

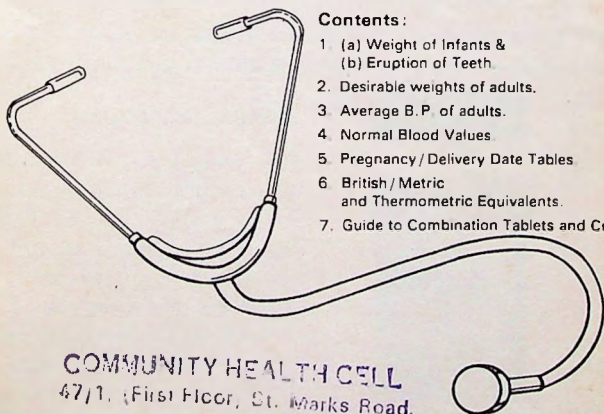
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DESK BOOK

FOR HOMOEOPATHIC

PRACTITIONERS



Contents :

1. (a) Weight of Infants &
(b) Eruption of Teeth.
2. Desirable weights of adults.
3. Average B.P. of adults.
4. Normal Blood Values.
5. Pregnancy / Delivery Date Tables.
6. British / Metric
and Thermometric Equivalents.
7. Guide to Combination Tablets and Creams.

COMMUNITY HEALTH CELL
47/1, (First Floor, St. Marks Road,
Bangalore - 560 001.

BECK & KOLL
Laboratories Pvt. Ltd.



37-A, Govt. Ind. Estate, Kandivli (W), Bombay-400 067.

GRIPKOLL®

GRIPDROPS FOR INFANTS
CHILDREN AND AGED.



During dentition, infants suffer from gripe, abdominal colic, dyspepsia or wind.. the child is constantly irritable and cries for no known reason. GRIPKOLL relieves all such symptoms and, given regularly, aids timely dentition. Will also be found useful for senile problems of dyspepsia,

colic, neurasthania, acidity, constipation and etc.

PRESENTATION: 15 ml. bottle with dropper in carrier pack

enlacto®

GENERAL TISSUE TONIC.



This composition of 5 tissue mineral salts benefits the entire skeletal system, red bone marrow, haemoglobin, brain, nerves and liver. Specially recomended for infants during dentition and helps to build strong teeth and bones during the growing stage if given regularly.

PRESENTATION: 100 gms.

EASIDENT -Dentition pills for regular use throughout the dentition age for timely and easy cutting of teeth

PRESENTATION : 15 gms.

Average Weight of the Infant from Birth to 12 months *

Weight at Birth : 2500 gm.

Age (Months)	Weight (gms)	Age(months)	Weight (gms)
One	2900	Seven	6100
Two	3500	Eight	6450
Three	4100	Nine	6800
Four	4700	Ten	7150
Five	5300	Eleven	7500
Six	5700	Twelve	7850

(1000 gm = 1 kg. = 2.2 lb.)

Eruptions of Teeth according to Age

MILK TEETH

6-8months	Central incisors
7-9 months	Lateral incisors
12-14 months	First molars
16-18 months	Canines
20-24 months	Second molars

PERMANENT TEETH

6-7 years	First molars
6-8 years	Central incisors
7-9 years	Lateral incisors
10-12 years	First premolars
10-12 years	Second premolars
11-12 years	Canines
12-13 years	Second molars
17-25 years	Third molars

ALFAMALT®

**WEIGHT GAINER AND
BODY BUILDER.**



The physicians' dream of a new tonic come true ! The goodness of Alfalfa Tonic in the richness of malt ! The famous formula acts even better in synergism with malt giving quick results in cases of severe underweight or under-nourishment. Sweet and delicious. The ideal weight gainer and body builder specially for children pregnant ladies and the aged.

PRESENTATION: 100 gms
400 gms

PHYTOFIT®

**FOR A SLIM AND
TRIM FIGURE**



The safe herbal juices used in this preparation influence the metabolism through proper oxidisation of the adipose tissue to maintain the correct balance between food intake and weight gain. Taken regularly concomitantly with proper dietic control, this preparation helps to achieve and maintain a slim figure.

PRESENTATION :-
5 grain tablets

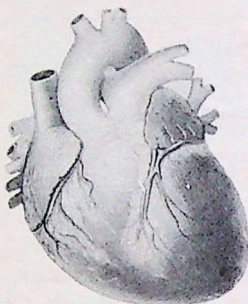
**Desirable weights in kgms. for Indian men and women
over the age of 25 years --**

Height in cm	Small Frame	Medium Frame	Large Frame
MEN			
152	45.4-48.4	49.4-53.0	52.2-56.0
155	47.0-51.0	50.5-54.3	53.5-58.0
157	48.6-52.0	51.9-55.6	54.3-58.8
160	49.8-53.0	53.0-57.0	56.9-60.9
163	51.4-55.6	54.3-58.8	57.6-62.5
165	52.7-56.8	55.9-60.0	59.2-64.1
168	54.3-57.4	57.6-61.6	60.9-66.1
170	55.6-60.0	59.2-63.7	62.5-67.8
173	57.2-61.6	60.9-65.3	64.1-69.4
175	58.8-63.3	62.5-67.0	65.7-71.4
178	60.4-65.0	64.1-68.6	67.4-73.5
180	62.0-67.0	65.7-70.6	69.0-75.5
183	63.6-68.6	67.4-72.2	70.7-77.2
WOMEN			
147	42.5-45.3	44.9-48.2	47.8-51.9
150	42.9-46.1	45.7-49.0	48.6-52.7
152	43.7-47.0	46.5-49.8	49.4-53.5
155	44.0-48.2	47.8-51.0	50.6-55.1
157	46.1-49.4	49.0-52.3	51.0-56.3
160	47.4-51.0	50.6-53.9	53.5-58.0
163	48.6-52.3	51.9-55.1	54.3-59.2
165	50.2-53.9	53.1-57.2	56.3-61.2
168	51.4-55.5	54.3-58.8	58.0-62.9

1 INCH = 2.54 cm. 1 cm.=0.4 inch.

1 lb.= 0.45 kg 1 kg= 2.2 lb

ANGIO[®] CARD



HERBAL HEART TONIC.

A combination of herbal extracts long known for their beneficial effects in various cardiac and aortal diseases. Can be taken regularly for all cardiovascular problems such as myocarditis, endocarditis, arteriosclerosis, hypo/hyper-tension, mitral insufficiency, angina pectoris, palpitation or venous stasis.

PRESENTATION: 30 ml.

albekaul[®]



TISSUE TABLETS OF 12 MINERALS.

A composition of 12 mineral salts - veritably the building blocks of life itself. The constant use of this preparation will furnish any of the cell salts needed to replenish affected cells in the initial stages of disease. Taken regularly, it achieves, restores and maintains health in a natural manner at any age.

PRESENTATION:

80 tabs of 5 gr. size.

Table of Blood Pressure. Averages for Indian Subjects

Age (Years)	Blood pressure (mm)		Age (Years)	Blood pressure (mm)	
	Systolic	Diastolic		Systolic	Diastolic
6	93	62	31	122	82
7	93	63	32	123	83
8	94	65	33	123	83
9	94	65	34	123	83
10	99	68	35	124	84
11	100	70	36	125	84
12	100	70	37	125	84
13	101	70	38	126	85
14	106	70	39	126	85
15	106	72	40	127	86
16	111	76	41	127	86
17	111	76	42	128	87
18	111	76	43	128	87
19	113	76	44	128	87
20	117	78	45	130	88
21	117	78	46	130	88
22	119	79	47	131	89
23	119	79	48	132	89
24	119	79	49	132	89
25	120	80	50	133	90
26	120	80	51	134	90
27	120	80	52	134	90
28	121	81	53	136	91
29	121	81	54	136	91
30	122	82	55	138	92

(The figures are for male vegetarians. For females average is 3%-5% lower for age 16-45: Thereafter it is the same. Average for nonvegetarians 4% higher)

ALFALFA[®]

TONIC

THE CLASSIC REJUVENATOR.



This time tested tonic stimulates both physical and mental processes of the body and is particularly recommended in cases of anaemia, convalescence fatigue, nervous exhaustion, irritability, malnutrition, undernourishment, chlorosis and is therefore the ideal tonic for all ages.

PRESENTATION:-

100 ml, 450 ml.

ALPHABETIC[®]

Specially for DIABETIC PATIENTS, this is Alfalfa Tonic prepared in a sorbitol base.

PRESENTATION: - 100 ml.

ALFALFA TABLETS

Alfalfa triturated in Lactose - for increase of muscle tissue and of haemoglobin count.

FIVE PHOS TABLETS

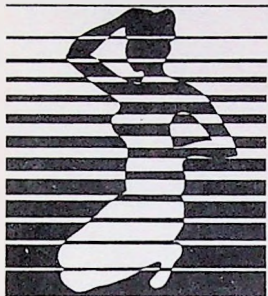
The Phosphates of Calcium, Iron, Potassium, Magnesium and Sodium triturated and combined in one tablet. An ideal mental tonic .

Some Normal Blood Values

Serum bilirubin	0.1-0.25	mg/100 cc
Serum calcium	9-11	mg/100 cc
Blood cholesterol	140-200	mg/100 cc
Blood glucose	70-120	mg/100 cc
Serum		
Total proteins	6.5-8.2	gm/100 cc
Albumin	4.6-6.7	gm/100 cc
Globulin	1.2-2.3	gm/100 cc
Bleeding time	(Duke) 1-3	minutes
Clotting time-		
Capillary blood	4-8	minutes
Venous blood	5-10	minutes
Haemoglobin-		
Males	14.7	gm/100 cc
Females	14.3	gm/100 cc
R.B.C. count, adults-		
Males	4.6-6.2	million/cmm
Females	4.2-5.4	million/cmm
Platelet count	200,000-600,000	/cmm
W.R.C. count	8,000- 10,000	/cmm
W.B.C. differential count-		
Polymorphs	66%	
Lymphocytes	26%	
Monocytes	6%	
Eosinophiles	1.5%	
Basophiles	0.5%	
E.S.R. (Wintrobe)-		
Male	9.0	mm/hr
Female	20.0	mm/hr

UTRONIC[®]

TONIC FOR ALL UTERINE PROBLEMS



First class for any kind of menstrual irregularity - amenorrhea, oligomenorrhea, dismenorrhea, menorrhagia, metrorrhagia and various types of leukorrhea. Safe for prolonged use and suitable for all ages from puberty to menopause.

PRESENTATION: 100 ml, 450 ml.

FEMACOL[®]

Tissue tonic for leukorrhea

PRESENTATION: 100 gms.

AQUIFOLIUM[®]

TREATMENT KIT FOR PIMPLES.



Successful in thousands of cases ! Kit contains cream for topical application and tablets for oral treatment. Clears acne (pimples) and comedones (blackheads) and restores and maintains a healthy and beautiful complexion.

PRESENTATION: Kit containing 20 gm. tablets and 20 gm. cream. (also available in separate containers)

Pregnancy Table for Expected Date of Delivery

OBSTETRIC TABLE

The calculation is made from the first day of the last menstrual period

JANUARY	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	JANUARY
OCTOBER	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	1	2	3	4	5	6	7	NOVEMBER
FEBRUARY	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28				FEBRUARY
NOVEMBER	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	1	2	3	4	5			DECEMBER	
MARCH	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	MARCH
DECEMBER	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	1	2	3	4	5	JANUARY
APRIL	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30		APRIL
JANUARY	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	1	2	3	4		FEBRUARY
MAY	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	MAY
FEBRUARY	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	1	2	3	4	5	6	7	MARCH
JUNE	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30		JUNE
MARCH	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	1	2	3	4	5	6		APRIL
JULY	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	JULY
APRIL	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	1	2	3	4	5	6	7	MAY
AUGUST	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	AUGUST
MAY	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	1	2	3	4	5	6	7	JUNE
SEPTEMBER	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30		SEPTEMBER
JUNE	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	1	2	3	4	5	6	7	JULY	
OCTOBER	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	OCTOBER
JULY	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	1	2	3	4	5	6	7	AUGUST
NOVEMBER	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30		NOVEMBER
AUGUST	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	1	2	3	4	5	6		SEPTEMBER
DECEMBER	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	DECEMBER
SEPTEMBER	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	1	2	3	4	5	6	7	OCTOBER

JONDILA®

HERBAL LIVER TONIC.



Dr. Vcnally's famous liver formula to treat a wide range of hepatic complaints such as jaundice, sluggish liver function, clayey stools, poor appetite, chronic constipation, "liver spots" etc. A pleasantly flavoured ideal herbal liver tonic for all ages.

PRESENTATION: 100 ml, 450 ml.

®

Kofeez



HERBAL COUGH SYRUP.

A tasty cough syrup. Has an immediate soothing effect followed by deeper, sustained curative action in all cases of cough, dyspnea, asthma, whooping cough and aphonia.

PRESENTATION: 100 ml, 450 ml.

RHEUMA-SAJ®



MASSAGE OIL.

Deep-acting medicines in an electro-magnetically treated oil base give immediate relief from pain followed by deeper, sustained curative action in all cases of pain due to rheumatism, arthritis, etc.

PRESENTATION: - 50 ml.

British & Metric Equivalents

Liquid

1 fl. dram	=	3.55 ml. (cc)
1 fl. ounce	=	28.41 ml.
1 Pint	=	1.59 litre
1 Litre	=	35.20 ounces
	=	0.22 gallons

Weight

1 grain	=	0.06 gram
1 dram	=	3.90 grams
1 Ounce	=	28.35 grams
1 Pound	=	454.0 grams
1 Gram	=	15.43 grains
1 Kilogram	=	2.20 pounds

Domestic Measure

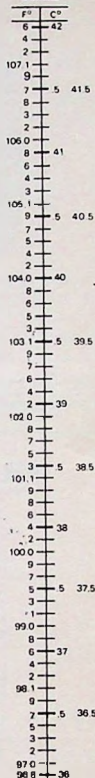
Measure

Metric units

Medical units

1 drop	1/20 mil (cc)	1 m. (minim)
1 teaspoonful	4 cc	1 fl. dram
1 dessertspoonful	8 cc	2 fl. drams
1 tablespoonful	15 cc	1/2 fl. ounce
1 teacupful	150 cc	5.5 fl. ounces
1 glassful	240 cc	8.5 fl. ounces

THERMOMETRIC CONVERSION SCALE



ARNIKESH®



Concentrated Arnica Hair Oil for rich luxuriant growth of hair. Prevents hairfall, dandruff, burning eyes, insomnia and migraine.

PRESENTATION: 50 ml. in a ready-to-mix 100 ml. bottle.

WITCHHAZEL®



Complexion beauty cream which acts as a sun-shield for a fair, smooth and lovely complexion.

PRESENTATION: 15 gm. tube

MULLERIN®



Essence of Mullain flower in glycerine for earache otitis-media /-externa, or deafness due to wax or age.

PRESENTATION: 10 ml+drapper

KOLLDENT®



Medicated dentifrice to combat tooth decay, caries halitosis, pyorrhoea, gingivitis and toothache.

PRESENTATION: 45 gm.