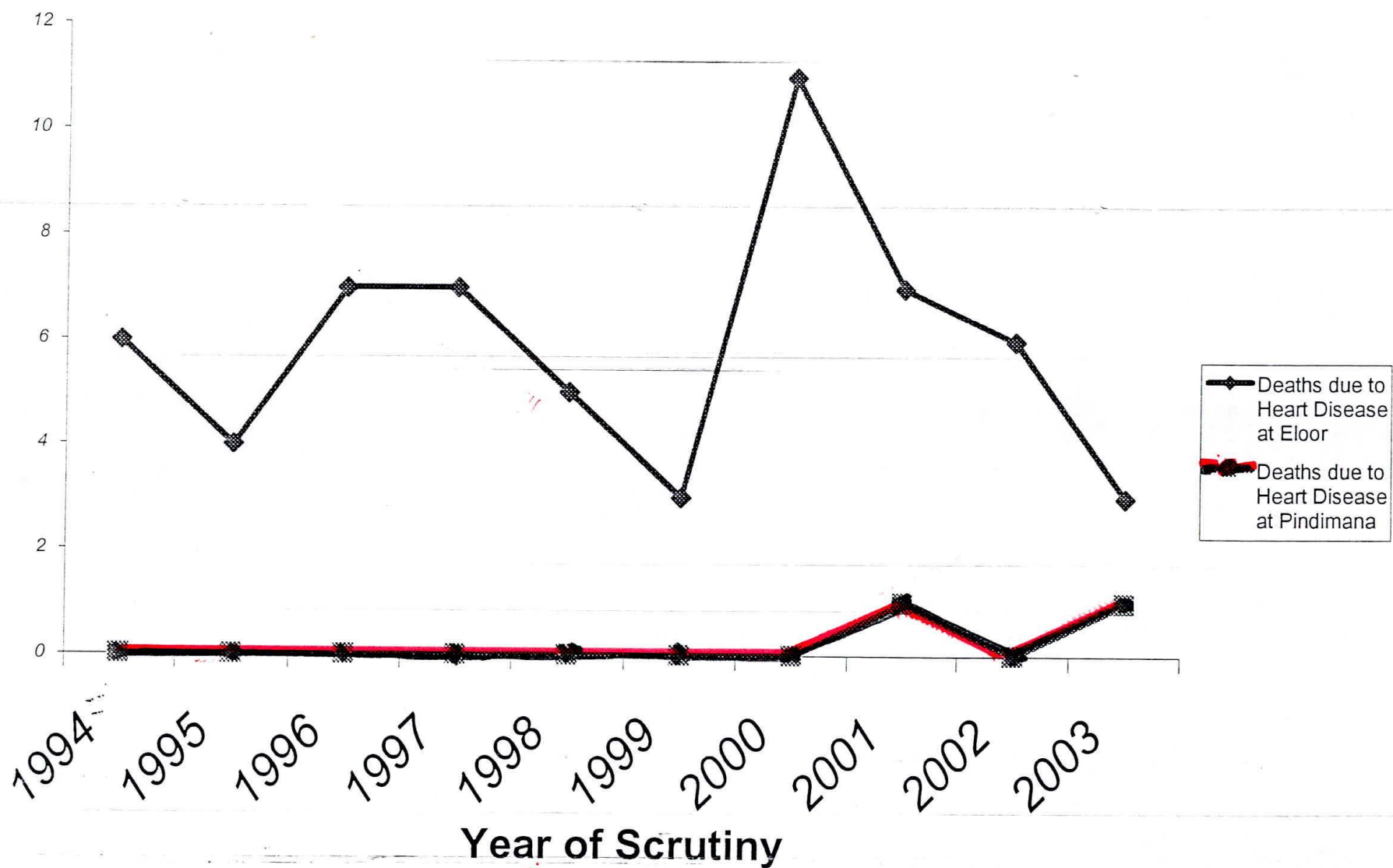
08065
OH-100
P03



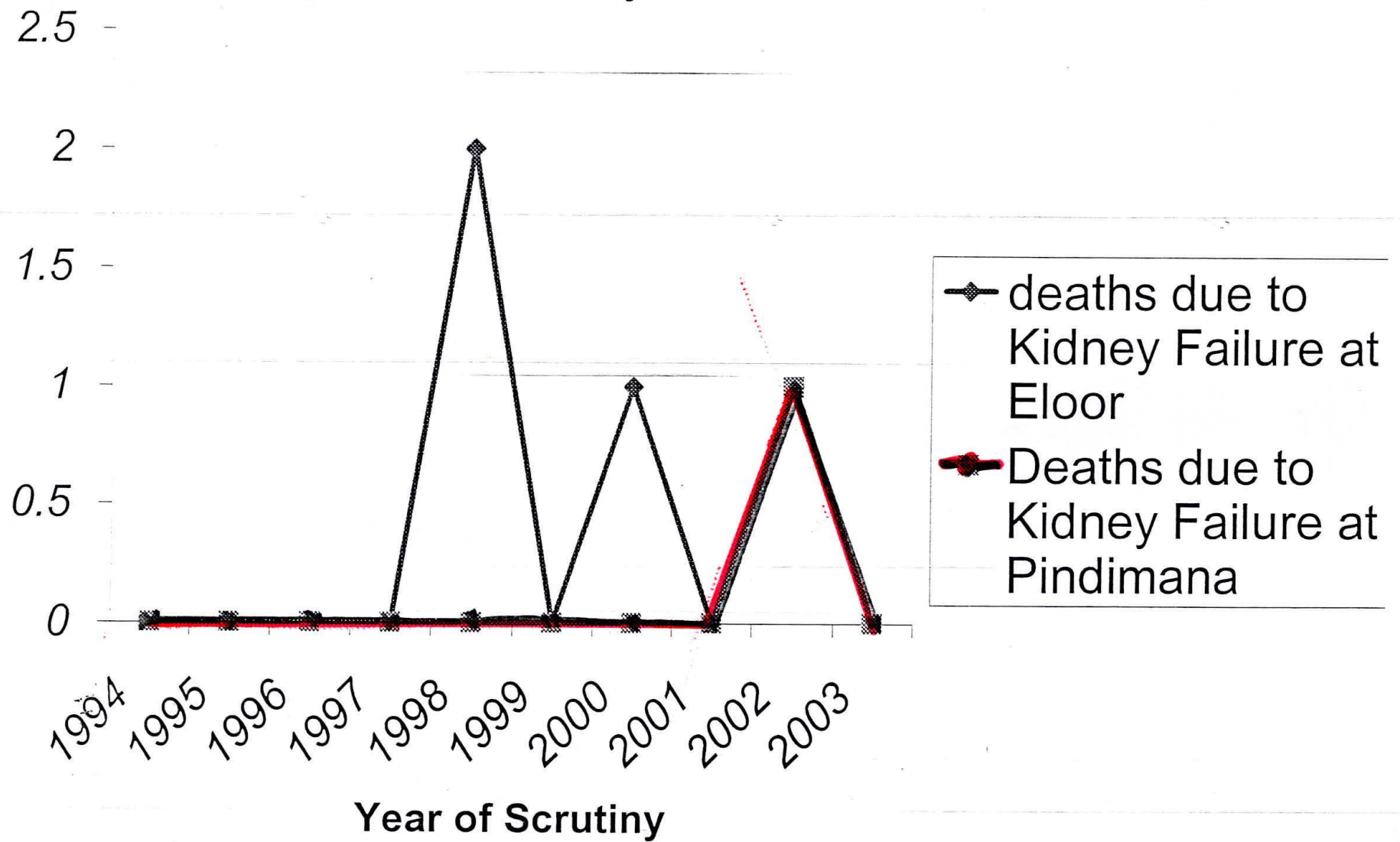
Cardiac Arrest Mortality - Eloor/Pindimana 1994-2003



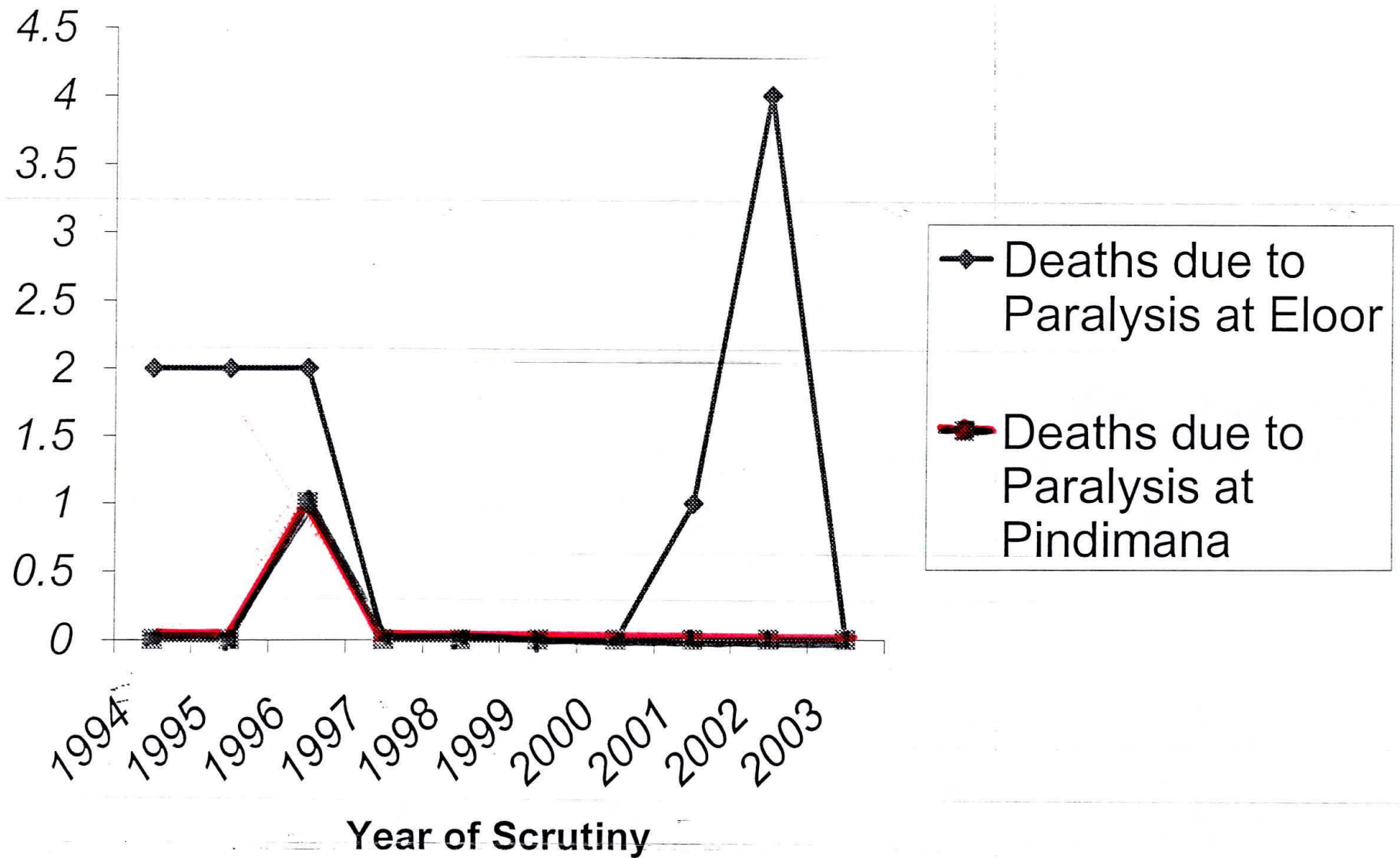
Heart Disease Mortality - Eloor/Pindimana 1994-2003



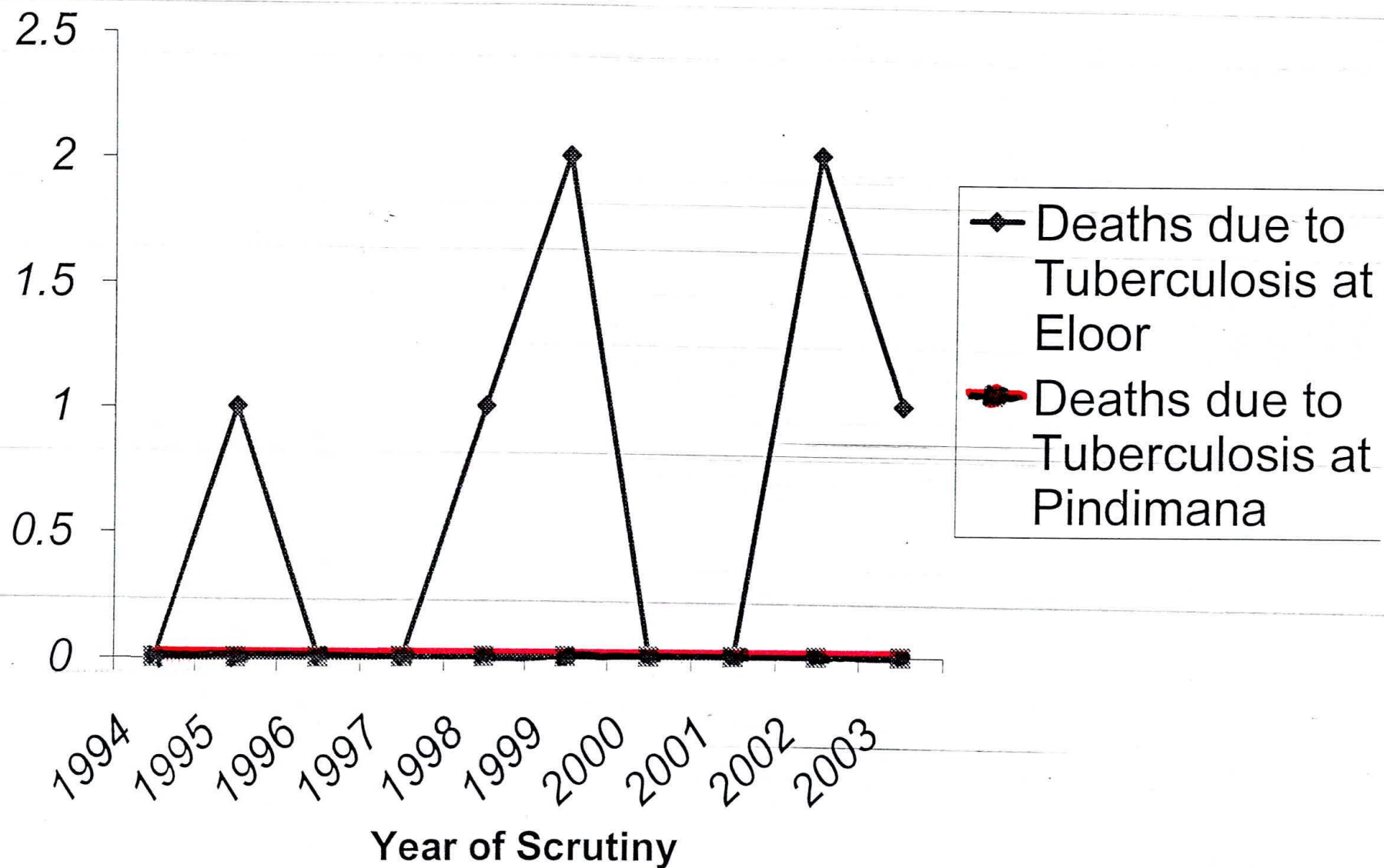
Kidney Failure Mortality - Eloor/Pindimana 1994-2003



Paralysis Mortality - Eloor/Pindimana 1994-2003



Tuberculosis Mortality - Eloor/Pindimana 1994-2003



APPENDIX 7: LIST OF RESOURCES FOR COMMUNITY AND RESEARCH GROUPS (Community Health Assessment Guidebooks)

India:

Title: The Manual of Lay Epidemiology

Contact: The Community Health Cell

Address: # 367, Srinivasa Nilaya,
Jakkasandra 1th Main????
Koramangla Block 1
Bangalore-560034

Tel: +91-80-5525372/ 5531518

Website: www.sochara.org , www.phmindia.org

Description: The Community Health Cell is a group of Organised Health Professionals based in Bangalore, India dedicated to the cause of "Health for All" and the paradigm shift from 'disease-treatment' to 'health-preservation'. Their Library is a fabulous collection of rare manuscripts from around the world, most of them original works.

Canada

Title: Community Sustainability Auditing Resource Kit

Contact: University of Victoria

Address: PO Box 1700 STN CSC,
Victoria, BC V8W 2Y2

Canada

Tel: 250-721-7211

Web site: <http://web.uvic.ca/~csap/frbc/reskit/menu.html>

Description: An online resource for sustainable community auditing. This kit is mainly intended for communities with a threatened resource-based economy and has useful information about the development and use of sustainability auditing protocols.

Title: Environment and Sustainable Development Indicators (ESDI)

Initiative

Contact: National Roundtable on Environment and the Economy

Address: National Round Table on the Environment and the Economy
344 Slater Street, Suite 200
Ottawa, Ontario K1R 7Y3
Canada

Tel: 613-992-7189

E-mail: admin@nrtee-trnee.ca

Web site: http://www.nrteetrnee.ca/eng/programs/Current_Programs/SDIndicators/Approach_to_Indicators/SDIndicators_Approach_e.htm

Description: A three-year project aimed at developing and testing indicators. Workshops are available for training in indicator selection and data gathering.

Title: Pilot Project to Develop a Community Health Measure for Small and Rural Communities

Contact: The Canadian Federation of Agriculture and Federation of Canadian Municipalities

Address: Federation of Canadian Municipalities
24 Clarence Street
Ottawa, Ontario K1N 5P3
Canada

Tel: 613-241-5221

E-mail: federation@fcm.ca

Web site: <http://www.fcm.ca/english/national/ruralhealth-e.pdf>

Description: This web site provides a description of a 1999 pilot project in three small Canadian communities. The report presents suggestions to be used as tools for small and rural communities to undertake future community discussion and action.

Title: Signs of Progress, Signs of Caution

Contact: Ontario Healthy Communities Coalition

Address: 1202-415 Yonge Street

Toronto, Ontario M5B 2E7

1-800-766-3418

Web site: <http://www.opc.on.ca/ohcc/publications/signs/signspdf.htm>

Description: The goal of this guidebook is to help the user(s) make "communities healthier and more sustainable". A number of steps necessary for developing health and sustainability indicators are described and worksheets to accompany each step are provided. A useful listing of potential indicators of health and sustainability is also included.

Title: Sustainable Community Indicators Program – User's Manual

Contact: CMHC and Environment Canada

Address: scip-pidd@ec.gc.ca

Web site: <http://www.ec.gc.ca/scip-pidd/English/indicators.cfm>

Description: Detailed manual and guide to conceptualizing sustainability, identifying target markets, choosing a framework and developing and evaluating indicators. The manual accompanies the Sustainable Community Indicators Program database. A copy of the database and manual can be downloaded from the address listed above.

Title: Sustainable Community Resource Package

Contact: Ontario Roundtable on Environment and Economy

Address: The Ontario Roundtable was disbanded in 1995, but the resource can be found at the web site listed below.

Web site: <http://www.law.ntu.edu.tw/sustain/intro/ortee/>

Description: A resource package on sustainable communities featuring case studies of community sustainability initiatives in Ontario. This package also provides a step-by-step guide to profiling a community including methods for looking at community activities in terms of four quadrants: environmental, economic, social and health. The package also outlines action plans and evaluation processes for healthy community development as well as literature about models of sustainable community living.

United States

Title: Check Your Success. A Guide to Developing Indicators for Community Based Environmental Projects.

Contact: Department of Urban Affairs and Planning, Virginia Tech, US. EPA

Address: Dr. JoAnne Carmin

Department of Urban Affairs and Planning

105 Architecture Annex, MC 0113

Virginia Polytechnic Institute and State University

Blacksburg, VA 24061

USA

Tel: 540-231-5426

Web site: <http://www.uap.vt.edu/checkyoursuccess>

Description: Although the primary focus of this guide is environmental, the authors adopt a broad vision of environment (social, economic, environmental, social and organizational). The first part of the manual provides information on the benefits of developing and measuring indicators and then leads into a number of case studies. One of the most useful sections of this book is the "Indicator Workshop" which is presented in the appendices. This section is easy to follow and contains a number of useful worksheets and exercises.

Title: Community Based Environmental Protection: A Resource Book for Protecting Ecosystems and Communities.

Contact: US EPA

Address: Community Based Environmental Protection

1200 Pennsylvania Avenue, NW

Mail Code 1807T

Washington, DC 20460

USA

Tel: 202-566-2182

Web site: <http://www.epa.gov/ecocommunity/tools/resourcebook.htm>

Description: This resource book includes sections on how and why to select and use community indicators. It also includes discussion of how the ecosystem is integrally linked to the economy and to the quality of life and social aspects of each community. The guide is available in PDF format on the US Environmental Protection Agency web site.

Title: The Community Health Indicators Handbook

Contact: Redefining Progress

Address: One Kearny Street

Fourth Floor
San Francisco, CA 94108
USA

Tel: 415-481-1191

Toll Free: 1-800-896-2100

Web site: www.rprogress.org

Description: A detailed handbook for creating measures of community health, wellbeing and sustainability progress toward community sustainability. The handbook contains extensive information on community indicators including a step-by-step guide to developing an indicator project, a glossary, case studies, resources and a national directory of indicator projects.

Title: Community Outcomes Toolkit

Web site: http://ag.arizona.edu/fcr/fs/nowg/prodev_newlinks.html

Description: This toolkit is part of the University of Arizona's web site for Evaluating National Outcomes. It contains a step-by-step plan for identifying and evaluating community building indicators. The web site provides examples of indicators and lists tools and resources available to help communities set goals and develop, measure and evaluate community indicators.

Title: The Community Toolbox

Contact: ToolBox@ukans.edu

Web site: http://ctb.lsi.ukans.edu/tools/EN/tools_toc.htm

Description: This web site was created by the University of Kansas Work Group on Health Promotion and Community Development in Lawrence, Kansas. The core of the Tool Box is the "how-to tools." The how-to sections use simple language to explain how to do the different tasks necessary for community health and development. There are sections on developing indicators, leadership, strategic planning, community assessment, advocacy, grant writing and evaluation. Each section includes a description of the task, advantages of doing it, step-by-step guidelines, examples, checklists of points to review and training materials.

Title: Community Visioning and Strategic Planning Handbook

Web site: The handbook is available at

www.scs.unt.edu/classes/CSAG/5790/001/CmtyVisioning/com_visioning_handbook1.htm

Description: The University of North Texas has posted this community visioning and strategic planning handbook on its student web site. The handbook was developed through a grant from the Ford Foundation and the Carnegie Corporation of New York and produced by the Alliance for National Renewal and the National Civic League. It presents steps toward developing a "community vision" and includes sections on selecting and evaluating key performance areas.

Title: Green Communities Assistance Kit

Contact: r3green@epa.gov

Web site: <http://www.epa.gov/greenkit/indicator.htm#select>

Description: The US Environmental Protection agency has a Green Communities Project Web site that details how to select, use, evaluate and report on community indicators..

68

Title: Guide to Sustainable Community Indicators

Contact: Maureen Hart

Address: Sustainable Measures

P.O. Box 361

North Andover, MA 01845

USA

Tel: 978-975-1988

Web site: <http://www.sustainablemeasures.com/>

Description: This comprehensive guide covers all the steps necessary for developing indicators. It begins with a description of the issues associated with sustainability, and then leads the reader through the necessary steps for organizing and measuring sustainability indicators. The appendices contain helpful information such as: a listing of community indicators used by other projects, resources and examples of other community indicator projects.

Title: Measuring Community Success and Sustainability: An Interactive Workbook

Contact: Northern Central Regional Center for Rural Development

Address: Iowa State University

108 Curtiss Hall

Ames, IA 50011-1050

USA

Tel: 515-294-8321

Web site: <http://www.ncrcrd.iastate.edu>

Description: This guide was developed to help communities learn how to measure the effects of rural development and conservation efforts. The focus of the guide is on five key outcomes that were developed by rural communities. The outcomes range from "increase in knowledge, skills and ability of local people" to "appropriately diverse and healthy economics". The guide begins with a general introduction to measuring indicators and then outlines a measurement plan and year-end assessment for each of the five outcomes stated.

Title: Monitoring Community Sustainability

Contact: Izaak Walton League

Address: 707 Conservation Lane

Gaithersburg, MD 20878

USA

Tel: (301) 548-0150

Toll-Free: (800) IKE-LINE (453-5463)

E-Mail: general@iwla.org or sustain@iwla.org

Web site: <http://www.iwla.org/sep/pubs/monitor.html>

Description: This 23-page workshop guide, published in 1998, provides directions for identifying and measuring indicators that reflect a community's progress toward goals that promote sustainability.

Title: Neighborhood Sustainability Indicators Guidebook

Contact: Crossroads Resource Center

Address: P.O. Box 7423

Minneapolis, Minnesota 55407

USA

Tel: 612-869-8664

kmeter@crcworks.org

Web site: <http://www.crcworks.org/guide.pdf>

Description: This guidebook was produced for the Urban Ecology Coalition of Minneapolis. It is aimed at building "strong, self-determined, sustainable communities." The guidebook defines "neighborhood sustainability indicators" and provides a guide to developing and refining indicators.

Title: Outcomes Toolkit: The Results Oriented System for Community Improvement

Contact: Michael Bilton, Director, ACT National Outcomes Network

Address: The Healthcare Forum Foundation

180 Montgomery St. Suite 1520

San Francisco, CA 94104

USA

Tel: 415-248-8411

Fax: 415-248-0411

E-mail: mbilton@healthforum.com

Web site: www.act-toolkit.com

Description: Web-based application for developing and tracking community indicators. On this web site, stakeholders can develop a community profile, receive technical assistance in developing indicators and share information.

Title: Sustainability Starts in your Community

Contact: earthday@earthday.net

Address: **Earthday Washington, D.C., USA**

1616 P Street NW, Suite 200

Washington, D.C. 20036 USA

Tel: 202-518-0044

Fax: 202-518-8794

Earthday Seattle, USA

811 First Avenue, Suite 466

Seattle, WA 98104 USA

Tel: 206-876-2000

Fax: 206-876-2015

Web site: http://www.earthday.net/pdf/goals/Sustainability_Guide.pdf

Description: This community indicator guide was produced in April 2002 by Redefining Progress and Earth Day Network. It is a step-by-step guide to developing and reviewing community indicators. The guide also provides suggestions for ways to involve the larger community in indicator projects.

Title: Sustainable Community Indicators: a Review of National Methods and Suggestions

Contact: Long Island University, Institute for Sustainable Development

Web site: www.luinet.edu/sustain/si.html

Description: Review and comparison of ten leading indicator projects, definitions of sustainability and indicators and discussion of how to start an indicator project. Online tools are also available toward developing and maintaining community indicator projects.

Title: The Sustainable Development Toolkit

Contact: John Lambie, Director, Florida House, Institute for Sustainable Development
jl@i4sd.org

Address: Florida House Institute for Sustainable Development, Inc.

4600 Beneva Road

Sarasota, Florida 34233

USA

Tel: 941-927-2020

Web site: <http://www.i4sd.org/toolkit.htm>

Description: A toolkit of process and design tools to support citizen-based sustainable community development planning processes. One of the sections in the toolkit is aimed at helping citizens and other stakeholders develop sustainable community indicators.

Europe

Title: Cities Environment Reports On the Internet (CEROI)

Contact: CEROI Secretariat

Address: UNEP/GRID-Arendal

Longum Park

Service Box 706

N-4808 Arendal

Norway

Fax: +47 37 03 50 50

E-mail: ceroi@grida.no

Web site: <http://www.ceroi.net/ind/index.htm>

Description: This project follows up on Chapter 40 of Agenda 21. CEROI provides a template and software including an Encyclopedia of Indicators for member cities wishing to create and use indicator data on the Internet.

71

Title: Communities Count: The LITMUS Test

Contact: New Economics Foundation

Address: Cinnamon House

6-8 Cole Street

London SE1 4YH

UK

Tel: 020-7407 7447

Web site: <http://www.neweconomics.org/uploadstore/pubs>

Description: This useful guidebook describes the necessary steps to develop and monitor indicators. It also describes the approach taken and lessons learned from the LITMUS project (local indicators to monitor urban sustainability). The guide is user friendly and easy to follow.

Title: The Dashboard of Sustainability

Contact: Consultative Group on Sustainable Development Indicators (CGSDI)

Address: CGSDI Secretariat

International Institute for Sustainable Development

161 Portage Avenue East, 6th Floor

Winnipeg, Manitoba R3B 0Y4

Canada

Tel: +1-204-958-7700

E-mail: phardi@iisd.ca

Web site: http://www.iisd.org/cgsdi/intro_dashboard.htm

Description: The Dashboard of Sustainability is an online tool designed to be understood by experts, the media, policy-makers and the general public. Using the metaphor of a vehicle's instrument panel, it displays countryspecific assessments of economic, environmental, social and institutional performance toward (or away from) sustainability.

Title: Local Quality of Life Counts

Contact: Mark Jeffcote, Sustainable Development Advisor

Address: Department of the Environment, Transport and the Regions

Free Literature

PO Box 236

Wetherby LS23 7NB

UK

Tel: 0870 1226 236

Web site: <http://www.defra.gov.uk/environment/sustainable/index.htm>

Or <http://www.1a21-uk.org.uk>

Description: A handbook offering a guide for measuring sustainable development and quality of life in local communities. It presents a menu of 29 indicators, guidance for preparing community strategies and developing indicators, suggested methodologies for collecting data, a checklist of issues to stimulate discussion and a list of eight "best value" performance indicators.

72

Title: Local Sustainability: Campaign Interactive.

Contact: European Commission

Mr. Anthony Payne

Campaign Co-ordinator & Head of Office

E-mail: campaign.anthony@skynet.be

Address: European Sustainable Cities & Towns Campaign

Rue de Trèves/Trierstraat 49-51

box 3

B - 1040

Brussels

Phone: +32 2 230 53 51

E-mail: campaign.office@skynet.be

Web site: <http://www.sustainable-cities.org/sub12a.html>

Description: The European good practices Information Service and Best Practices Database. Contains examples of good practices and policy documents on sustainability and the urban environment.

Title: Towards a Local Sustainability Profile

Contact: Ambiente Italia

Address: Istituto di Ricerche (responsabile del coordinamento scientifico)

all'attenzione di Claudia Semenza

Via Poerio 39

20129 Milano, Italy

Tel: 0039 02 277441

E-mail: ecip@ambienteitalia.it

Web site: <http://www.sustainable-cities.org/indicators/index2.htm>

Description: The European Common Indicators is a monitoring initiative focused on sustainability at the local level. The project is ongoing and accepting new participants. Support services are provided to participating authorities during the testing phase: technical support (scientific expertise, helpdesk, workshops, etc.), methodological development, pilot activities on the Ecological Footprint, good practice collection and exchange, dissemination activities, and evaluation, reporting, recommendations and guidelines.

Title: Urban Indicators Toolkit

Contact: United Nations Center for Human Settlements (Habitat)

Address: Global Urban Observatory and Statistics

Urban Secretariat, UNCHS (Habitat)

PO Box 30030

Nairobi

Kenya

Tel: 254-2-623119

Fax: 254-2-623050

E-mail: guo@unchs.org

Web site: www.urbanobservatory.org/indicators>

Description: UNCHS offers a toolkit and guide for cities participating in the implementation of the Habitat Agenda. The guide includes detailed indicator methodology sheets and examples of toolkit spreadsheets for reporting.

Title: WHO Healthy Cities Project

Contact: WHO Center for Urban Health

WHO Regional Office for Europe, Healthy Cities Project

Address: 8 Scherfigsvej

DK-2100 Copenhagen

Denmark

Tel: 45 39 17 12 24

Web site: <http://www.who.dk/healthy-cities/hcp.htm>

Description: Worksheets for 32 urban health indicators are presented in this booklet. The indicators listed have been developed from the data collected from the European Healthy Cities project. The worksheets provide definitions, methods of calculation, unit of measurement and a number of other descriptors.

APPENDIX 8: THE ABRIDGED ETHNOGRAPHIC INTERVIEWS AT ELOOR.

A8.1 TESTIMONIES OF SENIOR CITIZENS:

(the addresses of the respondents have been altered in the interest of their safety and confidentiality)

Name: SP Sadananda Pillai

Age: 75

Address: Eloor

He is a resident of the locality for the past 75 years. An employee of Ogale Glass Factory, he retired from there.

Pollution in Eloor is a serious problem. Water is a major cause for concern here. None of the ground wells have any amount of water and they all are forced to depend on the water authority. This distribution is far from regular.

He still remembers the time before all the companies came. There were a number of houses here in this area. On an average, each coconut tree yielded 40 coconuts then. This was also a major source of the local people's livelihood. Nowadays they hardly can get good coconuts and they are far from sufficient even for a single family. Then again a lot of medicinal plants seen then are hardly to be seen nowadays.

The pollution in the area has made him Asthmatic. There a lot of people like him here. The people living here have a lot of allergic complaints; some of them have skin allergies while others have various scalp infections etc.

A8.2 Name: EM Sundareshan

Address: The Cooperative Bank, Eloor

As told by the person himself. He has always been here. Going down memory lane he remembers the existence of just two factories way back then. They were FACT and TCC. There was a small rubber plantation near these factories. He still remembers bathing in the periyar when he was very small. Just 25 years ago this became impossible because of irritation that it caused to the skin and eyes.

He strongly feels that it was with the coming of Merchem Factory that people began complaining of breathing difficulties and chest pain, and other respiratory illnesses. For years the mercury that flows out of TCC has killed almost all fish in the river. But the mercury does not go away. It is entering all the bodies of people living in and around the river who come in contact with the water here.

A8.3 Name: VS Sultan

Address: Eloor south

Age: 70 years

He has been living here all his life. The China nets and toddy shops have been his chief source of income and livelihood. That was sufficient to look after his family well. Then he got a job in the Indian Aluminium Company and worked there for 32 years. Looking back on yester years he feels people never ever went to English doctors. The medicinal plants were all that was required to heal then of their little ailments. Whereas his coconut trees yielded 700 coconuts then today he can hardly get 100 coconuts. His brother had serious Asthma problems, which he feels is largely due to the pollution in the area. Both his brother and his son died due to severe asthma attacks. Even the domestic animals that flourished in these parts no more can be seen living healthily here if at all they manage to survive.

A8.4 Name: Ali Raj

Address: Manamthuruthu

Age: 75 years.

He has been in the fishing business for the past 60 years. During his early days he still remembers the bounty of fish that had always his pocket full of money. But all that has changed now. For the past two years he has been unable to go out fishing due to his Asthma. Before the coming in of companies, there was no shortage of water and the ground well was sufficient for every household. Domestic animals have also slowly vanished. It's been nearly 20 years that the company wastes have caused serious damage to the fauna here. In a river that had innumerable china nets to catch fish, now you hardly see them; the river itself has become murky.

A8.5 Name: Jacob VM

Address: Eloor

Age: 53 years

For the past 70 years he has been a resident of Eloor. His father was an employee of a nearby mill. He has 10 children of which three are no more. Fishing had always been the family's chief livelihood. He still remembers that before the companies came, each day's catch came to up to 750 kgs of fish. None of the kind of illnesses was even known to them then.

When the companies started dumping their wastes into the river (which he feels was when he was 15 years old or so) all the fish began mysteriously dying. Apart from fishing, they also had a lot of domestic animals. But today none of them can be seen in this part of Kerala. Whereas in his youth they used to get around 40 healthy bunches full of coconuts per tree, today they hardly manage two nuts per tree.

When the factories came, a lot of people started coming in with their families. But he feels the locals per se hardly found any employment in these factories. The river could boast of various kinds of prawns and shrimp but sadly none of the catches today manage even one of its kind. Equally distressing is this water shortage in the area. He does know that all these are direct outcomes of the pollution of the river and surrounding areas.

A8.6 Name: Prema

Address: Eloor South.

As told by herself. It was in 1961 that her parents returned to their ancestral home in Eloor from Bombay. She was a student of class I then. The only factory in the area was FACT. She had no health problems whatsoever when she came here. It was their father's death that had brought them to Eloor where they had an own house and some property to call their own. When she was in class 8 there was a chlorine leak from the TCC factory. Recollecting memories of that day, she says she remembers running to school and falling faint in the school corridors. The school authorities admitted her in JNM hospital and she regained consciousness three days later. Her health woes have started ever since then. She gets

breathing difficulty and bouts of unconsciousness whenever the fumes are very strong. Chronic Cough has been with her ever since then. She spends around 400 rupees every month on barely keeping away from the major bouts of breathlessness and cough. None of the doctors have conclusively told her that her health will see a fine day. Her husband too suffers from breathlessness.

Talking of her surroundings, she still can remember the number of domestic animals that were seen in and around Eloor in those days. She does not believe that the local community has benefited from all the factories. A few that got jobs carried on in their jobs and hence traditional livelihoods have totally been wiped out. The factories and the pollution have also led to a serious water shortage. The ground well in their house no longer can be used for the quality of water it has. But she cannot use the water supplied by the authorities for its chlorine content. So she manages with the well water available.

Factories have led to varied problems not the mention the spate of health complaints it has caused to the people living here. She wonders how she can inch forward her difficult life.

A9 TESTIMONIES OF PARENTS ABOUT AFFECTED CHILDREN:

(the names and addresses of the respondents have been altered in the interest of their safety and confidentiality)

A9.1 Name of Child: Bidhan

Age: 2 years

Address: Eloor

Father's name: Ananthapadmanabhan

Mothers name: Kavitha

As Told by the father. It was in 1965 that the family settled down in Eloor. The wife's maternal home is in the district of Alleppey. They had a baby boy by tubular pregnancy the delivery of which was by caesarean section. The baby, Bidhan was diagnosed as 40% mentally retarded. Two years old now, he still has difficulty in walking. There are occasional attacks of fits in between. Doctors in Amrita Hospital, Cochin are treating the baby. He has speech difficulties as well. The medicines being administered are Norma Brain and Digital2.5mg.

Others in the family do complain of severe headaches and bouts of breathing difficulty. They have already spent around 2 lakhs on the child's treatment. Though Physiotherapy was also advised they have discontinued the same due to its high costs.

The child's aunty ,Sarasamma has been in Eloor for the past six months. She is pregnant now and ever since she has been here she has acute headaches and breathing problems. Previously a resident of Cherthallai locality, Sarasamma admits that she has never ever had such health complaints. Living in the vicinity of the Leather factory and inhaling the ammonia fumes has led to a major deterioration of their health, they family avers.

A9.2. NAME OF baby: Gopal

Age: 7 months

Address: Aluppuram

As told by the baby's mother, Vinuta.

Marriage brought her to Eloor three years ago from her home in trivendrum. Pollution in Eloor has caused a whole lot of problems in her health. Consuming the water in this locality has led to discoloration of her teeth during her pregnancy, her sugar levels shot up which had to be checked with Insulin shots. The baby was delivered by Caesarean section and weighed 3.250kgs at birth. Since the time of her birth, the baby has had respiratory problems. Chronic Cough is one of the many that keep surfacing. An unusual skin problem seems to be troubling the baby as well. A normal bath gives rise to redness and rashes all over the body of the baby that has then to be treated. (Each treatment costs 5000-

6000 Rupees.) unable to afford this they are now consulting a homeopath in Cherthallai regularly. She feels that the poisonous fumes are more during the monsoon. The fumes are almost always coupled with a stinking smell. When she goes to her maternal home in Trivandrum, she does not have any of the health complaints that she has here. The present house they are staying is slightly better than their previous residence in the staff quarters. It was the unbearable pollution that compelled the shift to their present place of residence. But they sadly have realized that nowhere around Eloor can be really safe from pollution.

A9.3 Name of the child: Tito

Age: 2 1/2 years

Address: Eloor South

As told by the mother, Aditi. She is from Chirayil. Marriage brought her to Eloor four years back. Her husband works in Saudi Arabia. She was also in Saudi Arabia for a while. That was where the baby was conceived and delivered. Medical history during pregnancy was uneventful. The baby weighed 2.800 kgs at birth. All the regular vaccinations were administered on time. When the baby was a year old, they returned to Eloor. Ever since there has been a spate of health problems. They stay hardly 200 meters away from the Merchem factory and HIL factory yards. The baby has had chronic cough and phlegm since his stay here. Every time antibiotics have been administered. If the fumes are unbearable, there is also a bout of cough. Doctor visits have now become a regular routine affair for this family. Not to mention the drain of money associated with every visit. They can hardly bare to bathe the baby for fear of it falling ill. A couple of times they have had to rush him to the hospital at night. Febrile temperatures are many a time over the 100 mark. Smitha also says that none of these bother them when they are away from this place. Before marriage she has never had serious health problems. Ever since she has been here, she has had frequent bouts of headaches. Whenever the fumes are let out from the adjoining companies she gets acute feelings of Nausea as well.

A9.4 Name of infant: Sanjiv

Age: 1 1/2 years

Address: Eloor North

As told by the mother, Nina. It's been ten years since she came here from her maternal home in Pookattupadiyil. Her husband is an Autorickshaw driver. She feels it's at night that the fumes are unbearable. This does cause a fair amount of breathing difficulty as well. It also causes strange rashes in the baby's body with a lot of redness and itching. At nights this is fairly severe too. It has been traced to the water available in the area. They have totally stopped using the ground water available in their well making them fully dependant on the public distribution system. The baby had been very normal at birth and they had given him all the normal vaccination. A fever triggered off a seizure and required hospital stay and treatment for a month. The temperature has gone up to around 104 degrees during these fever bouts.

The fumes cause a lot of discomfort for everyone in the family. Cough and breathing difficulty are very common. She finds none of these complaints in her home in Pookattupadiyil. The baby is being administered Valium 2.5 mg every time for the seizures. During monsoons the rainwater that clogs and wells up creates rashes in their legs.

A9.5 Name of the children: Divya, (5) Ashesh (3)

Address: Manjummil

Name: Kavitha Gubra

Kavitha says they have been in Eloor for the past one year. Before this they were in Palarivattom, Cochin. Divya was born in the Lissy hospital, Cochin and weighed 3.100 kgs at birth and the younger one Sneha, was born in the Medical Center, Cochin. She weighed 3.250 at the time of birth. They have both been given all the stipulated vaccination shots. They have had a lot of health complaints ever since

they have been in Eloor. The elder daughter has had a lot of respiratory troubles along with headaches. They frequently have been falling ill because of which a fair amount of money goes into medical treatment alone. There have been times when they have had to shell out 150 rupees per day. They had always been healthy in Palarivattom. Their illnesses seem to be more during the monsoons when there are more fumes and then the whole family suffers from headaches and nausea. The brief stay of a year in this vicinity has caused so much of health related discomfort to the children as well as everyone in the family.

A9.6 Name of Child : Sameera

Age: 3 years

Address: Manjummel.

They have been residents of this locality for many generations. Adarshan, the child's father has been married for three years now. The baby was delivered in MAJ hospital and weighed 2.900 kgs. The mother had taken proper care and followed all doctoral advice during her pregnancy. However the baby has severe cough, fever and breathing difficulty. They have been incurring huge costs over the child's treatment alone. Over 10,000 rupees were spent in the Medical Center, Cochin alone.

It is during the dusk that obnoxious fumes and the strong smells fill the place. In fact the family feels that over the past four or five years this has increased manifold. They have switched over from Allopathy to homeopathy treatment for the child. The main reason for the switch was the monetary one. In spite of this they end up spending over 200 rupees each visit.

A9.7 Name of the infant: Ramapati

Address: Manjummel

As told by the grandfather, Shailendra Pannikar

The family has been living here since the 70s. Shailendra Panikkar was working in FACT in the Product Issue Department as Supervisor. He retired in 1989 and has had a lot of health problems since. He has severe joint pain and a nagging back problem. His younger daughter, Jayasri stays with him. She has a daughter by name, Reshma. She is three years old. The child has already had three heart surgeries done on her. There was a problem of insufficient blood circulation from the heart to the lungs. This was the reason for the first operation. Then the second surgery was to correct a hole in her heart. After these two medical interventions she had a severe digestion problem that necessitated a third surgery.

The baby weighs 9.5 kgs while she weighed 2.450 kgs at the time of her birth. For her age she should weigh 12.250kgs, the doctors say. The mother, Jayasri has severe headaches and congestion related health problems. The grandmother has a skin disease for the past 25 years and has severe ear pain too. She has had an operation done on her ear, but that has hardly helped. The whole family seems to be suffering from various health problems.

A9.8. Name: Ameer

Age: 2.5 years.

Address: Kuttikattukara

The mother, Thankamma says the following. She is a resident of Perumbavoor near Alwaye. She came here when she got married. Her husband has always suffered from breathing problems since his childhood. Their second child was hardly six months old when the first bout of respiratory trouble surfaced. The baby was normal at birth, weighed 3 kgs and was given all the vaccinations on time. He is constantly under medical treatment under Dr. Varma's care for a long time now. He has been in the hospital for fairly long periods. Each visit incurred around 2000 rupees in costs alone. The child gets fever bouts when temperatures shoot over 102 degrees. Sometimes the fever persists beyond the normal time. The child has shown symptoms of asphyxia too. The mother and the child have none of these

problems when they are in her home in Perambavoor. The grandmother has something interesting to say. She used a lot of medicinal plants abundantly available in her courtyard during her children's childhood. All these plants are no longer to be found in the area now.

A9.8 Name of child: Keerthi

Age: 2.5 years.

Address: Manjummel

As told by the mother, Namrata. She has been here since her marriage. Her in-laws, husband, and two children comprise her family. Anakha was born in KMK hospital in Alwaye. She weighed 3.800 kgs at the time of birth. The air pollution in this area is primarily the reason for the kind of cough and fever it causes in children like Keerthi. There is a fair amount of breathing difficulty as well. Of late, she has been suffering from severe cough too. The elder son, Antony is comparatively healthier but they have had times when his health costs alone cost them 5000 rupees. She also finds that none of these illnesses raise their heads in her maternal home in Pookattupally. Everybody in the family suffers from some amount of breathing and respiratory troubles.

A9.9 Name of children: Mathew(3) Sarah(1)

Address: Pathalam

As told by the mother, Julie

Both her children keep getting bouts of fever. They are always under treatment of Dr. Somasundaram of JNM hospital. They require medical treatment thrice every month. Each visit demands 300 rupees each. The parents live in a one-room home and both of them too suffer from headaches and breathing difficulty. They have been in Eloor for six Years now. Before when they were in Coimbatore none of them had any health problems. They are aware that it is the nearby factories and their fumes that are playing havoc with their health.

A9.10 Name of the children: Bidhana.(9); Sanjiva(6); Ramapati(3)

Address: Majumel.

As per the mother, Kavitha. They have been residents of eloor for the past 45 years. They have all had varied health problems varying from headaches to cough, breathing difficulty, joint pains and cramping of the legs. The eldest daughter, Bidhana has been suffering from Easynophilia for the past five months. She also gets headaches and cold very often. She had a heart valve complication when she was three years old. Now she does not have that. Now 9 years old, she has a gland growing under her ears near the neck. The second daughter, Sanjiva complains of leg pains and cramps very often. The youngest one suffers from cold and fever very often that requires hospitalization too. The oldest member in the family, Sicily has rashes in her leg and Kavitha herself has severe headache and other discomforts as well.

A9.11 Name of twins: Archana and Kiran

Age: 15 years

Address: Eloor North.

Aditi the mother gives this account. She is a native of the neighboring Cheranalloor. Ever since her marriage 16 years ago she has been living in Eloor. Her husband is a daily wages laborer and they find it very difficult to meet their daily ends with the work he gets. They live in a three-room house provided by the Panchayat. They have twins, Archana and Kiran both of whom are paralyzed down the hips. Their delivery was before the eighth month. They have gone to the school upto the third standard. Archana likes to write and read but they could no longer afford their studies. In the evenings the fumes from the factories fill the whole surrounding region. They often lead to skin irritations and breathing difficulty. They incur an expenditure of 1400 rupees every month on medicines alone. The children have been shown to an Aired doctor in Coimbatore. The charges there have come to 30,000 rupees. The daughter is slightly better than the son. They believe that their disability should be overcome by good medical treatment.